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★ Four in a row! Homecoming Friday! ★

The Post Dispatch

74th Year Number 18 © 1999 The Post Dispatch Newsstand Price 50¢ Thursday, September 30, 1999

Post Notes

Homecoming Dance Friday

MAD DADS Inc. is sponsoring a Homecoming Dance Friday night from 9 p.m. to midnight at the Post Community Center Teen Room for sixth grade through high school age. Admission is \$3 per person. The dance will feature a DJ with lights, sound and music. The dance will include adult supervision.

PIP signup through Sept. 30

PIP sign up will continue through September 30 for grades kindergarten through sixth. There will be a limit of five Kindergarten age. For more information contact Robert or Julie Wilson at 495-2077.

Homecoming Taco Supper

The Pride of Post Band will host the annual Homecoming Supper October 1 at the school cafeteria from 5 to 7 p.m. Band Booster members will serve a taco supper with all the trimmings. Tickets for the meal are \$5 per plate and may be purchased from any band student. Dine-in or carry-outs are available.

PHS '49 & '50 class reunion

Post High School classes of 1949 and 1950 will hold a reunion on Saturday, October 9 at the Hotel Garza Bed & Breakfast. Class members will be visiting between 2 and 6:30 p.m. A dinner for class members will be held from 6:30 to 9 p.m. This is the 50 year reunion for the 1949 class. For more information contact LaNelle Clary at 495-3161 (1949) and Robert Craig at 495-3429 (1950).

Methodists help with Make-A-Wish

The First United Methodist Church is working with Z102 Radio during September in collecting donations for the Make-A-Wish Foundation. The purpose of the foundation is to grant wishes to children ages two and one half to 18 who suffer life-threatening illnesses. Make-A-Wish does not receive government funding or United Way. For more information contact the church at 495-2942 or call Pixie Grisham at 495-4154.

Hunter safety course

A hunter safety course is scheduled for October 11 and 12 from 6-9 p.m. and October 16 from 6-10 p.m. at Mason's Farm and Ranch Store on Hwy 380 West. The course is taught by Benjie Smith and enrollment is \$10 per person, 12 years of age or older. Call 495-2776 or 495-4029 for more information.

Project Engles workshop

The Parent Learning Network will be signing up adults who wish to learn the basics of the English language. Those interested should call 495-3414 and leave a message or visit the Post Elementary School, ask for Reyes Pequeño, program coordinator.

Projecto Engles

Los adultos que de sen aprender las bases del lenguaje del engles por favor, llamen a la oficina al numero 495-3414 O vengan al edividio de la escuela Elemntaria. O dejen un mensaje con la secretaria y pregunten por la Sra. Reyes Pequeño del programa, "Parent Learning Network."

Holy Cross hosts volleyball tourney

The Holy Cross Catholic Church will host a volleyball tournament October 9. The tournament is open to anyone interested. Call the church at 495-2791 or Julie Gonzales at 495-2142 for more information.

Fall Festival at Holy Cross Church

The Holy Cross Catholic Church is planning its annual fund raiser, Fall Festival (Jamaica) for Saturday, October 9 from 10 a.m. to 6 p.m. There will be games, live music, face painting, great food, dancing and a volleyball tournament. For more information call the rectory at 495-2791 or Julie Gonzales at 495-2142.

Post ISD seeks substitute teachers

There is a critical shortage of qualified substitute teachers for Post ISD. Applications are now being accepted, those interested should call Barbara Reece at 495-3343 during regular business hours (8:30 a.m. to 4:30 p.m.)

Post ISD needs transportation help

An elementary student needs transportation from Lubbock to Post each day at approximately 3:15 p.m. Those interested in assisting should contact Post ISD superintendent Dr Bobby Bain at 495-3343.

"Crazy Quilts in Autumn" Show

The "Crazy Quilts in Autumn" Quilt Show will be held at the Algerita Arts Center, with public viewing September 30 through October 9. Entries are accepted beginning September 28 from 10 a.m. to 4 p.m. There is a \$3 entry fee per quilt. For more information contact Sheri Riedel at 495-3493 or call the Caprock Cultural Association or Art Center at 495-4000.

Founders Day BBQ Cookoff

The First Annual Post, Texas Founders Day BBQ Cookoff will be held Saturday, October 9, including a free street dance Friday night. The event is WTBA sanctioned. Call Danny Cooper at 495-1252 or Wanda Mitchell at 495-4157 for more information.

Code Blue mock October 15

The Post Middle School will practice a "Code Blue" mock on Thursday at 1:30 p.m. "Code Blue" is a term used to describe a possible weapon or shooting occurring on school property or school grounds. No students will be involved in the drill. Students will be dismissed at 12:30 p.m. at all campuses.

Hot check seminar October 28

The Garza County Attorney's Office, Constable and Justice of the Peace are sponsoring a "Hot Check" seminar on Thursday, October 28 at the Post Community Center, beginning at 6 p.m. All merchants are urged to attend this important meeting, which is designed to assist law enforcement and merchants in coordinating control and collection of "hot checks."

Methodist Youth car wash

Methodist youth will host a car wash from 11 a.m. to 4 p.m. on Saturday, October 2 at the church parking lot on the east side of the building. All proceeds go toward the Make-A-Wish Foundation.

Y2K awareness week declared by county court

Garza County commissioners approved a proclamation earlier this month making the week of Sept. 19-25 as Y2K Awareness Week.

The proclamation reads, "Whereas we recognize the need to prepare for Y2K and its potential for damage or disruption just like we would a major storm, wildfire, flood, drought, tornado, winter storm

or hurricane....

"The turn of a new century brings the potential for some to attempt to mislead and misinform the citizens of Garza County, and we recognize the need to provide complete and rational information to each of our citizens....

"Judge Giles W. Dalby urges everyone to be aware of falsehoods and rumors, and urges everyone to learn and participate in Y2K awareness programs and activities available."

The proclamation was signed Sept. 22 by the county judge.

The county's observance of Y2K Awareness Week coincided with that proclaimed by Gov. George W. Bush.



EMS, firemen and Sheriff's deputies assisted in a one-car accident at about noon Thursday, September 23 about four miles East on Hwy 380. Four men from Denton, were en route to Dallas from a roofing job. Apparently the S-10 Blazer they were driving, ran over a piece of a ripped tire left on the roadway, causing the driver to lose control and roll the vehicle three or four times. All sustained injuries, primarily cuts and severe lacerations, and two ambulances were used to transport to two separate Lubbock hospitals — UMC and Methodist.

Downtown is the place to be on Founder's Day

Downtown Post will be a busy place when Founders Day weekend rolls around.

On Saturday, Oct. 9, a busy slate of activities is planned for the downtown area, according to organizer Judy Bush.

"It's going to be full — and fun," Bush said. "The merchants have been working really hard for the community to help everyone enjoy the downtown part of Founders Day.

"There's going to be everything in the world downtown and I just hope that everyone will come out and have some fun with us."

About 90 percent of the downtown merchants are planning sidewalk sales as part of the day's events, and an additional 25 food and activity booths coordinated by local clubs and organizations are scheduled to be open from 9 a.m. to 4 p.m. as well. Food booths will be peddling turkey legs, sausage-on-a-stick, hot dogs, barbecue sandwiches, snow cones, cotton candy, popcorn and other items. Craft booths will also be operating, and the Holy Cross Catholic Church has scheduled its fall festival to coincide with Founders Day fun.

At the Algerita Park, contestants of the barbecue cook off will be cooking up some fun as well, Bush said.

Providing a musical backdrop for the day will be Grammy winner Mark Mason-Harper and the Razor Grass Symphony of Lubbock. Performances, which will take place on a flatbed trailer, are set for 11 a.m. to noon, 12:30-1:30 p.m. and 2-3 p.m. Sponsor for the free concert is Citizens Bank.

The 12th annual Founders Day celebration actually begins Thursday, Oct. 7, with an art preview party at the OS Museum. The party is set for 6:30 p.m.

On Friday, Oct. 8, a free street dance will run from 8 p.m. to midnight in the downtown area. The Guthrie Family Band will provide the music for the evening's entertainment, which will be suitable for everyone in the family. The Trailblazers will be offering concessions. Everyone is invited to bring a lawn chair and enjoy the evening.

Saturday's activities will include a myriad of activities in the downtown area. Just a few of the events scheduled include a brisket cook off, washer pitching, horseshoe pitching, street vendors, live music and many other activities.

That evening at 7 p.m., the annual Founders Day dinner and dance will get under way at Old Mill Trade Days. This year's event will feature the music of Jody Nix and the Texas Cowboys.

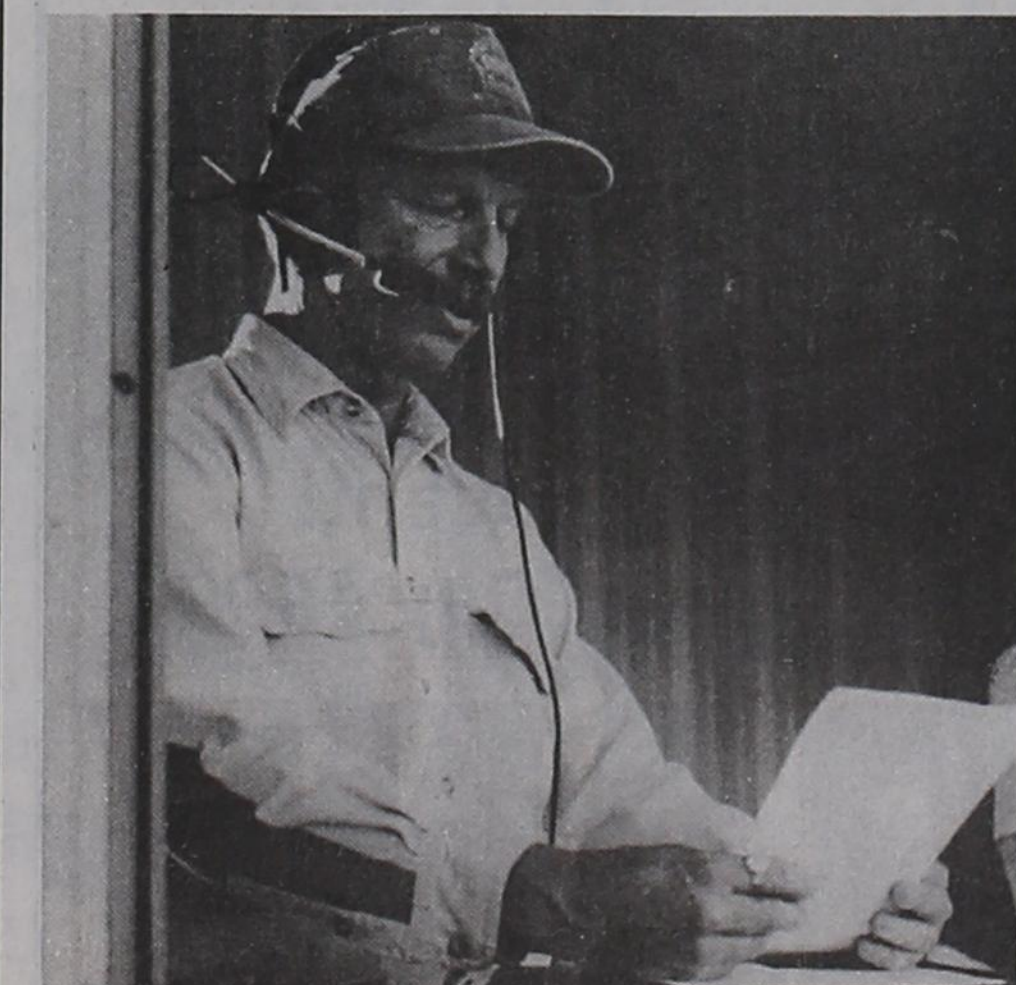
Tickets for the dance portion of the evening, which is slated to begin at 8 p.m., are \$15 per person. Tickets for the dinner and dance cost \$25. Tickets are available at the Commerce & Tourism Bureau (formerly the chamber of commerce) office.

A community worship service at 11 a.m. Sunday morning, Sept. 10, will wrap up the weekend's festivities. The service, conducted by the Post Ministerial Alliance, will be held at the elementary school auditorium.



Marc Mason-Harper

For those who can't make it to the game



Steve Mason is back at his traditional spot in the press box, giving live, play-by-play action for Post Antelope football fans. The live audio broadcast is carried locally on Classic Cable Channel 17 by Post City Radio.



As they have been doing for a number of years, Paul Jones (left) and Jim Graham provide taped video of Post Antelope football games, aired on Classic Cable Channel 31. Paul and Jim also tape a wide variety of community activities and sports events.



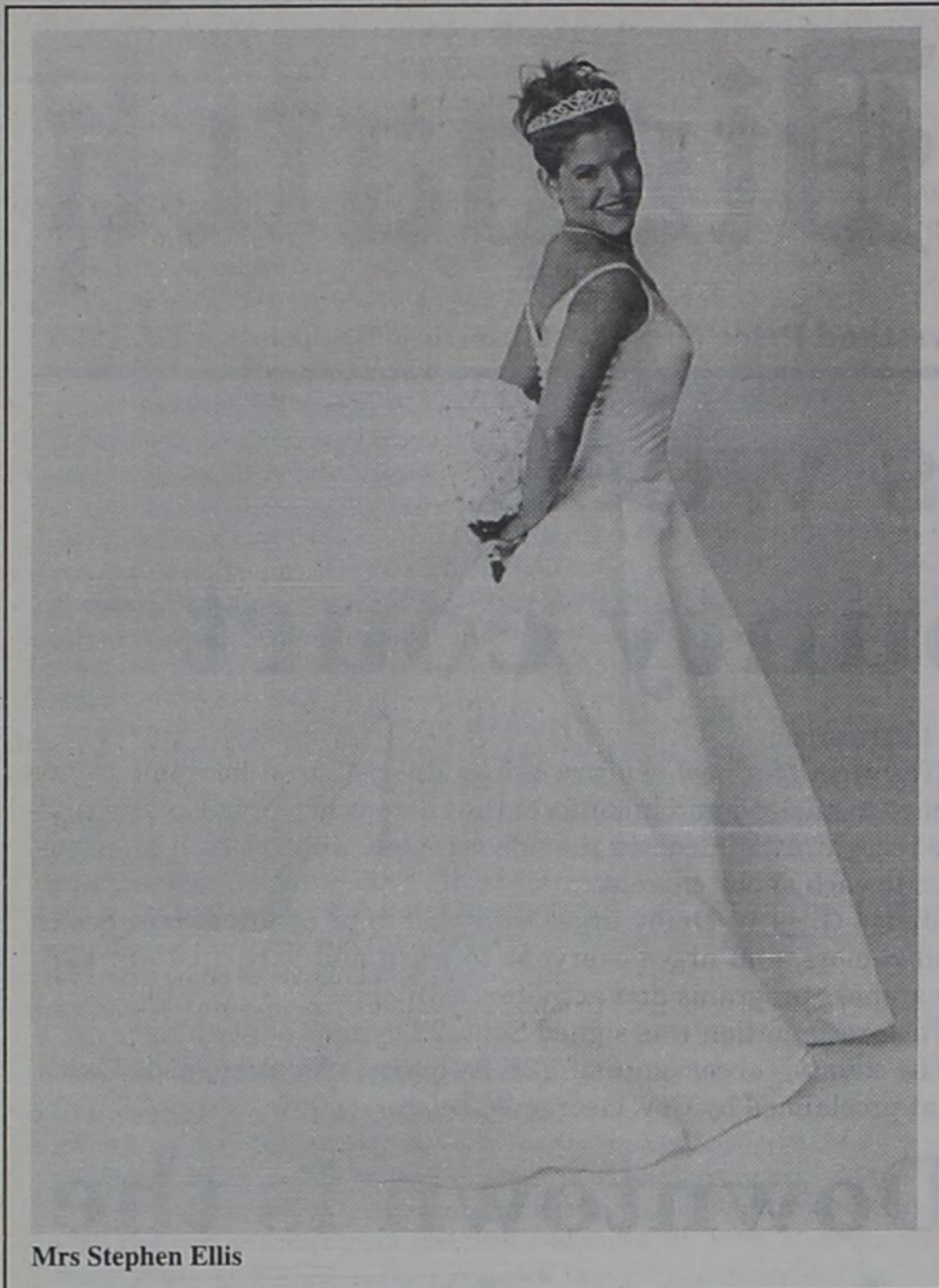
United Way

1999/2000

Goal:

\$23,007

Sonya Harp, Stephen Ellis celebrate wedding in ceremony at First United Methodist Church



Mrs Stephen Ellis

The First United Methodist Church was the site for the Friday, Sept. 3, 1999, wedding of Sonya Harp and Stephen Ellis. The double-ring ceremony took place at 7:30 p.m. with the Rev. Syl Moore of Abernathy officiating. The bride is the daughter of Mr. and Mrs. Jacky Harp of Post. The groom is the son of Christine Ellis of Nottingham, England, and Richard Ellis of Alford, Scotland.

A Grecian archway decorated with roses, wisteria and ivy set between four Grecian columns adorned the altar. Two large arrangements of roses atop columns set on both sides. Voltives with floating rose candles and greenery accented the stained glass windows of the church.

The bride, given in marriage by her father, wore an elegant white gown designed by Alfred Angelo. The fitted bodice of white matte satin featured a scoop neckline and small spaghetti straps. The dress had a deep scoop back, semi-cathedral train, and satin-covered buttons adorned the entire center back. To complete her ensemble, the bride wore a tiara with a detachable fingertip-length veil. She carried a circular bouquet of white tea spray roses gathered with a crosstie of ribbon.

Following wedding tradition, the bride had pennies minted from the year of both the bride's and groom's birth dates in her shoes. For something old she carried an heirloom handkerchief belonging to the family. Something new was her diamond and pearl jewelry. Something borrowed and blue was a garter belonging to her mother from her own wedding day.

Keely Cahill of Lubbock served as the maid of honor. Bridesmaids included April Armacost, Lacie Jordan and Terika Vu, all of Lubbock, and Michelle Liscano of Amarillo. They wore dresses by Alex of black and white matte satin featuring a square neckline, spaghetti straps and an A-line floor-length hemline. Each carried a circular bouquet of white teaspray roses and stephanotis.

Flowergirls were Ashlee and Allison Massey, the bride's nieces, and Hayley Liscano. They wore tea-length dresses of white polished cotton with a tulle net overlay filled with white rose petals. Each wore a decorated wreath headpiece, and their baskets were filled with flowers the groom had given the bride throughout their courtship.

The groom wore a double-breasted tuxedo with white vest and white tie. Best man was John Locke of Austin. Groomsmen were Ryan Gobin, Reagan Gobin and Jeff Owen, all of Lubbock, and Paul Scibielski of Amarillo.

They wore double-breasted tuxedos with black vests and ties.

Serving as ring bearer was Joshua Hataway, cousin of the bride. Greg Smith from Lubbock and Mark Franklin of Levelland seated guests. They each wore a black tuxedo with black vest and tie.

Following a traditional Christian ceremony, the bride and groom chose to honor an old English custom and walked through an archway known as the Guard of Honor.

Kit Buckner presided at the registry table and provided guests with programs.

A reception was held in the backyard of the bride's parents' home after the ceremony. The lighted garden area featured guests' tables covered with white cloths and centerpieces of long-stemmed birdseed-filled red rose arrangements.

Guests were served a full-course buffet meal, along with cake, punch, champagne and coffee.

The bride's table featured a four-tier Italian cream satellite cake decorated with white and cream flowers. The table also held mints, nuts and butter cookies.

The groom's table featured a triple satellite German chocolate cake topped with chocolate tuxedo-dipped strawberries. Also served from the table were a variety of fruits.

The long-stemmed birdseed roses were distributed to well-wishers for the couple's departure in a white stretch limousine.

The bride, a graduate of Post High School, is a senior at Amarillo College Nursing School. The groom, a graduate of Lester England and Texas A&M, attends Texas Tech Medical School in Amarillo.

A rehearsal dinner was hosted by the groom's father and mother at Babb's Bar-B-Que in Post.

Katina Feagin honored at bridal shower

A bridal shower honoring Katina (Davis) Feagin was held Saturday, Sept. 25, at the Citizens Bank in Post.

Guests were greeted by the bride; Linda Davis, mother of the bride; and Juanita Justice, grandmother of the bride.

Thumbprint cookies, nuts, mints and punch were served from a table decorated in the bride's chosen colors of lavender and peach. A bridal portrait adorned the register table.

The hostesses gave the bride individual gifts.

Hostesses for the occasion were Jamie Cooper, Amber Eagle, Linda Green, Barbara Hardin, Jamie Williams, Cindy Johnson, Pixie Grisham, Eydie Capps, Kay Wallace and Billie Williams.

Judy's Jabberin'

By Judy B. Bush

Is this football weather or what?? Now remember, it is Tuesday as I am typing this, so when you read it on Thursday it may be 90° and you will wonder what in the world I am thinking!

I guess I am so ready for fall. The air felt great today, everywhere I went everyone was talking about the football team and I just hope we get to enjoy this weather for a few days.

The only depressing part of the change is that I heard on one local TV station this morning, "only 87 more days till Christmas!" Could we please just get Halloween and Thanksgiving out of the way!



Birthdays this Week

Thursday, Sept. 30; Angela Worthington, Delroy Odom, Anthony Soto, Joey Barrera, Judy Spurgon and Wesley Bullard; Friday, October 1; Lily Martinez, Kyle Welcher, Kim Rodriguez, Dalaney Rodriguez, Paul Quinonez and Erin Gregory; Anniversaries; Dee and Janet Justice and "Pete" and Harold Kane; Saturday, October 2; Our neighbor, Don Ammons and Shal Tidwell; Sunday, October 3; Darrell Reece, Patricia Morris, Chelby Baker and LuAnne Terry.

Monday, October 4; Karen Conner; Anniversary; Gordon and LuAnne Terry; Tuesday, October 5; Christina S. and Tim Gaydos; Anniversary; Mark and Carol Short; Wednesday, October 6; Jacinda Payne, Myra Cooper, Kelsey Overton, Becky Storie, Eric Pedersen, JoAnn Bevers, Talon Cummings, Doug Townsend and Moses Abraham. HAPPY ANNIVERSARY to my friends at Citizens Bank!

The One That Got Away (sorta)

I know that there were two boys that had a fish story last Wednesday to beat all fish stories.

Mitch Holly and LeDon Lewis were fishing at South lake and caught a ten pound cat fish. Not knowing what to do until a picture could be made, what else, they put it in Mom and Dad's bath tub. Dana goes home, finds the fish in the tub and calls me to come take a picture.

Well I had left for Dallas (I'm so sorry boys), so no picture. Before they could find anyone else, the fish goes "belly up" as Dana said.

Boys, I think you need to do some checking and see if that is a record for South lake. Congratulations at any rate!

Founders Day

It just keeps getting better and better. The merchants are going to have some great sidewalk "bargains", there is going to be lots of variety of great food (we'll beat the fair!!), many booths of local folks, the Holy Cross fall festival and a great band with a sound everyone will love is being sponsored by Citizens Bank. Please don't miss this folks!

Come enjoy Founders Day 1999. You won't be sorry.

See you there!

P.S. Merchants, in case we have not reached you, my friend Jason at Higginbotham's has the red bulbs for us. Also remember, just a call and Rodney and the Mad Dad bunch will change your bulbs, or put up new lights for a small donation. Thanks to Jason and Rodney both for helping me out!

I Think I Know That Girl

Just happen to be looking at the Fort Worth Star Telegram a couple of weeks ago and saw this girl that really looked familiar. Guess What! I knew her.

The picture was of Kenda Fluitt (Williams) making a dash for her car in the rain at the University of Texas at Arlington. To not miss a college class in that downpour says a lot Kenda! Glad you made the news!

Kenda is the daughter of Kenneth and Carolyn Williams.

Till Next Week

Hope everyone has a great weekend. Don't forget Old Mill Trade Days, the weather is supposed to be great, so go shop. May God bless each of you. See you next week.

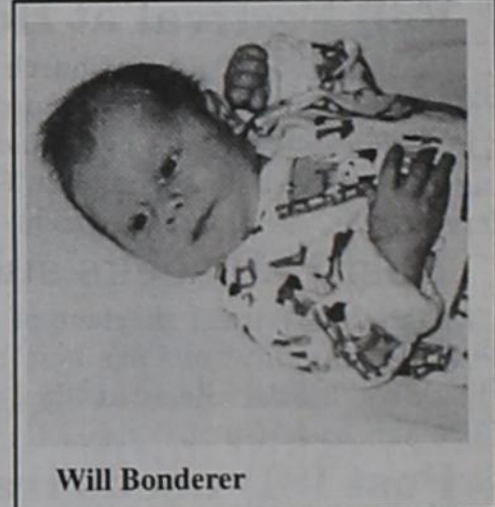
Births

William Franklin Michael Bonderer

Michael and Tiana Bonderer of Houston, Texas welcome the birth of their son, William Franklin Michael Bonderer.

Will was born Monday, August 23, 1999. He weighed eight pounds, 11 ounces and measured 21 inches.

Maternal grandparents are Maury Shiver of Granbury, Texas and the late William Franklin Shiver.



Will Bonderer

Paternal grandparents are Mary Ann Clark of Encino, California and the late Mihai Patrichi.

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See What's New!

NEW Faces, NEW Children's Books, NEW Room Fragrances, NEW Bath & Body, NEW Greeting Cards, NEW C.D.'s, and the NEWest thing in Post... Room Rocks and Circle E Candles!!

Remember... "We Put Our Brand on the Best!"

Also NEW is Melissa Johnson, who is locating in the OS Shop to offer manicures, pedicures and nail extensions. Come in and meet her and pick up a price list!



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Founders' Day 1999

CitizensBANK is proud to sponsor

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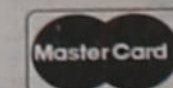
HOMECOMING

Don't forget your
homecoming Queen

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&
Garters

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Neighbor to Neighbor

by Kelly Ahrens, CEA-FCS

We're Celebrating National 4-H Week

Garza County 4-H'ers Celebrate National 4-H Week Garza County 4-H'ers are joining nearly seven million boys and girls nationwide in observing National 4-H Week, October 3-9, 1999. Building on the national PSA campaign "4-H... Are You Into It?", 4-H'ers will be involved by serving their communities. Through 4-H programs, young people combine their concerns with practical skills so they can make a difference. Working together and having a good time through 4-H encourages youth to make volunteering a lifelong habit.



In Garza County, there are countless volunteer leaders working with more than 150 4-H members. These volunteers are among the more than 500,000 leaders nationwide who each contributed about 220 hours of service last year.

4-H, conducted by the Texas Agricultural Extension Service, is open to boys and girls aged 9-18, wherever they live. The 4-H program is open to all youth, regardless of race, sex, creed, color, religion, disability or national origin. Programs are conducted in the 3,150 counties of the United States, the District of Columbia and six territories. 4-H is the Cooperative Extension System's dynamic, non-formal, educational program for young people.

The mission of the Cooperative Extension System in conducting 4-H programs to assist youth in acquiring knowledge, developing life skills and forming attitudes that will enable youth to become self-directing, productive and contributing members of society. The 4-H program focuses on developing knowledge and skills, learning how to deal with stress and learning to help others.

The 4-H roots are deeply planted. Since its beginning one hundred years ago, about 45 million Americans from all walks of life have been involved in 4-H. In addition, some 82 countries around the world have youth programs similar to 4-H. The first 4-H emblem design was a 3-leaf clover, introduced sometime between 1907 and 1908. From the beginning, the 3-H's signified Head, Heart, and Hands. In 1911, at the meeting of club leaders in Washington, the present 4-H design was adopted by approving the fourth H, Health.

Otis Hall, State Leader of Kansas, was responsible for the original working of the 4-H pledge. At the first National 4-H Club Camp in 1927, the state 4-H leaders officially adopted the 4-H pledge. The pledge read: "I pledge my head to clearer thinking My Heart to greater loyalty My hands to larger service and My health to better living For my club, my community, my country." The addition of the words "my world" to the last line in 1973 has been the only change to the pledge in over 70 years.

The 4-H pledge is a symbol of the devotion generations of America's youth have given to the 4-H program. Its words embody the goals of 4-H. The pledge is the heart of a special union... the union between 4-H members, who learn and grow through 4-H programs; the staff, both volunteer and Extension, who make 4-H a reality for young people throughout the nation; and the growing family of 4-H supporters and partners who make it possible.

4-H thrives because of a unique partnership with the public and private sectors who contribute at the local, state and national level. Not only does this partnership include financial support, but many business people volunteer their time and talents to boys and girls. Support at the local level is received through the help of many businesses, financial institutions, civic organizations and service groups.

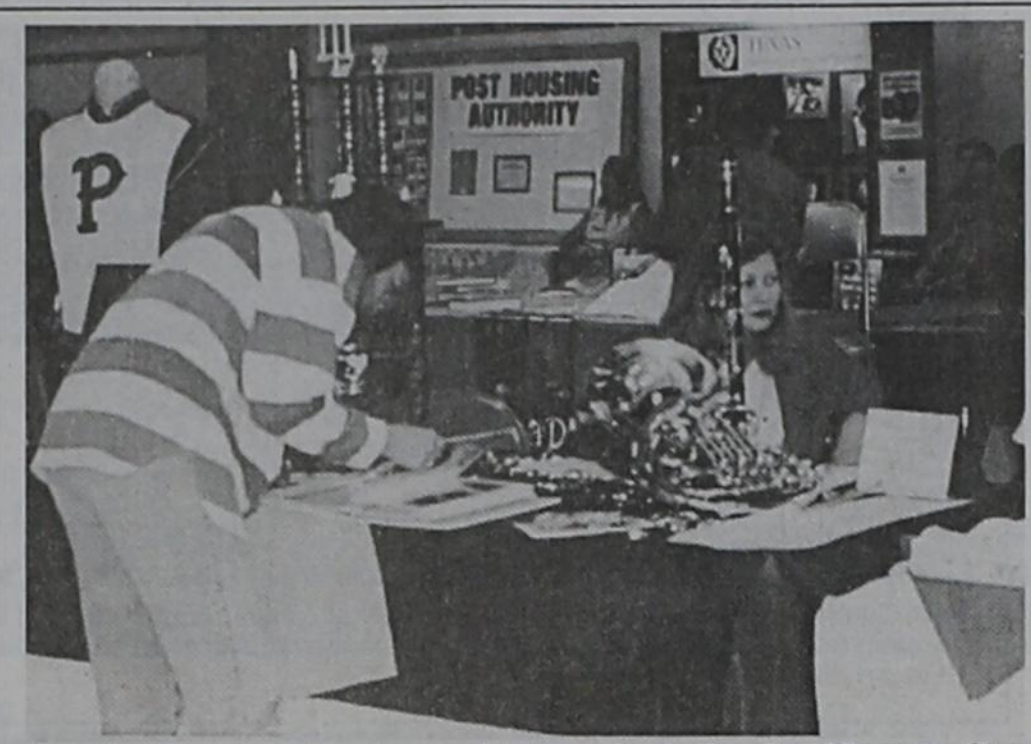
Now is the perfect time to become involved in 4-H if you have not already. Each fall, 4-H Clubs reorganize and enroll new members and leaders. 4-H Leaders and supporters are available to answer all of your questions about becoming a volunteer leader or joining 4-H as a member.

4-H is a family-based organization, and is committed to upholding the family as a unit. If you would like more information about 4-H, please contact the Garza County Extension Office at 102 South Avenue L, Post or call 806-495-4400.

Extension programs serve people of all ages regardless of socioeconomic level, race, sex, color, religion, disability or national origin.



City employees Delbert Rudd (left) and Dena Gunn display information about the City of Post during last week's Community Resource Fair at the Community Center. (Photo by Judy Bush)



Jaquita Blevins (right) took care of business for the Post Band Boosters Club during last week's Community Resource Fair at the Community Center. (Photo by Judy Bush)



Debbie Williams hosted the Community Action table during last week's Community Resource Fair at the Community Center. (Photo by Judy Bush)



Texas Agricultural Extension Service
The Texas A&M University System



Extension Extras

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

Thanks

A big Thank You goes to everyone who participated in the Garza County Resource Fair. It was a great success. Thanks to the Family and Consumer Science Committee for sponsoring the event and for everyone's help to ensure such a great opportunity was made available for the residents of our community.

4-H Food & Nutrition Project

ALL 4-H'ers are encouraged to participate in the 4-H Foods and Nutrition Project on Mondays, at 3:30 - 5:00 p.m. at the Post High School Foods Lab. Recipes for the food show are due on October 11. If you have questions, call Kelly Ahrens at 495-4400.

Golden Clover & Graham Meeting

The Golden Clover and Graham 4-H Clubs have combined and will meet on Monday, October 4, 7:00 p.m. at the Show Barn. New Club Managers for the club are Celia Mason, Nita Jo Heckaman and Ryan Briam. Kathy Nelson, local EMT, will give the program.

Harvest Aide Crop Tour

There will be a Crop Tour of the Harvest Aide Demonstration Plots on Friday, October 8, 8:30 a.m. until Noon, at Mason's Farm Store. Three CEU's will be offered and the tour will be followed by a sponsored meal. Call 495-4400 by 5:00 p.m. October 1st, to reserve your plate.

Y2K Preparedness

The Garza County Extension Program Council is sponsoring an educational event on Community Y2K Preparedness Tuesday, October 26, 7:00 p.m. at the Post Community Center. A panel of speakers will discuss preparations that have been made in this community to alleviate possible Y2K problems.

Generation H 4-H Club

.....will meet Tuesday, October 19, 6:30 p.m. at the Show Barn. Swine Project Selection Any 4-H'ers needing help in getting hogs for their Swine Project need to contact John Senter at 495-4400 with the breed, number, sex and price to spend. If you have questions, please call.

4-H Fashion Follies Participants
Thirteen Garza County Jr. 4-H members participated in the 4-H Fashion Follies at the South Plains Fair on September 25th. The youth modeled garments they constructed as a result of the 1999 Clothing Project. 4-H'ers participating in the event included: Allison Blevins, Ericka Cravey, K'Nell Dalby, Victoria Fannon, Dionn Heckaman, Claire Kirkpatrick, Madison Mason, Steffi Norman, Bailey Odom, Joyde Rutherford, Lesley Rutherford, Nastasha Scroggins, and Ashley Wilson. Congratulations on a job well done!!!!

Call Judy with your
"Jabbérin" 495-2816

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105 Texas Ave., Slaton, Texas
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Appointments Accepted
9-7 M-F and 9-6 Sat

Lunch Menus

Trail Blazer

Friday, October 1, 1999
Turkey and dressing, green beans, fruit salad, wheat roll and pumpkin bars.

Monday, October 4, 1999
BBQ chicken, butter beans, squash, coleslaw, wheat roll and lemon pudding.

Tuesday, October 5, 1999
Hamburger steak with brown gravy, broccoli rice casserole, tossed salad, hot roll and fresh fruit.

Wednesday, October 6, 1999
Brisket, new potatoes, okra and tomatoes, biscuit, apricots and chocolate cake.

Thursday, October 7, 1999
Spaghetti, Italian vegetables, Waldorf salad, garlic bread and jello.

Post ISD

Friday, October 1, 1999
Breakfast: Cereal, toast and jelly, fruit and milk.
Lunch: Manwich, corn, salad, cookie and choice of milk.

Monday, October 4, 1999
Breakfast: Pancake on stick, fruit and milk.
Lunch: Pig in a blanket, salad, pork'n beans, cobbler and choice of milk.

Tuesday, October 5, 1999
Breakfast: Donut, sausage link, fruit and milk.
Lunch: Spaghetti and meat sauce, California mix, salad, pears, garlic toast and choice of milk.

Wednesday, October 6, 1999
Breakfast: Breakfast pizza, fruit, orange juice and milk.
Lunch: B-B-Q on bun, pinto beans, corn, cake and choice of milk.

Thursday, October 7, 1999
Breakfast: Malt'o meal, toast, sausage, fruit and milk.
Lunch: Fried chicken, gravy, whipped potatoes, green beans, hot rolls and choice of milk.

Southland ISD

Friday, October 1, 1999
Breakfast: Toast, ham, juice and milk.
Lunch: Chicken patty sandwich, burger salad, fries, cake and milk.

Monday, October 4, 1999
Breakfast: Oatmeal, toast, juice and milk.
Lunch: Pizza, corn, salad, cookie and milk.

Tuesday, October 5, 1999
Breakfast: Scrambled eggs, ham, fruit and milk.
Lunch: Chicken spaghetti, salad, garlic bread, green beans, Rice Krispy Treat and milk.

Wednesday, October 6, 1999
Breakfast: Cinnamon toast, applesauce and milk.

Lunch: Meatloaf, cream potatoes, mixed vegetables, peach cobbler and milk.

Thursday, October 7, 1999
Breakfast: Cereal, graham crackers, juice and milk.
Lunch: Enchiladas, Spanish rice, beans, green salad, cake and milk.

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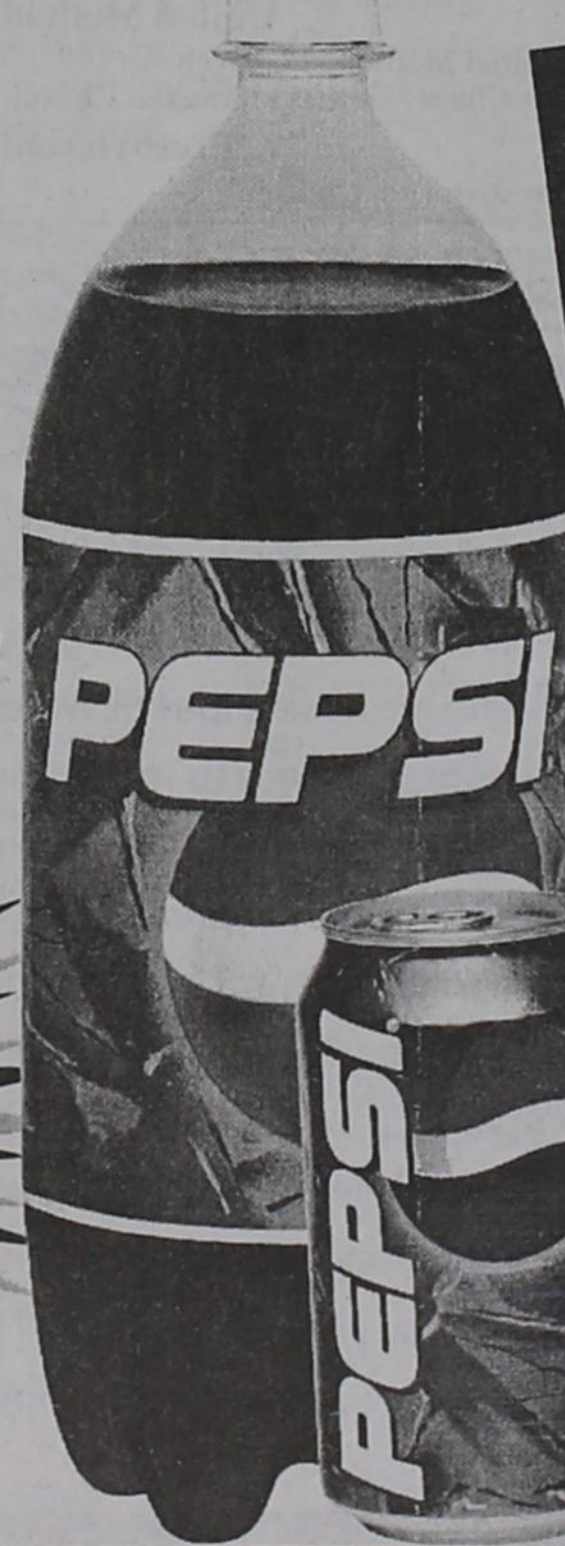
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The Post Dispatch

P.O. Box 490 - Post, Texas 79356 - 495-2816

Tax 'n Facts

by Terri Cash
The IRA That Lasts Forever

.....Well, maybe not forever, but making the right decisions on an IRA can keep your money growing tax-deferred for years and lessen the income tax due on the money when it's taken out.

At 70 1/2, an IRA owner must start taking distributions from the account. The first decision: how? One method recalculates the owner's life expectancy each year. Each distribution is a smaller fraction, and the money lasts longer-but at the owner's death, taxes are due on the whole thing at the end of the following year unless a surviving spouse can roll it over into another IRA.

Better: term certain, where life expectancy is figured only once. Say there's a 19-year life expectancy; 1/19th must be taken out the first year, then 1/18th, and so on. At the owner's death, the beneficiary can continue withdrawing money at the same rate, leaving the rest to grow. If the owner dies before 70 1/2, the heirs may spread the distribution over their own lifetime.

Let us help you make the most of your savings with wise tax decisions. Check with the experts at

MASON WARNER & CO., P.C.
CERTIFIED PUBLIC ACCOUNTANTS

Terri Cash
108 S. Ave. I Post, Texas 495-2872
5202 Indiana, Lubbock, Tx. (806) 797-3251

CPA The CPA. Never Underestimate The Value.



JoAnn Stelzer (left) displays Post VFW information during last week's Community Resource Fair at the Community Center. (Photo by Judy Bush)



Post Commerce and Tourism Bureau president Brady Sanders hosted the bureau's table during last week's Community Resource Fair at the Community Center. (Photo by Judy Bush)

New Storm Spotter welcomed to team

The Caprock Storm Spotters Team would like to welcome Chastity Clay to our team.

Clay has volunteered for the ride-along program. Ride-along volunteers go through the same training program as the spotters receive.

Winter is on its way and the team will be reporting severe winter weather through the season.

The CSST will begin writing weekly articles with information, driving tips and helpful hints to help residents of Post and Garza County in traveling safely through the winter months. Anyone with information or tips should contact a team member and we will pass the information on.

The group's main concern during severe winter weather is to provide assistance to stranded motorists, snowbound elderly, and those in need of food or supplies to get them through the storm safely. The team has access to four-wheel drive vehicles that can provide transportation needed if snowbound.

This service will be limited to emergency situations only due to the

limited number of team members. The following is a list of phone numbers to be used to contact the team for its services:

- Garza County Sheriff's Dept. — 495-3595
- Arnold Fry — 759-4886 (cell) — 495-3125 (home) — 495-4600 (home)
- Irene Fry — 495-3125
- Cha'la & Brad Cimental — 495-0204
- Dewayne Morris — 269-3914 (cell)
- Jan Boles — 495-2216

This week's driving tips: Keep a blanket or two stored in the vehicle just in case you should be stranded in snow or freezing temperatures. It will provide warmth and can save a life.

Stay in your vehicle unless a more suitable shelter is available. Leave a note on your vehicle if you leave it, stating where you are so searchers can find you. Anytime a team member has to leave a vehicle to perform a search, it puts lives in danger. Please help make our job a little easier. Be safe and be prepared!

Twin Cedar

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107 W. 7th
Post, Texas
(806) 495-3077
Across from Sonic



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Buffet - \$3.49

S-F 11:30 a.m. to 1:30 p.m.
402 S. Broadway
495-2844

El Matamoros

Restaurant



701 N.
Broadway
495-3848

Germania

Insurance

Locally served by
Jerry Taylor
118 N. Ave. H
495-3330

The Post Dispatch

Wesley and Pat Burnett

123 E. MAIN
POST, TEXAS 79356

Bus: 806 495-2816
Fax: 806 495-2059

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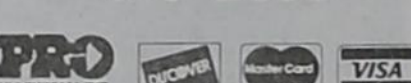
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495-2835



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of Garza County

108 N. Ave. M, 495-2326
Graham Chapel Church of Christ 5 miles W. Hwy 380, 2 miles south

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Tahoka - 998-4588
Lamesa - 872-2632
Sundown - 229-3741

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Bible Study, 10 a.m.
Worship Service, 11 a.m.
Sundays The First Presbyterian Church 10th & Avenue S 495-2135

To The Nth Degree

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D & V Construction Co.

Don Voyles

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Don Voyles: 781-9123
Charles Davis: 777-6768

This Church Directory is brought to you by these businesses to encourage you to attend worship services this Sunday

Assembly of God

First Assembly of God (Spanish) 407 May St.

Baptist

Calvary Baptist Church 210 E. 6th, 495-2342
First Baptist Church 402 W. Main, 495-3554
First Baptist Church, Wilson 628-6333
Pleasant Home Baptist Church E. 14th & N. Ave F

Templo Bautista 315 W. Main, 495-2416
Trinity Baptist Church 915 N. Ave O, 495-3038
Justiceburg Baptist Church Justiceburg, Don Blackcock, pastor
Pleasant Valley Hwy 84 & North 399 - (806) 828-4174

Catholic

Holy Cross Catholic Church Ave. K and Main St., 495-2791

Disciples of Christ

First Christian Church 812 W. 13th, 495-3716

Church of Christ

Church of Christ 108 N. Ave. M, 495-2326
Graham Chapel Church of Christ 5 miles W. Hwy 380, 2 miles south

Church of God

Church of God of Prophecy 602 W. 14th, 495-3644
Power House Church of God and Christ Pine Ave.
Lighthouse Christian Center Church of God 314 N. Ave I, 495-2237

Church of the Nazarene

Church of the Nazarene 202 W. 10th, 495-3044
Grassland Nazarene Church 327-5656

Non-Denominational

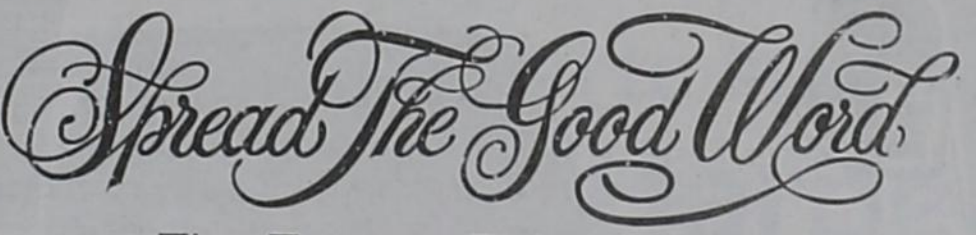
Church on the Go 111 N. Avenue I, 748-7623

United Methodist

First United Methodist Church 216 W. 10th, 495-2942
Graham Chapel United Methodist Church 495-3492

Presbyterian

First Presbyterian Church 910 W. 10th, 495-2135



Spread The Good Word

The Twenty-Third Psalm

The Lord is my Shepherd; I shall not want. He maketh me to lie down in green pastures: He leadeth me beside the still waters: He restoreth my soul: He leadeth me in the paths of righteousness for His name's sake. .Yea, though I walk through the valley of the shadow of death, I will fear no evil: for Thou art with me; Thy rod and Thy staff they comfort me. Thou preparest a table before me in the presence of mine enemies: Thou anointest my head with oil; my cup runneth over. . . Surely goodness and mercy shall follow me all the days of my life: And I will dwell in the house of the Lord forever. . .

216 W. 10th, 495-2942

910 W. 10th, 495-2135

111 N. Avenue I, 748-7623

216 W. 10th, 495-2942

910 W. 10th, 495-2135

108 N. Ave. M, 495-2326

314 N. Ave I, 495-2237

202 W. 10th, 495-3044

111 N. Avenue I, 748-7623

216 W. 10th, 495-2942

910 W. 10th, 495-2135

108 N. Ave. M, 495-2326

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Hudman Funeral Home

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Plus, GET A FREE POCKET POINTS® GUIDE... when you join by October 2 and while supplies last! Call 1-800-651-6000 or visit our website at www.weightwatchers.com for more information.

Check at our centers for details about our maintenance records. Registration and weigh-in begin one-half hour earlier than the times listed above. ©1999 Weight Watchers International, Inc. Owner of the WEIGHT WATCHERS trademark. All rights reserved. *Offer valid at participating locations in Alabama, California, Florida, Georgia, Oklahoma, Texas and the Carolinas, for a limited time while supplies last. Not valid for The At Work Program or community meetings.

Post Church of the Nazarene

Fellowship Annex

202 West 10th street

Thursday 6:30 p.m.

Check at our centers for details about our maintenance records. Registration and weigh-in begin one-half hour earlier than the times listed above. ©1999 Weight Watchers International, Inc. Owner of the WEIGHT WATCHERS trademark. All rights reserved. *Offer valid at participating locations in Alabama, California, Florida, Georgia, Oklahoma, Texas and the Carolinas, for a limited time while supplies last. Not valid for The At Work Program or community meetings.

University Medical Center

where the experts are

AMBLYOPIA

Also called "lazy eye", amblyopia is an eye problem that causes poor vision in children. The problem starts when the pathways of vision in the brain don't develop or grow. The most common cause of vision loss in children, amblyopia affects 5% to 7% of children. The critical time to treat these eye problems is the first ten years of life, the sooner the better, as the rate and extent of reversal is age-dependent.

Treatment is based around the cause. Some children need glasses. Others need to wear a patch over their strong eye so that the lazy eye has to grow stronger. Treatment lasts until the problem is corrected or there is no longer improvement. This usually takes a few weeks, but occasionally some children need to be treated until age 8-10.

Early treatment is very important because by age 8-10 the visual system has fully matured. It can not develop anymore. If the problem has not been treated by this age the child will have poor vision for life.

All children should have visual screenings at an early age. This is especially important for children that were premature or have other family members with a history of childhood vision problems.

Your family health care provider is a good place to start. If a problem is suspected the appropriate follow up will be initiated. Remember, the earlier the better, our vision has to last us a lifetime, make sure you get your children off to a good start.

MICHAEL TRAVIS PA-C
UMC EMERGENCY CENTER

202 West 10th street

Thursday 6:30 p.m.

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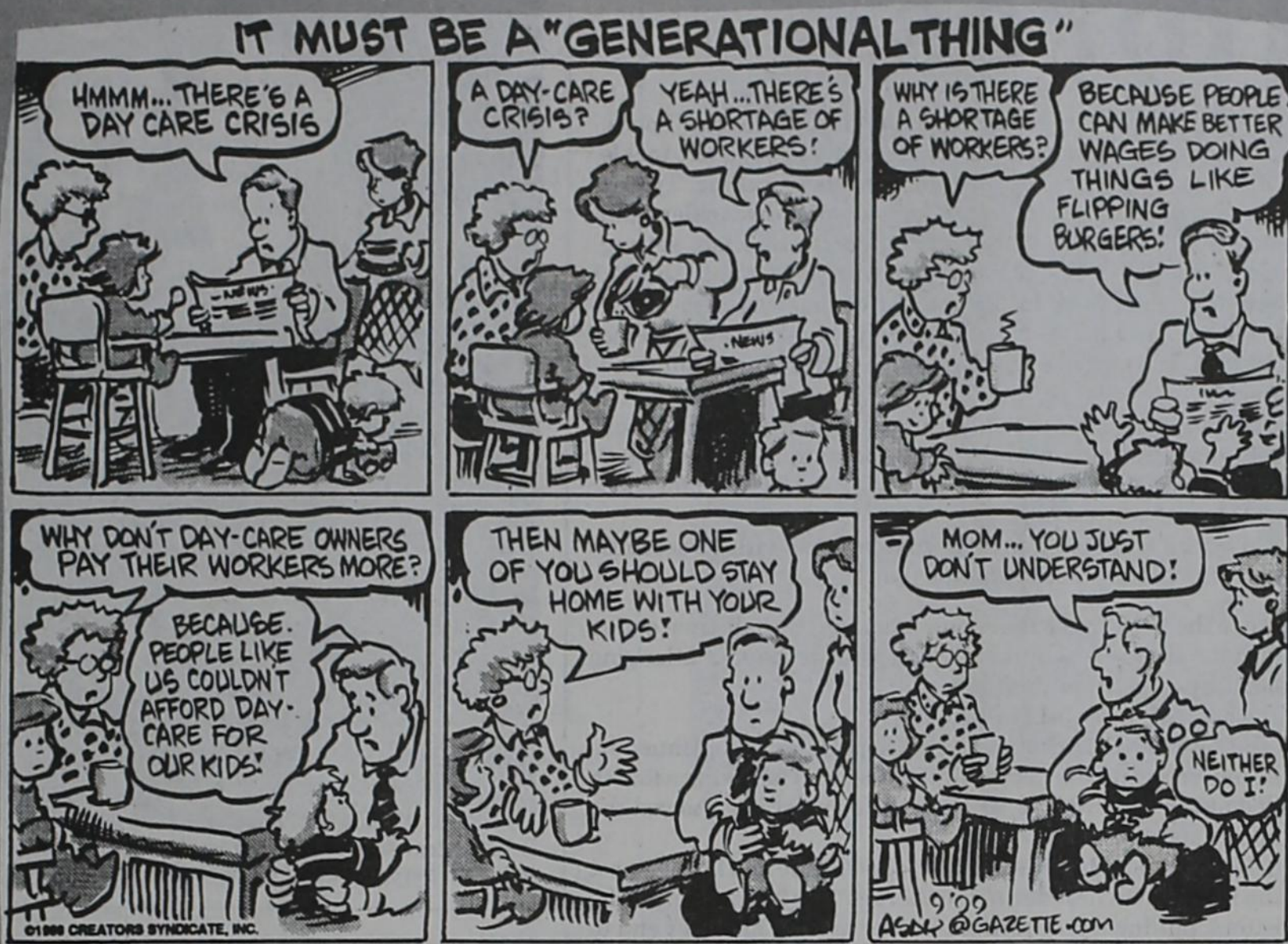
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by Walter
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Opinions



And thereafter, the nanny state

by Walter E. Williams

Worrying about bacteria, New Jersey banned restaurants from serving eggs sunny side up. The ban has since been lifted. Some New Jersey localities have a ban on people pumping their own gasoline. Policemen issue citations for driving without a seatbelt.

By law, new cars must be equipped with air bags. Federal law mandates that all new toilets flush using a paltry 1.6 gallons of water. Georgia's governor mandates that classical music be given to all new mothers so as to aid infant I.Q. development. California has banned smoking in bars.

Clinton wants a law passed banning smoking within 100 feet of a federal building. In parts of Ohio, children going trick-or-treating must obtain a special permit. These intrusions and more were recently revealed by television journalist John Stossel on ABC's 20/20.

The stated motivation behind this gross intrusion and criminalization of private behavior is to protect us from making unwise choices. Stossel asked Ricardo Martinez, head of the National Highway Traffic Safety Administration, why can't people at least have air bag on/off switches.

Martinez responded by saying that society makes decisions about what benefits most people, and most people benefit from air bags. Stossel interviewed Yale University's Professor Kelley D. Brownell, director of the Center for Eating and Weight Disorders, who thinks Americans eat too many hamburgers and French fries.

Brownell wants government to tax fatty foods and those with little nutritional content and use the proceeds to subsidize fruits, vegetables and other nutritious foods. He's suggested that some of the tax proceeds be used to build bike and hiking trails. I'm wondering just when Americans are going to decide that we've had enough government meddling in our lives.



It is nobody's business whether I eat eggs sunny side up, drive without wearing seat belts or pig out on hamburgers and French fries. I'd like someone to show me Congress' constitutional authority for the government protecting me from making unwise choices. Those who believe government should be in the business of making us take care of ourselves should tell us where it all ends.

Should government decide what time we go to bed? After all, sleep is vital to good health. Should government force us to exercise, read wholesome literature and bathe regularly? The people who advocate a nanny government (a better term is Nazi government) are cowards. You say, "What do you mean, Williams?"

Take Brownell. If he doesn't want me to eat that Big Mac and French fries, let him walk up to my table and remove them from my plate. He wants no part of doing that because he doesn't want to meet his maker this year, so he prefers using the brutal forces of government.

When I was young, bullies use to pick on me, take food off my lunch tray and otherwise harass me. That's until I followed the advice of my stepfather, who told me that if you let a bully get away with one thing, the next day it's going to be something else and the following day something else again.

He told me that the bullying won't stop until I decide to stand up and fight. He said that even if I lose the fight, the next time I'm bullied, stand up and fight again. Let the bully know that when he bullies, win, lose or draw, he has a fight on his hands.

Eventually he will stop. I think Americans should employ my Dad's advice. As long as we stand as lambs before the slaughter, you can bet that there'll be no end to Congress' bureaucratic stooges bullying us.

To find out more about Walter Williams, and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate web page at www.creators.com.

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Watching the Bill of Rights die

by Vin Suprynowicz

Last Tuesday morning I watched the Bill of Rights dying. I don't know if anyone else noticed; it's been on its deathbed so long that most folks don't even go visit anymore.

Following a speaking engagement in Marina del Rey the evening before, I found myself approaching the security checkpoint at Terminal 1 of LAX at 6:10 a.m. Sept. 21, preparing to catch the 7:56 to Vegas.

Approaching the baggage X-ray machine, I noted the now-familiar sign listing the facility's international red circle-and-slash prohibitions, warning passengers they'll be jailed if found in possession of a firearm or even a can of pepper spray — this now thoroughly routine rape of the Second Amendment drawing not a single glance from the customers standing in line for their morning McDonald's coffee, despite the fact it was occurring in their full view.

In fact, after a successful evening selling and signing books, a combination of the absurd local firearms restriction of Los Angeles County and this anti-self-defense policy of the airlines and the FAA had left me wandering the streets of Los Angeles at midnight the night before, searching out an open Burger King, with \$500 cash on my person. Had I been beaten and robbed of that sum, do you suppose the airline, or the FAA, or the County of Los Angeles would have made good my loss, since it was their unconstitutional conspiracy that deprived me of my right to safely and legally carry a firearm (or even a can of pepper-spray) for self-defense, as I otherwise would surely have done?

I don't think so.

Past the now-familiar notices of anti-gun tyranny, I pushed my carry-on bag through the X-ray machine, submitting to its scan of my personal effects despite the fact neither the airline nor the airport administration held any warrant to search them, nor even offered me any probable cause.

But was that enough? Not last Tuesday. As my bag came down the belt, a tall, sleepy-eyed young man with a shaved head and an ill-fitting blue blazer, standing on the other side of the conveyor belt, asked "Sir, do you mind if I search your bag?"

I replied: "Actually, I do mind. I do not consent to any search of my bag." The young man acted as though I had not heard his question. "Sir, do you mind if I search your bag?"

"Yes, I do mind. I do not grant my consent for any search of my bag."

"Sir," he repeated, "do you mind if I search your bag?"

I still don't know how long this would have continued. Sensing that it was up to me to jog the needle on this trance-like broken record, I next asked, "Did you see something on the X-ray that looked like a weapon?"

"No sir," he admitted. "It's a random search."

"A random search?"

"A random search."

At this point, a bearded dwarf in a tweed jacket, looking for all the world like former Clinton cabinet secretary Robert Reich, appeared at my left shoulder, coming to the aid of my somnolent oppressor. "He can ask you to search the bag, and if you refuse, he doesn't have to let you continue," said this strange apparition, holding his own two suitcases and a plastic shopping bag.

"How is this any concern of yours?" I asked the dwarf. "Do you work for the airline?"

"No," he smiled proudly, like an enormously self-contented bridge-player laying down the last trump card. "I work for the FAA."

"And you're on duty here?"

"No, I'm not. But I know about this," he smiled even more broadly.

"Then you must know the security directive says they should ask to see your photo ID, but it specifically goes on to say that if we refuse, they can not bar us from boarding." I said quite firmly, drawing the attention of the sleepy-eyed fellow's lady supervisor, who now waddled over to join us. "So I assume it's the same with these 'random bag checks.' That's why they ask for our permission, right? If they don't need our consent, why keep asking for it?"

Astonishingly enough, at this point, the little dwarf's smile collapsed, and he turned and trundled away like a disturbed woodchuck. Given that he presumably took an oath before God to protect and defend the U.S. Constitution, which still contains the Bill of Rights, it's unlikely the leering little geek's immortal soul will escape as easily.

"Sir," asked the tall young man, clinging to the security of his minimal training, and apparently hoping to break the record set by John Lennon, who once managed to find more than two dozen different ways to sing the eight words "Why don't we do it in the road?" in the same recording... "do you mind if I check your bag?"

"Listen," I said, "I do not grant my consent, and I'm not going to grant my consent. If you believe you don't need my consent, then do what you have to do."

At this point, with his supervisor looking on, the young man went through the motions of unzipping and re-zipping the two small side compartments on my bag, barely glancing at, in turn, a clean pair of white socks and a plastic bottle of Pepto-Bismol. He never undid the straps or unzipped the main body of the bag, at all. "Thank you," he said.

"I'm not going to thank you," I replied, "because we still have a Fourth Amendment in this country, which protects us from warrantless searches. You do know that, right?"

The bald young man looked right through me, focusing on the far wall, his heavy-lidded eyes blinking slowly. His companion, a grossly fat black woman in the ill-fitting rust-red jacket of a "supervisor," who had been puffing up to say something before the FAA troll butted in, looked disgusted but averted her eyes, refusing to meet my gaze.

These are the faces of tyranny, bored and uncaring. When instructed to load us political nonconformists onto cattle cars bound for the internment camps, they will do so in unquestioning, shuffling boredom, eyeing the clock to make sure they don't work a minute into their next scheduled break.

Thus are our precious constitutional rights daily rendered null and void by uncaring stooges, like dying rest-home patients clutching their bedframes in silent agony, writhing their death throes in their own excrement as the bored orderlies play cards in the break room down the hall, the sound turned up on the cheerful idiot morning TV calisthenics show, hoping their shifts will end before someone comes in and orders them to go change the sheets.

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Post ISD trustees stand up for the law and the constitution

by Wesley W. Burnett
I wish to extend my sincere appreciation to the Post ISD trustees, who made a courageous and tough decision to abide by the 5th Circuit Court of Appeals decision about school sponsored prayers. The trustees made this decision against their personal feelings, doing so in the name of abiding by the law, not as they wished it to be, but as it is. To ignore or openly disobey the court ruling would have, in the words of trustee Mark Kirkpatrick, sent a very bad message to the young people attending the schools. As we have editorialized on these pages many times, it is critically important for our system of government that elected and appointed officers of government be held accountable to the law. In this case, we must compliment and encourage our Post ISD trustees for their decision, setting an example for other public servants.

We should own our public schools

by Wesley W. Burnett
Last Friday evening at the Post Antelope Stadium, Post ISD trustee Alexa Collier announced to the football fans the recent decision by the board of trustees about eliminating the traditional opening prayer at school sponsored events, with the exception of graduation ceremonies. Her voice was clear, the statement well written and easily understood. During the moment of silence following her remarks, my thoughts turned to a dream I've had for several years. Here's the dream: that public schools be under the ownership of people like Alexa Collier and the other members of the board of trustees, school teachers, administrators and parents. If the ownership of our public schools were to be transferred into the hands of people such as these, we would not have needed to have such a statement about prayer before our football games. When public school ownership is transferred directly into the hands of parents, teachers and administrators, decisions such as how schools are managed, conduct, morality, curriculum and all the other issues that confront us today would be directly under the control of those who use the facilities.

No longer would we suffer dictates from a government which has no understanding of our cultural traditions. No longer would our children be forced to attend a school not of their choice. With direct local ownership, taxation would be eliminated and our public schools would be voluntarily supported, just as we support our churches. That is my dream... and Alexa's beautiful voice reinforced my belief that we need more now than ever, to demand that government get out of the school business and transfer ownership of those buildings and facilities to those of us willing to invest our time and resources toward the education of our children. Allowing government to continue control of our schools is as unacceptable as allowing government to own our churches. The use of force, whether for religion or for education, is contrary to the American principles of individual liberty. We don't need government to tell what needs to be done or how to do it. For those who are interested, a plan for transitioning of ownership of government schools to local people has been written. It is orderly, reasonable and practical. Call me at 495-2816 for more information, or write to me at P.O. Box 490, Post, Texas 79356.

Texas Constitution 2000
Based fundamentally on the principles defined in the American Declaration of Independence

Part 2. County Administrative Council
Section 4. Operating Procedures

c. The County Administrative Council may create additional precincts or alter the boundaries of precincts upon approval of two-thirds of all qualified voters.

d. Three-fourths of the officers of the County Administrative Council shall constitute a quorum to do business. Except for the recall of the county's National Assembly Council appointee, all decisions of the council shall be by two-thirds vote of those present for approval.

e. The County Administrative Council shall meet at least monthly, on a date and time convenient and at a location easily accessible to all citizens. All meetings shall be open to the public at all times.

To order printed copies of Texas Constitution 2000, send a contribution of \$10 to
Texas Constitution 2000, 123 E. Main St., Post, Texas 79356.
(Please specify English or Spanish version) Cost includes postage.
For a link to the entire constitution or to make a contribution to the lawful and peaceful ratification, go to this web site:
<http://www.trcf.com>

TOLL FREE 877-251-2896

Sports

'Lopes handle 'Horns

by Wes Burnett

Winning four in a row, the Post Antelope football team kept the home crowd happy last Friday with a 21-7 victory over the visiting Lockney Longhorns. The 'Lopes put all the points on the board in the first half, and mounted an aggressive defense throughout the game.

Several opportunities to score more points were stymied, including what looked like a touchdown to everyone at the stadium late in the fourth quarter when quarterback Justin Gorman lofted a pass in the end zone to Johnny Jefferson. Unfortunately, one of the referees spotted what was called a "hold" by an Antelope player, and the score was nullified.

First Half Action

The game opened up with Lockney winning the toss, but declining its option until the second half. Brandon Perez covered the squib kick, setting up the 'Lopes on their own 39 yard line. Three plays later Billy Crawford crashed into the end zone from three yards out for the first Post touchdown. The drive started with Jeremy Baker ripping over right tackle to the 43, then Raymond Jefferson took ball around right end, getting a clearing block by Randy Moore, then cut to his left and raced down the left sideline to the three yard line. Roland Castaneda hit his first of three extra points and with 11:08 left in the first quarter, the 'Lopes led 7-0.

The Post defense, led by Luke Williams and Crawford, bottled up the Longhorns, forcing a punt on fourth down from the Lockney 27 yard line. A key third down sack of Longhorn quarterback Jordan Lambert by Williams set up the turnover.

Set back to receive the punt, C.J. Sims bobbled it, then picked it up and avoided tacklers to the Post 49, but lost control of the ball on the tackle, and Lockney fans cheered the turn around of events. The 'Horns then took over at the Post 48, but another stiff defensive stand forced a fourth down and short yardage, and the ball turned back to the 'Lopes with 7:35 left in the first quarter.

Three plays later a Post fumble put the ball back in play for the 'Horns. It was a disappointment for sure, following a pass from Gorman to Johnny Jefferson, setting up a first down at the Lockney 17. Raymond Jefferson got the ball over right tackle, and the fumble was recovered by Lockney at the 12.

Just as quickly, the 'Horns fumbled it back when Lambert was slammed by Crawford and Baker pounced on the loose ball at the 9 yard line. The 'Lopes were unable to take advantage of the opportunity, getting to the six yard line before running out of downs. The fourth down pass attempt to Crawford in the end zone was tipped by a Longhorn defender.

Lockney managed to get a first down on its next possession, but was once more turned back on fourth down, aided by a third down illegal procedure call against the 'Horns. Lambert dropped back into the end zone to punt. With 1:01 left in the first quarter, the 'Lopes took possession at the Longhorn 29 after a 15 yard return by Rocky Gomez.

Second 'Lope touchdown

On first down Raymond Jefferson broke out of the pack around his left end to the 19 for a first down. On second Jefferson slipped trying turn the corner for a loss to the 11. The quarter ended, with a 7-0 score.

Two plays later the 'Lopes scored their second touchdown. Gorman pulled the option around the left end to the two yard line, then on first and goal Crawford got the call, running untouched into the end zone. Castaneda's extra point put the 'Lopes out front 14-0 with 11:40 left in the first half.

Another strong defensive stand kept the 'Horns tied down, forcing a fourth down punt from the Post 47 yard line. With 9:44 the 'Lopes took possession at their own seven yard line. The seven play drive fizzled, after the 'Lopes could smell a first down at the 16 yard line. On third down at that point, Baker caught a pass from Gorman, but slipped as he was making his cut upfield. Castaneda's punt rolled dead at the Lockney 17 yard line.

Another 'Lope touchdown

Another stout Antelope defensive effort, led by Ruben Gomez and Crawford, forced a fourth down punt from the Lockney 21... Michael Huff took the ball

at the Post 43 yard line, setting up the third and final score for the 'Lopes.

The drive opened up with Raymond Jefferson scooting around left tackle to the Lockney 37, aided by Moore and Adrian Gonzales blocking. Tyrone Jefferson got the call around right end, breaking two would-be tacklers and keeping his balance the 29. A pass deep to John Radle was a bit short, setting up a crucial third down play, when Sims ripped over right end to the 22. Another pass attempt, this time to Tyrone Jefferson, was also short. Jefferson got the second down hand-off from Gorman, breaking away to the 17. Raymond Jefferson then picked up the first down with a blast around the right side to the six.

On first down Gorman was sacked at the 11, then on second down Sims took the delay over left guard, soaring into the end zone untouched for a 20-0 Antelope lead. Castaneda's third extra point put the 'Lopes out front for good at 21-0 with 1:23 left in the first half.

The defense held again, forcing a fourth down punt, and with 18 seconds the 'Lopes ran one play to the end first half action.

The bands came to the field, and we all know who won the half-time action as the Pride of Post Band showed why it is a "Sweepstakes" band challenging for a trip to the state competition this year.

Second Half Action

Lockney took the second half kickoff, and the 'Lope defense continued its dominance of the line of scrimmage. Post's first possession following a fourth down punt, ended at the 11 yard line, as the measuring sticks showed the ball about six inches short of a first down.

Post defense held again, and the punt to Huff popped loose and Lockney got a new lease at the Post 41. On first down, Lambert got the longest run of the night for the visitors, pulling a quarterback keeper around his right end to the 16 yard line. Four plays later Lambert found Mo Collins all alone near the end zone for the touchdown pass. The extra point was good, and that was all the scoring for Lockney.

The Antelopes ran off a 10 play drive, getting into Lockney territory before losing ground on three consecutive plays. The drive featured five consecutive plays with Sims running over right and left guard positions. Lockney couldn't take advantage of their next possession... and that's about the way the game went during the second half, with neither offense managing sustained scoring drives.



Billy Crawford cruises across the goal line for a Post Antelope touchdown in action here last Friday. (Photo by Jerry Taylor)



Tyrone Jefferson (32) and Rocky Gomez (35) take down Lockney's Mo Collins during defensive action last Friday night. (Photo by Jerry Taylor)



Johnny Jefferson (40) hauls in a pass from quarterback Justin Gorman during first half action here last Friday. (Photo by Jerry Taylor)

Lopes•Lopes•Lopes•Lopes

The Post Dispatch

P.O. Box 490 - Post, Texas 79356 - 495-2816

Post Bold Gold Antelopes



Junior Varsity
Thursday, Sept. 16
hosts
Hamlin
6 p.m.

HOME COMING vs.
Hamlin Pied Pipers
Friday, Oct. 1, 7:30 p.m.
at Antelope Stadium



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Sports

J.V. shuts out Lockney 21-0

It was a brief outing for a football game, with the Post Junior Varsity football team shutting down Lockney 21-0 last Thursday in one hour and 10 minutes. "We took the opening kickoff and took little time in driving down to score," coach Fred Postell observed.

Brodie Robertson got the first touchdown on the bootleg from seven yards out. Noah Gutierrez put the ball between the goal posts and Post led 7-0.

It was a defensive struggle after that, with the young 'Lopes forcing several third and out situations for Lockney.

"Then in the third quarter," Postell added, "Lockney was driving for a score when free safety Luis Zubia stepped in front of a receiver, intercepted the pass, broke away from a tackler, and ran the 65 yards to the end zone." Zubia's run was aided by "a great block from Lance Curtis, which opened up the opportunity to score," Postell said. Gutierrez' extra point kick put the 'Lopes on top 14-0.

Again in the fourth quarter as Lockney was putting together a sustained drive at the Post 20 yard line, cornerback Cody Fox picked off a "throwback pass," returning it to the Lockney 35 yard line. Lance Curtis and John Eilenberger ripped off good runs, giving the 'Lopes a first and goal at the seven yard line. Quarterback Robertson zipped a pass to tight end Seth Redman for the touchdown with five seconds remaining in the game.

Gutierrez did his thing again, setting up the 21-0 victory. The J.V. holds a 4-0 season record going into tonight's contest with Hamlin here.

8th graders mall Lockney 34-14

"This was one great team effort," coach Darrell Radle said about the Post eighth grade football team's 34-14 win at Lockney last week.

"Our offensive linemen picked up Lockney's stunting linebackers and opened up holes for the backs," Radle added. He pointed out the efforts of linemen Chessauf Garcia, Mark McCallister, Lanely Couch, Owen Gilbert, Josh Payne and Adrian Lored.

On defense the coach praised McCallister, Couch, Lored, Jerry Curtis, Zane Marts, Mitchell Mills, Brody Conner and Will Todd. "An example of the defensive effort," Radle observed, "was when defensive tackle Chessauf Garcia intercepted a tipped pass and returned it 30 yards before being gang tackled."

Team scoring included two in the first quarter, beginning with a six play, 71 yard drive. Mills went the final 56 yards into the end zone. Later Mills raced through defenders for a 38 yard scamper, and picked up the two point conversion to put the young 'Lopes out front 14-0.

Two more touchdowns in the third quarter increased the lead, when Mills raced 54 yards on a two play drive. The extra point attempt failed. Then still in the third quarter, Mills scored again, this time from 29 yards in the four play drive. Conner threw a pass to Manuel Menjares for the two-pointer.

Jerry Curtis roared into the end zone from two yards out in the fourth quarter to cap the scoring. The final scoring drive was a 67 yard drive.

Mills led the offense with 216 yards on 13 carries, followed by Kris Hernandez with 79 yards on eight carries. Quarterback Conner was two of three in passing for 14 yards.

The team takes on Hamlin this afternoon.



Post High School cheerleaders took advantage of the "moment of silence" during last Friday's pre-game activities at Antelope Stadium.

Special teams continue great play

by Wes Burnett

"I think the team played extremely well the first half," Antelope coach Richard Gorman comments about last Friday's 21-7 win over Lockney. "We missed some scoring opportunities due to penalties and mistakes," he added, "but over all, we played well."

Gorman said that he felt the team was a bit off balance in the second half, but the defense and special teams stepped up to keep the Longhorns from scoring. "We're playing great defense," he said, "Lockney's only score came on a mix up in the backfield on what defense was called."

Going into the Homecoming game Friday night against Hamlin, Gorman said that a few players are "banged up" a bit, but all players should be healed and ready to play. "This is our last non-district game and we want to go into district with another win," the coach explained.

Hamlin comes to Post with a 2-2 record, having outscored Merkel and Rotan and losing to Clyde 33-14 and last week to Coahoma 16-9.

"We're going to have to play a solid game," Gorman concluded, "they have a strong quarterback who can throw the ball and a big tailback who is hard to bring down."

Game time is 7:30 p.m. at Antelope Stadium. Those who can't make it to the stadium can hear the ball game live on Classic Cable 17 with Steve Mason calling the play-by-play for Post City Radio.

7th grade teams edge Lockney

The Post 7th grade "A" team clipped the Lockney Longhorns 16-14 last Thursday, while the "B" team brought home a 12-6 win.

The "A" team opened up the game on the first play with Jett Lott racing 56 yards for a touchdown. Israel Landa added the two point conversion.

Eric Pedersen scored the second touchdown on a 32 yard pass play from Jerrad Grisham. Lott rushed for 102 yards, Landa was credited with 27 yards, Grisham for 14 and Quinton Odom got seven yards.

The defense allowed two Lockney touchdowns, but stepped up at the

end of the game to stop Lockney when they had a second and goal from the three yard line. "Odom and Trent McDonald were defensive standouts," coach Chris Morrow commented.

The "B" team win featured Andrew Landa scoring both touchdowns on long runs. Leading the way were linemen Brice Feagin, Tony Garay and Evan Montanez.

"Defensive standouts included linemen Jason Smith and Kyle Kirkpatrick," Morrow added, "with Chris Thurman, Zach Lopez and Andrew Espinoza from the secondary."

The teams host Hamlin this evening.

District 3-2A

Team	Season	District
Seagraves	4-0	0-0
Coahoma	4-0	0-0
Post	4-0	0-0
Stanton	4-0	0-0
Plains	2-2	0-0
Tahoka	1-3	0-0

Last Week's Games

Coahoma 16, Hamlin 9
 Plains 28, Petersburg 14
 Post 21, Lockney 7
 Seagraves 37, Midland Christian 34
 Stanton 16, Reagan County 12
 Idalou 37, Tahoka 12

Friday's Games

Wink at Coahoma
 Plains at Sundown
 Hamlin at Post
 Idalou at Seagraves
 Tuscola Jim Nèd at Stanton
 Tahoka at Ralls



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Post City Radio

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Josh Fumagalli (saxophone) performed a solo at halftime last Friday as part of the Pride of Post Band. The band will compete at Plainview Saturday as part of its preparation for annual U.I.L. competition (Photo by Jerry Taylor)



Kelsey Wimmer keeps the Pride of Post Band in step during the halftime performance here last Friday. (Photo by Jerry Taylor)

'Lope Game Stats

Rushing	Carries	Yards	Passing	Att.	Comp.	Yds.
R. Jefferson	18	193	J. Gorman	5	2	44
Sims	10	43	Total	5	2	44
Baker	9	53	Receiving			
Crawford	5	17	J. Jefferson			1 35
T. Jefferson	4	29	Baker			1 9
J. Jefferson	2	11	Total			2 44
Gorman	2	12	Total offense			52 402
Total	50	358	Points Scored	TDs	Ex.Pt	
			Sims			6
			Crawford			12
			Castaneda			3

Ranch Production Sale October 12, 1999



Selling 70 bulls, all full two-years-old

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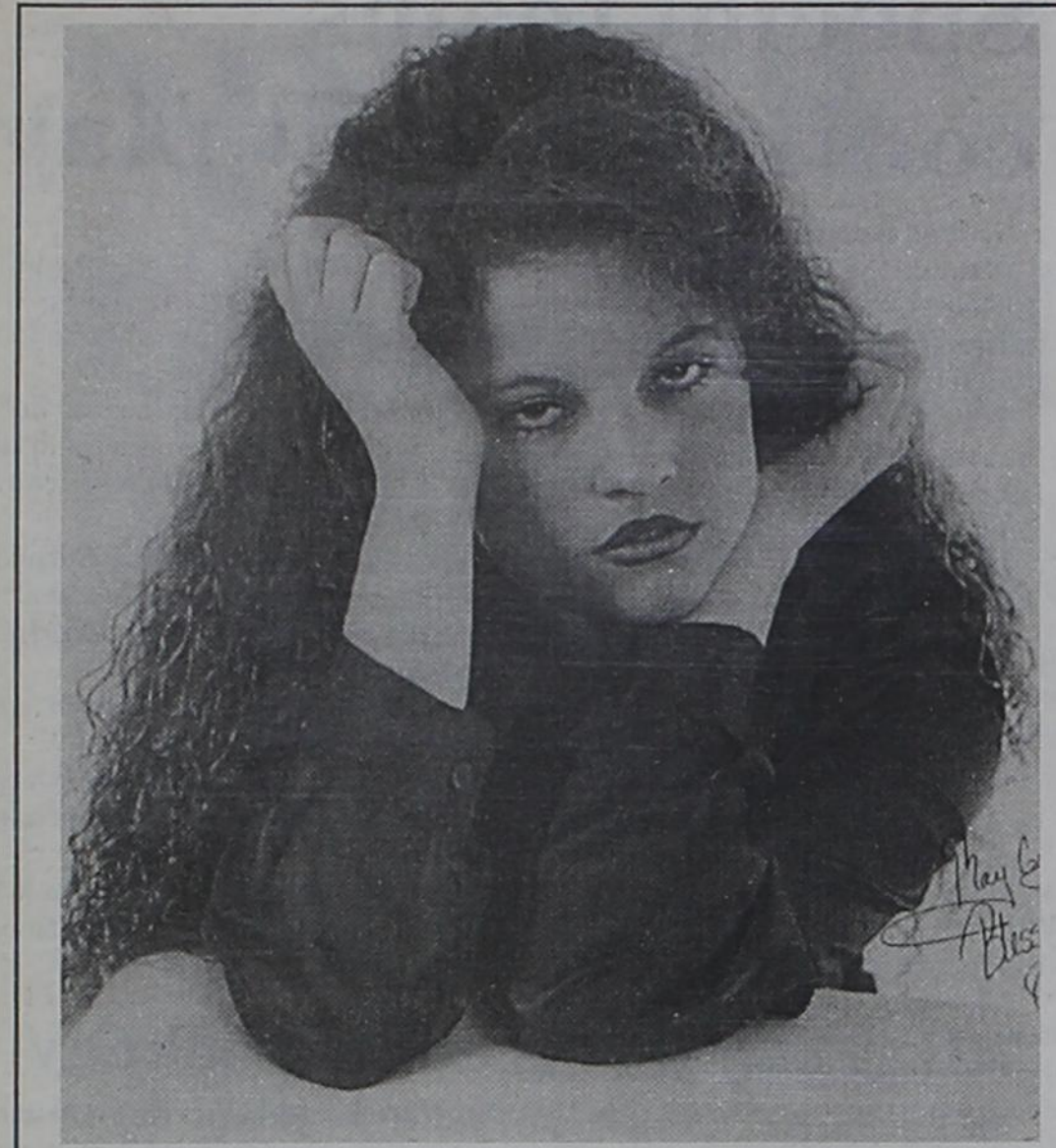
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Kazzie Shae

Kazzie Shae performs at Trade Days Sunday

A 17-year-old Arlington girl will take the stage at Trade Days this weekend, offering up a traditional fare of country, with some blues, pop, '50s, gospel and yodeling mixed in.

Kazzi Shae performs all over the state at various festivals and venues and for the past seven years had entertained audiences on the Texas opry circuit. She has performed the National Anthem at sporting events and has been a featured performer at the last three Christmas seasons at Six Flags Over Texas. She recently finished shooting a music video commercial for the East Texas area and has recorded several commercial jingles for KSCS country radio station in Dallas. She also performs at the State Fair in Dallas.

Shae will be in Post this weekend performing at Trade Days Sunday from noon to 2 p.m.

On Friday at 5 p.m., she will be interviewed on "The Bear" radio

station, 99.5, in Lubbock with Jackie Neal and on Sunday at 3:30 p.m. on KJAK with Don Yelvington.

Other area performances are also scheduled.

A home school student who will be graduating in the year 2000, Shae has seen much success with her recordings. Her record sales of "Country Sweetheart" and "Straight from the Heart" albums have been strong and she was the 1996 Miss Christian Teen Texas runner-up. She was nominated for the 1998 Top Female Vocalist and won the Horizon Award and Ton Teen Artist in Grapevine. In Missouri, she won the 1999 National Yodeling Championship Silver Medal Award.

She was also crowned 1999 Miss Teen West Texas. During the Miss Teen Texas America Pageant, Shae won the awards for Most Talented Vocalist Horizon Award and Overall Talent Winner.



"Take our picture, take our picture!" These youngsters yelled at the Post Dispatch photographer last Friday at Antelope Stadium. The young ladies are (left to right) Courtney Copeland, Lyndee Strawn, Logan Gregory and Kaycee Gorman.

Pvt Rogers completes Marine Corps training

Marine Pfc. Thomas A. Rogers, son of Nan B. Rogers of Post, recently completed basic training at Marine Corps Recruit Depot, San Diego.

Rogers successfully completed 12 weeks of training designed to challenge new Marine recruits, both physically and mentally.

Rogers and fellow recruits began their training at 5 a.m. by running three miles and performing calisthenics. In addition to the physical conditioning, they spent numerous hours in classroom and field assignments which included learning first aid, uniform regulation,

combat water survival, marksmanship, hand-to-hand combat and assorted weapons training. They performed close order drill and operated as a small infantry unit during field training.

Rogers and other recruits also received instruction on the Marine Corps' core values—honor, courage and commitment, and what the words mean in guiding personal and professional conduct.

Rogers is a 1996 graduate of New Braunfels High School, New Braunfels.

In all things of nature there is something of the marvelous.
—Aristotle

What to do when heart attack strikes

Let's say it's 4:17 p.m. You're driving home. You're alone. All of a sudden, you start experiencing severe pain in your chest that starts to radiate out into your arm and up into your jaw. You are only about five miles from the hospital nearest your home; unfortunately, you don't know if you'll be able to make it that far. What can you do? You've been trained in CPR but the guy that taught the course neglected to tell you how to perform it on yourself.

Without help your heart stops beating properly and you begin to feel faint. You might have as little as 10 seconds left before losing consciousness. However, you can help yourself by coughing repeatedly and very vigorously. A deep breath should be taken before each cough, and the cough must be deep and prolonged, as when producing sputum from deep inside the chest. A breath and a cough must be repeated about every two seconds without let up until help arrives.

Deep breaths get oxygen into the lungs and coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it regain normal rhythm. In this way, heart attack victims can get to a phone to dial 9-1-1 and, between breaths, call for help.

You can have a heart attack anywhere. This can be used anywhere — at home, in the garden or while you wait for 9-1-1 to arrive at your home.

Tell as many people as possible about this. Don't keep it a secret. It could save their lives. — courtesy of UMC's Seniors are Special

Golden Clover 4-H Club elects new officers

by Lesley Rutherford

Last Monday, the Golden Clover 4-H Club met to elect officers and club managers for 1999-2000 4-H year. Officers elected included: Aaron Cooper-President; Breann Heckaman-Vice President; Ashley Scroggins-Secretary/Treasurer; Lesley Rutherford-Reporter; Laci Williams and Aaron Cooper-County

Council Delegates; and Wes Mason and Steffi Norman-Junior Council Delegates.

New Club Managers elected included Nita Jo Heckaman, Celia Mason and Ryan Braim. We would like to thank everyone for coming to the meeting and want to remind you to attend the next meeting set for 7:00 p.m., Monday, October 4.

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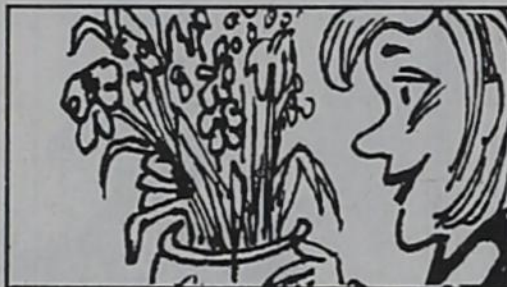
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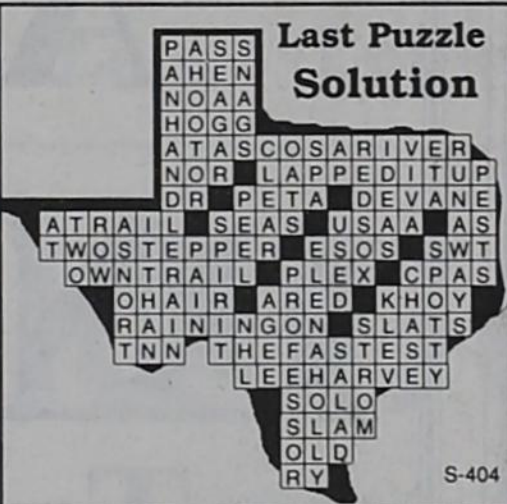
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Farmers urged to make plans for show

High Plains cotton producers should be making their plans to attend the Texas Farmer-Stockman Show Oct. 12-14 in Lubbock.

Held at the Lubbock City Farm, the Farmer-Stockman Show brings the whole world of agriculture to 640 acres of the High Plains. Feature attractions include the latest offerings from major equipment makers, agricultural suppliers, and field demonstrations featuring both harvesting and tillage equipment and production size plots of some of the latest planting seed varieties available.

In addition to row-crop offerings, the Farmer-Stockman Show also includes major livestock equipment vendors, and demonstrations of the latest livestock handling and management techniques.

We never know the worth of water till the well is dry.
—Thomas Fuller

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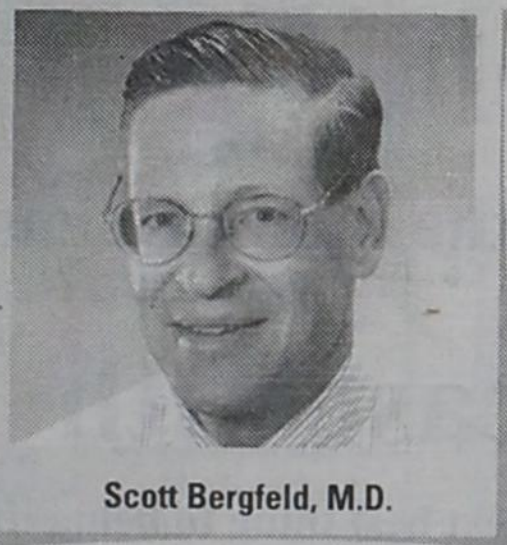
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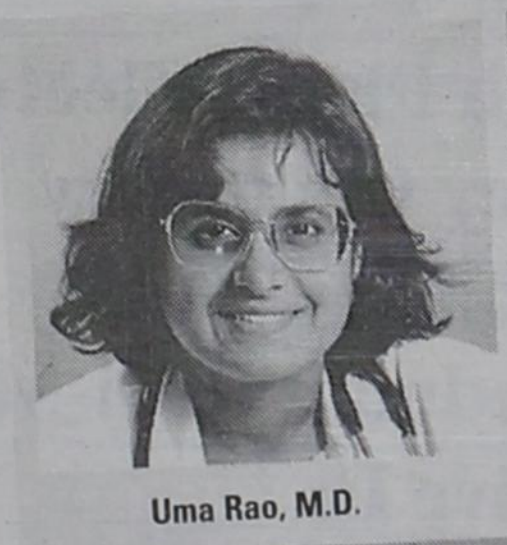
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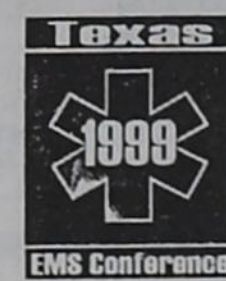
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Don't miss the deadline!

Texas EMS Photo Contest

Dear Photo Editor:

Get your emergency medical services photos in by November 1, 1999.

- Two grand prize winners will be chosen and will receive \$125 and a plaque.
- One second place winner will receive \$75 and a ribbon.
- One third place winner will receive \$50 and a ribbon.
- One honorable mention winner will receive \$25 and a ribbon.

Photos should be unmounted prints (no laser copies, please), 8X10 inches or 5X7 inches, in color or black and white. Fill out the entry form below, tape it to the back of your photograph, and mail your entry to: EMS Photos, Texas Department of Health, 1100 West 49th, Austin, TX 78756-3199.

1999 Texas EMS Photography Contest entry form

Photographer's Name _____
Employed by _____
Address _____
City _____ State _____ Zip _____
Phone (home) _____ (work) _____

Mail to: Jan Bireszinski, Texas Department of Health
1100 W. 49th Street, Austin, TX 78756-3199

Deadline for entering: November 1, 1999

Tape this form to the back of the photo.
For more information call Jan Bireszinski at (512) 834-6348

Photo Contest Rules

- Anyone is eligible, no entry fee is required.
- Entries must be received no later than November 1, 1999. Winners will be announced at the Texas EMS Conference, November 21-24, 1999.
- Unmounted prints 8X10 inches or 5X7 inches may be submitted in color or black and white. Fill out the entry form on this page, tape it to the back of your photograph, and mail your entry to: Texas EMS Photo Contest, Texas Department of Health, 1100 W. 49th Street, Austin, Texas 78756-3199. Photographs should show good patient care.
- The Texas Department of Health will keep all photo entries and will have the right to publish entries in TDH publications. The photographer's name will be printed along with the photo. Ownership of the negative will remain with the photographer.
- Winning categories and prizes:
Two grand prize winners (one color and one black and white)—each wins \$125 and a plaque
One Second place—\$75 and a ribbon
One Third place—\$50 and a ribbon
One Honorable mention—\$25 and a ribbon

J.B. and Estelle Guthrie family reunion here

The children, grandchildren and great-grandchildren of the late J.B. and Estelle Guthrie observed their fifth annual reunion Sept. 18-19.

On Saturday, family members enjoyed a picnic at the park. There was lots of food, visiting and play but the activities were quickly brought to an end by an unexpected rain.

On Sunday, all enjoyed a catered meal by Whistlin' Dixie Barbecue at the Graham Community Center. Ladies brought dessert. Entertainment was provided by Danny Guthrie and sons Vance, Derek and Brant. Games of Bingo, 42 and Mad-Gab were also a big hit with the young and old.

The highlight of the day was the family auction. The most sought-after items were two family albums created by Lucille Baker.

New officers elected were Sherry Williams, president; Kim Bennett, reporter; Diann Guthrie, food coordinator; Vance, Derek and Brant Guthrie, entertainment committee; and returning to her position will be Donna Baker, treasurer.

Those attending included Wesley and Sandy Guthrie, John and Patsy Guthrie and Heather, Bonnie Taylor, Mildred and Dickie Massey, Herman and Diann Guthrie, Lucille and Troy Baker, Danny and Cindy Guthrie and boys Vance, Derek and Brant; Terri and Greg Lawrence and sons; Mr. and Mrs. Ronnie Guthrie and family; Bryan and Angie Taylor and family; Donna and Kelly Baker and sons; Kim and Tyler Bennett; Tracy and Derrick Oden, Kelton and Kendrick; Pam and Robert Hogue and girls; and Sherry and Justin Williams.



Enjoying the Guthrie Family Reunion recently were (left to right) Wesley Guthrie, John Guthrie, Bonnie Taylor, Mildred Massey, Herman Guthrie and Lucille Baker.



Lucille Baker with the family album she spent two years in making, which was auctioned at the recent Guthrie Family reunion.

First Baptist Church Acteen holds auction to help quintets

The First Baptist Church Acteen group will host a silent auction Saturday at Old Mill Trade Days to benefit the Well quintets.

The group of junior high girls has committed to supplying Mike and Jamie Well of Lubbock, son and daughter-in-law of Jim and Sharla Well (Wells Pharmacy) of Post, with the first year's supply of diapers for their expected quintuplets.

According to the group's calculations, they need to raise about \$3,500 to be able to buy the 13,440 diapers it will take to cover the quints during their first year of life.

Businesses in Post and Slaton have donated items for the girls to include in their silent auction.

Bidding will run from 9 a.m. to 4 p.m. at their booth at Trade Days, located outside, under the trees, just inside the Main Gate. At the end of the day, the highest bidders will be notified by telephone if they are not present and will be able to pick up their items the following week.

The following local businesses have provided items for the silent auction — Babb's Bar-B-Q, dinner for two; Caprock Discount Boots, two Beanie babies; Hudman's, a coat rack; Main Street Mercantile, apple cookie jar and two cookie mixes; Higginbotham's, "The Club"; Happiness Is, a Christmas birdhouse; The Frame Shoppe, a frame; Pam Gorman, Mary Kay products; Jackson Brothers, beef jerky; Garza Hotel, an overnight stay; Holly's Drive-Inn, dinner for two; and the Garza Theater, two tickets.

Also, Twin's Fashions, a candle; Metta Tyler, a haircut and style; Tracy Stevens, a manicure; Nita Jo Heckaman, Mary Kay products; David and Karen Nichols, a food gift box; Kim Mills and Jenny Smith of the OS Ranch Shop, outdoor garden thermometer; Paula and Vanessa Miller of the OS Ranch Shop, a picture frame; Juanetta Bocko, a Pampered Chef gift basket; Patsy Craig, a night's stay at the "Cottage"; Wells Pharmacy, a blood pressure monitor; Danny Vernon's Saddle Shop, a horse halter; Sikes Super Car Wash, deluxe car wash; Lock Shop, key-bak; Larry Mills; and Perry and Kelly Smith.

Slaton businesses include Beall's, a bracelet and money clip; Debbie's, a Beanie baby club kit; Rose Garden Tea Room, Beanie buddy; Lowrie Drug, skirt/vest outfit; Klemke's Sausage House, beef jerky; and Travis and Joann Lancaster, box of Beanie baby collector cards.

Monetary donations were made by Sonic Drive-In and Judy Rudd. Post United and ALCO in Slaton gave diapers instead of donating to the silent auction.

Anyone interested in making a donation may do so by calling Laura Morrow at 495-4540 no later than Friday.

PHS plans homecoming events

Plans for this weekend's Post High School homecoming celebration are well under way.

School-related activities will kick off at 2:30 p.m. Friday with the pre-homecoming game pep rally scheduled at the high school gym. Locals are invited to come on out and cheer the 'Lopes on to victory over their opponents, the Hamlin Pied Pipers.

Game time is 7:30 p.m., but everyone will want to go to the school cafeteria to the Band Boosters taco supper from 5-7 p.m. Cost is \$5 per plate.

Following the taco supper and beginning at 7:10 p.m., pre-game ceremonies to crown the homecoming royalty will be conducted.

Candidates for this year's football sweetheart title include Erin Gregory, Stephanie Looney and Camie Payne.

Candidates for band sweetheart are Channa Cruse, Luz Mantonya and Donna Montoya.



If you are constructing a flower arrangement, forget the sweet peas. They can wilt other flowers.

The girls will also be selling cookbooks to help raise money. There will be two different books available, each at a cost of \$10. Also, they will be downtown on Founder's Day selling cookbooks.

The girls also are collecting aluminum cans to raise money and would appreciate any help they can get in this area. There is a cotton trailer in front of the First Baptist Church and anyone interested can put their cans in the trailer to help with this cause.

The girls would like to thank the communities of Post and Slaton for their assistance and donations toward their goal.

An empty stomach will not listen to anything.
—Spanish Proverb

Garza County in Emergency Disaster Declaration

President Clinton has declared 227 counties in Texas to be eligible for Farm Service Agency Emergency loan assistance due to damages and losses caused by extreme fire hazards that occurred on August 1, 1999, and continuing. Those counties include Borden and Garza.

EM (Emergency Loan) applications will be received through May 1, 2000. For the purpose of determining loan security values for these loan applications, the beginning date of the incidence period is August 1, 1999.



At formal dinners, silverware is arranged in the order of its use, with the first to be used farthest from the plate.



Jenny Curb (right) was named 1999 Wilson High School Homecoming Queen. She was escorted by Billy Cavender. Jenny is the daughter of Rhonda Holly Hosey of Post and Jackie Curb of Post, and she is the granddaughter of Bill and Joy Holly.

Old Mill Trade Days expecting big crowds this weekend

The holiday season is fast approaching, and this weekend's Old Mill Trade Days event is one of only four Trade Days shopping opportunities left before the big day.

"With this weekend, there are only four events left until Christmas," said Trade Days' Linda Self. "We need to start thinking about Christmas needs.... All our vendors will have their fall and Christmas items out this weekend, I'm sure."

Trade Days once again will feature a full house, with only a few outdoor spaces and a handful of 12x12' spaces in the new area remaining.

New vendors at this show will include the Caprock Custom Swings on the north side of the park (forts and swingset display units will be on hand for Santa shopping opportunities); a vendor with swings and rocking chairs created from cedar; a vendor with outside butane- and charcoal-operated stoves; and a vendor who creates name signs while you shop (located on the north side of the park).

Special entertainment for the weekend will include, on Saturday, Mark Mason-Harper of Lubbock. The Grammy winner will perform from 12:30-2:30 p.m.

On Sunday from noon to 2 p.m., Kazzi Shae of Arlington, a 17-year-old who performs country, gospel and pop music, will take the stage. Shae is a Miss Teen Texas Best Vocalist Horizon Award winner, a modeling champion and a CMMA Rising Star award nominee.

"I'm excited to have them here," Self said. Trade Days will be open Friday, Saturday and Sunday.

Talk sense to a fool and he calls you foolish.

—Euripides

TO KEEP YOU POSTED

POST FOUNDERS' DAY & Main Street Festival
To Benefit the Santa Fe Depot

OCTOBER 7, 8, 9 & 10, 1999

Thursday, Oct. 7th
Art Show Preview Party, OS Museum @ 6:30 PM, \$10 ea., Cash Bar
Art Show & Sale, Friday & Saturday, OS Museum

Friday, Oct. 8th
Street Dance featuring the GUTHRIE FAMILY BAND
East Main St. & Ave 1, 8PM-12M, FREE

Saturday, Oct. 9th
Main Street Festival
Brisket Cook-off, Music and Artisans in shops, vendors, food and fun
All day downtown

Jody Nix and the Texas Cowboys
@ Old Mill Trade Days
Dinner & Dance - \$25/person
7:00 PM
Catered by 2 B Chuck Wagons

Dance (only) - \$15/person
8:00 PM

Sunday, Oct. 10th
Community Worship Service, 11 AM, Post Elementary Auditorium

For Details & Reservations Call: 806/495-3461
POST FOUNDERS' DAY, 105 EAST MAIN STREET, POST, TEXAS 79356

PUBLIC NOTICE

The Joint Commission on Accreditation of Healthcare Organizations will conduct an accreditation survey of Covenant Home Health Care, a Division of Covenant Health System on November 2 - 12, 1999. The purpose of the survey will be to evaluate the organization's compliance with nationally established Joint Commission standards. The survey results will be used to determine whether, and the conditions under which accreditation should be awarded the organization.

Joint Commission standards deal with organizational quality of care issues and the safety of the environment in which care is provided. Anyone believing that he or she has pertinent and valid information about such matters may request a public information interview with the Joint Commission's field representatives at the time of the survey. Information presented at the interview will be carefully evaluated for relevance to the accreditation process. Requests for a public information interview must be made in writing and should be sent to the Joint Commission no later than five working days before the survey begins. The request must also indicate the nature of the information to be provided at the interview. Such requests should be addressed to:

Division of Accreditation Operations
Accreditation Service Specialist
Joint Commission on Accreditation of Healthcare Organizations
One Renaissance Boulevard
Oakbrook Terrace, IL 60181

The Joint Commission will acknowledge such requests in writing or by telephone and will inform the organization of the request for any interview. The organization will, in turn, notify the interviewee of the date, time, and place of the meeting.

This notice is posted in accordance with the Joint Commission's requirements and may not be removed before the survey is completed.

Date posted: 10/01/99

ACROSS

- 1 JFK's limo was headed for Dallas triple under
- 5 TXism: "active as a fox in ___ house"
- 6 Houston's Kathryn Sullivan is scientist at this Oceanic agency (abbr.)
- 7 this James was 1st native-born TX gov. with Nueces & Frio, Three Rivers, TX is named for this
- 18 TXism: "couldn't find hide ___ hair of him"
- 19 TXism for believed ___ Pepper
- 22 TX Quannah Parker's chief dad Nocona this William started with TX Tommy Lee in "Rolling Thunder"
- 24 TXism: "tough as ___ drive steak"
- 29 none of these seven touch Texas
- 30 San Antonio-based insurance giant
- 31 TXism: "fast ___ small town gossip"
- 32 TXism for dancer
- 34 TX Vikki Carr album: "Hombres" ('89)
- 35 San Marcos univer. TXism: "rides his ___ (independent)"
- 37 DFW: metro
- 38 TXism: "tax ___ wranglers"
- 39 TX atheist: Madalyn Murray

- 40 TX Autry sang about ___-nosed reindeer
- 41 Laredo FM radio
- 42 TXism: "he's ___ my parade" (interfering)
- 44 bed supports
- 45 C&W music cable network
- 46 TX Roy Orbison film: "___ Guitar Alive"
- 48 JFK assassin Oswald
- 49 "Star Wars" cowboy Han specialty of Spurs
- 50 Robinson: ___ dunk

- 51 TXism: "___ as dirt"
- 52 this Ralph beat Bush in '64 senate race (init.)

DOWN

- 1 TXism for dust storm
- 2 TXism: "don't give ___ a holler"
- 3 how Texans pronounce "cigar"
- 4 obstacles
- 9 TXism: "about as ___ as Red River mud"
- 10 TXism: "feeling his ___ (frisky)"
- 11 in 1890s Marlin, TX became a ___ when drillers hit a hot artesian well
- 12 news wrangler
- 13 Astros Boston foe
- 14 "don't get any fancy ___"

The Original
TEXAS CROSSWORD
by Charley & Guy Orbison

Copyright 1999 by Orbison Bros.

- 15 TX-made film: "___ Zapata" ('52)
- 16 DFW arrival guess
- 17 kids who left home
- 20 crop-eating insects
- 22 TXism: "___ 'em off" (get undressed)
- 24 TX Audie Murphy film: "Duel ___ Silver Creek"
- 25 TXism: "___ notches full" (ate too much)
- 26 TXism: "get your ducks in a ___"
- 27 TXism: "have ___ (take a drink)"
- 28 TXism: "more of ___ Carter has liver pills"
- 29 State Fair "___ of Discovery" ('92)
- 30 previously owned
- 33 what doctors call "discomfort"
- 34 TX Buddy's widow: Maria ___
- 35 measles marked
- 37 Senator Gramm was once an A&M economics ___
- 38 Houston-made film: "The ___" ('93)
- 40 ex-Cowboy fullback Tommy
- 41 Cleveland AM radio
- 43 Dallas Stars league
- 44 in Houston, States Rights Party nominated this Thurmond for president
- 47 served before the chicken fried steak



Four staff members of The Addax, Post High School newspaper which published its first 1949-50 issue Monday, are shown in the Post Dispatch office where the newspaper is printed. They are, left to right, Jamie Shepherd, assistant manager; Elwanda Davies, assistant editor; Sue Bell Bristol, business manager, and Wayne Kennedy, editor.

From The Post Dispatch, September 29, 1949

MOVIE ADVERTISED "THE SHEPHERD OF THE HILL"

Post Dispatch of 1928 Tells How to Make Brew

Entitled "HOW TO MAKE SOME BREW," the following recipe which had been contributed by "a prosperous Garza County farmer," was published in The Post Dispatch August 2, 1938:

Chase wild bullfrogs for three miles and gather hops. To them add 10 gallons of tanbark, one half pint of homemade soap. Boil 36 hours. Then strain through an I.W.W. sock to keep it from working. Add one grasshopper to each pint to give it a kick. Pour a little into the kitchen sink; if it takes the enamel off it is ready for bottling.

Some of the folks at the City Hall found this 21 year old issue of the Post Dispatch the other day while rummaging thru some old files. Here are some of the Page 1 headlines:

"Boys Are Enjoying Outing At Post Scout Camp," "Graham Chapel School Being Remodeled," "New Ford To Be Given Away By Post Merchants," "Utility Truck Added To Chevrolet Line of Cars," and "Candidate Ballot Box of Garza County."

and Matile Cates of Abilene. Their escorts were Irvin Cross, Alton Cross, Vaughn Powers, Novis Rodgers, J. B. Thaxton, Albert Hartford, T. J. Rea, Harold Gore, Charles Pickett, Jr., Gene Adair of Lubbock and M. C. Baumgartner of Abilene.

Promised Short Sermon

The Rev. M. C. Bishop, pastor of the First Baptist Church, promised "short sermons" in his announcement; buyers leaving for market were Hugh Bowers to the Eastern markets for Lloyd Dry Goods, H. N. Lyle to Dallas for Bryant-Link, Leo Walkow to market for Krauss Dry Good, Mr. and Mrs. Paul Stevens to St. Louis for the W. C. Stevens store.

On Ballot Box

The ballot box showed that Tom Connelley was one of the candidates for U. S. Senator; Dan Moody was running for governor; W. L. Cross, H. G. Smith and Z. D. Kemp were candidates for county judge; W. F. Cato was the only candidate for sheriff and tax collector; Lee Bowen, Peter Thompson and Ira Weakley were running for county and district clerk; Howard Ruth and C. B. Everett were in the race for county treasurer, and Doc Knox and Tom Davis were battling it out for hide and animal inspector.

Under "City News Briefly Told," it was learned that Albert Hartford, who had been visiting Charles Lewis Pickett for six weeks, left for his home in Battle Creek, Mich., accompanied by Harold Gore. Elmo Corbell of Littlefield visited in the city over the weekend. Mrs. Ollie Gardner of Haskell had been visiting in the P. Z. Stevens home. Mr. and Mrs. H. G. Howard and children moved to Pleasanton. Miss Rosalie Smith returned from a visit in Benjamin. Knox Kelly of Abilene visited his parents. J. E. Watson and family and W. F. Presson and family left for Enid, Sulphur Springs and Medicine Park, Okla., to spend several weeks. The Pressons were to go on to Ohio and Missouri to visit relatives.

proposed constitutional amendments included: For a State Board of Education and relating to terms of school officers; authorizing legislature to grant Confederate pensions regardless of date pension came to Texas or when widow married pensioner or when she was born; Authorizing legislature to exempt from taxation parsonages and certain property of associations for religious educational and physical development.

Clyde Briley offered 640 acres of Lynn County land for sale or trade at \$30 an acre.

New Ford Promised

Among the advertisers: New Bulova and Elgin watches had just arrived at J. C. May's Gift Shop. Stoker Motor Co. was advising customers to wait for the New Ford. \$25 on de-

posit with Connell Chevrolet Co. would reserve a new truck. Bryant-Link was selling "China Ware Oats" at 36 cents a package. The Garza County Warehouse and Marketing Association advertised Original Genuine Montevale, "The World's Best Coal." Warren Brothers listed "Things You Should Have in Your Medicine Chest" the Algeria Cafe was serving a chicken dinner family style, each evening. Connell advertised a new Chevrolet coach for \$585. Easley and Boucher advertised Federal Tires and full facilities for all types of automobile service. Mrs. Hoffman of the Post Variety Store advertised white cups and saucers for 10 cents. Jim Hundley had delivery service in his dry cleaning business. The Day and Night Garage advertised a big, new, over-sized Seiberling balloon tire for \$17.55. Graef's advertised Orbit Gum, fruit or flistered, three packages for 10 cents.

An ordinance, signed by Mayor D. C. Williams, was published. It regulated gas piping, appliances, fixtures and apparatus in all buildings and structures of gas consumers, and the installation, construction, reconstruction, adjustment and repair thereof, provided for bonds to be given for those who do such work.

From The Post Dispatch, June 23, 1949

Yesteryears

by Pat Burnett

September 27, 1989
10 Years Ago

Mr and Mrs Herbert Walls were the guests of honor at a surprise supper hosted Saturday, September 9, 1989 to celebrate the couple's 40th wedding anniversary.

Judith Steel, who is the wife of former Postite Curtis Steel and the daughter-in-law of Mr. and Mrs. J.C. Steel, has a new historical romance in book stores this month.

Funeral services for Henry Conroe Key, 81, lifelong Garza County resident and rancher, were held at 2 p.m. Monday, September 25, 1989 in Justiceburg Baptist Church with Abe Hester, Jr., pastor, officiating.

September 27, 1979
20 Years Ago

Mr. and Mrs. Steve Davis announce the birth of a baby girl, Bobbie Jo, born Sept. 13, at 5:13 a.m. and weighing 7 lbs. 10 1/2 ozs. She was 17 1/2 inches long.

Cindee Jackson was elected president of the Junior High 4-H Club when it met Sept. 12.

Barry Tyler left the nest yesterday for TSTI in Amarillo. He and Ronny White are roommates. It'll be alright Julie.

September 25, 1969
30 Years Ago

Mrs. Charles McClain was honored with a layette shower Saturday night in the home of Mrs. June Kiker with Mrs. Mabel Dunlap as co-hostess.

Ginger Carlisle was elected Valentine Sweetheart at the Monday night meeting of Xi Delta Rho chapter of Beta Sigma Phi when the sorority met in the home of Sammie Maddox.

Mrs. Pee Wee Pierce won a blue ribbon on one of the fruit jars from her collection at the Panhandle

South Plains Fair in Lubbock. The jar — a Cohansey — was patented in 1882.

September 24, 1959
40 Years Ago

Approximately 1,700 persons ate barbecued beef, beans, potato chips, pickles, bread and either soft drinks or "cowboy coffee" at the successful first annual Farmers-Business Men Barbecue Saturday night.

Mrs. W. C. Kiker and Diane spent the weekend in Lubbock visiting Mr. and Mrs. Roy Brown.

Russell Wilks, 70, one of Garza county's early day cowboys who remained an active rancher and farmer in the county until his final illness, died at 1:05 p.m. Wednesday in the Crosbyton Clinic and Hospital at Crosbyton.

Wilks had been a resident of

Garza County since 1902 — five years before C. W. Post founded Post City. He was married in the bustling, young Post City to Miss Callie Viola Steyn in 1911, four years after the town came into being.

September 29, 1949
50 Years Ago

Mrs. Lester Adams and son, Phil, of Bryan are visiting this week in the home of Mrs. Adams' brother and sister-in-law, Mr. and Mrs. D. C. Roberts, Jr.

Mrs. Tom Gates and Mrs. J. W. McKee of Lubbock visited Monday with Mrs. Gates parents, Mr. and Mrs. Bob Warren. Mrs. Warren accompanied them home.

Mrs. Edd Dye and Mrs. Charlie Brown spent Monday afternoon in Slaton visiting with their sister, Mrs. A. L. Wilson.

Mr. and Mrs. F. I. Bailey have a new Pontiac.



CULTURE CLUB LUNCHEON - Special guests at the opening luncheon for the 1989-1990 club year for the Post Woman's Culture Club were (left) Mrs. E. J. Alderson, president of the Caprock District, and Mrs. E. J. Wicker, president-elect.

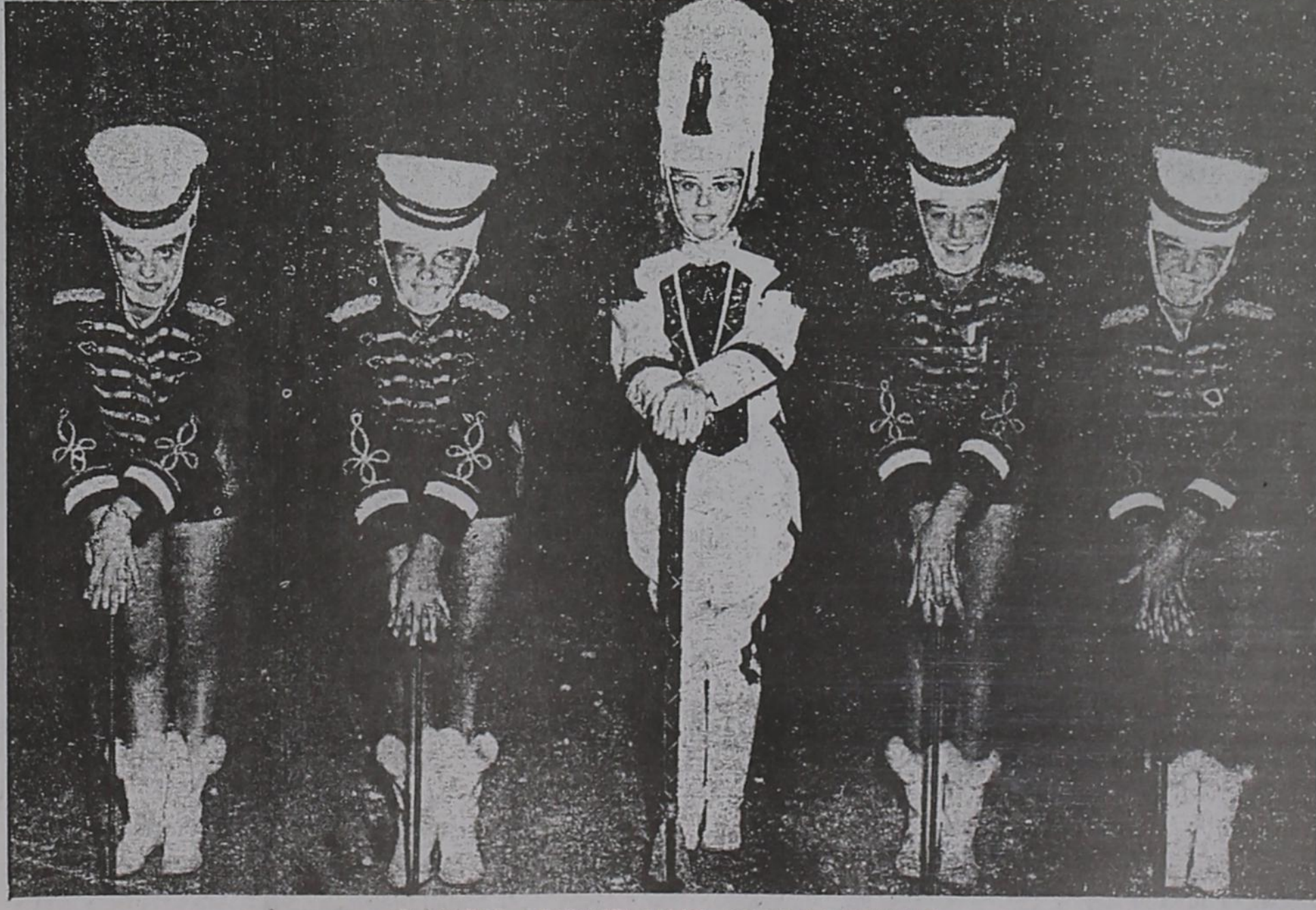
From The Post Dispatch, September 20, 1989



MR. AND MRS. D. L. YANDELL

Post Bootmaker Has Been Cobbling For Sixty Years

From The Post Dispatch, September 29, 1949



BAND'S FRONT LINE ATTRACTIONS

Winning wide acclaim for their marching and twirling ability are these five members of Director Bob Mejsch's high-stepping Antelope Band. From left to right are Majorettes Minnie Lee Mathis and Vonda Howell; Drum Major Peggy Butler, Majorette Judy Clary, and Head Majorette Ruthell Martin.—(Staff Photo)

From The Post Dispatch September 24, 1959

Letters to the Editor

Letters to the Editor Policy: We require all letters to be signed, however, names may be withheld from publication by request. Letters may be edited for brevity, grammar and punctuation.

Deaf child denied enrollment here

I am writing this to inform the public that my child is not allowed to be enrolled in Post Elementary school because she is deaf. She is a very intelligent, active and social person.

I never dreamed discrimination could be legal, but the law has a loop hole that allows the Post ISD superintendent to send this child to Lubbock indefinitely. The program in Lubbock has proven itself to be inadequate, in that these children are not challenged, they are not teacher to talk or understand speech, and we as parents have had to find and pay for speech therapy outside the school system.

The ride to school in Lubbock for the past six years has been wasted time and dangerous. My daughter has left at 6:30 a.m. and arrived home at 5:30 p.m. for the past five and a half years, riding on an outdated bus that breaks down constantly. That bus is very hot and rides very rough.

At the end of each school year I thank God that nothing happened to her, I breathe a sigh of relief and hope the next year she can attend in Post without traveling in harm's way. Due to the wasted travel time, she cannot participate with the local children in after-school activities. To this day she has never had the opportunity to play ball, try out for cheerleader, little dribblers or anything else because practice is after school and she is sitting on a bus between Lubbock and Post.

Recently on Channel 31 I heard the school board president say that instead of using our tax dollars to pay for more programs at the detention center we should be using it for children who live in Post and whose parents pay taxes.

But yet, I pay taxes, my child was born here and has always lived here, but she is shipped out every school day to Lubbock, keeping her out of the school here, where the doors are closed to her.

Also recently I read a letter to the editor written by the school board president, demonstrating his distaste for education outside the public school system. This situation involving my daughter has been presented directly to the school board twice. If we chose public education, then Misty is forced to travel from Post to Lubbock.

The Post ISD administration followed this up by urging us to move, institutionalize our daughter or home school, but they would not provide instructional materials. We received no support from the school board, so how ironic it is to read that letter to the editor, describing how our family is being treated, which the school board president sarcastically referred to as "the American way."

And most recently, on the front page of The Post Dispatch, we read that the school board is now considering building a new gymnasium, and even adding girls' softball to the curriculum. Meanwhile, they can't find the funding to educate our child at home.

I believe too much time and money has been wasted keeping my daughter out of Post schools. The school board should insist that money and energy be used to help this child and others. What has happened to these people's hearts and consciences?

Let us consider if one of the administration's or school board member's child was diagnosed at 18 months as deaf, like my child was, do you think the response would be the same? I assure you not. Now, is this "Do unto others as you would have others do unto you?"

I pay taxes, have paid for my home and work in education, but yet it has been suggested over and over that we should move, institutionalize or home school our daughter. This is all to avoid teaching her in public schools where she lives.

If I were wealthy, I would quit my job, sell my paid-for-home, take my daughter and newborn child and move. But he, if I was a millionaire, I bet this wouldn't be a problem at all, and she would have been in school here since kindergarten. Whether you pay publicly or privately, isn't a child worth helping? Especially if you are truly dedicated to looking for solutions to benefit, serve and protect all! Hopefully we can begin to work together.

Post citizens ... a child needs your help. Please write to the school board members, to Post ISD superintendent Dr Bobby Bain or anyone else that you feel can stop this travesty.

Parent of Misty Ayala

Best volunteer firemen and EMTs

While driving home for lunch on Wednesday, September 22, approximately four miles East on Highway 380, I was one of the first to arrive upon a serious automobile accident. A vehicle had overturned with four men in it. When I arrived one man was still trapped inside the vehicle.

Within a matter of minutes, the Post Volunteer Fire Department arrived with the "Jaws of Life" and a sort time later the Post/Garza County EMS ambulance arrived to free the trapped man, got all four men stabilized and on to receive medical care.

I could not help but marvel at the professionalism and dedication of the Fire Department and EMS volunteers. Just think, they do this service voluntarily. I think anytime we see a member of the Fire Department or EMS, we should thank them for the great job they do!

Giles W. Dalby

PHS band appreciates support

Monday night's Sneak Preview by the Pride of Post Band was a great success! I wish to thank everyone who came and supported the band's performance.

To Mr Giddens, the girls sports program, the boys football team, teachers and parents and everyone else ... a big thank you!

I also want to thank Mrs Pedersen and Mr Tackett for their determination and hard work and to the Band Booster Club and its wonderful support!

But most of all congratulations to the fantastic, talented Pride of Post Band students! I believe that your hard work and dedication will pay off and carry on your tradition of excellence and another Sweepstakes year! All the way to State!

Remember, the band travels to Plainview Saturday for the band festival there. Everyone is invited to attend.

Jaquita Blevins

Do we really need a new gym?

Last week's paper (The Post Dispatch 9/23/99) reported that the school board was discussing the building of a new gymnasium. It seems to me our kids could use some nicer busses more than a new gym. With school starting earlier every year, means more summer heat in the old yellow dogs.

You try riding in them there dogs to Hamlin, Stanton or anywhere for that matter and see if you feel like playing football or marching. The junior high kids leave earlier than any and I bet the coaches probably agree a little air conditioning would sure be nice.

I think we are the only school in our district that still rides in them there dogs. By getting busses with air conditioning, our kids participating in U.I.L. activities could have something to enjoy.

Anyhow, what's wrong with the gym we've got? We just paid for putting in a new floor, a new score board and backboard and dressing rooms. Remember, it's for the kids, not the parents or the fans. Is our gym worse than anybody else's in this district?

Three busses and a little cosmetics to the gym, or all that money for a new gym which would be used probably three or four months a year. It's pretty hot in the track season and early fall.

Just thinking about the kids.
name withheld by request

Sheriff reports 10 arrests

Ten arrests were made by local law enforcement officers during the past week, according to the jail log at the Garza County Sheriff's Department.

Four arrests were made Sept. 25, including that of a 46-year-old male picked up on Lubbock Police Department warrants (released the same day to Lubbock city officials); a 35-year-old male, DWI/3rd or more (released the next day on a \$10,000 bail bond); 18-year-old male, revocation of probation; and a 21-year-old male, DWI/1st (released the next day on a \$1,500 bail bond).

Picked up on Sept. 26 was a 38-year-old, DWI/2nd (released the same day on a \$2,500 bail bond); a 21-year-old male, illegal alien (released to the Border Patrol the same day); and a 41-year-old male, possession of marijuana/under two ounces, and unlawfully carrying a weapon (released the next day on a pair of bonds, one \$1,000 bond for possession of marijuana and a \$500 bond for the UCW charge).

Also, a 20-year-old male, driving while license suspended (released the next day on a \$500 bail bond); a 21-year-old male, driving while license suspended (released the next day on a \$2,000 bail bond); and a male, age unknown, for driving while intoxicated/2nd (released the next day on \$3,000 bail bond).



Central Bail Bonds has 24 offices with 30 agents making them the state's largest private surety bail bond company. Central's local office is located at 131 W. Main Street, Post, Texas 79356

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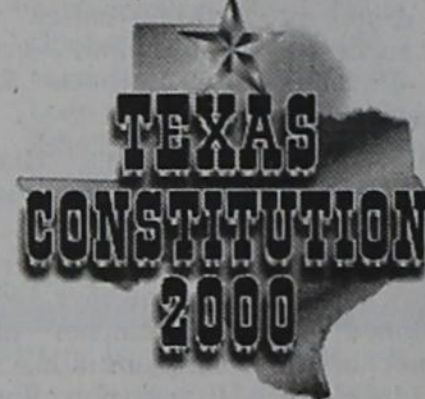
American Heart Association

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Grand opening

10% Bonds through October 15th

Call Trevah Yarbro 806-495-4181



Wanted:
A few Texans... dedicated to liberty and freedom... to serve on the Texas Constitution Ratification Committee

If you, or a Texan you know, has:

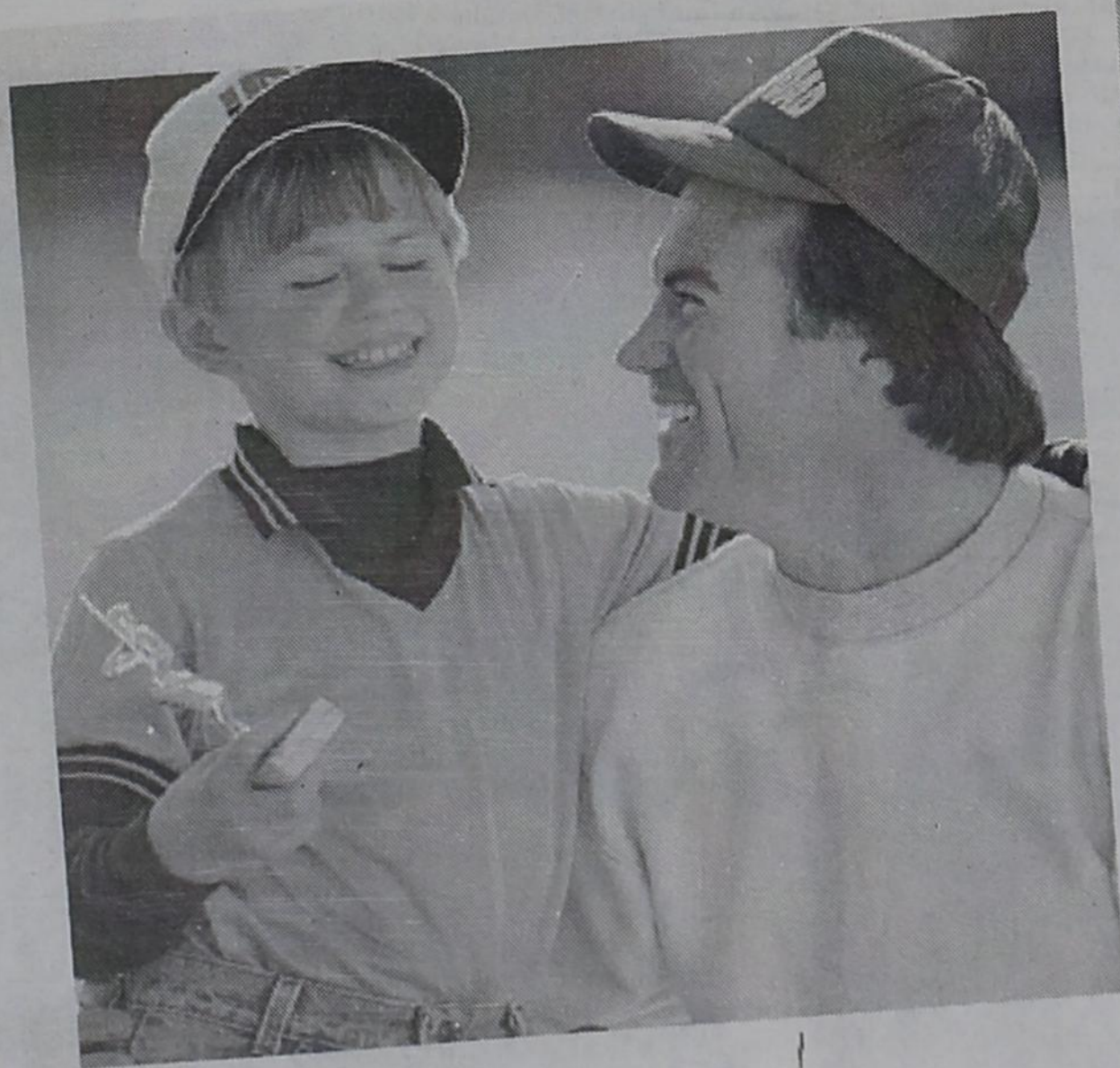
- great organizational skills and
- excellent command of the English language and
- understands the importance of lawful and peaceful ratification of Texas Constitution 2000 and
- will dedicate at least one year of his or her life to this task...

Send resume to:

TCRC Search Committee
Wesley W. Burnett, Chairman
123 E. Main
Post, Texas 79356
or call (806) 495-4135

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took you. **Today, you're taking your son for his.** And

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known and trusted. And as you help your son take this big step

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between just having a doctor and **having a partner for good.**

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Family Healthcare Centers

Scott Bergfeld, M.D.
Board Certified, Family Practice
Uma Rao, M.D.
Board Certified, Internal Medicine

Isabel Rodriguez, F.N.P.
Family Nurse Practitioner

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Hours: Mon. - Fri. 8:00 a.m. - 6:00 p.m.
Sat. 8:00 a.m. - 12:00 noon