

ROUNDUP



"Air Force people building the world's most respected air and space force ... global power and reach for America"

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Reese AFB, Texas

AF promotes most majors since 1991, pilots since 1985

RANDOLPH AIR FORCE BASE, Texas (AFNS) — An early look at the results of the 1997 Central Line Majors Board shows 2,576 captains were selected for promotion to major, the most selected in one year since 1991, Air Force officials here said.

Among the selects were 905 pilots, 274 navigators, and 1,397 nonrated officers. The 36 year-group was in its primary zone for this board held in June. The names of those promoted is set for public release Tuesday.

The 905 pilots represent a 15-percent increase in the number of pilots promoted from the 1996 board

when 789 were selected. The 905 pilots are also the most selected for major since 1985. The 274 navigators is a 41-percent increase from the 1996 board when 195 were promoted. Finally, the 1,397 nonrated line officer selections is an increase of seven percent from 1996 when 1,304 were promoted.

The reason for the large groups, officials said, was the promotion opportunity rose to 90 percent, up from 80 percent for the past five years. The 90-percent opportunity rate was used to calculate how many officers were actually promoted.

For this board, the 1986 year-group had

2,862 eligible officers. This number was multiplied by 90 percent to come up with the board quota (actual promotions) of 2,576. Up to five percent of the board quota may be used for below-the-zone promotions while above-the-zone officers competed with in-the-promotion zone officers.

Additionally, the percentage of "Definitely Promote" recommendations senior raters could award to officers in the primary zone was increased. The number rose from 55 to 65 percent.

"Historically, captains with a 'DP' recommendation have been promoted to major at a 99-percent or

higher rate with this board being no exception (99.2 percent for the 1997 board)," said Lt. Col. Gayle Staten, chief of the Air Force Personnel Center's Officer Promotion and Appointment Branch.

Officers who received a "Promote" recommendation also saw their chances for promotion increase significantly. These officers were promoted at a 52.1 percent select rate compared to a 42.2-percent select rate in 1996, she said.

A unique aspect of this board was the overall pilot selection rate of 80.5 percent compared to the overall board average of 81.2 percent. The reason for this is more

than 100 pilots wrote the board president asking not to be promoted, Staten said. By law, all officers are entitled to write the board on any subject they wish to address.

"For most boards we've had a few officers who've written the board asking not to be promoted, but never this many," said Staten. "This affected the primary zone promotion rates. While I can't speak for the board, had these officers not voluntarily taken themselves out of the running, the promotion rate would probably have been equal to historical pilot averages, normally above the board average," she said.



Photo by 1st Lt. Christine Breighner

Tops in 'IM'

Col. Kodak Horton, 64th Flying Training Wing commander, poses with winners of the Semiannual Communications and Information Professionalism Awards Aug. 7. At center, Staff Sgt. Orlando Guerrero, public affairs office, won the NCO category. At right, Gladys Tharrington, base records manager, won the civilian category. (Not pictured is Senior Airman Melba Scates, winner of the airman category. She has already PCS'd.)

Base closure offers two attitude choices

via email from
John Dutkowsky
 formerly with 64th Security Forces

Jerry was the kind of guy you love to hate. He was always in a good mood and always had something positive to say.

When someone would ask him how he was doing, he would reply, "If I were any better, I would be twins!"

He was a unique restaurant manager because he had several waiters who had followed him around from restaurant to restaurant. The reason the waiters followed Jerry was because of his attitude. He was a natural motivator. If an employee was having a bad day, Jerry was there telling the employee how to look on the positive side of the situation.

Seeing this style really made me furious, so one day I went up to Jerry and said, "I don't get it! You can't be a positive person all the time. How do you do it?"

Jerry replied, "Each morning I wake up and say to myself, Jerry, you have two choices today. You can choose to be in a good mood or you can choose to be in a bad mood. I choose to be in a good mood. Each time something bad happens, I can choose to be a victim or I can choose to learn from it. I choose to learn from it. Everytime someone comes up to me complaining, I can choose to accept their complaining or I can point out the positive side of life. I choose the positive side of life."

"Yeah, right, it's not that easy," I protested.

"Yes it is," Jerry said. "Life is all about choices. When you cut away all the junk, every situation is a choice. You choose to react to situations. You

choose how people affect your mood. You choose to be in a good mood. The bottom line is: It's your choice how you live life."

I reflected on what Jerry said. Soon thereafter, I left the restaurant industry to start my own business. We lost touch, but I often thought about him when I made a choice about life instead of reacting to it.

Several years later, I heard that Jerry did something you are never supposed to do in the restaurant business. He left the back door open one morning and was held up at gunpoint by three armed robbers. While trying to open the safe, his hand shaking from nervousness, slipped off the combination. The robbers panicked and shot him.

Luckily Jerry was found relatively quickly and rushed to the local trauma center. After 18 hours of surgery and weeks of intensive care, Jerry was released from the hospital with fragments of the bullets still in his body.

I saw Jerry about six months after the accident. When I asked him how he was doing, he replied, "If I were any better, I'd be twins. Wanna see my scars?" I declined to see his wounds, but did ask him what had gone through his mind as the robbery took place.

"The first thing that went through my mind was that I should have locked the back door," Jerry replied. "Then as I lay on the floor, I remembered that I had two choices: I could choose to live, or I could choose to die. I chose to live."

"Weren't you scared? Did you lose consciousness?" I asked.

Jerry continued, "The paramedics were great. They kept telling me I was going to be fine, but when they wheeled me into the emergency room and I saw the expressions on the

faces of the doctors and nurses, I got scared. In their eyes I read, he's a dead man. I knew I needed to take action."

"What did you do?" I asked.

"Well, there was a big, burly nurse shouting questions at me," said Jerry. "She asked if I was allergic to anything."

"Yes," I replied.

The doctors and nurses stopped working as they waited for my reply. I took a deep breath and yelled "Bullets!" over their laughter. I told them, "I am choosing to live. Operate on me as if I'm alive, not dead."

Jerry lived, thanks to the skills of the doctors, but also because of his amazing attitude. I learned from him that every day was a choice to live fully. Attitude, after all, is everything.

You have two choices as we go about this base closure:

1. You can choose to have a great attitude.
2. Or you can choose to have a b attitude.

It's all up to you!

Problems? Concerns?



**Call the
Care Line
at 3273**



Printed for
CMSgt. Al Keenum...
Happy Birthday!

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War in home country led Ros family to U.S., 'better life'

Tech. Sgt. Dave Brown
NCOIC, public affairs

A soft-spoken, quiet and bespectacled young man, one of the newest U.S. citizens, spent time talking with the *Roundup* about his life in Cambodia, now Kampuchea; what being a refugee was like; and how he has adjusted to life in the United States and the Air Force.

Born in Kampung Speus, Cambodia, in 1969, Senior Airman Vibol Ros is assigned to the 64th Security Forces Flight.

"I am currently a patrolman, gate guard, desk sergeant, bike patrol, part of the closure team and just about everything else needing to be done," Ros said with a smile. "The most exciting thing about the security forces is the teamwork we maintain, whether we deploy or work on base. With base closure and the manning drawdown, we do a variety of jobs and are not restricted to any one or two tasks. We've got to do all of it to get the job done."

Getting the job done was one of Ros' goals when he came to the states as a refugee. He credits a series of schoolteachers and tremendous supervisors for helping him understand what he had to do to get that goal accomplished.

To achieve that goal, Ros and his family had to overcome a real series of hardships and "just plain fear." Starting to remember his life in Cambodia, his chin began to quiver as he talked.

Death and destruction with war in his country caused his family to leave, but he left without a very important member, his father.

"I remember them (the government soldiers) coming for my father one day," Ros said. "He was bound and dragged away from us, his family. And it wasn't until I had a dream when he said I was the head of the family now that I knew he wasn't coming back. So that is when my mother packed us three children and moved us to the United States."

The war had turned his home country upside down with starvation and death the norm rather than the exception. Coming to America held hope for a better life, freedom and happiness.



Photo by Staff Sgt. Orlando Guerrero

At left, Senior Airman Vibol Ros, 64th Security Forces Flight, discusses his unique life story and its challenges with Tech. Sgt. Dave Brown, in the public affairs office.

"I was really excited to come to the United States," Ros exclaimed. "When I arrived (on Feb. 21, 1981), I really looked forward to adventure and the opportunities that were available."

"Coming from a third world country and landing in San Francisco, the first thing that caught my eye was the transportation," he continued. "In Cambodia we had car buggies and horse buggies, and when I saw all the different types of transportation, I was overwhelmed."

Transportation differences weren't the only thing that were overwhelming to the Ros family. Cultural differences and a new lifestyle were extremely traumatic to overcome.

"Going to a new school in a new place with virtually no ability to speak English was extremely difficult," Ros indicated. "I got here in the states and didn't know my A-B-Cs. And there weren't very many translators to help. So it was a matter of getting with the teacher independently, and trying to pick each other's brains to understand and communicate."

He said it was a long hard struggle, and it took time to adapt, but he did. Ultimately he said the persistence to learn and the patience of the teachers were what made learning possible in the Houston Independent School District. He also credited educators and personnel working in the English as a Second Language (ESL) program.

"My mother wanted a better life for

us and an opportunity to excel. She is my hero, my friend and mother," Ros said with joy. But he turned sad as he continued. "Things in Cambodia were so limited because of the state of the country and the fact that it was and still is a communist country. Opportunity was not prevalent there. There was not a lot of food and clean water, and the housing situation was nowhere what we have here in the U.S. Also, the clothing you wore was ragged and had holes in it. But you did the best you could with what you had."

"I've seen the coverage on television and in the newspapers and magazines of the Ethiopian starvation situation," Ros said. "Every time it comes up, I don't want to see it because it reminds me so much of the pain and suffering that we had to go through."

"I can honestly say that family cohesiveness and praying that better things would come our way was what gave us hope and held us together when we were refugees," he said.

In 1991, Ros joined the Air Force and became a security policeman. He wasn't even a U.S. citizen then, but that didn't matter.

"I initially came in the Air Force registered with my Social Security card and not as an American citizen," he said. "Then in September 1993, the day came when I got my citizenship. That exam was a hard one, and I know there are a lot of American citizens that don't

(Continued on Page 7)



SOAR program provides commission opportunities OTS applications need fewer reference letters

WASHINGTON (AFNS) - The Scholarships for Outstanding Airmen to ROTC (SOAR) program provides an avenue for active duty airmen to join the commissioned officer corps.

Individuals selected to enter the SOAR program separate from active duty and receive a two to four-year Air Force ROTC scholarship. The scholarship includes full tuition and fees, an annual book allowance

and a \$150 monthly non-taxable allowance. The scholarship does not cover the cost of room and board.

Upon completion of a baccalaureate degree and Air Force ROTC courses, SOAR participants are commissioned and incur a four-year service commitment.

For more information regarding the SOAR program, contact Master Sgt. John Klemmer at the education services office at 3634.

WASHINGTON (AFNS) - Enlisted candidates for officer commissioning will soon only need to submit one reference letter with their packages, a change that puts greater emphasis on their personnel records.

Starting with the OTS selection board convening Nov. 17-21 at Randolph Air Force Base, Texas, enlisted candidates no longer have to search for up to five people to endorse their commis-

sioning goal.

Applications for that board must be received by Recruiting Service headquarters by Oct. 21. Applicants will be limited to one endorsement letter from no higher level than the senior rater. However, civilian applicants will still need to submit three to five letters of recommendation to add what personnel officials call "necessary depth" to their packages.

Official emphasizes fitness for moms: performing everyday activities helps

MACDILL AIR FORCE BASE, Fla. -- Women are the caretakers of the world. They care for their children, husbands, career, the cat, the dog, the fish, Brownie troops, soccer team, and on and on. The "supermom syndrome" sometimes puts mom, the individual, on the back burner, and the first thing that usually falls through the cracks is personal fitness.

By the time many women find any time to exercise they are older, out of the habit, out of shape, and unmotivated, but it is never too late to exercise.

Moderation is the key. There is evidence that exercise does not have to be vigorous to be beneficial. Recently, the surgeon general recommended exercising between 15 to 30 minutes a day, or doing two 15-minute bouts of exercise per day. Exercise can include walking, cycling, swimming, and even gardening. Before women know it, they are exercising routinely and even enjoy it.

More than likely, most women have read this information or heard it on television. Some may have sat and contemplated, and even talked about what they are going to do to "get fit."

Those planning to be "the caretaker of the world," have to take care of themselves first.

Another benefit of exercise was published in the May issue of the New England Journal of Medicine. It stated physical activity protects against breast cancer, particularly among premenopausal women.

Exercise may also help in reducing obesity and fat stores. It can also reduce elevated concentrations of estrogen known to increase the risk of breast cancer in post menopausal women. Breast cancer is the leading cause of death among women ages 35 to 54 in the United States.

The benefits of exercise--lower blood pressure, lower total cholesterol, increased high density lipoproteins, lower heart rate, more energy, less stress, higher self-esteem, lower

body fat, more lean muscle and now a decreased chance of breast cancer--really add up. Exercise should become a daily routine for everybody.

Here are a few tips to get started:

- Keep it simple, just move and do something.
- Set small daily goals like walking 20 minutes a day, even at the mall.
- Dance to new music while cleaning house.
- Walk the dog. Ask a friend to join in.
- Watch less television and wash the car instead.
- Use the stairs.
- Cross-training is an excellent method of confusing the muscles by doing a variety of activities. It increases metabolism and decreases the chances of injury to the joints and boredom does not become a "stopper."

Just remember that the exercise is not something done for a short period of time and then stop. Exercise is for life.

Goin' postal with BITC, BITS and alphabets

Out and about with
1st Lt. Chris Breighner
 Chief, public affairs

United Parcel Service is on strike...Ryne Sandberg says *this time* he'll retire...Elvis has left the building...but Joe Donald delivers the mail on base for you like clockwork, in spite of rain, shine, or fierce, maddening winds.

I "rode along" with Joe Aug. 1. He said Fridays and Mondays are the busiest, so I knew we would not be sipping coffee from one hand with a box of Hostess indulgence in the other.

He's been at Reese for 17 years, where he first worked freight, then as hospital records clerk, freight again, household goods, then "BITC," or the Base Information Transfer Center. (BITC—pronounced "bits"—is also known as your basic in-house, centrally-located mail box place.) He's been doing BITC about eight years. As I understand it, the place where the mail is sorted into the proper bin is the center, or BITC, and the "BITS," or Base Information Transfer System, is how it gets to the individual offices. (Joe takes it in his truck. Read on.)

Because it was the beginning of the month when I rode along, Joe was running the postage expense chargeback report for the month of July. This report lists the account name, postage used month-to-date, year-to-date, and total pieces of mail sent through the year. Pieces sent to date: 1,196, costing \$3,521.02.

I watched Joe sort different sized envelopes and other correspondence with lightning speed, singing his placement hymn with each one as he went, "Safety, Services, BX, Alphabets..."—a "Joe-ism" for the Air Force Base Conversion Agency or AFBCA. Also, I noted that the black bins had white tags with information pertaining to an organization's mail delivery, such as closure dates or revised directions. Joe had written the "cheat tags" to assist anyone sorting, although he seemed to have it all memorized.

While he worked his magic, I visited Renea (pronounced Ra-nay) Huston who runs the commercial post office. (This is how the commercial side works: Huston works for Carolyn

Garcia, who has the contract with the U.S. Post Office downtown to provide the service at the base until Sept. 30.) Send your mother something for once "just because" and stop by and see her and Penny.

Huston sorts mail into the post office boxes people rent with a quick flick of the wrist. A pile that would take me 30 minutes to sort, takes her three seconds. She also provides full service for getting your stuff other places via mail. (For that Trivial Pursuit colored wedge, the common postage denominations start at 32 cents for a first class stamp. As you add weight, cents are added in this order: 43 cents, 55 cents, 78 cents, \$1.01, \$1.24, \$1.47 and \$1.70.)

Base-to-base mail (Randolph AFB, Texas, being the most common sent to and from Reese) goes via "pouch mail." This category takes two days, includes the zip code "plus four," and the sender is charged by weight and zip code. This is what contributes to the bigger mail load on Monday, Wednesday and Fridays.

As we sorted, first in the back room and then on the "blue box truck"—step van in transportation circles—for official use only, I came across some mail for the 35th Flying Training Squadron (inactivated in July 1996 for those of you just joining our broadcast).

"Joe—what about this?" I asked, pointing to the envelope.

"Put it over there. We'll cross it off and give it the finger," he answered. OK, I thought, thinking that might be unprofessional, but if it was procedure, who was I to interfere only being an honorary sorter and delivery gal for the morning?

After we readied the truck with every organization's correspondence, including a stack of fine *Roundups*, we went back inside the BITC—the center, remember?—to "give the finger" to the stack of undeliverables. Joe showed me the rubber stamp and red ink used to stamp the hand with finger pointing. We stamped it in the top center of the envelope's front side, pointing at the return address, and checkmarked "insufficient address" and "attempted, not known" with a pen. (The familiar "Return to Sender" anthem rang in my head as I merrily stamped the rejected

mail—For your picture in next week's *Roundup* can you name the Elvis movie that song was used in?)

We had an insured letter and an overnight express package, so Joe showed me the AF Form 12 "Accountable Container Receipt." Joe logged the items, each on a separate form, and upon delivery to the noted unit, would have them sign for it.

Just before 9 a.m. we began our route, truck loaded to the gills, colorful bungy cords stretched vertically across the center of the bins to keep the mail in place. (A sharp left turn could send the goods flyin'.) Joe pulled the cord to the side when he needed to reach in for the next delivery stack. We did that over and over, all across base.

It's beautiful, being on the BITC run. You park where you want and everybody's nice to you, although the "seatbelt off—grab stack—out of truck—in-the-building—maybe up some stairs—back out—in—and seatbelt on again" business is not for the feeble-hearted or a box of rocks.

FYI, Joe's retired from the Army after spending "Twenty years, eight months, 10 days, two hours and 15 minutes—approximately," he said.

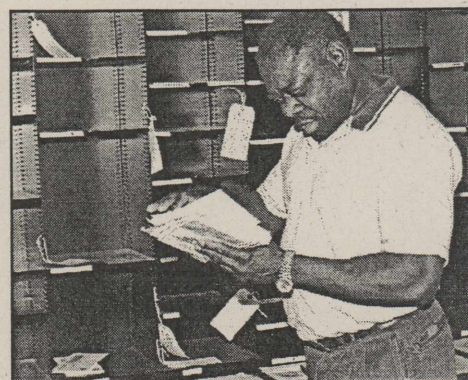
Meanwhile, back at the BITC, Ron Bailey, retired Army E-8 first sergeant and Reese's alert photographer, posts personal mail to mailboxes for military personnel.

"I receive it, sort it, and put it in the box," Bailey said matter-of-factly. Forwarding the mail left over from "The Sort" to new addresses increases every day, he said.

"Is it fun?" I asked about the job.

"Yeah. I enjoy meeting all the different people. They don't have to, but they do stop and say 'Hi.'"

(Continued on Page 7)



Joe Donald sorts mail in the BITC.

Photo by Staff Sgt. Orlando Guerrero

Reese Activities

Services closures and other activities

Auto Hobby Shop	Closed	
BX Barber Shop (885-4856)	Scheduled to close August 16. Monday Tuesday-Friday Saturday	Closed 9 a.m. - 5 p.m. 10 a.m. - 4 p.m. (closed daily from 1- 2 p.m.) By appointment only
Beauty Shop (885-4856)	Monday-Tuesday	By appointment only
Bowling Alley (3116)	Bowling ceases August 15. Snack bar is scheduled to close September 15. Monday-Friday Saturday Sunday Holidays/Goal Days	7 a.m. - 7 p.m. 12 - 5 p.m. Closed 12 - 5 p.m.
Car Wash	Closes Sept. 5	Open 24 hours, seven days a week
Child Development Center (3541)	Scheduled to close September 12 Monday-Friday	7 a.m. - 5:30 p.m.
Commissary	Closed	
Education Office (3634)	Scheduled to close September 30 Monday-Friday no longer available no longer available after September 1	7:30 a.m. - 4:30 p.m.
CLEP testing		
CDC testing		
Family Support Flight (3305)	Relocated to Bldg. 920, Room 226. Scheduled to close September 30 Monday-Friday	7:30 a.m. - 4:30 p.m.
Fitness Center (6021)	Scheduled to close September 30 Monday-Friday Saturday, Sunday, Holidays Monday-Friday	8 a.m. - 8 p.m. 10 a.m. - 5 p.m. 11 a.m. - 12 p.m.
Aerobics		
Gas Station	Closed	
Golf Course (3819)	Scheduled to close September 1 Tuesday-Friday Saturday, Sunday Monday (Exception -- if Monday is a goal day, then closed on Tuesday)	8 a.m. - 6 p.m. 7:30 a.m. - 6 p.m. Closed
Medical Flight		
Behavioral Medicine	Bldg. 1145, Room 109.	7:30 a.m. - 4:30 p.m.
Dental Clinic	Closed	
Pharmacy	Closed	
Family Advocacy (3739)	Monday-Friday	7:30 a.m. - 4:30 p.m.
Primary Care (3515)	Bldg. 1145, Room 108. Sees active duty Air Force only from 7:30 a.m. - 4:15 p.m.	
Sick-call hours	Monday-Friday	7:30 a.m. - 8:30 a.m.
TriCare Service Center (1-800-406-2833)	Located at 5121 69th Street, Suite 110 in Lubbock.	
Lodging (3155)	Monday-Friday For lodging after hours contact 885-3018 and enter code 468.	6 a.m. - 9 p.m.
Reese Manor	Closed	
Military Personnel Flight (3276)	Monday-Friday Naval Reserve Center now manages ID card issue and can be reached at 765-6657 for directions and more information.	7:30 a.m. - 4:15 p.m.
Postal Services		
Dorm mail delivery	Stopped.	
Civilian Post Office (3351)	Scheduled to close September 30.	
Military postal/BITC (6178)	Organizational delivery stops Aug. 22. Units will be advised of follow-on procedures.	
Security Forces		
Desk (3333)	Open 24 hours a day (co-located with Main Gate)	
Main Gate (3694)	Open 24 hours a day	
Industrial Gate (3228)	Closed except for fuel/hazardous cargo delivery and departure.	
4th Street Housing gates	Closed	
Visitors Center	Closed (services available at the main gate).	
Shoppette (885-2427)	Scheduled to close August 29. Monday-Friday Saturday Sunday/Holidays	7:30 a.m. - 9 p.m. 9 a.m. - 9 p.m. 10 a.m. - 6 p.m.

*** Annotates changes to the hours or activities**

(Page compiled by Staff Sgt. Orlando Guerrero.
Please call 3410 with any updates to this information.)

Around Reese

Bowling Center "Menu"

(6555)

Breakfast Specials

Today: Biscuit and Sausage. Cost is \$2.15.

Monday: French Toast and Sausage. Cost is \$3.00.

Tuesday: Silver Dollar Pancakes, 1 Egg and Ham. Cost is \$2.95.

Wednesday: Breakfast Burrito with Ham. Cost is \$2.30.

Thursday: Two Eggs with Sausage, Hashbrowns or Grits, Toast and Jelly. Cost is \$2.95.

Lunch Specials

Today: Barbecue Beef on a Bun with French Fries or Onion Rings. Cost is \$2.55.

Saturday: Cheeseburger and French Fries or Onion Rings. Cost is \$2.65.

Monday: Cheeseburger and French Fries or Onion Rings. Cost is \$2.65.

Tuesday: Chicken Fried Steak with

French Fries or Onion Rings. Cost is \$3.20.

Wednesday: Soft Taco with French Fries or Onion Rings. Cost is \$3.00.

Thursday: Pattie Melt with French Fries or Onion Rings. Cost is \$2.95.

Any size coffee free!

Reese airman overcomes fear, achieves goals

(Continued from Page 3) know the answers to some of those questions they gave us on that exam."

Being thankful to this country and all it and its people have done for his family was a driving force for Ros to join the Air Force. He had a real desire to serve the United States in a military capacity.

"I didn't really want to go straight into college from high school," he said. "Also my mother didn't have the finances to put me and my brother and sister through school."

Until about three years ago, Ros really didn't have a focus on what he wanted to do with the rest of his life. With the help of his supervisors in the 64th SFF, formerly Security Police Squadron, and some very close

friends, he has established three primary goals and is determined to accomplish them.

"My first goal is to take care of my family," the security policeman said. "I am currently taking care of my 15 year-old brother and helping him get ready for college, so he doesn't have to go through the same struggles I did."

"My second goal is to get my bachelor's degree," he said. "I am 12 hours away from finishing my degree in Human Services and Criminal Justice through Wayland Baptist University."

"My third goal is to have an opportunity to go to Officer Training School (OTS). I enjoy the Air Force and what they have offered me. If I can't, then I would like to join the Federal Bureau of

Investigation or the U.S. Marshall's office."

Ros has succeeded in overcoming his background here at Reese Air Force Base, his first assignment. He was selected as Airman of the Quarter five times with the 64th SPS, twice with the 64th Support Group and once at Wing level.

He also honed his skills as a member of the Reese Honor Guard. He was selected as the Wing Honor Guard Member of the Quarter, obtained the Extra Mile Award for performing over 100 details, and will probably be part of the retreat ceremony honor guard team at the base closure ceremony Sept. 30. Other awards Ros has earned include being named on the president's and dean's list at Wayland Baptist University and earn-

ing the citizenship award at Airman Leadership School, Goodfellow Air Force Base, Texas.

He will carry all of this, his wife and brother to a new assignment at Randolph AFB, Texas, this fall.

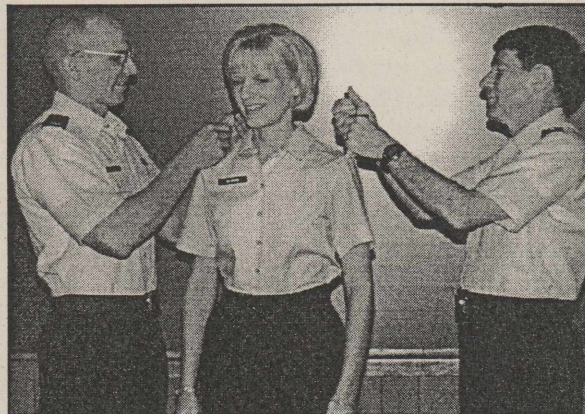
"I would like to pass on to people that come into the U.S. to take advantage of all the opportunities this country has to offer," Ros said. "Don't complain about the obstacles, but overcome them. Set a goal and pursue it; accomplish it. There is nothing you can't achieve if you set your mind to it. There is nobody holding you down except for yourself," he continued. "There may be obstacles in the way but you can't be frustrated and stop working on your goals. It is just part of life. Just keep on trying until you succeed."

Goin' postal

(Continued from Page 5)

Change is on the horizon though, as Joe and the blue box truck ride off into the sunset.

According to Lt. Col. Jean Dailey, 64th Mission Support Squadron commander, after Aug. 22, designated personnel from the two remaining squadrons, the Wing, AFBCA and other tenant units will pick up their mail directly in the back part of the post office. She said the two squadrons will distribute mail to its flights.



Pay raise

Col. Kodak Horton, 64th FTW commander, at right, assists Lawrence Breighner, communications officer en route to Whiteman AFB, Mo., left, "pin" new rank on Chris Breighner, public affairs. Both Breighners were promoted to the rank of first lieutenant at a dual ceremony Monday.

Photo by Staff Sgt. Orlando Guerrero

Reese Weekly Bulletin

1. ATTENTION ALL PERSONNEL: The last day for free issue turn-ins to the Logistics Squadron will be Aug. 22. All free issue material must be boxed and shipped to Cannon AFB before Sept. 30. Therefore, the Logistics Squadron must have time to prepare for the movement of these items. Any questions can be directed to MSgt. Reed extension 3548.

2. TELEPHONE MOVES OR INSTALLATIONS: Any request for moves or installations of Telephone related equipment (Telephone, Fax, Modem, Answering Machine) must be in by Aug. 30. This will allow time to de-obligate any remaining funds in the contract and to close out the contract for this fiscal year. Any questions can be directed to SSgt. Parnell, at extension 3117.

3. COPIERS: The new point of contact for base copiers is MSgt. Hernandez, extension 3252.

4. BUILDING 955 CLOSED: Records Management, Administrative Communications, and Plans and Resources is now located in Building 20 and can be reached at extension 3252.

5. BITS TO STOP ON AUG. 22: The last Base Information Transfer System run will be Aug. 22. Any questions maybe directed to SSgt. White at extension 3252.

6. ATTENTION ALL PERSONNEL: Air Force officials have announced the start of the Fiscal Year 1998 NCO retraining program. During this Fiscal Year 1998, approximately 1,800 NCOs, (SSgt, TSgt, MSgt) will be retrained from AFSCs with NCO overages to those with shortages. The voluntary phase of the program runs through Dec 31, 1997. A list of retraining out and retraining in AFSCs is available at the Education Office. Some restrictions apply, depending on your grade and AFSC. Contact SrA Dehnert or MSgt Klemmer at extension 3524 or 3482 for complete details.

7. ATTENTION ALL PERSONNEL: The next Undergraduate Flying Training (UFT) selection board will convene at the Air Force Personnel Center (AFPC) on Oct. 21, 1997. (This

selection board will review applications for both pilot and navigator training). Those officers with a date of birth after July 1, 1970 will be eligible to apply to UFT. Applicants must send application, postmarked by Sept. 12, 1997, to HQ AFPC/DPAOY3, 550 C Street West, Suite 31, Randolph AFB, TX 78150-4733. Applicants should advise supervisors/individuals providing AF Form 215 comments of the application deadline. Those applicants requiring a new physical exam should schedule the appropriate physical well in advance. All applicants competing for pilot training must also complete the Basic Attributes Test (BAT). For more information on application procedures, contact the Base Formal Training Element, SrA Dehnert, 3524, at your Education Services Flight. (DPE/3524)

8. BASE INFORMATION TRANSFER CENTER(BITC)/ADMIN COMM TIP: Attention all Activity Distribution Offices (ADO), command support staff office, and tenant units currently using the BITC system. Request you provide in writing deactivation dates, as soon as possible, to ensure your mail is handled and routed properly. Due to postal budget expenditures, please do not wait until the last minute to mail large volumes of correspondence or boxes. Please give us a call if we can be of any assistance. (SCBA/3252)

9. IF YOU ARE TRAPPED IN FIRE: Close the doors between you and the fire. Stuff the cracks around the door to keep smoke out. Wait at a window and signal for help with light colored cloth or a flashlight. If there's a phone in the room, call the fire department and tell them exactly where you are.

10. ATTENTION MILITARY FUELS SERVICE STATION CUSTOMERS: On or about Aug. 18 the automated military fuels service stations will close permanently. Manual fuel issues will be utilized to authorized government vehicles at Building 462 until Sept. 30. Fuel service hours will be 0900-1000 hours Monday through Friday. Please plan your refueling needs accordingly. For any questions please contact MSgt. Starbuck, 64th Logistics Squadron, extension 3345.