

# Be Sure To Vote Tuesday, March 8

## The Valley Tribune

"Voice of the Caprock Canyons"



35¢

VOLUME 33 NUMBER 37 8 PAGES BRISCOE COUNTY QUITAQUE, TX 79255 THURSDAY, MARCH 3, 1994

### Calendar Of Events

- March 3**  
Quitauque Senior Citizen School Spring Break  
Robbie Hill @ Turkey  
Meet the Candidate @ Turkey City Hall
- March 4**  
School Spring Break
- March 5**  
Cavalry Troop @ State Park
- March 6**  
Attend Church of Choice
- March 7**  
Quitauque Lions  
Quitauque City Council
- March 8**  
Voting Day  
We the Women  
General Bob Wills Meeting @ Turkey  
Blood Drive @ Turkey & Quitauque 4:30-6 pm.
- March 9**  
Quitauque EMT's  
Blood Pressure taken at Bob Wills Center
- March 10**  
Nuevo Study Club  
Turkey City Council

### We The Women To Hold Meeting

We The Women will be holding their monthly luncheon at the First United Methodist Church in Quitauque on March 8, 1994 at noon. The noon meal will be catered by Linda Stark.

All ladies of the community are urged to attend this very important meeting. Many items of business are on the agenda for the meeting.

Ladies of the area are welcome to come and join the group for lunch and this important meeting.

## THEN and NOW!

by Eunice McFall

A friend and I had a conversation this past week about what you can do, be, or accomplish in your life. We had always heard the expression that you can be what you want to be, if you are determined enough. All you have to do is to put the effort out and you can just go wherever you want to with your life. Do you believe this? Can you really put enough effort and thought into a project and it will turn out to be the way that you had dreamed that it would?

Yet all around us we see people who have at one time had lovely dreams of what they would like for their lives to be and have had them dashed for one reason or another. Why? Did they not work hard enough or dream big enough? Some of the people that I have known in my life that seem to work the hardest have had less of their dreams come true than others who seem to take life at a much easier pace!

But I thoroughly believe that if you want something hard enough and you dream well enough and plan long enough and work towards the accomplishment of that dream that you can be what you want to be and do what you want to do.

Now of course, there are some price tags along with the joy of doing what you dreamed of doing. Say you want to be a jet pilot. You can not just go jump into a jet and expect to start off on a solo flight the first time you sit in the pilot seat! That would be quite foolish. You have to earn the right to sit in the pilot seat--study, study, learn, learn and practice, practice, practice until you can do all the necessary movements in your sleep if you had to so that you could take a jet full of people to safety under any conditions. Now, you would not want to have someone pilot a plane that you were riding in if they just dreamed that they could fly a plane and had never trained to pilot it would you?

To gain the goal of doing what you want with your life, I think the difference in making that goal a reality and it just staying a dream is to remember that you always have to set priorities and to accomplish your goal you may have to give up some other dreams that are dear to you heart. You just have to decide what is most important to you and go after that goal. Just be sure that winning the dream is really worth the price that you will have to pay for it! Only you can decide which of your dreams are important enough to go after full force. Only you can decide if the price is too high to make your dream come true!



**BIG SMILES FOR PATRIOTS BI-DISTRICT WIN**  
Valley Patriots boys basketball team is pictured with the Bi-District trophy after their win over Kelton last Friday night. They will play Sudan Friday, 7 p.m., in the Regional Tournament this weekend after defeating Amherst in the area playoff round, Tuesday night.

### Primary Election Will Be Tuesday, March 8

by Ann Coker  
It is your right as an American citizen to vote in the Primary Election next Tuesday, March 8. There are county, district and state offices on the ballot.

The Bob Wills Center is the location for Turkey residents to vote. Polls will be open from 7 a.m. until 7 p.m.

Quitauque voters for Precinct 2 will vote at the Community Center while those in Precinct 6 will vote at City Hall.

Quitauque City Hall will be closed for business on Tuesday, March 8, 1994 as it will be used as a voting place.

Don't forget--it is your privilege to cast a vote!

### Advised to Protect Infants

## Turkey Residents Warned of Nitrate In Water

The Texas Natural Resource Commission has tested Turkey water samples, and found that Nitrate/Nitrite is 13.40 mg. This is a high enough level to cause concern among parents of very young infants.

The Texas Natural Resource Conservation Commission (TNRCC) sets drinking water standards and has determined that nitrate poses an acute health concern at certain levels of exposure. Nitrate is used in fertilizer and is found in sewage and wastes from human and/or farm animals and generally gets into drinking water from those activities. Excessive levels of nitrate in drinking water have caused serious illness and sometimes death in infants under six months of age. The serious illness in infants is caused because nitrate

is converted to NITRITE in the body. Nitrite interferes with the oxygen carrying capacity of the child's blood. This is an acute disease in that symptoms can develop rapidly in infants. In most cases, health deteriorates over a period of days.

Symptoms include shortness of breath and blueness of the skin. Clearly, expert medical advice should be sought immediately if these symptoms occur.

Letters have been sent out to notify Turkey residents of the results of the nitrate test, to encourage parents and other responsible parties to provide infants with an alternate source of drinking water. Local and State health authorities are the best source for information concerning alternate sources of drinking water for infants.

TNRCC has set the drinking water standard at 10 parts per million (ppm) for nitrate to protect against the risk of these adverse effects. It has also set a drinking water standard for nitrite at 1 ppm. To allow for the fact that the toxicity of nitrate and nitrite are additive, TNRCC has also established a standard for the sum of nitrate and nitrite

at 10 ppm. Drinking water that meets the TNRCC standard is associated with little to none of this risk and is considered safe with respect to nitrate.

### Bob Wills Meeting Scheduled

Neil Guest has announced that on Tuesday, 1994, a general meeting will be held by the Bob Wills Foundation. Meeting time will be 7:30 p.m.

The meeting will be at the Bob Wills Center.

If more information is needed call Neil at 423-1306.

## Caprock Jamboree Features Eats Before the Music Starts

Saturday, March 5th, the Briscoe County 4-H clubs will begin the evening at the Caprock Jamboree by serving mesquite grilled hamburgers with all the trimmings. They will also be selling baked potatoes and nachos as an extra treat, beginning at 6:00 p.m.

At 7:00 p.m. pull up a chair and get ready for another great night of entertainment from local bands and entertainers from around the Panhandle.

### Estes Purchases Turkey Business

Dewey Estes has purchased the Peery-Dugan wholesales, propane and diesel business from Johnny Peery.

Peery will continue to operate the Peery-Dugan Station in Turkey and will also continue to deliver the wholesale products for Mr. Estes.

The change is effective immediately.

Mr. Estes states, that they will continue to serve the community of Turkey and the surrounding area with the same vigor that Peery-Dugan has for so many years.

For service call 806-423-9903 or 1-800-216-0007.

### REGIONAL PLAYOFFS FRI., MAR. 4 7P.M. LEVELLAND GO PATRIOTS!

### Upcoming Events At Valley School

by Rhonda Cochran  
The TAAS Test (Texas Assessment of Basic Skills), will be administered to grades four, eight and ten beginning March 8th. The fourth and eighth grade students will take the writing portion only, while the Exit level students will take the writing, reading and math portions on Tuesday, Wednesday and Thursday. All students taking the state mandated test are encouraged to get a good night's rest and eat a nutritious breakfast.

Due to Spring Break and TAAS Testing, the Valley School will participate in Public School Week activities at a later date. Information concerning this will be available next week.

Volunteer help would be appreciated at the Turkey Clinic to move up the opening date for the new clinic. If interested contact Theresa at the City hall in Turkey.

### Driver Safety Course Offered

A Driver Safety Course will be held at Clarendon College on Saturday, March 5, 1994. It will meet from 9:00 a.m. to 4:00 p.m. in Room 101 of the Administration Building. The fee is \$25.00. Please contact Clarendon College at 1-806-874-3571 for further information.

Upon completion of this course, participants will be eligible for a 10% discount on their liability insurance or dismissal of a traffic violation. All dismissals of traffic violations must be approved by the appropriate Justice of Peace. This course is offered by Clarendon college and USA Training Company, Inc.

### Puckett Presented Chamber Award

by Ann Coker  
At the annual Memphis Chamber of Commerce Banquet last week, Nita Puckett was selected as the "Woman of the Year."

Nita is the Women's Division President of the Chamber of Commerce who is now serving another term. She is employed by Memphis State Bank.

Special entertainment for the evening was Coke Hopping, the ag. teacher at Memphis High School. He presented his Cowboy Poetry as the program. Mr. Hopping is a former Red Raider from Texas Tech who rode the black horse at all Tech games.

Mrs. Puckett is the daughter of Foy Lane and a graduate of Turkey High School.

Returning to the show, a previous "Band of the Month" winner, will be The Brady Black Band from Plainview. Also, making return appearances will be; Dennis Gaines, the cowboy poet, and Tammy Hysmith from Fritch.

Locals to help with the entertainment for the night, will include the Country Sounds, Grammy & Pop, and the Hesters.

The "Youth Showcase" is another feature that everyone enjoys. It provides a chance for young talent to have a chance to perform onstage.

The "Band of the Month" sponsor for February was The First State Bank of Silvertown with the \$50 prize going to The 3-M Company from Matador.

The Jamboree coordinators would also like to extend a word of thanks to all the sponsors that help make it possible for the Jamboree to be broadcast live each month on KFLR radio, of Floydada.

Great food, music and fellowship with friends, is what you can expect when you come to the Caprock Jamboree, Saturday, March 5th!

Don't forget! Free Admissison!

**MEMBER 1994**

**TEXAS PRESS ASSOCIATION**

**THE VALLEY TRIBUNE**  
 Successor to The Quitaque Tribune, Established at Quitaque in 1960  
 Published Every Thursday at Quitaque, Texas 79255  
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Eunice McFall, Editor  
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 Linda Purcell, Computer Typist  
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 Earlyne Jameson, Reporter

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 Any erroneous reflection upon the character, standing or reputation of any person, firm or corporation which may appear in the columns of The Valley Tribune will be gladly corrected upon its being brought to the attention of the publisher. The publisher has the right to accept or refuse any article brought to the newspaper for publication. Publisher reserves right to cancel any advertisement at any time.  
**POSTMASTER; SEND ADDRESS CHANGES TO**  
**THE VALLEY TRIBUNE, BOX 478, QUITAQUE, TEXAS 79255**

**OBITUARY OBITUARY**

**John King**

Services for John King, 81, will be held Friday, March 4, 1994 at The First Baptist Church in Quitaque, Texas with the Rev. Rob Lackey officiating.

Burial will be in Rest Haven Cemetery under direction of Myers-Long Funeral Directors.

King died Tuesday, March 1, 1994 in St. Mary Of The Plains Hospital in Lubbock.

King was born May 7, 1912 in Gasoline, Texas to Mr. and Mrs. William King. He married his wife, Ruby Bedwell in Silvertown on November 30, 1933. He was preceded in death by a son Johnny Wayne King.

Survivors include his wife Ruby of the home; a son, Jerry of Odessa; two daughters, Joyce Price of Ft. Worth and Jane Hawkins of Edgewood, Texas; two brothers, Bill King of Colorado Springs CO and Joe King of Dumas, Texas; a sister Hazel Winton of Roswell NM and 11 grandchildren and 7 great grandchildren.

Pall bearers will be Danny Mayfield, Coy Hawkins, Troy Hawkins, Mike King, Mark King and Don Price.

Honorary pallbearers will be Larry Don Price, Warren Lee Merrell, Joe Edd Smith, Joe Bedwell, Sam Taylor, L. B. Monk and the Baptist Men's Sunday School Class.

The family suggests memorials to the Quitaque Cemetery Association.

**Keyth Tiffin**

Services for Keyth N. Tiffin, 78, of Silvertown were at 2 p.m. Monday, February 28th in First Baptist Church of Silvertown, with the Rev. Brad Enloe, pastor of First United Methodist Church, of Silvertown, officiating. The Rev. Bryan Donahoo, pastor, will assist.

Burial was in Silvertown Cemetery under direction of Myers-Long Funeral Directors.

Tiffin died Friday, February 25, 1994, at his residence.

He was born on December 8, 1915, in Hall County. He married Vivian Pyron in 1935 in Estelline. They moved to Silvertown in 1946, and they owned a dry goods and clothing store until 1981. He was a member of First United Methodist Church and Silvertown Masonic Lodge.

Survivors include his wife; a son, Doyle of Silvertown; a brother, J.B. of Quitaque; a sister, Murray Standiford of Saginaw; two grandsons, Bruce Tiffin and Jeff Tiffin both of Canyon; and a great-granddaughter, Hanna Tiffin of Canyon.

Pallbearers were Larry Don Price, Bruce Price, Wayne Reed, Craig Cox, Jamie Cox, Doc Simpson, Harold Edwards and Robert Ginn.

The family suggests memorials to the Silvertown Volunteer Ambulance Service, Silvertown Volunteer Fire Department or to a favorite charity.

**Quitaque Chamber of Commerce Plans Future Activities**

Quitaque Chamber of Commerce met at 5 p.m. Tuesday, March 1, at the City Hall.

The annual Chamber of Commerce banquet was discussed with Thursday, April 7 being the date. Reagan Brown will be the featured speaker. A membership drive will be under way beginning very soon. Membership dues to the Chamber will remain the same as last year—\$25.00 for a family membership and \$40.00 for a business membership. This charge includes two tickets to the banquet. All residents and businesses are encouraged to join and take part. Tickets will also be available to the banquet only. More details will follow closer to the banquet date.

National Trails Day was the main topic of discussion with the date being Saturday, June 4. Numerous activities are planned throughout the day. The Lions Club will start the day with a pancake breakfast followed by a hot air balloon race. A bicycle race will take place on the trailway. A parade down main street, an antique car show, demonstration of the world's largest wind-sock, barbecue lunch, craft show, library book sale and possible art show will be only a few of the activities planned for the day. The night

will end with a concert and barn dance. Anyone wishing to help with any of the activities please contact any chamber member or come to a chamber meeting held the first Tuesday of each month at 5 p.m. at the City Hall.

Other reports were given on the Panhandle Tourism Marketing Council, the trailway telephone installations, the new cellular telephone system for the valley and the progress on the golf course planning.

Meeting was adjourned with fourteen members being in attendance.

**On the QT**

Lane and Natalie Myers of Canyon were visitors in Quitaque this week-end. They were guests in the home of their parents, Mr. and Mrs. Deloy Myers and Mr. and Mrs. Bennie Reagan.

Ralph and Hattie Lois Carter spent Friday, February 18, in Sunray, visiting her sister-in-law, Opal Broxson and family. On Saturday, February 19, they visited in Borger with Hattie Lois' brother, the Jack Broxsons and a niece and family, Sue and Don Tindall.

Bill Griffin remains hospitalized in Methodist Hospital in Plainview. Sid McFall entered the W. C. Mangold Hospital in Lockney Monday afternoon and remains there as a patient at press time.

**Happy Birthdays**

- March 3**  
Debbie Cagle, Macy Davidson, Molly Davidson
  - March 4**  
Nadine Baisden
  - March 5**  
Homer Hawkins, Cody Bell
  - March 6**  
Bernice Bond, Jackie Beck, Patsy Rucker
  - March 7**  
Joshua Scoggins, Jana Johnson, Nathan Oneal Davis, Peggy Woods, Rod Hill, Brian Wheeler
  - March 8**  
Kathy Bomar, Jacquelyn Ham
  - March 10**  
Jerry Barclay
- Happy Anniversaries**
- March 3**  
Mr. and Mrs. Phil Lemmons
  - March 4**  
Mr. and Mrs. Bob Morrison
  - March 10**  
Mr. and Mrs. H. E. Mullins, Jr.

**Extension Office Offers Seminar**

A monster lives in the dark depths of the closet. When no one is looking, it eats one shoe from sets, pulls clothes off hangers, and throws belts haphazardly to the floor.

To eliminate this monster, Creative Closets of Amarillo, with co-owners Christi Higgs and Donna Neale Brugel, will present "Keepers not Creepers"—March 12—First United Methodist Fellowship Hall in Memphis, Tx.—10:00 a.m.—2:00 p.m. A gourmet luncheon will be served. The seminar is sponsored by the Memphis Housing authority and the Texas Agricultural Extension Service.

Ms. Bruegal and Ms. Higgs will present a program on cleaning out and evaluating your closet. They will show the audience how to eliminate those items that are not working to the client's best advantage and which wardrobe items to keep. They will also share with the audience what to be looking for so that your spring and summer wardrobe reflect the current fashion trends.

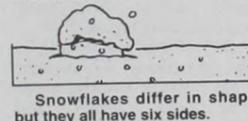
The seminar also will include a demonstration of closet organization. They will show new and effective products designed to utilize your closet space and time saving methods.

There is a small fee. For tickets call Monta June Harrell, 259-2941, or Beverly Logsdon, 259-3015, ny March 9. Reservations are limited.

**Defensive Driving Course Provided**

The WTAMU Office of Continuing Education will offer a course in defensive driving from 6-9 p.m. Monday and Tuesday, March 7-8 on the WTAMU campus.

The course is approved by the Texas Department of Public Safety and the Texas Education Agency and may be used to void traffic citation fines or reduce automobile liability premiums. Pre-registration is required. For more information, contact the Office of Continuing Education at 806/656-2037.



Snowflakes differ in shape, but they all have six sides.

**Vacation Time Around the Corner**

by Ronda Alexander

If you are interested in receiving the "Family Matters" newsletter, this is your last chance to sign up to receive it. "Family Matters" will provide its readers with practical information and tips related to being a parent and learning how to understand children, whether or not the children belong to you or someone else. The newsletter will be published bi-monthly, beginning in March. There is no cost to receive this newsletter. You simply need to call the extension office (823-21341, ext. 12) and give us your name and address. Summertime and vacation time are getting closer every day, thus, the prospect of having tourists to our area. If you are interested in having your business included in the Briscoe County Recreation Guide, you need to send us the information you would like to include about your business and its services. The guide will be distributed regionally to persons interested in traveling to "Historic Briscoe County." There is no charge to be included in the guide nor to receive the guide. All county businesses are welcome to participate, especially those related to lodging, food and recreational opportunities. Please send us information to the Briscoe County Extension Office, P. O. Box 730, Silvertown, Texas. Don't miss out on these opportunities to help our county.

**March Clinic Vaccine Schedule**

Immunization clinics offering vaccines that give protection against several childhood diseases are scheduled for March. Protection is against polio, diphtheria, lock jaw (tetanus), whooping cough (pertussis), Measles, Rubella, Mumps, and HIB (Haemophilus Influenzae Type B).

The Texas Department of Health is charging money to help with the cost of keeping the clinic open. The amount of money charged will be based on family income and size, and the ability to pay.

The Memphis Clinic will be open March 8, 1994, 10:00-7:00 p.m. at the Texas Department of Health Office, Southeast Wing Hospital, 1800 N. Boykin, Memphis, TX.

The Childress Clinic will be open March 10, 1994 from 7:00 a.m. to 6:00 p.m., at the Texas Department of Health Office 801 Commerce, Childress, TX.

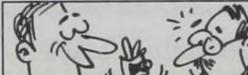
The Clarendon Clinic will be open on March 21, 1994, from 9-12 & 1-4 pm, at the Texas Department of Health Office, Medical Center, Highway 70 North, Childress, TX.

**United Methodist Women Meet**

Last Monday, February 28, the United Methodist Women of Turkey, met in the home of the hostess, Mrs. Virginia Degan.

Members present were: Kathleen Green, Freida Fuston, Nadine Baisden, Sue Hall and the hostess.

A very informative program was presented by Mrs. Degan.



Congress authorized the issuance of the five cent coin we call a nickel on May 16, 1866.

**CESSIE IVY**  
**CANDIDATE FOR HALL COUNTY CLERK**

\*\*\*\*\*  
*Experience- Eight years in abstract company, filing legal and business documents at the courthouse, attention to details of legal descriptions.*

**\*\* I WILL SERVE THE PUBLIC EFFICIENTLY & EFFECTIVELY \*\***

**\*\* I WILL MAINTAIN THE RECORDS OF HALL COUNTY IN AN ACCURATE TIMELY AND EFFICIENT MANNERS \*\***

**VOTE**  
**CESSIE IVY**  
**FOR HALL COUNTY CLERK!**

*"I pledge my experience and efforts in serving the taxpayers of Hall County."*  
*"Your VOTE MARCH 8 will be greatly appreciated"*

POL. ADV. PD. FOR BY CASSIE IVY

**LOOK Who's New**

**Jeremy Adams**

DeWayne and Jayne Adams of Fort Worth are proud to announce the birth of their new son Jeremy De Wayne Adams. Jeremy was born Thursday, February 24, 1994 at All Saint's Hospital in Fort Worth, Texas, at 4:52 p.m. He was 21 inches long and weighed 8 pounds and 10 ounces.

Jeremy was greeted by a sister, Joann and a brother, A. J.

Grandparents are Truman Merrell of Quitaque and Ruby Adams of Plainview.

Great Grandparents are Mr. and Mrs. W. E. Vaught of Littlefield and Vada Adams of Carlsbad, New Mexico.

**Did You Know?**

(NAPS)—The Texas Peanut Producers Board has prepared a recipe brochure especially for kids. To receive this brochure and to become a member of the Texas Peanut Kids Club, send \$1 to Texas Peanuts, P.O. Box 398, Gorman, TX 76454. Membership includes a recipe brochure, membership certificate and two collectible stickers.

A clay cooker from Romertopf—the company that sells more clay cookware than anyone else—is great for making soup, simmering stew, roasting meat, poaching fish, and baking.

Every year the Volvo company awards environmentalists with a prize worth \$185,000.

The leading maker of personal organizers, Day Runner, says advance planning is the key to getting all your holiday chores done.

**SHIRLEY HAWKINS**  
 is now offering  
**INCOME TAX SERVICE**  
 at  
**Hawkins Insurance**  
 Quitaque, Texas

Off. Ph. 455-1464 Home Ph. 455-1130  
 Store Hours 9:30 - 12:00 1:00 - 5:00  
**MULTIPLE PERIL**  
**CROP INSURANCE AVAILABLE**

**REMINDER - FARMERS INCOME TAX DUE**  
**MARCH 1, 1994**  
 Come In And Let Us Help You

**BE SURE TO VOTE**

**TUESDAY, MARCH 8, 1994**

**FIRST NATIONAL BANK**  
 Quitaque, Texas

**MEMBER FDIC**

*"Dependable Services Since 1920"*

## Turkey News

### Things Seen or Heard

by Ann Coker

Thoroughly enjoyed visiting with seven ex-Turkey residents on Wednesday, February 23, 1994. The group was in Turkey to attend the funeral services of Pauline Meacham, also a former resident of Turkey.

The seven were: Ed and Joyce Meacham, Hugh and Juanita Eudy, all of Midland; Jack and Wilma Tutor and Tootsie Mullin of Childress.

Joyce Meacham, Tootsie Mullin and I enjoyed recalling old times when we were all members of the Sorosis Study Club in Turkey, many years ago!

Visiting in Lockney last week-end was Foy Lane. Mrs. Lane was visiting in the home of her son and family, Bob, Boo Boo and daughter, Guren Lane.

Mrs. Totay Bain traveled to Lockney several days ago. She is visiting with her daughter, Mrs. Billy (Jinna) Turner for a few days.

After spending three weeks and three days as a patient in Methodist Hospital in Lubbock, Arville Setliff returned home on Monday. Arville and Lorene were quite elated on being home.

Their son, Scotty spent last week-end with his parents in Lubbock.

Navarre Bain of Odessa was a visitor in Turkey last week-end. He was a visitor in the home of his mother, Totay Bain.

A visitor in Turkey visiting with Dot Arnold last week was Eunice Mae Ross of Lubbock. Eunice Mae was also visiting with her son, Jimmy Ross and family.

Mrs. Ross informed me that our mayor, George Ray Colvin, Jr. is a nephew of T. L. Colvin, who was the mayor of Turkey in the mid-twenties. I guess our present mayor is following in the footsteps of his uncle!

Boyd and Leona Lane received quite an enjoyable surprise last Friday night. A knock on their door Friday night was made by their daughter, Donna Proctor, of Amarillo.

Donna spent the week-end with her parents, returning to her home on Sunday. Needless to say Boyd and Leona thoroughly enjoyed Donna's visit.

When Keith and Bettie Green returned to their home last Friday night following the ballgame, they had a guest awaiting them. It was Doug Setliff from Dimmitt. Doug is an elementary principal in the Dimmitt School System.

Saturday morning the Green's daughter and family, Kayleen, Criss Morrison and girls and also some friend of the Morrisons, all from Lubbock, arrived to spend the day with the Greens.

We consider Rex Fuston a very fortunate young man. Rex was plowing west of town when he plowed up a natural gas line. Rex said it was a most frightening experience.

Justice of the Peace, Byron Young, and Commissioner U. F. Coker of Pct. 4, attended the "Meet the Candidates" public meeting last Friday at the Memphis Community Center.

Each Candidate presented a 5 minute speech.

All the candidates were present but two. The first speaker was an unexpected guest; Tom Haywood of Wichita Falls. Mr. Haywood is a candidate for the Senate District 30.

Bill and Cleo Green were in Turkey last week, working on their place, Oak Creek. They visited with Lewis and Mozelle Eudy while here.



Most race horses are thoroughbreds—horses whose ancestry can be traced back to any of three Arabian stallions that were taken to England in the 1600s and 1700s: Byerly Turk, Darley Arabian and the Godolphin Barb.

For a free "User Guide" to match nearly 30 different yard chores to the proper landscaping tool, write to V & B Manufacturing Company, P.O. Box 268, Walnut Ridge, AR 72476, or call 1-800-443-1987.

For information on how to use the Dieter's Edge 2000 computer program to lose weight and keep it off, call 800-626-1262.

## FLOMOT NEWS

by Earlyne Jameson

**MARCH HISTORICAL DATA**  
March 1 - 1780, First U.S. Bank established

March 2 - 1829, Nation's first school for the blind incorporated

March 3 - 1931, THE STAR SPANGLED BANNER became the national anthem.

March 4 - 1902, American Automobile Association founded

March 5 - 1946, Churchill delivered his Iron Curtain speech.

March 6 - 1899, Patent granted for miracle pain-killer, aspirin

March 7 - 1926, First radiotelephone conversation took place between New York and London

March 8 - 1894, New York Assembly enacted first U.S. dog licensing law

March 9 - 1975, Work began on the Alaska pipeline

March 10 - 1797, the frigate UNITED STATES, the first American naval vessel, launched.

March 11 - 1850, World's first medical school for women, the Women's Medical College in Pennsylvania, founded

March 12 - 1912, Juliette Gordon Low founded Girl Scouts.

**OVERHEARD**  
We can't all be shining examples, but we can all twinkle a little!

**HONORED ON 87TH BIRTHDAY**

Mrs. Viola Calvert was honored on her 87th birthday with a family luncheon in her home Sunday, Feb. 27. Italian, coconut and Irish potato birthday cakes, gifts, cards, and telephone calls added to the happy occasion.

Attending were her children and families, Mrs. Mary Ann Browning of Rising Star, Max and Barbara Bush of Lubbock, Wanda and Beryl Calvert, Lee J. Browning, Whitney and Jason of Turkey, Kay and George Calvert, Donnie and Cole of Quitaque, and Mr. and Mrs. Doyle Calvert and Glen of Flomot.

**CAR ACCIDENT**

Dr. David Martin of Levelland was involved in a one-vehicle rollover accident when enroute to Ruidoso, NM Wednesday, Feb. 23. He suffered a left leg injury, internal and external body bruises. He is a patient in St. Mary's Hospital in Lubbock following surgery.

His parents, Mr. and Mrs. Wilburn Martin and sister Marilee Pilcher of Fritch have been with him during his hospitalization.

### ATTEND CONFERENCES

Mr. and Mrs. Wayne Hunter attended the Pastor and Layman's Conference held Monday, Feb. 21, at Wayland Baptist University in Plainview. Mr. Hunter returned home with Mr. and Mrs. R. D. Jones of Amarillo and visited until Wednesday.

Mrs. Hunter attended a Literacy Mission Conference Wednesday, February 23, held in the Baptist Area Center in Plainview.

### GREAT-GREAT GRAND-MOTHER

Mrs. Viola Calvert is pleased to announce the arrival of her first great-great grandchild, Lauren Rogers. She was born Thursday, Feb. 17, 1994, at Northwest Texas Hospital in Amarillo. She weighed three pounds, eight ounces and was 17 inches long.

Parents are Mr. and Mrs. Jason Rogers of Borger, grandparents Mr. and Mrs. Stanley Williams of Fritch and great-grandparents Mr. and Mrs. Max Bush of Lubbock.

Mr. and Mrs. Arnold Johnson and her mother, Mrs. James May of Quitaque visited last weekend in Vernon with Mr. and Mrs. Breck Dockery and daughter Brittany.

Mr. and Mrs. Wayne Hunter visited last Friday and Saturday in Midland with son and family Mr. and Mrs. David Hunter, Greg and Ross. They attended a soccer game Saturday in which Greg and Ross competed with their team declared winners.

Mrs. C. W. Starkey visited from Saturday until Monday of last week in Lockney with Mr. and Mrs. Homer Cypert. They visited in Hart, Sunday with her sister Mrs. Jometa McLain and her guests Bill Starkey, Mrs. Jim Childress and Ranae and Kathy Williams of Farmington, NM.

Visitors of Mr. and Mrs. Orville Lee, Sunday were son and family Mr. and Mrs. Joey Lee and Jason of Clarendon.

Guests last Sunday of Mr. and Mrs. Wayne Hunter were her sister and family Mr. and Mrs. Ray Montoya of Albuquerque, NM and

many family meals and even weekly menus.

Once the menu has been planned and a shopping list completed, children are ready for a trip to the grocery store, where they can help pick out vegetables and fruits, whole-grain breads and cereals and their favorite yogurts. Choosing groceries with your children is a good way to discuss which foods are healthy and why, Montandon said.

When selecting prepackaged or canned products, parents can set an example by reading labels.

"Children will soon learn that labels provide information that can help them make healthy choices. Labels will tell them the amount of fat, salt and sugar in a product as well as serving size and number of calories," she said.

Montandon believes children are more likely to try new foods if they have had a hand in preparing them.

It is important to match a child's ability to the task, she said. Toddlers can pour pre-measured ingredients into a bowl and wash vegetables, while pre-schoolers can stir ingredients, toss salads and snap beans. Older children can peel vegetables and prepare many easy-to-follow recipes.

"Eating patterns are established early in life. If we teach our children to value good nutrition and make wise food choices, they will enjoy a lifetime of healthy eating," Montandon said.

grandson Reuben Montoya of Clovis, NM, Shanna and Scott Shaffer of Plainview and H. G. Hunter of Quitaque. Visitors Sunday were Anita Hunter of Lubbock and H.G. Hunter of Quitaque.

Mary Ellen Barton and Viola Stinson visited in Childress Wednesday with Dr. and Mrs. David Fuston and children.

Ronald Dale McDonald and daughter, Tonya of Amarillo visited Sunday with his grandmother, Mrs. V. D. Tiffin and uncle and family Mr. and Mrs. Glen D. Tiffin.

Visiting during the week with Mrs. Jeff Sperry were children Ray Sperry of idalou, Mrs. Bennie Goldston of Lubbock, and Terry Sperry of Quitaque. Mrs. Goldston had a story, "We Felt Secure in the Old Storm Cellar" published in the 1994 March edition of the Reminiscence magazine.

Mrs. A. D. Moseley visited from Monday until Wednesday in Dimmitt with sister and husband, Mr. and Mrs. Coy Dunn.

**SNOW AND RAIN**  
Overcast skies and rain escorted out the month of February in Flomot and Whiteflat. A glistening blanket of snow covered the ground Tuesday morning, March 1.

Mrs. Tommie Cruse NWSV of Flomot registered 0.23 of moisture and light snow. Whiteflat reported 0.25 of rain, and an inch of snow.

Mr. and Mrs. Wilburn Martin and Mrs. Annie B. Cloyd visited in Amarillo Tuesday with Mrs. Leona Bell.

Mr. and Mrs. Johnny Turner, Heather and Cobey were in Houston from Thursday night until Sunday to attend the Houston Rodeo calf scramble in the Astrodome.

Cobey ensnared a calf in the scramble. They were houseguests of Mrs. Turner's brother and family, Mr. and Mrs. John Montague, Michelle and Marisa.

Mr. and Mrs. Morris Stephens visited the Lockney Care Center and his mother Mrs. Juddie Stephens Sunday, and attended the worship services conducted by Wayne Hunter, Mr. and Mrs. Clayton Bond, and Mrs. Alma Shorter.

Mr. and Mrs. Jack Starkey and his mother, Mrs. C. W. Starkey visited the weekend in Fritch with Mr. and Mrs. Gene Davis and sons. Mr. and Mrs. Starkey also visited their family Mrs. Velma Moon and her guests, Mrs. Bonnie Moon and Mr. and Mrs. Gary Mooney of Colorado Springs, CO, and Mr. and Mrs. Jack Moon of Fritch.

Mr. and Mrs. Clayton Bond, Mr. and Mrs. Wayne Hunter joined the Rev. and Mrs. J. E. Lee of Plainview at Lockney Care Center Friday morning to present religious services. They visited with Mrs. Emma Thomas and Mrs. Gladys Ragle of Lockney following the services.

Mrs. Jack Starkey visited in Turkey Tuesday with her sister Mrs. Allen Matthews when Mr. Matthews was in Lubbock for a medical checkup.

The first stoves, historians say, were created out of earthenware in the 700's in China.

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The first stoves, historians say, were created out of earthenware in the 700's in China.

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**Health Foods and Eating Habits**

March is National Nutrition Month and children should learn there are no "bad" foods, only bad eating habits, says a nutritionist at the USDA's Children Nutrition Research Center.

Instead of banning certain foods, parents can teach their children to make wise food choices by including them in menu planning, grocery shopping and meal preparations.

"It involves more effort but parents should think of it as an investment in their children's health," said Dr. Corinne Montandon, an assistant professor of pediatrics at Baylor College of Medicine.

Montandon said meal planning does not have to be an elaborate undertaking. "Begin by offering your children healthy choices: Do you want chicken or fish, broccoli or green beans, custard or fruit?" she said.

"Challenge them to come up with their own suggestions and try to honor as many as possible," she added.

Montandon encourages parents to use the new USDA Food Guide Pyramid when menu planning.

"The food pyramid outlines what to eat each day and helps children visualize the food groups," she said. Eventually, children will become more involved in planning their snacks,

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### Texas Commission on Fire Protection

It's not too late to save yourself and your family from a needless heating fire. The Texas Commission on Fire Protection warns that the largest number of deaths caused by heating fires usually happen during January and February, the final months of winter.

According to news reports, 11 people have died in heating-related fires so far this fall and winter. Another 22 have been injured and more than 50 families have been displaced, news reports say.

"One victim was quoted as saying, 'You think it can never happen to you,'" said Michael E. Hines, executive director of the Commission on Fire Protection. "But fires do happen, and you are the one who can stop them."

Statistics on 1992 heating fires show that almost half of all heating fires occur during January and February. Portable local heaters-what most people call "space heaters"-cause the majority of fire deaths, according to statistics from the Texas Fire Incident Reporting Systems. During 1992, 65 percent of all heating-fire deaths occurred in January and February.

"Considering what we know about fire trends and how many people have died in heating fires so far this winter, another 11

### March Non-Local Subscriptions Due

Briscoe County Adult 4-H Leaders, Silverton  
 Hubert Brooks, Wellington  
 Henry H. Buchanan, Deer Park, Tx  
 Farrell Edwards, Anton  
 Jerry L. Gafford, Rigby, Id  
 Max Ham, Crosbyton  
 Mrs. D. C. Hood, Montrose, Co  
 R. E. Hunter, Dimmit  
 Leigh Ann Lane, Midland  
 Robyn Lane, Canyon  
 Alpha McFall Watsonville, CA  
 Bud McFall, Seattle, WA  
 Roger B. Montgomery, Dallas  
 Clarence Pierce, McLean  
 Viola Stinson, Flomot  
 Suzanne Thomas, Spearman  
 Mrs. Bernice Thurman, Denton  
 Mrs. Berry Wood, Plainview

### March Local Subscriptions Due

City of Turkey  
 First National Bank  
 Billy Fuston  
 Lela Mae Hutcheson  
 John King  
 Ora Lee King  
 Ruth McCay  
 Berene Maupin  
 Bill Pigg  
 Lisa Price  
 Doyle Proctor  
 Turkey Branch Memphis State Bank

people or more may die," said Hines. "Fortunately, it's really very easy to prevent heating fires, if you will take the time to be prepared."

The Commission of Fire Protection recommends these steps to prevent heating fires:

- \*Do not operate a faulty heater. Look for these warning signs: frayed cords on electric heaters, damaged hoses on gas heaters, excessive popping sounds, unusual smells, or "tripping" the circuit breaker. If you notice any of these warning signs, have the heater checked by a qualified service technician or replace the heater.

- \*Keep space heaters three feet away from anything, especially walls and furniture. This action could have prevented more than half of the heating fires in which someone was killed or injured in 1992.

- \*Do not leave space heaters on while you're sleeping. Use layers of clothing and blankets to stay warm.

- \*Clean dust and clutter from central heating unit areas.

- \*Clean filters monthly.

- \*Do not use your oven, stove burners, heat lamps or hot plates to heat your home.

- \*Test your smoke alarms to be sure they are working. Know what you would do in case a fire occurred. Practice your emergency plan.

- \*If you do not have adequate heating equipment, contact your local fire department or local service agency for help.

- \*If you know someone who has faulty equipment or inadequate heating equipment, offer to help. Talk with your neighbors and family, especially those with young children or older persons, about the safety of their heating equipment.

Mostly cases among the elderly occur because of poorly heated homes. Room temperatures should never be lower than 65 degrees.

### FREE THINGS TO SEND FOR

(NAPS)—A free booklet called "Teaching Family Values: A Two-Way Street," offers practical insights, tips and ideas families can use. For a copy, write Mass Mutual Family Values Program, P.O. Box 19854, St. Louis, MO 63144.

For information about a contest for horse owners, call Purina Mills at 1-800-227-8941 between 8 am - 5 pm CST. You must enter before 2/28/94.

For a free brochure on the Sprinter Network Server computer system, write: Micom Communications Corp., 4100 Los Angeles Avenue, Simi Valley, CA 93063 or call 1-800-MICOM-US.



Don Turner, Boss Lion, and Lions Sweetheart, Jessica Carter.

### Turkey Lions Club Meeting

The Turkey Lions Club met Monday night, February 28, at the Hotel Turkey.

Boss Lion Don Turner called the meeting together. Lion George Colvin gave a very interesting talk on George Washington.

Jessica Carter, Lions Club Sweetheart, has been involved in an FHA Project at school called "Keep Texas Beautiful." She has worked with the first grade in picking up the litter on the school campus. Miss Carter also wrote a play about "Keep

Texas Beautiful" that was recently performed for the student body and guests.

Jessica has composed a talk on keeping our state clean and beautiful. She will present her speech at the FHA Regional meeting in Lubbock. The top six finalists at Regional will progress to the state meeting. Jessica gave her speech Monday night for the Lions Club. The Club was quite impressed by her speech.

The members and guests were served a delicious meal by Guyretta Clinton.

In keeping with Jessica's talk theme, the Lions Club will be picking up the trash and litter on their designated highway to keep clean, west of town on April 9.

### Caprock Public Library News

by Arlene Hinkle  
 March--- the windy month has arrived! Maybe all the cobwebs will be blown away and our inner selves will shake off the winter's lassitudes and begin a cycle of new growth. Sometimes a good physical workout gets those winter "blahs" moving and Caprock Public Library has books in aerobic dancing, juggling, weight lifting, bike riding, backpacking and tennis.

New books on the shelves for adults include:

*Versions of the Truth* by Richard Parrish. Another legal thriller involving Joshua Rabb, lawyer and Officer for the Bureau of Indian Affairs and Papago Indian Reservation.

*The 100 Best Mutual Funds You Can Buy; Includes Money Market Funds* by Gordon K Williamson. If the world of finance has you stuggling--check out this book--it even gives you the risk involved.

For juveniles: *Celeste and Crabapple Sam* by Jennifer Brutschy. Bad-tempered Sam lives alone by the seashore, until Celeste arrives to soften him up and renew the damaged friendship between him and her grandfather.

*The Three Little Wolves and the Big Bad Pig* by Eugene Trivizas. In a tale reversal, the big bad pig becomes a big good pig... beautiful watercolors.

It is a Good Day for a Good Book!

## Cooking Corner

### Herbed Chicken And Broccoli Big Taste, Little Calories

(NAPS)—Here's a dish that is sure to please any dinner guest. They will rave even more when they find out how low it is in calories! Using convenient, ready-to-use evaporated skimmed milk will not only make the dish low in calories, but give it a rich and delicious flavor. It's a perfect dish for calorie counters who don't want to sacrifice taste for calories!

thawed, drained and cut into bite-size pieces  
 Paprika

Sprinkle chicken with Italian seasoning. Pound between sheets of plastic wrap. Spray nonstick skillet with no-stick cooking spray. Sauté chicken strips just until

no longer pink. Keep warm. Place flour in small saucepan; whisk in small amount of evaporated skimmed milk. Stir in remaining evaporated skimmed milk, garlic, salt and pepper. Cook over medium heat, stirring constantly, until mixture just comes to a boil and thickens. Add cheese; stir until melted. Spray 10 x 6 x 2-inch baking dish with no-stick cooking spray. Spread about 1/4 cup cheese sauce in bottom of dish. Arrange broccoli over sauce, then chicken pieces. Pour remaining cheese sauce over top. Sprinkle with paprika. Cover. Bake in preheated oven at 350°F. for 20 to 25 minutes or until heated through. Calories per serving: 197

#### HERBED CHICKEN AND BROCCOLI (Makes 4 servings)

- 10 ounces boneless, skinless chicken breasts, sliced into 1/2-inch strips
- 1 teaspoon Italian herb seasoning
- 2 tablespoons all-purpose flour
- 1 cup undiluted Evaporated Skimmed Milk
- 1 clove garlic, minced
- 1/4 teaspoon salt (optional)
- 1/8 teaspoon white pepper
- 1/2 cup (2 ounces) shredded, reduced-fat Swiss cheese
- 1 package (10 ounces) frozen broccoli spears,

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## TO THE VOTERS OF BRISCOE COUNTY

I take this opportunity to ask for your vote for re-election as Briscoe County Judge in the March 8 Democratic Primary Election. I am making a concerted effort to try and contact each of you personally before election day to ask for your vote and answer any questions you may have about your county government or the office of County Judge.

Your county government, which includes the Commissioners Court and all other elected county officials, is charged by the Texas Constitution to provide certain services which are all clearly defined. It has been one of my goals to see that these services are provided to you at the most impartial and economical means as possible. Also, I have worked diligently to see that a good working relationship exists between the Commissioners Court, of which the County judge is presiding officer, and the other elected officials and offices. Not to say that disagreements have not existed, but rather that differences can be aired, argued, and acted upon while still maintaining an effective and healthy working relationship. That is the very nature of County Government. Since becoming your County Judge, I point proudly to the fact that your county government has run smoothly and efficiently because of the determined efforts of many people, including myself, that strive to give you a County Government that you can be proud of, that is not embroiled in controversy or discontent, and is fiscally sound.

Although the County Judge is the chief administrative office in each county, and his other duties are many and varied, the County Judge does not singularly set the tax rate, the number of county employees or their salaries, nor can the County Judge or any elected official expend local funds without prior approval of the Commissioners Court. All of your Commissioners Court minutes are a matter of public record, all regular and special meetings are open meetings where you are welcome to attend, and the county budget and tax rate can only be adopted after a public hearing which has been properly posted and notice published. These are safeguards put in place so that citizens are afforded an opportunity to examine and evaluate for themselves the actions of their county government and elected officials.

I have and will continue, if re-elected, to try to be responsive to the needs of the people in our county, to represent the entire county, and to welcome your input, both positive and negative, on any matter of which I have a part. The best way to have better elected officials is to let them know your concerns and what you like about their actions and, conversely, what you do not like about their actions. Constructive criticism should be welcomed by any elected official because it lets us know the ideas of our constituents on the operations of our county.

Once again, I ask for your vote in the upcoming primary election and thank you for your support in the past.

Sincerely,  
 Jimmy Burson  
 County Judge

PD. POL. ADV. PD. FOR BY JIMMY BURSON

Family Clinic  
 regretfully announces that

## Flint K. DeShazo, M.D.

will be leaving Childress in March to join another practice in Round Rock.

Dr. DeShazo's last day will be March 3. He is much loved, and will be missed by his patients, his employees, and his fellow physicians.

\*All of Dr. Deshazo's patients will be able to be seen by our current staff of physicians. Patients may request their choice of doctor when calling for an appointment.

A new physician will be coming to Childress to join our practice at Family Clinic as early as August. Scott Myers, M.D. is from Fort Worth and is looking forward to moving his family to Childress.

\*We all wish Dr. DeShazo and his Family the Best of Luck and Continued Success

HELLO  
 My name is Kortni L'Amour Carnes  
 I arrived Thursday, February 17, 1994  
 Childress Regional Medical Center in Childress, Texas  
 I weighed in at seven pounds & five ounces and was 20 inches long.  
 My parents are Travis and Rochelle Carnes of Turkey  
 My two sisters are Kimber and Jennifer and my brother is Danny.  
 My grandparents are Pat and Gerald Carnes of Turkey  
 and the late Erwin and Greta Birdwell of Wichita Falls, Texas.





**TURKEY METHODIST CHURCH SECRET SISTER PARTY**

Back Row Standing: Julie Ulrey with daughter Sara, standing in front of her, Virginia Dudley, Kathleen Green, Mozelle Eudy, Frieda Fuston, Bonnie Hill, Maurice Fuston, Cindy Lane, Nadine Davis, Mary Nell Tripp, Arlie Williams, Margaret Lane. Turkey Methodist Church Secret Sister Party was held Wednesday, Feb. 16.

**Yesteryear**

Taken from the Quitaque Post May 17, 1956  
 Busy Bee Club had their annual quilting at Gasoline Community house. Three quilts were quilted by 7 members and 11 visitors.

James Taylor who is completing his Sophomore year at W.T. has been the recent recipient of a number of honors from his fellow students. James is the son of Mr. and Mrs. Dick Taylor of Quitaque.

Six youth of the First Methodist Church Sunday School were awarded pins for having achieved perfect attendance. Receiving the awards were Pam Curtis, daughter of Mrs. Geneva Curtis for three months, Jackie Cox, daughter of Rev. and Mrs. Fred S. Cox for six months; Billie Jean Woods, daughter of Mr. and Mrs. Bill Woods, and Mark and NaDean Humphreys, children of Mr. and Mrs. Dean Humphreys, each for nine months; and Julia Ann Cox, daughter of Rev. and Mrs. Cox a two year pin.

Last rites held for W. O McFall, 96, last Wednesday at First Methodist Church. He and his wife had moved to Quitaque in 1936 from Clairmont, Texas.

Bingham's Cafe is purchased by Warren Payne, manager of Higginbotham-Bartlett Company. Personnel will include Jimmie Ruth Barham of Flomot as cook and Miss Jane King as waitress. Mrs. Payne will also serve as part time assistant.

New PTA officers installed at Monday's meeting. Mrs. Pete Rice as president; Mrs. Wayne Hunter as 1st vice president; Mrs. Mary Pittman, 2nd vice president; Mrs. W. O. Carrick, secretary; James Brunson, Treasurer; and Mrs. Jake Merrell, Parliamentarian.

W. E. Helms Jr. of Childress visited his father, Bill Helms, and family Sunday.

Wednesday afternoon visitors and overnight guests of Mr. and Mrs. E. A. Birdwell were his mother, Mrs. W. C. Birdwell of Mangum, Oklahoma and his sister, Mrs. Elma Ice Cooper of Washington State.

Rhonda Lou Rogers, 6 year old daughter of Mr. and Mrs. J. T. Rogers Jr., broke her right collar bone Friday when she tripped in some wire and fell. She was taken to Matador where the doctor found it was injured in the same place as it was once before when she was younger.

**"Texas" Musical Drama Announced**

The 29th spectacular season of the musical drama "Texas" has been announced.

Written by Pulitzer Prize winning author Paul Green, "Texas" opens June 8, 1994, beneath a towering 600-foot cliff in Pioneer Amphitheatre, located in Palo Duro Canyon State park. Performances begin at 8:30 p.m., nightly except Sunday, through August 20, 1994.

In addition to providing a spectacular setting for the play panoramic Palo Duro Canyon also plays an active role in the drama. Seated beneath star-filled skies, spectators are awed by the sound and light effects so startling authentic they can't be distinguished from the real thing.

Director Neil Hess promises bold new touches this year that will once again transport audiences back to the exciting days of the late 1800's. Love and laughter, success and sorrow, hospitality and hard work take on new dimensions in the lives of men and women whose determination spirit carved out a state that continues to capture the world's imagination. Similarly, "Texas" continues to charm audiences with its perfect blend of dialogue and music.

Don't wait to make your plans for "Texas"!

"Texas" is acknowledged by the National Institute of Outdoor Drama in Chapel Hill, N. C., as best attended outdoor drama in the nation. Attendance often hits record proportions on weekends. In 1993, people came from every state and 96 foreign countries. During the past five years, average attendance has filled Pioneer Amphitheatre to more than 90 percent of its capacity.

**HEALTH ALERT!**

**Ear Infections: What You Need To Know**

(NAPS)—The pain and discomfort of an ear infection remains one of the worst experiences in most people's memories. This condition is often remedied by medication in the early stages. But, if neglected, hearing loss or permanent damage to the ear may result.

**In most cases antibiotics will effectively treat an ear infection.**

Ear infections (otitis media) result when pus accumulates in the middle ear because the eustachian tube is blocked. This usually happens as a result of bacteria or a virus in the upper respiratory tract caused by sinusitis, an allergy attack or a bad cold. The blockage of the eustachian tube produces a painful increase of pressure in the middle ear, which may muffle hearing.

In some cases, the eardrum may burst from the pressure, indicated by a sharp pain and discharge from the ear. Although the eardrum usually heals once the fluid drains, the ear should always be examined by a doctor. A persistent hole in the eardrum can lead to very serious complications.

Young children are more susceptible to ear infections, as it is easier for the infection to spread from the nasal passages to the ear. Failure to respond to antibiotic therapy or repeated bouts of infection may require minor surgery to drain the ear.

For a free brochure, write to: The House Ear Institute, "Ear Infections," 2100 West Third Street, Los Angeles, CA 90057.

**Consumer Corner**

**Close Reading Of Beverage Labels More Important Than Ever!**

(NAPS)—Parents looking for healthy refreshments for their kids may find themselves overwhelmed with all the choices today. Supermarkets now carry five times as many beverage items as they did a decade ago, most of which are brand-new beverage categories, such as sport drinks, flavored water and carbonated juice blends. With all these new products, it takes a savvy shopper to sift through beverage labels and nutritional claims to find the good stuff for your kids.

Realizing the dramatic overcrowding in the beverage aisles, manufacturers are redesigning their packaging to emphasize their strong points. For example, Libby's Juicy Juice 100 percent Fruit Juice, which provides 100 percent of the U.S. RDA for Vitamin C and has no added sugar, has redesigned their packaging with bold, vivid colors to help consumers identify a healthy alternative to sugar-added beverages.



"With all the choices today, parents realize it's more important than ever to check food labels if they want to be sure their kids are getting the best," said Andrea Cook, spokeswoman for the brand. "Juicy Juice makes this process easier for parents with the bold new package

product choices, recently passed strict new labeling laws which go into effect May, 1994. The new laws give consumers better information and weed out products with misleading claims. Here's a quiz to test your nutritional knowledge.

**F.Y.eyes**

**Action Is Key To Preventing Lazy Eye**

(NAPS)—As many as 920,000 American children under the age of six have amblyopia, or lazy eye, a vision disorder that must be diagnosed early to avoid lifelong vision impairment, says the Better Vision Institute (BVI). It is important to identify this disorder early because by the time a child reaches age nine, the visual system is completely developed.



In the early stages, amblyopia can be treated by patching the normal eye or with corrective eye glasses and vision therapy.

Amblyopia occurs in children when one eye, which is otherwise normal, develops insufficiently for normal vision. "When one of your eyes is impaired, the normal or less impaired eye will take over for both," says Dr. Richard Hopping, national spokesperson for the BVI. "For this reason a child won't necessarily know he or she is having difficulty seeing. That's why it's essential to schedule annual eye exams with an eyecare professional who can identify and treat this problem."

For more information on children's vision and eye care, write: The Better Vision Institute, P.O. Box 77097, Washington, D.C. 20013 or call 1-800-424-8422.



The shape of a reptile's pupils indicate whether the animal is active at night or during the day. Those who like to be out at night have slitlike pupils, diurnal reptiles have round pupils.

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**AS 100TH JUDICIAL DISTRICT ATTORNEY**



**PROSECUTOR EXPERIENCE:**

- ♦ District Attorney since September, 1993
- ♦ Assistant District Attorney from January, 1993, through September, 1993
- ♦ Donley County Attorney Pro Tem for 7 years
- ♦ Prosecuted both misdemeanor and felony cases
- ♦ Grand Jury experience
- ♦ Prosecuted juvenile cases

♦ Worked with all law enforcement officers and court personnel in the 100th Judicial District

**PROFESSIONAL ORGANIZATIONS:**

- ♦ State Bar of Texas (Admitted in 1983)
- ♦ State Bar of Texas District 13 Grievance Committee (1988-1992)
- ♦ 100th Judicial District Bar Association (President 1992-Present)
- ♦ Texas District & County Attorneys Association

"As your District Attorney, I have made a commitment to prosecute criminals in a fair and effective manner in order to make the 100th Judicial District a safer place to live and raise a family.

"If you have any questions about my dedication or effectiveness in office, please consult your local law enforcement officers, court personnel, or any others involved in the criminal justice system.

"It is only with your support and the support of a loving family that I can fulfill this commitment." — James Shelton

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\*A Newspaper about Happenings at the Valley School, by students, teachers, and advisors.\*



**Fourth Grade News**

This year on our report cards every body except one person made A or A and B honor roll. Mrs. Proctor says if every one makes A or A and B honor roll we will get to go roller skating.

This week in school has been so fun because we only have been in school Monday and Tuesday. In Social Studies we had a test. In English we are working a taas. In Science we are still doing The Body In Side and Out. In reading we have been doing Weekly Readers. In Math we are doing Division.

In basketball the girls are no longer in the play offs but they had a good year. The boys are in the playoffs now because they beat McLean. The score was 82 to 67. Thanks for reading fourth grade news.

Missy, Magan & Emily

**5th Grade News**

Hi!!! It's us 5th Grade. We get to get out early this week for spring break. Most of the students are going skiing. Our teacher is going to Las Vegas. We think the only reason she is going is to get away from us. She has put up with us so much. I don't know how she does it. Anyway, we hope all the students have a great time. Mary E, and I are going to stay home and watch T.V. I think that is what most of us are going to do.

We are going to get up late and go to bed late. Well it is almost time to get out of school and most of us can't wait. We hope to take a field trip after spring break for getting pieces of paper (slips is what we call it) across the room. She is going to take us away from school half a day and that is enough for us believe me. Well, got to go!!! Your pals, Gaby and Mary E.

**4th Grade News**

Hi! dudes and dudets its us again the 4th grade reporters. This week we haven't been doing much.

In Social Studies we have been studying the Great Drepression. All of us had to write about the Great Depression or we had to bring something they used in the depression. Emily was the only one who brought something they used.

In English we have been studying about Persasive writing and we have also been getting ready for the T.A.A.S. test. Last week we made chocolate chip cookies.

In Science we have just taken a test and all of us made good grades on it. We have now started a new unit in Science and it is called The Body Outside In.

In reading we are making the prompts for the play. We don't know when the play is going to be. Hope fully it will be on Thursday.

In Math we just took a test. All the grades were good on it also. We are now probably going to be doing division.

In sports the girls and boys are doing really good for this year. The girls won against McLean and are now in the playoffs.

Thanks for reading Fourth grade News!  
Emily, Missy, Magan  
Turkey News

The Turkey Sr. Citizens met February 22, 1994, in the Senior Citizens Room with 25 present. We were welcomed by President Buster Hanna, prayer was led by G. P Driscell. After a delicious meal we enjoyed fellowship and games.

Blood pressures were taken by Marjorie Pinkerton. She and Billy stayed for the meal.

Next meeting will be March 8th, come join us.



**VALLEY 1994 SENIOR SPOTLIGHT**

Sandra Lowe is the 18 year old daughter of Judy Kelso of Turkey, Texas. Sandra was born in Memphis Texas on February 27, 1975.

**My Best Physical Characteristic:** Eyes.

**My Favorite Pastime:** Reading.

**Style of Dress:** Casual.

**Hobby:** Making friends.

**Pet Peeve:** Messed up eyebrows.

**Favorite Food:** Tater tots.

**Best Subject:** Home Ec.

**Favorite Sport:** Football.

**Favorite Movie:** Chaplin.

**Last Good Book Read:** Misery.

**My Heroes:** My mom Judy.

**I Always Fall For:** Older guys who are jerks.

**Someday I Want To:** Travel the world.

**A Great Night Out:** Going to dinner and movie with my boy friend.

**If I Were President:** Focus more on the U. S. and it's problems rather than everywhere else.

**My Favorite Memory:** My dad.

**My Worst Habit:** Sometimes I can get really hateful.

**Nickname:** Fern.

**My Most Valued Possession:** My dog Bandit.

**If I Could Change Something:** It would be the year 1992.

**If I Could Do Anything I Wanted I Would:** Cure AIDS.

**Best Advice:** Never depend on a man.

**Worst Advice:** Nothing lasts for ever.

**Greatest Fear:** Failing in life.

**What I Like Most In High School:** My friends and May 20, 1994 and Mrs. Green.

**What Makes Me Mad:** When people think they're something they're not.

**F. H. A. News**

The local chapter of the Future Homemakers of America has had a busy year. Officers were elected. They are Joni Hancock, President; Amy Payne, Vice-President of Projects; Julie Ross, Vice-President of Achievement; Robin Williams, Treasurer; Jessica Carter, Historian; Cara Powell, Secretary-Reporter; and Brandi Gaddis, Parliamentarian. These officers were installed at the annual Mother-member installation supper. One state project this year is Keeping Texas Beautiful. Jessica Carter planned several activities for the first grade class. They have picked up trash around the school several times, learned about littering from Jessica, used and colored a littering coloring book, and put on a play with characters such as Bag-it, Stash-it, and Can-it. Several other F.H.A. members have helped Jessica during the tutorial time also. One goal of the project still to be completed is the addition of more trash barrels around the school. These are to be painted and decorated. Please contact Jessica Carter at the school if you know of a trash barrel that is available for donation.

**Do You Know Your Rights?**

*U.S. Mint Commemorative Coins Honor Bill of Rights*

Every day Americans enjoy individual liberties defined by the Bill of Rights. Do you have a clear understanding of how these rights were gained, who drafted them, or what they mean? Take a minute to test your knowledge.

- The principal architect of the Bill of Rights was:
  - Benjamin Franklin
  - James Madison
  - Alexander Hamilton
  - John Hancock
- The Bill of Rights is made up of:
  - All amendments to the Constitution
  - The first 12 amendments
  - The last 10 amendments
  - The first 10 amendments
- The First Amendment guarantees:
  - Freedom of speech
  - Freedom of religion
  - Freedom of the press
  - Freedom of assembly
  - All of the above

Answers: 1. b, 2. d, 3. c.

**Lighthouse Electric Sponsoring Youth Tour**

Again in 1994, for the 30th consecutive year, Lighthouse Electric Cooperative will sponsor two area high school students on the Government-in-Action Youth Tour to Washington, D. C. This year's tour is scheduled for June 9 to June 21.

As participants in the Youth Tour, local winners will join other winners from across the state to travel by chartered bus to Washington where they will spend six days touring places of historical interest, visiting members of Congress, and getting a first-hand view of their government in action.

Any high school age boy or girl who resides in the general service area of Lighthouse Electric Cooperative, which includes

the school districts of Plainview, Petersburg, Floydada, Lockney, Valley, Memphis, Lakeview, Crosbyton, and Motley County, other than immediate family members of Lighthouse employees or directors, will be eligible to compete for the trip.

The two winners will be selected from participants in the Co-op's Youth Tour contest, with the finals to be held April 7, 1994 at the Lighthouse Electric Cooperative headquarters in Floydada.

Contestants will be required to submit an essay to the Cooperative headquarters by 5 p.m. on Friday, April 1, 1994. The essay must be an original composition by the contestant on the subject, "The REA-Is It's Mission Accomplished?"

From essays submitted, a maximum of six (6) finalists will be chosen to present their essays orally to a panel of judges at the Cooperative headquarters in Floydada at 6:30 p.m., Thursday, April 7, 1994. From these

six finalists two winners and two alternates will be chosen.

Over the past 29 years, Lighthouse has sponsored 60 students

from area high schools on the tour.

For more information, contact the Member Services Department of Lighthouse Electric Cooperative.

**RED BEANS, HAM 'N RICE**

- 1 1/2 cups cubed canned smoked ham (about 6 ounces)
- 1/2 cup chopped green pepper
- 1/4 cup chopped onion
- 2 cloves garlic, minced
- 2 teaspoons olive oil
- 1/2 teaspoon dried thyme leaves
- 1/4 teaspoon dried oregano leaves
- 1/8 teaspoon ground cumin
- 1 can (15 ounces) red beans, drained
- 1 can (8 ounces) no-salt-added stewed tomatoes
- 1/4 teaspoon black pepper
- 3 cups cooked rice, warm Louisiana Hot Sauce

Saute ham, green pepper, onion and garlic in oil until onion is tender and ham is browned, about 5 minutes. Stir in thyme, oregano and cumin; saute 1 to 2 minutes longer. Stir in red beans and tomatoes; heat to boiling. Reduce heat and simmer, covered, 5 minutes; uncover, stir in pepper and simmer 5 minutes longer. Serve bean mixture over warm rice; sprinkle with hot sauce. Makes 4 entree servings.

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Regal 4 dr.	\$13,200.	\$11,995
Chevrolet Corsica LT 4 dr.	\$10,900.	\$9,400
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# REGIONAL PLAYOFFS

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### VS

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## Friday, March 4 7p.m. Levelland, Texas

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## POLITICAL CALENDAR

The following candidates have announced their intent to run for political office subject to the Democratic Primary.

### FOR RE-ELECTION

**County & District Clerk**  
Briscoe County  
**Bess McWilliams**

**County Judge**  
Briscoe County  
**Jimmy Burson**

**Commissioner Precinct 2**  
Briscoe County  
**J. L. (Jack) Chandler**

**Justice of Peace Precinct 2**  
Briscoe County  
**Dale Ramsey**

**Justice of Peace Precinct 4**  
Hall County  
**Byron Young**

**County Treasurer**  
Briscoe County  
**Janice S. Hill**

**Commissioner Precinct 4**  
Hall County  
**U. F. Coker**

**County Judge**  
Hall County  
**Kenneth Dale**

**State Senator**  
State of Texas  
**Steven A. Carriker**

### FOR ELECTION

**Sheriff**  
Hall County  
**Garvin H. Speed**

**County Judge**  
Briscoe County  
**Fred Strange**

**County Clerk**  
Hall County  
**Raye Bailey**



Raindrops range in size from about 0.02 to 0.25 inch.

## REAL ESTATE SALES/RENTALS

**FOR SALE: HOUSE TO BE** moved. First Baptist Church Parsonage in Flomot. Approximately 1500 sq. ft., 3BR, 1 1/2 B, will sell by sealed bids. Bids will be accepted until April 10, 1994 at the First Baptist Church, Route 1, Box 47, Flomot, Texas 79234.

For inquiry call 806/469-5279. Owner reserves the right to refuse any or all bids. 37 3tc

## SERVICES

**TOM BALL CREEK FENCING** Company: Complete fencing and repairs. Call Tim Shannon at 806-469-5304 or Mike Kinsey at 806-469-5366. 34 4tp

## WANTED

**WANTED: MATURE INDIVIDUAL** capable of acquiring CDL Haz-Mat license and license for RR Commission propane exam. Call Dewey or Jim Estes. Home Phone 806/823-2148 or 1-800-216-0007. 37 tfn

## LOST/FOUND

**LOST: BIRD DOG WITH** collar. William T. Wilson, Covington, Virginia on collar. Reward offered. Call 806-455-1239. 36 2tc

**FOUND: Black Angus bull** with Bar L brand on left hip. Contact Morris Stephens, 806-469-5322 and pay for this ad.



Potatoes were first planted in Ireland in 1596 by Sir Walter Raleigh.

## THANK YOU

Thanks to everyone who came to my aid Monday night. We love you. A.B. and Marie Ramsey 37 1tc

## FOR SALE

**GUARD RAIL FOR SALE.** CALL Cody Bell at 423-1276. 35 4tc  
**FOR SALE: CONSOLE/SPINET** piano. Take on small payments. See locally. 1-800-343-6494. 37 1tp

**FOR SALE: KENT 36 FOOT** field cultivator. Call Ronald Clay at 806-469-5219. 36 2tp

**ITALIAN CHICKEN AND RICE**  
6 oz. skinless, boneless chicken breasts, cut into thin, bite-size strips  
1 medium yellow summer squash or zucchini, sliced 1/4 in. thick  
1 small red sweet pepper, cut into rings  
3 Tbsp. lower-calorie Italian salad dressing  
3/4 cup quick-cooking rice  
2/3 cup water  
1 Tbsp. snipped fresh oregano or basil, or 1/2 tsp. dried oregano or basil, crushed  
1 tsp. instant chicken bouillon granules

In dish combine first 4 ingredients. Cover; let stand 20 minutes (or chill up to 4 hours). Transfer mixture to colander. In dish combine rice, water, herb, and bouillon. Place colander with chicken mixture in dish. Cover; cook on 100% power (high) 7 to 8 minutes or until chicken and rice are tender, stirring once. Let stand 2 minutes. Transfer chicken mixture to serving plates. Stir rice; serve with chicken. Serves 2.

The Meals in Minutes micro-steamer is only available from independent Tupperware consultants. You can find one by looking in the White Pages under Tupperware or calling, toll-free, 1-800-858-7221.

## NUTRITIONAL QUIZ True or False

1. Fruit juices with the qualifying terms "beverage," "cocktail," or "drink" contain less than 100 percent fruit juice.
2. The FDA requires all new food labels to list Vitamin C content separately as a percentage of U. S. Recommended Daily Allowances.
3. Over 85 percent of top brand fruit juices contain added sugar and artificial flavors.
4. "100 percent natural" means no sugar, water or high-fructose corn syrup were added.
5. Juice is a naturally fat-free product.
6. "Very low sodium" means the product has less than 50 milligrams of sodium.

## ANSWERS

1. True. If it doesn't say 100 percent fruit juice, check the label to see what other ingredients are added, such as sugar or syrup.
2. True. Vitamin C was identified as one of the more important daily nutritional requirements.
3. True. Watch those labels!
4. False. Even if a product is labeled "100 percent natural," it could still be 90 percent sugar water. The savvy consumer should keep in mind that high-fructose corn syrup and sugar are natural ingredients. Only beverages that are "100 percent juice" have no added sugars.
5. True. Juice is made from fruit, which is naturally fat-free. However, if a product is not "100 percent juice," check the added ingredients.
6. False. Only products that have less than 35 milligrams of sodium can be termed Very Low Sodium.

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## WTU Introduces Speakers Bureau

West Texas Utilities Company is beginning an added service to customers with the formation of a Speakers Bureau called "Talk It Over". WTU employees will be available to speak to clubs and civic organizations on a variety of utility related topics.

"At WTU, our customers have relied on us from day to day for useful information, and that's an exchange we enjoy," says Kit Horne, "Talk It Over" coordinator. "We thought it was time for a service that gives our customers an opportunity to learn more about our business and how it relates to them." Clubs, church groups, or civic organizations may request programs which will be presented free of charge.

"Talk It Over" presentation topics include energy technology and conservation, safety awareness, environmental issues and timely issues such as the North American Free Trade Agreement (NAFTA). Anyone interested in scheduling a program may go by the local WTU office for a "Talk It Over" brochure form. Complete the form and mail in as directed. If possible, give one or two date preferences and schedule at least one month before the program date. We will be glad to "Talk It Over" with you.

## NEWS

### OF TECHNOLOGY

#### CIC Lets Computers Read Handwriting

If John Hancock were alive today, he might be signing his name not on a piece of paper, but on a computer that can read and verify that it is, indeed, his signature.

The handwriting recognition technology that can do this was developed by CIC-Communication Intelligence Corp. (NASDAQ:CICI). It's now working with companies such as IBM, Apple and NCR providing computers and software that can read human handwriting.

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## OUR TREES:

### NATIONAL TREE TRUST NEWS

#### Trees: A Growing Need

(NAPS)—Trees: Just imagine a city without them. No shade, blossoms, fruit, nesting habitats or vibrant fall colors. Cities without trees create "heat islands" during the summer resulting in higher energy costs. With fewer urban trees, stormwater runoff causes flood damage and economic losses.

Meeting the growing need for trees in communities and along roadsides is the National Tree Trust, a non-profit organization with well-planned and executed volunteer tree planting and maintenance programs, designed to reach the goals of the "America the Beautiful Act of 1990." The Trust reaches out to organizations to seek community partnerships, involve America's youth and encourage individual commitment to the environment.

The National Tree Trust and leading forest product companies have joined together to create a partnership called the Tree Bank. The Tree Bank provides the various programs of the Trust with a rapidly growing supply of quality hardwood and conifer seedlings carefully matched for planting in specific regions of the nation.

Participation of corporate sponsors who have a great dedication to the environment and the communities where they operate has been vital to the success of the Tree Bank program.

In the Tree Bank's first two years of operation, it has produced over 1,000,000 seedlings of over 20



species for the National Tree Trust's tree planting programs.

#### Tree Bank partners include:

- Champion International Corporation
- Federal Paper Board Company
- Georgia-Pacific Corporation
- International Paper
- Kimberly-Clark Corporation
- Louisiana-Pacific Corporation
- The Mead Corporation
- Mill Creek Farm
- Potlatch Corporation
- Simpson Timber Company
- Temple-Inland Corporation
- Westvaco Corporation
- Weyerhaeuser Company

For additional information about the National Tree Trust and how you can help, call 1-800-846-TREE.

\*\*\*

Man prefers to believe what he prefers to be true. —Francis Bacon

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