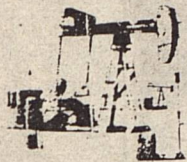


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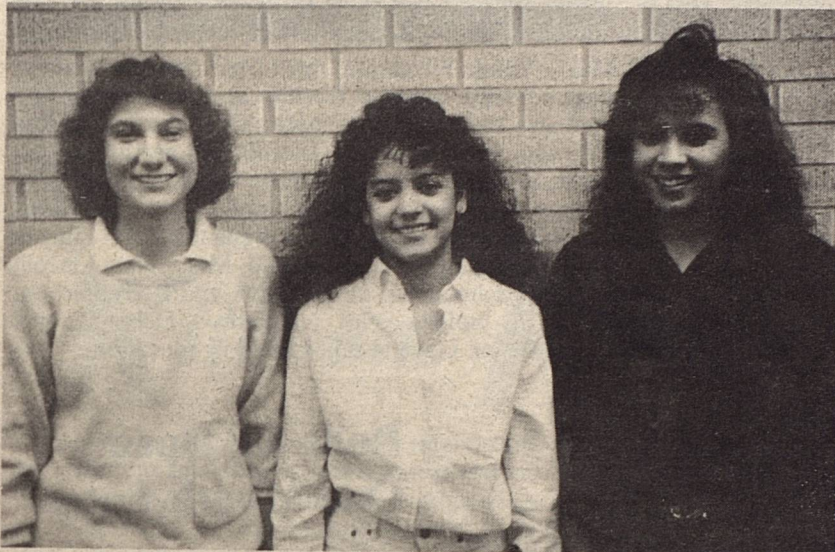
# The Plains Pride



PLAINS, YOAKUM COUNTY, TEXAS  
SUNDAY, FEBRUARY 21, 1988

VOLUME 3, NUMBER 46

30¢



CLASS A ALL STATE VOLLEYBALL PLAYERS selected recently are left to right, Karen Cobb, Bertha Gonzales and Lydia Jimenez.



GIRLS JUNIOR VARSITY BASKETBALL PLAYERS -- left to right, back row, ltr, are Coach Joyce Pierce, Michelle Lowe, VeeAnn Fitzgerald, Leslie Patton and Coach Kim Andrews; front row, ltr, are Rosanne Garcia, Nancy Jimenez, Sandra Ramos and Melissa Green.



BOYS JUNIOR VARSITY BASKETBALL PLAYERS -- Back row, ltr, are Rodney Garland, Steve Lowrey, Lebert Powell, Chris Gayle, Steve Crutcher and Shawn Booth; front row, ltr, are Blake McWhirter, Lance Morrow, Henry Gonzales, Anthony Asebedo, Daniel Canada and Nieves Garcia.

## Texas Girls Coach Association Names Three To All State Title

The Texas Girls Coaches Association recently announced the 1987-88 All State Volleyball Players. Receiving honors from the Cowgirl Volleyball Team were Karen Cobb, Lydia Jimenez and Bertha Gonzales.

Chosen among twelve athletes as Class A All State Players were Miss Cobb and Miss Jimenez. The daughter of Mr. and Mrs. Jack Cobb, Karen is a senior setter/hitter. Lydia is the daughter of Mr. and Mrs. Isaias Jimenez and is a junior hitter.

Miss Gonzales joined ten other athletes selected for Class A Academic All State. A senior, Bertha is the daughter of Mr. and Mrs. Herman Gonzales.

All State and Academic All State nominees are voted on by members of the TGCA. Academic All State candidates must maintain a grade average of 90 or better.

## Blood Drive Benefit March 8

A benefit blood drive will be held Tuesday, March 8 for I.L. "Snake" Smith, who is unable to make blood for his needs. All blood types will be accepted as replacements for the blood he must receive.

Persons willing to donate blood are asked to stop by the clubroom in the old courthouse from 4 to 7 p.m. March 8.

## State Representative Jim Rudd Unopposed, Seeks Sixth Term

State Rep. Jim Rudd, who is running unopposed on the ballot for his sixth term in the Texas House of Representatives, said today he will be "moving about through the district and talking with people before the next session."

Rudd, who is chairman of the highly influential House Appropriations Committee, served his first term in 1977.

"Last year was an extremely tough session of the Legislature, and the one which begins in January 1989, will not be easy," Rudd said, adding "there are some signs the state's economy may be turning around. I certainly hope so."

He cited retail sales figures released recently by the Comptroller's office as "one sign things are getting better."

Rudd, 45, in addition to his Appropriations chairmanship, is on more than a dozen other legislative committees, boards and special committees.

Aside from Appropriations, some of the most important include the Select Committee on Higher Education; the Select Committee on Economy and Efficiency in State Government; a Blue Ribbon Committee for the Comprehensive Review of the Criminal Justice Corrections System; the Legislative Audit Board and the Legislative Budget Boards and Education Board.

He is one of Speaker Gib Lewis' key lieutenants.

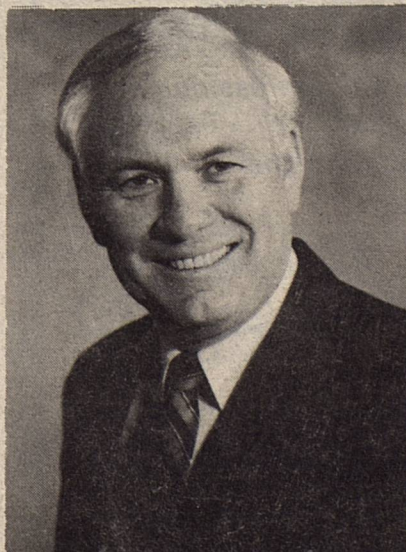
"I want to visit with my constituents and find out what is on their minds so I can reflect their views during the next session," Rudd said.

In addition to his legislative activities, Rudd has been extremely active in civic affairs and has been named to both "Who's Who in American Politics," and as an "Outstanding Young Man in America".

He was selected by Texas Monthly magazine in 1985 as "one of the 10 best legislators" in Austin.

A graduate of the Texas Tech University school of law, Rudd is married to the former Brenda Rogers and they have three children.

He urged constituents to call him at his law office in Brownfield Area Code (806) 637-7616 "if you have problems with state government or if there is anything I can be helpful with."



STATE REP. JIM RUDD



**THE PLAINS PRIDE**

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telephone no. (806) 285-3177

Yoakum County & Surrounding Counties, tax included .....\$15  
Elsewhere, tax included .....\$16

**Payne Services Held In Clovis**

Services were conducted Monday, Feb. 1 in Steed-Todd Chapel in Clovis, N.M. for Catherine Francis Payne, 83, of Clovis. Officiating was the Rev. William McReynolds, pastor of First United Methodist Church of Clovis.

Graveside services were in Terrace Cemetery in Post under direction of Steed-Todd Funeral Home.

Born in Bowie, she married Gene Payne in 1929 in Post. She attended Hardin-Simmons University. She was a member of New Mexico Cowbells, Woman's Study Club in Santa Rosa, N.M. and First United Methodist Church.

Survivors include her husband; two daughters, Helen Fourtenberry of Waco and Francis Braden of Vernon; a son, Tom, of Santa Rosa; nine grandchildren; five great-grandchildren and a sister, Helen Cross of Snyder.

**Reunion Planned For Class of '78**

Members of the 1978 graduating class of Plains High School are planning a ten-year reunion to be held in the spring. Addresses are needed for a number of classmates.

Anyone who is a member of the class or parent of a graduate, is asked to send name, address and phone number to Laine Bayer Dorman, 6446 Lincoln Park West, San Angelo, TX 76904.

**Services Held For Resident's Brother**

Services were conducted last Friday in Bethel Baptist Church in Brownfield for Carl Jenkins, 76, of Brownfield, brother of O'Dell Kerby. Officiating were the Rev. Clevy Kerby of Carlsbad, N.M. and Rev. C.J. McQuillan, pastor.

Burial was in Terry County Memorial Park under direction of Brownfield Funeral Home.

Mr. Jenkins died the prior Tuesday evening in Methodist Hospital after a lengthy illness.

Born in Comanche County, he moved to Brownfield in 1933. He married Annie Childress Aug. 25, 1934 in Brownfield. He was employed with Farmer's Co-op of Brownfield and was a member of Bethel Baptist Church.

Survivors also include his wife; a daughter, Peggy Walters of Slaton; two other sisters, Faye Spoon of Lubbock and Lena Johnson of Jayton; a brother, J.B. Jenkins of Lubbock and three grandchildren.



**LINCOLN SCHOLARS** -- Vonda Fitzgerald, third from right, was one of six South Plains College students honored recently at a scholarship luncheon. She received the Patsy Lincoln Lewis scholarship in nursing. Seated is Mrs. Retha Lincoln, who established the Lincoln scholarship funds. Others, from left to right, are Janet Mowell of Brownfield, Ruth Lincoln scholarship in horticulture; Max Frazee, Clovis, Kay Lincoln Holloway scholarship, petroleum technology; Greg Arp, Levelland, Z.C. Lincoln scholarship, social science. At right of Miss Fitzgerald, Mrs. Leona Lincoln Goyette, who established the scholarship in education and Polly Parmer, SPC associate professor of biology. Not pictured is Debra Crone, Levelland, recipient of the Leona Goyette scholarship in education.

**Water Conservation Information Available**

Water is a natural resource that cannot be replenished and must be utilized by the most efficient method. Waste and poor management costs others than just farmers. It costs everyone. For this reason, the use of irrigation water should be the most efficient and cost effective possible says, Charles Oswalt, of the soil conservation service.

Several water conservation services are available to farmers at no cost to them through the soil conservation service, says Oswalt. Services include irrigation evaluations such as amount of water that the farmers are applying, pattern of the spray as it reaches the ground, bad nozzles, leaks in the pipeline and the overall efficiency of the system. Pumping

systems can be evaluated for efficiency.

Other services that the SCS provides are design work on irrigation systems and pipelines. Pivot points for irrigation systems are also located.

More information about water conservation is available through the soil conservation service at Plains.

All SCS programs and services are offered on a non-discriminatory basis, without regard to race, color, national origin, religion, sex, marital status or handicap.

**Polls To Open One Month Later**

Registered voters will go to the polls one month later this year because of an election change mandated for Texans. Rather than the first Saturday in April, voters will choose local candidates on the first Saturday in May.

Plains voters will be electing a mayor and two councilmen in the May 7 election. Terms of Mayor T.J. Miller and councilmen Barry Green and Kevin Guetersloh are expiring.

Candidates may file for either office between Feb. 22 and March 23.

**Carpet Looking Bad?**

**Get Carpets  
CLEAN, FRESH,  
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**RENT RINSEVAC** *Cleans—and deodorizes—the way professionals do, at a fraction of the cost*

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*City of Plains*

**BEWARE OF SPIKE!**  
Five Steps to Surge Protection

Lightning strikes and other natural faults on power lines can create a high-voltage surge called a voltage "spike." When this short-duration surge finds its way into your home, it may severely damage unprotected electrical equipment and electronic devices (computers, etc.).

What can you do to protect your household appliances? Let's make "Spike's" bark worse than his bite:

- 1) When possible, purchase appliances and equipment with built-in surge suppressors, interruptible power inputs and reset capability.
- 2) Install external surge protection devices and interruptible power supply systems at crucial outlets in your home or shop.
- 3) Unplug and discontinue operation of unprotected equipment during an electrical storm or severe windstorm.
- 4) Unplug all non-essential equipment when not in use or when you leave for a vacation.
- 5) Use backup power systems with computers and other essential electronics to prevent outages.

Your utility company builds maximum surge protection into its power lines, but no system can completely block all voltage surges while guaranteeing service with a minimum of interruption. You can help us to muzzle "Spike" if you'll follow these five steps to safety.





SANDRA ELLISON

# Kitchen Korner

A homemaker who loves to sew, Sandra Ellison can always find a thimble. She is an avid collector of thimbles and has about 850 in her collection. In leisure time, Sandra also enjoys crocheting.

Daughter of the late Pete and Vera Smith, Sandra grew up in Plains. She and her husband, Leland, are parents of two daughters, Leann, 22, and Lisa Duran, 20.

Sandra shares recipes this week with the good cooks of Plains. Compliment winners with her family, the four include her mother's Brown Sugar Cookies. Readers will also want to try her recipes for Chicken Loaf, Hominy Casserole and Summer Dressing.

## MOTHER'S BROWN SUGAR COOKIES

½ c sugar  
1½ c brown sugar  
2 eggs  
½ t salt  
1 t soda  
½ c nuts  
1 c Raisin Bran  
1 t vanilla  
2 c flour  
1 c shortening  
Cream shortening, eggs and sugar. Mix with dry ingredients. Bake in 350° oven for 10-12 mins.

## HOMINY CASSEROLE

1 lg can hominy, drained  
½ stk oleo  
1 sm can chopped chilies  
1 T flour  
1 sm onion, chopped  
½ c milk  
2 c grated Velveeta cheese (part Mld. Mexican)  
Melt oleo and cook onions and chilies until onions are limp. Stir in flour and milk. Add cheese and stir until melted. Add drained hominy. Mix well and pour into greased 8x8 square pan. Bake in 350° oven for approximately 30 mins.

## SUMMER DRESSING

2 eggs  
2 c milk  
1 sm onion  
salt & pepper  
1 T parsley flakes  
Mix while cooking 1 c raw rice. When rice is cooked add ½ lb Cheez Whiz and ¼ stk oleo. When cheese and oleo are melted, add to milk, etc. Pour into 10 inch casserole and bake 45 mins. at 350°.

## CHICKEN LOAF

3-4 lb chicken

3 whole eggs  
1 T onion  
1½ c milk  
2 c Ritz cracker crumbs  
salt  
2 c broth  
2 c grated cheese  
pepper  
1 T Worcestershire sauce  
1 can Cream of Mushroom soup  
1 sm jar pimentos

Layer chicken in baking dish. Mix eggs, ½ c milk, broth, crumbs, pimentos, etc. Pour over chicken. Cover with cheese. Add remaining milk to soup. Pour over casserole. Bake at 350° for 1 hr. Let set one hour and serve.

## Slaton To Be Site Of Sausage Festival

St. Joseph's 18th Annual German Sausage Festival will be held Sunday, Feb. 21 at St. Joseph Hall in Slaton.

Dinner will be served from 11 a.m. until 3 p.m. Adults will pay \$5 and children, age 10 and under, \$3.



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## Teresa Lewis To Be Honored

Teresa Lewis, bride-elect of Ty Houck, will be complimented with a bridal courtesy Saturday, Feb. 27 in the Heritage Room of Yoakum County Library. Calling hours are 3 to 5 p.m.

An invitation to attend is extended by hostesses Melba Fitzgerald, Inetta Teaff, Barbara Brown, Barbara Massey, Marie Lowrey, Lola Bryan, Wilma Lewis, Dolores Davis, Doris Smith, Dorothy Jones, Paula Morrow, Latrell McDonnell, Cindra Box, Margaret Box and Judy Fitzgerald.

## Homemakers Meet In Burrows Home

Home of Sherry Burrows was the setting Feb. 9 for the regular meeting of Turner Extension Homemakers Club.

Jerri Lollar, president, presided. Nine members answered roll call with "A recent change I have made".

A thank you note from Velma Dearing was read. Cecelia Knight was chosen as delegate to the District Meeting with Emily Bolling to serve as alternate.

Mrs. Lollar and Rita Snodgrass presented a program entitled, "Be Prepared For Change". They noted change might be voluntary, involuntary, predictable or unpredictable.

Betsy Martin will be hostess for the next meeting, March 9.

## Fine Arts Club Meets Feb. 4

Plains Fine Arts Club met Thursday, Feb. 4 in the home of Martha Palmer. Assisting with hostess duties was Billie Blundell.

Attending were Beth Ann Cain, Gale McDonnell, Kelley Clay, Lois Miller, Dolores Davis, Allene Carnohan and Mary Dale Williams.



## Filmtime

Filmtime youngsters viewed the films, "Ghost With The Halloween Hiccup" and "Georgie" at their meeting Wednesday. Books of the day were "The Singing Dog" and "Let's Discover the Countryside".

Attending were Tiffany Canon, Linsey Cullins, Ty Shearman, Chris McGinty, Justin Taylor, Adam Lara, Kimberly and Sarah Martinez, Lesli Rowe, Kimbe Jones, Sean Holster, Amber Bernal, Chelsi Wagnon, Ashlei Mason, Kelsey Blundell, Dustin Six, Jayce Clayton, Tarren and Keenan Hancock, Kyle Kight, Nancy Koncaba, Joshua Curtis, Matthew McKinzie, Adam Garcia, Tanya Vasquez, Daniel and Micah Clay and Ragan McGinty.

Last week the filmtime crew viewed films, "Flying Mouse" and "Goofy Look at Valentine's Day". Books read were "Zacceus" and "Epaminondas".

Zacceus is the story of the little man climbing up in the tree to see Jesus. Epaminondas is the story of a little boy trying to please his mother and completely failing to understand her orders.

Library personnel express appreciation to mothers and baby sitters who brought cookies, cups, napkins, cupcakes, and candy for the party and for helping with the day.

Youngsters attending the party were Chris McGinty, Linsey Cullins, Justin Taylor, Tanya Vasquez, Briana Garza, Adam Garcia, Ty Shearman, Chase Howell, Adam Lara, Jayce Clayton, Krystal and Ashley Gonzales, Kyle Kight, Tiffany Canon, Jason and Corey Kelton, Amber Bernal, Joshua Curtis, Dustin Six, Ashlei Mason, Kelsey Blundell, Kimbe Jones, Lacey Crawford, Elizabeth Clanahan, Dawn Garland, Aaron and Evan Cain, Jose Luis, Jessica and Eve Mendoza, Chelsi Wagnon, Tarren and Keenan Hancock, Kimberly and Sarah Martinez, Lesli Rowe and Ragan McGinty.

*We wish to express our heartfelt appreciation for the many acts of kindness, prayers, cards, flowers, offerings, visits and food received during the illness and passing of our beloved mother and grandmother, Ethel Mae Craker.*

*Mutt & Odessa McDonnell  
Charlie & Helen Pope  
& Families*

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# Plains Independent School District

## From The Superintendent's Desk

DEAN ANDREWS



Students in grades 3, 5, 7, and 9, have been taking the Texas Assessment of Minimum Skills test. These tests are very important in measuring our students' abilities as well as in measuring our school against all other schools in our state. Each year we see more importance being placed on the TEAMS test scores even to the point of comparing teaching abilities from one school district to another. Our students have scored very well in the past three years and we look for improvement this year even though the test has been revised to increase its difficulty.

As I talk to various people across this state, I find that most feel they have a very good school. I guarantee that Plains I.S.D. is one of the most respected and recognized districts, not only in this area but in the entire state. Our test scores and student achievement have been recognized as truly outstanding. These accomplishments don't just happen because we live in Plains. They happen because you care, our school board is committed to placing emphasis and money to see that we have the very best, and our staff and employees are dedicated to educating our boys and girls.

There used to be a baseball announcer named Dizzy Dean who said, "If you've been there or done it, it ain't braggin'." I am not bragging, but I am very proud of our school system and hope that is your feeling too.

## What's Cooking At School?



### BREAKFAST

MONDAY - Toast, oatmeal, grape juice and milk.

TUESDAY - Cinnamon rolls, apple juice and milk.

WEDNESDAY - Toast, strawberry preserves, orange juice and milk.

THURSDAY - Waffles, syrup, butter, tomato juice and milk.

FRIDAY - Rice Krispies, pineapple juice and milk.

### LUNCH

MONDAY - Submarine sandwich, French fries w/catsup, lettuce, pickles, gingerbread, butter and milk.

TUESDAY - Pizza, corn, tossed salad, applesauce cake and milk.

WEDNESDAY - Hamburgers, lettuce, pickles, onion rings, potato chips, fruit, peanut sandies and milk.

THURSDAY - Barbecue on plate, pinto beans, potato salad, cornbread, apple cobbler and milk.

FRIDAY - Fried chicken w/gravy, mashed potatoes, green peas, hot rolls and milk.

## Channel 3 KPLN

MONDAY, Feb. 22 at 2 p.m. -Plains Girls vs Dawson  
 TUESDAY, Feb. 23 at 2:30 p.m. -Plains Boys vs Dawson  
 WEDNESDAY, Feb. 24 at 2:30 p.m. Plains Girls vs Wellman  
 THURSDAY, Feb. 25 at 2:30 p.m. Plains Boys vs Wellman  
 FRIDAY, Feb. 26 at 2 p.m. - Yoakum County Stock Show

## School Events

TUESDAY: Basketball, Boys Bi-District Plains vs. New Home at Brownfield High School at 8 p.m.

THURSDAY: Boys Area Basketball

FRIDAY: Houston Stock Show; Boys Area Basketball continues

SATURDAY: U.I.L. Math & Science Meet at Lubbock Cooper; A.C.T. Test; Instrumental Solo & Ensemble at Texas Tech University; Houston Stock Show continues



## PHS Math & Science Team Captures Big Victory

Plains High School's Math and Science Team continued the tradition of winning when they competed Feb. 13 in the Lubbock Monterey Pre-UIL Meet. The PHS team captured first place sweepstakes trophy in their competition with 29 other schools from Class A to AAA.

Calculator competition found Micah Stowe and Shane McMinn winning first and second, respectively, in the senior division. Their scores of 299 and 299 were the highest scores in both divisions, large and small schools. Chad Guetersloh was second in the junior division; Lance Morrow, first, and Nieves Garcia, fifth, in the sophomore division and Layne Morrow, first, in the freshman division. Larry Devitt is coach of the first place trophy winners.

Competing in number sense, McMinn was first and Jesse Flores third in the senior division; Lance Morrow, first, sophomore division; and Layne Morrow, first, freshman division. McMinn's 292 score was the highest of both divisions and the team was awarded the first place team trophy. They are coached by Richie Cullins.

McMinn also earned first place in mathematics. Stowe placed eighth. Guetersloh was seventh in the junior division; Lance Morrow second and Garcia tenth in the sophomore division and Layne Morrow and Matt Record were second and sixth, respectively, in the freshman division. The first place team trophy came home to Plains. Coaching the team are Cullins and Devitt.

In science competition, McMinn was third, senior division and Guetersloh, first, John Harris, eighth, and Brian Livengood, ninth, junior division.

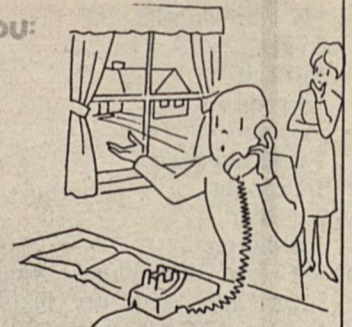
Other achievements included Harris, second, biology; McMinn, seventh, Guetersloh, eighth, chemistry and McMinn, first, Guetersloh, second, and Stowe, tenth, physics. The science team also won the first place team trophy. Their coach is Mackey McWhirter.

The PHS Math and Science Team outscored all other teams with their total of 40 points. Andrews High School and Lubbock High, both entries in the large schools division, tied for second place with 37 points.

The team will compete in a practice meet Saturday in San Angelo Lakeview High School.

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- Have questions
- Need service
- Smell gas. (If the odor is faint, open windows and doors, turn off appliances. If the odor is strong, go outside immediately.) Call your gas company from another building - do not use your own telephone, or switch lights or appliances on or off.



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## Yoakum County Federal Credit Union



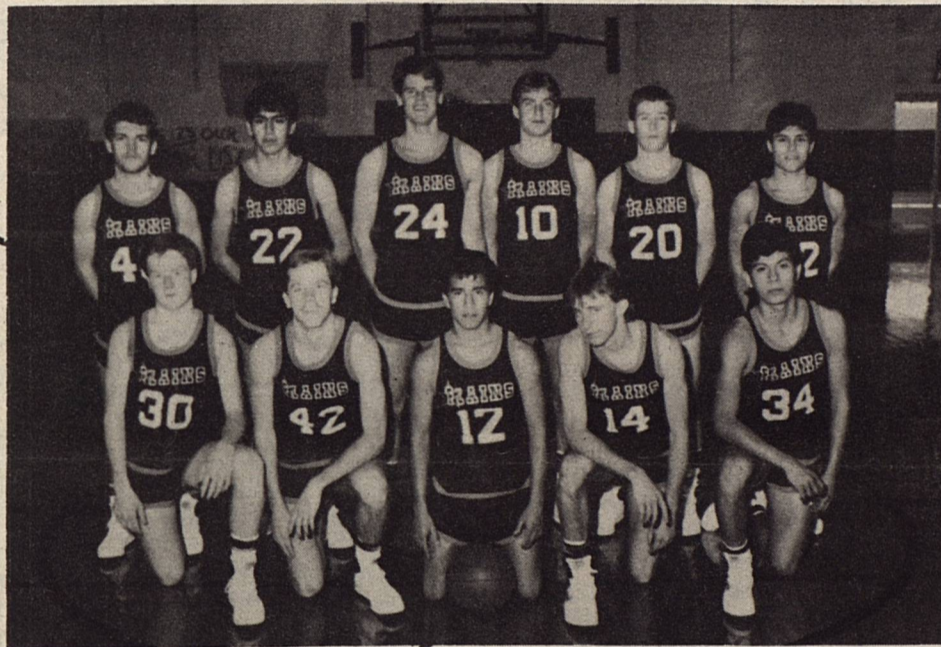
# PLAINS VS NEW HOME

in Bi-District Play-Offs

TUESDAY, FEBRUARY 23

8 P.M.

BROWNFIELD HIGH SCHOOL



## Come On Cowboys!!

We're Behind You All The Way!!

**Pay-N-Save  
Yoakum County  
Coop Gin  
Linda Lowrey  
Chamber of Commerce  
T-TEX Fertilizer  
Plains Farm Supply, Inc.  
Plains Appliance Center**



## Weaving Program Presented For Art Association Meeting

A program on weaving was presented by Nancy Briscoe and Joyce Watts at the regular meeting of Yoakum County Art Association Feb. 2 in the clubroom. A loom and various types of woven, hand dyed clothing were displayed.

Use of plants to dye natural wool was also described.

### Book Review To Be Given

Eleanor Simpson will present a book review Feb. 25 in the Heritage Room of Yoakum County Library. Sponsored by Tsa Mo Ga Study Club, the 1:30 p.m. program is designed to encourage senior citizens to read and attend the monthly reviews.

Tsa Mo Ga sponsors a book review for senior citizens each fourth Thursday of the month. Four senior citizens attended the review in January. All senior citizens are encouraged to attend the Thursday, Feb. 25 review.

### Commissioners' Court

Yoakum County Commissioners Court convened Monday in special session with all members present.

A report of taxes collected for January 1988 was approved. At the request of Sheriff Jim Rice, the probationary period for Betty Clampitt was removed, granting a \$50 per month raise effective Feb. 1.

Commissioners approved a resolution providing support to the establishment of an enhanced 9-1-1 Emergency Telephone System.

Hospitalization insurance proposals were heard from Don Crawford, Transport Life and Karen Stallings, Blue Cross/Blue Shield. A proposal received by mail from Texas Association of Counties was not considered since advertisement stated oral proposals. Decision will be made Feb. 22.

Architect Walter Pate discussed status of the new hospital plans. No action was taken.

Twenty-five members and guests, Wilma Powell, Mary Jo StRomain and April Horn, attended. Following a valentine theme, hostesses Fleta Taylor, Pat Altman and Martha Harrel served vegetables, dips, chips, hot tea, apple cider, Cokes and cookies.

Inetta Teaff presided over the business session. A report of the November Bazaar was given and members reminded they may still contribute to the building fund.

### THE MAN WHO SOLD HOT DOGS

There was a man who lived by the side of the road and sold hot dogs. He was hard of hearing so he had no radio.

He had trouble with his eyes so he read no newspapers.

But he sold good hot dogs.

He put up signs on the highway telling how good they were.

He stood on the side of the road and cried: "Buy a hot dog, Mister?"

And people bought.

He increased his meat and bun orders.

He bought a bigger stove to take care of his trade.

He finally got his son home from college to help him out.

But then something happened. His son said, "Father, haven't you been listening to the radio?"

Haven't you been reading the newspapers?

There's a big depression. The European situation is terrible.

The domestic situation is worse." Whereupon the father thought,

"Well, my son's been to college, he reads the papers and he listens to the radio, and he ought to know."

So the father cut down on his meat and bun orders, took down his advertising signs, and no longer bothered to stand out on the highway to sell his hot dogs.

And his hot dog sales fell almost overnight.

"You're right, son," the father said to the boy.

"We certainly are in the middle of a great depression."



YOAKUM COUNTY CHILDREN'S PROTECTIVE SERVICES SPECIALIST, Candi Seaton, center, visited with members of ABWA Monday, Feb. 15, explaining the various aspects of child abuse. Pictured at left and right are hostesses, Linda Wall and Bonnie Earnest.

## Child Abuse Program Given For ABWA Meeting Monday

Candi Seaton, Children's Protective Services Specialist with the Texas Department of Human Services, was guest speaker Monday evening for the regular meeting of Texas Plains Charter Chapter of ABWA.

Meeting in the Heritage Room of Yoakum County Library, Ms.

Seaton explained there are three types of child abuse, physical, sexual and emotional.

Hostesses for the meeting were Linda Wall and Bonnie Earnest. Others attending were Kathy Jones, Dolores Davis, Clara Williams, Janelle Brantley, Carolyn Culwell and a guest, Judy Fitzgerald.

## Peggy Squyres Reviews Book, "Aunt Erma's Cope Book"

Peggy Squyres reviewed Erma Bombeck's newest book, "Aunt Erma's Cope Book", for members of

theme of the program directed by Mary Jo StRomain.

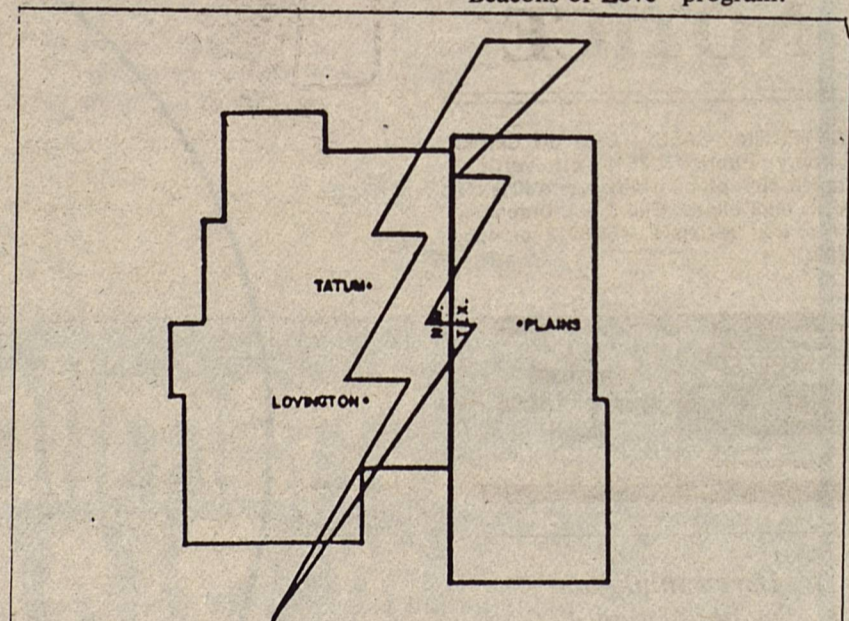
Tsa Mo Ga Club Monday evening. Hostesses for the meeting in the Heritage Room of Yoakum County Library were Linda Kennedy and Latrell McDonnell.

Plans were made for a fund raiser. Members will accept donations for a quarter of beef to be given away at the Chamber of Commerce Banquet April 28.

"Beacons of Love" was the



TSA MO GA CLUB MEETS with Peggy Squyres giving book review and Mary Jo StRomain presents "Beacons of Love" program.



### OTHER ENERGY POSSIBILITIES - SUNSAT

Satellite power stations consisting of large numbers of photovoltaic cells could convert sunlight into electricity and send it to earth using microwave beams. Years of research & testing lie ahead to make this potential alternative commercially attractive.

LEA COUNTY ELECTRIC COOPERATIVE, INC.

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Plains, TX

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## Extension Agent Reports Sugar Misconceptions

During this time of year, sugary desserts and candy abound, to the delight of those who crave sweets and the concern of those who believe they are "bad for you".

People seem to have many misconceptions about refined sugar which influence their attitudes, if not their actions, when it come to what they eat, says Mary D. Williams, Yoakum County Extension Agent, Home Economics.

A common misconception is that natural sugar, such as that found in orange juice, is a better source of energy than the refined sugar you get from soft drinks, candy or desserts.

The fact is that sugar is sugar in whatever form. Each form contains four (4) calories per gram and is used by the body similarly.

The difference is that foods with natural sugars typically have other nutrients, like vitamin C, potassium and folic acid in orange juice. Foods containing refined sugar, such as soft drinks, frequently have no vitamins and minerals, but are also high in fat and sodium.

Another myth is that you are more likely to experience a "sugar

high" from refined sugar than from the natural sugar in foods. The fact is that raisins and other foods containing natural sugars elevate blood sugar and create a "sugar high" just like refined sugar.

It is not necessary to avoid foods with refined sugar to maintain a nutritious diet. But, you should make sure that most of the foods you eat have a variety of nutrients and that you are getting enough exercise to burn off extra calories from sugar-rich foods.

### FEBRUARY Expirations

Joe Aninos  
Danny Bell  
Buddy's Auto Parts  
Ace Hamm  
David Kight  
Darrel Lowrey  
Neal Newsom

## NOTICE

WINTERTIME SALE -- 25% off Carole Drapery Fabrics, 35% off vertical drapes, 50% off mini blinds, and 40% off micro mini blinds. Call J & L Draperies for a free estimate. 456-6012 or 456-8902. 41/F



If you think your health insurance is too expensive —

Let's Talk About It!  
456-2790

TheTravelers

Yoakum County  
Farm Bureau

## Tri State Management

ALL NATIVE GRASSES - PRICE ON REQ.  
ERMELLO LOVEGRASS - \$2.75 PLS LB.

### CONTACT:

Bill Cheek - Lamesa  
(806) 872-7290 - Day  
(806) 872-5211 - Night

**HOMESTYLE**  
**"Full Meal Deal"**  
only — **\$2.59**  
Sunday, Feb. 14 thru Sunday, Mar. 6

The sweetest deal in town is the Dairy Queen Full Meal Deal. With a juicy quarter-pound Homestyle Hungr-buster. Golden french fries. Your favorite ice-cold soft drink. And a creamy 5-ounce Dairy Queen sundae with your choice of topping. The \$2.59 Full Meal Deal. It's a steal.

**Dairy Queen**



 <b>Coca Cola</b> 16 OZ 6 PAK <b>\$1.99</b>	 FRITO LAY CHEESE DIP <b>\$1.39</b> 9 OZ. CAN <b>Tostitos</b> REGULARLY \$2.69 <b>\$1.79</b>	 PAPER TOWELS <b>Bounty</b> JUMBO ROLL <b>69¢</b>	 BATH TISSUE <b>Charmin</b> 4 ROLL PKG. <b>97¢</b>
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 REG./NO SALT CUT GREEN BEANS OR CS-WK GOLDEN CORN <b>Del Monte</b> 16 OZ. CANS <b>2.87¢</b>	 BETTY CROCKER READY TO SPREAD FROSTING <b>\$1.39</b> 15 OZ. CAN <b>Mixes</b> 18 OZ. BOX <b>769¢</b>	 75¢ OFF LABEL DIAPERS <b>Luvs</b> 66 SML/48 MED/32 LGE <b>\$9.19</b> BOX	 CASSEROLE <b>Pintos</b> 4 LB. BAG <b>\$1.17</b>
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**DEL MONTE SPECIALS**

DEL MONTE FRENCH SLICED GREEN BEANS	16 OZ. CANS	<b>2.87¢</b>
DEL MONTE REG./NO SALT SWEET PEAS	17 OZ. CANS	<b>2.87¢</b>
DEL MONTE REG./NO SALT WHOLE SPINACH	15 OZ. CANS	<b>2.87¢</b>
DEL MONTE TOMATO CATSUP	32 OZ. JUG	<b>97¢</b>
DEL MONTE PEELED/DICED/STEWED TOMATOES	14.5 OZ. CAN	<b>57¢</b>
DEL MONTE TIDBITS/CHUNKS/SLICED/SPEARS/CRUSHED PINEAPPLE IN JUICE	15 OZ. CAN	<b>57¢</b>
DEL MONTE BLENDED PINEAPPLE-ORANGE DRINK	44 OZ. BTL.	<b>\$1.57</b>
DEL MONTE BLENDED PINEAPPLE-GRAPEFRUIT	44 OZ. BTL.	<b>\$1.57</b>
DEL MONTE BLENDED APPLE-CHERRY DRINK	44 OZ. BTL.	<b>\$1.57</b>
DEL MONTE BLENDED STRAWBERRY DRINK	44 OZ. BTL.	<b>\$1.57</b>
DEL MONTE SEEDLESS RAISINS	6 CT. PKG.	<b>87¢</b>

**GREAT MEALS BEGIN HERE!**

**Pay-n-Save**

QUALITY AND SERVICE

WE WILL NOT INTENTIONALLY SELL ANY GROUND BEEF UNDER 80% LEAN & WE PLEDGE TO MAKE OUR GROUND BEEF AT LEAST TWICE A DAY.

LEAN TRIM FAMILY PAK 8 TO 11 ASSORTED CHIPS

**Pork Chops**

**\$1.59**

LB.

LOTS OF MEAT

**COUNTRY STYLE PORK RIBS**

LB. **\$1.59**

LEAN TRIM CENTER CUT PORK CHOPS	LB.	<b>\$1.99</b>	COUNTRY SKILLET FARM GROWN FROZEN CATFISH	LB.	<b>\$2.49</b>
LEAN TRIM FRESH BUTT PORK ROAST	LB.	<b>\$1.59</b>	SELECT SLICED YOUNG BEEF LIVER	LB.	<b>89¢</b>
LEAN TRIM FRESH PORK STEAK	LB.	<b>\$1.69</b>	SHURFINE WHOLE HOT REG. OR HOT PORK SAUSAGE	1 LB. ROLL	<b>\$1.49</b>
			SHURFINE WHOLE HOT REG. OR HOT PORK SAUSAGE	2 LB. ROLL	<b>\$2.97</b>

13 OZ. CLUSTERS, 12 OZ. TOTAL 8 OZ. TRIX, OR 13 OZ. CHOCOLATE OR VANILLA ICE CREAM CONES

**CEREAL**

**\$1.89**

BOX

**BIG & DERBY**

FRESH ICEBERG

**Lettuce**

**59¢**

HEAD

U. S. NO. 1 RUSSET

**POTATOES**

**49¢**

5 LB. BAG

**PRODUCE SPECIALS**

FLAME SEEDLESS GRAPES	LB.	<b>69¢</b>
CALIFORNIA FRESH GREEN BROCCOLI	2 LBS.	<b>\$1.00</b>
FRESH MEXICAN-LARGE SIZE PINEAPPLE	EACH	<b>99¢</b>

**GROCERY SPECIALS**

75¢ OFF LABEL DASH DETERGENT	72 OZ. BOX	<b>\$2.57</b>
IVORY SOAP	4 BAR PKG.	<b>87¢</b>
ULTRA PAMPERS	66 SML/48 MED/32 LGE. BOX	<b>\$9.69</b>
AUNT JEMIMA ASSORTED CORNMEAL MIXES	2 LB. BOX	<b>57¢</b>
SUNSHINE COOKIES VIENNA FINGERS	16 OZ. PKG.	<b>\$1.57</b>
SUNSHINE HYDROX COOKIES	16 OZ. PKG.	<b>\$1.57</b>
EASY ON SPRAY STARCH	22 OZ. CAN	<b>87¢</b>

**FROZEN FOODS & DAIRY**

LADY BORDENS ICE CREAM	1/2 GAL. CTN.	<b>\$2.59</b>
BORDENS 1% HOMO MILK	1 GAL. CTN.	<b>\$1.89</b>
BIRDSEYE COOL WHIP	16 OZ. CTN.	<b>\$1.37</b>
AUNT JEMIMA ORIG./WESTERN TOASTER BROWNS	7 OZ. PKG.	<b>97¢</b>
VAN DE KAMP STICKS/ FISH FILLETS	23 OZ. BOX	<b>\$3.17</b>
CHICKEN/BROC./RICE GREEN GIANT	10 OZ. PKG.	<b>\$1.57</b>
GOLDRUSH ASSORTED BARS	6 CT. PKG.	<b>\$1.89</b>
ASSORTED SOFT FROZEN YOPLAIT	6 CT. PKG.	<b>\$1.89</b>

**HEALTH & BEAUTY**

NUPRIN PAIN RELIEF FORMULA CAPLETS	50 CT. BTL.	<b>\$3.37</b>
ASSORTED SHAMPOO PERT PLUS	7 OZ. BTL.	<b>\$1.97</b>
ASSORTED SECRET SOLID	2 OZ. SIZE	<b>\$2.27</b>

**Pay-n-Save**

QUALITY AND SERVICE

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

AMERICAN OWNED AND OPERATED

PRICES EFFECTIVE FEBRUARY 22-27, 1988