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PHS Reunion 2000

July 1-4



The Post Dispatch

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LIVE News
 7 a.m. and Noon
 Monday thru Friday
Post City Radio
 Classic Cable Channel 17
 www.postcityradio.com

Grandparents seek help for Samantha

The family of young Samantha Feagin of Lubbock is looking to area residents for a little help.

Samantha, the daughter of Melba and Mike Feagin and

granddaughter of Stanley and Pauline Mathis of Post, suffers from a medical condition that for the past four years has made her life quite difficult.

"It has gotten bad enough that she has had to be kept at home for school the past two years," her parents write, "and currently she cannot even attend Sunday school."

Local doctors have been unable to solve Samantha's medical problems and, according to the child's parents, are only able to provide short-term treatments and "temporary relief." "They have referred us to a hospital in Denver, Colo., where all they treat are people with immune and allergy disorders," the Feagins said. "We have been in contact with them, and we are going to take Samantha there. Unfortunately, this kind of expertise comes at a very high price."

The family recently learned that their health insurance will not cover the cost of the treatments in Denver, nor the trans-

(Continued on Page 10)



GHD majority rejects AG opinion on actual cost of non indigent care

Garza County Hospital Board of Directors, meeting in regular session Tuesday (6/6/00), rejected the recent Attorney General (AG) opinion on using tax funds to subsidize non-indigent health care.

On a split 2-1 vote, the majority of the board followed the lead of president Mike Travis in declaring that the issue "is a matter of interpretation." Board member Carol Tobias, who voted against the motion to continue payment of a subsidy to Covenant Health Systems (CHS), read portions of the AG opinion which on page 10 says:

"Based on the constitutional

and statutory scheme for providing hospital and medical care, we conclude the District may offer medical care to non indigent Garza County residents provided it collects from these persons the cost of the medical services" (Page 10).

And further on Page 11, "When a patient has been admitted who is fully able to pay, the Administrator may not permit him to pay less than the full and actual cost of his care and maintenance."

Tobias pointed out that the district does not collect the full and actual cost of services to non-indigent, therefore the district is in

violation of the law. She also read the AG's declaration that "needy and indigent" are the same and interchangeable. Tobias reminded the board that last year the majority voted to reject the legal definition of needy. "Do you accept this Attorney General Opinion as law?" she asked.

Travis replied that he is pleased with the AG opinion. "It says what we've been doing is okay," Tobias countered, "where in this opinion does it say that it's okay to use tax money to subsidize the non-indigent?"

"As a wise judge, W. Truett Smith, told me once," board member Zoe Kirkpatrick said, "the law is not as it is written, but as it is interpreted." Travis echoed Kirkpatrick when he said that the AG approved of the board's

action, citing the AG opinion summary.

Tobias countered by insisting that non-indigent users of the clinic have not paid the full and actual cost, "otherwise there wouldn't be a \$300,000 tax subsidy," she emphasized.

In a letter concerning questions posed by The Post Dispatch, Travis wrote: "The district will follow the enabling legislation as to the District's directive, and will use the Opinion of the Attorney General to clarify any issue that it speaks directly to, as it is only an opinion, not a ruling from a Court of competent jurisdiction."

During the public forum at the close of the meeting, The Post Dispatch publisher Wesley W. Burnett asked Travis about a line

(Continued on Page 10)

New room at museum features PHS athletes

Athletic Room at Garza County Historical Museum

An open house will be held at 10 a.m. Saturday, July 1 at the Garza County Historical Museum to formally open the "Post High School Athletic Room," honoring the history of PHS athletes.

Members of championship teams are encouraged to attend the event, which will feature special displays for the football teams of '28, '48, '66, '76, '82, '83, '84, '85, '89, '90, '93, '94, '96, '97, '98 and '99.

Basketball, track, golf and other sports will also be highlighted.

"We are so appreciative to Jimmy Redman for spearheading this effort to recognize the achievements of our young people," Museum director Linda Puckett said. "This is really something special for our community."

Swimming pool repairs complete

Repairs to plumbing at the Post public swimming pool have been completed, and the pool is expected to reopen Wednesday (6/7/00).

"When we opened last week," city manager Fred Stephens explained, "water began bubbling up through the walkways, and we knew we had plumbing problems."

Ron Dickman Plumbing completed the repairs and the pool, which was not totally emptied, should be filled and ready today.

Post Notes

Guthrie seniors host team roping

Guthrie High School seniors will host a team roping June 17 at the L.A. Withers 4-H arena, located in Guthrie at the community complex. A Novice - 2 1/2 and a 3 1/2 will be offered. Books open at 12 noon and roping begins at 1 p.m. For more information contact Suzy or Travis Adams at (806) 596-4601 or Suzy Adams at (806) 596-4319.

Post Jr & Sr Baseball Raffle

Post Junior and Senior League baseball players are sponsoring a raffle for four tickets to a Texas Ranger baseball game. Tickets are \$1 each or six for \$5 and may be purchased from any Junior or Senior League team member. The drawing will be held during closing ceremonies in June. The winner will be able to choose from any Texas Ranger home game in June, July, August or September that they prefer.

PHS Reunion 2000 registration

It's not too late! You can still register to attend the Post High School Reunion 2000, to be held July 1 and 2. The \$20 per person registration covers everything - Saturday morning reception and Saturday night dance at the Post Community Center, and a Sunday barbecue lunch at the Post City Park. There have been 192 former classmates and their spouses registered from as far away as Orange, Calif.; Phoenix, Ariz.; Atkins, Ark.; Mesquite, Granbury, Waco, Houston, Beaumont and Whitehouse. If you don't attend, we'll talk about you. Contact Leslie Acker, 122A East Main, Post, Texas 79356 or call (806) 495-3537 for registration information.

Volunteers needed

The Victim's Assistance program is seeking volunteers to help in various capacities. To find out how you can help, contact Jayta Cravy at 495-2479 or visit the Victim's Assistance Program office at 225 W. Main Street in Post.

SHAPES Headstart applications

Applications for the 2000-2001 school year for SHAPES Headstart registration are being accepted at Shaping Success at 212 S. Avenue E in Post. Registration is available from 9 a.m. to 3:30 p.m. Monday through Friday through June 30. A birth certificate must accompany the registration, along with income verification, Social Security Card, Medicaid and updated shot record. Call 800-658-0632 for more information.

Post athletics room at museum

A special room at the Garza County Historical Museum is under construction which will recognize Garza County athletic history. Funding for the project is needed, and those who wish to contribute should designate the donation to the Garza County Museum Athletic Room. For more information or to assist with the project, call Jimmy Redman at 495-2141.

3rd annual July 4th bash

Plans are now being finalized for the Third Annual July 4th Bash in Post. Those organizations or individuals interested in setting up booths at the park should call Michelle Wischkaemper at 495-4442 or Rodney Tidwell at 495-1244. Food, fun and fireworks will again be featured. Events begin at 2 p.m., with music set to start at 4 p.m. Area bands are urged to call soon to sign up for performance times.

Early deadline for July 4

The Post Dispatch will be closed Tuesday, July 4, and has set a deadline of noon on Monday, July 3 for all copy and advertising. "We will print as usual on Wednesday morning," publisher Wesley W. Burnett said, "but we need help from our contributors and advertisers to meet this early deadline."

Summer reading program

All sixth, seventh and eighth grade students are welcomed to join in the summer reading fun at Post Middle School. Read books of your choice and earn accelerated reading points for next school year. Call the Middle School at 495-2874 for details.

Housing Authority public meeting

A public meeting will be held June 8 at the Post Community Center beginning at 7 p.m. to review policies of the Post Housing Authority. The purpose will be to review all policies under the new five year and annual plans and admissions and occupancy policies. Documents are on display at the PHA office. Questions and comments will be considered at a meeting set at a later date.



'36 'Lopes

When the Post High School Reunion 2000 kicks off July 1, some of these Post Antelopees form the 1936 Post football team will certainly be sharing their memories. The all-class reunion stretches across several generations.



New Gym...

The new Post ISD gymnasium is beginning to take some shape after concrete as poured last week. A special, very unique "laser" concrete pouring and laying system got the attention of local folks as the foundation was set.

Page 6 Old Mill Trade Days, June 2-4, 2000
 W-TACK 1-800-PARTY SHOP 21 IMPORTS 4108 298 444
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 2000 CAL ENDAR
 Old Mill Trade Days, June 2-4, 2000 Page 7

Girl Scouts trained for babysitting

Girl Scouts recently sponsored a Babysitting Workshop in Post for girls to improve their skills as babysitters.

Included in the workshop were basic first aid, fire safety, storm safety, how to handle problems that might arise while caring for children, no-cook snack preparation, and marketing tools.

Each girl participating received a certificate of completion.

The girls attending the workshop who are now available for child care are:

Crystal Crawford 495-3798; Jodye & Lesley Rutherford 495-2237; Amber Holly 495-4076; Veronica Hernandez 495-0417; Amanda Luna 495-3917 and Dannielle Wright 495-1272.



Girl Scouts participating in the Babysitting Workshop recently were (left to right) Veronica Hernandez, Amanda Luna, Lesley Rutherford, Jodye Rutherford, Dannielle Wright, and Crystal Crawford. Not pictured - Amber Holly. (Photo courtesy Carol Tobias)

Lori Hudman honored at bridal shower

The First Christian Church Fellowship Hall was the scene of a Saturday, June 3, bridal shower honoring Lori Hudman, bride-elect of Chad Marsh of College Station.

Guests were greeted by the honoree, her mother, Julie Hudman, and Glenda Marsh of Angleton, mother of the prospective bridegroom.

Special guests included the grandmothers of the couple, Margaret Landers, Iva Hudman and Ina Mae Marsh.

A white lace-edged cloth covered the serving table and was centered with a silk arrangement of navy and maroon flowers. Crystal and silver appointments were used.

About 50 guests were served juice, coffee, sausage balls, muffins and fruit.

Hostesses were Janie Davis, Sandra Alexander, Margie Maestas, Cindy Mitchell, Carol Payne, Earline Bagby, Debbie Palmer, Donna Stelzer, Judy Bush, Sonja Fields, Barbara Gossett, Irene Fry, Doyleene Shumard, Janet Justice and Kay Wallace.

The hostesses presented the couple with a barbecue grill.

Davis earns degree at TTU

Lesley Renee Winkler Davis was one of more than 2,000 students at Texas Tech University who received degrees during 2000 spring commencement exercises.

Winkler received a bachelor of science in Early Childhood, graduating magna cum laude.

Lee, Pollard on Dean's List

Regina Danielle Lee and Rachael Nichole Pollard were each named to the Dean's List following the spring semester at Texas Tech University in Lubbock.

Students who earn 12 or more hours with a GPA of 3.5 to 3.9 are qualified for the Dean's List.

Lee is a senior Early Childhood major, while Pollard is junior studying mass communications.

Call Judy's Jabberin
with your "jabberin"
495-2816



One more year
Now let's not whine!

I know you choke
to say "39"

At least there's time
to prepare you know

Before you hit the
big "40"
Happy Birthday, Dude!

Join the fun at our
"PHS 2000 Reunion"
Sat. & Sun. July 1 & 2, 2000



Take a look at these youngsters, way back when ... you may not recognize them today, but you're sure to enjoy their memories at this year's big all-class reunion. (Thanks to A.C. Cash for the use of this photo)

Call the Post Commerce & Tourism Bureau for
registration forms (806) 495-3461
All Former PHS students are invited to join the fun.
Don't miss it!

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9-12 Sat



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Judy's Jabberin'

By Judy B. Bush



The grass is green and the farmers and ranchers are smiling! What about that rain?

Class Reunion

Just a reminder to everyone that you still have time to send in your money for the "All School Reunion" which is to be held July 1 and 2. The \$20 fee covers all activities, plus a free ticket to Old Mill Trade Days. Activities include registration 9 am Saturday with coffee, juice and breakfast treats. A dance at the Community Center Saturday night at 8 pm and last a BBQ lunch at the park Sunday at 1 pm.

You can call in to register and pay your fee when you get here: The list is really growing so come on and join the fun.

Drinking From My Saucer

I've never made a fortune, and its probably too late now. But I don't worry about that much, I'm happy anyhow. And as I go along life's way, I'm drinking from my saucer, "Cause my cup has overflowed.

Haven't got a lot of riches, and sometimes the goin's tough. But I've got loving one around me, and that makes me rich enough. I thank God for his blessings, and the mercies He's bestowed. I'm drinking from my saucer, cause my cup has overflowed.

O, Remember times when things go wrong, My faith wore somewhat thin.

But all at once the dark clouds broke, and sun peeped through again. So Lord, help me not to gripe, about the tough rows that I've hoed. I'm drinking from my saucer, "Cause my cup has overflowed.

If God gives me strength and courage, When the way grows steep and rough.

I'll not ask for other blessings, I'm already blessed enough.

And may I never be too busy, to help others bear their loads.

Then I'll keep drinking from my saucer, "Cause my cup has overflowed.

Birthdays this Week

Friday, June 9; Cristin Wilson, Austin Solis, John Walter, Selena Johnson, Lee Allen Gossett and Erica Tobias; Anniversaries, Tonya and Delbert Rudd Alan and Debbie Worthington: Saturday, June 10; Ryan Willborn, Michele Rabaen and Margaret Martinez; Anniversaries, Wes and Pat Burnett: Sunday, June 11, Maria Gomez and Jimmy Redman: Monday, June 12, Jimmy Darrell Daily, Roy Barboza, Bobby Sherman, Hiwatha Garza, Lauren Redman and Jarrett Blevins; Anniversaries, Jason and Donna Porter and Carlos and Gloria Leyva: Tuesday, June 13, Jennifer Reiter, Riley Odom, Stephanie R. Looney, Michael Ulm and Justin Boren; Anniversary, Wesley an Iva Lee Bullard: Wednesday, June 14, David Pequeno, Jimmy Hodges, Derek Sneed and Jeffrey Parrish; Anniversary, Jon and Amy James: Thursday, June 15; Anna Basquez, David Posey, Bob Harper, Harold Kane, Jason Bevers and Gary Blevins; Anniversaries, Chad and Shannon Davis, Shelby and Candace Boling and Tom and Barbara O'Brian.

After the church service a little boy told the pastor, "When I grow up, I'm going to give you some money." "Well, thank you," the pastor replied, "but why?" "Because my daddy says you're one of the poorest preachers we've ever had."

Special Birthday

I know Kelly Baker is celebrating his birthday today (Tuesday). Now he is telling everyone he is 39, but maybe we need to card him!! Happy birthday Kelly.

Weekend Guests

This was not called in to me, but I know that Charles Adams had visitors this past week end. His mom and dad, Mary and F.O. Adams of Abilene were here. They are old friends of my moms and she was really happy to get to visit with Mary on the phone. Sister Jane also got to see them out at Old Mill, but I missed them and I was really disappointed!

See Ya Next Week

Guess that is all for this week. Please remember to plan for the All School Reunion. God bless each of you, see ya next week!

Births

Charlotte Maribal Taylor

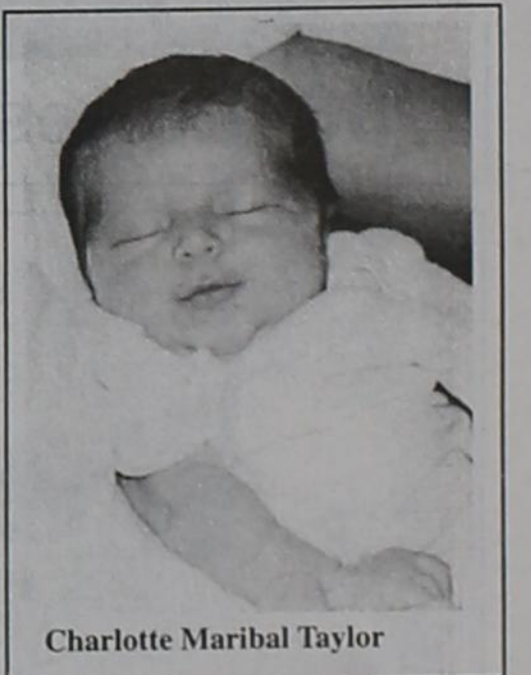
Glenn and Angie Taylor of Austin are proud to announce the arrival of their daughter Charlotte Taylor.

She was welcomed home by her big sister, Lauren Taylor.

Charlotte was born May 21, 2000 in Austin.

She weighed six pounds, six ounces and was 19 and 1/4 inches long.

Grandparents are Jerry and Cindy Taylor of Post. Her great grandmother is Peggy Altman of Slaton and her great-grand grandmother is Frances Sargent also of Slaton. She also has aunt and uncle, Lisa and David Dean of Post.



Charlotte Maribal Taylor

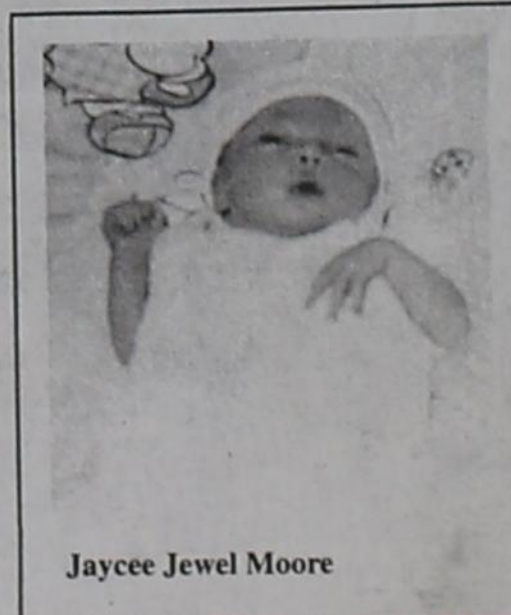
Jaycee Jewel Moore

Becky Benham and Keith Moore would like to announce the birth of their daughter, Jaycee Jewel Moore.

Jaycee was born May 26, 2000 at University Medical Center. She weighed six pounds, 13 ounces and was 21 inches long.

Maternal grandparents are Jerry and Lorena Benham.

Paternal grandparents are Jack and Ralonna Moore and Lori and Jack Parker.



Jaycee Jewel Moore

Call Judy's Jabberin
with your "jabberin"
495-2816

Neighbor to Neighbor

by Sara Wagner, CEA-FCS

Sunburn Ouch!

As Summer arrives we all, children, adults, and elderly, need to take the proper precautions to avoid getting sunburns. The American Academy of Dermatology recommends several safety measures that can be taken to avoid a nasty burn.

- Remain indoors between 10 a.m. and 4 p.m. when the sun's rays are strongest.
- Wear a hat with a 4-inch brim to protect your face and neck.
- Make it a routine to apply sunscreen every day, if you plan on being outside for any length of time apply a sunscreen with an SPF of 30 no less than SPF 15! (You can start putting sunscreen on your children as early as six months)
- Reapply sunscreen, even waterproof, every two hours.
- Pay close attention to your skin and make notice of any changing, bleeding, growing, or crusting spots.



After all of the safety precautions that are given above there will still be at least one poor soul who will, for the sake of a tan, burn themselves. The pain will be unbearable and that person will wonder what they can do to make it stop. Although there is no cure for a sunburn other than prevention and time, there are a few things that can be done.

Pain relievers such as Tylenol or aspirin can alleviate some of the pain associated with sun burns. Other remedies include, soaking the burn in cool water, apply an aloe-based lotion, and applying Vitamin E oil directly to the skin. In the most severe cases, when fever or blisters occur, it is best to seek the medical advice of your doctor.

I'm sure some of you are thinking that all the above information is advice you have heard before, which is more than likely true, however, the statistics show that skin cancer kills one American every hour, which goes to show the importance of protecting your skin. The following are other statistics that will make you think and take heed to the advice given.

- Even one or two blistering sunburns can significantly increase a child's risk for developing melanoma/skin cancer later in life.
- One in five Americans will develop skin cancer in their lifetime.
- You can get sunburned through your clothes.
- Fair-skinned people who have had lots of sun exposure tend to show signs of photodamage earlier. I wish you all a fun and burn free Summer!

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.



Outstanding Leader

Marilyn Crenshaw (second from right) was honored recently by the Caprock Girl Scout Council as Outstanding Leader. She is joined at the ceremony by (left to right) Marli Crenshaw, Marilyn's mother June Conrad, Timothy Crenshaw and Marilyn's husband Jerry Crenshaw.

Post Girl Scouts, leaders recognized

by Hilda Cordero
Membership Specialist for Post

Over 150 Girl Scouts and leaders gathered recently at the Best Western Regency in Lubbock to review the 1999 "Girl Scout Year", elect new board officers and recognize the achievements of leaders and girls alike.

Girls Scouts of Caprock Staff paid a tribute to all the volunteers, the lifeline of this organization. Their dedication and gifts of your time and talents to the girls of Caprock Council is greatly appreciated. Congratulations to all the recipients honored at this year's Annual Recognition Luncheon.

It is equally exciting to note that two women from Post were presented with awards. These two valuable leaders with the Girl Scout Program in Post were nominated and selected through rigorous process and approved by the Recognition's Committee and Council Board.

The Caprock Council was proud to present Marilyn Crenshaw the Outstanding Leader Award. Marilyn has been a troop leader for three years in Post, girls in her troop say

she not only makes things fun but we learn a lot of things."

Carol Tobias received the Honor Pin. Carol has worn many hats for Caprock she has been involved in Girl Scouts for 20 years. Both of these awards reflect the hard work, dedication and selfless service of both these leaders.

We currently are serving 28 very active girls in Post. Our goal is to get serve 45 girls. There are many plans in the works to offer more programs to try and reach our goal.

Girl Scouts is the world's preeminent organization dedicated solely to girls where, in an accepting and nurturing environment, girls build character and skills for success in the real world.

In partnership with committed adults, girls develop qualities that will serve them all their lives: strong values, social conscience and conviction about their own potential and self worth.

In Girl Scouts, girls discover the fun, friendship and power of girls together. For more information about Girl Scout programs, contact the council office at 745-2855.

Early Spring Boll Weevil Trapping Garza County - 2000

Trap Location	6/5
RJ - 4 miles West of Post on Hwy. 380	45
RJ - 1 mile North of Mason's Farm Store	24
RJ - 1 mile North of Hwy. 380 on C.R. 212	1
RJ - 1 mile North of 380 on C.R. 212, 1/2 West	1
FM - 2 miles South of Southland, 1/2 East	5
FM - 2 miles South of Southland, 1 East	73
FM - 2 miles West of Close City	12
FM - 1 1/2 miles West Close City (near CRP)	7
RG1 - 5 miles NE on Hwy 651, 1 mile West	31
RG2 - 5 miles NE, 1 West, 1 1/2 North	109
RG3 - 5 miles NE, 1 West, 1 1/2 North, 1/2 East	182
RG4 - 5 miles NE, 1 West, 1 1/2 North, 1 East	57
TOTAL	547



Nick Simmons

Simmons named All-American Scholar

Nick Simmons of Wilson has been named an All-American Scholar. Simmons, a Wilson Junior High School student, will appear in the All-American Scholar Yearbook, a nationally-published volume.

"Recognizing and supporting our youth is more important than ever before in America's history," said Dr. George Stevens, executive director of the United States Achievement Academy. "Certainly, the USAA winners should be congratulated and appreciated for their dedication to excellence and achievement."

Simmons is the son of Suzie Bjork of Wilson and the grandson of Mike and Betty Riney of Slaton and Tommy and Sherilyn Simmons of Lubbock.

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PHS graduates honored with brunch

Post High School graduates Camie Payne and Luke Williams were honored with a brunch in the home of Dolores Redman following the Friday morning rehearsal for graduation ceremonies.

A 'make your own breakfast burritos' meal complete with fresh fruit, cinnamon rolls, muffins and juice was served.

The dining tables were covered with white cloths and featured miniature bouquets of yellow carnations and baby's breath in black pots. Black and gold streamers lined the tables, and black and gold balloons with streamers were used to complete the decor.

Place cards were 2000 coins on congratulations cards. Throw-away cameras were part of the table decor, enabling guests to make candid shots of the party.

Those attending were Erin Gregory, Kelly Collier, Kelci Hart, Justin Gorman, John Radle, Chris Metzgar, Eric Montañez, Marcus Lopez, Scotty Gaydos, Matt McCallister and the honored guests, along with their mothers, Carol Payne and Carol Williams. A special guest, Heidi Wiechmann of Oklahoma City, Okla., was also in attendance.

Hosting the brunch were Linda Lewis of Slaton, Jennie Cowdrey, Jane Mason, Janice Plummer, Kellie Macy, Orabeth White and Redman.



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Father's Day



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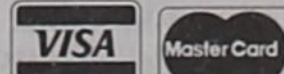
AS LOW AS

Father's Day, Sunday, June 18

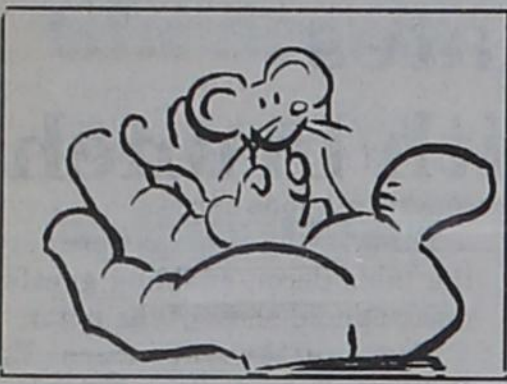
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495-2615



Benjamin Franklin kept a pet mouse named Amos.

Janet Ratliff elected president

Janet Ratliff of Post was recently installed as president of District 7, Ladies Auxiliary of the Veterans of Foreign Wars, while another Post resident, Lana Comer, was tapped to serve as secretary.

Rounding out the list of new officers are Lorene Beach of Lubbock, senior vice-president; Gladys Wheeler of Lubbock, junior vice-president; and Linda Stracener of Lubbock, treasurer.

Truth is the most valuable thing we have. Let us economize it.
—Mark Twain

Almost dozen arrests reported

Almost two dozen individuals have been booked into the Garza County Jail during the past two weeks, according to sheriff's department records.

On May 27, a 20-year-old male was picked up for public intoxication, failure to identify and disorderly conduct. On that same date, a 19-year-old man was arrested for DWI/first offense.

A 20-year-old man was picked up May 28 for possession of marijuana/under two ounces.

Three arrests were made on May 29, including that of a 24-year-old female for assault/family violence; a 29-year-old male, assault/family violence; and a 24-year-old male, unlawfully carrying a weapon.

Several arrests were made May 30, including that of a 28-year-old male, possession of marijuana/under two ounces; a 27-year-old male, delivery of a controlled substance (cocaine); a 17-year-old male, possession of marijuana/under two ounces, possession of a controlled substance; and a 22-year-old female, probation violation.

A 48-year-old man was arrested on a warrant June 1.

On June 2, a 30-year-old male was picked up for driving while license suspended and a 34-year-old male and a 64-year-old male were each jailed for DWI.

On June 3, a 38-year-old male was picked up for driving while license suspended and a 38-year-old man was jailed for possession of a controlled substance and driving while license suspended.

Four individuals were jailed June 4, including a 25-year-old male for no driver's license and three men, two of whom were 21 years of age, who were being held for pick up by the Border Patrol.

I had no trouble communicating. The players just didn't like what I had to say.
—former Giants manager Frank Robinson

Obituaries

Maysel James

Graveside services for Maysel James, 91, of Seminole were Friday, at 2:30 p.m. in the Terrace Cemetery in Post. Burial was under the personal care of Justice-Mason Funeral Home.

She died May 31, 2000. She was born in Eldorado, Oklahoma and lived in Red River County, Texas prior to moving to Post in 1925. She married Elzie Williams April 6, 1929. He preceded her in death January 22, 1948. She married Roy James December 24, 1953. He died February 16, 1961. She is also preceded in death by a granddaughter Teri Bingham, November 20, 1994 and one great grandson Darren Bingham, March 17, 1997.

She was employed by Burlington Industries for forty years, before retiring in 1974. She was a member of the Calvary Baptist Church of Post. Survivors include two daughters, Ethel Temple and husband Jack of San Angelo and Bonnie Bates and husband Rayford of Seminole. Three grandchildren: David Temple, Joe Bates and Kim Scroggins. Seven great grandchildren: Kayla Eady, Kera Eady, Kristin Eady, Mica Bingham, Christopher Scroggins, Ryan Scroggins and Jeramy Scroggins.

Victoria Perez

Services for Victoria Perez, 76, of Quanah were held at 2 p.m. Wednesday, June 7, 2000, in the Holy Cross Catholic Church with the Rev. Malcolm Neyland officiating. Burial was in the Terrace Cemetery under the direction of the Hudman Funeral Home.

Rosary was said at 7 p.m. June 6. She died June 3 at Mt. Pleasant.

Born May 23, 1924, in Bastrop, she was a housewife and a Catholic. Survivors include five daughters, Mary Collazo of Garden City, Kansas, Geneva Florez of Jal, N.M., Rosario Gomez of Quanah, Julia Barbosa of Mt. Pleasant and Angelita Trajo of Carrollton, Georgia; one son, Ricky Fuentes of Jacksonville; one brother, Juan Perez of Post; three sisters, Maria Santos Perez, Ramona Gonzales and Angelita Rosas, all of Post; 35 grandchildren; and 57 great-grandchildren. She was preceded in death by one son, Alexandro Fuentes, in 1973.

Our Beloved
Doroteo Collazo
June 5, 1934 - February 12, 2000

*A voice we loved is stilled.
We think of you everyday.
June fifth, the date of your birth,
came and went and we truly miss you,
your sense of humor, and loving caring ways.
You touched many, many lives
and those memories we will hold dear to our hearts.
We cherish having known you, as a husband, a father,
a brother, an uncle, and a grandad and a friend.
It broke our hearts to lose you
but, as God has called you, you did not go alone,
for part of us went with you.
Your memory Dee Collazo will live
in our hearts forever. We love you.
Mary Collazo & family*

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Long Vacation Summers

Last week I wrote to you about my earliest memories of Post, and of the traditional things that we do whenever we pass through. My favorite recollections, however, concern the conclusions of some of the long trips we took as children with our educator parents. You see, we had these long vacations during the summer because teachers in those days didn't have to do all of the extra certification type classes in the summer like they do now. When school was out, we would go, an old '63 Ford pickup with a camper-top (that didn't quite fit) pulling a 12 foot trailer loaded with canned food and dry milk. I still don't like dry milk.

With only the most general of plans (no maps with yellow lines from the AAA like our friends) we would strike out for the east or west and be gone for six to eight weeks at a time. Of course this was a great deal of fun and I'm very grateful now for my parents spirit of adventure, the best part was coming home. This is where Post comes in.

On the way home from our first western swing, I recall eagerly anticipating the crossing of the border of New Mexico back in to Texas. Having been gone for so long and become so homesick that I thought surely when we entered the great Lone Star State, the whole world would look different.

As we drove through eastern New Mexico with its wide, rolling expanses, sparse with vegetation my excitement grew as we passed through Clovis and I saw a distance sign to Lubbock. Though only about seven years old, I know that Lubbock was in Texas due to the visits to my aunt as I wrote last week. Boy would I be glad to get out of this barren desert and back into Texas!

You can imagine my shock when my dad pointed out that we had crossed into Texas. Where was it I wondered? This looked just like New Mexico! Maybe even flatter and with even fewer trees!

Once again, Post came to the rescue. My dad, noticing my sulking there in the back of the camper, remained quiet until we began our descent off the caprock. He then yelled back to me (remember, poorly fitting camper with lots of wind noise) "now it looks like we're home, doesn't it."

I looked out and saw the sign that read "Post, Texas, Home of the Worlds Only Quadruple Oil Well." I had to agree, now we were back in Texas!

Oh yes, medical stuff, I almost forgot. Check your campers and other recreational equipment for air seal. Carbon monoxide poisoning remains a serious threat to young adults. Accidents of all types are the leading cause of illness and death in young people. OK, got that in. Thank you for spending this time with me.
Winston Whitt, M.D.

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Pleasant Valley Hwy 84 & North 399 - (806) 828-4174
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Opinions

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It is the mission of this newspaper to promote the rights of individuals, guided by the principles so eloquently described in the American Declaration of Independence. The right of life, liberty and ownership of property are the cornerstone for our freedom. Government's sole purpose is to enhance our liberty and freedom. Therefore, we hold every elected and appointed agents of government accountable to that standard.



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The real labor market

by Jacob Hornberger
president, The Future of Freedom Foundation

Another cycling story this week! While cycling last weekend, I noticed a street corner where about 100 Hispanic guys were hanging out, all of whom appeared rather impoverished. I dismounted my bike and went up and asked (in Spanish) what was going on. They said that they were waiting for work. They explained that each morning, prospective employers drive by that particular corner to hire workers. The employer announces, for example, that he needs a roofer or a painter and then selects which of the workers he wishes to hire.

So, here was a classic example of the spontaneous order — a labor market with no overhead popping up to satisfy the needs of employers, workers, and consumers. One of the younger men (23) told me that he was from Honduras.

After arriving in Nuevo Laredo, Mexico (which is directly across from my hometown of Laredo, Texas), he paid \$1,000 to a 'coyote' to cross him into the U.S. by swimming across the Rio Grande (a dangerous undertaking at Laredo due to the currents).

From there, he traveled north to Washington. I asked him why he risked his life to do this and he responded, 'To make money.' He told me that he sends part of his money back to Honduras to help his mother and saves the other part for when he ultimately returns home.

I thanked them for coming to the U.S. and for helping us out, got back on my bike, and rode off, reflecting on the wonders of human nature and the market process."

What business is it of ours?

by Andy Falkof, program director,
The Future of Freedom Foundation

Today, the United States government declared Peruvian president Alberto Fujimori's re-election invalid and a threat to democracy across the Americas. Fujimori defeated his opponent, Alejandro Toledo (who had withdrawn in protest), by a considerable margin, and did not postpone the election to allow international monitors to inspect and confirm the election results.

The US is threatening to impose sanctions on the Fujimori government, and Toledo plans on forming a resistance movement. Whether or not Fujimori rigged the election is indeed important. To Peru. Not to the United States. Will Clinton invite international monitors to approve the results of the Bush-Gore contest?

Also, how many times must the US punish poor people overseas with embargoes that deprive foreigners of our nation's products and capital? Should we punish Peruvians with restrictions and intervention, like we have the Cubans, Iraqis, and Vietnamese?

Peru should clean up Peru — the American people do not need another enemy.

THOUGHT FOR THE WEEK

"Unlimited democracies have ever been spectacles of turbulence and contention; have ever been found incompatible with personal security or the rights of property." — James Madison

Sam Houston questioned statehood

More Houston Wisdom

In 1858 war clouds were gathering in the South and there was already talk in Texas about withdrawing from the Union and joining a new Southern Confederacy. Sam Houston, governor of Texas at the time, felt joining the confederacy would be a mistake.

He had a better idea, as detailed in this excerpt from one of his speeches:

"If the principals are disregarded upon which the annexation of Texas was consummated - Louisiana was a purchase; California, New Mexico, and Utah, a conquest; but Texas was a voluntary annexation - sorrowing for the mistake she made in sacrificing her independence on the altar of her patriotism, she would unfurl again the banner of the Lone Star to the breeze and reenter upon a national career."

If only more people had listened to Houston, this very day, New Mexico, Arizona, Southern California, and parts of Mexico might be states in the Republic of Texas. But no one listened.

No Doubt About It

Sam Houston once said,
"Texas is the finest portion of the globe that has ever blessed my vision."
Texas Wit & Wisdom
Wallace O. Chariton
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Page 14



And thereafter, shortsighted Americans

by Walter E. Williams

Last week, a committee of the Arkansas Supreme Court recommended that President Clinton be disbarred for "serious misconduct" in the Paula Jones sexual harassment case.

The committee said Clinton should be disciplined for lying about his sexual relationship with Monica Lewinsky during his deposition. You say: "Williams, the president's back. It was just about sex, and everybody lies about that!"

It's not just about sex! Let's look at it. First, forget about the sex aspect of the story and Independent Counsel Kenneth Starr. Let's ask more general questions. If a president has been charged with act X, do you think he should use the power of his office to obstruct investigation of the act?

Do you think he should be able to get members of his staff, associates and members of his political party to launch personal, public attacks on a duly appointed officer of the court in an attempt to discredit him?

You'd probably answer no to these general questions. But with Clinton, our problem was we couldn't see the forest for the trees — and as a result we've created a dangerous precedent. A future president might commit an act far worse than Clinton's, but we've already established what a president can do when he's being investigated.

As American education and intelligence becomes replaced by feelings and emotion, not seeing the forest for the trees has become a major problem. Take the leftist and news media attack on a couple of U.S. Supreme Court decisions. In 1995, in *United States vs. Lopez*, the Court by a 5-to-4 decision held that a federal law banning guns around schools was unconstitutional.

The dumbed-down American probably thinks the reason the Court's majority struck down the law was because it was either for, or indifferent to, guns being around schools. Earlier this month, the



get off

U.S. Supreme Court ruled (5-to-4) in *United States vs. Morrison*, et al. that a woman alleging rape could not sue in the federal courts for a remedy.

America's leftists can now convince the dumbed-down American that Supreme Court justices are indifferent about rape. Both of these cases alleged that Congress has the authority, under the "Commerce Clause" of the Constitution, to ban guns around schools and provide remedies for sex-related crimes.

The U.S. Supreme Court sensibly ruled that the "Commerce Clause" can't be applied to just anything. State laws make carrying guns around a school illegal and punishable. State laws also make rape illegal and punishable. State courts have the power to punish people for these crimes. Leftists know this; so what's the story?

For leftists, the issue is not about criminal remedies; their agenda calls for greater concentration of power in Washington. James Madison explained Washington's role in *The Federalist Papers*:

"The powers delegated by the proposed Constitution to the federal government are few and defined. Those which are to remain in the State governments are numerous and indefinite. The former will be exercised principally on external objects, as war, peace, negotiation and foreign commerce. The powers reserved to the several States will extend to all the objects which in the ordinary course of affairs, concern the lives and liberties, and properties of the people, and the internal order, improvement and prosperity of the State."

That's what the Tenth Amendment is about: "Powers not delegated to the United States by the Constitution, nor prohibited by it to the States, are reserved to the States respectively, or to the people."

Leftists have seriously damaged this restraint on Washington. I say three cheers for the members of the Supreme Court who are trying to resurrect it.

To find out more about Walter Williams, and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate web page at www.creators.com.

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Time for a 'fat-tax' on Wendy's McDonald's

by Vin Suprynowicz

Ever-increasing budgets being the lifeblood of a bureaucracy, cynics have long contended that when the federal government runs out of legitimate ways to fight and crises to solve, it just invents new ones.

Witness the two-day "federal nutrition and health summit" convened in Washington May 30.

The latest crisis requiring an emergency allocation? About 52 percent of Americans are now overweight — carrying around 20 pounds more than their theoretical "ideal weight" — up from 33 percent just a decade ago, Agriculture bureaucrats breathlessly revealed.

This, of course, turns out to be just another troubling side effect of our capitalist prosperity — always a reliable villain.

Busy Americans are eating fewer meals at home and more at restaurants, you see, and "Restaurant meals typically have more calories, more fat and more sugar than food consumed at home," explains Roger Rosenblatt, covering the conference for the *Los Angeles Times*.

("Hey honey, we both had a tough day in the office, what say we just send out for celery sticks?")

How is this any of the government's concern? "Policy-makers worry about the enormous costs the nation will sustain to pay for doctor and hospital bills as the baby boom generation moves into middle age and beyond," Mr. Rosenblatt of the *Times* explains.

Note that interesting construction: "the nation." The last time you hauled a child to the doctor with a fever, did you find you could breezily inform the receptionist, "Oh, just send that bill to 'the nation,' will you please?"

"The nation" doesn't pay most Americans' medical bills, even if we let the propagandists get away with confusing "the nation" with "the federal government," which is a different thing entirely.

To the extent that the Medicare and Medicaid boondoggles (start ital)(end ital) create an "entitlement" for the poor to have their medical bills paid by the rest of us — no matter how reckless their behavior — this should only sound a further cautionary Klaxon against the relentless march of socialized medicine.

But the "policy-makers" don't stop there. No, "There are an estimated 120,000 premature deaths each year related to dietary factors — about 20 percent of heart disease and stroke fatalities, and 30 percent of cancer and diabetes deaths," Mr. Rosenblatt continues. "The financial tally is \$70 billion a year, a figure that includes medical bills and lost wages from people who become ill."

Goodness. So we "cost the nation" when we take sick days? What about if we retire early, or move to Costa Rica? How much extra do we owe "the nation," then?

Besides which, pardon me, but isn't it possible that "premature deaths" actually save "the nation" health care costs, by getting more potato-chip eaters out of the way before they're old enough to qualify for Medicare in the first place?

Nonetheless, it is out of just such a fearful-sounding statistical house of cards that the folks at the Agriculture Department — a department never authorized in the Constitution — now build their urgent plea for "a

sophisticated new marketing approach that would counter fast-food's lure, pitting commercials promoting the appeal of fruits and vegetables against those showing juicy hamburgers."

The new approach will go "far beyond the display of the 'food pyramid' in school classrooms or cafeterias" — the kind traditionally supplied by the dairy industry, you'll recall, which always identified dairy products as a separate and vital "food group."

No, nowadays "It has to be packaged in a way that is exciting," explains Eileen Kennedy, deputy undersecretary of Agriculture for research, education and economics.

But wait. Cue ominous "Peter and the Wolf" theme music here: "Any nutrition education campaign faces an uphill battle," Mr. Rosenblatt warns in conclusion. "The food industry spends \$7 billion a year on advertising, compared with the Agriculture Department's total outlays of less than \$350 million...."

Oh, the humanity! Just look at the (start ital)odds(end ital) they're up against!

Or should we, instead, marvel at the transparency of the implication that this particular set of Washington worker ants — whose main vocation for 70 years has been to funnel tax moneys to farmers and agricultural conglomerates in the form of subsidies and price supports — now stand in an adversarial relationship with the evil "food industry," who apparently spend their \$7 billion a year seducing Americans into consuming unhealthy doses of poison, dirt, and lard against their will?

It would be tempting to write off Ms. Kennedy's \$350 million per year as a mere drop in the bucket as we now measure federal waste. But make no mistake, this will not end with a few "Eat your vegetables" TV ads, any more than the anti-smoking campaign ended with tobaccoists required to print the "Surgeon General's warning" on every pack — any more than gun control ended with a \$200 tax on each machine gun back in 1934.

Based on just those precedents, we can now expect to see "menu calorie averaging" requirements, penalty taxes, and coordinated state and federal "health cost liability lawsuits" against the evil fast food behemoths, based on how much "excess fat" they supposedly cram down the throats of unwary Americans.

Why? Because hamburgers, fries, and a Coke kill more Americans than car crashes, legal alcohol, or swimming pool drownings?

Of course not. To identify the next likely candidate for this sequence of gentle federal ministrations, all one has to do is apply Willie Sutton's Law: "That's where the money is."

Vin Suprynowicz is assistant editorial page editor of the *Las Vegas Review-Journal*, and author of the book "Send in the Waco Killers."

Vin Suprynowicz, vin@lvj.com
"The evils of tyranny are rarely seen but by him who resists it." — John Hay, 1872

"The whole aim of practical politics is to keep the populace alarmed — and thus clamorous to be led to safety — by menacing it with an endless series of hobgoblins, all of them imaginary." — H.L. Mencken



Post High School Class of 2000 graduates honored at a recent celebration were (back row, left to right) Justin Gorman, Scotty Gaydos, John Radle, Matt McCallister, Chris Metzgar, Eric Montañez, (front row) Marcus Lopez, Kelly Collier, Kelci Hart, Camie Payne, Erin Gregory and Luke Williams.

Post Little League Game Results

Astros 10, Dodgers 7

Batting for the Astros were Tyler Odom, two walks and scored twice; Pat Reiter, two singles, scored twice; Andre Boyd, two singles, one walk and one home run, three RBIs and scored four times; Colt Mason, three singles and stole home to score; Ridge Greathouse, two walks, one hit batter and scored once; and Blake Nichols, one double with a RBI.

Pitching for the Astros was Pat Reiter, 4 1/2 innings, 10 strikeouts and three runs scored.

Dodgers' batters included Colton Valdez, one walk, one single, one double with two RBIs and scored twice; Clint Chapman, two singles, one double with two RBIs and scored once; Zach Perez, two singles, one double and a RBI; Cameron Shumard, three singles and a home run; Edgar Garay, one walk; Roosevelt Brown, two walks and one hit batter; Patrick Martinez, one walk; Jovanni Garay, one walk.

Colton Valdez pitched for the Dodgers, completing six innings with

10 runs scored with 15 strikeouts.

Indians 9, Cubs 4

At the plate, the Indians saw Eric Reyna get one single and one double to score twice; Wilson Cash, one walk and one single with one RBI and scored twice; Andrew Espinoza, one single, one double, one triple and an inside-the-park home run, scoring twice with four RBIs in hitting for the cycle; Timothy Garza, one walk, one hit batter and scored twice; Damian Short, two singles, one walk and scored once; and Michael Morris, two doubles and a walk.

Pitching for the Indians were Eric Reyna, three innings pitched, two runs scored with seven strikeouts and Andrew Espinoza, three innings, two runs scored, nine strikeouts.

Cubs' batters included Aaron Fox, two walks, one inside-the-park home run, two RBIs and scored twice; Miles Garay, one single; Adrian Zubia, one single and scored once; Allen Heckaman, one walk and one single; Giles Dalby, one walk and scored

once; and Zach Witcher, one double with a RBI.

Pitching for the Cubs were Aaron Fox, 5 1/2 innings, eight runs scored and 10 strikeouts and Eric Soto, two batters with one strikeout.

Indians 8, Astros 2

Batting for the Astros were Tyler Odom, one walk, one hit batter, scored once; Pat Reiter, one single; Ridge Greathouse, one double; Blake Nichols, one home run; and Chris Gomez, one walk.

Pitchers for the team were Blake Nichols, three innings pitched, six runs scored with four strikeouts and Colt Mason, two innings pitched with two runs scored, one strikeout with five putouts at first base.

Batters for the Indians were Eric Reyna, one single, one double, one home run with two RBIs and scored three times; Wilson Cash, one walk, scored once; Andrew Espinoza, two singles, one RBI and stole home; Damian Shelton, one walk; Steven Hair, two walks and scored twice; and T.J. Copeland, one single, one double with one RBI and scored once.

Pitching for the Indians were Eric Reyna, three innings pitched, two runs scored and five strikeouts and Andrew Espinoza, three innings pitched, no runs scored, seven strikeouts and only one base runner allowed.

A's 6, Dodgers 0

Game forfeited to A's.

Little League Standings		
	Wins	Losses
Astros	6	3
Indians		6
Cubs	4	4
Dodgers	4	5
A's		2

Mills named MVP at basketball camp

Mitchell Mills was named MVP of the Coach Vick's Antelope Basketball Camp held recently, while Chase Odom was recognized as the camp's "Mr. Hustle."

The camp was open to two groups of youths—third, fourth, fifth and sixth grade students and seventh, eighth and ninth grade students.

Winners in various competitions conducted within the younger group included the following: D.J. Baiza, best offensive player; Tate Horsford, best defensive player; Wilson Cash, best shooter; Quinton Valdez, best passer; Cass Tatum, best dribbler; Blake Nichols, best rebounder; Jarrett Blevins, most improved offensive player; Trent Babb, most improved defensive player; Tim Wilson, most improved shooter; Giles Dalby, most improved passer; Kamron Shumard, most improved dribbler; and Tony Garay, most improved rebounder.

Other awards included Wilson Cash, hot shot champion; Tate Horsford, hot shot runner-up; Blake Nichols, hot shot third place; Tate Horsford, layup champion; D.J. Baiza, layup runner-up; Wilson Cash, layup third place; Tate Horsford, free throw champion; Cass Tatum, free throw runner-up; D.J. Baiza, free throw third place; D.J. Baiza, three-point champion; Jordan Payne, three-point runner-up; Wilson Cash, three-point third place; Blake Nichols, ball handling champion; Wilson Cash, ball handling runner-up; D.J. Baiza, ball handling third place; Cass Tatum, knockout champion; Jordan Payne,

knockout runner-up; and D.J. Baiza, knockout, third place.

Honorees recognized in the older group included Jerrod Grisham, best offensive player; Jett Lott, best defensive player; Sterling Smith, best shooter; Tanner Vickers, best passer; Colton Valdez, best dribbler; Mitch Holly, best rebounder; Casey Williams, most improved offensive player; Cole Easterling and Colt Mason, most improved defensive players; Eric Soto, most improved shooter; Braden Bratcher, most improved passer; Jordan Tatum, most improved dribbler; and Jordan Payne, most improved rebounder.

Also, Mitchell Mills, hot shot champion; Tanner Vickers, hot shot runner-up; Ty Horsford, hot shot third place; Nash Lambert, layup champ; Mitchell Mills, layup runner-up; Anthony Merrell, layup third place; Anthony Merrell, free throw champ;

Nash Lambert, free throw runner-up; Stace Norman, free throw third place; Mitchell Mills, three-point champion; Tanner Vickers, three-point runner-up; Colton Valdez, three-point third place; Mitch Holly, ball handling champ; Nash Lambert, ball handling runner-up; Stace Norman, ball handling third place; Tanner Vickers, knockout champion; Mitch Holly, knockout runner-up; and Sterling Smith, knockout third place.

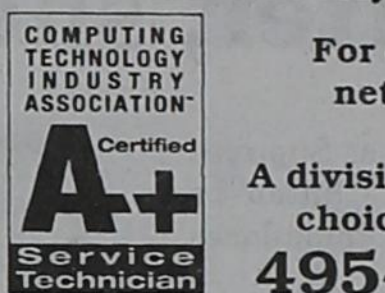
Three-up champions were Jerrod Grisham and Tanner Vickers, followed by Tate Horsford and Anthony Merrell, and Giles Dalby and Case Odom.

"I want to thank all the kids that came to the camp and all the parents that let their kids come to the camp," said Coach Vickers. "We hope you enjoyed the awards ceremony. We look forward to a bigger, more successful camp next year."

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Valdez All-American Scholar

Colton Valdez of Post has been named an All-American Scholar.

Valdez, a Post Middle School student, will appear in the All-American Scholar Yearbook, a nationally-published volume.

"Recognizing and supporting our youth is more important than ever before in America's history," said Dr. George Stevens, executive director of the United States Achievement Academy. "Certainly, the USAA winners should be congratulated and appreciated for their dedication to excellence and achievement."

Valdez is the son of Jimmy and Rhonda Valdez of Post and the grandson of Kenneth and Carolyn Williams and Eddie Valdez of Post and Linda Westbrook of Dallas.

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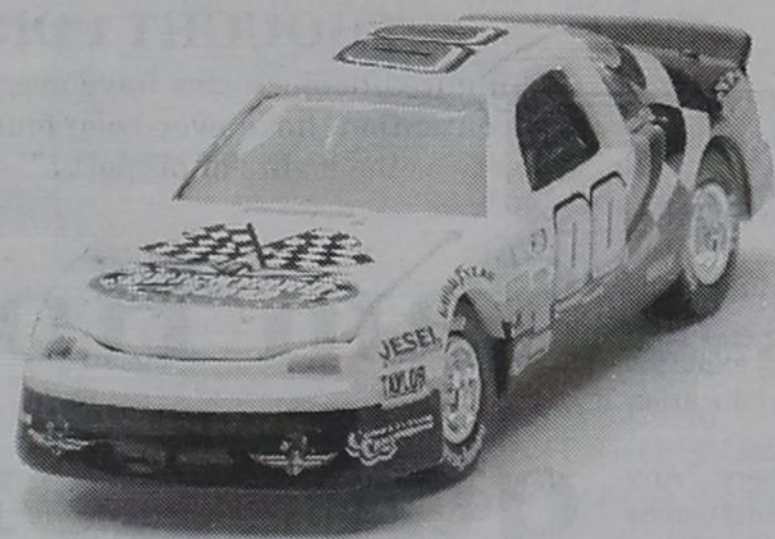


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No purchase necessary to enter the Nokia "Race to the Brickyard 400" sweepstakes. See sweepstakes entry form for Official Rules at participating retailers. \$30 gift certificate toward Brickyard 400® catalog purchase available by mail from Nokia with the purchase and new activation of any Nokia phone. Free Weekends offer is good on new activations on select rate plans and is limited to 300 minutes a month for calls made from 8:00 pm Friday to 11:59 pm Sunday, from within home calling area only. Does not include taxes, assessments, roaming or other toll charges. Incoming and outgoing calls are rounded up and billed in full minute increments from the time the network begins to process the call (before the call rings or is answered) through its termination of the call. Minimum term commitment required with fee for early cancellation. Featured hardware and gift certificates available while supplies last. See written materials in store for complete details. Brickyard 400 is a registered trademark of the Indianapolis Motor Speedway, used with permission. Nokia, and the model 252C phone are trademarks of Nokia Corporation and/or its affiliates.

In this world, you must be a bit too kind in order to be kind enough.
—Pierre Carlet de Chamblain de Marivaux

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with your "jabberin"
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McDonald's of Post
is hiring for all store positions, including swing management, maintenance/custodial and crew positions, which include grill, front counter and drive-thru. Pay rate and position based on previous restaurant experience. McDonald's experience preferred.

Applications available at 102 N. Broadway. Interviews will be conducted at Citizens Bank on Tuesday, June 13 and Wednesday, June 14 at 1 p.m. Call (806) 894-6984 for more information.



Smokers fooled by labels

Why do some smokers choose "low tar" and "light" cigarettes? Because they think these cigarettes may be less harmful to their health than regular cigarettes.

The Federal Trade Commission wants you to know that cigarette tar and nicotine ratings can't predict the amount of tar and nicotine you get from any particular cigarette. That's because how you smoke a cigarette can significantly affect the amount of tar, nicotine and carbon monoxide you get from a cigarette. Research indicates that many smokers of "low tar" or "light" cigarettes compensate by taking deeper, longer or more frequent puffs from their cigarettes. The amount of tar and nicotine a smoker actually gets also can increase if the smoker unintentionally blocks tiny ventilation holes in cigarette filters that are designed to dilute smoke with air.

When it comes to "low tar" and "light" cigarettes, the FTC wants you to know:

- The tar and nicotine numbers used in advertising and on packaging are determined using a smoking machine — a smoking "robot," so to speak — that smokes every brand of cigarette exactly the same way.

- The numbers do not represent the amount of tar and nicotine a particular smoker may get. First, people don't smoke cigarettes the same way the machine does; second, no two people smoke the same way.

- Many lower tar cigarettes have filters with very small vent holes in the sides that allow air to dilute the smoke in each puff. It's easy for smokers to cover the holes unknowingly; that results in them getting more tar and nicotine.

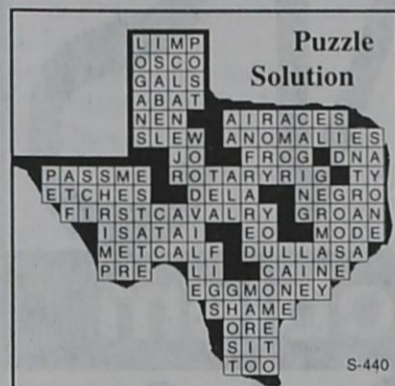
- It's impossible to tell from the ratings the amount of tar and nicotine a smoker will get from any cigarette. Smokers of low nicotine cigarettes tend to compensate for the lower nicotine by taking deeper and more frequent puffs than they would from a regular cigarette.

- Smoking "low tar" and "light" cigarettes does not eliminate the

health risks of smoking. If you're concerned about the health risks of smoking, stop smoking.

The amount of tar and nicotine you get from your cigarette depends on how you smoke. Don't count on the numbers. There's no such thing as a safe smoke. For more information, call the FTC toll-free at 1-877-FTC-HELP (382-4357) or visit www.ftc.gov for the Commission's annual report on cigarette advertising.

If any man wish to write in a clear style, let him be first clear in his thoughts; and if any would write in a noble style, let him first possess a noble soul.
—Goethe



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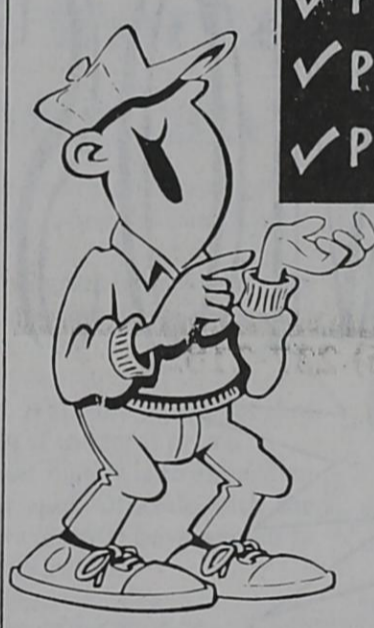
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*Offer only available to new Caprock Cellular customers, subject to approved credit, offer good on applicable plans with 12 month contract, no service with Caprock within the previous 6 months, phone must be locked on Scan B, additional restrictions may apply, toll free USA & 6 Second billing apply to calls placed within the Caprock Cellular Home Area, call or come by our office for details.

Garza County Regional Juvenile Center Post, Texas

Management and Training Corporation is currently seeking applicant to fill full-time Juvenile Detention Officer positions. You will be responsible for the care and custody of juveniles in compliance with applicable regulatory agencies. Qualified candidates must have a high school diploma or equivalent and must be at least 21 years of age.

For a challenging career, great rewards and excellent salary & benefits, please submit your application and /or resume to : Human Resources, Garza County Regional Juvenile Center, 800 North Ave. F, Post, Texas 79356 or fax them to (806) 495-3157. Applications and/or resumes must be submitted by June 8, 2000.

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495-2816

Hospital board...

(Continued from Page 1)

item in the most recent district audit regarding \$409,384 listed as "Patient Care Services."

"Who are these people who were beneficiaries of this tax subsidy?" Burnett asked. "How many of them were declared indigent?" Travis informed Burnett that "this is not going to be a high priority for us to answer."

Burnett pointed out that the audit has a separate line item for indigent

care, showing a total of \$70,347. "The taxpayers of Garza County have a right to know where and how their tax funds are being spent," Burnett reminded Travis.

Hospital administrator Gina Norman informed the board that the Primary Health Care Grant, which has been used for the past five years to provide funding for non-indigent qualified citizens, will no longer be available after August 31.

"I was notified by the Texas Department of Health that the grant will

not be funded for us in the next fiscal year," she said. Norman cited the lack of community support, hospital district decline and low participation as reasons for the cancellation of the grant. There are currently approximately 170 county residents using the program.

Travis blamed the demise of the program on unnamed county citizens, "This is a criminal act."

Norman said that the district could offset the program loss by making it easier for county citizens to qualify as indigents. "We aren't required to follow the county indigent guidelines," she said.

"We can adjust the requirements if

we want to," she added. Currently, the district uses indigent qualification guidelines based on the county guidelines, which are similar to those mandated by the Texas Department of Health.

In a discussion about the failure of the district to abide by a U.S. District Court order on conducting single member district elections, Callaway Huffaker informed the board that the fault lies with the plaintiff.

"It is up to the plaintiff to force the action," he said. Huffaker also said that the district did not pursue filing of a plan to the U.S. Justice Department because "LULAC's lawyer did not respond with information we needed."

Huffaker also said he had talked with the League of United Latin American Citizens lawyer, who agrees that the agreement can be activated before the Census 2000 is ready, or wait until after new census information is available.

The lawsuit, which was concluded in August 1997, directed the district to begin single member district elections in May 1998.

Tobias insisted that the board had violated the court order, and submitted a motion to take corrective action. The motion died for a lack of a second.

In that motion Tobias recommended that the board send a letter to U.S. District Judge Sam R. Cummings asking for leniency; calling for the voluntary resignation of all board members elected after the court order had been ignored; requesting the court appoint five other qualified Garza County citizens to serve until an election could be held under terms of the agreement and to forbid current board members from holding board office in the future.

"We are responsible for failing to follow this court order," Tobias emphasized.

Kirkpatrick and Tyler, who were serving when the court order was ignored, said that they believed their responsibility ended when they signed the agreement.

In other action, the board elected the same officers to serve: Travis as president, Tyler as vice president and Kirkpatrick as secretary.

Accepted the resignation of former board member Charles Propst, and called a special meeting for Tuesday, June 13 at 6 p.m. in the Citizens Bank community room, for the purpose of appointing another board member. Travis announced that the appointment would be reviewed in executive session.

The June 13 meeting will also include discussion about the Primary Health Care Grant.

After reviewing three proposals for surveying district property, the board approved the proposal by Robert Telford of Lubbock to conduct a survey of the property for \$275. The survey is to clarify property lines regarding a lease with the City of Post.

The board voted 2-1 to continue its relationship with auditor Larry Anderson. Tobias voted against the motion.

Norman informed the board that there were 11 county citizens being served as indigents.

Golden Plains Care Center News

by Sandy Smith

Rain! Rain! Don't go away... this rain has been so nice, everyone has sat upon the steps at Golden Plains enjoying every minute of it. We really needed it too.

I just have to tell you about National Nursing Home week. We stepped back in time for just a little while with our Sock Hop and it was just great. I found we have several dancers such as Eleanor McCrary, Charlene Bishop, Evelyn LeMond, Johnnie Melton, and LeRoy McCrary. You know they are really good too.

Although our Carnival was moved to the inside due to the hot weather, we still had a great time. Cotton Candy just filled the air and everyone had their fair share including myself. Bradley Cimental the cotton candy would not have been so good without your help thank you again! Children were enjoying the excitement and the halls filled with laughter as everyone enjoyed the clown and minnie mouse, I believe there was a mad doctor in our midst too! Thanks again Cynthia for the use of your costumes!

This past Friday we had a baby contest. What fun we all had watching the excitement of Downy and Lauren entertaining with their dancing they just learned to walk! Our youngest in the group was only 1 week old, Becky (Benhams) baby girl, such a little angel! I wonder who won the proudest grandma ward! Everyone was a winner because they were all too cute! We shared a lot of laughs and fun, thank you to all the mothers who took the time to come down and share your babies with us, there is nothing more precious than a child.

We also have some new faces at Golden Plains and I would like to take this time to welcome each of you, they are Willie Mae Dye, Dorothy Kropp, Bill Thomas, Maxine Earl, Faye Gobal, and Goldie Pierce.

Enjoy the weather and come to see us, but remember to....Keep Smiling

Letters to the Editor

Letters to the Editor Policy: We require all letters to be signed, however, names may be withheld from publication by request. Letters may be edited for brevity, grammar and punctuation.

Just use the phone directory

In response to Mrs. Nelson's request that the school provide her with a list of student addresses for her son's birthday party, I would like to propose a solution:

Those of you seventh graders who have not already contacted the Nelsons, and would like to be invited to the party, or those of you who are parents of seventh graders willing to furnish your address and/or phone number for this purpose, please call or write Mrs. Nelson.

Her number and address are in the Post phone directory. Name withheld by request

Samantha...

(Continued from Page 1)

portation and lodging for the estimated two weeks the family hopes to be there.

"We have both taken part-time jobs over the past few years to help with Samantha's ongoing medical expenses, but we are barely able to keep up with these expenses and we do not have (the money) available (to pay for the treatment or trip to Denver)," her parents said.

"Samantha has suffered long enough. She deserves to be treated in Denver — the only place in the country that can handle people like her. We would not ask you for this help unless it was the only way for us to afford it, but we have no other option," the girl's parents said.

An account has been established at Plains National Bank of West Texas, Lubbock, for

Samantha's medical expenses. Accounts have also been set up at Wells Fargo and Citizens banks in Post.

"Some of our friends have already donated to this account," the Feagins said. "Please join them in helping Samantha."

Donations may be sent to the Samantha Feagin Special Medical Account, c/o Plains National Bank of West Texas, P.O. Box 271, Lubbock, TX 79408-0271, or deposited at either of the local banks.

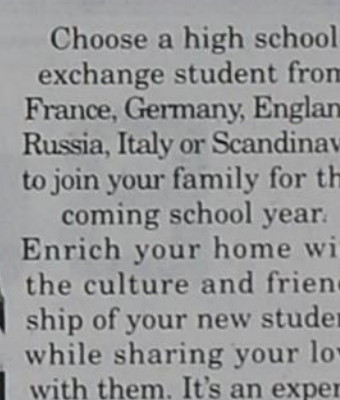


The vapor trail left in the sky by an airplane is called a contrail, which is a contraction of the words condensation trail.

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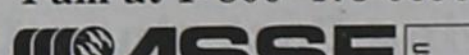
Anna from Norway, 16 yrs. Likes skiing, swimming, dancing and art. Anna hopes to join a drama club as an exchange student.



Klaus from Germany, 15 yrs. Loves camping and playing soccer. Klaus dream has been to spend a school year in North America.

Choose a high school exchange student from France, Germany, England, Russia, Italy or Scandinavia to join your family for this coming school year. Enrich your home with the culture and friendship of your new student while sharing your love with them. It's an experience of a lifetime. Call today!

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Tax 'n Facts

by Terri Cash

Selling Your Collectibles

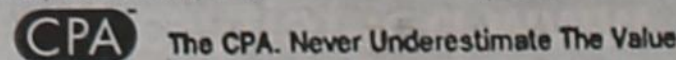
Go ahead and run a garage sale, and the Internal Revenue Service won't come after you for a chunk of the proceeds. The price you get for any item will almost always be less than you paid for it, but - sorry to say - you can't write off a loss on personal assets.

But once you get to the good stuff - collectibles that have increased in value - it's different. Whether you sell silver to an antique store, baseball cards to a collector, or anything valuable online, the goods are considered capital assets. The sale should be reported on Schedule D, and capital gains tax paid on the profit. If you've owned those candlesticks more than a year, the gain is taxed at 28 percent (or 15 percent if you're in that bracket). Less than a year, and you pay your top income tax rate.

Determining basis - the original cost of the item - may be difficult. Perhaps it was picked up at a garage sale, or handed down through the family. It may be necessary to use a zero basis.

Tax Questions? Get the answers you need from the experts at MASON WARNER & CO., P.C. CERTIFIED PUBLIC ACCOUNTANTS

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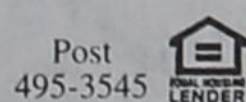
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