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The Post Dispatch

74th Year Number 49

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Thursday, May 4, 2000



Garza Theatre cast members keeping audiences entertained in "Bus Stop" are (back row, left to right) Jeff Conner, Anthony Burton, Jeremy Danial, Steve Witmer, Clent Hill, (front row) Valerie Burelsmith, Laura Mac Bryant, Jessica Culwell and director Linda Ellis. (See story on Page 13)

Hospital board majority continues illegal subsidy

by Wes Burnett

Majority board members of the Garza County Hospital District once again Tuesday evening voted to ignore their lawful authority by approving a \$25,000 monthly payment to Covenant Health System (CHS).

Rejecting objections by board members Charles Propst and Carol Tobias, board members Zoe Kirkpatrick and David Tyler were joined by board president Mike Travis in the vote. Kirkpatrick said she did not believe the payment was illegal, ignoring previously presented evidence from a Texas Supreme Court decision and two Texas Attorney General opinions on the matter.

The enabling legislation which created the hospital district, limits tax funds to be spent only for operating a hospital for the care of indigent and needy in Garza County. The hospital was closed by the previous board in 1996, but has continued paying CHS a \$400,000 tax subsidy annually since then. The Texas Supreme Court has ruled that municipal corporations (hospital districts) are in violation of the law if they expend tax funds for any purpose other than what is authorized by their enabling legislation.

The district's attorney confirmed last year that the supreme court decision is still in effect. Last year Tobias presented copies of the court ruling, along with the Attorney General opinions, which confirmed that hospital districts do not have authority to subsidize privately owned clinics, nor does the district have the authority to lease any of its facilities for any purpose other than to operate a hospital.

In other action, the board tabled the question about the lease with the City of Post. In an uncontested vote, the board approved seeking estimates from three additional surveying companies on the hospital owned property. Hospital administrator Gina Norman reported that the city had rejected the quit claim deed, and is demanding that the hospital district provide a professional survey before the lease can be revised.

The current lease, which Propst and Tobias insist is invalid, was signed by a previous board, giving the City of Post full control of the property for 99 years. The purpose of that original lease was to alleviate a problem with the ambulance building being placed on top of a city dedicated street.

Adding to the confusion is the fact that the hospital district did not have the authority by law to lease the building to the city, further complicated by the fact that the district then leased the same

property to CHS, also without authority of the law.

"You can't lease a building to another party when it is already leased by someone else," Propst had pointed out at last month's meeting.

Norman said that the city council is satisfied with the current 99 year lease.

Questions about the annual audit were postponed until board members have time to study the answers submitted by auditor Larry Anderson. The board then debated the need to get proposals from other auditors for next year's audit. A motion by Tobias to seek proposals from at least three other auditors was approved on a 3-0 vote, with Kirkpatrick abstaining.

A discussion about electioneering at the early voting booth led to an agreement that since there

was no concrete evidence of wrong doing, no action would be necessary.

Travis introduced a statement attributed to CHS chief executive officer Charley Trimble, which said that CHS would be unable to provide medical facilities if the subsidy were discontinued. Travis said that he got the note from Wanda Mitchell. She explained that she had called Trimble earlier to find out about Covenant's plans here.

"Jason Markham did not have the authority to make that promise," she said in reference to the December 1998 statement by Markham that CHS would continue serving Garza County "with or without" a tax subsidy.

Propst said that it is obvious that CHS has no credibility, "they lied to use before, why should we

(Continued on Page 13)

Voters to choose between ignoring the law or obeying the law

by Wesley W. Burnett

Garza County voters casting ballots in the hospital district board of directors election have two clear choices: (1) keep the status quo and continue paying illegal tax subsidies to a privately owned clinic, or elect challengers Maria Bertha Fuentes and Betty Nelson Striblin, who promise to uphold the law.

Incumbents Mike Travis and David Tyler have consistently voted to spend tax funds without legal authority, and even voted last year not to follow the law in regards to the definition of indigent and needy.

In defense of his tie-breaking vote at the July 1, 1999 meeting, Travis emphasized that he would break the law if necessary to "give our citizens the best possible health care." The vote by Travis and Tyler was in response to the following motion:

"That the Garza County Hospital District adhere strictly to the definition of indigent and needy as defined by the Texas Department of Health and by the Garza County Hospital District published requirements for indigent and needy designations."

By voting against the motion, the two incumbent candidates voted to disobey the law. And they have continued to disregard the law at every meeting since then, by voting to approve monthly tax subsidies to a privately owned clinic.

It is obvious that their disregard for the law is founded on their belief that tax funds should be used for purposes other than what is authorized by the law. If they had voted to sustain the law, they would have admitted that the tax subsidy to Covenant Health System is illegal, because none of that \$400,000 per year is dedicated to the care of indigent or needy, as defined by the law.

Evidence has been presented at several board meetings, proving beyond any doubt that there is no legal authority to spend tax funds to support a privately owned clinic. Two Attorney General opinions and a Texas Supreme Court decision clearly specify that tax funds may only be used to operate a hospital for the care of indigent and needy citizens of this county.

When the former board of directors closed the hospital in 1996, they were left with only the authority to care for the indigent. Without a hospital, the district has very limited authority for spending tax funds.

Apparently the two incumbent candidates have an agenda to

control health care in Garza County, even if it requires consistent disregard for the law. Since Covenant Health System has declared it will continue operating its clinic here with or without tax subsidies, what other reason could there be to continue the current illegal practices?

When elected or appointed officials are allowed to ignore the law, especially after they have been well informed as to what the law specifies, then tax payers have no security in the use of their funds.

Do Garza County voters believe that these officials should be held accountable to the law? That's the central question to be answered in this election. Either, we are to be ruled by the whims of men in disregard of the law, or we will be served by those who uphold the law.

It's up to the voters.

Garza County Hospital District Election Saturday, May 6, 7 a.m. to 7 p.m. Post Community Center Election Results Live on Post City Radio Channel 17 and at postcityradio.com

Storm rakes Garza County

Thunderstorms and high winds roared across Garza County Sunday night, causing some property damage.

According to city officials, several trees throughout the city were toppled, including a large tree on East Main. That tree has been staked back up in hopes it can be salvaged.

Additionally, a few traffic signs in the city were said to have sustained damage, and the roof to at least one home was blown off.

The bulk of the severe weather that evening appeared to be to the east and north of Post. Near Jayton and Spur, weather observers reported seeing rotation in the clouds, and residents of those areas were placed under a tornado warning for a portion of the evening.



Post High School students competing in state finals next week are (left to right) Raymond Silva (poetry interpretation), spelling team members Meagan Mills, Tandi Humble and Teresa Salas, 100 meter hurdles Dianna Williams and golf Marcus Lopez.

Post Notes

Arts a la carte Friday

The Post Art Guild invites everyone to enjoy a buffet supper Friday evening at 6 p.m. and then take in the show, "Bus Stop," at the Garza Theatre. The Arts a la Carte is \$7 per plate and features door prizes and entertainment.

Celebration service May 7

The Church on the Go, 111 N. Avenue I, will hold a Celebration Service Sunday, May 7 at 6 p.m. Special guest, Pastor Breacken Christian, will lead the service.

Ladies Auxiliary VFW meeting changed

The regular meeting of the Ladies' Auxiliary VFW will be held Monday, May 8 at 7 p.m. Members will be installing new officers for the year 2000-2001. On May 15 the organization will attend the Post High School awards ceremony.

Church holds benefit garage sale

The First Baptist Church will hold a giant garage sale in the fellowship hall Saturday from 8 a.m. until everything is sold. The proceeds will go toward assisting Jim and Sharla Wells' quintuplet grandchildren, the children of Mike and Jamie Wells.

Scholastic Book Fair this week

Scholastic Book Fair will be at the Post Elementary School media center through Friday, bringing the newest books and exciting learning products from more than 150 publishers for readers of all ages. The fair opens each day at 7:30 a.m. to 4 p.m. through Thursday and from 7:30 a.m. to 2 p.m. on Friday.

Blood drive May 4

The Post Lions Club is sponsoring a blood drive on May 4 from 4 to 9 p.m. at the Post Church of Christ. United Blood Services will be conducting the blood drive. Donors are reminded to bring identification.

Hospital district election results

Post City Radio will broadcast election results from the Garza County Hospital Board of Directors election on Saturday, May 6. The live election report will be aired as soon as the ballots are counted. Voting closes at 7 p.m. Post City Radio is broadcast on Classic Cable 17.

Scholastic Book Fair May 1-5

The Post Elementary School will host the Scholastic Book Fair in the Media Center May 1-5. Parent Family Night will be held Tuesday, May 2 from 7 to 9 p.m. All parents are invited to "join the fun and excitement and children read to succeed," librarian Connie Flores says.

Awards program may 15

The Post High School annual awards assembly will be held May 15 at 7 p.m. in the auditorium.

"Bus Stop" at Garza Theatre

The Garza Theatre is presenting "Bus Stop" in seven performances beginning April 28. Performances will be held April 28, 29, 30; May 5 and 6 and 13 and 14. The play stars Jeremy Danial, Jessica Culwell, Laura Bryan, Anthony Burton, Jeff Conner, Valerie Burelsmith, Clent Hill and Stephen Witmer. Call the box office at 495-4005 to reserve seats.

Salute to the Class of 2000

Reservations are now being accepted for the annual Post Dispatch and Post City Radio Salute to the Class of 2000. Graduating seniors from Borden County, Post and Southland high schools will be featured in The Post Dispatch special edition on Thursday, May 25. Interested businesses should call Judy Bush at 495-2816 to reserve a senior sponsorship. Post City Radio will be taping interviews with seniors, to be aired during the week of graduation.

Summer rec registration June 5

Registration for the summer recreation program will be held June 5 at 8:30 a.m. at the Middle School.

Pre-kindergarten registration

The Pre-Kindergarten program at Post Elementary School will be expanded for the 2000-2001 school year, to include all students who are four years old by September 1, 2000. Parents interested in registration should contact principal Marvin Self at the elementary school, 495-3414.

Births

Delaney Kathleen Fluit

Madison Brooke Fluit announces the birth of her sister, Delaney Kathleen Fluit.

Delaney was born March 17, 2000 in Union County General Hospital.

She weighed seven pounds, 13 ounces and was 20 inches long.

Proud parents are Patrick and Amy Fluit of Clayton New Mexico.

Grandparents are the late Freddy and Nora Perez and Delwin and Kathy Fluit all of Post.

Great grandparents are Janie Perez of Post and Dan Doherty of Folsom, NM.

Skylar Brook Davis

Ashlee, Blake and Cutter Davis are proud to announce the birth of their baby sister, Skylar Brook.

Skylar was born Thursday, April 27th at 12:23 am at Covenant Medical Center in Lubbock. She weighed in at eight pounds, three ounces and was 21 1/2" long.

Parents of the children are: Chad and Shanon Davis of Ralls.

Paternal grandparents are: Leslie and Linda Davis of Post.

Maternal grandparents are: Ronny and Kathleen Ragland of Ralls.

Paternal great grandparents are: Juanita Justice of Lubbock and T.F. Davis of Post.

Maternal great grandparents: Clara Ragland of Dickens.



Delaney Kathleen Fluit

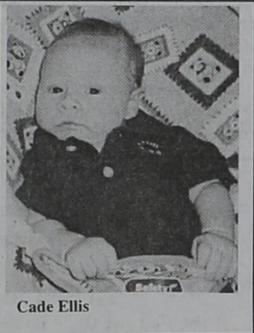
Cade Stephen Ellis

Stephen and Sonya Ellis of Amarillo would like to announce the birth of their son, Cade Stephen Ellis.

He was born March 8, 2000 at Northwest Hospital in Amarillo. He weighed nine pounds, 13.5 ounces and was 22 inches long.

Cade's grandparents are Mr. and Mrs. Jacky Harp of Post, Christine Ellis of Houston and Richard Ellis of Alford, Scotland.

Great-grandparents are Mr. and Mrs. Bob Palmer of Lubbock, Mr. and Mrs. Bill Harp of Post and Mrs. K.C. Krich of Nottingham England.



Cade Ellis



Zoe Kirkpatrick was featured at Wells Fargo's open house last week with a "treasure" chest of Wells Fargo historical pieces.

Amity Study Club meets at Bartlett home

by Louella Bilberry

The Amity Study Club met April 25 in the home of Terry and Kenda Bartlett.

Kenda graciously invited us to tour their beautiful home. We admired the 10' and 12' ceilings, the black-and-white color scheme and most of all, the glass brick shower.

Roll call was the name of a book we had read or were reading. Our ladies like mysteries!

Our program was a book report on "The Pilot's Wife" by Anita Shreve. Jane Davis led us into the story and then left us hanging! She said we would have to read the book to find out the end!

In our business, we voted for two Post High School seniors to receive scholarships of \$500 each, one half to be paid each semester. These scholarships are made possible with

your help in our annual Christmas greeting and published in The Post Dispatch.

The high school awards assembly will be May 15 at 7 p.m.

New officers for the 2000-2001 year are President Suzanne Hudman; Vice-President Ruth Ann Young; Recording Secretary Sandra Alexander; Corresponding Secretary Iva Hudman; Patsy Bilbo (and me), publicity; Barbara Babb, music director; and memorial scholarship, Joy Dickson.

Items were brought for the local Victims Assistance program.

Our last meeting for this year is to be a salad supper May 9 in the Methodist Church Fellowship Hall.

Our hostesses for the night were Edna Owen and Janey Middleton. Seventeen members were present.



The new Wells Fargo sign was installed here last week, formally completing the merger of Norwest and Wells Fargo.

Judy's Jabberin'

By Judy B. Bush



O.K., that was the worse wind storm I remember! Makes thirty miles an hour look pretty good.

Get Wells

My weekly message to three special ladies, Eloise Gordon, Maxine Earl and Clara Roland. Still praying for all of you, get well soon. If you know of someone who is ill or in the hospital please let me know.

.....
Don't run through life so fast that you forget not only where you've been, but also where you're going.
.....

Birthdays this Week

Friday, May 5; Wyatt Gray, Willow Maya Gray, my oldest daughter, Kerri Dean, Martin Garza, Caden Dean, Sam Palmer and Amy Line. Anniversary, Sonny and Virginia Bevers: Saturday, May 6; Kirk Williams, Manuela Hernandez and Ronnie Eaton. Anniversary, Ray and Norma Soto: Sunday, May 7, Martha Phillips and Matthew Tanner. Anniversary, John David and Sonja Fields: Monday, May 8; Filliverto Flores, Matt Nava, Jr. Foster, Caden Dean and Kenda Josey. Anniversaries, Filliverto and Pauline Flores and John and Michele Raben.: Tuesday, May 9; Grace Saldivar and Teresa Gomez: Wednesday, May 10, Tillie Duran, Scott Nettles, Kimberly Craig, Cliff Laws, Marinette Tyler and Freda Harper. Anniversary, Ricardo and Angelica Tobias: Thursday, May 11, Ray Hodges, Clint Johnson, Carson Mason, Sherry Williams, Chris Thurman and Celia Salas. Anniversary, Meagan and Stan Everette.

E-Mail Message

I received an e-mail from Gerald Bradley, a former Post resident. It is nice to know you read my "Jabberin'" Mr. Bradley, thank you very much. Fannie Ballentine is my mom. I guess I forget that some of you out there might not know that.

She was pleased to hear from you in the round about way. Stay tuned for a return e-mail!

.....
Life is not a race, but a journey to be savored each and every step of the way.
.....

Remember the clean-up, fix-up

Important Event

Everyone please notice the garage sale at First Baptist Church, Fellowship Hall, this Saturday. It will benefit the Wells quints, which I'm told are gorgeous!!

It starts at 8 am and will last till all is gone. Bet there will be some good bargains!!

Easter Weekend Guests

The Ray's had a "houseful" Easter weekend. Those visiting in the home of Johnny and Opal Ray and Melody Rose were: Maudie Faye Rose, Bill, Karla, Tony, Curt and Natalie Rose of Henryetta, Ok.

Jerry, Mary, Barry and Andy Ray of Slaton. Janet and Bobby Dean, Russel, Sandra, Quentin, Brad, Wyatt and Hayden Benham all of Post and Tammy, Michael, Ethan and Justin Self of Petersburg and R.C. Ray of Post.

Bet they had fun!

Summer Recreation

All you eligible younguns can register for Summer Rec, June 5, at Middle School Gym, 8:30 am. Don't forget, you will be sorry!!

Till Next Week

One more week, call me with your news. God bless each of you and I'll see you next week.



Bees are born fully grown.

Happy Birthday!



To our lovely granddaughter
Alyssa
Joy
Dolberry

Love,
Nana
and
Pappy

Congratulations to Post High School State Qualifiers



We congratulate these Post High School students for their recent honors at regional competition, and support them in their quest for state titles. Competing in U.I.L. state competition this week are (left to right) Raymond Silva (poetry); Meagan Mills, Tandi Humble and Teresa Salas in spelling; on May 13 Dianna Williams, 100 meter hurdles and Marcus Lopez in the May 8-9 golf tournament.

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Closed on Sundays so that our associates may have time with their families.

Shubert and Wert take top honors at Annual Art Show

The annual Post Art Guild Spring Art Show closed Sunday afternoon with awards presentations to the artists.

Juror for the 2000 show was Lubbock artist Jean Schofield Badger.

Best of Show winners were Annalee Schubert for her watercolor "Zebras" and to Robert Wert for his photo of "Santa Fe Doorway."

The People's Choice Award went to Earl Chapman's "Sancturrio Chimsyo Mission."

Other winners included:

- Watercolor Landscapes with Structure — "Santa Fe Mission II" by Dyan Newton, first place; "San Jose Arches" by Billy Joe Jay, second; and "San Francisco de Taos," Billy Joe Jay, third place.

- Oil Landscape — "Arroyo" by Jim Bob Swafford, first place.

- Oil Landscapes with Structure — "Covered Bridge" by Nancy Gilliams, first place; "Homestead" by Gracie Hodges, second place; and "Barn in Snow" by Glenda Morrow, third place.

- Western Human Interest — "Practice" by Paul Hudgins, first; "Tender Mercy," Jim Bob Swafford, second place; "Riden' the Mills" by Jim Bob Swafford, third; and honorable mentions "My Kingdom" by Gracie Hodges and "Bringin' em Home" by Jim Bob Swafford.

- Air Brush — "Knight in Water" by Norval Maples, first place.

- Portraits — Untitled by Sheri Riedel, first place.

- Still Life/All Media — "Poppies," Robert Wert, second; and "Grandfather's Legacy" by Paul Hudgins, first place; "Mother's Pitcher" by Polly Cravy, second; and third place, Polly Cravy for an untitled piece. An honorable mention went to an untitled piece by Sheri Riedel.

- Floral — "Fruit & Roses" by Annalee Schubert, first; "Desert Rose" by Gracie Hodges, second; and "Ready to Pick" by Glenda Morrow, third place.

- Wood Sculpture — Wendell Campbell captured first, second and third places.

- Animal/Fowl — Best of Show, "Zebras" by Annalee Schubert, first place, and "The Individualist" by Paul Hudgins, first place; and "Touched Only by the Seasons" by Jim Bob Swafford, second place.

- Missions — "Sancturrio de Chimsyo" by Earl Chapman, first place, and Chapman's "Our Lady of Guadalupe," second place.

- Crosses — "Our Lady of Sorrows," Earl Chapman, first place; "Indigenous," Earl Chapman, second place; and "Corozones y Coca Cola" and "Before Easter," both by Earl Chapman, third place.

- Mini/All Media — "Mocha de Tropical" by Averett Lee Lidzy, first place; "Quail" by Billy Joe Jay, second; and "Days Gone By," Robert Wert, third place.

- Photography — Best of Show, "Santa Fe Doorway," Robert Wert, first place, and "Geraniums & Blue Door" by Robert Wert, first; "Vivid

- Photography — Best of Show, "Santa Fe Doorway," Robert Wert, first place, and "Geraniums & Blue Door" by Robert Wert, first; "Vivid

- Pottery — First and second places, as well as an honorable mention, went to Cecily Maples.

- Winner of the \$300 art purchase raffle was Sheri Riedel.

Special thanks go out to the Purchase Award Patrons — Giles and Nelda Dalby, Glenda Morrow, Earl and Carolyn Chapman, Linda Puckett, JoAnn Thomas Mock, Riley and Mary Miller and the Hotel Garza.

Also, thanks goes to those who made cash donations to benefit the Algerita Art Center and Kids 'n' Art — Earl and Carolyn Chapman, Don and Joyce Tatum, Arnold and Patsy Sanderson, Billy and Sherry Dorner, Mr. and Mrs. Thurman Francis, Bobby and Debbie Bain, Ronald and Nancy Thuett, Robert and Nancy Craig, David and Nicky Standlee, Jerry and Lynette Thuett, McCrary & Franklin, Leslie Acker, Brady Package Store, Citizens Bank and Wells Fargo Bank.



Art show judge Jean Badger shows Annalee Schubert's best of show painting at last week's annual Post Art Show. (Photo by Linda Puckett)

Puzzle Solution

S-435

Well-known sporting goods manufacturer Nike paid a design student \$35 in 1972 for the symbol that now appears on its products. Student Carolyn Davidson came up with its boomerang symbol.

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Obituaries

Norma Ruth Trueblood

Services for Norma Ruth Trueblood, 75, of Hobbs, New Mexico, were held at 10 a.m. Wednesday, May 3, 2000, in the Taylor Memorial Baptist Church with Dr. Dean Mathis officiating. Burial followed in the Rest Haven Cemetery in Southland at 3 p.m.

She died at her home April 29.

Born July 27, 1924, in Post, she received her degree from Eastern New Mexico University and taught school in Shepard and Houston, retiring in 1986. She was a member of the Taylor Memorial Baptist Church.

Survivors include one daughter, Jan Black of Hobbs, N.M.; one brother, James Mason of Slaton; four grandchildren; and two great-grandchildren.

She was preceded in death by her parents, John and Clara Mason, one son and a sister.



Wells Fargo staff members welcomed visitors to the bank in Post during the open house last Thursday. Staff members are (left to right) Earline Bagby, Grace Paiz, Deborah Worthington, Jana Bullard, Teresa Gomez, Carol Short, Charles Hardin and Kathy Vickers.

Clean out those medicine cabinets before it's too late

When you begin spring cleaning in the next few weeks, go ahead and include the medicine cabinet on your list of things to do.

Spending a few minutes cleaning your medicine cabinet could make a big difference in your family's health and safety. A peek into most medicine cabinets might reveal outdated prescriptions and over-the-counter medications, as well as medications without the proper child safety measures, said Lois Nash, M.S., R.Ph., director of Pharmacy Services at The Methodist Hospital in Houston.

Nash recommends that medicine cabinets not be used for the storage

of medicine if it's in your bathroom. The humidity and head from the shower are poor conditions for storing medications. A better place would be in a storage area in the kitchen or bedroom, up high and out of the reach of children, and secured with a child safety latch.

Once the "cabinet" location is established, Nash recommends sifting through medications and throwing away all prescriptions not in use, as well as expired prescriptions and over-the-counter drugs.

acetaminophen — to be used for pain and fever relief.

- Cortisone cream — an anti-itch cream good to have around for relief of insect bites.
- Decongestants and antihistamines — good for allergy relief and colds.
- Antacids — for upset stomachs.

For more information, call the hospital's drug information center at 713-790-4190.

To the Class of '00

ATTENTION ADVERTISERS... We are now taking reservations for the Salute to the Class of 2000 Borden County, Post & Southland

The Post Dispatch

Call Judy at 495-2816 to reserve your sponsorship

* Each senior will also be featured on Post City Radio in their own taped message!

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Saturday, May 6
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Baptist
Calvary Baptist Church 210 E. 6th, 495-2342
First Baptist Church 402 W. Main, 495-3554
First Baptist Church, Wilson 628-6333
Pleasant Home Baptist Church E. 14th & N. Ave F
Templo Bautista 315 W. Main, 495-2416
Trinity Baptist Church 915 N. Ave O, 495-3038
Justiceburg Baptist Church Justiceburg, Don Blackcock, pastor
Pleasant Valley Hwy 84 & North 399 - (806) 828-4174

Catholic
Holy Cross Catholic Church Ave. K and Main St., 495-2791

Disciples of Christ
First Christian Church 812 W. 13th, 495-3716

Church of Christ
Church of Christ 108 N. Ave. M, 495-2326
Graham Chapel Church of Christ 5 miles W. Hwy 380, 2 miles south

Church of God
Church of God of Prophecy 602 W. 14th, 495-3644
Power House Church of God and Christ Pine Ave.
Lighthouse Christian Center Church of God 314 N. Ave I, 495-2237

Church of the Nazarene
Church of the Nazarene 202 W. 10th, 495-3044
Grassland Nazarene Church 327-5656

Non-Denominational
Church on the Go 111 N. Avenue I, 748-7623

United Methodist
First United Methodist Church 216 W. 10th, 495-2942
Graham Chapel United Methodist Church 495-3492

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THE END

For personal reasons this will be the last edition of "Your Rural Health Connection". I have enjoyed this weekly task for over 3 years, however the time has come to change some of my priorities. I have enjoyed the communities input and requests for articles on specific health care subjects. Over the last three years I have noticed many health care issues that are specific to our part of the country. These did not come from a book or a study. They came from seeing you as patients in the clinic, as neighbors on the street and as friends in your home. Below are some parting ideas that will improve your health, some are easy, others, require a lot of discipline.

If you use tobacco products of any kind, quit. Don't use the "I can't do it" line because I did and I have zero will power. The trick is to really want to and to have a support system.

If you drink alcohol, do so in moderation. A couple of drinks a day have been proven beneficial to our health. That doesn't mean more is better.

Don't eat fried foods everyday, say 3 days a week. If you are overweight try eating only one serving, when you have mastered that, start leaving a little food on your plate at every meal.

Get some form of exercise every day. It doesn't have to be running or wild bull riding. A couple of hours in the yard or garden or a good 30-45 minute walk will do wonders for your attitude, your waistline and your health.

Limit your sun exposure, use sunscreen, a hat and long sleeve shirt. If you get a suspicious skin lesion, get it looked at before it gets big and ugly.

Even if it costs you money, go see a medical provider at least every couple of years, especially if you're over 40. If you don't have health insurance explore every option before you give up. There are plans out there for almost everyone.

Slow down, be nice to your self, your family and your friends. The long and short of it is that we're really not here for very long, even if we remain healthy. So why shorten our lives with bad health brought on by chasing that extra dollar or disappointment caused by not taking the time to be with that special someone. If you ever have medical subjects you want to know more about, do not hesitate to call me.

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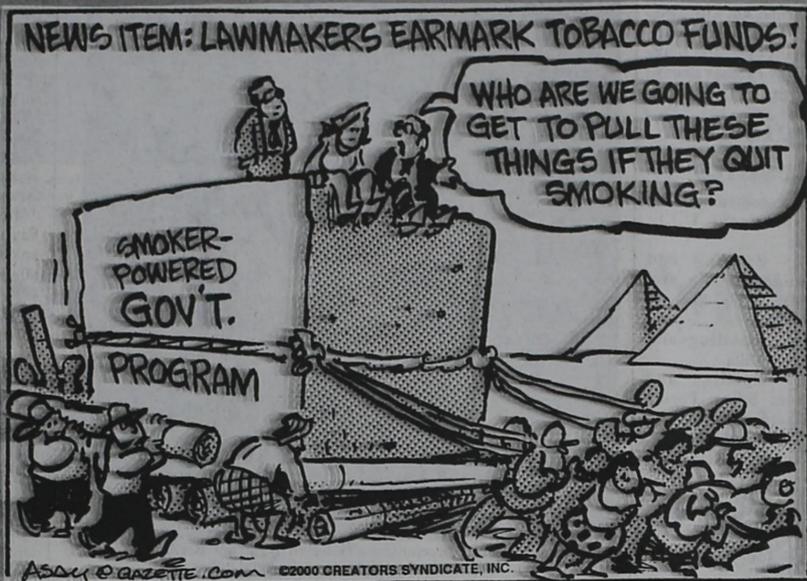
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Opinions



And thereafter, no excuses

by Walter E. Williams

According to a March 17 Los Angeles Times story written by education reporter Richard Lee Colvin, 60 percent of Los Angeles eighth-graders do not know their multiplication tables. Education rot like that is common in large cities across America, but it doesn't have to be that way.

The Washington, D.C., based Heritage Foundation has recently published a study by Samuel Casey Carter titled, "No Excuses: Lessons from 21 High-Performing Poverty Schools." The study will knock your socks off.

New York City's Frederick Douglas Academy teaches grades 7 through 12. Eighty percent of its students are from Harlem's low-income families. Seventy-nine percent of Frederick Douglas Academy students are black; 19 percent Hispanic, and 1 percent Asian or white. Demographics like those spell education disaster in most schools, but not at Frederick Douglas.

In 1998, 93 percent of its students passed the U.S. History Regents examination. In English and pre-calculus examinations, the passing rates were 88 and 87 percent, respectively. In the Global History Regents examination, considered by many to be the state's most challenging, 95 percent passed, compared to 54 percent citywide.

On the opposite side of the nation, in Los Angeles' sea of education squalor, sits Marcus Garvey School. Its black students routinely score two or three or more years above grade level in core subjects. Advanced mathematics is routine.

Now get this: Marcus Garvey pre-schoolers add and subtract two-digit numbers, 4-year-olds know their multiplication tables and fourth-graders study elementary algebra. In 1999, three Marcus Garvey seventh-graders began attending West Los Angeles Junior College after testing at the post-secondary level in all subjects.

What's the story? Nationwide, schools with 75 percent low-income black students typically score below the 35th percentile on national exams, while black students in the 21 schools in Samuel Carter's report score at least at the 65th

percentile and most instances higher. Education experts produce all manner of excuses for the academic failure of black students.

They talk about racial discrimination, poverty, crime, drugs, classes too large, too little money for education and sometimes the legacy of slavery. So, you might ask, how come black children at the 21 schools in the Carter report haven't fallen victim to the educational plague that's destroying career chances of so many other black children?

Could it be that racists just couldn't locate these children and victimize them? The reason why there's academic excellence in the schools is that the principals accept no excuses for failure. For example, Frederick Douglas Academy's headmaster, Gregory Hodge, says, "If you're not interested in hard work, then Frederick Douglas is not for you."

His school has "12 non-negotiables" that go from prohibition of chewing gum and candy to respect for oneself, one's associates and everyone's property. Non-compliance means immediate dismissal. Marcus Garvey and Frederick Douglas Academy are private schools, but excellence is possible at public schools.

P.S. 161 is a public school in Brooklyn, N.Y. When principal Irwin Kurz first came to P.S. 161 13 years ago, its test scores ranked in the bottom 25th percentile in Brooklyn's 17th District. Today, P.S. 161 ranks as the best in the district and 40th out of 674 elementary schools in New York City.

P.S. 161 packs 35 students to a classroom and 98 percent of its students are from low-income families, but the teachers make neither class size, poverty nor anything else an excuse for poor performance. Its principal, Irwin Kurz, says, "It's a lot of garbage that poor kids can't succeed."

Education excellence is possible among black students. It's only the education establishment, civil-rights groups, and racists who challenge that fact.

To find out more about Walter Williams, and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate web page at www.creators.com.

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'A show of force ... to show we were in control'

by Vin Suprynowicz

And so the Clinton administration, which began its term using tanks to knock down the walls and staircases of a plywood church in Texas, spraying in flammable nerve agent while holding firefighting equipment miles away, has decided to go out in similar style, staging a violent and unnecessary pre-dawn raid by a massed force of bounding overweight paramilitary goons armed with German submachine guns, in order to "show who's boss" in the matter of a 6-year-old Cuban refugee.

This is the administration which wants to take all defensive arms away from us law-abiding peasants, mind you, since "guns never solve anything." Yet when faced with even a momentary frustration in the courts (no, Elian's Florida relatives had not violated any court order to return over the kid. In fact, it was Attorney General Janet Reno who went to court a few days before her daredevil raid, seeking a custody order, and was specifically turned down), the Clintons revert to the old ways — MP-5 machine guns in the dawn. Unless Lori Horiuchi is available, of course.

Ms. Reno then went on TV, telling us the wonderful thing about TV is that we can all see the kid was never in danger — the gunman's finger was indexed along the receiver, not actually inside the trigger guard.

Hey, good one. Actually, we couldn't see what happened inside the house on TV, Ms. Reno, because your goons slammed the pool cameraman, NBC's Tony Zumbado, in the forehead with their gun butts and stomped him so badly he had to be hospitalized.

But as for the notion that AP photographer Alan Diaz's still photo shows that the kid was never in danger...

A friend called me after the raid to point out that, in his younger days, his ex-wife refused to obey a court order and allow him to see his kids. When he asked the court to enforce its own order, the court told him he was out of luck.

"Why didn't they send 100 guys with German submachine guns to break down her door in the middle of the night and bring me my kids?" he asked. "At least I had a real court order, which is more than Janet Reno had."

For that matter, imagine how our "justice system" would respond if someone like my friend hired armed mercenaries to go enforce his court order, seizing his kids from his ex-wife at gunpoint. Do you suppose they could count on Ms. Reno to go on TV, insisting he and his hired hands cannot be charged with any crime, since "The pictures clearly show their index fingers lay alongside the receivers, not inside the trigger guards?"

Welcome to the rule of law in modern America — one set of rules for us peasants, and no law at all to restrict the government goons.

But this was all about getting little Elian some "quiet time" with his father, wasn't it? Even though, according to The New York Times, Juan Miguel Gonzalez divorced Elian's mom in May of 1991, and Elian was born on Dec. 6, 1993. Do the math! This dad — if any DNA test would confirm he is the dad — has no automatic parental rights in any American court.

Who's really behind all this?

Juan Miguel Gonzalez's attorney is Greg Craig. A friend of Bill Clinton since his days at Yale Law School, Craig is the guy who helped young Bill and Hillary get their first apartment together. This thing has more Clinton fingerprints on it than the Rose Law Firm billing records.

Why are we to suppose Judge J. Lee Edmondson of the 11th Circuit issued a special injunction right after the raid, warning the administration not to spirit young Elian away "to any place... lying beyond the power and jurisdiction of the Courts of the United States?"

Gee, I don't know. But let anyone speculate that Bill Clinton, the draft dodger who visited Moscow while organizing anti-war protests in London in the 1960s, the fellow who sold sensitive military satellite and missile technology to Red China over the objections of his own cabinet officers after accepting millions of dollars in illegally laundered Chinese bribes, is managing this whole affair in the best interests of his communist cohort Fidel Castro, and that person would surely be dismissed as just another "black-helicopter conspiracy nut," wouldn't he?

It couldn't be any statist leanings that caused The New York Times and Time and Newsweek to not run Alan Diaz's dramatic photo of the child and the G-man on their covers — that caused Newsweek's Eleanor Clift to assure us recently on national TV that "to be a poor child in Cuba may in many instances be better than being a poor child in Miami."

So what if Human Rights Watch reports "President" Castro "restricts such fundamental human rights as expression, association, assembly, movement, and the press," that he "imprisons or kills people for the crime of trying to leave the country" — the reason (along with Bill Clinton's complicity in turning back refugees) young Elian's mother died in the first place?

So what if Cuban parents who refuse to raise their kids as good communists can be charged with "hindering the normal development of the child"? So what if Human Rights Watch reports Castro has so far murdered 15,000 of his political opponents?

What's that, in the view of the Clintons and their media apologists, accompanied to such achievements as "modest, sensible, civilian gun control"?

And if one more child has to be sacrificed in the cause of rehabilitating state socialism in the eyes of the American public, well, who's counting any more?

Vin Suprynowicz is assistant editorial page editor of the Las Vegas Review-Journal. His book, "Send in the Waco Killers: Essays on the Freedom Movement, 1993-1995," is available at 1-800-244-2224.

Vin Suprynowicz, vin@tvrj.com
 "The evils of tyranny are rarely seen but by him who resists it." — John Hay, 1872

"The whole aim of practical politics is to keep the populace alarmed — and thus clamorous to be led to safety — by menacing it with an endless series of hobgoblins, all of them imaginary." — H.L. Mencken

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THOUGHT FOR THE WEEK

"The natural progress of things is for liberty to yield and government to gain ground." — Thomas Jefferson

Reno's Disgrace

by Sheldon Richman
 Everyone — regardless of his views on Juan Miguel Gonzalez's claim to his son — should be appalled at how Attorney General Janet Reno carried out the removal of Elian Gonzalez from the home of his great-uncle in Miami.

The sight of agents of the U.S. government, clad in military-style assault gear, armed with automatic weapons, breaking into a private home in the early morning hours and snatching a boy from an unarmed man should be a wake-up call to anyone who loves liberty.

That most people in this country think the government's conduct was proper only shows how effective the authorities have been in turning a once-rebellious people into sheep. (Who says the public schools aren't working?)

Reno and the INS acted as though the Miami standoff was a hostage situation in which Elian was in grave and immediate danger. Obviously that was not the case. The Miami's appeal to the federal court in Atlanta had sufficiently muddled the matter that Reno had no clear-cut authority to act.

She had a search warrant, but as law professor Laurence Tribe points out, that could not authorize seizure of the child. "No judge or neutral magistrate had issued the type of warrant or other authority needed for the executive branch to break into the home to seize the child." Reno should have waited until the federal court had ruled on her request for an order for Lazaro Gonzalez to produce Elian. Had he then refused, he could have been cited for contempt of court.

That's the way things are done in a case of this nature in a country that respects the rule of law. It doesn't send troops smashing into a home before dawn. This is just another disgraceful act by the Clinton administration, which has shown scant regard for the Constitution during its seven years in office. It is telling that the president refuses to submit himself to questioning. Instead, he chants the words, "the rule of law." Imagine such words coming from that man!

The scarcest commodity throughout this episode has been objectivity. For example, conservative politicians and commentators have decried the raid, the pepper spray, the automatic weapons. You'd think it was the first time such an event has happened in the United States.

The goons of the Drug Enforcement Agency and local police use the same tactics against suspected drug sellers and users all the time. More than infrequently they wreck the homes of people who don't even have drugs. People have been killed in assaults on the wrong house. Have you ever heard a conservative complain even mildly?

Similarly, when was the last time a conservative protested an INS raid at a home or workplace when the noncitizens were from somewhere other than Cuba? INS routinely swoops down and rounds up "illegal aliens," sending them back to their countries of origin, even if they face repression and socialism.

Also hypocritical is New York Mayor Rudolph Giuliani's protest against Reno's tactics. This is the man who, as a U.S. attorney, had federal marshals raid Wall Street investment houses and publicly march handcuffed stock traders off to the hoosegow because they were upsetting gold, established apple carts. It was Giuliani who imprisoned Michael Milken, a man who had violated no one's rights and who is as much responsible for the economic boom as any single man can be.

Conservatives' sudden sensitivity to police-state tactics comes a little late — as does their disgust with the American people's obedience to government power. After all, it was the conservatives, particularly during the war in Vietnam, who bashed any opposition to the federal government as disloyal and suspect.

While they would cheer civil disobedience on the part of the Miami Cubans, they had only disdain for people who escaped conscription during that immoral and unconstitutional war. It is revealing that of all the charges made by conservatives against Bill Clinton, among the most serious is that he avoided the draft. For conservatives, it is not just that Clinton is a hypocrite (which he assuredly is), it's that he did not submit when his government called him to war.

Sheldon Richman is senior fellow at The Future of Freedom Foundation in Fairfax, Va. (www.fff.org), and editor of Ideas on Liberty magazine.

TEXAS CONSTITUTION 2000

It's About Freedom

Addendum Transition
 This addendum is intended to facilitate a lawful, peaceful, and orderly process for transition to the ratified Texas Constitution 2000. The day that the constitution is ratified shall be known as Texas Freedom Day.

Article 1 - Immediate Action
 Section 1: State of Texas and county officials shall be provided the opportunity to complete oaths of office consistent with this constitution within thirty days of the ratification. Upon receipt of affidavits of oaths of office, the Texas Constitution Ratification Committee (TCRC) shall confirm those officers as qualified to perform their duties in accordance with this constitution. Those officers who choose not to complete the affidavits shall vacate their offices no later than thirty days from the date of the ratification of this constitution.

To be ratified at county ratification conventions.
 For a link to the entire constitution or for more information or to volunteer, go to this web site:
www.tcrf.com

Antelopes secure play-off spot

The Antelope win over Plains Friday coupled with the Morton loss to Coahoma has put Post in the playoffs for the second consecutive year.

Post will represent the district as the third place team, facing New Deal Friday at 5 p.m. at Estacado High School in Lubbock. The two of three series will continue Saturday morning at 11 a.m. and a third game, if necessary, will follow a half hour after the second game is completed.

Post City Radio (Classic Cable Channel 17 and on the Internet at www.postcityradio.com) will broadcast the games live.

The Lopes will meet the New Deal Lions in a three-game series Friday, May 5, at Matador Field on the campus of Estacado High School in Lubbock. Game time is 5 p.m., with game two set for 11 a.m. Saturday at the same location. A third game, if necessary, will be played 30 minutes following the conclusion of game two.

The Antelope bats continue their hot streak as all nine starters for Post collected at least one hit in the victory over Plains.

The top of the order, Bryan Looney, Roland Castaneda, Rocky Gomez and Michael Huff, went a combined 8 for 17 in the game, including a string of three consecutive singles to start the sixth. Castaneda, Gomez and Huff opened the frame with those singles, and Huff's scored Castaneda. One out later, Adrian Gonzales and Luis Zubia also singled, driving in the ninth and tenth runs to give Post a 10-4 lead.

Post had their big inning in the second, batting around one time. Four singles and then a double by Looney gave Post a 5-0 lead. Zubia singled on his first RBI of the game and was followed by another run scoring single by Justin Acevedo.

Plains closed the gap to 5-4 with runs in the third and fourth and two more in the fifth. In the bottom of the fifth, designated hitter John Eilenberger led off the inning with a one-strike homerun. The big swing was followed by two quick outs. The 6-4 lead was just as quickly added to when Acevedo lined a single up the middle and was followed by a RBI triple by shortstop Kenny Ratke. The 7-4 lead gave the Lopes a little breathing room.

Another routine ground ball hit to Redman at third was momentarily mishandled. The freshman regained control, however, and fired a perfect strike to Gonzales to end the game and put the Antelopes back in position to make the playoffs.

The Lopes than had to wait for word from the Coahoma/Morton game being played in Morton. There was concern about that game as Coahoma's ace pitcher Delvin White did not make the trip to Morton. Expecting to hear from Coahoma Coach Scott Lewis via cell phone, Antelope Coaches Fred Postell and Chris Morrow were a little nervous. Those worries dissolved into smiles, though, when Postell's wife, Kay, called with a message from Lewis to say Coahoma had won.

New Deal won a playoff with Lockney Saturday night at Hays Field in Lubbock to earn the second seed from District 4-AA.

Senior Rocky Gomez is expected to start on the mound for the Lopes while New Deal's Chris Martinez is getting the nod for the Lions.

Post 11, Hale Center 5

A 12-hit attack led the Post Antelopes to an 11-5 victory over Hale Center Tuesday, April 25. Four players had two hits each.

Rocky Gomez and Luis Zubia both went 2 for 3 with an RBI apiece and Bryan Looney and Roland Castaneda went 2 for 4.

Kenny Ratke had three RBIs, Mikey Gonzales had two RBIs and Michael Huff and Waylon Strawn each had one RBI.

The very next inning through, Plains made it interesting again, scoring three unearned runs. A quick strike out by reliever Huff was followed by a double to the left field alley. That shot was very nearly out number two as center fielder Castaneda made a running/diving stab for the ball. Just missing, the ball rolled to the fence where a hustling Acevedo retrieved it and fired it back in to stop the runner at second.

Another quick strike out by Huff gave the Lopes two outs with a runner at second. A single play by Plains followed by a walk loaded the bases.

A seemingly routine ground ball was bobbled by third baseman Seth

Redman, who recovered but then fired an errant throw towards first. The uncatchable ball rolled well down the right field fence, allowing all three runs to score.

The Lopes only struck out one time. Michael Huff earned his fifth win while striking out 11. Twelve walks offset that, but steady defensive play and three pickoffs by catcher Rocky Gomez aided the win.

PHS Regional U.I.L. Results

Post High School students placing at the recent Regional U.I.L. competition were:

First Place - Spelling and Vocabulary, Tandi Humble and Spelling Team of Humble, Meagan Mills and Teresa Salas.

Second Place - Spelling and Vocabulary, Meagan Mills.

Third Place - Spelling and Vocabulary, Teresa Salas; Poetry Interpretation, Raymond Silva.

Sixth Place - Editorial Writing, Kelci Hart and accounting, Kelci Hart.



Little League game results

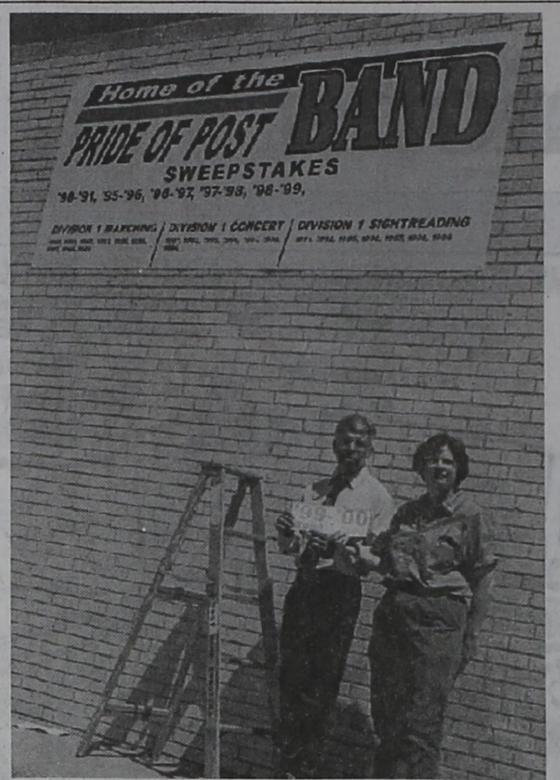
Astros 8, Indians 7

Astros batters included Tyler Odom, two walks; Pat Reiter, three hits with two RBIs; Andrae Boyd, two hits with one RBI and a homeplate steal; Colt Mason, one hit and a walk; and Roman, one hit and one walk with several defensive plays in the outfield.

Pitching three innings each for the Astros were Colt Mason and Pat Reiter.

Indian batters included Wilson Cash, two triples with one RBI (scored two times); Andrew Espinoza, two singles and two RBIs (scored two times); Eric Reyna, three hits and one walk; Michael Morris, two singles; and T.J. Copeland, one 2-RBI double.

Pitching the complete game for the Indians with 14 strikeouts was Andrew Espinoza.



Post High School band directors Erin Pedersen (right) and Bernie Tackett (left) get ready to put new numbers on the sign at the band hall.

A's 9, Dodgers 6

Batting for the A's were John Norman, two singles; D.J. Baiza, two walks; Jason Worthington, two walks; John Morales, inside-the-park homerun and a walk; Jordan Payne, double and a walk; Timothy Wilson, single and a walk; and Orlando Diaz, double and a single.

Pitching three innings for the A's and giving up one run was D.J. Baiza.

Dodgers batters included Clint Chapman, one hit and two walks; Cameron Shumard, two walks; Colton Valdez, two singles; Edgar Garay, two walks; and Will Tanner, two walks.

Cubs 10, A's 7

Cubs batters included Eric Soto, one triple and a single; Jerrett Blevins, two walks; Adrian Zubia, two hits and a walk; Miles Grey, one

double and two walks; Braden Bratcher, one hit and two walks; and Sadler, one hit and a walk.

Pitching well for the Bus were Braden Bratcher and Aaron Fox.

Batting for the A's were John Norman, a single and a walk; D.J. Baiza, two doubles and a triple; Davin Perez, two doubles and a walk; and Timothy, a single and a walk.

Pitching well for the A's were D.J. Baiza and John Morales.

Indians 8, Dodgers 4

Batting for the Indians were Timothy Garza, two hits; Andrew Espinza, two triples and a walk; Eric Reyna, a 2-RBI homerun; and Michael Morris, two hits.

Pitching well in relief was Eric Reyna with 11 strikeouts.

Batting for the Dodgers were Zach Perez, one hit and a walk; Colton

Booster Club honors PHS athletes

Several Post High School athletes received awards at the Booster Club-sponsored Athletic Banquet held May 1.

Randy Moore and Justin Gorman received the Fighting Heart Award for football athletes.

Other football awards included, for offensive back, Raymond Jefferson; offensive line, Adrian Gonzales and Luke Williams; for offensive receiver, John Radle; for defensive back, Michael Huff; for defensive line, Billy Crawford; for defensive linebacker, Jeremy Baker and Rocky Gomez; and for special teams, Tyrone Jefferson.

Justin Gorman was tapped for the Fighting Heart award in boys basketball. Michael Huff was named offensive Most Valuable Player, while Billy Crawford was recognized as defensive MVP.

In boys track, Billy Crawford received the field event award and Matt McCallister, the running award.

Other MVP awards went to Marcus Lopez, boys golf; Rocky Gomez, baseball; Brice Easterling, tennis; and Will Reed, powerlifting.

In girls athletics, Erin Gregory was named recipient of the Fighting Heart Award in girls basketball. Megan Mills was named offensive MVP, while Kenda Looney was listed as defensive MVP.

Dianna Williams received the running award in girls track, while Manuela Hernandez received the field event award.

Other MVP awards went to Yvonne Lopez, girls golf; Ashley Holly, girls tennis; and Megan Mills, girls cross country.

Valdez, three hits; Jeremy Short, two walks; and Robert Apolinar, bases-loaded walk.

Little League Standings

Losses	Wins
Cubs	1
0	
Astros	1
0	
A's	1
1	
Indians	1
1	
Dodgers	0
2	

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The Post FFA horse judging team placed first in Mesa District competition, third in Area II and 9th at the Texas Tech Judging contest recently. Members of the team are (left to right) Laci Williams, instructor Perry Smith, Clint Johnson, Jeremy Bland and Emily Smith. There were 65 teams in the contest.

PHS Regional track results

Dianna Williams placed first in the 100 meter hurdles at last weekend's regional track tournament in Abilene, advancing to the state finals on May 13 at 12:40 p.m. in Austin.

Kelly Moore placed fourth in the 100 meter hurdles and 300 meter hurdles and Williams placed fourth in the high jump.

Billy Crawford placed third in the shot put, missing second place by 1/4 inch on his best throw.

Girls' Softball

In Post girls' softball action last week:

April 24 - Bombers 15, Angels 14 and April 27, Angels 11, Saints 9.

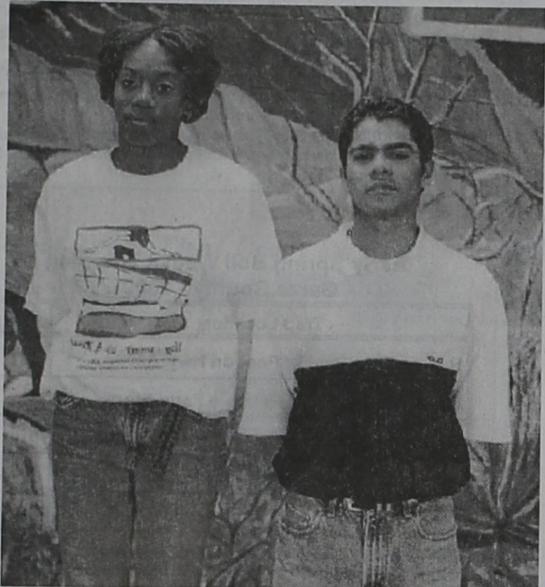
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Congratulations State Qualifiers



Dianna Williams (left) will compete in Austin on May 13 at 12:40 p.m. in the 100 meter hurdles, she placed first at regional. Marcus Lopez begins competition Monday in the state golf tournament in Austin.

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Amity Study Club meets at Bartlett home

by Louella Bilberry

The Amity Study Club met April 25 in the home of Terry and Kenda Bartlett.

Kenda graciously invited us to tour their beautiful home. We admired the 10' and 12' ceilings, the black-and-white color scheme and most of all, the glass brick shower.

Roll call was the name of a book we had read or were reading. Our ladies like mysteries!

Our program was a book report on "The Pilot's Wife" by Anita Shreve. Jane Davis led us into the story and then left us hanging! She said we would have to read the book to find out the end!

In our business, we voted for two Post High School seniors to receive scholarships of \$500 each, one half to be paid each semester. These scholarships are made possible with

your help in our annual Christmas greeting and published in The Post Dispatch.

The high school awards assembly will be May 15 at 7 p.m.

New officers for the 2000-2001 year are President Suzanne Hudman; Vice-President Ruth Ann Young; Recording Secretary Sandra Alexander; Corresponding Secretary Iva Hudman; Patsy Bilbo (and me), publicity; Barbara Babb, music director; and memorial scholarship, Joy Dickson.

Items were brought for the local Victims Assistance program.

Our last meeting for this year is to be a salad supper May 9 in the Methodist Church Fellowship Hall.

Our hostesses for the night were Edna Owen and Janey Middleton.

Seventeen members were present.



Children and adults lined up at Wells Fargo last Wednesday to enjoy a ride in the hot air balloon. The balloon crew is based in Albuquerque, N.M.

Living on the Edge of the Caprock

by Greg Jones, CEA-AG

4-H'ers Compete at District Competition

Garza County youth recently participated in district competition in Lubbock. The Rifle teams and the Livestock Judging members represented Garza County well.

The Rifle team members were: Junior One Team - Allison Blevins, Jarrett Blevins, Heath Fellhauer; Junior Two Team - Breann Heckaman and Colt Vernon; and Senior team - Jarrett Bland, LaRinda Ledbetter, and Matthew Ledbetter. The coaches for the Rifle teams were Bruce Ledbetter, Bobby Heckaman and Benjie Smith.

Congratulations to the teams and shooters for a lot of hard work and a big thank you to their volunteer coaches.

The Livestock Judging Team members were: Junior One Team - Allison Blevins, Cora Crane and Allen Heckaman; Junior Two Team - Kayla Dunn, Dionn Heckaman, Traci Nelson and Kadie Vernon; and Senior Individual was Aaron Cooper. Coaches for Livestock Judging were Lance Dunn and myself.

Livestock Judging results were as follows:
Junior One contest: 9th. Individual Sheep-Allen Heckaman; 20th. Individual Sheep-Allison Blevins; 4th. Team-Sheep; 9th. Team-Swine.
Junior Two contest: 12th. Ind. Beef-Kadie Vernon; 15th. Ind. Beef-Traci Nelson; 12th. Ind. Sheep-Kadie Vernon; 20th. Ind. Sheep-Kayla Dunn; 8th. Team-Beef, 7th. Team-Swine, 7th. Team-Overall.

Senior Results for Aaron Cooper: 7th. Ind.-Beef, 6th. Ind.-Swine, 4th. Ind.-Reasons, 9th. Ind.-Overall.

Congratulations to these participants and thanks to Lance Dunn for helping coach, Ryan Jeffery, Danny Nelson, Junior Stelzer and Perry Smith for use of their livestock for evaluation.

Programs conducted by the Texas Agricultural Extension Service serve people of all ages regardless of socioeconomic level, race, color, sex, religion, handicap or national origin.

Early Spring Boll Weevil Trapping Garza County - 2000

Trap Location	05/01
RJ - 4 miles West of Post on Hwy. 380	23
RJ - 1 mile North of Mason's Farm Store	8
RJ - 1 mile North of Hwy. 380 on C.R. 212	0
RJ - 1 mile North of 380 on C.R. 212, 1/2 West	1
FM - 2 miles South of Southland, 1/2 East	3
FM - 2 miles South of Southland, 1 East	11
FM - 2 miles West of Close City	1
FM - 1 1/2 miles West Close City (near CRP)	2
RG1 - 5 miles NE on Hwy 651, 1 mile West	2
RG2 - 5 miles NE, 1 West, 1 1/2 North	75
RG3 - 5 miles NE, 1 West, 1 1/2 North, 1/2 East	100
RG4 - 5 miles NE, 1 West, 1 1/2 North, 1 East	44
TOTAL	270

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The Texas A&M University System

Extension Extras

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

4-H Booster Club.....

.....will meet Monday, May 8, 7:30 p.m., at the Extension Office. All parents of 4-H'ers are encouraged to attend to plan Brisket Cook fundraiser. If you do not attend, please come by the office to pick up slips for your family to take help with this fundraiser. Deadline for orders to be turned into the Extension Office is Noon, Wednesday, May 17.

French Impressionist Claude Monet obtained the money that gave him the freedom to roam around the countryside and paint by winning 100,000 francs in 1891 in the state lottery, which made him financially independent.

Don't Forget to Vote on May 6th----
and Don't Gamble with our health care
Vote for
Mike Travis & David Tyler!!!

Pol. Ad pd for by Citizens for Uninterrupted Health Care, Treasurer Giles C. McCrary, 201 E. Main, Post, Texas 79356

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Yesteryears

by Pat Burnett

May 2, 1990
10 Years Ago

Bessie Windham celebrated her 90th birthday April 8 at the Calvary Baptist Church Fellowship hall.

Pat Cruse and Rebecca Hancy of Post were recognized with 5 Years of Service pins at the Annual Council Meeting of Caprock Girl Scout Council in Lubbock on April 21.

Carol Tobias of Post received her Leadership Development pin.

Angela Cruse, a freshman at South Plains College, has been notified by The National Dean's List of her selection to receive honorary award recognition with her biography published in the 13th Annual Edition of The National Dean's List, 1989-90.

Lorene Voyles has returned home from a visit with her son and daughter-in-law, Rex and Johnnie Voyles, of Chickasha, Okla.

Serena Voss, a senior at Texas Tech University, was recently inducted into Phi Kappa Phi honor society at a banquet which featured Texas Tech president Robert W. Lawless as speaker.

Services for Jake Sparlin were held Thursday, April 26, 1990 at 4 p.m. in the Trinity Baptist Church with Rev Clayton Pennington, of Clyde Texas, officiating.

He was born August 25, 1926 in Garza County and had attended school at Garnolia.

He married Jo Ella Cowdrey on November 9, 1946 in Post.

May 1, 1980
20 Years Ago

Mason McClellan was honored as Garza County's 1980 Conservation Farmer during the GSWCD's annual awards banquet.

Orabeth and Noel White were named as "Distinguished 4-H Leaders" for District 2 in Texas.

Brent Mason and Melissa Tatum were chosen Mr and Miss PHS for the school year of 1979-80.

Miss Donna Nelson, bride-elect

of Douglas Bradbury, was honored with a bridal shower Friday night.

Jess Knight, the professional saddle bronc rider from Justiceburg, is currently sixth in the national rankings of the Pro Rodco Cowboys Association.

Ken McMeans of Post is now making his home in Juneau, Alaska serving as a missionary.

Happy Birthday today to Jim Norman, Danny Altman, Mrs Carl Jones, Mike Huff, Georgie M. Willson, Kristi Renea Hodges and Bobby Dickson.

April 30, 1970
30 Years Ago

David M. Hamilton, son of Mr and Mrs Thomas B. Hamilton, received his Eagle badge at a Court of Honor last Sunday.

T.C. Polk and his son, Chip, entertained with piano music at a recent family dinner party for the Mystic Sewing Club at the Polk home.

The Post High School and Junior High bands received a Division I rating in concert in UIL at Dimmitt and Lubbock.

Steve Newby, Larry Scrivner and Kippy Payne all qualified for the state meet in Austin.

Friday night guests in the home of Mr and Mrs Hub Haire were Mr and Mrs Duane Locke and children, Kim and Keith of Jayton and Mr and Mrs Pat Taylor.

Jerry Thucit was elected president of the Post Jaycees. Other officers are Charles Morris, Benny Valdez, Paul Cartwright, Ken Callaway. The new directors are Amado Fuentes, Jr., Dan Rankin, Frank Tobias, Ed Blanton and Pru Basquez.

April 28, 1960
40 Years Ago

Mrs M.J. Malouf, and her sister Mrs Salwa Ghasine of Beirut, Lebanon, has first reunion in 35 years.

Mr and Mrs Charley Williams and Mrs H.C. Thompson spent Sat-

urday night in Lubbock visiting Mr and Mrs L.W. Evans.

Carol Ann Parson and Tom Pennell announce engagement.

Nancy Norman and Terry Power wins The Dispatch's Easter coloring contest.

PFC Paul Motto of Fort Sill, Okla., visited in the Tom Henderson home last weekend.

From Carol Camp's Roving Reporter: Donald Linsday came to 6-D from Gastonia, N.C. Most of the girls are crazy about him.

Those enjoying a wiener roast with Gloria Thompson were Darlene Jones, Joyce Goss and Sandy Gary.

Mr and Mrs Jimmy Moore, Jr and son Jimmy moves back into the Barnum Springs community.

Kerwin Baxter is awarded summer institute grant.

Darrell Jones, a Southland runner qualified for the state meet in Austin.

May 4, 1950
50 Years Ago

Danny Altman was honored with a birthday party on his third birthday. Guests were Judy Altman, Darlene Wells, Cherie Cummings, Don and Cindy Altman, Donna Bowen, Mrs Vancil Bowen, Mrs Odean Cummings and Mrs Deamos Altman. Danny's mother, Mrs Dan Altman was hostess.

Am Floyd of WTSC in Canyon spent the weekend here.

The F.M. Jenkins family returned from a fishing trip at Hamlin Lake and are really telling some fish tales that are true.

Clyde King broke a toe while driving a tractor last week.

The Otho Quisiberrys had the misfortune of getting their new car badly damaged in an accident. No one was injured.

The eighth grade honor students for the 1949-50 year are Jackie Sue Dale, valedictorian and Joyce Short, salutatorian.

Garza 4-H team wins third place at Duck Creek Meet.

The Original TEXAS CROSSWORD

by Charley & Guy Orbison
Copyright 2000 by Orbison Bros.

ACROSS

- Monte _____ TX
- weed chopper
- Cowboy play-by-play anncr. Sham
- museum in Eagle Lake: Prairie _____
- female lead in the "Duke's" last film
- TXism: "more than _____ way to skin a cat"
- Southwest Airlines is known for its _____ rates
- computer drive
- TXism: "it's all water under the bridge"
- Dallas event: Country Music _____
- TXism: "attracted like _____ it up!"
- Lubbock: _____ TX
- TXism: "scared the living daylight out _____"
- this Tex was Glenn Miller soloist (init.)
- TX Carol Burnett was on "The _____ Show"
- TXism: "_____ walking drunk"
- TXism: "_____ shooter" (slingshot)
- town between Houston & Baytown
- TX Ben Hogan won _____ Hickok
- Award in '53
- gullets
- angora producers
- TXism: "you can write _____ ink"

DOWN

- large TX mass media corporation
- Galleria II store: _____ Taylor
- in Freestone Co. off 84
- _____ in the court*
- TXism: "wipe the slate clean"
- TXism: "stirred up a hornet's _____"
- lawman Masterson
- TXism: "sure _____ shootin'!"
- Wamba, TX named for brand of _____
- near Boerne: "Cave Without _____"
- Dallas street: Star Trek _____
- Pres. Johnson (init.)
- TX Lefty Frizzell's "Always _____"
- Your Kisses* _____
- ambassador bldg.
- brew 13-down
- Cornyn's job (abbr.)
- put some slop in an expense acct.
- anger
- Mc _____, TX
- actor Power
- TX or France town
- legal Astro/Ranger robbery (2 wds.)
- TXism: "straight as a _____ star's teeth"
- TX Reynolds book: "If _____ Then"
- previous name of Artesia Wells, TX
- Fort Worth actress Greer (init.)
- TX Willie held "Farm _____" concerts
- pond fish
- dainty dog
- founder of Confed. Air Force, Col. Lloyd
- Galveston "Great Storm" of 1900 was _____ TX disaster
- TXism: "fits like ugly _____ ape"
- "Oatmeal Festival" race: _____-Thon
- once a Terrell Hills AM station

A Sweet Treat That Can't Be Beat

(NAPS)—Want to treat yourself to some applause? Why not make a treat which features flavors people usually cheer for?

If you really want to bring something worthy of praise to work, a party, or to welcome your new neighbor, save your brownie mix for another day.

You don't need a lot of time to make "You can't go wrong" bars. This easy-to-make treat features flavors most people love—creamy, sweet melt-in-your-mouth chocolate; sweet, dreamy caramel; and delicious buttery butterscotch. Combine these favorite ingredients and you will have a dessert that is bound to please almost everyone.

Mrs. Richardson's Butterscotch Caramel Fudge topping is the key ingredient for this recipe and was a special ingredient in the last \$1,000,000 prize-winning recipe of the Pillsbury bake-off.

The topping is also great on ice cream sundaes, poured over apple pie or as a dip for fresh apple slices. Any way you use it, you can't go wrong!

MRS. RICHARDSON'S "YOU CAN'T GO WRONG" BARS

- 1 package (1 lb. 2.25 oz.) moist German chocolate cake mix.
- 1 package (11 oz.) butterscotch morsels
- 3/4 cup chopped pecans
- 1/2 cup flaked coconut (optional)
- 1/3 cup oil
- 2 eggs
- 1 jar (17 oz.) Mrs. Richardson's Butterscotch Caramel Fudge Topping (1-1/2 cups)



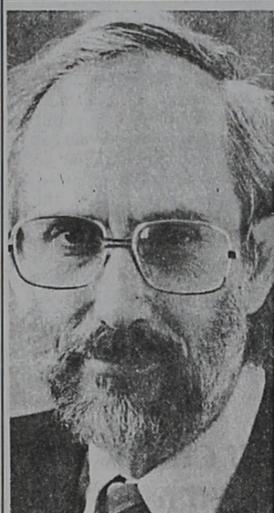
Usually you can't go wrong if you bake something with favorite flavors such as chocolate, caramel and butterscotch.

Heat oven to 350° F. Grease or spray 13 x 9-inch baking pan. Combine cake mix, butterscotch morsels, nuts, coconut, oil and eggs; mix well by hand. (Dough will be very stiff and crumbly.) Press half of cake mixture in bottom of prepared pan. Bake 10 minutes.

Pour MRS. RICHARDSON'S topping over partially baked crust. Top with small spoonfuls of remaining cake mixture. Return to oven. Bake 25 to 30 minutes or until top is set and edges are golden brown. Remove from oven and cool 20 minutes. Run a knife around edges of pan to loosen. Cool completely. Cut into squares. Store tightly covered at room temperature up to 3 days.*

Makes 32 bars.

* Note: Bars may be baked and frozen. Wrap securely in foil or place in freezer bag. May be frozen up to three months. Thaw at room temperature.



Bobby Dunlap

Dunlap Named Distinguished Tech Physics Alumnus

Bobby Dunlap, a 1955 graduate of Post High School, and a 1959 Texas Tech graduate with a bachelor of science degree in physics, was recently chosen by the physics faculty as the distinguished physics alumnus of Texas Tech for 1990. He also holds a PhD in physics from the University of Washington.

Among the guests at the banquet were Dunlap's wife, Carol, his mother, Mable (Dunlap) Voss and stepfather Glenn Voss of Post.

From The Post Dispatch, May 2, 1990



STATE U.I.L. QUALIFIERS (left to right) Luci Rodriguez, Tina Brumbalow and Krista Kemp, with their instructor Sandra Alexander are preparing for U.I.L. Literary competition in Austin this weekend. Luci took second place at the Region I meet in feature writing, Krista also placed second in headline writing and Tina took third in news writing.

From The Post Dispatch, May 2, 1990



SWEEPSTAKES AWARD - The Post Middle School 7th and 8th grade band earned Division I ratings for concert and sight reading at last Saturday's Petersburg Festival of Bands, qualifying for the prestigious Sweepstakes title. Last Thursday band members earned an overall Division II rating from judges who gave the band II, II and I ratings in U.I.L. concert competition.



SWEEPSTAKES WINNERS - Post Middle School Sixth grade band members celebrate their Sweepstakes trophy win following last Saturday's participation at the Petersburg Festival of Bands. The band earned I Division ratings in concert and sight reading to qualify for the Sweepstakes award.

From The Post Dispatch, May 2, 1990

We're Part of Your Community



We understand what this community means to you and your family. It means security. Togetherness. Strength. Caring. Friendship. This community is a place where you matter. This community is where you make a difference in peoples' lives.

We share these values. It's our job to make sure you understand what's happening in your community by bringing the issues that matter the most to you clearly and responsibly. It's a job we take seriously.

We're proud to be a part of your community and prouder still to call you our neighbor.

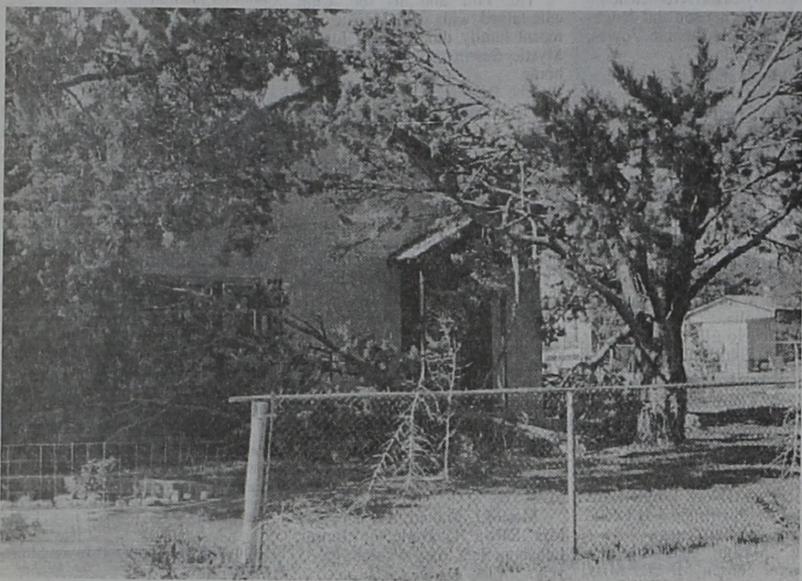
The Post Dispatch

(806) 495-2816 or FAX (806) 495-2059

It all starts with Newspapers!



Work began last week on the new Post ISD gymnasium with dirt construction. Crews from Marts Construction in Post are preparing the groundwork.



Winds hitting as high as 70 mph raked Garza County Sunday afternoon in a surprise storm. Widespread tree, fence and building damages were reported. This home on East Main Street suffered a fallen tree.

Letters to the Editor

Letters to the Editor Policy: We require all letters to be signed, however, names may be withheld from publication by request. Letters may be edited for brevity, grammar and punctuation.

We need elected officials to obey the law

Last summer, at one of the Garza Hospital District Board meetings, Mike Travis stated that he would break the law to provide health care in Garza County. He and the other incumbent members of the board have been doing just that every month when they keep voting to send our tax money to Covenant to subsidize the clinic. We can have health care in Post without subsidizing it with tax money!

It seems, however, that it is a habit of his to break the law. Other political candidates place their signs on private property such as in the yards of the voters who support them. Mr. Travis and Mr. Tyler chose to place their signs on the right-of-way of our local roads and highways. On those signs, there is a reference to the Transportation Code Sections 392 and 393. Obviously, they have not read that law and/or don't care what it says, because that law specifically prohibits the placing of signs on the right-of-way of roads and highways!

It is high time we have some new people on the Garza Hospital District Board! We name people who will RESPECT, OBEY and UPHOLD the law!
Name withheld by request

**Call Judy's Jabberin
with your "jabberin"
495-2816**

Methodist women study "two ways"

The United Methodist Women met Tuesday, April 25, to consider Matthew's "two ways."

"In Matthew's idea of the Two Ways, righteousness is the way to life (Gospel of Matthew 7:14) and unrighteousness is the way to destruction (7:13). Matthew depicts righteousness as a means of ending individual and societal abuse and of healing damage. All abuse is rooted in individual and societal attitudes, beliefs and practices which harm individuals or groups by treating them as inferior, unimportant, as property, as outcasts and/or as objects." (N.A. Carter)

Zoe Kirkpatrick hosted the session. Linda Couch and MaryLynn Bell facilitated the study, which was attended by Mary Edwards, Marion Wheatley, JoAnn Miller, Margaret Bull, Ada Lou Bird, Janie Middleton, Annie Laura Francis, Joy Dickson, Jane Odom, Alexa Collier, Paulette Lawrence and DiAnn Windham.

The group's next meeting is set for Tuesday, May 30, at 10 a.m. Patsy Bilbo will serve as hostess.

Congratulations 7th Grade Boys' Track Team



7th Grade Throwers (back row, left to right) Jessie Taylor, Chris Curb, Steve Rivera, Travis Hopper, Tony Garay, Kyle Kirkpatrick, (middle row) Kam Baker, Jaime Valdez, Joey Espinoza, Michael Soto, Tony Aplinar, (front row) Brent Guthrie, Caleb Mitton, Justin Williams, Evan Montanez, Jason Smith and Theo Paiz.

**Christie
Curb**

**Greg
Williams**



7th Grade Runners (back row, left to right) Jordan Tatum, Clinton Yarbro, Jett Lott, Eric Pedersen, Jerrad Grisham, Martin Garcia, Cole Easterling, (second row from back) Trent McDonald, Zach Lopez, Michael Lambert, Brice Feagin, Edgar Saucedo, Matt Perez, (third row from back) Chris Thurman, Ryan Babb, Israel Landa, James Soto, Casey Williams, Jesse Sotot, Cody Marts, (front row) Jake Lott, Colton Valdez, Quinton Odom, Quinton Yarbro, Josh Hair and Eric Gonzales.

Pixie Grisham

Rhonda & Jimmy Valdez

Fashion Cleaners

GCHD gets tobacco funds

The Garza County Hospital District received \$57,560 this week, representing its share of the Texas tobacco settlement.

Texas Comptroller Carole Keeton Rylander sent out \$100 million from the state's tobacco settlement to 288 Texas cities, counties and hospital districts to help offset costs of providing indigent health care.

The check amounts were determined by a formula, established by the Texas Department of Health, based on the amount spent on unreimbursed indigent health care in the previous year.

The funds are from the \$2.28 billion Texas tobacco settlement reached in 1998, and are separate from the \$15.3 billion settlement between tobacco companies and the state. An initial \$450 million was set aside for payments in 1999-2001. The 1999 payment totaled \$300 million.

Under the terms of the settlement agreement, the comptroller's office will distribute \$50 million in April 2001. The remaining \$1.8 billion was set aside in an untouchable fund, with interest to be distributed annually beginning next year.

Rodriguez inducted to Phi Theta Kappa

South Plains College Lubbock Campus' Alpha Mu Kappa chapter of Phi Theta Kappa, international honor society of two-year colleges, inducted Eloise Rodriguez from Post April 20.

The induction ceremony was held at the Byron Martin Advanced Technology Center, 3201 Ave. Q.

Students inducted into Phi Theta Kappa must have completed 15 college-level hours in a degree program and hold a GPA of 3.5.

Rodriguez joined 38 other inductees at the ceremony.

Cliff Colvin picked for USNA

Cliff Colvin, son of Mike and Cynthia Colvin of Post, has been named a United States National Award Winner in Science.

Colvin, a student at the Southland school, was nominated for the award by teacher Lisa Farquhar.

USAA winners are selected upon the recommendation of teachers, coaches, counselors and other qualified sponsors. The criteria for selection includes academic performance, interest and aptitude, leadership qualities, responsibility, enthusiasm, motivation to learn and improve, citizenship, attitude and cooperative spirit, dependability and recommendation for a teacher of director.

Colvin's name will appear in the United States Achievement Academy's official yearbook, which is published nationally.

Colvin is the grandson of Whitey and Nell Morris of Post and the late O.C. and Kathryn Colvin of Snyder.

American Heart Association
www.americanheart.org

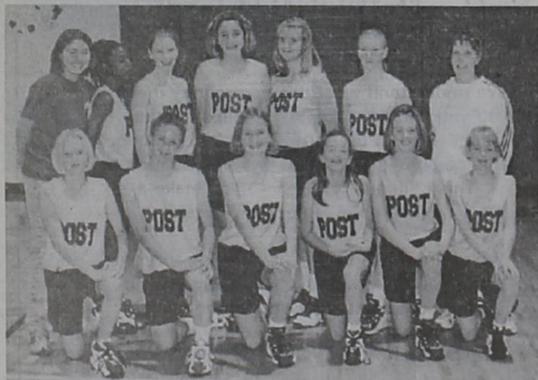
Congratulations 7th Grade Girls' Track Team



7th Grade Girls' Track Team (back row, left to right) Mendy Morgan, Jordan Melius, Nikki Norman, Belia Hernandez, Dannielle Wright, Dianna Ratke, (front row) Callie Smith, Xane Mason, Donae Dalby, Traci Nelson and Keatha Palmer.

**The Bee
Hive**

**Giles & Nelda
Dalby**



7th Grade Girls' Track Team (back row, left to right) Lacey White, Cherrell Reed, Logan Gregory, Kristy Shifflett, Patricia Hester, Lesley Rutherford, (front row) Lyndee Strawn, Meagan Hoover, Kaycee Gorman, Kayla Dunn, Courtney Short and Christin Collier.

Mark & Carol Short

Gary & Vikki Shifflett

Terry & Ofelia Hoover

Making Life Better For Children With Cancer
CHILDREN'S ART PROJECT
ORDER A FREE CATALOGUE AT 1-800-231-1500 OR SHOP ONLINE AT WWW.CHILDRENSART.ORG

Garza County Combined Statement of Cash Position As Of March 31, 2000				
FUND	DEMAND DEPOSIT	CD'S	OTHER INVESTMENTS	TOTAL FOR FUND
GENERAL	(8,990.76)	278,875.00	651,951.24	921,835.48
R&B #1	2,991.10	0.00	8,889.62	11,880.72
R&B #2	776.92	0.00	3,051.09	3,828.01
R&B #3	1,458.83	0.00	9,030.23	10,489.06
R&B #4	1,396.62	0.00	46,636.51	48,033.13
ADA TEXPOOL	0.00	0.00	95,942.80	95,942.80
VOTER REG	971.67	0.00	0.00	971.67
LANDFILL	21,022.46	0.00	32,598.00	53,620.46
TOTALS	19,626.84	278,875.00	848,099.49	1,146,601.33

I hereby certify the above to be true and correct.

Ruth Ann Young, Garza County Treasurer

Giles W. Dalby, County Judge

Lt. Norman, Comm Pct #1

Mason McClellan, Comm Pct #2

John Valdez, Comm Pct #3

Mike Sanchez, Comm Pct #4

ATTEST, County Clerk

Sworn to and subscribed before me on the 26 day of April

LU ANNE TERRY
Notary Public, State of Texas
My Commission Expires 10-23-2001

Lu Anne Terry, Notary Public

Middle School students inducted to NJHS



6th grade new NJHS inductees are (back row, left to right) Jerin Tyler, Keith Meredith, Sterling Smith, Ashley Wilson, (front row) Ashley Scroggins and Jodye Rutherford. (Photo courtesy Pam Humble)

The Post Middle School Chapter of the National Junior Honor Society held its induction ceremonies Tuesday, April 18, at the Hotel Garza.

The ceremony was conducted by eighth grade NJHS students.

Qualities of scholarship, leadership, service, character and citizenship were described, and candles were lit for each. New members recited the NJHS oath, signed the membership book and received membership cards. Cake and punch were served to approximately 125 members and parents.

Outgoing eighth grade members are Francisco Duran, Kyle Gunn, Breann Heckamann, Kris Hernandez, Mark McCallister, Zane Marts, Anthony Merrell, Mitchell Mills, Josh Payne, Jennifer Reiter, Ricky Reyna, Lisa Soto, Tana Starkey, Jerica Tyler and Diana Zubia.

Current seventh grade members include Alex Chapa, Christin Collier, Donae Dalby, Kayla Dunn, Cole Easterling, Laura Ervin, Kaycee

Gorman, Jerrad Grisham, Meagan Hoover, Xane Mason, Mendy Morgan, Courtney Short, James Soto, Jessie Soto and Jordan Tatum.

New members include seventh graders Martin Garcia, Stephanie

Gearhart, Logan Gregory, Patricia Hester, Jett Lott, Vanessa Runnels, Lesley Rutherford, Kristy Shifflett, Colton Valdez and Casey Williams.

Sixth grade members added to the membership include Keith Meredith,

Jodye Rutherford, Ashley Scroggins, Sterling Smith, Jerin Tyler and Ashley Wilson.

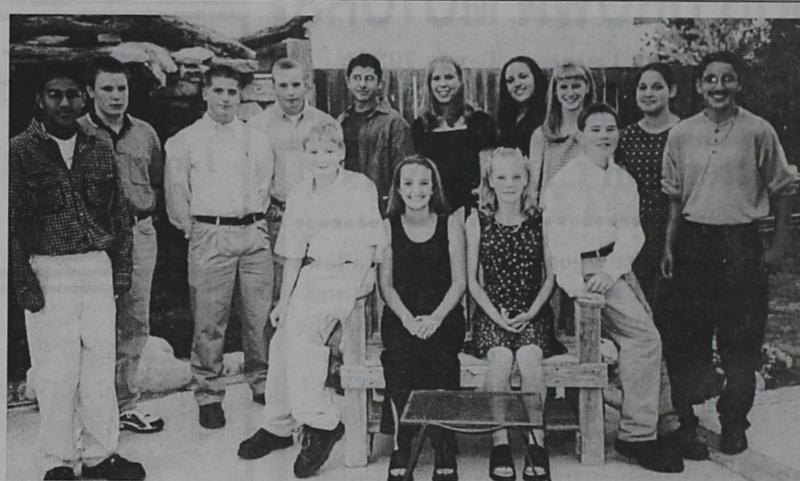
Sponsors for the middle school's honor society are Gary Stone and Pam Humble.



7th grade new NJHS inductees are (back row, left to right) Colton Valdez, Casey Williams, Patricia Hester, Logan Gregory, Jett Lott, Stephanie Gearhart, Kristy Shifflett, Martin Garcia, (front row) Vanessa Runnels and Lesley Rutherford. (Photo courtesy Pam Humble)



7th grade current NJHS members are (back row, left to right) Jarred Grisham, Mendy Morgan, Kayla Dunn, Kaycee Gorman, Courtney Short, Xane Mason, Jordan Tatum, Christin Collier, Alex Chapa, Laura Ervin, (front row) Donae Dalby and Meagan Hoover. Cole Easterling was not available for photo. (Photo courtesy Pam Humble)



8th grade NJHS members are (back row, left to right) Francisco Duran, Josh Payne, Mitchell Mills, Mark McCallister, Kris Hernandez, Breann Heckaman, Diana Zubia, Tana Starkey, Lisa Soto, Ricky Reyna, (front row) Anthony Merrell, Jerica Tyler, Jennifer Reiter and Kyle Gunn. Zane Marts was not available for photo. (Photo courtesy Pam Humble)

We must always change, renew, rejuvenate ourselves; otherwise we harden. —Goethe

Sagerton plans homecoming

The Sagerton homecoming has been set for May 27-28 at the Sagerton Community Center.

Registration will begin at 1 p.m. on Saturday.

The event will mark the 13th homecoming since the original one, held July 4, 1954.

The last homecoming event was conducted in 1997.

Many activities have been planned, and for anyone interested in seeing the "old" and "new" places in the Sagerton community, there will be bus tours on Saturday beginning at 1:30 p.m. At 6 p.m., refreshments will be served.

Registration will be at 9 a.m. on Sunday and lunch will be served at noon. A short program will be held in the auditorium at 1:30 p.m.

Jack Tabor is chairman for this year's homecoming. Others on the steering committee include Clancy Lehrmann, vice-chairman; Mrs. Charles Clark, secretary/treasurer; Charles Clark, finance chairman; Delbert LeFevre, program chairman; Joyce LeFevre, publicity chairman; and Mr. and Mrs. J.B. Toney, food chairpersons. Several individuals have been appointed to assist as well.

A homecoming queen will be announced during the program. Classes of 1948 and 1949 will be recognized.

Since no tickets are sold for the Sunday lunch, registration is necessary but donations will be needed to defray expenses. Contact Mrs. Charles Clark at 940-997-2680 for reservations.

Registration cards have been mailed to those who live outside a 50-mile radius of Sagerton.

Luke Williams treated to party

Senior Luke Williams was honored with a cookout Sunday night, April 30, in the home of Dan and Lee Ann Hodges.

Guests were served hamburgers, dips, chips and a variety of desserts. Daisies, balloons and school colors were used to decorate.

Attending were Erin Gregory, Camie Payne, Matthew McCallister, John Radle, Chris Metzgar, C.J. Sims, Mandy Terry, Lauren Webb, Kelsi Hart, Davida Gregory, Justin Gorman and Rocky Gomez.

Special guests were Andy and Carol Williams and Joe and Sheila Gregory.

Other hosts were Lacy Hodges, Gracie Hodges, Dennis and Nancy McDonald, Curtis and Tommie Williams and Bud and Jane Davis.

OFFICIAL BALLOT BOLETA OFICIAL

— May 6 2000 —

— Mayo 6, 2000

Vote for the candidates of your choice by placing an "X" in the square beside the candidate's name.

Voten por el candidato de su gusto para poniendo una "X" en el cuadrado que resta en el lado del nombre del candidato.

HOSPITAL DISTRICT DIRECTORS
HOSPITAL DISTRITO DIRECTORES

(Vote for Two)
(Voten Por El Numero Dos)

- BETTY NELSON STRIBLIN
- MARIA BERTHA FUENTES
- DAVID TYLER
- MICHAEL TRAVIS

VOTE MAY 6 FOR
• GOOD HEALTHCARE
• LOWER TAXES
• OBEYING THE LAW
VOTE FOR

☆ Maria Bertha Fuentes
 ☆ Betty Nelson Striblin
 Candidates for Garza County
 Hospital District
 Board of Directors
 Vote May 6, 2000

Post Community Center ; 7 a.m. to 7 p.m.

Pd. Pol. Adv. paid for by Betty Striblin, 410 N. Ave. I, Post, Texas 79356 and Maria Bertha Fuentes, 902 E. 11th St., Post, Texas 79356

Healthcare Quiz

Incumbents or Challengers?

1. Who was in charge of our hospital district when our good doctors left town?
2. Who was responsible for relinquishing control of our hospital to Methodist?
3. Who ordered the closing of our hospital, without even giving us a say in the matter?
4. Who made the decision to continue an illegal contract with a privately owned clinic?

If you answered "Incumbents," You Win!!

VOTE FOR
• GOOD HEALTHCARE
• LOWER TAXES
• OBEYING THE LAW

VOTE FOR

☆ Maria Bertha Fuentes
 ☆ Betty Nelson Striblin
 Candidates for Garza County Hospital District
 Board of Directors
 Vote May 6, 2000

Post Community Center - 7 a.m. to 7 p.m.

Pd. Pol. Adv. paid for by Daymon Ethridge, Rt 2, Box 51, Post, Texas 79356

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Classified Advertising

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Card of Thanks

Thank all of you for your expressions of sympathy with your gifts of food, flowers, prayers and loving support, in the loss of our loved one Dorothy J. Cook Stephens.
Richard and Bettie Cook
Ronnie (Fuddy) and Genece Cook

Judy Hadderton and family
Jerry and Liz Kotrla
Cook-Kotrla Families

Our daughter, Delaney, was recently hospitalized due to a heart condition she was born with. We would like to thank all of our friends and family for all the calls, prayers and donations we received. We would like to send a very special thank you to Holy Cross Catholic Church, Graham Methodist Church, Graham Co-Op gym, and the Post Elementary faculty. We appreciate all that everyone has done.

Sincerely,
Amy Perez
Patrick Fluit

Personals

Post Independent School District invites the Senior Citizens of the district to come by the Superintendent's office and receive a gift of a complimentary general admissions pass that will admit you to all school functions. (You will be asked to present identification so that a pass can be

issued in your name).

Post Group of Alcoholics Anonymous
Meets every Thursday night at the First Presbyterian Church, 901 West 10th at 8 p.m. Closed meetings are held except on the last Thursday of the month, which is an open meeting. Door opens at 7 p.m. and the meeting starts at 7:30 p.m. cake and coffee following the meeting. Anyone who wishes to talk or ask about an alcohol problem, call 495-4152, 495-4185 or 629-4393.

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Attention! Own a PC? Put it to work! \$25-\$75 per hour. PT-FT 1-888-890-3481. www.PC-income.com

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Need odd jobs done? Call Ricky, 495-0806.

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Country Living, 3 bedroom, 2 bath home on West 380. Call 495-2458.

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For sale by owner. 3 BR house, corner lot w/small rent house in back. 916 W. 13th, 998-4690 or 759-1248.

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3.16 acres, customized 2-story, 3 bedroom, 2 1/2 bath, 2 car garage. Spectacular view, workshop/storm cellar, game room, updated features-roof, paint, tile, a/c. Motivated sellers. serious buyers call (806) 794-9879.

Miscellaneous for Sale

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Yard sale: Saturday May 6th, 9 am till 2 pm. Two miles N. on Lubbock highway. Large carport with "B" on top. Under caprock.

Wells quints benefit!! Giant garage sale at the Post First Baptist Church in the Fellowship Hall, Saturday, 8 am till all is gone!

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Lost: child's pets! White female poodle, w/long tail and beige on tan Pomeranian. Call 495-3064.

Legal Notices

Notice To Contractors of Proposed Texas Highway Improvement Contracts
Sealed proposals for highway improvement contracts will be received by the Texas Department of Transportation (TxDOT) until the date(s) shown below, and then publicly read.
CONSTRUCTION/MAINTENANCE CONTRACT(S)

District: Lubbock
Contract 0298-01-033 for EXTERIOR REHABILITATION OF ALGERITA HOTEL in GARZA COUNTY will be opened on June 6, 2000 at 1:00 pm at the State Office. All prospective bidders are encouraged to attend the pre-bid conference for Contract 0298-01-033 to be held on May 30, 2000 at 10:00 am at the ALGERITA HOTEL 127 EAST MAIN STREET POST, TEXAS NOTE: THIS IS AN OPTIONAL PRE-BID CONFERENCE.

Plans and specifications are available for inspection, along with bidding proposals, and applications for the TxDOT Prequalified Contractor's list, at the applicable State and/or District Offices listed below. Bidders must submit prequalification information to TxDOT at least 10 days prior to the bid date to be eligible to bid on a project. Prequalification materials may be requested from the State Office listed below. Plans for the above contract(s) are available at reproduction companies in Austin, Texas at the expense of the contractor.
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Construction Division

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Tye Mason (left) and Chase Miller recently completed their ag project. The two-month project BBQ grill project was sold to Charla Miller.

Hospital board...

(Continued from Page 1)

believe anything they say now?" he asked.
"It should be obvious that the timing of this note is just a scare tactic to influence this election," Tobias said.
Norman reported that 11 county citizens are receiving indigent services. She said CHS reported a 648 patient count during April. Norman also said that at least one citizen quit the Primary Health Grant program because he was quizzed by another citizen about the services he received. "We have no idea how his name was disclosed," Norman said, "this is very private information."
Norman reported that the district will receive \$57,000 from the tobacco settlement.
Travis announced that the board will meet May 12 at 8 a.m. in the hospital district office to canvass votes from the May 6 election. The next regular meeting of the board will be held June 6.

Lunch Menus

Post ISD

Monday, May 8, 2000
Breakfast: Cinnamon toast, sausage link, fruit, and milk.
Lunch: Frito pie, ranch style beans, broccoli, cornbread, apple crisp and choice of milk.
Tuesday, May 9, 2000
Breakfast: Biscuit and gravy, ham, fruit, grape juice and milk.
Lunch: Chili dog, French fries, mixed greens, ice cream and choice of milk.
Wednesday, May 10, 2000
Breakfast: Oatmeal, bacon, toast, fruit and milk.
Lunch: Steak fingers, gravy, whipped potatoes, green beans, hot rolls, jello and choice of milk.
Thursday, May 11, 2000
Breakfast: Cereal, toast, fruit and milk.

Lunch: Pizza, corn, salad, cake and choice of milk.
Friday, May 12, 2000
Bad weather day.

Southland ISD

Monday, May 8, 2000
Breakfast: Cereal, toast, fruit and milk.
Lunch: Ham and cheese sandwich, chips, pickles, cookie and milk.
Tuesday, May 9, 2000
Breakfast: Eggs, bacon, toast, juice and milk.
Lunch: Chicken strips, creamed potatoes, green beans, rolls, chocolate pudding and milk.
Wednesday, May 10, 2000
Breakfast: Cinnamon rolls, fruit and milk.
Lunch: BBQ ribs, potato salad, baked beans, apple crisp and milk.
Thursday, May 11, 2000
Breakfast: Burritos, juice and milk.
Lunch: Tacos, beans, rice, jello and milk.
Friday, May 12, 2000
Breakfast: Cereal, Graham crackers, juice and milk.
Lunch: Cheeseburgers, fries, lettuce and tomatoes, cake and milk.

Tax 'n Facts

by Terri Cash

About Variable Annuities

In a classic annuity, an individual promises to pay money to an insurer or other financial institution, all at once or over time. In return, the company promises to pay the individual a certain amount for the rest of his or her life.

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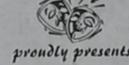
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May 5 & 6, 12 & 13, 2000

Curtain Times:
Friday & Saturday - 7:45 p.m. - Sunday Matinee - 2:30 p.m.

Tickets:
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Box Office Hours:
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Except Show Weekends
12:00 p.m. - Curtain Time

"Harley Scaffer Show"
June 16-18, 21-24, June 30-July 2, 2000

"FOREVER PLAID"
Directed by Jane Prince Jones
AUGUST, 2000

This production has been graciously funded by the Texas Commission on the Arts and the Coppock Cultural Association.

Don't Forget to Vote on May 6th----
and Don't Gamble with our health care
Vote for
Mike Travis & David Tyler!!!

Pol. Ad pd for by Citizens for Uninterrupted Health Care, Treasurer Giles C. McCrary, 201 E. Main, Post, Texas 79356

IT'S TIME TO.....

CLEAN UP, FIX UP, PAINT UP IN POST

The City of Post is sponsoring a voluntary campaign to promote *Spring Cleaning* around the homes of its citizens. Citizens are encouraged to clean any accumulated weeds or debris, including junked or abandoned cars, from around the exterior of their homes. If you need assistance please call 495-2811

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Trucks, Tractors and Trailers to begin selling at approx. 1:00 P.M.
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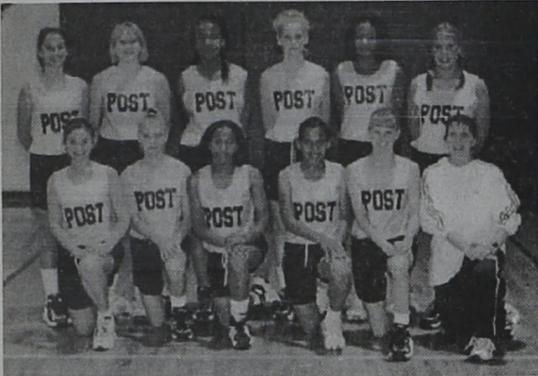
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Congratulations 8th Grade Girls' Track Team



8th Grade Girls (back row, left to right) Tayler Starkey, Erica Moore, Crystal Crawford, Paula Voyles, Starlett Greathouse, Breann Heckaman, coach Madawn Sherrin, (front row) Jerica Tyler, Jennifer Reiter, Terri Curtis, Yuri Lopez and Tana Starkey.



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"Bus Stop" keeps audience rolling at Garza Theatre

by Louella Bilberry
 The Garza Theatre has another winner with the current production of "Bus Stop."

The play is set in a small town about 30 miles out of Kansas City. It's early March in the 1950s, after midnight, in a cafe that is also the bus stop. A blizzard is howling outside. The chrome chairs, the redcheck oil cloth-covered tables look authentic.

Grace, the owner, is sharp-tongued and independent. Years ago, her husband walked out the door and kept going, which suited Grace just fine! She and Elma, the young waitress, can't close until the bus comes.

While they are waiting, the big, strong but soft-spoken sheriff comes in to warm up. When the bus arrives, the driver and his passengers are told the highway on to Topeka is closed.

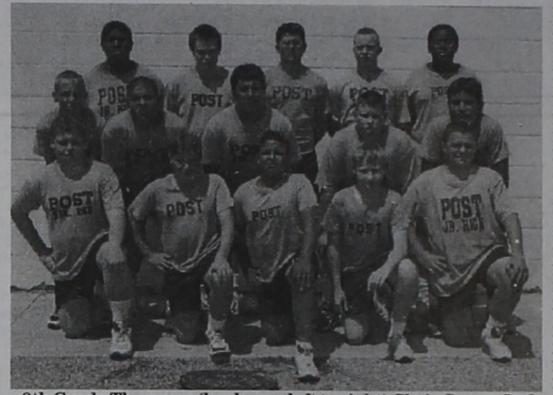
The passengers, including a drunken Shakespeare-quoting professor, a middle-aged gruff cowboy and his charge, Bo, a boisterous young cowboy who has been to the big city for the first time, to a club for the first time, and has fallen in love for the first time! The object of his affection is the singer from the club! Bo has kidnapped Cherie and forced her onto the bus! He's determined to take her to his ranch and marry her whether she wants this or not! Cherie is begging Grace and Elma to help her get away. The bus driver starts flirting with Grace as Virgil, the older cowboy, tries to tell Bo he's not doing right by Cherie, that "Bo has to be more tender." Elma is impressed by the eloquent tipsy professor.

If you want to find out what happens with this diverse group of people, you have two weekends left to see this fun play.

The casting for this production is perfect. Jessica Culwell as Cherie is believable and her rendition of "That Old Black Magic" is a hoot! Jeff Conner as Virgil is no slouch — he's a great singer and guitar picker! Clint Hill, the sheriff, really looks the part. Steve Wilmer, the lady-killer bus driver, projects that quality called stage presence.

Laura Bryan as Grace has fun with her part. Jeremy Danial is Bo, the determined, love-struck suitor who hasn't a clue about courting a young lady. Anthony Burton, the professor, and Valerie Burelsmith as Elma, are hilarious and Romeo and Juliet in the famous balcony scene! Linda Ellis has taken a great cast and has given us a great play. Don't miss it!

Congratulations 8th Grade Boys' Track Team



8th Grade Throwers (back row, left to right) Chris Cruse, Josh Payne, Chris Hernandez, Mark McCallister, Owen Gilbert, (middle row) Jay Cooper, Adrian Loredo, Chessauf Garcia, Colt Vernon, Eddie Gutierrez, (front row) James Striblin, Javen Abraham, Tony Ortiz, Anthony Merrell and Will Todd.

Ricky & Judy Bush

Betty & Melissa Striblin



8th Grade Runners (back row, left to right) Jerry Curtis, Mitchell Mills, Mitch Holly, Ricky Reyna, Zane Marts, (middle row) Manuel Mejares, Joseph Espinoza, Josh Cross, Brody Conner, Langly Couch, (front row) Francisco Duran, Carlos Hernandez, David Rivera and Kyle Gunn.

Sid & Lil Conner

Deana Gunn

Holly's Drive In



Flag Day was first observed in 1877 to celebrate the 100th anniversary of the selection of the U.S. flag.

WE APPRECIATE COVENANT HEALTH SYSTEM

Covenant Health System is here to stay!

We are very encouraged by Covenant Health System's commitment to serve our community, with or without tax subsidies. Our opponents in this election have tried to scare voters, saying that we will have no healthcare if you elect us, the fact is, Covenant Health System representative Jason Markham emphasized just the opposite at the December 10, 1998 Garza County Hospital Board meeting. Here's what he said:

"But we in no way intend to leave, whether this hospital district stays or not, and whether the community or the county decides to give us any subsidy or not.

"We are entrenched in this community, as the word I used last month, and I don't use it lightly. We are entrenched and we want to be here and we want to bring more healthcare to this community.

"Of course, that comes at a price. And what we were looking at and wanted to look at is the perceived need and the real need for healthcare in this community."

You can see the video tape of the December 10 meeting and judge for yourself, a copy is at the Post Public Library.

Don't let fear stand in the way of doing what is right. We don't have a hospital, but we're still paying hospital taxes... that just doesn't make any sense at all.

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GOOD HEALTHCARE
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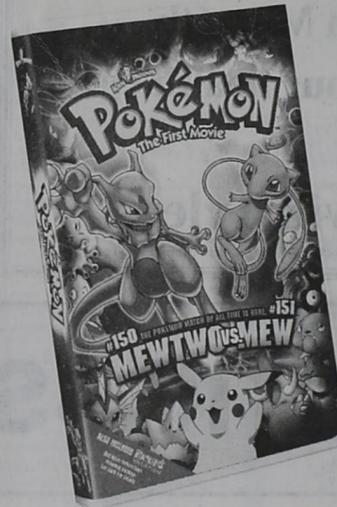
☆ Maria Bertha Fuentes

☆ Betty Nelson Striblin

Candidates for Garza County Hospital District
 Board of Directors
 Vote May 6, 2000
 Post Community Center

Early Voting at District Office through May 2

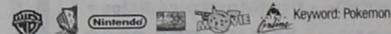
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