

# The

# Borden Star

Borden ★ Dawson ★ Garza ★ Howard ★ Lynn ★ Scurry

Volume XXXVII

July 6, 2011

## Dare to Live Without Limits

By Bryan Golden

### Money-Part 1

Financial issues are a significant factor influencing one's quality of life. Economic challenges consume an inordinate amount of time and energy. Monetary problems are a major point of contention in numerous relationships and responsible for many breakups. There are many misconceptions about money.

The chief misunderstanding is that money causes problems and changes people. It's how money is utilized that determines the effect it has. More money doesn't mean fewer problems and less money doesn't mean more problems. There are wealthy people who are miserable and broke people who are happy.

Overcoming financial obstacles entails changing behavior and attitude. You must take responsibility for your situation and rely only on yourself to make changes. Blaming others or expecting someone else to fix things, locks you into your current circumstances while ensuring endless disappointment.

There is only one financial problem, not having enough money. There are two solutions, increase income and/or reduce expenses. Regardless of your occupation, you are paid because you help solve problems. The greater the

problems solved, the higher the income. Therefore, increasing your level of service elevates your earnings.

Broke and poor, although used interchangeably, are radically different concepts. Broke means you don't have enough money right now. Poor is an attitude. Someone is poor when they don't believe in themselves or their ability to be self-sufficient. A poverty attitude is a trap and a self-fulfilling prophecy.

Erroneous mental programming causes people to believe they are poor. They think they will never amount to anything and so they don't. Breaking out of a poverty mentality begins with an improved self-image. You need to have faith in yourself and your capabilities. Visualize yourself where you want to be rather than where you are.

Understanding the difference between cash flow and profitability is a prerequisite for surmounting financial challenges. Here's an example. You change jobs and your annual salary doubles from \$40,000 to \$80,000. Your income is your cash flow.

Your expenses were \$50,000 when you were making \$40,000. Now that you are

(Continued to Page 3)

## Texas AgriLife: Scattered Rain Too Little, Too Late

Texas crops are suffering from severe drought conditions across the state and, even with some scattered precipitation in recent days, the Texas AgriLife Extension Service says it may be too little, too late for some producers. In the Texas Panhandle and South Plains region, Nicholas Kenny with Texas AgriLife says there will be little to no dryland crop production based on precipitation accumulation this year.

"Certainly, there's going to be no dryland corn, sorghum is going to be questionable, and if it continues like this, there will be no dryland cotton to speak of," Kenny said in a Texas AgriLife report. "We've had a lot of germination issues. A lot of people who have planted and just been sandblasted and sun-blasted so badly that they're running out of time to be successful at all." Irrigated crops were surviving, he said, but with as much as 0.6 inch of moisture being lost per day from evapotranspiration, irrigators were running center pivots around the clock just to keep up with water needs, he said. He added that high commodity prices should offset the increased costs of constant irrigation pumping. In Central Texas, some areas received rain, but area conditions remain extremely dry and

high winds continue to be an issue. Stock pond levels were low along with hay supplies. Many producers are buying silage to feed livestock, according to Texas AgriLife reports. East Texas, which normally receives the most rain annually in the state, also has suffered from lack of precipitation. In the last two weeks, parts of the region received as much as seven inches of rain, which raised lake and pond levels and

improved pastures. However, agronomists say that much more moisture was needed throughout the area to relieve stressed forages and crops. Along with the dry weather, grasshoppers continue to be a problem for farmers and ranchers. Cotton planting is finished in West Texas, but the outlook is bleak for cotton production, according to

(Continued to Page 2)

### Local Children Get Up Close View of Medical Helicopter



Native Air medical transport helicopter was in Gail recently and presented the Borden County EMS service with a landing zone class as well as safety around the helicopter. While here several children EMS service were thrilled to get a lesson on the helicopter. They enjoyed trying on flight helmets and viewing the interior.

# Cigarette Litter Poses Fire Hazards in Texas

**AUSTIN, Texas** — Smokers who toss cigarette butts out vehicle windows not only face a littering fine up to \$500, they also could pose a fire risk to someone's home and property.

Nearly the entire state is experiencing extreme or exceptional drought, and drivers who litter cigarette butts put the state at risk for wildfires.

"Not only is littering against the law, it's a public safety issue," said Brenda Flores-Dollar, program administrator for the Texas Department of Transportation's Travel Information Division. "Don't Mess with Texas urges smokers year-round to keep their cigarette butts in their car and dispose of them properly. It's even more important during this worsening drought."

TxDOT, which manages the state's Don't Mess with Texas litter prevention campaign, is addressing the wildfire threat by putting the message "Texas is not your ashtray" on 21 Don't Mess with Texas billboards across the state.

Additionally, Don't Mess with Texas and TxDOT will use social media to focus on

## Scattered Rain Too Little...

*(Continued from Page 1)*

crop specialists and the U.S. Department of Agriculture's Farm Service Agency. Dryland cotton in the area is a total failure, says Texas AgriLife, as there was not enough moisture to promote germination and emergence. Extreme heat and low rainfall in South Texas is taking a toll on produce. However, farmers are harvesting watermelons. Some areas show signs of overgrazing as producers contemplate hay storage and cattle herds across the state. Many ranches are out of grasses for grazing. Kenny added that most producers can't afford to provide supplemental feed to livestock any longer, and they will continue to cull herds.

Texas Farm Bureau <http://www.txfb.org/>

preventing tobacco litter among their combined 20,000 followers.

According to the latest Visible Litter Study (NuStats, 2009) commissioned by TxDOT, tobacco trash, including nearly 400 million cigarette butts, made up the majority of litter (43 percent of the 1.1 billion pieces of trash) on Texas roads in 2009. The campaign's

Litter Attitudes and Behaviors Study (Stadia, 2009) found that smokers who litter cigarette butts are more likely than non-smokers to litter other items.

Six in 10 (62%) Texans who smoke admit they or someone they were with threw butts out the window of a vehicle.



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- ✓ Doubles as your ATM card
- ✓ Accepted anywhere you see the MasterCard symbol, yet there are no credit charges.
- ✓ Money to pay for your purchases is deducted from your checking account.



State National Bank

Big Spring Lamesa O'Donnell



*(Left) Buster and Jean Taylor in Mexico in December, 2010 and (bottom) in 1951.*

## Taylor's Celebrate 60th Wedding Anniversary

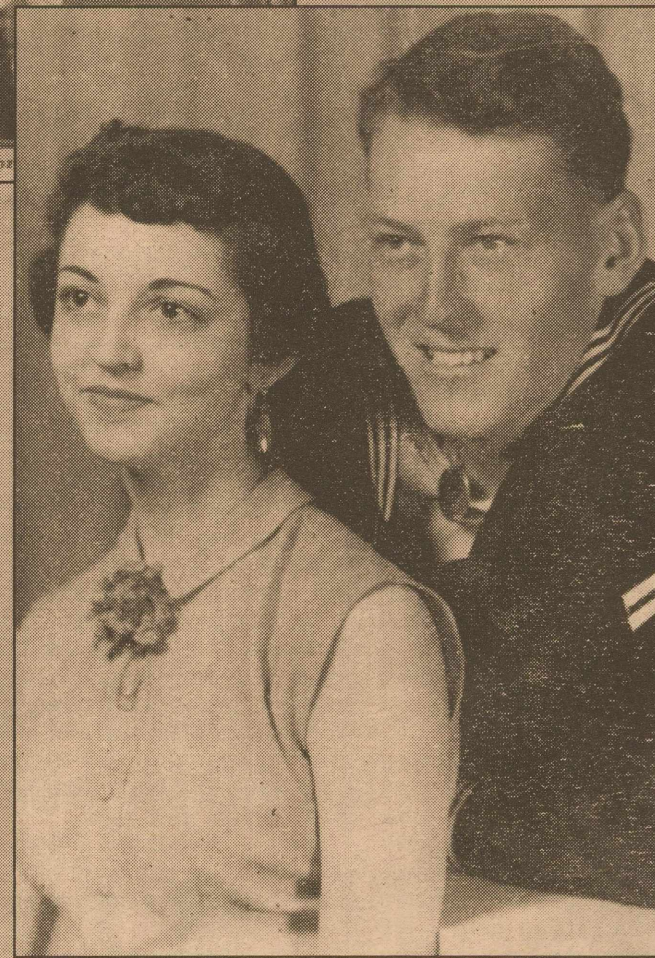
Buster and Jean Creighton Taylor of Gail were married on July 6, 1951 in Yuma, Arizona while Buster was stationed in San Diego, California, serving in the United States Navy.

After being discharged from the Navy in November of 1954 the couple moved to El Paso where Buster was employed with Texaco Oil Com-

pany. The couple moved to Borden County in 1965.

They have five children: Darrell of College Station, Texas, Melissa of Manhattan, Kansas, Creighton of Amarillo and Benny and Tim of Borden County.

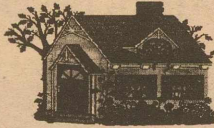
Buster and Jean also have seven grandchildren and two great grandchildren.



**AgriLIFE EXTENSION**  
Texas A&M System

**Heart and Home ...**

by Julie Smith  
Borden County Extension Agent-Family and Consumer Sciences



Educational programs of the Texas AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

## Stretch Your Grocery Dollars

It seems that our grocery budgets are not going as far as even 6 months ago. Prices do not seem to be dropping anytime soon. Here are some helpful tips to help you stretch your grocery budget.

### Planning Shopping Trips

- Keep a pad and pencil handy for jotting down foods as they run low. Encourage all family members to add to the list.

- Don't shop with a hungry or tired child, or when you are hungry.

### At the Store

- Stick to your shopping list; avoid impulse purchases. However, watch for "in store" specials that you know you can use.

- When buying a food for the first time, buy a small amount in case you don't like it.

- Use in-store flyers to find items on sale.

- Invest in staple foods like canned fruit, tuna, or sauces when they are on sale.

- Avoid buying pre-cut fresh foods; cut your own to save money.

- Use coupons only for foods you would normally buy and if a cheaper store brand is not available.

- Buy a larger package only if the unit price is cheaper (check shelf label) and if you will use it all before it goes bad.

- Buy store brands; they usually are similar to brand name products but cost less.

### Other Tips for Saving Money

- Plan meals around items that are on sale, especially costly items like meat and fish.

- Select canned and frozen foods when they are cheaper than fresh; avoid foods with added salt or sugars.

*Adapted from: Henneman, A. (2008). Supermarket Savings: 16 Tips that Can Total Big Bucks. Retrieved June 6, 2008, from <http://lancaster.unl.edu/FOOD/fm?j08.shtml>*

## Dare to Live...

(Continued from Page 1)

making \$80,000 your expenses have grown to \$90,000. Profitability is how much money you have left over after expenses. Your cash flow has doubled while your profitability has remained at a negative \$10,000.

Improving your financial situation is accomplished by boosting profitability. Increasing cash flow without improving profitability causes financial problems to persist and appear intractable. Profitability goes up when expenses go down.

Budget, debt, and expenses are all linked. Trouble starts when expenses exceed income. There are two categories of expenses: necessary and discretionary. Debt grows when people fail to cut down on elective expenses that exceed income.

Credit cards are used for most consumer debt. Attacking financial problems by increasing debt is like trying to dig your way out of a hole. Debt accumulation is a bottomless pit. If you don't have the money to pay for expenses today, where will it come from tomorrow?

Credit card debt is insidious. The cards are easy to get and convenient to use. Interest rates are high and making only the minimum payment perpetuates the debt. Credit card obligations can quickly mushroom to thousands of dollars or more.

Debt can be avoided by balancing expenses with income. Many discretionary expenditures are for items that rapidly lose their value, often before the debt is paid off. Debt only makes sense when it is incurred for purchases that appreciate in value and there is adequate income to pay it off.

Train yourself to live below your means, not beyond it. Begin managing your expenses by separating needs from wants. Beyond the basics of food, shelter, clothes, health, and transportation, most things are discretionary.

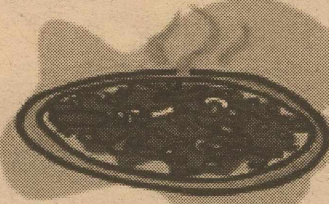
The next column will continue discussing the topic of money.

*Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at [bryan@columnist.com](mailto:bryan@columnist.com). O 2004 Bryan Golden*

Sponsored by District 2 Association of Extension 4-H Agents

## Food & Nutrition Tour & Workshop

Thursday, July 14, 2011



This is the last of the four part summer series sponsored by D2AE4-HA. If you have not participated in any other sessions, the cost to participate in this session will be \$10 per person. If you have participated in at least one other session, there will be no cost except lunch. RSVP to your County Extension Agent by July 7, 2011.

10:00 a.m.

**Dion's**  
905 University  
or  
2721 82nd Street Lubbock, TX

- You will help make pizzas and eat lunch.
- Your agent will let you know what location you will attend.
- Cost for 4-Hers lunch will be \$3.00.
- Adults will order at the menu.

11:30 a.m.

**Food & Nutrition Mini Workshop**

- Lubbock Extension Office, Bank of America Building, 810 Main Street, Suite 301 (Downtown across from the Courthouse)

Please to park in public parking not the bank customer

- parking
- register fee
- agenda

2 p.m. Service Learning at South Plains Food Bank, Hope Lodge and Ronald McDonald House.

Assignments for service learning projects will be announced at the Lubbock County Extension Office.

Educational programs of Texas AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

## Obituary

### Lois Rhoton 1926 - 2011

Lois Rhoton, 84, of Big Spring died Wednesday, June 29, 2011, at Scenic Mountain Medical Center. Graveside services will be held at 11:00 a.m. Thursday, July 7, 2011 at Mt. Olive Memorial Park with Derick Looney officiating.

She was born October 2, 1926, in Howard County to Callie and Alton Smith. She married Cromwell Rhoton, Jr. on February 15, 1944. They farmed and ranched in Luther Community. They were also Howard County election Judges. She was a volunteer for 4-H sewing and cooking and stock shows.

She is survived by her hus-

band: Cromwell Rhoton of Luther; one son: Brent Rhoton and his wife Jody of Sherman; two grandchildren: Katie Culifer and her husband Johnny of Tom Bean, and Jamie Rhoton of Sherman; one great grandson: Johnathan Culifer of Tom Bean; one brother: G.B. Smith and his wife Patsy of Big Spring; one niece: Tina Saucedo of Big Spring; and a number of cousins.

Arrangements were made by Myers & Smith Funeral Home. You may pay your respects online at [www.myersandsmith.com](http://www.myersandsmith.com).

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**AgriLIFE EXTENSION**  
Texas A&M System

## Leadership Success

### 2011 District 2 Officer Training

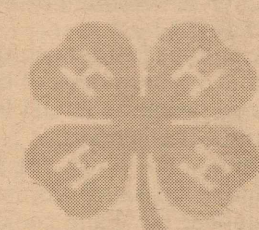
Sponsored by District 2 Association of Extension 4-H Agents

Thursday, July 7, 2011 2-5 p.m.

Office Liner Center, Plainview

Come and learn about:

- Officer Duties and Responsibilities
- 4-H Leadership Styles
- 4-H Quiz Bowl
- Leadership Games



Training will be followed by:

- District 2 Luncheon 5:00-6:00 p.m.
- District Council Meeting 6:00-7:00 p.m.
- District Council Dinner 7:00-8:00 p.m.

The Texas 4-Hers from the participating counties are invited to attend.

This is the third of the four part summer series sponsored by D2AE4-HA. The cost to participate is \$10 per person for the entire series. If you attended the C&T Tour and/or the Wind and Water Tour you have already paid. If not, you will pay \$10 for this tour and then you are eligible to attend the last activity as well.

The other series date is: July 14, Food and Nutrition Tour, Lubbock, Tx

RSVP to your County Extension Agent by July 11

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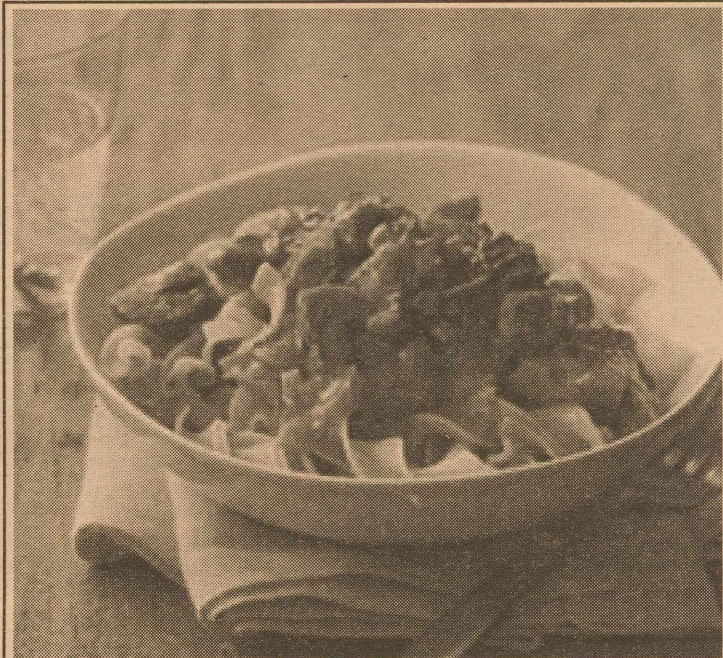


## BRANON

### FUNERAL HOME

403 N. Austin Avenue  
Lamesa, Texas 79331  
806-872-8335 Fax: 806-872-8336

*3rd & 4th generations still serving this area.*



### Slow Cooker Beef Stroganoff

Makes: 6 servings

Prep: 15 mins

Slow Cook: 4 hrs 30 mins (high) or 6 1/2 hours (low)

#### Ingredients

- 1 1/2 pounds beef chuck steak, trimmed and cut into 1/2-inch cubes
- 1 14 ounce package white mushrooms, cleaned and quartered
- 2 onions, finely chopped
- 2 tablespoons tomato paste
- 1 cup low-sodium beef broth
- 1/2 cup white wine
- 1/4 cup low-sodium soy sauce
- 1 cup reduced-fat sour cream
- 2 tablespoons cornstarch
- 1/4 teaspoon black pepper
- 6 cups cooked egg noodles (optional)
- 3 tablespoons chopped parsley (optional)

#### Directions

1. Combine beef, mushrooms, onions, tomato paste, broth, wine and 3 tablespoons of the soy sauce in slow cooker bowl. Cover and cook on HIGH for 4 hours or on LOW for 6 hours or until beef is tender.

2. In a small bowl, stir together sour cream, remaining 1 tablespoon soy sauce, cornstarch and black pepper; whisk into slow cooker bowl and cook an additional 30 minutes or until sauce has thickened. Serve over egg noodles and sprinkle with parsley, if desired.

6 Week Childbirth Preparation Class  
Tuesdays, 7:00pm - 9:00pm  
Cogdell Memorial Hospital Boardroom

Registered Nurses trained and skilled in Obstetrics teach expectant parents about:

- ◆ Birthing methods
- ◆ Pregnancy complications
- ◆ What happens after you give birth
- ◆ Breastfeeding and caring for your baby
- ◆ Safety for baby: Infant CPR, Choking and Shaken Baby Syndrome
- ◆ and much more

Childbirth classes will build your confidence in your body's ability to give birth.

You can discuss your fears about labor and birth with the instructors and other couples with the same concerns.

Your partner will learn about childbirth and how to support you on the big day. You may find that attending childbirth classes together will create a special bond.

Class schedules can be found at [www.cogdellhospital.com](http://www.cogdellhospital.com)  
Please register in advance using our online registration  
or by calling the OB department at 325 574-7150

As a service to our community there is no charge for these classes.  
Cogdell Memorial Hospital can be found on Facebook!

## APPRAISAL REVIEW BOARD FOR THE BORDEN COUNTY APPRAISAL DISTRICT, TEXAS

### Notice of Public Meeting of the Appraisal Review Board:

Notice is hereby given that a public meeting of the Appraisal Review Board of the Borden County Appraisal District will convene at 9:00 a.m. on Friday, July 8, 2011, at the meeting room in the county courthouse.

The board will hear and determine taxpayer and taxing unit appeals on all matters permitted by Texas Property Tax Code.

The Appraisal Review Board will be in session on other days, notice for which will be duly posted, until all timely filed appeals are heard and resolved.

This notice is given pursuant to the Open Meeting Act, Chapter 551, Government Code.

*Kristi Harrison*

Kristi Harrison, Chief Appraiser  
Borden County Appraisal District  
P O Box 298  
Gail, TX. 79738  
(806)756-4484



# Come Join Us!

## Vacation Bible School

### First Baptist Church-Gail

July 10 - 14, 2011

6:00 - 8:00 p.m.

Ages: K-5<sup>th</sup> (just ended)

Plus Youth!

Adult Class: 7:00 - 8:00 p.m.

Sunday Night-July 10<sup>th</sup>

All Church Street Party

6:00 p.m.

Come enjoy lots of food

and fellowship!

See ya there!!

I ♥ VBS

