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THE PLAINS RIDE

PLAINS, YOAKUM COUNTY, TEXAS

VOLUME 6, NUMBER 14

SUNDAY, JULY 8, 1990 30¢



AMY JONES



DARCE PIERCE

Queen Candidates Are Introduced

Three pretty young misses are vying for the title of 1990 Rodeo Queen. The trio will be competing in ticket sales for a saddle-drawing. The contestant with the highest amount of purchases will be crowned during this year's Old Settlers' Reunion Rodeo festivities. Candidates are Amy Jones, Darce Pierce and Heather Bowlin.

Miss Jones is the daughter of Gary and Toni Jones. Representing Plains Chamber of Commerce, she is 16 years old and a junior at PHS. Her hobbies are showing lambs and pigs at the county show and in the Houston Livestock Show.

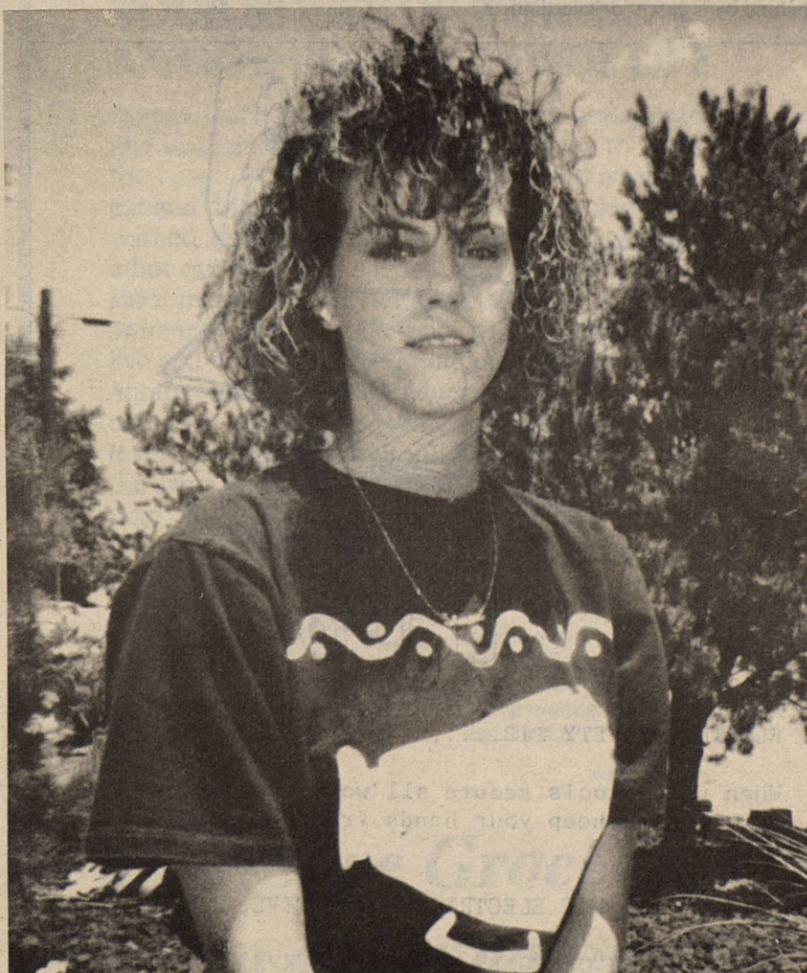
Amy is a member of National Honor Society and the PHS volleyball,

basketball and track teams. She has been a member of Plains 4-H Club ten years and Plains FFA for three years.

A sophomore at Plains High School, Darce is the daughter of Joe and Joyce Pierce. She represents Plains Roping Club. Her favorite things are volleyball, basketball, cheerleading and one-act play.

Heather represents Plains Lions Club. A freshman at Plains High School, she is the daughter of Pat Bowlin of Plains and Bobby Bowlin of Levelland. She enjoys volleyball, basketball, tennis and cheerleading.

She is a member of the Cowboy Band and has been in 4-H four years.



HEATHER BOWLIN

Tourney Underway For All-Star Teams

Denver City will host the Area IV Little League Baseball, District II Tourney beginning Monday. Plains Little League All-Stars are scheduled to meet the host team in an 8 p.m. game Monday.

Seagraves and Brownfield will open the play-off action in a 6 p.m. game. Losers of the two games will meet at 6 p.m. Tuesday. Ropesville drew a bye and does not play until 8 p.m. Tuesday when they take on the winner of the Seagraves-Brownfield tilt.

The tournament will conclude Friday in a 7 p.m. game unless the loser in that game has just one loss. In that event, the final will be played at 7 p.m. Saturday.

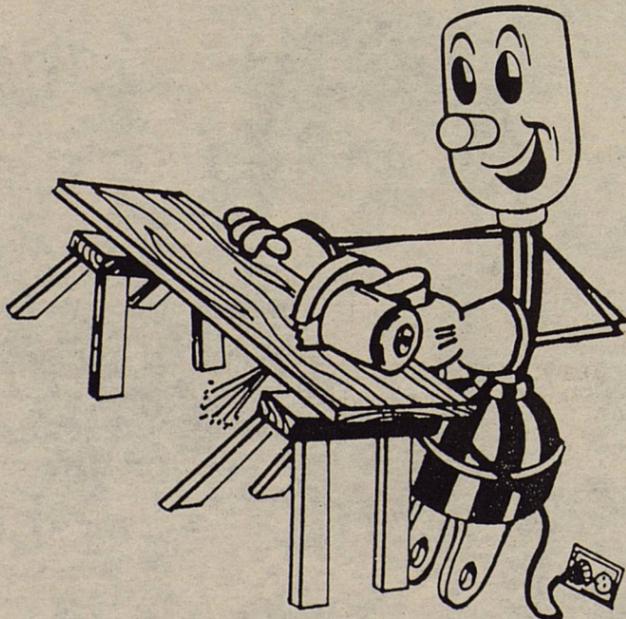
Health Dept. Moves To New Location

Yoakum County Health Department has moved to 412 North Avenue F in Denver City. Office hours are 8:30 a.m. to 5 p.m. each week Monday through Friday. Telephone is 806-592-2706.

A new program, "Primary Care" is to be offered in the near future. Announcements of details will be printed at a later date.

Immunization clinics are slated for Thursdays from 2 to 4 p.m. in the office, not the community building as in the past. Denver City clinics in July are scheduled for July 5, 19 and 26.

For the convenience of Plains residents, immunization clinics will be held the first Thursday of each month in the Plains clinic building. A fee of \$2 per person will be charged. Anyone under 18 years of age must be accompanied by a parent or guardian.



ELECTRIC SAFETY TIP.....

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LEA COUNTY ELECTRIC COOPERATIVE, INC.

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WATER BILL TOO HIGH?

At this time of the year, and especially this year, water requirements for lawns, gardens, and flowers are very high. The asthetic value and delicious rewards though are what we justify as we spend not only time but lots of money. The money spent computes to water use and on average every person in America uses approximately 165 gallons a day. Of this 165 gallons a day, almost two-thirds is used in the yard and gardens of our homes and businesses.

Xeriscape, a word unfamiliar to most people, could help you maintain a beautiful yard and garden while providing a tremendous amount of water savings. Xeriscape, the conservation of energy and water through creative landscape, is widely used in many parts of this country.

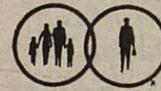
It appears the remainder of this summer will be dry. Our water use and the cost of it will continue to be very high. If you would like more information contact the Sandy Land Underground Water Conservation District about what you can do to **SAVE WATER** and **SAVE MONEY**.

'Read To Me' Program Held

An invitation is extended to little ones to attend "Read To Me" Programs each Wednesday from 11 to 11:45 a.m. in the library. Stories are read, games are played and songs are sung.

Heather Bowlin was guest reader Wednesday. Those attending were Chase and Calley Howell and Tarren and Keenan Hancock.

The first escalator was the Reno Inclined Elevator, patented by Jesse Reno of New York on March 15, 1892, and first installed at the Old Iron Pier on Coney Island in the autumn of 1896.



C. V. O. Hughes III, M.D.
419 North Avenue F
Denver City, Texas
79323

We appreciate our patients and wish we could stay in Denver City. Regretfully, circumstances require us to relocate at 116-A John Dupre, Levelland, Tx., 79336, 806-894-7900.

Our last day in Denver City will be Thursday, June 28. Our first day in Levelland will be Monday, July 9. All records will be moved to Levelland.

Respectfully,

Charles V.O. Hughes III, M.D.

Terry Twirlers Square Dancers Compete In State Festival

Terry Twirlers Square Dancers of Brownfield attended the State Square Dance Festival in Lubbock's Civic Center last month. Club callers, Tommy and Mary Carpenter of Lamesa, called during part of the session.

Officers for the Terry Twirlers for 1990-91 are Marjorie Freeman of Denver City, president; Alton and Earlene Merritt of Brownfield, vice presidents; Frank and Leta Law of Brownfield, secretary-treasurer; and Louise Tuggle, reporter.

Retiring presidents Dorris and Louise Tuggle presented certificates of appreciation to all members.

Tommy Carpenter was presented a walking cane by Leta Law in recognition of their first grandchild. The new grandbaby and her mother attended June 26 lesson night.

Serving refreshments were Marjorie Freeman, Wendell Whisenant, Dorris and Louise Tuggle and Homer and Ellen Bearden. Door prize winners were Homer and Ellen Bearden and Marjorie Freeman.

The club began a new year July 3 with 28 members and guests present from Meadow, Loop, Denver City, Levelland, Plains, Amarillo, Lamesa and Brownfield. Refreshments were served by Kenneth and Laverne Freeman, Alton and Earlene Merritt and

Billy Ray and Mary Lou Martin. Steve Tuggle of Amarillo won the door prize.

Regular square dances are held the first Tuesday and third Saturday of each month. Square dancers and spectators are welcome. For more information on time and place, please contact one of the dance club members.

St. Romains Host Family Reunion

Pierre and Mary Jo St. Romain hosted the Hurst and Sturges reunion June 23-24 with Joe, Louise, Becky, Tessa and Wilman St. Romain assisting with host duties.

Eighty-nine-year-old Mrs. Robert (Lois) Hurst of Andrews was the oldest. Youngest was Paige Sturges, 18 months, daughter of Paul and Ginny Sturges of Las Cruces, N.M.

Fifty-six persons registered from Andrews, Smiley, Crane, Seminole, Plains and from Tularosa, Tatum, Crossroads, Estancia, Grants, Lovington, Las Cruces, Carlsbad and Roswell, N.M.

The 1991 reunion will be held in Roswell, N.M. with Mrs. Alma Sturges Daniel and families.



Look
Who's
New

John and Dottie Mayes would like to announce the arrival of a son born at 6:15 p.m. July 2 in University Medical Center in Lubbock. The little lad weighed seven pounds seven ounces and has been named Cody Joe. His grandparents are Agatha Mayes, and Raga and Lellouise Stone. Ethel Prince is his great-grandmother.

\$15 YOAKUM COUNTY
\$16 OTHER AREAS
The Plains Pride
Box 774
Olton, Texas 79064

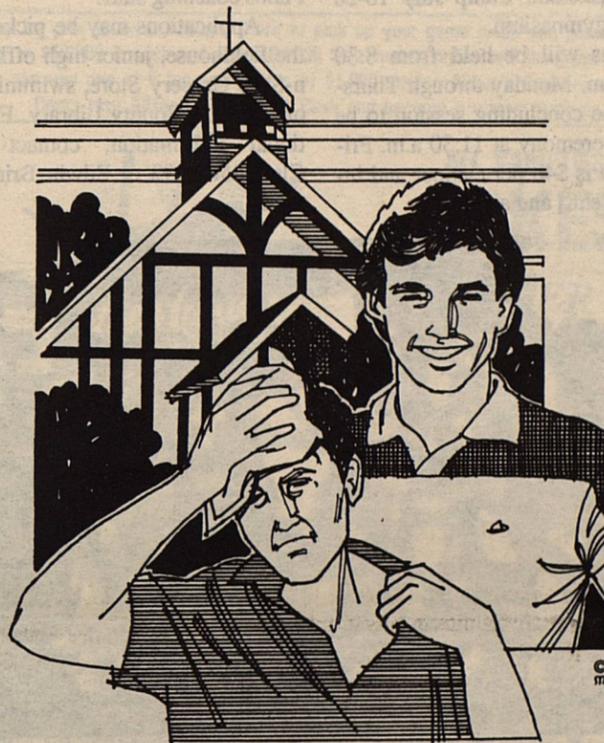
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YOUR HOUSE OF WORSHIP IS A GOOD PLACE TO COOL OFF

Every summer many articles appear in newspapers and magazines, filled with advice on how to "beat the heat." We are told how to dress and what to eat and drink, cautioned to avoid sunstroke, and warned against leaving small children or animals in a hot car. All of this is good advice, particularly since many of us are not so fortunate as to have a swimming pool or some body of water handy, or to live and work in an air conditioned environment. Another good suggestion during these summer dog days is to attend your House of Worship. You'll find it very cool and pleasant inside, and you will receive the same spiritual refreshment now as at any other time of the year. Remember that the love of God is right there with you, to help you "keep your cool."

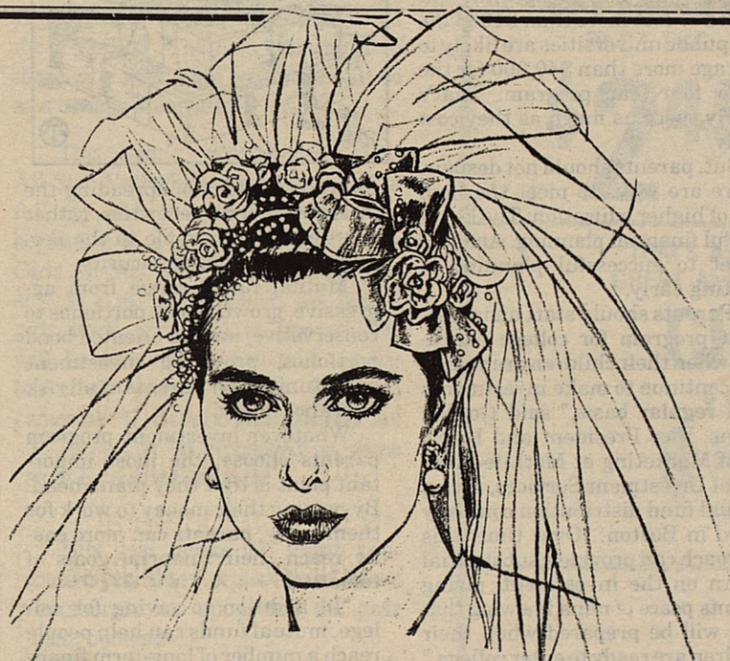
*Fear no more the
heat o' the sun.*

- William Shakespeare

*"...the times
of refreshing
shall come from
the presence of
the Lord."*

- Acts 3:19

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Plains Independent School District

'Home of the Cowboys & Cowgirls'

Cowboy, Cowgirl Basketball Camp To Be Held July 16-20

Youngsters nine to 15 years and those who will be freshmen in the 1990-91 school year are invited to participate in the first annual Cowboy and Cowgirl Basketball Camp July 16-20 in the PHS gymnasium.

Sessions will be held from 8:30 a.m. to 4 p.m. Monday through Thursday with the concluding session to be an awards ceremony at 11:30 a.m. Friday. Tuition is \$40 per camper and includes a tee shirt and awards.

The camp will place emphasis on basketball fundamentals, competitions and team play.

Instructors will be members of Plains coaching staff.

Applications may be picked up at the fieldhouse, junior high office, Pay-n-Save Grocery Store, swimming pool or Yoakum County Library. For additional information, contact Randy Clay, 456-7192 or Edwin Brink, 456-6333.



PLAINS ALL-STARS - left to right, front row, Jason Robertson, Casey Forbus, Wayne Willett, Eddie Garcia, Allen Ward, Jacob Lester, Chris Payne; back row, Coach Randy Ward, J.T. Peeples, Kirk Parrish, Chase Clanahan, Ralph Ramirez, Stephen Bitolas, Coach Alex Bitolas. (Personal Photo)

Baseball Results

Minor League action June 25 found the Athletics defeating the Cardinals 5-3. Going the distance for the A's, Jamie Caballero struck out 8. Roy Ramirez and Steven Bunch combined pitching efforts for the Cardinals, collecting 9 strikeouts.

Rangers whipped the Cowboys 11-5 in Major League competition. Stephen Bitolas fanned 11. In the losing effort, Wayne Willett pitched a complete game collecting 7 strikeouts. Kirk Parrish and David Flores homered for the Rangers.

In a run-away game June 26, the Cubs trounced the A's 23-6. Pitching duties for the Cubs went to Joey Ward, Kaleb Clay and Joshua Clay who combined for 8 strikeouts. The A's sent Tony Lazos, Alex Tarango, Dusty Ruthardt and Adrian Rios to the mound.

Kaleb Clay and Shaun Cullin hit inside-the-park home runs.

The season came to a close for the Major League with the Red Sox defeating the league leading Rangers, 6-3. The two teams wrapped up the season with identical 5-3 records.

J.T. Peeples was winning pitcher with 9 strikeouts. Eddie Garcia took

the loss while collecting 8 strikeouts.

Ralph Ramirez homered for the Sox.

A parents' meeting was held following the final game with officers elected for the 1991 season. Danny Bell was re-elected president. Chris Winn and Randall Pittman will share vice president duties with Pittman in charge of umpires. Corina Estrada will serve as secretary-treasurer.

All-Stars were announced with J.T. Peeples, Kirk Parrish, Chase Clanahan, Ralph Ramirez, Stephen Bitolas, Jason Robertson, Casey Forbus, Wayne Willett, Eddie Garcia, Allen Ward, Jacob Lester and Chris Payne named to the coveted team. Randy Ward will serve as All-Star manager; Alex Bitolas, coach.

Thursday found the T-Ball League in action with the Indians and Royals battling to a 20-20 tie. The Indians finished play as league champs with a 5-2-1 record.

In Minor League play, the Cubs overcame the Cardinals 13-6 with Kaleb Clay and Matt Morgan collecting 10 strikeouts. Roy Ramirez and Steven Bunch went to the mound for the Cards, notching 9 strikeouts.

From The Superintendent's Desk

Dean Andrews



This week, I would like to talk about transportation in the school business. The average person thinks only of buses and transporting children to school, when they think of school transportation. However, our school has twenty-six vehicles, three tractors, and two riding lawn mowers. Of the twenty-six vehicles, thirteen are buses, three are vans, two are cars and we have one dump truck.

This past year we traveled over 205,017 miles with 34,948 of those miles being for extra-curricular events. We have purchased 20,810 gallons of fuel to date. We operate six bus routes and transport about 150 of the 500 students enrolled in our school.

During the summer months our vehicles are cleaned and checked, and needed repairs are made. As part of our summer repair in the transportation department, each vehicle will receive an annual inspection of brakes, lugs, wheels, hoses, wires, tires, plugs, points, seats, glass, body mounting bolts, fuel system, steering gear box, and many other checks that are too numerous to mention. We have an eighty-six point check system with which to inspect all vehicles each summer to make sure they are mechanically safe for a new school year. Shane McKinzie is our mechanic and he is responsible for seeing that all vehicles are in excellent mechanical order.

Meeting The High Costs Of Higher Education

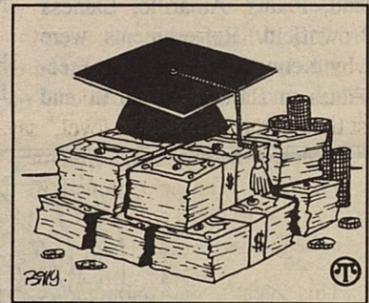
Imagine spending more than \$100,000 for your child's college education. Seem far fetched? With college tuition rising at an average of 8 percent annually, in 10 years, private four-year colleges are expected to cost more than \$100,000, and public universities are likely to average more than \$40,000 for the same four-year program. That's nearly twice as much as they cost today.

But, parents should not despair. There are ways to meet the high cost of higher education. The key is careful financial planning. And, the secret to successful planning is starting early.

"Parents should start an investment program for college education when their children are young, and continue to make investments on a regular basis," said Gordon Evans, Vice President and Director of Marketing at MetLife-State Street Investment Services, Inc., a mutual fund distribution company based in Boston. "Over time, this approach can provide a substantial return on the investment, giving parents peace of mind knowing that they will be prepared when their children are ready to enter college."

For example, assume you are a parent of a two-year-old daughter, and you plan to send her to a private, four-year college that will cost approximately \$100,000. If you started an investment program now, you would have to invest about \$235 per month* in a mutual fund for the next 16 years to finance that education. If, however, you were saving for that same college education when the child was 13 years old, your monthly payments would increase to just over \$1,325.

Mutual funds are an excellent example of a long-term investment opportunity that can help finance a college education. These funds invest in a diversified portfolio of securities, which may consist of stocks, bonds, short-term debt and other types of investments. This investment approach enables parents to



reap the benefits of spreading the risk over several securities, rather than being vulnerable to the performance of a single security.

Mutual funds range from aggressive, growth stock portfolios to conservative, income-oriented bond portfolios, providing investment opportunities for parents at all risk tolerance levels.

Whatever investment program parents choose, the most important point is that they plan ahead. By putting their money to work for them today, parents can more easily reach their financial goals of tomorrow.

"In addition to saving for college, mutual funds can help people reach a number of long-term financial goals, such as saving for retirement or buying a home," said Evans.

MetLife-State Street offers a free planning kit, called *A Guide to College Funding*, which helps parents assess how much they will need to save for their child's education. For information on this kit and seminars on financial planning for college education, contact your local MetLife agent or investment dealer.



Game To Feature Cain & Farnham

Four of the top high school volleyball coaches in Texas have been chosen to lead 24 outstanding high school volleyball athletes in the 1990 Whataburger All-Star Volleyball Game.

Debbie Jaehne of Houston Cypress Creek will serve as the head coach for the East and will be assisted by Ellen Beck of Katy. Charles Cain of Plains has been named the head coach for the West while Kirby Jackson of

San Antonio Clark will serve as assistant coach for the team.

The all-star volleyball coaches and players, who represent eight geographic regions of Texas, will compete on Saturday, July 14 in the Birdville Coliseum, located outside Arlington in Haltom City.

The coaches were selected by a poll of the volleyball coaches of the Texas Girls Coaches Association (T.G.C.A.) with the two leading vote recipients from the east and west regions selected as coach and assistant coach, respectively. Athletes were chosen by first being nominated by their respective high school coaches and later rated by the volleyball coaches of the T.G.C.A.

"The Whataburger All-Star Volleyball Game is a chance for these athletes to showcase their talents one last time at the high school level," says Billy McKown, executive director of the T.G.C.A. "The next time most of these girls walk onto a court, it will be as a college competitor."

This year's Whataburger Girls All-Star Volleyball Game kicks off a full day of high school girls athletics beginning at 2 p.m. The Whataburger Girls All-Star Basketball game follows at 4:30 p.m. Additionally, the state's girls track and field all-star athletes will be honored at half-time of the basketball game. Tickets for both games at \$7. Single game tickets are \$5. These can be purchased on game day at Birdville Coliseum.

This year marks the fourth consecutive year that Corpus Christi-based Whataburger has sponsored the girls all-star contests.

East All-Stars include April Fricke, Bellville; Katy Jameyson, Alvin; Lilly Denoon, Pasadena; Dijon Perkins, Crandall; Gena Farris, Alief; Yolanda Dickson, Houston; Brooke Nicholas, Houston; Gwen Adams, Kountze; Kelly Adkison, Tyler; Leslie Harris, Mt. Pleasant; Michelle Miller, Tyler; Shelley Williams, Houston.

West All-Stars are Ashley Mulkey, Amarillo; Janel Reed, Alpine; Christia Rogers, Andrews; Michelle Nickell, Azle; Jennifer Goble, San Antonio; Cande Robbins, Hereford; Genny Wood, San Antonio; Katrina Chambers, Converse; Marsha Farnham, Plains; Cristie Selfridge, Amarillo; Pam McNary, Sweetwater; and Keri Uptegraph, San Antonio.



The eagle uses the same nest year after year, adding new material each year.

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JULY 4-10, 1990

'The Hidden Secret'

written by Janice McGill

EDITORS NOTE: The following article was written by Janice McGill, school teacher, who just recently completed a 90-hour reading program designed for students of average or above average intelligence who learn best in a multisensory setting. The report explains problems facing these students and a possible solution.

"Johnny, get up off the floor and pay attention." "Roy, look at that word again. You know what it is." "Teddy, if you would pay attention to my instructions, you would know how to do your homework." "Mrs. Jones, I think it would be in your son's best interest to have him tested for special education."

This scene is re-enacted hundreds of times a day all across this country. Sensitive, bright, talented, above average children are being treated as below average trouble makers and lost in the system.

This country is fortunate to have had leaders such as Dwight D. Eisenhower, John F. Kennedy, Woodrow Wilson, Nelson Rockefeller and George S. Patton IV. These men are only a few of the famous dyslexics who overcame their learning disabilities and served their country courageously. There are many others who lived and are living rich lives in the fields of science, music, theatre, inventions, and medicine.

The learning disabled child may never have had a chance to succeed in school, because of the system. Most classes are 90% verbal. Kinesthetic classes are limited to art and physical education in most cases. The dyslexic may be the class clown or a timid child who sits quietly all day. But, because he has normal or above average intelligence and is in good physical condition his actions in the classroom may be misinterpreted.

The child may have an inability to remember the names of the alphabet, or printed words. There may also be reversals, erratic spelling errors, or illegible handwriting. There is in most cases an obvious difference between I.Q. scores and his actual achievement. He may excel in art, sports, scouts, 4-H, music or other three-dimensional extra curricular activities. At the same time, he most likely is experiencing frustration and failure in learning academic subjects.

Alphabetic phonics is a multisensory program that incorporates discovery learning. Each and every aspect of the program is taught in a sequential, comprehensive, logical, highly structured format. It combines the visual, auditory and kinesthetic modalities simultaneously.

The student is taught early in the program that each person learns in a different way. The way he feels most comfortable is the way he should learn. Alphabetic Phonics allows the student to be successful in the classroom while making connections between things he already knows and new learning discoveries.

The complete program is designed to be completed in a minimum of two years. However, it may take longer depending on intelligence and motivation. At the end of program the student will have the potential to succeed in higher education.

This Chinese Proverb best expresses the idea of multisensory learning:

"I See and I Forget - I Hear and I Remember - I Do and I Understand"

"If we as teachers and parents can learn to approach children with this awareness in mind, there can and must be learning without failure in every classroom."¹

¹ Structures and Techniques: p. 81.

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Structures and Techniques, Aylett R. Cox, Educators Pub. Service, Inc., 1984.

Turnabout Children, Mary MacCracken, N.A.L. Penguin Inc., 1987.

PAMPHLETS:

"An Intelligent Approach to Dyslexia", Hill School.

"The Scottish Rite Learning Center of West Texas", Lubbock, Texas.

"What is Dyslexia?", Orton Dyslexia Society.

Sam Ellis Chosen Representative

Sam E. Ellis of Southland was chosen as representative from the 28th State Senatorial District on the State Democratic Executive Committee at the State Convention in Fort Worth last month.

A stock farmer and Garza County Commissioner, Ellis has long been active in Democratic Party affairs, attending all State conventions since reaching the voting age.

Low-income households may be eligible for energy assistance

AUSTIN—Some low-income Texans may be eligible for help in paying cooling bills this summer through the Home Energy Assistance Program, according to Texas Department of Human Services Commissioner Ron Lindsey.

Lindsey said the one-time payment is available to many low-income households. Applications for energy assistance were mailed to households that received food stamps, Aid to Families with Dependent Children, or Supplemental Security Income in May. If those households have at least one member who will be 60 or older in 1990 or a member with a medical condition that is aggravated by heat, they may qualify for assistance. Other low-income individuals may request an application by calling the toll-free number 1-800-252-8060 during the enrollment period of June 25 through July 31.

Eligibility is limited by gross income and resources. Aid is available for a one-person household having less than

\$598.49 gross income per month. The gross income limits are \$802.49 for households of two persons, \$1,006.49 for three, \$1,210.49 for four, \$1,414.49 for five, and \$1,618.49 for six.

Households are eligible if the cost for cooling is included in the rent payment or if the household pays a portion of its home energy costs.

Energy assistance checks are sent directly to the people who are eligible for assistance. However, the checks are made payable to the energy company.

Persons receiving one of these energy assistance checks should mail it or take it in person to the energy company business office with their regular energy bill. The check can be cashed only by the energy company. If the HEAP check is more than the energy bill, the additional amount will be credited to the person's account for the next month's bill. If the energy bill is higher than the check, the person is responsible for paying the difference.

IT'S A FACT!

Coming: stamps from money machines? It's true. Those money machines that banks have—where you put in your bank card, punch in a code and money comes out—will soon be offering stamps as well, plastic stamps.

In 1989, the Postal Service teamed up with a large bank in the northwest to vend stamps through automated teller machines, or ATMs. Tests revealed that the machines' tolerances were too narrow to accept existing stamp papers. The solution: A new plastic, pressure-sensitive stamp.



Many agree that the new plastic stamps at ATM machines offer one-stop shopping convenience for busy consumers.

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PLAINS, TEXAS

In Older People

Exercise Reverses Physical Decline

Some physical decline is inevitable with aging, but as much as 50 percent of physical limitations can be blamed on inactivity. Even low levels of activity such as walking can lead to improvement in health and general well being. And even severely impaired elders can regain strength and independence according to Mary Dale Williams, County Extension, Home Economics Agent.

In one nursing home in Connecticut, 20 disabled residents walked daily for four months. Several people became more sociable as their walking improved and they were able to attend meals and activities. One incontinent resident resumed independent trips to the bathroom and eventually regained continence.

For safe and enjoyable exercise with older persons:

- 1) Exercise in pairs and groups.
- 2) Exercise at the same time daily.
- 3) Stop exercise if severe pain, dizziness or other unpleasant symptoms occur.
- 4) Wear comfortable clothing and good athletic shoes.
- 5) Drink extra water before and after activity to avoid dehydration.

Before starting on an exercise program, older people need a complete physical examination from their doctor which includes:

- 1) A complete medical history.
- 2) Evaluation of medication levels to determine if adjustments are indicated for increased activity levels.
- 3) Blood testing for glucose and cholesterol levels.
- 4) An exercise tolerance or stress test to determine current level of fitness.

For maximum benefits of any physical exercise program, older people should exercise in such a way that reaches 65-75 percent of their maximum heart rate (number of beats per minute). This is determined by subtracting the person's age from 220. Three to five 20 to 40-minute exercise sessions a week are ideal for increasing cardiovascular fitness.

NOTICE

If YOU DRINK, that's your business. If you want to quit, that's ours. Plains A.A. Group. Call 456-2060. 49/26tpd

PUBLIC NOTICE

NOTICE OF APPLICATION FOR OIL AND GAS WASTE DISPOSAL WELL PERMIT

W.D.W. Operators, Inc. P.O. Box 9760, Midland, Tx. 79708 has applied to the Railroad Commission of Texas for a permit to dispose of produced salt water or other oil and gas waste by well injection into a porous formation not productive of oil or gas.

The applicant proposes to dispose of oil and gas waste into the Wolfcamp, Devonian, Ellen-Burger, L.R. Box, Well Number 1. The proposed disposal well is located 9 miles west of Plains in the Block "D" South (Devonian) Field, in Yoakum County. The waste water will be injected into strata in the subsurface depth interval from 5600 to 12,500 feet.

LEGAL AUTHORITY: Chapter 27 of the Texas Water Code, as amended, Title 3 of the Natural Resources Code, as amended, and the Statewide Rules of the Oil and Gas Division of the Railroad Commission of Texas.

Requests for a public hearing from persons who can show they are adversely affected, or requests for further information concerning any aspect of the application should be submitted in writing, within fifteen days of publication, to the Underground Injection Control Section, Oil and Gas Division, Railroad Commission of Texas, Drawer 12967, Capitol Station, Austin, Texas 78711 (telephone 512-445-1373).

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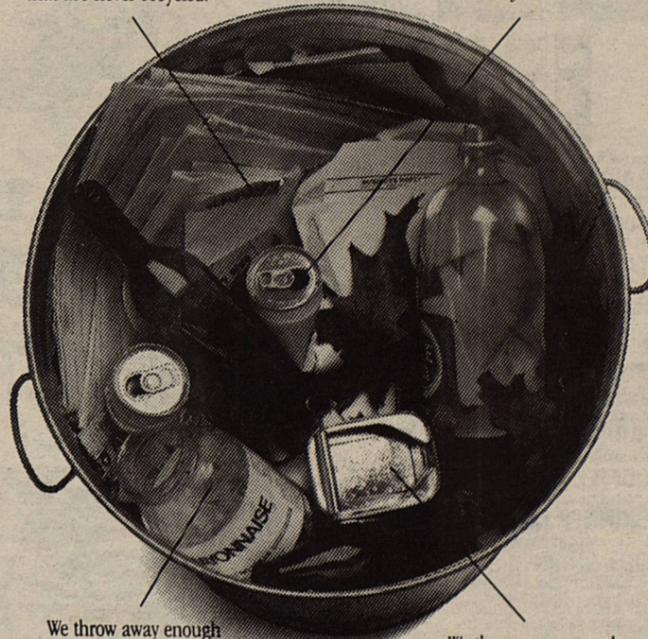
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TAKE A FEW MINUTES TO GO THROUGH YOUR GARBAGE.

Every week, more than 500,000 trees are used to produce the two-thirds of newspapers that are never recycled.

American consumers and industry throw away enough aluminum to rebuild our entire commercial air fleet every three months.



We throw away enough glass bottles and jars to fill the 1,350-foot twin towers of New York's World Trade Center every two weeks.

We throw away enough iron and steel to continuously supply all the nation's automakers.

The ordinary bag of trash you throw away is slowly becoming a serious problem for everybody.

Not only are we running out of resources to make the products we need, but we're running out of places to put what's left over.

Write the Environmental Defense Fund at: 257 Park Avenue South, New York, NY 10010, for a free brochure that will tell you virtually everything you need to know about recycling.

The few minutes you take to learn how to recycle will spare us all a lot of garbage later.

IF YOU'RE NOT RECYCLING YOU'RE THROWING IT ALL AWAY.



 <p>Coca-Cola \$1.99</p>	 <p>POTATO CHIPS Lay's® REGULAR \$1.49 89¢</p>	 <p>LIQUID DISH DETERGENT SunLight 22 OZ. BTL. 99¢</p>	 <p>LAUNDRY DETERGENT Ultra Cheer 42 OZ. BOX \$2.88</p>
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<p>ORIGINAL OR SUNRINSE FABRIC SOFTENER Downy SHEETS 40 CT. BOX \$2.29 64 OZ. BTL. \$2.29</p>	<p>NO CHOLESTEROL Crisco Oil 48 OZ. BTL. \$2.29</p>	<p>PAPER TOWELS Bounty BIG ROLL 79¢</p>	<p>KELLOGG'S FROSTED Flakes 25 OZ. BOX \$3.19</p>
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<p>GROCERY SPECIALS</p> <p>ASSORTED FACIAL TISSUE KLEENEX 175 CT. BOX 99¢</p> <p>KOTEX UNSCENTED Lightday 26 CT. BOX \$1.29</p>	<p>Del Monte SUPER SAVINGS</p> <p>ASSORTED FRUITS & VEGETABLES DEL MONTE BUFFET FRUITS 2 \$1.37 TO 8 OZ. CANS VEGETABLES 3 7/8 TO 8.5 OZ. CANS \$1</p>	<p>FROZEN FOOD & DAIRY</p> <p>ASST. MICROWAVE BREAKFASTS KRUSTEAZ 12 TO 20 OZ. 99¢</p> <p>CAMPBELL'S ASSORTED SOUPE COMBO 11 TO 12 OZ. (VEG & CHS. BGR. \$1.69) \$1.99</p>
<p>NABISCO NILLA WAFERS 12 OZ. BOX \$1.79</p> <p>ASSORTED SUNDANCE 4 CT. PACK \$2.39</p>	<p>REGULAR MAYONNAISE HELLMANN'S 32 OZ. JAR \$1.89</p> <p>LIGHT MAYONNAISE HELLMANN'S 32 OZ. JAR \$1.89</p>	<p>BLUE BONNET SPREAD 3 LB. BOWL \$1.59</p> <p>MARGARINE QUARTERS 1 LB. BOXES 99¢</p>

SUPER SAVINGS

ANT & ROACH AEROSOL	11 OZ. CAN	\$1.79
RAID	11 OZ. CAN	\$1.79
RAID HOUSE & GARDEN	13 OZ. CAN	\$3.49
RAID YARD GUARD	16 OZ. CAN	\$3.99
RAID WASP & HORNET	16 OZ. CAN	\$3.99
RAID INSECT REPELLANT	14 OZ. CAN	\$3.29
OFF!	6 OZ. CAN	\$2.59

SHELF SPECIALS

APPLE/GRAPES/RED PLUM	18 OZ. JAR	89¢
SHURFINE JELLY	100 CT. PKG.	49¢
COFFEE FILTERS	12 OZ. PKG.	59¢
SKINNER MACARONI	32 OZ. JAR	\$1.19
VLASIC HAMBURGER	10 OZ. JAR	69¢
DILL CHIPS	10 OZ. JAR	69¢
RELISH	6 PACK	\$1.49
ROOT BEER	12 OZ.	\$1.49
REYNOLD'S EXTRA HEAVY DUTY ALUMINUM FOIL	37 1/2 FT. ROLL	\$1.79

20 LBS. OF FOOD FOR UNDER \$6

Potatoes
10 LB. BAG **\$1.99**

Leg Quarters
APPROX. 10 LB. FAMILY PACK
39¢ PER POUND **\$3.90** SINGLE PACK 49¢

Why Pay More? TOTAL \$5.89

PILGRIMS PRIDE CHICKEN MEAT FRANKS 1 LB. PKG. **88¢**

FAMILY PACK FRESH FRYER THIGHS	LB.	59¢	WRIGHT'S HICKORY SMOKED SLICED SLAB BACON	LB.	\$1.59
FAMILY PACK FRESH FRYER DRUMSTICKS	LB.	69¢	EL MONTERY BEEF & BEAN OR GREEN CHILI	10 CT. PKG.	\$2.99

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FLINTSTONES ORG/CHRY/GRAP	8 CT. PKG.	\$1.39
PUSH-UPS	4 CT. PKG.	\$1.69
LADY BORDEN BROWNIES	4 CT. PKG.	\$2.39
BORDEN'S ASSORTED ICE CREAM	1/2 GAL. CTN.	\$1.29
BORDEN'S HI PRO MILK	1/2 GAL. CTN.	\$1.29

CARE and SB
SmithKline Beecham Consumer Brands

ASSORTED TOOTH PASTE
AQUA-FRESH
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100 CT. REG/60 CT. MAX. STRENGTH
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ASSORTED
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GOLDEN RIPE Bananas 3 LBS. **89¢**

JUICY SWEET CALIFORNIA PEACHES 4 LBS. **59¢**

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CALIFORNIA RED PLUMS	4 LB.	79¢
GARDEN FRESH CARROTS	4 1 LB. BAGS	\$1.00
FRESH CRISP CELERY	2 FOR	\$1.00

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