



## Rep. Arrington holds Town Hall Meeting

Congressman Jodey Arrington (TX-19) conducted a Town Hall Meeting last Tuesday morning at the Senior Citizen's center. The event was attended by 55-60 people and included a time for attendees to ask questions.

In his opening remarks, Rep. Arrington thanked Mayor Ricky White for his hospitality at the recent Cheeseburger Festival. The congressman said he was still trying to digest all the cheeseburgers he ate during the visit.

Rep. Arrington told the group that freedom is the key ingredient to the success of the country.

He said that due to lower taxes and less regulations there are now one million more jobs available than there are workers to fill them. He also stressed

that the United States is a great nation in part because of the 1% of the population who choose to serve in the armed forces and protect our freedoms.

Questions from audience involved issues such as trade, immigration, and the recent mass shootings. Rep. Arrington said that both political parties need to do a better job in defending what they believe without disparaging the beliefs of their political opponents. He wished that Washington D.C. was more like West Texas and that we need more debate and less hate.

The congressman also stated that he has worked on legislation with Democrats in the past and will listen to any idea that might improve our country. He said that if you don't solve problems, you are not a leader.



Congressman Jodey Arrington visits with Scott Pohlman, General Manager of the Friona Cargill Plant.

## CHS completes new retail fertilizer location in Friona

The CHS ag retailer based out of Plainview, Texas, recently completed building a new retail warehouse and office next to the CHS fertilizer hub plant and grain facility in Friona, Texas. This 100' x 100' warehouse with loading dock will store chemicals and crop protection product, as well as in-season seed. Its proximity to the CHS wholesale facility brings efficiencies in sharing of assets and people as well as the additional assurance of seamless supply for area customers. The new building is fully OSHA compliant, including diked-in containment.

"Our Bovina location, built in the 1960s, had outlived its expected years," explained Mark Morris, CHS General Manager. "Simple repairs were not an option. The existing CHS plant in Friona was only 15 miles away and had ample land for us to build. Our two operations are a perfect complement to serving the agronomy and grain needs of our patrons in the area."

All former Bovina employees are working out of the new Friona facility as the co-op slowly works down inventory at the Bovina location. A fall open house is planned for customers to tour the new Friona space.

### About CHS:

CHS is a leading agribusiness owned by farmers, ranchers and cooperatives across the United States. Diversified in energy, grains and foods, CHS is committed to helping its customers, farmer-owners and other stakeholders grow their businesses through its domestic and global operations. CHS supplies energy, crop nutrients, grain marketing services, animal feed, food and food ingredients, along with business solutions including financial and risk management services. The company operates petroleum refineries/pipelines and manufactures, markets and distributes Cenex® brand refined fuels, lubricants, propane and renewable energy products.



New CHS warehouse & office just east of current CHS plant, southwest of Friona.



(l-r) Michael Wales, Antonio Mata, Erika Williams, Adaline White, Logan Paetzold, unknown student

## Deaf Smith EC Youth Tour

Five area students represented Deaf Smith Electric Cooperative as part of the 2019 Government-in-Action Youth Tour. They were part of a group of 157 Texas teens who traveled to Austin and toured the Bullock Texas State History Museum, the Texas Capitol, and other local historic sites.

They then flew to Washington D.C. and joined 1,800 other high school participants from across the country. The students met their congressional representatives and watched the legislative process in action. The students also visited famous monuments, memorials, and attractions in the city. There was also a National Youth Day rally sponsored by the National Rural Electric Cooperative Association. Visit [texasyouthtour.com](http://texasyouthtour.com) for more information on Youth Tour.

## Invenergy announces first-of-its-kind 'four-star' sponsorship of the National FFA

The three-year commitment will help FFA chapters nationwide

Invenergy, a leading Midwest-based developer and operator of sustainable energy solutions, recently announced a historic sponsorship of the National FFA Organization. Invenergy is the first sustainable energy company to establish a nationwide investment of this scale with the organization.

The FFA prepares its members for leadership in careers in the science, business and technology of agriculture. Invenergy's investment will support three of the organization's central programs: The Blue Jacket Program, a staple source of member pride, to which Invenergy will donate 125 signature jackets annually; Career and Leadership Development Events; and building out the FFA national alumni network.

More than half of Invenergy's U.S.-based renewable energy projects are located in the same zip code as an active FFA chapter. The company invests



more than \$160 million in the communities that host its projects every year, and this sponsorship furthers Invenergy's commitment to rural families and communities across the country.

"FFA is important to the communities where Invenergy projects operate and where our employees live," said Mick Baird, SVP of Renewable Development at Invenergy. "We are proud to support the mission of FFA and to help support the education and leadership opportunities they provide."

Almost 700,000 middle and high school students belong to one of the 8,630 FFA chapters across the country, Puerto Rico, and U.S. Virgin Islands where students are setup for success through agricultural and STEM education programming.

"We are excited to work with Invenergy as they support our members and programs," said Molly Ball, president and chief marketing officer for the National FFA Foundation. "Their investment in our members will help us continue to provide resources and opportunities to the next generation of leaders."

## Invenergy

### About Invenergy

It is an innovator in building a sustainable world. Invenergy and its affiliated companies develop, own, and operate large-scale sustainable energy generation

and storage facilities in the Americas, Europe and Asia. Invenergy's home office is located in Chicago, and it has regional development offices in the United States, Canada, Mexico, Japan, Poland and Scotland.

Across the U.S., more than half of Invenergy's renewable energy projects are located in the same area as an active FFA chapter, and that percentage is even higher in Texas. Community engagement is extremely important to Invenergy and they are excited to work closely with FFA chapters in Texas to help support the education and leadership opportunities those chapters provide.

Invenergy has successfully developed more than 22,600 megawatts of projects that are in operation, construction or contracted, including wind, solar, and natural gas power generation facilities as well as advanced energy storage projects. For more information, please visit [www.invenergyllc.com](http://www.invenergyllc.com).

School-wide open house May 12 at 5:00 p.m.	Town Talk Page 3	Church Page Page 5	Small Town Cookin' Page 9	Aug. School Calendar Page 7
---	---------------------	-----------------------	------------------------------	--------------------------------

Friona Weather August 8-14	T ☀️ 100   70 SW 10-20	F ☁️ 97   69 SSW 10-15	S ☀️ 99   70 SSW 10-15	S ☀️ 99   69 SSW 10-15	M ☀️ 100   67 SW 10-15	T ☀️ 95   65 NE 10-15	W ☀️ 92   65 SSE 10-15	Precipitation August 0.00 Year 10.91	Burn Ban: <b>No</b>
-------------------------------	---------------------------------	---------------------------------	---------------------------------	---------------------------------	---------------------------------	--------------------------------	---------------------------------	--	------------------------

**Community Calendar**

Send Calendar information to:  
frionastar@wtrt.net  
call (806) 250-2211 or fax (806) 250-5127

**August 8**

-Parmer County Area AA meeting at the Friona Methodist Church (north entrance) at 7 p.m.

**August 9**

-Snack Pack Fridays at Methodist Church (north entrance) at 10:00- 10:30 a.m.  
-Back to School Bash at 6 p.m. at Prairie Acres

**August 10**

- Last Day Pool is Open

**August 12**

- Meet the new teachers from 5:00 p.m. – 7:00 p.m.

**August 14**

- School Starts

**August 15**

-Parmer County Area AA meeting at the Friona Methodist Church (north entrance) at 7 p.m.  
- Lions Club meeting at noon at Friona InterBank

**August 19**

- "Meet the Chieftains" at 7:00 p.m. at the football field

**August 22**

-Parmer County Area AA meeting at the Friona Methodist Church (north entrance) at 7 p.m.  
- Community Blood Drive at the Calvary Baptist Fellowship Hall from Noon until 7:00 p.m.

**August 29**

-Parmer County Area AA meeting at the Friona Methodist Church (north entrance) at 7 p.m.  
- Lions Club meeting at noon at Friona InterBank

**September 2**

-Labor Day

**September 6**

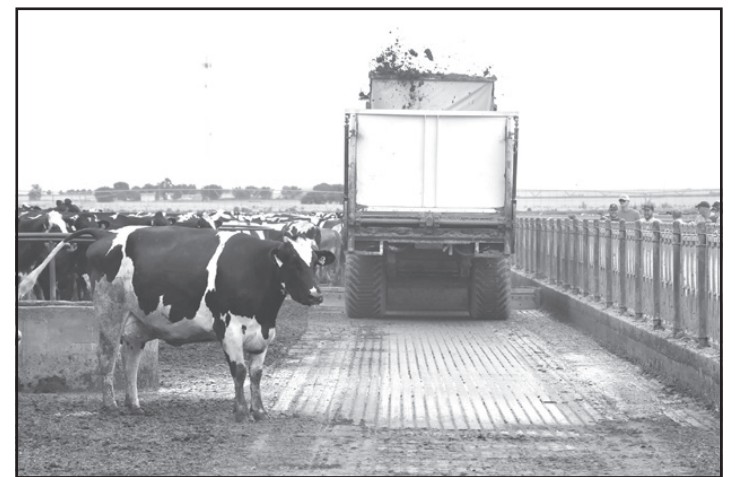
- Caregivers Coffee Break at First National Bank

**September 7**

- Little Miss & Miss Friona Pageant

**Optima Dairy premieres its new "Optima-Loader"**

The Ally Family hosted a hamburger feast & loader demo at their dairy on Tuesday night. Over 120 guests enjoyed hamburgers cooked by Ag Texas and cold drinks. The main event was the demonstration of the custom-built Optima-Loader. Koen, Els, Tim, Stef, and Dieter would like to thank everyone who attended the event.



**ACROSS**

- TXism: "busy as \_\_\_ tender on pay day"
- "9 to 5" boss: TX Dabney \_\_\_ man
- Granbury is the seat of this county
- TXism: "pay \_\_\_ never mind"
- designation for a ship of the Confederate Navy
- medical insurance group (abbr.)
- dull pains
- TXism: "Cowboy \_\_\_" (beer)
- "Copperas Cove \_\_\_-Press"
- sign back of check
- Rangers retired this Beltre's #29
- TXism: "fits like sardines \_\_\_"
- in TX Strait's "Pure Country": "Where the Sidewalk \_\_\_"
- \_\_\_-gallon hat
- designs for transfer
- TXism: "best \_\_\_ laid eyes on"
- TX-born Valerie Perrine 2000 film: "What \_\_\_ Want"
- stay calm \_\_\_ scenarios
- "Miss \_\_\_ USA" pageant
- Cambodia coins
- TXism: "sweating \_\_\_ out of water"
- TV "Street" for kids
- dir. from Merkel to Pleasanton
- fabric unravel
- early aviation film by TX Howard Hughes: "\_\_\_ Angels" (1930)
- rape evidence (abbr.)
- "\_\_\_ out a living"
- TX-born Steve Martin 1979 film: "The \_\_\_"
- TXism: "thick as ticks \_\_\_ hound dog"
- cowboy bath night (abbr.)
- dir. from Rosebud to Franklin
- SE of Dallas: "\_\_\_ Reservoir"
- in film "9 to 5," TX Dabney was Franklin M. \_\_\_, Jr.
- started in Dallas: "\_\_\_ Brickell & New Bohemians"
- past Spurs star, Elliott
- this TX Evans was a lineman for the Packers (1933-37)
- hosp. caregiver
- TX DL, e.g.
- Boston, TX
- Alamo bed (2 wds.)
- humped mammals

**DOWN**

- TXism: "attacked like grandma after \_\_\_"
- TX John Wesley Hardin died with his \_\_\_
- \_\_\_ Leon named the Nueces and Trinity rivers
- decorate again
- TXism: "that's a \_\_\_ pill to swallow"
- in San Antonio: "\_\_\_ y San Miguel de Aguayo"
- poem of praise
- pie \_\_\_ mode
- 37 "Mother \_\_\_ State Park" near Moody
- bizarre
- walkway in AT&T Stadium
- former TX duo: "\_\_\_ and Crofts"
- a Dutch disease killed these trees
- dir. from Clyde to Cross Plains
- dir from Gonzales to Port Lavaca
- African doglike mammals
- Chiang Kai-\_\_\_
- home interest \_\_\_

**TEXAS CROSSWORD**  
by Charley & Guy Orbison  
Copyright 2019 by Orbison Bros.

1 2 3 4  
5  
6  
7  
8 9 10 11 12 13 14 15 16  
17 18 19 20  
21 22  
23 24 25 26 27 28 29  
30 31 32 33 34 39 40 41  
35 36 37 38 42 43 44 45  
46 47 48  
49 50 51  
52 53  
54 55  
56  
57  
58

solution on page 4

**ON YOUR PAYROLL**  
**U.S. Government**

**President:** Donald J. Trump, The White House, 1600 Pennsylvania Avenue NW, Washington, D.C. 20500. 202-456-1111, fax 202-456-2461, email [comments@whitehouse.gov](mailto:comments@whitehouse.gov).

**Senator:** John Cornyn, 517 Hart Senate Office Bldg., Washington, D.C. 20510 202-224-2934, fax 202-228-2856.

**Senator:** Ted Cruz B40B Dirksen Senate Office Bldg., Washington, D.C. 20510 202-224-5922.

**Representative:** Jodey Arrington, 2019 Longworth, House Office Building, 202-225-4005. Lubbock District Office, 1312 Texas Ave. #219, Lubbock, TX 79401. Abilene District Office, 500 Chestnut St. #819, Abilene, TX 79602

**State**

**Governor:** Greg Abbott, Office of the Governor, P.O. Box 12428, Austin, TX 78711-2428, 512-463-2000.

**Senator:** Kel Seliger, P.O. Box 12068, Capitol Station, Austin, TX 78711. 512-463-0131. Amarillo office; P.O. Box 9155, Amarillo, 79105. 806-374-8994.

**Representative:** John T. Smithee, Room CAP1W.10, Capitol P.O. Box 2910, Austin, TX 78768. 512-463-0702. fax 512-476-7016. Amarillo office; 320 So. Polk, 1st Floor, Lobby box 28, Amarillo 79101. 806-372-3327, fax 806-342-0327.

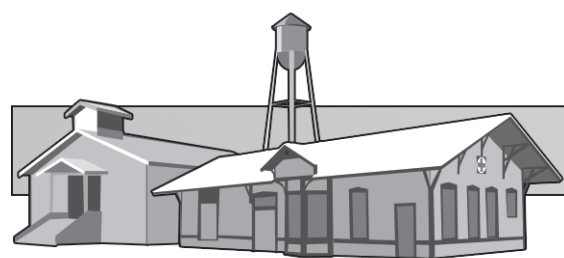
**THE FRIONA STAR** (USPS 200-800) is published each Thursday at 208 E. 11th in Friona Texas, 79035. Postmaster: send address changes to Friona Star, P.O. Box 789, Friona, Texas 79035. Periodicals postage paid at Friona, Texas.

**Annual subscriptions:**  
\$30 in Parmer County  
\$40 out of County  
\$24 e-Star Online

**STAFF:**  
Clint Mears • Executive Editor  
Holly Campbell • Associate Editor  
Nathan Parson • Production Editor/IT  
Evelyn Romero • Accounting

**COMMUNICATION:**  
806-250-2211-office  
806-250-5127-fax  
frionastar@wtrt.net-email  
frionaonline.com-website

**MEMBER**  
**TEXAS PRESS ASSOCIATION**



# TOWN TALK

Phone: 806-250-2211 • Fax: 806-250-5127  
Email: frionastar@wtrt.net

School begins Thursday, August 14th. Please be extra careful when driving around and through school zones. The kids will be excited and will probably not be paying attention to their surroundings.

★★★

There will be a chance for parents to meet new teachers on Monday, August 12, at all Friona schools starting from 5:00 p.m. - 7:00 p.m.

★★★

The Friona Volunteer Fire Department is selling tickets for their annual Maize Days Drawing. The prize this year is a UTV and Trailer. Full details next week. Tickets are \$5 each and can be purchased from any fire department member. The drawing will be held at 1:00 p.m. on September 14.

★★★

"Meet the Chieftains" will be on Monday August 19th at 7 p.m. at Chieftain Field. Football, Volleyball, Cross Country and Cheerleaders will be introduced. The first

scrimmage for the Friona Chieftains will be at 6:30 p.m. on August 16th at Sundown. The event is sponsored by Chieftain/Squaws Booster Club.

★★★

The Football Contest will be starting soon!

★★★

DVD copies of the 2019 Summer Drama Workshop are now available at Intheden Graphics at 1215 Elm Avenue. The DVD costs \$10 and includes all four performances.

★★★

The Friona Noon Lions will host a Community Blood Drive on Thursday, August 22nd. It will take place at the Calvary Baptist Fellowship Hall from Noon until 7:00 p.m.

★★★

Dale & Donna Schueler are leading a 9-day bus trip in late October to the "Arc Encounter (Noah's Ark Replica) & Creation Museum" in Cincinnati Ohio. It should be a very enjoyable trip. If you

have ever wanted to go but you don't want to plan and drive by yourself, this trip is for you. Call Dale Schueler at 806-265-7433 or Donna Schueler at 806-265-5960. Information can be picked up at the First Baptist Church office at 404 W. 5th in Friona.

★★★

Sheep and Goat Validation tag orders are due August 25th. The fee is \$17.00 and covers county and major shows for the 2019-2020 show season. Thanks, Deena Leuea

★★★

The Friends of the Library Book Shoppe, located at 119 West 6th, is open from 10 a.m. until Noon every Thursday morning until the month of September.

★★★

If you are interested in a booth at the Castro County Fair/Harvest Days on Saturday, September 7th, 2019 in Dimmitt, TX please contact Cathy at 806-869-7550 or Maegan at 806-647-2524. It's always first come, first

served, and booths inside the Expo go fast. Booths range from \$35 to \$45 depending on where they are, and if you need electricity.

★★★

Back to School Bash is on Friday, August 9th starting at 6:00 p.m. at Prairie Acres. Everyone is invited! They will be having Chili Cheese Dogs, Games, and Free School Supplies. They are also taking donations to help the youth in our Community! Donations of School Supplies are appreciated!

★★★

The Parmer County Steak Dinner is set for Saturday, September 7, 2019 at 7:00pm at the XIT community center in Bovina. The steak dinner is a fund raiser to support the students who show at the Parmer County Stock show. The money raised is distributed to all the kids who show an animal at the stock show. Last year each participant

received \$122.46. One of the highlights of the dinner is the ticket drawing that gives you the chance to win cash. The last ticket left in the hopper is the big winner for the night. This year, in addition to the ticket drawing, Dan Patterson will perform during the meal. Tickets are \$100.00 each for two people. The meal includes steak, potatoes, corn, green beans, a roll, and banana pudding. To purchase tickets contact Chris Timms, 265-5039, Tracy Bunker, 683-1319, or Greg O'Brien, 265-5775.

★★★

Maize Days- Friona Fiesta Theme is just around the corner! If you'd like to compete for Miss Friona or Little Miss, set up as a vendor, or enter the parade, entry forms are available online @ www.friona-chamber.com

★★★

**Upcoming events!**  
Back to School- August 14  
Little Miss Friona Pag-

eant—September 7th  
Miss Friona Pageant—September 7th  
Friona High School Homecoming— September 13th  
Maize Days Parade and Celebration- September 14th

★★★

**National Days!**  
August 8: National Happiness Happens Day, National Dollar Day, National Frozen Custard Day

August 9: National Rice Pudding Day, National Book Lovers Day

August 10: National Lazy Day, National S'mores Day, National Bowling Day

August 11: National Son's and Daughter's Day

August 12: National Middle Child Day

August 13: Left-Handers Day

August 14: National Creamsicle Day

★★★

- *Strive for progress not for perfection.*

## New CLEAR Alert System Assists Law Enforcement in Locating Endangered, Missing Adults

AUSTIN - The Texas Department of Public Safety (DPS) joined Rep. Greg Bonnen at a press conference today to discuss the implementation of the CLEAR Alert, or the Coordinated Law Enforcement Adult Rescue Alert. This new alert system will assist law enforcement in locating and rescuing missing adults who may have been kidnapped, abducted or who are in immediate danger of injury or death, as well as aid in locating any potential suspects. Rep. Bonnen authored HB 1769, which created this new alert, and Sen. Larry Taylor sponsored this act in the Senate.

"I am proud to have sponsored this crucial legislation to close a gap in the statewide alert system," said Sen. Taylor. "CLEAR Alert gives victims another opportunity to be safely reunited with their families. This effort honors the lives of those we could not save and ensures the wellbeing of those we will."

Alison Steele and her husband, Lawrence Baitland, also attended today's press conference. Steele is the mother of 19-year-old murder victim Cayley Mandadi.

"Texans like Cayley Mandadi, who are too

old for an AMBER Alert and too young for a Silver Alert, are left stranded in the gap of our existing alert systems," said Rep. Bonnen. "The new CLEAR Alert will help us find and save those who previously did not qualify for this potentially life-saving action. I'm proud of Cayley's mom, Alison, Sen. Taylor and the Department of Public Safety for bringing this new alert system online to protect endangered Texans."

A CLEAR Alert will be issued by DPS to the public, community partners, media and fellow law enforcement if an adult in Texas goes missing and meets specific criteria, including:

- The individual is between the ages of 18 and 65;
- The adult is either in imminent danger of bodily injury or death, or the disappearance wasn't voluntary;
- The person's location is unknown; and
- The person has been missing for less than 72 hours.

"The CLEAR Alert is another tool for law enforcement to leverage in our efforts to help rescue adults who may be in danger and locate suspects when a

victim has been abducted," said DPS Director Steven McCraw. "Eyewitness information from the public has proven to be vital in locating missing persons, and we are confident the CLEAR Alert will help generate leads in these cases and save lives."

The name of the new CLEAR Alert in part honors recent victims of violence: Cayley Mandadi; D'Lisa Kelley; Erin Castro; Ashanti Billie; and the Rest.

"Our family and our team of supporters are honored and deeply moved by DPS' choice of an alert name that is meaningful on multiple levels — it authoritatively describes its own purpose, it fits the existing alert naming structure, and it honors multiple murder victims, including our daughter Cayley," Steele said. "We look forward to supporting law enforcement as we all work together to implement the CLEAR Alert system."

The system will be managed by DPS and will be issued in the same manner as the AMBER, Silver, Blue and Endangered Missing Persons alerts. The CLEAR Alert was signed into law by Gov. Greg Abbott in May and goes into effect on Sept. 1, 2019.

## FRIONA FLASHBACKS

From the Friona Star Archives

August 7, 2014

The Friona city council will meet in regular session Monday August 11 at 6:30 p.m. in council chambers, 619 Main St. All council meetings are open to the public.

After roll call, invocation, and pledge of allegiance, time is allotted for public comments.

After approval of previous minutes the council will discuss a report from the Parmer County Appraisal District about the 2014 effective tax rate, discuss a proposed tax rate, and set dates for required public hearings if needed.

Other items on the agenda include:

-- consider an ordinance granting Atmos Energy franchise rights to do business in the city. This will be the second reading of the ordinance.

-- award a bid for a cash dryland lease of a 72.253 acres tract east of the city sewer plant on CR 20.-- consider amending, renewing, or a new contract with Republic Services for solid waste collections.

-- discuss and approve July accounts payable and financial statement.

-- authorize city manager to transfer certain escrow money from roof hail damage insurance to Prairie Acres checking account as needed.

-- authorize city manager to transfer escrow money when needed from the sewer escrow account for a lift-station grinder pump.

-- hear departmental report from the police department regarding budget, expenses, personnel, and upcoming activities and events.

-- authorize city manager to solicit bids to sell old computer equipment.

The agenda items above make up the tentative meeting agenda and are subject to change. The final and official meeting agenda will be posted on the window of city hall 72 hours prior to the meeting. August 10, 2017 Weatherman John Gurley reported that for the month of August Friona has received 2.83 inches of rain and at press time more rain was expected. On Wednesday, August 9, the area had received .79 in precipitation. The area is showing the effects of all the rain with everything greening up and Reeve Lake is full on both sides of the dam.

One resident described the current weather like being in the tropics.

August 3, 1996

Teacher and student in dog attack. Two second grade classes had some tense moments last Monday afternoon as they played on the schools west playground. A neighborhood pit bull dog apparently broke its rope leash and wandered onto the playground. Without warning, the dog attacked and bit 7 year-old Ralee Stockstill. Ralee was swinging when the dog bit her on the back. teacher Erin Barnett, who is pregnant, tackled the dog away from the child.

September 10, 1978

Local residents attend seminar. George Bush, candidate for the Congressional seat being vacated by George Mahon, told more than 100 supporters at a George Bush for Congress Workshop in Lubbock recently, that he will win the November 7th General Election because of the grass roots organizations the campaign has generated. Bush also told the gathering he will run an optimistic positive campaign. "Everyone will know where I stand on the issues. I won't kick the President of the United States," said Bush. "However, I will criticize the Carter Administration where it has erred in the policies." "a vote for my opponent will be a vote for the continuation of the Carter administration and an endorsement of the policies of the administration over the past two years," said Bush. Bush cited an interview with carter that appeared in the August 21 issue of the U.S. New World Report in which the President said Democratic wins in November would be a sign of approval for what the administration is doing and has done. Attending the workshop from Friona were Carolyn George, Wanda and Joe Reeve, and Jack and Peggy Hamill, co chairmen of the Parmer County George Bush for Congress Committee. Bush praised the supporters for giving of their time and energy for the campaign. "Our campaign is the best organized. Your help and hard work is greatly appreciated. It will make the difference November 7th" said Bush.

Find us on Facebook

BI-WIZE

Request referrals on the go using the BiWize app for your mobile device!

Available on the App Store | Google Play

www.biwize.com

## End of Summer Savings

\$0 down  
18 months  
to pay\*

In our Friona showroom now!

Check Out Our APPLIANCES

WE HAVE FRIGIDAIRE, HOTPOINT, GE AND SPEED QUEEN

WE ALSO CARRY SHARP, LG, POLAROID, HAIER, PHILLIPS AND HISENSE TVs 32" TO 65"

Saturday hours  
are 9 a.m. to noon.

**Furniture phone: 247-2210 • Pharmacy phone: 250-2270**  
**902 Main St. Friona, TX • Your hometown pharmacy**

FREE Delivery, limitations apply

## The Stevens 5 Star Deal of the Week!

2016  
Chevrolet  
Silverado  
2500HD

ONLY  
\$35,944

Come see GLENN REEVE for all your new and pre-owned vehicle needs today!

STEVENS

CAR & TRUCK CENTER  
HEREFORD, TX

545 N. 25 Mile Ave.  
Hereford, TX  
800-299-CHEV  
Cell: (806) 265-7034  
www.stevens5star.com

### Happy Birthday Friena Folks!

**August 8**  
 Jason Vaughn  
 Michelle Schlenker  
 Tim Messer  
 Heather Lewellen  
 Rhonda North  
 Kim Herring  
 LaDonna Grubbs  
 Mason Loflin

**August 9**  
 David Gonzales  
 Rickey Rector  
 Dr. Rick Roden  
 Cheryl Weatherly  
 Cole Pena  
 Jace Jarecki  
 David Blackburn  
 Andrew Zamora

**August 10**  
 Imogene Smith  
 Kathryn Goddard  
 Dustin Potts  
 Owen Fluck  
 Harrison Fluck  
 Dickey Garner  
 Kendall Kimbrough  
 Geneva Gustin

**August 11**  
 Briana (Wright) Anderson  
 Clifford McLellan  
 Kendrick Burns  
 Raquel Kuper

**August 12**  
 Becky Jones  
 Lisa Weatherly  
 Mindy Johnson  
 Mary Johnston  
 Ann Schueler

**August 13**  
 Nancy Norwood  
 Keith Hunt  
 Amber Alexander Huddleston  
 Daniel Hutchins  
 Jesalyn Jarecki  
 Glenn Holt

**August 14**  
 Deirdre Osborn  
 Alex J. Guerra  
 Tenna Montana  
 Ruby Bentley



To have your birthdays listed in the newspaper, email them to [frionastar@wtrt.net](mailto:frionastar@wtrt.net) or call @806.250.2211

## Texas Weekly Fuel Update and Outlook

Texas gas prices have fallen 2.8 cents in the past week, averaging \$2.44 per gallon, according to GasBuddy's daily survey of 13,114 stations. Gas prices in Texas are 0.7 cents per gallon lower than a month ago and 19.2 cents per gallon lower than a year ago.

According to GasBuddy price reports, the cheapest station in Texas is priced at \$2.15 while the most expensive is \$3.19 per gallon. The cheapest price in the entire country today stands at \$1.97 while the most expensive is \$5.09 per gallon. The national average price of gasoline has fallen 2.6 cents in the last week, averaging \$2.70 per gallon. The national average is down 5.6 cents per gallon from a month ago and 15.8 cents per gallon lower than a year ago.

"Gas prices have remained somewhat stable in the last week, falling in most communities across the country as oil prices remain under fire over renewed concerns of an economic slowdown in the U.S. as President Trump slapped China with new sanctions, driving the worry," said Patrick DeHaan, head of petroleum analysis at GasBuddy. "There's a growing threat that gas prices may plunge this fall- perhaps as much as 50 cents per gallon by Thanksgiving- as headwinds have killed off any demand growth and gasoline demand plummets after summer. It appears less and less likely that the trade spat between the world's two largest economies will cease any time soon, and that threat will likely stifle gas prices for the immediate future."

GasBuddy is available on all mobile platforms. The app and website have the most accurate and real-time fuel prices at over 140,000 unique stations in the United States, and is the most comprehensive money-saving companion while on the road. For more information, visit [www.gasbuddy.com](http://www.gasbuddy.com)

### State Sales Tax Revenue Totaled Nearly \$2.9 Billion in July

Texas Comptroller Glenn Hegar said state sales tax revenue totaled \$2.86 billion in July. This represented a 4.3 percent over July 2018.

"State sales tax revenue growth in July was moderate, with services and restaurant sectors leading the growth," Hegar said. "Tax receipts from the construction, wholesale and retail trade sectors also grew modestly, while receipts from the oil- and gas-mining sector remained about the same as a year ago."

Total sales tax revenue for the three months ending in July 2019 was up 5.6 percent compared to the same

period a year ago. Sales tax is the largest source of state funding for the state budget, accounting for 57 percent of all tax collections.

In July 2019, Texas collected the following revenue from other major taxes: (1) motor vehicle sales and rental taxes were \$483.6 million, up 10.6 percent from July 2018; (2) motor fuel taxes were \$311.1 million, down 0.6 percent from July 2018; (3) natural gas production taxes were \$129.0 million, up 11.3 percent from July 2018; and (4) oil production taxes were \$312.4 million, up 7.0 percent from July 2018.

**Friona Star**  
 is online at [frionaonline.com](http://frionaonline.com)

2019-2020  
 SHEEP AND GOAT  
 TAG ORDERS DUE

DEADLINE AUGUST 26TH!

\$17.00 per tag.



### COURTHOUSE NOTES

Warranty deeds as reported by the County Clerk's Office from the week of July 25, 2019 through August 1, 2019

Candace Johnson and Michael Johnson- Michelle L. Thompson, L 4-7 & 1/3 L8 B 48

### DOLLARS & SENSE

#### Savers and Spenders

A January 2019 article on the Psychology Today website points out that many individuals could be described as either "savers" or "spenders." While these terms have some value it might be better to ask yourself this: Am I a "wise saver" or a "wise spender?" While the difference between being a saver or a spender is large, the difference between being a "saver" and a "wise saver" or between being a "spender" and a "wise spender" may be even more significant. The issue is whether you are the master or the servant. Are you able to connect why you save or spend with the long-term goals and values that are most important to you? Life is too short to be a "Scrooge" who holds on to money but gets no joy out of life. Similarly, the impulsive spender is often unable to enjoy the "big ticket" items in life because they squander resources a little at a time. Take a few minutes to evaluate both whether you are a saver or a spender and also whether wisdom enables you to be in control either way.

Mike Prather is a Registered Representative for NYLIFE Securities LLC (Member FINRA/SIPC), a Licensed Insurance Agency. NYLIFE Securities LLC is a New York Life Company.

**BACK TO SCHOOL BASH**

Friday, August 9th @ 6:00 p.m.  
 at Prairie Acres

Everyone is invited!!!  
 Chili Cheese Dogs, Games, and Free School Supplies

We are also taking donations to help the youth in our Community!!!

Donations of School Supplies are appreciated!

Please drop them off at the Activity Department at Prairie Acres by August 7th

### Castro County Fair booths available

If you are interested in a booth at the Castro County Fair/ Harvest Days on Saturday, September 7th, 2019 in Dimmitt, TX please contact Cathy at 806-869- 7550 or Maegan at 806-647-2524. It's always first come, first served, and booths inside the Expo go fast. Booths range from \$35 to \$45 depending on where they are, and if you need electricity.

**Puzzle Solution**

A	B	A	R						
C	O	L	E						
H	O	O	D						
I	T	N	O						
C	S	S		H	M	O		A	C
K	O	O	L	A	I	D		L	E
E	N	D	O	R	S	E		A	D
I	N	A	C	A	N	E	N	D	S
D	E	C	A	L	S			I	E
W	O	M	E	N		I	N	W	O
T	E	X	A	S	T	E	E	N	
L	I	K	E	A	F	I	S	H	
S	S	E		F	R	A	Y	H	E
				D	N	A		E	K
				J	E	R	K		
				O	N	A			
				S	A	T			
				E	S	E			

S-1440

*Where Your Bank Does Make A Difference*

## The Advantages Of Banking With An Independent Community Bank

- You receive personal service from people you know and trust.
- Since all decisions are made locally, we're able to quickly respond to your loan requests.
- We keep your money working in this area.

**First National Bank**  
 Friona Banking Center

**HOMETOWN BANKING**  
 WITH YOUR NEIGHBORS & FRIENDS

MEMBER FDIC  
 710 W 11<sup>TH</sup>  
 PO BOX 727  
 Phone 806-250-2900  
 Banking Hours:  
 Monday-Friday  
 8:30 am to 4:00 pm  
 Drive-thru open Friday until  
 6:00 pm

*Se Habla Espanol*

**Ivy Cottage**  
 Bridal Registry

**Matthew Teague & Aubrey Ibarra**  
**Christian Haile & Maggie Parsons**  
**Keith Hunt & Shelbi Cooper**  
**Mariza Mendoza & Diego Licerio**  
**Robyn Banks & David Schwab**  
**Aspen Fleming & Michael Garner**  
**Cole Stowers & Klair Weddige**

Ivy Cottage • 250-8073

**Milk House Market**  
 Wedding Registry

Maggie Parsons & Chris Haile  
 Mariza Mendoza & Diego Lucerio  
 Robyn Banks & David Schwab  
 Aspen Fleming & Mike Garner  
 Cole Stowers & Klair Weddige  
 Shelbi Cooper & Keith Hunt  
 Blake & Katie Stowers  
 Maddie Murphree & Jarad Flores

Hours:  
 Thursday - Friday 11-5  
 Saturday: 10-3

Call:  
 602-739-0813

Farmhouse to Your House

# Psalm 133—Unity

By Brett Hoyle, Pastor, First Baptist Church

Some families had an extra dose of division and dysfunction. For example, can you name this biblical family that saw one son murder his brother, that same murderous son attempted to overthrow his dad's power in a treacherous coup? Further, another son tried to overthrow his wiser brother after dad passed away and the wiser brother was on the throne. If you said David's family, you got it right.

David's family had a unity deficiency when you look at the scope of his life, but David was a very unifying King for the nation of Israel, bringing together a divided nation. With all this in mind, when David wrote, "Behold, how good and pleasant it is when brothers dwell in unity," in Psalm 133, it car-

ried tremendous truth and history in regards to his life. David was able to unify the country, while his family seemed to be ripping at the seams. What a sad irony!

In reality, the need for unity today is tremendous, but true and lasting unity is only able to be achieved within the people of God. In Psalm 133 David blessed unity, in John 17 Jesus prayed for unity, and in Ephesians 4 we are told to "maintain the unity of the Spirit in the bond of peace." Unity, although elusive, is only attainable when people are focused on and united in the Lord Jesus Christ. When Christ is in control and is our focus, the church will be united, motivated and inspired to walk in unity to the glory of God.

# Texas Crop and Weather Report

PANHANDLE: Producers irrigated heavily amid triple-digit temperatures. Corn was holding on. Cotton progressed well due to good heat units. Corn, cotton and sorghum were behind in growth. High nighttime temperatures and extreme daytime temperatures helped cotton in the northern Panhandle improve. Southeastern Panhandle rangeland was in critical condition due to lack of rain. Cattle conditions declined across the district. Adequate topsoil, and short subsoil moisture levels were record-

ed throughout the district. This report was compiled by AgriLife Extension district reporters.



# Friona Rural Health Clinic Offering Back To School Physicals and Vaccinations

The Friona Rural Health Clinic will be open Saturday August 10th and 17th from 9 a.m. - 1 p.m. to offer physicals for your back to school needs, such as athletics, band, and any other extracurricular activity that requires a physical. These physicals will be offered for \$20 on a walk in basis both Saturdays.

If you child needs updated on their

vaccinations, they will be available as well and charged separately. It will be required that the child's shot records be brought with them in order to get vaccinated on either Saturday.

Medicaid Texas Health Step physicals will also be available during the above mentioned times and billed directly to Medicaid, these also require the child's

shot record to be presented. If you are unable to make either Saturday, you are welcome to call 806-250-2781 and make an appointment, physical price will be honored at that appointment. In the crazy times trying to get ready to go back to school, let Friona Rural Health Clinic help take one more thing off your list.

Send your church news to the **Friona★Star** frionastar@wtrt.net

## Panhandle Parables

# It Is Well With...

By Jeff Procter, Minister, 6th Street Church of Christ

Horatio Spafford penned the words to the famous hymn, "It Is Well With My Soul," over a hundred years ago and it still stirs the heart of one wrestling with faith when times are dark. I will not go into the history of this song here, but if you have not read it I encourage you to look it up sometime the story gives strength to the sincerity of the author's words.

I believe that if we could live the words we sing, those of us who preach wouldn't have to preach so much. (Just kidding, sort of ☺) I do think the words we sing can be a very powerful force in our lives that help us get through difficult moments.

Each of us has our struggles and even view the same storm differently. If you are trying to get your wheat cut, then when the storm clouds collect, it gets a little discouraging. However, if you are trying to get that corn crop growing, then the same storm is welcome moisture. The reality of each is that we all have our moments that give us pause. The things that cause us to think beyond our selves for a moment.

Storms in life can show up suddenly or slowly creep in, but once they are there it is difficult to ignore. How do I trust when nothing seems to be going well? How do I sing, "...it is well with my soul..." when my soul cries out for help. How do I even know where to turn as the storm rages in my life?

I must go to the One who stills the storm or gives strength to endure it. I must go to the One who understands better than anyone what human struggle looks like. I must take my storms to the Savior. I must learn to sing, "when sorrows like sea billows roll...whatever my lot Thou hast taught me to say, It is well with my soul." So when the thunder claps, the wind begins to howl and the storm grows dark lean on the One and only Son of God that you may find strength. I would add that as you sing this song, go read Psalm 46 and find strength.

# Texas Sales Tax Holiday is Aug. 9-11

Whether you're in need of notebooks, rulers or running shoes, Texas Comptroller Glenn Hegar is reminding shoppers they can save money on those and other items during the state's sales tax holiday on Friday, Saturday and Sunday, Aug. 9-11.

The law exempts sales tax on qualified items - such as clothing, footwear, school supplies and backpacks - priced below \$100, saving shoppers about \$8 on every \$100 they spend.

"As Texas families begin the process of replacing their beach towels with lunch boxes, the sales tax holiday

is the perfect opportunity to save some money on supplies families need before the school bell rings," Hegar said. "As a father of three, I know how these expenses can add up."

Apparel and school supplies that may be purchased tax-free are listed on the Comptroller's website at TexasTaxHoliday.org.

Shoppers this year will save an estimated \$102.2 million in state and local sales taxes during the sales tax holiday.

Texas' sales tax holiday weekend has been an annual event since 1999.

# Speak God's Truth

By Teena Hughs

I was pleased to hear people on conservative talk radio cut through all the polite chit-chat and say what is the root problem of all of these horrific killings. To sum it up, it is a lack of God in people's lives; it is total disrespect for human life and the unborn; it is a lack of men assuming the role of father and head of the household; it is kids not feeling "included" so they shut themselves up in their bedrooms and play video games.

I agree with everything that was said yesterday, but I want to add two things to the conversation. We have become a ME-first nation where everything has to be done for MY convenience, and people are so easily offended these days.

God is not convenient for ME-first people. If you believe in God, you are supposed to live your life according to HIS ways, and you know, that is just boring and not any fun at all!!! Also, it is MY body, and I can do with it whatever I want with whom-ever I want. And, if I get pregnant, I can take care of it with a simple abortion.

ME-first is selfish; it is not the way Jesus lived His life on this Earth. He gave His all, His life, for everyone, including the ME-first people, so

they can be forgiven and live their lives eternally with Him.

Second, if one person is "offended" by a cross, it comes down, even if everyone else in the community wants the cross to stand. People are offended at the mention of God and His Word; people are offended at the site of a Bible; you name it and someone will say they are offended. As a result, we have become a people that doesn't want to offend anyone, and we have quit speaking truth to the people who need to hear it most.

Because of law suits, the media, and everything appearing on some form of social media, Christians have become afraid to say it is against God's Word to have sex before marriage; you don't change the sex God created you to be; abortion is killing God's creation; that men who father children are responsible for those children for their entire lives.

I am 64. I have come to the point where I do not care what people think of me. It is past time for me to be vocal and express God's truth. If people are offended by the truth, it is their problem; my responsibility is to tell the truth, God's truth!!!

# "We Live by Faith, Not by Sight." 2 Corinthians 5:7

## Friona

## Area Church Directory

## Bovina

**CALVARY BAPTIST CHURCH**  
15th & Cleveland • 806-250-3000  
**CHILDREN'S CHURCH** • 3 yrs-6th grade  
www.calvaryfriona.org

**FIRST BAPTIST CHURCH**  
6th & Summitt • 806-250-3933  
Pastor Brett Hoyle  
Email-firstbc@wtrt.net  
Website-www.fbcfriona.com

**FRIONA UNITED METHODIST CHURCH**  
8th & Pierce • 806-250-3045  
Rev. Skip Hodges  
Email-frionoaum@wtrt.net  
Website-www.frionoaum.com

**GRACE BAPTIST CHURCH**  
North end of Congregational Church  
1601 Euclid

**IGLESIA EVANGELICA NUEVA JERUSALEN**  
701 E. 11th • P.O. Box 655 • 806-346-9725  
Pastor Benito Mejia  
benitomejia@live.com

**QUALITY OF LIFE BIBLE STUDY CHURCH**  
301 Grand Ave. • 806-240-0826  
Pastors Mark & Mary Goff

**SIXTH ST. CHURCH OF CHRIST**  
502 W. 6th • 806-250-2769  
Jeff Procter, Minister

**ST. TERESA'S CATHOLIC CHURCH**  
401 West 17th St. • 806-250-2871  
Pastor Gregory Bunyan

**TEMPLO BAUTISTA DAMASCO**  
403 Woodland • 806-250-3472  
Pastor William Tapias

**TEMPLO DE ADORACION**  
620 Washington • 806-250-5929  
Pastor Roy Dominguez

**TENTH ST. CHURCH OF CHRIST**  
10th & Euclid • 806-250-5236  
Gerall Wylly

**UNION CONGREGATIONAL CHURCH**  
1601 Euclid • 806-250-3635

**VICTORY FAMILY WORSHIP CENTER**  
9th & Washington • 806-250-2207  
Pastor Robert Kerby  
Website-www.thevictory.tv

**FRIONA PARA CRISTO LLAMADOS A CONOCERLE**  
1007 w. 11th • 806-247-2217  
Pastor Aurelio & Cynthia Silva

**FIRST BAPTIST CHURCH**  
308 3rd Street  
806-251-1632  
Pastor Brian Mullins

**CHURCH OF CHRIST**  
500 Ave. E  
806-251-1334  
Mike Prather, Minister

**FIRST UNITED METH- ODIST CHURCH**  
205 4th Street  
806-251-1124  
Pastor Larry Mitchell

**ST. ANN'S CATHOLIC CHURCH**  
401 3rd Street  
806-251-1511  
Pastor Gregory Bunyan

**LA IGLESIA DE DIOS DEL PRIMOGENITO**  
The Church of God of the Firstborn  
102 2nd Street

**IGLESIA BAUTISTA HISPANA**  
103 1st Street  
806-251-5232  
Pastor Rafael Marin



THIS DIRECTORY IS MADE POSSIBLE BY THESE BUSINESSES WHO ENCOURAGE ALL OF US TO ATTEND WORSHIP SERVICES.

<p>1380 Hwy. 214 • 265-3425</p>	<p>251-1324 800 Hwy. 86 Bovina, Texas</p>	<p>PACO FEED YARD, LLC P.O. Box 956 Friona, Texas 79035 (806) 265-3433 (806) 265-3281</p>	<p>1010 Columbia at Hwy 60, Friona Hours: 8:00 am-5:00 pm Monday-Friday 250-5555</p>	<p>We are here to serve you with Old Values and New Visions. Come by and see us and let us help you with your banking needs</p> <p>Member FDIC- Equal Housing Lender</p>
<p>Phone 250-5000 "Where People Come First"</p> <p>1105 N. Cleveland www.interbank.com</p>	<p>Phone 806-364-3331 Hereford, Texas 79045</p>	<p>First Bank Bovina Member, FDIC Equal Housing Lender 101 North Third 251-1442</p>	<p>250-3913 1205 Hwy. 60 West Friona Texas</p>	<p>301 W. 3rd Hereford TX 806-363-2265</p> <p>710 W. 11th Friona TX 806-250-2900</p>
	<p>Stephanie Alvarado, RN Phone: (806) 364-2344</p>	<p>Prairie Acres Heritage Estates Quality Care Assisted Living 806-250-3922</p>	<p>E. Hwy. 60 • Friona TX • 806-250-2791</p>	

# Back-to-School Health Check List

By Dr. Sarah-Anne H. Schumann, Regional Chief Medical Officer,  
UnitedHealthcare of North Texas and Oklahoma

August marks back-to-school season, an ideal time for parents to help improve their children's health. Before schedules become packed with classes, homework and extracurricular activities, here's a back-to-school "health checklist" to help give children a better chance to succeed inside and outside the classroom:

## Get a Comprehensive Eye Exam

About 80 percent of what children learn is through their eyes. With that in mind, a child's first comprehensive eye exam should occur before age 1, again at age 3 and before entering school.[1] If no vision issues are detected, school-aged children should have an exam at least once every two years. Also, a school's vision screening is not a substitute for a comprehensive eye exam, as screenings can miss conditions such as poor eye alignment, focusing issues and farsightedness.1

The inability to see clearly can affect a child's physical, emotional and social development, which in turn can affect academic and athletic performance. Children often don't complain if their vision isn't normal, so it's important to look for possible signs such as squinting while reading or watching television, difficulty hitting or catching a ball, or headaches when watching 3D movies.

Also, be aware of digital eye strain, which is caused by prolonged use of computers or smartphones. Help your child practice healthy vision habits by keeping computer screens at least 30 inches from their eyes, resting their eyes every 20 minutes and blinking frequently to avoid dry eyes.

## Get a Dental Cleaning

Maintaining proper oral health matters more than just keeping a sparkling smile - it's also important for good overall health. This is especially true for children, as untreated dental problems may diminish attention, decrease self-esteem and limit a child's ability to learn at school.[2]

Tooth decay is largely preventable, yet it

ranks as the most common chronic disease among children. About 33 percent of young kids (ages 2 to 8) have cavities in their baby teeth, and 20 percent of kids in the same age group have cavities in their adult teeth.[3] With that in mind, parents should schedule regular dental exams every six months, especially at schools that require a back-to-school dental checkup.[4]

For parents with teenagers, it is important to recognize the risks of opioid addiction, especially after wisdom teeth removal. If you or a loved one is prescribed an opioid following a dental or other medical procedure, ask your health care professional if there are alternatives, including over-the-counter pain relievers such as a combination of acetaminophen and ibuprofen.

## Get Recommended Immunizations

Many schools require that children are properly immunized before they enter the classroom to help to avoid serious diseases and prevent other students from contracting them. Children's vaccines are 90% to 99% effective and may help protect kids from diseases such as mumps, tetanus and chicken pox.[5] By helping reduce the risk of contracting potentially preventable diseases such as the flu, children may have fewer school absences.[6]

Parents should check with their doctor to determine what immunizations are appropriate based on age. Most shots are given by the time children are 2 years old, but some are administered into the teen years. If your child runs a low-grade fever or has swelling in the shot location after the immunization, these minor side effects typically last a couple days. Apply a cool, wet washcloth on the sore area to help ease discomfort, but check with your doctor about the appropriateness of over-the-counter pain medications.

Back-to-school season is an exciting time for many children and their parents. Consider these guidelines to help encourage your child's health and success throughout the school year.

# El Paso and Dayton, Now What?

By Glenn Mollette

Americans have grieved over the senseless murders of 31 people recently gunned down in an El Paso, Texas Walmart and a Dayton, Ohio nightclub. People were out living the American dream, shopping and having a night of fun. They were just living their lives.

Their lives were taken from them by men armed with automatic assault rifles and the element of surprise. People were living their lives and minding their own business. They weren't prepared for someone with an assault weapon unleashing enough bullets to kill 22 people in El Paso and 9 people in Dayton.

The attacker always has the upper hand. The attacker plots out the place, determines a time and loads his gun to the max. Unless someone or several people are standing guard and watching very close the attacker will be able to kill and maim almost easily before the police show up. The Dayton, Ohio police arrived in less than a minute to kill the shooter. What if they had taken two or three minutes? I don't think we would have faulted police for arriving in three minutes. However, if they had taken longer than the 40 seconds that it took them to arrive, 30 people or more might have been killed in Dayton alone.

Most everyone is saying we need to do something in America. Many Americans have ideas on what should be done. We should have the right to protect ourselves. In Kentucky most everyone over 21 can carry a gun and without a license. If either of these shooters had walked into a Walmart in Kentucky or a nightclub in Louisville they would have gotten off some shots but they would likely have been met with numerous fire arms coming right back at them.

Mass shooters are mentally ill people who have allowed the darkness of evil to take control of their lives. Such people must be detected by society and cannot be allowed to own automatic weapons. They also need intense help that few Americans are equipped to render.

Mental health workers, licensed clinical social workers, psychologists, psychiatrists and counselors who have received adequate training are in demand and the demand is growing off the chart. Millions of Americans are mentally ill and need help.

Offering mental help has to be incorporated into the health education classes of our schools. All schools districts must now employ not just one but several quali-

fied counselors. One person can't handle the load.

Our political leaders must now come together and agree on universal background checks for all weapons purchased. A special license should be required for assault weapons. I own several pistols and a three shot automatic shotgun. I've never felt that I needed a rifle with the capacity to shoot 50 or 70 rounds.

Walmart, churches, schools, nightclubs all have to be on guard. We all must have security plans. An ounce of prevention is worth a pound of cure. If two security guards with semiautomatic pistols had been standing outside the Walmart in El Paso or the nightclub in Dayton, the mass murders could possibly have been prevented. Mass murderers are cowards who want to kill defenseless people.

Finally, we have to stop the hate. Let's stop it everywhere from politics to social media, to the highways and to our national media. Let's get hate out of television programs and our music.

Churches, schools, families, our elected leaders and all of us must work together to help this nation have a revival of love, respect, equality and helping each other.

## County Steak Dinner slated for September 7th

The Parmer County Steak Dinner is set for Saturday, September 7, 2019 at the XIT Community Center in Bovina. The annual event begins at 7:00 p.m. and is a fundraiser to support students who participate in the Parmer County Stock Show.

The money raised is distributed to all the kids who show an animal at the stock show. Last year, each youngster received \$122.46. One of the highlights of the dinner is the ticket drawing that gives you the chance to win cash. The last ticket left in the hopper is the big winner for the night.

This year, in addition to the ticket drawing, Dan Patterson will provide entertainment during the meal. Tickets are \$100.00 each and include admission for two people. The meal includes steak, pota-



atoes, corn, green beans, a roll, and banana pudding.

To purchase tickets contact

Chris Timms at 265-5039, Tracy Bunker at 683-1319, or Greg O'Brien at 265-5775.

## Parents, caregivers should do 'homework' on food safety before packing school lunches

Writer: Paul Schattenberg, 210-859-5752, paschattenberg@ag.tamu.edu  
Contact: Rebecca Dittmar, 830-896-9037, rsdittmar@ag.tamu.edu

Food safety is paramount when packing children's lunches. (Texas A&M AgriLife Extension Service)

KERRVILLE — Soon children will again be taking their lunches to school, and because they are at higher-than-normal risk for foodborne illness, parents and caregivers need to pack those lunches with food safety in mind, said a Texas A&M AgriLife Extension Service expert.

According to the Centers for Disease Control and Prevention, almost 50% of annual salmonella infections happen to infants and school-age children.

"Food left at room temperature for too long of a time can put children at risk for foodborne illness," said Rebecca Dittmar, AgriLife Extension specialist in food protection management, Kerrville. "This is especially true during the summer months and the first few months of the school year."

Dittmar noted children typically have a higher risk of foodborne illness as their immune systems are not sufficiently developed to resist the bacteria that can grow on foods.

According to the U.S. Department of Agriculture, food at temperatures between 40 and 140 degrees are in the "danger zone" and can allow bacteria to double in number in as little as 20 minutes.

For many foods, leaving them out at room temperature for longer than two hours can be risky.

To help prevent bacteria and foodborne illness, the USDA and Dittmar offer the following tips:

— Use an insulated lunch box or double paper bags.

— If your children are



taking a lunch requiring refrigeration, find out if they have access to a refrigerator at school and remind them to put their lunch in it as soon as they get to school," she said. "And be sure to clearly mark your child's name on the bag or container."

— Use cold packs to cool perishable items such as lunch meats, eggs, cheese, milk and yogurt.

"These cold packs should also be used even in insulated lunch boxes or bags when there's perishable food inside," Dittmar said. "You can also freeze water or juice and use that to keep perishables cold, and the liquids should thaw by lunchtime."

While preparing foods in advance for school lunches is fine, Dittmar said it's best to pack them just before the child leaves for school.

"You can freeze some food for lunches, but it's not always a good idea to freeze all the ingredients," she said. "For example, it's usually not best to freeze complete sandwiches containing mayonnaise, lettuce, pickles or tomatoes or onions, as these don't usually taste particularly good when thawed. Keep these additions in a separate plastic bag or container so your child can put them on the sandwich just before eating it."

— Use a thermos or other insulated container

to keep hot lunches at a warm temperature.

"If you put boiling water into the container and let it sit for a few minutes, then pour the water out and put in the hot food - like soup, stew or chili - this will help keep the contents warm until lunchtime," she said.

— Leave lunches in the refrigerator overnight if packing them the night before.

"To ensure the best results, store with the lid of the lunchbox or bag left open in the refrigerator so there's optimal air circulation to cool it down," she said.

— Put individually packaged disposable wipes in the lunch box or bag and remind children to use them before and after eating. This also reinforces the importance of hand cleaning and washing before meals.

— Discard all used lunch packaging and bags, and clean lunch boxes after use.

"Leftover food should also be discarded after lunch too, along with all used food packaging and paper bags," she said. "Reusing packaging is a bad idea as it could contaminate other food and cause foodborne illness. And keeping unrefrigerated perishables in a lunch box or bag so you can eat them later means they'll probably be in the temperature danger zone for a while and could become a safety risk."

### 2019 Property Tax Rates in PARMER COUNTY HOSPITAL DISTRICT

This notice concerns 2019 property tax rates for PARMER COUNTY HOSPITAL DISTRICT. It presents information about three tax rates. Last year's tax rate is the actual rate the taxing unit used to determine property taxes last year. This year's effective tax rate would impose the same total taxes as last year if you compare properties taxed in both years. This year's rollback tax rate is the highest tax rate the taxing unit can set before taxpayers can start tax rollback procedures. In each case these rates are found by dividing the total amount of taxes by the tax base (the total value of taxable property) with adjustments as required by state law. The rates are given per \$100 of property value.

#### Last year's tax rate:

Last year's operating taxes	\$658,911
Last year's debt taxes	\$799,288
Last year's total taxes	\$1,458,199
Last year's tax base	\$572,966,045
Last year's total tax rate	0.254500 \$100

#### This year's effective tax rate:

Last year's adjusted taxes (after subtracting taxes on lost property)	\$1,458,343
+This year's adjusted tax base (after subtracting value of new property)	\$608,893,439
=This year's effective tax rate	0.239500 \$100

#### This year's rollback tax rate:

Last year's adjusted operating taxes (after subtracting taxes on lost property and adjusting for any transferred function, tax increment financing, state criminal justice mandate and/or enhanced indigent health care expenditures)	\$659,055
+This year's adjusted tax base	\$608,893,439
=This year's effective operating rate	0.108200 \$100
× 1.08 = this year's maximum operating rate	0.116800 \$100
+This year's debt rate	0.130600 \$100
=This year's rollback rate	0.247400 \$100

#### Statement of Increase/Decrease

IF PARMER COUNTY HOSPITAL DISTRICT adopts a 2019 tax rate equal to the effective tax rate of 0.239500 per \$100 of value, taxes would decrease compared to 2018 taxes by \$ 163.

#### Schedule A: Unencumbered Fund Balances:

The following estimated balances will be left in the unit's property tax accounts at the end of the fiscal year. These balances are not encumbered by a corresponding debt obligation.

Type of Property Tax Fund	Balance
Unencumbered Funds	897,428

This notice contains a summary of actual effective and rollback tax rates' calculations. You can inspect a copy of the full calculations at 305 3RD STREET/P O BOX 56, BOVINA, TX 79009.

Name of person preparing this notice: JILL TIMMS

Title: Parmer CAD

Date prepared: July 25, 2019



## Chieftain Football 2019 Schedule

Varsity				Junior Varsity				Freshman			
Date	Opponent	Place	Time	Date	Opponent	Place	Time	Date	Opponent	Place	Time
16-Aug	Sundown Scr.	Sundown	6:30	16-Aug	Sundown Scr.	Sundown	5:00	16-Aug	Sundown Scr.	Sundown	5:00
22-Aug	Bushland Scr.	Friona	7:00	22-Aug	Bushland Scr.	Friona	6:00	22-Aug	Bushland Scr.	Friona	5:00
30-Aug	Farwell	Friona	7:00	29-Aug	Farwell	Farwell	6:30	29-Aug	Bushland	Bushland	5:00
6-Sep	Bovina	Bovina	7:30	5-Sep		Friona		5-Sep	Bovina	Friona	5:00
13-Sep	Muleshoe **	Friona	7:00	12-Sep	Muleshoe	Muleshoe	6:30	12-Sep	Muleshoe	Muleshoe	5:00
20-Sep	L.Roosevelt	Roosevelt	7:30	19-Sep	L.Roosevelt	Friona	6:00	19-Sep			
27-Sep	Dalhart	Friona	7:00	26-Sep	Dalhart	Dalhart	6:30	26-Sep	Dalhart	Dalhart	5:00
4-Oct	Open			3-Oct	Open			3-Oct			
11-Oct	Childress *	Childress	7:00	10-Oct	Childress *	Friona	6:30	10-Oct			
18-Oct	Spearman *	Friona	7:00	17-Oct	Spearman *	Spearman	5:00	17-Oct			
25-Oct	Canadian *	Canadian	7:00	24-Oct	Canadian *	Friona	6:30	24-Oct			
1-Nov	Tulia *	Friona	7:00	31-Oct	Tulia *	Tulia	5:00	31-Oct			
8-Nov	Dimmitt *	Dimmitt	7:00	7-Nov	Dimmitt *	Friona	6:30	7-Nov			
<b>**Homecoming</b>				<b>*District</b>				<b>*District</b>			

8th Grade								7th Grade			
Date	Opponent	Place	Time	Date	Opponent	Place	Time	Date	Opponent	Place	Time
12-Sep	Muleshoe	Friona	6:30	12-Sep	Muleshoe	Friona	5:00	12-Sep	Muleshoe	Friona	5:00
19-Sep	L. Roosevelt	Roosevelt	6:30	19-Sep	L. Roosevelt	Roosevelt	5:00	19-Sep	L. Roosevelt	Roosevelt	5:00
26-Sep	Dalhart	Friona	6:30	26-Sep	Dalhart	Friona	5:00	26-Sep	Dalhart	Friona	5:00
3-Oct	Littlefield	Littlefield	6:30	3-Oct	Littlefield	Littlefield	5:00	3-Oct	Littlefield	Littlefield	5:00
10-Oct	Childress *	Childress	6:30	10-Oct	Childress *	Childress	5:00	10-Oct	Childress *	Childress	5:00
17-Oct	Spearman *	Friona	6:30	17-Oct	Spearman *	Friona	5:00	17-Oct	Spearman *	Friona	5:00
24-Oct	Canadian *	Canadian	6:30	24-Oct	Canadian *	Canadian	5:00	24-Oct	Canadian *	Canadian	5:00
31-Oct	Tulia *	Friona	6:30	31-Oct	Tulia *	Friona	5:00	31-Oct	Tulia *	Friona	5:00
7-Nov	Dimmitt *	Dimmitt	6:30	7-Nov	Dimmitt *	Dimmitt	5:00	7-Nov	Dimmitt *	Dimmitt	5:00



### Friona School Calendar for August 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 -Squaw Volleyball vs. Alumni -7:00p.m.
4	5 -Teachers First Day Back -Squaw Volleyball Scrimmage @ Shallowater 1:00p.m.	6 -HS Seniors Pick Up Schedules -Varsity Volleyball Dual vs. WT/Holy Cross 10:00a.m.	7	8 -HS Juniors Pick Up Schedules	9 -HS Sophomores Pick Up Schedules -Varsity Volleyball Tournament @ Shallowater -C Team Volleyball Tournament @ Trinity	10 -Varsity Volleyball Tournament @ Shallowater -C Team Volleyball all Tournament @ Trinity
11	12 -Meet the Teacher Primary/Elementary -JH Open House 5:00-7:00p.m. -HS Freshman Orientation/Title I/ Open House @ High School 5:00 -School Board Meeting 7:00p.m.	13 -Squaw Volleyball vs. Littlefield/Shallowater	14 -First Day of School	15	16 -Squaw Volleyball JV/V Tournament @ Littlefield - Chieftain Football Scrimmage @ Sundown 5:00p.m.	17 -Squaw Volleyball JV/V Tournament @ Littlefield
18	19 -Meet the Chiefs 7:00 p.m. Chieftain Field	20 -Squaw Volleyball Dual vs. LCHS/Brownfield 4:00p.m.	21	22 -Varsity Volleyball Tournament @ Denver City - Chieftain Football Scrimmage vs. Bushland 5:00p.m.	23 -Varsity Volleyball Tournament @ Denver City	24 -Varsity Volleyball Tournament @ Denver City
25	26 -Maiden Volleyball 7AB/8AB @ Bushland 5:00p.m.	27 -Squaw Volleyball vs. Melrose 5:00p.m.	28	29 -Border Bash Volleyball Tournament JH/JV/C -Freshman Football @ Bushland 5:00p.m. -JV Football @ Farwell 6:30p.m.	30 -Border Bash Volleyball Tournament JH/JV/C - Varsity Football vs. Farwell 7:00p.m.	31 -Border Bash Volleyball Tournament JH/JV/C



# STAR CLASSIFIEDS

250-2211  
Deadline: Tuesday @ 5 p.m.



## BUSINESS

## BUSINESS

**The Nutrition Spot**  
Smoothie & Juice Bar • 613 Main, Friona TX  
Phone: (575) 219-9436

**Drivers License Office Schedule**  
Tuesday-Wednesday  
9:00 a.m. — 4:30 p.m.  
Located at Friona Police Department Building

**We SHIP via UPS**  
Now you can SHIP where you SHOP!  
Blackburn Hardware  
904 West 11th  
250-2828  
Hours: 8:00-5:30  
Saturday 8:00-12:00

**Cheap Wheat Seed!**  
Noxious weed free!  
Good Germ!  
Gayland Ward Seed  
Hereford, TX  
800-299-9273  
806-258-7394



**Public Notice Emergency Siren System**  
Tested the first and third Thursday of each month at 7:00 p.m. weather permitting  
**Fire Siren**  
Alternating tone of Siren for Firemen only  
**Weather Warning**  
One long tone of Siren take cover  
Three short blasts all clear

**THE BONE JOINT CHIROPRACTIC CLINIC**  
Dr. Mindy Neal  
1100 Hwy. 86  
Bovina, TX  
806-251-1300

**PROPERTY ASSOCIATES**  
Realtors  
102 E. 11th Friona  
806-250-2745  
frionarealestate.com  
**Sales Associates:**  
Kevin Cooper 806-240-5468  
Karla Rector 806-382-7465  
Mike Chaney 806-265-7605  
George Rushing 806-265-7037  
**Broker/Owner:**  
Holly Campbell



**StateFarm**  
Agent  
**Homer Haile**  
265-2734  
Auto • Home • Life

**CHIFFAIN SELF-STORAGE SYSTEMS**  
Store your stuff with us!  
250-2555  
265-7923

## HELP WANTED

**EMS Hiring**  
Friona EMS is now accepting applications for all levels of EMS. (ECAs/EMR, EMTs, AEMTs/Intermediate, EMT-Ps and EMT-LPs.) Applications are available at the City of Friona office Monday through Friday 8am-5pm. After hours and on weekends you may pick up an application from the EMS station unless EMS are gone on a call or transfer. Call 806-250-5655 for any questions you may have.

**WE REPAIR**  
MACS • PCS  
LAPTOPS • TABLETS  
SMARTWATCHES & SMARTPHONES  
PRICES STARTING AT  
**\$49.95**

THE SAME  
**Great Service**  
NEW NAME  
HEREFORD PC REPAIR IS NOW:  
**TECH REHAB**  
CALL US 806.553.0489  
LOCATED BY BURRITOS PLUS

## EMT Class

City of Friona is hosting an EMT class to begin the end of August 2019. West Texas EMS Resources will be teaching this class in Friona.  
Orientation is at 6:30pm on August 26th, the first night of class will be on September 5th from 6:30-9:30pm. The last class will be on Thursday, February 20th, 2020.  
Classes will be held on Monday and Thursday evenings, from 6:30-9:30pm, and the 2nd Saturday of each month from 9am-3pm (except for the Saturday class in December, it will be on December 7th).  
The cost per person is \$1300, this cost includes your tuition, fees, textbooks, CPR certification, and clinical uniform shirts.  
The City of Friona is willing to pay the cost for persons willing to sign a 2 year contract of employment with Friona EMS.  
All interested persons should email Jeannie Martin at: frionaems@gmail.com

**1204 Jackson \$159,900**  
**REDUCED**  
**REDUCED 4/3/2 Brick w/cent. h&a, fp, basement, 2 living areas, circle driveway, sprinkler system**



**FRIONA**  
**NEW: 3/4/4 Brick w/cent. h&a, office, new carpet & LED lighting, granite in kitchen, sprinkler system, fenced backyard, shop..... Call for Info**

**REDUCED: 4/3/3 Brick w/cent. h&a, fp, office, basement, sprinkler, shop, lots of storage, corner lot.....\$199,900**

**NEW: 3/3/2 Brick Country Home w/cent. heat & air, 2 living areas, fireplace, 7 acres .....Cont Pend**

**NEW: 3/2 Stucco Country Home w/3 acres.. Cont Pend**

**BOVINA**  
**REDUCED: Commercial Building in Bovina Metal roof, cent. h&a, kitchen area, corner lot ..... \$49,000**

**SOLD**  
**3/3/2 Brick w/cent heat & air, remodeled kitchen, basement, fp, storage bldg w/electricity & bath ..... SOLD**

**Sales Agents**  
**Kevin Cooper** 806-240-5468  
**Karla Rector** 806-382-7465




**Let us sell your property!**  
EQUAL HOUSING OPPORTUNITY

**EG Photography**  
**Eric Gonzalez • 806-433-1973**



**Advertise in the Star Classifieds**  
Call 806-250-2211  
or email frionastar@wtrt.net



**Subscribe to the Friona Star Today!**  
806-250-2211 • frionastar@wtrt.net

**Look up past issues of the Friona Star on our website!**  
1.) Go to frionaonline.com  
2.) Click on the "newspaper archives" link  
3.) Search

**City of Friona Pool**  
1501 W. 5th

<b>Prices:</b>	<b>Party Rentals:</b>
3 & Under - Free	1 Hour: \$50
4-11 - \$3	2 Hours: \$100
12 & Older - \$4	3 Hours: \$125
Water Aerobics - \$3	

**Open:**  
Tuesday - Saturday • Regular Hours: 1-5  
Swimming Lesson Hours: 10 - Noon  
Party/Water Aerobics (12 & Up) Hours: 6-7

**The last day the pool is open is August 10**

**Friona Star is on the Web!**  
www.frionaonline.com

## GARAGE SALE

**Garage Sale**  
Furniture, Baby items, kids' clothes & toys  
1207 W 9th Place  
Friday 5-9pm, Saturday 8am-???

**Advertise Here!**  
\$9 per week for this ad size

**Risinger Plumbing**  
Serving Friona  
272-6772  
Cell: 523-2222  
Master License #16066

**Residential and Commercial overhead garage door or opener repair or replacement.**  
38 years in business  
call me today  
Toby Turpen  
@364-6362



## State Capital Highlights

By Ed Sterling



### Abbott, Patrick react after 20 die in deadly shooting

AUSTIN — After a gunman was arrested in the killing of 20 people and wounding 26 others at a popular shopping venue in El Paso on Aug. 3, Gov. Greg Abbott and Lt. Gov. Dan Patrick offered thoughts and prayers.

Abbott ordered flags lowered in memory of those who lost their lives and said flags should remain at half-staff through sunset on Aug. 8.

The suspect, 21-year-old Patrick Crusius of Allen, Texas, surrendered after waves of first responders arrived on scene.

Crusius was charged with capital murder. He remains in custody in El Paso.

### Lawmaker to take new post

Rep. John Zerwas, R-Richmond, last week announced his retirement from the state House of Representatives, effective Sept. 30.

Zerwas, a physician for more than 30 years and past president of the American Society of Anesthesiologists, was first elected to the Texas House of Representatives in 2007. He is the 29th most senior lawmaker in the 150-member lower chamber.

Zerwas currently serves as chair of the budget-writing House Appropriations Committee, and served in the same capacity in the 2017 Texas Legislature. He earlier served as chair of the House Committee on Higher Education.

On Aug. 1, the University of Texas System announced the appointment of Zerwas as executive vice chancellor for health affairs, effective Oct. 1.

Kevin Eltife, chairman of the UT System Board of Regents and a former state senator, said Zerwas “comes to the UT System with a very high regard among colleagues in the medical, business and legislative arenas.”

More than two-thirds of the UT System’s annual budget is dedicated to health care, education and research, and UT institutions produce almost two-thirds of the state’s health professionals, according to the UT System news release.

### Mitigation contracts issued

Eleven contracts totaling nearly \$14.6 million in the Texas Volkswagen Environmental Mitigation Trust settlement have been issued, mainly to school districts, the Texas Commission on Environmental Quality announced Aug. 1.

The settlement is a result of litigation over emissions-control defeat devices that were found to have been installed on vehicles manufactured by Volkswagen and its subsidiaries.

## Cornyn Bill to Broaden GI Benefits for Veterans in STEM Fields Becomes Law

WASHINGTON—U.S. Senator John Cornyn (R-TX) released the following statement after President Trump signed his Veteran STEM Scholarship Improvement Act, a bill to help veterans take full advantage of the scholarship provided to veterans studying science, technology, engineering, and math (STEM fields), into law.

“With this new law, we’re opening the door for veterans to pursue meaningful careers in increasingly high-de-

mand STEM fields,” said Sen. Cornyn. “I thank President Trump for his commitment to veterans, and I encourage veterans to take full advantage of the new opportunities this law offers.”

The Nourse STEM Scholarship, created by the Harry W. Colmery Veterans Educational Assistance Act of 2017 and supported by Sen. Cornyn, provides an additional nine months or \$30,000 of GI Bill eligibility to student veterans pursuing a STEM degree. The

law had mandated that eligible STEM programs exceed 128 required credit hours; however, most programs in the United States and the average STEM degree program in Texas require less than 128 credit hours. This new law reduces that requirement in the Nourse STEM Scholarship to reflect that STEM programs should exceed 120 required credit hours so that more veterans are able to take advantage of the scholarship.

cast spoke and sang. The weather was perfect, the moon was directly behind the cliff overlooking the stage and even some deer were seen at the top of the cliff where the rider carrying the Texas flag begins the show.

After the show, we visited with some of the cast. Benny Tahmahkera Jr., who plays the part of Quanah Parker, is well suited for the role since he is the great-great grandson of Chief Quanah Parker. Benny is also a retired Marine with 20 years in the United States Marine Corps which included three tours in Iraq. Marla Nauni is an expert in the Comanche language and clothing. She has been working on a film project “Thistle Creek” in which she coordinated all the language translation and assembled all of the wardrobe for the actors in the project.

Jeff Hooten, who played Tucker Yellidell, just happens to be a friend of Sheriff Randy Geries. They attended the Panhandle Regional Law Enforcement Academy together back in 1982. Randy thought “Tucker” looked familiar, but did not realize it was Jeff until we started taking his picture.

We also had a good visit with Brooklynn Johnston. She is the daughter of Bryan and Allison Johnston and is attending WTA&M University and majoring in music. She sang and danced in the Chorus and had a couple of small solo parts. The musical “Texas” is a great platform to teach people about our state and the Palo Duro Canyon State Park is a great place to visit anytime.

See photos on back page

Some 590,000 vehicles are affected, according to the TCEQ.

Entities that have applied for funds from the trust will use the money to replace aging diesel school buses, shuttle buses or transit buses with new models.

### Alert system is launched

The Texas Department of Public Safety on July 30 announced the implementation of CLEAR Alert, the Coordinated Law Enforcement Adult Rescue Alert.

The new alert system is designed to assist law enforcement in locating and rescuing missing adults who may have been kidnapped, abducted or who are in immediate danger of injury or death, and to aid in locating potential suspects.

Rep. Greg Bonnen, R-Friendswood, authored HB 1769 creating the CLEAR Alert and Sen. Larry Taylor, R-Friendswood, sponsored the legislation in the Senate. It was signed into law by Gov. Greg Abbott in May and takes effect on Sept. 1.

The system, to be managed by the DPS, will be operated in the same manner as AMBER, Silver, Blue and Endangered Missing Persons alerts.

### Revenue total is reported

Texas Comptroller Glenn Hegar on Aug. 2 announced state sales tax revenue totaled \$2.86 billion in July, an amount 4.3 percent more than the amount reported for the month of July 2018.

“State sales tax revenue growth in July was moderate, with services and restaurant sectors leading the growth,” Hegar said. “Tax receipts from the construction, wholesale and retail trade sectors also grew modestly, while receipts from the oil- and gas-mining sector remained about the same as a year ago.”

### Update: Measles cases

State health officials on July 29 confirmed that 21 cases of measles have been diagnosed in Texas so far this year.

The Department of State Health Services urged health care providers to consider measles when diagnosing patients because early identification, along with immunization, are keys to preventing the spread of measles.

A contagious respiratory illness, measles is a rash that begins as flat, red spots on the face and spreads down the neck and trunk to the rest of the body. Other symptoms include high fever over 101 degrees, cough, runny nose and red, watery eyes.



### Zucchini

Have you heard the one about never leaving your car windows rolled down during summer in a small town or it will be filled with free zucchini? I don’t think anyone living in the big city would understand how true this can be during the end of the summer when the zucchini crop is at its peak. In Frona you might even be able to get some free zucchini at the bookstore.

Zucchini first originated in Mexico and northern parts of South America as far back as 7,000 years ago. Christopher Columbus brought zucchini seeds to Europe where cultivation began. The zucchini squash as we know it was developed in Italy. It’s first name was green Italian squash. The name we use now, zucchini, was derived from the Italian word meaning small squash, “zuchino.” Zucchini appeared in North America around the 1920’s. It was probably first cultivated in California, although there is record of the vegetable being grown in 1928 in New York State.

Zucchini is a summer squash in the cucumber and melon family. It is harvested while still immature to take advantage of its tender skin and flesh. Botanically, zucchini is a fruit although it is treated as a vegetable when cooking. The zucchini grows well in temperate climates and can produce a significant yield. A great number of bees is required for its pollination, so farmers have been known to hand pollinate if enough bees are not available. Be-

cause of the large production numbers, the flowers of the squash plant are also harvested and served as a delicacy. The flowers are stuffed, battered, and deep fried in Japan. A similar dish known as fiori de zucca, is served in Italy. Zucchini is full of folate, potassium, as well as vitamin A. It can be eaten raw as well as cooked by steaming, boiling, grilling, stuffing, baking, frying, or adding to baked goods such as bread and cakes.

Many cultures use zucchini in different dishes:

Mexican – uses it to make soups or quesadillas

French – ratatouille – a summer vegetable stew; courgette farcie – zucchini stuffed with tomatoes and bell peppers

Turkish – mûcver – shredded zucchini, flour, eggs, lightly fried and eaten with yogurt

Bulgarian – a snack of fried zucchini served with dip made from yogurt, garlic, and dill

Egyptian – zucchini with tomato sauce, garlic, and onions

With zucchini’s high production rate, it always good to have a variety of recipes on hand to mix up our use of this delicious vegetable. Below is a recipe that you may have heard of before and maybe a couple of new ones to try out just in case you ever leave your windows down.

This information was found at [www.vegetablefacts.net](http://www.vegetablefacts.net) and [www.thespruceeats.com](http://www.thespruceeats.com).

### Easy Baked Zucchini

[www.spendwithpennies.com](http://www.spendwithpennies.com)

#### Ingredients

2 medium zucchinis sliced into 1/2” rounds  
1 tablespoon olive oil  
1/2 teaspoon Italian seasoning  
salt & pepper to taste  
1/3 cup shredded parmesan cheese divided

#### Instructions

Preheat oven to 425 degrees. Toss zucchini slices with olive oil, seasoning, salt & pepper and about 2 tablespoons of the parmesan cheese. Place on a baking sheet and top with remaining parmesan cheese. Bake 5 minutes. Turn oven to broil, place pan near the top and broil 3-5 minutes or until cheese is melted and zucchini is tender crisp.

### Zucchini Salsa Verde

[www.tasteofhome.com](http://www.tasteofhome.com)

#### Ingredients

1 large sweet onion, cut into wedges  
2 poblano peppers, cut into 1-inch pieces  
2 medium zucchinis, cut into 1-inch pieces  
4 tomatillos, husks removed and quartered  
3 jalapeno peppers, halved and seeded

2 tablespoons canola oil  
2 tablespoons lime juice  
1 tablespoon Louisiana-style hot sauce  
1 ½ teaspoons grated lime zest  
¼ teaspoon salt  
2 teaspoons honey, optional

#### Directions:

In a large bowl, combine the first six ingredients. Transfer to a grill wok or basket. Grill vegetables, covered, over medium heat for 18-22 minutes or until slightly charred and tender, stirring occasionally. Cool slightly. Finally, chop and transfer to a small bowl. Stir in the lime juice, hot sauce, lime zest, salt and honey, if desired.

### Lemon Zucchini Drops

[www.tasteofhome.com](http://www.tasteofhome.com)

#### Ingredients

½ cup butter, softened  
1 cup sugar  
1 large egg, room temperature  
1 cup finely shredded zucchini  
1 teaspoon grated lemon zest  
2 cups all-purpose flour  
1 teaspoon baking soda  
1 teaspoon baking powder

1 teaspoon ground cinnamon  
½ teaspoon salt  
½ cup raisins  
½ cup chopped walnuts

#### Lemon Glaze:

2 cups confectioners’ sugar  
2-3 tablespoons lemon juice

#### Directions:

In a large bowl, cream butter and granulated sugar until light and fluffy. Beat in egg, zucchini and lemon zest. Combine the flour, baking soda, baking powder, cinnamon, and salt; gradually add to the creamed mixture and mix well. Stir in raisins and walnuts. Drop by tablespoonfuls 3 inches apart onto lightly greased baking sheets. Bake at 375OF for 8- 10 minutes or until lightly browned. Remove to wire racks to cool. For glaze, combine confectioners’ sugar and enough lemon juice to reach a thin spreading consistency. Spread or drizzle over cooled cookies.

## “Texas” keeps getting better

By Clint Mears

Traveled to the Palo Duro Canyon State Park just outside of Canyon, Texas last Sunday to attend the outdoor musical “Texas” which is wrapping up its 54th season. The entourage included my sister and brother-in-law, Sarah and Randy Geries, and my niece who lives in Minnesota, Amy Bridges, and her two daughters Rowyn and Rylee.

I had not been to the musical in over ten years and was interested to see the improvements that had been made including the dancing waters, extra fireworks, and a tribute to military veterans. I also wanted to see Brooklynn Johnston, a 2018 Frona High School graduate, who was performing in the show.

The show was great and with the advent of lightweight headworn microphones you could hear every word the

Subscribe to the Frona Star Today!

806-250-2211 • [frionastar@wtrt.net](mailto:frionastar@wtrt.net)



Call Rhett Green at  
**806.781.3212**  
to set up an appointment

Green Crop Insurance is locally owned

Located at 308 3rd & Ave D in Farwell, just down the street from the Parmer County FSA office

[greencropinsurance.com](http://greencropinsurance.com)



Benny Tahmahkera Jr. (Quanah Parker) and Marla Nauni (Comanche Singer)



Kim Wieck Hernandez (Kate Lucas), Jeff Hooten (Tucker Yelldell), and Sheriff Randy Gerles

**Friona Rural Health Clinic**

- School/Athletic/Band physicals
- Vaccinations
- Medicaid Texas Health Steps physicals

**Saturday, Aug. 10  
9 am to 1pm**

**Saturday, Aug. 17  
9 am to 1pm**

Texas Medicaid Health Steps physicals will be billed directly to Medicaid.  
All other insurances and self-pay physicals will be \$20. Vaccinations charged separately.

For additional information or have questions, call  
**Erika Carrillo at 806-250-2754**  
**or Jeff Procter at 806-250-2781**

1307 Cleveland Ave. • (806) 250-2781



Justin "J.J." Rodriguez (Chorus), Rowyn Bridges, Brooklynne Johnston (Chorus), and Rylee Bridges

# Our Community Caring for You

Opened Since March of 2019

**At Country View Living, we've created a special place** where people can feel valued and secure, without having to leave the community they love. Our highest priority is to offer the very best care with a variety of services to meet your specific needs.

**Senior Living Suites  
Long-Term Living (Private & Semi-Private)**



Country View Living is proud to partner with Luby's and Starbuck's to serve both our residents and our community.

**Country View Living**  
Senior Living Community

701 Butler Blvd. Dimmitt, TX 79027 • (806) 647 - 2984 • info@countryviewtx.com

www.countryviewtx.com