

Giles McCrary "Citizen of the Year" Page 3

Judy's Jabberin' Page 3
Obituaries Page 4

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Stopping School yard shootings Page 5

The Post Dispatch

Seventythird Year Number 1 USPS 439-620 Single Copy 50 cents © 1998 The Post Dispatch Thursday, June 4, 1998

City Council wrestles with definition of 'commercial business'

by Sheri Lewis

City officials spent a great deal of time Tuesday night hammering out a working description of "commercial business" as it will be applied to local water, sewer and sanitation service subscribers.

City Manager Rick Hanna said that after an exhaustive effort to determine the fairest and best billing method, it is his suggestion that the city bill each "stand-alone business" at a business rate, billing them only for the services they receive.

"They (stand-alone businesses) should pay the same as the businesses downtown," Hanna said. "This is not going to make everybody happy. People will get mad... but if anybody has an idea that won't discriminate against our downtown businesses... I'm open to better ideas."

Hanna said he had talked to individual council members and to many local business owners prior to making this proposal.

"It's not perfect. I see flaws in it myself," he said. "But I'm open to suggestions."

The council discussed the matter at length, with several council members voicing concerns that some home-based businesses that will fall under the "stand-alone" description take in so little income that being assessed commercial water, sewer and sanitation rates will force them to close their businesses. Hanna said he was aware of that possibility and is "just sick" about it but cannot come up with a fairer, more balanced proposal that will justly serve all local business owners.

Councilman John Redman suggested that those small, home-based business owners who fall under the city's "commercial business" description who believe their incomes are too small to bear the commercial utility rate burden could be allowed to voluntarily bring in copies of their income tax returns to prove their income. The council was split on this suggestion.

The council asked City Attorney Harvey Morton to draw up a resolution containing the city's "commercial business" description and to have it ready for consideration at the next session.

Prior to the council's consideration of this issue, city officials heard briefly from Sheri Riedel who, along with her husband, Jerry, has been quite vocal in recent months about what they describe as inconsistencies in billing businesses at commercial rates. Riedel said she's been "looking for justice" for about a year and wants to point out to the council that as long as there is an allowance whereby the city manager has the "final say" on certain issues, there will be no fair or just solution to this problem.

In other business, the council:

- Saw the swearing-in of three council members — returning council member Bill Pool and newcomers Harold Craig and John Redman (who were recently elected to replace Archie Gill and Andy Stelzer). Pool was unanimously elected to return to the post of mayor pro-tem.
- Witnessed the swearing-in of the new municipal judge, Jim Plummer, and the presentation of a plaque to the outgoing judge who has served the city in that capacity for more than 22 years.
- Considered the appraisal district's proposal for providing tax collection services for the city. City officials have fielded repeated requests from taxpayers interested in a single tax payment location and the council, during an earlier meeting, decided to look into what the costs of such a service might be. The appraisal district's proposal would cost the city \$9,200. The mayor and council members agreed that price was much too high and that the municipality would continue collecting its own taxes.

• Approved the erection of a pole barn by the renter of the city's closed landfill property.

• Agreed to ask the Texas Department of Transportation to conduct feasibility studies at the intersections of 15th Street and U.S. 84 north, and Avenue F and 380. The city manager noted that the 15th Street intersection can be quite hazardous and with the addition of the new correctional facility being built on that side of town, traffic at that intersection is expected to increase. He said the addition of a flashing light at that intersection, followed by the eventual erection of a signal light, would be highly beneficial. About a year and a half ago, the city requested a feasibility study of the intersection at Avenue F and 380 but were told by state officials that the intersection did not carry enough traffic or reflect accident statistics high enough to warrant any type of traffic signal.

• Witnessed the mayoral appointments of city council members to several local boards. Those appointments included: Parks, Landfill — John Redman; Accounts Payable — Harold Craig and Bill Pool; Law Enforcement — Craig, Pool; Ambulance — Pool; Ambulance, Community Center — Juanita Pantoya; Community Center, Streets, Cemetery — Marion Cruse.

• Approved a 10-year, non-exclusive cable franchise agreement on first reading.

• Received several reports from the city manager, including a preliminary report from the appraisal district which indicates the city valuations have dropped off by \$2,722,530 over the past year thanks to a drop in the valuation of oil.

• Received an update on the White River water project and current lake level. The lake is currently 15.3 feet low, still about six feet higher than it was two years ago when it was almost 21 feet low.

• Recognized local seventh grade student Brandy Milton, who was recently named the winner of a Texas Municipal League regional contest dubbed "If I Were Mayor for a Day." Milton also helped open the council meeting by leading the Pledge of Allegiance.

• Conducted the final required public hearing on the Texas Community Development Program project. There was no public input on the project.

Hot, dry weather creates disaster for area agriculture

Unseasonably high temperatures, strong winds and the lack of precipitation could prove to be a disastrous combination for area agricultural producers.

Local Extension Agent John Senter said this week that agriculture producers in Garza County need rain — "a great deal of it over an extended period of time" — to avoid problems down the road.

"The current situation, if it doesn't improve in the next 30 days, means we're looking at a potential impact that will influence our entire county, not just agricultural producers," Senter said. "This county relies heavily upon agriculture and we need an unseasonably wet summer."

With weather conditions as they've been in recent days, evaporation rates are high and cattle producers who rely on ground water or tank water are seeing those sources drop, Senter said. In the meantime, row crop producers, facing a June 10 deadline for planting cotton seeds in accordance with crop insurance regulations, are facing the possibility of having to put their seeds in dry dirt. Irrigating producers have problems as well — irrigating is costly and some producers have limited access to well water, leaving these farmers concerned about the crop quality.

"We came out of winter in decent moisture shape but outside of the showers a few producers say 7-10 days ago... basically we've had no moisture.... Temperatures like we're having now, if they come in July and August like we expect them to, they're more bearable because we see April and May rainfalls normally. But we're probably five inches short for rainfall just for April and May.

"It's pretty unfortunate. It's not a tremendously good outlook in the near future for agriculture," Senter said.

According to records kept locally for the National Weather Service, Post has hit triple-digit high temperatures in five of the last nine days (as of late Tuesday). The first century mark temperature reading came May 25, followed by another May 26. Temperatures dropped a bit into the upper 80s for a couple of days, followed by two days at 99 degrees before climbing back up above the 100-degree mark Sunday (103), Monday (105) and Tuesday (108).

The city's official rainfall total for the month of May was just a hair over 0.20. The year-to-date total stands at less than 4.5 inches.

Post Notes

Trinity Baptist Church hosts VBS

The Trinity Baptist Church Vacation Bible School will be held June 8-12 from 6 to 8:30 p.m. at the church. All youth are welcome to participate.

Summer food service program

The Post Independent School District announces the sponsorship of the summer food service program to begin June 8 and continue through July 16. A snack will be provided at the school cafeteria, 309 W. 8th St., behind the elementary school. Children 18 years of age and younger are eligible to participate. The program is non-discriminatory, no one may be rejected because of race, color, national origin, sex, age, disability, religion, or political belief.

Junior cheerleading registration

Registration and measuring for junior cheerleading uniforms for the fall will be held at Citizens Bank on Tuesday, June 2 and Tuesday, June 9 from 7 to 9 p.m. for classes which begin in August. There is no age limit for the junior cheerleading classes. The monthly fee is \$20 and \$5 for each additional child. Uniforms are approximately \$170. Those returning from last year will need to sign-up on one of those days. Those interested in selling old uniforms or poms should bring them to the registration. There will be no late registration. For more information call Kim Lott at 629-4340.

Bold Gold Tennis camp June 22-25

Students interested in participating in the Bold Gold Tennis Camp June 22-25 would contact coach Daily at 495-4178. The camp will include two sessions: one for youth grades fourth through sixth from 8 to 10 a.m. and one for grades seventh through ninth from 10:30 a.m. to 12:30 p.m. Registration fee is \$15. Interested youth should provide information on adult T-shirt size, name and grade level of each student.

Trailblazers set bake sale June 20

A special fund-raising bake sale will be held Saturday, June 20 at United Supermarkets by members of the Garza County Trailblazers. All assistance and donations are greatly appreciated. Call Katharine Trammell at 495-3384 to assist or donate.

Style show, decorating contest July 31

As part of the Black Gold & Glamour Style Show and Luncheon on Friday, July 31 at the Post Community Center, there will be a table decorating contest. Prizes of \$100, \$150 and \$200 will be awarded to participating groups, clubs or organizations for their service projects or favorite charity. The entry fee is \$10 and the deadline for entry is June 25. Contact Lisa Kirkpatrick at 495-2235 for more details.

Summer "tent show" at Garza Theatre

The Garza Theatre tribute to Harley Sadler's Old Time Tent Show presents "Saintly Hypocrites and Honest Sinners" beginning June 5. Performances will be held three weekends: June 5-6, 12-14 and 19-20. The slap-stick comedy is under the direction of Jeremy Daniël, with curtain times at 7:45 evenings and 2:30 p.m. for the Sunday, June 13 matinee. Call the theatre box office at 495-4005 for reservations.

'Snack-drive' for Da'House Teen Center

The First United Methodist Church is sponsoring a "snack-food" drive to benefit Da'House teen center. Any snack food, such as chips, cookies, candy, canned soft drinks or juice will be greatly appreciated. These items may be dropped off at the United Supermarket or at the church office from 9 a.m. to noon. The snack food drive will continue through June.

Pre and kindergarten sign-up

The Post Elementary School is conducting sign-up for pre-kindergarten and kindergarten the next few weeks for the 1998-99 school year. Interested parents should contact the school during office hours Monday through Thursday 8 a.m. to 3 p.m. and 8 a.m. to noon on Friday. To sign-up, parents must present the child's birth certificate, immunization record and social security card.

Hospital election hits snag with expected AG opinion

by Wesley W. Burnett

Tuesday afternoon we were informed by State Senator Robert Duncan's office that the "Garza Hospital District has no vehicle for dissolution outside of legislative action."

Apparently, according to research conducted by Senator Duncan and the Attorney General's office, an election to dissolve the hospital district will have to be authorized by the state legislature.

It appears that the Attorney General's office will notify the hospital district that neither Chapter 282 nor Chapter 286 of the Health and Safety Code are governing statutes for the Garza Hospital District.

The issue is expected to be on the agenda for the GDH's June 14 meeting at 7 a.m. in the old hospital building.

At the March 15 public hearing hosted by the GDH, citizens were told by GDH board president Jack Alexander and GDH attorney Cal Huffaker that they could petition to call an election. Huffaker then informed The Post Dispatch that the statute governing the dissolution was Chapter 286.

(Continued on Page 7)



Organizations and individuals providing scholarships for the Youth Leadership Camp at Texas Tech were recognized last week at the Post Middle School. Honored for their assistance were (back row, left to right) Alvin Vernon, Charles Hardin, Victor Ashley, Gary Shifflett, Dedra Adams, Rodney Tidwell, Giles C. McCrary, J.W. Jolly, Bobby Dean, (front row) Mrs Alvin Vernon, Marita Jackson, Michelle Wischkaemper, Marge Tannehill, Kathie Rankin and S.T.A.R.S. president Tandi Humble. (See Page 2 for details).

Weather in Post

Date	High	Low	Precip
May 27	85	61	—
May 28	89	62	—
May 29	99	62	—
May 30	99	62	—
May 31	103	74	—
June 1	105	69	—
June 2	108	68	—

June rainfall — 0.00 Year-to-date — 5.351 (Records courtesy of the Garza County Sheriff's Department)


Most men make use of the first part of their life to render the last part miserable.

—Jean De La Bruyere.

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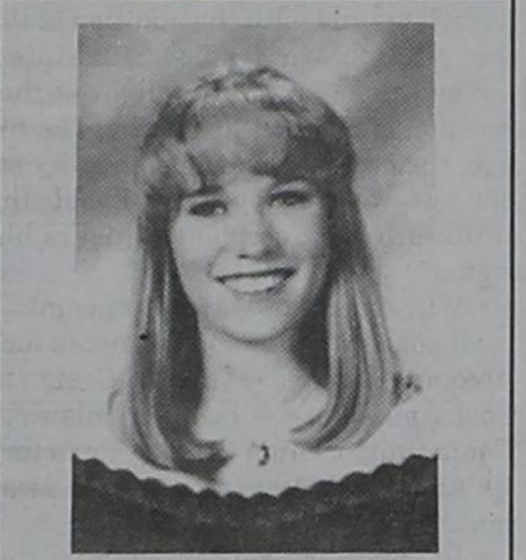
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Tracee Darling

Tracee Darling is the 18 year old daughter of Wayne and Anita Neh and Hoy Darling. She was born in Post. She plans to attend Delmoore College in the fall and study to be a Pediatrician. After college she plans to start her career and later start a family.

Anita Nett



Amanda Pierce

Amanda Jo Pierce is the 18 year old daughter of Elaine and George Pierce. She was born March 1, 1980 in Rotan. She plans to attend South Plains for two years and then move to Houston and attend the University of Houston Clear Lake. In those four years I plan to major in teaching and counseling.

Granny, Butch & Uncle Jimmy



Kristin Lewis

Kristin Lewis 1998 Miracle Child

The 1998 Children's Miracle Network telethon was telecast on Lubbock Channel 11 this past weekend. The telethon was a fund-raiser which benefits the Children's Hospital at University Medical Center in Lubbock. All proceeds from the telethon are retained locally. The telethon hoped to reach its goal this year of \$420,000.

This year's Miracle Child is 9 year old Kristin Lewis of Slaton. Kristin was diagnosed with non-Hodgkins Lymphoma in October 1997, but after undergoing aggressive chemotherapy at UMC she is now in remission and has been determined to be cancer free.

Kristin is the granddaughter of former Post resident Marilyn (Jones) Johnston.

Births

Angelica Warren

Rebecca Renee Warren is proud to announce the arrival of her baby sister, Angelica Miku Jane Warren. She was born June 3, 1998 at 2:08 a.m. at the naval base in Okinawa, Japan. Angelica weighed 7 lbs. 4 ozs. and was 19 1/2 inches long. Proud parents are Dewayne and Tomoko Warren of Okinawa.

Grandparents are Chet Warren of Post and Becky Warren of Kennedale.

Great grandparents are Henrietta Thomas of Post, Betty Gaskill of Ft. Worth and Gene Barto of Whitney.

Ragin Kimmons

Jacie Kimmons is proud to announce the arrival of her baby sister, Ragin D'Lyn Kimmons. Ragin was born May 22, 1998 at 1:46 p.m. at UMC in Lubbock. She weighed 7 lbs. 6 ozs. and was 19 inches long.

Proud parents are Bo and Reshea Kimmons of Post.

Maternal grandparents are Roger and Kathy Hair and Judy McInroe of Post.

Paternal grandparents are Pete and Joyce Kimmons of Lubbock.

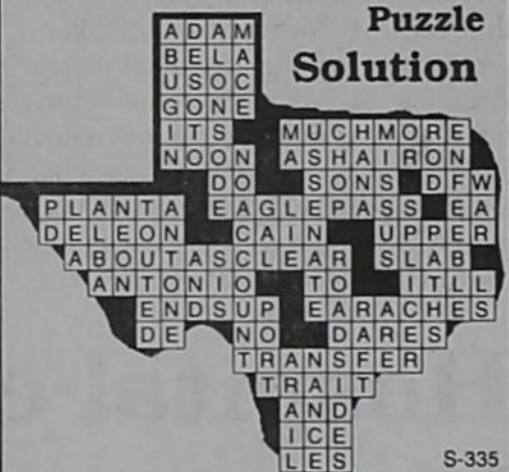
Great grandparents are Mrs S.W. Hair and Carol Light of Post.

Rodriguez receives degree from Wayland

Lucie Rodriguez of Post, graduated from Wayland Baptist University on Saturday, May 16, 1998. Lucie received a Bachelor of Arts degree in Multidisciplinary Studies.

She is the daughter of Mr and Mrs Antonio Rodriguez of Post.

Puzzle Solution



S-335

Local organizations provide scholarships for S.T.A.R.S.

by Dedra Adams School.

Local support in the form of scholarships makes it possible for 32 students and four adults to attend the '98 Texas Youth Leadership Training Camp this summer. The camp will be held at Texas Tech and is sponsored by Texas DARE Institute, the Peer Assistance and Leadership (PAL) program of WAPC (Workers Assistant Program, Inc.). It will be modeled after the nationally acclaimed Texan's War on Drugs Youth Leadership Conferences. S.T.A.R.S. stands for Students, Teachers, Adults Reaching Solutions. These scholarships to Middle School S.T.A.R.S. show that we are all working together to make a difference in our community. The students will spend four days on campus with hundreds of other student leaders sharing ideas, building friendships and absorbing valuable information. Accompanying the S.T.A.R.S. as sponsors this year are Bobby Dean, Middle School Staff; Rodney Tidwell, Mad Dads; Michelle Wischkaemper, Garza County Probation Department; and Dedra Adams, sponsor of S.T.A.R.S. at Middle School.

The S.T.A.R.S. attending and their sponsoring organizations are: Noah Guitierrez, Lions Club; Tiffany Hair, Amanda Workman, Jennifer Reiter, Breann Heckaman, Brody Robertson, Russell Eaton, Jordan Nelson and Kyle Gunn, Garza County Probation Department; Nicole Gray and Seth Redman, Rotary Club; K'Leigh Babb, Amity Study Club; Paige Lott and Brice Easterling, E.A. Franklin Charitable Trust.

Starlett Greathouse and Brandon Bell, Hochheim Prairie Farm Mutual Ins.; Jerica Tyler, Women's Culture Club; Eric Alaniz, Daryl Dissinger and Kris Hernandez, Garza County Sheriff's Dept.; Colt Vernon, Vernon's Quality Custom Window Tinting, Alvin L. Vernon Investigations and Saddle Traders and Tack; Pablo Perez, Post Middle School Faculty; Kyzandre Harper, United Supermarkets; Mark McCallister, Norwest Bank.

Rosalinda Alaniz, Lisa Soto, Keila Rodriguez, DeeDee Jarrett, Kenny Ratke, Mitchell Mills, Will Todd and Patrick Gonzales, S.T.A.R.S.



Post Middle School S.T.A.R.S. recognized last week are (back row, left to right) Amanda Workman, Kysandra Harper, Deidre Jarrett, Keila Rodriguez, (front row) Tiffany Hair, K'Leigh Babb, Paige Lott and Nicole Gray.



Post Middle School S.T.A.R.S. recognized last week are (back row, left to right) Seth Redman, Pablo Perez, Brandon Bell, Brody Robertson, Jordan Nelson, Daryl Dissinger, (front row) Brice Easterling, Patrick Gonzales, Kenny Ratke, Eric Alaniz and Noah Gutierrez.



Post Middle School S.T.A.R.S. recognized last week are (back row, left to right) Rosalinda Alaniz, Starlett Greathouse, Lisa Soto, Mark McAllister, Mitchell Mills, (front row) Colt Vernon, Breanne Heckaman, Jennifer Reiter, Jerica Tyler and Kris Hernandez.

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Judy's Jabberin'

By Judy B. Bush

Well, here we are for another week. I know everyone is about melted down after this overly warm weather. Be sure you are keeping extra water out for those pets and you wonderful senior citizens stay inside where it is cool!



A cookout was held last Thursday for Bill Schoemann, our probation officer for Garza County, for his farewell party. It was held outside at the courthouse, and all of the county officers, sheriff's office and probation department attended. Everyone will miss Bill, he is moving to Tahoka and will assume duties as the probation officer there.

I know the Gilmore clan had their family reunion over the weekend, but do not have a list of all that attended. Someone call and fill me in so we can share it with everyone.

There was a big crowd for Old Mill Trade Days this past weekend, even tho the temp hit 103 plus two days. You saw lots of water bottles and hand held fans everywhere you looked. There are plenty of loyal and faithful outside vendors, cause they were there with smiles on their faces.

I know everyone was wishing for some of that cold wind that we all fussed about this winter! I would have gladly taken a cool 75!

I would like once again to congratulate all of the Senior class, and as far as that goes all of the kids in Post Schools for such a great past year. Our town is truly fortunate to have so many talented and motivated kids in our school system. The U.I.L., Band, Choir and Sports kids did shine and make their parents and many others proud of them. You combine those kids with the fine teachers we have and we should indeed count ourselves lucky.

Birthdays this week: Thursday 4: Caroline Poe, Amy Kane, Jerry Siewert, Dan Fumagalli and Dub Rackley. Anniversary: Christi and Darrell Daily. Friday 5: Steven Cooper, Brice Easterling and Leah Siewert. Saturday 6: Ashley Mason, Tony Bishop and Kelly Baker. Anniversaries: Patsy and Bill Fumagalli and Tommy and Valerie Mize.

Sunday 7: Joe Frausto, Jr., Marlee Plumber, Amber Eagle and Donae Dalby. Anniversary: Giles and Mendy Dalby. Monday 8: Janice Mason, Darrell Daily and Adolfo Esparza. Tuesday 9: Lee Allen Gossett and Erica Tobias. Anniversary: Tonya and Delbert Rudd. Wednesday 10: William J. McReynolds, Michele Raben, Margaret Martinez and Katie Kemp. Anniversary: Two of my favorite people, Wes and Pat Burnett.

Guess that is all for this week, everyone please be careful out in this heat and try to stay cool. Pray for RAIN!!!! See you next week.

Giles McCrary honored as 'Citizen of the Year' by ARCS

Post civic leader Giles C. McCrary is scheduled to be recognized as the Achievement Rewards for College Scientists (ARCS) 1998 Man of the Year at a special dinner Thursday evening, June 4, at The Lubbock Club in Lubbock.

The ARCS Advisory Board, which is composed of community leaders, selected McCrary for the honor, according to the organization's president-elect, Nancy Tarwater. The award annually goes to "individuals who have made significant contributions to the community," Tarwater said.

ARCS is a national organization whose primary mission is helping to meet the country's need for scientists by awarding scholarships to academically-gifted students enrolled in scientific studies. This fall, the Lubbock chapter plans to distribute 10 graduate scholarships at a total of \$5,000 each; two undergraduate scholarships at Texas Tech University at a total of \$2,500 each; and two undergraduate scholarships at Lubbock Christian University at a total of \$2,500 each.

Any monies raised over and above the expenses incurred through Thursday evening's dinner will also be used for scholarships, Tarwater said.

Masonic Lodge enjoys golf tournament

The Post Masonic Lodge #1058 held a golf tournament on May 27 at the Caprock Golf Course. This was the 1st phase with the second phase to be held again on Wednesday, June 3, with possibly out of town members visiting to join in on the fun.

This was not your ordinary golf tournament with experienced and non-experienced players enjoying the evening. The rules were drastically changed to benefit the inexperienced golfers. Just a few of the changes were: Whif's didn't count (for those of you who don't play golf, that's when you miss the ball completely). If your ball went behind a tree you were allowed to move it. If your ball went into the ruff, you could move it back to the fairway. Unlimited Mulligans (that's a FREE shot!) were available for \$5 each. That money went to the building fund.

The proud winners of the tournament were: 1st place: Jay Pollard and Wendell Johnson with a 37.

2nd place: Richard Dudley, Brad Mason and Bill Freeman with a 39. 3rd place: Dan Nelson and Pat Pennell with a 40.



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Extension Extras

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

Marketing Club Meeting

The Garza County Marketing Club will meet Monday, June 8th., 7:30 a.m. in the Extension Office at 102 South Avenue L.

Camp Orientation

All 4-H'ers going to Electric Camp or Leadership Camp must attend Camp Orientation 5:30-6:30 p.m., Monday, June 8 at the Extension Office.

F.C.E. Meeting

Garza County Family and Community Education Club will meet Tuesday, May 9, 5:30 p.m. in the home of Ida Jones for a Salad Supper and program. F.C.E. Clubs are open to anyone.

4-H Record Books/Project Forms

4-H'ers who plan to prepare Record Books or Project Forms need to come by the Extension Office for current forms. If you participated in any project since last July, you need to turn in a Project Form to be eligible to receive your year pin or a Record Book to be eligible for other county awards. The deadline to turn books or project forms in is July 6.

Life can only be understood backwards, but it must be lived forwards.

—Soren Kierkegaard

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Tiffany Huffaker in Lubbock at 793-3808 or call the UNITED STUDIES office toll free at (800) 869-8585 a non-profit organization



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Weaver graduates with honors at TTUHSC

Cori Denise Weaver, the daughter of Billy and Sue Weaver of Southland and the granddaughter of Sadye V. Creswell and Willie Mae Gatzki of Slaton.

Cori completed her Bachelor of Science in Communication Disorders at Texas Tech University Health Sciences Center (TTUHSC) where she also continued her education through a two year Masters program.

She graduated with honors and was hooded with her Master in Communication Disorders at TTUHSC in the May 1998 convocation.

During her graduate career, Weaver was named Outstanding Graduate Clinician in the field of Speech Language Pathology. Upon graduation, she will begin her Clinical Fellowship Year (CFY) at University

Medical Center (UMC) as the Pediatric Outpatient Speech and Language Pathologist. After completion of her CFY she will continue her career at UMC in Lubbock.



Cori Weaver

Obituaries

Shirley Ann Wood

Funeral services for Shirley Ann Wood, 63 of Lubbock were held Monday, June 1, 1998 at 2 p.m. in the Hudman Funeral Home Chapel with the Rev. Russ Murphy of Indiana Ave. Baptist Church officiating. Burial will be in the Terrace Cemetery under the direction of Hudman Funeral Home.

Mrs Wood died May 30, 1998 in Methodist Hospital. She was born February 18, 1935 in Garza County to James Allen and Esther (Pennington) Bird. She married Bobby Dean Wood on December 18, 1953 in Lubbock. She was a housewife and a member of the Lubbock Antique Doll Club.

Survivors include: her husband, Bobby Dean Wood of Lubbock; one son, Jay Dick Wood of Lorenzo; one daughter, Mimi Deanann Wood of Lubbock, two sisters, Mary Davis of Lovington and Alma Hutto of Post; one brother, Richard Bird of Post; five grandchildren and one great granddaughter.

Pallbearers were David Tyler, Richard Comb, Dalton Cottrell, Jimmie Todd Tiger, Eric Cravy and John Loveless.

Odessa Morris Bell

Funeral services for Odessa Morris Bell, 72, of Post will be held Saturday, June 6, 1998 at 11 a.m. in the Pleasant Home Baptist Church with the Rev. Arthur Kelley officiating. Burial will be in the Terrace Cemetery under the direction of Hudman



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Funeral Home.

Mrs Bell died June 2, 1998 in Highland Hospital in Lubbock.

She was born August 29, 1925 in Robertson County to Rosevelt and Pearl Lee (Bradshaw) Morris. She married Ocie Bell on September 27, 1947 in Franklin. She was a housewife and a Baptist.

Survivors include: her husband, Ocie Bell Sr. of Post; three daughters, Ruby Mitchell of Killeen, Dazie Jackson of Liberal, Kansas and Annie Tutt of Dallas; five sons, Ocie Bell Jr., Willie Bell, and Charles Bell, all of Post, David Bell of San Antonio, and Stanley Telford of Hugkon, Kansas; one sister, Irene Burleson of Post; one brother, Sammie Morris of Clovis, New Mexico; 25 grandchildren and 18 great grandchildren.

Geneva Justice

Funeral services for Geneva Justice, 74, of Dimmitt were held Monday, June 1, 1998 at 1 p.m. in the First Baptist Church in Dimmitt with Rev. Howard Rhodes, pastor and Rev. Paul Kenley, former pastor officiating. Burial was in Terrace Cemetery in Post under the direction of Foskey-Lilley-McGill Funeral Home of Dimmitt.

Mrs Justice died May 30, 1998 in Plains Memorial Hospital in Dimmitt, after a lengthy illness.

She was born January 26, 1924 in New Lynn. She lived in Hereford from 1958 to 1974. She married Virgil Justice December 6, 1941 in Lamesa. She was a member of the First Baptist Church in Dimmitt and the Plains Memorial Hospital Aux. She was preceded in death by her husband Virgil on September 3, 1992 and by a son, J. Ken Justice on December 5, 1991.

She is survived by: two daughters, Avie Lewis of Georgetown and Janet Ross of DeKalb; two sisters, Dorothy Keeton of Abilene and Jewel Rogers of Abernathy; and four grandchildren, Kerry Lewis of Edwards, Ca., Ronna Traylor of Alexandria, Va., Jennifer Rankin and Juli Justice of Lubbock.

Lunch Menus

Trail Blazers

Fri., June 5, 1998
Turkey and dressing, sweet potatoes, broccoli and cheese, salad, wheat roll, peanut butter cookies, beverage.

Mon., June 8, 1998
Chicken pot pie, tossed salad w/ Ranch dressing, wheat roll, plums, vanilla wafer, beverage.

Tues., June 9, 1998
Stuffed baked potato w/BBQ beef, broccoli and cheese, pears, hot roll, peanut butter cookies, beverage.

Wed., June 10, 1998
Baked ham, blackeyed peas, brussels sprouts, carrot raisin salad, wheat roll, cherry or plum cobbler, beverage.

Thursday, June 11, 1998
Chicken fried steak w/white gravy, baked potato, green beans, wheat roll, apricots, beverage.



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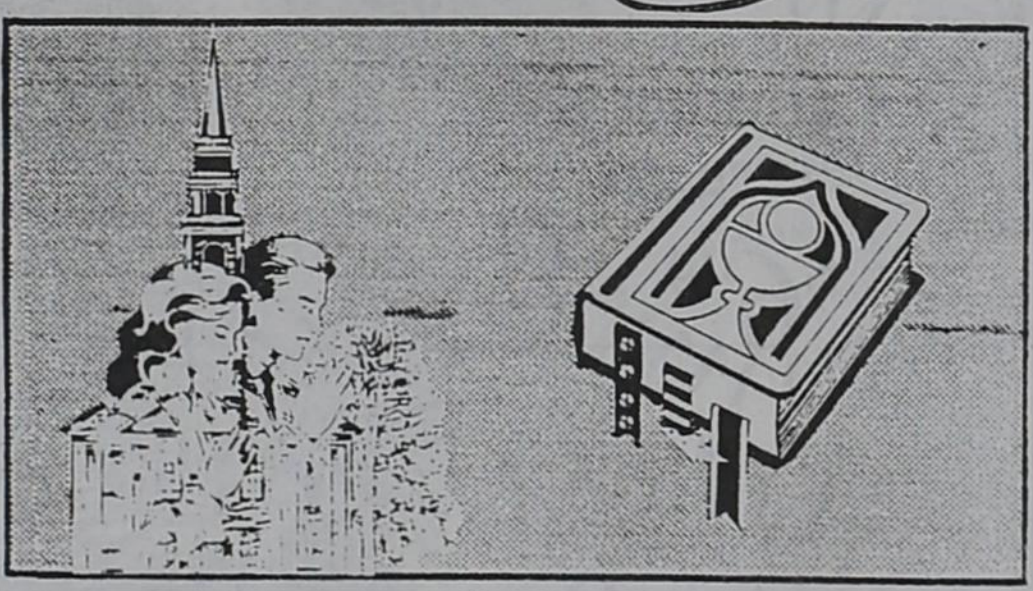
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- Baptist**
Calvary Baptist Church 210 E. 6th, 495-2342
First Baptist Church 402 W. Main, 495-3554
First Baptist Church, Wilson 628-6333
Pleasant Home Baptist Church E. 14th & N. Ave F
Templo Bautista 315 W. Main, 495-2416
Trinity Baptist Church 915 N. Ave O, 495-3038
Justiceburg Baptist Church Justiceburg, Don Blackcock, pastor
- Catholic**
Holy Cross Catholic Church Ave. K and Main St., 495-2791
- Disciples of Christ**
First Christian Church 812 W. 13th, 495-3716
- Church of Christ**
Church of Christ 108 N. Ave. M, 495-2326
Graham Chapel Church of Christ 5 miles W. Hwy 380, 2 miles south
- Church of God**
Church of God of Prophecy 602 W. 14th, 495-3644
Power House Church of God and Christ Pine Ave.
Lighthouse Christian Center Church of God 314 N. Ave I, 495-2237
- Church of the Nazarene**
Church of the Nazarene 202 W. 10th, 495-3044
Grassland Nazarene Church 327-5656
- Non-Denominational**
Church on the Go 113 W. Main, 748-7623
- United Methodist**
First United Methodist Church 216 W. 10th, 495-2942
Graham Chapel United Methodist Church 495-3492
- Presbyterian**
First Presbyterian Church 910 W. 10th, 495-2135

Spread The Good Word



Prayer works

by Darryl Smith, First Baptist Church

There is no question that we are in need of rain. Our farmers and ranchers are in desperate need of moisture for their crops and livestock. They need it soon.

The Scripture says in James 5:17-18, "Elijah was a man with a nature like ours, and he prayed earnestly that it would not rain; and it did not rain on the land for three years and six months. And he prayed again, and the earth produced its fruit." Notice that he was a man like we are, that he prayed, and that God brought about blessing.

James preceded that with the statement, "The effective, fervent prayer of a righteous man avails much." Prayer works! Fervent prayer works! The fervent prayers of righteous people work! Could it be that God is calling our community to prayer? Could it be that God is asking us to look to Him in our time of need? Could it be that God is getting our attention through these circumstances?

God says in 2 Chronicles 7:13-14, "When I shut up heaven and there is no rain... If my people who are called by my name will humble themselves, and pray... I will hear from heaven, ... and heal their land." The issue is not simply rain, but a return to God. Think about it, or should I say, "Pray about it!"

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Post High School athletes were honored recently at the all sports banquet. Recognized at the event were (back row, left to right) Clell Knight, Ty Haney, Sam Woods, Jamie Hernandez, Orlando Castillo, Jay Gorman, Russ Moore, John Barbosa, Natalie Pollard, (middle row) Arimy Gradine, Macee Mills, Kasey Hardin, Erica Gomez, Cameron Miller, (front row) Jerry Graham, Marcus Lopez, Rhonda Thompson, Shelley Shifflett and Sharla Cruse.

PHS athletes honored at awards banquet

Post High School athletes were recognized for their achievements during the 1997-98 school year at the annual All-Sports Banquet recently.

Awards

Football: Sam Woods, offensive back; Russ Moore, offensive and defensive line; Jay Gorman, offensive receiver; Jamie Hernandez, defensive back; John Barbosa, defensive linebacker; Orlando Castillo, special teams and Ty Haney, "Fighting Heart."
Boys Basketball: Clell Knight, offensive MVP; Jay

Gorman, defensive MVP and Jerry Graham, "Fighting Heart."
Boys Track: Sam Woods, running award and Billy Crawford, field event.
Boys golf: Jerry Graham, MVP.

Baseball: Steve Gonzales and Anthony Flores, MVP.
Boys Tennis: Russ Moore and Cameron Miller, MVP.
Powerlifting: Marcus Lopez, MVP.

Girls Basketball: Natalie Pollard, offensive MVP; Macee Mills and Arimy Gradine, defensive MVP and "Fighting

Heart" to Cassie Short and Erica Gomez.

Girls Track: Rhonda Thompson, running award and Sharla Cruse, field event.

Girls Golf: Kasey Hardin, MVP.

Girls Tennis: Shelley Shifflett, MVP.

Girls Cross Country: Rachele Jones, MVP.

KIDS & FISHING

Few things in life can equal the fun and satisfaction of taking kids fishing. But there are some things to remember in order to make sure the outing is enjoyed by all. Here's a few helpful tips offered by Zebeo, the company that has been taking kids fishing for nearly fifty years.

Just like in everything else, kids enjoy an activity more when they have their very own equipment. But don't panic, beginner's fishing gear is still one of the real values on the market today. Kid-sized spincast reels with matching rods are simple, functional, and inexpensive.

For the very young, Zebeo's Mickey Mouse or Snoopy combos offer plenty of pint-sized fishing fun for little hands. One of these will cost only about \$12, but will work just like "dad's," meaning they cast, reel and catch fish just like the bigger models.

For kids a little older, 7 years and up, the next logical step is one of the spincast reels with a "drag." Zebeo's 202 is the all time favorite reel here. It's still a bargain, and probably has more big fish to its credit than any other single model of reel.

NAHB research center issues warning on water softener installation

The NAHB Research Center has warned that installing an undersized water softener in a residential plumbing system can reduce the flow of water to some of the fixtures in the home, and can cause the flow to drop below plumbing code requirements.

Undersizing can also reduce the water softener's efficiency, causing it to deliver some "hard water."

The NAHB Research Center has published a guide to help builders, plumbers and home owners to avoid these problems when installing water softeners.

Water Softener Flow Capacity

The pressure and the flow rate of water in home plumbing systems are reduced when the water passes through water softeners. Softeners are manufactured in a range of flow capacities to accommodate the requirements of different homes. Their size must conform to plumbing code requirements and must accommodate the house's water needs.

Many water softeners have maximum flow capacities of five or

eight gallons per minute. Plumbing code requirements and actual water demand for many homes can be considered greater.

For example, the Uniform Plumbing Code (UPC) requires that a house with two-and-a-half baths must have a water flow capacity of seventeen gallons per minute. Installing a water softener of five- or eight-gallon capacity in a house requiring greater capacity violates plumbing code requirements and can constrict the water supply to the most remote or the highest-demand fixtures.

Undersizing can also create a problem called "bleed-through". The component in water softeners that conditions the water is called an ion exchange matrix. Excessive flow rates reduce the matrix's efficiency, causing the conditioner to deliver some "hard" water.

Labeling and Certification

Prior to purchasing a water softener, builders, plumbers and home owners check the device's flow rate and pressure drop. These should appear on a label affixed near the

softener's water connection, or in the manufacturer's literature.

The label should also state that the water softener has been tested by a third party certification agency for compliance with the requirements of Water Quality Association Standard 100.

Purchaser can take the following additional steps:

...ask the water softener contractor for technical literature on the product.

...ask the water softener contractor to document compliance with the local plumbing code

...check with the local plumbing code enforcement agency for their requirements

...check with the Water Quality Association, 630-505-0160, for product certification status.

Available Without charge

The Research Center's guide, entitled, Plumbing Code Requirements and Sizing Guide for Residential Water Softeners, can be obtained without charge by calling the HomeBase Hotline and requesting a copy. Call 1-800-898-2842.

Don't Let Diabetes Rob Your Taste Buds Of Delicious Treats

(NAPS)—Good nutrition starts in the kitchen, and with a little education. For people with diabetes, good nutrition is critical to keeping blood sugar levels under control. Surprisingly, watching what you eat does not mean losing what you like.

The first step to meal planning is working closely with a registered dietitian. Dietitians know how nutrition can better control patients' blood glucose levels, while tailoring programs that suit their tastes and lifestyles.

What are some simple rules to good nutrition? Balancing out carbohydrates, proteins, and fats. Eating a variety of fresh fruits and vegetables, lean meats, and whole grains can make a difference in your blood sugar. Keeping fat, especially saturated fat, at an appropriate level. Again, your dietitian can help you set-up your requirements.

What does this mean? You're not necessarily restricted to what you can eat, as long as it can be incorporated into your daily meal schedule. And while most foods can be incorporated into a meal plan, sometimes special foods are very helpful.

Take a look at the following recipes that can become a part of your daily routine. They're fast, easy to make, and taste great!

LEMON BLUEBERRY BRAN MUFFINS

- 1 1/2 cups bran flakes cereal, crushed
- 3/4 cup buttermilk
- 1/2 cup Cary's Sugar Free Syrup
- 1/4 cup vegetable oil
- 1 egg
- 1 1/4 cups unsifted flour
- 1 1/2 teaspoons baking soda
- 1 1/2 teaspoons grated lemon rind
- 1/4 teaspoon salt
- 3/4 cup fresh or frozen blueberries

Preheat oven to 350°. In a large bowl, combine cereal and buttermilk; let stand 5 minutes. Combine syrup, oil, and egg; mix well. Add to cereal mixture. Stir together flour, soda, rind and salt; add to cereal mixture. Stir only until moistened. Fold in blueberries. Fill paper-lined or lightly greased muffin cups 2/3 full. Bake 20 to 25 minutes or until golden brown. Remove from pan. Serve warm.

Nutrition values per serving (1 muffin): 130 calories; 3g protein; 5g fat; 19g carbohydrate; 20mg cholesterol; 300mg sodium (values are rounded)
Percentage of calories from:
9% - protein; 34% - total fat; 57% - carbohydrate
Exchanges: 1 bread/starch, 1 fat

BERRY FIZZ

- 4 oz. LIGHTSTYLE® Low Calorie Cranberry Juice Cocktail
- 4 oz. diet cranberry or grape ginger ale
- Lime wedge, garnish

Pour into a glass with ice. Garnish with a lime wedge. Makes one serving.
Nutrition values per serving: 5g carbohydrate
Exchanges: Free

November is American Diabetes Month, a good time to turn over a new leaf, nutritionally

speaking, of course. Recipes like these and many other are available by contacting the American Diabetes Association. An assortment of cookbooks are available, and new recipes are updated daily on the World Wide Web.

American Diabetes Month is presented by the American Diabetes Association. November materials are produced with educational grants from Cary's Sugar Free Syrup, Ocean Spray and Medisense.

For more information about nutrition and diabetes, call the American Diabetes Association at 1-800-DIABETES (1-800-342-2383) or by visiting the World Wide Web (www.diabetes.org).

Turn over a new leaf in managing diabetes. Call the American Diabetes Association at 1-800-DIABETES (342-2383) for the latest information.

Wisdom is knowing when you can't be wise.

—Paul Engle



Caprock Girl Scout Council executive director Kimberly Bradford (left) presents a special \$1,000 college scholarship to 1998 PHS graduate Sharla Cruse. Three scholarships are awarded to three young women in the 18 county scout council for recognition of their outstanding achievements.

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Ladies Auxiliary VFW

by Lana Comer

The Ladies Auxiliary to the VFW would like to say Thank You, Thank You, Thank You, Thank You, to Norwest Bank and Citizens Bank and United for letting us set up tables to sell poppy's for Memorial Day and to the citizens and businesses who gave so unselfishly. Thanks to KPOS for finding the Lee Greenwood tape "I'm Proud to be an American" which JoAnn Stelzer used in her program before dinner.

Thanks to Billy Williams and his helpers for cooking breakfast on Memorial Day and Rev. Paul Jones for his memorial eulogy at the cemetery. Thanks to Andy Stelzer,

Chuck Ratliff, and the many cooks that helped prepare the great dinner and to the many others we may have missed.

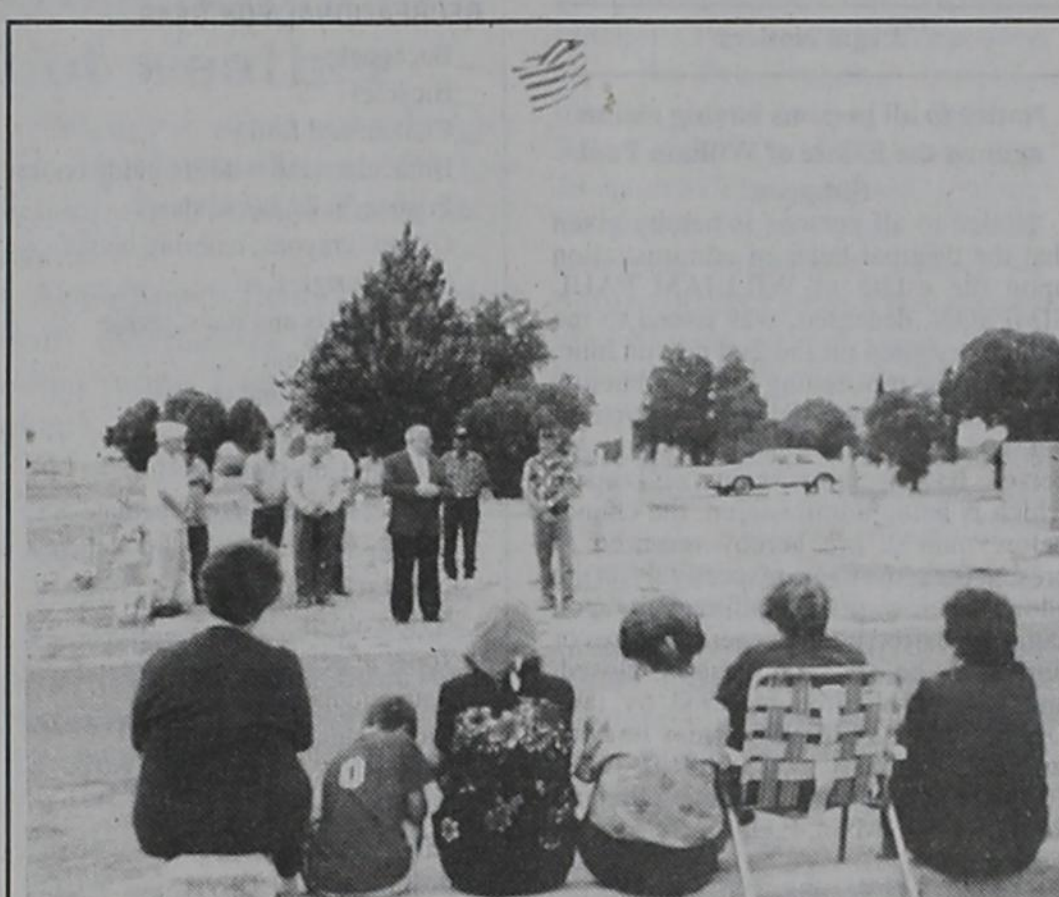
All of the above brought an enjoyable day for those of us to remember what Memorial Day is about. The friendship, the gathering, the remembering of those who died, that fought to save our liberty, our freedom and the God given right to our thoughts, that our Flag is still there and it flies high for "America". For it's the symbol for our people that Americans "don't give up". So thank you very much from the Ladies Auxiliary of the VFW.



Meanwhile, back in the kitchen, Andy Stelzer, Billy Williams and A.J. Baumann stir up breakfast for the Memorial Day event at the VFW hall.



Helping with the annual Poppy sale for the VFW last week were (standing, left to right) JoAnn Stelzer, Carol Jean Light, Syann Todd, Shirley Williams, (seated) Vi Strawhacker and LoLa Ryan.



Paul D. Jones was the featured speaker last week at Memorial Day services held at Terrace Cemetery. Members of VFW Post 6797 hosted the event again this year.

Hospital election...

(Continued from Page 1)

The Post Dispatch also contacted the Secretary of State's office in late March and was also told that the dissolution method was spelled out in Chapter 286.

Although the Attorney General's opinion is of some merit, it does not carry the weight of law, and the GDH board could honor the petition and call the election.

The decision of the votes would be final, unless someone were to challenge the authority of the election in court.

Eleven arrests reported last week

Eleven arrests were made over the past week, according to records at the Garza County Sheriff's Department.

Arrested on May 26 was a 23-year-old male picked up on a DPS warrant (released the same day after paying fines). Arrested on May 27 was 36-year-old Glendel Ray Cummings Jr. who was charged with burglary of a habitation/district warrant (released the same day upon transfer to a TDCJ facility).

Arrested May 28 was a 37-year-old male picked up on a warrant/revocation of probation. Four arrests were made on May 29, including that of a 35-year-old male picked up for DWI/first (released the same day on \$1,500 bond); a 35-year-old female arrested for public intoxication (released the same day on time served, fine paid); a 20-year-old male picked up on a Hockley County warrant (released the same day on a \$1,000 surety bond); and a 30-year-old male, capias (released May 31 on time served, fine paid).

Arrested on May 30 was a 19-year-old male picked up for having no driver's license, no insurance and displaying fictional registration (released June 1 on time served, fine paid; released to Border Patrol). Three arrests were made on May 31, including that of a 32-year-old male picked up for DWI/first (released the same day on \$1,500 PR bond); a 19-year-old male arrested for public intoxication (released the next day on time served, fine paid); and a 19-year-old female arrested on a traffic charge (released June 1 on time served, fine paid).

More than 75 calls for service were received by local law enforcement officials over the past week. Highlights from those call sheets included the following reports:

May 27 — An automobile accident on FM 651 (single car rollover; ambulance and wrecker called); a fight (no address recorded); and a broken windshield on the back of a vehicle in the 300 block of West 11th.

May 28 — A dog bite, North Avenue K.

May 30 — Minors drinking and possible drug use in the 200 block of West 13th; an automobile accident without injuries on South Avenue I; cruelty to animals, 200 block of West 14th; an automobile accident without injuries at 8th and Broadway; and a request for an ambulance at Burlington.

May 31 — Theft involving two juveniles, South Avenue F; theft (\$100 rooster reported missing), 400 block of West 5th.

June 1 — Threats, 100 block of East 7th.

June 2 — An automobile accident on U.S. 84 south, one-vehicle rollover (Aerocare called out; no further details available).



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Pointers For Parents

Making Downtime An UpBeat Experience

(NAPS)—Looking for a fun way to stimulate young minds? Organize some interactive activities.

Instead of letting video games and TV rule your child's day, parents should get together to structure group activities. Meeting once a week in a neighbors' home, the basement of a church or community center, kids can create with found materials, build with construction toys or expand their writing skills.

Here are some ideas:

- Use old shoe boxes, paper towel tubes and other found materials to create and build *Recycle City*. Kids paint or cover the boxes with colorful paper and use crayons and markers to draw details. Roads created between the buildings and city become the perfect terrain for small metal cars and trucks, offering endless hours of imaginative play.
- Build moving vehicles out of construction toys and race or drive them through *Recycle City*. Each child can bring construction pieces to build a K'NEX Rubber Band Racer or other car. Race the vehicles on a hard floor, Ping-Pong or train table. Parents can help with the construction and judge the races.
- Use construction toys to build bridges and test to see which designs are strongest. Kids can work together in groups to see who can build the highest and sturdiest tower. While staying



When you're kids complain that there's "nothing to do," organize an interactive activity to stimulate their minds. Build, cook, write, create.

active and away from the tube, children will learn about physics.

• Write and publish a weekly neighborhood newspaper. A variety of ages can participate. All junior journalists can contribute ideas for the newspaper's names and stories. Older children take charge of writing and publishing, younger ones help with illustrations and delivery. Keep it short and fun so it can be created in one afternoon.

• Start a Junior Cooking Club. Make brownies one week, chocolate covered pretzels the next. Each week different parents host the club in their home and cook a house specialty with the kids. All taste the results and collect copies of the recipes.

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Where There's A Will
(NAPS)—Q. Is it true I don't need a will if I want everything to go to my family?

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leave some specific item to one person in particular or to provide for him or her in some way other than provided by law, you need a will. Similarly, should you wish to dispose of some of your property to other family members or individuals, charities or the like, a will is necessary.

Estate planning with a lawyer or other professional can help ensure that the assets available to your heirs are maximized, for example, by structuring your estate so it's subjected to fewer taxes.

A simple will can be drafted by an attorney for a small fee. If you don't have a lawyer, you may find one by calling Lawyer Referral to help you with your will or any legal question.

To find the Lawyer Referral service nearest you, check your Yellow Pages or call your state or local bar association. You can also visit the American Bar Association's Web site at <http://www.abanet.org/public> for more information.

The Post Dispatch

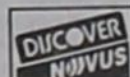
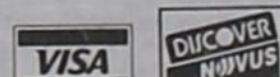
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Yesteryears

by Pat Burnett

June 8, 1988 10 Years Ago

The Post Middle School and High School students visiting Washington D.C. this week were Cathi Cash, Kristin Titsworth, Heather Dickson, Trudy Woods, Laura Norman, Shane Bevers, Jon Olson, Jay Mitchell and Ty Hill. Their teacher sponsor was Dedra Adams...Roby Lynn Lester, son of Gregg and Marsha Lester, was born Friday, May 20, 1988. He weighed eight pounds and nine ounces at birth...Mr and Mrs Dan Cockrum were in San Antonio recently to attend commencement exercises for their grand nephew, Thomas John Gowna, Jr., who received a doctor of medicine (M.D.) degree from the University of Texas Health Science Center...Post Mayor Giles McCrary was presented a Doctor of Humane Letters degree from the Texas Tech University Health Sciences Center during commencement exercises Saturday, May 28...Jim Taylor received the honors this week with being given the yard of the Week award...

June 8, 1978 20 Years Ago

Georgie Willson is retiring from teaching following 22 years of teaching in the Post Schools and accumulative years of 40 as a music teacher...Post new sheriff's posse won its first trophy recently placing second in the Old Settlers Reunion parade in Floydada. Jim Jackson heads the posse...Jimmy Valdez, White Sox second baseman, suffered a broken leg Saturday night when a runner slid into him at second base...Floyd Whitehead, "The Brown Bomber" received a trophy for first place Most 10-8 mobile in a convention of C Bers held in Midland last weekend...Jill Cash, daughter of Mr and Mrs A.C. Cash, was named to the President's Honor Roll at East Texas State University for the 1978 spring semester...Happy Birthday today goes to Reta Fern Settlemire, Mrs Lewis Herron, Vicki Pennell, Mrs John Hegi and Benny Cisneros.

June 6, 1968 30 Years Ago

Martha Miller, Belinda Blacklock and Debbie Tucker were among the many youngsters enjoying the Post City-County swimming pool this past week...Mary Ann Stone will be in charge of camp crafts at Camp Arrowhead near Kerrville next week...Cynthia Ann Altman became the bride of Jerry Taylor June 2 here in Post...Ronda Criswell is spending the week in Spur visiting her grandmother, Mrs Alice Smith...Team ropers Fred Myers and Tex Garnett of Post won the last go-round in a team roping held Sunday at McLean...At the Tower theatre this

June 3, 1948 50 Years Ago

Kenny Cash, Dan Cockrum, Homer McCrary and R.B. Dodson will represent the Post Volunteer Fire Department at the annual Texas Firemen's and Fire Marshal's Convention in San Antonio next week...Maud Alice Zorns accompanied her brother, Tommy Zorns and family of Brownfield, to Abilene for the weekend where they visited relatives...Members of the Mystic Sewing Club enjoyed a picnic supper at the roadside park Friday night. Hostesses for the picnic were Mrs Max Tucker and Mrs Odean Cummings...Wyndell and Lyndell Norman of Grassland visited last Thursday night in the home of Mr and Mrs Howard Teaff...Mr and Mrs Otis Shephard are building a new home on their farm in the Garnolia community...Mrs Lottie Johnson left Saturday for a two weeks visit with her father at Cayuga...A century plant given to Dr. L.W. Kitchen about 30 years ago by the late Mrs John B. Slaughter, who had owned the plant 30-40 years, is blooming for the first time.

June 5, 1958 40 Years Ago

The Amity Study Club's float won the first place prize in the Post Stampede Rodeo parade...The Post Lions Club today challenged the Post Rotarians to a "get out and vote" contest in the special water contract election here Saturday, June 21...Marcia Newby, 8 year old daughter of Mr and Mrs David Newby was injured while jumping the rope Tuesday. She jumped on a nail that went through her shoe and the side of her foot...Mr and Mrs Gordon Hamilton and Billy spent Sunday in Blackwell attending the reunion of the Hamilton family...Mrs Levi Williams left Sunday to visit relatives in Springfield, Mo...Ronnie is a former resident of Post.

The Original TEXAS CROSSWORD

by Charley & Guy Orbison

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ACROSS
1 TXism: "wouldn't know him from ____"
5 Houston gymnastics coach Karolyi
6 Olympics organization (abbr.)
7 "____ to Texas"
8 TXism: "____ Katy bar the door!"
9 slogan: "Houston, So ____ to Explore"
17 classic Gary Cooper western: "High ____"
19 TXism: "thick ____ a dog's back"
20 TXism: "____ right boys" (police)
21 singers: "____ of the Pioneers"
22 metroplex airport on Arbor Day, you're supposed to ____ tree
30 seat of Maverick Co.
34 this Ames was Daniel Boone (init.)
35 in Comanche Co. on 6
36 ____ and Able
37 TXism: "couldn't lick his ____ lip"
39 TXism: "____ as Red River mud" (murky)
43 concrete foundation
44 San ____
45 TXism: "I'm fixin' ____ do it"
46 TXism: "____ do in a pinch"
48 TXism: "always ____ with the short end of the stick"

DOWN
1 TXism: "snug as ____ a rug"
2 so. of Dallas on I-35
3 early TX mapper: ____ Leon
4 defensive weapon for some TX women
9 first female gov.: "____ Ferguson"
10 Washington house of TX Phil Gramm
11 pork or karate
12 TX Caroline Hunt once owned ____ Ranch in Hawaii
13 TXism for "Mrs."
14 TXism: "come hell ____ high water"
15 ____ and reel
16 weaken

18 TXism: "he's a ____ (useless)"
23 TX Audie Murphy: World ____ II hero
24 this Price was gov. from '56 to '62 (init.)
25 Houston's last wife Margaret
26 in Wood Co. on 69
27 TXism: "never sign anything in the glow of a ____ light"
28 Dallas Stars were highly ____ in '98
29 "Is Anybody Goin' to San ____?"
31 "My ____ Sal"

32 TXism: "let sleeping dogs ____"
33 film editor
38 hiking trails
40 TXism: "the whole kit ____ caboodle"
41 family member
42 where you find fruit stands in TX

47 ____ Ross was gov. from 1886-90
49 ____ Lavaca, TX
51 Huckleberry's river transport
52 TXism: "his facts ____ elastic" (liar)
57 TXism: "skinny as ____"
58 the 32nd Vice President of the U.S. was TX-born John ____ Garner



Damian Hampton is managing the new Radio Shack in Post, located in the front of Post Automotive on West Main Street. The new store opened last week and is planning its grand opening soon.

Trade Days feels pinch of hot weather

Hot, dry weather put a damper on attendance figures for last weekend's Old Mill Trade Days event.

According to Trade Days Linda Self, attendance figures were down some from the previous event.

"It was just too hot," Self said. "The heat really hurt us. Our crowd was down."

Post's official high temperatures over the weekend, according to records kept for the National Weather Service, were 99 degrees on Friday and Saturday and 103 degrees on Sunday.

"But we can't complain," Self added. "We've had wonderful weather this year up until now. We'll just move on to the July 4 weekend. We've planning a big event."

The next Trade Days event weekend is slated for July 3, 4 and 5.

Juvenile Facility*****
The number of juvenile residents housed in the Garza County Juvenile Facility appears to be approaching the center's 48-bed capacity.

Middle school students build miniature golf course

Post Middle School 7th and 8th grade students, along with 20 moms, dads, or sponsor, built a 20 hole mini-golf course on the morning of May 25 in front of Peggy Lott's home located on the Lubbock Highway.

Students were divided into teams with one or more sponsors. Each team planned, designed and built one hole. Only four rules had to be followed: 1) no money could be spent 2) the 30 x 10' plot must have a place to tee off 3) the hole must be marked 4) must name the hole.

In the afternoon students utilized skills learned in language arts, social studies, science and math to report on the project.

Judges Barbara Hardin, Virgil Bilbo and Bob Palmer did a very fine job in selecting holes for prizes donated by local merchants. Awards were given for the following categories: best overall hole, most creative hole, best use of materials, most difficult hole, easiest hole, most representative of Texas, most representative of Post and best design.

Sponsors that led the teams of students were: Kenny Ratke, Gwen and Charla Miller, Susan Strawn, Brent Spears, Bill Shoeman, Lynn White, Kyle Josey, Bruce and Debbie Ledbetter, Jay Lott, Larry Mills, Dee Basquez, Tommy Reed, Bo Jackson, Deb and Gina Palmer, Shorty Hester, Rodney Tidwell, Donnie Stelzer, Clyde Cash, James Easterling, Rito Hernandez, Brad and Penny Mason, Mario Luna and Perry and Kelly Smith.

Everyone is encouraged to take a tour of the course on Post Channel 31.



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Neighbor to Neighbor

by Kelly Ahrens, CEA-FCS

Shift into summer without stress!

A family picnic, barbecue, and a day at the beach are some of the special events of summer. Follow simple health and safety guidelines to help make summer memories joyous ones for all. Always apply sunscreen with an SPF of 15 or higher before going outdoors. Wear long-sleeved clothing, a wide-brimmed hat, and UV-filtering sunglasses for further protection. Avoid the sun between 10:00 a.m. and 3:00 p.m. when its rays are strongest.

Be sure to apply sunscreen to children as well as adults, and reapply it after swimming, playing sports, or other strenuous activities. Teach children the rules of water safety. Closely supervise them near lakes, pools, and at the beach. If working or playing outdoors in the heat, take frequent breaks in the shade and drink plenty of water. If you have a gas grill, inspect it carefully before starting, follow directions for use, and keep a fire extinguisher within reach. If you are allergic to insects, carry the proper medication and a medical alert.

Exercise is a major element in every fitness plan. However, you must exercise safely to reap the benefits of any active workout. Always check with your doctor before starting any exercise program. Then begin slowly and gradually increase the duration and difficulty.

Follow all safety guidelines for every exercise, including the use of proper footwear and protective gear. Check sports equipment frequently to ensure it's in safe working condition. Examine children's slides, swings, and other play equipment regularly.

Warm up and stretch before you exercise. Then cool down and stretch again when you are done. You'll increase your flexibility and reduce the chance of muscle strain. Include several different physical activities in your exercise routine.

By doing so, you'll use more muscles and make your workouts more interesting as well. If you experience sharp or severe pain, stop exercising. If the pain persists, check with your doctor.

Extension programs serve people of all ages regardless of socioeconomic level, race, sex, color, religion, disability or national origin.



Ione Hughes and Mabel Robinson enjoy the sun at the park during National Nursing Home week. (Photo by Bunny Lynch)

Golden Plains Care Center Newsletter

We are going to have a lot of fun in June. We will be celebrating National Nurse Assistant's Week. This June 4-11 gives us a chance to thank all our nurse assistants for everything they do for us. They work so hard and very seldom get told what a wonderful job they are doing. "Thanks Nurse Assistants".

On June 9 at 3 p.m. we will be having our birthday party. The Ladies Auxiliary of the VFW will be bringing by homemade cakes and punch with Maurine's Flower Shop donating the corsages for those who are having a birthday. We sure do appreciate it all.

On June 10 at 10 a.m. we will be playing volleyball. Betty Garza our restorative aide really has the residents working hard to get their arms moving. She says they get really competitive during those games.

We will be watching slide show movies and eating popcorn on June 10 at 2 p.m. and on June 12 we will be having our Father's Day special and men's outing.

If anyone is interested in volunteering, please feel free to come on by, we would love to have you.

Thanks to First Baptist Church Christian School for coming by and performing for us. The residents really enjoyed it.

Also thanks to Linda Green for the rubber boots. The resident who received them was delighted.

We enjoyed the Church of Christ

who came by on Monday, June 2. They come and have services for the residents every 1st Monday. Thanks!

Also thanks to Debbie Palmer for making our banners for June.

We wish a big get well soon to Sebastian Pena and Ruth Head. They are both in the hospital and we hope they have a speedy recovery.

Til next week,
Bunny Lynch

JDC housing 36 juveniles

According to Superintendent David Eastland, the facility was up to 36 juvenile residents as of late Tuesday. That figure is up from 14-17 residents housed about a month ago.

Eastland said the facility's most recent additions are juveniles from the Texas Youth Commission system, which is fed from locations across the state.

"We're doing well," Eastland said. "I just want to express my appreciation to the people of Post and Garza County for their continued support and patience."

The center opened in late October, 1997.

Bennett named Award Winner

The United States Achievement Academy announced today that Tyler Bennett from Post has been named a United States National Award Winner in Science.

This award is a prestigious honor very few students can ever hope to attain. In fact, the Academy recognizes fewer than 10% of all American high school students.

Tyler Bennett, who attends Post Middle School, was nominated for this national award by Carol Hester, a teacher at the school.

Tyler will appear in the United States Achievement Academy Official Yearbook, which is published nationally.

"Recognizing and supporting our youth is more important than ever before in America's history. Certainly, United States Achievement Academy winners should be congratulated and

appreciated for their dedication to excellence and achievement," said Dr. George Stevens, Executive Director of the United States Achievement Academy.

The Academy selects USAA winners upon the exclusive recommendation of teachers, coaches, counselors and other qualified sponsors and upon the Standards of Selection set forth by the Academy. The criteria for selection are a student's academic performance, interest and attitude, leadership qualities, responsibility, enthusiasm, motivation to learn and improve, citizenship, attitude and cooperative spirit, dependability, and recommendation from a teacher or director.

Tyler is the son of Kim Bennett from Post. The grandparents are Herman and Diann Guthrie of Post,

Letters to the Editor

Letters to the Editor Policy: We require all letters to be signed, however, names may be withheld from publication by request. Letters may be edited for brevity, grammar and punctuation.

Why reluctance to call election?

I recently went to the Garza Family Health Center for some testing, and as I left I was stopped by Maritta Reed, Methodist Hospital employee. She said she had noticed that my husband and I had signed the petition to dissolve the Garza Hospital District. I want it understood that my husband and I signed a petition calling for an election to determine whether or not to dissolve the hospital district. She gave me seven pages of material and told me we should read this information and to change our minds on how we were going to vote. I wasn't aware that Maritta Reed knew how we were going to vote.

The information she gave me was signed by the Garza Hospital District board members. I read the information and found it full of innuendo, false statements, half truths and scare tactics. I have just two questions: (1) Who is running the Garza Hospital District... Maritta Reed, a Methodist Hospital employee, or the Garza Hospital District directors? and (2) why are board members and Mrs Reed so reluctant to call an election?

Name withheld by request

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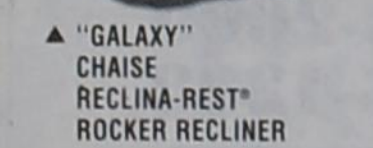
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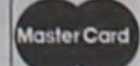


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