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Good Luck Indians and Maidens at Regionals!

The Haskell Free Press

VOL. 113-NO. 16. ©APRIL 22, 1999

"The People's Choice"

20 PAGES-ONE SECTION-50 CENTS

Baseball games

Haskell V vs Archer City
Fri., April 23, 5:00 at A.C.
District JV Tournament
April 23-24 TBA
Haskell JV vs Electra
Mon., April 26, 4:30 at Electra
Haskell V vs Seymour
Tues., April 27, 5:00 at Seymour

Track

Regional Qualifiers
April 23 or 24 TBA

Calendar

Calf roping

A calf roping will be held Sun., April 25 at 2 p.m. at the Haskell County Arena. B ropers will rope 3 for \$45 and A ropers will rope 3 for \$60. For more information call Carl Hopkins 940-849-3257 or Tim Layman (940) 864-8500. A concession stand will be available.

Partners for Children

A second grade lock-in will be held Fri., April 23 at 6 p.m. in the Elementary Cafeteria by Partners for Children. A Lunch & Learn for 1st grade parents is scheduled Thurs., April 29 at noon in the Elementary Library. For more information call 864-2654.

Old Glory musical

The Old Glory Musical will be held Sat., April 24 at the Community Center in Old Glory. The best little concession stand in Texas will open at 5:30 and the music will start at 6 p.m. For more information call 940-989-2925 or 989-2833.

WHPD Parade

The 4th annual Wild Horse Prairie Days will kick off with a parade Fri., June 4. Individuals, groups and organizations are encouraged to participate. Contact Loutina White 940-864-3507 for more information.

Softball sign-up

The Haskell Girls Softball Association will hold an extra sign-up Thurs., April 22 from 6 to 7 p.m. at the Haskell National Bank Community Building. For more information call Joe 864-3593 or Donnie 864-3891 or 864-3957.

Blood bank

The Meek Blood Bank mobile unit will be at the fellowship room of the Rule Church of Christ Tues., April 27 from 2 to 6 p.m. For information call 997-2141.

Storm sirens

The City of Haskell will test the storm sirens at noon on Fridays.

Paint Creek to register Kindergarten

Paint Creek School will have kindergarten pre-registration and early childhood screening from 1:00 p.m. to 3:00 p.m. on Mon., April 26. Please bring your child along with their birth certificate, immunization records and social security card. Please check in at the office upon arrival.

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WEARING THE CROWN—Bree Burgess of Haskell was named Wild Horse Prairie Days Queen Mon. night at the Queen Contest held at the High School Auditorium. Sponsored by

State Farm Insurance, she is the daughter of Brian and Jennifer Burgess. Bree was chosen from eleven area girls who were entered in the contest. Photo by KIS Photo



BRANDON ANDERSON

Anderson named new County Agent

In a special meeting of the Haskell County Commissioner's Court April 15, Brandon Anderson was appointed Haskell County Extension agent-agriculture, effective May 3.

Currently serving as county Extension agent in Stonewall County, Anderson has provided leadership in county and multi-county events such as wildlife leasing workshop and directory, cow-calf clinic, Rolling Plains Cotton Conference, and 4-H clinics and workshops.

A native of Caney, Kan., Anderson is a 1996 graduate of Kansas State University, with a Bachelor of Science degree in Animal Science and Industry. While at Kansas State University he was a member of the Livestock Judging Team, Block and Bridle Club and the winner of the F. W. Bell Award.

Anderson served as the County Extension agent-agriculture assistant in Wilbarger County where he served as the 4-H program coordinator. He was involved in the 4-H Exchange, county livestock show, district livestock and horse judging contest, and the Dist. 4-H Roundup.

His job responsibilities in Haskell County will be agriculture program leader, working closely with Lou Gilly, county Extension agent-family and consumer science, to provide the necessary leadership for agriculture, 4-H and youth development, and the overall Extension Program Council.

Anderson said he is looking forward to the opportunity to live and work with the people of Haskell County.

Lone Star Gas receives increase

At the Apr. 12 meeting of the Haskell City Council approval was given for a 2 cents per customer per bill cost of service adjustment increase by Lone Star Gas. Co.

Possible action on the Code of Ordinances concerning animals in the city was discussed with no action taken by the Council.

Approval was given to a water line grant resolution calling for water line replacement in the East side of the City.

Also approved was a planning grant resolution for the redoing of zoning, re-mapping of the city, a comprehensive planning of the park area, and mapping of the business area for the Economic Development Corporation.

No action was taken on approval of actions of the Economic Development Corporation

It was reported that the new trash truck received by the city will soon be in operation.

Commissioners set speed limit for CR 415

Opening the April 12 meeting of the Haskell County Commissioner's Court was a report that work is continuing at the Anchor, and on the air conditioning system at the Experienced Citizens Center.

Questioning the protocol of bridge replacement, Commissioner Tiffen Mayfield reported the bridge on County Road 273 going to Miller Creek is deteriorating and in need of repair until it can be replaced.

The Court voted to begin counting part time worker's time on the job toward the six month probationary period when they are promoted to full time employment, if it is agreeable with their

immediate supervisor.

It was decided that bids will be taken for new carpet for four offices at the courthouse, and for the County bank depository.

High bid on the 1963 D6 Cat dozier was rejected. Since no bids were received on the purchase of a dozier by Pct. 1, Commissioner Billy Wayne Hester will seek a machine meeting his specifications.

April 18-24 was proclaimed County Government Week.

Creating an Enterprise Zone was discussed. All incorporated cities in the county have the opportunity to be a part of this program.

To aid in an investigation going on throughout the state, Haskell

County will be sending documentation of all bids for highway construction done since 1993 to the Texas Attorney General, who wants a map showing roads in each precinct.

Commissioner Hester reported cleaning the railroad right of way in Rochester.

Sam Watson, Haskell city administrator, asked the Court for county assistance during the upcoming Haskell Clean Up Week.

The public hearing to set a speed limit on County Road 415, going by the veterinarian office, resulted in the setting of a 40 mile per hour speed limit.

Billie McKeever, Haskell ISD

Superintendent, asked the Court for volunteers to help at the Senior Citizen's Appreciation Banquet Sun. April 18, at the Civic Center. The County Judge and Commissioners will be assisting McKeever in the meal. Decorations for the Junior/Senior Banquet were left in place for all to enjoy.

Re-convening after lunch, the Court interviewed Brandon Anderson, a candidate for the job opening of County Agent. Anderson has been working as an agent in Stonewall County. A special meeting of the Court was set for Thurs. April 15, to make a determination in the matter of hiring Anderson.

FOR NEWS ITEMS OR TO SUBSCRIBE, CALL 864-2686

Area One-Act Plays compete

Competing along with Guthrie and Jayton, area students from Paint Creek, Rochester and Rule high schools have done well in one-act play competitions this year.

Rule's production of "One Flew Over the Cuckoo's Nest," and Guthrie's "Scenes and Revelations," advanced to the district level. Cast members of the Rule play

included seniors Teri Shawyer and Rafael Huerta, juniors Tiffany Ramirez, Stephen Kittley, and Grant Hisey, sophomores Cole Wolsch, Josh Smith, and Tiffany McDuff, and freshmen Kami Baitz, Kyle Falkner, and Jason Custer. The crew was made up of Eric Robinson, senior, Gena Robinson, junior, and Justin Coker and Janae Smith, both sophomores. Cast alternate was Mandi Hunt, junior. The play director was Bobby Robinson.

At the District contest at Guthrie, Rule's play was picked in third place, and did not advance further in state competition.

Named best actor at the zone contest was Rule's Cole Wolsch. Senior actress Teri Shawyer was picked for the all-star cast, while sophomore Tiffany McDuff and freshman Jason Custer received honorable mention.

Paint Creek's Jodie Reel was named to the all-star cast, and Blayne Davis and Scott Stephens were given honorable mention. Their play was "Persephone." The director was Joey McCord.

Rochester's play, "April Fish," was chosen alternate at District 13-A South Zone contest in Jayton.

Casey Jackson and Marcus Parks were named to the all-star cast and Erika Nicholson and Eddie Freeby were on the honorable mention all-star cast. Director of the play was Ladene Hartin.

Obituaries

Robert A. Cusick, Jr.

Funeral services for Robert A. Cusick, Jr. of Arlington were held Sat., April 17 at Moore Funeral Home Chapel in Arlington. Burial was in Moore Memorial Gardens in Arlington under the direction of Moore Funeral Home.

Mr. Cusick died Tues., April 13 in Arlington. Born Oct. 30, 1924 in Philadelphia, Penn., he was a retired letter carrier with the Postal Service since 1986. He had 42 years combined federal service and served in the Army from 1942-48 with the 1st Infantry Division. He saw combat action in North Africa, Sicily and France during World War II. Tech. Sgt. Cusick served in the Air

Force from 1948-65 as an air policeman. He married Ida E. Hilliard of Haskell in 1952 at Fort Wolters Air Force Base in Mineral Wells.

Survivors include his wife, Ida E. Cusick, of Arlington; four sons, Robert A. Cusick III of Arlington, Pat Cusick and his wife, Jeanne, of Anchorage, Alaska, and Mike Cusick and his wife, Judy, and Dennis Cusick and his wife, Lynette, all of Arlington; one sister, Kathryn Marshall and her husband, Jon, of Southampton, N.J.; and grandsons, Alex Cusick of Anchorage, Mike and Eric Cusick of Arlington.

Geraldine Akins Bell Watson

Graveside services for Geraldine Akins Bell Watson, 76 of Arlington were held Sat., April 17 in Moore Memorial Gardens in Arlington under the direction of Moore Funeral Home.

Mrs. Watson died Wed., April 14 in Arlington. Born April 22, 1922 in Haskell, she was the daughter of O. A. and Jane Akins. She was a licensed vocational nurse at Edna Gladney of Fort Worth. She married Ralph Bell Dec. 24, 1939. He preceded her in death Oct. 26, 1973. She married Tom J. Watson Feb. 10, 1978.

She was preceded in death by her parents; three brothers, Fred, James Roy and Odus Akins and two sisters, Faye Woodson and Lucille Gustafson.

Survivors include her husband of 21 years, Tom J. Watson of Arlington; two daughters, Janice Shahan and her husband, Wayne, and Ouida Bedwell and her husband, Don, all of Arlington; one brother, Jack Akins M.D. and his wife, Frances, of Waco; grandchildren, Michael Shahan, Shanda Romeo, Dorinda McCoy and Chad Smith; and six great grandchildren.

Ag Credit Stockholders to meet

The Annual Stockholders' Meeting for Ag Credit of Texas, PCA will be held in six sessions during April. This is the 65th meeting for the entity formerly known as Rolling Plains Production Credit Association prior to the Texas PCA's merger with the Association.

The six sessions began in El Paso on April 19 followed by the Marfa and Pecos Regions' meeting

in Marfa on April 20. San Angelo hosts the session on April 24 for the San Angelo and Sonora/Ozona Regions. On April 27 the Canadian, Pampa, Peryton and Wheeler Branch Office members will meet in Canadian. The Childress and Matador Branch Offices' session is scheduled on April 29. Stamford is the site of the last session set for April 30 for the Stanton and Sweetwater Regions and the Munday, Spur, Abilene and Stamford Branch Office members.

At Canadian, Childress and Stamford, registration and the meal will begin at 6:00 p.m. and will be followed by a brief business session. Stockholders and guests will meet at the Canadian School Cafeteria. The City Auditorium will be the site of the Childress session and the Stamford meeting will be held in the High School Cafeteria.

The entity's Board of Directors declared a patronage distribution based on 1998 fiscal year earnings for the former Rolling Plains PCA membership. Total patronage is \$1,296,316 with 40% being paid at the former PCA's Canadian, Childress and Stamford sessions of the Annual Meeting. This patronage returns 18 1/6 cents for every one dollar of loan interest accrued on 1998 stockholder-

members' loans and lowers the effective interest rate on borrowers' loans for the year to 7.39%.

Drawings will be held from members' registration cards until a total of \$400 is awarded in each session at Canadian, Childress and Stamford. The popular Cooper Fiddlers of Abilene will present a highly entertaining program at the San Angelo, Canadian, Childress and Stamford sessions.

Five directors will be elected during the short business session. Nominees are as follows: Sonora/Ozona Region—Robert Reick of Menard and Lee Bloodworth of Sonora; Sweetwater Region—Don A. Jones of Fluvanna and Eddie Thornburg of Hermleigh; Canadian Area—Garner Schoenhals and John Wheeler, both of Canadian; Matador Area—Dean Turner of Matador and Doyle Dean Proctor of Turkey; and Stamford Area—Keith Corzine of Stamford and Donnie Kiker of Anson.

As part of the nationwide Farm Credit System, Ag Credit of Texas, PCA serves some 1200 borrowing members in 62 counties of West Texas and the Eastern portion of the Texas Panhandle. As of March 31, 1999 the Association's outstanding loans to farmers, ranchers and ag-related businesses were over \$104 million.

76ers win titles

The 76ers Basketball Team participated in the Third Annual Roundup Ruckus 3-on-3 basketball tournament in Abilene, Mar. 27-28. Placing second, the team received an invitation to participate in the Western Nationals in Boulder, Colorado, and the Atlantic Coast Championships in Scranton, Pennsylvania for 1999 and 2000.

Teams players were Kenneth Llewellyn Jr., of New York/Haskell, Carl Riley of Haskell, Steven Woodard of Abilene, Mark Brown of Rochester, and Royce Douglass of Abilene.

The 76ers also participated in the Walker Sayle SAFP Second Annual 3-on-3 Basketball Tournament at the L. T. Cook gymnasium in Breckenridge, Apr. 11. Winning first place at the tournament were: Kenneth Llewellyn of New York/Haskell, and Kenneth Collins and Will Covington of Abilene.

Other upcoming tournaments for the 76ers will be Roundball Ruckus, 3-on-3 Basketball Tournament at Tyler Junior College, Apr. 17-18, and Hoop It Up 3-on-3 Basketball Tournament in Dallas, June 26-27.

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ROSIE FUENTES - MICHAEL JOE JIMENEZ, JR.

Fuentes, Jimenez plan May 1 wedding

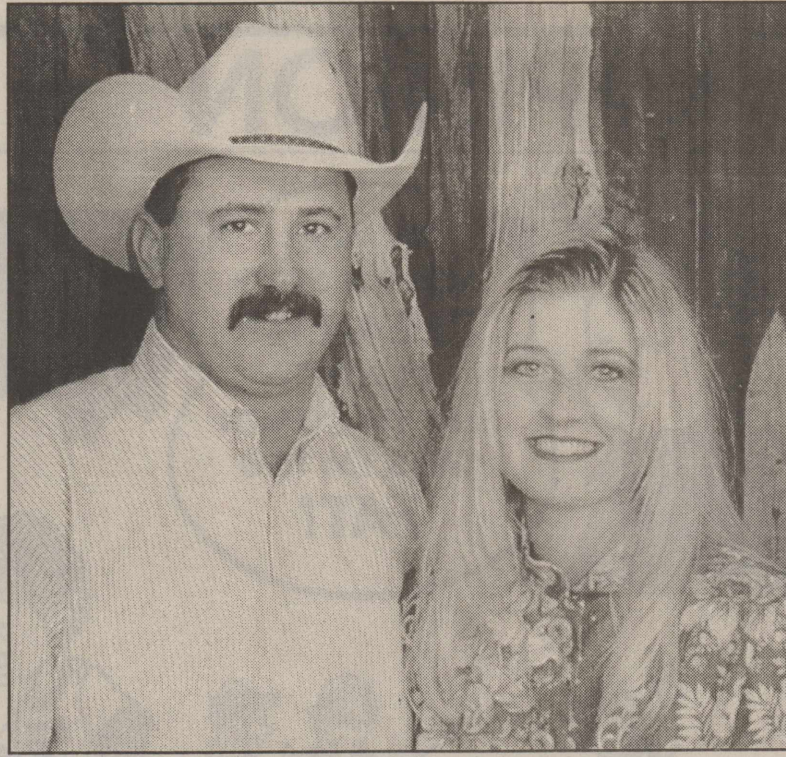
Rosie Fuentes, daughter of Jacie Fuentes and the late Manuel Fuentes of Haskell, and Michael Joe Jimenez, Jr., son of Hilda Aguilar of Goree, have announced their engagement.

A 1994 graduate of Haskell High School, the bride-elect graduated from Texas State Technical College in 1997 with a degree in Information Management

Technology.

The prospective bridegroom is a 1996 graduate of Goree High School. He is employed with Blake and Blake Farming. His grandparents are Rosa and Abelardo Castillo, Sr. of Goree.

The couple plans to be married May 1, in a ceremony at St. George Catholic Church in Haskell.



PHILIP MANSKE - JENNA LEA BYRD

Byrd, Manske to wed in May 22 ceremony

Mr. and Mrs. Clifford Byrd of Rochester announce the engagement of their daughter Jenna Lea to Philip Manske, son of Mr. and Mrs. Tommy Manske of Sagerton.

The bride-elect attended Rochester High School and graduated from Vernon Junior College with a degree in Cosmetology. She is employed by Byrd Tractor Service in Rochester.

The prospective bridegroom graduated from Rule High School and attended Sul Ross University. He is employed by Texas and Southwestern Cattle Raisers Association as a brand inspector and by Mercer Ranches in Comanche.

A May 22 wedding is planned at the Faith Lutheran Church in Sagerton.

Cheryl Lewis presents Study Club program

"Focusing our History" was the theme for the Progressive Study Club meeting, April 8.

Members and guests were welcomed by club president, Frances Lane. Nancy Plunkett led the group in the pledge to the American flag. Mary Martin led the group in singing "Texas Our Texas," and Kay Croft led a reading of the Federation Creed.

Mary Kaigler introduced guest speaker, Cheryl Lewis of Hamlin, a Registered Nurse for the Hamlin Medical Clinic and owner of The Book Nook. A graduate of Mary Meek School of Nursing, Lewis attended Hardin-Simmons University. In Hamlin she has served as City Councilwoman, president of the Chamber of Commerce, vice-president of the Hamlin Industrial Foundation, exairperson of the Hamlin Merchant's Association, and developer and co-director for Hamlin's "Back to Rath's Trail" celebration.

Currently, Lewis serves as treasurer for the Hamlin Ex-Students Association and co-developer of Thanksgiving Park Place.

An accomplished musician, she has recorded a single and two albums with "Two With Song" partner, Marcia Moore, and a solo album, "God Leads Us."

Introducing her presentation, "A Recollection of the Past; the Family During the Civil War," history buff Lewis told of beginning an in-depth study after receiving her great-great-grandfather's Civil War diary and a series of hand-written letters exchanged between distant cousins during that period.

Wearing a beautiful period dress and speaking in an authentic southern accent, portraying her Southern cousin, Nellie, Lewis began by singing "Amazing Grace," as she removed artifacts and mementos from an ancient box.

Against the background music "Glory" and "Going Home," she told the story; recalling dates, events, battle sites, and horrors of a four-year war that was only supposed to last a few days or so, between brothers, best friends and even teacher and student.

She told the story of the Wilmer McLean family, who's home was on the battlefield of Bull Run, and was requested by Pierre Beauregard to be his Southern headquarters. In 1863, McLean moved his family to a safer home in Virginia. When Robert E. Lee was in need of a place to sign the surrender papers, the McLean's Virginia home was chosen. McLean wrote "the war began in my front yard and has ended in my front parlor."

Nancy Toliver reported on the fifteen awards which the club received at the Texas Federation of Women's Clubs Mesquite District Convention in Albany.

Joan Medford, Thelma Adkisson and Ruby Smith were recognized as new members of the club.

Hostesses Ruby Turner, Joyce Howard and Kathryn Schonerted served refreshments to twenty-six members and guests.

Collins family gathers for annual reunion

The descendants of Jesse and Sarah Collins met for the sixth annual family reunion Sat., April 10 in the Weinert School lunchroom.

The family of Hess Collins was host for the event. Family members on the committee were Bobby and Lena Tidwell, GERALD and Glenn Darden, Barbara Sells, Lois Miller and B. J. and Juanell Ray.

Students in the news

The Admissions and Records Office of Texas State Technical College at Sweetwater has announced the President's Honor Roll for the Winter 1999 Quarter.

To be listed on the President's Honor Roll students must earn a 4.0 grade point average on a 4.0 scale.

Area students who have been recognized by the school for their academic excellence are: Aaron Earles, Haskell; Francisca Martinez, Rule; and Shirley Short, Rochester.

Barbara Sells served as Master of Ceremonies for the day and everyone enjoyed the auction which raised money for the next reunion.

It was voted to have the next reunion in Weinert April 16, in the year 2000.

Those in attendance for the reunion were Charles and Donna Blackstock of Celeste; E. L. and Frances Blackstock, Nevada, Texas; Ruby Fletcher and Jack Howell, both of Temple; Kevin and Kara Nichols, Karlee and Alyvia and Barbara Sells, all of Iowa Park; Lois Miller, Coppell; Wayne Collins, Brownfield; Dewayne and Cory Collins, Lubbock; Eddie Hargrave, Linda Merritt, Ken, Lou and Dominique Corwin, all of Breckenridge.

Bill and Winnie Pittman, Rochester; Edwin and Frieda Fly, Colleene Nance and Pete Brockett, all of Munday; H. H. and Juanita Grimes, Weinert; Glenn and GERALD Darden, Bobby and Lena Tidwell, B. J. and Juanell Ray, E. C. and Jenny Collins and Nellie Collins, all of Haskell.

Strickland receives student council award

The United States Achievement Academy announced that Delinda Strickland from Haskell has been named a Student Council United States National Award Winner.

This award is a prestigious honor very few students can ever hope to attain. In fact, the Academy recognizes fewer than 10% of all American high school students.

Strickland, who attends Paint Creek High School, was nominated for this national award by Joey McCord, a student council advisor, at the school.

Strickland will appear in the United States Achievement Academy Official Yearbook, which is published nationally.

"Recognizing and supporting our youth is more important than ever before in America's history. Certainly, United States Achievement Academy winners should be congratulated and

appreciated for their dedication to excellence and achievement," said Dr. George Stevens, Executive Director of the United States Achievement Academy.

The Academy selects USAA winners upon the exclusive recommendation of teachers, coaches, counselors and other qualified sponsors and upon the Standards of Selection set forth by the Academy. The criteria for selection are a student's academic performance, interest and aptitude, leadership qualities, responsibility, enthusiasm, motivation to learn and improve, citizenship, attitude and cooperative spirit, dependability and recommendation from a teacher or director.

Delinda is the daughter of Linda Strickland from Haskell. The grandparents are Mr. and Mrs. Lisbon Letz of Old Glory and Susie Strickland of Haskell.

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Casey Coleman, Blanche Segó

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OPINION

County Gov't. Week is Apr. 18-24

Haskell County Judge David Davis and County Commissioners Billy Wayne Hester, Pct. 1, Tiffen Mayfield, Pct. 2, Kenny Thompson, Pct. 3, and C. A. (Bud) Turnbow, Pct. 4, who comprise the Commissioner's Court of Haskell County, have proclaimed April 18-24, County Government Week.

County government is the oldest form of local government in the United States. County government has been a major provider of services to Texas citizens since the early days of the Republic, and today, all 254 counties supply dozens of services to their citizens.

Counties are on the front line of addressing many of the nation's most critical issues, including environmental protection, indigent health care, special assistance for the elderly, job training, and public safety.

The mission of Texas county government is to meet the needs of all citizens without placing an undue hardship on local taxpayers.

In proclaiming County Government Week the Haskell County Commissioners Court encourages all citizens to become more aware of the history and more involved in the future of Haskell County.

Letters to the editor

Dear Editor:

Thanks to everyone who helped make the Haskell Elementary Scholastic Book Fair such a big success.

As always, I would like to thank the faculty and staff at Haskell Elementary for all their assistance with the book fair, in so many ways and for the cooperation of everyone throughout the week.

We are also most grateful to the ladies of the community who volunteered their time at the book fair and helped keep things running smoothly.

Finally, we thank all the parents, grandparents, friends and relatives who showed their interest in kids and reading by sharing in the fun. We'll look forward to seeing you next year.

Betsy McManamon
School Librarian
Haskell

will be \$7, \$5 and \$3 to the three top winners as selected by judges. The event is being sponsored by the Mattson trust class.

50 Years Ago April 21, 1949

Frank H. Sims, a 1945 graduate of Paint Creek High School, is a junior veterinarian student at Texas A&M College.

The Menefee Bible Class of the First Methodist Church held its annual Easter breakfast at the Texas Cafe. The tables were beautifully decorated with irises and tulips.

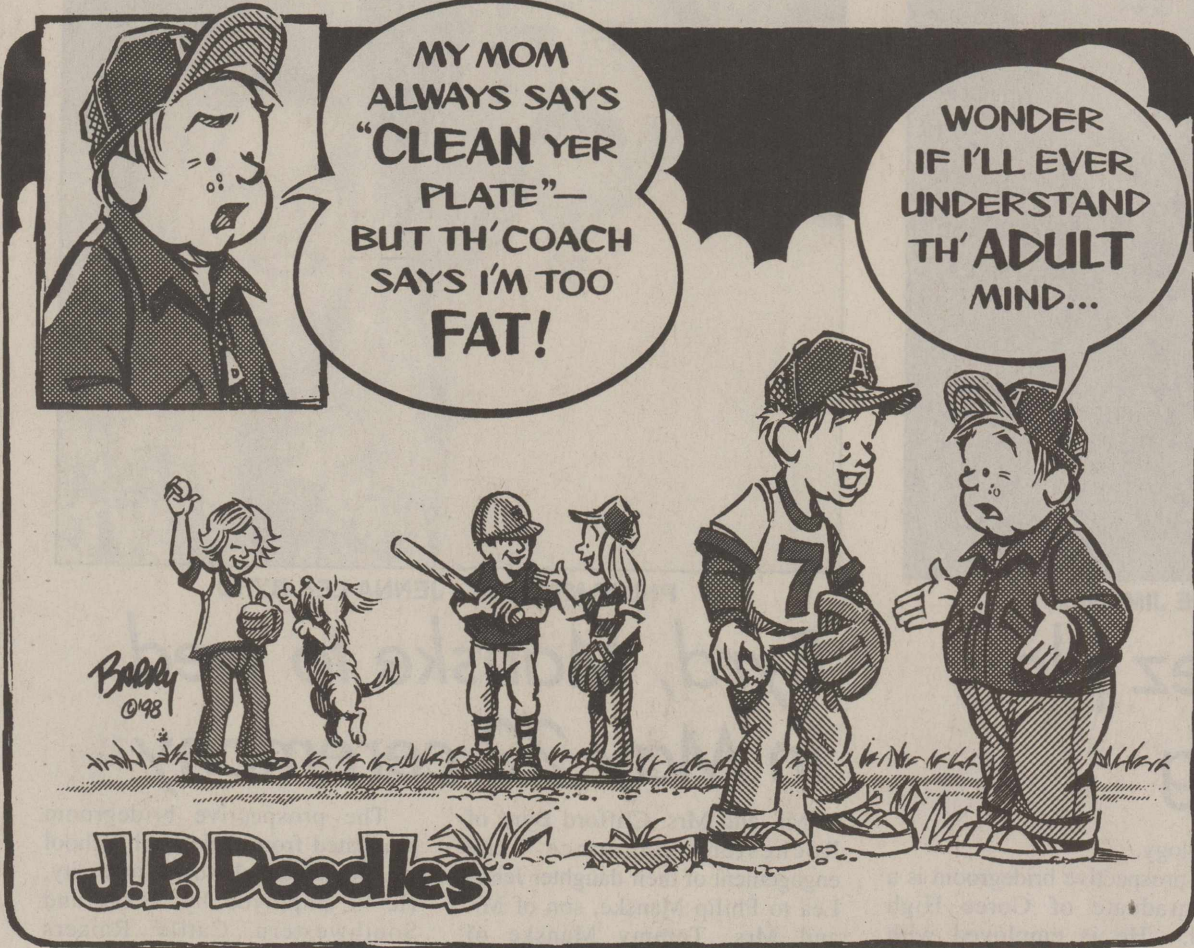
Harold Spain, Haskell postmaster; Mrs. Pearl Monke of the Weinert post office; Mrs. Johnnie Guinn, Sagerton postmaster; and M. E. Trice, Rule post office clerk attended a three-day meeting of the Texas chapter of the National Association of Postmasters held in Dallas.

90 Years Ago April 17, 1909

The Methodist Church has purchased three lots west of D. M. Winn's residence and an architect has been employed to prepare plans and specifications for the new church.

In the city election, E. A. Chambers and W. M. Stephens were elected Aldermen.

The Symphony Club will meet at the home of Mrs. Charles Irby. The program will be devoted to a study of Beethoven.



From The Inside Out

By Mary Kaigler

Inspired by the armadillo who visited my yard in Austin, this is for my young readers.

Snuffy Joe: Son of Texas

Spring was a wonderful time for him. Picnics on cool moonlit nights were his favorite things, and he was so happy when the whole Armadillo family gathered in to go off to one of the nearby subdivisions to feast and play. Digging up the moist, green sod to pick off the spicy, tender young grubs was a special delight for him. In fact, everyone called him Snuffy because he was so good at sniffing and snuffing out the best places to dig. (Thinking just one name seemed skimpy, his mother added the "Joe" for dignity.)

During these outings Snuffy Joe learned many things from the older Armadillos. Uncle Arney showed him how to uproot a whole young boxwood shrub to strip its roots so clean they looked like fine, dry hairs in the moonlight. His mother and Aunt Annie often talked to him and the other young ones about the dangers of Ranch Road #12; warning them to stay away from the perilous place.

Through the long summer days Snuffy grew bigger and stronger, and he began to have second thoughts about always doing things with the family. The scale-raising tales of Ranch Road #12 stayed in his mind, making him curious about it.

Wanting to see for himself he ventured out alone, feeling wonderfully independent and capable of handling whatever he found. Not seeing much about the road that seemed different or dangerous, his trips each day took him farther and farther away from his family.

One morning in a burst of daring, he scrambled across the mysterious highway; heart beating wildly, and claws digging uncertainly at the hard surface. Just as he reached the far side he heard a pick-up truck screech to a stop. A big boy got out, saying he'd never seen a 'dillo get across so fast. Scooping up Snuffy, he put him into a wire cage in the back of the cab.

Settling back in a little corner of the unfamiliar cage, Snuffy Joe sat very still, thinking what an adventurous side of the road he'd discovered. Finally, being tired from so much running and so much thinking, he fell asleep in the warm sunshine while the truck tires hummed and bumped over the gravel.

Soon, the boy began to take Snuffy and Amy Lou (full name Armenta Louise), who was a pretty little armadillo the boy had found in Bastrop County, to all the chili cook-offs around the Hill Country, entering them in the armadillo races.

Each race day, when the suspense of the cow-chip tossing was over, the crowds gathered, and the racers were lined up at the starting gate. When the "go" signal came, the handlers leaned down and blew their breath on the contestants' heads to encourage

them to run. By this time the boy had taste-tested every pot of chili on the lot, and to avoid the cold shudder this chili-breath blowing sent under Snuffy's bony armor all the way from his nose to his tail, he began to run immediately; winning every time.

Amy Lou, however, being from Elgin, (famous as it is for its hot links), seemed to enjoy the pungent puff to her head, and always hesitated just a moment to savor the delicious twitching it gave her ears. Then with a little sigh, she scrambled down the track, never wanting to be very far away from Snuffy Joe.

The fun and noise of the races went on all summer. At every race and cook-off Snuffy ran so fast to escape the starting whiff of chili that he became the wonder of South Central Texas. There was a lot of talk about it among the other handlers and contestants, but no one knew the secret of Snuffy's speediness; not even the boy. On and on it went, week after week. The boy kept on eating chili and Snuffy kept on winning. The hotter the recipes, the faster he raced.

Then, one night in late September, the boy came out to the barn and opened the wire cage door. Saying that he had to "get back up to Bryan and hit the books again," he told Snuffy Joe to go home.

At first Snuffy missed the routine of the race circuit with the

excitement and glory of winning, but after awhile he began to like the freedom to go wherever he wanted. Persuading Amy Lou to go home with him to meet his folks, he set out for Hays County, traveling at night and enjoying the scenery as they went.

Finally, one crisp morning, coming into a small grove of oaks and cedars, they found the whole family just getting back from a night's picnic. After a big reunion, with everyone wanting to know about the far side of Ranch Road #12, (and most of them agreeing that Amy Lou was indeed pretty, for a girl from Bastrop), Snuffy Joe settled into family life once again.

Amy Lou stayed on, feeling very fortunate to share in the special grubs Snuffy could sniff out and just being content to have him blow on her dainty ears once in a while.

As time went by, Snuffy Joe, being the only one in the family who had ever come back in one piece from the other side of the road, became a folk hero. On many winter nights, with the whole tribe gathered around and snuggled down into the dried twigs and leaves, he told again of his adventures. Never leaving out a single word of the story, his heart swelled with pride and the little ones' hearts stirred with ambition, each time he got to the part where the boy said, "You're a good old boy, Snuffy Joe; you've won the race."

From Out of the Past

From the files of The Haskell Free Press

10 Years Ago April 20, 1989

Joy McKeever, Regina Dever and the two relay teams of the Haskell Maidens won first places in district 7-2A track meet in Hamlin.

John Darnell, Jr. has been awarded membership in the Civil Engineering Academy at Texas Tech University. A native of Haskell, he is the son of Mr. and Mrs. John Darnell, Sr.

New officers of the Headstream Memorial Center Advisory Board are Raja Hassen, chairman; Jane Short, treasurer; and Kathy Castaneda, secretary.

Newest member of the Haskell City Council is Jill Druessedow. Mrs. Druessedow became the second woman ever to serve on the City Council. Franciene Johnson was a councilwoman and later mayor.

20 Years Ago April 19, 1979

Charles Andress was elected president of the Jaycees. Andress is a 29 year old Haskell native and a graduate of Haskell High School and Hardin-Simmons University. Vice president will be Charles (Bo) Owens, Jr.

Renae McBroom was the recipient of the Red Howard Track Award and Joseph Browning received the Jeffery Anderson Track Award at the All-Sports Banquet.

30 Years Ago April 17, 1969

The W. M. S. of the Southside Baptist Chapel met with seven ladies present.

The "Tasting Bee" held at the Weinert Community Center, sponsored by the Weinert Matrons Club, was well attended and termed a success by the club members. Members modeling dresses were Mrs. Bill King, Mrs. W. C. Winchester, Mrs. W. M. Phemister, Mrs. H. W. Liles, Mrs. J. A. Mayfield, Mrs. R. J. Rainey, Mrs. Henry Vojkufka and Mrs. W. B. Guess.

The Haskell Young Homemakers heard a program by Mrs. Alvin Sherman on home decorating.

40 Years Ago April 16, 1959

Gerald O. McCoy, science teacher in Haskell High School, was among the 32 junior and senior high school science teachers from Texas, Louisiana, New Mexico and Oklahoma who have been named recipients of grants for a short course in Oceanography and Meteorology at the Galveston Marine Laboratories of Texas A&M College.

Attractive awards are being offered in a talent show to be held at Mattson High School gym and entries are being invited from all surrounding communities. Prizes

State Capital



HIGHLIGHTS

By Ed Sterling
TEXAS PRESS ASSOCIATION

AUSTIN — A \$97 billion state budget proposed to cover the next two years gained approval on a voice vote in the Texas House last week.

If the legislation passes in the Senate and earns the signature of Gov. George W. Bush, spending will increase nearly 10 percent over the present 1998-99 budget.

The budget proposed for 2000-2001, however, does not take into account the \$5.6 billion revenue surplus that remains a bone of contention. Some want it to be spent on teacher salary increases and education and others want it, or at least part of it, to pay for property tax relief.

The House spending bill proposes to cut 1,400 state jobs and to increase education funding by 13.4 percent. It also earmarks:

- \$80 million for child care for families enrolled in welfare-to-work programs;

- \$67 million to retire the debt on the long-defunct Superconducting Super Collider project; and

- \$11 million for improvements in the attorney general's child support enforcement division.

The Senate Finance Committee earlier approved a \$98 billion budget that includes the \$2 billion cut in school property taxes — \$500 million more than the school property tax cut proposed last year by Gov. Bush.

Now that the House has finalized its version of the budget, the lower chamber can turn its attention to the towering heap of other bills that have been on hold.

Internet Alcohol Sales Draw Heat

The comptroller's office estimates Texas is losing as much as \$300 million a year in state sales taxes over alcoholic beverages shipped direct to Texas consumers from out of state.

Opponents of this form of interstate commerce argue that minors and dry county residents could place orders via the Internet.

Sen. David Sibley has filed legislation that would increase the \$500 maximum fine to a \$10,000 fine and jail time to shippers who get caught.

"It's like a traffic ticket," Sibley, R-Waco, said of the present maximum fine.

Certified Teachers, Better Tests
"Intangibles" can make a teacher a good teacher.

A new study by the Charles A. Dana Center at the University of Texas shows, however, that some-

thing very tangible — teacher certification — is linked to a student's ability to pass the Texas Assessment of Academic Skills.

Students whose teachers who are teaching in their own field do a better job on the all-important exit test.

The study points out that in the 1996-97 academic year, about 20 percent of Texas public school students had teachers who were not certified in their teaching field.

Eight-Liner Bill Passes Senate

The Senate last week approved legislation that would allow "eight-liners" to remain in bingo parlors and race tracks as long as no winnings are paid out.

Now, the House will consider the fate of the Las Vegas-style gambling machines.

During the legislative interim, the attorney general ruled that the Department of Public Safety has the authority to impound the machines.

Most Jobless Texans Get No Help

Texas ranks 42nd in the nation in the number of unemployed people receiving benefits, a new study reveals.

The National Employment Law Project and the Institute for Women's Policy Research found that only 22 percent of Texans who qualify actually receive assistance. The national average is 35 percent.

Part of the problem, the study shows, is that Texas does not include a worker's last three to six months of earnings in its eligibility criteria.

House OKs 'Staff Briefings' Bill

The Texas House last week approved the "staff briefings" bill, a measure written to close a loophole in the Texas Open Meetings Act.

Authored by Rep. Steve Wolens, D-Dallas, House Bill 156 would end the practice of governmental bodies meeting in secret for briefings by employees or third parties.

Wolens' bill has moved to the Senate for consideration.

Other Highlights

- Construction isn't moving fast enough for Austin-Bergstrom International Airport to open on May 2, as predicted. Officials have moved opening day for the \$690 million facility to May 23.

- School districts would be required to choose Texas-grown foodstuffs over out-of-state produce, when possible, under legislation passed by the House.

All deadlines are 5 p.m. Monday.

The Haskell Free Press

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RUNNING MAIDEN—Haskell's Kelli Moeller presses to take second place in the 200 meter race during the Olney track meet.

Photo by Bill Blankenship



DASHING INDIANS—Robert Spells, right, runs to take second place in the 100 meter dash at the meet in Olney. Tyrone Billington, left, is close behind.

Photo by Bill Blankenship

Paint Creek, Rochester and Rule district track results

Several area schools participated in the District 13A-14A Area track meet in Graham Fri., Apr. 16. Local area winners and their events were:

Girls

Team Totals: 9. Rochester, 14 points; 14. (tie) Guthrie and Rule, 4 points.

100: 4. Lori Patterson, Rochester, 13.95.

Boys

Team Totals: 5. Rule, 47 points; 11. (tie) Rochester and Crowell, 11 points; 13. Paint Creek, 10 points.

Triple Jump: 1. Jodie Reel, Paint Creek, 41-25.

Shot Put: 2. Mike Casey, Rule,

43-9 3/4.
Discus: 4. Mike Casey, Rule, 110-10.

3200: 1. Allen Puebla, Rule, 10:38.99; 2. Grant Hisey, Rule, 10:51.

200: 4. John Lopez, Rochester, 23.84.

1600: 3. Allen Puebla, Rule, 4:55.26; 4. Grant Hisey, 4:57.69.

Haskell boys and girls finish second at district track meet

Haskell finished second in both the boys and girls divisions of the District 9-2A track meet held in Olney, Thurs., April 15.

Haskell senior Shayne McKenzie took top honors in both high jump and the 300-meter hurdles.

Haskell winners were:

Boys
Team Totals: 2. Haskell, 116 points.

Pole Vault: 3. Kevin Patton, 10-6.
800: 1. Ruben Martinez, 2:09.
100: 2. Robert Spells, 11.11.
3,200: 1. Cy McGuire, 10:49.9.
400 relay: 2. Haskell, 44.00.
400: 1. Ethan Brown, 52.69.
300 hurdles: 3. Evan Everett, 43.21.

1,600: 1. Cy McGuire, 4:52.25.
200: 3. Spells, 22.53.

1,600 relay: 2. Haskell, 3:34.19.
JV Boys team totals: 2. Haskell, 120 points.

Girls

Team totals: 2. Haskell, 127.

High Jump: 1. Shayne McKenzie, 5-2.

400 relay: 2. Haskell, 52.12.

100 hurdles: 2. McKenzie, 16.51.

400: 3. Pamela Green, 1:04.93.
3,200: 2. Rosalinda Gonzalez, 14:02.4.

800 relay: 1. Haskell, 1:51.45.

100: 1. Stephanie Hodge, 12.67.

300 hurdles: 1. McKenzie, 50.84.

1,600: 1. Gonzalez, 6:09.18.

200: 2. Kelli Moeller, 27.36.
1,600 relay: 2. Haskell, 4:29.87.

The Power To Do Good.

Supporting Local Community Events Is Something Everyone Can Do.

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The WTU employees shown here are representative of our commitment to community service. And "service" takes many forms at WTU. You will see our employees involved in such community activities and events as the Wild Horse Prairie Days, the Texas Cowboy Reunion, Cotton Pickin' Quilt Show, Cow Country Christmas, Rolling Plains Industrial Foundation, Noah Project, Knox County Watermelon Festival, the Anson Library and many others.

At WTU, we believe one of the best things about being the power company...is having the power to do good.

WTU

West Texas Utilities Company

A Central and South West Company



Standing, left to right: Belia Abilia and Kyle Oliver. Seated, left to right: Joe Zarate, Larry Nehring, Scooter Ivy and Doris McNulty.

Students visit Rotary

Shauna Williams is the daughter of David and Judy Wolsch. Her husband is Terry Williams.

She is a member of the Assembly of God, and her school activities include participating in the band.

Special recognitions for her have included being listed in Who's Who Among American High School Students, and receiving a Division I rating in marching contest.

Williams' favorite leisure time activities are reading, swimming and spending time with her husband, Terry Williams.

After finishing high school she plans to attend Cisco Junior College and become a Licensed Vocational Nurse.

Annie "D." Erwin, daughter of Micheal Lee Erwin and Dorothy Carey, and granddaughter of Willie Lee Thomas, is active in band.

An honor student, she received a Division I rating in marching contest. She is a member of Hopewell Baptist Church.

Erwin's hobbies are writing poems, listening to her most loved music group, Jodeci, dancing, talking with her sister and friends, and watching TV.

Not yet decided about which school to attend, after high school she plans to move to Dallas to live with her Dad.

ALL OFFERS WHILE SUPPLIES LAST.

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Hot Link w/Bread and a Tallsup
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Bolo DOG FOOD 13.2 oz cans **3 for \$1**

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Wise Buy PAPER TOWELS Roll **79¢**

BUY 12 GALLONS OF MILK GET ONE FREE

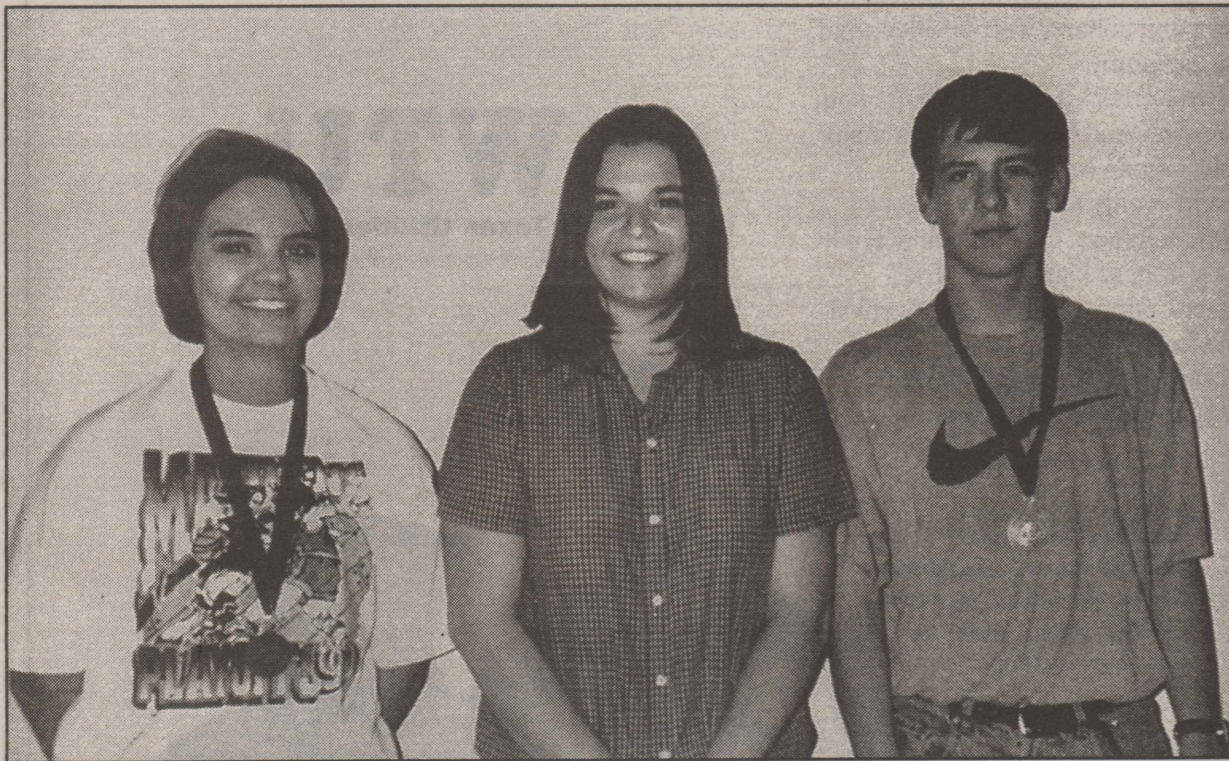
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DISTRICT CHAMPS—The Haskell duo of Rob Hengstenberg and Jason Hobgood defeated Holliday in boys' doubles 6-3 and 6-1 to qualify for the Regional tournament in Sweetwater Apr. 26-27. Kevin McSmith placed second in boys' singles, and Kristi Christian placed fourth in girls' singles at the District meet.




MOTIVATED ACHIEVERS—Fifth grade students at Rule Elementary eligible to participate in the MAP program which focuses on motivation, reinforcing positive academic performance, and sharing information on educational opportunities for bright 4th and 5th graders, were, back row, l-r, Eric Elkin, Keli Smith, Casey Judd, Emery Dudensing, and Candice Sorley. Middle row, l-r, Joshua Messenger, MacKenzie Miller, Jennifer Murray, Joanna Lehmann, Miranda Robertson, and Tully Brown. Sitting l-r, Charles Jones, Lucas Hisey, and Jacob Manske.



HONORED STUDENTS—Haskell High School students recently honored for outstanding academic achievements during the State Board of Education's Celebrations of Educational Excellence awards program, were, l-r, Kristen Cypert, Katie Thompson, and Nathan Long. The students received medallions and a congratulatory letter signed by Governor George W. Bush during a ceremony at Midwestern State University. To qualify for the honor the students obtained Academic Recognition on all areas of TAAS.



TOP GOLFERS—The Paint Creek girls' golf team won the District 13-A meet in Jayton, to advance to the Regional meet in Abilene, Apr. 26-27. Pictured from the left are Stefanie Isbell, Brandy Gardner, Coach Joe Thomasson, Selina Salinas, and Jacki Davis.

Special Meetings 

This Is Not Just Another Revival Meeting It's A Time of Gathering And Healing Of The Hearts Of God's People. Make Your Plans To Be There!

Guest Speakers:

Dr. Kevin Fletcher
Rev. Sharon Fletcher

Brother and Sister Fletcher from Tiskilwa, IL want to minister to you in this meeting, praying the prayer faith over you letting God make a change in your life.

This Special meeting is to call all the EAGLE SAINTS together, So Don't Miss A Night.

This Meeting Is Being Hosted By
PRAYER OUTREACH MINISTRIES
Meeting At FAITH CHAPEL Hwy. 6 in
Rochester, Texas
for more info (940) 658-3258

7:00 P.M. NIGHTLY

April 27th ~ May 1st

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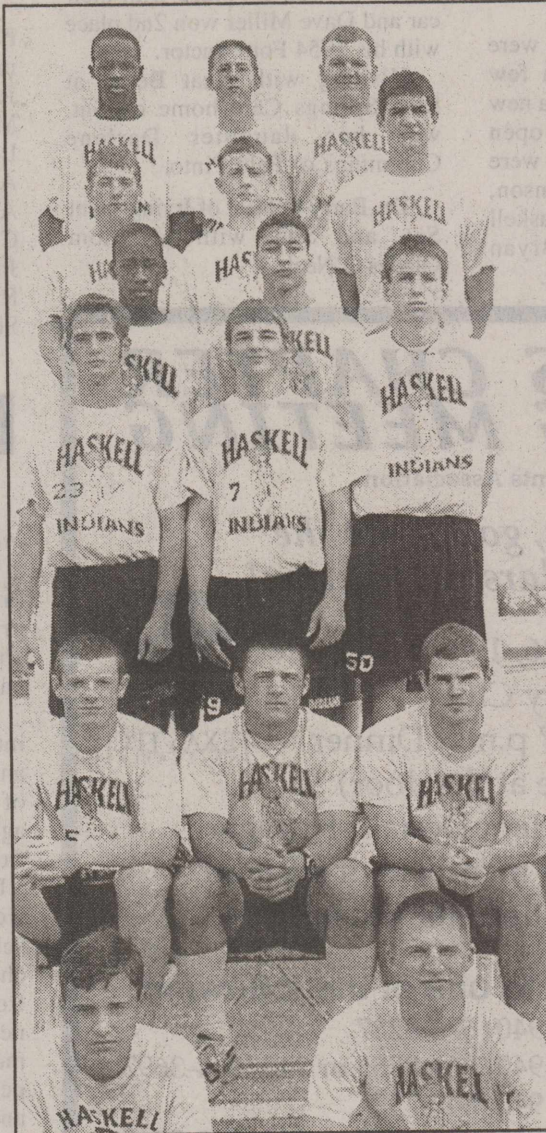
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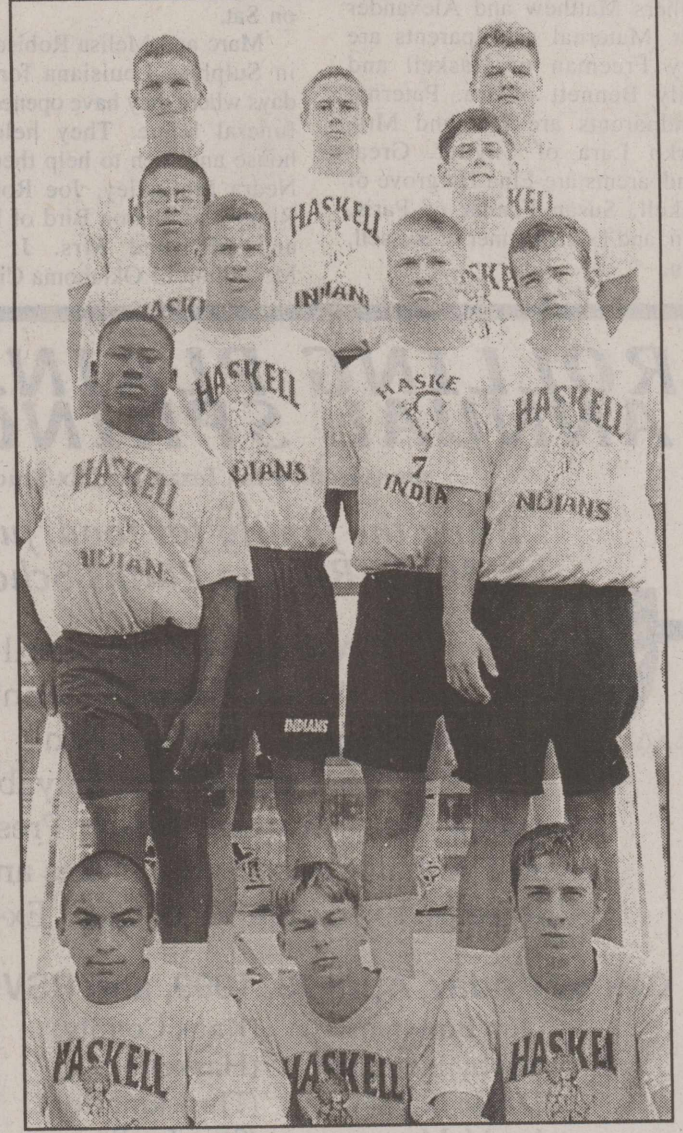
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HASKELL MAIDENS SOFTBALL TEAM



HASKELL INDIAN TRACK TEAM



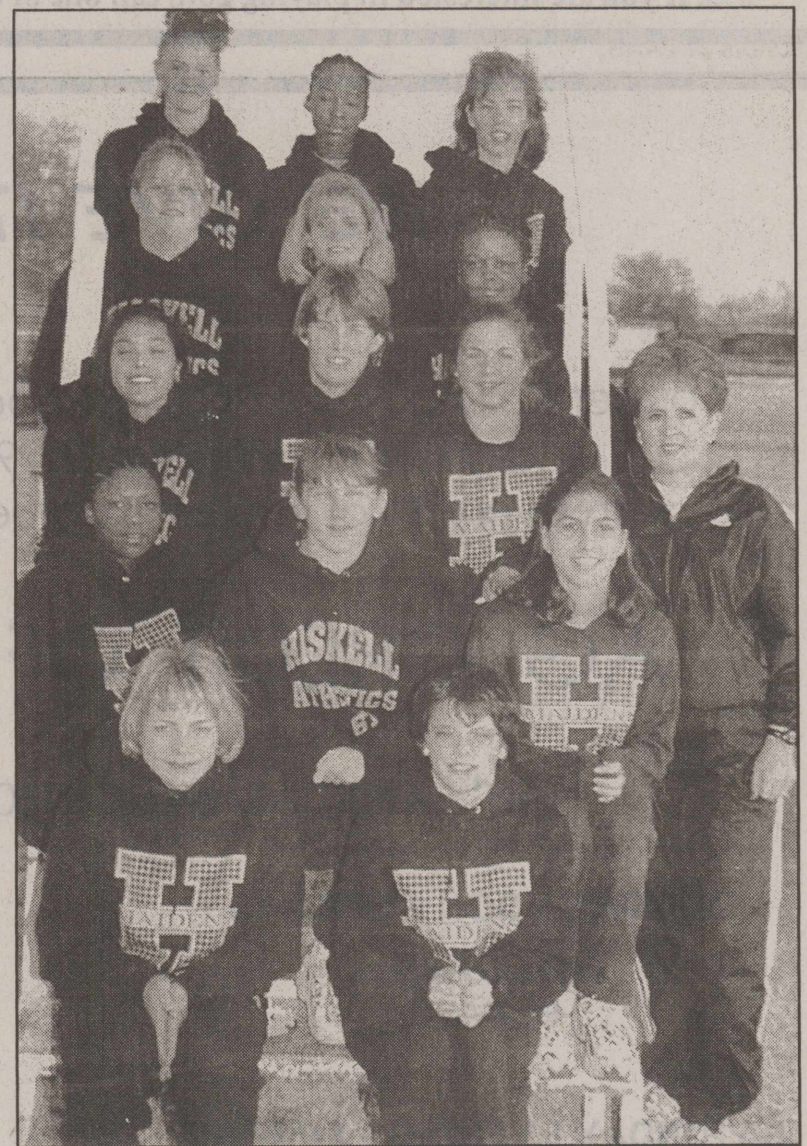
HASKELL INDIANS GOLF TEAM



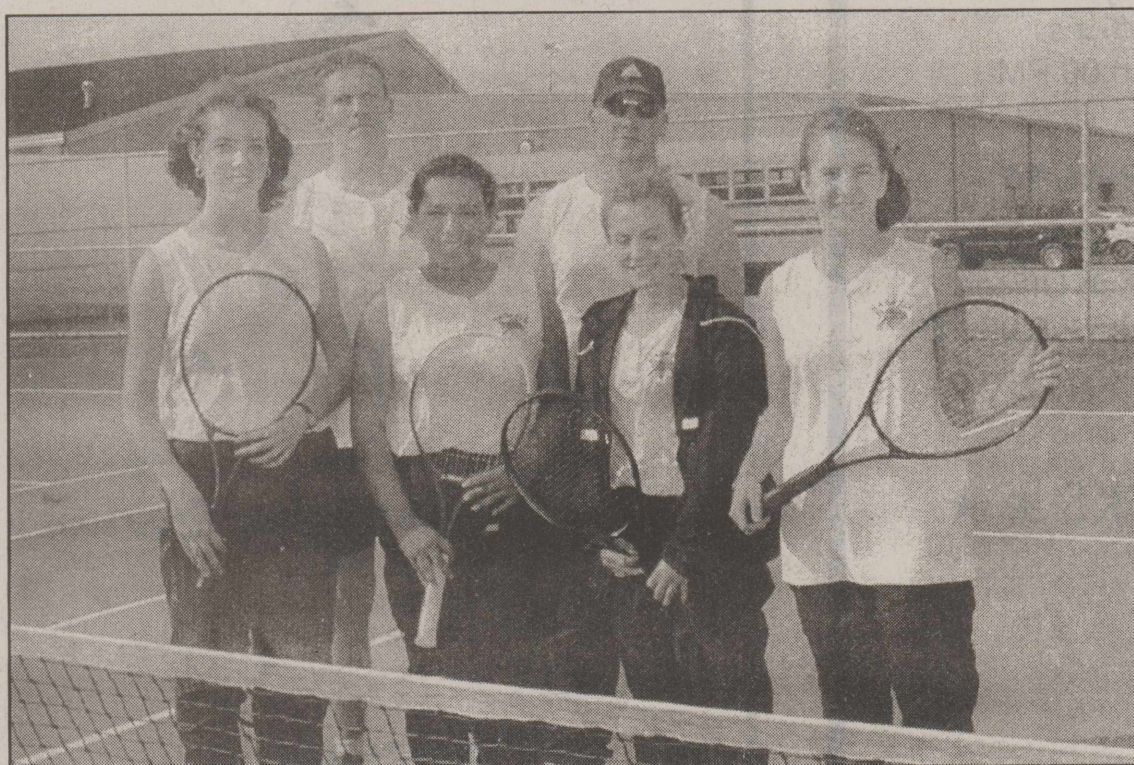
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*Good
Luck
Indians
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Maidens
at
Regionals!*

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HASKELL MAIDENS TRACK TEAM



HASKELL TENNIS TEAM

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Around Town

By Joyce Hawkins

Visiting in Haskell with the C. E. Tidwells, Mike, Julia and Robin Harrell were Pat and Sue Glover from Richardson. They also

Births

Mr. and Mrs. Savino Lara of Snyder announce the birth of their son, Marko Savino Lara. He was born Feb. 22 at 8:10 a.m. in Cogdell Memorial Hospital, Snyder. He weighed 7 lbs. 3 oz. He was welcomed home by his half-brother Matthew Thurman and two brothers Matthew and Alexander Lara. Maternal grandparents are Jerry Freeman of Haskell and Emily Bennett of Ira. Paternal grandparents are Mr. and Mrs. Marko Lara of Snyder. Great grandparents are Elna Hargrove of Haskell, Susan Fenner of Paris, Tenn. and Louis Fenner of Russell, Tenn.

visited the Johnny Scoggins' home in Rochester. Joining them there were John Ben and Elaine Glover, James and Marsha Reid and Lavern and Patsy Rogers.

Erlinda Mayfield of Weinert along with Martha Mathews of Midland and Jan Alexander of Wichita Falls went to Cambridge, England to visit Jan's daughter Nacole Alexander who has a job there. Erlinda and Martha are aunts of Nacole and Delma Mathews of Haskell is Nacole's grandmother.

Wilbert Klose attended the funeral of a close friend and army buddy, Leon Candloa, in Lampasas on Sat.

Marc and Melisa Robison were in Sulphur, Louisiana for a few days where they have opened a new funeral home. They held open house and then to help them were Nedra McCauley, Joe Robinson, Ricky and Sharon Bird of Haskell and Mr. and Mrs. J. Bryan McCollum of Oklahoma City.

Brother Paris Barton and Fannie Mae are in Ft. Worth for a few days visit with daughter and family, Mr. and Mrs. Kip Derrick.

Bernice Hilliard, Linda Short and Howard Scheets attended the funeral of Bernice's brother-in-law, TSGT Robert Cusick, Jr. in Arlington on Sat.

Those from Haskell who entered the Spring Fever Tour Car Show in Graham on Sat. were IV and Della Burson, James and Judy Dunlap, Charles and Latrice Swinson, Jerry and Betty Stocks and Dave and Sue Miller. The Swinsons won 1st place with their car and Dave Miller won 2nd place with his 1954 Ford tractor.

Visiting with Neat Bevel at Rice Springs Care home on Sat. was her daughter Darlene Cummings of Palo Pinto.

Dr. Barry O'Neal of Irving spent Sat. and Sun. with his mom Gladys O'Neal.

Sagerton News

By Dorothy M. Clark

The community extends its sympathy to Johnny and Sue Guinn after the death of his mother, Eunice. The funeral service was held Thursday at the Sagerton Methodist Church where she was a member. Eunice and the late "Mose" Guinn lived and farmed in the Sagerton community for many years and will be missed by her friends of the community.

Frances Clark hosted a belated birthday dinner last Sunday at Haskell for Charles Clark. Others enjoying the day together were Dorothy Clark, Ladain Anderson visiting here from Houston and Joe Frances Clark of Rotan.

The men's breakfast held at Faith Lutheran Church Friday morning was enjoyed by Pastor Jeff Zell, Ross Teichelman, Marvin Stegemoeller, Clancy Lehmann, Anton Teichelman, Alvin Bredthauer, Carl Lunn, Alvin Ulmer, Gene Teichelman, Clarence Teichelman, Dean Quade, Jack Jones, Leon Stegemoeller, Ronnie Teichelman, Clayton Stegemoeller and Marchel Nauert.

The Blue and Gold Banquet was

held recently at the Philadelphia Club House in Rule for the Boy Scouts. Local den mother, Jana Manske, proudly announced that her group of second year Webelos received the highest honor of all the Cub Scouts in attendance, which was the Arrow of Light. They have received all of the 21 awards and a special Conservation Award. Her group of cubs is made up of Charles Jones, Lucas Hisey, Tully Brown and Jacob Manske.

About 100 people enjoyed the brisket dinner served at Faith Lutheran Church Sunday to benefit the Summer Youth Camp. The local A.A.L. branch thanks everyone for its participation.

Joe and Dorothy Clark, Buddy Tredemeyer and Leon and Mae Stegemoeller all attended at Tredemeyer cousins reunion and dinner at the Erdman farm near Old Glory on Sunday hosted by Lavinia Erdman Lohrmann. Other relatives enjoying the day of reminiscing, picture taking and good food included Edna Diers, Emma Raphelt and Esther Kinman of Stamford, Ed and Janice Wolsch

and Florence Peden of Old Glory, Jamie Wolsch of Stamford, Eddie Wolsch of Rule, Mr. and Mrs. Charles Lohrmann, Milton and Edgar Schmidt of Austin.

Larry and Carol Hobratchek and their children, Brian, Aaron and Steven of Littlefield visited in the home of her mother, Odene Dudensing during the weekend and attended the dinner at Faith Lutheran. Other family members joining the group included Lynn Dale, Renee, Emery, Abby, Molly and Jenny Dudensing.

J. B. and Dorothy Toney traveled to Boling last week to take his sister back home after visiting in our little town for a while.

The ladies breakfast was held Wednesday morning at the community center hosted by Peggy Tabor, Mary Neinast and Odene Dudensing. Enjoying the delicious meal and early morning fellowship were Leona Letz, Frances Clark, Ladain Anderson, Joyce LeFevre, Dorothy Clark and Anita Dozier of Old Glory. Frances and Dorothy Clark will be the cooks for the breakfast in May.

PIP sports program started

A new sports program for kids in kindergarten through sixth grade is beginning in Haskell. Players in Progress, PIP, is a program of practices and performances, specializing in developing basketball skills, drills, and tricks.

It is a program to create early interest in basketball and sports, and to encourage the development of ball handling skills, improving agility, physical skills, and general fitness.

Designed to stimulate individual work and self-discipline to build self-confidence, PIP allows each child the opportunity to perform in front of a crowd and overcome that nervousness (fear) that keeps so many from trying new things. PIPs perform at local basketball games and special events, such as play-off games, all-star games, university games, parades, and professional games.

Considered a good way to start kids in sports, PIP allows each

child to work at her/his own level and be successful.

Registration deadline for the program is April 29. Forms may be turned in at Haskell Elementary office.

The start-up camp date is May 2,

1:00 to 5:00 p.m., at the Haskell High Gym. Each child in the program gets a PIP basketball and a PIP t-shirt. Weekly practice will be held on Wednesdays.

PIP group coordinator is Darlene Therwanger.

First American announces scholarship

First American Bank Texas will award a total of \$1000 in scholarships to deserving graduating seniors in Haskell County.

Applications are available in the offices of Christye Gannaway at the Haskell High School; Lizette Hasteley at the Rochester High School; Leslie Kupatt at the Rule High School; and Debbie Hobgood at the Paint Creek High School.

They are also available at First American Bank Texas in Anson and Haskell. Deadline to apply is Mon., May 3, 1999.

Entries will be evaluated by three local community leaders on academic scores, activities, financial needs and a short essay.

The scholarship winner will be announced at the graduation exercises of each high school.

Garden Club elects new officers

During the April 13 meeting at the Haskell National Bank Community Room, members of the Haskell Garden Club named a new slate of officers for the coming year.

Named were: president, Sue Hertel; 1st vice-president, Wilma John Pruett; 2nd vice-president, Melyn Wittenborn; 3rd vice-president, Florence Peden; corresponding/recording secretary, Betty Lefevre; treasurer, Wanda

Ham; parliamentarian, Marion Carlisle, and reporter, Gladys O'Neal.

Met with great enthusiasm were plans and new interests and projects for next year.

The next meeting of the club will be "Keys From My Garden" featuring a mini flower show, with all members bringing their artistic floral designs.

The public is invited to attend the meeting May 13, at 2:00 p.m. at the HNB Community Room.

ROLLING PLAINS CHAPTER ANNUAL SPRING MEETING

sponsored by the Texas Tech Ex-Students Association

Bring the family for food, fun, golf AND the FAMOUS Rolling Plains Scholarship Auction!



When: Monday, April 26, 1999

Where: Haskell Country Club

Time: 6 p.m. - Registration 7 p.m. - Dinner

Cost: \$10 per person (payable at the door)

Program: Texas Tech University President Donald Haragan Head Football Coach Spike Dykes and members of his staff Bill Dean, Executive VP & CEO, Ex-Students Association

Call by Friday, April 23, 1999, and RSVP to one of the following:

Don Bowman	(Knox County)	940/673-8237
Bobby Hobgood	(Haskell)	940/864-8555 or 940/864-3697
Maxie Jackson	(Throckmorton)	940/849-7391
Joe McMeans	(Stamford)	915/773-2122 or 915/773-5865

P.S. If you are interested in playing golf, call one of the contacts above.

WE GIVE IT BACK!

Former Rolling Plains PCA members will receive a patronage distribution totaling \$1,296,316 or 18 1/6 cents on every \$1 of interest accrued in 1998 on their loans.

AG CREDIT OF TEXAS, PCA

65th ANNUAL STOCKHOLDERS' MEETING

MONDAY NOON - APRIL 19

El Paso Region
EL PASO

TUESDAY NOON - APRIL 20

Marfa and Pecos Regions
MARFA

SATURDAY EVENING - APRIL 24

San Angelo and Sonora/Ozona Regions
441 Rio Concho Drive, Holiday Inn
Convention Center, San Angelo - 5:30 PM

TUESDAY EVENING - APRIL 27

Canadian, Pampa, Perryton
and Wheeler Branch Offices
Canadian Elementary - 6:00 PM

THURSDAY EVENING - APRIL 29

Childress and Matador
Branch Offices
Childress City Auditorium - 6:00 PM

FRIDAY EVENING - APRIL 30

Stanton and Sweetwater Regions, Munday,
Spur, Abilene, Stamford Branch Offices
Stamford High School Cafetorium - 6:00 PM

★ ★ CASH PRIZES AND PATRONAGE CHECKS ★ ★

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PLAY BALL—Haskell Maiden Softball team member Amanda Crawford fields a ball during practice for the up-coming playoffs.

Ware family to sing at FBC revival Apr. 25-28



CONNIE & ALLISON WARE REVIVAL SINGERS

Revival singers Connie and Allison Ware of Allen, will be conducting the music service during the upcoming Spring Revival at First Baptist Church Haskell, beginning Sun. April 25 through Wed., April 28.

Ministering to thousands through their music in over 30 states in revivals, music revivals, concerts, banquets, retreats, conventions, evangelism conferences, etc., the husband and wife team have also served or traveled in over 20 countries around the world.

Connie Ware is a native Texan, born and reared in a well-known Baptist family. He is the son of the late Rev. J. W. Ware, honored Baptist minister.

After graduation from high school, where he was an outstanding athlete, Connie Ware

attended Baylor University, receiving his Bachelor's Degree in Music Education. He also received the Master of Church Music degree from Southwestern Seminary, and along the way, studied with excellent Christian voice teachers. He has served as Minister of Music and Youth in six Southern Baptist churches, and has been the subject of articles written in several publications.

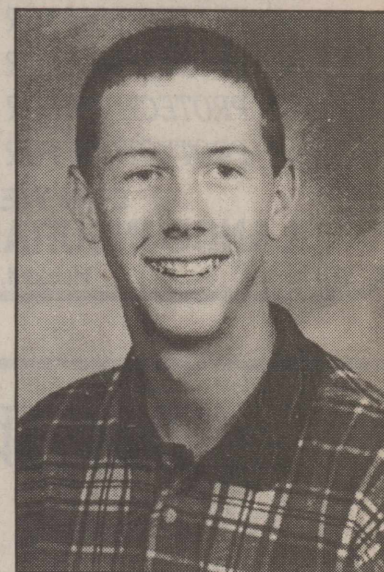
Dedicating his life and his rich baritone voice to Jesus Christ, he began his ministry in this field July 15, 1973. Shortly after that he met and married Allison Clinch and they began their ministry together.

A native of Dallas, Allison Ware at an early age combined her love for the Lord and the musical talent with which she had been blessed. She attended Oklahoma University for two years, majoring in Music Education with a concentration on piano. Transferring to Baylor University, she graduated with a Bachelor's degree in Music Education with a voice emphasis.

Connie and Allison Ware were elected by their peers in full-time evangelism to serve as Mission Director for the National Conference of Southern Baptist Evangelists for the 1978-80.

With their two sons, Collin and Jonathan, they travel as a family, sharing the Good News of Jesus. In concerts throughout the United States, fourteen-year-old Jonathan Ware participates in the full-time ministry of his family as piano soloist, accompanist, and singer.

Kevin Patton to attend summer science seminar



KEVIN PATTON

Kevin Patton, a junior at Haskell High School, has been chosen by the United States Air Force Academy in Colorado Springs, Colorado to attend their Summer Science Seminar. One of only 600 selected nationwide, Kevin will be able to experience the Academy's Academic program and facilities firsthand.

During the week-long seminar, he will reside at the Academy, spend approximately six hours in laboratory workshops and participate in informational programs, athletic or other recreational activities. He will be allowed to choose from almost 30 science/engineering related workshops such as Glider Design, Space Operations, Mathematical Modeling and Lasers and Optics. Throughout his stay he will meet Academy cadets and be able to talk with them about their education and lifestyle at the Academy. The program closes with a graduation ceremony and banquet.

Prerequisites for consideration to the Summer Science Seminar

include a desire to become an Air Force cadet, an aptitude in science/math/engineering, qualifying scores on the ACT and SAT, academic excellence and physical fitness. Patton's selection to the seminar places him in the pool of tentative candidates for admission to the U. S. Air Force Academy.

Head Start Menu

April 26-30

Milk served daily with breakfast. Menu subject to change without notice.

Breakfast

- Monday:** Corn Flakes, pineapple chunks
- Tuesday:** Scrambled egg, toast, orange wedge
- Wednesday:** Cream of Wheat, strawberries
- Thursday:** Toast, pears
- Friday:** Blueberry muffins, orange juice

Lunch

- Milk served daily with lunch
- Monday:** Baked chicken leg or thigh, green beans, mixed fruit, bread
- Tuesday:** Deli sandwich of ham and turkey, carrots, apple wedges
- Wednesday:** Meat loaf, mashed potatoes, apricots, roll
- Thursday:** Macaroni and cheese with ham, mixed vegetables, orange wedges
- Friday:** Sloppy Joes on bread, salad, apple slices

Snacks

- Monday:** Animal crackers, orange juice
- Tuesday:** Pudding, vanilla wafers, milk
- Wednesday:** Cheese and crackers, apple juice
- Thursday:** Cinnamon Graham crackers, milk
- Friday:** Oatmeal cookies, grape juice

Haskell School Menu

April 26-30

Juice or fruit and milk are served daily on the breakfast menu. Cereal offered daily.

- Monday:** Cereal, toast, jelly
- Tuesday:** Scrambled eggs, buttered toast, jelly
- Wednesday:** Blueberry muffins
- Thursday:** Macaroni and cheese, sausage
- Friday:** Cinnamon roll

Lunch

A choice of baked potato with choice of topping or a salad bar are offered daily at the High School. Milk and tea are served daily at the High School. Milk and juice are served daily at the Elementary School.

Monday: Corndogs, macaroni and cheese, baked beans, applesauce, cookies

Tuesday: Pizza, carrot sticks, seasoned corn, fruit cake

Wednesday: Chicken nuggets, gravy, seasoned green beans, creamed potatoes, hot rolls, diced pears

Thursday: Taco salad, grated cheese, lettuce, tomatoes, pinto beans, Shape-ups

Friday: Ham and cheese sandwich or chicken nugget basket (H.S.), potato chips, pickle spears, fruit

ECC Menu and Calendar

Monday, April 26

Lunch-Steak, potatoes, gravy, beans, broccoli, mixed fruit

1:00 p.m. China painting

Wednesday, April 28

11:00 a.m. Outreach Health Services blood pressure check

Lunch-Baked chicken, glazed carrots, potatoes, tossed salad, Jello/fruit

Friday, April 30

Lunch-Pinto beans/ham, turnip greens, carrot salad, cornbread, fruit cobbler, milk, tea or coffee

Announcements begin at 11:45 a.m. followed by lunch.

All over 60 are invited to come and eat. Call 864-3875 for transportation to the center or for home delivered lunches for the sick or disabled.

Births

Evan Jackson Wheatley was born April 6, weighing 8 pounds 3 ounces, and measuring 21 1/2 inches long.

The proud parents are Lynn and Jacklyn Wheatley of Haskell. Grandparents are Johnny and Helen Wheatley and James and Judy Dunlap, also of Haskell.

Sisters Brianna, Paige, and Kalyn Wheatley were proud to announce, "It's a boy."

To Subscribe, Call 940-864-2686

Cattle Market Report

The market at the Haskell Livestock Auction was on a run of 822 head of cattle at its sale on Sat., April 17, according to Gary Tate, reporter.

Feeder cattle \$2 to \$3 lower. Packers steady; light cattle steady; pairs steady. 100 pair off one ranch; 50 heavy bred cows at the April 24 sale.

Cows: fat, .35-.40; cutters, .32-.39; canners, .24-.34.

Bulls: bologna, .44-.49; feeder, .59-.67; utility, .35-.44.

Steers: medium and large frame No. 1 200-300 lbs., 1.05-1.20; 300-400 lbs., .95-1.08; 400-500 lbs., .85-.97; 500-600 lbs., .77-.94; 600-700 lbs., .70-.82; 700-800 lbs., .63-.72; 800-up lbs., .62-.67.

Heifers: medium and large frame No. 1 200-300 lbs., .92-1.05; 300-400 lbs., .84-.97; 400-500 lbs., .73-.87; 500-600 lbs., .67-.77; 600-up lbs., .50-.70.

Bred Heifers: medium frame 350-475.

Bred Cows: young to middle aged, 475-620; aged or small, 425-500.

Cows with calves: medium frame No. 1 young and middle aged, 550-725; aged or small, 500-650.

Haskell County Quarterly Report January, February, March 1999

	BEGINNING BALANCE	RECEIPTS	AVAILABLE AMOUNT	LESS DISBURSEMENT	END OF MONTH BALANCE
GENERAL	\$ 67,796.06	\$ 691,431.04	\$ 759,227.10	\$ 711,030.62	\$ 48,196.48
GENERAL MONEY MARKET	\$ 51,785.60	\$ 468.13	\$ 52,253.73	\$ -	\$ 52,253.73
JURY	\$ 5,743.72	\$ 2,490.31	\$ 8,234.03	\$ 5,657.82	\$ 2,776.21
LAW LIBRARY	\$ 2,685.72	\$ 280.00	\$ 2,965.72	\$ 1,769.65	\$ 1,196.07
LATERAL ROAD 1	\$ 2,493.82	\$ -	\$ 2,493.82	\$ 2,405.25	\$ 88.57
LATERAL ROAD 2	\$ 2,620.52	\$ -	\$ 2,620.52	\$ 2,341.14	\$ 279.38
LATERAL ROAD 3	\$ 4,083.03	\$ -	\$ 4,083.03	\$ 3,950.84	\$ 132.19
LATERAL ROAD 4	\$ 2,080.16	\$ -	\$ 2,080.16	\$ 1,924.64	\$ 155.52
ROAD & BRIDGE 1	\$ 27,094.32	\$ 77,663.61	\$ 104,757.93	\$ 48,776.95	\$ 55,980.98
ROAD & BRIDGE 2	\$ 74,449.30	\$ 51,565.67	\$ 126,014.97	\$ 30,173.97	\$ 95,841.00
ROAD & BRIDGE 3	\$ 19,590.87	\$ 76,814.00	\$ 96,404.87	\$ 74,415.40	\$ 21,989.47
ROAD & BRIDGE 4	\$ 93,176.11	\$ 77,372.76	\$ 170,548.87	\$ 27,457.84	\$ 143,091.03
F&M LATERAL ROAD 1	\$ 21,816.38	\$ 70,340.74	\$ 92,157.12	\$ 16,108.67	\$ 76,048.45
F&M LATERAL ROAD 2	\$ 13,934.03	\$ 9,743.34	\$ 23,677.37	\$ 6,985.67	\$ 16,691.70
F&M LATERAL ROAD 3	\$ 26,360.61	\$ 69,220.13	\$ 95,580.74	\$ 30,678.87	\$ 64,901.87
F&M LATERAL ROAD 4	\$ 27,067.67	\$ 43,654.47	\$ 70,722.14	\$ 9,374.27	\$ 61,347.87
CRIMINAL JUSTICE	\$ 1,583.99	\$ 35.00	\$ 1,618.99	\$ 48.60	\$ 1,570.39
LAW ENFORCEMENT OFFICER	\$ 9,399.26	\$ 6,092.20	\$ 15,491.46	\$ 4,684.58	\$ 10,806.88
COMP VICTIMS OF CRIME	\$ 27,193.62	\$ 4,913.31	\$ 32,106.93	\$ 5,995.20	\$ 26,111.73
ARREST FEE	\$ 1,199.06	\$ 406.76	\$ 1,605.82	\$ 313.36	\$ 1,292.46
JUDGEMENET TRAINING	\$ 132.46	\$ 12.00	\$ 144.46	\$ 10.80	\$ 133.66
CRIME STOPPERS	\$ 1,441.02	\$ 32.50	\$ 1,473.52	\$ 40.50	\$ 1,433.02
STATE GEN REVENUE	\$ 1,999.70	\$ 40.00	\$ 2,039.70	\$ 45.00	\$ 1,994.70
COMP REHABILITATION	\$ 30.00	\$ 30.00	\$ 60.00	\$ 30.00	\$ 30.00
BREATH ALCOHOL	\$ (85.33)	\$ -	\$ (85.33)	\$ -	\$ (85.33)
911	\$ 182,131.19	\$ 1,865.93	\$ 184,000.00	\$ 20,179.12	\$ 163,820.87
SECURITY FUND	\$ 7,891.52	\$ 66.44	\$ 7,957.96	\$ 999.98	\$ 6,957.98
SEIZURE FUND	\$ 2,827.95	\$ 2,555.64	\$ 5,383.59	\$ 1,072.23	\$ 4,311.36
COUNTY ATTORNEY	\$ 285.00	\$ -	\$ 285.00	\$ -	\$ 285.00
DISTRICT ATTORNEY	\$ 6,670.48	\$ 306.64	\$ 6,977.12	\$ -	\$ 6,977.12
MANAGEMENT PRESERVATION	\$ 452.79	\$ 824.84	\$ 1,277.63	\$ -	\$ 1,277.63
PERMANENT SCHOOL	\$ 9,445.28	\$ 528.63	\$ 9,973.91	\$ 556.63	\$ 9,417.28
ECC LIBRARY	\$ 3,486.68	\$ 22,846.22	\$ 26,332.90	\$ 23,303.96	\$ 3,028.94
ECC BUILDING	\$ 4,380.76	\$ 722.53	\$ 5,103.29	\$ 246.50	\$ 4,856.79
ECONOMIC DEVELOPMENT	\$ 55,400.40	\$ 11,116.53	\$ 66,516.93	\$ -	\$ 66,516.93
RECORDS MANAGEMENT	\$ 11,455.55	\$ 1,905.60	\$ 13,361.15	\$ 4,002.48	\$ 9,358.67
MTR VEHICLE INVENTORY TAX	\$ 4,833.21	\$ 39.62	\$ 4,872.83	\$ 765.39	\$ 4,107.44
TOTAL	\$ 641,072.24	\$ 1,268,841.05	\$ 1,909,913.29	\$ 1,024,108.77	\$ 885,804.52

INVESTMENTS:		
SOCIAL SECURITY C.D.	NO 34853	\$ 9,023.46
GENERAL FUND C.D.	NO 34926	\$ 100,000.00
GENERAL FUND C.D.	NO 34961	\$ 100,000.00
GENERAL FUND C.D.	NO 107083	\$ 100,000.00
GENERAL FUND C.D.	NO 107127	\$ 100,000.00
ROAD & BRIDGE #3 C.D.	NO 34953	\$ 25,548.45
FMI #3 C.D.	NO 34954	\$ 25,548.45
TOTAL INVESTMENTS FOR HASKELL COUNTY		\$ 560,120.36

TOTAL CASH ASSETS FOR HASKELL COUNTY \$ 1,445,924.88

Willie Faye Tidrow
County Treasurer & Investment Officer

On April 12, 1999 the Commissioners' Court of Haskell County met in regular session, examined and compared the Quarterly Report of Willie Faye Tidrow, County Treasurer, for the quarter ending March 31, 1999 and found the same correct and respective amounts to have been paid out during the quarter.

David Davis COUNTY JUDGE
Billy Wayne Tidrow COMMISSIONER PREC.#1
Rhonda Moller COUNTY CLERK
Willie Faye Tidrow COUNTY TREASURER
Kenny Thompson COMMISSIONER PREC.#3
Tim Mayfield COMMISSIONER PREC.#2
C.A. Turkin COMMISSIONER PREC.#4

Jones-Haskell

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FOR SALE: 1980 model Jeep CJ5, in-line 6 cylinder, lots of new parts. Call if interested 864-2861. 16p

The deadline for Classified Advertising is 5 p.m. on Mondays.

For Sale

FOR SALE OR LEASE: Lease by the day. Heavy duty post driver. Smitty's Feed and Seed. 864-5097. 21fc

CLEARANCE SALE: Frames, art supplies, 40% off. 14 Ave. D.

For Sale

NEED A SUMMER JOB? For Sale: Tropical Sno snowcone stand. Good for other food sales. On wheels. After 6 p.m., call 940-673-8261. 16c

REEL GREENHOUSE: Hanging baskets, bedding plants, tomato and pepper plants. Weekdays after 4 p.m. All day on weekends. 5 miles down Stamford Lake Road FM 618. 16-18c

FOR SALE: 11 pc. Rawlings golf club set \$95; Aeroglide exercise machine \$45; treadmill \$40. 940-743-3497. 16p

FOR SALE: Catalina refrigerator. 864-2588 or 5 Ave. H. 16p

REEL GREENHOUSE plants at Cecil's Market Sat., April 24. 10 a.m. to 4 p.m. 16c

BEEFMASTER BULLS. Big, growthy, guaranteed, 2 year olds. Stafford Brothers Beefmaster, Matador, TX 806-347-2804 or Ranch 806-689-2290. 16-17c

BIG SCREEN TV for sale: Take on small payments. Good credit required. 1-800-398-3970. 16-17p

Public Notices

NOTICE OF SHERIFF'S SALE
THE STATE OF TEXAS
COUNTY OF HASKELL
By virtue of an Order of Sale issued out of the Honorable 39th Judicial District Court of Haskell County, on the 5th day of April by the Clerk thereof, in the cases styled as follows:

Cause No. 9634. Styled: Haskell County Appraisal District v. H. M. Hearn. Legal Description: 1. Lot 6, Block 34, Original Town of Rochester, Haskell County, Texas.

Cause No. 9719. Styled: Haskell County Appraisal District v. Bobby Parot. Legal Description: 2. Lots 9, 10, Block C, Carney Addition to the City of Haskell, Haskell County, Texas. 3. Lot 11, Block C, Carney Addition to the City of Haskell, Haskell County, Texas. 4. Lot 1, Block D, Tandy & Pinkerton Addition to the City of Haskell, Haskell County, Texas.

Cause No. 9744. Styled: Haskell County Appraisal District v. Daniel M. Riley. Legal Description: 5. North 48' of Lot 5, Block 34, Brown & Roberts Addition to the City of Haskell, Haskell County, Texas.

Cause No. 9894. Styled: Haskell County Appraisal District v. Joyce Brooks. Legal Description: 6. Lot 7, Block 9, College Heights Addition to the City of Haskell, Haskell County, Texas.

Cause No. 9955. Styled: Haskell County Appraisal District v. Lupe Ortiz. Legal Description: 7. Lot 3, Block C, Carney Addition to the City of Haskell, Haskell County, Texas. 9. Lots 4-5, Block C, Carney Addition to the City of Haskell, Haskell County, Texas.

Cause No. 9946. Styled: Haskell County Appraisal District v. Pete M. Lopez. Legal Description: 10. Lots 7-8, Block 1, Stephens Addition to the City of Haskell, Haskell County, Texas.

Cause No. 10,076. Styled: Haskell County Appraisal District v. William Gwyn Butler. Legal Description: 11. Lot 5, Block 2, Sherrill Addition to the City of Haskell, Haskell County, Texas.

Cause No. 10,151. Styled: Haskell County Appraisal District v. Teresa Torres. Legal Description: 12. West 120' of Lot 3, Block 69, Original Town of Haskell, Haskell County, Texas.

Cause No. 10,250. Styled: Haskell County Appraisal District v. Producers Grain & Supply of Rochester Inc. Legal Description: 13. Lots 4-5, Block 19, Original Town of Rochester, Haskell County, Texas. 14. Lots 1-6, Block 1, Original Town of Rochester, Haskell County, Texas. 15. Lots 1-6 and E40' of 7-12, Block 10, Original Town of Rochester, Haskell County, Texas. 16. A. B. Carothers, Survey 234, Block 45, H&TC, Tract 24E RR Row, Granary on leased land, Haskell County, Texas.

Cause No. 10,346. Styled: Haskell County Appraisal District v. Dan Burson. Legal Description: 18. West 60' x 104', Block 10A, OL 129, English I Addition to the City of Haskell, Haskell County, Texas.

Cause No. 10,398. Styled: Haskell County Appraisal District v. Leon M. Gammill. Legal Description: 19. Lot 3, Block B, Carney Addition to the City of Haskell, Haskell County, Texas.

Cause No. 10,490. Styled: Haskell County Appraisal District v. Jerry G. Camp Sr. Legal Description: 20. Lots 1, 2, Block A, Haskins Addition to the City of Haskell, Haskell County, Texas.

Cause No. 10,560. Styled: Haskell County Appraisal District v. Elisa Aguilera. Legal Description: 21. Lots 1, 2, 3, 4, Block 20 of the Original Town of Rochester, Haskell County, Texas.

Cause No. 10,615. Styled: Haskell County Appraisal District v. Mary Burney. Legal Description: 22. Lot 8, Block 7, Original Town of Haskell, Haskell County, Texas.

and to me, as Sheriff, directed and delivered, I will proceed to sell, at 3:30 o'clock P.M. on the 4th day of May, 1999, which is the first Tuesday of said month, at the south door of the Courthouse of Haskell County, in the City of Haskell, Texas.

Levied on the 5th day of April, 1999, as the property of said defendants, to satisfy the judgment rendered in the above styled and numbered cause, together with interest, at 10 per cent. per annum, and all costs of suit in favor of each jurisdiction.

Given under my hand this 5th day of April, 1999.
Johnny L. Mills
Sheriff, Haskell County, Texas
14-16c

NOTICE
HASKELL COUNTY
DEPOSITORY CONTRACT
APPLICATIONS

In accordance with the Local Government Code, Title 4, Chapters 116 and 117, sealed applications from any banking corporation, association or individual banker in Haskell County desiring to enter into a contract as Depository for the public funds of Haskell County will be received in the office of the Haskell County Judge, addressed to David C. Davis, County Judge, Haskell County Courthouse, Haskell, TX 79521, until 10:00 a.m. Monday, May 10, 1999. Any application received after 10:00 a.m. cannot be considered. Applications timely received will be opened immediately after 10:00 a.m. that morning in Commissioners Court, and the depository or depositories will be selected that afternoon at 3:00 p.m. or shortly thereafter. Each application must be accompanied by a statement of the capital stock and permanent surplus of the bank and a statement showing the financial condition of the bank at the date of said application, in addition to all information required by the County's official application form. Applications will include the Trust Funds held by the County and District Clerks of Haskell County. Each application must be accompanied by a certified check in the amount of \$11,924.00-payable to the order of David C. Davis, County Judge, as required by law for a good-faith guarantee that a successful application will, within 15 days of selection, provide security for the funds to be deposited with the bank. Official application forms will be available in the County Judge's office.

David C. Davis
County Judge
Haskell County, Texas 15-17c

NOTICE
The City of Haskell is accepting sealed bids for the purchase of a police car. Bids will be opened in the City Administrator's office at 2:00 p.m. on May 7, 1999. Haskell City Council will accept or reject any or all bids at the regular scheduled City Council meeting to be held May 10, 1999 at 7:00 a.m. Specifications may be attained at the Haskell City Hall. The City of Haskell reserves the right to accept any or all bids. 15-16c

NOTICE
The City of Haskell is accepting sealed bids for roofing of several buildings belonging to the City of Haskell and the Development Corporation of Haskell. Specifications may be attained at the Haskell City Hall. Bids will be opened at the City Administrator's office at 2:30 p.m. on May 7, 1999. Haskell City Council will accept or reject bids at the regular scheduled City Council meeting to be held May 10, 1999 at 7:00 a.m. The City of Haskell reserves the right to accept any or all bids. 15-16c

This Week's Devotional Message:

GOD IS WHEREVER YOU MAY GO

Even though your faith and your Church have their regular place in your daily walk of life, do you remember to include them in your vacation plans? Whatever highway you travel, God is there to provide you and your loved ones with His unfailing guidance and protection, if you will only reach out and avail yourself of it. He is everywhere, in the beauty of all the mountains, lakes and valleys of this world which He created, and so are His Churches. You can easily find them anywhere throughout the land. Remember that God never takes a vacation from you; don't take a vacation from him!

ATTEND CHURCH THIS SUNDAY



HASKELL

East Side Baptist Church

David Page, pastor
Sun. 8:30 a.m., 9:45 a.m., 11 a.m., 6 p.; Wed. 7 p.m.
600 N. 1st East, Haskell

Christian Church

Dusty Garrison, minister
Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m.
107 N. Ave. F, Haskell

Church of God

Eric Clark, pastor • 864-2021
Sun. 9:45 a.m., 11 a.m., 6 p.m., Wed. 7:00 p.m.
East Hwy 380, Haskell

Trinity Lutheran Church

Gary Bruns, pastor
Sunday School 9:30 a.m., Worship 10:30
Hwy 380 East, Haskell

Iglesia Bautista El Calvario

Sun. Morn. 9:45 a., 10:45 a.m., 5 p.m.; Wed. 7 p.m.
607 S. 7th, Haskell

First United Methodist Church

Shane Brue, pastor
Sun. Morn. 9:45 a.m., 10:50 a.m. 6 p.m.; Wed. 6 p.m.
201 N. Ave. F, Haskell

First Assembly of God

Rev. J.C. Amburn
Sun. Morn. 9:45 a., 10:45 a.m., 6 p.m.; Wed. 7 p.m.
1500 N. Ave. E, Haskell

St. George Catholic Church

Father Michael Melcher
Sat. Mass 7:15 p.m.; Sun. Morn. 9:00 a.m.
901 N. 16th, Haskell

Church of Christ

Dale Huff, minister
Sun. Morn. 9:30 a., 10:30 a., 6 p.m.; Wed. 7:30 p.m.
510 N. Ave. E, Haskell

First Presbyterian Church

Luther S. Hollowell, II, pastor
Sun. Morn. 9:45 a.m., 11:00 a.m.
306 N. Ave. E, Haskell

Trinity Baptist Church

Rev. Kenneth Blair
Sun. Morn. 10 a., 11 a., 6:30 p.m.; Wed. 7:30 p.
401 S. Ave. D, Haskell

Hopewell Baptist Church

John Lewis, pastor
Sun. Morn. 9:30 a.m., 11:00 a.m.; Wed. 7 p.m.
908 N. Ave. A, Haskell

Greater Independent Baptist Church

Rev. Camellia Wade, pastor
Sun. Morn. 9:30 a., 11:00 a., 6:30 p.; Wed. 7 p.
301 N. 3rd St., Haskell

New Covenant Foursquare

Freddy Perez, pastor
Bilingual Services
Sun. Morn. 10 a., 11:00 a., 6:30 p.; Wed. 7 p.m.
200 S. Ave. F, Haskell

Mission Revival Center

Rev. William Hodge
Sun. Morn. 10 a.m., 11 a.m., 6 p.m.; Tues. 6 p.m.
1600 N. Ave. B, Haskell

First Baptist Church

Jim Turner, pastor
Sun. Morn. 9:45 a., 10:55 a., 6 p.m.; Wed. 7 p.m.
301 N. Ave. E, Haskell

Church in the Park

Rev. Tim and Suzann Townsend
Sun. Morn. 10:30 a.m. Wed. 7 p.m.
Gazebo or Pavillion

PAINT CREEK

Paint Creek Baptist Church

Sun. Morn. 10:00 a.m., 11:00 a.m., 6 p.m.
Paint Creek

WEINERT

First Baptist Church

Joel Rister, pastor
Sun. Morn. 10:00 a., 11:00 a., 6 p.; Wed. 7 p.m.
Weinert

Weinert Methodist Church

Rev. James Patterson
Sun. Morn. 9:45 a.m.
Weinert

Weinert Foursquare Church

Rev. Joyce Goossen and Rev. Diane Crownover
Sun. Morn. 10 a.m., 11 a.m. Wed. 7 p.m.
Weinert

ROCHESTER

Church of Christ

Steve Willis, minister
Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 6 p.m.
West on Main Street, Rochester

First Baptist Church

Ed Buerkle, pastor
Sun. 11:00 a.m., 6 p.m.; Wed. 7:00 p.m.
500 Main, Rochester

Union Chapel Baptist Church

Rev. Clarence Walker
Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m.
Rochester

Faith Chapel of Rochester

Katherine Byrd, minister
Sun. Morn. 10 a.m., 11 a.m., 7 p.m.
Hwy 6, Rochester

First United Methodist Church

Dolan Brinson, pastor
Sun. Morn. 10:00 a.m., 11:00 a.m.
Rochester

SAGERTON

Sagerton Methodist Church

Daniel Ramey, pastor
Sun. Morn. 9:30 a.m.
Sagerton

Faith Lutheran Church

Jeff Zell, pastor
Sun. Morn. 9:15 a.m., 10:30 a.m.; Wed. 7 p.m.
Sagerton

RULE

First Baptist Church

Scott Hensley, pastor
Sun. Morn. 9:45 a., 11:00 a., 6 p.m.; Wed. 7 p.m.
1001 Union Ave., Rule

Primitive Baptist Church

Dale Turner Jr., pastor
First & Third Sundays 10 a.m.
Corner of 8th & Robins, Rule

Church of Christ

John Greeson, minister
Sun. Morn. 9:45 a., 10:40 a., 6 p.m.; Wed. 7 p.m.
811 Union, Rule

First United Methodist Church

Daniel Ramey, pastor
Sun. Morn. 10:50 a.m., 6 p.m.
1000 Union Ave., Rule

New Life Baptist Mission

Jesus Herrera
Sun. Morn. 10:00 a.m., 11:00 a.m.
Elm Street/Hwy 380 E, Rule

Sweet Home Baptist Church

Matt Herrington, pastor
Sun. Morn. 10:00 a., 11:00 a., 6 p.; Wed. 7 p.m.
Gladstone Ave., Rule

West Bethal Baptist Church

Rev. Robert Sweet
Sun. Morn. 10 a., 11 a., 8 p.m.; Wed. 7:30 p.m.
300 Sunny Ave., Rule

Sonic Drive-In

1402 N. Ave. E
864-8533
Managers: Leon & Carolyn Herring

Steele Machine

Hwy. 280 • 864-2208

Modern Way Food Store

1202 N. Ave. E • 864-3763

Jay's Tire Center

506 N. 1st East • 864-2908
"See You In Church"

Smitty's Auto Parts

204 N. 1st St. • 864-2607

Rice Springs Care Home, Inc.

1302 N. 1st • 864-2652
Medicare • Medicaid • Therapy

Committed To Excellence
In Service

HANSON PAINT & BODY SHOP

207 S. 1st • 864-3631
Professional Auto Body Repair
Glass Installation • 24 Hour Wrecker Service

Rule Co-op Gin & Elevator

301 Adams • Rule • 997-2421

The Carpet Express

15 S. Ave. E • 864-8128

M-System

112 N. Ave. E • 864-3033
Haskell, Texas

Attend Church This Sunday

Haskell Tire & Appliance Center, Inc.

206 South Avenue E
864-2900

Personality Slipper Shoppe

413 S. 1st (South Side of Square)
864-2501 and 864-3051
"One Stop Shopping"

McGee's Lumber Yard

105 N. 1st

COMPLETE CARE SERVICES

Sandra Givens, Adm.
940-864-8537

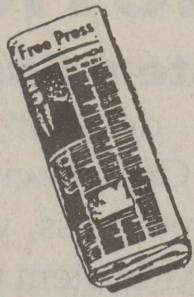
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read by more people
in Haskell County
than any other
print media.





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864-2686

ALL DEADLINES MONDAY 5 P.M.



864-2686

For Sale

GARDEN SEED available. Smitty's Feed & Seed, 107 N. East 1st, Haskell, 864-5097. 11tc

Varieties of HAYGRAZER at Smitty's Feed & Seed, 107 N. East 1st, Haskell, 864-5097. 11tc

Miscellaneous

FINALLY! Affordable health insurance for individuals, families, self-employed and small businesses. Your choice of doctors and hospitals. Prescription card, dental, vision and income protection benefits. Local area agent. 1-800-245-8516. 15-18p

Help Wanted

RNs and LVNs NEEDED. Apply in person to Rice Springs Care Home, Shirley Brook, RN-DON, 1302 N. 1st, Haskell. 12tc

TEMPORARY SECRETARY needed in Knox City. Start work immediately and work through mid-summer. Some computer skills needed. Salary paid hourly. Rate depending on experience. Call 658-3574, 8 a.m. to 3 p.m. 15tc

NEED BEAUTICIAN at Mini Mall in Knox City. First month's rent free. Apply in person. 16-17c

PART-TIME POSITION available for cook's helper. Apply at Brazos Valley Care Home, 605 S. Ave. F, Knox City, Texas. 16-17c

Dedicated, dependable Certified Nurses Aide needed. Come join our team at Brazos Valley Care Home, 605 S. Ave. F, Knox City, Texas. 16-17c

WE'VE GOT IT!
ACCO FEEDS
RICHARDSON'S
Hwy. 277 N. • Haskell • Open All Day Saturdays
940-864-8551

A Construction Closet storm shelters.
Free estimates
940-997-2754

SELLING HASKELL FOR OVER 25 YEARS
Hartfield Realty
South Side of Square
864-2665
See us first for your real estate needs.
Hess Hartfield, Broker 864-2004
Chan Guess, Agent 864-6142
Esther Conn, Agent 658-3904

REQUEST FOR BIDS ON TEXAS HIGHWAY CONSTRUCTION
Sealed proposals for 0.242 km to replace bridge and approaches on CR 183 at Mule Creek covered by BR 96(107)OX and on CR 137 at California Creek from 0.1 miles South of FM 600 covered by BR 97(119)OX in Haskell and Jones Counties, will be received at the Texas Department of Transportation, 200 E. Riverside Drive, Austin, Texas, until 1:00 P.M., May 5, 1999, and then publicly opened and read. It is the bidder's responsibility to ensure that the sealed proposal arrives at the above location and is in the hands of the letting official, by the specified deadline regardless of the method chosen by the bidder for delivery.
This contract is subject to all appropriate Federal laws, including Title VI of the Civil Rights Act of 1964. The Texas Department of Transportation hereby notifies all bidders that it will insure that bidders will not be discriminated against on the ground of race, color, sex or national origin, in having full opportunity to submit bids in response to this invitation, and in consideration for an award. Plans and specifications, including minimum wage rates as provided by Law, are available for inspection at the office of Tommy Joe Higgins, Area Engineer, Hamlin, Texas, and at the Texas Department of Transportation, Austin, Texas. Bidding proposals are to be requested from the Construction Division, 200 East Riverside Drive, Austin, Texas 78704-1205. Plans are available through commercial printers in Austin, Texas, at the expense of the bidder.
Usual rights reserves.
8-D-52049 8-76-0908-22-006, etc. 15-16c

Garage Sales

GARAGE SALE: 912 N. 5th. Fri. & Sat., 8 to 6. Men's western wear, children clothes, ladies clothes. 16p

PORCH SALE: Fri. noon to 4 p.m. Sat. 7:30 to 2 p.m. Kids clothes, toys, misc. 601 S. 6th, Haskell. 16c

GARAGE SALE: 109 N. Amity, Rule. Fri. & Sat. Lots of misc. Furniture, chair and table. 16p

CARPORT SALE: 1705 N. Ave. G. Sat. 9 to 2. Aquarium, ceiling fan, baby to 3T clothing, adult clothing, toys, misc. 16p

CARPORT SALE: 1101 N. Ave. D. Sat. Weather permitting. 16p

YARD SALE: 503 N. Ave. F. Sat. only 8 to 1. 16p

Lost & Found

FOUND: Man's gold wedding band. Identify and pay for ad. 673-8261 after 6 p.m. 16c

Wanted

CASH PAID for old lever action Winchester rifles, Colt pistols and most other guns and western memorabilia. A. C. Richardson at store Hwy. 277 N. 12tc

WANTED: 3 or 4 bedroom home in Haskell area. Prefer 2 story but not required. Move in date June 99. Call 658-3256 in Knox City and leave message. 14-17c

A rich man's joke is always funny. You don't have to be rich to shop at Kinney Furniture in Stamford where you always find unbeatable values, quick free delivery, and small town personal service. 16c

H P E
20_0
14-34c

JOHNSON REAL ESTATE
5 AVE. E HASKELL
864-2951
LORRAINE JOHNSON, BROKER
TIM JOHNSON, AGENT
11tc

For Rent

FOR RENT: 1 bedroom furnished house. 864-3504 or 864-2647.

HOUSE FOR LEASE or sale in Weirnt: 4 bedroom, 2 bath with carport. 940-433-3040. 16-17c

FOR RENT: 402 N. 4th. 2 bedroom house. 864-3762. 16c

FOR RENT: 101 N. 3rd. 2 bedroom, 1 1/2 bath mobile home. Central air. 864-3762. 16c

FOR RENT: 1207 N. 11th. 1 bedroom house. 864-3762. 16c

FOR RENT: 3 bedroom house. 207 S. 2nd. Call 864-5099.

Men never remember, women never forget. La-Z-Boy sale on recliners, sofas, and sleepers right now at Kinney Furniture in Stamford. No high pressure salesmen since 1932. 16c

EXPERT AUTO WORK
REASONABLE RATES
See us for all your auto mechanic needs. 20 years experience. We do it right the first time.
117 North Ave. E • Haskell, TX

TERRY'S AIR CO.
Your Heating and Air Conditioning Specialists
707 N. Ave. F Haskell, Texas 79521
Home: 940-864-3487
Service and Installation of all Makes and Models
16-23p

DANCE at Rhineland K-MAC
9 to 1 Sat., April 24 \$5.00

Tribbey Real Estate & Custom Homes
New construction. Addison addition. 1606 Robbyn Lane. 3 bedroom, 2 bath energy efficient home.
1407 N. Ave. J. Remodeled. 3 bedroom, 2 bath. Carport. Storage bldg. \$34,900.
FOR SALE OR LEASE: Lake cabin at Veda's Camp. \$19,900. Owner carry or discount for cash.
112 N. E. 1st St. Owner carry or will lease.
Building lots in Addison addition. \$6500-\$7500. Owner financing.
KNOX CITY. 1106 S. 4th. 3 bedroom, 1 bath, garage. Make offer.
864-2238 • 864-3301 • 4 Ave. D
Trades Welcome! Easy financing with approved credit.

Allstate
You're in good hands.
Your house. Your car. Your business. You.
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For your insurance needs—
Being in good hands is the only place to be:
© 1996 Allstate County Mutual Insurance Company and Allstate Texas Livestock Company, Irving, Texas. Allstate Life Insurance Company, Northbrook, Illinois. Subject to local availability and qualifications. Other terms, conditions and exclusions may apply.

Jobs Wanted

HOUSE LEVELING. Floor bracing, slab, pier and beam. Insurance claims, free estimates. References. No payment until work satisfactorily completed. David Lee & Company, 915-675-6369 50tc

LET US DO your yard work. Leave message 864-2043. 15-16p

LAWN MOWING. Call Caleb Hudgens 864-8070 or Shirley Hudgens 743-3389. 16p

Sign of old age: Conversations with people your own age often turn into 'dueling ailments.' You might have fewer ailments if you get a good night's sleep every night on a new Spring Air mattress set from Kinney Furniture in Stamford. Best prices in the Big Country plus quick free delivery. 16c

Guadalcazar Roofing
Daniel or Lupe
940-864-5009
Free Estimates.
All Types. 9-16p

TERRY SNELLING TACLBO14880E
TERRY'S AIR CO.
Your Heating and Air Conditioning Specialists
707 N. Ave. F Haskell, Texas 79521
Home: 940-864-3487
Service and Installation of all Makes and Models
16-23p

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KNOX CITY. 1106 S. 4th. 3 bedroom, 1 bath, garage. Make offer.
864-2238 • 864-3301 • 4 Ave. D
Trades Welcome! Easy financing with approved credit.

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You're in good hands.
Your house. Your car. Your business. You.
Haskell County Insurance Agency
417 S. 1st St.
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940-864-2665
CHAN GUESS
For your insurance needs—
Being in good hands is the only place to be:
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Medicare Supplements
Long Term Care
Life Insurance
Call Hess Hartfield
864-2665 30tc

COMPUTER SOLUTIONS!
Special orders, upgrades
troubleshooting & Y2K testing.
Randy Bowers
864-2964 10tc

Simmons BEAUTY REST BEDDING
"The Do Not Disturb Mattress"
BOGGS & JOHNSON
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East Side Sq. • Haskell

Dodson Concrete Construction
Commercial - Residential
David Dodson
704 N. Ave. F • Haskell
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Over 20 Years in the Business
FREE ESTIMATES 18tc

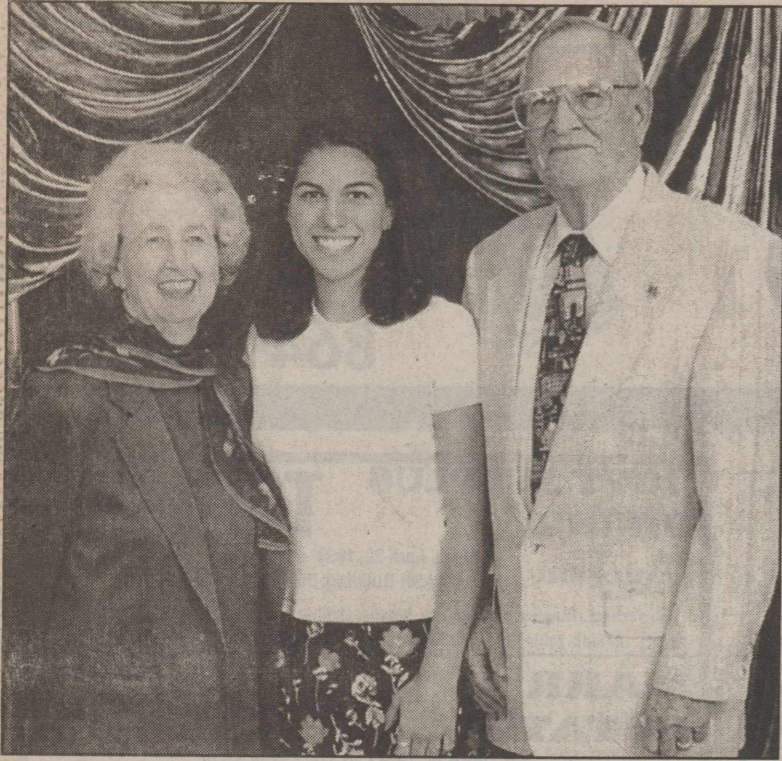
Frances Arend Real Estate & Insurance
NORTHSIDE: Two story, 4 bedroom, 3 full baths, central heat and cooling on large lot and garage.
ROCHESTER: 3 bedroom, 2 bath, carport, CH/A on 3 city lots.
Medicare Supplement
Long Term Care
The Texas Plan Life Insurance
Ages 1 yr.-75 yrs.
408 N. 1st
940-864-3880 16c

GOVT SURPLUS DINING Auction
Thurs., April 22, 1999 • 6:30 p.m. • View 5 p.m.
@KASH Building, 550 Ambler, Abilene, TX
SS Freezer. Butcher block tables, booths, grill, salad bars, DISHES. 12' vinyl & carpet. SS sink, table top vending machines. MORE. SUNDAY ARN Complete list!

MARR ESTATE Auction
Sat., April 24, 1999 • 10 a.m. • View 8 a.m.
at 704 N. Ave. H, Haskell, TX. From light in town go West to Ave. H. (By Texaco station), then North 7 blocks. Due to Mrs. Marr's death and sale of house, KASH will offer remaining contents to the public.
Maple desk w/chair, 6 drw chest, 4 drw file cabinet, TVs, 60s Coke Machine, end. coffee and card tables, metal shelves, glider, stereo, coat rack, wood step ladders, sm. appliances, "Franciscan" Dinnerware for 8 w/serving pcs. Corelle for 4 & 8, 20+ pcs. Harvest "Colony" grape milk glass, art glass. 100s owls (She was a collector), brass & glass figures, wall plates, pictures, "Frankoma" vases, toys, canning jars, chenille spreads, washbuds, clothes. LOTS MISC. not listed!
CALENDAR:
4-27 Tarleton State, City Stephenville, 9 a.m.;
5-1 Whitfield Farm/Estate, Lawn, TX, 10 a.m.;
5-15 City of San Angelo, SISD, San Angelo;
5-29 Bradford Estate, Munday, TX, 10 a.m.
J Kincaid
TXS 6987
KINCAID AUCTION SERVICE HOUSE, INC., ABILENE, TX
550 Ambler • Abilene, TX • (800) 446-5282 or (915) 676-4077

RIKE REAL ESTATE
411 1/2 S. FIRST ST.
940/864-2411 940/864-2332
MARY RIKE, BROKER
e-mail: mrike@westnet
RESIDENTIAL
♦ CORNER LOT, Three-bedroom, 1 1/2 bath, central air, storage. 806 N. Ave. E.
♦ QUIET NEIGHBORHOOD, Three-bedroom, one bath, central air. 1105 N. 7th.
♦ COTTAGE ON BRICK STREET, Neat and tidy two-bedroom. 1400 N. Ave. F.
♦ PERFECT FOR COUPLE OR SINGLE, Two-bedroom, one bath. 921 N. 6th.
♦ EXCEPTIONAL QUALITY, Three-bedroom, two bath brick, large living, basement, two-car garage, two wells on two lots. 301 Addison Drive.
♦ ROCHESTER, Neat two-bedroom. Lincoln and 9th St.
♦ RULE, Great 3-2, with carport and many extras. Like new home. 1102 8th St.
♦ WEINERT, Three-bedroom, one bath. In excellent condition. 200 West Duvall.
♦ PAINT CREEK HIGHWAY, Two-bedroom, one bath for couple or rental.
♦ ACREAGE AND HOUSE, Country living in town. Located on Highway 380 west. Large older house, barn, two wells, all on 6 acres.
♦ BRICK STREET LOCATION, Two-bedroom, two bath brick. 1300 N. Ave. F.
♦ LARGE LIVING ROOM, Three-bedroom, one bath. 902 N. Ave. L.
♦ PERFECT CONDITION, Three bedroom, two bath. Good lot 700 N. Ave. L.
♦ EXCELLENT BUY, Three bedroom, one bath, central heat. 1005 N. Ave. K.
♦ FOUR BEDROOMS, Rock home with two baths, unique design. 807 N. Ave. E.
♦ RULE, Large two-bedroom brick, barn on large lot. 1205 8th in Rule.
♦ FREE FOR MOVING, Small two-bedroom, one bath. Also, large two-bedroom.
♦ FARMLAND RANCH
♦ 492.7 ACRES, Cultivation pasture combination. 7 mi. east of Haskell.
♦ 240 ACRES, Two tracts, 5 mi. west of Haskell. Some minerals available.
♦ 130 ACRES AND 44 ACRES, Two tracts just out of CRP approximately two miles north of Rule on Hwy. 617.
♦ 50 ACRES, Approximately 3 miles south of Haskell on Highway 277 South. Co-op water available. Great for home site, horses and recreation.
♦ 10 ACRE TRACTS, 3 mi. south of Haskell. Owner will finance with 10% down.
♦ 85 ACRES northeast of town near Haskell Country Club.
♦ 130 ACRES CULTIVATION approximately 6 mi. west of Haskell. Excellent 547 lb. cotton yield.
♦ VACANT LOTS
♦ THREE LOTS in great location with some trees. 105 N. Ave. L.
♦ BUILDING SITE Good corner lot in northwest section of Haskell. \$4,200.00.
♦ COMMERCIAL
♦ BUILDING PLUS EXTRA LOT, Highway 277 South.
♦ GREAT BUSINESS LOCATION, Shop, trailer park, Hwy 380 East.
♦ GOOD HIGHWAY FRONTAGE, Highway 277 South. Approximately 1.5 ac. with building, water well (City water available).

NOTICE TO BIDDERS
Sealed proposals to the Honorable Ken Lane, Mayor, City of Haskell, Texas, for the construction of airport improvements at the Haskell Municipal, TxDOT CSJ Number 9808HSKEL. Bids will be received at the City Hall, 301 South 1st, Haskell, Texas 79521, until 10:00 a.m., May 19, 1999, then publicly opened and read. Any bid received after closing time will be returned unopened.
In general, the work consists of:
Schedule "A": Reconstruct in place the parallel taxiway, the T-Hanger access area, the terminal apron, and the tie-down area with 10" pavement section; Rehabilitate the runway and stub taxiway; Replace the rotating beacon; Installation of associated appurtenances; Stripe and mark required areas with centerline reflectors; and Install drainage improvements.
Schedule "B": Reconstruct in place the parallel taxiway, the T-Hanger access area, the terminal apron, and the tie-down area with 8" pavement section; Rehabilitate the runway and stub taxiway; and replace the rotating beacon; Installation of associated appurtenances; Stripe and mark required areas with centerline reflectors; and Install drainage improvements.
at the Haskell Municipal Airport.
Bidding documents may be examined at the following locations:
Jacob & Martin, Inc., 3465 Curry Lane, Abilene, TX 79606;
TxDOT Abilene District Office, 4250 Clack, Abilene, TX 79603;
TxDOT Aviation Division, 150 E. Riverside Dr., South Tower, 5th Floor, Austin, TX 78704;
and the Clearing House near the project area.
Bidding documents may be obtained at TxDOT, Aviation Division, 150 E. Riverside Drive, South Tower, 5th floor, Austin, Texas 78704, or mail address: 125 E. 11th Street, Austin, Texas 78701-2483, Attention Edie Stimach, 800-68-PILOT; 512-416-4518, upon deposit of Fifty dollars (\$50.00) per set. The deposit will be refunded upon return of the complete bidding documents in good condition within fourteen (14) calendar days following opening of the bids.
Questions concerning the bid document and plans should be directed to Jacob & Martin, Inc. at (915) 695-1070, Mr. Derek Turner.
Minimum wage rates have been predetermined as required by law and are set forth in the specifications.
All proposals submitted must have a Child Support Statement completed with the name and social security number of the individual or sole proprietor and each partner, shareholder or owner with an ownership interest of at least 25% of the business entity submitting the bid, and a copy of the "Franchise Tax Certificate of Account Status" from the State Comptroller.
Cashier's check, certified check, bank money order, bank draft on a state or national bank in the amount of five percent (5%) of the total bid price stated in the proposal, made payable without recourse to the Owner or a bid bond in the same amount from a reliable corporate surety authorized to do business in the State of Texas and acceptable to the Owner, must accompany each proposal as a guarantee that the bidder, if successful, will enter into a contract, and make bond in accordance with the requirements of the specifications. The Owner reserves the right to retain any check, bank money order or bank draft as liquidated damages in the event the bidder withdraws its bid after the proposals are opened and before official rejection of the bid by the Owner, or, if successful in securing the award of the contract, the successful bidder fails to enter into the contract and fails to furnish satisfactory performance and payment bonds.
The successful bidder will be required to furnish a Performance Bond and Payment Bond, each in the full amount of the contract price, executed by a surety company or surety companies authorized to execute surety bonds and in accordance with the laws of the State of Texas.
The proposed contract is subject to the Vernon Texas Civil Statutes, Article 601-b concerning the participation of Historically Underutilized Business. HUB goal is set at 8%.
The Owner reserves the right to reject any irregular proposal and the right to waive technicalities if such waiver is in the best interest of the Owner and conforms to State and local laws and ordinances pertaining to the letting of construction contracts.
The Owner, hereby notifies all bidders that it will affirmatively assure that minority enterprises are afforded full opportunity to submit bids in response to this invitation and will not be discriminated against on grounds of race, color, or national origin in consideration for an award.
A pre-bid conference concerning this project will be held at 10:00 a.m. on Monday, May 3, 1999 at the Haskell City Hall, 301 South 1st, Haskell, Texas
CITY OF HASKELL.
Mr. Ken Lane, Mayor



SENIORS—Dr. Frank and Billie Cadenhead pose with senior student, granddaughter Tiffany Cadenhead, at the Sr. Citizen Sr. Banquet held Sun. at the Memorial Civic Center.

Over 350 enjoy Sr. Citizen Sr. Banquet

Over 350 people enjoyed the Sr. Citizen Senior Banquet Sunday at the Civic Center. The attendees entered through a tunnel depicting King Tut's tomb with hieroglyphics and scenes from Ancient Egypt. They were seated at tables decorated with an Egyptian theme set amid pyramids and palm trees. A pharaoh's pavilion, a mask of King Tut, sphinxes and a water fountain completed the setting.

Guests were served lunch by

members of the junior class who, along with their parents and sponsors, had decorated the room for the Junior-Senior banquet which was held the night before.

Sunday's banquet was prepared and sponsored by County Commissioners Billy Wayne Hester, Tiffen Mayfield, Kenny Thompson and Bud Turnbow; County Judge David Davis and Haskell School Superintendent Billie McKeever.

Haskell to register Kindergarten Friday

Haskell Elementary School will have Kindergarten registration and screening on Fri., April 23 in the elementary cafeteria.

To attend Kindergarten, a child must be 5 years old on or before Sept. 1, 1999.

Students whose last names begin with letters A through F will register at 9:00 a.m. Those with last names beginning with letters G through L will register at 10:00 a.m. Those with last names beginning with letters M through R will register at 1:00 p.m. and those with last names beginning with letters S through Z will register at 2:00 p.m. Please bring your child to the elementary

cafeteria. Students who are currently enrolled in prekindergarten are still required to come to registration.

Each child needs to bring its birth certificate, immunization record and social security card to registration. Each child will have to have received immunizations for at least 3 polio and 3 diphtheria, tetanus and pertussis (DPT), the last booster being received on or after the 4th birthday. Also needed, are 2 immunizations for measles, mumps and rubella (MMR) and 3 doses of hepatitis B vaccine. A new recommendation is for varicella vaccine or documentation of chickenpox.

Jackpot roping results

Results of Haskell Jackpot Roping held Sun., April 15 include:

Open Roping: Round 1: 1. Carl Hopkins 2. Tim Layman

Round 2: 1. Raymond Hollabaugh 2. Hegan Lamb

Round 3: 1. Raymond Hollabaugh 2. Cliff Kirkpatrick

Average winners were: 1. Cliff Kirkpatrick 2. Ross Montgomery

B-Roping: Round 1: 1. Eddie McIlwain 2. Scott Williamson 3.

Eric Kieschnick 4. Billy Lamb
Round 2: 1. Chad Brendle 2. Rex Bland 3. Jay Hurt 4. Eric Kieschnick

Round 3: 1. Eddie McIlwain 2. Rex Bland 3. Don Elmore 4. Hegan Lamb

Average winners were: 1. Rex Bland 2. Eddie McIlwain 3. Blake Williamson 4. Billy McIlwain

Next roping will be Sun., April 25.



NOTICE

M-System Customers

If you do not receive the M-System Grocery circular in your Haskell Free Press, you may pick one up at M-System Grocery Store or at the Haskell Free Press.

We are sorry for any inconvenience this may have caused you.



YOU'LL LOVE THE SAVINGS IN EVERY DEPT.
YOU CAN DEPEND ON THE VERY BEST...



MEATY BUTT CUT

PORK

ROAST

99¢

LB.



FAMILIES LOVE!

FOOD SPECIALS

STOREWIDE SAVINGS!

10 LB. BAG
FRYER LEG
QUARTERS
LB. **29¢**



Gandy's Fieldcrest Asst. Varieties

MILK

GAL. JUG **\$1 99**

SUPER SPECIALS!
FRESH HOMEMADE
BAR-B-QUE
LB. **\$1 99**

CASH SAVINGS IN EVERY DEPARTMENT!

BONUS BUY



KRAFT
BAR-B-QUE
SAUCE
18 OZ. btl. **99¢**

BONUS BUY



DEL MONTE
ASSORTED
VEGETABLES
16 OZ. can **59¢**

BANQUET ASST.
DINNERS

6.7 OZ. TO 11 OZ. **99¢** EA.



HASKELL
UNLIMITED DOUBLE COUPONS!
UP TO 50¢ EVERYDAY!

See Store For Details. Double Coupon Offer Does Not Include Coupons on Cigarettes or Tobacco Products.

TAX PLANNING

Written By
Gerald Rodgers, CPA



LOOK WHAT'S HAPPENED TO THE STANDARD MILEAGE RATE

If you drive your car for business, or you have employees who do, you're probably familiar with the "standard mileage rate." According to this provision, drivers may deduct a fixed amount for every business mile, and owners may reimburse employees for car use at the same rate. Employees aren't required to keep piles of receipts, and employers don't have to deal with potential payroll taxes and other accounting headaches. It's no wonder that the standard mileage rate has been so popular.

Another nice thing about the standard mileage rate is that it always seemed to increase each year. For example, the rate grew from 31 cents per mile in 1996, to 31.5 cents in 1997, and to 32.5 cents in 1998. You can imagine the surprise that many people felt when the IRS announced the rate for 1999: 31 cents per mile. In other words, this year's rate was scheduled to decrease.

Many employers complained to the IRS about short notice, so the effective date for the lower rate (31 cents) was delayed until April 1, 1999. From January 1, 1999, through March 31, 1999, the 1998 rate (32.5 cents) continued in effect. After April 1, employers who pay more than 31 cents per mile must treat the excess as compensation, and employees who receive more than 31 cents must report the excess as income.

What about the future? Nobody knows when the standard mileage rate will increase again. In fact, it could drop even further. If you've been using the standard rate, you might want to consider claiming your actual car expenses. The actual expense method requires more recordkeeping, but the tax savings could be substantial. If you would like details on the pros and cons of both methods and a review of what would work best in your situation, give us a call.

RODGERS & COMPANY

Certified Public Accountant
20 Southwest Third Street
Hamlin, Texas • 915-576-2356

SUPER SAVINGS EVERYDAY!

The Senior Quarterly

A Quarterly Production of The Haskell Free Press

VOL. 5—NO. 1, ©APRIL, 1999

8 PAGES

Dr. Wayne Cadenhead is third generation M.D.

By Mary Kaigler
He is a man of healing, hunting, faith, and family.

Although not necessarily in that order of importance, Haskell native, Dr. Wayne Cadenhead, is nevertheless wholeheartedly dedicated to each of these aspects of his busy life.

Born in Haskell in 1949 to Dr. Frank and Billie Cadenhead, he was active in his church and the Boys Scouts as he came through the Haskell School system. In 1964 he and fellow Scouts, Rick Perry, Bob Earles and Riley Couch all received their Eagle Scout badge at the same ceremony.

After graduating from high school, Wayne attended Baylor University four years. Following his father's and grandfather's career choice, he then attended the University of Texas Medical School in San Antonio four years, majoring in Family Practice. From there he spent three years of residency in the Department of Family Practice at Texas Tech University.

Coming back to Haskell in 1978 he began working at the Haskell Clinic with Dr. Frank Cadenhead, Jr., Dr. Joe Thigpen, and Dr. Robert Colbert. After a year or two, Dr. Colbert left the group, and in the late 1980s Dr. Thigpen left.

In recent years the Cadenheads added Nurse Practitioner Joe Yates, of Weinert, and established the Cadenhead Rural Health Clinic.

While Wayne Cadenhead was going to medical school in San Antonio, he met his future wife, Yuvi, on a blind date. She was living in Sharyland, in the valley, and was going to school in Edinburg at the Valley Baptist Hospital, training to become a Certified Medical Technologist. She and several of her friends came to San Antonio to take the certification exam. Wayne had met her in passing, and remembered that all of the girls in the group were pretty. When his friend asked if he'd like to have a blind date with one of them he said, "sure."

That blind date was on Feb. 12, 1972, and the couple was married on the first day of June, 1972. Coincidentally, his grandparents, Dr. and Mrs. J. F. Cadenhead, Sr., and his parents, Dr. and Mrs. Frank Cadenhead, Jr., also met on blind dates in San Antonio, making it a third generation tradition for the family.

Living in San Antonio while Wayne went to school, Yuvi worked, and they "squeaked by" on what she made. Since his graduation in San Antonio, after which Wayne went to Lubbock and got paid for his residency work, Yuvi has stayed at home with their children; having the time to become involved in all of their activities.

The couple has four children; son Jeremy, an employee of Haskell CISD, daughters Christy and Wendy, students at Hardin-Simmons University, and Tiffany, a senior at Haskell High School.

Stepping into the Cadenhead home it isn't hard to believe him when he says that hunting is his number one hobby. Walls of mounted trophies attest to it.

"I guess I've ruined all of my family, except one daughter and my wife, with a love for hunting," he said, explaining that daughter Wendy goes hunting or fishing with them "only when she has to."

Yuvi had never owned a gun before she married Wayne, (her father would not allow one in the house). However, this year she bagged a beautiful specimen buck. The head, with its rack of symmetrical antlers is mounted and displayed in the living room, along with a huge tarpon she pulled in during a fishing trip to Acapulco.

The Cadenheads hunt deer and turkey in Haskell County and New Mexico, elk in Colorado, and alligators in South Texas, through the Texas Parks and Wildlife Control hunt.

They have hunted 'gators for three years with Highway Patrolman Doug Farber. Several huge mounted skins

from these hunts are displayed in their home, including the biggest, a 150 pounder son Jeremy caught, which stretches across the wall above the headboard of the bed in his room. After Dr. Wayne's explanation of the process involved in hunting alligators, his low-key comment that, "it's kind of exciting," seemed greatly understated.

Every year Dr. Wayne and his family make a mission trip to Old Mexico, around the area of Acuna. They first began going to Candaladia, between Del Rio and El Paso, on medical missions, making four such trips with a group from First Baptist Church of Plano.

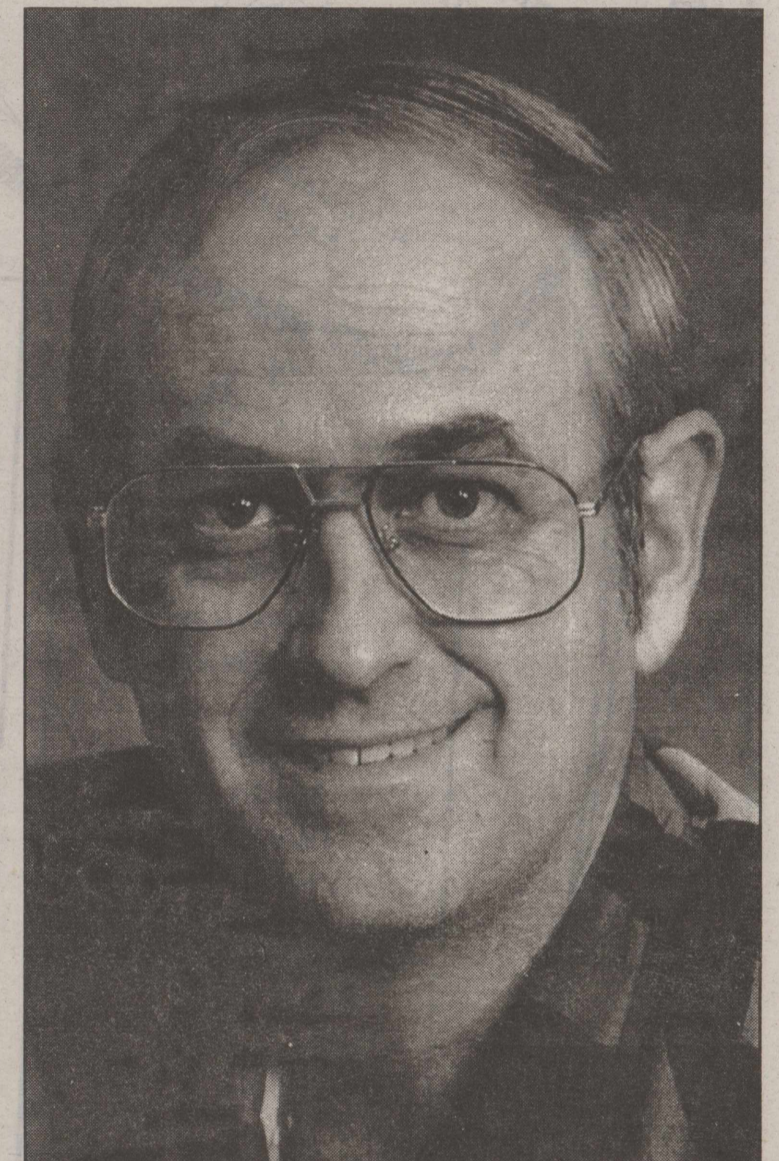
After deciding that the trips were not affording enough time to teach about the message of the Lord, because of spreading the time between giving medical attention and construction work, Dr. Wayne has since used the time only on evangelistic mission.

When his children got old enough that their spring vacations didn't coincide, he decided they needed to make some changes so that all could go as a family.

"Rocky Gonzales, Jr., was in town, and was intently studying the Bible," Dr. Cadenhead said. The two of them got together and worked up the mission trip to Acuna that they have been going on for the last 14 years, carrying an evangelistic message through Bible school and revival services. First Baptist Church of Haskell sponsors them through the River Ministry, out of Uvalde. The entire family plans to go again this coming June.

Dr. Cadenhead said he has always told his children that it's as important for them to know that he loves doing something for the Lord as much as he loves to hunt and fish. "And they've seen how I like hunting and fishing," he laughed. "But, that's not all there is to me. I've always tried to find something meaningful the whole family can be involved in together."

In addition to a full-time



DR. WAYNE CADENHEAD

medical practice, hunting and fishing, and doing mission work, Dr. Wayne teaches a Sunday School class for high school boys, and sings in the choir at First Baptist Church.

Becoming a mentor to two young boys in Benjamin, age 10 and 12, who were left when their father died, has been rewarding for him. He himself started hunting with a gun at the age of ten, and these sons of his late friend are now getting the same opportunity that he and his children have had, to learn and enjoy the sport.

Of his life, Dr. Wayne Cadenhead says he has no thoughts of making any changes. "I've no complaints," he said. "The Lord takes care of us."

Explaining, he said that in 1986, they had a "run-in" with the federal government concerning his medical practice, that made it look like things were going to happen that would make it impossible for him to make a living in Haskell, and would mean he would have to do something else.

"Time was running out for us," he said.

"One night when Yuvi and I prayed, I asked the Lord if this is where He wanted us to be; in Haskell or somewhere else. Within three days the situation resolved. It was fixed."

With humble confidence, this man of faith and healing and love for the outdoors said, "I took that to mean we are supposed to be here."

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Heart disease: It kills women, too

To think of heart disease as a man's disease is a dangerous misconception.

Actually, it kills more women than men. Coronary heart disease is the single largest killer of American women, claiming more lives than any form of cancer. All heart and blood vessel diseases combined kill more than 485,000 women each year.

The physicians of Texas Medical Association urge you to learn the facts about women and heart disease, and if you're a woman, take the necessary steps to save your life.

Because of this belief that "women don't get heart disease," many women overlook possible warning signs, said Dr. Paul Desai, an Austin cardiovascular diseases specialist.

"Many women I've seen wait until fairly late to see a doctor," Dr. Desai said. "They have the impression that breast cancer is the No. 1 killer of women, and so they may not pay attention to heart disease symptoms."

Women also have some different heart disease symptoms than men, particularly symptoms of heart attack. Women are more likely than men to feel shortness of breath, arm, jaw or neck pain; abdominal discomfort; nausea; fatigue; swelling in the legs or a fluttering heartbeat when having a heart attack. It's important to keep in mind, however, that these symptoms can be caused by other conditions, and, therefore, should be evaluated by a

physician.

Women and men have many of the same risk factors for heart disease, but some of these risk factors have greater impacts on women. "Diabetic women are twice as likely to have a heart attack as diabetic men," Dr. Desai said. The risk of stroke also is much higher for diabetic women.

High blood pressure, or hypertension, is another major risk factor for both women and men. More than 60 percent of women over 65 have high blood pressure, putting them at greater risk for heart disease. After age 75, women are much more likely to develop high blood pressure than men.

High blood cholesterol is a risk factor for both sexes, but here's a difference: Research suggests that a woman also might be at risk for heart attack if she has high triglyceride, or fat, levels in her blood. This risk also appears to be greater in women than in men.

Other risk factors include:
*Age/menopause: The chances of developing heart disease increase as women age, beginning with onset of menopause. The high estrogen levels in a woman's body before menopause serve as protection against cardiovascular disease. After menopause, the estrogen levels are lower, increasing the risk of heart disease.

*Smoking: Women who smoke are two to four times more likely to develop coronary heart disease than women who don't smoke. And

smoking is the leading preventable cause of death for American men and women.

*Obesity: Even if a person has no other risk factors, being obese is enough to put someone at risk for heart disease. Obesity also contributes to the development of high blood pressure and diabetes and is linked with high cholesterol and high triglyceride levels.

*Physical inactivity: Heart disease is almost twice as likely to develop in sedentary people than in active people.

*Family history of heart disease: This becomes a more serious risk factor if combined with other risks.

*Race: African-American women between the ages of 35 and 84 are 1.4 times more likely to die of a heart attack than white women of the same age.

These facts are sobering, but there is hope. One of the best ways for you, as a woman, to reduce your risk for heart disease is to eliminate the risk factors over which you have control. Stop smoking. If you are overweight, seek help from a physician to help you lose weight. Exercise regularly. Adopt a low-fat, low-cholesterol diet. These lifestyle changes can reduce dramatically your risk for heart disease, and the sooner you adopt these healthier habits, the more protection your body will have as you age.

Also, if you are a postmenopausal woman, consider hormone replacement therapy. This therapy has been

shown to reduce the risk of heart disease by 20 to 50 percent in studies of postmenopausal women.

However, there are risks involved in taking hormone replacement therapy, including a possible increase in the risk for breast cancer, so discuss the advantages and disadvantages of

this treatment with your doctor.

By being aware of the risks and eliminating the preventable ones, women can protect themselves against the disease that isn't just a man's disease. And they can keep themselves from becoming another statistic.

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Many grandparents are trading in their rocking chairs for walking shoes, and it is paying off by improving their health.

"As people age they can maintain a better quality of life if they are active," said Dr. Elizabeth Protas, a physical therapy associate with Baylor College of Medicine's Huffington Center on Aging in Houston. "Exercise has also been shown to help reduce the risk for developing disease, including heart disease and osteoporosis, as we age."

Exercise maintains muscle

strength and bone density, which helps prevent falls, the number-one cause of injury-related death for people 65 and older.

While many people over 60 are competing in road races, bowling tournaments and tennis matches, it is not necessary to work out that vigorously to benefit.

"Throw out the word 'exercise' and concentrate on activity," said Protas. "Many people are intimidated by exercise. Concentrating on being active is the key."

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Alzheimer's caregivers need lots of support

For persons caring for a loved one with Alzheimer's disease, the phrase to remember is "pace yourself."

"People need to realize that Alzheimer's disease affects the entire family," said Dr. Naomi Nelson, a psychologist at Baylor College of Medicine's Alzheimer's Disease Research Center in Houston. "No one person can do it all."

Alzheimer's disease, a progressive loss of memory and other thinking abilities, is a degenerative disease of the brain's nerve cells.

The number of people touched by the disease is staggering.

Four million Americans have been diagnosed with Alzheimer's

and another 19 million Americans provide some level of care for a loved one with the disease.

Caring for someone with Alzheimer's can take its toll on a family, so good communication between family members is critical.

"Families may need to seek professional help to sort out communication difficulties. Long-standing problems can become more troublesome as the family copes with the disease," she said.

Primary caregivers should make lists of things that need to be done, ask for help and delegate tasks to others.

"Many people don't ask for help and then have feelings of

resentment and frustration toward others," Nelson said. "Don't expect others to know what kind of help you need. You need to be specific."

Retaining a sense of self is also important. Caregivers often get so involved in caring for the person with Alzheimer's that they neglect their own physical, mental and spiritual wellbeing.

Nelson encourages family members and other caregivers to:

- Avoid social isolation by fostering friendships.
- Maintain a sense of humor.
- Find a confidant outside the family to share concerns.
- Participate in community support groups, counseling and educational programs.
- Make use of adult day care or

temporary nursing-home care when a break from caregiving is needed.

"Seek nurturing activities that promote happiness and relaxation.

Friends and family can be a big help by making sure the

primary caregiver gets adequate time away from caregiving responsibilities.

"Many grown children say how rewarding it is to help both parents by caring for one while the other takes a much-needed break," Nelson said.

Many seniors are full-time parents

Many seniors are taking a second turn at parenting.

More than 3 million American children currently live with grandparents or other relatives. In nearly one-third of these households, grandparents are the primary caregivers.

"Divorce, single-parent families and financial hardships are just a few of the reasons why we see more grandparents stepping back into the roles of mother and father," said Nancy Wilson, an assistant professor at the Huffington Center on Aging at Baylor College of Medicine in Houston. "This can be overwhelming for many older people and cause them to neglect their own personal and health needs."

Grandparents should recognize that maintaining their own health is critical. This means following through on doctor appointments, remembering to take prescription medications,

getting plenty of rest, eating a healthy diet and reaching out for help when necessary.

"Talking with others who are in similar surrogate-parenting roles can be very helpful," said Wilson. "It's a way to exchange ideas, vent frustrations, share information and develop friendships."

Seeking support is also a way to learn information valuable to the entire family.

Resources include the child's pediatrician, teachers and school counselors. Grandparents can also take advantage of parenting courses offered by hospitals, seniors' groups and charitable organizations.

"Caring full-time for grandchildren can be challenging, but it can also help grandparents develop unique bonds with their grandchildren and strengthen relationships that can have a lasting impact on the children," said Wilson.

Age increases risks of eyesight ailments

With increasing age comes an increased risk of ailments focused on our eyesight.

Cataracts and glaucoma are the most common eye-related diseases in people over the age of 50. While these diseases have the potential to reduce vision clarity, advances in treatment are helping people live with the impairments and maintain their quality of life.

According to ophthalmologists with the Cullen Eye Institute at Baylor College of Medicine in Houston, changes in prescription lenses will often allow people with cataracts to see well enough to continue their usual activities. Surgery to remove cataracts, a clouding of the lens, is another option for patients. It has a success rate of nearly 100 percent, as long as no other eye disease is present.

Glaucoma is referred to as the "silent thief" because it is a disease that strikes without

warning and presents few initial symptoms. It causes increased pressure in the eye, which damages the optic nerve. Patients experience the loss of peripheral or side vision first. If left untreated, glaucoma can also impact central vision and cause blindness.

Once vision is lost, there is no treatment to reverse the damage. However, if detected early, there are several treatment options to prevent further loss of vision. Eye drops, medications and laser surgery are all used to lower the pressure in the eyes and help patients live more comfortably with glaucoma.

Regular eye exams are vital to help you see clearly later in life. Ophthalmologists recommend that people over the age of 50 have a complete medical eye exam every two to three years. Diabetics and people with a family history of glaucoma or other eye disease should be examined once a year.

Ombudsmen improve lives of nursing home residents

Hundreds of Volunteer Ombudsmen help improve the lives of residents in nursing facilities or personal care homes. Ombudsmen dedicate energy and

time to ensure the rights of those individuals who are among them most vulnerable.

Across Texas, more than 700 certified volunteers regularly visit the state's 95,000 nursing

facility residents. Ombudsmen listen to their concerns, resolve complaints, or provide information and assistance. The West Central Texas Area Agency on Aging Ombudsman Program provides training to individuals who then advocate for residents' quality of life and quality care and who investigate and resolve any complaints. After completing the state-approved training course, the Texas Department on Aging certifies

them as Ombudsmen. Ombudsmen focus on residents' rights to be treated with dignity, respect and courtesy, to make choices about care, to receive all necessary care and more. Brenda Elkins, the Regional Ombudsman, at West Central Texas Area Agency on Aging emphasizes that trusting relationships between volunteers and residents develops when Ombudsmen are in nursing facilities regularly. Residents

know someone will speak up for them. Ombudsmen support families and staff that strive for good care. Residents in more than 1,160 Texas nursing facilities benefit from the Ombudsman Program. The Ombudsman for Haskell County is Darold Roberson.

For more information on this Ombudsman service or on volunteer opportunities, call Brenda Elkins at 1-800-928-2262 or (915) 672-8544.

A safe home can help seniors maintain independence

by Robert J. Luchi, M.D.

Eliminating hazards from the home can allow older people to stay in their house or apartment and maintain a sense of independence.

Falls are a primary concern for the elderly, especially those who live alone or spend several hours a day away from family or caregivers. According to the National Center for Injury Prevention and Control, one out of four people over the age of 65 who breaks a hip by falling dies within six months. Another 25 percent of those fall victims requires lifelong care.

Experts at the Huffington Center on Aging at Baylor College of Medicine in Houston say loss of balance, lack of strength and effects of medications can all contribute to increasing a person's risk of falling. However, most falls occur because of unsafe conditions in the home.

To reduce the risk of falls at home, experts recommend the following:

- Use plenty of light to make it easier to get around the house or apartment.

- Secure all carpet edges and use nonskid backings on all small throw rugs.

- Use a rubber mat or nonslip decals in the bathtub and shower.

- Consider replacing single-level steps with gradually rising ramps.

- Install handrails on stairs and in the bathroom.

- Keep electrical cords, phone cords and other clutter out of walkways.

A home-safety assessment should also focus on the placement of frequently used items and products. To help reduce awkward movements, put items that are used on a daily basis at eye level or on a countertop. Bending over to retrieve pots or pans or straining to reach up for objects can make some people dizzy and increase the likelihood of a fall.

Improper footwear can also cause problems. Shoes should fit snugly and have soles and heels that provide good traction.

Making surroundings safe and user-friendly can provide older people with the independence they need to maintain high self-esteem and well-being.

It's never too late to get heart healthy

The risk for heart failure increases dramatically after age 75, but that does not mean it is too late to prevent heart disease.

According to experts at Baylor College of Medicine's Huffington Center on Aging in Houston, even if you are older than 75, exercising and eating right can have a major impact on decreasing your heart-disease risk. But the earlier in life you start, the better.

Coronary-artery diseases, such as atherosclerosis (artery blockage), often take up to 40 years or more to progress to a heart attack. As with high blood pressure, heart disease is not necessarily a natural part of aging.

Keeping blood pressure in check is one of the most important steps in reducing heart-disease risk. It also offers protection against strokes. The key is making healthful lifestyle choices, such as eating low-salt, low-fat and low-cholesterol foods, exercising and not

smoking.

Recent studies have shown that sedentary older adults who gradually add physical activity to their lifestyle can significantly improve cardiovascular performance. Walking, water-based exercise programs and dancing are excellent ways to raise your activity level and improve blood circulation and overall health.

Before beginning any exercise program, however, all adults over 40 should see a doctor and inquire about a stress test. It is also important to know the warning signs of a heart attack.

- Chest discomfort spreading to the neck, shoulders and arms
- Sweating, nausea and shortness of breath
- Dizziness or fainting.

By educating yourself about heart disease and consulting a doctor about the proper exercise and activity choices, you can have more control over the risk factors that contribute to heart disease as you age.

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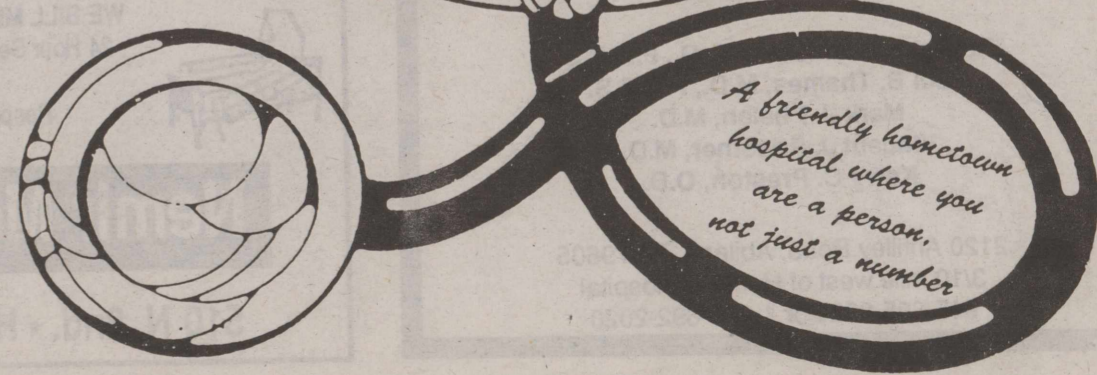
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Strength training can give elderly a lift

by Robert J. Luchi, M.D.

In the battle between muscle and flab, muscle doesn't have much of a chance.

Loss of muscle tone is a natural part of aging. This loss begins as early as age 25 and continues throughout life. Since a sedentary way of life places few physical demands on most people, the impact of this deterioration often isn't felt until a 75-year-old starts having

trouble rising from the couch. An estimated one-third of men and two-thirds of women over the age of 75 cannot lift an object heavier than 10 pounds. However, studies indicate that even frail elderly people can begin a simple strength-training program.

Experts at the Baylor Sports Medicine Institute at Baylor College of Medicine in Houston say the impact of weight lifting for older people can mean the

difference between enjoying life's later years and languishing through them. Benefits include:

- Reversal of the loss of muscle tone
- Prevention against osteoporosis, weakening of the bones
- Increased energy
- Increased strength

Walking is often the exercise of choice for older people, since it is easy on the joints and involves little impact. While

walking is an excellent activity to improve overall health, weight lifting is better for retaining strength and muscle function. The combination of the two activities, done two to three times a week, can significantly increase fitness and protect older people against falls, the leading injury-related cause of death among people over the age of 65.

Evidence also suggests that a regular exercise program can

help stave off depression, a constant threat among the elderly.

Before beginning any type of exercise program, though, check with your doctor. He or she can determine the appropriate level of activity to use as a starting point. After that, a weight-lifting program can be as simple as picking up some hand weights or dumbbells to fight the flab.

Experimental drug appears to help ALS patients

Myotrophin, an experimental drug for Lou Gehrig's disease, appears to slow the disease's symptom progression.

Results of a nine-month study involving 266 patients at eight North American medical centers were reported in the December issue of the journal *Neurology*.

"Patients taking a high dose of the medication progressed 26 percent slower than patients on the placebo or inactive drug," said Dr. Eugene Lai, a Neurologist at Baylor College of

Medicine in Houston and lead author of the journal article. "They also experienced a slower decline in quality of life."

Lou Gehrig's disease, also called amyotrophic lateral sclerosis or ALS, involves the progressive breakdown of motor neurons, the nerve cells that control muscular activity. It causes severe muscle weakness, difficulty in speaking, swallowing and breathing, and ultimately death.

"To ALS patients, slowing progression can mean maintaining arm and leg strength

longer, delaying the onset of speech problems and prolonging mobility and independence," said Dr. Stanley Appel, director of the MDA/ALS Clinic at Baylor and The Methodist Hospital and Baylor Chairman of neurology.

The study drug, Myotrophin or recombinant human insulin-like growth factor-I (rhIGF-I), is a man-made form of the natural protein insulin-like growth factor-I. This protein is important for normal human growth and development.

"The growth factor may act in a variety of ways on the motor neuron, nerve and skeletal muscle. It has the ability to induce nerve sprouting and growth and to promote nerve cell survival," Appel said. "These actions are important to ALS patients."

The medication was given twice daily as a shallow injection under the skin, and participants received either a low dose, a high dose or a placebo.

Patients were evaluated monthly using the Appel ALS rating scale to assess speech and swallowing, respiratory function, arm and leg muscle strength, and arm and leg function. The Sickness Impact

Profile measured participants' perceptions of their quality of life, including psychological well-being, daily living and disability.

"The drug proved to be well tolerated and simple for patients to administer," Lai said.

Treatment-related side effects were relatively mild and included

injection-site inflammation, hair change, knee pain and facial swelling. Less than five percent of the patients left the study due to the side effects.

Myotrophin currently is under review and pending marketing approval by the Food and Drug Administration.

Ancient Chinese technique benefits many older people

T'ai chi or taijiquan, with origins in the martial arts, is being used today to fight a different enemy—aging.

Today, t'ai chi involves a series of slow and deliberate movements using the arms, legs and body in fluid, graceful motions. It focuses on shifting weight from one leg to the other, bending the legs and moving arms and hands in various positions.

According to experts at Baylor College of Medicine in

Houston, people who practice t'ai chi have reported feeling physically more in control of their bodies, as well as feeling calm, relaxed and centered.

T'ai chi has long been thought to benefit older people because of its emphasis on balance and the fact that it is low-impact. Now, research funded by the National Institute on Aging is supporting those beliefs.

One study found that older, people participating in a 15-week t'ai chi program reduced their risk of falling by nearly 50 percent. Other research indicated that participants were able to maintain their increases in strength and balance over a six-month period.

While t'ai chi is clearly an effective activity for older people, it is not without some minor risks. As with most exercises, proper technique is crucial to getting the best results from t'ai chi. And because of the shifting of body weight involved in some of the movements, improper positioning of the feet can put too much stress on the knee joints and cause injuries.

Getting instruction from an expert schooled in t'ai chi is the best way to learn the movements correctly. Once the basic motions are mastered, it takes patience and practice to get the maximum results from t'ai chi.

Depression is not a normal part of aging

Depression is not a natural part of growing old but rather a medical condition that should be treated aggressively.

"Depression in the elderly, or in anyone, should not be thought of as normal," said Dr. Victor Molinari, a Baylor

College of Medicine psychologist and director of geropsychology at the Houston Veterans Affairs Medical Center (VAMA). "Some groups are at higher risk, but the average older person is not depressed any more

than a young person." In general, only about three percent of the elderly living independently in the community will experience depression. That figure increases to around 20 to 30 percent of persons in nursing homes or with chronic illnesses

like emphysema, heart disease or diabetes.

"Two personality types are also at higher risk—obsessive/compulsive persons bothered by their lack of control over changes related to aging and dependent persons who lose the loved ones they rely on," Molinari said.

"Depression is often not diagnosed because of stereotypes that family, caregivers or even physicians have that the elderly are depressed in general," said Dr. Mark Kunik, a Baylor psychiatrist and director of geropsychiatry at the Houston VAMC.

The elderly often mask their depression by packaging the problem in a physical complaint, so diagnosis can take longer.

Typical signs of depression include:

- Sleep problems - too little, too much or early rising.
- Decreased pleasure in previously enjoyed activities.
- Decreased energy or concentration.

•Appetite increase or decrease.

•Feelings of hopelessness or helplessness.

"Thoughts of death or suicide. "In diagnosing depression, we look for persons experiencing several symptoms for weeks at a time," Kunik said. "Medication, psychotherapy or a combination of both can be effective. The newer anti-depressant medications have favorable benefits and fewer side effects such as dry mouth, constipation, light-headedness and heart problems."

Both experts encourage older persons to practice depression prevention by staying active and being connected to other people through family, community activities, senior groups or church.

"If you notice signs of depression in yourself, a friend or family member, don't wait until it becomes severe," Molinari said. "Talk to the person with depression and their physician and seek treatment from a mental health professional."

Emergency response systems now available from West Central Texas Council of Governments

West Central Texas Council of Governments, an association of local governments, operates the Emergency Response System Program throughout its 19 county service area. "This community-based program enables older and disabled individuals to live independently yet also to have the security of knowing that if medical attention is needed, help is not far away," said Laquetta Mills, Coordinator of the program.

The Emergency Response Systems allows individuals to call for help 24 hours a day by simply pressing a button that is worn around the neck or wrist. The button activates the Emergency Response System, which automatically dials the Response Center, located at Hendrick Health System in Abilene. When a signal is received at Hendricks trained personnel will begin by calling the client's home to see what help is needed. If necessary, the Response Center then will contact a Responder who has been designated by the client, or contact the local law enforcement, fire or ambulance to assist the individual.

"This service is designed to

ensure that older or disabled individuals who may need help can get it as quickly as possible. In far too many cases, individuals who have fallen or become too ill to care for themselves have suffered physical pain while waiting for someone to discover them," said Mills. A study, published in the *New England Journal of Medicine* in June 1996, by Drs. Gurley, Lum, Snade, Lo and Katz stated "...The total mortality rate was 67 percent for patients who were estimated to have been helpless for more than 72 hours, as compared to with 12 percent for those who had been helpless for less than one hour."

Mills stated, "There is a nominal cost per month for the Emergency Response System due to the costs involved in maintaining hardware and the affiliation with Lifeline, our major supplier; however, anyone with a financial need should contact me to discuss special arrangements. I want to make sure anyone who needs this service, receives it."

Family members desiring security for older loved ones are encouraged to seek help through

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