

Calendar

Office closed

The Haskell Free Press office will be closed Thurs., July 13.

Food distribution

The Haskell County Ministerial Alliance Food Distribution Center will distribute food Sat., July 15 from 10 a.m. til 11:30 a.m. at 206 S. 2nd (building east of Civic Center) in Haskell. Volunteers and boxes are needed.

Homecoming

The Greater Independent Baptist Church, 301 N. Third in Haskell, will celebrate its 38th homecoming and memorial service Sat., July 15 and Sun., July 16. Fellowship will begin Sat. at 12:30 p.m. in the Fellowship Hall. A musical will begin at 7:30 p.m. Sunday's activities include Sunday School at 9:45 a.m., Morning Worship at 11 a.m. and an Evening service at 3 p.m. followed by a special music and candle lighting service. Former pastors, members, children, friends and area churches are welcome to attend.

HHS registration

Preregistration and schedule for Haskell High School students will be available Thurs., July 20 in the auditorium for seniors and new students from 9 to 11 a.m.; juniors from 11 a.m. to noon; sophomores from 1 to 2 p.m.; and for freshmen from 2 to 3 p.m.

Football tunnel

Haskell Indian Booster Club members are seeking donations from businesses, individuals and exes to purchase a blow up entry football helmet and tunnel for the Haskell Indians to run through at the football games. The tunnel must be ordered by July 28 to be in use at the first football game. Any donation would be appreciated. Contact Vicki Adams at 940-864-4953 or 864-5357 after 5 p.m. or leave a message.

Storm sirens

The City of Haskell will test the storm sirens at noon on Fridays.

Rochester anniversary

Rochester exes are asked to email both physical and email addresses to Sandra Fry at sfryrochester@yahoo.com. Pictures for a presentation for the Rochester 100th anniversary and homecoming weekend to be held Oct. 13-14 are also needed.

Summer lunches

Haskell CISD will serve summer food service meals at the Haskell Elementary School cafeteria, 306 S. Ave. G, Monday through Friday through July 28 from 11:30 a.m. to 1 p.m. Those ages 1-18 years of age will eat free. Adults may eat for \$2.50.

Story time

Haskell Co. Library will hold four school age story times, in cooperation with the Haskell CISD summer program, on July 13 and July 20 at 9:30 a.m. The theme is 'Reading-Sport of Champions.' For more information, call 864-2747.

Burn ban issued

A burn ban is in effect for Haskell County. The use of combustible materials in an outdoor environment by any person is prohibited. Combustible materials specifically include, but are not limited to, fireworks, camp fires, welding and any other pyrotechnic material, which in the manner or means of its use could result in a wildfire. The ban will continue until conditions warrant otherwise, stated Haskell County Judge David C. Davis. A person who knowingly or intentionally violates this order commits a Class C misdemeanor, punishable by a fine of up to \$500.

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Slow down in construction zones

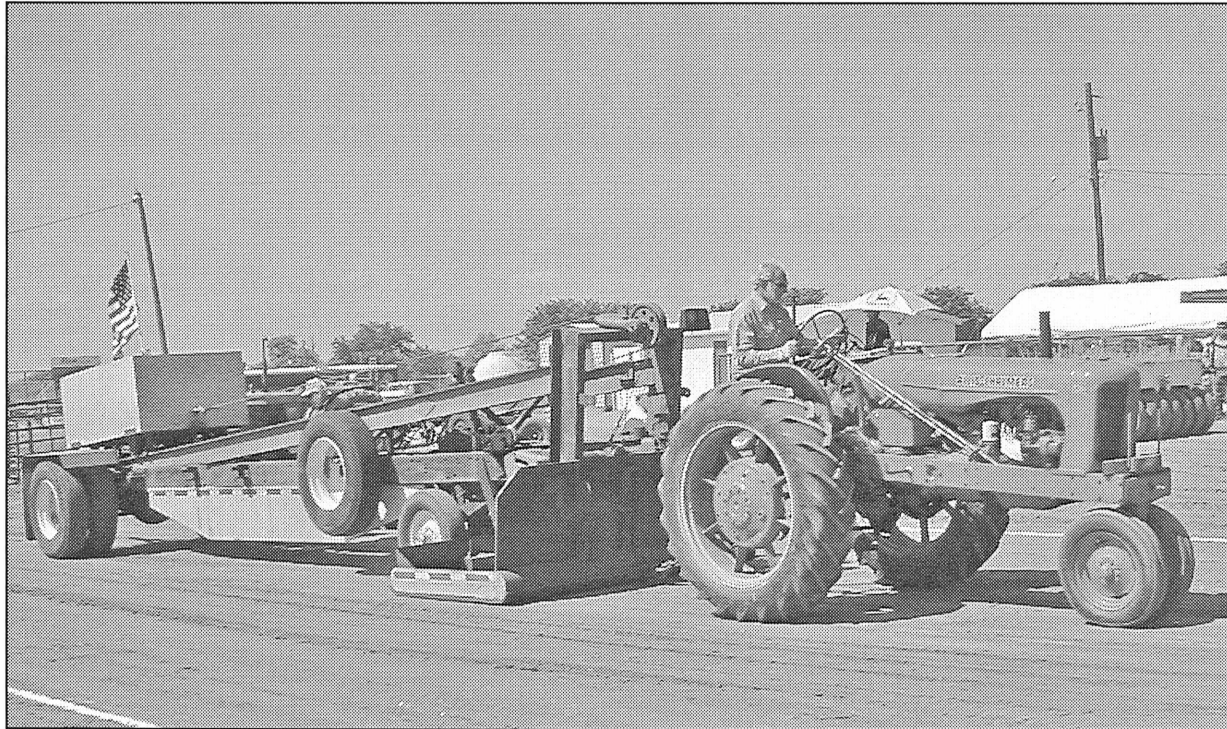
The Haskell Free Press

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"The People's Choice"

8 PAGES-ONE SECTION-75 CENTS

Antique tractors to pull Sat., July 15



ANTIQUES PULLING INTO HASKELL—The Texas Antique Tractor Pullers Association will present a tractor pull in Haskell Sat., July 15 at the Haskell County Roping Arena. Antique tractors, such

as this one from last year's pull, will be models from 1959 and older, and farm stock tractors not weighing over 12,600 pounds. Hamburgers will be served by the Haskell Volunteer Fire Dept.

The Texas Antique Tractor Pullers Association will present a tractor pull in Haskell Sat., July 15 at the Haskell County Roping Arena. Registration for the event will begin at 4:30 p.m.

To be eligible, antique tractors must be models from 1959 and older, along with farm stock tractors not weighing over 12,600 lbs.

The event is sponsored in part by the Haskell Volunteer Fire Department, Hargrove Crop Insurance and Quality Implement.

For information about entry fees and rules call Adam Coleman at 325-669-2383 or Martin Dale Coleman at 325-773-2861.

Commissioners amend minutes

The minutes of the Commissioners' Court meeting held June 29 were amended as follows:

The bid for the guardrail was accepted at \$2.51 per foot of guardrail.

No other bid information was amended.

Local couple "Stuck at Prom" with unique formal attire

by Mary Kaigler

Earlier this year, before the end of their last year in high school, a couple of seniors at Haskell High School decided to create a night to remember by attending their prom wearing some unique formals.

You might say Kristen Martinez and Caleb Hudgens were "stuck at the prom," when they each showed up in outfits constructed of duct tape.

It all began when Kristen was scouting the web for opportunities to earn scholarship dollars for college.

One of them caught her attention as being out of the ordinary. Non-academic, it required no lengthy essays or applications, just a lot of creativity and fun.

It was a contest sponsored by Henkel Adhesives, Inc., rewarding students for originality in creating and accessorizing formal prom wear with duct tape.

Joking about it at first, one night at play practice they finally decided to enter the contest. Obtaining the list of rules and a registration form, they began to plan their unusual ensembles.

To make her costume, Kristen bought some cloth and a pattern, and constructed a basic formal. Causing her grandmother to question her

sanity, she then finished it by completely covering it with black duct tape. Spending about a week, using five or six rolls of tape, she made an attractive, fashionable, strapless formal gown of black and dark red tape.

For his prom attire, Caleb began with an old suit he bought from the pink ladies resale store for fifty cents. Using about five rolls of tape, in about four days he made a smart-looking formal ensemble of black duct tape complete with dark red tape lapels, cuffs, and one red stripe down the outside of each leg. His bow tie was made entirely from black duct tape.

Keeping their plans a secret until the night of the prom, they enjoyed surprising everyone when they arrived with their shiny prom wear reflecting the spot light.

Although it was somewhat hot and hard to move about in the stuck-on clothes, they nevertheless didn't miss a dance during the special evening.

Perhaps having had a premonition of things to come, Caleb brought a roll of tape with him to the dance, and found it to be quite handy when his suit "blew out" on the outside of both his thighs.

A few minutes of repair in the back room took care of the situation, and he soon returned to the party, no worse for the mishap.

Since the start of the lighthearted Stuck at Prom Contest in 2001, more than 1900 couples from across the country have participated, with 1st, 2nd and 3rd place and Best in Class winners and their schools receiving awards.

Last year over 260 couples participated. Each participating couple's picture wearing their handiwork is displayed on the contest's website.

Winners are judged on a number of criteria, including workmanship, originality, use of colors, accessories and amount of tape used. This year's Best in Class included Most Likely to be a Class Clown, Most Likely to Bring Back the '80s, Most Likely to Stop Traffic, Most Likely to be Seen From Space, Most Likely to be a Rock Star, Most Likely to be a History Major, Most Likely to have had Help from Mom, Most Likely to Recycle Their Prom Outfit for Halloween, and Most Likely to have Made their Outfits the Night Before Prom. Winners were to be announced Fri., July 7.

Swimming in stagnant water poses potential health risks

The summer has arrived and many Texans will be heading for their nearest lake or river to take in the sun and enjoy the water. Although people like to take advantage of the relaxing and exciting activities associated with lakes and rivers, Texans should be aware of the potential health risks of swimming in, or around stagnant water.

Each summer a small number of Texans are exposed to a microorganism that causes the fatal infection known as primary amebic meningoencephalitis or PAM. The ameba responsible for PAM thrives in warm, stagnant water and soil.

Texas Department of Health

(TDH) officials say the combination of lower water levels, high water temperature and stagnant or slow moving water produces higher concentrations of the ameba in the water.

PAM infections for the past three years in Texas have involved children who had been swimming in lakes. The infection occurs when water containing the microorganism is forced into the nasal passages, either by jumping or diving into water or water skiing. Once inside the nasal passage, the ameba will make its way into the brain and spinal cord.

Symptoms of PAM include severe headache, high fever, stiff

neck, nausea, vomiting, seizures and hallucinations as the condition worsens. Though the disease is rare—affecting only about one to three people a year in Texas—for those affected, death usually occurs within a week. PAM is not spread from person to person.

The TDH recommends that people avoid stagnant or polluted water and take "No Swimming" signs seriously. People who choose to swim in fresh water or lakes should hold their noses or use a nose plug when jumping into the water.

For more information contact the TDH Public Information Office at 512-458-7400.

The local couple said that despite the heat and extra heavy clothes, they "had a ball," and enjoyed the whole thing. In the spirit of the fun, Caleb even predicted that duct tape may be the "fabric of the future." However, neither of the talented, innovative recent grads mentioned any plans

they have made to use it as such.

Now going on to more serious challenges in their lives, Kristen Martinez plans to attend Texas Tech University this fall, and Caleb Hudgens plans to attend Southwest Texas State University in San Marcos.



DATES DRESSED FOR DANCING—Caleb Hudgens and Kristen Martinez pose at the prom in their one-of-a-kind formals.

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TAX PLANNING

Written By
Gerald Rodgers, CPA



CHECK OUT THE NEW ENERGY TAX BREAKS

Provisions of *The Energy Tax Incentives Act of 2005* go into effect this year. Many of the Act's provisions are designed to either encourage energy conservation or expand the use of alternative energy sources. Here are a few key provisions that may save you significant tax dollars.

- Credit for energy-efficient home improvements.** If you make qualifying home improvements in 2006 or 2007, you could be eligible for a tax credit of up to \$500. Your credit will equal 10% of the costs of making energy-efficient improvements to your home, such as adding insulation or replacing exterior windows.
- Credit for energy-efficient residential property.** You can earn a larger tax credit by installing qualifying solar energy or fuel cell property in your home in 2006 or 2007. This credit is 30% of the installation costs, with a maximum tax credit for \$2,000 for solar energy property, and \$500 per 0.5 kilowatt of capacity for fuel cell property. Solar energy property includes solar water heating equipment and electricity-generating solar equipment.
- Deduction for energy-efficient commercial buildings.** Business owners can benefit from a new deduction for the cost of significant energy-saving improvements made to commercial buildings. Instead of recovering these costs over the depreciable life of the building—usually 39 years—you'll generally be allowed an immediate deduction of up to \$1.80 per square foot. The improvements must be made in 2006 or 2007 and meet certain energy-reduction standards to qualify.
- Credit for alternative motor vehicles.** Last year, if you bought a hybrid gas/electric vehicle, you could receive a tax deduction of up to \$2,000. The *Energy Act* replaces this deduction with four separate credits, each targeting a special type of vehicle. The credit for hybrid cars can be up to \$3,400 and will depend on the vehicle's fuel economy and estimated lifetime fuel savings.

Please contact us if you would like more information about the tax-saving opportunities in this new law.

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Chapman receives State Bar honor

Hon. Charles Chapman of Haskell, received a Presidential Commendation from State Bar of Texas President Eduardo Rodriguez for leadership in improving justice in Texas and for being among the first judges in the state who have met the standards of certification of special competence. Chapman, Judge of the 39th District Court, was among 146 individual graduates of the Texas College for Judicial Studies to receive such a Commendation at the State Bar of Texas Annual Meeting held in Austin, June 15-16.

President Rodriguez also presented the Texas Center for the Judiciary with a Presidential Citation for providing outstanding educational opportunities to the judges of the State and noted that exceptional recognition was deserved for the Texas Center's leadership in increasing the specialized competence of Texas judges through establishing standards of certification in the fields of Appellate, Civil, Criminal, Family, Juvenile and General Jurisdiction through the Texas College for Judicial Studies.

The Texas College for Judicial Studies is a multi-year program curriculum designed to provide advanced educational opportunities to judges who desire to improve their adjudication skills and acquire more knowledge in their jurisdictional specialization. The Texas Center for the Judiciary, an Austin-based non-profit judicial education group, developed the College curriculum. Judges who currently serve on the bench of a Texas county court at law, district, or appellate court with four years of judicial experience were invited to apply for admission to the College.

Students in the News

Texas Tech University has announced honor students for the spring 2006 semester.

Included in the Dean's List is Lynzie Harlan of Haskell, a junior Multidisciplinary Studies student.

President's List honorees include: Leslie Grand of Haskell, a junior Communication Studies student; Bergan Peiser of Haskell, a senior Early Childhood studies student; and, Katie Thompson of Haskell, a senior advertising student.

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Obituaries

Elsie Rowena Jacobs

Funeral services for Elsie Rowena Jacobs, 63, of Haskell were held Thurs., July 6 at Trinity Baptist Church with Tony Grand officiating. Burial was in Willow Cemetery under the direction of Holden-McCauley Funeral Home of Haskell.

Jacobs died Tues., July 4 at Haskell Memorial Hospital.

Born Oct. 15, 1942 in Haskell, she was the daughter of Melvin D. and Elsie V. Gibbs Jacobs. She graduated from Haskell High School and Abilene Beauty School. She spent many years in the food service industry in Haskell, working at Elsie's Hi-Lander, Double A Drive

Inn and Star Stop, where she was famous for her wonderful steak fingers. She was a member of Trinity Baptist Church for over 50 years where she served as church secretary and Sunday School teacher. She loved working in her yard with her flowers and also loved animals.

She was preceded in death by her parents; a brother, David O. Jacobs; and her grandparents.

Survivors include her aunts, Verlene White of Snyder and Suzie Gibbs Hines of Lubbock; numerous cousins; and a host of friends. PD. NOTICE

Joy Ann Moore Duke

Funeral services for Joy Ann Moore Duke, 62, of Haskell were held Tues., July 11 at Haskell Four Square Church with Rev. Charles Mindenhall of Victory Center in Guymon, Oklahoma and Rev. Renee Glass officiating. Burial was in Elmhurst Cemetery in Guymon, Oklahoma Wed., July 12 with services under the direction of Holden-McCauley Funeral Home.

Mrs. Duke died Sat., July 8 in Abilene.

Born June 25, 1944 in Haskell, she was the daughter of Jack and Callie Moore. She attended Haskell schools and Rama Bible College in Tulsa, Oklahoma. She ministered in both Texas and Oklahoma and was a

member of the Ladies Bible Conference. She was a member of Victory Center Full Gospel Church in Guymon.

She was preceded in death by her father, Jack Moore in 1993.

Survivors include three sons, Michael David Lee, Joel Blane Lee and Charles Edward Lee, Jr., all of Springfield, Tennessee; her mother, Callie Moore of Haskell; two sisters, Emily Frances Allen of Breckenridge and Jackie Worrell of Haskell; one brother, Elmo Wayne Conner of Burleson and nine grandchildren. PD. NOTICE

Sleep apnea—When loud snoring is no laughing matter

Snoring ... it's the punch line for a million jokes. But for people with sleep apnea, it's no laughing matter, said Texas Cooperative Extension experts.

"Apnea" is a Greek word meaning "without breath," said Dr. Carol Rice, Extension health specialist. "Those with apnea literally stop breathing in their sleep or have very shallow breathing—known as hypopnea—while sleeping."

The National Heart, Lung and Blood Institute estimates that 12 million American men, women and children have the condition.

According to the American Sleep Apnea Association, "Sleep apnea is clinically defined in adults as a cessation of breath that lasts at least 10 seconds and in children as a cessation of breath that lasts the equivalent of two and a half missed breaths."

This reduction in air flow can lower oxygen in the blood and lead to learning and memory problems, irritability, depression, accidents and productivity problems at work or school, Rice said.

Such medical conditions as heart attacks and heart disease, stroke, weight gain, headaches, high blood pressure and kidney disease have also been linked to sleep apnea, she added.

People with untreated sleep apnea have been estimated to be three times more likely to have vehicle accidents, according to the National Sleep Foundation.

Many of those cases are

undiagnosed, said Janet Pollard, Extension associate for health. Symptoms of the condition include:

- Excessive sleepiness in the daytime.
- Frequent instances of obstructed breathing during sleep that go unnoticed by the sleeper until someone else points them out.
- Loud snoring punctuated by episodes of silence.
- Snorting, gasping and choking during sleep that may wake the sleeper.
- Morning headaches and dry mouth when waking.
- Lack of refreshing sleep.
- Excessive perspiration during sleep.
- Excess weight and heartburn.
- Irritability, mood swings or personality changes and/or depression.
- Difficulty concentrating and confusion when waking up.
- In young children, chest retraction (where the chest pulls in) during sleep.
- Instead of chronic daytime sleepiness, children might show anxiety, behavior problems, aggression and/or emotional instability.

"If you or someone you know experiences (these) signs and symptoms on a regular basis, sleep apnea may be the reason," Pollard said. "Consult your doctor immediately."

Sleep apnea is found "in all age groups, both sexes, among all body types and ethnicities—large or small, male or female, adult or child, African American or Caucasian," Rice said. "Sleep apnea, however is more common among certain groups."

Overweight, middle-aged men with recessed chin and/or large neck, who smoke and/or drink alcohol and come from African American, Pacific

Islander or Mexican heritage and have a family history of sleep apnea are more likely than most to develop the condition, Rice said.

"Remember," she added, "although these risk factors put you at higher risk ... anyone can have sleep apnea."

But what can be done about it?

First, Pollard said, get advice from a medical professional. Once he or she has taken a medical history and conducted necessary—and mostly painless—tests, a diagnosis can be made.

"Depending on the severity of your sleep apnea, treatment options may vary," she said. "If your case is mild, you may only need to make some lifestyle or behavioral changes" including losing weight, quitting smoking and avoiding alcohol.

More serious cases of apnea, however, require more treatment, Pollard said. These might include using a continuous positive airway pressure device or dental appliances. In some cases, surgery might be an option.

Family members can help by alerting the snorer to the problem in the first place, then encouraging him or her to get medical treatment and follow the doctor's advice, Rice said.

Insurance should cover most treatments for sleep apnea, but, Rice said, "Don't let a lack of coverage keep you from appropriate treatment. Remember, sleep apnea is serious and can have detrimental consequences on your health and all aspects of your life, including work productivity and interpersonal issues."

For more information visit Extension's Family and Consumer Sciences Web site at <http://fcs.tamu.edu/> and click on the link to Health. Click on the link to Health Hints Newsletters.

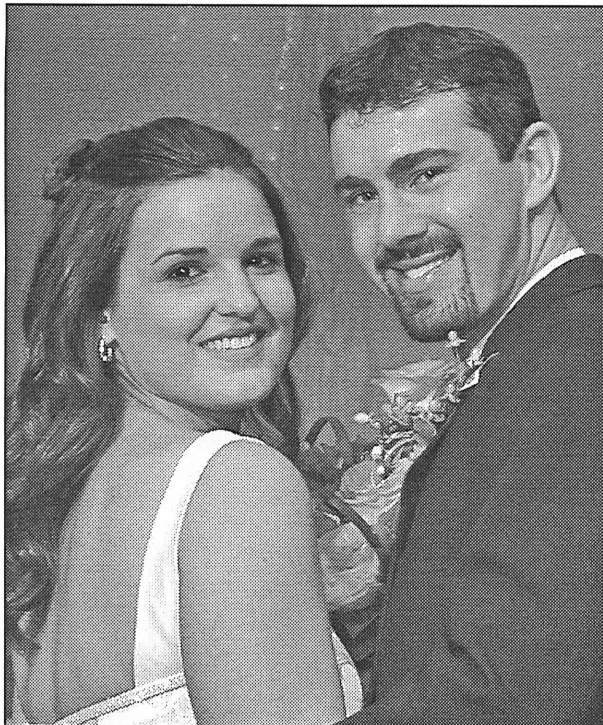
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MR. AND MRS. TRAVIS RIFFE CARPENTER

O'Neal, Carpenter wed in Irving

Rachel Erin O'Neal and Travis Riffe Carpenter were married Oct. 22 at Plymouth Park Baptist Church in Irving, with Pastor Ken Branam officiating.

The bride is the daughter of Dr. and Mrs. Barry O'Neal of Irving, and granddaughter of Mrs. Gladys O'Neal of Haskell. She graduated from Irving High School and Baylor University, where she received a Bachelor of Arts degree in history with minors in geography and music.

The groom is the son of Mr. and Mrs. Jim Carpenter of Beaumont. He is a graduate of Hardin-Jefferson High School and Texas A&M University where he received a Bachelor of Science degree in industrial engineering. He is employed as assistant to the president at Dallas University.

The bride's gown was of ivory with a brocade bodice and small beaded trim. She wore a diamond

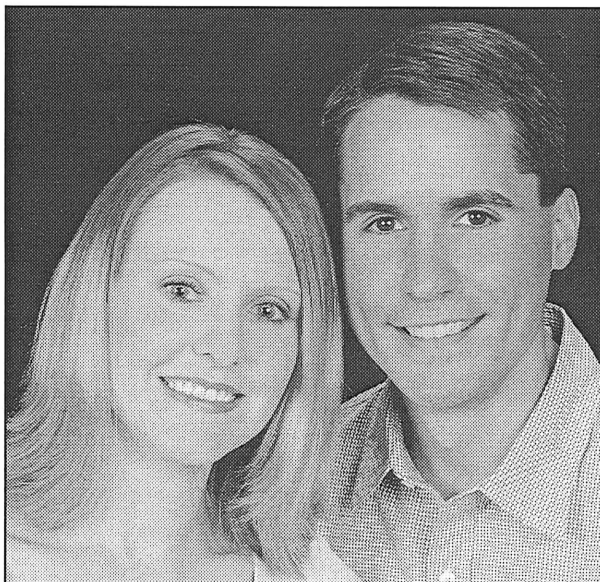
necklace that belonged to her late maternal grandmother, and a wedding ring on her right hand that belonged to her late paternal great-grandmother, Mrs. Bessie Fouts.

Bridesmaids were Lyndee Hayes of Fort Worth, Katie Adams of Washington, D.C., Carolyn Joe of Austin, Maria DiLorenzo of Brighton, Massachusetts, Donna Condr of Los Angeles, California, Lindsay Safran of Austin, and Emily Kenton of Jessup, Maryland.

Best man was Jonathan Carpenter, brother of the groom. Groomsman were John Hayley of Archer City, Wesley Eaves of Baytown, Tim Hayes of Fort Worth, Brandon Ford of Dallas, Georgia, Chris Mechsrd of Dallas, and David Apperly of Mount Pleasant.

A reception was held at the Atriums at Park West.

Following a wedding trip to Costa Rica, the couple is residing in Irving,



ANITA RAPP - OLIVER FRAUENFELD

Rapp, Frauenfeld plan Oct. wedding

Robert and Cathy Rapp of Granbury are announcing the engagement of their daughter, Anita Denise Rapp, to Oliver W. Frauenfeld.

Rapp graduated from Haskell High School in 1996 and received a Bachelor of Science degree in meteorology from Texas A&M University in College Station in 2000. She received a Master of Science degree in atmospheric science from Colorado State University in Fort Collins in 2004 and is pursuing a doctoral degree.

Frauenfeld is the son of Wolfgang and Gertrud Frauenfeld of

Kottingbrunn, Austria. He graduated from Harrisonburg High School in Virginia in 1991 and received a Bachelor of Arts in environmental sciences and Spanish from the University of Virginia in Charlottesville in 1995. He received a Master of Science degree in 1999 and a Ph.D. degree in 2003 in environmental sciences from the University of Virginia. He is employed by the University of Colorado at Boulder.

The couple was engaged in Vienna, Austria in April and plan to be married at Harbor Lakes Golf Club in Granbury Oct. 7.

Blair named to National Honor Roll

Ariel Blair of Haskell, a student at Paint Creek High School, qualified for induction into the 2005-06 National Honor Roll.

The National Honor Roll lists

high-achieving high school and middle school students with a B or better average, along with their interests and activities. Their information is published in a commemorative edition.

Simple implant can be effective against snoring

A relatively simple procedure performed by a dentist can now significantly reduce or cure snoring and sleep apnea.

Called Pillar implant surgery, this procedure involves imbedding three tiny polyester implants 18 millimeters long into the soft palate. The implants prompt the growth of firm tissue around the palate, stiffening and preventing it from vibrating or drooping during sleep, said Arlet Dunsworth, D.D.S., M.S.D., an oral surgeon and alumnus of the Baylor College of Dentistry-

Texas A&M Health Science Center.

The vibrating or drooping blocks the airway, causing snoring and/or sleep apnea.

Most patients require only local anesthesia and recover quickly. The company that makes the implants claims snoring is reduced in 70 percent of patients, and 50 percent are cured.

"Insufficient sleep is an issue for many people, and snoring is often the root cause," Dr. Dunsworth said. "This new procedure appears to be helping a lot of people."

Around Town

By Joyce Hawkins

Floradean Cockerell of Abilene spent Sunday evening visiting her mother Joyce Hawkins and sister Margaret Tatum. They had lunch at the Christopher Tatum home where they celebrated Margaret's birthday.

Visiting Faye Gray on the

weekend were Larry Muse of Dallas, Bill and Orvetta Muse of Tulsa, Oklahoma, Gloria Sue Carlise of Georgetown, Donna and Billy Cypert of Munday, Anita and Tom Laurence of Irvine, California, Georgia and Woody Turnbow of Haskell and Judy and Chuck Hicks of Abilene.

The family of Mildred Robertson

invites you to help celebrate Ma's 90th birthday!

Saturday, July 15
3:00 to 4:30 p.m.

First Baptist Church
Activity Center
Haskell Texas

(Come and go)

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OPINION

TEXAS PRESS ASSOCIATION

State Capital



HIGHLIGHTS

By Ed Sterling

Judge rules DeLay's name must stay on ballot

AUSTIN—U.S. District Judge Sam Sparks of Austin ruled former Sugar Land congressional Rep. Tom DeLay's name must stay on the Nov. 7 election ballot.

Sparks ruling was on a petition brought by the Republican Party of Texas. The party had sought to appoint a candidate to replace DeLay as the nominee for Congressional District 22.

The Texas Democratic Party countered that DeLay's name belongs on the ballot because DeLay gave voters the impression he would run and serve.

DeLay resigned from Congress June 9 and moved to Virginia.

In his ruling Judge Sparks cited the U.S. Constitution's requirement that a candidate reside in the state when elected. So, if DeLay does not return to Texas and establish residence in this state by Nov. 7, he will be ineligible to serve, if elected.

DeLay is still under indictment in Travis County on state charges of money-laundering and campaign finance fraud in connection with the November 2002 election. That election resulted in Republican majorities in both houses of the state Legislature and made it possible for lawmakers to break with tradition and carry out a mid-Census redistricting.

The vote after the redistricting erased Texas Democrats' 17-15 seat majority in U.S. congressional seats and delivered Texas Republicans a 21-11 seat majority.

Some of DeLay's work to reconfigure the state's political map may be shortlived.

Mapmakers diluted the Hispanic Democratic vote in Laredo, the U.S. Supreme Court ruled in June.

The high court then instructed a federal three-judge panel to redraw boundaries of the congressional district that runs from Laredo to far west Texas.

Meanwhile, the Republican Party of Texas has appealed Sparks' ruling to the Fifth Circuit Court of Appeals in New Orleans.

DeLay hinted he might come back to Texas if rulings on pending

indictments against him go in his favor.

Whether it will be DeLay or a yet-unnamed GOP nominee running for CD-22, former Congressman Nick Lampson will be the Democrat in the race.

Man sentenced in child porn case

A San Marcos man was sentenced for storing sexually explicit images and videos of children on his iPod portable digital video player.

Ron James Guzman, 39, received a 10-year prison sentence for possessing the illegal material and a 20-year prison sentence on a charge of promoting child pornography.

Texas Attorney General Greg Abbott said it was the first such child pornography case handled by his Cyber Crimes Unit.

Guzman also pled guilty to four counts of aggravated sexual assault of a child and one count of indecency with a child in a separate plea agreement reached with the Hays County District Attorney's Office for a separate offense. The sentences in the two cases will run concurrently for a total prison term of 40 years.

Gov announces millions in aid

Texas is opening its pocketbook to the tune of \$255 million to help victims of Hurricane Rita and low-income families purchase a home of their own. The program is expected to assist 2,300 Texas families.

In announcing the funding, Gov. Rick Perry said, "This is the largest amount of homebuyer funds ever released by the state. And more than 40 percent of it, or \$108 million, is coming here to help Southeast Texans recover from Hurricane Rita."

Perry also announced the award of \$26.7 million to help crime victims under the federal Victims of Crime Act fund. The money supports programs that address family violence, child abuse and sexual assault, and provide support services to help victims recover from the effects of crime through counseling, advocacy and intervention.



From Out of the Past

From the files of The Haskell Free Press

10 Years Ago July 11, 1996

Fred Hernandez of Haskell was the winner of the calf roping saddle at the 66th Texas Cowboy Reunion in Stamford.

Two recent graduates of Paint Creek High School will play in the Texas All Star Games in Lubbock. Leigh Ann Reel will play in the All Star basketball game. Casey Thompson will play in the All Star football game.

Eight young ladies are practicing to become future cheerleaders during Deanne Morgan's cheerleading camp were Mandy Adams, Olivia Messenger, Brittany Bird, Jaclyn Drinnon, Alexis Reid, Samantha Steele, Shayla Felty and Savanna Foster.

20 Years Ago July 10, 1986

Bobby Hobgood assumed duties as president of the First National Bank of Haskell.

Two Haskell FFA members received Outstanding Member Awards at the Area 11 FFA Leadership Conference in Big Spring. Award recipients were Doug Davis and Scott Burreis. Davis is President of the Haskell FFA chapter and Burreis is vice president.

Mr. and Mrs. Johnny Hawkins, Emily and Ashley of Denton visited with Mr. and Mrs. John Hawkins.

Mr. and Mrs. Ray Overton Jr. of Irving visited with Laura Overton over the fourth of July.

30 Years Ago July 8, 1976

Boy Scouts of Troop 136 loaded their gear and themselves into two pickups for their trip to Camp Tonkawa. Those attending were

Robert Geilhausen, Danny Griffith, Walter McBroom, Kendal Strickland, Kevin Strickland, Joseph Toliver, Elliot Cox, Joseph McCoy, Will Pace and Jamie Davis. The scouts worked on merit badges and skill awards during the week.

A little remodeling was done to the residence of Mr. and Mrs. Benton, the other night when someone drove up on their front porch and through the living room wall.

40 Years Ago July 14, 1966

Teddy R. Elliott is the new State Game Warden stationed in Haskell. He will work in Haskell and adjacent counties.

Gene Shackelford, Fort Worth & Denver Railroad agent here, said that 49 carloads of the 1966 wheat had been shipped from Haskell by rail.

Guests in the home of Mrs. W.D. Kemp was her sister, Mrs. Effie Fultz and daughter, Gladys Wright, of Los Angeles, California; also her daughter, Mrs. Theo Pace, of Overton.

George Sherman, son of Mr. and Mrs. Alvin Sherman is among twenty students who began a six weeks summer study program in Monterrey, Mexico.

50 Years Ago July 12, 1956

Haskell's Senior Teen Age baseball team took a two game lead in the League with a 12-10 win over Avoca at Fair Park Field.

Workmen are busy this week demolishing the upper story of the Sherrill Building on the northwest corner of the square. Plans for the remodeling project call for converting the building into a one

story structure, with a modern new front of brick and glass and extensive repair and refinishing on the interior.

The eleven children of Mrs. J.R. Alexander were gathered at the Haskell Park for a reunion, the first time the family has been together in 20 years.

100 Years Ago July 7, 1906

Roy Cummings left for El Paso County where he has contracted to buy eight sections of State School Land.

Mrs. S.W. Scott accompanied her sister, Flora Tandy, to Stamford. Tandy was to take the train there for a trip to Louisville, Kentucky, to spend the remainder of the summer with Mary Morrison.

Track laying on the Wichita Valley reached Weinert, twelve miles north of Haskell and is being rapidly pushed to this place. If no delays occur, the track should be laid into Haskell by the original date set by Col. Jones.

Capt. Craddock and F.M. Todd went fishing on the Clear Fork the other day and report they feasted on fish and squirrel.

Boys and girls of Haskell had a picnic and fun on Mule Creek. They were chaperoned by Cecil Hughes and Eula Poole and was composed of Mamie Simmons, Bessie Wright, Ruby Poole, Lee Couch, Dolly Wheeler, Deron Neathery, Lelia Odell, Lelia Sprows, Maggie Hattie Williams and Julia Winn, Earl Odell, Lennis Jones, Frank Baldwin, Matthew Alexander, Charles Parsons, Wallace Meeker, Chester Jones, Clark Dennington and Jesse Foster.

Summer driving tips

Summer is here and even with higher gas prices, many drivers will be hitting the road for vacations and weekend get-a-ways. Hot weather brings unique challenges, and can present dangerous conditions for both the vehicle and its occupants." Each summer sees more than 7 million car breakdowns on the road and some of those summer breakdowns can be easily avoided.

Before heading out be sure you check out the basics, including: oil, transmission fluid, windshield washer, battery level and strength, tire pressure (including the spare), cooling system (which should be flushed and refilled at least every two-years), belts and hoses and have a well equipped emergency kit and tool box in the trunk.

Drivers need to stay cool. Studies have shown that 75% of drivers are fearful of encountering road rage and 37% said they had personally experienced it in the previous 6-months. Don't escalate aggression on the road by responding to it. Stop periodically to refresh yourself, take along moist towelettes and water.

•When driving in hot weather it's particularly important to keep an eye on the lights and gauges. If your temperature gauge moves up, turn off your air conditioner and turn on your vehicle's heater to its highest and hottest setting. It will be uncomfortable, but it will help draw some of the heat away from the engine. If you are stopped in traffic put the car in "park" and lightly step on the gas to help circulate coolant. If the temperature light goes on or if the gauge enters the red zone, immediately pull off the road to a safe spot, well away from traffic. Do not drive any further—not even to the next exit. Driving with an overheated engine can cause serious damage to the engine.

•Do not attempt to remove the radiator cap itself. The pressurized coolant is extremely hot and will spray out with great force. Do not pour water over the radiator or engine, since a dramatic change in temperature could cause damage. After the engine cools a bit, add a 50-50 mix of coolant and water to the reservoir to bring it up to its proper level.

•Even when not stranded due to a breakdown, summer heat can pose dangers. Never leave a child or pet in a parked car in summer heat. Even an outside temperature in the 80's can quickly bring a car interior to well over 140°.

•Bring a cell phone for emergency calls, but don't use it while driving. Studies have shown that driving distractions have become the number one fear on the road.

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This issue mailed Wed., July 12, 2006

From the AG

By Greg Abbott

Online Financial Offers: Legitimate or Spam?

My office has fielded many inquiries from consumers asking about business offers, mortgage payoff offers, and credit card offers they receive over the Internet. Seeking independent information about an unknown company is a wise move, particularly when the business contacts you through unsolicited e-mails—spam.

Spam is one of the most aggravating problems facing consumers on the Internet today. While the Internet is a tremendous resource for consumers, it is also a vehicle for rampant fraud. As technology evolves, so do the scammers who contrive new methods of sending millions of unsolicited e-mails, perpetuating Internet fraud, and committing identity theft against thousands of Texans every year.

Last month, my office won the state's first spam case against Ryan Samuel Pitylak, a former University of Texas at Austin student, and partners Mark Trotter, Gary Trappier and Alan Refaeli. The four men ran one of the largest and most notorious commercial spam operations in the world, bombarding

consumers with millions of e-mails under at least 250 assumed names. Using deceptive subject lines, they tricked recipients into believing the e-mails contained information important to them. Consumers who responded to the e-mails revealed information about themselves after being assured their privacy would be protected. In fact, the defendants sold the information to other companies who were free to use the information in any manner they chose.

At best, consumers are hassled online with straightforward but disruptive attempts to sell real products or services. You should proceed with caution when following up on unsolicited online advertisements, especially pop-up advertisements. Our Consumer Protection Division always stresses that just because we may not have any negative information about a particular company or business, that does not mean that it is safe.

Legitimate retailers and businesses who market over the Internet generally do not send unsolicited e-mails to advertise their products. They will usually provide visitors to their Web sites the opportunity to sign up for

promotions or special offers and then honor customers' requests to opt-out of future e-mails.

Credit card offers and "fast cash" offers are prevalent online. Please think twice about such offers. Many times, these ads promote zero percent interest to sign up, but will assess finance charges upwards of 400 percent if you do not pay the entire debt in a certain amount of time. Another hazard of accepting such pitches is that you may be extending an express invitation to any participating third parties to contact you by telephone even if you have previously requested that you be placed on a Do Not Call registry. You may also inadvertently forfeit your right to participate in a class action lawsuit against the company.

Mortgage payoff offers are another common online risk. Several people have contacted my office about offers to transfer their mortgage to an online company or accelerate their mortgage payments. You certainly can save money by paying off your mortgage early—but you do not have to pay anyone to help you do this. A typical offer promises that a mortgage acceleration specialist will deduct payments from the homeowners'

checking account and forward that money to the original lender. Be wary of these offers. Check with your mortgage company to see how best to pay your loan off faster and save money. For instance, you may be able to pay every two weeks instead of every month or pay more than your monthly payment each month. Some mortgage companies will charge a fee for this service, but many will allow you to prepay at no extra charge.

Be cautious not to click on the links in unsolicited e-mail. You might be led to a con artist's website that automatically installs keystroke-logging programs. This technology can allow a thief to capture your keystrokes, providing a means to obtain passwords and sensitive financial information.

When surfing online, always proceed cautiously. Today's con artists have learned to disguise their schemes with e-mails that look like business transactions and financial opportunities. Remember, an unsolicited online financial offer is simply a stranger asking you to send money on a promise. If an offer sounds too good to be true, it is most likely a scam.

Everybody's Science

by Sandy Miller Hays, Agricultural Research Service

Some Eye-Opening Bonuses From Mother Nature

It seems like almost every day, there's another news story about what we shouldn't eat—and usually the newly forbidden food is something we really enjoy! For a change, let's talk about some foods that you should eat (medical conditions permitting, of course).

How about a heaping helping of lutein? That doesn't sound very tasty, I know, but bear with me. You should include lutein in your diet because low lutein intake has been implicated as a risk factor in age-related macular degeneration, the number one reason why older Americans lose their vision. The macula is located in the retina of the eye, directly behind the pupil, and it's what gives us our central vision.

Lutein is a natural dietary substance called a carotenoid, and it and another dietary carotenoid, called zeaxanthin, accumulate within the macula and provide a yellow pigment that actually helps protect your eye.

It's not exactly "new news" that lutein is important for eye health. The hot news is that the human body is better able to absorb eye-healthy lutein from eggs than from other dietary sources of this same carotenoid. That information comes from a study funded by the

Agricultural Research Service and the Egg Nutrition Center in Washington, D.C.

In the study, 10 volunteers, during four separate phases of testing, ate either cooked spinach, eggs, or one of two types of lutein supplements. Each of these sources—the eggs, the spinach, and the supplements—provided 6 milligrams of lutein per daily dose.

The researchers measured the lutein concentrations in the volunteers' blood before and after each test phase. The results: When the volunteers ate eggs as their lutein source, the lutein levels in their blood were about three times higher than when they got their lutein from one of the other sources.

Surveys have shown that the average American only eats about 2 milligrams of lutein per day. How hard would it be to increase your lutein levels and protect your peepers? The researchers say you could get 4 milligrams a day simply by eating a salad of one egg and one cup of spinach. But remember that while this study certainly suggests that eggs are an inexpensive source of highly bioavailable lutein, more than one egg a day would give you more than the recommended amounts of dietary cholesterol.

After you've eaten your egg-and-

spinach salad, you might want to consider having a few grapes for dessert. That's because another ARS study has shown that a natural compound in grapes might be as effective as a widely used man-made drug at reducing lipids (fats) in the blood.

That useful compound is called pterostilbene (pronounced TAIR-oh-STILL-bean), and it's already been shown to have cancer-fighting properties.

Incredible as it may seem in this fat-conscious age, all fats are not evil. Lipids are vital components of your body's cells. But as with cholesterol, it's definitely possible to get too much of a good thing, so compounds that lower lipid levels in the blood can help people fight heart disease and alleviate other health problems.

In the ARS study, the scientists showed that pterostilbene's ability to lower lipid levels is even better than that of another highly touted natural compound, resveratrol, and is as good as that of the commercial drug ciprofibrate. The scientists showed how, at the cellular and molecular levels, resveratrol and other similar compounds can "turn on" a receptor in the body that regulates fatty acid metabolism and plasma lipoproteins, and might help treat heart disease caused by plaque buildup in arteries.

The receptor has one of those 50-cent names—"peroxisome proliferator activated receptor alpha"—so you can understand why the scientists prefer to call it PPARα. This receptor has a role in reducing levels of triglycerides in the blood (and if you've been to the doctor lately, you've probably found your triglyceride levels are getting almost as much attention as your cholesterol levels). In the ARS study, while resveratrol obviously "turned on" that important receptor, it didn't do as well as the pterostilbene, which actually matched the performance of the commercial drug.

Once again, it's Mother Nature to the rescue!

The Agricultural Research Service is the chief in-house scientific research agency of the U.S. Department of Agriculture.

Bladder infections treatable

Dr. Philippe Zimmern, professor of urology at UT Southwestern Medical Center, hears the same troubling symptoms nearly every day—"It burns when I go to the bathroom, and I go all the time—Do you think I have a bladder infection?"

Bladder infection is a common diagnosis in women. Symptoms range from frequent urination with burning, to sudden onset of bloody urine, new onset or worsening incontinence, pain or pressure over the pubic area or lower abdomen, all the way to fever, chills and flank pain.

"An important step is to obtain a urine culture before any treatment is initiated," Dr. Zimmern says. "A urinalysis is a good screening test for infection but urine culture is key to determining the organism and its sensitivity. This information is essential to guide the selection of antibiotics and is more likely to eradicate the infection than an empirical treatment based on symptoms alone."

The treatment can be started as soon as the urine has been collected and sent to the laboratory, as it may take 24 to 48 hours for the results of the culture.

Once the symptoms have

Avoiding swimmer's ear

Keep cool from the Texas heat this summer with a refreshing dip in a swimming pool—just remember to take care of your ears. Excess moisture can lead to swimmer's ear, which is an inflammation in the outer ear canal.

"Don't stick anything into the ears to get the water out—cotton swabs, keys, etc. You can dry the ear canal using a hair dryer set on low heat," advises Dr. Ravi Samy, assistant professor of otolaryngology at UT Southwestern Medical Center. Otherwise, the skin in the canal can become flaky and allow harmful bacteria into the tissue. The result is an infection that's itchy and painful.

Swimmer's ear usually clears up in a few days with the use of an ear drop containing hydrocortisone to stop the itching and an antibiotic to stop the infection.

disappeared, Dr. Zimmern says the urologist needs to address two issues: First, is the infection gone? And second, where did the infection come from, so that a recurrence can be prevented?

A follow-up urine culture a couple of weeks after completion of the treatment should return negative if treatment has been successful. Many

infections, however, recur shortly after the end of the initial treatment and it is never clear without a follow-up culture if it is a persistent condition or a new infection. A one-time infection is rarely studied extensively but recurrent infections warrant a more complete assessment of the kidneys and bladder, both in terms of anatomy and function.

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Tips to avoid the summer itch

According to the American Academy of Dermatology, each year up to 50 million Americans will have an allergic reaction to the toxic oil found in Poison Ivy, Poison Oak and Poison Sumac. The toxic oil is known as Urushiol and it's no wonder so many of us are affected by it—these weeds grow in just about every area of the country. Experts say your best defense is knowing what these plants look like and avoid contact with them.

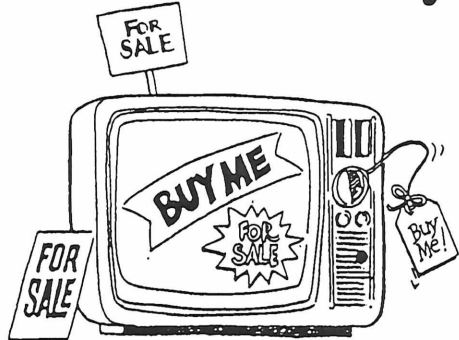
Poison Ivy grows as a vine in most areas of the country. In the far North and West it grows as a shrub. Look for pointed, serrated leaves with three or five in a grouping.

Poison Oak typically grows as a shrub. In the fall the oak-like leaves turn yellow then red.

Poison Sumac is native to swampy and boggy areas. The shrubs or trees feature seven to 13 staggered leaflets.

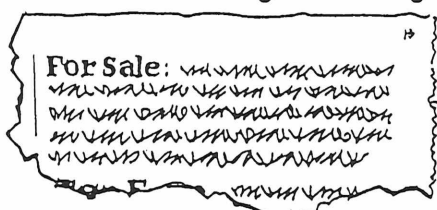
If you come into contact with these poisonous weeds wash the affected area immediately with soap and water. Itching can be relieved by using calamine lotion or other over-the-counter remedies. You'll also want to clean any items you may have touched too. The oil can remain active for up to five years on items like shoes, garden tools and clothing.

The Hard Way.



Sure, you can stand in the street in the middle of a major intersection every day for a week with an item you want to sell, put a couple of huge signs on it, and hope someone takes you up on the offer. It might just get the job done. Or you might just end up looking foolish.

The Easy Way.



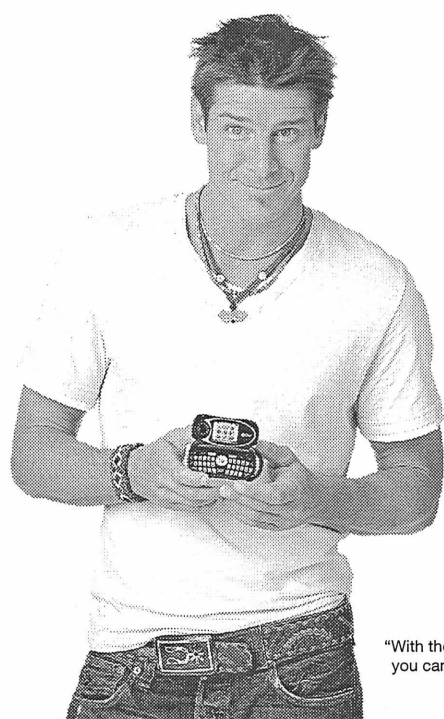
Or, you can place a Classified Ad with us and have people from all over the area clamoring to take your unwanted items off your hands for a handsome profit. Quickly and easily. And for a very small investment. So what are you waiting for? Call now!

The Haskell Free Press

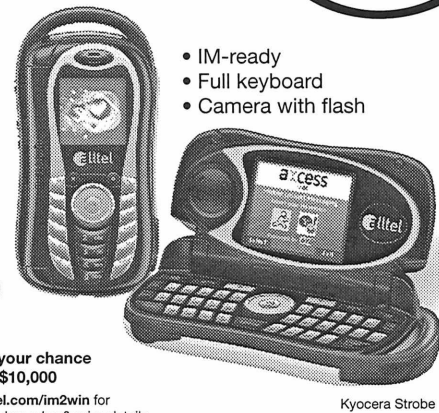
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Understanding the use of a safety deposit box

Millions of Americans rent a safe deposit box from their bank. Before renting, you need to make sure you understand how it works.

Most people rent a safe deposit box to store important and valuable items that would be difficult, if not impossible, to replace. The box offers privacy and security for these items rather than keeping them in your home where they are prone to burglary, fire and water damage.

What should go in a safe deposit box? Experts suggest you keep family records, such as birth, marriage and death certificates, originals of insurance policies, deeds, titles, stocks and bonds in the box. You might want to include other valuables such as expensive jewelry, rare collectibles and medals. Also consider videotaping or taking photos of the contents of your home and keeping them in the safe deposit box should you need to file an insurance

claim. What should not go in a safe deposit box? There are some items that you may need to access quickly during an emergency situation that you would not want in your safe deposit box, in the event you need these items on a weekend or holiday when the bank is closed or the bank itself is closed due to an emergency. These items might include your "power of attorney," passports, medical directives, and funeral or burial instructions. You might want to keep copies of these items in the box and give the originals to your attorney or a close family member or friend.

Who has access to your box? Only you, unless you have a co-renter who might include a spouse, child, or close friend. Be sure to check state law governing access to safe deposit boxes. To access your box, it takes two keys—yours and the bank's. The bank doesn't keep a copy of your key, so if it is lost or stolen, it will cost you several hundred dollars to drill the box open. Additionally, unless you have a co-renter or you appoint a "deputy" or "agent" in the

presence of a bank employee, you cannot just give your key to a friend or family member and ask them to open the box. The bank will grant access to the box to only valid authorized users.

U.S. banks take every precaution to protect the contents of safe deposit boxes and they are manufactured to be highly resistant to fire, water, flood, earthquakes, hurricanes and other types of disasters. They also utilize highly sophisticated alarms, heat and motion detectors, locks and video cameras. But nothing is 100 percent guaranteed and the contents of your safe deposit box are not protected by federal bank insurance, like your monetary bank deposits. In addition to keeping a list of the contents in the box, you might also consider storing items in Ziploc bags for added protection. Sadly, some lessons were learned in the flooding subsequent to Hurricane Katrina.

You can also check with your insurance agent to see if you can add a "personal articles floater" to your policy to cover replacing valuable jewelry or other tangible items in the unlikely event of loss or damage.

Cattle Market Report

The market at the Haskell Livestock Auction was on a run of 968 head of cattle at its sale on Sat., July 1, according to R.D. Rainey, reporter. 72 sellers and 44 buyers were present.

Cows, steady. Stockers \$2-4 higher. Feeders \$3-5 higher. Bred Cows; pairs \$50-100 higher.

Cows: fat, .38-.47; cutters, .45-.53; canners, .32-.38.

Bulls: bologna, .58-.64; feeders, .60-.80.

Steers: medium and large frame No. 1 200-300 lbs., 1.50-1.85; 300-400 lbs., 1.35-1.57; 400-500 lbs., 1.15-1.31; 500-600 lbs., 1.10-1.25; 600-700 lbs., 1.05-1.20; 700-800 lbs., .95-1.08; 800-up lbs., .93-.98.

Heifers: medium and large frame No. 1 200-300 lbs., 1.45-1.70; 300-400 lbs., 1.28-1.45; 400-500 lbs., 1.10-1.21; 500-600 lbs., 1.02-1.18; 600-up lbs., .95-1.05.

Bred heifers medium frame, 675-785.

Bred cows young to middle aged 650-935; aged or small, 350-550.

Cows with calves: medium

frame No. 1 young and middle aged, 885-1085; aged or small, 600-815.

The market at the Haskell Livestock Auction was on a run of 798 head of cattle at its sale on Sat., July 8, according to Bill Cox, reporter. 76 sellers and 37 buyers were present.

Packers \$3-5 higher. Feeders, steady to \$2 higher. Stocker cows \$10-20 lower. Stocker calves steady to lower. Yearlings \$1-3 higher.

Cows: fat, .45-.5050; cutters, .42-.53; canners, .28-.38.

Bulls: bologna, .57-.64; feeders, .60-.88; utility, .54-.61.

Steers: medium and large frame No. 1 200-300 lbs., 1.45-1.95; 300-400 lbs., 1.35-1.70; 400-500 lbs., 1.20-1.35; 500-600 lbs., 1.12-1.30; 600-700 lbs., 1.05-1.24; 700-800 lbs., .95-1.15; 800-up lbs., .76-1.06.

Heifers: medium and large frame No. 1 200-300 lbs., 1.30-1.80; 300-400 lbs., 1.25-1.48; 400-500 lbs., 1.10-1.35; 500-600 lbs., .90-1.20; 600-up lbs., .65-1.12.

Bred heifers medium frame, 650-800.

Bred cows young to middle aged 800-950; aged or small, 500-750.

Cows with calves: medium frame No. 1 young and middle aged, 875-1250; aged or small, 675-850.

ECC Menu

Mon., July 17
Lunch—King ranch, buttered corn, green beans, onion slice, yeast rolls, peach cobbler, milk, tea, or coffee

Wed., July 19
Bingo 10:30 a.m.
Lunch—Salmon patty, scalloped potatoes, blackeyed peas, sliced onions, garlic toast, Coke cake, milk, tea, or coffee

Fri., July 21
Lunch—BBQ sausage, pinto beans, potato salad, sliced onions, yeast rolls, apricot cobbler, milk, tea, or coffee

Announcements begin at 11:45 a.m. followed by lunch.

Haskell Summer Lunch Menu

July 17-21
Milk is served daily.

Monday: Popcorn chicken, mashed potatoes with gravy, pickle spears, brownies

Tuesday: Stew, grilled cheese sandwiches, applesauce, cookies

Wednesday: Beef enchiladas, pinto beans, garden salad, tortilla chips and salsa, strawberries

Thursday: Pizza, salad, cheese sticks, cantaloupe

Friday: Chili dogs, french fries, pickles, ice cream with toppings

Shop Haskell First

This Week's Devotional Message:



WHEN YOUR HOUSE OF WORSHIP NEEDS YOUR HELP, OFFER IT

Whenever a friend does you a favor, you should reciprocate it. Your house of worship is the best friend you'll ever have, and if you have been attending it regularly you must have done so because of all the blessings it has brought you. If you or any member of your family have been ill, had surgery or lost a loved one, you know that your clergyman and the entire congregation have been a tower of strength for you. Whenever you

come to a fork in the road where a difficult decision must be made, your clergyman is always ready to listen to your problem and give you the best advice that his experience can provide. In return for these benefits and many others, be prepared to serve your house of worship to the best of your ability, even if only by dialing a few phone numbers. You have received so much there; now it's your turn to help.

ATTEND CHURCH THIS SUNDAY

HASKELL

East Side Baptist Church

Danny Manross, pastor
Sun. 9:45 a.m., 11 a.m., 6 p.; Wed. 7 p.m.

Christian Church

Dusty Garrison, minister
Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m.

Church of God

Bruce Ray, pastor
Sun. 10 a.m., 11 a.m., 6 p.m., Wed. 7:00 p.m.

Trinity Lutheran Church

Ron Rennegarbe, pastor
Sunday School 9:30 a.m., Worship 10:30

Iglesia Bautista El Calvario

Art Flores, Interim pastor
Sun. Morn. 9:45 a., 10:45 a.m., 5 p.m.; Wed. 7 p.m.

First United Methodist Church

Rev. Daniel Echols, pastor
Sun. Morn. 9:45 a.m., 10:50 a.m. 6 p.m.; Wed. 6 p.m.

First Assembly of God

Rev. J.C. Amburn
Sun. Morn. 9:45 a., 10:45 a.m., 6 p.m.; Wed. 7 p.m.

St. George Catholic Church

Father George Roney
Sat. Mass 7 p.m.; Sun. Morn. 9:00 a.m.

Church of Christ

Jim Yates, minister
Sun. Morn. 9:30 a.m., 10:30 a.m., 6 p.m.; Wed. 7 p.m.

First Presbyterian Church

Kelly Pigott, interim pastor
Sun. Morn. 9:30 a.m., 10:30 a.m., 6 p.m.; Wed. 7 p.m.

Trinity Baptist Church

Tony Grand, pastor
Sun. Morn. 10 a., 11 a., 6:30 p.m.; Wed. 6:30 p.

Hopewell Baptist Church

Sun. Morn. 9:30 a.m., 11:00 a.m.; Wed. 7 p.m.

Greater Independent Baptist Church

Sun. Morn. 9:30 a., 11:00 a., 6:30 p.; Wed. 7 p.

SAGERTON

New Covenant Foursquare
Bill and Renee Glass, pastors
Sun. Morn. 10 a.m., 11 a.m., 6:30 p.m.; Wed. 7 p.

Mission Revival Center

Rev. William Hodge
Sun. Morn. 10 a.m., 11 a.m., 6 p.m.; Tues. 6 p.m.

First Baptist Church

Greg Gasaway, pastor
Sun. Morn. 9:45 a., 10:55 a., 6 p.m.; Wed. 7 p.m.

Church in the Wind

C.C. Curran, pastor
Sun. fellowship 5 p.m. Church 5:30 p.m.

Cornerstone Fellowship Baptist Church

Dr. Larry Nail, pastor
Sun. 9:30 a.m. 10:45 a.m., 6 p.m., Wed. 7 p.m.

WEINERT

First Baptist Church
J. C. Baker, pastor
Sun. Morn. 10 a.m., 11 a.m., Wed. 7 p.m.

Weinert Foursquare Church

Rev. Robert Harrison
Sun. Morn. 10 a.m., 11 a.m. Wed. 7 p.m.

ROCHESTER

Church of Christ
Steve Willis, minister
Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 6 p.m.

First Baptist Church

Fred Garvin, pastor
Sun. 11:00 a.m., 6 p.m.; Wed. 6:00 p.m.

Union Chapel Baptist Church

Clovis Dever
Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m.

Faith Chapel of Rochester

Katherine Byrd, minister
Sun. Morn. 10 a.m., 11 a.m., 7 p.m.

First United Methodist Church

Rev. Daniel Echols, pastor
Sun. Morn. 9:00 a.m., 11:00 a.m., 11:00 a.m.

RULE

Sagerton Methodist Church

Terry O'Rear, pastor
Sun. Morn. 9:45 a.m.

Faith Lutheran Church

Deborah Nissen, pastor
Sun. Morn. 9:15 a.m., 10:30 a.m.; Wed. 7 p.m.

First Baptist Church

Josh Stowe, pastor
Sun. Morn. 9:45 a., 11:00 a., 5 p.m.; Wed. 7 p.m.

Primitive Baptist Church

Dale Turner Jr., pastor
First & Third Sundays 10 a.m.

Church of Christ

John Greeson, minister
Sun. Morn. 9:45 a., 10:40 a., 6 p.m.; Wed. 7 p.m.

First United Methodist Church

Terry O'Rear, pastor
Sun. Morn. 8:30 a.m.

Primer Iglesia Bautista

Alfa y Omegas
Manuel Marin, pastor
Sun. Morn. 10 a., 11:00 a., 5 p.m.; Wed. 6 p.m.

Sweet Home Baptist Church

Bill Trice, pastor
Sun. Morn. 11 a.m., 5 p.m.; Wed. 5 p.m.

West Bethal Baptist Church

Rev. Robert Sweet
Sun. Morn. 10 a., 11 a., 8 p.m.; Wed. 7:30 p.m.

PAINT CREEK

Paint Creek Baptist Church
Sun. Morn. 10:00 a.m., 11:00 a.m., 6 p.m.

O'BRIEN

O'Brien Baptist Church
Jim Reid, pastor
Sun. 9:45 a., 11 a., 5 p., 6 p, Wed. 6 p.m.

Weather Whys

Lunar Rainbows

Q: What is a lunar rainbow?
A: It's a rainbow that has been formed by moonlight instead of sunlight, says Brent McRoberts of Texas A&M University.

"A lunar rainbow is sometimes called a moon rainbow, but they're the same thing," he explains.

"Lunar rainbows are fairly rare. They are usually whitish in color and occur only during a full moon, and as is the case with a rainbow, the light source must be behind you. Lunar rainbows tend to be much fainter than normal rainbows because our eyes don't see color as well at night, plus moonlight produces less color than sunlight."

Q: Do lunar rainbows occur more frequently in certain locations?
A: Yes, McRoberts adds.

"It is said Cumberland Falls in Kentucky produces more lunar rainbows than any place else because the conditions are perfect with the falling water during full moons," he says. "Also, Yosemite National Park is a frequent producer of lunar rainbows because of the geysers and waterfalls in the area. We know lunar rainbows have been observed for thousands of years, at least since the time of Aristotle."

Moonbows

Q: Is there really such a thing as a moonbow?
A: Rainbows are not the only "bows" out there.

Moonbows are very real, but very rare, says Brent McRoberts of Texas A&M University. "The conditions have to be just right for a moonbow to occur, and that's not very often," McRoberts says.

"They appear at night when the moon is full or almost full and water in the air is refracted at just the right angle. When the moonlight refracts off the water droplets in the air, it produces a moonbow, and these appear to be white looking and look almost ghostly as they produce a white arc across the sky at night."

Q: Where are the best places to see moonbows?
A: There are only two places in the world where moonbows can be seen on something of a regular basis, McRoberts explains.

One is Cumberland Falls in Kentucky, which has a 125-foot waterfall and where the mists create the perfect conditions for a moonbow during a full moon. "The other is Africa's Victoria Falls, where again the conditions tend to be just right. It's been said Niagara Falls used to be a good spot to see moonbows, but there are so many lights from the surrounding area now that moonbows are rarely seen there."



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ALL DEADLINES MONDAY 5 P.M.

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For Sale

FOR SALE: Recliner/lift chair \$350; antique dressing table with bench and mirror \$75; 6 drawer antique dresser \$100. 864-8012.

FOR SALE: Table and 5 chairs, buffet \$65. 864-3397 28c

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Cars For Sale

FOR SALE: 1984 F150, 351, V-8, stretch cab. Leather seats, AM-FM stereo. With camper shell. \$1300. Call 940-864-2288. 27-28p

Garage Sale

GARAGE SALE: Sat., July 15. 8 a.m. 1400 N. 3rd. Furniture, clothing, toys, misc. 28p

INSIDE SALE: 104 N. Ave. G. Sat. only. 28-31p

GARAGE SALE: PW-80 dirtbike, lots of kids' stuff. Lots of misc. Turn right on Ave. B East (Jim Strain Rd.), turn left on S. E. 6th St. (right past storage building) 7th house on right (white 1-1/2 story). Fri., 8 til ?; Sat., 9-3. 28p

YARD SALE: 201 S. Ave. D, Sat., July 15. 8:30 a.m. til ? Little bit of everything. 28p

GARAGE SALE: 406 S. Ave. F. Girl's bike. Lots of items. Decorative pillows. Thurs., July 13 and Fri., July 14. No early birds. 28p

GARAGE SALE: Sat., 8 to 2 C&S Flooring. Name brand clothes. 28p

GARAGE SALE: Sat., July 15. 8 til ? 504 S. Ave. F, Haskell. 28p

For Rent

FOR RENT: Furnished rooms for rent. Nightly, weekly. Call Lone Star Lodging 864-2238. 21tfc

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Estate Sale

ESTATE SALE: Fri., July 14. 101 N. Ave. M, Haskell at the home of the late Ms. A.M. Davis. Early sales by the VP girls. 940-996-2428. 28p

Real Estate

FOR SALE: House on lakefront property at Veda's Camp, Lake Stamford. 5 bedroom, 2 bath. New metal roof, carport and garage. Partially remodeled \$25,000. Chad Roberts 940-575-1933, 940-210-0365. 28-29c

OWNER FINANCE: 1007 N. Ave. D, Haskell. \$16,500. Easy terms. Call 325-893-1973. 27-28c

OWNER FINANCE: 505 N. 2nd, Haskell. 3 bedroom, 2 bath. \$22,750. Easy terms. Call 325-893-1973. 27-28c

FOR SALE: 2 bedroom, 1 bath comfortable old house. Small shop. Storage, well, fenced, carport, deck. 864-3185. 28-31c

I'M MAD at banks who don't give house loans because of bad credit, problems or new employment. I do. Call L.D. Kirk, Homeland Mortgages. 254-947-4475. www.homeland46.com. 28p

Jobs Wanted

NEED A BABYSITTER? Days, nights or weekends. Call Molly 864-3048. 27-28p

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Public Notices

PUBLIC HEARING NOTICE
TEXAS COMMUNITY
DEVELOPMENT PROGRAM
Date of Publication:
July 13, 2006

The City of Haskell will hold a public hearing at 5:15 p.m. on July 18, 2006, at the Haskell City Hall in regard to the submission of an application to the Office of Rural Community Affairs for Texas Community Development Program funds. The purpose of this meeting is to allow citizens an opportunity to discuss the citizen participation plan, the development of local housing and community development needs, the amount of TCDP funding available, all eligible TCDP activities, and the use of past TCDP funds. All citizens are encouraged to participate in the development of this application and to make their views known at this public hearing. Citizens unable to attend this meeting may submit their views and proposals to Brandon Anderson, City Administrator during regular office hours. Persons with disabilities that wish to attend this meeting should contact Haskell City Hall to arrange for assistance. Individuals who require auxiliary aids or services for this meeting should contact Haskell City Hall at least two days before the meeting so that appropriate arrangements can be made. 28c

Help Wanted

NOW TAKING applications for all positions at Sonic Drive In, Haskell. Apply in person. 25tfc

GIBSON CARE Center, Aspermont needs CNAs for all shifts. Call Melissa Prew, ADON at 940-989-3526. E.O.E. 9tfc

MUNDAY NURSING Center is accepting applications for full-time and part-time positions in the dietary department. Contact Dorothy Rodriguez at 940-422-4541. 25tfc

INDEPENDENT CONTRACT CARRIER: Paper carrier needed for the Abilene Reporter-News for Rule area. Must have reliable transportation, current driver's license and car insurance. Early morning hours. 7 days a week. Profit analysis \$650 a month. Must live in Rule area. Please call Connie 325-670-5266. 25tfc

DRIVERS NEEDED. Must have CDL. Apply in person. Strickland Bridge, Haskell. 26-28c

Lost & Found

FOUND: Beagle dog on CR 130. Call 940-743-3270. 28c

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1706 N. AVE. G. 3 bedroom, 2 bath on corner lot. Over 1500 sq. ft. living area. Fireplace insert. 2 car carport. Storm cellar. Water well. Great shade and pecan trees.
1206 N. AVE. J. 3 bedroom, 2 bath. Large two car garage. Fenced. Corner lot with water well. REDUCED TO \$56,900.
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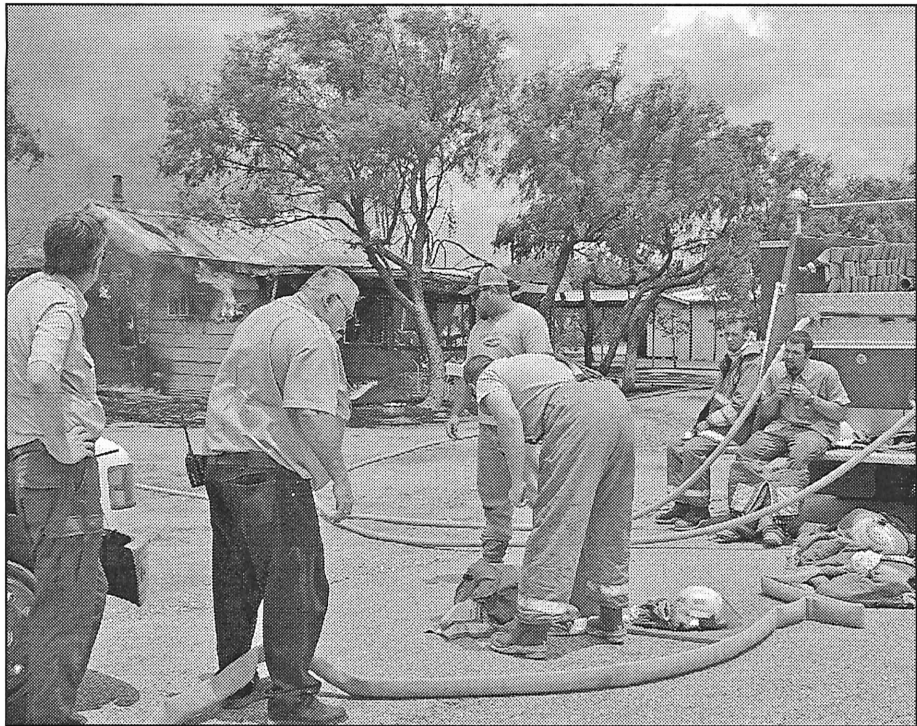
Haskell Volunteer Fire Dept.
is accepting donations to build Fire Station #2 at 300 S. 1st
to house donated Texas Forest Service firefighting equipment and provide a larger training facility. If you would like information on making a donation or how you can help contact Fire Chief Bill Steele 940-864-2208; Randy Shaw 940-864-2023; or ask any Haskell fireman for details.
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LAKE HOME DESTROYED—The lake home of Brenda Walker and children, LaShell and Dalton, was a total loss after fire consumed their home in an early afternoon fire Mon., July 10. The house was owned by Rodger and Janet Jeffcoat and was located at Jeffcoat's Camp. Fire units from Haskell were assisted by the Paint Creek and Stamford Fire Departments. Law enforcement personnel from Haskell Sheriff's Department and DPS helped with traffic control and supplies for the firemen. EMS personnel were available to help as the afternoon heat took its toll on those helping fight the fire. From left are, EMS personnel Casey Caldwell and Tony Haynes, and Haskell firemen, standing is Bryce Hudgens, Mathew Cunningham and seated on the truck is Scott Kennedy and A.J. Shaw.

IRS warns of bogus e-mails

Following a recent increase in scam e-mails, the Internal Revenue Service reminded taxpayers to be on the lookout for bogus e-mails claiming to be from the tax agency.

The IRS saw an increase in complaints in recent weeks about these e-mails, which are designed to trick the recipients into disclosing personal and financial information that could be used to steal the recipients' identity and financial assets.

"The IRS does not send out unsolicited e-mails asking for personal information," said IRS Commissioner Mark W. Everson. "Don't be taken in by these criminals."

The IRS has seen a recent increase in these scams. Since November, 99 different scams have been identified, with 20 of those coming in June—the most since 40 were identified in March during the height of the filing season.

Many of these schemes originate outside the United States. To date, investigations by the Treasury Inspector General for Tax Administration have identified sites hosting more than two dozen IRS-related phishing scams. These scam Web sites have been located in many different countries, including Argentina, Aruba, Australia, Austria, Canada, Chile, China, England, Germany, Indonesia, Italy, Japan, Korea, Malaysia, Mexico, Poland, Singapore and Slovakia, as well as the United States.

The current scams claim to come from the IRS, tell recipients that they are due a federal tax refund, and direct them to a Web site that appears to be a genuine IRS site. The bogus sites contain forms or interactive Web pages similar to IRS forms or Web pages but which have been modified to request detailed personal and financial information from the e-mail recipients. In addition, e-mail addresses ending with ".edu"—

involving users in the education community—currently seem to be heavily targeted.

The IRS does not send out unsolicited e-mails or ask for detailed personal information via e-mail. Additionally, the IRS never asks people for the PIN numbers, passwords or similar secret access information for their credit card, bank or other financial accounts.

Tricking consumers into disclosing their personal and financial information, such as secret access data or credit card or bank account numbers, is fraudulent activity which can result in identity theft. Such schemes perpetrated through the Internet are called "phishing" for information.

The information fraudulently obtained is then used to steal the taxpayer's identity and financial assets. Typically, identity thieves use someone's personal data to empty the victim's financial accounts, run up charges on the victim's existing credit cards, apply for new loans, credit cards, services or benefits in the victim's name and even file fraudulent tax returns.

When the IRS learns of new schemes involving use of the IRS name or logo, it issues consumer alerts warning taxpayers about the schemes.

The IRS also has established an electronic mailbox for taxpayers to send information about suspicious e-mails they receive which claim to come from the IRS. Taxpayers should send the information to: phishing@irs.gov.

More than 7,000 bogus emails have been forwarded to the IRS, with nearly 1,300 forwarded in June alone.

The IRS's mail box allows taxpayers to send copies of possibly fraudulent e-mails involving misuse of the IRS name and logo to the IRS for investigation. Instructions on how to properly submit one of these communications to the IRS may be

found on this Web site. Enter the term "phishing" in the search box in the upper right hand corner. Then open the article titled "How to Protect Yourself from Suspicious E-Mails" and scroll through it until you find the instructions. Following these instructions helps ensure that the bogus e-mails relayed by taxpayers retain critical elements found in the original e-mail. The IRS can use the information, URLs and links in the bogus e-mails to trace the hosting Web sites and alert authorities to help shut down these fraudulent sites.

However, due to the volume the mailbox receives, the IRS cannot acknowledge receipt or reply to taxpayers who submit their bogus e-mails. The phishing@irs.gov mailbox is only for suspicious e-mails and not for general taxpayer contact or inquiries.

For information on preventing or handling the aftermath of identity theft, visit the Federal Trade Commission's consumer (<http://www.consumer.gov/idtheft/index.html>) and OnGuardOnline (<http://onguardonline.gov/index.html>) Web sites. Click on "Topics" to find the identity theft and phishing areas on OnGuardOnline.

For information on identity theft prevention and victim assistance in relation to tax administration, visit the IRS Identity Theft Web page which can be found on this Web site. Enter the term "identity theft" in the search box in the upper right hand corner.

For schemes other than phishing, please report the fraudulent misuse of the IRS name, logo, forms or other IRS property by calling the Treasury Inspector General for Tax Administration's toll-free hotline at 1-800-366-4484.

City Storm Warning
Siren Testing
Fridays at noon

In the Service



JARED W. HIBBITTS

Jared W. Hibbits graduated from San Diego Marine Corp Recruit Depot June 30 as a Private First Class Marine.

Hibbits is the son of Rick and Sheila Hibbits of Amarillo and grandson of Evelyn Moeller and the late Frank W. Moeller of Haskell.

Law enforcement report

The Haskell County Sheriff's Office reports the following county number of offenses and arrests made in the county during the month of June.

- Driving while license invalid: 4 cases.
- Possession of marijuana: 1 case.
- Possession of drug paraphernalia: 3 cases.
- Theft by check: 4 cases.
- Traffic: 1 case.
- Possession of controlled substance more than 1 gram, less than 4 grams: 1 case.
- Violation of parole/probation: 1 case.
- Driving while intoxicated first offense: 5 cases; second offense: 2 cases.
- Assault causing injury: 4 cases.
- Public intoxication: 2 cases.
- Terroristic threat: 1 case.
- Disorderly conduct: 1 case.

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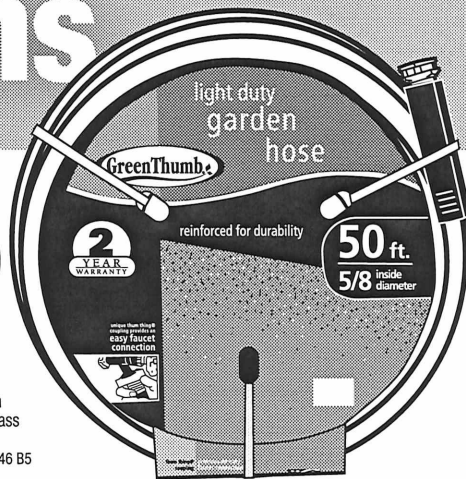
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