



Community Meetings

- * Lubbock Area Client Council meets on the 2nd Saturday, 1:00 pm at the Patterson Branch Library, 1836 Parkway Drive.
- * Hub City Kiwanis meets 1st & 3rd Tuesday of each month at 7 p. m., Lyons Chapel Baptist Chuch, East 24th Street & MLK Blvd.
- * Dunbar Alumni Association meets 2nd Saturdays, 4:00 pm.
- * The Lubbock Branch of The NAACP meets the 3rd Saturday of each month at
- Life Run, Inc, 8240 Boston Ave. at 11:a.m.
- Forgotten West Riders meets on the 1st & 3rd Mondays, 7:00 pm, Patterson Branch Library.
- * East Lubbock Chapter AARP meets every 1st Thursday at 1:00 pm, Great Saint Luke Missionary Baptist Church.
- * Lubbock Chapter of Black Alumni meets every 3rd Tuesday, 5:30 pm, TTU Market Alumni Center.
- * Dunbar Manhattan Heights Neighborhood Association meets every 1st Thursday at 7:00 pm and every 4th Thursday at 7:00 pm at the Dunbar Manhattan Heights Neighborhood Outreach Center, 1301 E. 24th Street.
- * West Texas Native American Association meets at 7:00 pm, at the New Jerusalem Baptist Church, 3524 East Broadway Avenue on Tuesday evenings..
- * The Unified Juneteenth Commission of Lubbock meets every Tuesday evening at Bryon Martin Technology Center, 3401 Avenue Q, beginning at 5:30 p.m.
- * West Texas Chapter of 100 Black Men of West Texas meets 3rd Monday evenings at 7:00 pm at The Bridge 1401 Redbud Avenue
- * The Parkway & Cherry-Point Neighborhood Association meets the 3rd Tuesday evenings, 7:30 pm at 517 Zenith
- Avenue, Star Care Center * Chatman Hill Neighborhood Association meets 2nd Thursday of every month at 6:00 pm at 2301 Avenue A.
- * ROOTS meets every 2nd Saturday at 2:00 p. m. at 2301 Avenue A.
- * If you have an annoucement about your organization, please advise by calling (806) 762-3612

e-mail swdigest@sbcglobal.net.

If you have an announcement you want to appear in this paper, there are three ways to get information to us:

Southwest Digest Community Meetings 902 East 28th Street Lubbock, Texas 79404 (806) 76first to publicly release a workforce demographics report earlier this year. They were commended for doing so, and so far, experts say they are the most aggressive at addressing the issue.

What's In This Week's Local Business Supporters

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Southwest Digest







Twelfth Annual Family & Friends Day At **Bethel African Methodist Episcopal Church** With Pastor Solomon Fields As Speaker

"A newspaper for 21st Century representing the Black Community's Ideas and Ideals since 1977"

& Friends Day will be held on Sunday afternoon, August 12, 2018, at 3:00 p.m. at the Bethel African Methodist Episcopal Rev. Adna Bean, pastor, and

The Twelfth Annual Family

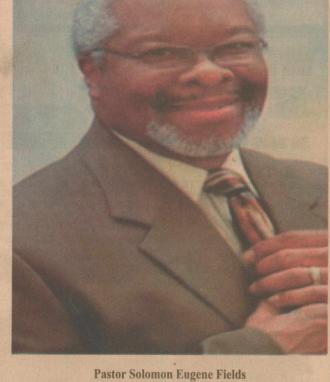
members of the Bethel Family invite the community of Lubbock to come and be part of this special effort which will be held at 2202 Southeast Drive.

With the theme, "We Are Family," I Corinthians 12:26, the guest speaker will be Pastor Solomon Eugene Fields, pastor of the St. John Baptist Church.

Pastor Fields' spiritual objective is "to daily grow closer to my Lord and Savior Jesus Christ; and do all possible to portray Christ like characteristics in order to win souls and strengthen fellow brothers and sisters in Christ Jesus."

At the age of seven, he gave his life to Jesus Christ during a revival conducted by the Rev. A. L. Cain at the Faith Chapel Missionary Baptist Church in Houston, Texas; Pastor Rev. Floyd E. Fields.

For approximately eleven years after conversion, he worked in the Faith Chapel Missionary Baptist Church in the Youth Department, Baptist Training Union, and choir. In 1974, he moved to Lubbock to further his education at Texas Tech University. In 1976, he



united with the Greater St. Luke Baptist Church where he served in several roles. In 1988, with his wife Louis and daughter, Latina, they joined Lyons Chapel Baptist Church where he continued to serve as a teacher in Sunday School, Mid Week Bible study, Mission Circle, and the Brotherhood Auxillary.

On September 22, 1991, he confessed his calling to preach the Gospel. On October 27, 1991, the first official sermon

was preached and he has been preaching whenever, wherever and whatever the Lord has instructed him from that day for-

On February 25, 1994, the membership of Saint John Baptist Church called him to the Pastor of their local body of believers. Under the guidance of the Holy Spirit, he continues to proclaim God's word and continues to lead the Saint John family to higher heights in the Lord.

Vacation Bible School Held At The **Bethel African Methodist Episcopal Church** On July 12 & 13, 2018













Vacation Bible School was held on Thursday and Friday, July 12 & 13, 2018, at the Bethel African Methodist Episcopal Church, 2202 Southeast Drive, where the pastor is Rev. Adna Bean.

The theme for the school was "Super Hero For Christ." The three main topics were: Power of Prayer, Honesty, and Courage. The scripture lesson came from Ephesians 6:18, Power of Prayer, DVD: Winning The Battle Through Prayer. Genesis 41:38 -- In the Bible, Joseph was known for Honesty. I Samuel 17:36 -- In the Bible, David was known for Courage.

During the two days of Vacation Bible School, two Super Heros: "Batman", DeWayne Fockler, and "Wonder Woman," Shanta Fockler, stopped by to welcome the children to Vacation Bible School.

The children and adults learned about the Power of Prayer, Honesty, and Courage. Everyone in attendance enjoyed the food, games, and the special

Dog trainer, Sherell Thomas, gave tips on how to respond when a person comes in contact with a dog and might become frightened.

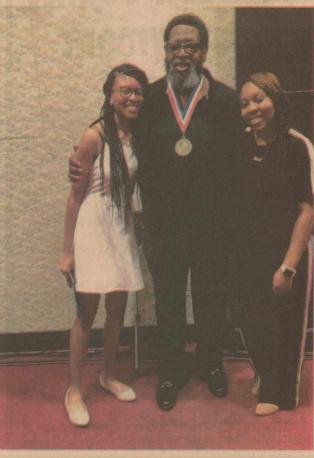
Special thanks to all who participated at Bethel's VBS!





Thursday, August 2, 2018 Vol. 40 Years, No. 24, Page !





Ralph Hodge, Samaria Montgomery & Nia Montgomery

Granddaughters Attending The Hall of Honor LISD Athletics With Grand Father, Ralph Hodge

It was an outstanding evening for Ralph Hodge, when he was in attendance at the Lubbock Memorial Civic Center for the Hall of Honor, honoring the LISD Athletics Class of 2018. He was in attendance with his granddaughters from San Francisco, California.

They were Samaria Montgomery and Nia Montgomery.

During the Induction Ceremony of the Lubbock ISD Athletic Hall of Honor on Saturday evening, June 9, 2018, the Dunbar High School Panthers were the 1962 State Champions Basketball Team.

Members of this outstanding Panther Team were: Charles Hawkins, Joe McWilliams, Ralph Hodge, Willie Haynes, Bert McWilliams, Harry Johns, James Ray Jackson, Mannie Williams, J. C. Terry, Willie Earnest Floyd, John Franklin, L. Andrews, and Richard McWilliams.

Charles Hawkins and Joe McWilliams earned All-State honors. McWilliams would later become the Head Basketball Coach of his alma mater and remained there until Dunbar was closed as a high school in 1993. Ralph Hodge and Joe

McWilliams were also members of the program's 1960 State Championship Basketball Team. The 1962 State Champion

Dunbar High School Panther Basketball Team is one of the proud memories in the illustrious history of Dunbar High

Estacado High School

For teams to win State Championships, they have to have great players and great coaches. The 1968 State Champion Estacado High School Football had that in abundance.

James Mosley played on that team and was a key reason the Matadors had ultimate success that season. Success that has never been matched in the history of Texas High School Football because this team was the State Championship in their very first year of varsity competition. That had never been there before and it still hasn't. The undefeated 1968 Estacado Matadors Football Team already holds a spot in the Lubbock ISD Athletic Hall of Honor.

Mosley capped off his career with success, as he helped Texas Tech University earn a win in the 1973 Gator Bowl when his 70-yard run set up the go ahead touchdown in a 28-19 win over Tennessee. That was Texas Tech's first postseason victory in 20 seasons.

In 1999, James Mosley was selected as one of the best 100 players to ever play high school football in Lubbock, Texas!

Longtime State Legislator, **Delwin Jones, Dies**



Delwin Jones

Memorial services for a longtime state legislator, Delwin Jones, were held Saturday morning, July 28, 2018, at the Oakwood United Methodist Church.

25, 2018. He was 94 years of

Jones served as the Texas House of Representatives from 1964 until 1972, and from 1989 He died on Wednesday, July until 2011.



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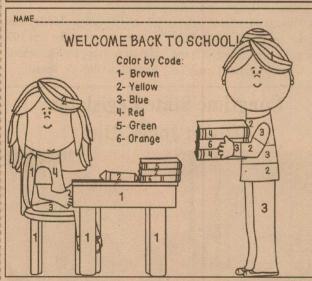
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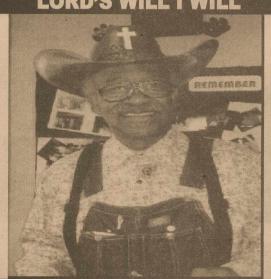


first Tuesdays of each month from 4:30pm to 6:00pm at the

Patterson Branch Library (located at 1836 Parkway Drive) for Adult Coloring!



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Mae Simmons

Community and Senior Centers What's Happening This Month

NATIONAL NIGHT OUT Saturday, August 7, 6-8:30 pm Free, All Ages

Join us for our 2nd annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer! Enjoy games, hot dogs and entertainment! There will be dance performances, a 3-on-3 tournament, bingo, dominoes and more! A special thanks to Starcare and all of our other sponsors.



Lubbock Parks and Recreation

Lubbock Mae Simmons Community & Senior Centers 2004 Oak Avenue 767-2700 or 767-2708

In Cinque

By Renetta Howard

NEGATIVE MEDIA

A few years ago, we had news from the radio and the television. If it travelled further, it was by word of mouth and we made our comments pro or con and the impact was usually not too impressive in most places. Too often, when we received the final word, our comments really did not matter. Life moved on and so did we. The most pressure to change any situation came with protests and behindthe-scene positive actions such as lobbying and court actions to have laws changed for the good of the people and the country. We did not have common use of a personal computer. They were found in the military and businesses.

With the advent of Facebook, Instagram, Twitter and other such forms of media, it only takes a split second now to know and be a part of a media protest of any denomination due to the accessibility of personal computers, tablets and iPads along with the cellphones, and especially the iPhones which are miniature computers. One would not believe how so many people do have access to these apparatuses with their exorbitant prices and data plans, and proclaim to be poor.

Not a day goes by that one is out and about in the community that one does not see more than a few individuals walking, sitting and even running, talking or texting on a telephone. Aside from that, it appears that some people 'live' on Facebook. Any day you check in to Facebook, there are certain people involved at that moment and have been involved earlier for quite a while. They comment on everything that has been in the news on the internet as the newspapers are always a day late. Too much of what is in the news is NEG-ATIVE!

There is too much being posted especially about the 'White' people who are calling the police on Black people and other minorities for trivial reasons, such as being Black and using coupons in a store; being LBGT and having a prescription filling denied; being Black and the odor of your barbeque escaping to your neighbor's yard; Black children playing near the home of 'White' people; being assaulted because someone does not like the way you look; being called vile names and told to go back to where you came from and spat upon; birthday parties invaded by 'White supremists' waving rebel flags with knives and guns. These are perhaps not new things that are happening, but they have become overt due to quick media access and the nature of our current morality atmosphere. I believe in FREE SPEECH and the right to express yourself verbally and otherwise, but some people in this country have taken ENTITLE-MENT to a new low level!

AMERICAN HISTORY needs to be reinforced in our schools. ALL children need to know that this country was inhabited by the people we call Indians or Native Americans. It was taken by European explorers who planted stolen Africans on the soil to labor while they isolated the natives as they stole the land, gas lighted them with Christianity and diseases. For 500 years, the descendants from the Anglo-Saxon countries have felt entitled. We are beyond the melting pot and it is time for us to get 'in cinque' and realize that we are destroying this country with negative racism, ethnocentrism and political bigotry! NONE OF US WILL BE FREE UNTIL ALL OF US ARE FREE! Unless we obtain Continue on Page 6

Beyond the Rhetoric Harry C. Alford

Wake Up Black People!

I guess I'm playing off an old Teddy Pendergrass tune. But it is long overdue. We stand on the shoulders of giants that progressed through the hall of the US Capitol. The first wave of Congressional Black Caucus members made great gains in terms of Black business development. Led by Adam Clayton Powell, Parren J. Mitchell, John Conyers, Gus Savage and Louis Stokes just to name a few - they made great progress. They wrote great programs; won congressional support; and codified brilliant legislation. There is just one significant truth I must identify: The programs are not being implemented by us.

I have been writing, screaming, pounding my fists and everything else to try and get my people's attention. The laws are brilliant, yet they are worthless if they are not implemented, monitored, and updated. Allow me to point out a few examples.

"Public Utilities' Plans for Small and Small Disadvantaged Subcontractors". This program was written in the early 1990's. It requires public utilities such as electric power companies, water companies, natural gas companies, etc. to write a plan to reach a certain level of minority business procurement in its purchasing. The plan must be approved and then reviewed by the General Services Administration. The program results are available to the public. It allows us to see just what our local utilities are doing in terms of diversity in the procurement sector. It is beautiful. There is just one thing - most utilities ignore this requirement, and no one calls them out.

When we just got started in building up the National Black Chamber of Commerce, I learned about this great pro-

THISTNEYTHA

GETHER AND MAKE EAST LUBBOCK THE WAY WE WOULD LIKE TO SEE IT!! THIS N THAT really believes if there are few who REALLY BE-LIEVES EAST LUBBOCK can become the area we would like for it to become then it can happen...... THIS N THAT is a believer of "IT'S NOT QUANITY, BUT QUALITY," when you want to see things really happen...... Perhaps THIS N THAT doesn't have answers we need to bring EAST LUBBOCK like we'd like to see.... But REALLY BELIEVES IF WE

WE CAN WORK TO- LEAVE IT THERE we should see some things happening...... Now why GOD knows where our hearts are as we express it through PRAYERS we may see some things happen.... As we PRAY either individually or collectively with others let's REALLY BE-LIEVE IN WHAT WE ARE PRAYING FOR!! If we would look back over the HISTORY OF EAST LUB-BOCK it reveals in history on how BLACK CITIZENS OF EAST LUB-BOCK couldn't **BORROW MONEY FROM** LOCAL BANKS through fervent PRAYERS TO OUR GOD

..... things began to happen..... The record of EAST LUBBOCK reflects how BLACK BUSINESSES BECAME A REALITY...... Then there were EIGHT BLACK CHURCHES BUILD and they added much to the development of EAST LUB-BOCK..... Today the oldest Black Church in Lubbock County MOUNT GILEAD BAPTIST CHURCH which still exists and was one of the eight BLACK CHURCHES which is an example of what GOD CAN DO! Let's keep on keeping onand put it in the hands of our GOD WITH OUR PRAYERS!!

gram. I noticed that Indianapolis Power and Light and the Public Service of Indiana were refusing to send in their goals and annual reports. I blasted them with a press release that made the front pages of the local newspapers. In the end, the two started complying with the program and became corporate members of the Chamber. Local Black owned businesses started getting contracts from them like never. It showed me the power of monitoring and compliance.

TAKE IT TO OUR GOD AND

Recently, I read an article in the Black owned newspaper serving Akron, Ohio. "The Reporter" stated on June 30, 2018: "2018 CDBG and HOME Investment Partnership Program Action Plan to Fund Numerous Projects Throughout Summit County". It went further and said, "The county anticipates receiving \$966,416 in CDBG (Community Development Block Grants from HUD) fund-

ing, and \$440,372 in HOME (HUD program) funding for the 2018 program."

Now, this is HUD funding which means Section 3 of the HUD Act must be implemented. Section 3 requires that 10% of all contracting should go to Section 3 businesses and 30% of the new hiring should go to Section 3 residents. A Section 3 resident is a person who lives under the poverty level and needs on-thejob training. A Section 3 business is a company that is owned and managed by a Section 3 resident or hires Section 3 persons. Now, isn't this powerful? Too bad! They aren't going to comply with this in Akron – just like 95% of other communities. Section 3 could greatly increase Black employment and reduce poverty if it is complied with. Some how we Black folks don't take advantage of it. Don't believe me? Go google: "24CFR Part 135" and read the program.

I bet your community isn't complying either. Section 3 was written in 1968 and we just ignore it. What a pity! Akron and all communities need a Black Chamber of Commerce.

We all thought things would be getting much better when we elected Barack Obama as our President. We figured that federal programs would improve in terms of serving the Black community. Wrong! Sometimes people may be of our color but nowhere near our mindset. The Small Business Administration lending program has been in existence for decades. Capital Access is the key to business development and growth. Special attention is given to the lending activity of the SBA for that reason. However, the Congressional Black Caucus gave President Obama a "pass" when he failed us. We should have called him out just like we Continue on Page 6

Estacado Booster Club Membership Drive Please join Estacado Booster Club: Membership fee: \$10.00 **Includes: Booster Club t-shirt**

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Women of Grace

Women of Grace meet every Monday evening at Mi Casita located at 2400 Quaker Avenue at 6:00 PM We would love for you to join us in Bible Study with the Residents.

Please contact Ros Priestley @ 806.831.2905 for more information John 15:1-27 ~ The Dine and the Branches

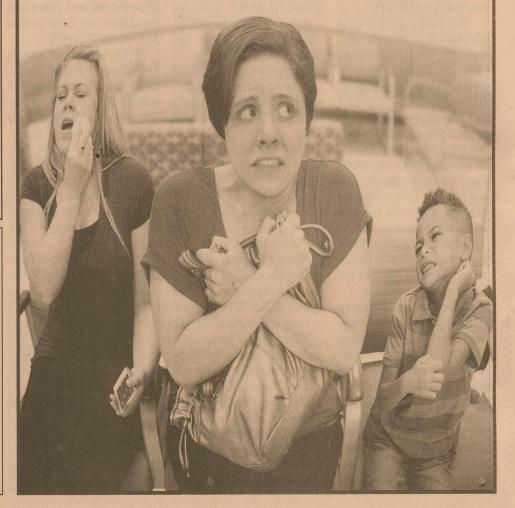


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We Thank God for Jesus

"Don't Let The Devil Ride" Evangelist Billy "BJ" Morrison, III

Deuteronomy 6:14-15 --The Lord Said, You shall not go after other gods, of the gods of the people which are around about you; (For the Lord your god is a jealous God among you) lest the anger of the Lord your God be kindled against you, and destroy you off the face of the

YOU KNOW MARTIN LUTHER KING: started out as a PREACHER FOR GOD .---IT WAS GOD'S WORK AND WILL; HE HAD IN HIS HEART!!!

Matthew 6:24 -- Jesus said. No man can serve two masters: for he will hate the one, and love the other; or else he will hold to the one, and despise the other. You cannot serve God and

When JESUS DIED ON THE CROSS OF CALVARY; HE SAID IT IS FINISHED; ALL SIN'S FORGIVEN; GO **PREACH** TO MANKIND; THEY'RE NOW

TRULY ALL CAN NOW SAY; FREE AT LAST; FREE AT LAST;--- BUT ONLY THROUGH JESUS CHRIST!!!

Matthew 28:19 -- Jesus Said, Go you therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost.

Jesus told him to PREACH LUTHER: GOD CHANGED

TION IS FOR ALL .-- But the DEVIL WANTED HIM TO WORK FOR HIM; AND HIS NAME HE CALLED!!!

---MARTIN LUTHER PLOWING AND PLANTING WORD .--- The **DEVIL'S TEMPTATION; To** make his NAME GREAT; is what HE HEARD!!!---(NAME ON STREETS, LIBRARY AND PARKS!!!)

Luke 9:62 -- Jesus said, No man, having put his hand to the (GOSPEL) plough, and looking back, Is fit for the kingdom

IS CIVIL RIGHTS BUSINESS; GOD'S BUSI-NESS???---NO!!!

Acts 5:38b,39 -- For if this counsel or this work be of men, it will come to nought (NOTH-ING): But if it be of God, you cannot overthrow it; lest happily you be found even to fight against God.

Luke 4:6 -- The devil, taking him up into a high mountain, showed unto him all the kingdoms of the world in a moment of time. And said unto him, All this power will I give thee, and the glory of them: for that is delivered unto me; and to whomsoever I will I give.

The DEVIL'S STRATEGY: LIKE MOSES set the children of EGYPT FREE.--MARTIN

THE GOOD NEWS; SALVA- HIS MIND ON SALVATION; HE WANTS TO SET THE **BLACK PEOPLE FREE!!!**

> Galatians 1:6-8 -- I marvel that you are so soon removed from him that called you into the grace of Christ unto another gospel: which is not another; but there are some that trouble you, and would pervert the gospel of Christ. But though we, or an angel from heaven, preach any other gospel unto you than that which we have preached unto you, let him be accursed

The god's of THE WHITE PEOPLE AROUND, THE BLACK PEOPLE, WAS WATER FOUNTANS, BUS RIDES, RESTROOMS AND FRONT DOORS!!!--- THAT IS NOT WHY JESUS DIED!!!

John 8:31-32 -- Jesus Said If you continue in my word, then you are my disciples indeed; and you shall know the truth and the truth shall make you free.

To PREACH THAT WHICH IS OF THE DEVIL;---IS NOT OF GOD.

YOU CAN'T SERVE TWO MASTERS; ONLY ONE CAN BE IN YOUR HEART!!! ---(IS IT GOD???)

Matthew 4:10 -- Jesus said, Get thee hence, Satan: for it is written, you shall worship the Lord

Your God, and only him shall you serve.

St. Matthew Baptist Church

2020 East 14th Street

(806) 744-7154

Rev. Edward Canady, Pastor Lubbock, Texas 79403

Again, we must say what a wonderful time we had at the St. Matthew Baptist Church, 2020 East 14th Street, on Sunday morning, July 22, 2018, where the proud pastor is the Rev. Edward Canady.

Sunday morning services begun at 10:10 a. m. with our dedicated Superintendent of the Sunday School, Sister Barbara Johnson, presiding.

The subject of our Sunday School lesson was entitled "Come In." The scripture text was Luke 13:22-30.

The Sunday School lesson was taught by Rev. Michael Menton. Closing remarks were made by Rev. Canady.

It was another outstanding presentation which were well received by all who were in attendance. Praise God for the knowledge received.

Pastor Canady entered the Church with the Choir singing "WalkWith Me."

delivered by Rev. Michael Men-

entitled "A Connection With Jesus." His scripture text was Acts 4:13, 21 & 29-31.

Acts 4:13 - "Now when they saw the boldness of Peter and John, and perceived that they were unlearned and ignorant men, they marvelled; and they took knowledge of them, that they had been with Jesus.

Acts 4:21 - "So when they had further threatened them, they let them go, finding nothing how they might punish them, because of the people, for all men, glorified God for that which was done."

It was a very informative sermon, which will help those who were in attendance and heard it. Praise God for the Word!!

The morning announcements were read by Sister Shirley Canady, Our First Lady, who always does an outstanding

The weekly meetings held The morning sermon was at the St. Matthew Baptist Church are set for the members ton. His dynamic sermon was who attend this Church. These

meetings are very valuable to all who are in attendance.

The Missionary Society meets on Wednesday evenings at

When church members discuss important subjects, it helps all who are in attendance. If you want to stay in the posture of learning, it is important that members make as many meetings as they should. As it is always made known, when God's people come together, things re-

The other very important meeting is when we as a body have Bible Study on Wednesday evenings, beginning at 6:00

If you have missed Bible Study, then we encourage you to come and study with us. There is so much we can accomplish if we just come together.

Let us remember our sick and shut in citizens who live in Lubbock, Texas, and the World.

Thought For The Day: "Focusing on Christ puts everything else into perspective."

Victim's girlfriend says Florida gunman provoked fatal 'stand your ground' shooting



Victim's girlfriend says Florida gunman provoked fatal 'stand your ground' shooting originally appeared on abcnews.go.com

Britany Jacobs, the girlfriend of the man shot and killed in a Florida parking lot last week, says her boyfriend was just coming to her defense and the gunman "wanted someone to be angry at." Now she wants "justice," she says.

Jacobs, who witnessed the shooting along with the couple's 5-year-old son, said she and her two small children were waiting in the car for her boyfriend, Markeis McGlockton, while he ran into a convenience store in Clearwater, Florida. Onlooker Michael Drejka got out of his parked car and began "harassing" her about being parked in a handicap space, she said.

Surveillance video showed McGlockton exiting the store and shoving Drejka to the ground. Drejka then drew a handgun and shot and killed Mc-Glockton.

"He wanted somebody to be angry at. He just wanted someone to fight him," Jacobs said in an interview with "Good Mornwas picking a fight. I'm just sitting, waiting for my family to come back to the car.'

Drejka told deputies in Pinellas County he feared for his life, according to authorities, but Mc-Glockton's girlfriend.

Police said they won't press charges against Drejka, who is white, for shooting McGlockton, who was black, citing the state's so-called "stand your ground"

Jacobs, who was waiting in the vehicle with the couple's two younger children -- an infant and a 3-year-old -- said she started feeling "scared" when she noticed how fast the argument was escalating. It wasn't long before McGlockton came out along with their 5-year-old son and tried to diffuse the situation.

Surveillance video from the Circle A Food Store in Clearwater, about 30 minutes east of Tampa, showed McGlockton leaving the store and shoving Dreika hard to the ground.

"By this time a witness pulls up and everybody hears us going back and forth with one another. ... A witness goes in the store and he let the owner know that there was somebody out there messing with a woman in a car," she said. "My man hears what's going on, sees the guy yelling at me and I'm sitting in the car. My man is defending me and his children, so he pushes him

"The guy is on the ground and he pulls the gun out. ... My dude steps back 'cause my dude is fearing for his life -- all of us were," she added.

McGlockton was stepping back when Drejka pulled the ing America" on Monday. "He trigger, she said, shooting him just a few feet away from her and their children. Neither she nor McGlockton knew that the man was armed.

> McGlockton stumbled back inside of the store and fought for his life for nearly 30 minutes, according to Jacobs. He was pronounced dead at a local hospital.

"Everybody is panicking ... my son is screaming, but it was too late," she said. "It's hard for a 4- or 5-year-old to witness what he saw. ... It's really tough

Bob Gualtieri, the Pinellas County sheriff, insisted he has to follow the "stand your ground" law, which dictates that if a person feels threatened they have the right to shoot.

"He told deputies that he had to shoot to defend himself. Those are the facts and that's the law," Gualtieri said at a press conference. "No matter how you slice it or dice it that was a violent push to the ground."

Investigators said Drejka has a concealed weapons permit.

The owner of the convenience store in Clearwater told ABC affiliate WFTS that Dreika had assaulted customers in the store's parking lot before. And Rich Kelly, who frequents the store, claimed Drejka picked a fight with him over a parking spot about a month ago, calling him racial slurs and threatening to kill him, WFTS reported.

A sign posted outside Drejka's home Friday, July 20, 2018, said "No Comment" in bold letters, according to WFTS. The State Attorney's Office is currently investigating the matter further.

"He was a good man and all he was trying to do was protect his family," Jacobs said. "I just want justice. I need something to be done because this is not

ABC News' Kieran Mcgirl contributed to this report.



Kawhi Leonard reportedly grew jealous of how other NBA stars were treated, and it may have contributed to his rift with the Spurs



Kawhi Leonard sat out for virtually all of what turned out to be his last season with the San Antonio Spurs. Eric Gay/AP

A recent report from Jeff Mc-Donald of the San Antonio Express-News and an appearance by ESPN's San Antonio Spurs reporter, Michael C. Wright, on Zach Lowe's podcast indicate that there was more to Kawhi Leonard's mysterious rift with the Spurs than just his injury.

According to McDonald, one of the first changes in Leonard's relationship with the Spurs came during the 2016 NBA All-Star

weekend in Toronto. "Leonard and his traveling companions noticed other All-Stars — notably Oklahoma City point guard Russell Westbrook were using private luxury cars to get around, instead of the standard transportation provided by the NBA. They wanted the star treatment, too," McDonald

Addressing that anecdote on his podcast, Lowe said, "I heard similar noise from other teams — not the Raptors — that were in and around the Kawhi trade discussions ... that this is an issue that was brought up, that there are ways that franchises are supposed to treat superstars ... and the Spurs just — they don't do that, that's Tim Duncan, that's the Spurs, that's how they operate. And that annoyed him."

Wright confirmed that he had heard that story about the 2016 All-Star game but said the Spurs do take good care of their stars.

"This comes down to what the issue has always been between the Spurs and Kawhi Leonard, that's communication," Wright said. "You know, it's hard to get Kawhi to say three words to you. So I'm sure if Kawhi would have said, 'Hey, I want a Bentley,' or 'I want this,' or whatever, the Spurs would have done everything in their power to make that happen for him."

Of course, at the start of the 2017-18 season, Leonard and the Spurs had a disagreement about his quad injury and how to rehabilitate it. Leonard got a second opinion and began working with his own team, widening the rift between the two sides. From the sounds of it, there may have been small cracks emerging be-

"One thing I say when I discuss the whole Kawhi situation is that it's like one day Kawhi woke up and realized he was a superstar in this league," Wright said, adding: "Then you saw all the problems start."

Maxine Waters's office reportedly evacuated after package labeled 'anthrax' arrives



Rep. Maxine Waters

Rep. Maxine Waters's (D-Calif.) office in Los Angeles was reportedly evacuated on Tuesday after receiving a package labeled "anthrax," according to

A local CBS affiliate also reported that police and a hazardous materials team were dispatched to Waters's field office to investigate the package.

The Hill has reached out to Waters's office for comment.

The Los Angeles Fire Department later determined there was no hazard, shortly after being dispatched to the office, according to USA Today. According to the report, the package had been addressed to "Anne Thrax."

The investigation was taken over by Los Angeles Police Department's Major Crimes Division and referred to the FBI,

USA Today reported. Waters had to cancel a pair of public events earlier this month

after she said she received a "very serious death threat."

The California Democrat has said she received death threats after her remarks in June about confronting Trump administration officials in public.

"I know that there are those who are talking about censuring me, talking about kicking me out of Congress, talking about shooting me, talking about hanging me," Waters said last month. "All I have to say is this: if you shoot me, you better shoot straight.'

"While I do not agree with torching the flag as a form of protest, I understand the Constitution guarantees everyone the right to this form of free expression," she added.

Critics slammed Waters for "inciting violence," even after she clarified that she was calling for non-violent protest.

Obsequies

Inez Huey

Funeral services were held for Inez Huey on Friday afternoon, July 20, 2018, at the Divine Love Baptist Church.

Interment followed in the City of Lubbock Cemetery under the direction of Griffin Mortuary & Funeral Home of Lubbock.

Inez, age 80 of Lubbock, Texas, passed away Monday, July 16, 2018.

Inez was born on May 6, 1938 to the parentage of Elbert and Willie Mae Griffin in Bryan,

She worked for Ropesville Independent School District for 30 years.

She was a faithful member of Divine Love Baptist Church.

Inez leaves to cherish her memory; her husband, Billy Ray Huey; three daughters, Irene Huey, Earnestine Huey, and



Leatha Ann Huey; two sons, Billy C. Huey and Bobby J. Huey, Sr. (Erma); one sister, Sedlia Gee; two brothers, Sonny Griffin and Elbert Griffin, Jr.; eleven grandchildren, two great grandchildren, a host of other relatives and friends.

****** In the long run, we shape our lives, and we shape ourselves.

The process never ends until we die. And the choices we make

are ultimately our own responsibility. **Eleanor Roosevelt**

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Overseer Willie Barber

Funeral services for Overseer Willie Barber were held at the St. James Baptist Church on Saturday morning, July 21, 2018.

Interment followed in Peaceful Gardens Memorial Park under the direction of Griffin Mortuary & Funeral Home of Lubbock.

Overseer Barber, age 83 of Lubbock, Texas, passed away Thursday, July 12, 2018.

He was born on March 26, 1935 to the parentage of Tressie King and Velma Barber.

He graduated from Dumbar High School where he was well known for playing football.

Overseer Willie joined the U. S. Navy July 1955 and served until June 1959. He served on the USS O'Hare and after leaving the Navy, he came home and started working for Mead's Potato Chip Company for twelve years and later worked for Ossie Curry Funeral Home for a few

He pastored the Church of



the Living God. He became Overseer over churches in Amarillo, Knox City, and Littlefield. He was a faithful leader and pastor until his death.

Overseer Willie leaves to cherish his memory; his wife, Jessie L. Barber, one daughter, Annie Russell (Paul); one sister, Irene Evans; one grandchild, Reginald Russell, Sr. (Anita); six great grandchildren; a host of other relatives and friends.

Treginale LaShon "Pinkie" White

Funeral services for Treginale LaShon "Pinkie" White were held on Saturday afternoon, July 21, 2018, at the Monterey Church of Christ.

Interment followed in Peaceful Gardens Memorial Park under the direction of Griffin Mortuary & Funeral Home of

Treginale, who was a resident of Odessa, Texas, was age 41, passed away Friday, July 13,

Treginale was born on August 16, 1976 to Glenda White Clay and Paul Wayne White.

He graduated from Abilene High School.

Treginale leaves to cherish his memory; his wife, Martina White; father, Paul White; mother, Glenda Chay; grandparents, Walter and Francis White; two daughters, Latrice Bibbs and Teeundra White; two step sons, Demarcus ()wes (Danielle)



and Xavier Chestaeg; two sisters, Tunisha Clay and Norviette White; four brothers, Roderick White, Paul White, Jr., Adrian Gant, and Tyreke White; special aunt, Sandra White Thomas; five grandchildren; mother and father -in-law, Ella and Johnnie Owes; a host of other relatives and friends.

There are two primary choices in life: accept conditions as they exist, or accept the responsibility to change them.

Denis Waitley

Rhonda K. Griggs

Funeral services for Rhonda K. Griggs at the New Hope Baptist Church with Rev. Larry Polk, pastor, officiating.

Interment was held in the City of Lubbock Cemetery under the direction of Griffin Mortuary & Funeral Home of Lubbock.

Rhonda, age 62 of Lubbock, Texas, passed Wednesday, July 11, 2018. She was born on January 21,

1956 to James Emma Knighten and Elonzy Knighten, Sr.

She will be missed by all who loved and knew her.

Rhonda leaves to cherish her memory; her mother, James Emma Jackson; son, James Werner; daughters, Shearie Ely and Deshonna Bush; four sisters, Renie Knighten, Pam Knighten, Janquilla Knight, and Shelia Knighten; eight brothers, Elonzy



Knighten, Jr., Zachary Knighten, Rhonald Knighten, Knighten, Mervin Knighten, Todd Knighten, Anthony Forest Knight, and D'Aun Knighten; 12 grandchildren and 5 great-grandchildren; a host of other relatives, and friends.

Laura Mae Anderson-Standberry

Celebration of Life Services was held for Laura Mae Anderson-Standberry on Saturday afternoon, July 21, 2018, at the Griffin Mortuary Chapel.

Private Disposition was under the direction of Griffin Mortuary & Funeral Home of Lubbock.

Laura, age 58 of Lubbock, Texas, passed away Friday, July 13, 2018.

Laura Mae Anderson-Standberry was born February 2, 1960 in Lubbock, Texas to Willie and Earther Thomas- Anderson.

She was united in Matrimony to R.L. Standberry in 1987.

She attended Lubbock Public Schools and graduated from Estacado High School in 1979. Laura was active in JROTC and was voted Corp Sweetheart.

She worked with her father, Willie, for Anderson Janitorial



for many years as well as Hillcrest Country Club for two

She leaves to cherish her beautiful memories her Mother, Earther Thomas- Anderson and a host of other relatives and friends.

Jamardrick Vachon High

Celebration of Life Services for Jamardrick Vachon High were held Friday morning, July 20, 2018, at the Agape Temple Church of God Christ.

City of Lubbock Cemetery under the direction of Griffin Mortuary & Funeral Home of Lubbock.

Interment followed in the

New Light Baptist Church Rev. Kenneth O. Jackson, Pastor 3013 Idalou Road Lubbock, Texas 79403

On Sunday morning, July 8, 2018, church services begun with much excitement at the New Light Flaptist Church, 3013 Idalou Road, where the proud pastor is the Rev. Kenneth O. Jackson.

Church School started at 10:00 a. m. with our Superintendent, Sister Alvera Johnson, teaching the morning lesson which was entitled "Critize Unjust Leaders." The scripture text was Matt hew 23:3-4 & 23-26.

The morning worship begun at 11:00 a. m. with the Praise Team leading the way. There was the time set aside for the testimony period which was held

The responsive reading came from Psalm 101:1-8. The altar call was led by Pastor Jackson with the Congregation singing "My Soul Loves Jesus."

Sister Linda Green read all of the morning announcements and told of the upcoming events which will be held in the Lubbock community.

There was the offering which was collected by appointees. The melodious voices of the Choir sung the various selections: "Now Behold The Lamb," "Love Lifted Me," "When I See Jesus," "O' How I Lovie Jesus," "Pass Me Not," and "Amazing Jesus."

Pastor Jackson preached the sermon titled: "Responding To Your (Call," and its printed scripture text coming from Genesis Everyone of us has a calling

on our life. God has given everyone of us a gift. You never know what God has in store for you. Everyone of us, God has given us a specefic

Can you envision the Lord to it when He does. speaking to your heart? Responding to the call, He has placed something on your heart to do for the call of Christ. You never know what God is going

Think about what God has given women something He has not given to man.

God has impressed something on us. He knows what He would want us to do.

Sit down and ask the Lord what is your assignment. Obedience is the key in this passage.

God not only is looking for those who are faithful, but obedient as well. Nothing is impossible with

the Lord. We need to respond to God's will. God is looking for faithful people.

God is still in control, and He expects us to be obedient. When it comes to you and

your calling, you have to re-

God has in store for you. Abram is a perfect example responding to God's call. You don't know when you will get a call from the Lord.

Captain Jesus was faithful

You don't know when your

under the direction of Griffin

Mortuary & Funeral Home of

Lubbock.

Respond to the call. You never know when your call will come, because God can use any-

an open mind and do what's pleasing to God.

It's later than you think! Stop procrasting!

A selection after the sermon was entitled "God Will."

All of you are invited to attend our "Annual Backpack Festival" at the New Light Baptist Church, 3013 Idalou Road, on Sunday evening, August 5, 2018, from 5:00 p. m. until 7:00 p. m.

There will be lots of Fun, Food, and Fellowship!!

Backpacks with school supplies and a Bible inside for those in attendance!!

The members and Pastor Jackson will be looking forward spond. You never know what to seeing you at this affair. Bring someone with you.

For more information about this Annual Backpack Festival, call Pastor Kenneth O. Jackson at either of the following telewhen He responded to God's phone numbers: (806) 392-2070 call. He came to save us from or the New Light Baptist Church: (806) 744-9496.

Shall we count on your prescall is gonna come, but respond ence? Hope so as we will be looking to seeing you!!

Bryan Mekiel Hudson

Bryan passed away on Mon-Funeral services were held day, July 16, 2018, in Lubbock, for Bryan Mekiel Hudson on Thursday afternoon, July 26, Bryan was born on January 2018, at the Alenander Chapel 3, 1982 to Edward Alexander Church of God in Christ.

> Private Disposition was and Thelma Hudson. Blessed are the pure in heart, for they shall see God. Matthew 5:8



Jamardrick, age 34, passed away Wednesday, July 11, 2018.

Jamardrick was born on March 6, 1984 to the late Respond to your call. Keep Yolanda Wilborn and Mel High.

> Cecil D. "Sleepy" Ross



Funeral services were held for Cecil D. "Sleepy" Ross on Monday morning, July 23, 2018, at the Lyons Chapel Baptist Church with Pastor Wendell Davis officiating.

Interment followed in Peaceful Gardens Memorial Park under the direction of Griffin Mortuary & Funeral Home of Lubbock.

Cecil, age 59 of Lubbock, Texas, passed away Saturday, July 14, 2018.

15, 1958 to Carrie Wheeler in

Dallas, Texas. He leaves to cherish his memory; his wife, Carolyn Ross; mother, Carrie Wheeler;

Cecil was born on August

Continue on Page 6

brother, Booker "Tim" Malone;

Anti-Trump ESPN star Jemele Hill plans to eventually ditch sports network for race, gender content

two weeks in October when she

violated the company's social

media guidelines a second time

by calling on fans to boycott the

Dallas Cowboys' advertisers

after owner Jerry Jones told

players they would be benched

if they did not stand up during

chapter of her career, Hill said

that sports will not make up the

be candid. Obviously some of

the things that have happened in

the last 10, 11 months have

played a role in that. But even

Cecil D. Ross

Continued from Page 5

son, Tyrone Cobbs; two daugh-

ters, Raykeitha Cobbs and

Caranda Reed (Derek); four

granddaughters; a host of other

relatives and friends.

"It's sort of a realization... I'll

While discussing her the next

the national anthem.

bulk of her future.



ESPN's Jemele Hill called President Trump a "white supremacist" last year on Twitter.

ESPN's controversial anti-Trump star Jemele Hill announced her intent to eventually walk away from sports to create content about "women of color" and to help dismantle institutional racism.

"Somebody needs to step up and save us," Hill said during an in-depth conversation at OZY Fest on Sunday.

Hill, who famously called President Trump a "white supremacist" on Twitter last year, is an outspoken liberal who frequently dives into politics on social media and was even criticized by Press Secretary Sarah Sanders during a press briefing last year. ESPN initially declined to punish her for the tweet but then sidelined her for

NEGATIVE MEDIA

Continued from Page 3

some moral and political dignity, the United States will see the history of the fall of the Roman Empire repeated.

Beyond the Rhetoric

Continued from Page 3

would do with a Caucasian president who was failing us. The late George Curry, writer for the Black Press, documented it with this article: http://www.black-pressusa.com/obama-worse-than-george-w-bush-on-sba-loan s/

The above are just a few examples of what is going on. The National Black Chamber of Commerce will be addressing this at our 26th Annual Conference in Washington, DC July 19 - 21, 2018. We will be launching "Project Phoenix". This will be a strategic plan to address issues like the above and encourage the Congressional Black Caucus to emulate the fervor they once had. Also, groups like the NAACP, Urban League, etc. should learn about these missed opportunities and learn how to successfully address them. They should call us. We would be glad to teach them. *****

Mr. Alford is the Co-Founder, President/CEO of the National Black Chamber of Commerce ®. Website: www.nationalbcc.org Email: halford@nationalbcc.org

before any of that stuff happened with Donald Trump, I was feeling... I just wondered to myself, when my contract with ESPN was up, in a few years, whether or not I would continue on... in sports period," Hill said. "There is a real concentration, still a real need, on stories about women of color... that will be a huge focus of what I do."

ESPN re-assigned Hill from its flagship "SportsCenter" earlier this year to a new role at The Undefeated, the company's site that covers the intersections of sports and race. Hill said that she loves sports media but it "really excited" the next phase of her professional life.

"It feels very much like this next iteration of my career will be more about me being behind the camera, creating content, writing scripted and unscripted shows and movies than it will be in sports," Hill said. "There is a part of me that feels sad about the possibility, the very real possibility, my connection [with sports media] may end sooner than I thought it would."

She called leaving sports media a "bittersweet" feeling and mentioned that she has been approached about campaigning, but can't as a working journalist. The former "SportsCenter" host also said she has been mentioned as a potential political candidate herself but downplayed the idea."

"I've got skeletons... that's not my calling," Hill said of run-

ning for office.

Hill said that she has a few years left on her contract at ESPN but admitted she could walk away before her current cleal expires if the right situation arises.

"There is a part of me, I do wonder if that thirst, that itch to fully wholly jump into content creation... that opportunity to do that will come before this contract is up," Hill said. "It's certainly possible with some of the opportunities that have come my way in the wake of all the controversy."

Hill said she hasn't "made a bad career decision yet" and will listen to her gut.

"I'll know the right opportunity when it comes," Hill said.
"Even though I might leave sports, I'm not leaving behind writing and creating content."

Hill then explained that black women don't always have a space to express trauma they've suffered through. She hopes to give a voice to people victims of racism, but feels racism is "far too comfortable" in modern America.

Hill said that sports have "never been about just sports" and people who demand ESPN personalities "stick to sports" and avoid politics are most likely hypocrites because they worship people such as Muhammad Ali – who went from polarizing political figure to celebrated athlete.

"The people that criticize Colin Kaepernick now, I wonder how they will sound 20 years from now," Hill said.

As news of Hill's comments made headlines, she took to Twitter to quell any thoughts that her ESPN exit would be swift.

"Headline might be a little sexier than what I actually said. Plotting the next 10-to-15 years of my career is kind of the way you have to think in this business. There are other things I want to do besides sports, but plenty I still want to do/will do at ESPN," Hill tweeted on Monday regarding, an OZY headline stating she planned to leave ESPN

Hill's widely panned 6 p.m. ET edition of "SportsCenter" – dubbed "SC6" -- was designed to give the program an urban feel and reach a younger audience, but it failed to resonate with viewers and the format was scrapped. ESPN has said the

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Defending a Black Friend Being Called the N-Word Gets a Pennsylvania Man Killed

By Sheryl Estrada

"He didn't understand why people didn't like other people for stupid things like race, or age or whatever the case may be," Chad Merrill's brother said.

Chad Merrill was fatally shot in the chest by another white man after he defended his friend, a Black man, Jerrell Douglas, who was being called the Nword and other racial slurs.

At the Red Rose Restaurant and Lounge in Hellam Township, Penn., early Saturday morning, July 21, 2018, James Saylor, age 24, began a racist rant against Douglas.

After examining surveillance footage from the bar, police determined that there were a number of male patrons seated at the bar when Saylor pushed his way into the group to confront Douglas to make the comments, according to the York Daily Record.

"It was a racial incident; that's how it kicked off," Hellam Township Police Chief Doug Pollock said.

Merrill, age 25, who was seated next to Douglas but further away from Saylor, had come to Douglas' defense.

move was Hill's choice, but sports talk radio host Clay Travis tweeted that she was "booted" due to "collapsing ratings."

In September 2017, Hill tweeted, "Donald Trump is a white supremacist who has surrounded himself with other white supremacists." Hill also called Trump a "bigot" and "unqualified and unfit to be president." She added, "If he were not white, he never would have been elected."

Hill's anti-Trump comments caught the attention of the White House and Press Secretary Sarah Sanders, who said she considered the rhetoric a "fireable offense." Trump even got involved himself, mocking Hill and ESPN's lackluster ratings.

ESPN did not immediately respond to a request for comment.

Merrill's brother, Richard, told The Washington Post that he learned from Douglas that Merrill patted him on the back, telling him to tune it out and not

"[Douglas] didn't escalate anything," Pollock said. "He did the right thing."

The bar's owner eventually threw Saylor out. Surveillance video shows him walking toward his car in the parking lot. Saylor then fired a round of shots at the building.

Merrill walked into the parking lot and toward Saylor's car and when he reached his window, Saylor shot him once in the chest, police said.

Witnesses said Merrill walked up to Saylor's car for peacemaking.

After firing the deadly shot, Saylor then hit the gas, smashed into an Uber car in the parking lot and drove off. Police arrested Saylor at his home. Her is charged with one count of criminal homicide and has been denied bail, according to court records.

Jessica Godden, the mother of Merrill's five-month-old son, said him defending Douglas was not surprising to her.

"He's the kind of the person that would give you the shirt off his back even if it was the last shirt he had," Godden told the York Daily Record.

His brother, Bobby Merrill, echoed Godden's sentiment.

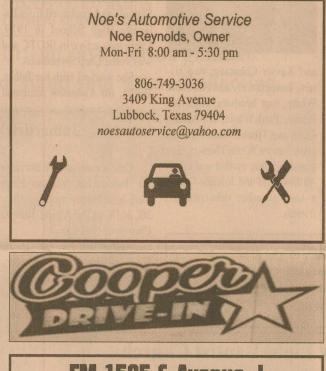
"Chad didn't see things the way other people saw them," he said. "In his eyes he just thought that everybody was equal. He didn't understand why people didn't like other people for stupid things like race, or age, or whatever the case may be."

The Red Rose said in a statement Sunday on Facebook it extended "our most heartfelt condolences to the Merrill family" and included a GoFundMe page, which is raising money for Merrill's funeral.



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The New Zion Baptist Church of Lubbock, Texas is currently seeking a Full-Time Pastor, called by God, who will serve as a spiritual leader of God's people. Send resume to New Zion Baptist Church, c/o Deacon Charles Washington, Sr., 1601 Martin Luther King, Jr. Blvd, Lubbock, Texas 79404. Submit resumes until August 1, 2018.



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Disposal of Large Items: How to dispose of old Furniture in Lubbock, Texas

The city of Lubbock does not collect old furniture and mattresses from a residence. The city of Lubbock does offer four locations for residents to bring their furniture to for disposal. The address of these locations can be found at the city's website. Hours of operation are Monday to Saturday 8 AM to 5:30 PM. Residents are restricted to disposing of load only as large as a pickup bed.

Solid Waste Management-Dumpster Policies:

Unacceptable Items in Residential or Commercial Dumpsters

Large or bulky items
Tires
Used motor oil and filters
Liquid waste in excess of 5 gal.
Lead acid batteries
Automobile batteries
PCB's
Friable asbestos (types which

crumble into dust particles and become airborne) Roofing materials, shingles Construction/Remodeling or demolition materials

Prohibited for Dumpster Disposal:

Large items - Items too large to allow the dumpster lids to close (mattresses, uncut tree limbs, garage doors, large furniture, etc.) An equivalent of a pickup load or less of these types of items can be disposed of at the Citizen Convenience Centers if they are generated from a single-family residence or at the landfill if they are generated by a business. Read rules under Citizen Collection Station section for more information or call 311.

Construction and demolition materials – This type of material must be disposed of by the resident or property owner at their own expense. Disposal of this material is not part of the residential garbage charge.

This type of material can be hauled to the City of Lubbock Landfill (call 757-2151 for rates and directions) or you may contact one of the numerous private garbage haulers who can set roll-off boxes at your home or business.

Roofing materials and shingles - This type of material must be disposed of by the property owner at their own expense. Disposal of this material is not part of the residential garbage charge. This type of material can be hauled to the City of Lubbock Landfill (call 757-2151 for rates and directions) or you may contact one of the numerous private garbage haulers who can set roll-off boxes at your home or business.

Animal carcasses from non-domesticated animals - (deer, fowl, horses, pigs, cattle, etc.). Disposal of large animal carcasses in dumpsters is considered a public nuisance and health hazard. Hunters and persons owning these types of animals should make appropriate arrangements for legal disposal of carcasses at their own expense.

The following items are prohibited by state law from disposal in landfills. All of the listed items are accepted at the Citizen Convenience Stations for proper disposal. Please read rules under Citizen Convenience Station section for more information or call (806) 775-3000.

Tires

Used motor oil and filters from do-it-yourself citizens

Liquid waste in excess of regular household quantities (cooking grease accepted at CCS, solidify paints by exposing to air and drying them out or mixing with a solid like kitty litter)

Automobile batteries – lead acid batteries

Refrigerators, freezers and air conditioners or other items containing CFC's.

The following items are prohibited from disposal in landfills and are not part of the residential waste stream so no alternative disposal methods are available.

Commercial businesses or individuals that generate this type of waste are responsible for the proper disposal of the waste through a private garbage hauler.

Friable asbestos (type which crumbles into dust particles and becomes airborne)
Radioactive wastes
Waste containing PCB's
Hazardous wastes

CITIZEN CONVENIENCE STATIONS:

City of Lubbock Solid Waste Services offers residential customers convenient programs for the proper disposal of household items too large to place in the residential dumpsters. Acceptable loads may be transported in a passenger car, pickup truck or small trailer (6 ft. or less) and total volume should not exceed the equivalent of a pickup bed.

Animal carcasses from omesticated animals - fowl, horses, pigs, cattle, Disposal of large animal ses in dumpsters is consid
Loads should have a tarp over them or covered to prevent load from spilling on roadway while on route to the site.

Locations

Southside: 1631 84th Street Northside: 208 Municipal Drive South Milwaukee: 7308 Milwaukee Avenue

North Quaker: 4307 Adrian St.

Hours of Operation
Monday - Saturday
8 a.m. to 5:30 p.m.
Closed during City of Lubbock
Holidays

DO NOT place items outside fence during closed hours as this constitutes illegal dumping.

Rules of Use

As per state law, this site is for the exclusive use of residents of the City of Lubbock hauling household items from their own single-family residential home.

Commercial loads are not accepted and attendant reserves the right to refuse a load. Unloading – Homeowners must unload their own materials and place them in the appropriate wadte container.

Identification Required — Homeowners must show a driver's license with a City of Lubbock address to attendant before using site.

Accepted Items – There are restrictions for types of materials accepted at this site and for the quantity/volume of items accepted at the site. Generally, the volume should not exceed the equivalent of one pick-up bed. Accepted Items & Quantity Limitations

With proper I.D., a driver's license with a City of Lubbock address, residents are allowed to use the sites 4 times per year to dispose of household items that are too large to fit into residential dumpsters. The following are the ONLY items taken at these sites:

Old Furniture – limit 4 pieces

per visit

Old Appliances – limit 2 per visit (For health and sanitary reasons, refrigerators and freezers must be empty of all contents. Refrigerators or freezers that are not empty or with taped doors will be rejected and not allowed for drop-off.

To Be Continued
Next Issue 08/16/18

City Staff will remove Freon

Women Aren't Getting Enough Nutrients That's Incredibly Problematic

By Tieraona Low Dog

Article Submitted by: Madeline Auerbauch, Keybridge Communications

Nearly four in ten American women are deficient in essential nutrients. These deficiencies seriously hold women back -- from impairing thinking to increasing injuries to causing cancer.

It's difficult for women to get all the nutrients they need from food alone. Fortunately, a multivitamin can fill those gaps. And the government has the opportunity to make these tablets more accessible to millions of women.

Dr. Tieraona Low Dog -- an international expert in women's health and dietary supplements -- encourages women to take a multivitamin. And she calls on officials to cover multivitamins in the federal Supplemental Nutrition Assistance Program.

For women, iron could be the key to boosting brain function.

That's the conclusion of a recent study that examined a group of female college students. The students performed a series of cognitive tests that progressively increased in difficulty. Those who were deficient in iron struggled to keep up.

That makes sense; iron ensures the brain has enough oxygen and energy to perform complex tasks. Yet more than one in ten U.S. women lacks the iron they need. By contrast, just one in 50 men does.

This isn't the only area of nutrition where women lag behind their male counterparts. Nearly four in ten women fail to provide their bodies with all the vitamins and nutrients they need.

A daily multivitamin can help women fill those gaps. Many women can simply add these supplements to their grocery lists. But millions of poor women struggle to do so. Fortunately, policymakers can easily expand access to needed vitamins.

Nutritional deficiencies can cause severe health problems.

Iron deficiency can cause weakness, fatigue, headaches, and shortness of breath -- and impede thinking. It can also increase the risk of developing pancreatic, liver, and kidney cancer.

Vitamin D helps prevent osteoporosis -- a condition in which the bones become weak and break easily. This condition disproportionately effects women. In fact, half of all women will experience a fracture from a fall at standing height or less in their lifetime. Vitamin D deficiency is largely responsible; nearly four in ten women are short on this nutrient.

Nutritional deficiencies can particularly harm pregnant or breast-feeding women and their babies, as more nutrients are needed to support healthy fetal and post-natal growth. Alarmingly, nationwide, half of these women don't get enough vitamins.

For one, vitamin A. During pregnancy, the body saps maternal tissue of this vitamin to support fetal growth. So, pregnant women can suddenly find themselves falling short of a critical nutrient that protects vision and the immune system. Many women lack this nutrient. This deficiency can also hurt the fetus. One study of pregnant women found that those short on vitamin A were less likely to carry their babies to term.

Folic acid, or vitamin B9, supports the development of a baby's brain and spinal cord. Shortages can result in serious birth defects, including paralysis, and even death.

Yet nearly three in four women of reproductive age don't get the government recommended amount

Eating better can help people dodge these risks, of course. But millions of poor women struggle to access healthy food. Fast food is easier and cheaper.

For many women, buying cheap food is the only financially feasible option. One in eight women lives in poverty, compared to one in ten men. Women are also more likely to live in extreme poverty.

That's why multivitamins are critical. One review of over 10,000 women concluded that those who took iron supplements were less likely to be anemic than those who did not. Another review found that calcium plus vitamin D supplementation reduced the risk of all fractures by 15 percent -- and hip fractures by 30 percent.

For low-income women who would struggle to buy multivitamins, policymakers could easily help by expanding the list of what's covered by the Supplemental Nutrition Assistance Program. Doing so would come at very little cost to the government. But it would drastically improve health.

Millions of women aren't getting the vitamins they need. Multivitamins offer a solution.



500 Broadway - 6th Floor Lubbook, Texas 79401 www.lubbookedb.org

806-749-4500 (Office) 806-749-4501 (Fax)



ALEXANDER HAMILTON: IMMIGRANT, PATRIOT, VISIONARY

07/17/2018 - 08/14/2018 10:00 AM- 07:00 PM

The History of Alexander Hamilton Coming to Lubbock at The Patterson Branch Library

Alexander Hamilton, one of America's most visionary founding fathers, is with us every day -- not just in the lyrics of a Broadway show, or courtesy of the \$10 bill in our wallet, but also in a local li-

Courtesy of the Gilder Lehrman Institute of American History, a touring exhibit called "Alexander Hamilton: Immigrant, Patriot, Visionary" will open Tuesday and remain available for viewing through Aug. 14 at the Bobbie Gean and TJ Patterson Branch Library, 1836 Parkway Dr.

There is no admission charge. Library hours are 10 a.m. to 7 p.m. Monday-Tuesday, and 9 a.m. to 6 p.m. Wednesday-Saturday.

Call manager Melissa Barber at 767-3300, or email her at mlbarber@mylubbock.us, for more details.

Funded in part by the Rockefeller Foundation, this exhibit examines Hamilton's important role in the Revolutionary War and founding pe-

More than any other founder, Hamilton foresaw the way we live now. In his Federalist Papers he advocated ratification of the Constitution; as treasury secretary, he oversaw the adoption of a national currency; and as an economist, he recognized the importance of trade and commerce in building a strong nation.

a fight, political or otherwise, Hamilton was killed at age 47 in a duel with U.S. Vice President Aaron Burr.

"Americans of the 21st century may admire Hamilton more than any generation since the founders themselves," said James G. Basker, president of the Gilder Lehrman Institute. "So much about him is attractive to us. He was an immigrant from the Caribbean, a disadvantaged orphan who became a war hero, a self-made man who rose to become a framer of the Constitution and architect of the American financial system."

It seems that since the musical 'Hamilton' hit Broadway, everyone wants to know more about this historical figure from America's past.

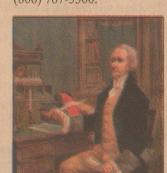
chance to learn more at your Lubbock Public Library's Patterson Branch.

From The Lubbock Public through Saturday from 9 am Libraries:

The exhibition, funded in part by the Rockefeller Foundation, examines Hamilton's imrole portant in the Revolutionary War and Founding period. More than any other founder, Hamilton foresaw the way we live now. In his Federalist Papers he advocated ratification of the Constitution, as treasury secretary, he oversaw the adoption of a national currency

Never one to shrink from and as an economist, he recognized the importance of trade and commerce in building a strong nation. Never one to shrink from a fight, political or otherwise, Hamilton was killed at the age of 47 in a duel with Vice President Aaron Burr. "Americans of the 21st century may admire Hamilton more than any generation since the founders themselves," said James G. Basker, President of the Gilder Lehrman Institute. "So much about him is attractive to us. He was an immigrant from the Caribbean, a disadvantaged orphan who became a war hero, a selfmade man who rose to become a framer of the Constitution and architect of the American financial sys-

The best part of the ex-Well, now you have a hibit is that it is open to the public and free to view it during regular library hours -Monday and Tuesday from 10 am until 7 pm, Wednesday until 6 pm). For more information, you can call the Patterson Branch Library at (806) 767-3300.



SAVE THE DATES FOR UPCOMING **DISTRICT 2 COMMUNITY MEETINGS** With Councilwoman Shelia Patterson-Harris

Councilwoman Shelia Patterson-Harris is planning on meeting with the residentials of District 2 as a means of reaching out to her constituents to share pertinent information of things that have taken place within District 2 and of the progress made over the past 3 years since her role as the representative for this District.

This will also be a time of sharing all the upcoming projects and current projects in progress. Most importantly, this will be

an opportunity for her to ed to bring their lawn hear the voice of the peo-

This will mark the 3rd occasion meeting with the people of District 2 as a group. There is a lot going on within the city and lot of wonderful and positive things to come.

This time around, Councilwoman Shelia Patterson-Harris will conduct these meetings within the residential parks. The meetings will be held under the pavillions at the park and residents are ask chairs and/or blankets for seating.

The first two meetings will take place on 8/6/18 (Underwood Park) and 8/13/18 (Strong Park). Both meetings are on a Monday evening beginning at 6:30 p.m. For exact locations, please see the notification below.

For more information, please contact Councilwoman Shelia Patterson-Harris at 806-474-9918.

She would love to have you join her there.

DISTRICT 2

COUNCIL WOMAN SHELIA PATTERSON-HARRIS WILL BE CONDUCTING COMMUNITY MEETINGS AND WOULD LOVE TO HAVE YOU JOIN US. SHE WILL BE DISCUSSING PARKS AND COMMUNITY AFFAIRS. BRING YOUR LAWN CHAIRS AND BLANKETS AND MEET ME UNDER THE PAVILION

MONDAY, AUGUST 6 AT 6:30 P.M. IN UNDERWOOD PARK

MONDAY, AUGUST 13 AT 6:30 P.M. IN STRONG PARK

E. 74TH/CEDAR, SOUTHGATE NEIGHBORHOOD

79TH/SHERMAN, SOUTH MESA NEIGHBORHOOD



team now than we did in 2003. I feel if we treat people better than everyone else growth is inevitable. This recognition is affirmation that we have no limits if we continue doing things the right way and working hard every day! " -- Bart Reagor