

# ROUNDUP



"Air Force people building the world's most respected air and space force ... global power and reach for America"

Vol. 49, No. 14

April 25, 1997

Reese AFB, Texas

## CCAF holds last graduation at Reese

**Chris Diaz**

*Education technician*

Reese Air Force Base celebrated its last Community College of the Air Force graduation April 18.

Nine Reese members received their associate of applied science degrees, receiving diplomas from Col. Kodak Horton, 64th Flying Training Wing commander, ceremony held in the Chapel.

Master Sgt. Roger Gravelle, 64th Logistics Squadron, was the guest speaker for the ceremony. He emphasized the importance of balancing education with military duties.

Receiving degrees were Master Sergeants Alfredo Gibbs-Van Horn, 64th Civil Engineer Squadron, Michael Pleskovitch, 64th Medical Group, and Harry Washington, 64th CES; Tech. Sgt. Sheila Carroll, 52nd Flying Training Squadron; Staff Sgts. Katenna



Photo by Ron Bailey

The newest Community College of the Air Force graduates pose for a group photo. They are: front row, left, Tech. Sgt. Sheila Carroll, Staff Sgt. Katenna Edwards and Senior Airman Mary Gates. Middle row, left, Staff Sgt. Darrell Rieves, Master Sgts. Michael Pleskovitch and Alfredo Gibbs-Van Horn. Top row, left, Master Sgt. Harry Washington and Staff Sgt. William Shipton. Not pictured is Senior Airman Christine Biddinger.

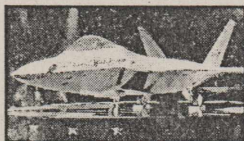
Edwards, 64th Comptroller Flight, Darrell Rieves, 64th CES, and William Shipton IV, 64th Communications Squadron; and Senior Air-

men Christine Biddinger, 64th CS, and Mary Gates, 64th CS.

Biddinger and Gibbs-Van Horn were awarded the Air

Force Association's Aerospace Education Foundation Eagle Grants.

### In this issue



F-22 facts and figures -- page 4



Proper grilling can save lives and environment -- page 5

## National Arbor Day activities Tree planting and plaque presented

A tree planting ceremony occurred today near the POW/MIA flagpole.

A flowering rosebud tree was planted near the flagpole celebrating National Arbor Day 1997.

In addition, a plaque was

placed near the front gate announcing Reese Air Force Base as a "Tree City U.S.A."

recipient for the fourth year in a row. Shelley Abendschan, Texas Forestry Service, presented the plaque to the base.

# 19th Air Force commanders say 'great job'



Horton

**Col. Kodak Horton**  
64th Flying Training Wing  
commander

19th Air Force has a new commander. On Monday, Maj. Gen. Kurt Anderson

took command of the "sixth largest Air Force in the world," replacing Maj. Gen. Thomas "Tiny" West.

There were two things that happened that day I need to share with you.

First, immediately after the change of command ceremony, General West came over to me and said, "Thanks, Kodak, you're doing a great job!"

As I told you during my initial wing commander's call, "I don't do the work...you all do." So, General West's comments are to you, the military, civilian, and contractor personnel who make up the 64th Flying Training Wing.

What he meant was, "Thanks men and women of the 64th FTW, you're doing a great job."

The second event I need to share occurred during the post change of command reception.

While congratulating General Anderson on his new command, he said, "Kodak, you're really doing great work up there!"

Again, he's talking about all of you who are: making this the best closure seen to date; rewarding your top performers with appropriate decorations, performance reports, and nominations for AETC level awards; appropriately

disciplining those who can't or won't meet standards; and striving for excellence in all you do, with integrity and by placing service above self.

What's even more rewarding to me is that General Anderson only returned this month from a one-year tour in Saudi Arabia.

In a very short period of time he's learned how **GREAT** you all are doing. You've built a well-deserved, superb reputation, through diligence and hard work....keep it up!

I'm proud to be your commander. Charge Ahead!

## Top enlisted person looks at AF core values

**Eric Benken**  
Chief Master Sergeant  
of the Air Force

Integrity, service and excellence. These simple words epitomize the core values of our military profession.

The foundation is integrity fortified by a commitment to the service of our country and fueled by a drive to excellence in all that we do. The Air Force recognizes integrity first, service before self and excellence as its core values.

These are values every member must believe in, and more importantly, must live by.

We start with integrity because it is the essential element, or the foundation for which other values are built upon. It's being honest with

others as well as yourself and doing what's right at all times. Integrity remains the very bedrock of the military profession.

Service members possessing integrity will always do what's right regardless of the circumstances, even when no one is looking. They will make no compromises in being honest in small things as well as great ones.

Next is our military service, which is an uncommon profession that calls for people with an enduring commitment and dedication to the mission.

It requires us to have a sense to service before self. Each member must realize that his or her needs are secondary to the needs of our great country.

This is a 24-hour-a-day commitment and one that requires many personal sacrifices. Personal goals

are important and often coincide with Air Force goals; however, there is no room for personal agendas that interfere with the needs of the Air Force or the interests of our government.

This brings us to excellence, our third core value. Military members have been entrusted by all Americans with our nation's security. This encompasses many things, among which is the care of the resources of our nation — the most treasured of which is the lives of those who serve.

This makes competence or excellence in all things we do paramount. Doing the very best you can is not just a professional obligation, it's a moral one as well.

Integrity first, service before self and excellence in all things we do.

These core values serve as our road map and set the standard.



Printed for People  
at Reese Air Force Base

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# Arbor Day 1997, Reese's fourth 'Tree City USA'

**nda Woestendiek**  
64th Civil Engineer  
Squadron

Trees make a world of difference in our communities. They lend beauty and value to our homes, conserve energy, help clean the air, and provide homes for urban wildlife.

They are used as fuel and building materials, wind-breaks to prevent soil erosion and shade from the hot sun.

"Tree City USA", a National Arbor Day Foundation

program, recognizes communities for developing and continuing a good tree-care policy. For the fourth consecutive year, Reese Air Force Base has earned "Tree City USA" recognition.

Shelley Abendschan, Texas Forestry Service, will present the award to base officials at this year's Arbor Day observation.

A brief ceremony is scheduled today, across from building 800, at 1 p.m. Jenco Nursery is donating this year's Arbor Day tree.

Please join us on our final Arbor Day as a Reese family.

## Bird Alert!

The Mississippi Kites have returned! These birds migrate north from South America each Spring to nest and raise their young. The familiar "swoosh" of their dive may literally lift the hair on your neck.

Mississippi Kites are a distant relative of the falcon. They prey primarily on insects like grasshoppers and dragonflies; their favorite meal being the large, insistently buzzing cicada.

Kites are graceful fliers, spending hours in the air. Their nesting sites are in open woodland areas and include one of the predominant trees found at Reese, the Siberian Elm. You can find this tree on the golf course.

Although small (12-14 inches and 8-12 ounces), the kite's wingspan can reach 6 feet. The adults are a gray, with a lighter gray to white color on the head.

The Mississippi Kite is not an endangered species; it is protected as a migratory spe-

cies. It is illegal to harm the Kite, its eggs, or nests. 64th Civil Engineer Squadron environmental flight recommends the following risk-reducing actions:

□ Avoid nesting areas as much as practical.

□ Wear a hat.

□ Wave your arms to cause the bird to pull out of its dive.

□ Hold a branch (or golf club) above your head. The bird will swoop the highest point.

Being strafed by a hawk can be unnerving, especially if you're riding a bicycle or playing golf.

Under no circumstance should you remove a bird or its nest. The base's permit allows designated personnel to remove a limited number of nests if the birds become overly aggressive.

Any hostile or aggressive bird activity in the vicinity of your home, office, or recreation area should be reported to the 64th CES service call desk at 3647 or 1st Lt. Matt Cesarz at 6203.

## I found a baby bird... Now what?

This time of year brings a lot of activity in the feathered community.

Fledglings, baby birds that have lost their fluffy down and have all their feathers, are encouraged to stretch their wings and learn to fly. Often, these young birds flutter to the ground where they sit making frequent calls to their parents for rescue.

While adult birds are unable to return their young to the nest, they do not abandon them. As the baby learns to be cautious and works to strengthen its flight muscles, mom and pop make frequent trips bringing food and water, and continue to encourage the youngster to become airborne. Birds have strong family ties, and are caring and nurturing providers for their young.

So, where's the problem?

During their exploratory attempts, some of these babies stray onto the hot pavement where they may rapidly dehydrate. Some fall into the holes under our "rock" valve covers while hiding from the sun or predators.

Being a creature active during daylight, and not capable of real flight yet, the juveniles are often confused and unable to make their way back to a safe area where their parents can care for them. Predators, vehicles and children may injure or kill them.

Reese Air Force Base turns to the South Plains Wildlife Rehab Center in Lubbock, staffed only by volunteers, for assistance with animal injury management. The Center accepts stressed fledglings and examines them for injuries. The staff works to minimize additional stress and aid in an animal's recovery.

Once the fledgling's condition has stabilized, and if the nest location is known, base personnel will bring the bird home.

The belief that parent birds will not accept young with "human scent" is untrue. Parent birds usually welcome their young back if it is healthy, and is reintroduced within two to three days.

So, what can you do...?

Remember that most baby birds found in the yard are not in need of your help. Do not attempt to feed or force liquids. This act of "kindness" may cause severe injuries or complications.

If adult birds are obviously caring for the young, leave them alone. Keeping your children and pets away is the kindest act. When one is found obviously requiring aid, call the Civil Engineer environmental flight at 6253 for assistance. Environmental personnel will come out to evaluate the bird's condition and take the appropriate measures.

# F-22 roles out of production hangar

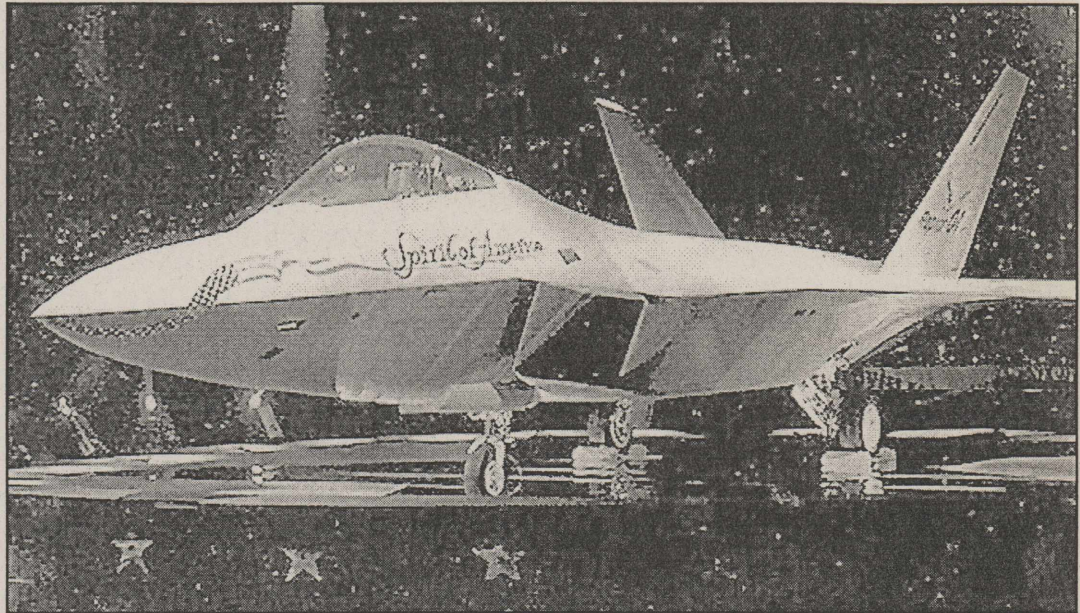
## Facts and figures on Air Force's newest fighter

Facts about the Air Force's newest supersonic fighter, the F-22:

**Reduced observables:** The F-22's stealth is acquired through a combination of shape and materials that deflect or absorb radar energy. This reduces the range at which enemy radar can detect it. The precise radar cross section of the F-22 is closely guarded.

**Integrated avionics:** Improved sensor capability, situational awareness and weapons provide first-kill opportunity against the threat. The F-22 possesses a sophisticated sensor suite that allows the pilot to track, identify and shoot the threat before it detects the F-22.

**Supercruise:** This is the ability to cruise at supersonic speeds at military power (non-afterburner). The technology is a combination of a new engine and



The F-22 as it roles out of the production hangar. This aircraft replaces the aging F-15C.

aerodynamic advances that allows it to cruise at supersonic speeds without using fuel-gulping afterburners.

**Maneuverability:** The F-22 is the first maneuverable stealth aircraft. The B-2 and F-117 have stealth but can-

not maneuver well if engaged by enemy aircraft.

**Payload:** The F-22 is capable of carrying existing and planned medium- and short-range air-to-air missiles in internal bays.

The F-22 will also have an

internal 20-mm cannon and provisions for carrying precision ground attack weapons.

By carrying the armament internally it keeps the aircraft's radar signature very small.

## 'Official' word on short-notice assignments

RANDOLPH AIR FORCE BASE, Texas (AFNS) — Officers will get the "official" word of short-notice assignments sooner thanks to the recent modifications of the officer assignment system.

Overall, these modified OAS procedures should enhance the assignment system's ability to support compelling, short-notice mission requirements, according to Air Education and Training Command Personnel officials.

Additionally, these

procedures will aid in notifying officers "officially" of their assignments in a faster, more efficient manner. Below are answers to commonly asked questions regarding the modified OAS process.

How is time saved with this new process?

After validation, action officers, or AOs, will immediately identify, confirm availability and then establish an assignment selection date for the most eligible, qualified officer to fill the requirement, and place the "identified" officer in

"nominee" status. This status prevents the officer from being considered as a candidate for other jobs. AOs will immediately use the Losing Commander Involvement Program. The AOs will notify the first colonel in the individual's chain of command of the pending assignment.

Can other officers still volunteer and be selected for these assignments?

Yes. At virtually the same time, AOs will also run an ad on the Job Advertising Sys-

tem for two weeks while the LCIP is running. In most cases, the ad start date will be the first Monday following the branch chief's validation.

If an eligible, qualified volunteer steps forward during this time, AOs will release the previously identified officer and process the applicant for the assignment in accordance with "More Choice/More Voice" procedures.

If no eligible, qualified applicant steps forward after two weeks, AOs will imme-

diately process the originally identified officer for the assignment.

After an officer is selected, what else is done to expedite assignment notification?

To aid in the notification process for short-notice officer assignments, and for any other assignment actions deemed appropriate, AOs will send simultaneous "official" assignment notification instructions via message to both the officer's commander and the servicing military personnel flight.

# Outdoor grilling requires safety precaution

**Michael Guzman**  
Fire inspector

The fire department would like to offer some helpful hints so that you may avoid the serious burns and property loss that could result from improper outdoor cooking practices.

Safety with outdoor cooking begins when you are at the store. Purchase a grill with sturdy legs that will provide a stable platform. At home, store your charcoal in a dry, well ventilated area. Spontaneous combustion can occur to charcoal that is damp or wet if it is kept in a confined space.

The sun is shining and the family decides that today is the day to cook out. Load up the car with all the necessities: hot dogs, ribs, buns, chips and beverages. Kitchen utensils are a must, plates and napkins shouldn't be forgotten. But what about a fire extinguisher?

A fire extinguisher on a cookout? Is that really necessary? Yes, a fire extinguisher or a bucket of water is needed to extinguish any unwanted or runaway fires that may occur while you are cooking. A substitute for ei-

ther of these may be loose sand or dirt. These work just as well to protect your valuables and your afternoon.

The pleasant, relaxing drive through the countryside to your secluded spot is just the start of a cookout for your family. Upon arriving at your chosen destination, there are many things that must be done. One of the most important of these is choosing the site for your grill or fire. Never place your grill inside of buildings or recreational vehicles, the carbon monoxide build-up caused by the burning coals is deadly in confined spaces.

Ensure that your grill or fire is outdoors and at least 15 feet away from buildings, tents, trees or other combustibles.

As you look up and enjoy the beautiful sky, keep an eye out for overhanging limbs from trees. When your grill is first lit, the flame may ignite low hanging tree limbs, dry leaves or dried cottonwood. Place your grill on a firm, level surface so it won't fall or get knocked over easily. Clear the dry grass, leaves and rubbish from around your site to avoid starting a grass fire.

The time has come to start your fire. How do you do that

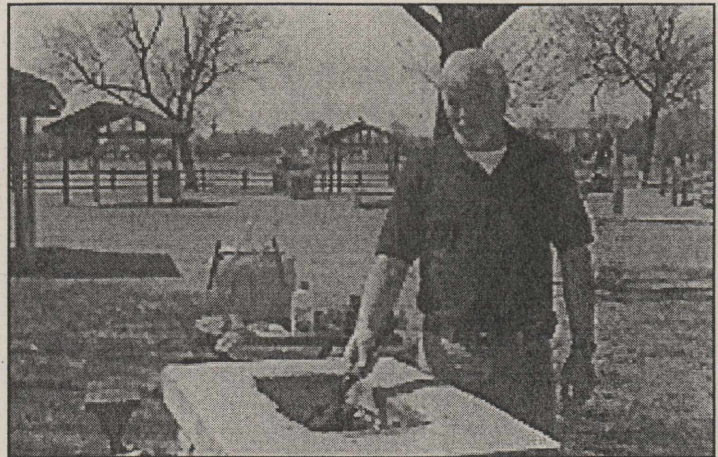


Photo by Staff Sgt. Orlando Guerrero

Ron Bailey, 64th Communications Squadron, displays the proper safety technique for using an outdoor grill. Kitchen utensils are an absolute necessity for outdoor grilling but need to be in good working order.

safely? First of all, only use approved charcoal lighter fluids. Secondly, soak the charcoal with fluid before lighting and never add fluid after the grill is lit. Next, move the fluid at least 15 feet away from the fire. Finally, strike that match.

Once the fire is burning or the coals are glowing, never leave it unattended. Besides burning your food, flying embers could start grass or buildings on fire. Keep small children away; they may be injured by touching or climbing on the grill to see what's cooking.

Accidents do happen, so it is important to know what to do in case someone is burned or the fire gets out of hand.

If someone is burned, cool the burn with water, cover it with a clean cloth and seek further medical attention immediately. To report a fire, dial 911 from any phone. In

base housing dial 911 to contact the fire department.

When reporting a fire, give the dispatcher your name and phone number, what is on fire, the location of the fire and if anyone is injured or trapped. Do not hang up until the dispatcher tells you to do so.

To avoid starting an unwanted fire or to prevent someone from getting burned, ensure your coals are out at the end of the day, or when you are finished cooking. The proper way to do this is to thoroughly soak them with water. Though coals that have not been soaked may appear cold, they can re-ignite as much as a day later.

Don't let tragedy strike you this summer. Practice good judgment and common sense when cooking outdoors.

Enjoy your picnic.



Tech. Sgt. Dave Brown

Chaplain (Lt. Col.) Steve Hess, Reese Installation Chaplain, left, presents a small token to Chaplain (Maj.) Tony Janner and his wife, Mary, at Janner's retirement ceremony April 18. Janner will pastor a church in Lebanon, Mo.

## Anti-terrorism brief required

If you are PCSing overseas from Reese Air Force Base, an anti-terrorism briefing by the OSI is required.

Please schedule this 30 minute briefing as soon as

possible or no later than 10 duty days prior to your final outprocessing appointment.

If you have questions or need to schedule your appointment, call 3414.

## Around Reese

### Simler Theater

(4888)

#### NOW SHOWING

**Today:** "Donnie Brasco." Based on a true story of trust and betrayal in the cutthroat world of the Mafia, "Donnie Brasco" follows the life of an FBI agent who deeply infiltrated the mob. Johnny Depp is the undercover operative whose life is torn between his family and the allure of his new profession. (R) 7:30 p.m.

**Saturday:** "Booty Call." The romantic plans of Rushon go awry when his girlfriend invites a friend along on their date. Rushon then asks his friend Bunz to come along and romance begins through the streets of Chinatown. (PG) 7:30 p.m.

**Sunday:** "Fools Rush In." He is a straight-laced corporate type from Manhattan. She is a fiery Mexican-American who believes in the power of destiny. Neither gave a thought to where a single night of passion would lead. (PG) 6:30 p.m.

Ticket price for adults is \$1.50 and \$1.25 for children under 12 years old.

### Caprock Cafe

(6027 - voice / 6028 - menu)

**Today:** Lunch-Spagetti with Meat Sauce, Baked Canned Ham, Lemon Basted Sole. dinner-Chicken enchiladas, Tamale Pie, Roast Loin of Pork.

**Saturday:** Lunch-Country Style Steak, Baked Ham Macaroni with Tomatoes, Cajun Baked Fish. Dinner-Spinach Lasagna, Cantonese Spareribs, Simmered Corned Beef.

**Sunday:** Lunch-Beef Stew, Grilled Bratwurst, Lime Cilantro Sole. Dinner-Salisbury Steak, Hawaiian Fish, Mexican Baked Chicken.

**Monday:** Lunch-Barbecued Spareribs, Fried Chicken, Tarragon Beef and Noodles. Dinner-Lasagna, Onion-Lemon Fish, Szechwan Chicken.

**Tuesday:** Lunch-Swedish Meatballs, Turkey Nuggets, Chicken Enchiladas. Dinner-Yankee Pot Roast, Creole Fish Fillet, Herbed Baked Chicken.

**Wednesday:** Lunch-Barbequed Diced Pork, Parmesan Fish, Roast Turkey. Chili Macaroni, Braised Liver with Onions, Simmered Corned Beef.

**Thursday:** Lunch-Veal Cube Parmesan, Salmon Cakes, Fried Chicken. Dinner-Meat Loaf, Teriyaki Chicken, Spicy Baked Fish.

Menu subject to change

### Bowling Center Breakfast Specials

(6555)

**Today:** Biscuits and Sausage with Gravy. Cost is \$2.30.

**Saturday:** Hot Cakes with Bacon. Cost is \$2.30.

**Monday:** Bacon and Cheese Omelet, Toast and Jelly. Cost is \$2.80.

**Tuesday:** Silver Dollar Pancakes with one Egg and Ham. Cost is \$2.25.

**Wednesday:** Breakfast Burrito with Bacon. Cost is \$2.30.

**Thursday:** Two Eggs with Bacon, Hashbrowns or Grits, Toast and Jelly. Cost is \$2.60.

### Ruby's Lounge

(3156)

**Today:** Social Hour begins at 4:30 p.m. with free hors d'oeuvres and beverage specials. Shuffleboard tournament with prizes at 7 p.m. Variety DJ from 9 p.m. to 2 a.m.

**Lounge hours:** Saturday and Sunday opens at noon, Monday through Thursday opens at 3 p.m.

### Reese Club

(3466)

**Today:** Social Hour from 4 to 9 p.m.  
**Barber Shop:** Wednesday through Friday, 8:30 a.m. to 1 p.m. Open to all.

## Community notes

### Quarterly wing enlisted call

The quarterly wing enlisted call is on May 6 at 9 a.m. in the base theater. Col. Horton will address base personnel and present awards to the Airman, Non-commissioned Officer, Senior NCO, and Honor Guard Member of the Quarter. Attendance is mandatory for all enlisted personnel.

### Thank you

To thank all those who volunteered their time and effort to make Family Fun Day a success, Reese Family Advocacy invites those volunteers to enjoy cake at the Family Advocacy office, 64th Medical Group, at 3 p.m. today. Call 3739 for more information.

### Interviewing seminar

The Reese Options Career Center is offering an interviewing seminar on Wednesday from 12-1 p.m. Participants may bring a lunch. The seminar will be in the family support flight classroom, Bldg. 310. Call Kay Dyer at 3305 to sign up.

### Resume/Cover letter seminar

The Reese Options Career Center is offering a resume/cover letter seminar on May 8 from 4:30-6 p.m. The seminar will be in the family support flight classroom. Call Kay Dyer at 3305 for more information.

### Commissary bakery closing

The commissary bakery

will close permanently on May 3. The commissary apologizes for any inconvenience. A selection of pre-packaged bakery items will be available in the bread section.

### Thanks from wing staff

"Thanks" from the wing staff personnel goes out to everyone who purchased a Reese Commemorative Closure coin. It was a huge success and the support was appreciated.

### Tee ball signups now

The youth center is holding signups for Tee ball for 6, 7 and 8 year-olds through May 2. Sign up early. Fee will be no more than \$30 per child. Season runs from May

19-July 3. Stop by the youth center, Bldg. 3015 to sign up. For more information contact Coach Melgar at 3820.

### Tricare Prime changes

Active duty family members who remain at Reese after July 1 need to change their PCM by June 1. Please stop by the Tricare service center to fill out the appropriate paper work. For more information call 1st Lt. Bin Chao at 6487.

### Farewell to Col. De Iulio

Come and say goodbye to Col. Ed De Iulio on May 14 at the Reese Club. An Italian buffet will be served at 6 p.m. Sign up with your first sergeant by May 7.

# April is child abuse prevention month

apt. Mary Quint  
Family Advocacy

April is Child Abuse Prevention Month. It is only in recent years that violence against children has been recognized as a problem. Violence against children has manifested itself in many ways: physical and emotional abuse, neglect, sexual exploitation and child labor. Children were once regarded as the "property" of their parents, but now are viewed as persons in their own right and thus deserving of protection under the law.

In ancient times, an infant was viewed as a non-entity until it was acknowledged by its father. And what the father produced was his to do with as he pleased. Exposure and drowning have been universal forms of child maltreatment throughout history. Germans would plunge their newborns in icy water to determine fitness. Some North American Indians also did this but would only save the child if it rose to the surface and cried. A weak, premature or deformed infant was usually discarded.

Plato accepted these practices and Aristotle recommended a law prohibiting crippled children from being raised. Females were more likely to be killed, sold or abandoned. Christian missionaries influenced the Chinese in 1654 to stop drowning little girls.

Legal punishment through the centuries never deterred out infanticide or the sale of children. Illegitimate children were outlawed and were usually abandoned or destroyed by their despondent mothers.

The freedom of infanticide persisted among some Europeans until the 19th century.

Historically, sexual offenses against children were common. In some cultures, daughters were loaned to guests as an act of hospitality. In the Orient, boys were castrated to produce eunuchs to supervise harems. European boys were castrated to preserve their soprano voices for the opera.

In 1869, the commissioners of Public Charities and Correction of New York City stated "there were nearly thirty thousand children in

the city streets, their only occupation being begging and pilferage; the girls were prostitutes by the age of 15."

There once was a superstition

that venereal disease could be cured by transference through sexual relations with children.

Child labor under the apprenticeship system was often cruel. In 1891, Abraham Jacobi, the father of American pediatrics, wrote about child labor laws and cried out against using children in the mines and as chimney sweeps. There was no protection for the children in the mills who were beaten and overworked. In the 1890s,

child labor rose 160 percent in the textile mills of the south. As late as 1866, a Massachusetts legislative report hailed child labor as a boon to society.

The advancement of children's rights was slow to appear. The father's authority was modified in Rome in 450 B.C. and in 4 A.D., the Christian Church equated infanticide with murder. By the 16th century, the morals of men like Erasmus and Montaigne stirred the hearts of many to adopt non-violent child-rearing methods and compassion for handicapped

children. Dickens wrote *Oliver Twist* and other novels awakening the public to the need for more humane treatment of children.

Few changes were made in child protection laws until the years between 1963 and 1967 when most states moved toward amending their reporting laws under Child Protective Services to avoid a punitive approach.

The approach to child protection has shifted to the therapeutic. The child protective laws are geared toward non-punitive protection of children, helping families in crisis, preserving good standards of parental behavior and providing the basic needs for the optimal care of children.

Dr. Henry Kempe coined the phrase 'battered child syndrome' in the 1960s. Child abuse was then placed in the medical journals and medical professionals were mandated to report suspected abuse.

Early recognition of children at risk and providing education and resources for our community are some of the best ways to prevent child abuse. According to AFI 40-301, "Family Advocacy," all active duty and civilian employees are mandated to report suspected child abuse.

Volunteering is something an individual can do to help in the fight against child abuse.

Many opportunities exist in nationwide agencies such as Big Brothers-Big Sisters, Women's Protective Services, Special Olympics and other agencies that help troubled families.

Call Family Advocacy at 3739 for more information on what you can do to help prevent child abuse.



A child being beaten in an English woolen mill around 1850. Courtesy of Bettman Archive.

the New York State Medical Society could rightly say that humanity recognized the right of every newborn to be protected and supported. Also in 1871, Mary Ellen Wilson was the first child reported to have been rescued from abuse in America. There were no protective agencies for children, so the Society for the Prevention of Cruelty to Animals (SPCA) intervened. The New York Society for the Prevention of Cruelty to Children was or-

# May is National Physical Fitness month

RANDOLPH AIR FORCE BASE, Texas (AFNS) — In celebration of May as National Physical Fitness Month, Air Force installations will host a variety of programs encouraging fitness and healthy lifestyle choices.

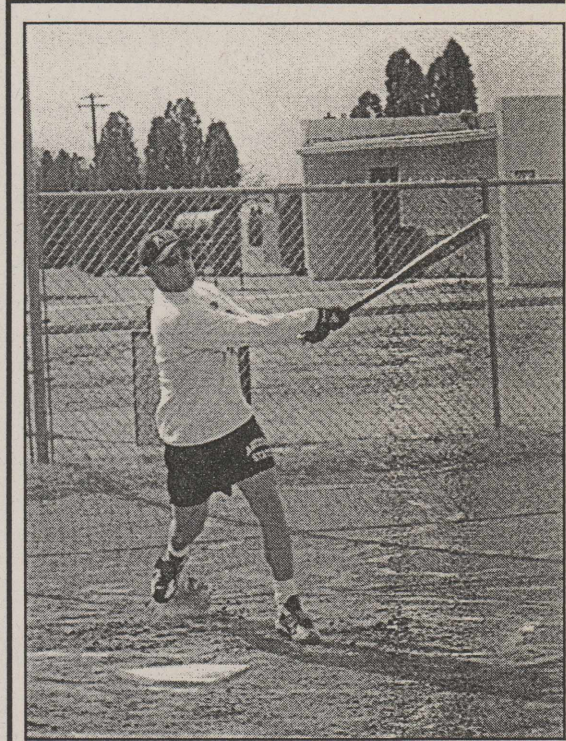
Last year's program had more than 50,000 participants. "Physical Fitness Month is targeted at getting more Air Force people to make fitness a part of their lifestyle," said Maj. Carl Zimmerman, chief of Air Force Fitness and Sports.

"This year we (Air Force Services) have broadened the program's scope to include youth programs and fitness events. We hope to increase participation with this larger program and an aggressive publicity campaign."

According to fitness authorities, nearly half of all Americans age 12 to 21 are not vigorously active on a regular basis. The Surgeon General's Report on Physical Activity and Health says that more than 60 percent of U.S. adults do not engage

in the recommended amount of physical activity, while nearly 25 percent are not active at all.

Air Force fitness centers are teaming up with youth centers to provide a variety of fitness and sports activities. Activities such as 5-kilometer family fun runs/walks, base wide sports days, 10-mile hikes, cardiovascular challenge programs, nutrition/fitness instructional classes, bike rides, tournaments and more will take place at many Air Force bases.



Photos by Staff Sgt. Orlando Guerrero

Photo top: Tom Doan, 64th Logistics Squadron, takes a mighty cut at the ball. Photo left: Ron Shouse, 64th LS, hits home plate as Matt Green, 64th Communications Squadron, tries to run down an errant throw to the plate. Softball action continues at the softball diamonds by the Reese Youth Center through early June.



## Intamural Softball Standings

(Current as of Thursday)

|            |     |
|------------|-----|
| 64th LS/A  | 3-0 |
| 64th MDG   | 1-3 |
| 64th SPS   | 2-0 |
| 64th CES/B | 3-0 |
| 64th MSS   | 2-1 |
| 64th SVS   | 2-2 |
| 64th LS/B  | 0-3 |
| 64th CES/A | 1-1 |
| 64th CS    | 1-3 |
| NAVY       | 0-2 |

## Softball Schedule

Tuesday

64th SVS vs. 64th CES/B  
64th SVS vs. 64th CS  
64th SPS vs. 64th CS\

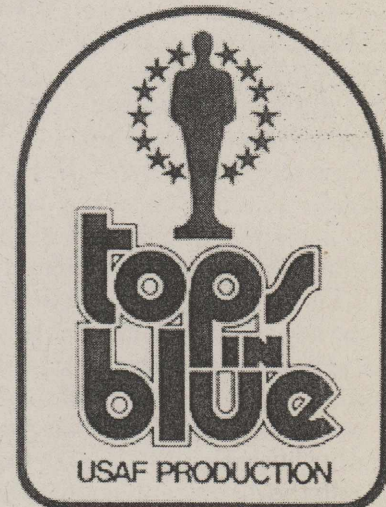
Wednesday

64th CES/B vs. 64th LS/A  
64th CES/B vs. 64th CES/A  
64th LS/B vs. 64th MDG

Thursday

64th CES/A vs. 64th MSS  
64th CES/A vs. Navy  
64th LS/A vs. Navy

# tops in blue



Tops in Blue will be performing Wednesday at the Municipal Auditorium, 4th and Boston. Show time is 7:30 p.m. Gates open at 7 p.m. There is no admission charge.