

Home Making Hints

By Evelyn R. Wieland
From Tough To Tender

When you ask your butcher for economical cuts of meat—usually graded as Utility, Commercial or Good—you may not know it, but you're doing your share of grain saving. High or choice and prime grades of beef are marbled with fat—and it doesn't get that way from grass, hay or silage—the animals have been finished by months of feeding and fattening on grain—about six pounds of grain for each pound of deep-red marbled meat.

The lower grade—utility and commercial—are usually lean, grass fed animals, while good grades are from the animals that have been fed an average of 3 pounds of grain for each pound of meat.

Most of us are eating the lower grades of meat these days to save the pocketbook—and Louise Mason, extension food preparation special-

ist for Texas A & M College, wants you to know that even though the meat may not be as tender, it has more protein than the beef of higher grades, and if you cook it right, so that it doesn't shrink or dry out, you'll have a meat dish of mighty good flavor.

Hamburger patties and meat loaf are quick and easy ways of serving the cheaper cuts of meat, but don't forget the Swiss steaks, pot roasts and brown stews. The main thing to remember about fixing these dishes, Miss Mason says, is to brown it slowly in a little hot fat first to give it better flavor and color, as well as good brown gravy. If you're planning broiled, fried or Swiss steak, it's a good idea to pound it a little first, pounding helps to tenderize, and tomatoes or a little vinegar added to the pot roast or Swiss steak will add to the flavor as well as to the tenderness of the meat.

No matter what method you use

POLAR KENDEZVOUS



The far-flung activities of American submarines during World War II that brought the undersea craft to the home waters of the Japanese Empire in the van of the fighting fronts, are continued into peacetime as the submarines, like the USS Sennet (above), penetrate the Arctic and Antarctic. Submarines are important units of the Navy's postwar expeditions and projects probing the mysteries of distant oceans for scientific data to be used for future planning. (Official U. S. Navy Photograph)

5,500 Turkeys Sold On The Local Market

Approximately 5,500 turkeys have been sold to two buyers in Cross Plains this season bringing growers an average of 28 cents per pound on gobblers and 35 cents on hens on outright sales and those bought on co-operative basis have already paid 27 to 32 cents in advanced prices. Co-operative prices are based on market sales throughout the season and may or may not pay the grower more money than outright sales in buying season.

The bird buying is said to be ninety per cent over in this area and the crop is estimated considerably short of previous years. In former seasons as many as 8,000 turkeys have sold on local markets. More growers are said to have sold their fowls on a co-operative basis than outright sale this year.

Mrs. Wylie Clinton of Baird was in Putnam Sunday visiting and looking after property here.

Some people will steal anything—An old 1936 model truck which has been standing around the Wagley garage for several days but no one seemed to know where it came from, Deputy L. D. Maynard investigated and found out that the truck had been stolen in Greenville and driven out here and left. He had stolen a 1947 license off another truck and drove it to Putnam where it was left.

Mrs. M. H. Sargent was shopping and visiting relatives in Cisco Saturday afternoon.

R. E. GRANTHAM
Attorney-at-Law
Practice in all Courts
Cisco, Texas

W. L. MOORE

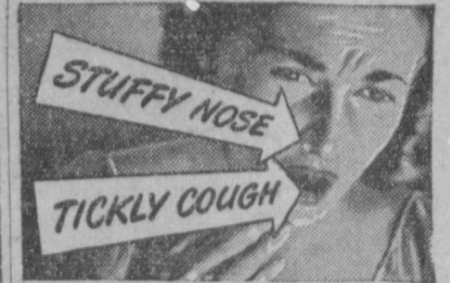
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due to this functional 'middle-age' cause? If you're in your '40's' and this functional 'middle-age' period peculiar to women is causing you to suffer from hot flashes, nervous irritability and weak, tired, high-strung feelings—then do try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. This great medicine is famous for this! Take regularly—Pinkham's Compound helps build up resistance against such 'middle-age' distress. Thousands have reported benefit! It's also a grand stomachic tonic. Worth trying.

Lydia E. Pinkham's VEGETABLE COMPOUND

to cook the meat or what recipe you follow, don't forget that the modern, scientific way to cook is with moderate or low heat. High heat toughens the meat and causes it to lose flavor.

So save your pocketbook, save grain, and at the same time serve nutritious meals, by remembering to ask for the lower grades of meat—utility, commercial and good.

Convenient—But Safe

Where do you put your iron? Where does the electric toaster sit? Mrs. Bernice Claytor, extension home management specialist for Texas A. & M. College, says it will pay you to look around before you put your electrical appliance down on the kitchen sink. You'll keep it in better condition and probably save on repair bills.

When you're ready to make toast, or use the waffle iron use the table or counter space in the kitchen, but not the drainboard area. Electricity travels through water, and wet hands, wet terminals and wet cords invite trouble for yourself as well as your toaster or other electrical appliances. Water is hard on the heating terminal, in fact water can ruin it beyond repair.

Just one tumble can put an iron or toaster out of working order, and spoils its looks as well, and a dangling cord across the floor is a sure way to trip a person as well as to jerk the appliance to the floor.

So, Mrs. Claytor says, the wisest thing to do is to plan level, dry storage and working areas, and convenient outlets if you want that iron to last to a ripe old age.

STOP Scratching It May Cause Infection
For quick relief from itching caused by eczema, athlete's foot, scabies, pimple, and other itching conditions, use pure, cooling medication, liquid D. D. D. PRESCRIPTION. A doctor's formula. Greaseless and stainless. Soothes, comforts and quickly calms intense itching. 35c trial bottle proves it, or money back. Don't suffer. Ask your druggist today for D. D. D. PRESCRIPTION.

Huge Bobcat Caught West Of Cottonwood

A bobcat believed to be the largest ever seen in this locality, was caught in a steel trap, four miles west of Cottonwood, this week by Edgar Albright and James A. Shirley. The giant feline weighed 125 pounds.

Traps were set for the cat after a number of goats had been killed and others injured in the vicinity of the Albright and Shirley places.

Mr. and Mrs. Lester Stewart of the Zion Hill community were in town Saturday afternoon.

Mr. and Mrs. Boyce Bolick spent the week end visiting in Ark. with Mr. Bolick's parents, returning to Putnam the first of the week.

Pride is to the character, like the attic to the house—the highest part, and generally the most empty. — John Gay

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