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The Post Dispatch

75th Year Number 25 USPS 439-620 © 2000 The Post Dispatch Newsstand Price 50¢ Thursday, November 16, 2000

Commissioners approve purchase of two specially trained dogs

by Wes Burnett

Two new police dogs will be purchased for the Garza County Sheriff's department following approval by the commissioners' court at its regular meeting Monday morning.

Deputies Bo Kimmons and Terry Moore presented the proposal and explained the need for the multi-purpose dogs. The current dogs are trained only for drug interdiction, and the new dogs are trained for a variety of functions.

Moore pointed out that the sheriff's department is expected to respond to emergencies at Lake Alan Henry, the Dalby Correctional Facility and the Juvenile Detention Center, as well as drug investigations. "These dogs will be able to do more than just drug identification," Moore said.

"This is an expensive item, but it's one I think we need to fund," Garza County Judge Giles W. Dalby emphasized.

Commissioners also approved a new agreement with the City of Lubbock, which calls for an increase of payment by Lubbock to Garza County for peace keeping duties at Lake Alan Henry. County attorney Leslie Acker explained the changes, pointing out that the total of \$108,820 included the purchase of another vehicle and an additional deputy. The agreement is expected to be approved by the City of Lubbock at the next city council meeting.

In a related issue, the court took no action on a request by Lubbock to support a change to the Texas penal code, identifying "municipal water and security officer." Sheriff Kenny Ratke said that if Lubbock has police duties at the lake, those officers would be watched carefully to ensure they abide by the county's enforcement policies.

Judge Dalby said any out-of-county peace officers must be under the control of the county. There was no support among the commissioners for the proposed changes to the state statute.

Constable Daniel Yarbo was appointed to serve as Floodplain administrator for the county's floodplain management plan. Dalby explained that a new state law requires the county to develop a

floodplain plan. The law takes effect in January.

The court approved budget amendments for the 1999-2000 fiscal year and conducted a public hearing on the imposition of an ordinance controlling private sewer facilities.

County agents Sara Wagner and Greg Jones presented reports of extension service activities the past month.

The court recessed until Tuesday morning to canvass the general election vote and administer oaths of office to newly elected county and district clerk Jerry Hays and precinct two constable Eric Cravy.

Two youth charged with car theft following chase

A high speed chase through portions of Garza County resulted in the Oct. 27 arrest of two individuals believed to have been involved in a Colorado car theft.

Bryan Keith Foley, 18, of Arvada, Colo., and a 16-year-old juvenile were arrested after leading Garza County officials on a high speed chase along several county roads.

According to reports, local officials became involved after Lynn County Sheriff's Department authorities notified them of a pursuit of a vehicle believed to have been stolen in Colorado. Local lawmen were told the stolen 2000 Lexus was believed to be headed in their direction.

The local officers were about two miles south of Southland when the suspect vehicle, which had already traveled through Lynn and Lubbock counties, was spotted. Once the driver of the Lexus realized he was being followed by law enforcement officers, the vehicle turned off on a dirt road, CR 105, traveling in speeds of up to 80 mph.

With a Garza County unit following close behind, the vehicle traveled about 3/4 of a mile down CR 105 before attempting a left turn onto CR 150.

"They were going a pretty good rate of speed," Deputy Angela Melton said Monday morning,

"but our deputies never exceeded 80 mph."

The driver of the Lexus lost control of the vehicle, driving it into a ditch and wrecking it. Authorities drove up behind the vehicle and ordered the driver and passenger out of the Lexus, but the two initially ignored the orders, Melton said. The lawmen had

their weapons drawn, as is protocol in such situations, but no shots were fired. One of the deputies on the scene had a restrained dog with him, which Melton said seemed to intimidate the two into cooperating with the lawmen's requests.

No injuries were reported in connection with the incident.

Both individuals were taken into custody and charges filed against them. Each waived extradition, and the juvenile has since been transported back to Colorado. Foley remained in the custody of the Garza County Sheriff's Department as of mid-day Monday.



Building donated to Mad Dads

Giles and Nelda Dalby (right) presented title to the building on North Broadway to Mad Dads Inc. The building has been the home of Mad Dads Inc. youth center for several years, courtesy of the Dalby's. "We've been meaning to do this for some time," Dalby said, "and we're very pleased to help in this way." Joining in the event were (left to right) Mad Dads Inc. directors Melvin Lee, Cain Abdrhaham, Joe Baker, Mark Short, Deana Gunn and Rodney Tidwell. During the 1960s the building housed Mrs Dalby's father's Floyd Pontiac dealership. It has also been home to Levi's Restaurant.

Post Notes

Youth rally November 18

The Bethel Assembly of God is sponsoring a Youth Rally Saturday, November 18 at 4 p.m. in the Post Community Center.

Thanksgiving service

A special Thanksgiving service will be held Sunday, November 16 at the Bethel Assembly of God church. Services begin at 10 a.m.

Covenant Home Health moves

Covenant Home Health Care in Post has moved to a new location at 231 E. Main. The telephone number remains 495-3537.

Children pageant seeks entrants

Parents of young boys and girls are encouraged to enter a beauty pageant on November 19. Call 495-2202 or 549-0511 for more information, ask for Harriett Poe.

PHS Spanish Club benefit show

The Post High School Spanish Club is sponsoring a Benefit Variety Show Saturday, November 18 from 7 to 9 p.m. at the Post Elementary School auditorium. The show includes local artists and students performing comedy skits, monologues, singing and dancing. Admission is \$3 per person, with proceeds to assist students on a trip to Spain this summer. Call Mrs Ferguson at 495-2770 for more information.

Special Thanksgiving meal

Those who are unable to afford or participate in a traditional Thanksgiving meal, or just need support of loving, Christian fellowship, are invited to a community Thanksgiving meal on Wednesday, November 22. The meal is sponsored by the First Baptist Church and will be at the School Cafeteria between 5:30 and 7 p.m.

Post lighted Christmas parade

The December 2 annual lighted Christmas parade is not being organized, with \$500, \$300 and \$100 prizes for the best three floats. To enter, contact the Post Commerce & Tourism Bureau at 495-3461. Floats must be lighted and deadline is November 27.

Weight, exercise program for youth

Mad Dads Inc and Vibes are offering special weight lifting and exercise classes for middle school and high school aged youth on Tuesdays and Thursdays from 5:30 to 7 p.m. Walk-in registration is \$20 for one month unlimited, when accompanied by an adult. One half of the proceeds benefit Mad Dads Inc. Call Rodney Tidwell to register at 495-1244.

Windbreak trees available

The Garza County Soil and Water Conservation District (SW&CD) is currently taking orders for windbreak trees. Producers may choose from a variety of evergreen (conifers) and hardwood tree species. Call Oneita Gunn at 495-2056, extension 3 for more information.

Coats needed for victims' children

The Victims Assistance program is conducting a children's coat drive. Anyone able to provide children's coats should contact the Victims Assistance Program at 225 W. Main. Coats must be clean and in good condition. The deadline for donations is November 17.

Turkey Shoot

The popular "Turkey Shoot" giveaway begins today on Post City Radio. To win, listeners need only identify the name of the advertiser just prior to the "Turkey Call." When listeners hear the "gobbler" they should call 495-2816 and identify the advertiser preceding the "gobble."

There is a limit of one turkey per household. Winners will be awarded "Turkey Bucks" to be redeemed at United Supermarkets in Post. The promotion continues weekday mornings November 16 and 17, and November 20, 21 and 22.

Sponsors for the "Turkey Shoot" are CitizensBank, Brady's Package Store, Southwestern Public Service, Golden Plains Care Center, Wells Fargo, United Supermarkets; The Frame Shoppe, Ammons Printing and Office Supply, The Bee Hive, Post Beverage Barn, Main Street Mercantile, Cellular Etc., OS Ranch Shop, Sonic, Holly's Drive In, Twin Cedar Motel and Post Auto Parts and Post Electronics Radio Shack.

Post City Radio is broadcast internet at www.postcityradio.com and on Classic Cable Channel 12 in Post.

Investigation on fatal accident awaiting toxicology tests

The investigation into the Nov. 6 automobile collision that claimed the life of 20-year-old Justin Rudd remains open, according to a report received Monday from the Garza County Sheriff's Department.

Authorities are awaiting the results of toxicology reports, Deputy Angela Melton said, noting that the wait for the lab results is likely to be a minimum of two weeks.

No charges are pending in connection with the accident, she said.

According to reports, Rudd died as a result of injuries sustained in a collision between a 1988 Ford pickup in which he was a passenger and a 2000 Mitsubishi Eclipse driven by Cassandra Miller of Post. The accident occurred at approximately 2:50 p.m. at the intersection of 8th Street and Avenue Q.

Reports indicate Miller's vehicle, which was carrying Miller and a single passenger, struck the

passenger side of the pickup in which Rudd and two others were traveling. Rudd was seated in the pickup's passenger seat next to the door.

Details regarding the accident were unavailable, but Melton said the sheriff's department investigation continues to focus on whether or not Miller failed to yield right-of-way to the pickup.

Excessive speed does not appear to have been a factor in the accident, the deputy said.

Rudd, who was partially ejected from the pickup, was airlifted to Covenant Medical Center in Lubbock. He was pronounced dead at 3:53 p.m. as a result of his injuries.

Authorities reported no other injuries as a result of the accident.

'Home for the Holidays' Nov. 27

The Garza County Home for the Holidays Program will be held Tuesday, November 27, 2000 at 7:00 p.m. at the First United Methodist Church.

The cost is \$5.00 which includes a taste of holiday foods, a night of entertainment, a cookbook, and an enjoyable evening with friends. The theme for this year's program is "Christmas South of the Border."

This event is by reservation only, so if you are planning to attend, please call the extension office at 495-4400 to sign up. We look forward to sharing the holiday spirit with you!

Post City Radio

Local News 7 a.m. & Noon Mon-Fri • Live Post Antelope Basketball, Starting Dec. 1
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Births

Piper Grace Jackson

Benny, Paula and Hannah Jackson have been blessed with a little angel. She made her appearance on November 2, 2000 at 2:18 p.m. in Lubbock at Covenant Medical Center. She is a graceful seven pounds, four ounces and is 19 inches long. Maternal grandparents are Johnny and Delores Stewart of Lubbock. Paternal grandparents are Jim and Dortha Jackson. Great grandparents are Roscoe and Dorothy Kropp and Nora Jackson.



Hannah and Piper Grace Jackson

Seth Thomas Patrick

Trace Patrick is announcing the arrival of his little brother Seth Thomas. His parents are Doug and Jackie Patrick of Midland. Seth was born November 3, 2000. He weighed eight pounds, one ounce and was 20 and 1/2 inches long. The proud maternal grandparents are Delbert and Vera Wartes and Aunt Erin of Post. Proud paternal grandparents are Loyd and Janet Patrick of Ft. Stockton.

McKade and Mackenzie Barbosa

John, Nicole and Madison Barbosa are proud to announce the arrival of their twins. McKade Deigo, six pounds, 13 ounces and 21 inches and Mackenzie Faith, six pounds, 10 ounces and 20 inches long. They were born November 13, 2000 at Covenant Medical Center in Lubbock. Maternal grandparents are Larry and Nela Owens of Lubbock. Paternal grandparent is Arcelia Barbosa of Post.

**Call Judy's Jabberin
with your "jabberin"
495-2816**



Some might say he's having a "bad hair day," but they'd be wrong ... this proud papa of four lovely daughters is in "hog heaven."
Happy Birthday, Allen
Love, Pat and Wes



Mrs. Colt Scott

Suzanne Gordon, Colt Scott exchange wedding vows

Miss Suzanne J. Gordon and Colt Micheal Scott, both of Dallas, exchanged wedding vows Sept. 30 at 6 p.m. in the United Methodist Church in Post. Jack Gordon, father of the bride, assisted by Randy Gordon, cousin of the bride, performed the double ring ceremony.

Parents of the couple are Jack and Mary Ann Gordon of Slaton and Mike and Patti Scott of Fort Sumner, N.M. Grandparents of the bride are Mr. and Mrs. Jim Strawn and Mrs. Lorene Gordon and the late O. M. Gordon, all of Post. Grandparents of the groom are George and Evelyn Scott of Las Cruces, N.M.

Guests were greeted and registered by Lyndee Strawn, cousin of the bride, and Jenae Lott.

Escorted by her father, the bride was presented in marriage by her parents. She chose a regal white bridal satin gown by Mary's Bridal of Houston. The gown featured a dramatic hand-beaded sweetheart bodice held by beaded double shoulder straps. The full A-line gored skirt swept to a scalloped edged Cathedral-length train heavily beaded with pearls, sequins and seed beads. Satin-covered buttons accented the back. An elegant pearl clip held layers of sheer iridescent English tulle scattered with pearl clusters which fell to a fingertip veil. She chose to design her own bouquet after the Colonial nosegay. The bouquet was a cluster of magnolias along with traditional wedding filler flowers. A navy handkerchief of her late Grandfather Gordon, tucked into the bouquet, served as "something old," while her newly monogrammed initials served as "something new." The bouquet was completed with bridal satin ribbons.

She wore her great-grandmother's wedding ring as "something borrowed" and her garter provided "something blue."

Larissa Gordon served as maid of honor for her sister. Attending as bridesmaids were Crique Scott, sister of the groom, Amy VanVranken, Kim Crawford, Jennifer Strawn, cousin of the bride, Eric Stewart and Amanda Hair, cousin of the bride. Serving her sister as junior bridesmaid was Jenny Beth Gordon. Flower girl duties were carried out by Shelby Hair.

Floor-length column sheaths of navy satin featuring bodices similar to the bride's dress were chosen as the attendants attire. Each carried a Victorian tussie mussie which held a long lit taper candle centered amongst lavender and greenery. Junior bridesmaid, Jenny Beth, carried a Colonial nosegay of hydrangea similar to that of the bride's bouquet.

Jon Chambers served as best man. Attending as groomsmen were Brian Baumgartner, cousin of the groom, Jason Copeland, Keith Haney, Kyle Jackson, cousin of the groom, Jeff New and Clay Jackson, cousin of the groom. Usher duties were held by Codie Hair, Jason Hair, Waylon Strawn, Jay Jackson and Bobby Fisher.

Bridal selections and ceremonial music was provided by Patty Kirkpatrick of Post.

Immediately following the ceremony, the reception was held in the church fellowship hall. The bride's table was attended by Kristen Cunningham, Carolyn Hair and Nancy Hoffman. Attending the groom's table was Susan Strawn.

Following a wedding trip to Puerto Vallarta, Mexico, the couple have made their home in Dallas.

The bride is a graduate of McAllen Memorial High School and Lubbock Christian University. She is a teacher in the South Garland area.

The groom is a graduate of Fort Sumner High School. He is employed by the Crown-Bolt Company.

The bride was honored with a lingerie shower in Lubbock hosted by her bridesmaids.

A miscellaneous shower in Dallas was hosted by South Garland High School.

The bride and groom were honored with a miscellaneous shower in Fort Sumner.

The Westside Church of Christ Fellowship Hall was the site of a kitchen shower hosted by the Westside congregation ladies.

Aunts of the groom hosted a bride's day brunch at the Garza Bed and Breakfast in Post.

Judy's Jabberin'

By Judy B. Bush

This past week we had a really tragic accident in Post. It involved several emergency vehicles and the crews.

Delivering my grandson to the baby-sitter after school I was appalled at the "gawkers" at the scene.

How in the world these people expect the emergency crews to work is beyond me. There were cars parked up and down Main street, deserted by their drivers, so that they could walk down to the highway to stare! Not to mention the crowd trying to get to the accident on the highway.

At a time like that, I would not blame the Highway Patrol or our local deputies if they did not take out their citation books and start writing.

In the future, let those folks do their job and at the same time you will be showing some respect to the people involved in the accident. Remember, it could have just as easily been you.

Turkeys

Everyone please notice the ad about the Turkey Shoot. Starting Thursday, November 16th, Post City Radio and Post Dispatch will be giving away two turkeys per day to the first person who calls and correctly identifies the name of the advertiser preceding the "turkey call". The contest will be held each week day morning through the 22nd of November. You can listen in to Post City Radio on Classic Cable channel 12 or if you online www.postcityradio.com. Good luck!!!

HELP!!!!!!!

In past years, lots of folks have relied on Jiggs and Shorty King to provide them with a Post High School annual when they needed one. The Kings are missing 1981. So if you borrowed it and forgot or if you know someone that might have it, give them a call. They have a complete set from 1949 on and would really appreciate getting back the 81 book.

If you don't want to call them, call me. I will get it to them. Thanks!

Where Did They Go?

Just for those of you who didn't know, our friends at Covenant Home Health Care have moved.

I visited with Shelia Gregory this morning and she said plans are in progress for a grand opening but she was concerned that some of you might not know their new address.

They are now located at 231 East Main. The same telephone number, 495-3537 can be used. Hope this will clear the smoke for some of you.

For You "Older" Barbie Fans

- Finally a Barbie I can relate to!
- Bifocals Barbie:** Comes with her own set of blended-lens fashion frames, neck chain and large print editions of Vogue and Martha Stewart Living.
- Hot Flash Barbie:** Press Barbie's bellybutton and watch her face turn beet red and tiny beads of perspiration appear on her forehead. Comes with hand held fan and tiny tissues.
- Facial Hair Barbie:** As Barbie's hormone levels shift, see her whiskers grow. Available with teensy tweezers and magnifying mirror.
- Divorced Barbie:** Sells for \$199.98. Comes with Ken's house, Ken's car and Ken's boat!
- No More Wrinkles Barbie:** Erase those pesky crow's feet and lip lines with a tube of Skin Sparkle-Spackle from Barbie's own line of exclusive age-blasting cosmetics.

Birthdays

Friday, November 17: Ernie Bustoz, Patsy Aguilar, Esther Garcia, Josh Payne, K'Leigh Babb and Stella Martinez. Saturday, November 18: Valentina Soto, Sherika Thurman and Ronnie Bratcher. Anniversary, Danny and Cindy Guthrie. Sunday, November 19: Morgan Lynch, Jaden Wiseman and Rich Huie. Monday, November 20: None! Tuesday, November 21: Riley Feagin, Rachael Walls and Suzi Clary. Wednesday, November 22, Josh Hubble, Taylor Osborn, Glenda Colby and Kelli Collier; Anniversary; William and Lisa Morrow. Thursday, November 23: Brandon Perez, Willie McBride, Tom O'Brian, Allen Dolberry, Toby Torres III, Mauro Castillo, Jordan Bratcher, and Kathy Hair; Anniversary, Tim and Renie Gaydos.

Get Wells

Glad to hear that Modena Farmer is home. Modena, hope you are feeling much better. I know Mom is glad you are home!

Till Next Week

Guess that's all. Hope you have a great week end. May God bless each of you. See you next week.



**Happy
40th
Birthday!**
**Love, Danny
Josh & Drew**



**Thank you all for your
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Daniel Yarbro
Constable, Precinct 1

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Morgans celebrate birthdays

Two Garza County residents recently celebrated significant birthdays. Gladys and E.B. (Ewell) Morgan were surrounded by birthday cakes when Ewell celebrated his 88th and Gladys observed her 90th birthday on Saturday, Oct. 28. The two observed another special date last week when on Nov. 9 they celebrated their 70th anniversary.

The Morgans were married in 1930 in Lamesa. The ceremony was performed by Brother Boren, the Church of Christ minister.

The Morgans have four sons—David, their companion; Philip of Phoenix, Ariz.; Laurence of Carlsbad, N.M.; and Bryan of Grandview — and 14 grandchildren and 29 great-grandchildren who are scattered throughout the United States and Australia. The couple also have five great-great-grandchildren.

Mrs. Morgan was born Oct. 27, 1910, near Tension in Tom Greene County to E.C. (Claude) and Alta Witherspoon Pettigrew. She moved with her family to the Justiceburg community at the age of 12 and attended the Justiceburg school, riding a horse to attend classes with her sisters, Evelyn and Geneva. She graduated from Post High School in 1929 and attended Texas Technological College and obtained bachelor's and master's degrees from Abilene Christian University in Abilene. A retired teacher, she taught at Garnolia, San Angelo and Slaton. She continues a lifelong interest in wildlife and vegetation in Garza County.

Mr. Morgan was born Oct. 28, 1912, east of Justiceburg on the Morgan home place, where he and his wife reside today. His parents were Amos and Della Morgan. He attended Lee Forest School and Justiceburg School, graduating from Post High in 1931. He farmed and ranched, as well as worked as an engineer for the Santa Fe Railway for 40 years. His special interests include watching the development and growth of Lake Alan Henry. Since the recent rains, the lake can be seen from the Morgan home.

Two sons, Philip and Bryan, were with the couple on their birthdays, along with Philip's wife, Betty, and Bryan's wife, Janyce. Granddaughters D'arci Morgan and Varina Denman, along with Varina's family, also helped celebrate. Loren and Phyllis Gilliland of Waco, longtime friends of the family, also attended. Loren is the son of Dean and Edna Gilliland, who lived at Justiceburg many years ago. Dean taught at the Justiceburg School. Nieces and nephews who surprised the birthday couple were Tom Pettigrew Jr. of Brownfield, Kenneth and Sharon Hale, Gary Hale, Ray and Karen Miller and Kody and Kim Crampton, all of Greenville.



Monica Jae Schooler and Jeremy Jason Davis

Schooler, Davis engagement announced

Mr. and Mrs. Jim Schooler of Post and Ms. Nancy Davis and Mr. Trenver Davis, both of Lovington, N.M., have announced the engagement and approaching marriage of their children, Monica Jae Schooler and Jeremy Jason Davis.

A 1997 graduate of Borden County High School, the bride-elect is attending Lubbock Christian University and plans to continue her education in the spring at Dallas County Community College. She is employed by University Medical Center in Lubbock.

Her fiancé is a 1994 graduate of Lovington High School who received a bachelor of science degree from College of the Southwest and a master's degree from Texas Tech University. He is employed by Red Oak High School in Red Oak, where he serves as head athletic trainer.

The couple will exchange vows Dec. 28, 2000. Following a trip to Las Vegas, the couple will reside in Lancaster.



E.B. and Gladys Morgan

RAILHEAD TRADE DAYS

Nov. 18-19

Always the Third Weekend of March, July and November in Historic Downtown Colorado City Exit Business 20 into Colorado City Saturday - 9 a.m. to 6 p.m. Sunday - 11 a.m. to 5 p.m.

- More than 100 vendors selling arts and crafts, clothing, food, antiques and collectibles.
- Located in the heart of the Antique District in downtown Colorado City.
- Historical walking tour or enjoy a horse and buggy ride throughout the city.
- Just take the Business 20 Exit to downtown Colorado City to enjoy the fun.
- Saturday from 9 a.m. to 6 p.m., Sunday from 11 a.m. to 5 p.m.
- Sponsored by the Colorado City Area Chamber of Commerce.

For more information contact the Colorado City Area Chamber of Commerce (915) 728-3403 or P.O. Box 242, Colorado City, TX 79512



Clover Kid members participating in the county 4-H food show included Amber Wilson (left), vegetables and fruits division and Teraka Cowley, nutritious snacks and desserts division. (Photo by Diane Graves)



Junior I members receiving blue ribbons at the County 4-H Food Show were (left to right) Tim Wilson, vegetables and fruits division; Lexi Nobles, breads and cereals division; Toni Wait, main dish division and Allen Heckaman, nutritious snacks and desserts division. These four will advance to District competition November 18 in Levelland. (Photo by Diane Graves)



Junior II 4-H'ers receiving blue ribbons at the county food show were (left to right) Cora Crane, breads and cereals division; Ashley Crane and Diann Heckaman, main dish division and Allison Blevins, vegetables and fruits division. These four will advance to the District 4-H Food Show in Levelland November 18. (Photo by Diane Graves)

Baby shower honors Katie Duncan

The Citizens Bank Room was the scene for a baby shower honoring Katie (Kemp) Duncan of Lamesa.

Guests arrived between 7 p.m. and 8 p.m. on the very snowy evening of Tuesday, Nov. 7. They were registered by Nelda Dalby.

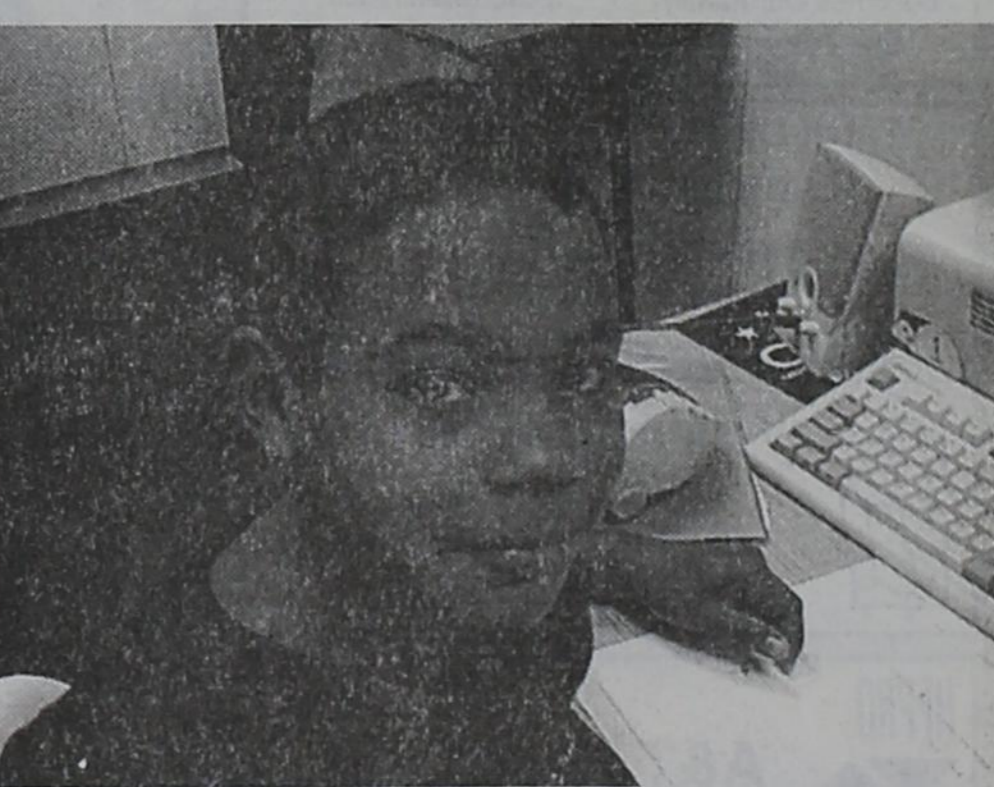
Special guests included the honoree's mother, Nancy Kemp; her grandmothers, Odie Kemp and Elizabeth Hart; and her sister, Kembra Jones of Lamesa.

A stroller was presented as the hostess gift.

The chosen colors of the nursery—blue, yellow and zebra stripes—were used to decorate the table. It was covered with a black cloth draped with a zebra-stripe cloth and featured a rubber tree plant with a basket of Beanie Baby wild animals. Blue glass votives accented the decor.

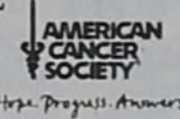
Miniature filled cookies, nuts, punch and coffee were served.

Hostesses for the event included Jane Mason, Wanda Dooley, Pam Workman, Jody Moore, Ada Lou Bird, Jane George, Orabeth White, LuAnne Terry, Donnell Hensley, Shirley McMeans and Dalby.



Roosevelt Brown, a fifth grader at Post Elementary School, successfully completed Level I in the new CEI Reading Lab. The CEI Reading Lab is a new reading program at the elementary school that uses computer technology to help students become better readers.

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Obituaries

Leon Davis

Services for Thomas "Leon" Davis, 62 were Wednesday, November 15, 2000 at 11:00 A.M. at the Post Church of Christ. Paul D. Jones, minister, officiated. Burial followed at the Terrace Cemetery under the personal care of Justice-Mason Funeral Home.



Mr. Davis died Saturday, November 11, 2000 at Covenant Medical Center in Lubbock.

Born October 18, 1938 in Acton to T.F. and Ruby Nell (Blacklock) Davis, he came to Garza County with his family to farm and ranch. He attended and graduated Post schools. He married Marie Howard December 21, 1957 here at Post. They made their first home here and in 1959 moved to Lubbock.

In 1978 they returned to Post and he worked for the Postex Cotton Mill, until it closed. He then worked as a carpenter for many years and worked for Snyder Machine Shop in Snyder. He was a member of the council of the Girl Scouts for many years. He was a Baptist and was preceded in death by his mother, Ruby Nell Davis, July 27, 1996.

Survivors include his wife, three daughters: Theresa Baumann and husband Kelly of Rowlett, Julie Tyler and husband Barry; and Karen Worthington and husband Mark, all of Abilene. His father: T.F. Davis of Post. Two brothers: Darrel Davis and wife Sandra of Ft. Worth and Leslie Davis and wife Linda of Post. One sister: Carolyn Allen and husband Elvin of Snyder. Five grandchildren: Koby Baumann, Kaiser Baumann, Layce Tyler, Maegan McKissack and Mitchell McKissack.

Pallbearers were Darrel Davis, Leslie Davis, Elvin Allen, Keith Howard, Barry Tyler, Kelly Baumann and Mark Worthington.

R.E.L. Goode Jr.

Memorial services for R.E.L. Goode Jr., 70, of Lubbock were held at 11 a.m. Saturday, Nov. 11, 2000, at the Cooper United Methodist Church with the Rev. Gary Boles officiating. Burial was at 10 a.m. Saturday in the Resthaven Memorial Park under the direction of the Resthaven Funeral Home of Lubbock.

He died Thursday, Nov. 9, at his home. Born in Lubbock County where he was a lifelong resident, he married Bunny Micheal Sept. 30, 1955, in Birmingham, Ala. She died July 3, 1994. He was a retired farmer, a member of the Yellowhouse Masonic Lodge and a Germania Insurance representative. He was active in the Cooper United Methodist Church.

Survivors include one daughter, Jeanne Holley of Lubbock; one son, Mike Goode of Bedford; a brother, Dayton Goode of Lubbock; three sisters, Velera Goode of Lubbock, Nancy Thompson of De Leon and Medrith Fritz of Frankfort, Ill.; and one grandson.

The family has suggested memorials be made to the Methodist Children's Home of Waco or to Hospice of Lubbock.

Lupe Ramirez

Services for Lupe Ramirez, 57, of Spur were held at 2 p.m. Saturday, Nov. 11, 2000, at the Primera Iglesia Bautista in Spur with the Rev. Jeronimo Reyes officiating. Burial followed in the Spur Memorial Cemetery under the direction of the Campbell Funeral Home of Spur.

She died Thursday, Nov. 9, at University Medical Center in Lubbock. Born Oct. 26, 1943, in Robstown, she lived in Spur for the last 10 years, having moved from Dickens. She worked as a certified nurse's aid at the Crescent Care Center in Spur since 1987.

Survivors include one daughter, Michelle Ramirez of Post; one brother, Victor Ramirez of Dickens; two sisters, Valentina Kautz of Dickens and Dottie Ramirez of Spur; and two grandchildren.

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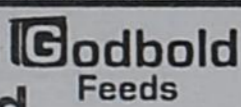
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Facts About The BIBLE BY JOHN LEHTI

... HOWEVER, ON THE NIGHT OF HIS BIRTHDAY FEAST, HERODIAS' DAUGHTER DID SUCH A SPECTACULAR DANCE IN HIS HONOR THAT KING HEROD VOWED WITH AN OATH TO GIVE HER WHATEVER SHE ASKED AS A REWARD. AT THE INSTIGATION OF HERODIAS, THE DAUGHTER ASKED FOR JOHN THE BAPTIST'S HEAD! HEROD COULD NOT GO BACK ON HIS KINGLY VOW, SO....

JOHN THE BAPTIST WAS IMPRISONED BY KING HEROD FOR PREACHING THAT THE MARRIAGE OF HEROD TO HERODIAS— HIS BROTHER'S WIFE— WAS UNLAWFUL. HE WAS AFRAID TO KILL JOHN, A HOLY MAN AND PROPHET, BECAUSE THE PEOPLE MIGHT RISE AGAINST HIM...

... HE SENT A DECREE TO THE PRISON AND ORDERED JOHN'S BEHEADING. THE DECREE WAS CARRIED OUT AND THIS GOOD MAN'S HEAD WAS THEN PRESENTED TO HERODIAS' DAUGHTER!

NEXT WEEK: A PROPHET WHO WOULDN'T FORGIVE THE PEOPLE, THOUGH GOD DID!

SAVE THIS FOR YOUR SUNDAY SCHOOL SCRAP-BOOK

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First Baptist Church, Wilson 628-6333
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Pleasant Valley Baptist Hwy 84 & N. 399 (806) 828-4174
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Catholic

Holy Cross Catholic Church Ave. K and Main St., 495-2791

Church of Christ

Church of Christ 108 N. Ave. M, 495-2326
Graham Chapel Church of Christ 5 miles W. Hwy 380, 2 miles south

Church of God

Church of God of Prophecy 602 W. 14th, 495-3644
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Power House Church of God and Christ Pine Ave.

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Opinions



And thereafter, my new entitlement

by Walter E. Williams

By appearance alone, no one would ever guess that next year I'll celebrate my 65th birthday. Going by this year's presidential campaign promises, simply by surviving 65 years I acquire the right to have my prescription drugs paid by younger Americans.



That's even if that younger person has less wealth and income than I. Does simply surviving 65 years guarantee me the right to live at the expense of young people? Not quite, according to vice presidential candidate Sen. Joe Lieberman. Lieberman knows his Bible.

He said that paying prescription drugs for older Americans is obedience to God's law revealed to us by Moses. We must "Honour thy father and mother that thy days may be long upon the land which the Lord thy God giveth thee."

Lieberman forgot to mention, or he doesn't know, that there's no Tooth Fairy or Santa Claus giving the government resources to pay for prescription drugs. That means the only way government can give one American subsidized prescription drugs is to first confiscate the money from some other American.

If Rabbi Lieberman just thought about that fact he'd recall another commandment, "Thou shalt not steal." Or, maybe Lieberman thinks what that commandment really means: "Thou shalt not steal unless thou hast a majority vote in Congress."

Older Americans who want someone else to pay for prescription drugs ought to give some thought to the mechanism by which the drugs will be provided. That mechanism is revealed by considering the following scenario: Suppose a person disagrees that his earnings should go to pay prescription drugs for some old coots.

He refuses to cough up the money to the IRS. What would you have done to him? You say, "The IRS should fine him." Suppose he refuses to pay the fine? You say, "The IRS should take his house." Suppose he refuses to let the IRS take his house?

You say, "Send armed agents." Suppose he arms himself to defend his property from government confiscation — should the government agents then kill him? The mechanism by which we'll get our prescription drugs subsidized is through threats, intimidation and coercion.

Let's think about the Ten Commandments again. Do you suppose that while there are biblical proscriptions against theft receiving stolen goods is OK? While there are no biblical admonitions against being a recipient of stolen property, I'd bet the practice doesn't sit right with God.

Why have older Americans resorted to ripping off the young? The simple answer is we can and we want to. In the political arena, the rule is: dump on people who can't dump back on you.

Older Americans vote in large numbers. Younger Americans hardly vote at all. Politicians do whatever gets them elected and re-elected. Becoming 65 next year means I get to live off younger Americans in another way — Social Security.

I'll probably receive all that I ever put into Social Security in five years or so. After that, I get to live off young people. The most conservative estimates predict Social Security disaster in the 2030s.

But if older Americans feel threatened by any Social Security proposal that might avert the disaster, why should politicians risk their careers by doing anything? Neither they nor today's older Americans will be around when the disaster arrives, so what do they care?

I'm healthy; subsidized prescription drugs won't do me much good. I'd be willing to forego my prescription drugs if Congress would force some young American to mow my lawn.

To find out more about Walter Williams, and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate web page at www.creators.com. COPYRIGHT 2000 CREATORS SYNDICATE, INC.

Parade of collectivism marches on

by Vin Suprynowicz

I have witnesses: I said early on Nov. 7 "This election will come down to a couple thousand Cubans sending a message to Al Gore about the way Jackboot Janet decided to 'resolve' the matter of Little Elian Gonzales."

Who, by the way — Elian, that is, not the murderous troll — will come to America and have his own talk show after Papa Fidel finally becomes the last hero of the World Socialist Revolution to be embalmed and laid out for public view.

(The Russians are apparently running out of money to keep re-embalming Lenin. I'm not — as Dave Barry would say — making this up. Of course, the Russians are running out of money for pretty much everything, despite the best efforts of the thieves at the World Bank to run a pipeline full of U.S. taxpayer cash right into the Kremlin, concluding in that secret deal recently OK'd by our point man in the kleptocommissariat, Al Gore, encouraging the Reds to unload all their left-over engines of death on Iran and other friendly powers. Not that I mind a free market in weapons, mind you. I'd just like to know, if the average barefoot goatherd from Zahedan to Samarkand can now buy his own shoulder-launched heat-seeking missile, why I can't pick one up at Home Depot. Fair is fair.)

The AP reported after the Kursk disaster this fall that "Not a single rescue system functioned on this top-of-the-range submarine. ... Disasters ranging from crashing airplanes to industrial accidents have become commonplace in Russia. ..."

A string of plane crashes were blamed on overloading after pilots accepted bribes to take extra cargo, weighing down their aircraft. ... In rural areas, people hack holes into oil pipelines to siphon fuel, often causing fires or explosions. ... Hundreds of people are electrocuted every year while trying to pilfer communication wires, electric cable and train and plane parts for sell as scrap metal."

Airplane parts taken out of planes which then try to fly the next day, mind you — remember the missing parachutes in Joe Heller's "Catch-22"? It's all thoroughly predictable, after decades of teaching a nation's youth in the government-run propaganda camps that acquiring private property and investing in hopes of future profits are both bad; that everything belongs to the first person to get there with a pair of pruning shears; that "excess earnings" should be confiscated and "redistributed."

You know — the political philosophy which has been in control of Washington City since 1932, now being genetically encoded through the reproductive organs of our own collectivist state, under the secure guardianship of the National Education Association.

Give it a few more months: the Russians will try to auction off Lenin's yellowed corpse to either Disney or Mammad Tussaud's. I say that in the interest of international cooperation and historical irony the State Department should approach Ringling Brothers, heirs to the great P.T. Barnum.

Decked out in a top hat and Uncle Sam suit, strung up on wires, I know I'd pay to see the old assassin dance like the skeleton marionettes in that famous music video of the Grateful Dead's "I Will Survive" — preferably performed by the Wheaton College Department of Feminist Studies Faculty Chorale.

Meantime, from the front in the ongoing Wars on Guns and Drugs, comes

word that four senior citizens, owners of Granicy's Valley Wide Feed Store in Lancaster, Calif., may become the first citizens imprisoned under another Brave New Law of the People's Republic, this one requiring merchants to record detailed personal information about people who buy iodine crystals.

Yes, iodine — you'll remember it from the periodic table of the elements in Mr. Stewart's 11th grade chemistry class. Not only is iodine the rust-colored stuff that stung when mom spread it over your childhood cuts and scrapes — it's also used to treat hoof and mouth disease in horses, and to purify water.

What a lot of us might not know is that the stuff is also used in the manufacture of methamphetamine, which makes it OK for the cops to kill you on the spot if you're caught with any. (Las Vegas cop Bruce Gentner, for instance, got off after emptying the magazine of his .40-caliber automatic into local resident Ron Perrin last year, when it turned out Perrin — otherwise armed only with a basketball — was in possession of a vial of iodine crystals.)

So in a way, maybe the four California oldsters should count themselves lucky. State prosecutors merely busted the four, in the words of The Associated Press, "after becoming frustrated by the store's refusal to comply with the law." Which is to say, refusing to take down the names and other intimate data of their iodine customers, thereafter turning in said data to The Proper Authorities.

If convicted, the four powderheads could spend a year in jail. Did I mention guns? In late September, a 41-year-old Hamilton, Ontario, man was eating lunch with his family at a crowded restaurant after being fitted with a heart monitor by his cardiologist that morning. Canada being the Land of Snitches, a customer at a neighboring table noticed the bulky outline and leather strap of the heart monitor and, mistaking it for a shoulder holster concealing a handgun, summoned police.

Shattering the moment of family togetherness, a team of SWAT-clad Canadian cops suddenly dashed to the man's table, grabbed him, and threw him up against the wall. One of the thugs tore off his shirt and was trying to pull out the monitor, which was hooked to the man's belt, when he finally realized it was actually some kind of medical device.

The Hamilton chief of police later apologized for the incident, explaining it was an honest mistake.

Hey: You can't be too careful. The guy could have turned out to be an Afghan goatherd.

Vin Suprynowicz is assistant editorial page editor of the Las Vegas Review-Journal, and editor of Financial Privacy Report (subscribe by calling Nite at 612-895-8757.) His book, "Send in the Waco Killers: Essays on the Freedom Movement, 1993-1998," is available by dialing 1-800-244-2224; or via web site <http://www.thespiritof76.com/wacokillers.html>.

Vin Suprynowicz, vin@lvj.com
 "When great changes occur in history, when great principles are involved, as a rule the majority are wrong. The minority are right." — Eugene V. Debs (1855-1926)

"The whole aim of practical politics is to keep the populace alarmed — and thus clamorous to be led to safety — by menacing it with an endless series of hobgoblins, all of them imaginary." — H.L. Mencken

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It is the mission of this newspaper to promote the rights of individuals, guided by the principles so eloquently described in the American Declaration of Independence. The right of life, liberty and ownership of property are the cornerstone for our freedom. Government's sole purpose is to enhance our liberty and freedom. Therefore, we hold every elected and appointed agent of government accountable to that standard.

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The Downfall of the Republic?

Miguel A. Faria Jr., M.D., NewsMax.com

As dramatic events unfold in Florida (i.e., tainted by mismarked ballots in Palm Beach County, miscounted votes, bureaucratic snafus, etc.) the Democrats are exploiting these "irregularities" to the core. Never mind that voter fraud by the Democrats has been widespread in South Florida for years, and Janet Reno has known about it. Vice President Al Gore and the Democrats are threatening to use the litigation process of their benefactors, the trial lawyers, to destroy what remains of our Constitutional Republic, unless Al Gore is elected president. Yesterday, NewsMax.com reported that Democrats want Florida officials to declare the election there invalid and are threatening to sue.

Better presidents than Al Gore would ever make were elected proudly by the Electoral College. Thomas Jefferson, who tied with Aaron Burr, was subsequently elected by one vote as the Constitution demanded, by the House of Representatives in 1800.

John Quincy Adams was likewise elected president over Andrew Jackson (who received the majority of the popular vote) by the Electoral College. Andrew Jackson became president in 1828 when he beat Adams by the same constitutional procedure.

Our Founding Fathers created for us a Constitutional Republic during the Constitutional Convention in Philadelphia in 1787 and rejected mass democracy as a government subject to mass demagoguery, government not by the judicious rule of law, but by the capricious rule of man.

James Madison, the Master Builder of the Constitution, wrote, "A pure democracy can admit no cure for the mischiefs of faction. A common passion or interest will be felt by a majority, and there is nothing to check the inducements to sacrifice the weaker party."

Hence it is, that democracies have even been found incompatible with personal security or the rights of property; and have, in general, been as short in their lives as they have been violent in their deaths." Most critical was Fisher Ames, a Massachusetts representative in the First U.S. Congress; he passionately argued that "Democracy is a volcano, which conceals the fiery materials of its own destruction."

So when the Founding Fathers drafted the Constitution they incorporated the thoughts of Scottish professor Sir Alex Fraser Tytler (1714-1778) of the University of Edinburgh: "A democracy cannot exist as a permanent form of government. It can only exist until the voters discover they can vote themselves largess from the public treasury."

From that moment on, the majority always votes for the candidates promising the most benefits from the public treasury, with the result that a democracy always collapses over loose fiscal policy, always followed by dictatorship." Let us hope that doesn't happen to these United States.

And so, in addition to establishing an Electoral College, rather than the popular vote of president, vice president, and U.S. senators (the election of the latter unwisely changed with the 17th Amendment), the Founding Fathers placed a series of checks and balances in our Constitution to prevent tyranny - from any one branch of government over the other and a tyranny of the majority (mob rule).

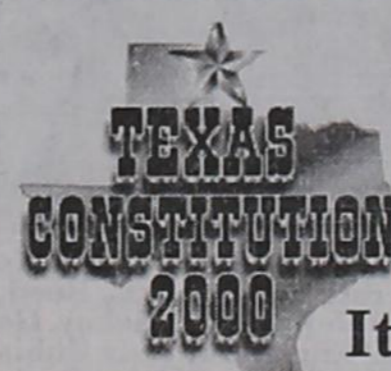
They established, for example, in Article V two processes for amending the Constitution, including two-thirds majority and three-fourths processes of state ratification, rather than simple majorities; treaties approved by two-thirds of the Senate; impeachment by majority vote in the House of Representatives but conviction by two-thirds super majority of the Senate; the power of the veto in the hands of the president that can only be overridden by two-thirds of both houses of Congress, etc.

Despite the uneasiness and turmoil, the fact is that if the presidential candidates abide by the Constitution and accept the vote of the Electoral College, there is no constitutional crisis. There will only be a dangerous crisis if one of the candidates uses litigation, violence, or any other uncalled, unconstitutional method to sabotage the constitutional process. Any such underhanded method may lead to the downfall of our great Republic and the rule of law.

In 1787 when the Framers finally completed the Constitution, it was - and remains - the greatest document ever drafted for self-governance, written by the heart and minds of men but inspired by the wisdom of the ages, if not the hand of God. When a woman asked Benjamin Franklin, what kind of government have you given us? He replied judiciously, "A Republic Ma'am, if you can keep it."

Let's hope we can!
 Miguel A. Faria Jr., M.D., is editor-in-chief, Medical Sentinel of the Association of American Physicians and Surgeons (AAPS), author of "Vandals at the Gates of Medicine" (1995) and "Medical Warrior: Fighting Corporate Socialized Medicine" (1997), and a frequent contributor to NewsMax.com.

"A democracy cannot exist as a permanent form of government forever. It will only exist until the people learn that they can vote money for themselves from the treasury and the politicians learn that they can distribute that money, to buy votes to perpetuate themselves in power. Hence a democracy always collapses over weak fiscal policy - to be followed by a dictatorship."
 (British historian Alexander Tyler, written over 100 years ago. He added that the average age of the world's great democracies between birth and death (or collapsing) was 200 years.)
 The United States is 224 years old.



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Wildcats sneak up on 'Lopes

by Wes Burnett

For three quarters of the game last Friday, the Post Antelopes kept the score in doubt, trailing 12-6 to the visiting Idalou Wildcats. The Antelopes saw their chance to win the final season contest disappear with two unanswered Wildcat touchdowns and increasing the lead to 25-6.

The Post defense played one of its best games, making very few mistakes, but in the end, the defense was on the field most of the second half, giving the Wildcats a significant advantage.

The Antelopes were also slowed down a bit by two starters sitting out the game due to academic ineligibility.

Post fans were off their feet on the opening kickoff when Idalou's receiver coughed up the ball at the 21 yard line. Jaime Collazo covered the loose ball for the Antelopes.

One play later the Wildcats got the ball back when Michael Huff's pass was intercepted and returned to the Post 48 yard line.

The Wildcats threatened, driving the ball down to the 24 before Huff intercepted a pass at the Post seven yard line. The offense could not penetrate the Wildcat defense and punted away.

Idalou ripped off a 12 play drive to paydirt, ending with a quarterback keeper from the three yard line. The point after failed and the visitors led 6-0.

Not to be outdone, the 'Lope offense found a groove, pounding out a 10 play drive that ended with Huff scooting into the end zone from the nine yard line. With 8:04 left in the first quarter, the score was knotted a 6-6.

Offensive highlights in the drive included hard running by fullback Jeremy Baker and running backs Jonathan Curtis and Luis Zubia, along with a third down pass completion to Clinton Curtis to the Idalou 34 yard line.

Jonathan Curtis broke through tackles to the 23 and Huff rambled to the 19, and picked up a late hit to the nine yard line for a first and goal. A pass to Jarrett Vickers was too high, then Huff ran behind his blockers around his left end, dodging tacklers into the end zone. The point after hit the right bar of the goal post.

On the next kickoff a short kick landed on the Idalou 32 and Roland Castaneda pounced on the ball for the 'Lopes. The offense was unable to take advantage of the turnover, and was forced to punt on fourth down from the Wildcat 29. The visitors took the ball and marched smartly down the field in six plays for a 12-6 lead. Castaneda blocked the extra point.

On the next possession, the 'Lope offense was stuffed, and on fourth down the snap was too low and punter Castaneda was trapped at the Post 19. Idalou was poised for the attack, but the Post defense came to the rescue once again.

On first down from the one yard line, Idalou's tailback Robert Garza lost the handle of the ball, and Clinton Curtis covered it for the Antelopes at the four yard line. Two plays later the teams headed for the locker rooms.

Second Half

The 'Lope offense could not get untracked after the intermission, although they did mount a promising drive on their second possession, penetrating to the Idalou 46 before being forced to punt on fourth down.

The Post defense couldn't contain the Wildcats, and early in the fourth quarter, the visitors put another six points on the board following a nine play drive. Idalou's quarterback fumbled the ball on the two point conversion, putting the score at 18-6.

Four plays later the punt snap was fumbled and Castaneda threw a pass just as he was being tackled in the end zone, giving the Wildcats the ball over on downs at the Post nine yard line. It took Garza two tries to hit the end zone for the final touchdown. The point after was good and the Wildcats led 25-6.

The Antelope offense was unable to mount a threat, but the defense held off a strong effort by Idalou for one more score. The ball went over to the 'Lopes on a fourth down attempt from the Post 14 yard line, with 25 seconds left in the game.

There wasn't enough time for the 'Lope offense, with the game ending as Huff was scrambling to the Idalou 45 yard line. The Antelopes finished the season with two wins and 8 losses.



Antelope quarterback Michael Huff outraces Idalou defenders around his left end during the lone scoring drive for the 'Lopes last Friday. (Photo by Jerry Taylor)



Jeremy Baker (30) slams an Idalou runner during last Friday's game here. Jonathan Curtis (22) gives a helping hand. (Photo by Jerry Taylor)



Post Antelope coach Richard Gorman studies the field situation as Luis Zubia gets ready to take the play call to the huddle during last Friday's final game of the season here. (Photo by Jerry Taylor)



Mitchell Mills (40) hammers an Idalou running back with held from Jonathan Curtis (22) in the 25-6 loss to the Wildcats last week. (Photo by Jerry Taylor)



Jonathan Eilenberger (66), C.J. Sims (45) and Roland Castaneda converge on an Idalou ball carrier as the Post Antelope defense held their ground in the third period last Friday. (Photo by Jerry Taylor)



Zach Engledow (72) blocks an Idalou lineman for the Post Antelopes in the 25-6 loss here last Friday. (Photo by Jerry Taylor)

8th grade boys edge Ralls

The Post 8th grade boys' basketball team opened up the season with a 29-22 win over Ralls on November 14. Jett Lott was credited with nine points in the contest. Others scoring included Jerrad

Grisham and CoCo Valdez with six, three each by Randon Blacklock and Jordan Tatum and two by Tony Garay. The next game will be Monday, November 27 at Sundown.

Idalou edges young 'Lopes

The Post Junior Varsity football team closed out its 2000 season with an 8-0 loss to Idalou last Thursday evening at Idalou. "The Idalou offense scored the only points in the game with under four minutes to play," coach Xavier Rangel reported. "Outstanding defensive players were Mark McCallister, Pablo Perez and Chessua Garcia," the coach added. "The young men played a great defensive game, we just were not able to make plays when we needed on offense," he said. "All the coaches are proud of the young men for the effort and hard work they gave during the season," Rangel emphasized. "We had a successful season, especially considering our youth," he concluded. The team finished the year with a 5-5 record.

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Congratulations Varsity Antelopes!



Post Antelope Varsity football team - (back row, left to right) Hector Reyna, Seth Redman, C.J. Sims, Clinton Curtis, Michael Huff, Jarrett Vickers, R.C. Reed, Tye Mason, Jonathan Curtis, John Eilenberger, (middle row) Tyrone Jefferson, Mickey Gonzales, Jeremy Baker, Jaime Collazo, Jeremy Bland, Ben Ayala, Zach Engledow, Luiz Zubia, Noah Gutierrez, (front row) Brody Robertson, Patrick Gonzales, Mitchell Mills, Roland Castaneda, Jay Cole, Jordon Nelson and Bryan Looney.

Noah & Rosa
Gutierrez
Jackie Gonzales

Tommy & Rosemary
Cole
Sammy & Tina Sims

Congratulations Junior Varsity Antelopes!



Post Antelope Junior Varsity football team - (back row, left to right) Owen Gilbert, C.C. Cruse, Adam Nobles, Frankie Orona, Brice Easterling, Kenny Ratke Jr., Zane Marts, Kris Hernandez, Cody Fox (middle row), Coby Jones, Mark McCallister, Mark Norman, Francisco Duran, Adrian Loreda, Alex Moreno, Langely Couch, Rene Mendoza, Josh Payne, (front) Joseph Espinoza, Byron Mason, David Rivera, Carlos Hernandez, Kyle Gunn, Will Todd, Pablo Perez, Brandon Bell and Chessua Garcia.

Kenny & Nora Ratke
Deana Gunn

Dan & Meg Nelson
Steve, Janice & Tamar
Mason

Gail Mountain Lighting of Star

The 7th Annual Lighting of the Star on Gail Mountain will be conducted Friday, Nov. 24, at 7 p.m.

The star will shine until Jan. 1, 2001.

The museum in the courtyard will be open at 5 p.m. for reminiscing, visitation and refreshments. Local talent will provide entertainment.

Mr. and Mrs. Santa Claus will be in the courthouse at 5 p.m., and caroling will be conducted on the courthouse square.



spotlight on health

Treating Acid Reflux

(NAPS)—There's heartening news for people who experience frequent and persistent heartburn and other acid-related stomach disorders. New treatments may offer faster and more effective relief.

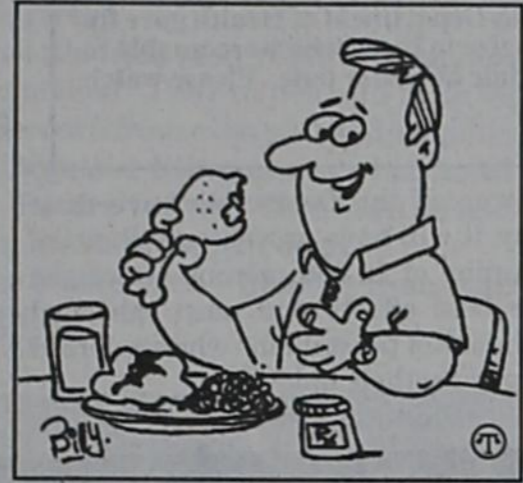
Gastroesophageal reflux disease (GERD) is a disease in which stomach acids irritate and sometimes harm the linings of the esophagus, stomach or intestines. If left untreated, it can lead to potentially serious complications such as erosive esophagitis (EE).

Frequent heartburn, the most common symptom of GERD, can be described as a burning chest pain that radiates upward from behind the breastbone to the neck. It may be associated with the sensation of food coming back "up" into the mouth and a bitter (acid) taste.

GERD symptoms can occur when digestive fluids and stomach acids back up from the stomach into the esophagus. This can irritate and damage the delicate lining on the inside of the esophagus, leading to such symptoms as frequent heartburn.

Many people get heartburn, but they don't suffer as much as people with GERD. "I think that the impact of GERD goes far beyond the symptoms that a person's experiencing—that it impacts on their personal life, their quality of life," said Nancy Norton, president of the International Foundation for Functional Gastrointestinal Disorders (IFFGD).

Treatment for GERD usually involves dietary changes, such as eliminating alcohol and coffee, los-



New effective medications are being developed to treat acid-reflux diseases.

ing weight and stopping smoking. Many people find that nonprescription antacids, which neutralize acid in the esophagus and stomach, provide only temporary or partial relief. But, for chronic reflux and heartburn, doctors often prescribe medications called proton pump inhibitors (PPIs), such as Prilosec, for more complete symptom relief.

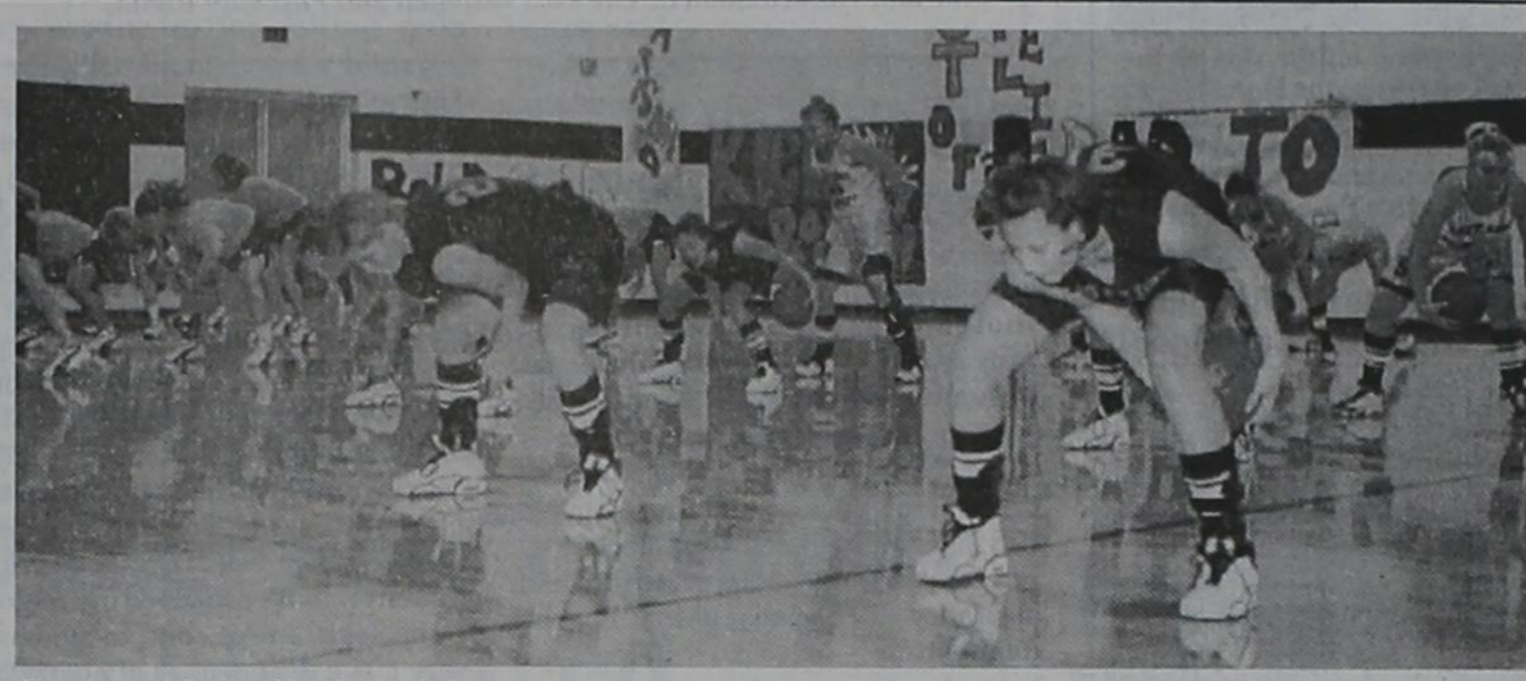
A recent study found that heartburn sufferers using a PPI as part of their treatment regimen had greater symptom relief than those using other prescription medications.

However, 54 percent of sufferers still are not completely satisfied with their current treatment. Fortunately, with upcoming treatment advances, there's hope that a better quality of life is possible.

For more information about GERD and its treatment options, visit the IFFGD's Web site at www.aboutGERD.org.



Clinton Curtis (84) hangs on to bring down an Idalou runner with help from his Antelope teammates on defense last Friday. (Photo by Jerry Taylor)



Varsity and Junior Varsity Lady Lopes demonstrated the daily drills that all teams perform prior to practice. Coaches Ron Taylor and Christi Daily led the teams during "Meet the Lady Lopes" night last week.



Post Lady Lope varsity basketball players were introduced at last week's "Meet the Lady Lopes" night. In their first scrimmage, the Lady Lopes edged Hale Center, one of the top rated teams in the state.



Post Middle School Lady Lope basketball players showed their skills during "Meet the Lady Lopes" night last week. Parents and fans got a close look at the rigorous drills each team performs before and during practice.

Letters to the Editor

Letters to the Editor Policy: We require all letters to be signed, however, names may be withheld from publication by request. Letters may be edited for brevity, grammar and punctuation.

Thanks to PHS

This morning I had the pleasure of attending the Veterans Day program put on by the Post High School students. As a veteran of World War II, I was touched by the patriotism displayed by those young men and women.

The band did an excellent job playing music familiar to all branches of the armed forces, and I'm sure everyone felt moved when Mr. Tackett played Taps on his trumpet.

I applaud the school and Mr. Giddens instilling the values of patriotism in these students and allowing them the time away from their studies to pay tribute to the veterans. It is greatly appreciated. Hugo Mosser

Rule of Law

I have no particular use for George W. Bush, let me make that "perfectly clear", right up front. I am not now nor have I ever been a Republican, even when I campaigned hard for Barry Goldwater back in 1964.

However I do have a reason that's unimpeachable (if you'll pardon the expression) for disliking the slimy gang of collectivists to whom my mentor, Robert LeFevre, used to refer as "Socialist Party A". They don't like the rules when the rules don't serve their purpose. We all feel that way from time to time. But when the rules don't serve their purpose, they expect everyone else to let them whine their way out of them.

We saw this phenomenon at work all throughout the eight miserable years of the Clinton regime. The President (the Democratic president, that is) couldn't be tarred and feathered and driven from office for the high crimes and misdemeanors (including sexual harassment, theft, graft, influence peddling, perjury, obstruction of justice, blackmail, treason, rape, and mass murder) that no one really bothers to deny he committed.

His wife, the Woman with One Eyebrow, couldn't be jailed for her various low crimes — accepting bribes disguised as investment advice, conducting public meetings in secret, concealing evidence connected with a homicide — because, well, because she's the Woman with One Eyebrow.

Of course the reason they offer, loudly, incessantly, for why the rules others follow shouldn't apply equally to them is that there's a "greater cause" to be considered. What they won't tell you is that the "greater cause" they have in mind is seizing absolute ownership and control of your life and all the products of your life. Adolf Hitler slaughtered millions in that "greater cause", so did Joseph Stalin, Mao Tse Tung, and Pol Pot. Waco Willie and his culture-genocidal hordes simply aren't about to let a silly thing like the United States Constitution stand in their way, let alone a little statute here and there.

Their attitude toward the proper outcome of the election of 2000 is exactly the same as their attitude toward, let's say, the Second Amendment. Despite their egalitarian rhetoric, they hate, loathe, and despise the distributed power that ownership of personal arms bestows on each and every one of We the People, so they want us all to ignore the clearly written prohibition on any government interference with the unalienable individual, civil, Constitutional, and human right of every man, woman, and responsible child to obtain, own, and carry, openly

continued on page 8

SW&CD helps with trees

The Garza County Soil and Water Conservation District is taking orders for windbreak trees.

Producers may choose from a variety of evergreen, or conifers, and hardwood tree species.

Some of the conifer species available include Afghanistan Pine, Austrian Pine, Eastern Red Cedar and Pinyon Pines. Hardwood varieties include Catalpa, Desert Willow, Green Ash, Hackberry, Honeylocust (thornless), Mulberry (fruiting) and Naking Cherry. Other varieties of both hardwoods and conifers also are available.

Producers may also order wildlife packets for quail, pheasant, deer, turkey and squirrel.

Quantities are limited, and anyone interested should place an order as soon as possible.

Trees will be delivered in early March.

For more information, contact Oneita Gunn at 495-2056, ext. 3, or go by the Natural Resources Conservation Service Office at 210 W. Main between the hours of 8:30 a.m. and 3:30 p.m. Tuesdays or Thursdays.

Lopes • Lopes • Lopes

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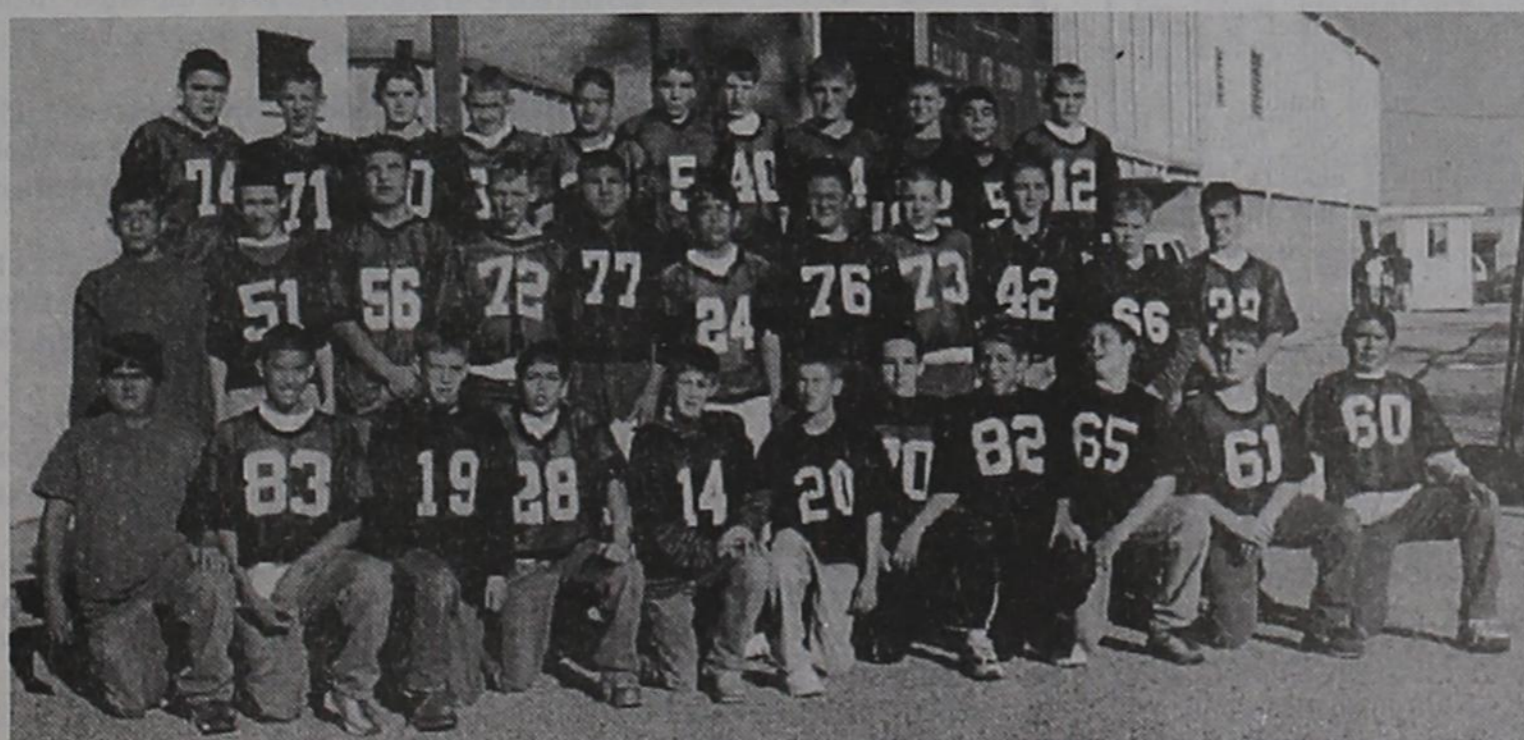
14 oz. Meats \$5.99 each

Nov. 13 - 26 while quantities last. Valid at participating Hickory Farms retail stores only. For a Hickory Farms location near you, call 1-800-442-5671.

no coupon necessary

The Post Dispatch 495-2816

Congratulations 8th Grade Antelopes!

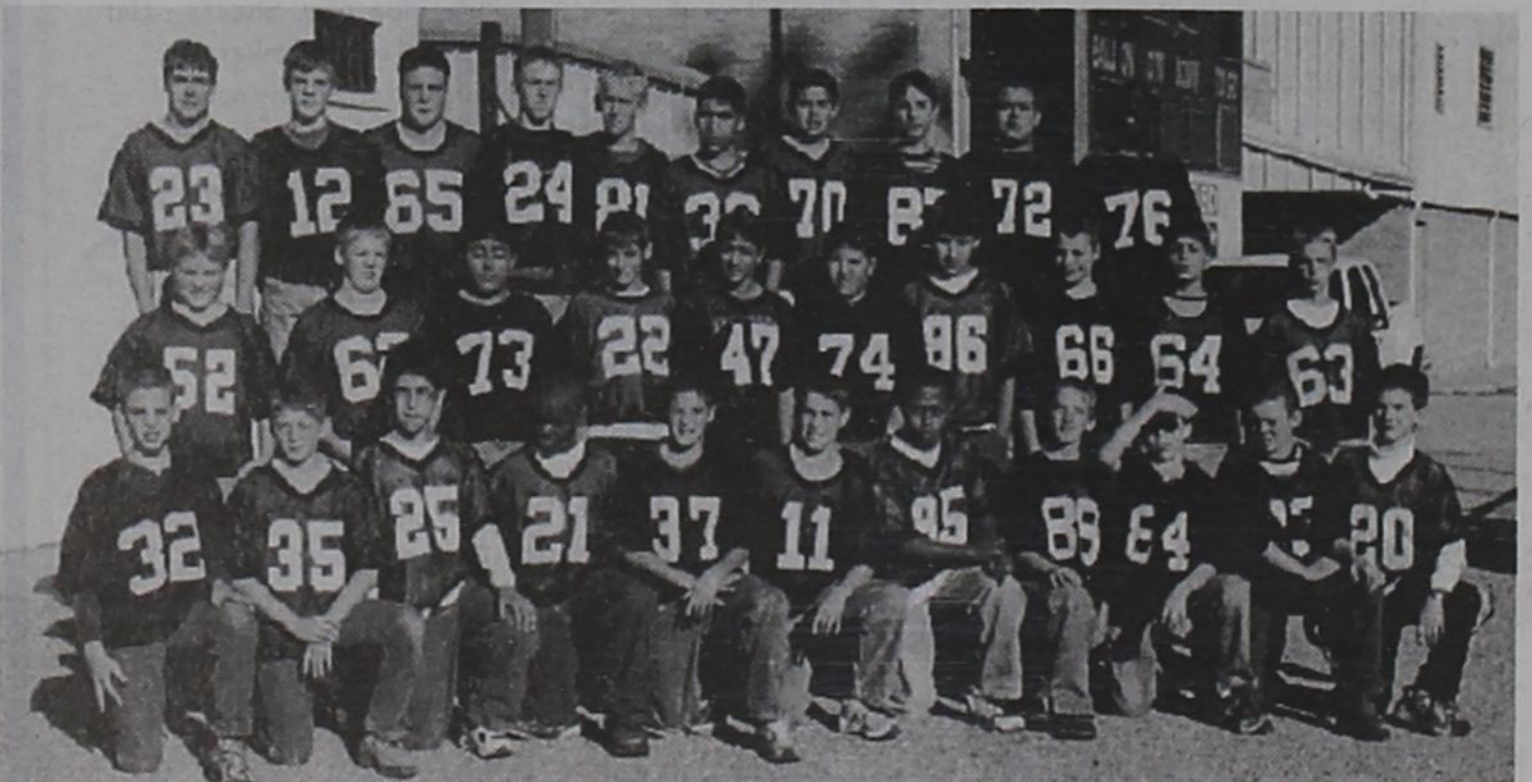


Post Antelope 8th grade football team - (back row, left to right) Brant Guthrie, Kam Baker, Randon Blacklock, Ryan Babb, Israel Landa, Martin Garcia, Josh Hair, Jett Lott, Cody Marts, Manuel Villalba, Jarred Grisham, (middle row) James Soto, Brady Wuensche, Tony Garay, Travis Hopper, Steve Rivera, Jessie Soto, Chris Curb, Kyle Kirkpatrick, Clinton Yarbro, Brandon Blaton, Quinton Odum, (front row) Joey Espinoza, Bryce Feagin, Zach Lopez, Trent McDonald, Coco Valdez, Michael Soto, Andrew Espinoza, Cody Bullard, Caleb Mitton and Jaime Valdez. Not available for photo were Cole Easterling, Michael Lambert, Justin Williams, Theo Paiz, Quinton Yarbro, Jordan Tatum, Jake Lott, Matt Perez, Shawn Chapman and Casey Williams.

Allen & Pixie Grisham
Jimmy & Rhonda Valdez

Greg & Sherry Williams
Keith & Jana Bullard

Congratulations 7th Grade Antelopes



Post Antelope 7th grade football team - (back row, left to right) Eric Reyna, Sterling Smith, Jace Pollard, Stace Norman, Keith Meredith, Israel Barbosa, Fernando Soto, Kenneth Garay, Adrian Zubia, Chris Reed, (middle row) Colt Mason, Israel Beggs, Orlando Paiz, Bryan Hart, David Vega, Jose Contreras, Jaime Munoz, Joey Engledow, John Morales, Braden Bratcher, (front row) Lawrence Adams, Jake Fluitt, Brandon Hernandez, Andre Boyd, John Norman, Miles Gray, Ridge Greathouse, Jacob Egbert, Justin Hair, Justin Harris and Jerin Tyler. Not available for photo were Ryan Ulm, Robert Apolinar, Aaron Fox, Michael Morris and Eli Baz.

Jerry & Marinette Tyler
Kim & Rhonda Norman
Ronald & Shirley Storie

Jackie & Cindee Reiter
Buddy & Patty Payne



Jim Plummer showed plans for a mural to be painted on the side of the building just east of McDonald's. The mural will advertise the Hotel Garza Bed and Breakfast through an arrangement with building owner Leslie Acker. The mural will be painted adjacent to the "Welcome" mural which has been on the building since the early days of historical "Main Street" designation. Plummer's presentation was at this month's Post City Council meeting.



Flu Vaccination Was a Big Success
Flu vaccinations were given at the Extension Office Monday, November 6, 2000. The turnout was so wonderful, we ran out of the serum an hour before the clinic was scheduled to be over. The Texas Department of Health gave flu shots, pneumonia shots, and tetanus shots to those 65 years and older. We apologize to those who were unable to get their flu shots. We are in the process of scheduling another flu vaccination clinic at a later date. Please watch for more information in The Post Dispatch and Post City Radio.

Garza County UNITED WAY 2000-2001 Goal \$22,378

Participating Agencies

AMERICAN RED CROSS	\$500
BOY SCOUTS OF AMERICA	\$1,678
GARZA CO. CHILD WELFARE BOARD	\$500
POST JUNIOR BASKETBALL	\$500
POST GIRL SCOUTS	\$1,200
GARZA CO. TRAILBLAZERS	\$3,000
MAD DADS	\$5,000
MEALS ON WHEELS	\$2,000
SALVATION ARMY	\$1,000
WOMEN'S PROTECTIVE SER.	\$1,500
LITTLE LEAGUE BASEBALL	\$3,000
GIRL SCOUTS OF CAPROCK COUNCIL	\$2,500
TOTAL	\$22,378

The United Way's Budget Committee screens all requests from participating agencies to make sure each receives only its fair share. This is a protection to the United Way giver that his or her contribution will be put to good use.

Give the United Way!
Donations May Be Mailed To
P. O. Box 425 Post, Texas 79356

continued from page 7

or concealed, any weapon — rifle, shotgun, handgun, machinegun, anything — any time, any place, without asking anyone's permission. A Republican victory, however slim it turns out to be, thrusts a big stick into their bicycle spokes, and they know it. Having suffered nearly a decade of Clintonism — due to the cowardice and hesitancy of "Socialist Party B", the Republicans — advocates of liberty of

every stripe are highly unlikely to tolerate such failures of resolve any longer.

They understand that it was the Milquetoast tactic practiced by the George Bush Junior campaign that brought about the sorry mess of November, 2000 (just as it brought about the well-earned defeats of George Bush Senior and of Robert Dole). They will run away with a victory now, realizing, at long last, that the task before us is not to feebly defend ourselves from each socialist assault on our lives as it's contrived in Congress or the legislatures, but to undercut every move the enemies of liberty can make with a single sweeping strategy: demanding stringent, swift, and energetic enforcement of the Bill of Rights.

Socialist Party A understands that, too, which is why it's trying to steal this election at any cost. Their present contention is that our lives must be totally re-engineered not only for cripples and illiterates, but that the electoral process itself is fatally flawed if it fails to accommodate the hopelessly stupid. Yet if it weren't the infamous Palm Beach "butterfly" ballots, rest assured, it would be any other excuse they could think of. Just like you, I've seen those ballots (they were used in my home state for years). Anyone confused enough to mess up a ballot like that — and then complain about it — is admitting publicly that he (or she) has the intelligence of an eggplant.

Which pretty much accounts for their choice of political parties. My answer — if they want to play like that — is that anyone who can be confused by such a ballot is clearly disqualified to vote, and that anyone who voted for Albert Gore should be disqualified on the same grounds.

Another thing, in any conflict between the electoral vote and the popular vote, there is no popular vote. The system as it exists was developed to allow a loose confederation of equal sovereign nations to choose a single leader, a confederation all but destroyed by a fascist dictatorship in the 1860s. For the last 140 years, decent individuals in this civilization have been struggling to reestablish that loose confederation. Abolishing the Electoral College is a step in the wrong direction.

The claim that the election of 2000 proves that each of our votes counts is

untrue. If the Democrats have their way, it will have proven only that the whining of 19,000 morons outweighs the best efforts and most reasoned opinions of the millions who are forced to pay for their upkeep.

L. Neil Smith, Arizona

Beauty is a mystery. You can neither eat it nor make flannel out of it.
—DH Lawrence

The Post Dispatch

P.O. Box 490 - Post, Texas 79356 - 495-2816



On behalf of myself, my family and my staff,

We wish to express our overwhelming gratitude and appreciation for your show of continued support.

THANK YOU GARZA COUNTY,

Kenny Ratke

Pol. Ad Paid for by Kenny Ratke, Two Draw Lake, Post, Tx 79356

Lubbock's Ronald McDonald House



Ronald McDonald House Charities of Lubbock, Inc.
1212 Indiana Ave. Lubbock, Texas 79415
(806) 744-8877 FAX (806) 744-3652

WISH LIST

RONALD McDONALD HOUSE CHARITIES OF LUBBOCK, INC.

FOR OUR KITCHEN:

Grocery Store gift certificates; casserole dishes that may be frozen; sliced bread; eggs; flour; sugar; microwave meals (frozen or on-the-shelf); dry cereal; fruit juice; bacon; wieners; lunchmeat; tea bags; frozen pizzas; chips; saltine crackers; snack crackers; fresh fruit; slice and bake cookies; sponges; "silverware" teaspoons and forks; powder dishwasher detergent; butcher and paring knives; potato masher; coffee for automatic coffee maker; margarine (sticks and tub); canned pasta (ravoli, beefaroni, etc)

FOR OUR GUESTS AND THE CHILDREN:

Small new gifts for children in the hospital — appropriate for boys and girls, age 0-18 years; Movie, dinner or retail store gift certificates; Prepare an evening meal for our families or bring homemade desserts and snacks; Sheets — flat and fitted, double, blue, new; Sheets — flat and fitted, queen size, cream colored, new; Pillowcases — white and cream, new; Blankets — thermal or velux, twin, double and queen size, blue or cream, new; Pillows for beds — new; Mattress pads — twin, double and queen size, new; Mattress and pillow protectors — vinyl, twin double and queen size, new; Feminine hygiene supplies; Blow dryer; New or like-new silk plants or trees for the guest rooms; hair brushes and combs; tooth brushes; travel size mouth wash, tooth paste, and shaving cream

MISCELLANEOUS:

Disposable cameras; digital camera; size D batteries; 39-gallon trash bags; 13-gallon tall kitchen trash bags; wastebasket liners; 409; bleach; bathroom and kitchen cleaners; label maker; cotton material scraps (min. 8"x10"); polyester fiberfill; magazine subscriptions; books and video tapes in Spanish; commercial-type vacuum cleaner; angled brooms; standard size cotton mop; squeegee-type sponge mop; Nintendo 64 games; fertilizer; bark mulch; plant food; work gloves for outside (L & XL); glass cleaner

OFFICE NEEDS:

Rolls of postage stamps; scissors; masking tape; pens

VOLUNTEERS:

Volunteers who can work on a regular schedule in the office
Volunteers who can help with housekeeping chores
Volunteers who can help with landscaping (clean-up of flower beds, trimming and edging the lawn, etc.)

1212 Indiana Ave., Lubbock, TX 79415

806-744-8877

University Medical Center

where the experts are

Diabetes has many names

There is one particular medical condition that has more names for it than a con man working a police convention. The condition I am referring to is Diabetes.

Diabetes in its varying forms has the following names: Type 1 diabetes, sugar diabetes, youth onset diabetes, juvenile diabetes, and insulin requiring diabetes. I probably left some out.

The previous names describe the kind of diabetes that is defined by the ABSOLUTE deficiency of insulin. The pancreas, where insulin is manufactured, no longer can produce it. If these individuals do not get insulin they will die within a few months time.

Doctors Sir Frederick Banting and Charles Best, working at the University of Toronto, discovered insulin in 1922 and described its role in Diabetes Mellitus. This was the original name given the disease by the Greeks and meant "honey-sweet," as the urine of the afflicted was rich in sugar.

Banting and Best are credited with developing a way to gather enough insulin from swine (sounds better than pigs) to provide treatment for these type of diabetics. Their work made it possible for people with the disease to survive. This is not the common form of diabetes and usually occurs in children or early adulthood. The current official name of this form of the disease is Type 1 Diabetes. Be patient now. From this point on it gets complicated.

Enter Type 2 Diabetes. This is the disease most of the people you know who are diabetic can call their own. Its aliases are: sugar diabetes (again), non-insulin dependent diabetes, insulin requiring non-insulin dependent diabetes (I love that one), and adult onset diabetes just to name a few.

The major characteristic of this disease is the RESISTANCE of our cells to the effects of insulin. This results in the inability of glucose (sugar) to get into the cells of the body causing it to remain in the blood and therefore, raising the blood sugar.

In many cases there are HIGH LEVELS of insulin circulating in the body, because high levels of insulin are required to overcome the resistance of the individual cells and get the sugar out of the blood stream and into the cell where it can be used as fuel. Whew!

As you can see, these two diseases, Type 1 and Type 2 (sounds like characters in a Dr. Seuss story) are exactly opposite in their fundamental problem. One is a disease of no insulin and the other a disease of too much! Then why do they have the same name, diabetes? It's about like calling shock, the condition in which blood pressure is dangerously low, type 2 high blood pressure!

The answer to this riddle is that they both share common symptoms, high blood sugar and sugar in the urine. Also, their presenting symptoms are similar, increased thirst, increased urinating and weight loss. All of these symptoms are due to blood sugar "spilling" into the urine and pulling water along with it.

Type 1 causes high blood sugar because there is no insulin to get the sugar out of the blood and into the cell. Type 2 causes blood sugar increases because the cells are resistant to the effects of insulin, which as a result, also leaves the sugar in the blood.

Until recently, measuring the blood sugar is how both diseases were diagnosed and how they were followed by doctors. Treatment was tailored to the type of diabetes.

In Type 1, insulin was injected (it can't be taken by mouth as it breaks down in the stomach) and its presence allowed glucose to leave the blood and enter the cell. In type 2 pills were given to stimulate the pancreas to make more insulin. High levels of insulin could overcome the resistance of the cells and force the glucose into them and lower the blood sugar.

The image I get is of a bunch of insulin molecules lowering their little shoulders and busting down the door, letting the sugar into the cell. But that's just me.

However, this reduction in blood sugar is achieved at the expense of high circulating levels of insulin, which we are discovering may not be all that good for us either. More on that in future editions. This is where the greatest strides in treating type 2 diabetes are occurring.

In some cases the pills given for type 2 diabetes, the ones that flog the ol' pancreas to put out more insulin, become ineffective. The pancreas either can't keep up with production or the amount of insulin required to "break down the door" is just too high and so extra insulin must be injected.

This then, is the case of "insulin requiring non-insulin dependent type 2 diabetes" that I referred to earlier. If someone you know was taking pills for their diabetes initially and then started taking shots, this is probably what was going on.

They are not insulin requiring diabetics. They merely need it to keep their blood sugar down. They will not die if they do not get their insulin. They may get pretty sick with the complications of high blood sugar but they will not develop the deadly acidosis that type 1 diabetics do which causes death.

In some cases there exists both problems. The pancreas of the type 2 diabetic starts to poop out after having to work overtime and the patient becomes insulin deficient as well as insulin resistant. This is not too uncommon either. Fortunately there is a new class of medicines available that not only promote insulin secretion, but lower cellular resistance.

Now that wasn't too bad, was it? Next time, now that you are warmed up, we may discuss the various forms of Hepatitis. It has many names also. Type A, type B, etc. For the longest time there was a type of hepatitis that was called, you guessed it, non-A, non-B hepatitis. After about ten years and many meetings to discuss it, a very clever name was coined. They called it Type C hepatitis! Us Doctor-types are some pretty inventive people, no?

Thank you for spending this time with me.
Winston Whitt, MD

Think Texas

by Agriculture Commissioner
SUSAN COMBS

Most folks agree that Texas is in the driver's seat when it comes to growing and making great products. The trick seems to be teaching consumers which products they are.

We've got creative items like green tomato pickles, port wine fudge and jalapeño brittle sold by the gallon — all coming straight from the drawing boards of Texans. Plus, our beef is world-renowned, as Texas is the No. 1 cattle-producing state in the nation. We also have a burgeoning wine industry, a blooming cut-flower industry and our cotton production is also first in the nation, to name just a few of our thriving agricultural industries.

And now we can say — literally — that Texas is in the driver's seat with the release of our new GO TEXAN license plate. The Texas Department of Agriculture for the first time ever has created an official state of Texas license plate that touts TDA's marketing program, GO TEXAN.

As Texans, we are loyal to our state and we are loyal to our neighbors. The GO TEXAN license plate program allows us to spread the word about Texas products and display our Lone Star pride right on our car bumpers.

GO TEXAN license plates help teach consumers that whether they're shopping for food or clothing, if they're looking for the best, then they should choose products grown and made here.

So order your GO TEXAN license plates today by calling 1-877-99-GO-TEX. Together, let's drive home the GO TEXAN message.

Neighbor to Neighbor

by Sara Wagner, CEA-FCS

Thanksgiving Treat

With the holidays fast approaching, many people like to try a new recipe or two. Here is a wonderful one which is sure to please and is a little kinder on the hips.

PUMPKIN CHEESECAKE

- Crust: 1 1/4 cup ground nuts
3 tbs butter (melted)
3 pkg equal
2 tbs soy flour (optional)
- Filling:
1 (16 oz) container low-fat curd cottage cheese
2 (8 oz) pkg neufchatel cream cheese
2 tsp each grated lemon zest and vanilla
1 (15 oz) can solid pack pumpkin puree
2 tsp pumpkin pie spice
24 pkg equal 3 eggs
- Topping: 1 cup reduced fat sour cream
2 pkg. equal



- Preheat oven to 350 degrees
- Crust - mix nuts, melted butter, and equal pat in a spring form pan. Bake 5 minutes. Cool
 - Filling - reduce oven heat to 300 degrees. In processor mix cheeses until very smooth. Add zest, vanilla, pumpkin, spice, equal, and eggs. Process until combined. Pour in pak and bake 50 minutes or until almost set in center. Remove from oven and add topping.
 - Topping - mix sour cream and equal together with spoon or whisk until smooth and mixed put over cheesecake. Return to oven. Turn oven off and let stand until topping is set, about 45 minutes with door open.
- Leave cake in until cool or remove to a wire rack. Remove from pan. Refrigerate for several hours or overnight.

YUMMMMM!

Holiday Cooking

'Tis The Season For Cinnamon, Say Cooks

(NAPS)—One of the spices that sums up the best of the busy holiday season is cinnamon.

Adding a touch of this favorite flavor can help cooks whip up easy-to-serve foods that delight the senses.

An easy way to add cinnamon is with Hershey's Cinnamon Chips. These great tasting chips will spice up coffeecakes, sticky buns, muffins and many other traditional breakfast foods. They also taste wonderful in cookies, cakes and snacks. They're even tasty to eat right out of the bag.

Suggestions on what to make with these exciting new chips include scones, waffles and pancakes. They are great added to hot cereals, rice pudding and granola.

Here's a cinnamon-y recipe for Chewy Drizzled Cinnamon Chips Cookies that may come in handy during holiday entertaining:

Chewy Drizzled Cinnamon Chips Cookies

- 3/4 cup (1-1/2 sticks) butter or margarine, softened
- 1 cup packed light brown sugar
- 1/4 cup light corn syrup
- 1 egg
- 1-1/2 cups (10-oz. pkg.) Hershey's Cinnamon Chips, divided
- 2-1/2 cups all-purpose flour
- 2 teaspoons baking soda
- 1/4 teaspoon salt
- 1 cup finely ground pecans or walnuts

Beat butter and brown sugar in large bowl until fluffy. Add corn syrup and egg; mix well. Place 1 cup cinnamon chips in microwave-safe bowl.

Zest is the secret of all beauty.

—Christian Dior

Farm Bureau applauds congress

The president of the Lynn/Garza County Farm Bureau is applauding action in Congress that would provide \$3.5 billion in weather-related assistance for farmers.

"It's been a tough year, and it's not over yet," said Milton Edwards, president of the Lynn/Garza County Farm Bureau. "For the most part, this state is well short of normal rainfall for the year. We've had severe drought in four of the last five years."

The weather-related assistance was part of an \$80 billion agricultural appropriations bills that provided funding for USDA and Food and Drug Administration operations.

Included is \$1.6 billion to farmers for crops damaged or destroyed by drought of disease; \$490 million for livestock producers who lost pasture because of this summer's dry weather; \$473 million to compensate dairy producers for falling milk prices; \$80 million to repair damaged farmland and rangeland in the emergency conservation program; and \$13 million for the Federal Crop Insurance Corporation.

Other provisions in the package include \$138 million in assistance payments for apple and potato growers, \$58 million for producers with diseased citrus trees, \$20 million for cranberry growers and \$20 million for wool and mohair producers.

Lynn/Garza County farmers and ranchers are preparing for water issues that promise to be among the top issues of the upcoming 77th Texas Legislative session.

"Local control of water rights is a private property right that farmers and ranchers value greatly," said Edwards.

"As good stewards of the land, we are strong believers in private property rights and the ability to use the water on our land. Without use of the water, we cannot produce the abundant supply of food and fiber that feeds and clothes so many people."

The rule of capture of water is a right that landowners do not want taken away from them, he said.

"I believe the ultimate answer is local control of water with regional groups focusing on this concern," Milton said.

Water rights become an even more serious issue with the impact of the prolonged Texas drought.

"Farmers and ranchers, without question, need the rights to capture water beneath their land to continue making a living in agriculture," he said.

The 77th Texas Legislature convenes in January.

Dangers of cigarette smoking aired

Cigarette smoking accounts for 430,700 of the more than 2 million annual deaths in America and is usually associated with lung disease. People may not know that smoking is also a major cause of coronary heart disease, which leads to heart attacks.

The physicians of Texas Medical Association want people to know tobacco can hurt the heart. A smoker's risk of having a heart attack is more than twice that of a nonsmoker. They have two to four times the risk of nonsmokers for sudden cardiac deaths and are more likely to die within an hour from a heart attack than are nonsmokers.

There is no safe level of smoking. If you smoke one to four cigarettes a day, the increased risk for coronary artery disease is significant.

Austin cardiologist Dr. Roger Gammon says that smoking "causes inflammation on the inside of the artery and some local spasm within the artery. Those processes set up the background for cholesterol to deposit, which is how plaque forms within the artery. And once there's plaque, that lays the groundwork for a heart attack."

Estimates for the United States are that 26.3 million men (27.6 percent) and 22.7 million women (22.1 percent) are smokers, putting them at increased risk of heart disease.

The health benefits of eliminating smoking includes a major reduction in the occurrence of coronary heart disease and other forms of cardiovascular disease. Quitting smoking reduces the risk of repeat heart attacks and death from heart disease by 50 percent or more.

If smoking has already caused so much damage, will quitting really help? Yes. Within one year of quitting, the risk of developing coronary artery disease will drop by 50 percent. Three

or four years after quitting, a former smoker's risk will approach that of people who have never smoked.

Male smokers who quit between the ages of 35 to 59 add an average of five years to their lives. Female quitters in this age group add three years to their lives. Men and women who quit between the ages of 65 to 69 increase their life expectancy by a year.

A smoker will reap the benefits of quitting, no matter what the age.

There is no magical approach to quitting. Smokers should talk to their physician if they are thinking about quitting. Their doctor can provide information about options to try, including nicotine gum, patches and medicinal options. They also can provide them with advice to ease the tension of quitting.

The National Cancer Institute offers the following suggestions to help people quit smoking:

- Set a target date for quitting. Call it Quit Day.
- Throw away your cigarettes and matches.
- Hide lighters and ashtrays.
- Quit smoking during a vacation.
- Involve your friends and family for support.
- Change to a brand you find distasteful.
- Drink milk. Some find it compatible to smoking.
- Get plenty of rest.
- Use positive thinking.
- Learn relaxation techniques.
- Keep your hands busy.



Texas Agricultural Extension Service
The Texas A&M University System



Extension Extras

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

4-H Hog Project Selection

If you need assistance in purchasing a hog please call Greg Jones at 495-4400.

GCJLA Workday

Supporters and members of the Garza County Jr. Livestock Association are needed for a "workday" at the showbarn on Wednesday, November 15, starting at 4 p.m. Help is needed.

4-H Youth Committee

The Extension Program Council-4-H Youth Committee will meet at Noon, November 21. Location to be announced.

Home for Holidays

Mark your calendars now for the Home for the Holidays program Tuesday, November 28 at 7:00 p.m. at the First United Methodist Church Fellowship Hall. There will be a \$5 registration fee at the door but you must pre-register by calling 495-4400.

Hog Validation....

...has been set for November 30 for any 4-H or FFA exhibitor planning to show swine at a major stock show. Southland FFA will validate at 2:00 p.m. at the Southland Vo-Ag department. Post FFA and Garza County 4-Hers will validate at 4:00 p.m. at the showbarn. If you cannot validate on this final date, you need to call your advisor and make arrangements for a prior date.

Turkey Shoot Slated

Come out win a Holiday Turkey at the Terry County 4-H Club Turkey Shoot, to be held Saturday December 2 beginning at 10:00 A.M. The location will be at Tokio about 16 miles west of Brownfield, south on CR125. Events will include something for all age groups including (1) Annie Oakley, (2) Doubles, (3) Jackpot, (4) Straight Trap and other contests such as, ALL LADIES ROUNDS and all YOUTH ONLY rounds if there is enough interest.

Shooters need to bring their own gun and shells. A limited supply of shells will be available for purchase on site. Concession stand will be sponsored by Terry County 4-H Clubs. For more information contact Terry County Office at 806-637-4060.



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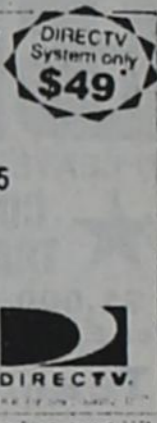
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 - Supervised Tractor & Gator Rides
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Santa Claus at Hurst Farm Supply

Hurst Farm Supply Inc., the John Deere dealership in Slaton, will observe an open house Saturday, Dec. 2.

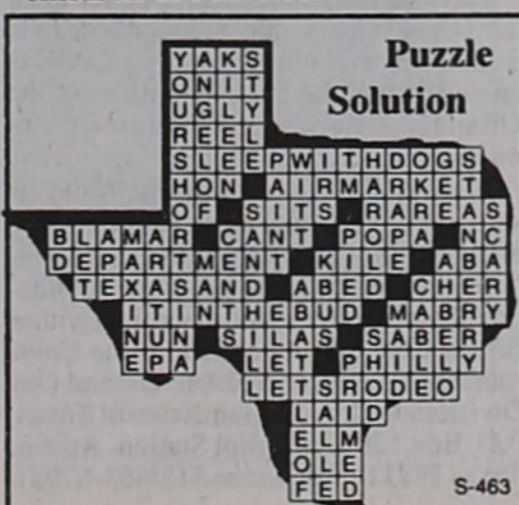
Joe Hurst, general manager and owner of the company, has announced the event will begin at 10 a.m. and will run through 2 p.m.

Hurst Farm Supply is located on North 20th Street and Woodrow Road.

Santa Claus will be in attendance and will distribute gifts to children. He also will be available for photos.

Supervised John Deere tractor and Gator rides are scheduled, and food and beverages will be served. There will be drawings for John Deere toys.

On display will be the line of John Deere toys, as well as the entire Hurst Farm Supply facility. Parents and children are invited to attend.



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Card of Thanks

I would like to say thank you to Rosemary Cole, Melanie Windham, to my cousin Alec, to my uncle Everette and aunt Mary Windham for sitting up with



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me while Mother was in SICU. Also thanks to my cousins Jerry Windham and Wanda and Bruce Bassinger. To my aunt Wanda Morris, thanks for keeping the rest of the family informed.

Also a thanks goes to Bro. and Mrs. Graham for all the visits and phone calls and prayers. Thank you also goes out to Bro. Paul Jones for everything he did. Thank you to Edith Crispin, she was a great help as was Christy Odum.

If I left anyone out please forgive me. Everyone's calls and prayers were greatly appreciated.

Thanks,
Billy Lowe

Thanks to everyone who made my 90th birthday celebration such a special occasion and huge success. It was a great day

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CORRECTIONAL OFFICERS

• NO EXPERIENCE REQUIRED
The Dickens County Correctional Center is accepting applications for correctional officers. Applicants are available Monday-Friday, 8 a.m. to 5 p.m., at Rt 1, Box 222, Spur, Texas 79370 (100 Airport Road, FM 261 South of Spur) or you can contact Captain Ron Jenkins at (806) 271-3421, ext. 119 for further details. EEO

to have the family attend church together and have lunch and then have more family and friends come in for my party. I have really enjoyed all of the wonderful cards. Thanks so much to all of you who helped with the money tree. It was unbelievable. A special thanks to my daughters for their planning and hard work.

Thanks again to each of you!
Quannah Maxey and family

Thanks and appreciation to my family and friends for their concern and care while I was in the hospital and since I have been home. Thanks for those who sat up with Billy and helped her handle a bad situation. Thanks for your prayers, visits, calls and food.

My appreciation to all the churches for adding me to your prayer list.
May God Bless each of you.
Ruth Hill

Personals

Post Independent School District invites the Senior Citizens of the district to come by the Superintendent's office and receive a gift of a complimentary general admissions pass that will admit you to all school functions. (You will be asked to present identification so that a pass can be issued in your name).

Post Group of Alcoholics Anonymous
Meets every Thursday night at the First Presbyterian Church, 901 West 10th at 8 p.m. Closed meetings are held except on the last Thursday of the month, which is an open meeting. Door opens at 7 p.m. and the meeting starts at 7:30 p.m. cake and coffee following the meeting. Anyone who wishes to talk or ask about an alcohol problem, call 495-2452, 495-4185 or 629-4185.

Help Wanted

Homeworkers Needed: \$635 weekly processing mail. Easy! No experience needed. Call 1-800-440-1570 Ext. 5070 24 hrs.

Subway Sandwich Artists Wanted: \$5.30 starting pay plan, raise in just 17 weeks, profit sharing, free meals, flexible shifts and NO grease. If you're committed to excellence, have great people skills, and want to learn more about our pay plan, apply at the Subway in Post, Tx.

Apartments for Rent

You must see these beautiful apartments at Windmill and Century Heights Apartments in Slaton. We are now leasing one and two bedroom newly remodeled units, \$325 and up. Call and visit for our specials, you'll be glad you did!! 1-806-828-3866.

Mobile Homes for Rent

3 bedroom trailer for rent. \$300 per month. Call 495-2458.

Homes for Sale

Cedar Hills home, over 3000 sq. ft. 4 bedrooms, 3 bath, large 4 car garage, fireplace, all electric 2 1/4 acres. Serious inquiries call 495-3739.

Brick home, app. 2000 sq. ft. 2 BR, 2 bath, den, dining and living room, rock fireplace. Large extra room for study or third bedroom. Large lots with trees. See at 716 W. 14th. or call 495-3133.

Acreage for Sale

Farm for sale, 240 acres. One mile South of Close City. Call 210-648-7689.

Garage Sales

Inside garage sale, Soto shop behind trailer house on Clairmont Hwy. Thursday 8 am - 12 noon.

Pets and Supplies

Red and white Border Collie, 3 months old, \$100.
Call H.C. Gribble, 806-327-5331.

Lost and Found

Lost: Blue Chihuahua, 2 years old. Reward. Call 495-3066.

Legal Notices

The tax return for the private foundation Aid To Gospa's Children, Inc. is available for inspection during regular business hours by any citizen at CR125 (South of Hwy 380) Post, Texas 79356 806-495-2458, Tom Hurley, Director.

Notice of Application For Fluid Injection Well Permit

Wheeler Operating Corporation, 6320 Southwest Blvd., Suite 100 Fort Worth, Texas 76109 is applying to the Railroad Commission of Texas for a permit to inject fluid into a formation which is productive of oil or gas.

The applicant proposes to inject fluid into the Glorieta formation, Guthrie lease, Well Number 2W. The proposed injection well is located 8 miles Northeast of Post in the H & L (Glorieta) Field, in Garza County. Fluid will be injected into strata in the subsurface depth interval from 3335 to 3419 feet.

LEGAL AUTHORITY: Chapter 27 of the Texas Water Code, as amended, Title 3 of the Texas Natural Resources Code, as amended, and the Statewide Rules of the Oil and Gas Division of the Railroad Commission of Texas.

Request for a public hearing from persons who can show they are adversely affected, or requests for further information concerning any aspect of the application should be submitted in writing, within fifteen days of publication, to the Environmental Services Section, Oil and Gas Division, Railroad Commission of Texas, P.O. Box 12967, Capitol Station, Austin, Texas 78711 (Telephone 512/463-6792).

Post Beverage Barn Now accepting applications

Post Community Housing Association
509 N. Ave. S Post
is accepting applications for
low income individuals or families
for one and two bedroom duplex units

For information call:
495-2140 or fax 495-4901
or come by the office
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Manager at 1012 Mesquite 495-2518

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Hiring crews for all shifts, all hours. Apply in person during regular store hours.



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General Manager for our Post store. Experience preferred but will train. Bring resume to the store anytime after 4 p.m. Mon-Fri. Apply in person to Jim Jackson.



NEW LISTING! Nice neighborhood! Brick 3/2/2, corner lot, 1015 Camden Circle.

READY TO MOVE IN! Frame, 2/1, C-H/A, garage, storage bldg, patio. 707 W. 13th.

MUST SEE! Brick 3/2/2, C-H/A, R.V. storage, patio, metal building, corner lots. 601 S. Ave. R.

NEEDS TLC! 3 BR, 1 BA, CP, call for details.

WELL KEPT! 3 BR, 1.5 B, C-H/A, garage, CP, fenced. 807 W. 4th.

AFFORDABLE! 2 BR, 1 BR/OFC, 2B, C-H/A, possible owner financing. 116 S. Avenue Q.

REDUCED! Nice neighborhood! 2 lots at 601 W. 11th.

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CARING TRUSTING RELATIONSHIP for you, with our family's unconditional love, happy home for your baby. We'll listen without pressuring you. Legal. Confidential. Medical/legal expenses paid. Joyce/Claudio, 1-877-404-6334.

AUTOMOBILES

CHARITY CARS - DONATE your vehicle. As seen on Oprah and People Magazine. Tax deductible, free towing. We provide donated vehicles to struggling families 1-800-442-4451, www.charitycars.org.

CAREERS

ATTENTION! DON'T LET the technical world pass you by. Fiber optic/robotic training - top pay - Fast track to a career - www.irov.com. The Institute of Remotely Operated Vehicles, 1-888-259-4430.

DRIVERS WANTED

COMPANY PAID CDL training & first year income \$35K - Stevens Transport - OTR drivers wanted! Non-experienced or experienced. 1-800-333-8595. EOE.

CONNER TRANSPORT, INC. 1-800-522-5545. Driver - friendly Ft. Worth carrier needs experienced flatbed drivers and owner/operators. Run Midwest/Gulf Coast. Home weekends, we'll help you succeed!

DRIVER: COVENANT TRANSPORT • Coast to coast runs • Teams start up to 46¢pm • \$1,000 sign-on bonus for experienced company drivers. For experienced drivers, 1-800-441-4394; owner/operators 1-877-848-6615. For graduate students 1-800-338-6428.

DRIVER - OWNER OPERATORS Average 113 cpm in five-state area running AR, TX, OK, LA, and NM. We need 39 trucks to cover current obligation. \$1,000 sign-on bonus. Base plates provided. Generous fuel surcharge and a low-cost lease program. FFE has plenty of freight. Call 1-800-569-9298.

DRIVERS-OWNER/OPERATORS: Run regional. Home weekly! Paid: Base plate, permits, fuel taxes. 81 cpm. Loaded and empty plus fuel surcharge. 1-800-454-2887. Arnold Transportation.

GOT 3 YEARS OTR, 1 year flatbed? All miles/benefits paid. Lucrative bonus, regional 48 heavy haul. Glass, gen. commodities, owner/operators 83¢. www.combindtransport.com. 1-800-290-2327.

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DRIVERS - CONTINENTAL EXPRESS wants you. Great pay, miles, home time and support staff. Class A CDL required. Give us a call today. 1-800-727-4374.

DRIVERS: FLEETWOOD TRANSPORTATION hiring long-haul flatbed drivers. Peterbilt equipment. Guaranteed home time and complete package of benefits. Also need long-haul owner operators. 1-888-276-9923, www.fwd.net.

DRIVERS: INDUSTRY LEADING pay, top out a .43cpm. CDL Training & tuition reimbursement available for inexperienced drivers. O/O's welcome. USA Truck. 1-800-237-4642.

DRIVERS: SOLOS UP to 45 cpm, teams up to .41 cpm, contractors .81 cpm all miles. Lease options available. (no money down) Fuel incentives and more. Call Burlington Motor Carriers, 1-800-583-9504.

DRIVERS - YOU WILL see the difference in SRT. *Great pay. *Paid weekly. *Excellent benefits. *\$1,250 sign-on bonus. *Student graduates welcome. Call SRT today toll free: 1-877-BIG-PAYDAY (1-877-244-7293).

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AMAZINGLY LOW PRICES - Wolff Tanning Beds. Buy factory direct. Excellent service, flexible financing available. Home/commercial units. Free color catalog. Call today, 1-800-842-1310.

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PRICED TO SELL arch steel buildings. Factory direct. Sizes include: 25x30, 30x44, 40x54, 50x110. Perfect shops, garages, storage. Call 1-800-341-7007, www.steelmasterusa.com.

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POLICE OFFICERS WANTED! The Chandler Arizona Police Department is seeking qualified applicants for Police Officers. Applications/information available at 1-877-782-4838 or www.chandlerpd.com. ADA/EOE.

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GREAT STOCKING STUFFERS! 81 ways to keep kids, students, grandkids internet safe. Must - parents, teachers, grandparents. \$5 plus \$2 S&H. Internet Safe, PO Box 264, Fortville, IN 46040-0264.

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by Charley & Guy Orbison

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ACROSS

1 talks too much

5 TXism: "you can bet the farm"

6 TXism: "as sin"

7 fishin' equipment: rod and

8 TXism: "if you you'll wake up with fleas"

18 abbr. for term of endearment

19 San Antonio open- (El Parian)

20 "The eyes Texas are upon you"

21 TXism: "he tall in the saddle"

22 TXism: "hen's teeth"

24 TX's 3rd president: Mirabeau

29 TXism: "cut the mustard"

30 -top on a cold one

31 TX John Connally's widow (init.)

32 TX _____ of Public Safety

34 ex-Astro Darryl

35 nat. organization for "legal eagles" (abbr.)

36 in history, Jay Gould's _____ Pacific Railroad

37 TXism: "hot as _____ of mesquite coals"

38 actress in "Silkwood" filmed in Dallas

39 TXism: "nip _____" (stop)

41 HQ of TX National Guard: Camp _____

42 San Angelo was named for Mexican _____ Angela

43 early name for Battle Ridge area

44 weapon on display at Fort Hood's 1st Cavalry Division Museum

45 air in TX cities must follow _____ guidelines

46 TXism: "it be"

47 city of Boys' foe, Eagles

48 slogan for Nocona Boot Co.

50 Howard Hughes was _____ to rest in Houston

51 Dallas infamous st.

52 TX Hamblen wrote "This _____ House"

53 the Guadalupe is a spring-_____ river

DOWN

1 TXism: "don't get _____"

2 TX wrestler Sheldon _____ Death"

3 Fort Hood's city

4 Gov.'s Mansion is Greek Revival _____

9 TXism: "the town red"

10 Cuero is seat of De _____ County

11 fed. tax agency

12 Gov. _____ Campbell

13 this Taft was TX's 1st meteorologist

14 curtain

15 TX fried veggie

16 TX Janis sang "Me and Bobby Mc _____"

17 Ohio congressman who Sam Houston beat with a cane

21 _____ cranes

22 winter in Muleshoe

23 TXism: "a white knuckler" movie

24 Darin in TX-made "State Fair" (init.)

25 TXism: "the cat out of the bag"

26 TXism: "fits like ugly on an _____"

27 Houston's "Miss Moonlight" Mesinger

28 TXism: "fast as _____ a rafter"

29 Gov. O.M. Roberts said he spent 35- _____ on campaign

30 Hamlin's mascot: _____ Pipers

33 TX Earle: "Tallest _____ in the World"

34 Paris FM radio

35 big TX media co.

37 TXism: "he'd be unarmed in _____ wits"

38 TV or wire _____

40 Robert _____

41 domestic worker

44 shoed horse

47 TXism: "_____ & ready" (prepared)

49 Cotulla is seat of La _____ County

Yesteryears

by Pat Burnett

November 14, 1990 10 Years Ago

Michelle was born at University Medical Center. She weighed 10 pounds and was 22 inches long at birth.

Her parents are Mike and Mary Riedel of Lubbock, Texas.

Michelle was born at University Medical Center. She weighed 10 pounds and was 22 inches long at birth.

Her parents are Mike and Mary Riedel of Lubbock, Texas.

November 13, 1980 20 Years Ago

Dan and Karen Sawyers are proud to announce the birth of their daughter, Rachael Ann, on Sunday, October 28, 1990 at 7:06 p.m. at Arlington Hospital in Arlington, Va.

Rachael weighed seven pounds 11 ounces and was 19 1/2 inches long at birth.

Halloween baby Michelle Lee waited to be born on her daddy's birthday on Wednesday, October 31, 1990.

Marj Compton donates 14 floral arrangements to the Garza Memorial Hospital.

Mrs Gladys Woods said the first school she attended in Post was in a tent. She moved to Garza County in 1907.

Gladys and E.B. Morgan celebrate 50th wedding anniversary. They were married November 9, 1930 in Lamesa.

Polly Cravy was elected President of the Post Art Guild.

A give generation family is announced. They are Mrs Joe Callis, Katherine Cathcart, Mrs Darrell (Mary Eula) Eckols, Mrs Dickie (Phillys) Hill and Stephanie Renee Hill.

November 12, 1970 30 Years Ago

A Garza County archaeological exhibit wins first place in Midland. The plaque was presented to Lil Conner and F.A. "Chief" Runkles.

Mr and Mrs M.B. Johnston observes their 60th wedding anniversary. They were married November 6, 1910.

Floydada coach halts B-team football game here during 4th quarter while they were enjoying a 21-0 lead.

Miss Sandra Bayer, an airline hostess, was honored with a dinner last Sunday.

Mr and Mrs Candelario (Jimmy) Quinonez celebrates 50th wedding anniversary.

Mr and Mrs David Newby's daughter, Melinda, visits them during the week.

November 10, 1960 40 Years Ago

The R.L. Robertson family, of Amarillo, has been selected by NBC-TV to portray a representative American family in a NBC "Special." He is the nephew of Mr and Mrs L.P. Baker of Post.

Mrs Joy Martin Fluit was elected exes' homecoming queen. Her sister, Kay Martin, received the crown for her since she was in the hospital giving birth to a son.

George Duckworth celebrates his 75th birthday last Sunday at a chuck wagon party at his home.

November 16, 1950 50 Years Ago

Open house was held Thursday night at the new grade school. Pupils moved in Monday along with three new teachers. They are Lola McWhorter - first grade, Mrs Almon Martin - second grade and Mrs Harding who is the teacher for third and fourth grade.

James Mullins is a new employee here in Post. He replaces Alex Webb who has entered the service.

Billy Guinn Jones was elected Post High School FHA Sweetheart for the 1950-51 school year.

James Homer Mathis celebrates his fourth birthday with a party.

Miss Lois Nance and Mrs Mason Justice visited in Big Spring Wednesday.

Mr and Mrs Stanley Butler spent the weekend in Marlin visiting relatives. They attended the Baylor-Texas University football game.



LAST WEEK'S MAIL—Darrell Stone, Post Dispatch employe, is pictured sitting on top of last week's mail, tied up for taking to the post office to be mailed out to residents of Garza county and the surrounding trade territory. Last week's Dispatch was a special Oil Progress edition. (Staff photo.)

From The Post Dispatch, Oct. 26, 1950



OPEN YOUR EYES
NOVEMBER IS NATIONAL ADOPTION MONTH

ADOPT-A-THON '00



November 16, 2000 - 2 to 7 p.m.

Have you considered adoption? November is National Adoption Month. Drop by our open house for information and snacks, visit with foster and adoptive parents and staff, and view the pictures of children free for adoption.

Foster Adopt

Children's Protective Services
#7 Briercroft Office Park, 57th & Ave. P
Lubbock, Texas - 792-2680

OPEN YOUR EYES-OPEN YOUR HEART-OPEN YOUR HOME

Lunch Menus

Trailblazers

Monday, November 20
Chicken pot pie, tossed salad, green onions, cornbread, purple plums and cookies.

Tuesday, November 21
Pork roast, potatoes, mixed vegetables, salad, biscuit and brownies.

Wednesday, November 22
Vegetable beefstew, waldorf salad, green onions, cornbread and peach cobbler.

Thursday, November 23
Holiday.

Friday, November 24
Holiday.

Post ISD

Monday, November 20
Breakfast: Waffles, butter and syrup, Canadian bacon, fruit and choice of milk.

Tuesday, November 21
Breakfast: Churros, sausage link, fruit and choice of milk.

Wednesday, November 22
Breakfast: Holiday

Thursday, November 23
Breakfast: Holiday

Friday, November 24
Breakfast: Holiday

Lunch:

Southland ISD

Monday, November 20
Breakfast: Cereal, Graham Crackers, fruit and milk.

Tuesday, November 21
Breakfast: Muffins, fruit and milk.

Wednesday, November 22
Breakfast: Holiday

Thursday, November 23
Breakfast: Holiday

Friday, November 24
Breakfast: Holiday

Lunch:

Marriage is popular because it combines the maximum of temptation with the maximum of opportunity.

—George Bernard Shaw



Cecil Lees honored on 50th Saturday

A reception honored Mr. and Mrs. Cecil C. Lee on their fiftieth wedding anniversary Saturday evening in the Community Room of the First National Bank.

The Lees were married Oct. 22, 1930 in the Baptist

parsonage at Close City. Mrs. Lee was the former Marvel Kenley. They have lived all of the 50 years in Garza County except for the first two when they lived in Lynn County.

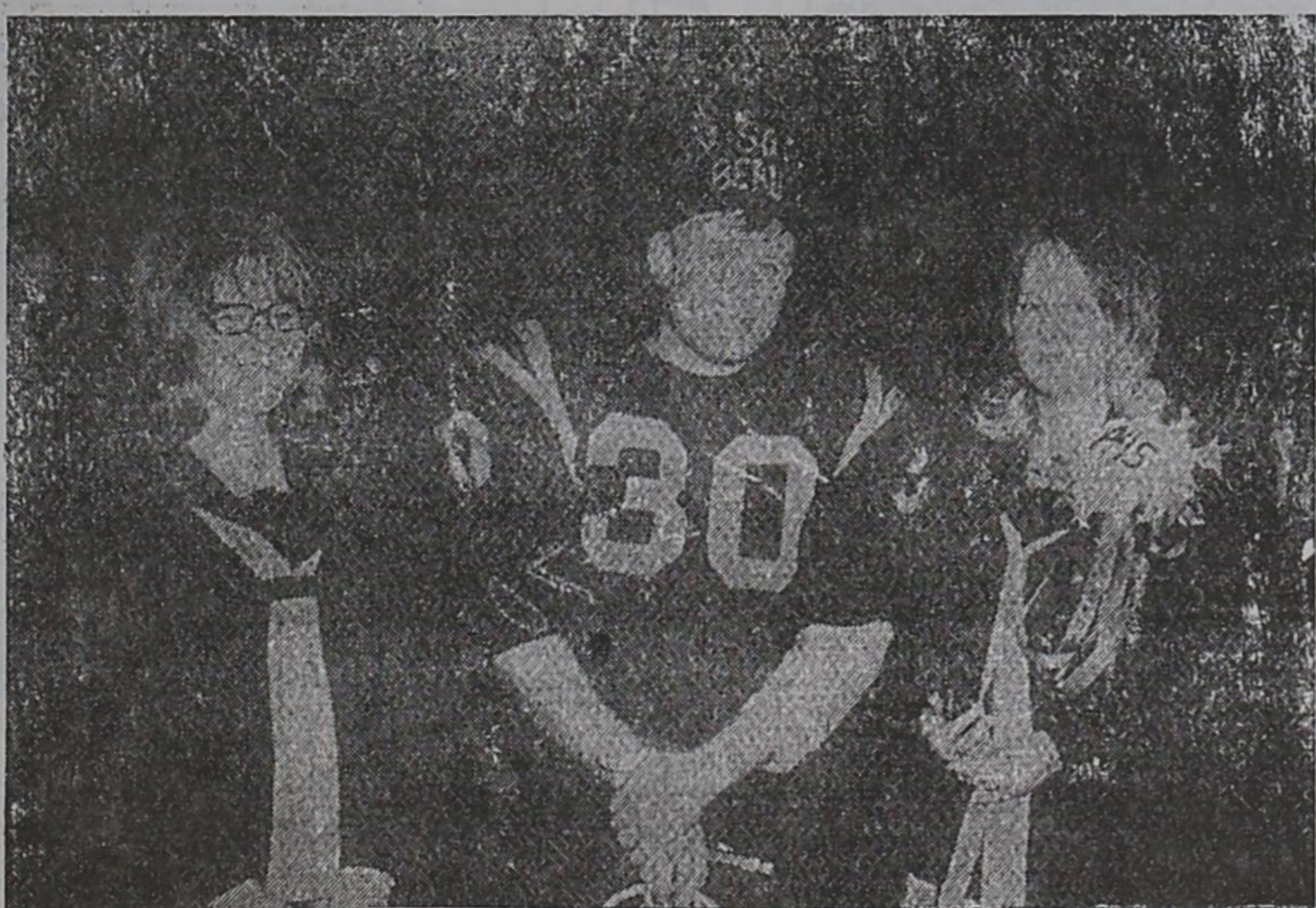
From The Post Dispatch, Oct. 30, 1980



HAVE SILVER ANNIVERSARY

Mr. and Mrs. M. S. Nichols observed their Silver Wedding anniversary recently with a family gathering at their home here. They were married 25 years on Oct. 12.

From The Post Dispatch Oct. 27, 1960



HONORED BY PEP SQUAD

Larry Bilberry, senior running back on the Post Antelope eleven, was crowned Pep Squad sweetheart by Karen Stanley (left), president of the organization, at the Post-Tahoka football game. Also taking part in the ceremony was Vicki Maddox (right) of the Pep Squad.

From The Post Dispatch, Nov. 5, 1970

Thanks to all who cast votes in the Nov. 7 election
My Best Wishes and congratulations to Eric Cravy

Bryan Justice

Tax 'n Facts

by Terri Cash

New: The Perpetual Trust

While Congress and the president dicker over repealing the estate tax, a new trust opportunity does away with the problem altogether. Eleven states so far and more expected to follow have repealed the old "rule against perpetuity" that limited the term of a trust to the lifetime of a living person plus 21 years.

The first transfer of assets into the perpetual trust will face ordinary gift and estate tax rules, though these can be minimized or even eliminated. The value of the perpetual trust kicks in for future generations who won't face those taxes.

Each state has specific rules for this kind of trust (the trust does not have to be legal in your own state), so it's wise to plan with knowledgeable tax professionals. Basically, a perpetual trust is irrevocable and cannot be modified. Trustees must be capable of managing the assets and distribution; the trust must determine how successor trusts will be named and money given far in the future.

Let's talk taxes and estate planning at
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Sheriff reports 6 arrests

Six individuals were detained in the Garza County Jail during the past week, according to records at the sheriff's department.

On Nov. 9, a 21-year-old male was arrested for possession/under two ounces.

Four of the arrests were made Nov. 12, including that of a 26-year-old male, DWI/first offense; a 48-year-old male, DWI/second offense and driving while license suspended; a 43-year-old male, DWI; and a 37-year-old male, public intoxication.

A 23-year-old male was jailed for DWI Nov. 13.

Vitamin C: What Everyone Should Know

(NAPS)—In this age of holistic medicines and herbal supplements, vitamin C continues to be one of the most talked-about substances, with health benefits that include greater energy, stronger bones, improved vision, increased disease resistance and longer life.

The problem is that the acid form of vitamin C, ascorbic acid, when taken in large doses may cause a number of side effects such as heartburn, nausea, flatulence and diarrhea. Furthermore, large doses of the acid can irritate the kidneys, bladder and intestines. Actually, ascorbic acid is an intermediate in the production of what Alacer Corporation refers to as the "real" vitamin C, mineral ascorbates.

Researchers have found that vitamin C as mineral ascorbates provides all of the health benefits with none of the side effects. Mineral ascorbates are produced naturally by most animals (but not humans), yet when consumed regularly serve as excellent transporters of both minerals and vitamin C to the more than 70 trillion cells of the body.

Indeed, researchers have found that the mineral ascorbates help promote long life by extending the life of body cells.

Mineral ascorbates are available in a number of products and in several forms:

- The **Emergen-C** products, available in ten different flavors as effervescent drink mixes, that (when water is added) provide 1,000 mg of vitamin C plus the B vitamins and chromium, forming

some 32 mineral complexes. The flavors include raspberry, tangerine, lemon-lime and even cola. The mix comes in convenient single-serving packages that when water is added provide a quick vitamin C energy boost, as all components work together in synergy.

The Post Dispatch 495-2816

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GENERAL ELECTION - NOVEMBER 7, 2000

	Precinct No. 1	Precinct No. 2	Precinct No. 3	Precinct No. 4	Precinct No. 5	Precinct No. 6	Precinct No. 7	Precinct No. 8	Precinct No. 9	Early Voters	TOTAL	TOTAL
Total Votes Cast by Precinct	200	75	129	25	45	85	217	233	121	674		1304
PRESIDENT AND VICE PRESIDENT												
GEORGE W. BUSH/DICK CHENEY	160	59	74	23	39	75	143	182	79	466		1302
AL GORE/JOE LIEBERMAN	37	16	51	2	4	4	70	47	39	182		454
HARRY BROWNE/ART OLIVIER	1	0	0	0	0	0	0	0	0	1		2
RALPH NADER/WINONA LA DUKE	1	0	0	0	0	0	1	2	2	2		8
PAT BUCHANAN/EZOLA FOSTER	0	0	0	0	0	2	0	0	0	2		4
WRITE-IN: HOWARD PHILLIPS/J. CURTIS FRAZIER												
WRITE-IN: JAMES "JIM" WRIGHT/LEONARD L. FOSTER												
WRITE-IN: DAVID MCREYNOLDS/MARY CAL HOLLIS												
UNITED STATES SENATOR												
KAY BAILEY HUTCHISON	160	57	78	19	35	72	132	172	77	435		1227
GENE KELLY	22	9	29	3	3	9	52	40	28	140		335
MARY J. RUWART	1	1	0	0	1	0	2	0	1	8		14
DOUGLAS S. SANDAGE	2	0	1	0	0	2	1	0	0	6		12
UNITED STATES REPRESENTATIVE, DISTRICT 13												
MAC THORNBERY	80	53	46	20	28	49	84	103	50	301		814
CURTIS CLINESMITH	112	15	49	5	14	35	109	119	61	308		847
BRAD CLARDY	2	0	0	0	0	0	0	2	1	2		7
RAILROAD COMMISSIONER												
CHARLES R. MATTHEWS	131	46	62	17	31	70	104	150	67	354		1034
CAROLYN FIELDS	9	7	21	0	2	2	24	14	8	60		147
GARY DUGGER	5	0	3	1	1	1	4	4	5	14		38
RAILROAD COMMISSIONER, UNEQUIPED TERM												
MICHAEL L. WILLIAMS	126	49	58	17	30	71	105	140	63	358		1017
ANTHONY GARCIA	14	3	24	0	3	1	25	18	7	59		154
CHARLES L. NAUCH	4	1	4	0	0	0	4	7	4	8		32
JUSTICE, SUPREME COURT, PLACE 1												
NATHAN HECHT	121	51	61	15	27	68	105	132	60	281		921
MIKE JACOBELLIS	13	1	11	0	1	1	14	18	11	32		102
BEN G. LEVY	3	1	5	2	1	1	6	12	3	19		53
JUSTICE, SUPREME COURT, PLACE 2												
PRISCILLA OWEN	125	48	65	15	28	67	115	140	67	354		1024
JOE ALFRED IZEN, JR.	11	4	13	0	1	3	15	22	7	47		123
JUSTICE, SUPREME COURT, PLACE 3												
AL GONZALES	116	23	62	13	21	67	109	131	62	330		924
LANCE SMITH	23	0	22	3	8	3	30	32	14	69		204

GENERAL ELECTION - NOVEMBER 7, 2000

	Precinct No. 1	Precinct No. 2	Precinct No. 3	Precinct No. 4	Precinct No. 5	Precinct No. 6	Precinct No. 7	Precinct No. 8	Precinct No. 9	Early Voters	TOTAL	
Total Votes Cast by Precinct	110	42	47	9	24	62	89	114	61	301	859	
PRESIDING JUDGE, COURT OF CRIMINAL APPEALS												
SHARON KELLER	44	19	48	8	7	12	76	74	34	199	521	
BILL VANCE												
JUDGE, COURT OF CRIMINAL APPEALS, PLACE 1												
CHARLES HOLCOMB	130	48	62	15	27	70	115	46	64	371	948	
RIFE SCOTT KIMLER	7	3	11	2	0	2	13	14	4	29	85	
JUDGE, COURT OF CRIMINAL APPEALS, PLACE 2												
BARBARA PARKER HERVEY	113	41	52	8	24	62	88	114	58	303	863	
WILLIAM R. BARR	37	17	42	7	5	13	74	75	34	184	488	
STATE REPRESENTATIVE, DISTRICT 70												
DAVID COUNTS	119	54	73	15	24	57	142	163	68	375	1090	
JUSTICE, 7TH COURT OF APPEALS DISTRICT, PLACE 1												
BRIAN QUINN	120	43	67	13	27	65	119	144	64	351	1015	
JUSTICE, 7TH COURT OF APPEALS DISTRICT, PLACE 2												
DON H. REAVIS	119	44	65	13	27	65	119	143	64	350	1009	
DISTRICT ATTORNEY, 106TH JUDICIAL DISTRICT												
RICKY B. SMITH	135	39	74	13	25	64	153	178	74	420	1175	
COUNTY ATTORNEY												
LESLIE C. ACKER	137	44	78	15	28	67	153	174	74	435	1207	
DISTRICT AND COUNTY CLERK, UNEQUIPED TERM												
JERRY HAYS	104	36	60	14	24	43	106	126	49	280	842	
LINA DURAN	71	12	57	3	13	32	90	84	58	308	722	
SHERIFF												
JON SMITH	72	22	52	2	19	17	79	82	29	217	591	
KENNY RATKE	118	48	75	19	20	67	135	142	85	426	1135	
COUNTY TAX ASSESSOR/COLLECTOR												
JEANETTE HODGES	160	49	91	17	31	71	169	198	91	497	1374	
COUNTY COMMISSIONER, PRECINCT NO. 1												
LEE NORMAN	44	51			31					106	332	
COUNTY COMMISSIONER, PRECINCT NO. 3												
JOHN VALDEZ					97					94	108	299
CONSTABLE, PRECINCT NO. 1												
DANIEL YARBRO	150	47			31	66		190		271	755	
CONSTABLE, PRECINCT NO. 2												
WRITE-IN: BRYAN DEE JUSTICE					4	11		6		14	25	60
WRITE-IN: ERIC DALE CRAVY					4	4		17		32	42	97

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