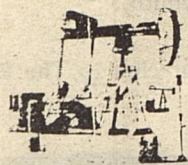


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The Plains Pride



PLAINS, YOAKUM COUNTY, TEXAS

VOLUME 4, NUMBER 26

SUNDAY, OCTOBER 2, 1988

30¢



4-H'ERS ATTEND SPS SUMMER CAMP - Thirteen youths and a county agent, all from Yoakum County, were able to participate in an electricity camp sponsored by Southwestern Public Service (SPS) for 4-H members. About 115 4-H'ers from throughout the South Plains attended the camp located in the Sacramento Mountains south of Cloudcroft, N.M. Back row, ltr, are Jason

Smith, Billy Robertson, Brandon McGinty, Brad Ashburn, Keith Earnest, Blake McWhirter, Dusty Rafferty and Michael Gibbs; front row, ltr, are JoLena Powell, Amy Jones, MaDawn Sherrin, Raecene Robertson, Nikki McGinty and county agent, Mary Dale Williams. This week is National 4-H Week.

PHS Students Attend 4-H Congress

About 500 Texas 4-H members gained first hand experience in this summer's Texas legislative process at 4-H Congress at Austin. Brad McWhirter, son of Macky and Connie McWhirter and Lebert Powell, son of Linda and Ty Powell participated in the statewide event. This year's theme was "Citizenship in Action".

The 4-H'ers assumed roles of legislators and lobbyists, actually fill House and Senate Chambers in the Capitol and producing legislation. The 4-H'ers introduced bills on the floor of the house and senate. The bills were then assigned to committee and proceeded through committee action. The bills were de-

bated on the floor of each chamber and brought to a final vote before being presented to the 4-H governor.

In addition to their legislative action, the 4-H members toured the Capitol and LBJ Library.

The four-day event is for 4-H mem-

bers between the ages of 15 and 19 and is designed to be a leadership and citizenship development experience. Emphasis was on helping the youths become more knowledgeable of the legislative process and their citizenship rights and responsibilities.

Boys Are Invited To Join Cub Scouts

Boys in second grade through fifth grades are invited to join Cub Scouts.

An organizational meeting has been scheduled for Monday, Oct. 3 from 4 to 5 p.m. in the Scout Hut (Lions Club Building).

Scouts will have weekly meetings throughout the school year.



OUTSTANDING YOUNG FARMER award went to Ron Craft, center. Pictured with Craft are Sandy Craft and Tommy Guy Box, who presented the plaque to Craft.

Jim Rudd To Speak To Plains Lions

Jim Rudd will be guest speaker of the Lions Club luncheon Thursday, Oct. 6. Those of the community interested in hearing Rudd speak are asked to come and join the noon luncheon. There is no charge, but a covered dish, dessert or salad would be appreciated.

A special welcome is extended to all interested. Jim Barron is responsible in obtaining Jim Rudd as program speaker.

Chamber Meeting Set Oct. 4 Here

The Plains Chamber of Commerce will meet for its regular monthly meeting on Tuesday, Oct. 4 at 7 a.m. in Johnnie's Restaurant.

Anyone interested in the progress of the community of Plains is urged to attend.

Local Farm Tour Held September 20

The 1988 Yoakum County Farm Tour, organized by Kirk Lewis, Yoakum County Agent and the Yoakum County Field Crops and Range Committee, was conducted Tuesday, Sept. 20 with 32 in attendance.

The tour bus was furnished by Plains Independent School District and barbecue lunch was provided by the Plains State Bank and Yoakum County State Bank, Denver City. The lunch was served in Stanford Park in Plains immediately following the tour.

The group toured the D.C. Newsom's grape vineyard, Macky McWhirter's seedless watermelon demonstration, Melvin Fitzgerald's CRP grass establishment, N.C. Clanahan's cotton variety demonstration and Johnnie Fitzgerald's broom weed control program.

Speakers for the event were Jackie Smith, Area 6 economist from Texas Extension Service, Lubbock, who spoke on Futures and Options and upcoming seminars; Jim Crosby, representative from Dupont, Lubbock, who spoke on broom weed control; L.J. Sanders, Yoakum Co. SCS board member, who spoke on High Plains Underground Water District; and Dr. Bill Lipe, TAES representative of Lubbock, who talked about vineyards.

Presentation of the 1988 Outstanding Young Farmer plaque was made to Ron Craft by Tommy Guy Box. Craft, president of Yoakum County Young Farmers, raises cotton and milo and has an interest in the New Tex Gin.

Three County Women Attend Child Welfare Conference

Chairman Peggy Squyres and vice chairman, Mavis Sessions, attended the ninth annual Children Who Wait conference in Austin, Sept. 19-21. Accompanying them was Candi Seaton, Yoakum County Case Worker.

The conference was sponsored by Texas Dept. of Human Services, Council on Adoptable Children of Texas, Texas Association of Licensed Children's Services, Texas Coalition for the Prevention of Child Abuse, Texas Council of Child Welfare Boards, Texas Network of Youth Services, Texas Task Force on Permanency Planning and Texas CASA Network.

The opening session keynote speaker was Father George C. Clements, founder of "One Church - One Child." He was the subject of a television movie last year after he fought to adopt a teenage son.

Delegates attend six 90-minute workshops in two days, in addition to attending the opening and closing sessions. Closing session speaker was Commissioner Marlin W. Johnston, Texas Dept. of Human Services. A number of the workshops were directed at Child Welfare Board members.

Presently there are 198 county boards in the state. The goal is 200 this year and eventually to have a Child Welfare Board in every county in Texas. There is a real need for one in Gaines County now. The Yoakum County Board has indicated interest in helping to establish one in Gaines County.

Mrs. Squyres and Mrs. Sessions stated that they "have renewed enthusiasm for their cause and several new ideas on board organization and goals setting to accomplish needed projects. One priority will be community education and involvement."

The Board's main purpose is overseeing the care of foster children after they are taken from Yoakum County homes and also to promote prevention. The Board has no legal authority, but serves only in an advisory capacity, as in the spending of county funds. Monies set aside by the commissioner is spent on medical needs and clothing. The Board takes this responsibility serious and very carefully spend the taxpayers money.

However, the money spent by the Board on any extras for these children or any other needy child comes out of the Board's personal account. This money is obtained through donations, cookbook sales and fundraising projects by board members. This money takes care of

Sell Subscriptions To Earn Money

Earn Christmas money by selling subscriptions to The Plains Pride!

Anyone interested in selling should contact the librarians at Yoakum County Library for their identification card, subscription forms and rules.

For each renewal, collect 50 cents and for each new subscription, collect \$1.

Campaign ends Oct. 31. Get started today!

birthday presents and Christmas lists.

The Board has also been responsible for school supplies, renting prom dresses and once an all-important senior ring. These are just a few examples of the variety of help the Board gives.

The Board has literature and videos available in the Denver City office located at 412 W. 5th. A few topics available include teenage self-esteem, latch-key kids, parenting all levels and discipline guidelines.

Chairman Peggy Squyres is now attempting to compile a complete list on the available materials. This list will be sent to all Family Living teachers, principals and counselors in the county. Any person that is interest in the list may contact Ms. Squyres for a copy. The Board also hopes to put together a program that will be suitable for club meetings. This will be the first step in community education.

Elmore Family Has Reunion

Descendants of the late W.P. and Annie Goodlet Elmore, longtime residents of the Tokio Community, gathered this past summer for their annual reunion. The event was held in the community clubroom.

T.A. Elmore presided over a family discussion of future reunions with Kermit Shults leading the group in a prayer of thanksgiving. An afternoon of fellowship and sharing of photographs and memorabilia was enjoyed by 40 family members and friends.

Attending were Polly and Betty Rushing and Owen and Sadie Schneider, all of Plains; Carrol and Lois Shults of Brownfield, their children and grandchildren; Diann Duke and Tyree, Keni Beck and Shaun and Keri Barnett, all of Denver City; Mona McKenzie, Monica and Miki, Seagraves; Kermit and Janice Shults, Brownfield; and Curtis and Betty Shults, Amy, Angie and Greg, Wolfforth.

Also attending were A.G. and Hattie B. Brantley and Buddy and Janelle Brantley, all of Plains; Richard and Lea Brantley, Rory and Ryan of Midland and Susan Brantley and Justin, Alton and Romalee Elmore and Rick and Gleena Elmore, Shaylyn and Kari, all of Brownfield.

Friends attending were Lori Lybrook of Wolfforth and Robert and Ita Young.

The Carrol Shults family had the most family members present with 18.

THE PLAINS PRIDE

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Yoakum County & Surrounding Counties, tax included\$15
Elsewhere, tax included\$16

We'd Like To Know....

Names and addresses of all officers of all organizations and clubs in Plains.

Individuals or businesses or organizations who want to be called for sponsorship of advertisements supporting our local youth.

Please turn in printed or typed information on your club to The Plains Pride, P.O. Drawer E, Olton, Tx. 79064.

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MRS. A.O. BEARDEN

Kitchen Korner

Faye (Mrs. Alfred) Bearden shares some of her family's favorite recipes and each reads like a blue ribbon winner. They are sure to be pleasers for anyone with a "sweet tooth fancy".

Yoakum and Terry Counties have always been home for Faye. She is one of the fortunate mothers and grandmothers whose children are all close by in Plains.

Faye and Alfred are parents of four daughters, Nita Williams, Debra Lowe, Donna Bowers and Kathy Bell. Three of her daughters graduated from Plains High School and two grandsons have continued the family tradition. The Beardens have 10 grandchildren and four great-grandchildren. They lost their youngest grandchild, Justin Kyle Bell, this summer in a tragic accident.

Former owner and manager of "Leaf & Petal", a local flower and gift shop, Faye is now a full-time homemaker, who really enjoys working in her yard. Her favorite interests are collecting spoons and plates.

Along with her family, Faye attends the Baptist Church, where she has been a member for the past 26 years.

CRANBERRY SALAD
1 lb cranberries, coarsely chopped
1 c apples, coarsely chopped
2 c sugar

Combine and let stand 2 hours; then add following ingredients to mixture.

1 can pineapple chunks
2 blades celery, diced

1/2 lb pecans
1/2 lb Marshmallows, chopped
Mix well and chill until time to serve.

CHEESE ROLL
3 oz pkg cream cheese
8 oz pkg cheddar cheese, grated
1/4 c finely chopped pecans

1/2 t garlic salt
1 t paprika
dash cayenne pepper
1/8 t chili powder

Grate cheddar cheese and add cream cheese. Let set at room temperature until soft enough to work with fingers. Then add pecans and garlic salt. Form into roll about 1 1/4 inches thick. Roll in mixture of paprika, cayenne and chili powder. Chill until firm. Slice thin and serve on crackers.—"Especially good at Christmas time."

TENNESSEE CHESS CAKE
1 box lemon cake mix, prepare as directed

Mix:
1 egg
1 stk melted oleo
1 c chopped pecans
1 t vanilla
Press into greased and floured 9x13 pan.

Mix:
1 box powdered sugar
2 eggs
8 oz cream cheese
1 t vanilla

Beat until creamy. Pour over first mixture. Bake 45-50 mins in 350° oven.

CHESS PIE

1 1/2 c sugar
1/2 c cream
1 t vanilla
6 egg yolks
1/2 c butter

Combine all ingredients and bake for 30 mins. in 350° oven.

CREAMY COCONUT CAKE

1 Duncan Hines Deluxe II White cake mix
1 can Eagle Brand milk

'Flower Design' Topic Of Program

A program, entitled "Flower Design," was presented at the Sept. 19 Plains Garden Club meeting which was held in the club room. A total of 13 members and one visitor was present.

Presenting the program was Mrs. W.M. Overton.

A flower show was discussed and it was set for Oct. 14 from 3:30 p.m. until 5:30 p.m. in the home of Mrs. W.C. Guetersloh, 110 First St., Plains.

Mrs. H.A. Richardson, hostess, served refreshments to all present.

1 can Cream of Coconut
1 lg Cool Whip
1 lg pkg frozen coconut

Prepare cake mix as directed and bake. Punch holes in warm cake. Pour Eagle Brand over entire cake and let soak in; then pour Cream of Coconut. Spread with Cool Whip and sprinkle with coconut. Keep refrigerated.



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Saturday, Oct. 9 1 P.M. - 5 P.M.

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Plains Independent School District

From The Superintendent's Desk

Dean Andrews



We have just completed the third week of school. Student achievement - learning outcomes for kids - is the bottom line for schools. Everything we read in reports, recommendations, mandates, and reforms, deals with improving student achievement.

We are excited that our students are having success in band, football, and volleyball again this season. We are continually improving as we prepare for district competition. Extra-curricular success is seen very easily, but academic success doesn't show on a scoreboard in front of a stadium or gymnasium full of fans.

We must all pull together for success. I challenge all parents, grandparents, students, school staff and our community to become as excited about academic success as we are about extra-curricular success. Now is the time to check with teachers about your child's progress. Not only do our teachers need your help in developing your child to his greatest potential, but your child needs your help and support more than you will ever know. It makes no difference if your child is in kindergarten or is a senior in high school, it is important that we encourage and work toward academic success.

Let's continue as we have in the past and strive to make this another great year for all of our students.

Plains Wins District Opener Against Sundown Roughnecks

The Plains Cowboys traveled to Sundown to face their first district foe, the Roughnecks. The Cowboys brought home a 12 to 6 victory.

In the first quarter, neither team was able to sustain a scoring drive.

With 3:30 left in the first half, Alex Barrientes scored the first touchdown of the game on a nine yard run. The extra point attempt failed. Halftime score found the Cowboys ahead by a 6-0 margin.

Just a little over two minutes into the third quarter, Blake McWhirter scored on a 25 yard run. Again the PAT was no good.

Sundown broke loose on a 76 yard run for their lone score of the game. This

came early in the fourth quarter. PAT failed.

Kyle Stephens ran the ball over from 15 yards out, but the TD was called back due to a penalty and the score remained, Plains 12 Sundown 6.

Leading rushers for the Cowboys were McWhirter with 104 yards and Barrientes, 80 yards. Jeff Ashburn caught five passes for 75 yards. Stephens passed 11 times with four completions for 66 yards.

McWhirter led with defensive tackles. Close behind were Anthony Asebedo, Chad Wall and Stephens.

The Cowboys will play at Meadow Friday. Game will begin play at 7:30 p.m.

PLAINS INDEPENDENT SCHOOL DISTRICT
P.O. BOX 479
PLAINS, TEXAS 79355

Plains Independent School District offers vocational programs in Agriculture, Auto Mechanics, Cosmetology, Home Economics, and Industrial Arts. Admission to these programs is based on need, interest, and ability.

It is the policy of Plains I.S.D. not to discriminate on the basis of race, color, national origin, sex, or handicap in its vocational programs, services, or activities as required by Title VI of the Civil Rights Act of 1964, as amended, Title IX of the Education Amendments of 1972, and Section 504 of the Rehabilitation Act of 1973, as amended.

Plains I.S.D. will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs.

For information about your rights or grievance procedures, contact the Title IX and Section 504 Coordinator, Dean Andrews, at P.O. Box 479, Plains, TX 79355 or telephone, 806-456-7401.

volleyball

The Cowgirls improved their record to 15-6 with a 15-6, 15-5, 15-1 win over the Jal Panthers Tuesday night, Sept. 27, in an out-of-town contest. Heather McGill finished the best three out of five match with 15 service points. Corie Spencer and Lydia Jimenez recorded eight service points each. Marsha Farnham nailed eleven kills and Jimenez and McGill had a combined total of eight kills. Farnham recorded four blocks; Spencer and McGill had three digs each for the Cowgirl defense.

The Cowgirls won three consecutive matches in the Colorado City Invitational tournament last Saturday, Sept. 24, to capture first place. Jimenez and McGill tallied five kills each in the Cowgirls' 15-10, 15-0 victory over Bronte. Jimenez recorded eight service points. Farnham blocked four balls and McGill and Melissa Welch had four digs each defensively.

In second round action, the Cowgirls clipped Clyde 15-7, 15-1. With Jimenez at the serving line the Cowgirls scored 13 consecutive points in the second game of the match. Farnham put down eight kills and McGill added another six for the Cowgirl offensive effort.

The Cowgirls defeated Miles 15-6, 15-6 in the Championship Match. Melissa Green recorded eight service points and Farnham had a match high eight kills. McGill followed with five kills.

The Cowgirls will be out of town for their next two matches. They will travel to Brownfield Saturday, Oct. 1 and Denver City Tuesday, Oct. 4. Ninth grade competition will begin in Denver City at 5 p.m.

JUNIOR VARSITY

The JV overcame a slow start and downed Jal 3-15, 15-9, 15-6 Tuesday, Sept. 27 in Jal. Angie Murph contributed 10 service points. Michelle Lowe recorded three aces and Martha Rivera put down three kills for the Cowgirl offense.

The Cowgirls were scheduled to play Brownfield Saturday, Oct. 1. They will travel to Denver City Tuesday, Oct. 4. The ninth grade will begin competition at 5 p.m.

JUNIOR HIGH

The eighth graders lost a 15-6, 15-12 contest to Denver City Monday afternoon, Sept. 26 in Denver City. Carmalita Pope was high scorer with seven service points.

The Wranglers brought home consolation honors from Denver City Junior High tournament Saturday, Sept. 24 with a 15-7, 15-17, 16-14 victory over Leveland. Monica Flores sparked the Wrangler offense with eight service points. Darce Pierce contributed seven serv-

ice points in the Wranglers' first round 10-15, 6-15 loss to Seminole. They defeated Brownfield 15-9, 15-6 to advance to consolation match. Top server was Oglia Ramirez with seven points. Monica Flores and Betsy Blair followed with six service points each.

The seventh graders were defeated 15-10, 15-10 when they traveled to Denver City Monday afternoon, Sept. 26. Jennifer Day recorded 12 service points. The Wranglers advanced to consolation match of the Denver City Junior High tournament Saturday, Sept. 24 by defeating Brownfield 15-10, 15-4. Rhonda Cowart was top server with 16 points. They were defeated 15-7, 15-5 in the consolation match. Shandy Willet contributed eight service points.

Tammy Lowrey led the Wrangler offense with seven service points in their first round 15-5, 15-12 loss to Seminole.

The seventh and eighth graders will host Tatum Monday, Oct. 3. Seventh grade competition will begin at 6 p.m.

School Events

MONDAY: 6 p.m. Jr. High Volleyball in Plains against Tatum

TUESDAY: 5 p.m. 9th/JV/V Volleyball in Denver City

THURSDAY: 5 p.m. 7th/8th Football in Plains against Meadow; JV to play Petersburg at Petersburg beginning at 6:30 p.m.

FRIDAY: SCHOOL DISMISSES at 1:15 p.m.; Varsity Cowboys to play Meadow at Meadow starting at 7:30 p.m.

SATURDAY: 10 a.m. 9th/JV/V Volleyball to play in Lamesa



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Breakfast

MONDAY - Oatmeal, raisins, grape juice and milk.

TUESDAY - Donut, apple juice and milk.

WEDNESDAY - Toast, scrambled eggs, orange juice and milk.

THURSDAY - Waffles, syrup, butter, tomato juice and milk.

FRIDAY - Fruit Loops, pineapple juice and milk.

Lunch

MONDAY - Beef stroganoff, corn, lettuce, tomatoes, hot rolls, peanut butter, honey and milk.

TUESDAY - Pizza, French fries w/catsup, tossed salad, crackers, apple cobbler and milk.

WEDNESDAY - Hamburgers, lettuce, pickles, onion rings, corn chips w/bean dip, fruit, coconut cookies and milk.

THURSDAY - Chicken nuggets, macaroni and cheese, lettuce wedge, hot rolls, peaches and milk.

FRIDAY - Roast, gravy, baked potato, green beans, Jell-O, hot rolls and milk.

Filmtime
at Yoakum Co. Library



"Big, Big Turnip" was the title of the play acted out by guests, Mike and Kathy Holster. Filmtime children helped in the production.

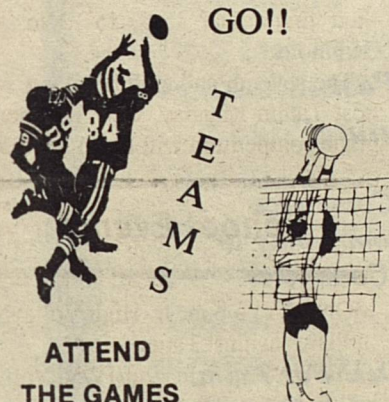
Films seen by the group were "Most Wonderful Egg" and "The Mole & the Lollipop". Bible story presentation was "God Makes the World", given by Kathy Holster.

Those attending were Adam Lara, David Longoria, Melissa Pittman, Mackenzie Winn, Jayce Clayton, Elizabeth Clanahan, Jared Bell, Chase Howell, Keenan Hancock, Chelsi and John Wagnon, Grady McNabb, Colleen Howard, Kimberly and Sarah Martinez, Daniel Clay, Elizabeth Wilmeth, Jordan and Justin Chambliss, Chris McGinty, Aaron Marks and Tiffany Canon. Some of our little children were almost late and we hope everyone will remember 10 a.m. is beginning time. We welcome all little pre-school children early or late.

A special program will be given the fourth Wednesday in October featuring McGruff the Dog, and it is a special about drug prevention, "Saying No to Drugs". Library personnel ask mothers and babysitters to help have a big turnout for this day, Oct. 26.

Kathy Holster is giving the programs at filmtime and September has been emphasized as "Just Being Me". Self-esteem is an important part of the education for our children and Kathy is doing a great job with the little filmtimers.

Rita Coronel served refreshments to filmtime children last week in honor of Becky Coronel's fourth birthday.



ATTEND THE GAMES



TURN YOUR RADIO ON -- These three Plains High School students are getting "hands on" training as to how a radio broadcasting system works. Students of Joyce Moore, who was a disc jockey for two years before becoming a teacher, are Jeff Ashburn, JoAnn Martinez and Juhree Stowe. Call letters for the station are KPLN, 90.3 FM on the radio dial. Four students are assigned to the mike each hour to read news and play music. The school receives the Associated Press wire service into their radio station.



VARSITY VOLLEYBALL GIRLS - Left to right, front row, Melissa Green, Linda Jimenez, Heather McGill and Corie Spencer. Back row, Coach Charles Cain, Leslie Patton, Lynda Jimenez, Melissa Welch and Marsha Farnham.



JR. VARSITY VOLLEYBALL GIRLS - Left to right, front row, Veronica Gonzales, Martha Rivera, Sandra Ramos and Roseanne Martinez. Back row, Vee Ann Fitzgerald, Angie Murph, Rena McElroy, Michelle Lowe, JoLena Powell and Coach Joyce Pierce.



FRESHMAN VOLLEYBALL GIRLS - Left to right, front row, Amy Jones, Coach Kim Andrews and Stephanie Cole. Back row, Leslie Gonzales, Kemi Cobb, Lupita Ramos and Ashlee Winn.

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Local Directors Plan To Attend State Meeting

Mr. and Mrs. L.J. Sanders, Jr., Mr. and Mrs. David Turnbough, Mr. and Mrs. R.M. (Bob) Jones, A.E. (Dick) McGinty, and Robert B. (Bobby) White, directors from the Yoakum Soil and Water Conservation District will be in Lubbock, Oct. 3-5, 1988, to attend the Forty-eighth Annual State Meeting of Texas Soil and Water Conservation District Directors. The meeting will be held in the Lubbock Memorial Civic Center.

Others attending from the Yoakum Soil and Water Conservation District are Mr. and Mrs. Edwin Livengood and Mr. and Mrs. Murrell Thompson.

The purpose of the meeting is to review developments affecting Texas conservation programs. An array of top speakers will highlight the meeting. Speakers will include State Senator John Montford of Lubbock; Frank Dunkle, Director, U.S. Fish and Wildlife Service, Washington, D.C.; Robert Layton, Jr., Regional Administrator, Environmental Protection Agency, Dallas; Robert Wetherbee, Vice President, National Association of Conservation Districts, Fairmount, North Dakota; and Harry W. "Wes" Oneth, State Conservationist, USDA Soil and Conservation Service, Temple, Texas.

Approximately 1,200 SWCD directors and other conservation leaders are expected to attend the meeting.

Five concurrent workshops will be held on Tuesday afternoon. The district operations workshop will be primarily a training session for district directors and district employees concerning day-to-day operations of districts.

In the education/information workshop, discussions will focus on cultivating and developing conservation education opportunities and techniques in the areas of public education, local community support and mass media. Newly developed conservation education materials will also be presented.

A panel of legislative leaders will discuss the up-coming Legislative session and legislation they expect to be introduced that could affect Texas conservation programs in the Legislative Issues Workshop.

The agricultural and silvicultural nonpoint source management program developed by the Texas Soil and Water Conservation.

Board will be discussed in the Non Point Source Pollution Workshop. Discussions will also deal with the EPA's views on the future of nonprofit source management in Texas inclusive of funding. The Gulf Coast Initiative will also be discussed.

In an environmental issues workshop, a focus on wetland issues effecting Texas conservation programs will be discussed. The workshop will also include a discussion of the endangered species program proposed by EPA as a result of relabeling agricultural pesticides.

Regular elections for Association of Texas Soil and Water Conservation District Directors for State Areas Two and Four will be held on Tuesday afternoon in the area sessions.



GREG BUCHANAN

Widely-Known Harp Player To Be In Concert In Plains

Greg Buchanan, world-class harpist, will be in concert Wednesday, Oct. 5 at 7 p.m. in First Baptist Church auditorium in Plains.

Buchanan has played the harp since the age of nine and spent four years with the U.S. Navy Band in Washington, D.C. He has played solo for every type of audience in many styles, jazz, pop, classical and gospel. He was asked by the maker of the world-famous "Salvi" harp to endorse their instrument.

He has five recordings in national release, "Harp Praise" and "A Harp for Christmas," both having orchestration; "Praise the Lord with the Harp,"

cert. There will be no admission fee, but a love offering will be taken. A nursery will be provided.

"Unforgettably Live," and the newest release, "Peaceful Meditation."

SUBSCRIPTIONS EXPIRING

JIM BARRON
BARRY GREEN
MRS. COLLETTE HANNA
BOB JOHNSON
BOB JONES
JAN LESTER
DOUGLAS PATTON
MARY WILMETH

Stress & Its Effects

Stress is a common event of everyday life and is related to the pressures everyone faces from day to day. No one is free from stress says a specialist with the Texas Agricultural Extension Service.

"Babies as young as eight months of age can detect stress in their mothers and show signs of depression as a result. Only in death does one have freedom from complete stress," said Mary Dale Williams, Yoakum County Extension Agent.

Excessive stress stems from meeting the demands of family, maintaining a household or work. Sudden expenses, unemployment, sickness and death can also produce unexpected pressures.

However, some pressure serves as motivation to get things done. "Stress is like medication: the right dose is good for you, but too much can be a poison," said Williams.

Like poison, stress also affects the health. The body may signal the mind that stress levels are too high. The signals should be listened to before serious conditions such as emphysema, ulcers, colitis or a heart attack develop.

Some of the health signals include: (1) quickened heart beat, (2) increase in hormones produced by the adrenal glands (3) increased circulation (4) increased lung activity, (5) full energy as a result of glucose in the muscles and brain, (6) improved muscle function (7) acceleration in blood clotting mechanisms, (8) improved hearing and eyesight (9) cold hands and feet and (10) suspension of digestive processes resulting in indigestion.

Everyone reacts to stress differently, so there are different ways of managing stress. Breathing deeply to improve oxygen intake, exercising, or taking an imaginary 10 minute mind vacation to a peaceful place are all helpful methods of relieving stress. Talking to someone about the problem can also help.

The abuse of alcohol or drugs can worsen stress. In the long run, you have to get over both the stress and the side effects.

Since stress cannot be avoided, there are things a person can do to minimize the effects of it. Eating right; getting enough sleep; allowing time for relaxation and organizing personal life, home, or work area can all be helpful.

For Your Next New Or Used Car

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Pollard Friendly Ford



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Lubbock, TX

*"Proud of the Past...
Plans for the Future"*

*Plains Chamber of Commerce
invites citizens of the community to
join the Chamber of Commerce.*

Next meeting is

*Tuesday, Oct. 4 at 7 a.m.
in Johnnie's Restaurant.*

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&
HARDWARE**

**PLAINS, TEXAS
456-4800**

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GUARANTEED
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\$11⁹⁵



LOUISE GOEHRY displays "egg standing on end". She states that this is possible only at the time of the equinox - either of the two times a year when the sun crosses the celestial equator and day and night are approximately the same in length.

Letter To Community

As new business manager of The Plains Pride, I'd like to ask your help in getting news to us. The Yoakum County Library girls have been very gracious to allow the news to be brought into the library and Rico has been great to make sure that it is picked up and mailed each week.

However, since there are times that gathering news interferes with library work, I am asking that all reporters or secretaries of each club (or whoever turns in the club meeting) to contact me for forms to be used in reporting such meetings. These forms then may be dropped off at the library without disrupting the work that is going on at the library.

I am making every effort to offer Plains residents the type of newspaper

that they can be proud of -- but it will take the cooperation of the community and businesses.

The Plains Pride is now a member of the Texas Press Association and if enough interest continues to be shown in having a paper in Plains, we will join the West Texas Press Association also. This gives our community much more coverage throughout the State.

I am always open to suggestions as to how to improve the newspaper and welcome any suggestions.

Please contact me by writing to Sue Cannon, P.O. Drawer E, Olton, Tx. 79064 or leaving your information and suggestions at the library.

NOTICE TO BIDDERS
THE STATE OF TEXAS
COUNTY OF YOAKUM

NOTICE TO BIDDERS
THE STATE OF TEXAS
COUNTY OF YOAKUM

Notice

Invitation For Bids

The City of Plains will receive bids for Water Line Improvements under the 1987 Texas Community Development Program until 3:00 p.m., Tuesday, October 11, 1988, at the Plains City Hall, Plains, Texas at which time and place all bids will be publicly opened and read aloud.

Bids are invited upon the several items and quantities of work as follows: *approximately 8,870 LF of 6" C-900 PVC waterline and all necessary appurtenances.

All quantities are estimated and subject to change. Contract Documents, including Drawings and Technical Specifications, are on file at the office of Todd Engineering, Inc., located at 3125 South 27th, P.O. Box 5052, Abilene, Texas 79608, (915) 698-4330.

A \$25.00 non-refundable deposit is required for each set of plans and specifications requested. The plans and specifications will be released upon receipt of the deposit. Checks are to be made payable to Todd Engineering, Inc.

A certified check or bank draft, payable to the order of the City of Plains negotiable U.S. Government Bonds (at par value) or a satisfactory Bid Bond executed by the Bidder and acceptable surety in an amount equal to five percent (5%) of the total Bid shall be submitted with each Bid.

Attention is called to the fact that not less than the minimum salaries and wages as set forth in the Contract Documents must be paid on this project, and that the Contractor must ensure that employees and applicants for employment are not discriminated against because of their race, color, religion, sex, or national origin.

The applicable minority goals and women's goals which apply to any contract or subcontract awarded for labor, materials, goods or services is 19.5% and 6.9% respectively. Bidder will be responsible to utilize to the greatest extent feasible minorities in his work force equal to the goals established. The goals will be expressed as a percentage of the total hours worked on this project or any other construction project site within Yoakum County including those employees which are working on private non-federally financed projects.

The City of Plains reserves the right to reject any and all bids or to waive any informalities in the bidding.

Bids may be held by the City of Plains for a period not to exceed sixty (60) days from the date of the opening of Bids for the purpose of reviewing the Bids and investigating the qualifications of Bidders prior to awarding of the Contract.

Date: October, 1988 By T.J. Miller
Title: Mayor

Notice is hereby given that the Commissioners' Court of Yoakum County will receive bids until 10:00 a.m. on the 10th day of October, 1988 for the purchase of the following equipment for the new hospital:

- (1) One x-ray film processor with chemical mixing system;
- (2) One surgical light;
- (3) One incubator.

The above equipment will be purchased with budgeted hospital bond proceeds.

Specifications may be obtained from Yoakum County Hospital Administrator Ed Rogers, P.O. Box Drawer 1130, Denver City, TX 79323 (telephone (806) 592-5484).

Sealed bids should be marked on the outside of the envelope and mailed or delivered to the County Judge's Office, P.O. Box 456, Plains, TX 79355.

The Commissioners' Court reserves the right to reject any or all bids.
Published Sept. 25 & Oct. 2, 1988

Notice is hereby given that the Commissioners' Court of Yoakum County will receive bids until 10:00 a.m. on the 10th day of October, 1988 for the purchase of the following (to be paid for from current budgeted funds):

- (1) One (1) new riding lawn mower for the Denver City Park;
- (2) One (1) used large water trailer for Precinct 2;
- (3) One (1) road-repair unit for Precinct 1 and Yoakum County Park.

Specifications for (1) and (2) may be obtained from Precinct 2 Commissioner Bob Thurston, 700 W. Cedar, Denver City, TX 79323 (telephone (806) 592-3287). Specifications for (3) may be obtained from Precinct 1 Commissioner John Avara, 139 E. Broadway, Denver City, TX 79323 (telephone (806) 592-3601).

Sealed bids should be marked on the outside of the envelope and mailed or delivered to the County Judge's Office, P.O. Box 456, Plains, TX 79355.

The Commissioners' Court reserves the right to reject any or all bids.
Published Sept. 25 & Oct. 2, 1988

REAL ESTATE AUCTION

PROPERTY KNOWN AS:
Crown Inn Motel
115 West Broadway
Denver City, TX

AUCTION LOCATION:
Commissioner's

Court
3rd Floor
Yoakum County
Courthouse
Plains, TX

AUCTION DATE:

10:05 A.M.
TUESDAY
NOV. 1, 1988

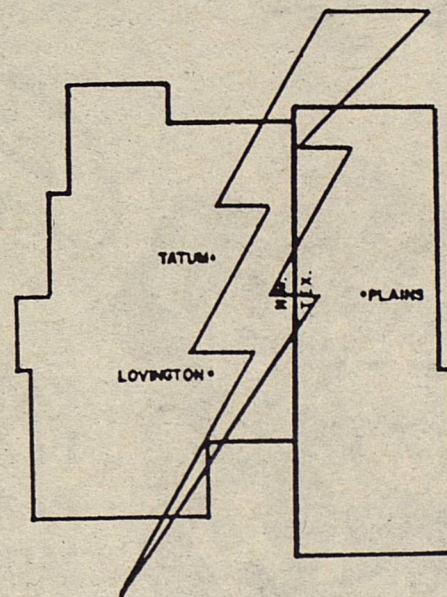
Legal Description: Lot 7, 8, 9, 10, 11, and 12, in Block 4, of the south addition to the city of Denver City, Yoakum County, Texas. Terms: Cash Only. Sold subject to all taxes due. Sold on trustee deed only. United States Small Business Administration reserves the right to accept or reject any or all bids or to bid themselves. Sold by Ron Hendrix, substitute trustee. Auction conducted by Hendrix and Associate, 806-794-9486, 5518 77th Street, Lubbock, TX 79424. TX Lic. 6040.

NOTICE

FIRST BAPTIST CHURCH in Plains is accepting sealed bids for blocks 49, 50, 73, 75 & S/2 and west 198 feet of Block 72 in Plains. We retain the right to accept any or reject all bids. Deadline is Oct. 10. Inquiries may be made: First Baptist Church, Box 299, Plains, TX 79355. 25/3tc



Contact
Dan or Linda
Wall



COAL GASIFICATION - AN ALTERNATE ENERGY SOURCE

Coal is heated in reactors along with steam from oxygen & water. This produces synthetic gas, carbon monoxide & hydrogen which may be further processed. Low quality gases can be used to fuel nearby power plants. Coal gas can be further refined to burn like natural gas.

LEA COUNTY ELECTRIC COOPERATIVE, INC.

Lovington/Tatum, NM

Plains, TX

Salute

TO **NATIONAL 4-H WEEK** OCT. 2-8



In 4-H, youth ages eight through 19 learn responsibility and self-confidence through many varied projects. Activities provide a balance of the 4-H motto — head, heart, hands and health.

Volunteers of all ages contribute time and talent in areas of communication arts, business and economics, home and family resources, leisure education, mechanical sciences, natural resources and environment, plants and soil, animals and much more.

4-H helps develop the citizens of tomorrow. Support 4-H, a partnership for progress.

Congratulations 4-H'ers
FOR A JOB WELL DONE!



**PAY-N-SAVE GROCERY
PLAINS INSURANCE AGENCY
PLAINS FARM SUPPLY
MUSTANG CHEVROLET
WEST TEXAS GAS
TY, MARY & ELIZABETH WILMETH
MELVIN & LINDA LOWREY
YOAKUM COUNTY FEDERAL CREDIT UNION**