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OS Ranch Steer Roping & Art Exhibit opens Friday

The long-anticipated revival of the OS Ranch Steer Roping & Art Exhibit will take place this weekend to coincide with the first weekend in October tradition with which the original event was conducted.

A "traditional Friday Night Party" will kick off the weekend at the historic OS Ranch house, 14 miles southeast of Post. Several of the original artists exhibiting in the 1972 art show plan to have items exhibited.

Pake and Susie McEntire will perform at 5 p.m. Friday at the OS Ranch Headquarters as part of the yard party and art exhibit and sale. Pake McEntire, a singing fiddle player, specializes in "real country songs" and easy-listening ballads. In the 1970s, he, Reba and Susie became The Singing McEntires with "The Ballad of John McEntire." After becoming an RCA recording artist, Pake McEntire landed three Top 20 hits on Billboard's country charts: "Saving My Love For You," "Every Night" and "Bad Love."

An art show and sale, featuring many of the artists who participated in the OS event over the years, will be conducted Saturday and Sunday in the exhibit hall of the Post Community Center. Thirty-three of the nation's top western artists are expected to participate in the art show and sale this weekend.

The list of exhibiting artists includes Tom Ryan, Wayne Baize, Chuck DeHaan, Glenna Goodacre, Grodan Snidow, Jimmie Cox, Bill Shaddix, Garnet Buster and Steve Devenyns, according to Giles McCrary, representative of the committee organizing the event. Most of the artists exhibited during the original OS Ranch Steer Roping & Art Exhibit and Sale, which took place from 1971 to 1983.

The Adobe House Gallery of Haskell, owned by cowboy artist Tom Ryan and his family, is coordinating the art exhibits for the OS Ranch Steer Roping & Art Exhibit Reunion.

On Saturday, activities will begin at 8:30 a.m. at the Post Stampede Arena where the Open Seniors Team Roping will be held. Fifty senior steer ropers have signed up to rope in the Senior Steer Roping, including former world

champion Charles Good. Many of the ropers slated to compete roped in and won the OS Ranch Steer Roping between 1971 and 1982.

The art exhibit and sale will run from 10 a.m. to 5 p.m. at the Post Art Center, and at noon a barbecue will be held at the Post Stampede Arena, followed by the Seniors Steer Roping at 12:30 p.m.

At 8:30 p.m., a dance will take place at the Post Community Center. Country artist Johnny Bush will be the featured entertainer.

If Bush had done nothing but write honky-tonk standards like "Whiskey River," "Sound of a Heartache" and "When My Conscience Hurts the Most," Bush's place in the country music world would be secure. If he contented himself with singing standard-setting versions of barstool anthems like "Green Snakes on the Ceiling," "There Stands the Glass" and "A Moment Isn't Very Long," he could look back on a career well spent. If he hadn't fronted his own ensembles, including his Western Swing band the Bandoleros, Bush could take pride in putting the swing into Ray Price's Cherokee Cowboys and Willie Nelson's early group, The Record Men.

With the release of a new album, Honky Tonk, Bush demonstrates in his fifth decade of performing his mastery of country music spans generations. In addition to his old friend, bandleader and mentor, Willie Nelson, Bush is joined on the album by several of Texas' new generation of country rockers - Kevin Fowler, Cooder Graw and Stephanie Urbina Jones.

Sunday events will begin at 8:30 a.m. with the Open Team Roping at the Post Stampede Arena and a breakfast at the OS Arena.

At 9:30 a.m. a worship service led by Jim and Judith Fullingim will be conducted at the OS Arena. A special "memorial roll call" for those OS ropers, artists, workers and supporters who have died will be offered at 10 a.m. at the ranch arena.

Sunday's art show and sale will begin at noon at the Post Art Center, and barbecue will be served again at the Post Stampede Arena.

At 1 p.m. at the Post Stampede Arena, the Invitational Calf Roping and the Match Roping will get under way. Several former world champion calf ropers will compete in the invitational calf roping. Scheduled to participate are Monte Lewis, who also will be matched against Trent Walls in the added attraction of the match calf roping, Roy and Clint Cooper, Joe Beaver, Stran Smith, Trevor Brazile, Carter Edmonson and Cody Ohl. A total of 40 of the nation's top calf ropers are expected to compete.

A scrapbook of pictures and stories covering the years the historic OS Ranch event took place, as well as the names of those recognized in the Honorary Roll Call, will be available for purchase during the reunion weekend.

A portion of the profits of the steer roping and art exhibit will be donated to the University Therapeutic Riding Center at Texas Tech, located at the Texas Tech Equestrian Center. The Riding Center is designed to serve physically and mentally challenged children and adults, providing physical benefits and speech and learning therapy and to further advancements in the field of therapeutic riding while offering undergraduate students a chance to obtain the skills needed to work in therapeutic riding and work toward certification with the North American Riding for the Handicapped



Pake McEntire performs Friday night at OS Ranch Party

Post Notes

Homebuyer's Workshop Set October 2

A Homebuyer's Workshop will be conducted by the South Plains Community Action Association's Community Services Division from 9 a.m. to noon on October 2 at the Community Services Building 1611 FM 300, in Levelland. The assistance is used for closing costs and down payment up to \$5,000 per household. Call Billie Williams at 495-2329 for more information.

Backyard Sale Benefit

The Church of God of Prophecy at 114 N. Ave. K will hold a backyard sale on Saturday, October 2, beginning at 8 a.m. - ? Proceeds will go to benefit general funds. Weather permitting.

Middle School Laptop Rollout!

The laptops for MS have arrived and we are busy getting them ready for the students. Students will receive laptops on October 12. We will have a parent orientation and sign-up October 4-6, from 5:30 - 7 p.m. at the Elementary Auditorium. It is mandatory that you attend one of the 3 meetings before your student will receive a laptop! Please mark your calendar to attend.

Caprock Music Party

Area bands will be featured on Saturday, October 2 at the Trailblazers Building, 10th and Ave. I from 7-10 p.m. Admission is free. Donations urged.

Flu Shots Available Soon

Flu shots soon will be available locally, according to information provided by a representative of the Garza County Hospital District. The flu vaccine has arrived, but health officials are awaiting FDA release prior to making the shots available to the public. Shots will be available at the local clinic. For more information call the clinic at 495-2398.

Voter Registration Deadline Nears

The deadline to register to vote in the November 2 general election, which this year will include the presidential election, is October 4. To request an application for Texas voter registration online, go to <http://www.sos.state.tx.us/elections/voter/regvr.shtml>. Registration cards also should be available at the Garza County courthouse.

Trinity Baptist Church Revival

Trinity Baptist Church would like to invite everyone to a revival beginning on Sunday, October 3 at 6 p.m. and Monday-Wednesday, October 4-6 at 7 p.m. Dr. Robert McKinsie will be preaching and the choir from Good Shepherd Baptist Church in Lubbock will be with us Sunday night. Everyone is encouraged to attend.

Bold Gold Pep Rallies

Post High School will hold their Pep Rallies every Friday at 9 a.m. at the Antelope Arena. The public is invited to come out and support the Antelope squad.

Antelope Booster Club

Weekly meetings for the Antelope Booster Club will be held on Mondays at 6:30 p.m. in the Post High School library. The meetings will include the coaches report and a review of the previous varsity game, plus a preview of the next opponent. All parents and Antelope fans are invited to attend.

MADS DADS

MAD DADS is open after school from 3:30-5:30 p.m. each day at 108 N. Broadway. This is for all students in all grades to have a place to go and do homework, play the new games, watch TV and hang out with friends. For more information call 495-1244 or 620-0960.

G.C.J.L.A. "Fun" Raiser

Garza County Jr. Livestock Association will be holding its annual fundraiser at 7 p.m., Saturday, October 16 at the Post Community Center. Association members are selling raffle tickets for \$5,000, \$1,000, two \$500 and two \$250 cash prizes. Donations of auction items are being accepted at the Extension office or if you will call 495-4400 they will be picked up. A brisket dinner will be served with the Guthries providing entertainment for the evening. 4-H families are asked to provide desserts for the meal.

Trailblazers Seeking VHS and DVDs

Garza County Trailblazers will soon be hosting a movie night for our senior citizens of Post. We are currently putting together a movie library for the center and we are seeking donations for movies, old and new, VHS and DVDs. If anyone is interested in donating a movie you may contact the center at 495-2998 or drop off your donations at Trailblazers, 205 E. 10th street in Post.

Partners for Parenting Coalition

Lubbock County Partners for Parenting Coalition will be sponsoring a "Building Strong Families: Tool for Success Conference" on Thursday, November 4 at 8 a.m. The conference will take place in Lubbock at the First Church of the Nazarene at 6110 Chicago Avenue. A variety of sessions will be made available for participants. Registration forms are available at each of our Post ISD schools. For more information call 495-3414 and ask for Mrs. Pequeno or Mrs. Bryan. Deadline for registration is October 25.

Garza County Health Fair

The Garza County Health Fair will be held Tuesday, October 5 from 10 a.m. - 2 p.m. at the Post Community Center. Free Screening include Glaucoma, Glucose, Blood Pressure, Vision and BIP. Educational information is being provided by local and area health organization and agencies.

Garza County JP Courts collect \$27,673 in July

by Tim Burnett

Garza County Justice of the Peace Courts collected a total of \$27,673 during July for highway travel fines issued here, according to official reports. The fund raising program, operated by Garzy County in coordination with the State of Texas, took advantage of travelers who were accused of violating State Transportation Codes.

Justice of the Peace Precinct 1 collected \$10,571.50 on 46 cases while JP Court Precinct 2 reported \$17,108.50 on 52 cases.

State and county code enforcement officers are "just doing their jobs" by enforcing the traffic code, but what was sold to the public in the 1920s for "safe" roads, is now a huge money making scheme for corporate governments.

The State of Texas gradually shifted the public perception of the Code's underlying scope so that all travelers appear required to register their automobiles with the State of Texas. A study into the underlying scope of the Texas Transportation Code has revealed exactly who is required to register their automobiles with the State.

The exact scope of the Texas Transportation Code was discovered by allowing it to narrowly interpret itself according to its strict construction. The scope of the Transportation Code is "Transportation."

The term "Transportation" is not defined in the Texas Code. According to the United States Transportation Code and Black's Law Dictionary, the term "Transportation" is defined as transportation by a carrier for hire.

Use of the roads and highways for the purpose of "transportation for hire by carriers" was what fell under the scope of the Code. Even to this day, the Code protects the traveling public by regulating vehicles using the roads for the purpose of "Transportation."

The registration requirement falls within the limited scope of the Transportation Code. The only automobiles that are required by law to be

(Continued on Page 2)

Post artist Glenda Morrow exhibits at OS Ranch Roping & Art Show Reunion

by Rosa Latimer Bell

Local artist, Glenda Morrow, will be among the 30 artists featured at the OS Ranch Roping & Art Show this weekend.

Glenda was involved with the early OS Ranch Roping & Art Show events. In 1978 she was asked to design the dance ticket for the Saturday night dance featuring Bob Wills band, The Texas Playboys.

Glenda's dance ticket, autographed by every band member, will be part of the auction Friday night at the Yard Party. She also helped with early OS Ranch art shows "working the porch" greeting art patrons and was very much in awe of the well-known artists whose work was featured at the event

(Continued on Page 2)



A dance ticket, designed by Post artist Glenda Morrow for the 1978 OS Ranch Roping & Art Show dance and signed by all of the members of The Texas Playboys, will be auctioned at the OS Ranch Yard Party Friday night. (Photo by Tim Burnett)



"Witness for the Prosecution" continues at Garza Theatre

Garza Theatre's "Witness for the Prosecution" cast members wowing audiences are (left to right) Wayne Jennings, Jason Grimes, Steve Berry, Sally McMillan Berry, Rob Holton, Brittney Joyner, Chris Davis, Mickie Klafka, Valerie Conner, David Johnson and Mark

Martin. The Agatha Christie play is directed by Jeff Conner. Final performances are Friday, Saturday and Sunday. Call the box office at 495-4005 for reservations.

Morrow's paintings on display

"I am honored to be included in this year's exhibit with these acclaimed artists," Glenda explained.

From childhood creating art has been a very important part of Glenda's life. "When I was a little girl I kept my daddy busy sharpening my pencils. I won a prize in the first grade for a drawing of some birds."

Most Post residents are familiar with Glenda's art. She has been active in the Post Art Guild for many

years and currently serves as President. Glenda credits the Art Guild for helping her develop and promote her work and she also appreciates the support that local art patrons provide to Post artists. "From what I've read, Mr. Post was very culturally minded and through the years the arts have remained a very important to this community."

While watercolor is her favorite medium, Glenda also works in oil

and acrylics. Her subjects are diverse, but she especially enjoys painting flowers. Recently she has expanded her body of work to include paintings of bass and the scenic banks of Lake Alan Henry. "I did some studying before I started painting bass, but I already knew a lot about fish. Fishing is one of my favorite things to do!" she explained.

Glenda's paintings have been shown in Ruidoso, NM and she has exhibited her work in many regional shows including a show at the Historic Hotel Garza in Post and a month-long, one-woman show at the Lubbock Art Alliance. She studied various techniques and aspects of painting at the Carizzo School of Art in Ruidoso where she took summer classes for seven years. She also studied art at Western Texas College in Snyder and with artists Danny Gamble and Paul

Milosovich in Lubbock.

Glenda and her husband, Charles, have been integral parts of the Post community since their marriage 54 years ago. Their four children, David, Daniel, William & Melissa all attended school in Post and Daniel & William still reside here. David now lives in Staten Island, NY and Melissa lives in Albuquerque, NM.

"I think I would have been an artist even if it were illegal," Glenda said. "It has always been a part of me."

The OS Ranch event will begin Friday night with a Yard Party, art exhibit and sale at the ranch headquarters. The art exhibit will move to the Algerita Art Center on Main Street for the remainder of the weekend. The show will open there Saturday, October 2 at 10:00 am and Sunday, October 3 at Noon.



Mr and Mrs Steve Colleps

Mr and Mrs Steve Colleps celebrate 50th anniversary

Mr. and Mrs. Steve F. Colleps of Post celebrated their 50th wedding anniversary with a family gathering and dinner in Lake Dallas. The couple's children and grandchildren hosted the event.

Steve Colleps and the former Myra Klattenhoff were married Sept. 25, 1954, at the Posey Lutheran Church near Slaton.

Both graduated from Roosevelt High School, and she was a graduate of Texas Women's University in Denton. He worked for the post office, Winn-Dixie Supermarkets and for boll weevil eradication in Slaton. She taught school for several years in the Dallas/Fort Worth area.

The couple are the parents of Tony and D'Anne Bishop of Wilson, Darla Woods of Lake Dallas and Walter and Karen Colleps of North Richland Hills. Their five grandsons are Anthony Bishop, Brent and Greg Woods and Jared and Cody Colleps.

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Births

Phoebe Alexis Clark

Chris and April Clark are pleased to announce the birth of their daughter, Phoebe Alexis Clark, born Sept. 8, 2004, at Covenant Hospital Levelland.

The infant weighed 6 pounds, 12 ounces, and was 19 inches long at birth.

She is welcomed home by two sisters, Mykali Austin and Katelynn Clark.

Grandparents are James and Darla Austin of Levelland, Ron and Mert Clark of Odessa and Jena and Darrell Speck of Littlefield. Great-grandparents are Z.W. and Leota Clark of Anton, Robert and Jeannette McHam of Levelland, Nelson and Alice Naylor of Littlefield and Elaine Nutt of Levelland. Lorene Powell of Sundown is the baby's great-great-grandmother.



Phoebe Alexis Clark



Re-Elect

LEE NORMAN
 COUNTY COMMISSIONER PCT. 1
 GARZA COUNTY
 POST, TEXAS 79356

PH: (806) 495-2616 BEEPER: 791-9887

Pd. Pol. Adv. Pd for by Lee Norman, P.O. Box 566, Post, Texas 79356

ELECT



Jay Young

Garza County and District Clerk

Pol. Adv. Pd for by Jay Young, 202 S. Ave. F, Post, Texas 79356

Highway fines...

(Continued from Page 1)

registered with the State are those that use the roads for the purpose of transporting for hire: for example, busses, cabs, freight carriers, etc.

The simple question remains: will the county courts dismiss all cases where peace officers attempt to enforce the Transportation Code upon automobiles that do not fall within the limited scope of the Code?

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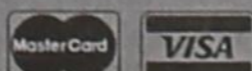
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VOTE



KENNY RATKE
 Garza County Sheriff

VOTE NOV. 2

Pd. Pol. Adv. Paid by Kenny Ratke, Two Draw Lake, Post, Texas 79356

Getting Shots: Not Just Kid Stuff Anymore

Shots...say the word and watch the look of dread come over a child's face. Shots* vaccinations or immunizations* are a part of life for school children in this country. Kids don't like them, but shots are designed to provide protection from certain diseases.

Many adults don't realize it, but the same is true for them. Try to remember the last time you were immunized. It has probably been a while. But adults are also affected by communicable diseases and need protection. And it doesn't have to be as painful as you think.

The U.S. Department of Health and Human Services, along with the Centers for Disease Control and Prevention have some tips for adult immunizations.

*Pneumonia and influenza*the flu*together count as the fifth-leading cause of death for older adults. Vaccinations against both of these illnesses are available. Eighty Flu shots will be available at the Health Fair for \$15 each. Medicare B will be accepted but you must bring your card. Please call 495-4400 to reserve your shot.

The pneumococcal vaccination requires a one-time injection. The influenza vaccine requires an injection once per month due to the changing nature of the influenza virus. That's

why a yearly flu shot is advised for older people and those in fragile health.

Medicare Part B provides for you to receive these two vaccinations*once for pneumococcal and annually for influenza.

*Remember getting a cut by something rusty and having to get a tetanus shot? Remember hearing horror stories about diphtheria? Remember getting a combination shot every few years to protect against those dangers? Those hazards don't go away just because children become adults.

Although less than 50 cases of tetanus are reported in the United States each year, they cause about five deaths. Most of these deaths occur in adults over the age of 60.

As for diphtheria, this contagious disease is potentially fatal. In fact, nearly 10 percent of those who contract diphtheria die from it. For these reasons, the CDC recommends that adults receive a tetanus/diphtheria booster once every 10 years.

* The one-time vaccination for measles, mumps and rubella has been around since 1956 and usually provides lifetime protection against these illnesses. However, since these "childhood diseases" can strike adults too, anyone who has not had either the diseases or the shots should be

immunized.

*Other immunizations can be helpful in certain circumstances. Vaccinations for hepatitis A and B, chicken pox and meningitis may benefit certain individuals. People at high risk for these conditions include health workers, people with weakened immune systems and those who have close contact with people who are infected.

Frequent travelers also may need extra inoculations. These persons should check the CDC web site for vaccination and medication recommendations for various travel destinations. Go to <http://www.cdc.gov> travel for more information.

Keeping immunizations up to date is not something that's outgrown. It is estimated that each year in the United States, about 50,000 adults die from vaccine-preventable diseases or their complications. Talk with your health provider about updating your immunization record.

Visit the Centers for Disease Control Web site at <http://www.cdc.gov/>. For more information on this and other health issues, visit Extension's Family and Consumer Sciences Web site at <http://fcs.tamu.edu> or contact an Extension agent.

Amity Study Club holds first meeting of year

The Amity Study Club met for its first meeting of the 2004-2005 year Sept. 21 in the home of Patsy Bilbo.

President Sandra Alexander called the meeting to order for a short business session.

All enjoyed an evening of fellowship and food - buffalo burgers with all the trimmings and homemade ice cream.

The program was on Labor Day and how it started. It was provided by Edna Owen.

Members present included Alexander, Naomi Matsler, Joy Dickson, Barbara Babb, Suzanne Hudman, Owen, Joy Pool, Margaret Bull, Carolyn Sawyer, Ginger Carlisle, Anne Sims and hostesses Jamie Middleton, Janie Davis and Bilbo.

Basic phlebotomy class registration at SP College

Openings remain available in Basic Phlebotomy class, which begins Oct. 4 at South Plains College in Levelland.

The course will cover skill development in performance of a variety of blood collection methods using proper techniques and universal precautions.

Classes will meet 6:30-9:30 p.m. Mondays and Wednesdays through Nov. 18 in the Technical Arts Building, Room 101. Twenty-four hours of clinical instruction will be arranged. Instructor is Georgia Mulloy.

Tuition is \$340 and textbook is The Complete Textbook of Phlebotomy, 2nd edition, by Lynn B. Hoeltke. Cost of textbook is \$60.29.

Students must provide proof of immunization for MMR, Tetanus, Hepatitis B and have a current negative TB test.

To pre-register or obtain more information, contact the SPC Division of Continuing and Distance Education at 894-9611, ext. 2341.

Taxes and Theft = Robbery



Democratic Party candidates hosting a "Democratic Party Meet Up" last Saturday at the Post Community Center are (left to right) Lee Norman, Daniel Yarbro, Cliff Laws, State Representative Pete Laney, District Attorney Ricky B. Smith, Judy M. Bush, joined by County Judge Giles W. Dalby.

Garza Theatre's "Witness..." grabs audiences' attention

by Wes Burnett

"Who done it?" is the theme for the current Garza Theatre production of Agatha Christie's "Witness for the Prosecution," which is packed with outstanding performances, directed by Jeff Conner.

We saw the play last Saturday evening, and were delighted with the superb, almost flawless presentation.

Cast members Mark Martin, Rob Holton, Mickie Klafka, David Johnson, Steve Berry, Sally McMillan Berry, Wayne Jennings, Brittany Joyner, Jason Grimes, Chris Davis, Valerie Conner and Kim Kae Flicka kept us entertained and guessing up to the end.

The play takes place in England in the 1950s and revolves around the murder of a wealthy eccentric old lady, who was befriended by a "wanderer" (Holton), who is charged with the crime.

He gets help from two "solicitors" (Martin and Johnson) who craft a defense. At twist here and there leaves much doubt as to the guilt or innocence. Adding to the mystery is the "wanderer's" so-called wife (Klafka).

I won't dare to give the plot away, but certainly encourage you all to make reservations for one of this weekend's final performances. The court room drama is compelling and entertaining.

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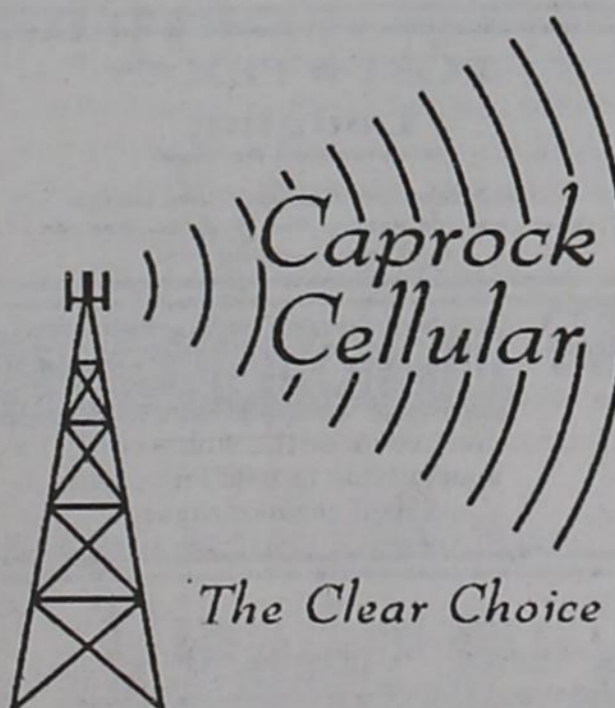
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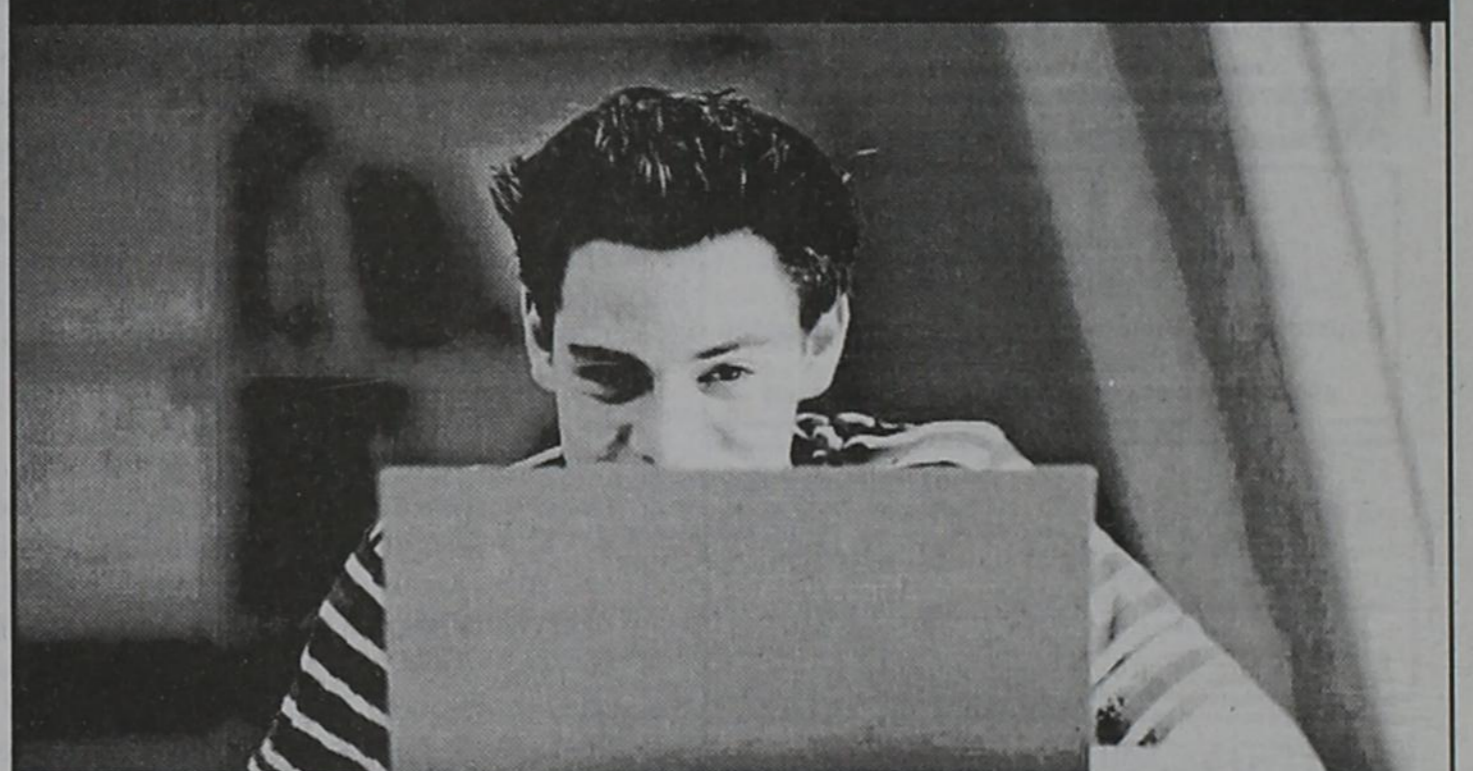


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Obituaries

Glenn Clark Wheatley

Services for Glenn Clark Wheatley, 87, of Canyon, formerly of Post, were held at 10 a.m. Wednesday, Sept. 29, 2004, at the Brooks Chapel with Bill Holt officiating. Burial will follow in the Dreamland Cemetery under the direction of the Brooks Funeral Directors of Canyon and Happy.

He died Monday, Sept. 27, in Canyon. Born March 25, 1917, in Waxahachie to Boe and Ida Boren Wheatley, he married Ardalia Wells on July 2, 1938, in Posey. A longtime farmer in Lynn and Garza counties, he was retired from Burlington Industries. He enjoyed fishing at Lake Brownwood and was an avid craftsman.

Survivors include his wife, Ardalia; one son, Glenn Dale Wheatley and wife, Clydus, of Sulphur Springs; one daughter, Elaine Fertsch and husband, Jim, of Lubbock; one sister, Helen Meeks of Lubbock; two grandsons, Glenn Dale Wheatley Jr. and wife, Sandi, of Cooper and Terry Cunningham of Sulphur Springs; four granddaughters, Elizabeth Hopkins and husband, Dave, of Carrollton, Rebecca McGee and husband, Robert, of Conroe, Shelly Downey and husband, Dwain, of Amarillo and Kim Ferguson and husband, Ricky, of Canyon; seven great-grandsons, Glenn Dale Wheatley III, Joshua Cunningham, Baron, Tyler and Mason Downey and Brian and Blake Ferguson; two great-granddaughters, Shayna Wheatley and Becca Ferguson; and several nieces and nephews.

Arvill Joe Hair

Services for Arvill Joe Hair, 50, of Post were Saturday September 25, 2004 3:00 PM at Church of the Nazarene with the Rev. Gregory White of Lubbock officiating. Burial followed at the Terrace Cemetery. Arrangements were under the personal care of Justice-Mason Funeral Home.

Arvill died on Wednesday September 22, 2004 at his residence. He was born on Wednesday May 14, 1954 to Gene and Betty(Ausborn) Hair here in Post. He started school here, moved to Big Lake and later to Andrews. He returned to Post in the late sixties to work for H&M Construction, Inc. and also for Roger Hair. Working until his illness.

Arvill was preceded in death by his mother, Betty, in 1992. He is survived by: One Son, Robby Hair; One Daughter, Phylis Hair, his Father, Gene Hair of Post,

Three Brothers: Ronnie and his wife Connie Hair of Andrews, Kenneth Hair of Post, and Gary Hair of Post.
Three Sisters: Carol Hair of Odessa, Shirley and her husband George Smiley of Odessa, and Linda Coffman of Andrews.

Pallbearers were be Donnie Hair, Benny Hair, Rickie Hair, Steve Hair, Les Hair, Tracy Morris, Timothy Hair and Floyd Hair. Memorials are suggested to the American Cancer Society, 3411 73rd Street, Lubbock, Texas 79423.



Health and Wellness Fair to Provide Free Screenings, flu shots

Texas Cooperative Extension invites you to come out and participate in the October 5, 2004 Health and Fitness Fair. The fair will be held at the Post Community Center, 113 West Main in Post and will begin at 10:00 a.m. and last until 2:00 p.m.

Services that will be provided FREE TO PUBLIC include glaucoma screening, glucose checks, BIP checks, and vision screening. Prevent Blindness Foundation will be accepting donations of used eye glasses.

Organizations participating in the Health and Fitness Fair include Calvert Home Health Care, Covenant Home Health, Garza County Sheriff's Office, Garza County Health Clinic, Golden Plains Care Center, High Plains Epilepsy Association, Prevention Resource Center, STAR Maximums Program, Prevent Blindness, South Plains Community Action, Women's Protective Services, and Texas Cooperative Extension.

Information will be available free to the public regarding home health care; hypertension; diabetes; choosing long term care; out patient therapy; drug, alcohol, and tobacco prevention; the Texas STAR Program, community services, WIC, and transportation services; and information about domestic and dating violence.

Please make time to attend this informative event, many local and area organizations will be there for consultations and look forward to you taking advantage of their services! Please call (806) 495-4400 for more information.

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Post Devotional Page

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On God's Word

by Timothy W. Burnett

Speaking in tongues...Summary on Acts 2:1-4

In John 20:22 Jesus Christ instructed his disciples on what would be available in the future. As noted before, the word "on" is a bad translation of the Biblical Greek word "en," which is more accurately translated "in." The word "receive" comes from the earlier Greek word "lambano" that meant to lay-hold of, or seize unto something. When we allow God's word to interpret itself, we learn that to "receive holy spirit" refers to the point in time that people start speaking in tongues.

Jesus Christ's instructions in John 20:22 first came to pass on the day of Pentecost. (See Acts 2:1-4). The disciples were assembled together in the temple. Around nine o'clock in the morning, everybody heard a sound that originated from above. It was like a strong rushing wind that literally filled the whole place. This sound could only have been God's way to symbolize the pouring out of holy spirit. Immediately after holy spirit was poured out, the disciples were filled with holy spirit upon their next breath of air.

Having been filled with holy spirit, the disciples were next given a vision of cloven tongues that looked like fire. The vision sat upon each of them. It was the disciples' cue to act on Jesus Christ's earlier instructions to lay-hold of holy spirit. They began to speak in tongues as the spirit of God gave the words. By a rightly dividing of God's word, we know that when they began to speak in tongues, they laid-hold of that holy spirit which they were filled with.

According to Acts 2:6-11, everybody in the temple heard the disciples speak in their own languages the wonderful works of God. This was a fantastic miracle that was designed to propel the ministry of

reconciliation with great dynamics. God sure knows how to get things started! The people were amazed and wondered what it meant. Some mockingly accused the disciples of being drunk. But Peter stood up with boldness and explained by the spirit what they saw and heard. They witnessed the beginning of a whole new administration which would end in the "great and notable day of the Lord" (Acts 2:20). He finished the words of the prophet Joel as follows, "And it shall come to pass, that whosoever shall call on the name of the Lord shall be saved" (Acts 2:21). This came to pass for the disciples who began to speak in tongues. It also came to pass for many others as recorded in the book of Acts. And it can still come to pass for people today.

In 1Corinthians 1:2, Paul distinguished between all the saints and those who call upon the name of the Lord, "Unto the church of God which is at Corinth, to them that are sanctified in Christ Jesus, called saints, with all that in every place call upon the name of Jesus Christ our Lord, both theirs and ours." To be a saint simply means to be filled with holy spirit. Many of the saints laid-hold of holy spirit when they began to speak in tongues. This is also when they began to call upon the name of the Lord and get saved from the terrible period of tribulation as recorded in the book of Revelations, which is yet to come. Since the rapture has not yet occurred, this unique salvation is still available today.

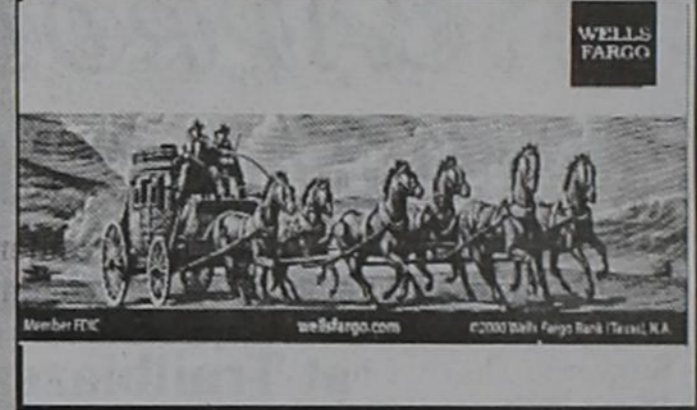
Next week we will begin a study of Romans 10:8-15 which shines more light on what conditions must be met in order to obtain this precious salvation that is only available during the age of the grace of God.

For the archives of On God's Word please visit www.geocities.com/christinyou7/love.html.

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Opinions

Big government Republicans

by Sheldon Richman

If that was the small-government party we saw in action at the Republican National Convention in New York City, who needs a big-government party?

In fact the Republicans have been a big-government party for many years, but at least they used to try to sound like they favored small government. Now they don't even try. The convention throng went wild every time someone mentioned that President George W. Bush has set records for federal education and Medicare spending. I half expected the crowd to blow the roof off Madison Square Garden after being reminded that the federal budget deficit has approached half a trillion dollars. I'm sure one of the cable networks could have found a conventioneer decked out in silly regalia to say, "Woo hoo! Republicans do everything big!"

Where was the praise of self-reliance and criticism of dependence on government? The only allusion to independence came when Bush touted his plan for government to make the down payment for people who can't afford to buy homes. That's self-reliance?

At least Ronald Reagan used to say that government was the problem, not the solution. Couldn't we have had a little of that?

Then I remembered that two Bush presidencies have been built on repudiating the anti-government image of the Republicans' beloved Reagan. (Alas, it was more image than substance.) When Bush the elder promised at his inauguration "a kinder, gentler America," he was reverting to form and throwing rhetorical Reaganism on the ash heap of history. When Bush the younger campaigns as a "compassionate conservative," he's doing the same thing. It's amusing to see devout Reaganites prostrate themselves before a man who either despises what they believe in or is too cynical to embrace it publicly.

Maybe the core of Bush's stance was expressed in this line: "I am running with a compassionate conservative philosophy: that government should help people improve their lives, not try to run their lives."

Convention delegates can't be expected to listen to speeches with

Founder's plan validated by Jerre Kneip The current election campaigns for President of the United States graphically demonstrates the validity of the method of electing the President and Vice President as set out in the constitution. While President Bush and Senator Kerry will probably spend about half a billion dollars in their campaigns, [not to mention the millions spent by independent groups] each giving primary emphasis to the shortcomings of his opponent, most of which appear to be true; other,

too fine an ear, so they very likely thought the president was making a profound distinction between themselves and the Democrats. He did nothing of the kind. In practice, there's no big difference between a government that does things to "help people improve their lives" and one that "run[s] their lives."

For one thing, the government decides what improvement means. That should be left to individuals. But if the government doesn't do it, how could politicians characterize themselves as "compassionate"? Under Bush the government extracts \$2 trillion from the American people. (That doesn't count unbudgeted items, including the costs of regulation, protectionism, and compliance with the impossible tax code.) Think how much people could improve their own lives, without government help, if that money were left in their pockets. Yes, Bush has reduced tax rates, but the intrusive, distorting American welfare state, co-sponsored by the Republican and Democratic parties, is not going to be eliminated by piddling tax cuts, especially when they are unmatched by spending cuts. The Republican Politburo, of course, knows this.

Only ignorance of political economy could lead one to think that greater federal control of education and retirees' medical care will improve people's lives. Where there's a government program, there are bureaucrats deciding what's good for people, rather than people deciding for themselves. As George Washington is reputed to have said, "Government is not reason; it is not eloquence. It is force." Even Bush's most "radical" suggestion — to let people privately invest a small part of what is now taken in Social Security taxes — would be under the heavy hand of government regulation.

Today's Republican Party is incapable of thinking in terms of liberty and self-responsibility. So no one should have been surprised when Bush's chief of staff, Andrew Card, said after the convention, "[This] president sees America as we think about a 10-year-old child." That explains it all.

Sheldon Richman is senior fellow at The Future of Freedom Foundation in Fairfax, Va., author of *Tethered Citizens: Time to Repeal the Welfare State*, and editor of *The Freeman* magazine.

9/11 commission looked the other way

by Jerre Kneip

On September 24, 1964, the President's Commission on the Assassination of President Kennedy, commonly known as the Warren Commission, issued its report. That commission, composed of Supreme Court Chief Justice Earl Warren, Senator Richard B. Russell, Senator John Cooper, Representative Hale Boggs, Representative Gerald R. Ford, Allen W. Dulles and John J. McCloy, were they alive today, would undoubtedly be embarrassed (if they were capable of embarrassment) by the volumes of factual information disputing their findings and conclusions in that report that have become public knowledge since its issuance. Almost exactly forty years later the final report of the 9-11 Commission has been published.

This time, through the technical advances in video and the internet allowing a more thorough investigation by ordinary citizens, the embarrassment of the commission members should happen within their lifetime.

It is interesting to note that of the 10 member Commission, five including Chairman Thomas H. Kean and Vice Chairman Lee H. Hamilton are members of the Council on Foreign Relations, established in 1921 as a branch of the Roundtable in England whose unwritten agenda is to establish a world without national boundaries under a world government.

The Executive Director of the Commission, Philip Zelickow, is also a CFR member as are six other members of the Commission staff. Of the 160 witnesses questioned in the 12 public hearings, 31 are members of the CFR, many of them office holders in the present and past administration.

The report, from the outset, presumes that the attack carried out with military precision simultaneously hijacking four commercial airliners was planned and carried out by a small group of Arabs who had learned how to fly jumbo jets by practicing on simulators and small aircraft under the direction of Osama bin Laden operating from a cave in Afghanistan.

Substantial preliminary discussion is devoted to previous attacks on U.S. facilities presumably by Al Qaeda and bin Laden, but no mention is made of the CIA support of bin Laden against the Soviet Union in the 1980s or of the business relationships between the bin Laden family and the Bush family.

There seems to be no concern about how hijackers armed with box cutters could commandeer four aircraft simultaneously, cause their transponders to be shut down, prevent all their pilots from taking any defensive action, cause the FAA and NORAD not to recognize that massive hijackings were underway, or prevent any armed protection of the Pentagon.

Furthermore, there seems to be no concern about what would cause two buildings designed to withstand the crash of a 707, which did, in fact, withstand the 767 crashes, to subsequently collapse, in the manner of numerous witnessed and video recorded building demolitions, when there is no record of a steel structured building collapsing because of fire.

Nor was there any concern about how a fire fueled by low grade oil (jet fuel) could generate enough heat to melt steel, of what caused the concrete to be pulverized as indicated by the massive amounts of powdered concrete and no large blocks of concrete in the wreckage, or why the area was not treated as a crime scene and thorough independent investigation into the cause of the building collapse was not allowed, or what caused all the floors to destruct simultaneously and collapse in the manner of a free fall unobstructed by any resistance.

None of the Commission members saw fit to ask what caused the explosion in the basement of building 6 blasting a hole through its roof, or what caused the fire hours later in the 47 story building 7 a block away, which then collapsed in the same demolition manner as the towers, or what happened to cause the reinforced bunker at the

23rd floor of building 7 to be completely pulverized.

No one questioned why the Pentagon has refused to release complete photo coverage of the aircraft's final approach to the Pentagon or why the FBI confiscated all security camera coverage from surrounding facilities which might have shown that aircraft as it approached. Nor did they ask for an explanation of why there was no wreckage of the aircraft which struck the Pentagon - no engines, landing gear, tail section, no luggage or bodies - or why the hole in the wall of the Pentagon was smaller than the aircraft which they presume caused the damage.

There are many more unanswered questions to which the Commission chose to look the other way. It is unfortunate that the Commission chose not to read Eric Hufschmidt's "Painful Questions" analysis of the 9-11 attacks, or George Humphrey's "9/11: The Great Illusion" in both video and print, or Anthony Hilder's "911: The Greatest Lie Ever Sold".

These documentaries are destined to expose the Commission for the cover-up it is just as the Warren Commission is now seen as a cover-up of the truth behind the Kennedy assassination.

Painful Questions is available from *First Amendment Books*, Phone 888-699-6397. For "9/11 The Great Illusion" write George Humphrey, P. O. Box 5772, Austin, Texas 78763. For the Anthony J. Hilder film "911: The Greatest Lie Ever Sold" and a video version of Eric Hufschmidt's "Painful Deception" call 800-592-4861 or send \$49 donation to American Free Press, 1433 Pennsylvania Ave. SE, Washington DC 20003. Also "911 in Plane Site" (see separate article this issue) is distributed by Power Hour Productions (866-773-9469).]

"The great rule of conduct for us in regard to foreign nations is in extending our commercial relations, to have with them as little political connection as possible. So far as we have already formed engagements, let them be fulfilled with perfect good faith. Here let us stop. Europe has a set of primary interests which to us have none; or a very remote relation. Hence she must be engaged in frequent controversies, the causes of which are essentially foreign to our concerns. Hence, therefore, it must be unwise in us to implicate ourselves by artificial ties in the ordinary vicissitudes of her politics, or the ordinary combinations and collisions of her friendships or enmities." — George Washington

We have no government armed with power which is capable of contending with human passions bridled by morality and religion. Our constitution was made for a moral and religious people. It is wholly inadequate for the government of any other.

John Adams,
2nd President of the United States



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Securing liberty for all Americans

Hurricane Jeanne lashed Florida on Saturday, but the fourth major storm of the season didn't keep the American Muslim Alliance from holding its ninth national convention — or Libertarian presidential candidate Michael Badnarik from addressing that convention.

Badnarik accepted the AMA's Al-Haji Malik El-Shabazz Malcolm X Award "on behalf of the Libertarian, Green and Independent parties."

Named for the civil rights activist and Muslim convert, assassinated in 1965, the award is inscribed:

"For showing courage of conviction in upholding American ideals, for demonstrating total honesty and integrity in dealing with fellow Americans of all religions, colors and creeds, and for doing the right thing at the right time and for the right reason. The coalescence of their convictions and commitments will be remembered as the institutionalization of a U.S.-wide civil rights movement."

"Muslims have borne the brunt of draconian government actions since 9/11," says Badnarik. "A plurality of American Muslims supported George Bush in 2000. Now they're looking outside the major party club for candidates who support their rights."

Naturally, Badnarik has his own ideas on whom Muslims should vote for. "The agenda of the American Muslim Task Force on Civil Rights and Elections is a thoroughly Libertarian document."

Libertarians are aggressively courting Arab and Muslim voters this year. Talk radio host Gary Nolan, one of Badnarik's opponents for the Libertarian nomination and himself the scion of Lebanese immigrants, addressed several Arab-American events in his own campaign. Badnarik spoke to the Task Force and met with its leaders in San Francisco in June.

The Task Force agenda proclaims support for "the principles enshrined in the US Constitution," including "due process, equal justice, freedom of religion, speech, assembly and privacy, protection from unreasonable searches and seizures, the presumption of innocence, access to counsel in judicial proceedings, and a fair speedy and public trial."

A July poll by Zogby found support for Bush among Arab-American voters down to 24.5% from 45.5% in 2000 — and 20% in the "undecided or other" column. Another Zogby poll, conducted earlier this month, found a majority of Muslims support including Badnarik in the presidential debates.

Letters to the Editor

Letters to the Editor Policy: We require all letters to be signed. Letters may be edited for brevity, grammar and punctuation. Opinions expressed in Letters to the Editor do not necessarily reflect those of The Post Dispatch nor its staff.

General election - whatta joke

The political campaigns this go around are nothing short of a joke as far as my opinion goes. Most of the candidates who are running this year are a total turn-off. Makes one wonder who to even vote for or is it worth wasting the time to even go vote.

I don't suppose my one little vote put anyone in office, but the question does arise: I wonder who to vote for?

I decided several months back to vote against all incumbents and hope for a complete turnover in the White House down to local city politicians. I'm not at all satisfied with George W., but I'm glad he is in office instead of Al Gore. I think he has the world in a mess that will take several presidents and many years to straighten out, if ever that be possible. God may have to fix it.

I voted for Bush last time to vote against Al Gore. Although I am a Democrat, it looks to me like the Democratic Party could find someone to put in for a candidate besides idiots like Al Gore or John Kerry. So I guess I'll just say I ain't gonna vote for Bush and the world may be beyond fixing. I figure four more years of Bush and the world may be beyond fixing.

If Bush wins another term, he will invade another country within the first quarter of 2005. The draft also will be reinstated in the first quarter of 2005. Congressman Charlie Rangel already has that bill before Congress. We just don't hear much about it.

In Bush's effort to control the world with One World Government, we can expect both of the above to take place soon after the first of the year if Bush wins re-election. If Kerry wins, we can expect even a worse mess than we already have. In other words, we are in deep doo-doo either way the election goes.

My plan to vote against all incumbents won't work in the Congressional District 19 pick either. I wouldn't know Randy Neugebauer or Charlie Stenholm either one if they walked up on my front porch this afternoon, but after watching and listening to Lubbock politics for years and seeing all the controversies and messes they seem to continuously have, I cannot picture myself voting for anyone who has ever had a taste of Lubbock political affairs. I just can't see anyone coming out of that area sitting on a seat, state or federal level either one.

I have absolutely nothing against Randy Neugebauer at all. I believe I'd just feel uncomfortable with voting for a Lubbock politician. So I guess I'll Charlie will get my vote, although I would like to see someone from this area represent us in Congress. I suppose Charlie is the man for the job.

I truly believe this USA is in a terrible mess and the federal, state and local level governments need a 100 percent turnover in political officials, but maybe some of the incumbents are better than the opponents. Who knows?

I may just vote against whoever throws mud the farthest. With the two mentioned above needing to stay in office, I think most all other incumbents that will be on the ballot need to be voted out.

As I see it and my opinion only,
O.L. (Ferg) Ferguson

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'Lopes overtake Denver City 20-14 in overtime

by Wes Burnett

The Post Antelopes proved Friday night they are a team for contention in District 5-2A competition following a come-from-behind, overtime 20-14 win at Denver City.

Playing inspired defense, the 'Lopes hobbled the Mustangs throughout the contest, trailing 7-6 at halftime. In the third quarter, Denver City

pulled ahead 14-6 as the Post offense struggled with penalties slowing down drives.

But the Antelope defense was up to the task, and near the end of the fourth quarter, the 'Lopes mounted an impressive drive to the goal line, with quarterback Sterling Smith running behind center Eric Reyna and

guards Zach Witcher and Israel Beggs.

Quarterback Wilson Cash faked a handoff to Jett Lott, then hid the ball on his hip, rolling to his left and racing into the end zone for the two-point conversion, knotting the game at 14-14.

Following the kickoff, the Mustangs had a bit more than a minute to try a go-ahead score, but the Antelope defense stood tough, forcing a fourth down field goal attempt from inside the Post 25 yard line. The ball sailed wide to the left. With 34 seconds remaining in regular time, the 'Lope offense ran one play, then watched the clock wind down.

Leading the defensive effort were Trent McDonald, Theo Paiz, Blake Nichols, Zach Sanchez, Janssen Eilenberger, Jonathan McGregor, Randon Blacklock, Jerrad Grisham, Colter Creech, Lott and Chris Reed.

Grisham was credited with three pass interceptions, shutting down what might have been 21 points for the Mustangs. Two of his three interceptions were near the end zone and one in the end zone.

Lott hammered the Mustang defense, along with running backs Blacklock, Reed and quarterbacks Smith and Cash. The passing game worked when needed with pass completions from Smith to Grisham and Kenneth Garay.

The Mustangs scored first near the end of the first quarter, with quarterback Russell Green taking the ball into the end zone from the one yard line. With the extra point, Denver City led 7-0 with 3:23 on the first quarter clock.

The Lopes came back with their own later in the second quarter. The drive followed another strong defensive effort, which forced a fourth down punt.

Lott sparked the drive behind blocking by Reyna, Travis Mathews, Nichols, Garay, Grisham, McGregor and Witcher. The touchdown came on a pass play from Smith to Garay. Lined up at the Denver City 32 yard line, Smith dropped back to pass, was pressured by two Mustang defenders, slipped away, then lofted the pass into the right end zone corner to Garay, who had gotten behind a defender in the end zone.

With 4:09 left in the first half, fail-

ing the two point conversion pass attempt, the Mustangs led by a slim 7-6 margin.

The 'Lope defense continued its dominance, shutting down Denver City. But just as stubborn, the Mustang defense stifled the 'Lopes and the teams went to halftime with a 7-6 score.

Grisham handled the punting chores, and near the end of the first half, Reyna covered a Grisham punt at the Mustang one yard line. Aided by a pass interference call, Denver City advanced into Antelope territory, but the drive was snuffed out when McDonald knocked down a last second pass near the end zone.

Second Half Action

The Antelope offense was stalled in the third quarter, including a blocked punt on fourth down which put the defense back in action deep in Antelope territory.

Grisham pulled off one of his pass interceptions, this one in the end zone, which he returned to the Post 24 yard line. But three plays later, the 'Lopes were forced to punt again, this time setting up the second Mustang touchdown.

Three plays later Denver City increased the lead to 14-6 with 1:54 left in the third quarter.

The Post offense couldn't get it going, punted, then the defense forced another fourth down punt from Denver City. Leading the defensive charge were Nichols, Reed, McGregor and Paiz.

The Antelope offense took charge, setting up its second touchdown effort. Smith and Garay sparked the drive with a pass and run combination to the Mustang 26 yard line.

Lott took the ball five consecutive times, hitting over right tackle to the 23, then to the six (behind blocking by Blacklock and Garay). Lott then crashed to the four over left tackle and to the one over left guard.

On third down Lott got the call over the left side, but couldn't penetrate the end zone... setting up a fourth

down at about the 1/2 yard line. Smith barked out the signals, then slid into the end zone behind linemen Reyna, Witcher, Nichols, Israel Beggs and a good push from behind by Janssen Eilenberger.

With 6:00 showing on the game clock, Wilson Cash came in at quarterback for the two point conversion. He pulled a slick fake handoff to Lott, took the ball on a bootleg to his right, then turned and ran to the left side untouched to the end zone.

The Mustang defense was geared up to stop Lott... leaving Cash all alone for the two points, setting up a 14-14 ball game.

The game wasn't over by any means, as Denver City fought back. The Mustangs hammered their way to the Post 21 yard line, aided by a pass interference call. Witcher, Reed and Blacklock made key defensive plays.

On third down Lott was all over the Mustang quarterback, forcing a wobbly pass, which was picked off by Grisham, returning the ball to the 15 yard line.

But then Denver City stopped the 'Lopes with a pass interception three plays later, and a late hit penalty on Post put the ball at the Antelope 41 yard line.

Another penalty advanced the ball to the 35. A pass completion gave the Mustangs more advantage to the 26. Then Reed and Nichols combined to stop a quarterback keeper at the scrimmage line.

Another run attempt was squashed by Sanchez at the Post 19. On third down, Grisham got another interception, this time in the end zone, with only 34 seconds remaining on the clock.

The offense let the clock run out and team captains met at midfield to decide who gets what in overtime. Lott won the coin toss for the 'Lopes, and chose to begin the overtime on defense.

Starting at their own 25, the Mustangs were no match for the Antelope defense. On first down McDonald

knocked the ball away from a would-be receiver.

Second down saw Sanchez upend a Mustang runner at the 21. Then a screen pass went off the hands of the receiver. On fourth down Denver City lined up for a field goal... McDonald raced into the backfield with an angle toward a block, but the ball got just by him as it sailed to toward the end zone, wide left... and the Post crowd cheered its approval.

Taking their turn at the 25 yard line, the Antelopes took the field with confidence. Smith lofted a pass to Grisham, who caught the ball at about the five yard line and squeezed out another two yards to the three.

On first and goal, Cash pulled the quarterback option around his right end, sliding toward the goal line flag to the one.

Smith came in, and running behind the same great blocking as before, rammed into the end zone for the winning touchdown.

The two point conversion attempt failed, but it didn't really matter... the 'Lopes won the first of seven district games 20-14. Fans wondering about the reason for extra points in overtime: District 5-2A will determine total game scores as tie-breakers for teams advancing to the playoffs.

The team hosts the Abernathy Antelopes Friday, with a 7:30 p.m. kickoff. Post City Radio will broadcast the play-by-play action beginning at 7:15 p.m. on the Internet at www.postcityradio.com and on Cebridge Connections Channel 12.

The DVD recorded broadcast will be aired Saturday and Sunday at 1, 5 and 10 p.m. on Post City Television (www.postcitytv.com) and Cebridge Connections Channel 12.

Copies of the DVD recordings (\$10 each) are available by calling 495-2816.

Post City Radio
LIVE Antelope Football
Friday nights
www.postcityradio.com



French Horn soloist Joey Guerro entertained fans with his solo in the Post High School Marching Band's half-time performance of "Caravan," during last week's football game at Denver City. (Photo by Gena Lott)



Jerrad Grisham (8) defending for the Post Antelopes at Denver City. (Staff photo by Gena Lott).



Eric Reyna (50) blocks as quarterback Sterling Smith gains yardage on the way to a 20-14 win in at Denver City last Friday. (Staff photo by Gena Lott).

Our Voice on Education and Health Care

Pete Laney understands the importance of the public education system – it is the cornerstone of our communities and the backbone of our state's economy. That's why Pete is committed to making sure that our school districts have every advantage they need when competing with the large suburban areas of Texas.



He also understands how important health care is to the people of our area. And he continues to work to make quality health care affordable and accessible to all Texans.

Health care professionals and patients – not to mention parents, teachers, administrators and school board members – all agree: Pete Laney is a leader we can be proud of.

Pete Laney
State Representative

Early Voting is Oct. 18-Oct. 29
Election Day is Tuesday, Nov. 2

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Post Antelope's quarterback Wilson Cash (4) Jerrad Grisham (8) Zach Witcher (62) in last week's game against Denver City. The Antelopes host Abernathy Friday for a 7:30 p.m. kickoff. Get all the play-by-play action live on Post City Radio (Cebridge Connections Channel 12 and www.postcityradio.com). The DVD recorded action will be broadcast Saturday and Sunday at 1, 5 and 10 p.m. by Post City Television on Cebridge Connections Channel 12 and www.postcitytv.com. (Photo by Gena Lott).

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Post Antelope Football

August 26	9th & JV	@ Seminole	5:00
August 27	Varsity	Seminole	7:30
Sept. 2	JV	OPEN	OPEN
Sept. 3	Varsity	OPEN	OPEN
Sept. 9	7-8th	@ Lockney	5:00 & 6:30
	JV	Lockney	6:00
Sept. 10	Varsity	@ Lockney	7:30
Sept. 6	7-8th	New Deal	5 & 6:30
	JV	TBA	7:00
Sept. 17	Varsity • Homecoming	Roscoe	7:30
Sept. 23	7-8th	@ Denver City	5 & 6:30
	JV	Denver City	7:00
Sept 24*	Varsity	@ Denver City	7:30
Sept 30	7-8th	Abernathy	5:00
	JV	@ Abernathy	7:00
Oct. 1*	Varsity	Abernathy	7:30
Oct. 7	7-8th	@ Shallowater	5 & 6:30
	JV	Shallowater	7:00
Oct. 8*	Varsity	@ Shallowater	7:30
Oct. 14	7-8th	@ Idalou	5 & 6:30
	JV	Idalou	7:00
Oct. 15*	Varsity	@ Idalou	7:30
Oct. 21	7-8th	Tahoka	5 & 6:30
	JV	@ Tahoka	7:00
Oct. 22*	Varsity	Tahoka	7:30
Oct. 28	7-8th	@ Slaton	5 & 6:30
	JV	Slaton	7:00
Oct. 29*	Varsity	@ Slaton	7:30
Nov. 3	7-8th	Roosevelt	5 & 6:30
	JV	@ Roosevelt	7:00
Nov. 4*	Varsity	Roosevelt	7:30

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Classified Advertising

Card of Thanks

We thank you Giles, Nelda, Giles Jr., Irma and Deb for the wonderful wedding you all gave my Son Felix and Monique. For all the hard work you all put into it. We appreciate your kindness and love. I also want to thank the two good looking young men, Giles W. and Heath Palmer for all their help. May the Good Lord

Bless you greatly. We love you.
Bea Bustos, Irene Arredondo,
Reyes Pequeno.

We would like to thank United Supermarket in Post for all their help during our Park Festival.
God Bless you,
Church of God of Prophecy

We, the Polk family, would like to extend our heartfelt thanks to every

who sent food, flowers and plants, for the visits, cards and phone calls after the loss of our mother and grandmother, Pearl Polk. A special thank to the ladies of Trinity Baptist Church for preparing the wonderful meal and for their hard work.

Also we would like to thank Hudman Funeral Home and Bob and Suzanne Hudman for the extra work and special touches and to everyone who helped comfort us with their love, kindness and thoughtfulness. The people of Post always come through in a time of need in such very special ways. Again, we thank you all.

Travis and Carolynn Polk and families

Ronnie and Connie Polk and families

Glenn and Twila Polk and families
Chip and Robin Polk and families
Jan Polk Cook and James Polk
Cindy Polk and Janica Polk

Thank you for all the meals, visits, prayers and expressions of love we have received during our loss. Your outpouring of concern has been overwhelming and a great source of comfort to our entire family.

With heartfelt thanks,
The Bird Family

Help Wanted

Help needed for ginning season: truck drivers, module truck drivers, night office help, tarping crew. Close City Co-op Gin. 495-2753

HELP WANTED

Yard sales & light office work, heavy lifting required, benefits. Apply in person at Higginbotham-Bartlett. 1100 S. Broadway, Post.

Newspaper carrier needed in POST for the Lubbock Avalanche Journal. Great part time \$\$ for someone willing to get up early. Looking for honest, dependable person with good transportation. Call Customer Service at 762-8855.

POST ISD

High School Auto Mechanics Teacher needed. DOT certification required or willing to pursue certification. Resume and application should be sent to: Post Independent School District, Attn: Shellee Odom, 501 South Avenue K, Post, Texas 79356; fax (806)495-2945; email: sdomom@post.k12.tx.us Applications may be downloaded from Post ISD webpage (www.post.k12.tx.us). For more information call (806)495-3343.

Homes for Rent

3 BR, 1 BA, 1 car garage, CH/A, appliances. 301 W. 6th. \$475.00 + deposit. Call 508-612-9621.

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Open House at 708 W. 7th in the

afternoon, Oct. 9 and 10 from 2:00pm to 5:00pm-information on home will be available—Mitchell Real Estate—495-5515.

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Garage Sales

Carport sale: Sat., 109 S. Ave. P, 8 a.m.-?

713 N. Ave. O, 2 family Sale, 7:30 a.m. - noon. Everything half price at 11:00. Grill, mower, baby items.

Garage/Estate Sale: 110 N. Ave. L, Sat., 8 a.m. - noon.

Cleaning out sale: 1006 W. 11th, Sat., Oct. 2nd, 8:00 a.m.

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Post ISD

#1 Accepting SEALED BIDS for a NEW School Bus-19 passenger Alternative Bids Accepted Deviating from Specifications for same size bus.

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Mail SEALED BIDS to: POST ISD, P O BOX 70, POST, TX 79356; or bring to: POST ISD, 501 S AVE K, POST, TX 79356

For specifications/info on either item-contact the Post ISD Business Office @ 806-495-3855.

Deadline: SEALED BIDS will be accepted through Oct. 14, 2004, 12:00 p.m.

On Oct. 14, 2004, all bids will be opened in the Post ISD Central Office at 2:00 p.m.

Bids will be let at the next School Board Meeting.

Extension Extras

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

G.C.J.L.A. Horse Show

The public is invited to the Garza County Jr. Livestock Association Halter Class Show Sunday, October 10, at 3:00 p.m. at the Post Stampede Rodeo Arena. Classes will consist of Young and Aged Geldings and Mares, and a Non-Owner Class. Following the regular show, there will be a Pee-Wee Show for youth 8 and Under. Entry cards for youth and Pee-Wee's may be picked up at the Extension office and are due by October 5. Call Glenna Reiter at 495-2774 for more information.

Food & Nutrition Project

Any 4-H'er interested in participating in the Food and Nutrition Project, please call to sign up. Any adult 4-H leader, parent, or Senior 4-H'er interested in helping with the Junior Food and Nutrition meetings, please call the Extension office at 495-4400.

Senior Food & Nutrition Project

Beginning October 3rd, Senior 4-H Food and Nutrition Project meetings will be every Monday at 5:30 p.m. at the county Extension office. For more information call 495-4400.

Health Fair

October 5, from 10:00 a.m. until 2:00 p.m. at the Post Community Center (West Door). Eighty flu shots will be available for \$15 each. Medicare B will be accepted, but you must bring your card. Call 495-4400 to reserve shot.

4-H is Amazing!

Come join the fun! All 4-H'ers are invited to go to "The Maize" near Shallowater October 11, 2004. We will meet at the county Extension office at 5:00 p.m. and return around 9:00 p.m. The cost is \$6.00 for ages 13 and up and \$4.00 for ages 9-12. Please eat before you go or pack a lunch to take. A snack and drink will be provided. You may bring extra money to buy pumpkins, gourds, or to shoot the corn cannon. You will receive a 4-H passport to go through the maize and we will go on a hayride. Please call to reserve your spot by October 6 at 495-2517 or 495-4400.

G.C.J.L.A. "Fun" Raiser

Garza County Jr. Livestock Association will be holding it's annual fundraiser at 7:00 p.m., Saturday, October 16, 2004, at the Post Community Center. Association members are selling raffle tickets for \$5,000, \$1,000, two \$500 and two \$250 cash prizes. Donations of auction items are being accepted at the Extension office. A brisket dinner will be served with the Guthries providing entertainment for the evening. 4-H families are asked to provide desserts for the meal.

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EVENTS

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Yesteryears

Compiled by Donna Jones from the files of The Post Dispatch

10 Years Ago
September 29, 1994

The Graham Co-op Gin put out its first bale of Garza County cotton Tuesday, Jerry Thuet stripped enough of his dry land cotton to gin six bales. "Last year at this time we had 100 bales ginned," said Keith Bell, gin manager.

The Newspaper Association of America recognized LaDonna Craig Buschmann and Rene Craig Adee with Awards of Excellence at the annual conferences this summer.

The Post High School Band Color Guard will be performing Saturday in Lubbock at Coronado High School.

Varsity cheerleaders for Post High school are D. J. Estep, Amber Cooper, Melissa Williams, Sonya Harp, Jill Stelzer and Tony Harp.

Navy Airman Recruit Aaron L. Davis, son of Leslie G. and Linda G. Davis of Post, recently completed the Aviation Boatswain's Mate Fuels Course at the Naval Air Technical Training center, Naval Air Station Memphis, Millington, Tennessee.

20 Years Ago
October 3, 1984

Burlington Industries Inc., has transferred legal title to all of its Post properties to the Post Economic Development Corp., a non-profit, charitable organization.

Ora Beth White is presented a special gift by Traci Bush on behalf of the Graham 4-H Club in recognition of Mrs. White's service to the club as an adult leader.

Nan Gonzales of Post will be serving as photographer for the Western Texan, campus newspaper at West-ern Texas College.

The Board of Advisors for the Outstanding Young Men of America awards program announced recently that Rex Allen Cash has been selected for inclusion in the 1984 edition of Outstanding Young Men of America.

Meet the 1984 Antelopes of the Week are: Senior, Rodney George; Senior, Todd Angerer; Junior, Joel Kirkpatrick and Junior, Rodney Tidwell.

30 Years Ago
October 3, 1974

A tremendous Sunday crowd in perfect autumn weather enabled the OS Ranch Benefit Steer Roping and Art Exhibit to set all kinds of new records over the weekend, including a new high of \$95,525 in art sales.

For the first time in the local chapter's history, boys have been elected to the two top offices of the Future Homemakers of America chapter of Post High School.

Pvt. Ricky K. Hair, son of Mr. and Mrs. Dale Hair of Post is undergoing Army training at Fort Polk, La.

L. G. Thuet Jr. was re-elected director from Zone 1 of the Garza Soil and Water Conservation District.

40 Years Ago
October 1, 1964

Harley Sadler, the favorite showman of West Texas, is coming to Post with his troupe of entertainers.

Leldon P. Miller, a member of the Lubbock police department for the last 17 years, today took over his duties as Post's new chief of police.

Ted R. Hibbs retires today after 20 years as manager of the Southwestern Public Service Co. office here and has been succeeded by Glen Barley.

Joe Gilbert, who helped build the railroad through Post in 1910, was here from Lovington, N. M., for a brief visit with old friends. He and Mrs. Gilbert, the former Annie Dodson, were married here in 1920 by Judge J. M. Boren, Garza County's first judge.

Mrs. Sallie Williams celebrated her 102nd birthday Sunday in the home of her son and daughter-in-law, Mr. and Mrs. Tom Williams at Spur.

A son, James Christopher, was born to Mr. and Mrs. James L. Reed in Garza Memorial Hospital.

Dress revue winners: Blue ribbon winners in the 4-H Dress Revue, held in the grade school auditorium were Barbara Wheatley, Shirley McBride, Linda Livingston, Janet Stephens, Patsy Ethridge, Shelia Morris, Oneita Jones and Carolyn Moore.

Red ribbon winners were Sharon Jobe, Pat Wheatley, Cecilia Bland, Linda Payton, Frances Barron, Maritta Pennell and Rita Fern Jones.

Martin Nichols was appointed Post Lions Club membership chairman to succeed the late Phil Trammell. Nichols' appointment was made by Jess Rogers, Lions president.

Only slight smoke damage resulted early Tuesday night from a grease fire in the kitchen of the Algerita Hotel, Post landmark.

Miss Ruth Lavelle McMahon and William Ralph Bennett of Bakersfield, Calif., were united in marriage Friday evening in the Church of the Nazarene. Parents of the couple are Mr. and Mrs. O. V. McMahon and Mr. and Mrs. Guy O. Bennett.

Harley Sadler, the favorite showman of West Texas, is coming to Post with his troupe of entertainers.

The Harley Sadler show will play under the auspices of the American Legion James C. Cole Post.

Plans are under way for the Volunteer Fire Department of Post to be represented at the Mid-Western Association convention in Colorado City.

Rev. R. C. Tennison, pastor of the First Baptist church, tendered his resignation Sunday night to take effect in two weeks.

The Post lunch room located in the Grade school is now open for all students and teachers.

The Sophomore class of Post High school is the largest class in school with an enrollment of 62.

The following officers were elected: President, Sonny McCrary; vice pres., Rufus Gerner; sec-treas., Gaylon Young, reporter, Roy Williams; Sponsors, Miss Ameen and Mrs. Jones; room mothers, Mrs. N. C. Outlaw and Mrs. Asa Casey.

Texas Cooperative EXTENSION The Texas A&M University System

Neighbor to Neighbor

by Julie Neitsch, Garza County Extension Agent-Family & Consumer Science

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

Getting Shots: Not Just Kid Stuff Anymore

Shots...say the word and watch the look of dread come over a child's face. Shots*vaccinations or immunizations*are a part of life for school children in this country.

Many adults don't realize it, but the same is true for them. Try to remember the last time you were immunized.

But adults are also affected by communicable diseases and need protection. And it doesn't have to be as painful as you think.

The U.S. Department of Health and Human Services, along with the Centers for Disease Control and Prevention have some tips for adult immunizations.

*Pneumonia and influenza*the flu*together count as the fifth-leading cause of death for older adults.

The pneumococcal vaccination requires a one-time injection. The influenza vaccine requires an injection once per month due to the changing nature of the influenza virus.

*Remember getting a cut by something rusty and having to get a tetanus shot? Remember hearing horror stories about diphtheria?

Although less than 50 cases of tetanus are reported in the United States each year, they cause about five deaths. Most of these deaths occur in adults over the age of 60.

As for diphtheria, this contagious disease is potentially fatal. In fact, nearly 10 percent of those who contract diphtheria die from it.

Other immunizations can help in certain circumstances. Vaccinations for hepatitis A and B, chicken pox and meningitis may benefit certain individuals.

People at high risk for these conditions include health workers, people with weakened immune systems and those who have close contact with people who are infected.

Frequent travelers also may need extra inoculations. These persons should check the CDC web site for vaccination and medication recommendations for various travel destinations.

Keeping immunizations up to date is not something that's outgrown. It is

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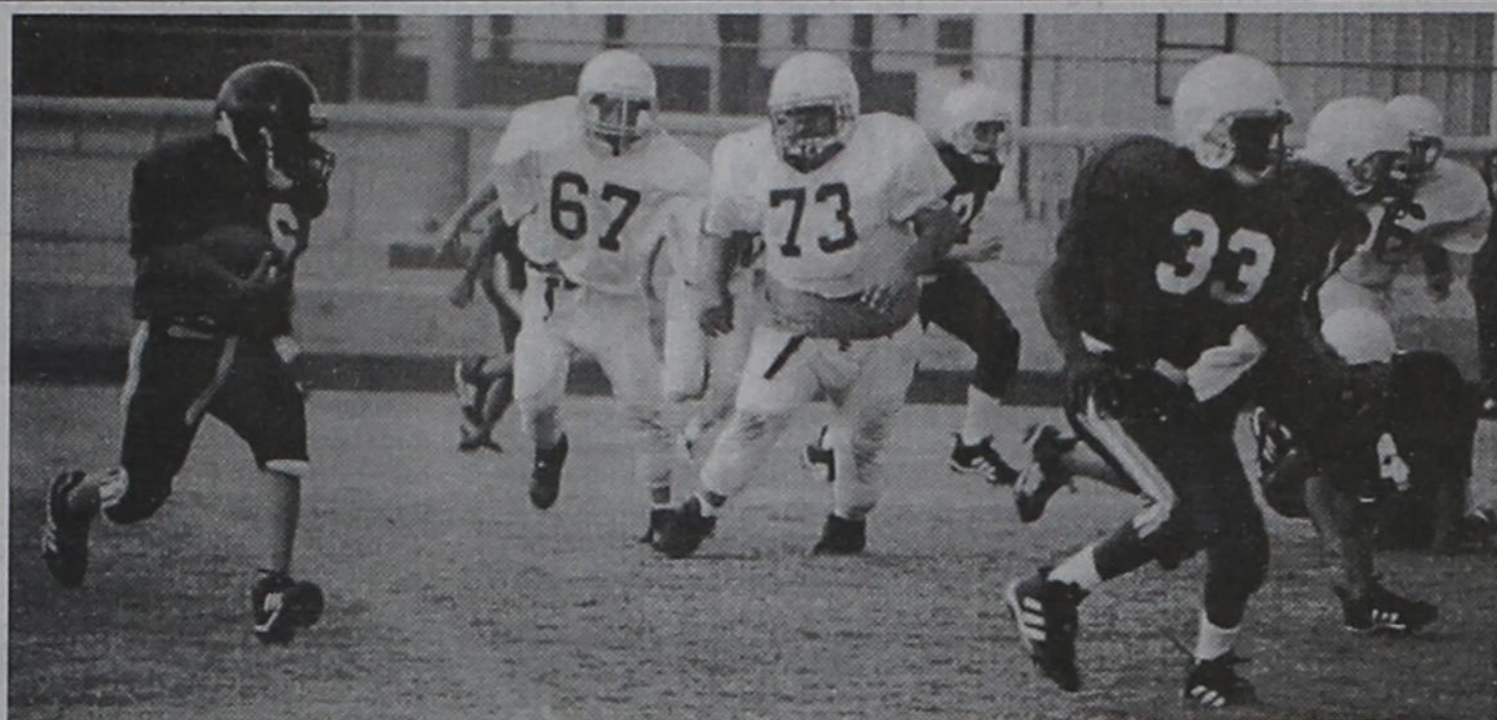


Are you looking for a mature dog or two? These dogs are friendly and running the streets of downtown.



Moral people cannot support taxation, an immoral act

ACROSS 1 "lover's" 5 TXism: "when comes to shove" 6 this TX Armstrong was U.S. ambassador to England



Post Middle School 7th grade football team in action against Roscoe. (Photo by Jerry Taylor)



Post Lady Lope Medalists: (l-r) Haley Lester, Gaby Gomez and Shawnda Wiley

Bob Collier recognized at Garza County Historical Museum

(left) Bob Collier presents a DVD copy of the first in a series of Garza County oral history interviews. The DVD is available for viewing at the museum.



Menus

Post ISD

October 4 - Breakfast-Pancakes, sausage link, syrup, fruit, milk
Lunch-Tamales, pinto beans, salad, juice bar, milk
October 5 - Breakfast-Donut, sausage, fruit, milk
Lunch-Fried chicken, whipped potatoes, green beans, hot rolls, gravy, jello, milk
October 6 - Breakfast - Eggs, toast, fruit, milk
Lunch - manwich, onion rings, salad, pears, milk
October 7 - Breakfast - Cinnamon toast, sausage, fruit, milk
Lunch - Fajitas, refried beans, onions & peppers, salad, fruit cocktail, milk
October 8 - Breakfast - Cereal, toast fruit, juice, milk
Lunch - Fish, macaroni & cheese, carrot sticks, peas, hush puppies, apple, milk.

Southland ISD

September 27- Breakfast - Cheese toast, sausage, fruit, juice, milk
Lunch - Chicken strips, mashed potatoes w/gravy, green beans, rolls, cake, milk
September 28- Breakfast - Breakfast burritos, fruit, juice, milk
Lunch - Lasagna, garlic bread, tossed salad, corn, fruit cup, milk
September 29- Breakfast - Churros, fruit, juice, milk
Lunch - Chicken & rice wraps, refried beans, yellow squash, picante sauce, fruit cup, milk
September 30- Breakfast - Cereal, Graham Crackers, fruit, juice, milk
Lunch - Sandwiches, lettuce, tomatoes, pickles, chips, apple, milk
October 1- Breakfast - Biscuit w/gravy, sausage, juice, milk
Lunch - Pizza, green salad, corn, chocolate cake, milk.

TRAILBLAZERS

October 4 - BBQ chicken, au gratin potatoes, carrots & zucchini, tosed salad, wheat roll, angelfood cake
October 5 - Meatloaf, mashed potatoes, mixed beggies, tossed salad, hot roll, peach cobbler
October 6 - Chicken fried steak, baked potatoe, broccoli, wheat roll, oranges & bananas
October 7 - Chicken & dumplings, green peas, cauliflower w/cheese sauce, hot roll, pumpkin crunch
October 8 - Beef enchiladas, spanish rice, green beans, salad, chips & sauce, jello salad

Lady Lopes at Slaton cross country meet

by Kara Swindell

The September 18 cross country meet at Slaton is probably the toughest meet we will run all year and we had some really good times.

We placed third as a team over all and had three medalists.

I was more pleased with the times we had than anything.

Our three medalists were: Gaby Gomez, Shawnda Wiley & Haley Lester. We have a break this weekend and our next meet is Saturday, October 2.

RESULTS:

	Time	Place
Haley Lester	15:19.72	15
Gaby Gomez	15:27.46	17
Shawnda W	15:27.99	18
Joanna Menjare	15:31.15	21
Kelly Chapa	15:49.24	28
Alex Miller	15:50.00	29
Jackie Slauch	17:31.40	46
Valerie Moreno	17:40.89	49
Alexandra Rodriguez	19:19.58	72
Tianna Reyna	19:22.70	73
Darlene Araiza	20:04.83	84
Cecilia Ortiz	20:07.59	85
Erika Ortiz	22:12.00	95
Lindsey Morrow	23:01.05	99
Brittany Day	23:04.33	100
Mysty Ayala	24:18.26	106
Courtney Basquez	25:01.74	111

Pake McEntire performs Friday at OS Ranch Steer Roping & Art Exhibit Reunion Yard Party

Pake McEntire will perform at 5 p.m. Friday at the OS Ranch Headquarters as part of the OS Ranch Steer Roping & Art Exhibit Reunion yard party and art exhibit and sale.

McEntire, a singing fiddle player, specializes in "real country songs" and easy-listening country ballads. In the 1970s, he, Reba and Susie became The Singing McEntires with "The Ballad of John McEntire." After becoming an RCA recording artist, McEntire landed three Top 20 hits on Billboard's country charts: "Saving My Love For You," "Every Night" and "Bad Love."

McEntire has performed at rodeos, fairs, stage shows and dances throughout the U.S. and Canada with entertainers such as Garth Brooks, George Strait, Reba McEntire, Vince Gill, The Judds,

Alabama, Ronnie Milsap, Keith Whitley, the Bellamy Brothers, Sawyer Brown, Earl Thomas Conley, Glen Campbell, John Anderson and many others. He has made television appearances on Hee Haw, Nashville Now, Inside Fame and A&E Biography.

Along with his interest in music, McEntire is a rancher and a Professional Rodeo Cowboy Association steer roper who has won rodeos in throughout the U.S. Twice he has qualified for the National Finals Steer Roping.

United Texas Tour includes stop in Post

Post has been named one of the cities on the 1,100-mile, world-class professional cycling race presented in September 2005 by United Supermarkets and Market Street.

Sanctioned by USA Cycling, the official governing body for cycling competition in the United States, the United Texas Tour will be a 10-stage race featuring a purse of \$175,000, making it the richest professional cycling race in the nation.

The race will serve as a platform to support cancer research, survivorship and cancer awareness education. The Lance Armstrong Foundation, an organization that seeks to promote the recovery and care of cancer survivors and their loved ones, is one of the primary beneficiaries.

The competition is expected to feature 15-20 world-class cycling teams. Entry will be by invitation only.

The 10-day race will begin and end in the Dallas/Fort Worth Metroplex area, traveling through more than 50 Texas cities. These cities will include the following communities where United operates stores: Abilene, Amarillo, Borger, Brownfield, Burkburnett, Canyon, Childress, Colleyville, Dalhart, Dumas, Graham, Lamesa, Levelland, Littlefield, Lubbock, McKinney, Muleshoe, Pampa, Perryton, Plainview, Qunah, Slaton, Snyder, Vernon, Wichita Falls and, of course, Post.

The event is expected to stimulate economic development and tourism interest across a broad portion of the state.

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