

The

Borden Star

Borden ★ Dawson ★ Garza ★ Howard ★ Lynn ★ Scurry

Volume XXXVII

June 15, 2011

Dare to Live Without Limits

By Bryan Golden

Making a Good First Impression

You never get a second chance to make a good first impression. There is much truth to this commonly uttered declaration. Fair or not, a person's first evaluation of you forms the foundation for any subsequent relationship. Putting thought, care, and effort into every initial meeting works to the benefit of all.

Why should you care about the impression you make? Isn't it irrelevant what other people think? Although it doesn't matter what others say, think, or do, you don't live in isolation. Effectively communicating with others enhances your ability to make progress toward your goals. Functioning in society necessitates that you interact with others.

It is in this context where the impression you make either helps or hinders you. When someone forms a good impression it's far easier to communicate with them than if they don't. Making the effort to create a good first impression helps enhance your interpersonal skills.

Each person you come into contact with is worthy of the effort required to make a good impression. Don't judge a person by how they dress, how they speak, their physical appearance, or their age. Don't prejudge at all.

You don't want to make a good impression only with those you assume are in a position to do something for you. You never know who you will meet again in the future or what role they may play in your life.

Treat everyone as if they are the most important person to you and you will never go wrong. Even when interacting with a stranger you will never meet again, the effort you put into making a good impression will strengthen your character.

There are a variety of situations where you want to make a good first impression. At work, socially, and with strangers you probably will never see again. Rather than taking a different approach for each instance, develop a consistent style that works in all situations.

Before covering how to make a good first impression, let's review how to make a bad impression. To make a bad impression, show no interest in the other person. Talk about yourself without listening to what the other person has to say. Insult the other person or say something rude. Brag about yourself and your accomplishments. Belittle the other person. Make yourself

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Producers Facing Tough Issues During Extended Drought

By Mary Jane Buerkle

The final planting date has come and gone for most of the PCG service area, and the lack of rain will soon force some producers to make some tough decisions.

AgriLife Extension agents reporting at PCG's Advisory Group meeting today said that in general, about 80 percent of the irrigated crop has emerged, although it is suffering from the seemingly relentless hot wind and sand. Most of that cotton is in fair condition for now, they said. Those who have planted in a cover crop are seeing some benefit as their cotton is at least somewhat protected from the wind and sand.

As for the dryland crop, it's still a waiting game. With no significant rainfall in sight, projections are that High Plains producers could abandon about two million acres, almost half of the total crop for this area. Experts note that a 100 percent abandonment rate for dryland cotton has never happened on the High Plains, but that this could be the year.

What cotton has emerged looks to be behind in development and facing pressure from spider mites. In addition, if the area doesn't get some rainfall soon, irrigated producers will begin battling water availability issues which could put into jeopardy what crop they do have.

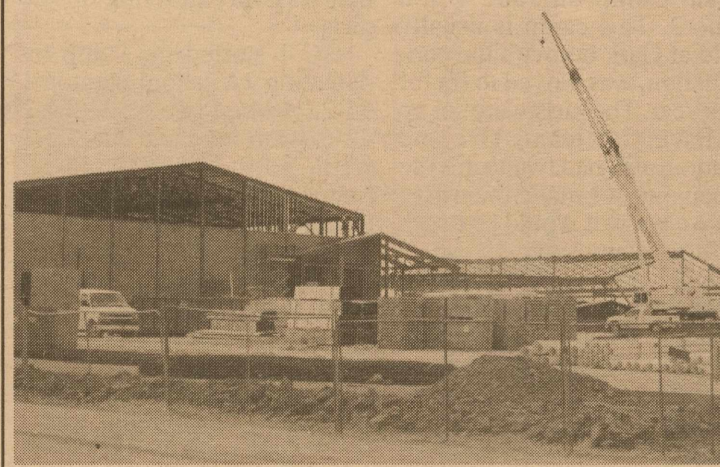
In last week's Cotton News, PCG staffer Shawn Wade discussed how PCG is working with the Risk Management Agency to address insurance issues related to dryland cotton planted into a terminated small grain cover crop such as wheat under a conservation tillage practice. Drought conditions such as what the High Plains is experiencing make it difficult to terminate these small grain crops before heading, but the lack of complete termination could make the field uninsurable.

PCG has asked the RMA to

clarify a number of issues regarding small grain crops and the insurability of non-irrigated cotton. PCG staff continues to work on these issues to provide relief for producers in what is already an extremely tough year.

What could be the most disheartening of all, though, is that the drought will cause many producers to likely not be able to reap the benefits of some of the highest cotton prices in their lifetime. As one area producer put it, "This two-dollar cotton sure is a lot harder to raise than that 60-cent cotton."

Borden County New Gymnasium



The looks of the Borden County campus are beginning to change as the construction of the new gym and new school building is into full swing.

BHS-Ex Receives 'Teacher of the Year' Award

Becky Copeland-Justice, a 1999 graduate of Borden High School, has been named the Teacher's Choice *Teacher of the Year* at the Garza Campus of the John H. Wood Charter School District.

The charter school, based in San Antonio, has a Garza Campus in Post, Texas—one of six campuses statewide. The schools are located in correctional or treatment centers but are compliant with TEA standards with regard to instruction for the high-risk students housed at these facilities.

Becky works with around 70 students (ages 10-21) in "Life College."

"I have the privilege of teaching real world applications and issues," said Becky. "My course includes instruction on a wide variety of topics such as relationships, finance, health and wellness, the legal system, college preparation, substance abuse, and more."

The May 27 Awards Assembly honored the former Borden County student at the facility in Post where she works. Special guests included Garza County Judge Lee Norman and Mr. Tyrene Green, Superintendent of the Garza County Juvenile Detention Center. Mr. Carlton Johnson, principal, presented Becky with the ac-

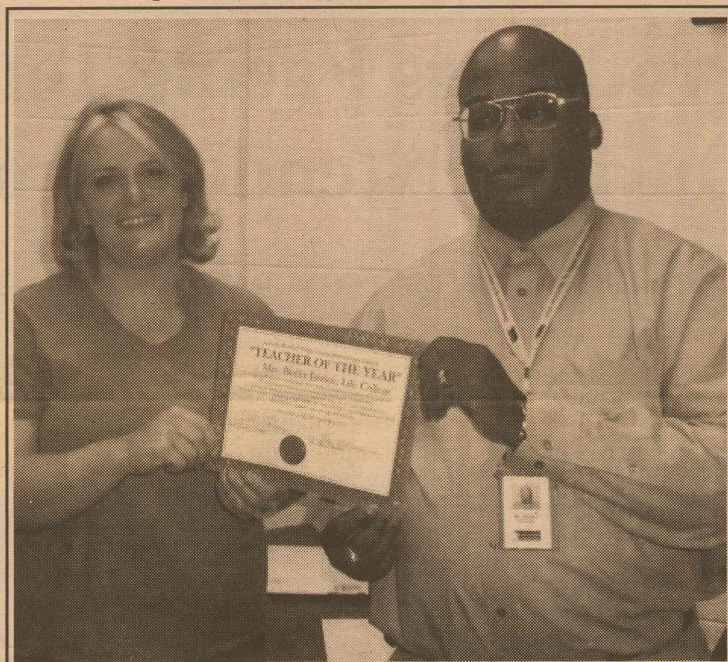
tual award.

"It has been such a pleasure working with the students at the Garza County Juvenile Detention Center, and I look forward to a productive and fun 2011-2012 school year," said Becky.

Not only does Becky have two Associate degrees from South Plains College, but she also graduated last year earning a Bachelors of Science degree in Criminal Justice from UTPB. Her plans are to begin

graduate school; in addition, she has been accepted into the ITeach Texas program.

Becky is the daughter of Dan Copeland of Gail and Brenda Copeland of Greenville, and the granddaughter of Bertie Copeland of Gail. She is married to Bryan Justice of Post. The couple has two children: Ben, a Fifth Grader, and Blane, a Third Grader (both students at Post Elementary).



Borden County graduate, Becky Copeland Justice recently received the Teachers Choice 'Teacher of the Year' Award.

Lady Coyotes Smalltown Champs Again!

By Chris Cooley

The Lady Coyote basketball teams played in the Smalltown Team Camp on June 1 and June 2. This camp is usually held at Gail, but with the construction, was moved to Ira for this year. The girls were set up to have two teams (Ira and Stanton also had two teams) so when only 11 made the trip to Ira we knew it would be tough without many subs.

BC 1 team consisted of Seniors Stefanie Cooley, Aubree Lester, Raegan Belongia; Junior Kylie Voss; Sophomore Taylor Gass. BC 2 had the one sub with Juniors Kaylyn Dean, Teryn Soto, Lexi Peterson; Sophomore Kalyn Massingill; Freshman Tye Basquez, Clair Shafer. Both teams played 9

games (they didn't play each other) over the two day period that was very grueling on the girls.

BC 1 started the camp by defeating 2A school Stanton 1 33-23; Robert Lee 42-22; Ira 2 48-6 (stop keeping our score with 5:00 left in game); Stanton 2 50-22; Jayton 38-11 to end the first day. The second day started with a tough win against Roscoe 33-26; then Ira 1 55-9; Rival Grady, trust me it's getting there, 35-25. The last game we had to play Stanton 1 again to make up for our teams and Stanton teams not playing each other. Stanton 1 hit free throws throughout the game where the Lady Coyotes were not quite hitting the mark

that resulted in the only loss for our BC 1 team 25-28. Since both Stanton 1 and BC 1 sit at 8-1 a point system was in place to break the tie. BC 1 wins the tie breaker at plus 5 making them the Champs for the second year in a row. Congratulations ladies!

BC 2 also made a very impressive showing at the camp by posting a record of 6-3 of their own. They played very well together. They opened the camp with a tough loss where BC 2 had the lead till the last four minutes of the game to Roscoe 25-30. BC 2 played six of their nine games on the first day came back strong and beat

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Borden County ISD Board Meeting

Regular Board Meeting May 16, 2011

The Board of Trustees of the Borden County Independent School District of Gail, Texas met in regular session at 7:00 P.M. in the Borden County I.S.D. Board Room. Board members present were John Anderson, Joel Dennis, Joe Harding, Randy Hensley, Carol Lewis, and Mike Valentine. Dennis Poole was absent. Superintendent, Jimmy Thomas was also present.

1. The meeting was called to order at 7:05 P.M. by John Anderson.

2. There was no community input.

3. A motion was made by Joel Dennis and seconded by Randy Hensley to approve the minutes of the April 18, 2011, board meeting. The motion carried unanimously.

4. A motion was made by Carol Lewis and seconded by Joe Harding to approve the May 2011, bills. The motion carried unanimously.

5. A motion was made by Mike Valentine and seconded by Carol Lewis to sponsor a Chemical Free Graduation Night that will take place in Snyder on the night of May 27, 2011. The motion carried unanimously.

6. A motion was made by Joel Dennis and seconded by Randy Hensley to approve the Balancing Contract with N.D. White Engineering Services Inc. for a price of \$49,800 in conjunction with the building project. The mo-

tion carried unanimously.

7. A motion was made by Mike Valentine and seconded by Joe Harding to approve the Borden County Independent School District Scholarship Fund By-Laws and award the amount of \$1,000 per student as applicable to the by-laws as recommended by Mr. Thomas. The motion carried unanimously.

8. A motion was made by Joel Dennis and seconded by Mike Valentine to take action to accept the resignation of Colt McCook. The motion carried unanimously.

9. A motion was made by Carol Lewis and seconded by Joel Dennis to approve the 2010-2011 budget amendments as recommended. The motion carried unanimously.

10. A motion was made by Randy Hensley and seconded by Joe Harding to set the regular June board meeting for June 20, 2011, at 7:00 P.M. The motion carried unanimously.

11. Mr. Thomas reported that 225 students were enrolled as of May 11, 2011, gave a year to date financial overview, gave a fifth six-week student grade report, and gave a construction project report. A motion was made by Mike Valentine and seconded by Joel Dennis to approve the superintendent's report. The motion carried unanimously.

12. A motion was made by Randy Hensley and seconded by Carol Lewis to adjourn the meeting. The motion carried unanimously.

Smalltown Tourney Champs!

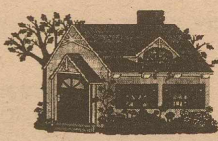


The Lady Coyotes claimed the championship in the recent Smalltown team camp. Pictured are (left to right) Reagan Belongia, Aubree Lester, Stefanie Cooley, Taylor Gass and Kylie Voss.

AgriLIFE EXTENSION
Texas A&M System

Heart and Home ...

by Julie Smith
Borden County Extension Agent-Family and Consumer Sciences



Educational programs of the Texas AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

From MyPyramid to MyPlate

The USDA has confirmed the new food icon is the shape of a plate! You can go to the web address: <http://www.choosemyplate.gov/> and explore the new icon.

MyPlate brings with it three key messages.

The first one is balancing your calories. They recommend enjoying the food you eat but eat less of it; avoid oversized portions. With this they also address weight maintenance with the simple thought of balancing the number of calories in with the number of calories out. For weight gain you would then tip the scale by making sure you intake more calories than you are using. On the other hand, for weight-loss you tip the scale the other direction and make sure you are using or burning more calories than you are taking in.

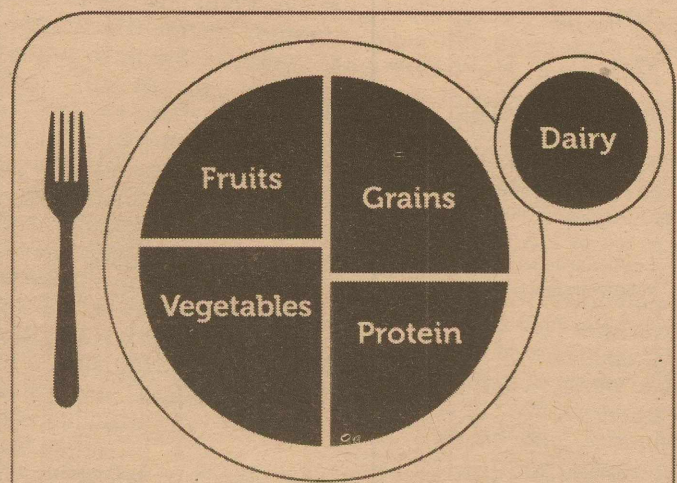
The second one is increase your intake of certain types of foods. They recommend, as seen in the diagram, to make half you plate fruits and vegetables. The note right under this is to vary the types of fruits and vegetables you are eating. Another type of food to increase is whole grains; at least half of your grain intake should

be whole grain. Finally, switch to fat-free or low-fat (1%) milk. You will notice in the diagram the dairy is not on the plate but rather in a glass or bowl type area to the side hinting for you to make fat-free or low-fat milk, yogurt, and soft cheese choices rather than the melted slab of processed cheese on your plate.

The third key message is to reduce your intake of certain types of food. These are salty or sodium filled foods like soup, some breads, and frozen meals. Another group of food to eliminate is sugary drinks. The recommended drink of choices should be water. I was kind of hoping that water would have been where dairy is on the icon and move dairy onto the plate between grain and protein... but they didn't ask me, right?

Regardless, the new MyPlate icon is easier to visualize what should be on your plate than the MyPyramid icon.

Written by Becky Wilmeth, Yoakum CEA-FCS for the *Deep in the Heart of Texas Blog* (<http://extensiondeepintheheartoftexas.blogspot.com/>)



ChooseMyPlate.gov

Dare to Live...

(Continued from Page 1)

out to be superior in some way.

You may be thinking who in their right mind would ever act this way when first meeting someone. It's remarkable how many people either intentionally or inadvertently behave in this fashion. Unless you are aware of your actions and the impact they have, it's not difficult to find yourself engaging in some of the above conduct.

Everyone craves attention and wants to be thought of as important. Satisfying these desires goes a long way toward making a good impression. This doesn't mean subjugating yourself, but does involve slanting the attention balance in favor of the other person.


When first meeting someone, say things that appeal to their ego. Ask their name and use it during the conversation. Ask questions about them and their interests. People love to talk about their families, hobbies, and jobs. Ask their opinions on various topics.

Pay the other person a compliment or say something to make them feel superior. Everyone enjoys hearing comments that evoke good feelings. Remarks such as "that outfit is very nice," "you seem very knowledgeable," "you've obviously given that a lot of thought," or "you're very perceptive," are sure to bring a smile and make a friend.

Making a good first impression is simply putting your best foot forward. There's no reason for not always doing so.

Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com. © 2004 Bryan Golden



MEMBER 2011



TEXAS PRESS ASSOCIATION

AgriLIFE EXTENSION
Texas A&M System

Borden County 4-H News


Educational programs of the Texas AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

4-H Fishing Trip



Borden and Dawson County 4-H held a Fishing with 4-H Day on June 9th at the home of the Quentin Merket family. Youth enjoyed learning about different types of bait and lures, how to cast, remove the hook from the fish's mouth, and enjoyed a great morning of fishing. We greatly appreciate the Merket family for allowing us to fish in their awesome tank.

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On the Wild Side of Life
by Cody G. Hill
Borden County Extension Agent - Agriculture

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Borden County Steer Validation

The Borden County Steer Validation is set for June 23, 2011 at the home of Borden County Extension Agent Cody G. Hill. Validation will begin at 8:00am and 4-H and FFA members will learn how to

properly tag, nose print, tattoo and collect hair samples on the steer projects for the upcoming show season. If you have any questions contact Borden County Extension Agent Cody G. Hill at 806-756-4336.



403 N. Austin Avenue
Lamesa, Texas 79331
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3rd & 4th generations still serving this area.

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AgriLIFE EXTENSION
Texas A&M System
Improving Lives. Inspiring Ideas.

Aging Well Educational Program
Join us for educational programming that focuses on Aging Well.

Chronic Disease Prevention
Tuesday, June 21, 2011 at 6:00 p.m. in the Extension Office Meeting Room



Sponsored by Texas AgriLife Extension Service - Borden County
140 East Wilbourn or P.O. Box 155 Gail, TX 79758 Phone (806)756-4336 Fax (806)756-4486
jm-smith@tamu.edu http://borden-tx.tamu.edu

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Wind and Water 4-H Tour

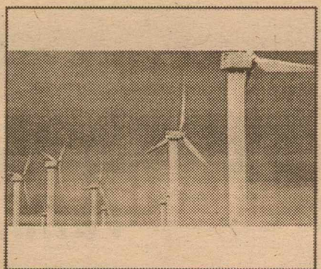
Sponsored By:
District 2 Association of Extension 4-H Agents

Date: Thursday, June 23, 2011
Time: 9:30 a.m. — 3:30 p.m.

Morning Session: Water
District Office, 102 E. FM 1294, Lubbock, TX 9:30-11:30. Sessions will be:
(1) Soil Conservation with the rainfall simulator
(2) Water Conservation in and around the home
(3) Making a drip watering jug for wildlife and plants
Everybody bring a 1 gallon milk jug if you have one.

Lunch on Own

Afternoon Session: Wind There will be two groups. We will divide into groups during the morning session. Sessions include:
(1) National Weather Service, Lubbock, TX Weather Forecast Office, 2579 S. Loop 289 Suite 100, Lubbock, TX
(2) The Wind Research Center Texas Tech University-Reese Center, 10th and Akron, Lubbock, TX
1:00 — 2:00 p.m. Session One
2:00 — 2:30 p.m. Travel Time
2:30 — 3:30 p.m. Session Two



This is the second of the four part summer series sponsored by D2TAE4-HA. The cost to participate is \$10 per person for the entire series. If you attended the C&T Tour on May 21, you have already paid. If not, you will pay \$10 for this tour and then you are eligible to attend the remaining activities.

The other series dates are:
July 7: District Officer Training/District Council Dance, Plainview, TX
July 14: Food and Nutrition Tour, Lubbock, TX
Be watching for more information on the upcoming events.

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Ladies Take First Place...

(Continued from Page 2)

Ira 1 36-26. The Ladies were overpowered by Grady 15-38 then beat Jayton 37-28. Now the scores get fuzzy, lost to Stanton 1 by 18 but finished the day beating Ira 2 by a large margin. The second day started with Ira 2, the team they played twice, and another convincing win for BC 2. The last two games were very exciting for BC 2 and showed how much they had grown from the Roscoe loss the first day. Playing Robert Lee and Stanton 2 the games came down to the girls just taking care of the ball and lead, which they did! The

girls won both games by just a few points each game. I would like to thank all the girls for playing hard both days and another championship. I would also like to thank all the parents for letting their daughter be a part of the experience. Also, thank you to those parents who brought food and drinks for the girls while they were there, I really appreciate it. The next team camp is South Plains College July 24-25. Information on the camp will be mailed out as it is received.

Legal Notice

NOTICE TO CONTRACTORS OF PROPOSED TEXAS DEPARTMENT OF TRANSPORTATION (TxDOT) CONTRACTS
Sealed proposals for contracts listed below will be received by TxDOT until the date(s) shown below, and then publicly read.

CONSTRUCTION/ MAINTENANCE/BUILDING FACILITIES CONTRACT(S)

Dist/Div: Abilene
Contract 6226-79-001 for DEMAND MBGF in HOWARD County, etc will be opened on June 28, 2011 at 1:30 p.m. at the District Office for an estimate of \$226,430.37.

Plans and specifications are available for inspection, along with bidding proposals, and applications for the TxDOT Prequalified Contractor's list, at the applicable State and/or Dist/Div Offices listed below. If applicable, bidders must submit prequalification information to TxDOT at least 10 days prior to the bid date to be eligible to bid on a project. Prequalification materials may be requested from the State Office listed below. Plans for the above contract(s) are available from TxDOT's website at www.txdot.gov and from reproduction companies at the expense of the contractor.

NPO: 36636
State Office

Constr./Maint. Division
200 E. Riverside Dr.
Austin, Texas 78704
Phone: 512-416-2540
Dist/Div Office(s)

Abilene District
District Engineer
4250 N. Clack
Abilene, Texas 79604-0150

Phone: 325-676-6800
Minimum wage rates are set out in bidding documents and the rates will be part of the contract. TxDOT ensures that bidders will not be discriminated against on the grounds of race, color, sex, or national origin.

STATE OF TEXAS)
COUNTY OF BORDEN)

ORDER PROHIBITING CERTAIN FIREWORKS IN UNINCORPORATED AREAS OF BORDEN COUNTY, TEXAS

WHEREAS, the Texas Forest Service has determined that drought conditions exist in Borden County; and

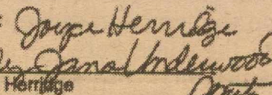
WHEREAS, on the 14th of June, 2011, the Commissioners Court of Borden County has determined that the normal danger of fire in the unincorporated areas of Borden County is greatly enhanced by the extremely dry conditions now existing;

NOW, THEREFORE, the Commissioners Court of Borden County adopts this Order prohibiting the sale or use of restricted fireworks in the unincorporated areas of Borden County.

- A. No person may sell, detonate, ignite, or in anyway use fireworks classified under 49 C.F.R. part. 173.100(r)(2) (10-1-88 edition), as "skyrockets with sticks" and "missiles with fins" in any portion of the unincorporated area of Borden County.
- B. This Order does not prohibit:
1. common fireworks, small in size classified as Class C explosives;
 2. large fireworks devices designed primarily to produce visible or audible effects by combustion, deflagration, or detonation and classified as Class B explosive by the U.S. Dept. of Trans (TEX. OCC. CODE, Chapter 2154).
- C. A person commits an offense if the person knowingly or intentionally violates a prohibition established by this Order. An offense under this order is a Class C Misdemeanor.

APPROVED THIS THE 14th DAY OF JUNE, 2011, BY THE BORDEN COUNTY COMMISSIONERS COURT.


Ross D. Sharp
County Judge

Attest: 
Joyce Herriage
County Clerk

AgriLIFE EXTENSION
Texas A&M System

Rain Water Harvesting Workshop

LOCATION: Borden County Event Center in Gail, TX

DATE: Thursday June 23, 2011

TIME: 6:00 pm to 8:00 pm

FEE: \$15.00 Dinner will be served

RSVP: Monday June 20, 2011

SPEAKER: Nick Kenny -Texas AgriLife Extension Amarillo, TX

Learn how to build and develop rain water harvesting equipment for your home and (or) Barns.

Sponsored by
Texas AgriLife Extension in Borden County

For more information contact Cody Hill or Julie Smith at the Borden County Extension Office 806-756-4336

Borden County
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Gail, Texas 79738

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