

The

Borden Star

Borden ★ Dawson ★ Garza ★ Howard ★ Lynn ★ Scurry

Volume XXXVI

January 14, 2015

2015 Borden County Jr. Livestock Show a Success

Borden County 4-H and Gail FFA members recently participated in the 2015 Borden County Jr. Livestock Show at Gail, Texas. Fifty 4-H and FFA members exhibited a total of 19 steers, 15 lambs, 28 goats, and 56 swine at this year's county stock show.

Judges for the event were:
Classifier: Greg Gruben - Snyder, Tx

Showmanship Judge: Scott Brewer - Ackerly, Tx

Steer Judge: Bryan Reynolds - Tahoka, Tx

Lamb and Goat Judge: Conner Newsome - Levelland, Tx

Swine Judge: Zach Wilcox - Sweetwater, Tx

Steer Show

British:

1. Aubree Blissard
2. Flint Roberts
3. Flint Roberts
4. Mason Coor

Breed Champion: Aubree Blissard

Reserve Breed Champion: Flint Roberts

LW American:

1. J. W. Nix
2. Thomas Nix
3. Erin Nix
4. Payton Merket

HW American:

1. Aubree Blissard
2. Colbin Briley
3. Thomas Nix
4. Ben Nix

Breed Champion: J. W.

Nix

Reserve Breed Champion: Aubree Blissard

LW European:

1. Laney Stansell
2. Flint Roberts
3. J. W. Nix

HW European:

1. Myka Blissard
2. Myka Blissard
3. Payton Merket
4. Payton Merket

Breed Champion: Myka Blissard

Reserve Breed Champion: Laney Stansell

Grand Champion Steer: Myka Blissard

Reserve Grand Champion Steer: Laney Stansell

GRAND CHAMPION STEER

- Myka Blissard - received a jacket donated by Shirly Newton given in memory of Doyle Newton; a buckle donated by Gerry & Julie Smith; \$100.00 and a monogrammed backpack given In Memory of Borden Gray by the Borden Gray Family.

RESERVE GRAND CHAMPION STEER

- Laney Stansell - received jacket donated by Brent & Pat Murphy and a buckle donated by Ralph & Dewey Fay Miller.

Donors of the class award are: Scott & Inez Clayton, Mickey & Shirley McMeans, Tim & Carol Wilson, Ben & Paula Miller, and BCJLA.

Recipients of these awards were: J. W. Nix, Myka Blissard, Aubree Blissard, Colbin Briley and Laney Stansell.

Lamb Show

Finewool:

1. Kaylee Walker
2. Tres Spencer

Breed Champion: Kaylee Walker

Reserve Breed Champion: Tres Spencer

Fine Wool Cross:

1. Lukas Grantham
2. Merik Valentine
3. Tres Spencer
4. Kaylee Walker

Breed Champion: Lukas Grantham

Reserve Breed Champion: Merik Valentine

Southdown:

1. Braxton Coor

Breed Champion: Braxton Coor

LW Medium Wool:

1. Lukas Grantham
2. Braxton Coor
3. Mason Coor

MW Medium Wool:

1. Lukas Grantham
2. Merik Valentine
1. Klancey Kleck
2. Kell Kleck
3. Kelby Kleck

Breed Champion: Lukas Grantham

Reserve Breed Champion:

(Continued to Pg. 4)



Dare to Live Without Limits

By Bryan Golden

Take A Break

Your schedule is packed. There never seems to be enough time. You have more to do than will fit into 24 hours. You are physically tired and mentally stressed. These are some of the symptoms of today's hectic lifestyle.

What can you do to recharge and make life more manageable? One of the best ways of coping is to take a break. This provides you with an opportunity to recharge mentally and physically. Taking breaks is more than just a good idea, it's essential.

The need for sleep demonstrates how important breaks are. Sleep is a biologically required break. Without enough sleep, you are incapable of functioning. In addition to adequate sleep, regular breaks enable you to reduce stress and fatigue while enhancing your overall ability to deal with everything on your plate.

Without breaks, you are operating at full throttle. What would happen if you constantly drove your car with the gas pedal against the floor? The engine would break down in short order. If you treat yourself the same way, you will also burn out.

You need regular, short breaks as well as periodic longer ones. A common mis-

conception is that taking a break reduces productivity. Just the opposite is true. People who incorporate breaks into their lifestyle substantially outperform those who don't. They get more done in a shorter period of time.

In addition to stress and fatigue, there are a number of other recognizable signs indicating you need a break. Lack of focus, boredom, anxiety, a short temper, distraction, and reduced precision are some of the symptoms.

There are a variety of strategies available to you. Meal-times are a perfect opportunity to take a number of daily breaks. While eating, don't work, discuss work, or drive. Your body can not properly digest food when you are stressed. Regardless of how little time you have, sit down and relax. Listening to music, conversing with friends, reading from a book, or sitting quietly are a few suggestions.

Don't overlook the importance of a proper diet. Food is your fuel. You won't function properly if it's defective. Junk food may be enjoyable but it is not a meal replacement. Use common sense. Candy, donuts, and cakes don't qualify as a

(Continued to Pg. 6)

Back to Back Wins Brings Coyotes Record to 11-5

By Coach Edwards

The Borden County Varsity squad had a productive week winning two games in a convincing way.

Early in the week the Coyotes traveled to Wilson to take on the Mustangs. Borden was clicking on cylinders. They made a season high 38, 2-point field goals and four buckets beyond the arc to beat Wilson, 89-33.

Corbin Sumners scored nine of the teams 20 first quarter points to get the going early. The Mustangs only managed to score eight points in the quarter. Borden won the second period as well outscoring Wilson 17-9 and going into halftime with a 37-17 lead.

Sean Tucker's nine point third quarter and Korbin Martinez's eight points sparked a season high 29 point third quarter. Borden's defense became stingy allowing only three points in the quarter. Hunter Jones caught on fire in the final stanza scoring seven of the teams 23 points. The Mustangs finally hit double digits scoring 13 in the quarter.

Tucker led the team in scoring with 19 points followed by Sumners and Jones with 17 points. Martinez finished the night with 12 points. Trace Richey added 10 points and Diego Bernal with eight points. Riley Herridge chipped in six points.

Later in the week, Borden faced 3A foe, the Coahoma Bulldogs. The Bulldogs came into the contest with a record of 9-7 and their head coach, Kim Nichols, was seeking his 500th career victory. However, the Coyotes wanted to postpone any celebration for their

opponent.

The first quarter would be a decision making quarter. The Coyotes came out attacking and never looked back outscoring Coahoma, 24-6. Sean Tucker knocked in seven points and Trace Richey with six points in the quarter. Borden outscored the Bulldogs 12-10 in the second frame to take a 36-16 lead at the half.

Borden knocked down three shots from three point land, but was outscored 16-15 in the third frame. The Coyotes stayed tough in the fourth period outscoring the Bulldogs 14-9 winning the game, 65-41. The victory runs Borden's record to 11-5 on the season.

Tucker and Korbin Martinez led the Coyotes with 11 points followed by Trace Richey with 10 points. Hunter Jones finished with nine points while Corbin Sumners and Diego Bernal knocked in eight points. Riley Herridge added six points and Braxton Barnes chipped in two points.



Tournament Champs! The Borden Pups won the championship trophy in the Spur Invitational. Pictured are (back left to right) Aaron Rathbun, Brad Thomas, Anthony Lopez, Jeremy Souder, Jacob Avey, Leandro Gray (manager), (front left to right) Latham Huckaby and Jason Robinson.

Pups Celebrate District Win and Tourney Championship

By Coach Edwards

The Borden County Junior High Hoopsters had a productive week winning a district game and a tournament.

The Junior High squad started their second half of district against the Highland Hornets. Borden jumped out to an

18-6 lead in the first quarter and never looked back. The Coyotes dominated the second quarter outscoring Highland 16-4 going into halftime with a 34-10 lead.

The second half was much the same. Highland scored seven points in the quarter, but Borden added 11 points to take a 45-17 lead into the final period. The Coyotes stayed hot on both ends of the court outscoring the Hornets 16-0 in the fourth and winning the game, 61-17.

Ben Justice led all scorers with 22 points. Payton Merket added 14 points and Riley Lewis with 11 points. J.W. Nix knocked in eight points while Will Yarbrough finished with six points.

The Jr. High boys are 6-0 on the season.

The Borden 7th grade squad traveled to Spur to play in a Junior High tournament. Highland had to drop out due to weather. Therefore, Borden had to play Spur twice. Point differentiation would be the tie breaker.

In the first game, Borden jumped out to a 12-6 lead in the first half. The Coyotes outscored Spur 13-8 in the second half to win the contest, 25-14.

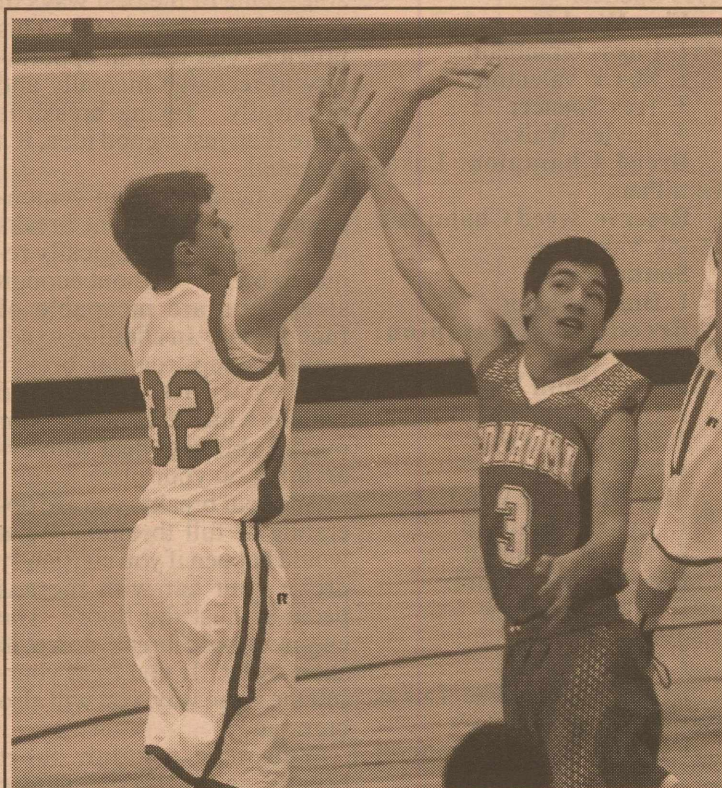
Jeremy Souder led all scor-

ers with 12 points followed by Anthony Lopez with 10 points. Jake Avey chipped in two points and Latham Huckaby with one point.

In the second game, the Bulldogs found the hot hand scoring 11 points in the first quarter and Borden only managed four points. Spur outscored the Coyotes 5-2 in the second period taking a 16-6 lead at the half.

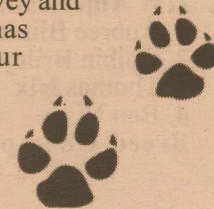
Borden needed a strong half to either win the game or at least close the gap so it would give them the point's advantage. The Coyotes had a great third quarter scoring 16 points and allowing six to the Bulldogs tying the game 22-22 headed into the final quarter. Spur, however, would outscore the Coyotes 6-2 in the last quarter to win the contest 28-24. But because of the super effort in the second half, the Coyotes won the tie breaker and winning the tournament.

Souder led the team in scoring with 10 points. Huckaby knocked in six points followed by Avey and Brad Thomas with four points.



Senior Coyote, Sean Tucker shoots for two against the Coahoma Bulldogs. The Coyotes defeated the Bulldogs 65-41 making their season record 11-5.

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Spur Tournney Champs!



The Borden 7th & 8th Grade Ladies are crowned champions of the Spur Tournament this past weekend. Pictured are (left to right) Dymon Gomez, Emily Todd, Lindsey Brantley, Makenzie Milhauser, Tatum Treadwell, Hailey Lowery, Olivia Reyes, Brooke Swaffar, Kaitlyn Cribbs, Reina Hernandez, Maegen Bland and Kaile Hernandez.

Junior Girls Win Spur Tournney

By Coach Skelton

The Lady Coyotes second team traveled to Spur Saturday to play their first Tournament of the season.

The first game pitted them against the host school Spur. The Lady Coyotes took an early 10-6 after the first quarter, but lost the second 4-3, and clung to three point lead heading into the half.

The Lady Coyotes didn't lose another quarter outscoring Spur 7-4, and 7-6 to win their first round game 27-20. McKenzie Milhauser led the charge for the Lady Coyotes in the first half scoring 6, and then Tatum Treadwell took over the scoring duties in the second half scoring 7.

Scorers: Tatum Treadwell-9, McKenzie Milhauser-6, Brook Swaffar-4, Meaghan Bland-3, Dymon Gomez-2

The second game was against Crosbyton, and the Lady Coyotes picked up where they had left off scoring 16 first half points while holding Crosbyton to just 4. The second half was more of the same, but the defense amped up which led to more offense, and the Ladies outscored their opponent 22-4. The win against Crosbyton secured them the Championship.

Scorers: Brook Swaffar-8, Meaghan Bland-6, McKenzie Milhauser-6, Dymon Gomez-6, Kaitlyn Cribbs-2, Emily

Todd-2, Kaile Hernandez-2, Reina Hernandez-2, Olivia Reyes-2, Tatum Treadwell-1.

Junior Girls Roll Past Highland 41-14

By Coach Skelton

The Junior High Lady Coyotes played host to the Highland Lady Hornets January 5th.

Madi Cole and Emma Key combined for fourteen points in the first quarter of last Monday's game against Highland Lady Hornets. The Lady Coyotes pressure defense shut out the visiting Hornets in the first quarter with Paige Holbrooks and Rayme Jones adding points Paige with four and Rayme with two, and the first half the ended with the Lady Coyotes up 29-4.

The Lady Hornets made a push in the third and outscored the Lady Coyotes 10-2, but in the fourth the Lady Coyotes responded by going on a 10-0 run to in the game. Final score Lady Coyotes 41 Lady Hornets

14 Scorers: Emma Key 9, Madi Cole 7, Brittany Walker 7, Kami Key 4, Paige Holbrooks 4, Meaghan Bland 4, Mayka Bilssard 2, Rayme Jones 2, Tesla Rinehart 2,

Ladies Drop Season Opener

By Coach Skelton

The Lady Coyotes opened their season opener by hosting the Lady Panthers of Whitharral on November 11th. The Lady Coyotes started the game with four girls making their first career varsity start. The game started off well, and the Lady Coyotes Sophomore Sydnee Jordan's six first quarter points were down 10 to 9 after the first quarter.

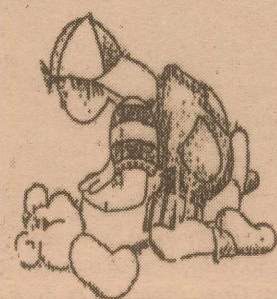
The second quarter came and went and the Lady Coyotes were down 19-16 at the half. The Lady Coyotes played defense well enough to stay close, but struggled to make shots and after the final horn sounded the Lady Coyotes were defeated by the Lady Panthers 38-25

Scorers: Sydnee Jordan-8, Tatum Richey-4, Zoie Key-4, Bailey Robinson-4, Preslea Hall-3, and Savannah Herridge-2.



We're always here for you in case of an Emergency! Just Call Us ...

BORDEN CO
806/759-5111



School Lunch Menu

Jan. 19-23, 2015

Menu subject to change

Monday - Breakfast: Sausage Biscuit, Fruit Juice and Milk. Lunch: Chicken Sandwich, Hamburger Garnish, Potato Rounds, Western Beans, Diced Pears and Milk.

Tuesday - Breakfast: Oatmeal Round & Yogurt, Fruit Juice and Milk. Lunch: Asian Chicken & Rice, Baby Carrots, Steamed Bocoli, Chilled Pineapples, Sugar Cookie and Milk.

Wednesday - Breakfast: Waffles & Sausage, Fruit Juice, Fruit, and Milk. Lunch: Tex-Mex Stack, Spanish Rice, Salsa, Refried Beans, Garden Salad, Hot Cinnamon Apples and Milk.

Thursday - Breakfast: Cinnamon Roll, Fruit Juice, Fruit and Milk. Lunch: Steak Fingers & Gravy, Roll, Oven Fries Corn, Carrots w/Ranch, Fresh Fruit and Milk.

Friday - Breakfast: Animal Crackers & Cheese Stick, Fruit Juice, Fruit and Milk. Lunch: Chicken Parmesan, Breadstick, Green Beans, Salad, Apple Slices and Milk.

This institution is an equal opportunity provider.

*The
Borden
Star*

Borden County Jr. Livestock Show Results...

(Continued from Pg. 1)

Lukas Grantham

Grand Champion Lamb: Lukas Grantham

Reserve Grand Champion Lamb: Lukas Grantham

GRAND CHAMPION

LAMB - Lukas Grantham received a jacket donated by Hurst Farm & Supply; a buckle donated by Mike & Tammy Valentine; and a monogrammed backpack given In Memory of Corky and Verna Ogden by the Ogden Family.

RESERVE GRAND CHAMPION LAMB - Lukas Grantham received a jacket donated by Roy & Loveta Josey and a buckle donated by Valentine Show Lambs.

Donors of the class award are: Freddy & Lee Roberts, Gary & Connie Stipe, Cliff & Sandy Price, Cody G. Hill and BCJLA. Recipients of these awards were: Klancey Kleck, Kaylee, Walker, Lukas Grantham, Braxton Coor, Mason Coor and Merik Valentine.

Goat Show

Class 1:

1. Cheyenne Tucker
2. Brooklyn Gray
3. Kennedy Tucker
4. Ashlyn Tucker
5. Cheyenne Tucker
6. Blane Justice

Class 2:

1. Sydni Coor
2. Katie Gray
3. Avery Wright
4. Kennedy Tucker
5. Ashlyn Tucker
6. Avery Price
7. Ben Justice
8. J. Tom Price
9. Joel Andrade

Class 3:

1. Tres Spencer
2. Braxton Coor
3. Tres Spencer
4. Jenna Holbrooks
5. Dallie Miller
6. Dallie Miller
7. Avery Price

Class 4:

1. Tres Spencer
2. Paige Holbrooks
3. Dallie Miller
4. Dallie Miller
5. Paige Holbrooks

Grand Champion Goat: Tres Spencer

Reserve Grand Champion Goat: Braxton Coor

GRAND CHAMPION

GOAT - Tres Spencer received a jacket donated by Clayton Williams Ranch Company; a belt buckle donated by Creative Awards; and a

monogrammed backpack given In Memory of Caden Nowlain given by the Caden Nowlain Family.

RESERVE GRAND CHAMPION GOAT - Braxton Coor received a jacket donated by Freddy and Lee Roberts; and a belt buckle donated by Price Construction.

Donors of the class award

are: Clay Cowart, Bob & Terri Buchanan, Cliff & Sandy Price and BCJLA. Recipients of these awards were: Cheyenne Tucker, Sydni Coor, Tres Spencer and Paige Holbrooks.

Swine Show

LW Black OPB:

1. Jayton Lewis
2. Hayley Gray
3. Trent Lewis
4. Laney Stansell

Grand Champion Steer



Grand Champion Steer exhibited by Myka Blissard. Also pictured is Bryan Reynolds, Steer Judge.

Grand Champion Swine



Grand Champion Swine exhibited by Brooklyn Gray (bottom second from right). Also pictured is (back l to r) Dorothy Gray, Borden Gray, Glen Gray, Lisa Gray, (front l to r) Zach Wilcox-Swine judge, Katie Gray, Brooklyn and Hayley Gray.

HW Black OPB:

1. Katie Gray
2. Riley Lewis
3. Taylor Horton

Breed Champion: Katie Gray

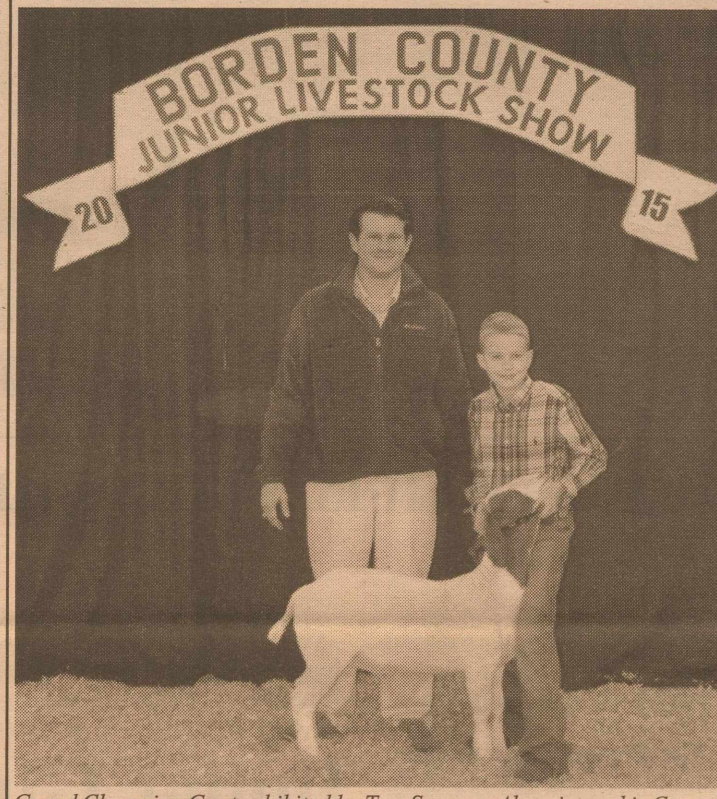
Reserve Breed Champion: Jayton Lewis

LW White OPB:

1. Merik Valentine
2. Kenley Dean

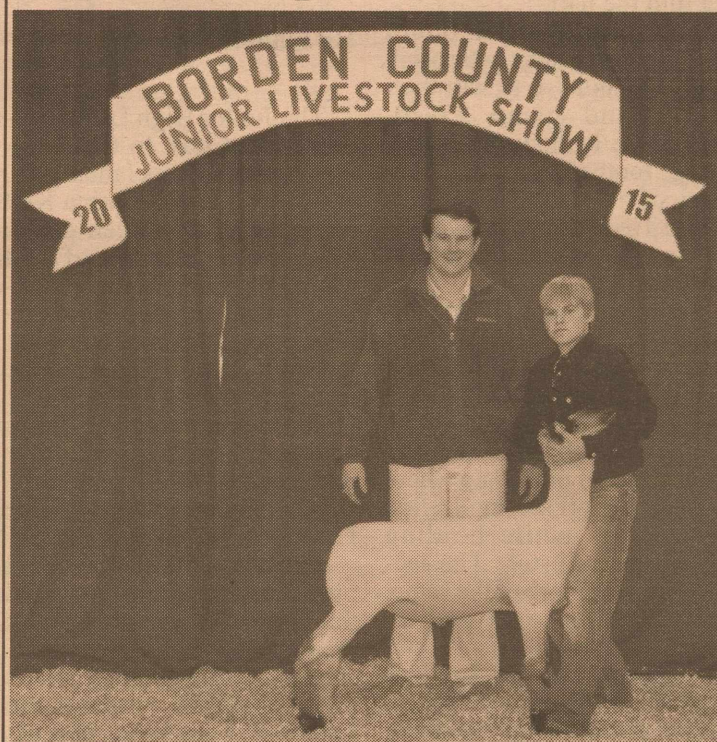
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Grand Champion Goat



Grand Champion Goat exhibited by Tres Spencer. Also pictured is Conner Newsome-Goat judge.

Grand Champion Lamb



Grand Champion Lamb exhibited by Lucas Grantham. Also pictured is Conner Newsome-Lamb judge.

Borden County Jr. Livestock Show Results...

(Continued from Pg. 4)

3. Kable Kleck
HW White OPB:
 1. Laney Stansell
 2. Erin Nix
Breed Champion: Laney Stansell
- Reserve Breed Champion:** Erin Nix
LW Duroc:
 1. Jayton Lewis
 2. Katie Gray
 3. Hayley Gray

- MW Duroc:**
 1. Mason Coor
 2. Clayton Addison
 3. Clayton Addison
HW Duroc:
 1. Rexie Sanders
 2. Brooklyn Gray
 3. Maddie Benavidez
Breed Champion: Mason Coor

- Reserve Breed Champion:** Clayton Addison
LW Hamp:
 1. Riley Lewis
 2. Jayton Lewis

3. Hayley Gray
 4. Braxton Coor
 5. Kable Kleck
 6. Kell Kleck
MW Hamp:
 1. Jacob Phinizy
 2. Mason Coor
 3. Laney Stansell
 4. Keigan Benavidez
 5. Keigan Benavidez

- HW Hamp:**
 1. Rexie Sanders
 2. Laney Stansell
 3. Taylor Horton
 4. Kenley Dean

Breed Champion: Rexie Sanders

Reserve Breed Champion: Jacob Phinizy

- LW Cross:**
 1. Trent Lewis
 2. Jacob Phinizy
 3. Kylee Dean
 4. Kylee Dean
 5. Merik Valentine

- MW Cross:**
 1. Brooklyn Gray
 2. Ben Nix
 3. Laney Stansell
 4. Jacob Phinizy
 5. Laney Stansell
 6. Kylie Barnes
 7. Savannah Barnes

- HW Cross:**
 1. Rexie Sanders
 2. Tres Spencer
 3. Jenna Holbrooks
 4. Paige Holbrooks
 5. Maddie Benavidez
 6. Braxton Barnes
 7. Kelby Kleck
 8. Klancey Kleck

Breed Champion: Brooklyn Gray

Reserve Breed Champion: Trent Lewis

Grand Champion Swine: Brooklyn Gray

Reserve Grand Champion Swine: Rexie Sanders

GRAND CHAMPION

SWINE - Brooklyn Gray received a jacket donated by Lisa Ludecke; a belt buckle donated by Max & Jane Jones, Monte & Deidre Smith, and Buddy & Kip Wallace; and a monogrammed backpack given In Memory of Margaret Sharp by Ross & Sarah Sharp.

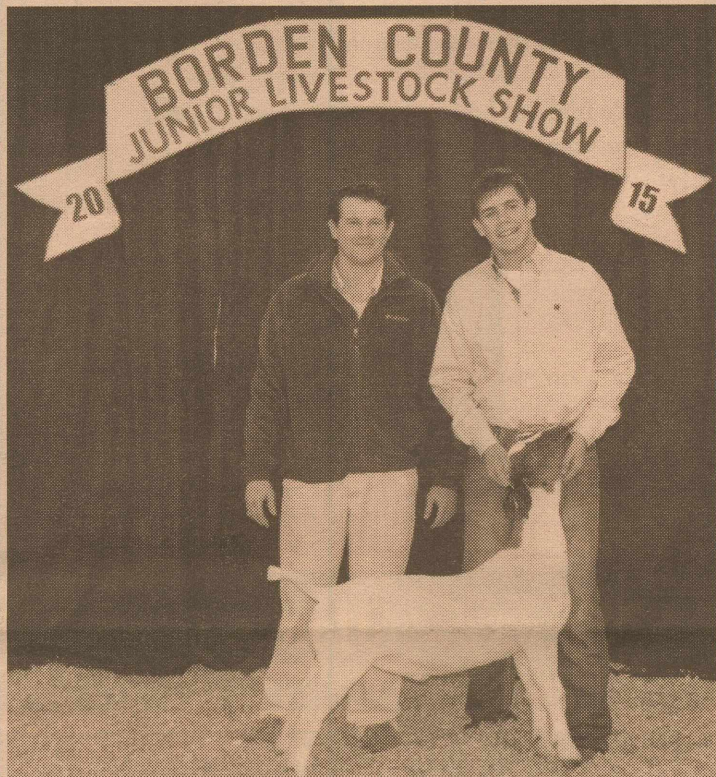
RESERVE GRAND CHAMPION SWINE - Rexie Sanders received a monogrammed jacket donated by Hurst Farm & Supply; and a belt buckle donated by Scott & Brandi Brooks and Clayton Williams Ranch, Co.

Donors of the class award are: Randy & Donelle Hensley, Ross & Sarah Sharp, Lisa Ludecke, Jimmy & Kim Thomas, Jibber & Cindy Herridge, Benny & Angie Taylor, Frank & Joyce Herridge, Bob & Terri Buchanan, Randy & Verna Adcock, William & Juna Roper and BCJLA.

Recipients of these awards were: Jayton Lewis, Katie Gray, Kenley Dean, Erin Nix, Hayley Gray, Clayton Addison, Rexie Sanders, Riley Lewis, Jacob Phinizy, Taylor Horton,

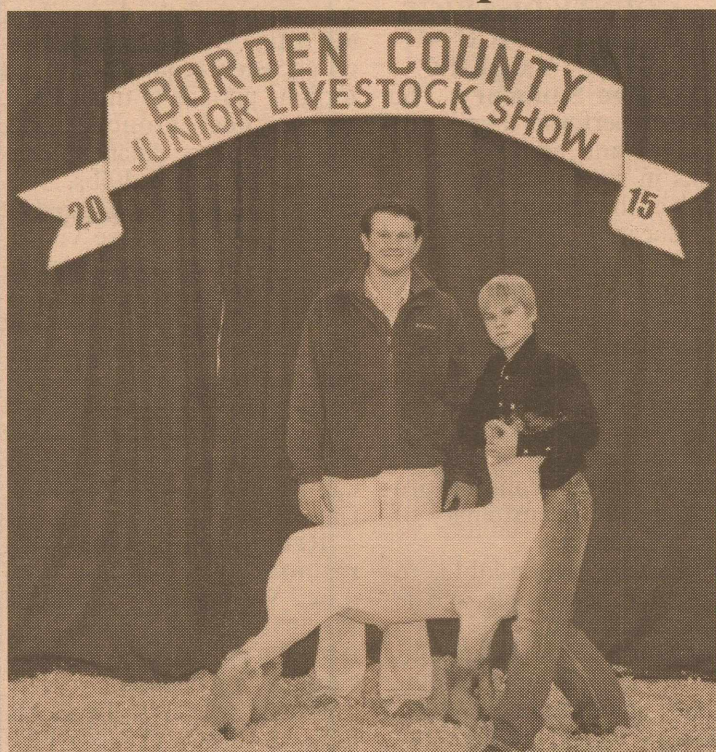
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Reserve Grand Champion Goat



Reserve Grand Champion Goat exhibited by Braxton Coor. Also pictured is Conner Newsome-Goat judge.

Reserve Grand Champion Lamb



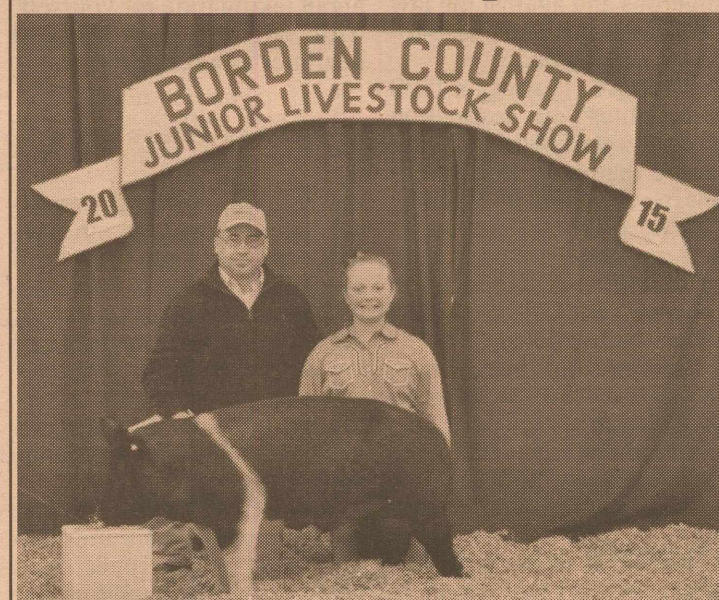
Reserve Grand Champion Lamb exhibited by Lucas Grantham Also pictured is Coner Newsome-Lamb judge.

Reserve Grand Champion Steer



Reserve Grand Champion Steer exhibited by Laney Stansell. Also pictured is Bryan Reynolds-Steer judge.

Reserve Grand Champion Swine



Reserve Grand Champion Swine exhibited by Rexi Sanders. Also pictured is Zach Wilcox-Swine judge.

TEXAS A&M
AGRILIFE
EXTENSION

Heart and Home... 

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Facebook: Borden County Extension and 4-H
Blog: http://agrilifeextensionbordenfcs.wordpress.com

Educational programs of the Texas A&M Agrilife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

Making a New Year's Resolution? Here's one to save lives, including your own!

While eating more fruits and vegetables and parking as far away from the supermarket as possible will help improve your health in 2015, here's a resolution that can impact the lives of others, as well as your own life. Make a resolution in 2015 to put down the phone when you are driving and to not drive distracted! While all notions of self-improvement have their value, driving is one area where our actions can affect not only ourselves but other drivers and passengers on the road. Motor vehicle crashes continue to take their toll. According to the Texas Department of Transportation, in 2013 there was an increase in the number of crashes caused by distracted driving – especially fatal crashes caused by cell phone use.

Cell phones are a major distraction, but not the only distraction to drivers. Adjusting radios and GPS devices, loose pets, eating in the vehicle, and applying makeup are just some of the other distractions in your car. However, research shows that texting is among the most dangerous forms of distracted driving. Sending or reading an average text takes drivers' eyes off the road for 4-5 seconds. That means at 55 miles per hour, a texting driver would travel the length of a football field without looking at the road – as if blindfolded! That's something none of us would consciously consider doing! Any time you take your hands off the wheel, your eyes off the road, and especially your mind off your driving, you put yourself, your passengers, and others on the road at risk.

Making a resolution to not drive distracted in 2015 can very well mean saving a life! Some of the leading causes of traffic deaths are distracted driving, impaired driving, and

people not wearing seat belts. Resolve to give driving your full attention, and protect yourself and others on the road. Although young drivers are at greatest risk from distraction, parents and other adults should set the example by not using a cell phone in the car.

Follow the Governors Highway Safety Association's tips to prevent distracted driving (<http://www.ghsa.org>):

- **Turn it off and stow it.** Turn your phone off or switch it to silent mode before you get in the car. Then stow it away so that it's out of reach.

- **Spread the word.** Record a message on your phone that tells callers you're driving and will get back to them when you're off the road, or sign up for a service that offers this feature.

- **Pull over.** If you need to make a call, first pull over to a safe area.

- **Use your passengers.** Ask a passenger to make the call or respond to a text for you.

- **X the text.** Don't ever text and drive, surf the web, or read your email while driving. It's dangerous and against the law in most states. Even voice-to-text isn't risk-free.

- **Prepare.** If using a GPS device, enter your destination before you start to drive. If you prefer a map or written directions, review them in advance. If you need help while driving, ask a passenger to assist you, or pull over to a safe location to change your GPS or review your map/directions.

- **Secure your pets.** Unsecured pets can be a big distraction in the car.

- **Mind the kids.** Pull over to a safe place to address situations involving children in the car.

- **Focus on driving.** Multi-tasking behind the wheel is dangerous. Refrain from eat-

Dare to Live...

(Continued from Pg. 1)

meal.

There are others strategies you can use to break up your day. Changing or varying tasks is a good way to reduce boredom. Doing so can also get you out of a mental block. If you spend a lot of time sitting, get up and walk around. Even if you can only stand up and stretch you will feel better.

Some people find a quick five or ten minute nap to be very refreshing. You do this right at your desk or in a parked car. Some employers even encourage napping by providing quiet lounges. It may take some creativity but the benefits of a nap are worth it.

Outside of work, recreational activities provide an enjoyable break. You can find a hobby, read, volunteer, engage in a sport, or take a class. Something that requires your participation is preferable to passive pursuits. Being a constant couch potato doesn't provide long term benefits.

Taking vacations are a great way to unwind. However, if you take work with you, it's not a true vacation. Vacations don't have to be long or expensive. A day trip or a weekend away will give you with an opportunity to recharge.

Regardless of what strategy works best for you, taking frequent breaks provides numerous benefits. Don't feel guilty about taking time for yourself. You will be happier and healthier as a result.

ing, drinking, reading, grooming, smoking, and any other activity that takes your mind and eyes off the road.

Make a commitment to not drive distracted. Go to <http://www.distraction.gov/content/take-action/take-the-pledge.html> to download a pledge and share it with friends and family.

Make 2015 the year you quit the distraction habit and help save lives on our roads! And while you're at it buckle up and live!

www.edwardjones.com

When it comes to your to-do list, put your future first.

Decisions made in the past may no longer be what's best for the future. To help keep everything up to date, Edward Jones offers a complimentary financial review.

A financial review is a great opportunity to sit face to face with an Edward Jones financial advisor and develop strategies to help keep your finances in line with your short- and long-term goals.

To find out how to get your financial goals on track, call or visit today.



Jamie K Crnkovic
Financial Advisor

8905 Benbrook Blvd Ste H
Benbrook, TX 76126
817-249-4219

Edward Jones
MAKING SENSE OF INVESTING

Member SIPC

Help Wanted

BORDEN COUNTY JOB OPENING COUNTY/DISTRICT CLERK OFFICE - DEPUTY CLERK

Position Summary: This position performs a variety of clerical and administrative tasks in support of the functions of the department.

Education, Experience and Skill Requirements:

High school diploma or equivalent requires knowledge of computers and proficiency in Windows environment, database management strategies, Excel, PC hardware, printers, word processing, a working knowledge of scanning process and other customary office equipment.

Must be dependable, responsible, personable, and detailed oriented; Ability to maintain strict confidentiality. Must be competent in handling money and **must** be Bondable. Must have good problem solving skills and be able to meet

attendance requirements.

Physical conditions commensurate with the demands of the office - The employee is on occasion required to stand for long periods of time, walk, stoop, kneel, crouch, bend, crawl, climb or balance. Frequently lift up to 40lbs. Specific vision abilities required by this job include close vision, peripheral vision, depth perception and ability to focus.

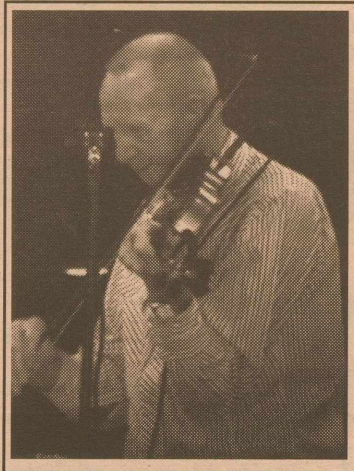
Mainstream business attire required. Background check will be conducted.

Applications are available at the Borden County/District Clerk's Office, Borden County Courthouse, 117 E Wasson, Gail, Texas.

Return applications and resumes no later than 4:00 p.m., Wednesday, January 21, 2015, to the County/District Clerk's Office Borden County Courthouse.

BORDEN COUNTY IS AN EQUAL OPPORTUNITY EMPLOYER

Obituaries



**Frank "Fiddler"
Herridge**
1928 - 2015

Celebration of life services for Frank (Fiddler) Herridge, 86, of Gail, was held Tuesday, January 14, 2015 at 10 am, at the Crestview Baptist Church of Lamesa with Brother Randy Hardman and Reverend Charles Empey officiating. Interment with military honors followed in the Gail Cemetery under the direction of Branon Funeral Home. The family received friends and relatives from 6-8 pm Monday, January 12, 2015 at Branon Funeral Home 403 N. Austin Street, Lamesa, Texas.

Services are under the personal direction of the professionals at Branon Funeral Home. "The angels gathered at his side to escort him home, Friday, January 9, 2015, where he was welcomed into the arms of his Heavenly Father." Frank was born February 19, 1928 in Marie, Texas to the late George Washington and Clara Ann (Dylone) Herridge. He served in the United States Army Air Corp during WWII. Frank married Norma Joyce Hampton in Paint Rock, Texas, on November 12, 1960. He was an oil transport truck driver for 24 years and then self employed. Frank was best known for his ability to play guitar and fiddle and his artistic talent. He was a long time member of the First Baptist Church of Gail. At the age of 75, Frank returned to school and received his high school diploma.

Frank was preceded in death by a grandson, Caden Terry Nowlan, brothers, Bert, George

and sisters, Maxine, Elizabeth, Lucille, Alameda, and Katie B.

Those left to honor and cherish his memory are his loving wife, Norma Joyce Herridge, sons; Frank Maurice (Mo) Herridge and wife Tondra, of Lamesa, Norman Joe (Jibber) Herridge, and wife Cindy, of Gail, Patrick Weldon (Fuzzy) Herridge and wife Becky, of Gail, daughter, Joyce Marie Green of Winters, sister, Vivian Christen, grandchildren, Cody Nowlan, Seleste Herridge, Maeghan Herridge, Riley Herridge, Savannah Herridge, Tim Green and Brandye Russell and great granddaughter, Maylee Nowlan.

Memorials may be made to the First Baptist Church of Gail building fund, P.O. Box 297 Gail, Texas 79738 or the Borden County EMS. P.O. Box 342, Gail, Texas 79738.



Harry Middleton
1928 - 2014

Harry Middleton, 86, a life-long Big Spring resident, passed away Wednesday, December 31, 2014 in Lubbock, Texas. Funeral services were held at 1:00pm on Monday, January 5, 2015 at the First Presbyterian Church of Big Spring with Tom Koger officiating. Interment followed at Mount Olive Memorial Park.

The family received friends from 2:00pm to 4:00pm, Sunday, January 4th at Nalley-Pickle & Welch Funeral Home.

Harry was born October 18, 1928 in Big Spring to Robert V. and Louise Middleton. He married Janet Hightower on June 24, 1955 in Garden City, Texas. Together, they built a life that included a love of rodeos, ranching, and horse rac-

ing.

Harry graduated from Texas Tech University in 1954 with a Bachelor's degree. He also served in the United States Army during the Korean Conflict. But it was on his land, farming and ranching for more than 60 years where Harry was always most at home.

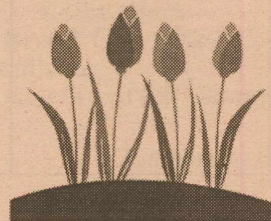
Harry was a devoted member of the First Presbyterian Church and served as a Deacon for many years. He was also a member of Staked Plains Lodge 598 and Suez Shrine Temple. He was a member and past president of the Big Spring Cowboy Reunion and Rodeo and served on the board of directors of the Big Spring Heritage Museum.

He is survived by his loving wife, Janet of Big Spring; daughter Candy Brown and husband, Jacky of Midland; son John Middleton and wife, Cindy of Big Spring; granddaughters Kim Fishpaw and husband Jim of Fort Worth and Lauren Craig and husband, Cody of Lubbock; grandsons Jake Brown of San Angelo and Clay Brown of Lubbock; four great-granddaughters Victoria, Raegan, Kellan Fishpaw and Ellie Craig; sister Vivien Buckner of Big Spring; two nephews Robert Buckner and Barry Hobbs and two nieces Paula Jones and Marie Kauss.

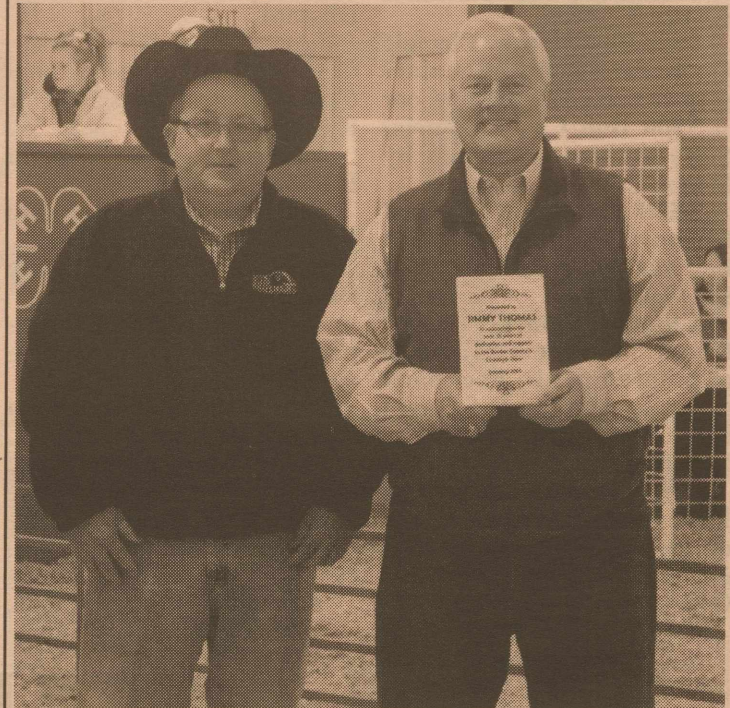
The family suggests memorials be made to the First Presbyterian Church, P.O. Box 2222, Big Spring, Texas 79721 or the Heritage Museum, 510 Scurry, Big Spring, Texas 79720.

Arrangements under the direction of Nalley-Pickle & Welch Funeral Home & Crematory of Big Spring. Online condolences may be made at www.npwelch.com

- See more at: <http://www.npwelch.com/obituary/harry-middleton/#sthash.Ys7e5AJL.dpuf>



Thomas Receives Award for Service



Mr. Jimmy Thomas (right) is presented a plaque from the Borden County Junior Livestock Association in thankfulness for his 25 years of support and service to the organization. Mr. Thomas helped to raise over a quarter of a million dollars for BCJLA during his stay.

Stansell Pump

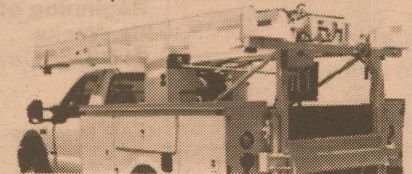
1051 Opossum Hollow Rd.
Fluvanna, TX 79517

Complete Water Well Services

Joshua Stansell

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Office: 325-573-4157



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Borden County Jr. Livestock Show Results...

(Continued from Pg. 7)

Trent Lewis, Brooklyn Gray and Jenna Holbrooks.

OTHER AWARD WINNERS

\$500 Big Country Electric Cooperative, Inc. Scholarship - received by Mason Coor

\$500 Don Cox Memorial Scholarship - received by Mason Coor

\$500 Aubrey Lankford Memorial Scholarship and belt buckle - received by Mason Coor

Champion Duroc - Mason Coor received a monogrammed backpack given In Memory of David Holmes by the Kent Holmes Family.

Champion White OPB - Laney Stansell received a monogrammed backpack given In Memory of Clint O'Brien by the Monte Smith

Family.

Elementary Beef Showmanship Buckle - Aubree Blissard

donated by Dr. & Mrs. Church, West Texas Animal Clinic, Snyder, Texas and C & R Livestock Inc.

Junior Beef Showmanship Buckle - J. W. Nix

donated by Daniel and Becky Nix

Senior Beef Showmanship Buckle - Flint Roberts

donated by 44 Cattle Company and Steve & Becky Beaver

Top Beef Showmanship Buckle - Myka Blissard

donated by Van and Barbara York

Elementary Lamb Showmanship Buckle - Tres Spencer

donated by Gavitte Creek,

Inc. - Ralph Miller

Junior Lamb Showmanship Buckle - Lukas Grantham

donated by Randy & Donelle Hensley and John Ward

Senior Lamb Showmanship Buckle - Mason Coor

donated by Brent & Pat Murphy and John Ward

Top Lamb Showmanship Buckle - Merik Valentine

donated by Lone Star Ag Credit - Sweetwater, Tx

Elementary Goat Showmanship Buckle - Jenna Holbrooks

donated by Sharp Image Energy, Inc.

Junior Goat Showmanship Buckle - Ben Justice

donated by Jacquie Whalen and given In Memory of David

Dennis

Senior Goat Showmanship Buckle - Ashlyn Tucker donated by Kurt & Jeannie Coor

Top Goat Showmanship Buckle - Avery Wright

donated by Mack & Jane Terry and Ray Don, Jana & Raylea Underwood given In Memory of Caden Nowlain

Elementary Swine Showmanship Buckle - Laney Stansell

donated by Christeen Ledbetter and given In Memory of Herman Ledbetter

Junior Swine Showmanship Buckle - Riley Lewis

donated by R.M. Livestock, L.P.

Senior Swine Showmanship Buckle - Braxton Coor

donated by Tommy Woolam of Woolam Gin

Top Swine Showman

Buckle - Katie Gray donated by Dr. & Mrs. Church, West Texas Animal Clinic, Snyder, Texas

Over All Showman Buckle - Merik Valentine

donated In Memory of Don Cox by Donna, Rex and family

Top Hand Award - Tres Spencer

Jacket given by BCJLA

Outstanding 1st Year Exhibitor - Ben Nix

Monogrammed backpack given by BCJLA

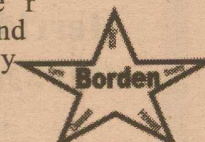
Caden T. Nowlain Memorial "Helping Hand" Buckle - received by Merik Valentine

given In Memory of Caden Nowlain by Cindy &

J i b b e r

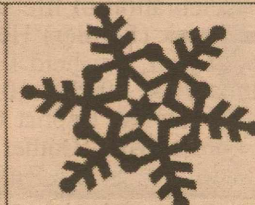
Herridge and

C o d y Nowlain.



JANUARY 2014

* Denotes District Basketball Game



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3 *BB vs. Dawson- 4:00 GB	4
Christmas Holidays						
5	6 Beginning of 4 th Six Weeks JH BB @ Dawson 6:00 OAP Practice-6:30	7 *BB @ O'Donnell- 4:00 gGbB	8	9 JV Forsan Tourney OAP Practice-6:30	10 *BB vs. Sands- 4:00 GB	11 Forsan JV Tourney Speech Tournament @ Texas Tech
12	13 JH BB vs. Loop 6:00 OAP Practice-6:30	14 *BB vs. Wellman-4:00 gGbB	15	16 OAP Practice-6:30	17 *BB @ Grady- 4:00 gGbB	18 Speech Tournament @ Hereford
19	20 NFL Student Congress @ Frenship JH BB vs. Grady 6:00 OAP Practice 6:30	21 *BB @ Loop- 4:00 gGbB	22	23 OAP Practice-6:30	24 HOLIDAY PROGRESS REPORTS *BB vs. Klondike- 4:00, gGbB	25 JH Sands Tournament UIL Practice Meet @ Morton
Borden County Jr. Livestock Show						
26	27 JH BB vs. Klondike- 6:00 OAP Practice-6:30	28 Spring Pictures *BB @ Dawson- 4:00 gGbB	29	30 OAP Practice-6:30	31 BB vs. O'Donnell- 4:00, gGbB	