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Inside this week:
 PHS UILPage 2
 Up and Down Main
 StreetPage 3
 Postal Service ad plan
 blastedPage 4
 Breast implant panic
 continuesPage 5
 Fully informed juries
 pose threatPage 5

Inside this week:
 Girl Scout WeekPage 6
 Trumpeter Swans visit
 Smith ranchPage 7
 Sports - Antelope baseball
 team winsPage 8
 ObituariesPage 9
 Classified Advertising
 bargainsPage 10
 YesteryearsPage 11

The Post Dispatch

Seventieth Year Number 40 USPS 439-620 Single Copy Price 50 cents © 1996 The Post Dispatch Thursday, March 7, 1996

Economic development tax issues placed on May ballot

by Wesley W. Burnett

City of Post voters will decide the fate of the two proposed economic development sales tax issues, which will be on the May 4 municipal election ballot.

City council members approved the ballot wording at the regular monthly meeting Tuesday night, using both plan "4A" and "4B" measures. Wording for plan "4A" is set by the state: "The adoption of a sales and use tax within the City for the promotion and development of new and expanded business and enterprises at the rate of 1/4 of one percent and the adoption of an additional sales and use tax within the City at the rate of 1/2 of one percent to be used to reduce the property tax rate."

Wording for plan "4B" was developed by the council: "The adoption of a sales and use tax within the City at the rate of 1/4 of one percent to be used for infrastructure improvements (streets, water and sewer lines), for parks and recreational facilities, for other eligible uses up to and including athletic centers and other facilities such as libraries and learning centers, as well as for the maintenance and operating costs of the projects, and other amenities authorized under Section 4B of the Development Corporation Act of 1979, Article 5190.6, Vernon's Texas Civil Statutes as amended."

Each plan will be a separate item on the ballot, so that voters might approve both, disapprove both, or approve one or the other.

The sales tax ballot issue was part of an approved resolution calling for the May 4 election.

In other action, council members heard from a group of Caprock Water Supply system owners, who believe the city water meter to the private water system has been malfunctioning for several months. Spokesman for the residents, whose homes are outside the city limits off of U.S. Hwy 84 north, Darrell Jones complained that the discrepancy in billing was a problem. City manager Rick Hanna said that the private water system has several leaks, which is causing the usage to be higher than normal. He informed the council that the policy of assisting with billing for customers with leaks on their property was followed, as the city reduced the bill for January by one half. The reduction was allowed when Caprock Water Supply officers informed Hanna that the leaks would be repaired.

"But I went out the past few days, and yesterday, and there are still leaks," Hanna said. He recommended the city reject the request for installing a new water meter until the leaks have been properly repaired. Hanna also pointed out that the well-house was full of water, "and that is a dangerous situation, someone is going to get hurt in there, it needs to be repaired."

Council member Archie Gill proposed installing the new water meter at city expense, which was approved by the council. The cost of the meter is approximately \$400, plus an estimated \$500 for labor and other parts.

Gill reminded Caprock Water Supply owners at the meeting that the new meter will show higher readings the old one, "that's the way it works, the newer meters always show more usage," Gill explained, "because the older meters begin to slow down with normal wear and tear on the gears."

The council appointed Jana McCallister, Jay Patel, Thressa Harp and Ofelia Hoover to serve on the Main Street board of directors.

Betty Striblin, Ida Mae Wilks, Trevah Yarbro, Donna Craig and Paul Jones were appointed to serve as election judges for the May 4 election.

Republic of Texas general council meets Saturday in Lubbock

by Wesley W. Burnett

If you are a Texan who has harbored the fantasy of reviving the Republic of Texas and living under the freedoms and liberties that our ancestors enjoyed... you'll be happy to know that the Republic of Texas has been reborn, although its provisional government has received little or no state-wide publicity.

Local folks will have an opportunity to hear directly from members of the Republic of Texas General Council at a public meeting in Lubbock Saturday, beginning at 10 a.m. at the KoKo Palace at 5201 Ave. Q.

All 12 provisional government officers are expected to be in Lubbock to provide background information, meet interested citizens and answer questions about the Republic of Texas provisional government and its transitional plan.

"The public is not accustomed to its government actually appearing in person," Donald J. Varnell, secretary of plans, constitution and convention, explained in a Monday morning telephone conversation. "We have had little or no cooperation from the news media," Varnell added, "so we have taken the bold step of going directly to the people."

The "rebirth" of the Republic of Texas started several years ago when Chief Ambassador and Consul General Richard L. McLaren of Fort Davis, discovered that the 1845 annexation was fraudulent. That discovery led to a massive collection of documents proving the illegality of the annexation, and the realization that the Republic of Texas has never actually been dissolved. In the eyes of those who have declared their allegiance to the Republic of Texas, its status as an independent nation has never changed... but has been inactive due to the negligence of its political leaders and ignorance of its citizens.

In 1845, when the United States senate ratified the so-called treaty of annexation, little notice was given to the fact that the Constitution for the United States has no provision for annexing a foreign nation... and Texas, the Republic of Texas to be exact, was a foreign nation... recognized by the United States, Mexico and a host of other countries in the world.

Although the citizens of the Republic of Texas apparently approved of the new statehood status, the fact is, its leaders circumvented both the Republic of Texas and the United States constitutions to achieve the desired result.

McLaren's exhaustive research was compiled into a legal case,

Advertising bids for the lease of the old landfill was authorized and a resolution for resale of foreclosed property was approved.

Council member Bill Pool was the only opposition to a plan to join Garza County and the Post ISD in additional funding for the summer recreational program. Pool said he thought the project was not a city function, and should be funded by the school. The city portion was (Continued on Page 4)

Primaries, conventions set Tuesday, March 12

Voters in the Democratic Party primary Tuesday, March 12 will see contested races for sheriff, tax assessor/collector and constable precinct 1 and 2. Uncontested incumbents on the ballot are Constable Precinct 3 and 4 Leroy Demming, Commissioners Precinct 1 Lee Norman and Precinct 3 John Valdez.

Incumbent Sheriff Kenny Ratke will face challengers Melvin Britton and Marcial Salinas; incumbent tax assessor Laura "Chita" Hataway is being challenged by Irene Fry and Constable Precinct 1 and 2 hopefuls are Bobby Dean, Freda Harper and Daniel Yarbro.

Polling places for Democratic Party voters are Presbyterian Church, Southland School, Norwest Bank, Justiceburg, Close City, Graham Chapel Community Center, Post High School (gym), Post Middle School (east) and Lorenzo Alexander Center. Polling places will be open from 7 a.m. to 7 p.m. Precinct conventions will be held at the polling places beginning at 7:15 p.m.

Citizens participating in the Libertarian Party precinct convention will meet Tuesday at 7 p.m. at the Hotel Garza for the purpose of electing delegates to the March 16 county convention, which will be held at Rosie's Restaurant. The county convention will consider the nomination of Precinct 1 constable candidate Becky Warren and select delegates to the June 8-9 state convention in Lubbock. This is the first election ever in Garza County history with an active Libertarian Party candidate to be considered for a local office.

Voters in the Republican Party primary will decide on sheriff candidate Mike Harper and Precinct 2 constable candidate John B. Harper. Polling will be from 7 a.m. to 7 p.m. at Handy Hardware, 231 E. Main St., followed by precinct conventions at 7:30 p.m. in the same location (see sample ballot on page 10).

City, school candidates file for May 4 elections

Incumbents Barbara Hardin and Mark Kirkpatrick have filed for Place 6 and 7 on the Post ISD board of directors election, set for May 4. Interested citizens have until March 20 to file for the election.

Incumbents filing for positions in the City of Post election for the same date are W.G. Pool Jr (Ward 4) and Archie Gill (Ward 3). The other council position on the ballot is Ward 5, currently held by Dan Lamb. Deadline for filing is March 20.

Two Garza Memorial Hospital board members terms are up this year: Becky Warren and David Tyler. No one has filed for the positions. April 8 is the deadline for candidate filing for the GMH positions.

which was filed with the Texas Supreme Court, whose justices refused to consider the case, citing its lack of jurisdiction. The provisional government then took the case, under recognized international law, to the World Court at The Hague. That court also refused to grant a hearing. In both cases, government agents of the state of Texas and the United States failed to respond to legally processed inquiries from the Republic of Texas provisional government. This failure to respond has been cited as proof that the Republic of Texas claim of sovereignty is valid.

On December 12, 1995 delegates from across Texas met at Bullverde, Texas (near San Antonio) to establish a provisional government. The 65 delegates assembled and elected 12 officers to serve on the general council, which is operating under the Republic of Texas Constitution of 1836, which has been amended to eliminate the original provisions related to slavery. The general council, according to Varnell, is currently operating as a congress, "because until a new constitution is approved by the citizens, we do not have constitutional authority in our present positions."

Varnell explained that in 1998 a constitutional convention will be assembled, representing Republic of Texas citizens from across Texas. That convention will be responsible for writing a constitution acceptable to all citizens. A general election to of the constitution will then be presented to the people for ratification.

Officers of the provisional government of the Republic of Texas are John C. Van Kirk of San Antonio, president; Roger Gary of San Antonio, vice president; Ruth Klaus of San Antonio, secretary of the council; Darel D. Franks of Shiner, treasurer;

Coolidge Gerdes of Victoria, auditor; Archie Lowe of Rice, secretary of defense; Richard L. McLaren of Fort Davis, chief ambassador and consul general; Robert Taylor of Yoakum, counsel general; Tim McMahon of Victoria, secretary of judicial affairs; William Johnston of Wimberley, secretary of commerce and trade; David E. Carney of San Antonio, secretary of science and technologies and Donald J. Varnell of Adkins, secretary of plans, constitution and convention.

Additional information about the Republic of Texas, including how to become a citizen, may be obtained by calling (210) 349-8994 or write to attn: Ruth E. Klaus, P.O. Box 460554, San Antonio, Republic of Texas TPZ 78246.

(Next week: report from Lubbock on Republic of Texas provisional government meeting)

Eradication Foundation steering committee explains program

by Wes Burnett

"I think most of our farmers are in favor of the boll weevil eradication program," Garza County eradication foundation steering committee members said last week, "but paying for it is a problem for many of them."

Thuet was responding to recent announcements of a recall election by high plains farmers opposed to the program.

"We have been fighting boll weevils for years," Thuet emphasized, "and the previous program that began in 1964 was about to run out of money based on projections of the increased infestation in this area. That realization spurred the implementation of the current program," he added.

Spraying for boll weevils has been a traditional practice in this area, but only in recent years has the boll weevil population moved in big numbers off the rolling plains and into the south and high plains regions, Thuet explained.

"Milder winters, good cover from CRP and other set-aside acreage in the rolling plains, has given the boll weevil survivability that hadn't historically been available," he added.

The current program takes advantage of the weevil growing cycle, with spraying scheduled in the fall to restrict growth after the harvesting season. Using the diapause program, the foundation intends to eliminate the boll weevil as an economic pest to this area.

Thuet said the foundation's objectives are (1) continue to protect this area's cotton production capabilities, (2) stop the further spread of the boll weevil and reduce the size of the infested acreage through the Enhanced Diapause program in 1996-1997 and (3) get rid of the boll weevil as an economic pest to the area through the Eradication program starting in the spring of 1998.

"The problem is not so much the necessity of the program," Thuet commented, "but the timing of when payments for the project are due... and summertime is not a good time for most of our producers."

Thuet said he believes the method of determining producer contributions by acreage is not a violation of the Texas constitutional limitation on property taxation. "It is based on cotton production acreage," Thuet said.

High plains cotton producers meet at Ralls on recall effort

High Plains cotton producers will meet at the Ralls community room Thursday, March 7 at 7 p.m. to discuss the boll weevil eradication program recall election. The meeting room is on the east side of the city square.

Those interested in additional information may call Tommy Applewhite at (806) 879-4779, chip Lowery at (806) 839-2948 or Zane Reese at (806) 634-5349 for additional information.

Post Notes

Auxiliary opening thrift shop

The Garza Memorial Hospital Auxiliary is now accepting donations for the hospital thrift shop. Also if you are interested in being a part of the auxiliary please contact the hospital at 495-2828. All proceeds from the shop will help to purchase new equipment and other items for Garza Memorial.

MI inservice Friday, March 8th

There will be an inservice on MI on Friday, March 8th, from 7-8 p.m. in the dining room at GMH. For more information contact Danny Guthrie at 495-2828. The inservice is free and everyone is invited to attend.

Woman's Culture Club to meet

The Woman's Culture Club will meet Wednesday, March 13, at 2 p.m. Iva Hudman is the hostess.

Patty Ramirez-McMenamy to speak

Community Recovery Center and Garza Co. M.H. Center will host a public meeting at the SPS Reddy Room on March 11 at 7:30 p.m. Patty Ramirez-McMenamy of Counseling and Consulting Services will give a presentation in Spanish on the subject of copendency. For more information, call 495-3173 or 495-2813.

Class of 1976 seeking information

The Post High School Class of 1976 is seeking information on class mates. If your address has changed or you know where someone else is please contact Kim Mitchell Mills at P.O. Box 519, Post, Texas 79356.

Bicycle safety program March 30

The Garza County Sheriff's office will again sponsor their annual bicycle safety program on Saturday, March 30th at the Post Middle School gym. Two bicycles will be given away as well 24 safety helmets. Watch the Post Dispatch for more details in weeks to come.

School Volunteers

Post High School is asking for volunteers to serve on its campus site-based decision-making team. Volunteers will be needed to be able to participate in several meetings throughout the year. These participants are needed from business and community sectors as well as parents. Two will be selected from each of these areas. The four volunteers from business and community may not have children in school. Please contact the high school office at 495-2770 with your interest to serve.

Benefit for David & Trena Woods

A benefit will be held for David and Trena Woods on Saturday, March 9. The event will be held at the Post Community Center from 5-8 p.m. A bar-b-que with all the trimmings, raffle, auction and cakewalk will be held. The event, which is sponsored by Xi Delta Rho Sorority, V.F.W. Ladies Auxiliary and Volunteers from the Sophomore Class of PHS, is to help offset medical expenses. A bar-b-que pit, built by Tim Gaydos, will be raffled off. You may purchase tickets from any of the sponsors.

American Indian Christian Fellowship

Native American or American Indian citizens are invited to attend the American Indian Christian Fellowship of Lubbock, which meets for worship Sundays at 1 p.m. in the south building of Westmoreland Baptist Church in Lubbock at 5605 46th Street. There will be a special service March 10 at 11 a.m., followed by a potluck lunch from 11 a.m. to noon. There will no 1 p.m. service on March 10.

TA MEMBER 1996
TEXAS PRESS ASSOCIATION

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 Gifts & Collectibles
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Marilyn Bell & Jeff Lashaway
 232 East Main 495-3313

♥ **Bridal Selections** ♥
 Marilyn Bell and Jeff Lashaway
 Jody Maxwell and Trevor Thuett
Happiness Is...
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 Mon.- Fri. Saturday

Spring is coming
 Easter Bunnies and Eggs
 are here...

For the remaining cool days -
Cafe D'Oro Instant Cappuccino
Fresh Flavored Coffee

Caswell Massey Lotions, Soaps & Gels

♥
Wedding Selections
 Marilyn Bell ♥ Jeff Lashaway

Danish Imports
 Gifts For All Reasons, Gifts For All Seasons
 201 E. Main Mon-Sat 9:00 - 6:00 495-2314

Post ISD hosts UIL practice meet

Post ISD was the host last Thursday evening for a UIL practice meet. Post students who competed and placed are:

1st Place
 Nikki Pollard, Prose; Jayson Fry, Veteran Chemistry; Jayson Fry, Veteran Physics tie with Sundown; Jayson Fry, Veteran Science; Cassie Short, Ready Writing; Jill Stelzer, News Writing; James Cahill, Current Events; and the Math team.

2nd Place
 Amber Conoly, Poetry; Shelley Shifflett, Spelling; Jayson Fry, Veteran Number Sense; Jayson Fry, Editorial Writing; Todd Terry, Headline Writing; Amanda Hair, Feature Writing; Jayson Fry, Math.

3rd Place
 Natalie Pollard, Poetry, Alisha Nelson, Spelling; Derek Guthrie, Novice Number Sense.

4th Place
 Jayson Fry, Veteran Calculator; Cassie Short, News Writing.

5th Place
 Becca Stelzer, Prose; Travis Hair, Computer Application; Jeff Redman, Editorial Writing; Josh Grisham, Headline Writing; Micaela Eagle, Feature Writing; Jeremy Josey, Current Events.

6th Place
 Macee Mills, Spelling; Natalie Pollard, Computer Application; Amber Conoly, Ready Writing; Cameron Miller, Current Events tie with Idalou.

PHS students compete at O'Donnell UIL meet

Post students recently competed in the Math UIL competition in O'Donnell. Results from that meet were:

Mathematics: 5th place, Mike McDougle; 6th place, Jayson Fry; 8th place, Nikki Pollard; out of 93 contestants.

Number Sense: 3rd place, Jayson Fry; out of 75 contestants.

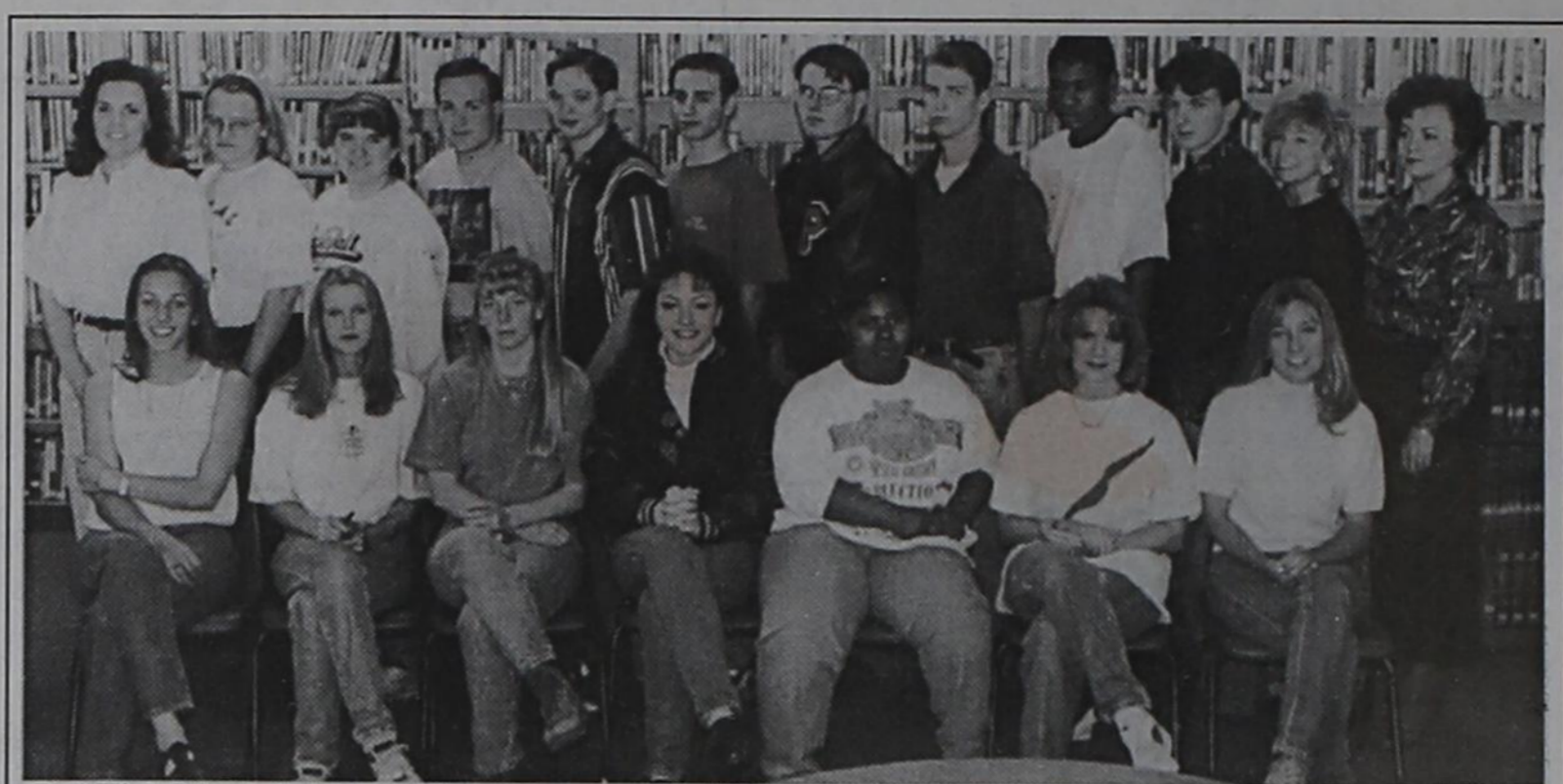
Calculator: 3rd place, Jayson Fry; out of 60 contestants.

Mathematics: 1st place math team: Jayson Fry, Mike McDougle, Derek Guthrie.

2nd place individual: Jayson Fry. Number Sense: 2nd place team: Jayson Fry, Derek Guthrie, Nikki Pollard.

Veteran 2nd place individual: Jayson Fry. Novice 3rd place individual: Derek Guthrie.

Calculator: 4th place individual: Jayson Fry.



Post High School students and instructors competing in recent U.I.L. academic contests are (back row, left to right) Amy Easterling (coach), Mandi Burns, Michaela Eagle, Jayson Fry, Brandon McDonald, Todd Terry, Mike McDougle, Travis Hair, Wade Bell, Jeffrey Redman, Melvena Moore (coach), Sandra Alexander (coach), (front row) Natalie Pollard, Amanda Hair, Cassie Short, Amber Conoly, Nicole Cruse, Alisha Nelson and Jill Stelzer.



Post High School students and instructors competing in recent U.I.L. academic contests are (back row, left to right) Jayson Fry, Mike McDougle, Jay Childers, Cameron Miller, James Cahill, Jeremy Josey, (middle row) Kim Mills (coach), Candace McConnell (coach), Kathy Gerner, Jenny Conoly, Derek Guthrie, Becca Stelzer, Lacy Hodges, Shelley Shifflett, Delton Moore (coach), (front row) Amber Conoly, Erica Gomez, Arimy Gradine, Natlie Pollard, Macee Mills, Alisha Nelson and Nikki Pollard.

Sheriff's office receives 42 calls during past week

By Becky Warren

The Garza County Sheriff's office received 42 calls during the past week.

On February 28 a 21 year old male was arrested for failure to I.D. He was released to the Border Patrol and no charges were filed.

On February 29 a 19 year old male was arrested for failure to I.D. He was released to the Border Patrol and no charges were filed. Also a 52 year old male was arrested for theft over \$1,500. He was released on a \$1,500 bond.

On March 1 a 26 year old male was arrested on outstanding DPS warrants and no insurance. He was released to Lubbock DPS. Also a 22 year old male was arrested for driving while license suspended. He was released on a \$1,500 bond.

On March 2 a 35 year old male was arrested for public intoxication and disorderly conduct. He was released after paying \$460 in fines and court costs and agreed to a continence agreement.

On March 3 a 32 year old male was arrested for DWI. He was still being held at press time.



Garza County Sheriff Kenny Ratke (left) congratulates Higginbotham-Bartlett manager Chuck Harris on his participation with a special safety program. Higginbotham-Bartlett is contributing bikes and safety helmets for the March 30 project. On the bikes, hoping to win, are Diana and Jr Ratke. (Photo by Becky Warren)

Garza County Sheriff's office to present Bicycle Safety Program on Saturday, March 30th

by Deputy J.W. Jolly III

For the fourth year in a row, Sheriff Kenny Ratke and the Garza County Sheriff's Department will be sponsoring a Bicycle Safety Program and Bike Rodeo.

This year, Sheriff Ratke is proud to announce that State Farm Insurance Companies will be a co-sponsor. The sponsoring agent for State Farm is Ko Davis of Slaton.

This event will be held on Saturday, March 30, 1996, beginning at 12 noon. This event will begin at the Post Middle School gym with a safety presentation by the Texas Department of Public Safety. During the video portion of the program a 911 video will also be shown.

Registration will be conducted by members of the Ladies Auxiliary of VFW Post 6797 and other volunteers. Inspection of the bicycles prior to participation in the Bike Rodeo will be conducted by DPS Troopers of the Highway Patrol. Judging of the Bike Rodeo will be the responsibility of the Blue Knights Law Enforcement Motorcycle Club and the Boy Scouts of America Troop #316. Bicycle registration with the Sheriff's office will also be available.

Drawings will be held for two bicycles and 24 safety helmets and other door prizes to be given away.

The bicycles, both a boy's and girl's model, were purchased at cost through Higginbotham-Bartlett Lumber, Co of Post. Sheriff Ratke would like everyone to know that this program is totally funded by donations from the concerned citizens and businesses of the City of Post.

Entry for this event is free and is open to all children regardless of age. That does include the little ones on their three-wheelers. Parents are cordially invited to attend and participate also, and as everyone knows, you never have enough volunteers. It is also requested that if your child has a bicycle safety helmet that they please wear them while participating in this event. We will have "loaner" helmets available.

A first-aid station will be provided by the Clear Water Company of Lubbock providing refreshing cold water to satisfy the thirst of dry and parched participants. The Post-Garza EMS Service will provide First-Aid attention.

Livestock feed program extended

The current feeding period for the livestock feed program ended on February 29, 1996. Feed receipts for this feeding period must be furnished to the Farm Service Agency Office by March 30, 1996, to be eligible for cost-sharing assistance.

Livestock producers who continue to provide supplemental feeding due to the drought after March 1 may be eligible for assistance through March 30, 1996. Assistance is computed from the date of application, so it is imperative that the application is filed timely.

Legislation is pending in congress that would repeal the livestock feed program provisions. If this legislation passes, then livestock feed assistance will be computed through March 30, 1996, at which time the program would likely terminate. For more information, contact the Farm Service Agency at 208 West Main.

Births

Kara McKenzie Lamb

Tanya and Mark Lamb are proud to announce the arrival of their daughter, Kara McKenzie Lamb. She was born February 28, 1996 at Hendricks Hospital in Abilene. Kara weighed 6 lbs. 10 1/2 ozs. and was 20 inches long.

Maternal grandparents are Joey and Mary Basinger of Post.

The tree which moves some to tears of joy is in the eyes of others only a green thing that stands in the way.

—William Blake

Tax 'n Facts
 by Terri Cash, CPA

Fund Retirement Accounts Early

Yes, taxpayers generally wait until the filing date of their tax return to make a contribution to an IRA or Keogh account -- but smart money funds the account early. Advantage: more time to accumulate tax-deferred earnings on the 1995 contribution, and a head start on 1996!

If you aren't sure of the exact maximum contribution you can make, estimate the amount and invest it early. As much as 20 percent of self-employment income, up to \$30,000, can go to work for you. IRA contributions are currently limited to \$2,000 (plus \$250 for nonworking spouses), but there is talk of raising that amount.

Remember that Keogh plans must be set up -- even unfunded -- by December 31 of the tax year in question, though contributions may be made up to April 15 of the next year or the extended due date of the return.

Questions about stashing away retirement money? You'll get the answers you need at

MASON, WARNER & COMPANY, P.C.



Jimmie Lee Mason
 J.Reid Warner
 Larry Anderson
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 Greg Freeman
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Being Tax Assessor/Collector isn't just collecting property taxes...

It is:

- * Issuing motor vehicle registration
- * Transferring Titles for TXDOT
- * Collecting liquor licenses for the TABC
- * Collecting MV Sales Tax for the State Comptroller
- * Collecting the farmer fund fees for the Texas Agricultural Finance Authority
- * Working closely with County Treasurer & Commissioners with the annual budget
- * Attending seminars & meetings
- * Maintaining Voter Registration records for the Secretary of State's office
- * Serving every citizen of Garza County fairly, honestly and equally!

While I've been in office the GCTAC office has been updated with computers & equipment to more efficiently serve the people of Garza County.

*Vote for the person qualified with 14 years of experience serving Garza County citizens and "already" certified by the Board of Tax Professional Examiners.

I want to keep working for you!

Re-Elect Laura "Chita" Hataway

TAX ASSESSOR-COLLECTOR
 in the March 12th Primary Election

YOUR VOTE WILL BE GREATLY APPRECIATED!

Early vote in county clerk's office thru March 8th
 Subject to the actions of the Democratic Priaries

Paid Pol. Adv. by Laura Hataway, 701 N. Ave. O., Post, Tx 79356

Grandparents' Corner



Martin and Dale Nichols are surrounded by two of their 21 grandchildren and seven of their 24 great grandchildren. With Martin and Dale in this photo are (front) granddaughter Toni Rodgers of Snyder, great grandchildren Peter Sears, (back) Timmy Sears, Kevin Rodgers, Stephanie Sears, Kathy Sears, Benji Rodgers, Jill Rodgers and granddaughter Kemp Sears of Aurora, Colo.

Bring your favorite grandparent photo to The Post Dispatch to be included in this weekly feature. Photos will be published "first come, first served."

Garza Healthtalk

Garza Memorial Hospital

by Danny Guthrie, RN
Heart attack is a term often used for a myocardial infarction (MI). To define an MI, we will look at the words separately.

Myo means relating to muscle. Cardiac means pertaining to the heart. Infarction means a localized area of tissue death, or necrosis. Therefore, MI means a localized area of tissue death of the heart muscle.

The heart muscle is like the rest of the muscles in the body. Muscles must have adequate blood flow in order to function properly. For example, when lifting an object with the arms, the arm muscles require more oxygen, which means more blood flow to these muscles in order to perform this task.

Although the heart muscle works automatically by electrical impulses from the brain, it also requires adequate blood flow in order to perform its functions. The two coronary arteries are responsible for this blood flow. The coronary arteries branch out in various directions to supply the entire heart muscle with blood flow. When one of these branches becomes blocked, the result is an MI. The blockage may be from various causes such as a blood clot, plaque inside the arteries, or prolonged constriction of the arteries. The severity of the MI depends on

how much of the heart muscle is affected.

The most common sign of an impending MI is chest pain, or a crushing feeling in the center of the chest. The pain may radiate to the left arm, jaw, or neck. Other signs may include a feeling of indigestion, restlessness, and shortness of breath. Some persons experiencing an MI may not present any of these signs but may experience a sudden loss of consciousness.

The mortality rate for persons with an MI are high, however, approximately 80% who reach the hospital survive. The first hour of an impending MI is most crucial. It is very important to reach the nearest hospital immediately upon the first signs of an impending MI.

Most persons recovering from an MI are able to continue living a normal healthy life with medical management under the care of a physician. There may be certain changes in lifestyle such as cessation of smoking, changes in diet, instituting an exercise program, and a strict medication regimen.

I will give an MI inservice at the GMH dining room on Friday, March 8th, from 7-8 p.m. The inservice is free and everyone is invited to attend.

Amity Study Club holds

"Ladies Night Out"

The Amity Study Club met at the Methodist Church on February 27th for our "Ladies Night Out" meeting. Martha McClendon and Iva Hudman were the hostesses.

We welcomed back into the club former members Anne Leake Sims and Naomi Matsler.

Our program included a "Sing-A-Long" and "Musical Chairs".

Other members present were: Jane Davis, Boo Olson, Edna Mae Owen, Sue Shytles, Louella Bilberry, Ida Mae Wilke, Joy Dickson, Joy Pool, Carolyn Sawyers, Margaret Bull, Sandra Alexander, Barbara Babb, Ruth Ann Young, Barbara Reece, Kathy Rankin and Suzanne Hudman.

Our next meeting will be on March 26th, at the home of Edna Owen. Anne Sims will give the program.

"Parkinson's Partners" to meet March 12 & 26

St Mary of the Plains Hospital Neurology Research and Education Center (NREC) will host a "Parkinson's Partners" meeting, Tuesday, March 12, and March 26, 1996, from 1:30 to 3 p.m., at the Center (4102 24th Street, Suite 501).

Parkinson's Partners is comprised of Parkinson's disease patients and their caregivers from across the South Plains. The groups meet at the Center, then separate into two rooms where they work on problem-solving techniques, finding solutions, sharing experiences, and offering helpful suggestions to one another. Parkinson's patients also participate in fun activities to improve motor skills.

Parkinson's Partners meet on a regular basis—the second and fourth Tuesday of each month. There is no charge to attend these meetings.

For more information contact Judy Ribble in the Parkinson Disease Information & Referral Center at (806) 796-2647.

Up and Down Main Street

by Wanda Mitchell, Post Chamber of Commerce

Post had around 5,000 additional people over the weekend. Thanks to Old Mill Trade Days. I was out there Saturday and the place was really full. Everytime I go, I see new vendors and different things.



While I was eating, I was listening to the people at the next table talk about Post and the different things we are doing and about the uniqueness of the town and Old Mill Trade Days. They went on and on talking about C.W. Post, the mill, and the history they had read and heard about our town.

They will go back to wherever they are from and tell more people about it and the cycle will continue. Don't forget that we have another one March 29th, 30th and 31st.

Baseball season is fast approaching. I enjoy the ball games but this year we will have one grandson playing Little League, another playing T-Ball and a granddaughter playing softball. We may as well buy a picnic basket and a cot because it looks like we will be spending a lot of time at the baseball field. I really admire all the parents who give so much of their time so these kids can have a good program.

Little Dribblers has started and they are practicing and getting ready for games which will start, I believe, around April 1st. This, too, is a great program to get the younger group involved in basketball.

Since the PIP program was in full swing this year, I believe we will see some really good ball handlers in Little Dribblers.

They are a lot of fun to watch and the kids and parents alike appreciate your support.

Speaking of support, we have the Antelope Relays this weekend with lots of area schools participating. This means a lot to Post because many parents will be in town to watch the relays and that means business for many establishments in Post.

Next week is spring break for Post students and teachers. I'll bet they are really ready for a little break. Then it won't seem like anytime until the end of school.

Gene Young, a Post native, and his wife Karen, along with the Tower Theatre Board and the Post Chamber of Commerce will be sponsoring a Cowboy Symposium and Chuck Wagon Cook-Off on May 4th. We hope to have a lot of "cowboy poets, storytellers and musicians" as well as some real old fashioned chuckwagon food.

This is the first time for Post and we would like to solicit your help. If you know poets, musicians, etc. who would like to be a part of this show, call me at the Chamber office 495-3461. If you know of a chuckwagon that would be interested, let us know and we will contact them.

This is also the anniversary of Trade Days so with everything we should have a whale of a crowd in Post. We are working so hard to try new things and keep the interest in Post high all the time. We need your help, so get involved.

The March issue of Lubbock magazine has a good article on Tabana Yuane on page 39. Also there are ads from Main Street Cafe at Hotel Garza, The Tower Theatre, OS Museum, Garza County Historical Museum and Old Mill Trade Days. These are some of the folks promoting Post and showing all of us how to.....Take Pride And Take Part In Post!!!!!!

Neighbor to Neighbor

by Kelly Ahrens, CEA-FCS

High blood pressure, cholesterol and heart disease

High blood pressure and cholesterol levels occur together more often than you would expect by chance. Even though a common metabolic abnormality may underlie both disorders, another possibility is that one may be implicated in the development of the other.



Until recently there was controversy as to whether reducing blood pressure would also cause a drop in coronary heart disease (CHD). A review of many trials shows that lowering blood pressure will rapidly reduce the incidence of stroke as predicted by epidemiologist, but CHD is reduced by only about half of what is predicted.

Some other researchers propose that the experimental period in the earlier studies were too short a duration for the full effect of lower blood pressure on CHD to be seen. Another possible reason may be that hypertensive persons are endowed with higher serum lipid levels than those without hypertension and that lowering their blood pressure with anti-hypertensive medications will not improve the hyperlipidemic state. There is a need for more studies to investigate the effect of more potent lipid lowering drugs on blood pressure and CHD.

You can help lower your cholesterol. What is blood cholesterol? Cholesterol is a type of fat found in your blood. A small amount is healthy, but too much increases your risk of heart disease. Do you know what your numbers are and what they mean? To keep your heart healthy as possible, you need to keep your total cholesterol below 200. If your level is 240, you need more testing, so be sure to see your doctor. If your cholesterol is over 200, what should you do? EAT SMART! That the most important thing you can do to get your blood cholesterol down. Eating smart means eating less fatty foods and avoiding saturated fats. Saturated fats are found in foods like meat, milk products, lard and shortening. You should also eat less high cholesterol foods like eggs and liver. Enjoy more fresh fruits and vegetables. Have whole grain breads

and cereals, and small helpings of lean meats. That's eating smart!!!! REMEMBER.....eating smart is only one of the many ways to lower your risk of heart disease.

Extension programs serve people of all ages regardless of socioeconomic level, race, sex, color, religion, disability or national origin.

Garza County Political Directory Democratic Party Primary March 12 Sheriff Marcial Salinas Kenneth Ratke

Your vote for me would be appreciated!

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STEVE FORBES

for President Tuesday, March 12 in the

Republican Party Primary

Handy Hardware - 231 East Main St - Post, Texas Handy Hardware - 231 Este Calle Principal, Post, Texas 7 a.m. to 7 p.m.

a las 7 mañana por las 7 por la noche

Steve Forbes National Headquarters: 800-820-6300 Texas Campaign - Diana Denman, 210-824-3423

FORBES VOTE FORBES for President for President Pd. pol. adv. by Carolyn Burkett Chapman, P.O. Box 97, Post, Texas 79356

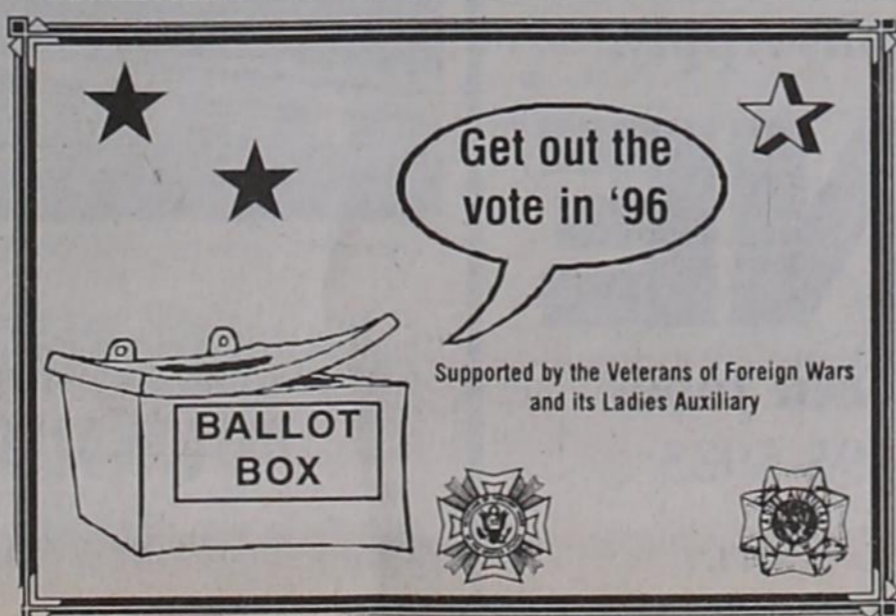
VOTE

KENNY RATKE FOR SHERIFF IN THE MARCH 12TH DEMOCRATIC PRIMARY

I have served as your sheriff since May of 1992. Upon taking office I was faced with a number of challenges. Uncontrolled overtime, lack of narcotics arrests, large amounts of unrecovered stolen property, and a county jail that was in jeopardy of being closed were some of the problems. I can honestly say that these and many other challenges have been met. The Garza County jail has had no problem with state inspections. Overtime at the sheriff's department has been almost non-existent. The sheriff's department is recovering over 50% of all stolen property and narcotics arrests in the county are at an all-time high. I feel that the sheriff's department is currently operating efficiently, effectively, and professionally. The experience I have gained while serving as your sheriff has been invaluable. With your support I would like to continue serving the citizens of Garza County.

Pol. Adv. Paid by Kenny Ratke, Two Draw Lake, Post, Tx 79356

The Post Dispatch 495-2816



Words do not change their meaning as much in centuries as names do for us in the space of a few years.

—Marcel Proust

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FINAL REMINDER
Please exercise your right to vote

VOTE

VOTE

IRENE FRY

Democratic candidate for Garza County
TAX ASSESSOR/COLLECTOR
March 12

Early voting continues through March 8 in the County Clerk's office

Pol. Ad Paid by Irene Fry, 205 S. Ave. P., Post, Tx. 79356

COW POKES

By Ace Reid



"Yep, it's got everything . . . 180 horsepower, 4 wheel drive and 48 monthly payments."

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And Better And Better.**



To The Nth Degree
Post

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Postal Service \$90M ad plan blasted

Double-barrelled criticism hit the Postal Service as a congressman labeled its \$90 million advertising budget "outrageous" and the independent Postal Rate Commission (PRC) took the service to task for ignoring the affect of its proposed changes in first class mail on small business and individual mailers.

The Coalition to Make Our First Class Mail FIRST CLASS — the nation's largest organization of first class mail users — applauded the PRC decision to reject a Postal Service request for a special automated subclass in first class mail that would have benefited only the largest mailers.

Critics said the discounts in the special subclass — submitted as part of the Postal Service's massive reclassification case — would have forced the first class stamp to 35 cents immediately and to 50 cents within three years.

In its decision, the PRC criticized the Postal Service for a lack of concern for the average first class mail user.

"The Postal Service's classification schedule, if taken to the 'subclass' extreme proposed, could lead to a substantial shift in responsibility for paying the \$19.7 billion in overhead costs of the nation's mail system. Individuals, small businesses, and publishers of small newspapers and small-circulation magazines would pay more; large business mailers, large circulation publishers, and saturation mail advertisers would pay less. The Commission is unaware of any Postal Service effort to discuss the impact of its proposals with consumer groups, or to evaluate the

effect of its proposals on future availability of affordable mail delivery for individuals and businesses of all sizes."

Shortly after that decision was announced the *Washington Times* reported the Postal Service's advertising campaign has a budget of \$90 million which drew the ire of Rep Michael F. Forbes (R-NY) who sits on the House appropriations subcommittee overseeing the Postal Service.

"Postal headquarters has an arrogance rarely seen in government," Forbes told the *Times*.

Recently, Marc Maurer, president of the National Federation for the Blind, a member of the Coalition to Make Our First Class Mail FIRST CLASS, also criticized wasting money on "image" advertising for a monopoly.

"At the least, this is a blatant misuse of funds," said Maurer. "At the worst, it is a disgraceful attempt to change the way the public thinks about its mail service while doing nothing to actually improve the service."

The coalition is made up of more than 211 organizations that feel the Postal Service should make on-time delivery of first class mail its top priority and that we need more accountability in the system. The coalition's members include the Association of Retired Americans, National Ass'n of Realtors, American Farm Bureau Federation, National Minority Business Council, American Small Business Ass'n, National Dairy Council and the National Council of Senior Citizens.

Matthews says data project aims to boost oil and gas production

Radian study identifies potential benefits to Texas economy

Converting million of hard-copy records into an easily accessible electronic format could generate an estimated \$233 million annually in additional revenues for the Texas economy through increased oil and natural gas production, Texas Railroad Commissioner Charles R. Matthews said today.

Matthews, citing a feasibility study prepared for the Railroad Commission by Radian Corporation, of Austin, said the findings underscore the economic value of using modern computer technology to supply critical data to the Texas energy industry.

"The results are clear," Matthews said. "If we can provide producers with quick and easy access to valuable data needed to make drilling decisions, it could lead to increased exploration and production. The return on investment is remarkable, and everybody benefits from the results: producers, consumers, and the state of Texas."

"Even a small increase in oil and gas production — less than one percent — translates into millions of dollars each year for the Texas economy," Matthews said.

The data project represents a major shift from past Commissioners' record-keeping policies, and will help bring the agency into the mainstream of modern computer technology, Matthews said. "An important consideration in this project is the fact that we're seeing more drilling activity in existing oil and gas fields," Matthews said. "I expect that trend to continue, so if we can help make the information more readily available, it's a great way to help boost exploration and production efforts right here in Texas."

In addition to providing easier access to valuable records, the project would also advance research efforts that could lead to increased oil and gas exploration efficiency, said Dr Noel Tyler, director of the Bureau of Economic Geology at the University of Texas.

"Availability of these valuable data

resources will stimulate new research with the potential of developing new technologies that will have a positive effect on producers and consumers by allowing Texas to recover more of its resources," Tyler said.

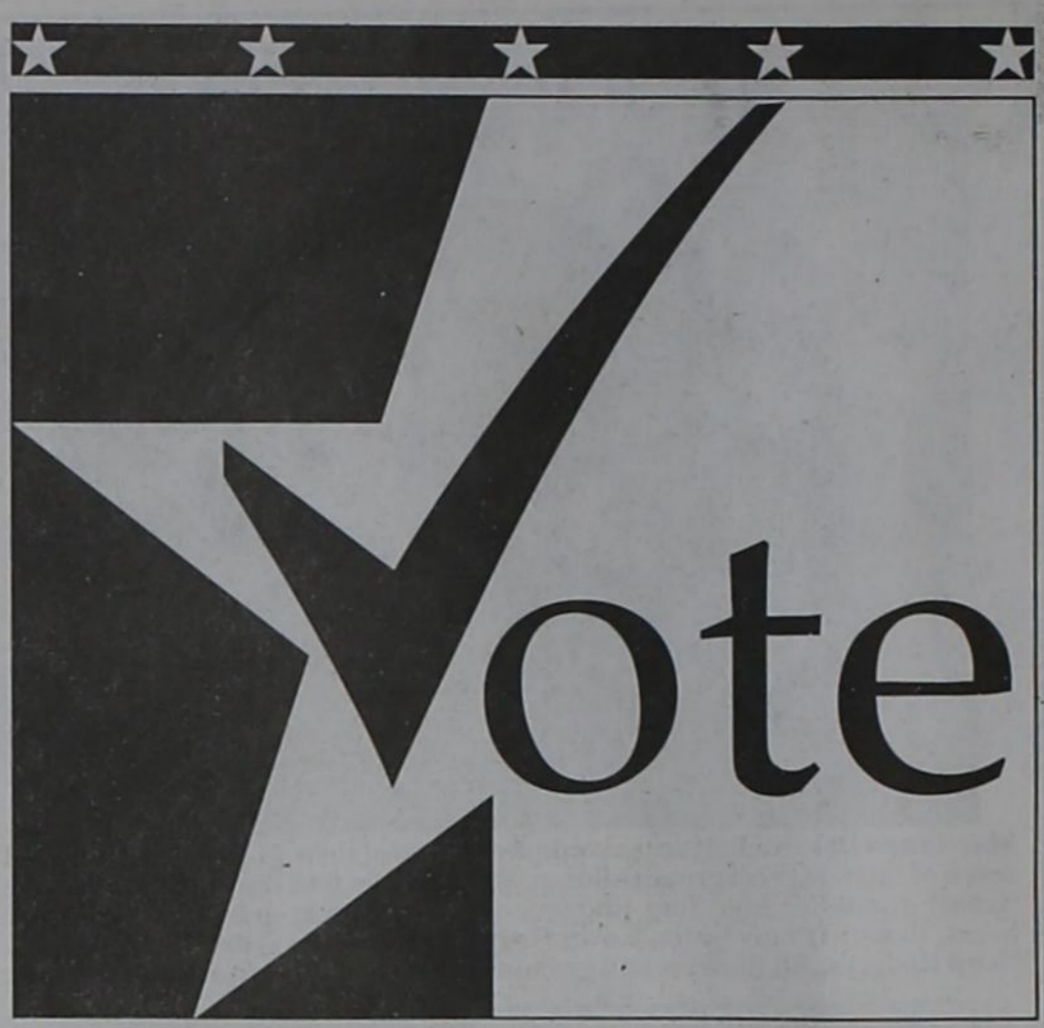
Added Matthews: "This project also has applications when it comes to our Oil Field Cleanup Program, because it will enable the Commission to make environmental data from ongoing groundwater protection and site assessment program more readily accessible to interested citizens and educators around the state."

Since 1919, the Railroad Commission has collected nearly 132 million pages of documents relating to Texas oil and natural gas wells, including drilling permit applications, and well completion, production and plugging reports. Data has been gathered for more than one million wells in 68,000 fields.

The Radian study recommends the initial conversion to an electronic format of about 30 million pages of the most valuable oil and gas information, which was identified through surveys of industry representatives. The remaining 102 million pages should also be considered for conversion, but over a more extended period of time, the study found.

The data then would be readily accessible to the public at the Commission's nine district offices in Abilene, Corpus Christi, Houston, Calgary, Midland, Pampa, San Angelo, San Antonio and Wichita Falls.

The Radian study also recommends making the information accessible remotely via computer modem or the INTERNET to geologists, petroleum engineers and other experts.



City Council meeting

(Continued from Page 1)

increased by \$914 from the previously approved budget of \$3,000.

The council approved the setting of new tapping fees for water and sewer. The old rates have not been changed for at least 22 years. Installing a 3/4 inch water meter will increase from \$70 to \$200; one inch meters will be raised from \$125 to \$300 and two inch meters will go from \$275 to \$550. The increases reflect labor and parts costs for installing new meters. Sewer taps will increase from \$50 to \$100.

The council approved a resolution to spend extra funds available through a grant for water line extensions.

Hanna reported to the council that General Telephone plans to complete its switch to digital service on June 27, 1996. The new service will bring Post telephone customers up to current communication standards.

Attending the meeting were council members Gill, Pool, Marion Cruse, Juanita Pantoja, Dan Lamb, Mayor Jim Jackson, Hanna, attorney Harvey Morton and city secretary Wyvonne Kennedy.

A father's a treasure; a brother's a comfort; a friend is both.
—Benjamin Franklin

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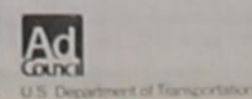
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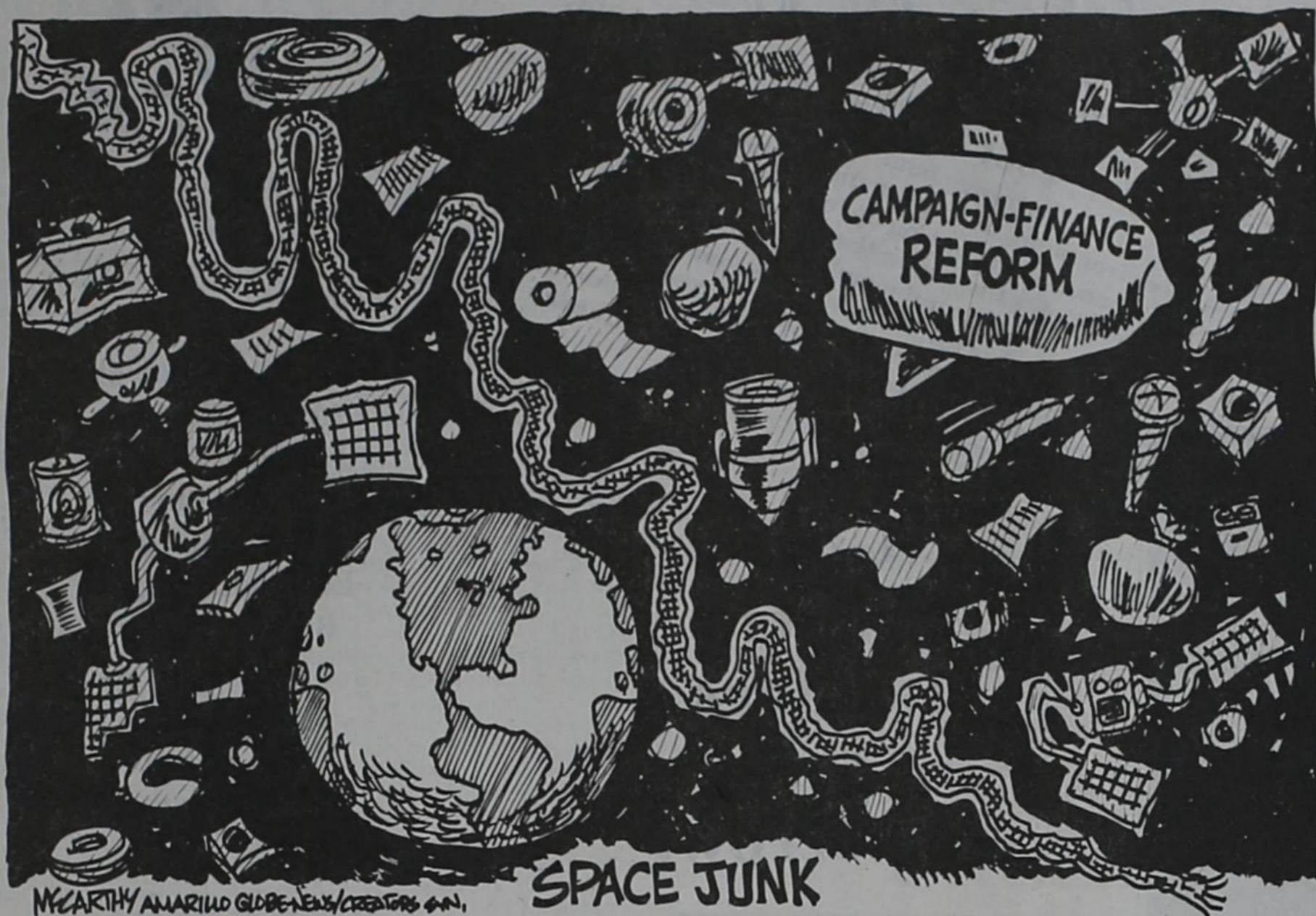
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Debbie Bain 300 W. Main, Post, Texas 79356 495-3588	Sherry Pollard 495-2989	Karen Jones 495-5935
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Opinions

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Why prosecutors should support "Fully Informed Jury" (FIJA) legislation

by Fully Informed Jury Association
 Co-Founder Larry Dodge
 Larry Dodge holds a Ph.D. in sociology from Brown University, 1992. His doctoral dissertation was a study of community power. He co-founded "FIJA" in 1989, and has been educating Americans in their rights, powers, and responsibilities as jurors since then.

Part Two (Continued from Last Week)
 In this way, all sides would be satisfied that justice had been served, and the conviction record of prosecutors might actually improve. Even if, for political or other reasons, a particular prosecutor might feel compelled to "overcharge" a particular defendant, the downside risk of losing the case by aiming too high would be minimized if the jury were fully informed.

As an additional side benefit, plea or sentence bargaining by the defendant with the jury, in open court, would protect prosecutors from public suspicion that behind-the-scenes deal making on their part had subverted the justice process.

How about hung juries, mistrials, appeals, and cost to the taxpayers? First, let's be hesitant to put a limit on the price we would or should be willing to pay for justice. There are very few government services for which most people would willingly pay more than they would pay for the dependable delivery of justice.

Most people realize that unless the justice system works, nothing else can work, either: justice is prerequisite to the enjoyment of our rights to life, liberty, property, and pursuit of happiness.

But there's more; hung juries, especially if they seem to be a frequent result whenever a particular law is the basis for arrest (or for a civil complaint), are one of the best indications that this law needs work before it will enjoy widespread public support. Hung juries are often extensively interviewed by the media, thus highlighting where the public finds fault with the law.

With FIJA in place, if a prosecutor feels strongly that the law is good, and that if the jurors fully understand its intent and its applicability they will convict, he or she can argue the merits of the law to the jury, and blast the defense for arguing that it not be applied in the instant case.

Currently, neither the prosecution nor the defense team can argue the law to the jury, and to the extent that the jury does not understand the law and its intent, an inappropriate verdict may result. And the same result may occur again if the prosecutor responds to a hung jury by scheduling another trial.

This is exactly why Thomas Jefferson urged that instead of usurping power from the people, we should teach them how to use it.

Lesson one could be a short course on the law—its origins, intent, usual applications, etc. And the better informed our citizen juries become, the clearer public opinion of the law will become, and the shorter will be the "adjustment period" predicted above for the retrofit of law to public will, via legislation.

Moreover, fully informed juries would reduce the demand for appeals, because it would soon become evident to defendants and defense attorneys that their chances of a successful appeal would be less after their case had been heard by a jury which could have acquitted despite clear evidence of guilt, but chose instead to convict.

As to the oft-predicted "increase in demand" for trial by jury; true, there will always be defendants who realize that if judged according to the letter of the law, they are likely to be found guilty, and who therefore will want to argue the law, explain their motives, circumstances, or moral purposes to a jury.

This might occur more frequently if the strategies open to defendants included the opportunity to inform the jurors of their power to nullify. But how much of an increase in demand would such cases ever represent, especially after a few years, when citizen juries had already expressed their opinion on most of the kinds of arguments such defendants would make?

I concede that there might remain a slightly higher level of demand for trials by jury than presently exists, but most of the cases would be those where the need to judge both law and fact would constantly be at its greatest—those involving defendants accused of violating one or more of the thousands of new laws passed every year by our various legislatures.

And there would always be some defendants who would want to try and strike a better plea or sentence bargain with a jury than they anticipate getting from a prosecutor, or who think they have a truly unique or extraordinary case to present to their peers, or who broke a law in order to test its acceptance by the community, etc.

But these are precisely the kinds of cases that deserve analysis by a jury, and therefore do not deserve to be used as reasons to oppose FIJA legislation.

As to "inconsistency" in verdicts from place to place; the inconsistency between verdicts rendered by the bench already far outstrips anything that comes from groups of six, eight, or twelve people, so the first question that needs answering is "compared to what?" The Rand Corporation is only the latest in a series of researchers who have found "remarkable consistency" between jury verdicts for similar crimes around the country.

The reasons for consistency are first that group decisions, simply because they represent a consensus derived from multiple points of view, tend to look much like decisions made by other, similarly composed groups doing similar jobs, as any sociologist would expect; and second, that members of a given society by definition share a common culture—which means there will be only modest variation in values and attitudes from place to place.

My best guess is that the more harmful the criminal activity, the less variation will appear in jury verdicts from different locations around a country, precisely because the most basic, serious values are what define and unite us as a society (indeed, as a species). The less serious crimes, especially the so-called "victimless" or "political" crimes will, correspondingly, generate the widest range of variation in verdicts—and deservedly so.

(Continued Next Week)

Hard work, the origin of property

by Frederick Bastiat (1801-1850)
 excerpt from "The Law"
 published by The Foundation for Economic Education Inc.,
 Irvington-On-Hudson, New York, N.Y.

The Results of Legal Plunder
 It is impossible to introduce into society a greater change and a greater evil than this: the conversion of the law into an instrument of plunder.

What are the consequences of such a perversion? It would require volumes to describe them all. Thus we must content ourselves with pointing out the most striking.

In the first place, it erases from everyone's conscience the distinction between justice and injustice.

No society can exist unless the laws are respected to a certain degree. The safest way to make laws respected is to make them respectable. When law and morality contradict each other, the citizen has the cruel alternative of either losing his moral sense or losing his respect for the law. These two evils are of equal consequence, and it would be difficult for a person to choose between them.

The nature of law is to maintain justice. This is so much the case that, in the minds of the people, law and justice are one and the same thing. There is in all of us a strong disposition to believe that anything lawful is also legitimate. This belief is so widespread that many persons have erroneously held that things are "just" because law makes them so.

Thus, in order to make plunder appear just and sacred to many consciences, it is only necessary for the law to decree and sanction it. Slavery, restrictions, and monopoly find defenders not only among those who profit from them but also among those who suffer from them.

The breast implant panic lives on

by Stephen Chapman

The controversy over breast implants is one of those scare-of-the-month stories that show how easy it is to spawn panic, force federal action and generate large lawyers' fees by publicizing dangers that turn out to be either minimal or completely imaginary. What's not so easy is undoing all the damage.

The hysteria erupted back in 1991, based on stories about some women with the devices. Since then, though, the case against the implants has been pounded to dust under the growing weight of scientific evidence.

Last week, one of the most respected research teams in the country, headed by a Harvard professor, published the results of the biggest study yet. It found that the devices pose little if any danger of connective-tissue disorders, the most plausible of the alleged hazards.

The scientists concluded that implants might cause a maximum of one case of such ailments for every 3,000 recipients, but they also noted that the apparent increase in risk was so small that it "cannot be reliably distinguished from no risk." Dr. Maureen Henderson, a professor of epidemiology and medicine at the University of Washington, told The New York Times that diseases caused by implants are "a very, very rare business if they exist at all, and you can't say that they exist at all."

Previous investigators had searched in vain for any perceptible rise in connective-tissue illness, but die-hard opponents of breast implants complained that they didn't look at enough women. This study, encompassing nearly 400,000 women, was big enough to demolish that excuse.

Earlier reports had contradicted nearly all the other alarms sounded in headlines and newscasts five years ago. In 1993, the American Medical Association said there was no evidence to suggest that silicone-gel implants raised the risk of breast cancer or any other type of cancer. The only known health hazard is hardening of the tissue around the implant—which can be very uncomfortable but isn't life-threatening.

The good news, however, won't necessarily help the companies that made implants or the women who want them. Besieged by lawsuits, Dow Corning was forced to accept a settlement that required it to pay \$2 billion into a fund for women with implant-



related ailments. Science might be on the corporation's side, but science doesn't always cut any ice with juries—like the one that awarded an alleged victim \$14 million last October.

Implant manufacturers have the same problem as Voltaire, who wrote, "I was never ruined but twice: once when I lost a lawsuit, and once when I won one." The sheer volume of claims against these companies made it impossible to fight them all in court. When Dow Corning saw that the \$2 billion didn't stem the tide of litigation, it had no choice but to file for bankruptcy.

So far, some 440,000 women have registered to get a share of the fund established to settle the class-action lawsuit. Think about that. Perhaps—as many as 2 million women in this country have had silicone-gel breast implants. According to this latest study, no more than 667 have suffered serious diseases from them—and perhaps zero. Yet nearly half a million recipients, abetted by zealous attorneys, insist they deserve financial compensation.

The Food and Drug Administration has not yet been moved by the data exonerating implants. It banned the silicone-gel version in 1991 except for surgical reconstruction, in a grand display of addled logic, and it says the latest evidence is not sufficient to justify removing the ban.

Arguing that the safety of the devices has yet to be proved, the agency refuses to take any risks with the health of women who merely want bigger breasts. But it continues to accommodate women who want them for post-surgical reconstruction. It is willing to let one group of women who want them for cosmetic reasons make up their own minds—but not the other group of women who want them for cosmetic reasons.

That may never change. The FDA says it needs more evidence on what percentage of implants rupture over time. But the only way it is likely to get such evidence is if a company agrees to fund research in order to get FDA approval to put the devices back on the market. And no company will want to do that as long as it faces an endless gantlet of personal-injury lawyers pressing bogus claims.

Given everything now known about silicone-gel breast implants, it makes eminent good sense to let adult women evaluate the risks and decide for themselves whether to accept them, without subjecting the suppliers to frivolous litigation for merely giving patients what they want. But on this issue, what makes good sense seems irrelevant.

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The cost to America by failed elitist predictions

by Walter E. Williams

It's amazing how we listen to people who've been dead wrong time after time.

In 1975, the Environmental Fund took out full-page ads warning, "The world as we know it will likely be ruined by the year 2000.... World food production cannot keep pace with the galloping population. Family planning cannot, and will not, in the foreseeable future, check this runaway growth."

Paul Erlich, author of the "Population Bomb," in 1968 predicted that by 1999 the U.S. population would fall to 22.6 million. According to Erlich, during the 1980s, 65 million Americans would perish from starvation.

In light of these gross "errors," doomsayers haven't changed their story.

In January 1994, Lester Brown of the Worldwatch Institute said, "Seldom has the world faced an unfolding emergency whose dimensions are as clear as the growing imbalance between food and people."

Even the United Nations joined the chorus with its 1975 prediction there would be "500 million starvation deaths in Asia between 1980 and 2025." Asia, as it turns out, is experiencing unprecedented economic growth.

These grossly erroneous predictions can't simply be chalked up to ignorance. As Dr. Thomas Sowell points out in his new book, "The Vision of the Anointed," statisticians deliberately invent crises as a means to gain more control over our lives.

In the early '60s, Planned Parenthood and other groups convinced the nation there was a "crisis" in teen pregnancy and venereal disease. They got Congress to give them our money to sponsor sex education (read: indoctrination) classes, often showing films to junior high school students depicting heterosexual and homosexual couples engaged in sex; teen-age birth control clinics were set up and condom distribution programs started.

Was there a crisis in the first place? Since 1950, teen-age fertility rates had been declining, as were venereal disease rates. By 1960, syphilis and gonorrhea infections were less than half of what they were in 1950. We all know the story after "sex education." Teen pregnancy rose from 68 per thousand in 1970 to 96 per thousand by 1980. The venereal disease rate skyrocketed 350 percent between 1965 and 1978.

It's the same story with poverty and dependency. When the "war on poverty" began in 1965, the number of people living in poverty had been rapidly declining since World War II. Sowell reports, "The proportion of people whose earnings put them below the poverty level, without counting government benefits, declined by about one-third from 1950 to 1965." In other words, dependency was declining when the "war on poverty" began. Today, what the Bureau of Census defines as poverty is higher than in 1965, and there's much more dependency.



It's the same story with crime. The absolute number of murders committed in the United States in 1960 was less than in 1930, 1940 or 1950, even though the population was larger. After 1960, the courts succumbed to idiotic liberal ideology. Judge Brazelon opined the problem wasn't with "the so-called criminal population" but with society whose "need to punish" was a "primitive urge" that was "highly irrational." U.S. Supreme Court Justice William O. Douglas said, "Rehabilitation of criminals has seldom been attempted. Killing them or locking them up is the tried-and-true ancient method. Why not turn our faces toward rehabilitation?" Court contempt for law-abiding citizens produced today's crime rampage.

The elite who've created or magnified our social problems see themselves as nobler and wiser than the ordinary person. They also see themselves as having been ordained to forcibly impose that "wisdom" on the "ignorant" masses. In the process, they've engineered one disaster after another. I want to know how long we, the benighted people, are going to sit on our butts and take it.

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Wisdom Quotes

"When a jury acquits a defendant even though he or she clearly appears to be guilty, the acquittal conveys significant information about community attitudes and provides a guideline for future prosecutorial discretion in the enforcement of the laws. Because of the high acquittal rate in prohibition cases during the 1920s and 1930s, prohibition laws could not be enforced. The repeal of these laws is traceable to the refusal of juries to convict those accused of alcohol traffic."

Alan Scheflin and Jon Van Dyke, *Jury Nullification: The Contours of a Controversy, Law and Contemporary Problems* 43, No. 4, 71 (1980).

The Constitution for the United States Preamble

We the people of the United States, in order to form a more perfect union, establish justice, insure domestic tranquility, provide for the common defense, promote the general welfare, and secure the blessings of liberty to ourselves and our posterity, do ordain and establish this Constitution for the United States of America.

ARTICLE I

SECTION 4. The times, places and manner of holding elections, for Senators and Representatives, shall be prescribed in each State by the legislature thereof: But the Congress may at any time by law make or alter such regulations, except as to the places of choosing Senators.

The Congress shall assemble at least once in every year, and such meeting shall be on the first Monday in December, unless they shall by law appoint a different day.



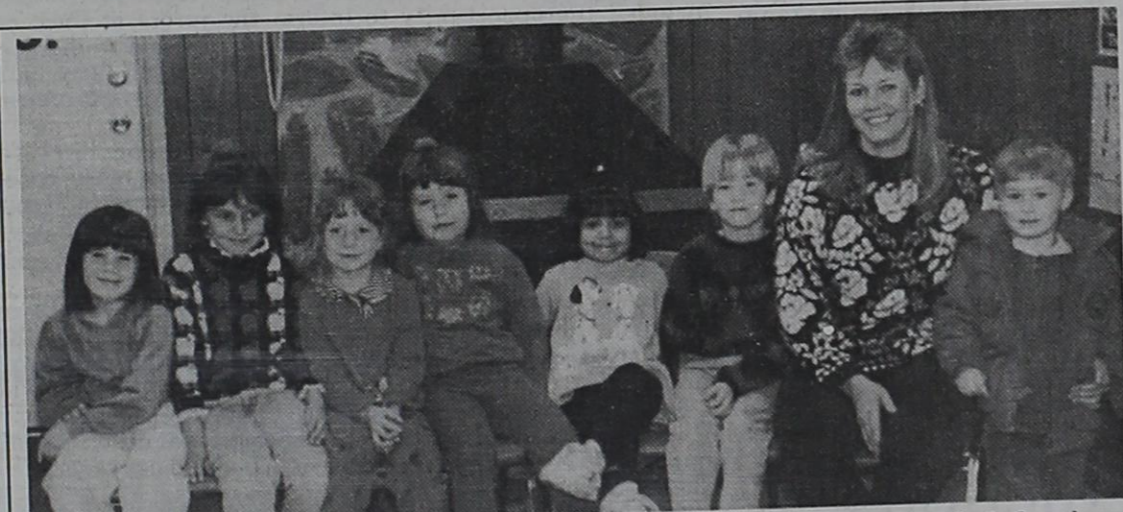
Brownie Troop 104 - (left to right) Leader Christy Rutherford, Kassie Parrish, Jodye Rutherford, Rosanna Orana, Sheena Haynes, Amanda Luna and Mia Navarro.



Troop 47 - (left to right) Jennie Dobitas (leader), Renee Dobitas, Laura Tobias, Dianna Williams, Camille Blevins and Carol Tobias (leader).



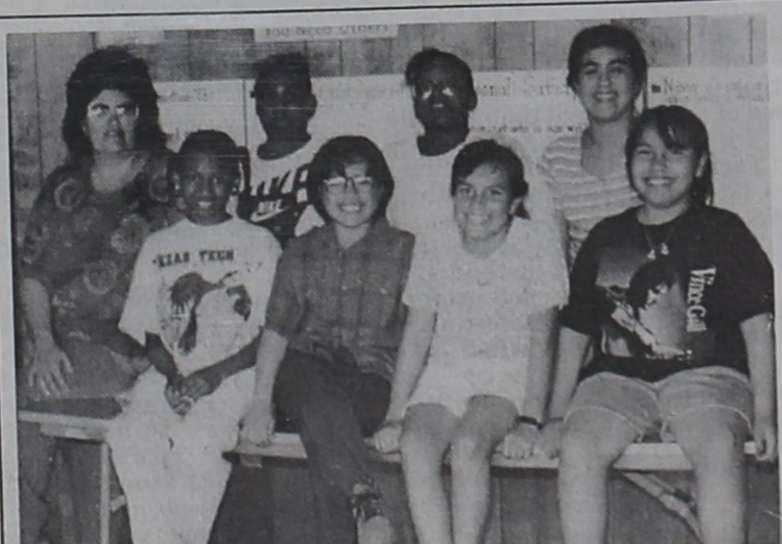
Brownie Troop 363 - (back row, left to right) Jessica Rodriguez, Erica Ruiz, Rachel Gray, Nicole Paiz, Gabrielle Paiz, Keisha Odom, Precilla Soto, Laura Pedersen, (front row) Victoria Fannon, Martina Norman, Rebecca Striblin, Kelli Martin, Bailey Odom, Allison Blevins, Betsy Ortiz and (standing) leader Shellee Odom. Not available for photo: Josie Butler, Amber Ray, Naquisha Taylor and assistant leaders Grace Paiz and Kristi Odom.



Daisy Troop - (left to right) Marlee Plummer, Lori Jones, Paige Bullard, Victoria Fanning, Carla Crenshaw, Rachael Walls, leader Jaquita Blevins and Jarrett Blevins. Troop members not available for photo: Jordan Smith, Breena Postell, Amanda Moore, Samantha Hoover, Erica Cravy, Victoria Hampton, Kelsey Sanderson and Madison Mason.



Troop 276 - (left to right) Leader Christy Rutherford, Diana Ratke, Michele Walls, Ashley Guerrero, Cherrell Reed, Ciera Wynne, Roxanne Soto and Lesley Rutherford.



Troop 35/162/294 - (back row, left to right) Julie Gonzalez (leader), Shalana Reed, Chanda Clay, Naomi Gonzalez, (front row) Starlett Greathouse, Eboni Gonzalez, Barbara Ayala and Marcella Vega. Not available for photo were Stephanie Saldivar, Amber Hernandez and Amanda Smith.

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Girl Scout Week March 10-16, 1996
 Whether learning about math, science, careers or the environment, or making discoveries about one's inner nature, Girl Scouting opens doors for girls ages 5-17, and helps them gain the skills they need to become vital members of society.
 But most of all, being a Girl Scout is just plain fun! On the occasion of Girl Scout week, we'd like to congratulate this worthwhile organization and urge you to support your local Girl Scout council.



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 Angel Blevins
 Latricia Martin
 Tasha Gilbert
 Nicole Reed
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 Bianca Hurley

Troop 388
 Kerry Cahill
 Channa Cruse

Seniors Troop 131
 Sharla Cruse
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Rare swans make appearance at Smith ranch in Justiceburg

By Andrea Skeckowski
Jennifer Smith and her family have some visitors that she says are welcome to stay as long as they like. On January 8, Smith discovered two swans that have been identified as Trumpeter Swans, a very rare breed that was almost killed off in the late 1800's. There are only 2,700 Trumpeters in the United States today, and these two are the first ever found in Texas.

Smith has always dreamed of getting swans, but could not believe her luck when she saw the two Trumpeters on her lake one day when driving into town. Since then they have made a temporary home there, and the Smith's have named the lake in their honor, Swan Lake.

The swans were tagged around the neck with identification bands when Smith found them, so they were able to find out where they came from, Smith said. With the help of her brother, Ben Miller, who is a bird watcher, and Jeff Haskin, the head of the United States Fish and Game Department in Albuquerque, Smith and her husband, Brent, discovered that the Trumpeters had migrated south from Minneapolis, Minnesota. These two swans are the farthest off-course Trumpeters and Smith said nobody knows how they found their way to Texas.

"We found out the two Trumpeters are brothers that were raised from eggs bought in Alaska by Madeline Link," Smith said. "Madeline was thrilled to know where they were and

expects them to return on their way when they are ready. She can't believe they have traveled so far."

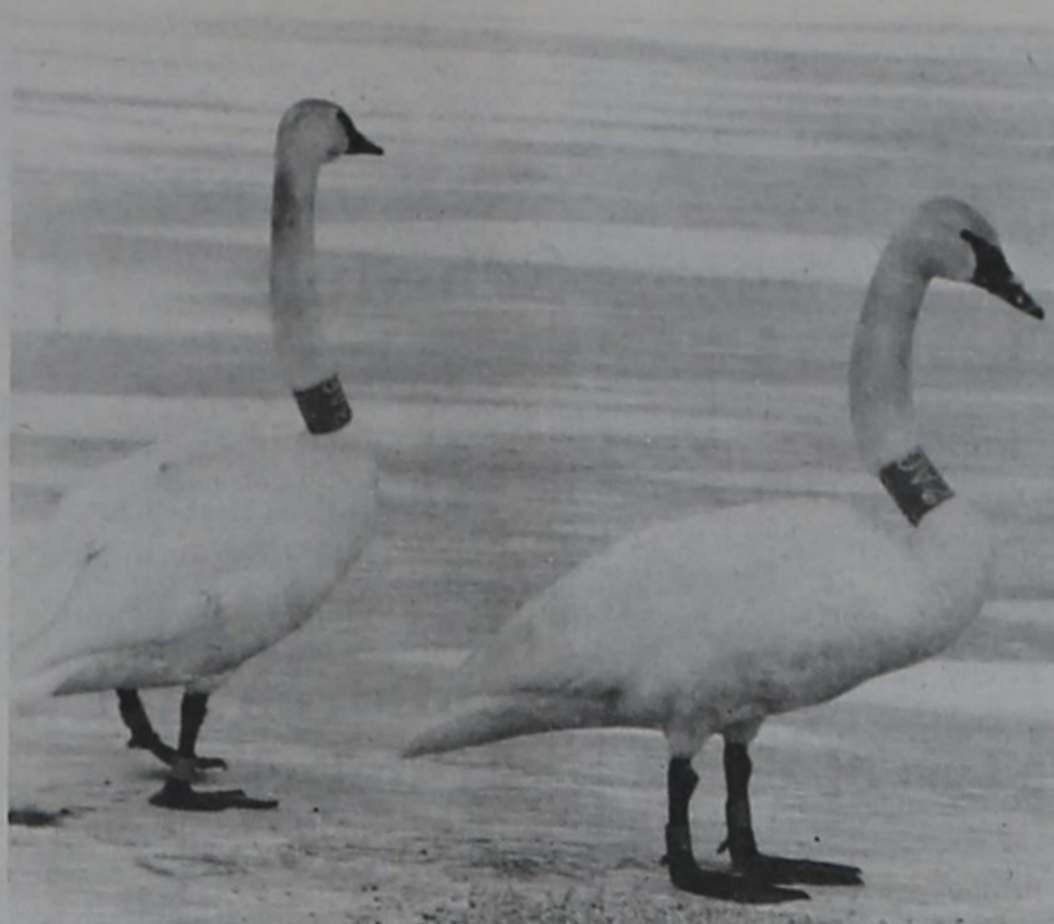
Smith and her family have been feeding the Trumpeters Indian corn and aquatic life regularly to help them along during their migration, Smith said. They feel the Trumpeters could be in danger if they are mistaken for Snow Geese and shot by hunters, and Smith wants people to know they are here now but probably will be taking flight soon.

"The last four days they haven't been eating as much, and we think it's because they're getting ready to leave," Smith said.

"Until they do decide to go, many people are taking advantage of this opportunity and are coming to see the Trumpeters who are named after their "Koo Hoo" sound that can be heard from a mile away. Local members of the Audubon Society (a bird watching society) and people who saw a special on news channel 28 about the swans aired two weeks ago, have been showing up in carloads," Smith said.

"Everyone is welcome to come out and see how beautiful they are," Smith said. "They are so peaceful and I could sit and watch them for hours. The only word to describe them is magnificent."

Smith doesn't want the Trumpeters to leave, but says if they do, she will be keeping an eye out for them next year.



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Lost Pet Corner

Call the City of Post at 495-2811 for information

Dogs need a home...

These two male heeler/chow mixed breed puppies are looking for some love and attention.

They are joined at the city dog pound by chihuahua mixed breed male and female, one female red cocker, one male poodle mixed breed, one white heeler mixed breed female and one black male terrier mixed breed.

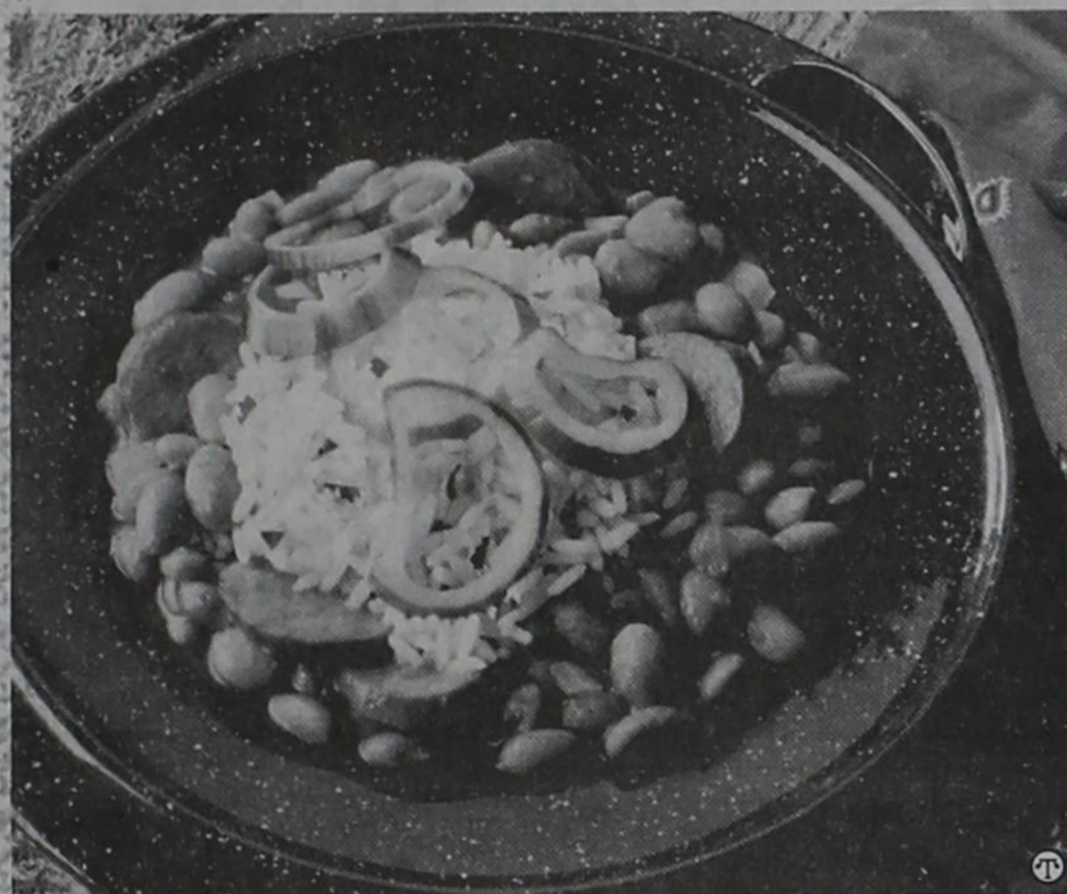
Anyone interested in adopting these animals should contact city hall at 495-2811.

Tip of the Week: Nothing is quite so discouraging as to realize that these precious animals were left unattended by their owners... and unable to care for themselves. Pet ownership is a big responsibility.



Cooking Corner

A Monday Meal That Makes Any Day Sizzle



This delicious recipe for Red Beans and Rice is nutritious and high in fiber. Beans and rice make a complete protein but are low in fat. Colorful, zesty and satisfying, Red Beans and Rice can easily be put together with inexpensive pantry staples.

(NAPS)—An old washday custom, that lives on in Louisiana, can make your family wish every day was Monday.

Back when all laundry was done by hand every Monday—and it took all day to finish—homemakers had little time to prepare a meal.

Yet at the end of the day, there was a big satisfying supper for the family. The cook's secret was a pot of red beans that simmered for hours while her attention was devoted to the wash tub, wringer and clothes line.

To this day, Louisianans recognize Monday as red beans and rice day.

Like wash day, preparing red beans and rice is now easier, thanks to modern conveniences. Hurried cooks can prepare the nutritious low-fat, high fiber meal in minutes, thanks to this version from the test kitchens of the Rice Council. Authenticity isn't lost to speed and convenience as long as the well-seasoned beans are served over a mound of nutritious rice.

Red Beans And Rice

Vegetable cooking spray
1/2 cup chopped onion
1/2 cup chopped celery

1/2 cup chopped green bell pepper
2 cloves garlic, minced
2 15-ounce cans red beans*, drained
1/2 pound fully-cooked low-fat turkey sausage, cut into 1/4-inch slices
1 8-ounce can tomato sauce
1 teaspoon Worcestershire sauce
1/4 teaspoon ground red pepper
1/4 teaspoon hot pepper sauce
3 cups hot cooked rice
Hot pepper sauce (optional)
Coat Dutch oven with cooking spray and place over medium-high heat until hot. Add onion, celery, green pepper and garlic. Cook 2 to 3 minutes. Add beans, sausage, tomato sauce, Worcestershire sauce, red pepper and pepper sauce. Reduce heat; cover and simmer 15 minutes. Serve beans over rice with pepper sauce.

*Substitute your favorite bean for the red beans, if desired.

Each serving provides 309 calories, 16 g. protein, 6 g. fat, 48 g. carbohydrate, 1 g. dietary fiber, 25 mg. cholesterol and 1196 mg. sodium.

Never put off till tomorrow what you can do the day after tomorrow just as well.
—Mark Twain

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The Post Dispatch



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Tuesday, March 12, 7 p.m.
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Sports

Lopes whip Loraine

by Becky Warren
Post beat Loraine again on Friday, March 1st, by a score of 13-6. The game was called after five innings because of darkness.
Things started tough for us. Jeremy Josey started on mound and was all over the plate with his pitches but could not get any calls (allowed six walks in eight batters). David Perez came in as relief and struck out the first three batters he faced. We gave up five runs in the first inning.
Perez finished with eight strike outs and four walks.

Only errors were passed balls. The defense played well. With Loraine ahead 6-0 in top of the fifth, Loraine loaded the bases and with two outs, Armando Ayala knocked down a ball up the middle, picked it up and stepped on second for the third out.

Our bats came alive in the bottom of the fourth with four walks and three singles combined with an error on their center fielder allowed us to plate five runs.
In our fifth, the same pitcher that held us scoreless in Loraine on Monday the 26th of February saw 13 men come to the plate.

Big plays in the inning were Todd Terry goes 2 for 2 in inning scoring twice, one on a home run by Anthony Flores that put us ahead. Also Armando Ayala drilled a double to left center for two more runs. A balk allowed another run to score and errors by their outfielder's allowed a couple more runs to cross the plate.

Hitting for Post were Todd Terry, 2 for 3, two singles, three runs scored; Roy Perez, 2 for 3, two singles, 1 RBI and one run scored; Sam Zubia, 2 for 3, two singles, two RBIs and two runs scored; Armando Ayala, 1 for 2, double, two RBIs and one run scored; Anthony Flores, 1 for 2, home run, 2 RBIs and two runs scored; David

Perez, 1 for 3, single; Jeremy Josey, 0 for 1, two walks and two runs scored; Seth Pennell, 0 for 3, one walk and one run scored and Sam Woods, 0 for 4 and one run scored (by fielder's choice).

Post wins two in a row

by Becky Warren
The Post Lopes baseball team seems to have everything going their way. They beat Loraine 11-0 on Wednesday, February 28th.
The game ended in the fifth inning by the 10 run rule.

Armando Ayala pitched eight strike out, 3 walks, 1 hit and no runs. Post played well defensively with only one error. The defense only had to field three ground balls, two for outs, and had one throwing error. The other five outs were fly outs and one pop up.

Hitting for Post was Todd Terry, 1 for 4, single; Anthony Flores, 1 for 4, double and 1 RBI; Seth Pennell, 1 for 3, single and 1 RBI; David Perez, 1 for 3, single and 2 RBIs; Jeremy Josey, 0 for 2, 1 RBI; T.J. Gaydos, 1 for 1, single; Roy Perez, 1 for 2, single and 2 RBIs; Frank Reyna, 0 for 1; Armando Ayala, 1 for 3, single and Sam Woods, 1 for 3, 1 RBI.

We had a big fifth inning scoring all 11 of our runs. Four walks, three balks, and five hits did the damage. Getting hits were Anthony Flores for a double, Jamie Hernandez, Sam Woods, David Perez and T.J. Gaydos getting singles. In the game we were nine for nine stolen bases.

Sports Schedule

Antelope Baseball
Friday, March 8, New Deal, there, 5 p.m.;
Tuesday, March 19, Slaton, there, 5 p.m.;
Friday, March 22, Ira, here, 4:30 p.m.;
Tuesday, March 26, New Deal, here, 4:30 p.m.;
Friday, March 29, Ira, there, 5 p.m.;
Tuesday, April 2, Idalou, there, 5 p.m.;
Friday, April 5, Rall, here, 5 p.m.;
Tuesday, April 9, Crosbyton, there, 5 p.m.;
Friday, April 19, Tahoka, here, 5 p.m.;
Tuesday, April 23, Idalou, here, 5 p.m.;
Tuesday, April 30, Ralls, there, 5 p.m.;
Friday, May 3, Crosbyton, here, 5 p.m.;
Friday, May 10, Tahoka, there, 5 p.m.

March 21 - Snyder JV at Snyder T.B.A. (dual meet after school)
March 29-30 - Lubbock Invitational April 1-4 District Meet - Seagraves
April 24-25 - Regional Meet - Abilene
May 10-11 - State Meet - Austin

Children and Athletics
Some children participating in athletics may be pushing too hard, too soon.
"There are young athletes who get overuse injuries because they're pushed too hard or too fast by a parent or coach, and they may not have been taught proper technique," said Dr. Albert C. Hergenroeder, chief of adolescent medicine and sports medicine at Baylor College of Medicine in Houston. "For instance, baseball pitchers may develop shoulder problems at a young age by throwing too many pitches, especially if their technique is poor."
In some cases these injuries can cause life-long problems. Some injuries can force athletes to miss competitions. Other athletes drop out of sports all together if the pain persists and is not treated. Overuse injuries can occur in athletes in any sport where there are repetitive motions, including gymnastics, softball and tennis.
A key to avoiding injuries is good coaching.
"Overuse injuries often develop because athletes are overtraining and, in some cases, not using proper technique," Hergenroeder said. "It's up to the coaches to ensure that athletes are not putting in too much time on the practice field."
Hergenroeder says it is up to parents to get more involved if they feel their child is not learning properly by going to practice and helping to reinforce what the coach is teaching. Sitting down to talk with a coach about workouts can also be beneficial for all involved, as can discouraging overtraining at home.
Overuse injuries may be reduced by urging children to participate in different sports throughout the year, and building rest periods into their athletic schedule.
"I think it's much better for average athletes to play more than one sport," Hergenroeder said. "Year-round swimming, for example, can cause shoulder problems. It's better emotionally and physically for young athletes to have an off-season and take up another activity."
Hergenroeder, who is also chief of adolescent medicine at Texas Children's Hospital, says the constant day-to-day grind of training programs for growing teenagers can lead to injuries and burnout. The body needs time to recover, and rest periods are necessary to allow the body to heal and stay healthy. Young athletes can be competitive in athletics without training year-round, although certain sports, such as swimming, gymnastics and ballet do train all year.

Boys placed sixth in 400 meter relay at Floydada track meet
By Becky Warren
The Post Lopes competed in the track meet held at Floydada on Saturday, March 2.
The 400 meter relay team consisting of Anthony Flores, Josh Lopez, Freddy Pena and Jamie Hernandez placed sixth in the competition.
Also competing but not placing was Roland Basquez, Orlando Castillo, Jerry Crawford, Derek Guthrie, Vance Guthrie, Elijah McElroy, John Paul Perez, Leonard Rodela and Sam Woods.

Post wins first baseball game of season against Slaton
by Becky Warren
Post traveled to Slaton on February 22 and came home with a win in their pocket.
Post won over Slaton by a score of 8-7.
In the first inning David Perez hit his pitch, steals second and goes to third on a bad throw. Roy Perez walked. He steals second on another bad throw which allows David to score.
Todd Terry and Armando Ayala both strike out.
Next batter up, Anthony Flores, grounds out to third.
In Slaton's first time up to bat they scored three runs off of four errors by Post.
Post's second and third innings were three up and three down.
Slaton's second and third innings were four up and three down. Anthony Flores and the defense did a great job in stopping the Slaton threat.
In the fourth inning for Post they left a man in the scoring position.
David Perez was the winner pitcher for the game.
Hitting for Post was:
David Perez, 2 for 3, double, single, 1 RBI;
Seth Pennell, 2 for 3, 2 singles; Todd Terry, 2 for 3, 2 singles, 2 RBIs;
Anthony Flores, 1 for 3, 3 RBIs that tied game;
Jeremy Josey, 1 for 4, 1 RBI that put us ahead.

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Antelope Relays to be held Saturday, March 9th

By Becky Warren
The Antelope Relays will be held this Saturday, March 9th, starting with the field events.
Field events starting at 9 a.m. will be the boys discus, high jump, shot put, long jump, pole vault and triple jump. Girls competition will consist of shot put and long jump.
Field events at 10:15 will consist of boys shot put and long jump. Girls competition will consist of discus, high jump shot put, long jump and triple jump.
The 3200 meter run will be held at 11 a.m.
At 12:30 a rolling schedule will start until finished. The schedule consist of 400 meter relay (girls and boys), 800 meter run (girls and boys), 100 meter hurdles (girls), 110 meter hurdles (boys), 100 meter dash (girls and boys), 800 meter relay (girls), 400 meter dash (boys run first then girls run), 300 meter hurdles (girls and boys), 1600 meter run (girls and boys) and 1600 meter relay (girls and boys).
Teams entered are (boys) Floydada, Idalou, Lubbock Christian, New Deal, Post, Ralls, Shallowater and Trinity Christian; (girls) Brownfield, Crosbyton, Floydada, Idalou, Lubbock Christian, New Deal, Post, Ralls, Shallowater and Trinity Christian.
Cliff Walls receives promotion
Don and Ruth Walls of Post has recently been notified that their son, Cliff Walls has been promoted to the rank of Sergeant in the United States Marine Corps.
Promotion to the rank of Sergeant signifies the Marine Corps trust it has placed in Sergeant Walls ability to lead Marines.

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Garza County
Condado de Garza
Republican Party
Partido Republicano
Calendar of Events
Calendario de Eventos
VOTE
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Republican General Primary Election
Eleccion Primaria general Partido Republicano
Tuesday, March 12, 1996
Martes dia 12 de Marzo 1996
Handy Hardware - 231 East Main St - Post, Texas
Handy Hardware - 231 Este Calle Principal, Post, Texas
7 a.m. to 7 p.m.
a las 7 mañana por las 7 por la noche

Precinct Convention
Convencion del Precinto
Tuesday, March 12, 1996
Martes dia 12 de Marzo 1996
Handy Hardware - 231 East Main St - Post, Texas
Handy Hardware - 231 Este Calle Principal, Post, Texas
7:30 p.m.
(a las 7:30 por la noche)

County Convention
Convencion del Candado
Saturday, March 30, 1996
Sabado dia 30 de Marzo 1996
Norwest Bank, 216 West Main Street, Post, Texas
(meeting room, NW Corner)
Norwest Bank, 216 Calle Este Principal Post, Texas
(Sala de Conferencia equina noreste)
10 a.m.
(a las 10 de la mañana)

All persons who wish to attend the Republican Precinct Convention and the Republican County Convention, must vote in the Republican General Primary Election.
Todas las personas que querran asistir la convencion del precinto del Partido Republicano y la convencion del Condado de los Republicanos deben de votar en eleccion Primaria General Partido Republicano.

The polling place is accessible to elderly and handicapped. Curbside voting as needed will be available.

For information call:
Carolyn B. Chapman
Garza County Republican Chairman
(806) 495-3974 or (806) 795-6184

Obituaries

Terrell M. Reno

Services for Terrell M. Reno, 91, of Concord, Ca. were held at 11 a.m. on Monday, February 26, 1996 at the Church of Christ in Martinez, Ca. with Richard W. Howell, minister.

Burial was in the Oakmont Cemetery, Lafayette, Ca. under the direction of Ouimet Bros. Concord Funeral Home.

Mr Reno died Friday, February 23, 1996 in the Kaiser Permanente Medical Center in Martinez, Ca.

The native of Oklahoma lived in Richmond before moving to Concord 35 years ago. He was a member of the Church of Christ in Martinez and the Concord Senior Citizens.

He was born October 16, 1904 to Samuel Lawson Reno and Josie Reeves Reno. His parents moved their family to Garza County in 1924 from Belcherville, Texas. In 1930 he married Gladys Ray in Field, New Mexico. In 1941 they moved to California. He was a custodian for 30 years before retiring, with Diablo Valley College. He had been a resident of Concord for 35 years.

He is survived by his wife of 65 years, Gladys Reno of Concord; two daughters, Kay Hodges of Oklahoma City and Jean Talbert of Napa, Ca.; a son, Jim Reno of Walnut Creek, Ca.; a brother, Marshall Reno of Post; three sisters, Bertha Holman of Albuquerque, New Mexico, Fay Howell of Brownfield and Audrey Nell Patty of Carlsbad, New Mexico; seven grandchildren and two great-grandchildren.

Bernita Maxey

Funeral services for Bernita Maxey, 83, of Carlsbad, New Mexico, were held Friday, March 1, 1996 at 10 a.m. in the Post Church of Christ with Paul Jones officiating. He was assisted by Homer Jones of Wellman.

Burial was in the Terrace Cemetery under the direction of Hudman Funeral Home.

Mrs Maxey died Tuesday, February 27, 1996 in Lakeview Christian Home in Carlsbad, New Mexico.

She was born August 1, 1912 in Bowie County, Texas, and was the daughter of Oliver O'Neal and May Boggs. She married William Bryan Maxey on November 21, 1928 in Stanton. He preceded her in death on October 14, 1978. She was also preceded in death by a son, Simeon on February 27, 1965.

She was a member of the Church of Christ and Home Demonstration Club. She is survived by two sons, Frank Maxey of Corpus Christi and Don Maxey of Lubbock; two daughters, Nita Booth of Sacramento, Ca. and Kay Oakley of Carlsbad, New Mexico; two sisters, Anna B. Davis of Central Point, Oregon and Kathleen Moore of Roseburg, Oregon; 13 grandchildren and 13 great-grandchildren.

Pallbearers were Noel White, Ronnie Graves, Bobby Cowdrey, Mack Ledbetter, Jerry Bush and Dicky Wallace.

Family requests memorials be made to Portales Children's Home, Children's Home of Lubbock and Make-A-Wish Foundation.

Felipe D. Romero

Funeral services for Felipe D. Romero, 71, were held Friday, March 1, 1996 at 2 p.m. in the Holy Cross Catholic Church with Father Lawrence Hemp officiating.

Burial was held in the Terrace Cemetery under the direction of Hudman Funeral Home.

Rosary was held Thursday, February 29, 1996 at 7:30 p.m. Mr Romero died Wednesday, February 28, 1996 in Golden Plains Care Center.

He was born March 15, 1924 in Pleasanton and was the son of Felipe Romero and Teresita DeLeon. He married Margarita Perez on August 31, 1975 in Post. He was a member of the Catholic church and had worked in the oilfield as a pumper and pulling unit hand.

He was preceded in death by a daughter, Rita Romero.

Survivors include his wife, Margarita of Post; three daughters, Hope Nava of Post, Mary Riedel of Lubbock and Gloria Gallegos of San Antonio; three sons, Roy Romero and Frank Romero, both of San Antonio and Sammy Gomez of Post; a sister, Anita Lopez of San Antonio; 14 grandchildren and five great-grandchildren.

Josefa Cisneros

Funeral services for Josefa Cisneros, 91, were held Wednesday, March 6, 1996 at 2 p.m. in the Holy Cross Catholic Church with Father Lawrence Hemp officiating.

Burial was in the Terrace Cemetery under the direction of Hudman Funeral Home.

Rosary was held Tuesday, March 5, 1996 at 7 p.m. Mrs Cisneros died Monday, March 4, 1996 in Garza Memorial Hospital. She was born February 27, 1905 in Johnson City. She married Pedro Cisneros in December 1920 in Guadalupe County. He preceded her in death in February 1955. She was also preceded in death by a son, Frank Cisneros in 1987 and by a daughter, Estella Medina on March 23, 1995.

She was a member of the Catholic Church and was a housewife.

Survivors include two sons, Mike Cisneros of Post and Reyes Cisneros of Lubbock; four daughters, Juanita Rivera and Angie Morales, both of Post, Mercy Sanchez of Wickett and Olivia Pequeno of Lubbock; a brother, Gabriel Espinoza of Dallas; 42 grandchildren and numerous great-grandchildren.

Anselmo Rodela

Funeral services for Anselmo Rodela, 62, will be held at 2 p.m., Thursday, March 7, 1996 in the Bethel Assembly of God with James Collins officiating. He will be assisted by Rev Federico Buitron.

Burial will be in the Terrace Cemetery under the direction of Hudman Funeral Home.

Mr Rodela died Monday, March 4, 1996 in Methodist Hospital in Lubbock. He was born April 21, 1933 in Gonzales and was the son of Matilde Rodela and Natividad Rodriguez. He married Rosa Gomez in Garza County. He was a farm laborer and a member of the Assembly of God.

Survivors include his wife, Rosa of Post; parents, Lucia Pena Rodela of Gonzales; three daughters, Kyeta DeLuna and Lupe Gomez, both of Post, and Leticia Rodela of El Paso; three sons, Sammy Gomez and Leonard Rodela, both of Post, and Steve Gomez of Brownwood; a brother, Matilde Rodela, Jr of Gonzales; two sisters, Guadalupe Canales of San Antonio and Margie Riojas of Albuquerque, New Mexico; five step-sisters, Ancension Martinez, Anita DeLeon, Teresa Pena and Angie Garza, all of Post, and Eva Reina of Lewisville; four step-brothers, Sebastian Pena and Adam Pena, both of Post, Joe Pena, Jr of Gonzales and Antonio Pena of Grassland; six grandchildren and two great-grandchildren.

Above all, we cannot afford not to live in the present. He is blessed over all mortals who loses no moment of the passing life in remembering the past.

—Henry David Thoreau



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Attorney At Law

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Hudman Funeral Home

615 W. Main
495-2821

Menus

Trail Blazer

Friday, March 8
Sweet and sour pork, rice, Chinese vegetables, celery sticks, cornbread, lemon pie or bars, choice of beverage.

Monday, March 11
Brisket, potato salad, turnip greens, cornbread, peach cobbler, choice of beverage.

Tuesday, March 12
Fish, tartar sauce, baked beans, okra, cabbage salad, cornbread, fruit salad, choice of beverage.

Wednesday, March 13
Chicken fried steak, white gravy, baked potatoes, brussel sprouts, wheat roll, apricots, choice of beverage.

Thursday, March 14
Pizza pie, Italian vegetables, cucumbers and onions, garlic bread, pear crisp, choice of beverage.

Post ISD

Friday, March 8
Breakfast: Cereal, toast, fruit, milk.

Lunch: Cheeseburger, tater tots, hamburger salad, cookie, milk.

Monday, March 11 thru 15
School out for Spring Break



Members of the Ladies' Auxiliary of the Post VFW recently presented a special cake, along with other donated items, to veterans at the Big Spring VA Hospital. Joining in the event were (left to right) Janet Ratliff, Alva Shepherd, Ruth Walls, Shirley Williams, Fay Johnson, Carrol Jean Light and Melvis Taylor. (Photo by JoAnne Stelzer)

Life is action and passion; therefore, it is required of a man that he should share the passion and action of his time at peril of being judged not to have lived.

—Oliver Wendell Holmes

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The Post Dispatch

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495-3330

South Plains Answering Service
495-3069

Justice-Mason Funeral Home
Dee, Janet, Bryan & Brent
301 W. Main -495-2833

Johnie Johnson EXXON

Your Full Service Station
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Garza Family Health Center

"A Division of Methodist Hospital"
Dr Larry Leininger,
M.D.F.A.A.F.P.
Ann Applewhite, PA-C
and staff
111 N. Ave I 495-2853

Dickens Electric Cooperative, Inc.

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Jackson Bros. Meat Packers

121 S. Ave H
495-3245

Twin Cedars Nursing Home

Billie Caylor

107 W. 7th -495-2022

This Church Directory is brought to you by these businesses to encourage you to attend worship services this Sunday

- Assembly of God** 407 May St.
Baptist
Calvary Baptist Church 210 E. 6th, 495-2342
First Baptist Church 402 W. Main, 495-3554
First Baptist Church, Wilson 628-6333
Pleasant Home Baptist Church E. 14th & N. Ave F
Templo Bautista 315 W. Main, 495-2416
Trinity Baptist Church 915 N. Ave O, 495-3038
Justiceburg Baptist Church Justiceburg, Don Blackcock, pastor
- Catholic**
Holy Cross Catholic Church Ave. K and Main St., 495-2791
- Disciples of Christ**
First Christian Church 812 W. 13th, 495-3716
- Church of Christ**
Church of Christ 108 N. Ave. M, 495-2326
Graham Chapel Church of Christ 5 miles W. Hwy 380, 2 miles south
- Church of God**
Church of God of Prophecy 602 W. 14th, 495-3644
Power House Church of God and Christ Pine Ave.
Lighthouse Christian Center Church of God 314 N. Ave I, 495-2237
- Church of the Nazarene**
Church of the Nazarene 202 W. 10th, 495-3044
Grassland Nazarene Church 327-5656
- Lutheran**
St John Lutheran Church, Wilson 1305 Dickson, 628-6573
St Paul Lutheran Church, Wilson 628-6471
- United Methodist**
First United Methodist Church 216 W. 10th, 495-2942
Graham Chapel United Methodist Church 495-3492
- Presbyterian**
First Presbyterian Church 910 W. 10th, 495-2135



The Lousy 2 Percent

by Jerry Koch, First Presbyterian Church

I'm betting most of you who have read beyond the title think this little essay is about church giving — as in why do most people give "a lousy 2%" to the church or other charitable organizations. It's not. It's about welfare cheats.

There are some 37 million Americans who live in poverty. That is, they qualify for Federal assistance because they have less income than the federally defined "poverty line". (\$14,300/year for a family of four in case you're interested.)

Who are these people? Are they buying Hagen Daz and Fritos with their food stamps? Or otherwise cheating the rest of us by breaking the rules or refusing to get off their dead rears and find a job? Here's some interesting census data:

33% are children who can't work due to child labor laws;
15% are disabled, retired, or ill;
25% *are* working, but have income below the poverty line;
25% are either keeping house, going to school, or actively looking for work.

Add it up and you have the "lousy 2 percent" who are "the lazy poor". (I'm betting you thought the "lousy" percentage was a lot higher). These are the 740,000 Americans (out of 37 million poor people) on whose backs fall the political hue and cry for welfare reform.

I'm wondering what kind of world we'd have if we re-focused our attention on the other 98%, and regarded *all* the poor as people created by a loving and benevolent God. Who are entitled to respect, love and power. Which is what the rest of us have to share in abundance. Think about it in the voting booth next week.

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Lamesa - 872-2632
Sundown - 229-3741

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495-2835

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Worship Service, 11 a.m.
Sundays
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Commercial: 50¢ per word. Payable in advance unless credit approved by management.

Card of Thanks

We would like to express our appreciation to each and every one for all the visits, cards, prayers, food and telephone calls. Your concerns during this time has made a difficult situation much easier to handle. God bless each of you.
Spike and Callie Strofer

I would like to thank all of my family, friends and church members for all their cards, visits and concern while I was in the hospital and home recovering. A special thanks to my kids who took such good care of me during this time.
Exafay Gilmore

Thank you to Post Volunteer Fire Department and others. Once again I want to

express my appreciation to the Post Volunteer Fire Department and anyone else who helped put out the grass fire last Saturday on my CRP land.
Harold Stone

The family of Felipe Romero would like to thank the staff of Golden Plains Care Center for their kindness and good care of Felipe.

Special thanks to: Judy Guerrero, Michelle Ramirez, Jackie Vera, Betty Alvarez, Linda Pringler, JoAnn Robison, Lorena Benham, Doris Parrish, Nita Terry, and Billie Jean Cross.

We would also like to thank everyone who brought food and visited at the house. A special thanks to the staff of Hudman Funeral Home for their sensitivity at our time of loss.

Also thanks to Father Larry Kemp for the services conducted at the funeral. Special thanks to the Ladies of Holy Cross for the meal that was prepared and served at the church after the funeral services.

Thanks to all our family and friends for their support in our time of need. Mrs. Felipe Romero Martin and Hope Nava and family Mary Riedel and family

The Ladies Auxiliary VFW would like to thank everyone for their donations for the Big Springs trip. It was a great success because of you.
Thanks again.

A heartfelt thanks to all of you who provided food, flowers, cards, visits and prayers during our recent loss. The display of sincere sympathy and honest concern has touched us deeply. Although the past few days have been difficult, the compassion shown has greatly eased our way. Bless you each and every one for all the love and friendship.
Rita Nelson
Patti, Dennis and Katrina May
Ricky, Melva and Jennifer Nelson
Doris Riddle and Helen Jones

We thank each of you who honored Bernita in such special ways—the prayers, food brought to the house and church, flowers, memorials, cards, phone calls were all deeply appreciated.

A special thank you to the Post Church of Christ, Paul Jones, Mary Gist and all of those who helped with the singing and service. It was truly a celebration of her life.

God bless each of you. Quannah and Sue Maxey Noel and Orabeth White Lewis and Jane Mason Ronnie and Diane Graves and all of the Maxey family.

First we say "Thank you God" then to Traci, Jane, Danny, Bertha, and Vivian at Garza Memorial Hospital we say thank you for your prompt action, because of your knowledge as to what was happening to Syd, thank you—we love you.
To Dr. Leininger we say thank you for getting to the hospital so quickly and your prompt action to keep Syd alive. We here in Post are very blessed to have this hospital, physicians and nurses. Hope you "hang around".

To our many friends who came to the hospital, to Bro. Bob Green who came to give us love, support and prayers. Thank you.

To everyone who came to visit, sent cards, called and helped with taking care of the "chores", thank you.
God Bless all of you,
Syd, Lil, children and grandchildren

Personals

Post Group of Alcoholics Anonymous meets every Thursday night at the First Presbyterian Church, 901 West 10th at 8 p.m. Closed meetings are held except on the last Thursday of the month, which is an open meeting. We have supper at 7 p.m. and the speaking starts at 8 p.m. Anyone who wishes to talk or ask about an alcohol problem, call 495-4152, 495-4185 or 629-4393.

Post Independent School District invites the Senior Citizens of the District to come by the Superintendent's office and

receive a gift of a complimentary general admissions pass that will admit you to all school functions. (You will be asked to present identification so that a pass can be issued in your name).

Post Narcotics Anonymous meetings are held every Friday at 5:30 in the Postex Mill office conference room. For more information call 1-800-687-7199.

Spanish Speaking AA

Spanish speaking AA meetings will be held every Tuesday night at the Catholic Church from 8-9 p.m. Come one, come all.

Services and Repairs

Karla's Cleaning Service
(Karla Melton-owner) Will clean offices or homes. Been in business since November 95. Dependable. References available. If interested call 806-495-3016.

Help Wanted

Mature woman needed to help improve domestic skills of mildly handicapped teenage girl. Needs help learning how to shop, cook, sew, etc. Two Saturdays each month. Pay negotiable. Call Tom Hurley at 495-2458.

Help wanted on Saturday and Sunday, 2 p.m. to 10 p.m. Apply at Wes-T-Go at 405 N. Broadway.

Homes for Rent

Small house with appliances, bills paid. \$200 month. 495-2029.

Homes for Sale

515 S. Ave. G. 2 bedroom/1 bath on corner lot. \$3,200. If interested call collect at 817-864-3677.

1800 sq. ft. 3 bedroom/2 bath, large bay window. 402 Osage. Nice neighborhood. 495-4067.

House for Sale. 3 bedroom/1 bath with 2 car garage. 111 W. 13th. 495-3864 or 495-2631.

506 W 12th. House to be moved. 2 bedroom/1 bath. 495-2441.

New listing—Great location. 3 bedroom/2 bath, large storage building. Priced to sell. 404 Osage. Call 495-4032 after 5 p.m.

3 bedroom/2 bath, 2 lots, lots of storage. 806-495-2396.

Garage Sales

Friday and Saturday, 8 a.m. to 5 p.m. 508 W. 7th.

Little girls clothes, misc and home decorations.

Friday and Saturday, 8 a.m. to 2. 613 W. 10th st. Lots of everything.

House for sale. Now vacant. We will try to work with you. Call 327-5226.

Multi-family garage sale. Saturday, 8 a.m. to 12 noon. 302 W. 5th st.

407 W 15th. Saturday, 8 a.m. to ?.

Saturday, 8 a.m. to ? Hwy 380W to FM 399 S, turn right, go to stop sign, turn right on FM 1313, first driveway on right. Watch for sign, antique coke machine and antique refrigerator.

Pets and Supplies

Free puppies to good home. 495-3352 after 5 p.m.

Legal Notices

NOTICE OF GENERAL ELECTION (AVISO DE ELECCION GENERAL)
To the Registered Voters of the City of Post, Texas: (A los votantes registrados del Ciudad de Post, Texas.)
Notice is hereby given that the polling places listed below will be open from 7:00 a.m. to 7:00 p.m., on May 4, 1996, for voting in a general election to elect ALDERMEN TO REPRESENT WARDS 3, 4, 5. (Notifiquese, por las presente, que las casillas electorales sitados abajo se abriran desde las 7:00 a.m. hasta las 7:00 p.m. el 4 de Mayo del 1996 para votar en la Eleccion General para elegir.)
LOCATION(S) OF POLLING PLACES
(DIRECCION(ES) DE LAS CASILLAS ELECTORALES)
WARD 1
Lorenzo Alexander Center
630 Oak
WARD 2
Post High School Library
205 W 6th
WARD 3
Post Middle School Library
401 W 8th
WARD 4
Presbyterian Church
910 W 10th
WARD 5
Trinity Baptist Church
915 N Ave O
Early voting by personal appearance will be conducted each weekday at (La votacion adelantada en persona se llevara a cabo de lunes a viernes en) 105 E MAIN, POST, TX 79356 between the hours of 8:00 a.m. and 5:00 p.m. beginning on April 15, 1996 (entre las 8:00 de la manana y las 5:00 de la tarde empezando el 15 Abril 1996) and ending on April 30, 1996. (y terminando el 30 Abril 1996.)
Applications for ballot by mail shall be mailed to: (Las solicitudes para boletas que se votaran en ausencia por correo deberan enviarse a:) Wyvonne Kennedy, early voting clerk (Nombre del Secretario(a) de la Votacion Adelantada), 105 E Main, (Direccion), Post, Texas (Ciudad) 79356 (Zona Postal).

Applications for ballot by mail must be received no later than the close of business on (Las solicitudes para boletas que se votaran en ausencia por correo deberan recibirse para el fin de las horas de negocio el) April 12, 1996 (12 Abril 1996).
Issued this the 7th day of February, 1996.
(Emitada este dia 7th de Febrero, 1996.)
Jim Jackson, Mayor
(Firma del Alcalde)

Notice to All Persons Having Claims Against The Estate of Ted L. Aten

Notice to all persons is hereby given that the original letters testamentary upon the estate of TED L. ATEN, deceased, were issued to me the undersigned on the 4th day of March 1996, in the proceeding indicated below my signature hereto, which is still pending, and that I now hold such letters. All persons having claims against said estate, which is being administered, the county below named, are hereby required to present the same to me respectively, at the address below given, before suit upon same are barred by the general statutes of limitation, before such estate is closed, and within the time re-

quired by law. Eddie M. ATEN may be notified c/o Preston Poole, Attorney at Law, P.O. Box 296, Post, Texas 79356.
Dated: 4 March, 1996.
Eddie M. Aten
Independent Executrix
Estate of Ted L. Aten

Notice of Sale

A sale will be conducted on the second Tuesday of the month, that being March 12th, 1996, at 10 a.m. This sale is in accordance with Chapter 682; Sections 683.011 - 683.015, of the Texas Transportation Code, concerning abandoned motor vehicles.

One vehicle will be sold at auction to the highest bidder. There will be a minimum bid required. Sale will be cash basis, or approved checks.

The vehicle to be sold is a 1980 Ford Fairmont 2 door, VIN#OK93B134943; Texas license 517VYV.

This vehicle may be seen at Mason's Wrecker Service, 912 West 4th Street, Post, Texas 79356.

This auction will be held on the west side of the Garza County Sheriff's Department, on the courthouse square.

Letters to the Editor

The Real Story...

I have been following the media-hyped concerns over the various growing militia movements across the nation. I must say that the media is once again in the Johnny-Come Lately mode in accurately covering this movement.

The REAL STORY is not about the men's patriot movement where a few GI-Joe-Style gun totin' guys get together once in awhile; the REAL STORY is the Kitchen Militia that has been called to arms around this nation since George Bush first acted upon his announcement to become "The Education President."

We are thousands of mothers and grandmothers-cum-researchers located in every state of this country. We have micro-researched every facet of the so-called "restructuring" and in the process have become experts on the United Nations, the US-Soviet Education, Technology and Cultural Exchange Agreements, federal and state legislation (past and present), philosophy, sociology, psychology, and pedagogy. In short, if there is any program or agenda we perceive as a threat to our families, somewhere there is a Kitchen Militia mother who tracks it down and gets the word out on the grapevine radio call-in shows, fax networks, audio cassette, video tap or any other jungle drum available.

We're not armed with guns. Guns are so messy... we have Congressional Records, legislation and official documents. We have documentation to prove whatever we say and hoard quotes from air-head politicians like a miser hoards his gold. The media dismisses us as the Christian Right; although Christians, Jews, Buddhists and atheists are all involved in this relentless research and dissemination.

Our numbers include people in government agencies and local school districts.

We are the most dangerous threat to the "restructuring" of this nation. Remember the old slogan, "The hand that rocks the cradle rules the world." This is fair warning. The fastest growing militant group in this country is the Kitchen Militia. Our numbers swell every day, every time some new piece of socialist garbage is introduced that threatens our families.

Chey Simonton

Post Lions Club gives thanks...

The Post Lions Club wishes to thank those who purchased tickets on the two half beefs we gave away last week. We will be using the funds raised to purchase eye glasses for the needy.

Our special thanks to Rex Cash for donating the beef and to Bo Jackson for his help in preparing the halves as the winners wished. Benny Valdez won one half. I do not know who won the other one.

Because of our purchasing glasses for the needy, one family has begun giving memorials to our glasses fund instead of giving flowers at funerals. If you wish to do this, send your donations to the Lions Club, Box 644, and we will send an acknowledgement to the family of the deceased. The Lions Club exists to serve our community. We thank you, the community, for your support.

Sincerely,
Paul D. Jones
Sec/Treasurer
Post Lions Club

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Mitchell Real Estate
Kim 495-3719
Barbara 495-3987
Mike and Wanda 495-3104

Clearance event

<p>1994 Suburban One Owner, Extra Clean Sale Price \$18,950</p>	<p>1995 Demo Suburban Loaded, 21,000 Miles Sale Price \$25,500</p>	<p>1994 4x4 Suburban Loaded, One Owner 46,000 Miles Sale Price \$23,500</p>
<p>1993 Ford Pick Up Long, Wide Bed, Reg. Cab, One Owner, 12,000 Miles, Showroom New, Loaded, 302 Auto, XLT Sale Price \$12,500</p>	<p>1990 Ford Crew Cab Single Rear Wheels, 7.3 Diesel, Auto Sale Price \$10,500</p>	<p>1994 Pickup Izuzu Extra Clean, One Owner, A/C, 4-Cyl, 5-Speed Sale Price \$7,500</p>
<p>1991 Pickup S-10 4 cyl. 5-speed, A/C Sale Price \$3,950</p>	<p>1993 Chevy Pick Up Sportside, Reg. Cab, V/6, Auto, Silverado, One Owner, Low Mileage Sale Price \$13,800</p>	<p>1994 Chevy 4x4 Pickup Reg. Cab, 350, 5-Speed, A/C, One Owner, Factory Warranty, 23,000 miles Sale Price \$14,950</p>
<p>1983 Pontiac Bonneville 4-Door, Extra Clean \$2,500</p>	<p>1992 Astro Van One Owner, Extra Clean \$8,950</p>	<p>1989 Chevrolet Caprice Brougham, 4-Door, Loaded, One Owner, 48,000 Actual Miles, Extra Clean \$7,000</p>
<p>1993 Ford Tempo GL One Owner, 49,000 Miles \$5,950</p>		

Program Cars All Have Factory Warranties

<p>1995 Olds Ciera 4 Door, Loaded, White/Blue Interior Sale Price \$10,500</p>	<p>1995 Olds Achieva 4-Door, Loaded, White/Maroon Interior Sale Price \$10,500</p>	<p>1995 Chevy Lumina 4-Door, White/Blue Interior Sale Price \$12,900</p>
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Robert Hall Chevrolet-Olds-GEO
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806-237-2182

BIG COUNTRY CHEVROLET DEALERS

Garza County History

Courtesy of the Garza County Historical Museum



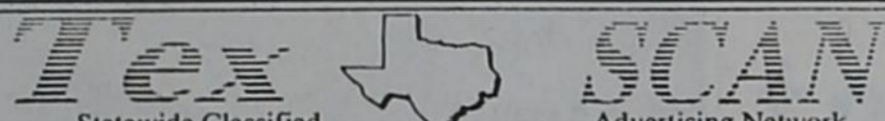
Main Street
Post, Texas

38468

This picture post card is undated, but from autos it appears to be late 1930s or early 1940s on East Main Street looking to the west. The card was published by J.L. Devers of Snyder and was addressed to "Mr McComos, Curtis Pubg. Co., Liberty State Bank Bldg., Dallas, Tex."

The Garza County Historical Museum
119 N. Ave. N - 806-495-2207
open Tues-Sat., 10-Noon and 1-5 p.m.

Visit the new gift shop at the museum... rare collectibles on sale now!



Statewide Classified Advertising Network
More than 300 Texas newspapers for \$300. Call this newspaper for details.

ADOPTION

ADOPTION: LOVING FAMILY wish to adopt your newborn. Call anytime Jackie & John at 1-800-927-8668. It's illegal to be paid for anything beyond medical/legal expenses.

AUCTIONS/SHOWS

BIG THREE DAY horse sale, March 15, 16, 17th. Expecting over 1,000 horses. Clovis Livestock Auction, Clovis, N.M. For more information, 505-762-4422 or 806-655-3341.
DISPERSON AUCTION MOULTON, TX: 3,500 sq ft horse, 405 acres in 18 tracts, Angus cattle, equipment & machinery. Sells Sunday March 24. For brochure 918-250-2012. Williams & Williams, Realtors.

RITCHIE BROS. AUCTIONEERS Int'l: Unreserved construction equipment auction, Houston, TX - April 11, 1996. To add your units or receive a free color brochure phone 713-455-5200. Auctioneer Robert L. Brawley, license no. 6767.

BUSINESS OPPORTUNITIES

MINI-TECH INDUSTRIES/manufacturer of all steel portable mini-storage units, has distributorships and dealerships in some areas of Texas. \$1,500 investment. For information packet, call 1-800-MINI-250(646-4250).

MULTI-LEVEL-MARKETERS-heaven. No selling. No inventory. No distributors fee. We build your downline nationwide. Call today for free health/nutrition information packet. Minimum investment \$175. 1-800-988-0679.

DRIVERS WANTED

AT FREY MILLER, WE'RE hiring again & stronger than ever! Company: teams to 32 cents, singles to 27 cents, lateral entry up to 3 years, recent graduates to 24 cents, average haul 1,500 miles. Owner operators: weekly settlements, plates and permits paid, no up front money and more. Call Freymiller. 1-800-745-4155.

ATTN: EXPERIENCED TRUCK drivers drive to own! \$0 down/78% all miles. Ownership possible in 18 months. Avg. 10,000+ miles/month. Company drivers: newer equipment. Competitive pay/benefits. Call: New Apple Lines 1-800-843-8308 or 1-800-843-3384 Madison, SD. Mon-Fri 8-5PM central. Call!

DRIVERS - CALARK INTERNATIONAL offers great pay, benefits and the chance to get home more often! Must be 22 with CDL and HazMat endorsement. 1-800-950-8326.

DRIVERS - CHEETAH TRANSPORTATION needs OTR contractors to haul steady flatbed freight. Excellent compensation package. Great lanes. Call 1-800-368-7407.

DRIVERS - SINGLES/TEAMS - O/O lease program - no money down. Must meet DOT requirement. Late model walk-in. Call Arctic Express 1-800-927-0431.

DRIVERS - SOLO/TEAMS, \$2,000.00 sign on. Top teams earn \$104,000+, top trainers earn 70k+, major benefits/motel & deadhead pay. Covenant Transport 1-800-441-4394. Students call 1-800-338-6428.

DRIVER - TEAMS - IMMEDIATE oppor-

unities. Driver for new TNT Freightways Truckload division. Average 5,500+ miles/wk, 1996 conventionals, top pay/benefits (TNT) Comet Transport. Call: 1-800-585-8980.

DRIVERS WANTED. E.L. Powell & Sons, Tulsa, OK. We offer late model equipment, good insurance. 22%. One year verifiable flat bed experience. 918-446-4447. 1-800-444-3777.

NEW IMPROVED PAY package offered by Beech Trucking for regional drivers. Home every weekend. Start at 26¢ with monthly bonuses & benefits. Call 1-800-521-0649. EOE.

OTR DRIVERS - IF your priorities are good home time, pay, and the best equipment, SRT is your company. Reefer and dryvan avail. Call 1-800-288-7785 today!

TRUCK DRIVERS NEEDED to operate 48 states. No Canada. Haul dry freight. No HazMat. Excellent pay & benefits. Minimum 1yr OTR experience. Call Continental Express 1-800-695-4473.

EDUCATION

BECOME A MEDICAL transcriptionist. Opportunity to work in an office typing for doctors. Home study. Free literature. P.C.D.I., Atlanta, Georgia. 1-800-362-7070 Dept. YYC722.

EMPLOYMENT

NEEDED: SALES REPRESENTATIVES, field superintendents. Metal roofing experience helpful/not mandatory. Health ins., vac/401K/holidays, E.O.E./drug screen. Contact: Jeff Vogts 1-800-345-2783. A-Lert Roof Systems.

HELP PROMOTE WORLD peace by hosting a high school exchange student from Scandinavia, Europe, South America, Asia. Don't miss this opportunity to broaden your horizons beginning August. Call AISEN 1-800-SIBLING.

FINANCIAL SERVICES

FREEDebt CONSOLIDATION. Immediate relief! Too many debts? Overdue bills? Reduce monthly payments 30%-50%. Eliminate interest. Stop collection callers. Restore credit. NCCS, nonprofit. 1-800-955-0412.

NOTES, ANNUITIES, LOTTERIES. Receiving payments? Get cash now! Colonial Financial, the nationwide leader since 1984. 1-800-969-1200.

LUMP SUM CASH for your owner-financed mortgage, trust deed, structured settlement or annuity payments. Quick close; free quote. Closing costs paid. Call now! 1-800-687-8726.

FOR SALE

METAL BUILDING SALE: 30# load 40x60x14 building - \$8,079; 50x100x16 - \$14,778; 60x100x16 - \$17,210. 21# load 40x60x14 - \$7,820. 12/20 load 50x100x16 - \$13,556; 60x100x16 - \$15,660. All orders must be received by 4/15/96. Freight, taxes and erection not included. Call: NCI Express 1-800-777-9378.

STEEL BUILDINGS SALE: 5,000+ sizes. 30x40x10, \$5,345; 40x60x14, \$9,574; 50x60x12, \$10, 383; 50x100x16, \$16,323;

60x80x14, \$14,871; 60x100x16, \$18,595. Quality - service - excellence. Free brochures. Sentinel Buildings, 1-800-327-0790.

TANNING BEDS, WOLFF and Sunmaster. Factory direct to public. Eliminate middle man. Save hundreds. Money back guarantee. Home/commercial. Easy payments. Free catalog. 1-800-KEEP-A-TAN, 1-800-533-7282.

WOLFF TANNING BEDS. Tan at home. Buy direct and save! Commercial/home units from \$199.00. Low monthly payments. Free color catalog. Call today 1-800-842-1305.

HEALTH

20/20 WITHOUT GLASSES! Safe, rapid, non-surgical, permanent restoration in 6-8 weeks. Airline pilot developed. Doctor approved. Free information by mail: 1-800-422-7320 ext. 237, 406-961-5570, FAX 406-961-5577. Satisfaction guaranteed.

ATTENTION DEFICIT DISORDER: potentially no more Ritalin. Natural relief is now available. Call Maximum Enterprises at 1-800-742-3344 ext. 121 for free information.

HEALTH/OXYGEN BREAK through allergies and breathing problems? Tired or overweight? Problematic skin? Increase athletic performance! New cellular stabilized oxygen. \$29.95. Results guaranteed. 1-800-338-5697 Ext. 1024.

PSORIASIS SUFFERS: REPORT by American Dermatology Foundation reveals new approved spray heals itchy, flaky, red skin in as little as 7 days. Call for information: 1-800-61-SPRAY.

RAPID WEIGHT LOSS. "Only \$17.95." Burns fat, calories, stops hunger. Lose 3-5 pounds/week. Money back guaranteed. Call for information. United Pharmaceutical 1-800-733-3288 (C.O.D.'s accepted).

REAL ESTATE

40 ACRES BETWEEN Junction and Fort McKavett. Rolling hill country, good cover, joins large ranch. Great deer, turkey hunting. \$600 down, \$281/month (11%-20yrs.). 210-257-5564.

ABSOLUTE SACRIFICE! INVESTOR liquidating properties cheap. Prices starting at \$20,000 each. Excellent financing available. Low down payments. Booming areas. Sensational opportunity. Hurry. Call now! 1-800-673-6710.

CLOSEOUT. NO GUESSING. 3 bedroom, 2 bath. Many extras. Save \$\$\$ 24 new models. Easy financing. Call Spring Branch Homes for your free confidential approval. 1-800-417-6412.

GOT A CAMPGROUND membership or timeshare? We'll take it. America's most successful resort resale clearinghouse. Call Resort Sales information toll free hotline 1-800-423-5967.

TIME SHARE UNITS and campground memberships. Distress sales-cheap! World wide selections. Call Vacation Network U.S. and Canada 1-800-543-6173. Free rental information 305-563-5586.

Yesteryears

by Pat Burnett

10 Years Ago March 5, 1986

Tom Bouchier was honored last Friday night as "Citizen of the Year" at the Chamber of Commerce banquet.

Some recent births are Natalie Renee and Nicole Marie, twin girls of Mr and Mrs Noel Saldivar, who were born November 7, 1985. The twins just recently came home from the hospital.

Pete Castillo recently received an award for safety from the Association of Oilwell Servicing Contractors.

Golden Capps, Post Lady Lope senior, was named to the District 3AAA all-district basketball team.

20 Years Ago March 4, 1976

Overnight guests in the home of Mr and Mrs Dewitt Caylor this week were Geneva Addison and Afta Perry both of Lipan, Tx.

Happy birthday today goes to Wanza Mock, Gary Don Haines, Mary Ellen McCollough, Sam H. Long and Alene Crawford.

Joseph R Aimo, of Lindsey Air Station, Wiesbaden, Germany, was recently named outstanding wrestler of the All Germany High School wrestling finals held at Baumholder, Germany.

Col. and Mrs D.C. Roberts spent the weekend in Tahoka with their daughter and family, Mr and Mrs Lester Adams.

30 Years Ago March 10, 1966

Dr Ronald Huddleston, son of Mr and Mrs R.W. (Mutt) Huddleston, has recently opened a hospital in Tanzania, East Africa, sponsored by the Texas Churches of Christ.

Patti Parrish, 3rd grade; Pat Johnson, 5th grade; and Cynthia White, junior high student were first place winners in the poster and essay safety contest which was conducted in the Post Junior High and Elementary schools by the Amity Study Club and Womens Culture Club.

Mike Evans spent the weekend here visiting his grandparents, Mr and Mrs Charley Williams.

40 Years Ago March 8, 1956

A General construction contract for a million-dollar-plus expansion program at Postex Cotton Mills, Inc., has been awarded to the H.B. Zachery Co. of San Antonio, R.J. (Rube) Jennings, mill president announced Tuesday.

Mr and Mrs Dave Allared and his mother of Lubbock visited in the home of Mr and Mrs O.G. Hamilton and Billy during the weekend.

Mr and Mrs Odean Cummings honored his parents Mr and Mrs R.L. Cummings, who observed their 46th wedding anniversary Tuesday, with a dinner in their home.

Mr and Mrs Gilbert Gandy and girls of Tahoka visited the Carl Fluitts Sunday night.

50 Years Ago March 7, 1946

F.F. Keeton purchases Gary's Grocery store from J.A. Gary.

Master Alan David Ricker, son of Mr and Mrs Haven Ricker, is the first Texas-born child of an English mother and American service man. Young Allen was born July 14, 1945 after his mother arrived in Post.

Malcolm T. Bull and Margaret Stone were married February 14, 1946.

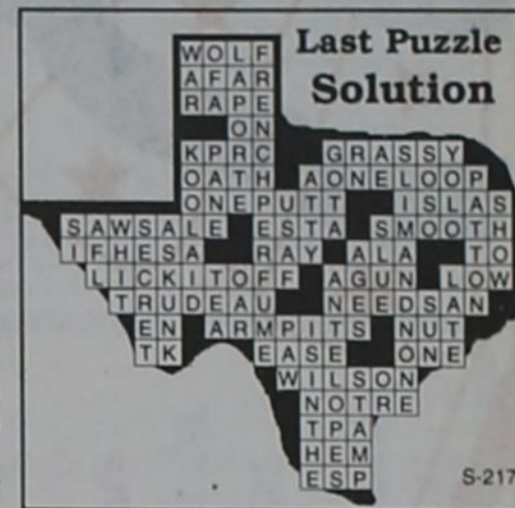
See "Life with Blondie" and "The Stork Club" with Betty Hutton this week at the Garza theatre. Misses Iris and Alma Jean Floyd, daughters of Mr and Mrs Guy Floyd, hosted a "Get Acquainted Party" with approximately twenty-five guests. The Floyd

Laugh and the world laughs with you, snore and you sleep alone. —Anthony Burgess

It takes a great man to make a good listener. —Arthur Helps

Community Calendar

- Monday, March 11 1996
9 a.m. - Commissioners Court, 3rd floor Courthouse.
- Tuesday, March 12, 1996
12 noon - Rotary lunch, Community Center Rotary room.
- Thursday, March 14, 1996
7 a.m. - Lions Club, Chaparral Steak House.
6:30 p.m. - Chamber of Commerce.



If You Can't Come To Miracle-Ear, We'll Come To You.

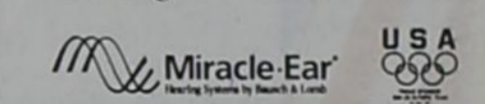


Our Hearing Aid Service Center Is Coming! Stop In For Your:

- FREE Hearing Test*
- Hearing Aid Service Needs—No Matter What Make Or Model
- Complete Selection Of Accessories

The Miracle-Ear® Hearing Aid Service Center will be at this convenient location for a limited time only! Stop by to take advantage of everything we have to offer.

Visit Your Nearby Miracle-Ear® Hearing Aid Service Center.



Tuesday, March 12
9 a.m. - 12 noon
Garza County Senior Citizens Center
103 S. Ave. I.
Call 1-800-808-0188 for an appointment
Ask for Rodger Clark
* in home appointments available.

BUY 2 GET 1 FREE BATTERY SPECIAL

Buy 2 packages of Miracle-Ear hearing aid batteries and get one package FREE!!



Thinking about getting new equipment after harvest?

You can protect your plans so affordably with crop insurance through Rural Community Insurance Services. Why not ask us for a quote today?



Caprock Crop Insurance
Max Haney, Agent
P.O. Box 763 - Post, Texas 79356
806-495-2527

© RURAL COMMUNITY INSURANCE SERVICES

Open Tuesday - Friday

Main Street Cafe

at Hotel Garza

- Home Cooking
- Soup • Salads • Sandwiches
- Flavored Coffees and Teas

Dine-in, Take-out or Delivery*

Serving 11 a.m. to 2 p.m. Tuesday thru Friday and Trade Days* Saturdays
* Inside Post city limits only - call before 11 a.m.

Daily Hot Plates

- Friday: Chili, crackers & salad
- Tuesday: Mexican Combo Plate
- Wednesday: Stew & Cornbread
- Thursday: Chicken Fried Rice

302 E. Main - Post (806) 495-2880

ACROSS

- 1 diamond rattler
- 5 TX Collin Raye's first album: "___ Can Be"
- 6 ___ Dr. Pepper (low cal)
- 7 Winters h.s. class
- 8 captive TX woman: Cynthia ___ Parker
- 9 Lost ___ State Natural Area
- 15 Rangers announcer Sham
- 16 ruler who detained TX Ross Perot employees in Iran
- 19 TX "Spanky" McFarland comedy: "Little ___"
- 21 TX poet: Shihab Nye
- 22 TXism: "___ of arrows in his quiver" (capable)
- 27 in NW Tarrant Co.
- 28 TX Tommy Tune's character Ambrose in "Hello Dolly"
- 29 TX Larry Hagman film: "Getting Away ___ All" (71)
- 30 Skip who wrote Cow-boys "Untold Story"
- 32 TX Joan Crawford: Lucille ___ Sauer
- 33 TXism: "it's ___ die"
- 36 TXism: "no brag, just ___"
- 37 prior spelling of TX Cyd Charisse's nickname
- 38 TXism: "cowboy ___" (jukebox)

- 39 Kris Kringle, St. Nick, ___ Claus
- 41 Astro pitcher's stat
- 42 a creek will do this in a drought (2 wds.)
- 45 Aransas Pass October festival: Shrimpo
- 46 "Roger the Dodger" (init.)
- 47 spoils of war
- 48 TX Bush's party
- 49 early TX immigrants
- 52 TXism: "___ a squirrel up a tree"

DOWN

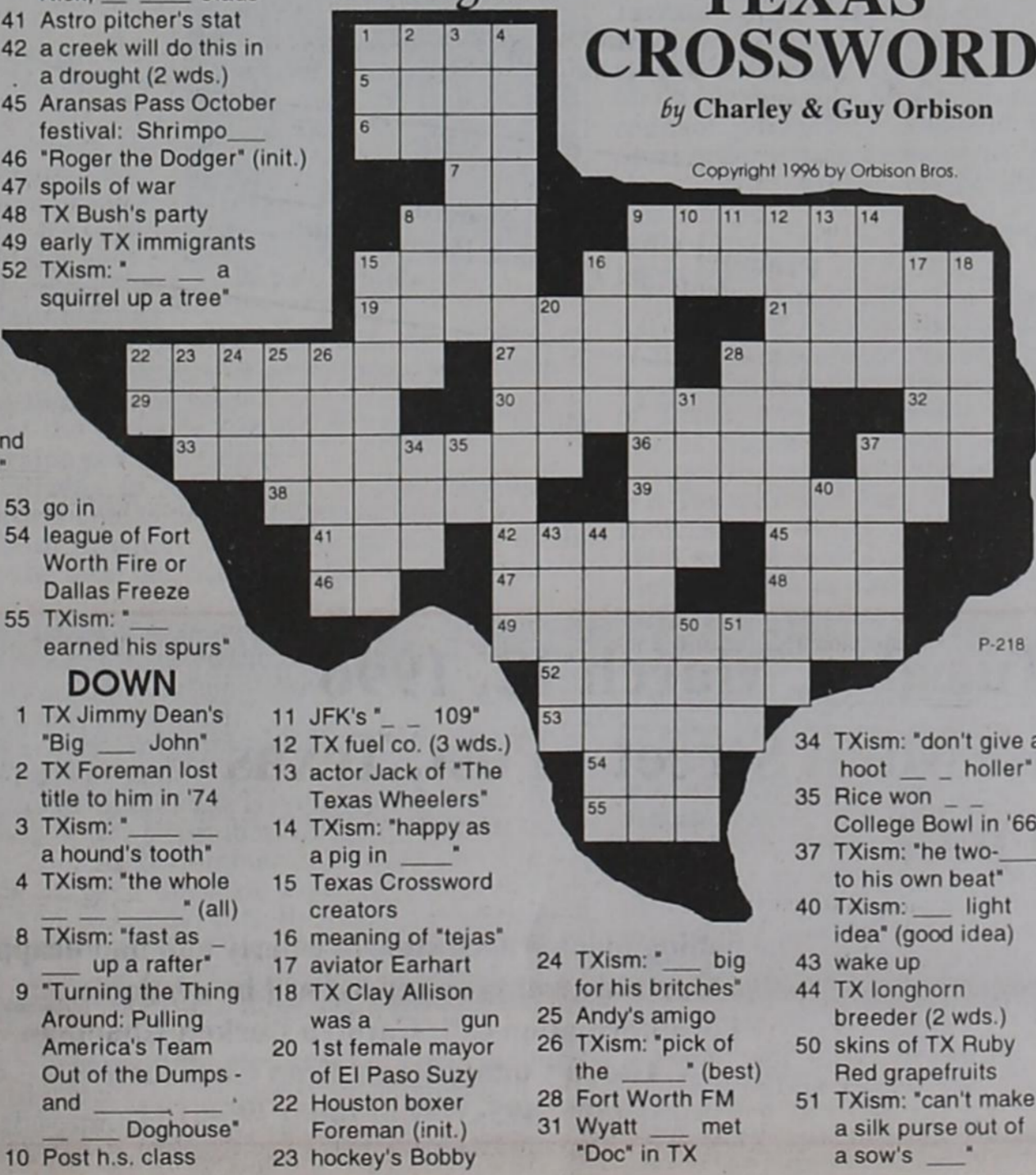
- 1 TX Jimmy Dean's "Big ___ John"
- 2 TX Foreman lost title to him in '74
- 3 TXism: "___ a hound's tooth"
- 4 TXism: "the whole ___" (all)
- 8 TXism: "fast as ___ up a rafter"
- 9 "Turning the Thing Around: Pulling America's Team Out of the Dumps - and ___"
- 10 Post h.s. class
- 11 JFK's "___ 109"
- 12 TX fuel co. (3 wds.)
- 13 actor Jack of "The Texas Wheelers"
- 14 TXism: "happy as a pig in ___"
- 15 Texas Crossword creators
- 16 meaning of "tejas"
- 17 aviator Earhart
- 18 TX Clay Allison was a ___ gun
- 20 1st female mayor of El Paso Suzy
- 22 Houston boxer Foreman (init.)
- 23 hockey's Bobby
- 34 TXism: "don't give a hoot ___ holler"
- 35 Rice won ___ College Bowl in '66
- 37 TXism: "he two-___ to his own beat"
- 40 TXism: "light idea" (good idea)
- 41 wake up
- 42 TX longhorn breeder (2 wds.)
- 50 skins of TX Ruby Red grapefruit
- 51 TXism: "can't make a silk purse out of a sow's ___"

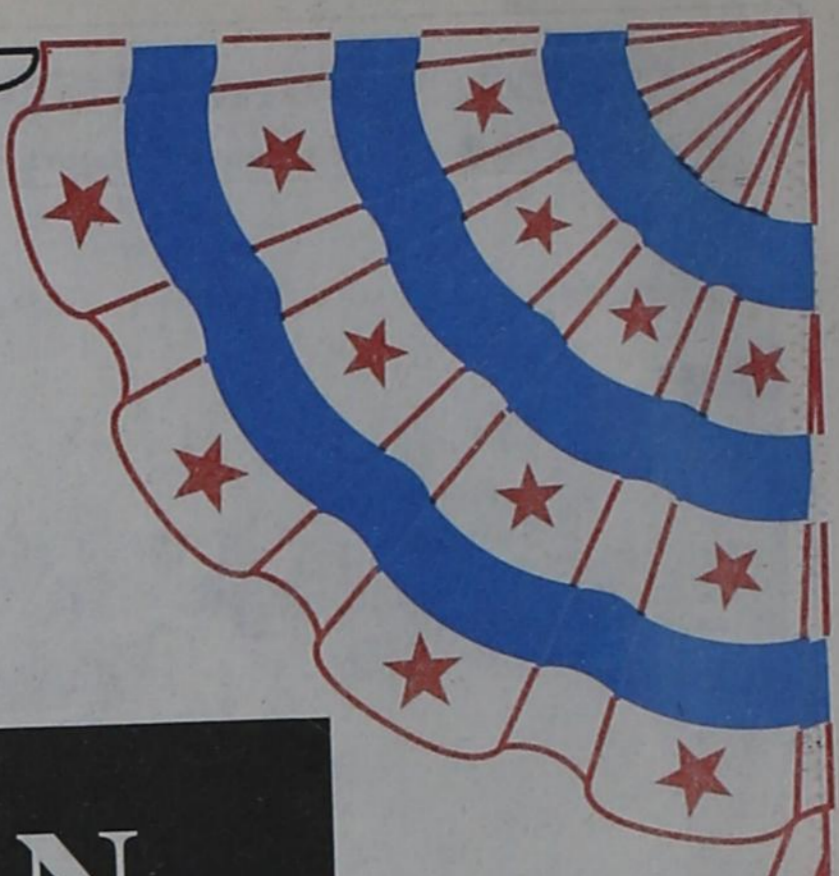
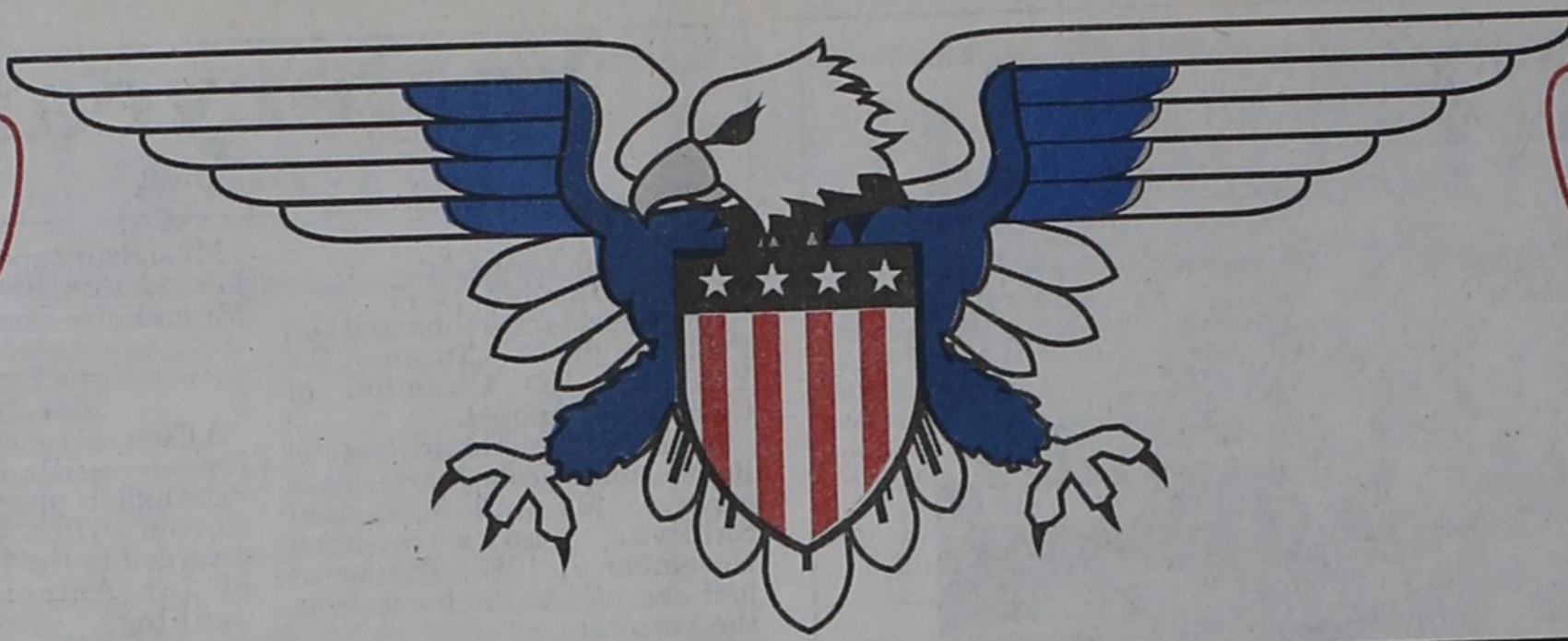
The Original

TEXAS CROSSWORD

by Charley & Guy Orbison

Copyright 1996 by Orbison Bros.





VOTE REPUBLICAN

PRIMARY ELECTION - TUESDAY, MARCH 12, 1996

REPUBLICAN PARTY PRIMARY ELECTION
(ELECCION PRIMARIA DEL PARTIDO REPUBLICANO)
(CONDADO DE) GARZA COUNTY, TEXAS
MARCH 12, 1996 (12 de marzo de 1996)

OFFICIAL BALLOT
(BOLETA DE OFICIAL)
INSTRUCTION NOTE: (NOTA DE INSTRUCCION)
Vote for the candidate of your choice in each race by placing an "X" in the square beside the candidate's name. (Vote por el candidato de su preferencia en cada carrera marcando con una "X" el cuadro al lado del nombre del candidato.)
I am ineligible to vote or participate in another political party's primary election or convention during this voting year. (Yo soy Republicano y comprendo que no estoy elegible para votar o participar en la eleccion primaria o la convencion de algun otro partido politico durante este año electoral.)

Preference for Presidential Nominee
(Preferencia para un candidato nombrado para presidente)
You may vote for one presidential candidate whose name appears on the ballot by placing an "X" in the square beside the candidate's name or you may vote as "uncommitted". Make only one choice. (Usted puede votar por un candidato para presidente cuyo nombre aparece en la boleta por marcar con una "X" el cuadro al lado del nombre del candidato o usted puede votar como votante no comprometido por marcar con una "X" el cuadro al lado de las palabras no comprometido. Haga solamente una seleccion.)

- BOB DOLE
- PATRICK J. "PAT" BUCHANAN
- MARY "FRANCE" LE TULLE
- ALAN L. KEYES
- MORRY TAYLOR
- PHIL GRAMM
- SUSAN DUCEY
- RICHARD G. LUGAR
- CHARLES E. COLLINS
- LAMAR ALEXANDER
- STEVE FORBES
- UNCOMMITTED

United States Senator
(Senador de los Estados Unidos)

- PHIL GRAMM
- DAVID YOUNG
- HENRY C. (HANK) GROVER

United States Representative, District 13
(Representante de los Estados Unidos, Distrito Num. 13)

- MAC THORNBERRY

Railroad Commissioner
(Comisionado de Ferrocarriles)

- CAROLE KEETON RYLANDER
- ROBERT A. (BOB) WOOD

Chief Justice, Supreme Court
(Juez Presidente, Corte Suprema)

- TOM PHILLIPS

Justice, Supreme Court, Place 1
(Juez, Corte Suprema, Lugar Num. 1)

- JOHN CORNYN

Justice, Supreme Court, Place 2
(Juez, Corte Suprema, Lugar Num. 2)

- JAMES A. BAKER

Justice, Supreme Court, Place 3, Unexpired Term
(Juez, Corte Suprema, Lugar Num. 3, Duracion Restante del Cargo)

- GREG ABBOTT

Judge, Court of Criminal Appeals, Place 1
(Juez, Corte de Apelaciones Criminales, Lugar Num. 1)

- JAMES (DANIEL) BOONE
- SUSAN BAETZ BROWN
- MATTHEW PAUL
- GLEN BEAMAN
- SUE HOLLAND
- JANICE LAW
- JEFFREY B. KECK

Judge, Court of Criminal Appeals, Place 2
(Juez, Corte de Apelaciones Criminales, Lugar Num. 2)

- RAY J. McQUARY
- PAT BARBER
- BRAD WIEWEL
- MIKE KEASLER
- PAUL WOMACK

Judge, Court of Criminal Appeals, Place 3
(Juez, Corte de Apelaciones Criminales, Lugar Num. 3)

- CHERYL A. JOHNSON
- TOM PRICE
- JOHN BRADLEY
- GARY TRICHTER

State Representative, District 70
(Representante Estatal, Distrito Num. 70)

- SCOTT McLAUGHLIN
- CARL WILLINGHAM

Chief Justice, 7th Court of Appeals District
(Juez Presidente, Corte de Apelaciones, Distrito Num. 7)

- JOHN T. BOYD

Sheriff
(Sherife)

- MIKE HARPER

Constable, Precinct No. 2
(Condestable, Precinto Num. 2)

- JOHN B. HARPER

County Chairman
(Presidente del Condado)

Precinct Chairman, Precinct No. _____
(Presidente del Precinto, Precinto Num. _____)

Precinct Convention - Tuesday, March 12, 1996
Handy Hardware - 231 East Main Street - Post, Texas
7:30 p.m.

All persons who wish to attend the Republican Precinct Convention and the Republic County Convention, must vote in the Republican General Primary Election.

The polling place is accessible to elderly and handicapped.
Curbside voting as needed will be available.
For information call: Carolyn Burkett Chapman
Garza County Republican Chairman
(806) 495-3947 or (806) 795-6184