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**Post Middle School
Red Ribbon Week**

Post Middle School kicked off its Red Ribbon Week activities Oct. 19 by decorating the town red.

Students started at Mr. Post and went to the railroad tracks, tying red ribbons. After making sure town was red, the STARS went to the school and turned it red both inside and out.

On Saturday night, the students enjoyed a school dance, celebrating being drug-free and the Red Ribbon Week observance. The dance was held at the teen room with a '60s sock hop theme.

Prizes were given at the dance, including Best Costumes - Claire Kirkpatrick and Heath Fellhauer; Hooola Hoop Contest - Tavin Smith; and Limbo Contest - Alex Hart.

Red Ribbon Week was Oct. 19-25. It is observed locally and nationally to encourage a unified and visible commitment to create a drug-free community and state.

The Red Ribbon campaign began as a passionate, grassroots expression of concern initiated by a group of parents in Illinois and Virginia in 1985 in response to the brutal murder of Drug Enforcement Administration agent Enrique Camarena by drug traffickers. Red Ribbon has grown into a nationwide movement and is considered by many the model of a successful, community-wide awareness campaign.

The weeklong observance in Post saw the observation of a different theme for each day. Monday's theme, "Drugs are Unbearable," had

students dressing up like small children and toting their favorite Teddy bears. Tuesday was "Steer Clear of Drugs Day," and students were invited to dress western. Wednesday was "Wake Up and Be Drug Free" day, with students encouraged to wear their favorite pajamas to school. "Black Out Drugs" was the Thursday theme, with students asked to dress completely in black. On Friday, students "Socked Out Drugs" by going shoeless and wearing crazy socks.

Prizes were awarded for the best looks of each day. Top winners won T-shirts; runners-up received water bottles. Faculty members also won prizes. Judges were Mrs. Cash and Mrs. Osborn.

Prizewinners included:
Monday - Jamie Gomez and Stacy Bocko, Lori Jones and Brenna Postell, Claire Kirkpatrick and K'Nell Dalby; runners-up - Alex Hart, Tamara Raymundo, Cora Crane; faculty winners - Mrs. Cash and Mr. Powell. "Best Bear" winners were Chelsey Reed, Becca Striblin and Adriana Ceja.

Tuesday - Susan Littrell and Brandon Crawford; Zach Kocerek and Pat Reiter; D.J. Biaza and Asa Rutherford; runners-up, Kenzie Mason, Madison Mason, Sara Kirkpatrick; faculty winners - Mrs. Fluitt, Mrs. Greer and Mr. Powell.

Wednesday - Ayda Lopez and Patricia Wright; Paige Bullard and Brenna Postell; Becca Striblin and Christina Aguilar; runners-up, Brandon Crawford, Chris Gomez and Jackie Hays and Natasha Cotter; faculty winners - Mrs. Fluitt and Mrs. Greer.

Thursday - Kenezie Mason and Ullis Garcia; Chris Crenshaw and Lauren Hair; Larissa Halford and Anai Garcia; runners-up, Michele Morales, Gloria Martinez, Zack Perez; faculty members - Mrs. Cash and Mr. Powell.

Friday - Brandon Crawford and Ashley Stenzel; Shelley Gearhart and Zackary Kocurek; Heath Fellhauer and Preston Ortiz; runners-up, Tasha Runnels, Lexi Nobles, Jodie Whisenhunt; faculty winner - Mrs. Cash.

Positive, drug-free messages were further reinforced through gifts of pencils, bracelets, pens, shoe stickers and bookmarks. Merchants were given red ribbons to wear in honor of the week.

Winners of the daily drawings open to students and faculty members who wore their red ribbon bracelets were Dylan Davis, Kendra Whitehead, Braden Courtney, Jovanni Garay and Tyler Menchaca, and Mrs. Hester, Mr. Aguilar and Mrs. Fluitt.

Thursday's pep rally was "Black Out Drugs" day, and the cheerleaders used a drug-free format for the event. The Spirit Club performed a drug-free chant.

"The Post community has been great to STARS by sponsoring students to go to Leadership Camp in the summer," said Dedra Adams, STARS sponsor. "We appreciate all they do to help us. It is truly a community-wide effort to make Post a better place for all."



Drugs are Unbearable best bear winners at Post Middle School are (left to right) Chelsey Reed, Becca Striblin and Adriana Ceja.



Drugs are Unbearable Red Ribbon chairwomen (left to right) Allison Blevins, Rachel Gray and Gabby Paiz.



STARS who decorated the town Saturday, October 19.

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PHS Varsity Lady Lope Cross Country team members advancing to regional competition are (left to right) Kaycee Gorman, Christina Zellmer (9th place medalist), Lyndee Strawn (7th place medalist), Christin Collier, Taylor Starkey and Meagain Hoover.

Lady Lope Cross Country team earns regional spot

The Lady Lope varsity cross country team earned a bid to the regionals and placed two as medallists at the District 4AA Cross Country Meet Saturday.

Lyndee Strawn and Christina Zellmer finished as medallists in the varsity girls division, and the team finished in third place overall. With the third place finish, the squad is eligible to compete in the regional competition to be held at Mae Simmons Park in Lubbock Saturday.

Individual results include Strawn, seventh place, 13:50; Zellmer, ninth, 14:07; Taylor Starkey, 15th place, 14:30; Kaycee Gorman, 16th place, 14:31; Megan Hoover, 23rd place, 15:09; and Christine Collier, 25th place, 15:26.

The junior varsity girls' team also placed medallists. Sunnie Barbosa, Jenee Lott, Yuri Lopez and Kayla Dunn earned medals in the JV division to help boost the team to an overall second place finish.

Individual JV results include Barbosa, third place, 15:06; Lott, fourth place, 15:09; Lopez, sixth, 15:29; Dunn, 10th, 16:17; Leslie Rutherford, 11th, 16:35; and Tana Starkey, 14th, 17:04.

In the varsity boys division, Daryl Dissinger placed 13th with a time of 21:30 for the three-mile race.

JV edges Shallowater

The Post freshmen and junior varsity combined last week to earn a 20-18 victory over the visiting Shallowater Mustangs.

The Antelopes fought back from an early 12-0 deficit. The Lopes scored 20 unanswered points before giving up a late touchdown with less than two minutes remaining in the game.

Trent McDonald scored the go-ahead touchdown on a fourth down pass from Jared Grisham.

Other offensive standouts were Theo Paiz, Kenny Garay, Israel Barbosa and Brady Wuenche.

Jonathan McGregor, Sterling Smith and Will Todd gave strong defensive performances.



Junior Varsity Lady Lope Cross Country team members competing last week are (left to right) Sunnie Barbosa (3rd place), Tana Starkey, Yuri Lopez, coach White, Jenee Lott, Kayla Dunn and Leslie Rutherford.

Post City Television
Classic Cable Channel 12

KPOS Radio - 97.7 FM
www.postcityradio.net

The Post Dispatch - 495-2816



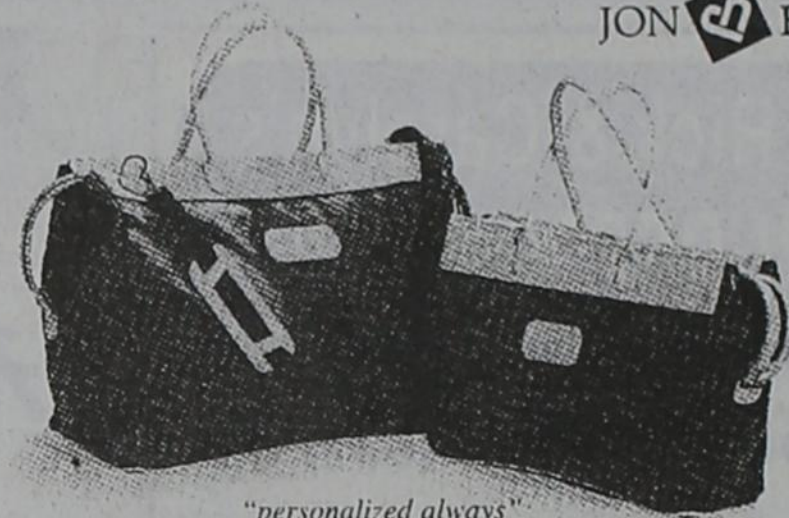
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Birthday
Victoria Gutierrez
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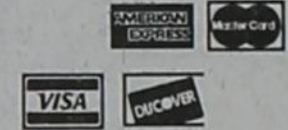


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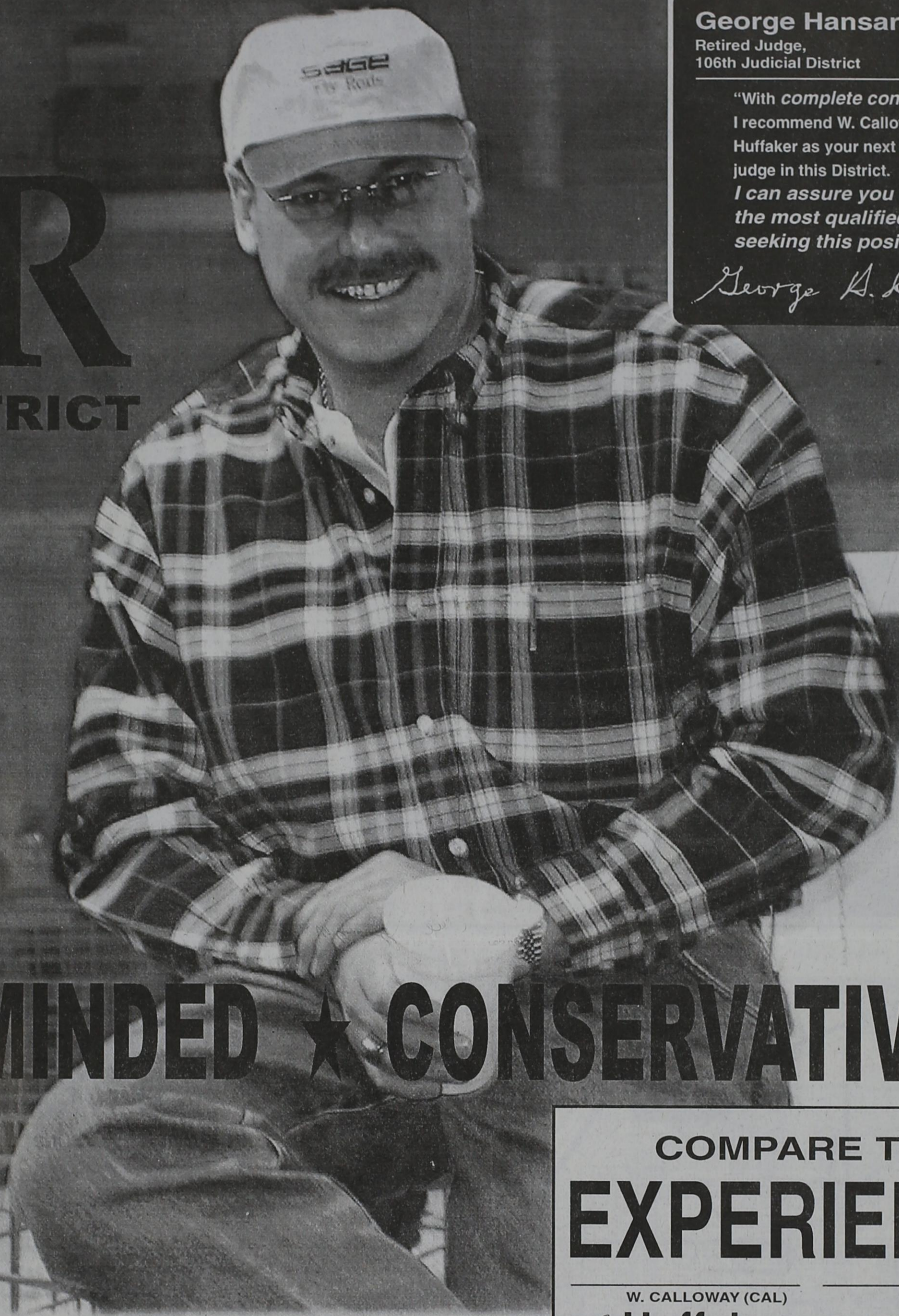
A little more than a year ago, on August 31, 2001, surrounded by family and friends, I placed my hand on the Bible and swore to uphold the Constitution and laws of the United States and Texas, thus becoming the judge of the 106th Judicial District. For the past year my life has been dedicated to that oath and to fulfilling my responsibilities as your district judge. I am committed to preserving the integrity and the independence of the judiciary and this court.

I would like to have been able to visit with each of you individually to ask for your vote. However, the heavy load in our court simply has not allowed me the time to do so. During the past year I have handled more than 1400 cases to final resolution and have presided over hundreds of other proceedings.

It is my honor and privilege to serve you. I respectfully ask for your vote and your support to allow me to continue to serve the 106th Judicial District in administering justice fairly, impartially, and efficiently.

KEEP District Judge
CARTER
T. Schildknecht

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George Hansard

Retired Judge,
106th Judicial District

"With complete confidence,
I recommend W. Calloway (Cal)
Huffaker as your next elected
judge in this District.
I can assure you Cal is
the most qualified person
seeking this position."

George A. Hansard

Handwritten signatures and names on the left margin, including: Kenneth, Barbara, John, Mary, Jim, Mark, Kevin, Helmi, Camille, and others.

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District Court cases of record in the 106th Judicial District:**

309 Cases

33 Cases

In the last 10 years, approximately how frequently have you appeared in court or other forums in trials or hearings of contested matters?*

20 times per month

1 time every other month

List all lawyers who were your adversaries and all judges before whom you have appeared in cases tried to verdict within the last five years.*

**25 Judges
95 Lawyers**

**1 Judge
4 Lawyers**

State the approximate number of cases in courts of record you have tried to verdict.*

250 since 1998

2 tried to a jury verdict

CAST YOUR VOTE NOV. 5TH!

* Taken from each candidate's official Application for Judicial Appointment
** Taken from official court records in Lynn, Gaines, Garza and Dawson counties



Amanda Workman



Steffi Norman

PHS senior Amanda Workman and 8th grader Steffi Norman have been selected to attend the Millie Lewis International Model and Talent Review in Dallas next January. The young ladies were selected from a field of several hundred in a recent Lubbock talent screening. The Post students are seeking financial assistance to attend the Dallas event. Those interested in helping should call 495-4067.



Garza County Judge Giles W. Dalby (right) welcomed State Senator Robert Duncan at the senator's town hall meeting in Post last week.

Sue Shytles honored with birthday party

Sue Shytles feted on 80th birthday. An 80th birthday celebration honoring longtime resident Sue Shytles was held at 7:30 p.m. Saturday, Oct. 19, at Jerry's Bar-b-que in Post.

Approximately 30 family members, including three children, seven grandchildren and 11 grandchildren and spouses, attended the event.

Guests registered at the party room entrance for a poster of the honoree at the age of five. This easel was decorated with flowers and red, white and blue flags. The room was filled with more red, as all family members wore red shirts and denim. Dining tables were covered with red-checked cloths and bore baskets of ivy accented with American flags.

A buffet featured entrees of both

barbecue and fish. The serving table was centered with a fresh floral bouquet in varied shades of red. Framed photos of the honoree at three stages of her life sat on one end of the table, while the traditional birthday cake topped with frosted strawberries sat at the opposite end.

The Rev. Grady Shytles of Fort Worth, the honoree's son, gave a birthday prayer.

Domestic violence plagues society

Although today marks the final day of Domestic Violence Awareness Month, the subject is one that is one that plagues society 365 days a year.

According to information provided by Jayta Cravy, victims' advocate with the Victim Assistance Services office, domestic violence injures more U.S. women each year than car accidents, muggings and raped combined.

Additionally, more than 50 percent of women murdered in the U.S. are killed by their husbands, ex-husbands or boyfriends.

Help is available. Individuals suffering from domestic violence should contact the Victims' Assistance Program at 495-2479 or 495-5511. Or call Women's Protective

Menus

Post ISD

November 4: Breakfast - Muffin, sausage link, fruit, milk

Lunch - nachos supreme, salad, fruit cocktail, cookie, milk

November 5: Breakfast - Cinnamon toast, sausage, fruit, milk

Lunch - Burrito, salad, pears, snicker bar, milk

November 6: Breakfast - Oatmeal, toast, fruit, bacon, milk

Lunch - Pizza, salad, corn, peaches, milk

November 7: Breakfast - Cowboy bread, sausage link, fruit, milk

Lunch - Chicken nuggets, gravy, whipped potatoes, green beans, hot rolls, jello, milk

November 8: Breakfast - Cereal, toast, fruit, apple juice, milk

Lunch - Chili dog, french fries, mixed greens, cake, milk

Garza Trailblazers

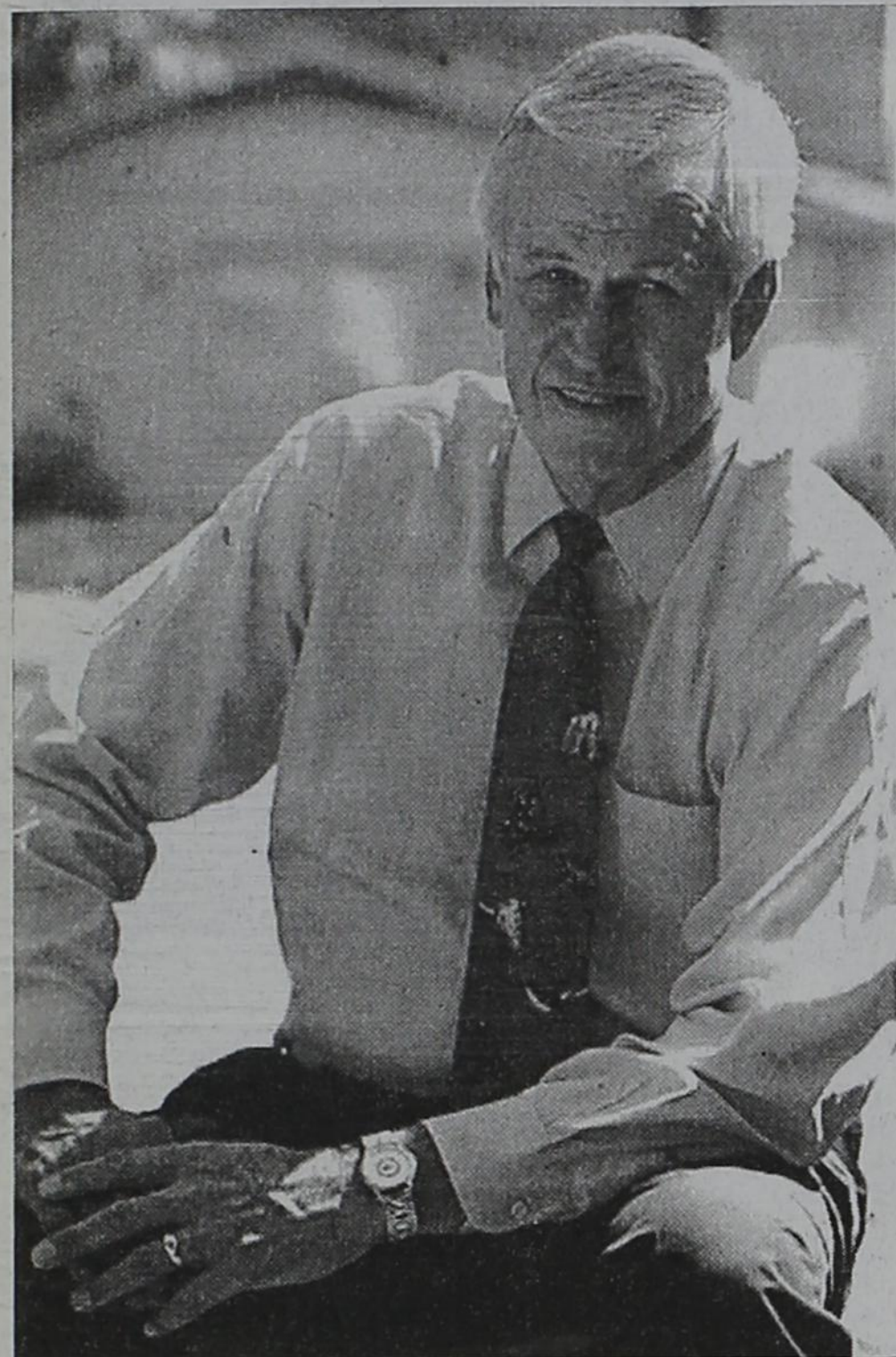
November 4 - Baked ham, navy beans, carrot & zucchini, sliced tomatoes, cornbread, pineapple cake

November 5 - Chicken patty on a bun, tater tots, broccoli & cheese, lettuce & tomatoe, chips/dip, cookies

November 6 - Chicken fry, cream gravy, baked potatoe, brussel sprouts, hot roll, fruit salad.

November 7 - Roast beef, potatoes o'brien, carrots, salad, wheat roll, cinnamin cake

November 8 - Catfish, macaroni & cheese, okra, cabbage salad, jal. cornbread, chocolate pie



VALUES.

When my grandparents bought land in the small town of Ericksdahl in 1906, West Texas was still a raw and untamed land.

One of the first things they did when they arrived was help build the town church--chiseling rock from a creek bed for the church's foundation. What they built was a monument to their faith, values and decency.

I'm extremely proud of my grandparents and the values that they and my parents instilled in me--West Texas values.

It's those same bedrock values that I work very hard to bring everyday to my job representing you in the United States Congress.

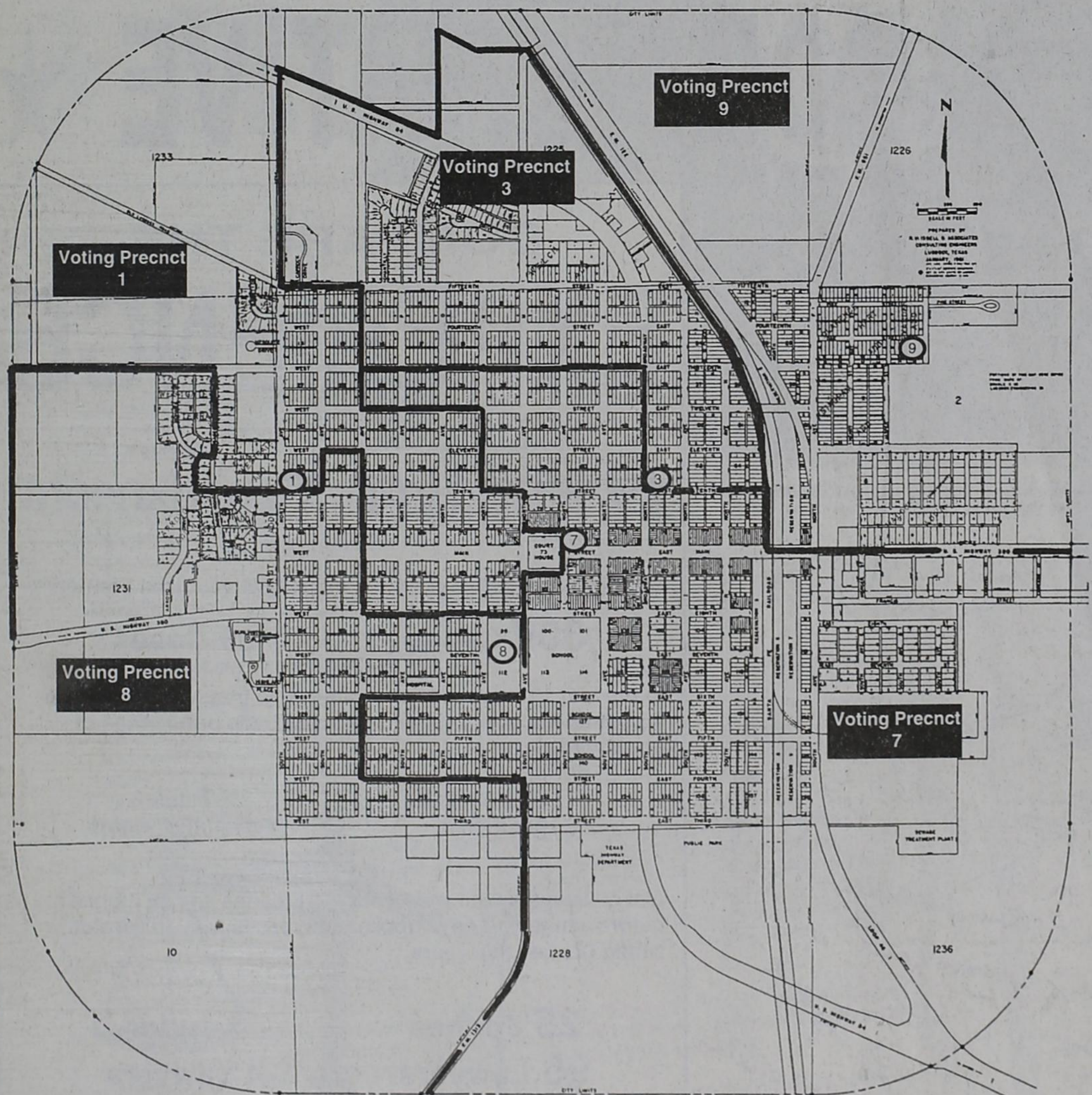
I hope that I've earned your trust and support for another term.

STENHOLM
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CITY OF POST, TEXAS

GARZA COUNTY



November 5 - General Election

Polling Locations:

- 1 & 1B - Presbyterian Church, 910 W. 10th; Commissioner Precinct 1
- 2 - Southland School, 8th & Georgia in Southland; Commissioner Precinct 1
- 3 - Citizens Bank Community Room, 210 N. Broadway, Commissioner Precinct 3
- 4 - Justiceburg First Baptist Church, US 84 in Justiceburg, Commissioner Precinct 4

- 5 & 5B - Close City Community Room, FM 399 in Close City, Commissioner Precinct 1
- 6 - Graham Community Room, FM 1313 in Graham, Commissioner Precinct 2
- 7 - Wells Fargo Bank Room, 216 W. Main, Commissioner Precinct 4
- 8 - Post Junior High School, 405 W. 8th, Commissioner Precinct 2
- 9 & 9B - Lorenzo Alexander Building, Jasper & Oak, Commissioner Precinct 3.

Polls will be open from 7 a.m. to 7 p.m.



Happy Birthday to a precious granddaughter!
Cailee Dolberry
November 5
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Nana & Pappy

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- ★ President, State Bar of Texas, 1990-1991
- ★ Alumnus of the Year, Bates College of Law, University of Houston
- ★ Alumnus of the Year, Lon Morris College
- ★ Board Certified, Civil Trial, Personal Injury, Family Law (1978-1999)
- ★ Thirty-four years of trial practice. Over 200 jury trials as lawyer. Over 100 jury trials as judge. Thousands of non-jury matters.
- ★ Author and Lecturer, Evidence and Procedure, Jury Trial Improvement
- ★ Lawyer of the Year, Mexican-American Bar Association
- ★ Texas Bar Foundation, Sustaining and Life Fellow

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OR TEXAS SUPREME COURT

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Idalou smothers 'Lopes in 35-6 district win here

Idalou continued its winning streak over Post Friday night as Shae Reagan rushed for three touchdowns to boost the undefeated Wildcats past the Antelopes 35-6 Friday in District 4-2A action at Antelope Stadium.

Idalou has won the last eight games played between the two teams.

The Wildcats opened up a 21-0 halftime lead and were never really threatened in the 35-6 game. Post managed six first downs and failed to net 100 total rushing yards.

Of Post's 10 offensive series, four resulted in turnovers and four ended in punts. Brody Robertson was knocked out in first quarter action and is expected to be lost for the

season after suffering knee damage. Post ran six plays during the first quarter and punted twice. The squad had a loss of downs turnover in three second-quarter series.

Post's offensive woes continued in the third quarter as the Antelopes punted twice on each possession.

Fourth-quarter action for Post was a one-play interception, a 10-play touchdown drive capped by Mark Norman's 17-yard catch from quarterback Russell Merritt in the back of the end zone. Later, the 'Lopes

suffered a four-play interception series and a one-play fumble turnover.

Idalou limited the 'Lopes to 151 total yards of offense, including 93 on the ground.

Idalou (8-0, 3-0) is the sole Class 2A team on the South Plains that is undefeated. They are tied for first place in the district standings with Shallowater. The two teams play Friday to settle what will likely be

the number one and two seeding in the District 4-2A playoffs.

The Antelopes need to win their final two games of the season to advance to the playoffs as the third place entry.



Russell Merritt (2) steps in as quarterback for the Post Antelopes in the first quarter against Idalou last Friday following Brody Robertson's knee injury. (Photo by Gena Lott)

District 4-AA Standings

Idalou	3-0
Shallowater	3-0
Post	1-2
New Deal	1-2
Roosevelt	1-2
Tahoka	0-3

Last week's results: Roosevelt 35, Tahoka 7; Idalou 35, Post 6; Shallowater 35, New Deal 14.

This week's games: Post at Tahoka, New Deal at Roosevelt, Shallowater at Idalou.

KPOS Radio
97.7 FM
www.postcityradio.net



The Post Antelope defense holds the line on Idalou during action here last week. Defending for the 'Lopes are (left to right) Kris Hernandez (45), Kenny Ratke (8), R.C. Curtis (44) and Mark McCallister (51). (Photo by Gena Lott)

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Takoka Bulldogs

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Saturday & Sunday 10 a.m. & 8 p.m.

Post Antelope 2002 Schedule

August 29	9th & JV	at Denver City	5
August 30	Varsity 33	Denver City 14	7:30
Sept. 5	9th JV	New Deal Roscoe	5 6:30
Sept. 6	Varsity 32	at Roscoe 7	7:30
Sept. 12	7-8th	at Friona	5 & 6:30
	9th & JV	Friona	6:30
Sept. 13	Varsity 21	at Friona 10	7:30
Sept. 19	7-8th	Merkel	5 & 6:30
	9th	at Merkel	6:30
Sept. 20**	Varsity 7	Merkel 31	7:30
Sept. 26	7-8th	Brownfield	5 & 6:30
	9th JV	at Floydada	5
	JV	Open	
Sept 28 (Sat)	Varsity 24	Perryton 17	5
Oct. 3	7-8th	at Crosbyton	5
	9th	at Colorado City	5:30
Oct. 4	Varsity	OPEN	OPEN
Oct. 10*	7-8th	at New Deal	5 & 6:30
	9th & JV	New Deal	5 p.m.
Oct. 11*	Varsity 46	at New Deal 20	7:30
Oct. 17*	7-8th	at Shallowater	5 & 6:30
	9th & JV	Shallowater	5, & 6:30
Oct. 18*	Varsity 3	at Shallowater 24	7:30
Oct. 24*	7-8th	Idalou	5 & 6:30
	9th & JV	at Idalou	5 & 6:30
Oct. 25*	Varsity 6	Idalou 35	7:30
Oct. 31*	7-8th	at Tahoka	5 & 6:30
	9th	at O'Donnell	6:30
	JV	Tahoka	6
Nov. 1*	Varsity	at Tahoka	7:30
Nov. 7*	7-8th	Roosevelt	5 & 6:30
	9th	OPEN	OPEN
	JV	at Roosevelt	6
Nov. 8*	Varsity	Roosevelt	7:30

** Homecoming - * District - All times p.m.

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www.postcityradio.net **97.7 FM**

The Post Dispatch

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