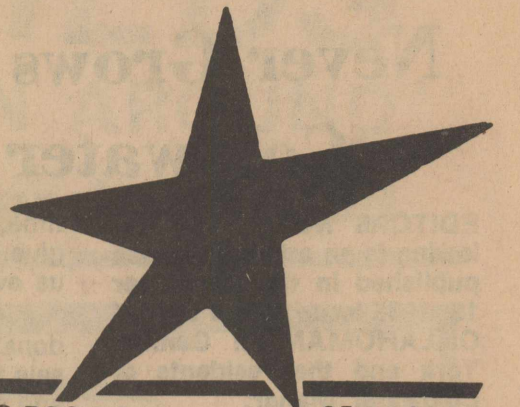


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The Stratford

Star



Our 85th year

Number 2

Stratford/Sherman County/Texas/79084

January 9, 1986

USPS 523-108

25 cents

Frizzell Announces His Candidacy

editors note, this article should have run in last weeks paper along with the picture of Judge Frizzell and V.B. Morris.

Judge W.S. "Bill" Frizzell has authorized The Stratford Star to announce his candidacy with the following statement; "It is with enthusiasm and a deep sense of humility that I take this opportunity to announce my candidacy for re-election to the office of Sherman County Judge subject to the action of the Democratic Primary Election. My enthusiasm stems from the realization that this campaign will afford me an opportunity to renew many older acquaintances as well as grant me the chance to make newer ones. My humility centers around the knowledge that I will need your advice and support in order to achieve this goal. I sincerely ask for your vote, support and influence in the coming election. I look forward to the privilege of continuing my work for the people of Sherman County."

Judge Frizzell took office July 1, 1962 and has served to the present time. He has served as President of the Panhandle County Judges and Commissioners Association. Judge Frizzell was named as Stratford Citizen of the year by the 1977 Chamber of Commerce. He was named "Boss of the Year" in 1984 by the Dallam, Hartly, Moore, and Sherman Counties Legal Secretaries Association. He is a member and Past Master of Stratford Lodge # 874 and served as the lodge secretary for 15 years. He served as the District Deputy Grand Master of the 103rd Masonic District in 1965. Judge Frizzell is also a member and Past Patron of the Stratford O.E.S. Chapter #960, and a

member of the El Paso Scottish Rite Bodies serving as area representative. He is a member of the American Legion Howard Green Post #262, and a member of the Stratford United Methodist Church.

Judge Frizzell is presently serving on the Board of Directors of the Panhandle Chemical Abuse Corporation, and also on the Board of Directors of The Texas Panhandle Community Action Corporation. A Director of Area 1 comprised of Dallam, Sherman, Hartley, Moore, Oldham, and Potter Counties for the Panhandle Emergency Management Association. He is also Co-Chairman of Project Self-Sufficiency Region 1 Task Force covering Dallam, Sherman, Hartley, and Moore Counties. He also is a member and Director on the Panhandle Job Training Consortium.

Judge Frizzell is almost a native of the area having moved to Sherman County as a child with his parents in 1929. Later moving to the Conlen Community where his father farmed. He is a graduate of Stratford High School class of 1942. He served in the ARmy with 18 months overseas in the Medical Corps during World LWar II in the Pacific Theater. After his discharge from the service he began custom farming in Sherman County and later went into a Service Station business in Stratford. In 1958 he operated a frozen food business before being elected Sherman County Judge.

Judge Frizzell married the former June McDaniel in 1949 and the couple have three children, Terry Matthews of Amarillo, Becky Hooker of Las Vegas, Nevada, and Blair Frizzell of Stratford and Three Grandchildren.

Rendition Forms To Be Mailed

Rendition forms for 1986 are being mailed this week, according to Marilyn Albert, chief Appraiser. "This is simply a form for listing personal property owned by individual or business", Albert noted. "Renditions are due April 1, which is one month earlier this year. We urge people to complete and return forms promptly", she stated.

Persons who have already applied for homestead exemptions will not be required to apply again, with two exceptions; Those who became age 65 prior to January 1, 1986, and were not previously granted "over age 65" exemptions; and those taxpayers who own mobile homes. According to new state law, additional information, including the mobile home permanent identification number, will be required before the homestead exemption is granted to mobile home owners.

Anyone having any questions is urged to contact the Appraisal District office at 402 N. Third in Stratford, or call 396-2315.

Stratford Rifle and Pistol Club to Meet Thursday

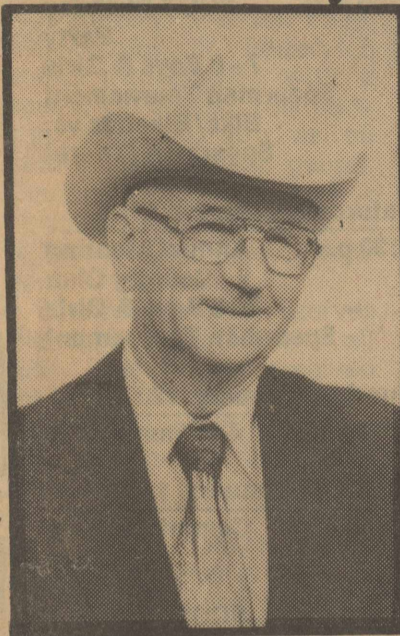
Stratford Rifle and Pistol Club will meet Thursday, January 9, at 7:00 p.m. to elect officers for 1986, and to discuss and vote on some new club policies. All members are urged to attend.

This will also be the first night to shoot in the 1986 Winter Pistol League.

People interested in shooting or joining the club are welcome to attend.

For more information contact Frank Vaughn or David Brown.

Buchanan Announces Candidacy



State Representative J.W. "Buck" Buchanan of Dumas this week formally announces his candidacy for re-election in the Texas 88th Legislative District.

The North Plains native has a long record of service in agriculture, civic and youth work, and has received a number of awards for his achievements, locally and regionally.

Buchanan is recognized as a leading authority on North Plains and Texas water resources and has worked in developing Texas water plans and legislation.

Representative Buchanan was elected in 1980 and again in 1982 and 1984 in his present tenure, but had served two terms in the Texas House several years back. He serves on three permanent House Committees; they are Natural Resources, County Affairs and House Administration. He has been named by the house speaker to serve on three interim committees to prepare recommendations on legislation at the next session in 1987.

"I believe that my experience in the Legisla-

Reese Runnerup



Krisann Reese is the daughter of Mr. and Mrs. Doug Reese of Stratford. She was the 3rd runner-up in the Miss Top-of-Texas pageant on Saturday January 4th held in M.K. Brown in Pampa. She is a Texas Tech student majoring in marketing and Merchandising.

ture, at different periods, gives me a perspective to effectively serve the area. I will work to assure that the people of the 88th District have their needs heard and met in Austin."

Representative Buchanan devotes all of his time to his job as representative in the District and in Austin and says of the office: "I have worked constructively in Austin for the Panhandle and I have worked to defeat legislation that served special interests or that increased State spending needlessly and carelessly. I am proud to have a record of being conservative and responsible, as my district expects me to be."

"I am asking your support and vote in the 1986 election on my record of serving the district," Buchanan adds. "I will be visiting over the

district in the months ahead to keep abreast of the people's needs and wishes and to ask and thank you for your support."

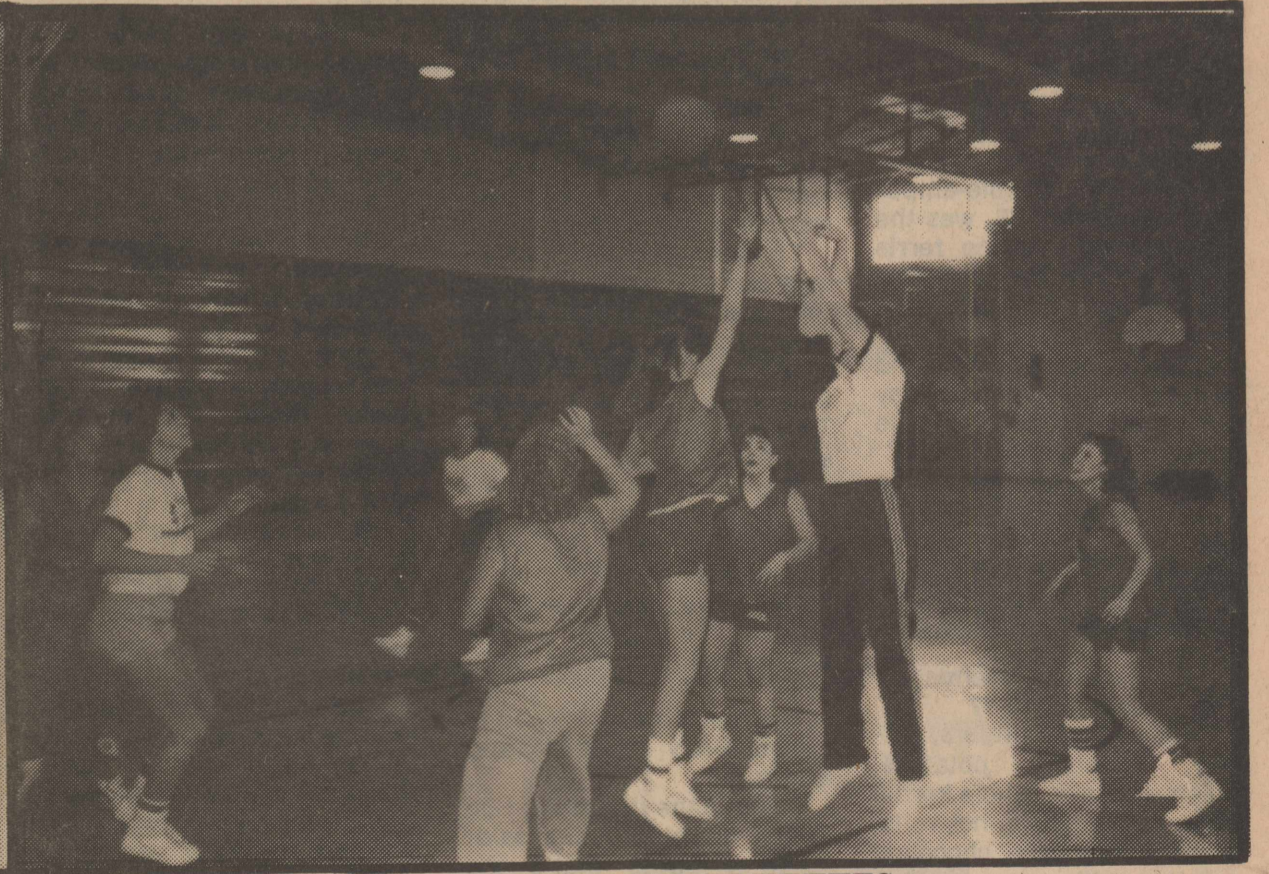
(Political advertisement paid for by Ken Morrison, Treasurer.)

TOWN TALK

Christmas Day guests in the home of Ava Keener were Martha Donelson, Jason Moore and Butch Keener, San Angelo, Texas, Mr. and Mrs. Darrell Gyllenband and Shanda of Amarillo, Ronnie Pulliam, Canyon, Sport Keener, Boys Ranch, Curtis Keener, Amarillo, Mr. and Mrs. Phillip Keener and Tommy Ray, Mr. and Mrs. Johnny Pulliam and Johnny Wayne of Stratford.



MEN EX'S PLAY ELKS



WOMEN EX'S PLAY ELKETTETS

The Stratford Star

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M. Robertson Editor & Publisher
Janis Tillery Photographer & Headline Operator
Lea Ann Armstrong Compuwriter Operator
Member Texas Press Association



Printing Week

January 12-18

Grain Prices

MILO - \$4.10
WHEAT - \$3.10
CORN \$2.60

Spirit of Adventure Never Grows Old For 'Coldwater Kids'

EDITORS NOTE: The following is an article that was published in the December 15, 1985 issue of the DAILY OKLAHOMAN on Gennell York and the residents of Coldwater Manor.

By Nancy Sallsbury

Though the residents might, the spirit of adventure never grows old or becomes incapacitated at Coldwater Manor, a nursing home in this north Texas town.

Administrator Gennell York has a simple philosophy: "I run it in a way that I would want to be treated if I was in a nursing home."

"I think we're going to have to make nursing homes places where people can come in and say, 'What quality of life I have left, I'm going to live it to the hilt.'"

York's enthusiastic approach to caring for the Coldwater Kids, as residents are known in downtown Stratford, has earned her a nickname, too.

"My little people call me Big Mama," she said.

Big Mama and The Coldwater Kids load wheelchairs and walkers on the Sherman County Older Texans (SCOTS) bus and take off for places and experiences many missed when their lives were filled with work and responsibilities. Of the 38 residents, 15 to 18 are able to travel.

"Quite often, people come to visit 'Mom' and 'Mom' will be gone," York said. "When I first came, they didn't go out except to SCOTS meetings. But I felt like they should do whatever was possible for them to do."

York said her approach to nursing home administration is "not the norm, but someday, it will be."

Norm or not, the Coldwater Kids are on the move. And the community helps.

"Last year we were gone three days to Red River and Taos," York said. "We went out to see the pueblos. It rained, but my little people never complain."

An excursion to the planetarium in Amarillo to see Halley's Comet, brought back memories. Some of the residents had seen the comet, 75 years ago.

Low windows on the SCOTS bus make every trip, a sight-seeing tour. They've been to Canyon, to see the outdoor play "Texas," to the circus, the fair and dinner theater in Amarillo. Cotton candy and a ride on the ferris wheel made the trips complete.

At the fair, double-amputee Leleh Moon, 85, was the only one to ride the ferris wheel but all the Coldwater Kids create a stir, wherever they go.

"People come up and want to take pictures. They can't believe these people are from a nursing home," York said. "And most of the

time, restaurants and motels give us a discount without us even asking."

Coldwater Manor sells donated items at a garage sale to raise traveling funds, and art students in the group sell their creations.

"A lot of volunteers are going to run the store for us," York said. "We don't ask patients for money. We've already got \$1,500 in a money market, for the trip to the Grand Old Opry next spring."

The administrator says the group might plan a ride down the Mississippi River on a paddle boat during that weeklong outing. "These little people, they enjoy planning a trip," she said. "You never get too old to plan."

Volunteers drive and handle wheelchairs on the bus. "There is no problem getting helpers," York said. "It looks like we might have a small caravan on the road to Nashville."

But the older Texans don't have to leave town to have fun. They go to a Stratford restaurant on some of their twice-monthly dinner excursions. A Halloween carnival with spook house, and a St. Valentine dance at the manor make a long, cold winter, seem short.

"Whenever we have a party, the whole town comes. They all turn out for it," York said. "We put ads in the paper and send invitations out to people."

Young hula dancers and a band create the Hawaiian atmosphere for the annual September luau.

"We cook a big pig with an apple in its mouth and a full Hawaiian menu," York said.

Manor residents also look forward to the Stratford Day Parade, when the Coldwater Manor King and Queen ride on a float.

"The little ladies look forward to see who is going to be chosen as the queen," York said.

All the manor residents who are able ride a float in the parade and sometimes, they take other, more exciting rides. Some of them told York they had never ridden in an airplane.

"So I told them, 'Well honey, you're going to.' Everybody that was ambulatory went up."

Local volunteer pilots did the honors and volunteers with their snowmobiles will provide a similar opportunity when snow files in the Texas Panhandle.

"Everybody's talking about riding a snowmobile," York said. "We'll make a real party of it, with hot chocolate and cookies."

Thanksgiving and Christmas buffets make parties at the manor that can be shared with families. A Coldwater Manor ad in the Stratford Star, read, "Don't spend Thanksgiving alone. Come and eat with us."

Big Mama buys chocolate candy and fresh fruit, local farmers bring in fresh vegetables and, "Once a month, we fix something special, like German, Italian or Mexican meals," York said.

Residents are awakened in a special way, with a kiss and a hug.

"That's the first thing I do in the morning," she said. "And I guess that's the biggest thing I try to teach the staff, to love them, because that's the greatest thing we can give. Those people reach out for it."

Bill Kelp, activities director, helps each lady get ready for her day.

"He puts makeup and perfume on them every morning and volunteers do their nails every Friday," York said.

More volunteers do the mending, teach art class on Monday, show movies on Tuesday, lead Bible study on Wednesday and bingo on Thursday.

Star Dates

Wednesday, January 8
6:00 p.m. 4-H Council

Thursday, January 9
7:00 a.m. Retail Merchants Breakfast
8:00 a.m. SCOT Exercise
8:00 a.m. TOPS 897
5:30 p.m. TOPS 922
7:00 p.m. Hospital Board
8:00 p.m. AA & Al-Anon
7 - 8 Boys & Girls Spearman Tournament

Friday, January 10
1:30 p.m. SCOT Quilting/Games
2 - 4 p.m. Blood Pressure Clinic - First Christian Church
7:00 p.m. SCOT Birthday Party
7 - 8 Boys & Girls Spearman Tournament
Elks/Elkettes vs. Spearman [There]

Saturday, January 11
7:30 p.m. Annual Meeting
Country Club
7 - 8 Boys & Girls Spearman Tournament

Sunday, January 12
2:00 p.m. 4-H Horse Club

Monday, January 13
10:00 a.m. Commissioner's Court
Noon Lions Club
1:30 p.m. SCOT Quilting/Games
7:00 p.m. Moonshiners Extension Homemakers
7:00 p.m. SCOT Dance Lessons
7:00 p.m. Country Club Board

Tuesday, January 14
8:00 a.m. SCOT Exercise
2:00 p.m. Coldwater Manor Birthday Party
2:00 p.m. Kerrick Extension Homemakers
2:00 p.m. Southside Extension Homemakers
2:30 p.m. Sherman County Historical Committee
7:00 p.m. Appraisal Board
7:30 p.m. Farm Bureau Board
7:30 p.m. Fire Department Meeting

Wednesday, January 15
1:30 p.m. SCOT Crafts/Quilting/Games

Thursday, January 16
8:00 a.m. SCOT Exercise
8:00 a.m. TOPS 897
2:00 p.m. Ladies Bridge-Country Club
2:30 p.m. Happy Hour
Extension Homemakers
5:30 p.m. TOPS 922
7:30 p.m. City Council
8:00 p.m. Maonic Lodge #874
8:00 p.m. AA & Al-Anon



Greenland is the world's largest island.

OBITUARIES

W.D. [DEAN] HEIL
W.D. (Dean) Heil died at Edinburg General Hospital January 7, 1986.

Dean was born March 15, 1921. He was preceded in death by a daughter Deborah Ann who died in 1949.

He is survived by his wife Gerre and two daughters Claudia and Cindy.

Grandchildren are Chris, Corey, and Carla Crabtree. Deana and Kelley Dynes. Two brothers Jack of Stratford and John of Follet.

The family requests that you make donations to The Cancer Society or your favorite local charity.

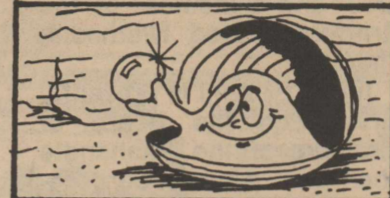
Services were pending at Presstime.

ANNA DEUTSCHENDORF
Anna Deutschendorf was born to Henry and Elizabeth Koop in Washita County of Oklahoma on August 8, 1901. She passed away to be with the Lord on December 26, 1985 in the Methodist Nursing Home of Clinton, Oklahoma.

In 1917, she was married to John Henry Deutschendorf, who preceded her in death in 1943. To this union were born two daughters, Annie Askins, who preceded her in death, and Lena Snider who lives in Clinton, Oklahoma. There were ten sons. Three of them, Henry, Fred, and Dean, also preceded her in death. The other seven are Paul, of Clinton, Oklahoma; Bill of Stratford, Texas; Sam, of Morrow, Georgia; Max, of Montezuma, Kansas; Abe of Lawton, Oklahoma; Larry of Deatsville, Alabama; and Dave of Newton, Kansas.

Along with her children, she leaves to mourn, one sister, Lizzy Pauls of Corn, Oklahoma; two brothers, Jake Koop of Weatherford, Oklahoma; and Aaron Koop of Wichita, Kansas; Twenty eight grandchildren; forty-four great-grandchildren; and a host of nieces and nephews and cousins.

Catch the Spirit
THE UNITED METHODIST CHURCH



An oyster will produce a pearl when a foreign body such as a grain of sand irritates its soft body. The oyster secretes layers of pearl, a calcareous or limestone deposit, around the sand to protect itself.

Helpful Hints

by Naomi

A frosted windshield can be cleaned without a lot of scraping. Rub the frost with a cut raw onion or rubbing alcohol. The frost will not return.

Disgusted with ants, spray them with fantastic all purpose spray cleaner they will die instantly with no bad odor.

When it's too cold to give your dog a bath, rub him with a big hand full of baking soda this will clean doggie and eliminate any odors.

When nails come loose in plaster walls, wrap a bit of cloth around the nail, soak it in glue and reinsert it in the nail hole, when glue hardens, the nail will be held firmly.

Cookies will taste like fresh baked when warmed in the microwave. Place them on a paper plate and put them in the microwave for a few seconds.

Put the amount of peanut butter you want to soften in a container and into the microwave for a few seconds this sure works.

When a cookie recipe calls for raisins, put them in hot water fifteen minutes and they will be soft, drain off water before putting them in the dough.

Set aside special time to help children enjoy Christmas and help them understand why we older ones enjoy and celebrate the holidays.

Lost, yesterday, somewhere between sunrise and sunset, two golden hours, each set with sixty diamond minutes. No reward is offered for they are gone forever.

To launder clothing that has a musty or mothball odor, put a cup of Vinegar into the wash water. Vinegar absorbs the odor.

Never make just one pie crust, make and bake several. Cook, cool and place them on top of each other in the pans they were baked in, and put in a paper or plastic bag and freeze for later use.

"You would think all the volunteers were paid big salaries. Stratford takes a lot of pride in its older people," she said.

Menu

School Lunch Menus
January 13-17

Monday-- Steak fingers, catsup, mashed potatoes, creamed gravy, whole kernel corn, carrot sticks, hot rolls, butter, white cake, chocolate or plain milk.

Tuesday--Pizzas/Hamburger, cheese, tossed salad, blackeyed peas, pears, chocolate or plain milk.

Wednesday--Baked chicken/noodles mashed potatoes, English peas, hot biscuits, butter, honey, peanut butter brownies, chocolate or plain milk.

Thursday--Mexican green chili casserole, brown beans, cole slaw, corn bread, butter, peaches, chocolate or plain milk.

Friday--Hamburgers, cheese, onions, lettuce/relish, tater tots, catsup, cinnamon rolls, chocolate or plain milk.

NEW FRITO LAY® BIG GRAB BAGS™

RUFFLES, O'GRADYS, DORITOS, CHEETOS, FRITOS

2 FOR 79¢ REG. 59¢

PRICES EFFECTIVE JAN. 9-11, 1986

ALLSUP'S

CONVENIENCE STORES

WHILE SUPPLIES LAST

ICE-MILK-HOT COOKED FOODS-SNACKS-CHIPS & DIPS-FILM & FLASH-COLD DRINKS-SELF SERVE GAS-WE'RE YOUR CONVENIENCE STORE!

<p>2-3 LBS. AVG. - WHOLE BARBECUE CHICKEN \$2.99 EACH</p>	<p>ALLSUP'S HOT CHOCOLATE 30¢ CUP</p>
<p>ALLSUP'S FRENCH FRIES 49¢ EACH ORDER</p>	<p>BORDEN'S ICE CREAM \$1.79 HALF GALLON</p>
<p>BORDEN'S HOMO MILK \$1.99 GALLON JUG</p>	<p>GRANULATED SHURFINE SUGAR \$1.39 5 LB. BAG</p>
<p>BARBECUE SANDWITCH 49¢</p>	<p>WOLF BRAND CHILI BUY ONE GET ONE FREE NO BEANS \$1.87</p>
<p>MOVIE & VCR RENTALS The Very Best in Home Video Entertainment! ALL YOU NEED IS YOUR TV!</p>	<p>Pepsi 6 pack cans 12 oz cans \$1.99</p>

SCOT Notes

by Timmie Brown

Happy New Year Sherman county Older Texans and Friends seems like a long time since we were together at Scot Hall to visit and see you-right now we think Scot should have a general December meeting-We can if we wish and not change our regular procedure either.

Out Birthday Party on Friday, January 10, 1986 will be the first meeting in the New Year. there are twelve names on the list: Mary Foster, Wayland Brown, Garland Bardwell, Harland Caraway, Mrs. Gurley, Billie Lu Thompson, Iora Sanders, Naomi Sanders, Mrs. Naugle, Lily Galloway, Jane Guthrie, Melba Keener. This list for editing was made from a list of names given from Judge Frizzell's office sometime ago. If you have a birthday in January or know a Scott eligible, this party is your party. Be sure to come. All Scot members are supposed to come to wish the birthday people well. This date January 10th is just two days after you receive your paper.

Regular game night is Saturday January 18th and the dance is on Saturday January 25th. To get into Scot swing, mark your calendar. Our regular noon-day meeting is on Thursday January 23rd. Scot January calendars are available at the Hall, so drop by and pick one up.

Among our Scot members and relatives who are recovering from various illnesses are Bell Davis, Rollo Newman, Jessie Hodges, Uncle Bill Crabtree, Juanita (Mrs. Woody) Gay.

So many Stratfordites have known of Mildred Ingham's Aunt May. This remarkable lady is now ninety three years old and last week under went surgery for the "second" replacement of batteries in her pacemaker. When she regained consciousness from the anaesthetic she immediately ordered food from the grocery to be brought in. Bless her for her "grit" and out-look on life.

Home for the holiday were Juanita and Cone Donelson, Ethel and W.U. Price from Sun City, (How we wish they would stay). At the Jim Taylor's home were Mary Sue and Marvin Cotton and family. Visiting the Bill Allen's were Katy, Sasha and Lindz Browning, and Will Allen.

The Dwight Hester's, Mae Glenn and the Charles Lambs enjoyed the visit of Carla, Mark, Shae, Kelly, and Chris Lamb and Myrna, Charles, Tonia, Shantel and Nicole Plunk. Imagine the joy of having all your children and grandchildren with you at one time when they live so far away, Arlington and Houston areas. such was the privilege of the Lambs and Hesters.

To brighten Mattie Lu and T.F. Baskins house hold were Mike Baskin, just returned from Ireland, Lucy Ray, Amy, Melissa, Cindy and Holly Gerkin all Denverites.

Alan, Patty, and Nathan Haile were welcomed by the Lorell Hale's, Lorelyn Powers family and Timmie Brown. After Christmas Donna Moon, Barbara, Stephanie, and Alicia brightened the Haile home. The Chuck Smiths and Baskin Brown's were happy to have Sharron, Blair and Carrie Brown home for Christmas day, enjoying the seasonal time and celebrating Blair's graduation from Texas Tech. The Jim Bob Brown's and Timmie Brown were in on this too, since Blair is Jim's only nephew and Timmie first great grandchild.

Sue Haile was greeted by mother, Dorothy, the Jack and Barbara Hailes, and lots of other folks.

With the Fritz Steinburgers and grandmother Ruby Garoutte were Judy, Ronald, Corby and Winn Kenney; Bill, Judy, and Dane Steinburger- Maurine Plunk

and they shared a visit with Gay, Gary, Kirk and Paula Steinburger. Later LuAnn burleson, Jamie and Leslie Erin visited grandmother Maurine Plunk and attended the S.H.S. tournament. Gary and Sue Hudson's guests were Flo and Pat Hudson, Mother Flo is here often, sister Pat is living in Seattle, Washington. Ruby Garouttes guest were her brother Dick Rider and wife Juanita and sister Lula Wood of Guymon. Later grand daughter Carol, Kyle and daughters from Albuquerque were here attending the traditional "Cousins Party" hosted by Baskin and Betty Brown in their home on Sunday December 29, 1985. Out of town cousins were Jewel Mae (Watson) Gately of Dalhart, bus and Ruth Brown, Fresno, California, Aunt Lorene Brown, Panhandle, Tx. Carolae, Ken, Kimberly, Kendra and Kristan Campbell, Liberal, Kansas. Home town cousins attending were Pauline Martin, Jim Tom Brown, Joyce and Wm Hart, Katie and Bill Allen, Dwight and Joy Hester, Maurine Plunk, grandson Blair Brown, niece Lorelyn (Haile) Powers and Joy and Mother Timmie Brown. If you are a brown or Lee cousin or aunt or uncle, mark your 1986 calendar for December 28 and plan to show up. It's great family fun.

"Life is real, life is earnest" says the poet. In all this rejoicing we give pause to note some of the earnestness of life. We are sorry to tell you that Dean Hiel, Cindy Crabtrees father and Fred Lamb, Cloise (Alexander) Lambs husband are not well. Lingering illnesses are tests we must endure to God's glory. Also, we are often called upon to face death which is the experience of Marjorie Stipe Coffee as she faced the on going of her husband Pete Coffee in December. Pauline (Good) Fester met the Lord's will when she gave up her only child, Peggy (Foster) Dawhurst January 1, 1986. Earlier in December, Dorothy Haile released earthly claim on here revered Uncle, Bernie Parker. We, representing friends, personally, assure you we share your grief and loss. We uphold you by our love and understanding and in our believing prayers, and trust in our loving Heavenly Father who cares for us and "doth all things well," Amen and Amen. This is our supportive avowal to both those who have faced death and to those concerned with your ill ones. (Marjorie's address is-Mrs Taz Coffee, 221 E. Chase Avenue, Portersville, California 93257

Kerrick News

By Marylou McDaniel

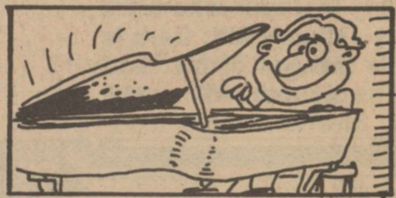
Kayo and Jo June McDaniel hosted a New Year's eve Party. There was a table of 88 and a group playing Trivial Pursuit. Present were Bill and Donna Gillenwaters, Bill and Pat McDaniel, Kenneth and Lynn Wells, Derrek Wells, Danielle Whitson, Warren and Nadine Miller, Franny Taylor, Barbara Avenrt, and Myron Leedy.

The Wells Family held a Holiday dinner December 29, at Kerrick Community Center with 64 attending.

Present were the families of Jim Taylor, Joe Taylor of Stratford, Marvin Cotton of Bettendorf, Iowa. Ross Wells, Stratford. Also the families of Parker Maness, Ray Baker, Kenneth Maness, Gary Maness, Parker Lee Maness, Felt Oklahoma. and Troy Baker. Also families of Aaron Einsel, Greensburg, Kansas; Don Wells, Leroy Randolph, Richard Lloyd, Jeff Wells, Boise City, Oklahoma; Lawrence Wellises, Joyce Wells, Griggs, Oklahoma; Norval Kenneth Wellises, Paul Wellises, Kerrick; Jan Wells, and Derrek Wells, Austin; Terry Wellises, Stratford; Birgil Wellises, Buffalo, Oklahoma.

New Year's Day visitors with the Kenneth Wellises were Judy and Lyman Potter of Boise City.

Mildred and Bob Robinson, Boise City, and Franny Taylor took advantage of the



The piano was invented by an Italian harpsichord maker called Bartolommeo Cristofori, to remedy the harpsichord's inability to play soft, "piano" in Italian, and loud "forte."

Pauline's address is 2604-30th street Lubbock 79410) Our joy is in "our babies". We welcome Amanda Gayle White who discovered America December 22, 1985. He is the daughter of the Daryl Whites; grand daughter of the Glen Whites and great-grand-daughter of the Howard Whites. She is a first in each case and a fifth generation representative in Carolyn's family. We enjoyed seeing little Carla Bryson at the bank. B.A.'s granddaughter. The gentleman of these is Bradley Don Reed, son of Viann and Don Reed, grandson of Esther and Ronny Ferguson also Margaret and Bill Reed. We encourage all Scot to start 1986 right by being at the Hall for our birthday party Friday.

beautiful New Year's Day and toured the Griggs community.

Myron Leedy returned Thursday to his home in Junction City, Kansas, after a holiday visit with daughter Marvlu McDaniel and

Holiday visitors with Hank and Mabel Rogers were his brother and wife, Jim and Jo Alice Rogers of Oden, Arkansas, the Garland Palmers of Dalhart and grandsons, Ian Weems of Oklahoma City and Joshua Rogers of Amarillo.

The Rogerses also visited with his cousin, Reba Holloway in Amarillo and her son's and their wives, Jimmy of Las Vegas, Nevada, and Virgil of Farmington, New Mexico.

Retired Teachers To Meet Friday January 10

The Dallam-Hartley-More-Sherman chapter of the Texas Retired Teachers will meet Friday, January 10, at 2:00 p.m. in the community Room of the First National Bank at Dalhart. A business session will include election and or appointment of committee chairman for legislative, program, health and other committees. Explanation of awards will be made. Results of the Questionnaire will be announced.

Nick Craig will give a brief

program on the Dalhart Hospice program. Mrs. Debbie Wieck will present a brief musical program with her preschool students. She will also lead the group in a few familiar songs.

Refreshments will be served following the program. The TRTA chapter welcomes all members of the Texas Retired Education System, their spouses, and any other interested persons. Please be there at 2:00 so that the meeting can begin promptly.



The great Alaska brown bear weighs as much as 1,600 pounds and measures up to nine feet in length.

LET'S JOIN IN PRAYER

The Churches of Stratford Welcome Your Family

ASSEMBLY OF GOD

Rev. Lonny Robbins
Corner of Purnell & Fulton
Sunday School 9:45 a.m.
Morning Worship 10:45 a.m.
Evening Worship 6:00 p.m.
Wednesday Bible Study 7:30 p.m.

FIRST CHRISTIAN

Rev. David A. Harker
Fifth and Main Street
Sunday Coffee Fellowship 9:00 a.m.
Sunday School 9:45 a.m.
Morning Worship 10:45 a.m.
Chi Rho Fellowship 5:00 p.m.
Evening Worship 6:30 p.m.
Wednesday:
Childrens Choir 3:45 p.m.
Adult Choir 8:00 p.m.
Friday:
Blood Pressure Center 2-4 p.m.

CHURCH OF CHRIST

Minister Clark Tatum
Third at Chestnut Street
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 6:00 p.m.
Wednesday Bible Study 7:30 p.m.



ST. JOSEPH CATHOLIC

Father Lou Mounier
515 South Pearl Street
Mass Every Sunday 8:00 a.m.
Evening Masses Saturday 6:30 p.m.
Mass on Sunday 11:00 a.m.
Hebrews 10:25

FIRST BAPTIST

Dr. Genoa Goad
702 North 3rd
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Church Training 6:00 p.m.
Evening Worship 7:00 p.m.
Wednesday Evening Bible Study and Prayer 7:00 p.m.

FIRST UNITED METHODIST

Rev. Ken Metzger
520 North Main
Sunday School 9:40 a.m.
Morning Worship 10:50 a.m.
Evening Worship 6:00 p.m.
Junior High UMY 5:00 p.m.
Senior High UMY 6:00 p.m.
Wednesday Choirs:
Children's Choir 3:45 p.m.
Bell Choir 7:00 p.m.
Chancel Choir 8:00 p.m.

CALVARY BAPTIST

Rev. Larry Christy
302 South Main
Sunday School 10:00 a.m.
Morning Worship 11:00 a.m.
Evening Worship 7:00 p.m.
Wednesday Prayer Service and Bible Study 7:00 p.m.

This series of ads brought to you by these business's. Please support.

A & I Parts Center 396-5593

C & C Texaco Products 396-2131

C & C Texaco Station 396-2547

The Girls Next Door 396-5971

Cimarron Feeders, Inc. 1-405-543-6383 Griggs

Duncan Chevrolet & Oil Company 396-5557 396-2835

Headquarters Restaurant 396-2120

Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching.

Can one be a Christian and not attend church? Yes, but how strong a Christian is one if they can and will not attend the fellowship, Bible study and Worship? The question is one of a legalistic nature and one does not become a Christian or remain a Christian by legalistic behavior but by grace.

The question for the honest Christian is not, "can I still be such and such if I don't", but the question should be, "if I am, can I forsake the doing of such and such"? A honest, God fearing, Christ loving Christian will not ask, "how much can I not do and still be accepted by God, but how much should I be doing for the Kingdom of christ?"

Have you ever wondered why geese and ducks fly in a "V" formation? The reason is the uplift that comes from the goose or duck in front. I understand from those who have tested such it is better than 50% uplift. That means 50% less effort or 50% more flying distance. Should we not learn from the lesser of God's creation that we need the help of one another. See you in church.

Olson Automotive Machine & Supply Hwy 54 W 396-5572

Williams Repair Service 396-5330 396-2322



This series of ads brought to you by these business's. Please support.

Smith & Birk Well Company, Inc. 396-2111

North Plains Savings & Loan 396-5534

Consumers Company 396-2261

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TECO 396-2300

IGA Foodliner 396-2330

Walter Lasley & Sons, Inc. 753-4411

Stratford Star 396-5885

JOE PETE FLORES

Farm Bureau agent in Sherman County

County qualifies for 1986

NATIONAL QUALITY AWARD



JOE PETE FLORES

Joe Flores has qualified for the 1986 National Quality Award offered by the National Association of Life Underwriters. The NQA Award is given annually in recognition of life insurance agents who perform a quality sales effort to the benefit of the public and the insurance industry.

SHERMAN COUNTY FARM BUREAU

HWY 287 SOUTH

396-5538

Star SOCIETY

Stovall & Cook Exchange Vows



Miss Lucinda Kay Stovall and Brian Gerard Cook were united in marriage on December 27. The double ring 3 p.m. ceremony was held in the First Baptist Church of Dumas. Reverend H.W. Brown, Jr. of Dumas read the exchange vows before a fifteen candle brass candelabra was flanked on either side by white wicker baskets of leather leaf, white spider mums, gladiolas, and miniature carnations accented by peach satin bows.

The bride is the daughter of Mrs. Mark Greer, 502 Bradley, Dumas, and the late Dale E. Stovall. Parents of the groom are Mr. and Mrs. Lee A. Cook of Plainview.

Given in marriage by her grandfather, Kay Dunlap, the bride wore a tea length Victor Costa gown of white cotton lace with an ivory underlay. The bodice of the gown featured a boat neckline with elbow length puffed sleeves and a back that was open to the waist accented by tiered bow enclosures.

The bride's headpiece was a floral and pearl wreath with waist length veil of illusion. She carried a cascading bouquet of gardenias, baby carnations and greenery accented by white ribbon. She wore the traditional Something Old, a handkerchief belonging to the groom's grandmother; Something New, her wedding gown; Something Borrowed, a wedding ring belonging to the bride's mother; and Something Blue, a garter with a penny in the year of the bride's birth.

Attending the bride was Shell Dixon, Afton, Oklahoma, cousin of the bride. Her peach tea length gown featured scoop neckline and elbow length sleeves. The back of the gown was accented by tiny criss-crossed straps. The bridesmaid carried a cascading bouquet of white gardenias and peach carnations accented by greenery and peach ribbon.

Serving as best man was Wally Hatch of Plainview. The groom, best man and father of the bride were attired in black tuxedos.

Candles were lit by Miss Whitney Greer of Canyon. Music was provided by Mrs. Howard Greer of Sunray.

The couple was honored with a reception following the ceremony at North Plains Country Club.

The groom's parents hosted a rehearsal dinner on December 26 at the North Plains Country Club.

Following a wedding trip to Cancun, Mexico, the couple will reside at 4808 Haverwood Lane in Dallas.

The bride is a graduate of Stratford High School and graduation with a B.A. in advertising from Texas Tech University and an M.A. in Radio-Television-Film from the University of Kansas. She is affiliated with Alpha Chi Omega social sorority and is employed with Ogilvy Mather Advertising in Dallas as an account executive.

The groom is a graduate of Plainview High School and Graduated from Texas Tech University with a B.B.A. in accounting. He is affiliated with Pi Kappa Alpha social fraternity. Cook is self-employed in Dallas as a contractor.

Garoutte & Harbour Exchange Vows



Mr and Mrs. Gary Garoutte are proud to introduce Mr. and Mrs. Rusty Harbour who were united in marriage Saturday January 4th. Gara is their daughter and Rusty is the son of Mr. and Mrs. Charles Harbour. The couple will make their home at 711 N. 5th, Stratford.

Bridal Shower
for
Gara & Rusty Harbour
January 18, 1986 10:30 - 12:00
in the Home of Jack Rhoades
Congratulations
to
Gara & Rusty
Bridal Selections at
Elk Pharmacy



Zebra in a herd never all sleep at the same time. There are always a few lookouts.

BEGINNING EXPERIENCE WEEKEND
JANUARY 24, 25 & 26
A weekend program designed to help
widowed, separated and divorced persons
Call Rick or Connie 727-4669
Roger 396-5368

	Portable Air Tank Nine Gallon Capacity, 125psi Used for inflating Bike Tires, Car Tires, etc. for Farm, Home and Industry. Regular price 53.06 Sale Price \$34.66
	Shurtape Duct Tape 2in. x 60yds Regular price 7.98 Sale Price \$4.99
	REV Starting Fluid Regular price 1.30 Sale Price 97¢

Specials for January 1986

Olson Automotive Machine & Supply Co.
West Hwy 54 396-5572

Prospectus Study Club

Prospectus Study Club will meet Friday, January 10, at 3:00 p.m. in the home of Janet Riffe with Joyce Hart as co-hostess.

The program, a slide presentation, "Conservation - The First Fifty Years, Sherman county, the Last Twenty years" will be given by Thomas Reed, local Soil Conservationist with the Soil Conservation Service.

Members are urged to attend and bring hand lotion for Girlstown.

Town Talk

Seth Sawyer, son of Mr. and Mrs. Layton Sawyer of Route 2, box 16 in Stratford, recently competed in a livestock judging contest at Panhandle State University with the Abilene Christian University team.

Sawyer, a freshman agronomy major, placed fifth in overall individual competition. He also placed fifth in beef cattle judging.

ACU is the fourth largest private university in the Southwest, enrolling some 4,600 students annually in one of its five undergraduate colleges and graduate school.

Town Talk

Holiday visitors in the home of Mr. and Mrs. Herb Folsom were, Carolyn F. Brierty, Gulf Shores Al., Kim Green, Baton Rouge LA., Jonna and Robert Austin, Coolidge, AZ., Kirsti, Tommy and Melissa O'Brien Amarillo, Linda, Stanley and Jonathan Folsom, Dumas TX., Pamela Simms, Dumas, Lane Folsom, Ithaca, N.Y. Leigh Folsom, Carrollton TX., Brian Lee and Fred Green, Amarillo and Miss Michelle Overstreet, Amarillo.


For heaven's sake.

Your friends and neighbors of The United Methodist Church are in mission, helping to spread the Christian spirit through sharing and caring for others. Join us. It's a spirit that's catching.

Catch the Spirit
First United Methodist Church

Ladies Fall & Winter Shoes 40% off
Justin Workboots \$69.95
One Group of Men's shoes 1/2 Price
Everything Else not already on sale
25% off
Buckle & Bow 396-5969

FREE
8 x 10 Color Portrait



Jim Patterson, one of the country's leading Western Photographers will be in our store
Thurs.- Fri.-Sat.
Jan. 16 17 & 18
to create his unique western portraits.
10 a.m. to 7 p.m.
10 Day Delivery No Purchase Required
Limit - 1 FREE Portrait Per Family or Person
Groups & Families - No Extra Charge
Thriftyway
Hwy 54 E. Stratford

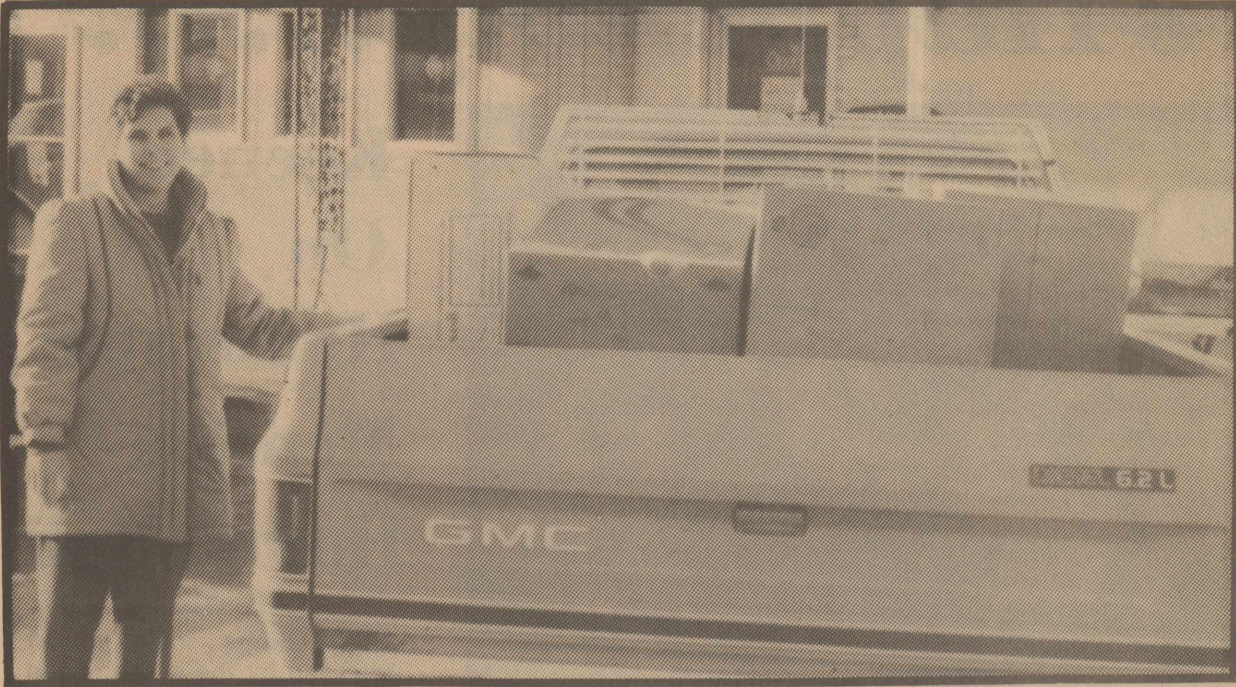
Williams Repair Service
Phone 396-2429

Don Williams Res. 396-2322	Eddie Williams Res. 396-5330
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For Plumbing and Heating trouble
Roof Repair and Home Remodeling
Residential and Commercial

We Sell
Smith Water Heaters
Cozy Wall Heaters
Heat Tape
Kohler Fixtures
Plumbing Supplies
Cozy Floor Furnaces
Delta Faucets

Clothing To Girlstown



A pickup load of clothing and other articles was taken to Girlstown in Borger December 4 by Margaret Reed, Girlstown Endowment Fund President and member of GFWC/Prospectus Study Club.

It is now being announced that about a month ago, Girlstown Endowment Fund became a part of the Amarillo Area Foundation. This will be a help to the Fund. The Board of Directors and the Fund will still be under the supervision of the Top of Texas District,

Country Club Stockholders Meeting

Remember to come to the Annual Stockholders Meeting at the Club this Saturday night at 7:30 p.m. An Appreciation Dinner will be catered by Carroll's Smokehouse of Dumas free of charge. Please RSVP by Thursday evening by calling the club. The Ballot: Vote for four of the following for directors by placing an "X" in the space before the names of your choice. Return to the Stratford County Club, P.O. Box 709, Stratford, Texas, 79084, before January 11, or bring to the Stockholders meeting.

Kent Kimball
Dick Davenport
Barbara Chumley
Jess Willard
Bill Riffe

Texas Federation of Women's Clubs. Citizen's State Bank at Dalhart is the depository. Memorials, honorariums and contributions may be sent to P.O. Box 1151, Dalhart, Texas 79022.

Borger campus will soon have 35 girls in residence with the completion of a new building.

In taking the items from club members and friends of Girlstown, Mrs. Reed found that nothing goes to waste. They need household items such as furniture, pots and pans, dishes, as well as

HAPPY HOUR DEMONSTRATION CLUB

The Happy Hour Home Demonstration Club met in the home of Elsie Pickens, with four members present; Myrtle Ellison called the roll, and Elsie Pickens gave the opening exercise. Last minute gift, we voted to send \$50.00 to Girlstown in Borger.

The program was turned over to Susie Spurlock on T.E.H.A. Review, it was a very interesting program.

The meeting adjourned with delicious refreshments served to the four members, and one visitor, Susie Spurlock

The next meeting will be with Virginia Wells with a covered dish supper on January 16, 1986, time will be at 6:00 o'clock.

Those members attending were; Dorthia Allen, Myrtle Ellison, Elsie Pickens, Virginia Wells and one visitor Susie Spurlock.

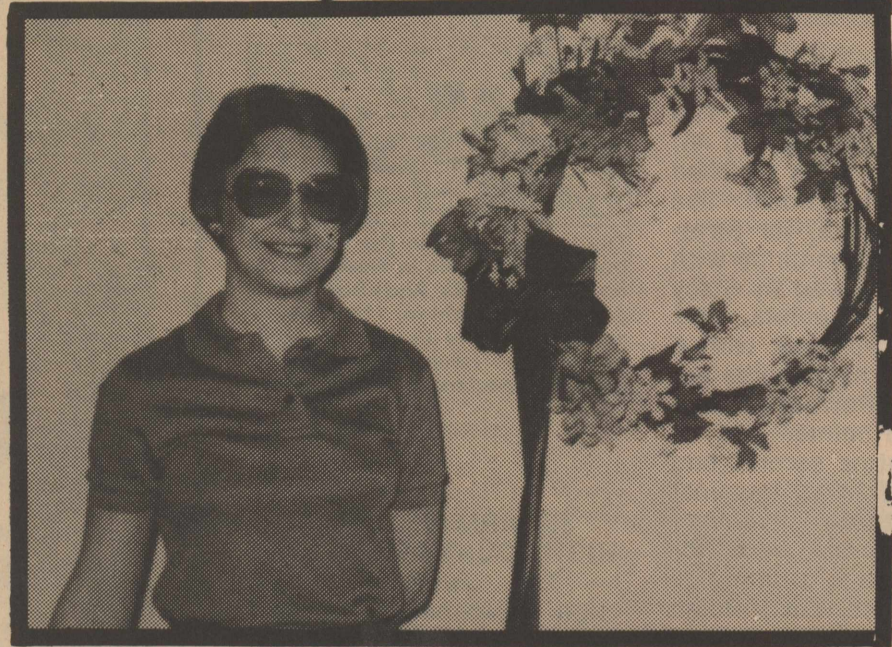
clothing. What cannot be used at Borger, will be used at the other campuses. After that, a truck comes by once a month and items are taken to Mexico. Absolutely nothing is unused!

Keep this in mind the next time you clean out that closet, basement, garage or kitchen cabinet. Take a load to Borger Girlstown anytime. If you are unable to take it on your own and visit the campus as they would like for you to, contact Mrs. Reed or any GFWC/Prospectus Study Club member for assistance.

Tops 897 Met Thursday January 2

Tops 897 met Thursday January 2nd at 8 a.m. with five members present. Rose Wells led the pledge and Mildred Ingham called the roll, with each member telling what she had done the previous week. Since the club did not meet Christmas week there were no minutes to read. Mildred read the rules on what an excused absence was. The Club voted to change their meeting date from Thursday to Tuesday morning at 8:00. All new members are welcome. There will be a contest starting Tuesday the 7th. The meeting adjourned.

Cook Of The Week



This weeks Cook of the Week is Judy Dollar. She was born and raised in Wellington, Texas. Her and her brother were raised in a Christian home and attended a little country Church 10 miles West of town.

Bruce and Judy met in Wellington where he was employed by Wellington ISD as a coach. They were married December 27, 1975. They moved to Stratford in 1978 where Bruce was an assistant coach. Judy went to work at the ASCS office. Three years later they moved to Bruce's home town, Farwell, Texas where he was Athletic Director. When the position of Head Football Coach/Athletic Director came open at Stratford in 1984 They jumped at the chance to come back "home". Judy is again working at the ASCS office.

They have really enjoyed living in Stratford and look forward to a long future here.

Judy enjoys baking, ceramic painting, golfing and going to games. They are member of the First Baptist Church, in Stratford.

Here are a few recipes that Judy is sharing with us.

Straw-Ba-Nut

6 eggs
1-14oz can Eagle Brand milk
1-10oz bag frozen strawberries(blended or sliced)
2 bananas, (mashed)
1-8oz container Cool Whip, thawed
2 cups sugar
1 1/2 tsp. vanilla
1 cup chopped pecans
Red food colorin optional
milk to fill freezer

Beat eggs with electric mixer at medium speed until frothy. Gradually add sugar, beating until thick. Stir in Eagle Brand milk and vanilla

Combine strawberries, bananas and pecans; fold in Cool Whip. Add fruit mixture to egg mixture; stir gently. Add food coloring, if desired. Pour into freezer can of a 1-gallon freezer.

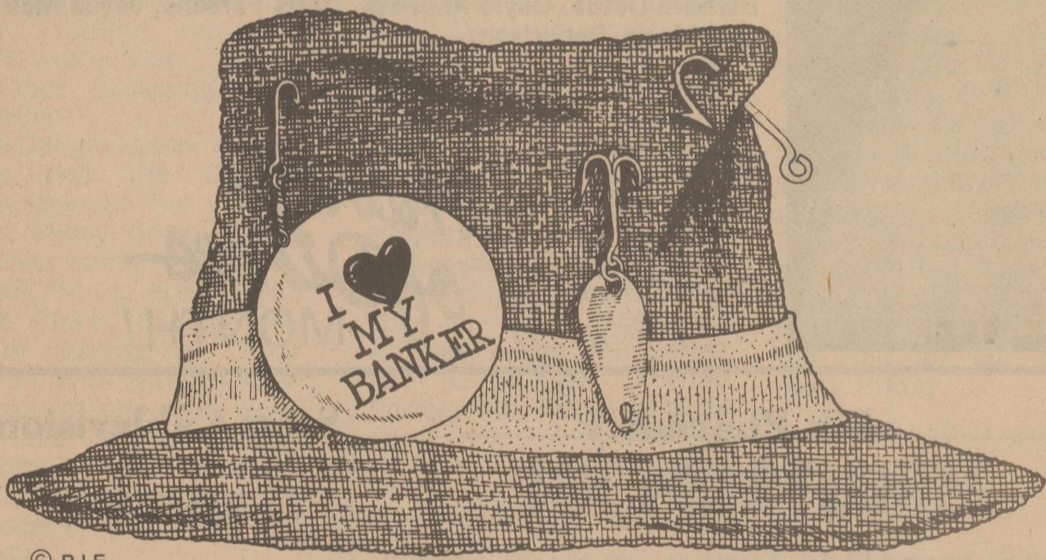
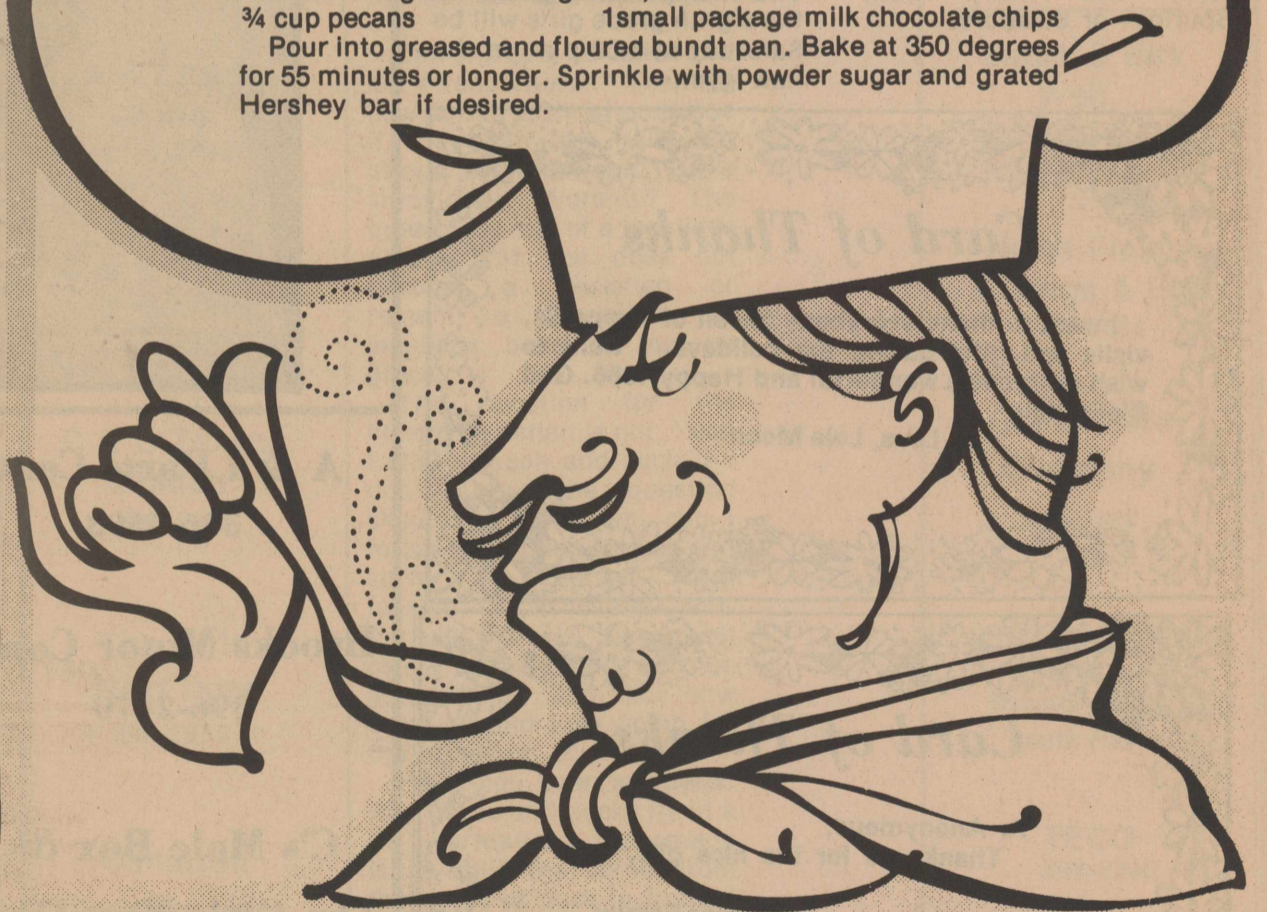
Add enough milk to fill can to 1/2 inch below full line. Freeze. Let ripen at least 1 hour.

Sausage Balls

1lb Velveeta Cheese (grated or chunked)
1lb sausage
2 cups bisquick
Mix all ingredients well and roll into balls. Bake on greased cookie sheet at 350 degrees until browned (10-25 minutes). Serve warm. Sausage balls can be frozen either before or after baking.

Chocolate Chip Cake

1 yellow butter cake mix
3 eggs
3/4 cup water
Mix all 6 ingredients together, then add:
3/4 cup pecans
1 small package milk chocolate chips
1 carton sour cream
1 small box chocolate pudding
3/4 cup oil
Pour into greased and floured bundt pan. Bake at 350 degrees for 55 minutes or longer. Sprinkle with powder sugar and grated Hershey bar if desired.



© P.I.E.

SYMBOLS OF RETIREMENT

The old fishin' hat is a recognized symbol of retirement, just like your personal IRA.

After spending a lifetime working toward your retirement you deserve to be free of financial worries. Stop in and let us explain the benefits of an IRA. We'll explain the savings and investment oppor-

tunities in terms you can understand.

Your tax deferred individual retirement account will be there when you need it, so you can spend all the time you want at your favorite fishin' hole, worry-free.

See us today, you'll be glad you did.

FIRST State Bank of Stratford
MEMBER F.D.I.C.

WOMEN AND NUTRITION JANUARY 15th

Editors Note: The following is a news release from Susie Spurlock, county Extension Agent Hec Sherman county.

Understanding the nutritional needs of women and how to meet those needs for productive golden years will be the topic at Lunch-n-Learn, Wednesday, January 15th.

Interested women are invited to attend this informative session from 12 noon to 1 p.m. at the county Extension Office. A light lunch of soup and sandwiches will be served for \$2.50 a person. Attendance is limited to 20 persons, so call the Extension Office at 2122 before noon, Tuesday, January 14 for reservations.

Susie's Aerobics

New Session Starting

January 13th - 17th

\$17.50

8:30 - 5:30

Men welcome - Limited classes - 396-2161

CATFISH ACRES Restaurant

4200 N. Western Amarillo

ALL YOU CAN EAT \$6.95

Open at 5:00p.m. Closed Monday
806-374-3473

STRATFORD

ST. FRANCIS

CATFISH ACRES

WESTERN ST.

AMARILLO

55th ANNUAL STRATFORD TOURNAMENT

by Jo Dawn Shields

In the 55th annual tournament, the Stratford Elkettes took first place in the girls division and River Road WildCats won the boys division.

The Stratford girls played their first game Friday evening against Gruver. The final score was Stratford 46, Gruver 38. This placed Stratford in the finals. The high-scores were, for Stratford, Sheila Cummings with 15 points, followed by Stacy Rolan with 14 points, and Mary Beth Spurlock with 6 points. The high-scores for Gruver were Potts and White both with 8 points.

The Elkettes second and final game was against Dalhart Saturday evening. The high scorers were, for Stratford Sheila Cummings with 40 points, Stacy Rolan with 12 points, and Shawna Dettle with 10 points. The high-scorers for Gruver were L. Gentry with 18 points and B. Gentry with 11 points. The final score placed the Elkettes on top with 83 to 58.

The Stratford boys began their games Friday night against Sunray. The final score was Stratford 79, and Sunray 65. The win put the Elks in the finals. The high-scorers for Stratford were Judd Butler with 20 points, Paul Hudson with 12 points, Justin Bailey with 11 points, and Jimmy Muir and Malcolm Water each had 10 points. The high-scorers for Sunray were Nelson with 17 points, Moore with 14 points, and Lamb with 12 points.

In the boys final game, River Road took the upper hand, beating Stratford 67 to 60. Stratford's high-scorers were Justin Bailey with 13 points, and Paul Hudson and Judd Butler each with 12 points.

Stratford Elkettes took first place, followed by Dalhart in second and River Road in third, Sunray took consolation.

In the boys division, River Road took first place, Stratford took second, Dalhart took third, and Gruver took consolation.

The girls chosen all-tournament are as follows: Shawn Gauls of River Road, Ladawnd Gentry of Dalhart, Stacy Rolan of Stratford, Sheila Cummings of Stratford, and Mary Beth Spurlock of Stratford.

The all-tournament boys were Mark Cunningham from Dalhart, Stacy Nelson from Sunray, Tommy Powell from River Road, Jeremy Johnson from River Road and Justin Bailey from Stratford.



The longest fight in the history of boxing took place in New Orleans on April 6-7, 1893. Andy Bowen and Jack Burke fought for 110 rounds—seven hours and 19 minutes—only to have the referee break up the fight and declare it "no contest."

SPEARMAN JUNIOR HIGH TOURNAMENT

The Stratford Junior High Basketball teams will be playing in the Spearman Junior High Tournament, this Thursday, Friday, and Saturday.

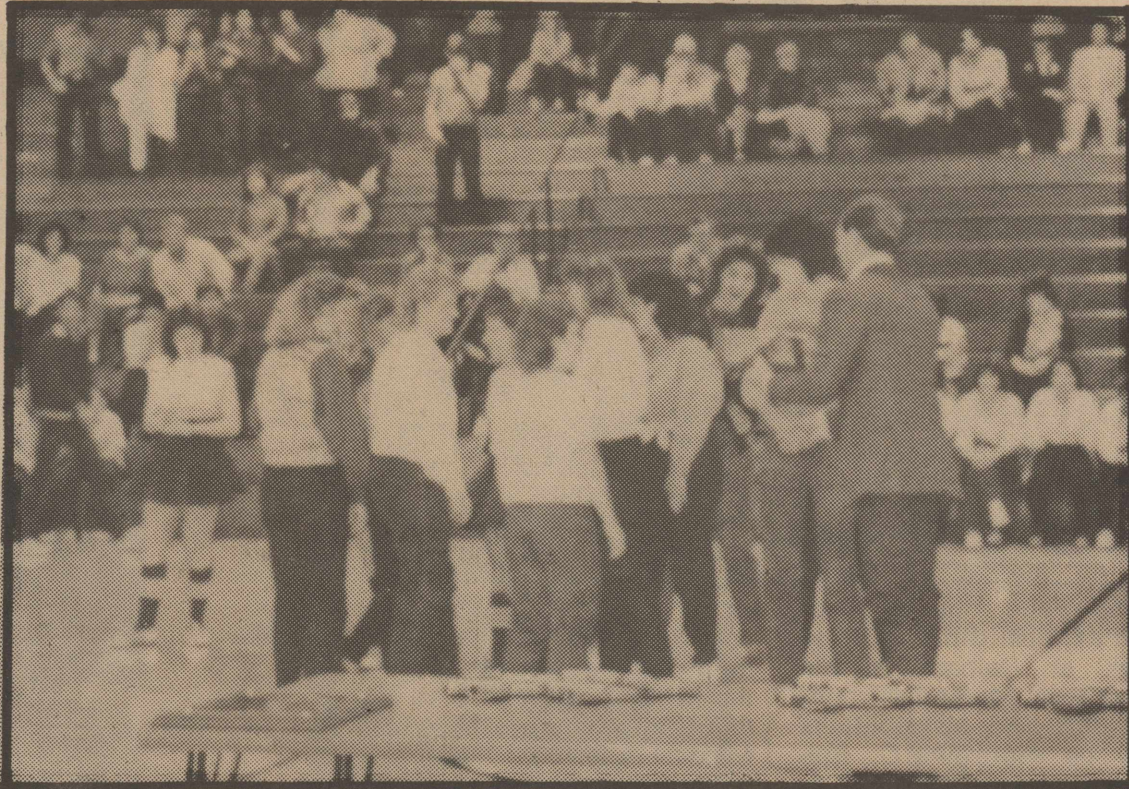
The Stratford seventh grade boys will be playing Dalhart, Thursday at 8:30 p.m. in the old gym. If they win that game, they will play the winner of the Perryton Panhandle Game Saturday at 11: a.m. in the old gym. The championship game for the seventh grade boys will be Saturday at 4:00 p.m. in the new gym.

The eighth grade boys will be playing Dalhart Friday at 6:45 p.m. in the old gym. If they are the winners of that game they will play the winner of the Perryton-Panhandle game Saturday at 1:45 in the new gym. The championship game for the eighth grade boys will be Saturday at 6:45 p.m. in the new gym.

The Stratford seventh grade girls will be playing Dalhart, Thursday at 7:30 p.m. in the old gym. If they are the winners of that game, they will play the winner of the Perryton-Panhandle game Saturday at 12:00 noon in the old gym. The championship game for the seventh grade girls will be Saturday at 3:00 p.m. in the new gym.

The eighth grade girls will be playing Dalhart Thursday at 8:30 p.m. in the New Gym. If they are the winner of that game, they will play the winner of the Perryton-Panhandle game Saturday at 11:30 a.m. in the new gym. The championship game for the eighth grade girls will be Saturday at 5:00 p.m. in the new gym.

What's Happening!!!!!!



Elkettes win first place in Stratford Tournament.



Elks win second place in Stratford Tournament.

Keener On Honorable Mention Honor Roll

The fall semester honor roll listings have been released by the office of the dean of academic affairs at Northwestern Oklahoma State University, Alva, included 576 students. Of that number, 90 are on the president's honor roll, 147 on the dean's honor roll and 339 on the two honorable mention lists.

Those on the president's honor roll earned all A's, or a 4.0 in a minimum of 14 undergraduate or 12 graduate hours, with no incomplete work.

Those on the dean's honor list had grade averages of 3.5 or better in a minimum of 14 undergraduate or 12 graduate hours, again with no incomplete work.

Students on the 4.0 honorable mention list had all A's in a minimum of three and a maximum of 13 hours, with no incomplete work. Students on the 3.5 honorable mention list were enrolled in a minimum of nine to a maximum of 13 semester hours, with no incomplete work.

John Mark Keener of Stratford made the Presidents Honorable Mention Role.

Hudson Celebrates Birthday



Sue Hudson was surprised with a breakfast get together come as you are Birthday Party Monday January 6th. We are not saying what birthday number it was but it rhymes with shorty. Attending were Maurine Plunk, Linda Spurlock, Ellen Tillery, Barbara Dettle, Gayle Rhoades, Doris Parsons, Joyce McBride, and Marty Robertson.

IT'S *March of Dimes* MONTH!

Card of Thanks

I want to thank everybody for all of the cards, visits and gifts during the holidays. I want to wish everyone a wonderful and Happy 1986. God Bless You.

Love, Lela Moon

Card of Thanks

To Anonymous,
Thank you for the nice gift.

The Baker Family

Thank You to The 1986 Trophy Donors

FIRST PLACE GIRLS The First State Bank of Stratford
 FIRST PLACE BOYS..... Stratford Grain Company
 SECOND PLACE GIRLS..... Smith Insurance Agency
 SECOND PLACE BOYS..... Thriftway
 THIRD PLACE GIRLS..... North Plains Savings & Loan
 THIRD PLACE BOYS..... Elk Pharmacy
 CONSOLATION GIRLS..... Empire Construction Company
 CONSOLATION BOYS..... IGA Foodliner
 WINNING GIRLS COACH..... Duncan Chevrolet
 WINNING BOYS COACH..... C & D Body Shop

ALL TOURNAMENT AWARDS, GIRLS & BOYS:
 Brown's Meat Locker
 W. D. Brannan & Sons
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 Kay's Hair Hustler
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 Harley's Barber Shop
 Touch of Sun Tanning Salon
 Stratford Printing and Office Supply

All The Coaching Staff and Elks and Elkettes

A & I Parts Center 396-5593	Elk Pharmacy 396-5505	Scott Cablevision 396-2020
Brooks Motor Company 396-2470	Fat Alberts 396-2433	Stratford Grain Company Stratford 396-5541 Lautz 769-4485
C's Male Box & The Girls Next Door 396-5971	IGA Foodliner 396-2330	Stratford Printing 396- 5371
Cimarron Feeders, Inc. 1-405-543-6383 Griggs	North Plains Savings & Loan 396-5534	TECO 396-2300
Coldwater Manor 396-5568	Olson Automotive Machine & Supply 396-5572	Stratford Star 396-5885
Consumers Company 396-2261	Thriftway 396-5586	Walter Lasley & Sons, Inc. 753-4411

Tips & Topics

By Susie Spurlock County
Home Economist Agent



THE CASE OF THE MISSING EXERCISE
Part III

It was a haunting question. A piece of the puzzle that just wouldn't fit. In a few short weeks the lady had changed her food buying habits, learned some eating techniques and cut down on high calorie snacks. But she still couldn't lose a pound.

As a private nutritionist, I had had many tough cases, but this could be the toughest case of all. The lady picked me up in front of my office. I got in her blue ford. She pulled the car out in traffic, and declared:

"This is it. I've got to find out why I'm on the run all the time and I still don't lose any weight for my physical exertion. It's driving me crazy."

I suggested we spend the afternoon together so I could see how she was burning calories. The lady agreed, and told me her story as we drove. She was a busy person, with a job and two children. She was even a den mother.

"You should see how much running around I do. Just getting my errands done is exhausting."

It was exhausting all right. We sat in the drive-in lane at the bank for ten minutes inhaling the exhaust from the car in front of us. Ditto for the drive-through car wash and the drive-in cleaners. The lady never got out of her car. When she pulled into the drive-in lane at the fast food restaurant, I had to say something. But before I could get my mouth open she said:

"Oh don't worry. I'm not going to get some high calorie snack. I just want a cup of coffee."

Poor woman, she didn't understand. She just didn't understand. The lady pulled out of the drive-through lane and onto the bypass. We were heading for her office.

"See what I mean, Maxi. It's just rush, rush, rush. And I have a stack of things on my desk waiting at the office. Gosh, I better get back before I'm late."

She hit 60 in a 40 mile zone, sped through a couple of yellow lights, and screeched to a stop in the parking lot. There were plenty of parking places at the end of the lot, but she waited five minutes for someone to pull out of a space near the door. We hopped out of the car and hustled into the building. I started for the stairs, but she stopped me.

"Here, the elevator's over this way."

We rode up to her office on the second floor. She was right. There were a stack of papers sitting on her desk. The lady sat there, shuffling papers and talking on the phone all afternoon. We got up once to get a cup of coffee. In the meantime, I paced back and forth. What was missing here? Finally, I knew. Of course. I had seen cases like this before. I told

her point blank that exercise was missing from her life and she had to find it. She protested:

"But how? You saw how much running around I do and how hard I work. Surely I get all the exercise I need."

It was time to get tough. Look, I said, the only running you do is running your car motor. You don't use your legs to get you much of anywhere, including up the stairs. I could tell it was a real blow to her, but the lady recovered.

"Well what am I supposed to do about the time I sit at work?"

That's a tough question, I told her, but you can find ways to fit in some activity. Do simple things like stretching and walking around on coffee breaks, standing while you talk on the phone and using the stairs instead of the elevator in the office building.

I was on a roll. Before she could protest, I told her that she could do the same thing at home. Do exercises while watching television, run in place waiting for the toast to pop up and put some muscle into vacuuming. There are a thousand ways to put activity into everyday life. By now I thought I had her convinced and this case was closed once and for all.

But I was wrong. She was hiding something. Finally, she blurted it out:

"I didn't want to tell you this, but I do exercise. I have a brand new leotard and six aerobics records and I even jog after work sometimes, but it does no good. Maxi, believe me, I'm a fitness failure."

As a private nutritionist, I couldn't leave her like this with the diet battle won and the exercise battle lost. With hard work and a few breaks I knew I could find out what was wrong with her exercise program. But would she trust me that long.

Find out next time when Maxi Pfitt, private nutritionist, solves "The Case of the Joyless Jogger."

What you have just read was a fictional mystery story written by Extension specialists especially for your enjoyment. While the information dealing with nutrition and exercise is factual, the characters and storyline are not. If you would like to know more about diet and fitness join the Fit For Life program.

Fit For Life is a comprehensive 12 week series of lessons aimed at improving fitness and reaching and maintaining a healthy body weight. Fit For Life is not an exercise class, but a 3 month course designed to teach modified eating habits and assist in setting up an exercise program for interested individuals.

Terry Flores, Lynn Wells, and Susie Spurlock will be conducting the course which will be held every Tuesday morning from 9:00 a.m. to 10:30 a.m. at the County Library beginning January 14 and ending April 1. The class enrollment is limited to 25 persons on a first-come, first serve basis. A \$25 registration fee will be charged to cover the expenses of the program supplies.

For more information, call or come by the Extension office, 396-2122.

Educational Programs conducted by the Texas Agricultural Extension Service serve people of all ages regardless of socio-economic levels, race, color, sex, religion or national origin. References to commercial products or trade names are made with the understanding that no discrimination is intended and no endorsement by the Texas Agricultural Extension Service is implied.



About 100,000 men labored to build a single pyramid in ancient Egypt.

Don't Let Your Children Burn

Part Five

EDITOR'S NOTE: This is the last in a five-part weekly series by Dr. Gary S. Nelson, safety engineer with the Texas Agricultural Extension Service, designed to help parents teach their children and themselves how to survive a house fire.

To determine if your children qualify as "firemen," put them through the recommended "fire drills" in this series and then give them the paper-and-pencil test below.

You can read the questions to the test while they mark the answers. Don't accept a score of less than 80. When they pass, they might get a toy fireman's badge, fire truck or other reward, symbolizing their new status and achievement.

As a further project, the family can visit their local fire department. Available firemen would be glad to show their equipment to visitors. Even then, don't let this be the end. Children need "refresher courses" and much practice to make escape from fire an automatic response.

FIRE QUIZ TRUE OR FALSE

1. If you awaken in the night and smell smoke, you should run and open the bedroom door to see where it is coming from.
2. Smoke contains poisonous gases and can kill you if you breathe much of it.
3. When phoning the fire department, say "Our house is on fire!" and hang up

quickly.
4. If there is a fire in your house, you should not tell anyone but should go directly to the phone and call the fire department.

5. If there is a grease fire in the oven or skillet, you should throw water on it.

6. In a fire, stairways are usually filled with smoke and heat.

7. If your clothes catch on fire, you should run for help.

8. You should always get out of a burning building even if the fire is small.

9. If a closed door feels warm to your hand, it means that flames and smoke are on the other side and you should not open the door.

10. You should never go in buildings in which there is a fire.

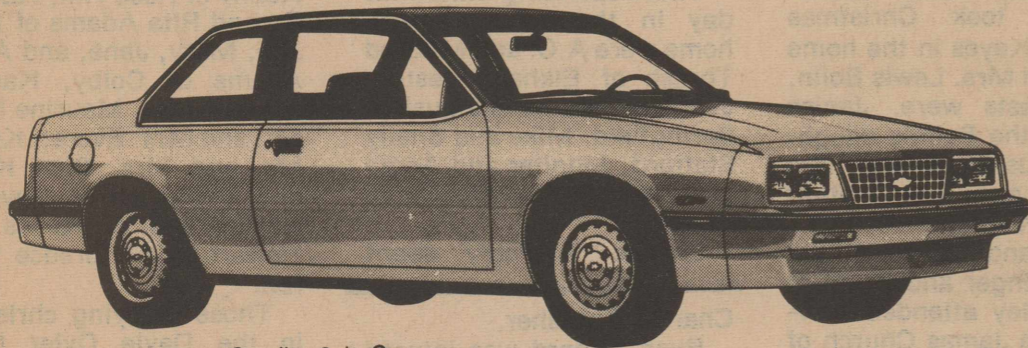
ANSWERS: 1. (F) Never open the door without first placing your hand on the panel or knob to determine if they are warm. 2. (T) 3. (F) State your name and address and wait until the fire department repeats the address back to you before you hang up. 4. (F) Always get everyone out first, and then notify the fire department if you have time to do so safely. 5. (F) Water will splatter the flames. Instead, toss on baking soda or cover the skillet with a lid to smother the fire. 6. (T) 7. (F) Running is the worst thing to do. Roll up in a rug or blanket or roll on the floor. 8. (T) 9. (T) 10. (T).

A fact sheet summarizing this five-part series on teaching children how to survive a fire may be obtained from the local county Extension office.

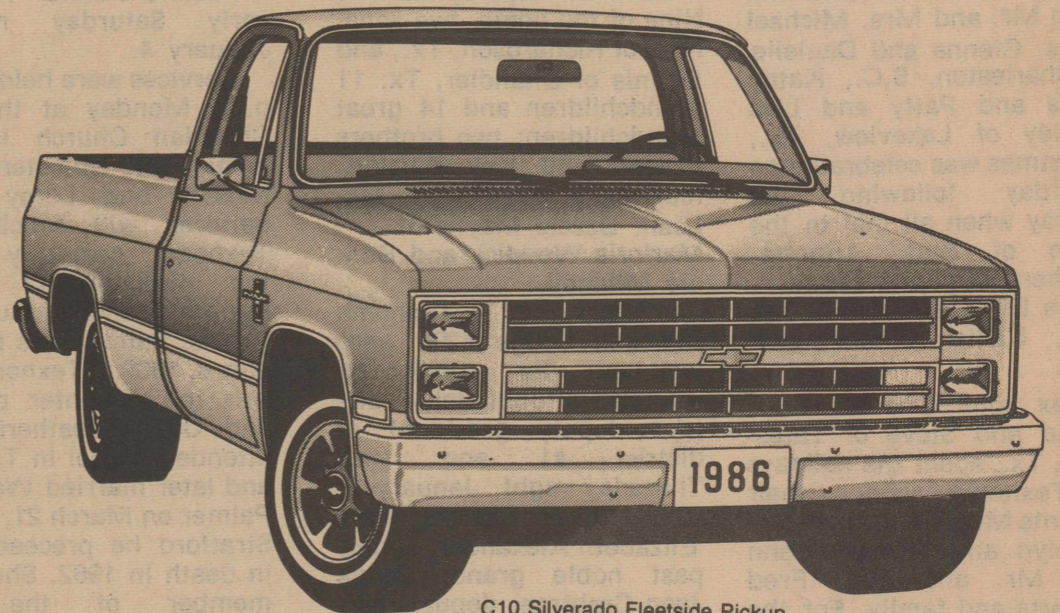


The deepest fresh-water lake in the world is Lake Baikal; 5,712 feet.

Duncan Chevrolet

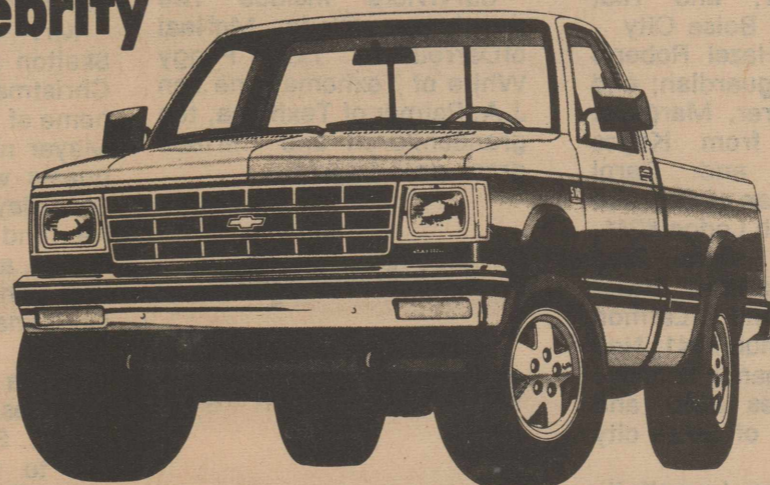


Cavalier 2-dr. Coupe



C10 Silverado Fleetside Pickup

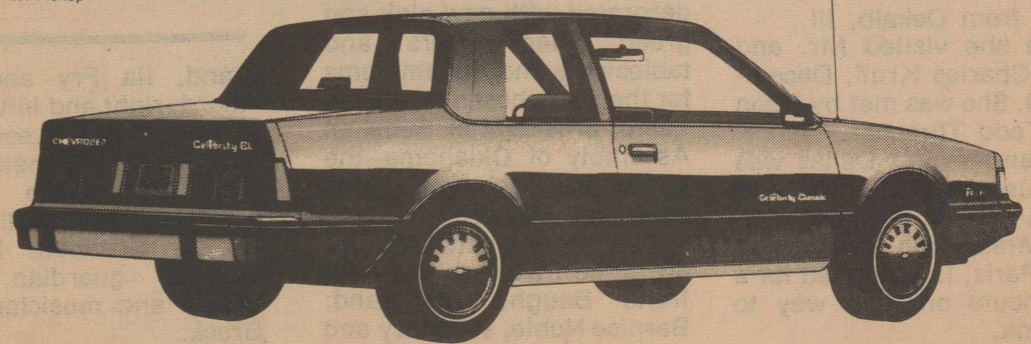
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S-10 4x4 Pickup



Nova 4-dr. Hatchback Sedan



Celebrity 2-dr. Classic

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HAY FOR SALE. Alfalfa and wheat hay. Can deliver. Call Hal Bennett, 396-2222. 3-27-86c

LOOK SHARP. We want you to look your best. Complete laundry and dry cleaning service by professionals. We appreciate your business. Stratford PolyClean, call 396-2151. 12-12tfn

ALL TYPES HAY for sale. Call 396-5588. 10-17tfn

FOR SALE: Good selection of rep's-\$500.00 down, payments as low as \$120.20. Call 405-338-8553. Weekdays 8-7, Sunday 1-6. 1-30c

FOR SALE--One twin bed mattress and springs; one green and gold, three cushion divan; 14 square yards indoor-outdoor carpet; custom made drapes for two picture windows with cornice cover; drapes for four bedroom windows and one bathroom window. Contact Laura Smith at the bank, 396-5521. 1-23c

FOR SALE Roper Gas built in oven and cooktop 50 dollars 308 S. Fulton 396-2251. 1-16c

FOR SALE: 23 foot Aljo travel trailer fully self-contained, gas and electric refrigerator, hot water tank, tub and shower, air conditioner and furnace. Clean ready to go. Garland Bardwell 396-2123. 2-28c

FOR SALE: Regulation size Pool Table. Call after 5 p.m. 396-5344 1-16c

FOR SALE: Good used carpet and pad celery green. Sculptured-Plush. Approximately 60 yards. Call after 5 p.m. 396-2538. 1-16c

FOR SALE: two female schnauzers. Registered. Call after 4 p.m. weekday anytime on weekends. Sunday 948-4593. 1-16c

★ MISC ★

GIVE A LIFE SAVER for Christmas. Halon fire extinguishers for quality and performance. Second best is not good enough if you have a fire. Call Bill Riffe, 396-5541. 12-12tfn

Open your own beautiful discount shoe store. Nationally known brands *Jordache *Bear Traps *Marshmallows *Bandolino *9 West *Naturalizer *Gloria Vanderbilt *Capezio *Johansen *Evan Picone and many more. All first quality merchandise \$16,900.00 to \$19,900.00 includes beginning inventory training-fixtures-grand opening promotions and round trip air fare for one. Call today. We can have your store opened in 15 days. Prestige Fashions 501-329-2362. 1-9-86p

To Give Away: five free puppies. Call 948-5408. 1-16-86

★ Houses for Sale ★

FOR SALE--3 bedroom brick home, central heat & air, fireplace, large fenced backyard. Call 316-624-9241, evenings. 9-5tfn

FOR SALE--Three bedroom, one bath, large kitchen, fixer-up-er, priced to sell. Call 396-5885, ask for Janis or call 396-2508 after 6:00 p.m. 10-17tfn

FOR SALE--Recently remodeled two bedroom home on three lots. 1100 square feet, energy efficient, gas heat, and central air. New fence. One car garage shed, ideal starter home. Call 396-2254 after 7:00 p.m. 6-20tfn

FOR SALE--14 x 78 Three bedroom, two bath, 1978 Redman trailer house. Call 396-5975. 1-30c

FOR SALE: 3 Bedroom, bath and 3/4 fully carpeted, Big fenced in backyard Detached garage 308 S. Fulton 396-2251. 1-30c

★ Wanted ★

WANTED: Costume jewelry, jewelry also garage sale items. Will pick-up Coldwater Manor 396-5588 1-9c

WANTED: Costume jewelry, jewelry and also garage sale items. Will pickup. Coldwater Manor 396-5588. 1-9-86c

★ Help Wanted ★

TYPISTS--\$500 weekly at home! Write: P.O. Box 975, Elizabeth, N.J. 07207 11-7tfn

HAPPY NEW YEAR!! And Tax Season again! I'm still doing tax work. Neil Wall, 396-5321. 1-9tfn

WILL PAY CASH for arrowheads and Indian artifacts. Call collect, [806] 935-2932, Dumas. 8-22tfn

WANTED: Dependable person, willing to work nurses aid. Coldwater Manor 396-5568. 1-9-86tfn

★ MISC ★

SAVE 50%!! Flashing arrow signs \$289!! Lighted, non-arrow \$269. Unlighted \$219. [Free letters!] See locally. [800]423-0163, anytime. [800]628-2828, ext. 504. 1-9-86p

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Appliance and Air Conditioner Repair
Clothes Dryers, Dishwashers, Refrigerators, Freezers, Electric & Gas Ranges

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★ For Rent ★

FOR RENT--Chestnut Apts. Furn. or Unfurn. Two bedroom apt. Call collect 505-461-4588. 12-19tfn

FOR RENT--Gillis Apts., 101 N. Main. 1 & 2 BR, Furn. & Unfurn. Call Ted Reynolds, 396-2004, or in emergency, Mrs. Garrison, 396-5657. 11-1tfn

FOR RENT--Two bedroom house, \$150.00 per month plus deposit. No Pets. Call 396-5321 or 405-543-6413. 8-22tfn

FURNISHED duplex for rent. Call 396-2102. 1-2tfn

FOR RENT: Furnished 2 bedroom house carpeted and drapes. Couple or singles only. Call 396-2067. 1-23c

★ Services ★

HAPPY NEW YEAR!! And Tax Season again! I'm still doing tax work. Neil Wall, 396-5321. 1-9tfn

DON'T OVERLOAD your home washer with a bedspread, blanket or rug. We have triple load machines to make a big job seem small. Stratford PolyClean, 396-2151. 12-12tfn

VETRANS--Needing assistance in filing Eligible Verification Reports [EVR], applying for pensions, compensation, schooling, hospitalization, land and housing purchase, contact Max Stephenson, CSO, at 396-5348. 2-27p

The time is here for placing those Valentine's Day orders. Regular sized cakes, individual sized cake, and decorated cookies. Phone Stephanie Helton at 948-4508 I will deliver. 1-16-86p

DON'T LET THAT SUMMER TAN ESCAPE. Keep it year round at Touch of Sun. Call for an appointment Mon. thru Fri., 396-2882. 10-10tfn



Pigeon babies are sometimes called "squeakers".

ALCOHOLICS ANONYMOUS and AL-ANON meet each Thursday at 8:00 p.m. in the old County Barn

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Legal Notice

PUBLIC BID NOTICE
Sherman County will accept sealed bids for the following new truck; 167 inch wheel base, 102 inch cab to axle, twin screw, tinted glass, 9,000 pound front axle front suspension, power steering, 34,000 pound rear suspension, 34,000 rear axle 2 speed, air brakes, H.D. Battery, V-8 350 cubic inch motor or better, 5 speed transmission with 2 speed, 50 gallon fuel tank step tank, 900x 20 tires, oil bath air cleaner and gauge. Equipped with Gallon 79-F A Package Bed and Hoist or 13 ft. Body, 10 yd sides, 12 yd ends or equivalent.

Sherman County reserves the right to reject any or all bids. Bids will be received up to 10:00 a.m. on January 13, 1986 at which time they will be opened and read aloud.

Dale Hamilton
Commissioner Precinct #3
(Published in the Stratford Star January 9, 1986.)



Amarillo College & Dumas I.S.D. SPRING REGISTRATION

REGISTRATION FOR ALL CLASSES: Thursday, January 13, 1986 - 7:00-8:00 pm in the Dumas High School Cafeteria
CLASSES START: January 20, 1986

COURSE	TIME	DAY
Principles of Accounting II	6:30 - 10:00	Monday
Consumer Compliance	6:30 - 9:15	Tuesday
Business Mathematics	7:00 - 9:45	Tuesday
Computer Concepts	7:00 - 9:45	Tuesday
Basic Programming Language	7:00 - 9:45	Thursday
Freshman Composition I	7:00 - 9:45	Tuesday
Masterworks of English Literature	7:00 - 9:45	Monday
Government of Texas and U. S.	7:00 - 9:45	Thursday
History of the United States II	7:00 - 9:45	Tuesday
Communications in Management	6:30 - 9:00	Thursday
Management Training	5:30 - 6:30	Thursday
Mid-Management Seminar	9:10 - 10:00	Thursday
Psychology of Human Relations	7:00 - 9:45	Thursday
General Psychology	7:00 - 9:45	Tuesday
Real Estate Principles	7:00 - 9:45	Tuesday

FOR INFORMATION CONTACT MRS. CHRISTINE LOFBERG (806) 935-2011.
All classes meet in the Dumas High School unless otherwise stated.

NOTE: COMMUNICATIONS IN MANAGEMENT and REAL ESTATE PRINCIPLES can be enrolled in as adult vocational courses with tuition of \$39.00 for each course. There is no academic credit awarded for adult vocational courses.

NOW -- VISA and MasterCard accepted for tuition and books.

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LOCAL DRAWING WILL BE HELD JAN. 25, 1986
FINAL DRAWING WILL BE HELD JAN. 30, 1986

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REG. / SCENT II LYSOL SPRAY	12 OZ. CAN	\$2⁶⁹
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LYSOL CLING TOILET BOWL CLEANER	22 OZ. BTL.	\$1⁴⁹

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WHOLE FRYERS
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12 OZ. PKG. **99¢**

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SMOKED SAUSAGE 12 OZ. PKG. **\$1⁴⁹**
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ARMOUR'S PRE-COOKED CHICKEN FRIED BEEF PATTIES OR
STEAK FINGERS LB. **\$1⁴⁹**

ALL PURPOSE RUSSET
POTATOES
20 LB. BAG **\$1⁵⁹**

RIPE
CALIFORNIA TANGERINES LB. **49¢**
WASHINGTON EX-FANCY GOLDEN DELICIOUS
APPLES LB. **59¢**
WASHINGTON D'ANJOU
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FOR QUICK COOKS MINUTE RICE	14 OZ. BOX	\$1³⁹
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BUY 3 GET 1 FREE BATH WHITE DIAL SOAP	4 CT. BARS	\$1⁹⁹

BATHROOM TISSUE
DELSEY
4 ROLL PKG. **99¢**

BRICK BAG DECAF. COFFEE
FOLGER'S
13 OZ. BAG **\$3³⁹**

BRICK BAG
FOLGER'S COFFEE
1 LB. BAG **\$2³⁹**

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PRICE SAVER
5 LB. BAG **59¢**

AF
HOMO MILK
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BETTY CROCKER POP SECRET
MICROWAVE BUTTER FLAVOR/REG.
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HUNGRY JACK
BISCUITS
10 OZ. CAN **59¢**

SQUEEZE
PARKAY
16 OZ. BTL. **\$1¹⁹**

HONEY BOY PINK
SALMON
15.5 OZ. CAN **\$1⁵⁹**

VALVOLINE HPO SAE 30
MOTOR OIL
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FRESH EXPRESS COMBINATION OR
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