

The Borden Star

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Volume XXXVI

July 23, 2008

Gail FFA Members Attend State FFA Convention

By Buddy Wallace

Bright lights! Loud music! Laser Shows! 10,000 FFA members! Dynamic Speeches! FFA Chorus! Scholarships! Eli Young concert! These were just a few of the spectacular events taken in by 14 of the Gail FFA members at the State FFA Convention this past week.

Lubbock Texas was the sight this year for the largest FFA event in Texas as some 17,000 members, advisors, vendors, and guests invaded the hub city for an electrifying week of convention.

The first general session kicked off on Wed. morning in United Spirit Arena with the State Officer opening ceremonies to a crowd of over 10,000. This session was proceeded by a heart touching vespers service conducted by the State Officer team on Tuesday evening. Key-note motivational speakers, award presentations, retiring officer speeches, new state officer speeches, sponsor recognition, and elections moved the members through an exciting week.

A blast from the past fun night on Thursday found a charged crowd enjoying the FFA Talent competition, entertaining officer skits, and inspiring songs from the FFA Chorus.

Gail FFA was exceptionally proud to have two of its members on the 2008 State Chorus Team. Jacie Eveland and Annie Stribling auditioned and secured

a spot on the prestigious team this spring. They dedicated a full week of practice and performance as the FFA Chorus added their talents to the convention.

The final Friday morning session was attended by a mass of tired but enthusiastic members who witnessed the final walk of the 2007-2008 State Officer Team and the induction of the new 2008-2009 State FFA President and team members.

Gail FFA students arrived home with exhaustion, enthusiasm, and anticipation as they take their convention experience into the coming year.

Gail FFA Members attending were:

Shelby Roberts: Scholarship recipient

Kate Wallace: Scholarship recipient

Jacie Eveland: State Chorus / Member

Annie Stribling: State Chorus / Member

Lacey Roberts: Lone Wolf District Officer / Chapter Officer

Shylo Rinehart: Voting Delegate / District Officer / Chapter Officer

Chasiti Rutherford: Voting Delegate / Lone Wolf District Officer / Chapter Officer

Raylea Underwood: Chapter Officer

Chellsie Pigford: Chapter Officer

Corey Teel: Member

Michael Porter: Member
Michael Froman: Member
David Rodriguez: Member
Phyneshia Rutherford: Member


Attention Football Players

The 2008 football season will kick off
August 4th, at 4:30 PM.

We will practice from 5:00 to 9:00 PM




Gail FFA Members attending the State FFA Convention are (top row left to right) Cory Teel, Jacie Eveland, Annie Stribling, Shelby Roberts, Chasiti Rutherford, Chellsie Pigford, Michael Froman, (bottom row left to right) Michael Porter, Shylo Rinehart, Phyneshia Rutherford, Lacey Roberts, Kate Wallace, Raylea Underwood and David Rodriguez.



AgriLIFE EXTENSION

Texas A&M System

Heart and Home ...


by Julie Smith

 Borden County Extension Agent-Family and Consumer Sciences

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Protect More Than Just Your Sunglasses This Summer

As the summer season continues, experts at Lighthouse International urge everyone to take eye safety seriously and prevent damage from the sun that could be permanent.

Dr. Bruce Rosenthal, OD is the chief of low vision programs at Lighthouse International, a leading non-profit organization in New York City devoted to helping those "at risk" for, and those experiencing vision problems. He offers the following tips and advice for safeguarding your reader's eyes from permanent damage this summer.

Sunglasses - Research shows most people do not wear sunglasses during extended sun exposure. Much more than just a stylish accessory, the right sunglasses (also called absorptive lenses) are essential for those spending time outside. Sunglasses reduce the amount of light entering the eye, protect against harmful ultraviolet (UV) light and decrease glare, and increase contrast. Constant exposure to bright sunlight can damage the cornea, the lens and the retina. Remember, a dark lens does not necessarily have UV protection — look for lenses that absorb 99 to 100 percent of UV light, particularly UV-B. Also follow these tips:

1) Be sure to wear proper sunglasses that have 400 UV protection or more. An ultraviolet-blocking coating can also be placed on any lens, regardless of the degree of tint. However, a coating does not block as much UV light as the protective lens.

2) Be sure to wear sunglasses especially during long hours on the beach or on the water when the water reflects and intensifies the sun.

3) Avoid blue-tinted sunglasses — they may look cool but blue tint actually emits UV light which is what you are supposed to be blocking out.

Note: According to Dr. Rosenthal: "Research shows that only one in six Americans wear sunglasses when they are in the sun for long periods of time, yet people who spend excessive hours in the summer sun have an increased risk in later life of developing age-related eye conditions such as macular degeneration as well as cataracts and corneal problems. Sunglasses are vital because they keep certain wavelengths of light from entering the eye. They can also reduce the amount of light entering the eye, protect against harmful UV light, decrease glare and increase contrast."

Sand and sunscreen - It doesn't only pave the path to the ocean: the small, gritty sand particles can cause severe irritation and perhaps even cut your eye, especially during windy days at the beach. To shield your baby blues (or browns or greens) wear sunglasses, a hat or a visor. If you do get sand in your eye, don't rub it in. Flush your eye with lukewarm water for 15 minutes.

The same approach should be used for flushing sunscreen from your eyes. Using a waterproof, sweat-resistant sunscreen can help you avoid the stinging sensation of sunscreen running into the eyes.

Lawn and garden care - A time-honored summertime activity, caring for your lawn and garden is about more than green grass and fresh flowers. Wear protective goggles when mowing the grass or churning dirt to prevent flying objects

such as hidden stones, sticks or glass from piercing your eyes.

Summertime sports - From a friendly baseball game to playful water fights, outdoor activities can be as dangerous as they are fun. Be sure to wear proper eye protection that is fitted properly when playing any sport. Such protective lenses should be made of polycarbonate, which can withstand high impact. Eye injuries are one of the leading causes of visual impairment in children.

Bug spray and pesticide - Keep those pesky critters at bay without damaging your eyes. Spray bug repellent into your hands and then apply to the face to avoid the eyes. Wear goggles when applying pesticide to the lawn or garden beds. If you do get bug spray or pesticide in the eyes, flush with lukewarm water for 15 minutes.

BBQ smoke - What would summertime be without a family BBQ? Keep those safety

glasses handy when you're manning the BBQ pit. Billowing smoke from the grill can cause burning and painful irritation to the eyes.

If you have vision impairment, speak with your eye care professional or low vision specialist (optometrist or ophthalmologist) at Lighthouse International to learn which sunglasses best suit your needs. Eye diseases are treatable and some are preventable. To locate an eye doctor specializing in low vision in your area call Lighthouse International's toll-free number at 1-800-829-0500 or visit www.lighthouse.org.

Founded in 1905, Lighthouse International is a leading non-profit organization dedicated to preserving vision and to providing critically needed health care services to help people of all ages overcome the challenges of vision loss. Through services, education, research and advocacy, the Lighthouse enables people

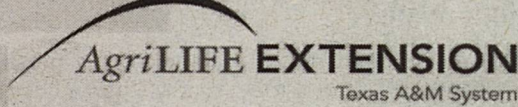
with low vision and blindness to enjoy safe, independent and productive lives. For more information about vision loss, its causes and what you can do about it contact Lighthouse International at 1-800-829-0500 or visit www.lighthouse.org. July is UV Safety Month - American Academy of Ophthalmology.

Source: Lighthouse International Web site

Thought for the Day

*You don't stop
laughing because
you grow old, you
grow old because
you stopped
laughing.*


Source: St. Louis Inspirational Christian Connection.



AgriLIFE EXTENSION

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**Do Well,
Be Well**

 with diabetes™

a program for people
with type 2 diabetes

We request that you please RSVP by Friday, July 11th so that we know how many to plan for. Please note that there will be a minimal fee of \$10 for the entire series to cover supplies, materials and refreshments for the classes.

The first class series will be held:

Monday, July 14
 Thursday, July 17
 Monday, July 21
 Thursday, July 24
 Monday, July 28

from 6:00 to 8:00 p.m. at
 Community Room
 (white building behind courthouse)
 FM 669 and East Wilbourn in Gail.

To find out how *you* can do well and be well with diabetes, contact the Texas AgriLife Extension Service-Borden County office at (806)756-4336.

Sponsored by the
 Garza/Borden
 Do Well, Be Well Coalition

Educational programs of Texas AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

The Borden Star (USPS or PUBLICATION No. 895-520) is published weekly except Christmas and New Year's week for \$12.00 per year by the Borden Star, PO Box 137, Gail, Texas, POSTMASTER: Send Change of Address to the Borden Star, PO Box 137 Gail, Texas 79738.

AgriLIFE EXTENSION
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Borden County 4-H News

Educational programs of the Texas AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

4-H Community Service Opportunity

4-H'ers are requested to please contact the Extension Office to sign up for your turn to care for the container gardens around town. You may sign up for a whole week or vary your times throughout the summer.

District 4-H Officer Training

Friday, August 1 from 9:30 to 12:30 at Tech in Lubbock
All 4-H'ers welcome to attend, but officers are strongly encouraged to attend.



For more information on any of the above opportunities, please contact the Extension Office at (806)756-4336 or e-mail us at borden-tx@tamu.edu.

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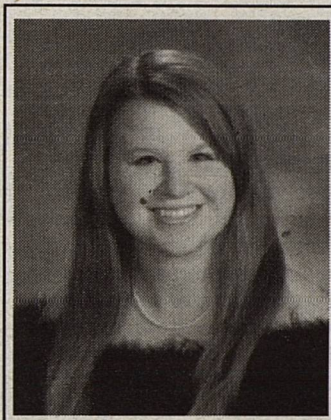
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Wallace Awarded Scholarship




Kate Wallace, a graduate of Borden County has been awarded a scholarship by the Texas Interscholastic League Foundation.

Wallace received a UIL State Speech and Debate Judges Preference Award in the amount of \$1,000, payable \$500 each semester of the first year. This year the Speech and Debate Judges awarded one scholarship to a student who had participated in a UIL Academic State Meet contest in speech or debate, compiled an outstanding record of academic and extracurricular achievement and will major in speech communications.

This year the TILF awarded 393 new awards and will renew approximately 225 awards for a total of more than 600 scholarships for 2008-09, with value of over \$2 million. Recipients may attend any approved college or university in Texas.

Wallace competed in persuasive speaking at the 2006, 2007 and 2008 UIL Academic State Meets, finishing first twice and third once. Additionally, she finished first and third respectively in Lincoln-Douglas Debate in 2006 and 2007 and won first place in cross examination debate at the 2008 meet. She also participated in UIL one act play, headline writing, track and field, golf and basketball throughout her high school career. She is the daughter of Buddy and Kristen Wallace.

Wallace plans to attend Texas Christian University and major in communications.



SEEDS FROM THE SOWER

Michael A. Guido
Metter, Georgia

Jimmy never failed to display his pest manners. But he had a teacher who put Christian love into action, and she noticed some improvement.

Parents' Night came, and his workbook was displayed. The first half had silly pictures and curse words.

His parents found his workbook. They opened it and smiled approvingly. Amazed, he hurried to it and discovered the first half had been removed. Only the improved pages remained.

"Why?" he asked.

"Jesus took the spoiled pages out from my life," said his teacher, "and He'll do the same for your life, if you let Him."

Won't you?

Thank You

We appreciate the food, baskets of goodies, visits, and phone calls. Riley has had a steady stream of visitors, calls, cards and prayers. The minute he was bucked off of his horse, a prayer chain began. God wrapped his loving arms around Riley in the helicopter and protected him. From that point forward, all news was positive and encouraging. We are overwhelmed by the community love and support since the accident. We have so much to be thankful for.

*Thank you so very much,
Monte and Deidre Smith and family*



LAMESA BOYS CLUB YOUTH FOOTBALL LEAGUE

**SIGN-UPS WILL BE AUG. 18 - SEPT. 8
LATE SIGN-UPS THRU SEPT. 10**

**TRY OUTS FOR FLAG FOOTBALL
GRADES KINDER - 2ND
WILL BE SEPT. 11**



**TRY OUTS FOR TACKLE
GRADES 3RD - 6TH
WILL BE SEPT. 12**



FIRST GAME TO BE HELD SEPT. 27

**FOR MORE INFORMATION, PLEASE CALL
KIRK JONES AT 759-9820**

Have a Great Summer!



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Borden County Jr. High Cheerleaders recently attended cheerleading at Hardin Simmons in Abilene. Pictured are (left to right) Kalyn Massingill, Teryn Soto, Taylor Gass and Kylie Voss.

Borden County Jr. High Cheerleaders Attend Summer Camp

The Borden County Jr. High Cheerleaders recently returned from a National Cheerleaders Association (NCA) summer camp. The camp was held at Hardin Simmons in Abilene, Texas and attracted over 100 cheerleaders from the surrounding states.

The National Cheerleaders Association selects award winners at each of the 1,000 camps it administers around the world each summer. Founded in 1948 by L.R. Herkimer, NCA has been conducting camps for 60 years and holds events annually for 150,000 cheerleaders and dancers around the world.

The Borden County Jr. High Cheerleaders received the following awards at the National Cheerleaders Association summer camp they attended: The

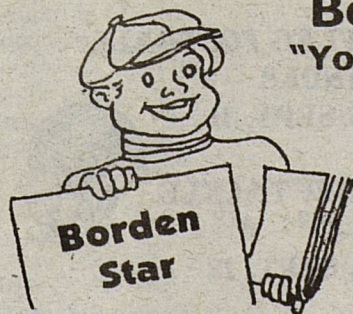
Herkie Team Award, Game Day Top Team Award, Most Improved Award and the Spirit Stick Winner.

As part of the 4-day camp curriculum, the National Cheerleaders Association selects award winners at each of the over 1,000 camps it administers around the world each summer. Awards are given for individual and team accomplishments.

All four BCJH cheerleaders received the All-American Nominee which is awarded to outstanding individuals who display strength in one of the following categories: motions, jumps, stunts, tumbling, dance or leadership. These individuals are eligible to perform at various NCA Special Events.

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Drive Safely. Watch for Children

Gail FFA Members Bring Home The Green

By Buddy Wallace

Two Graduating Seniors of the Gail FFA Chapter have reached the end of their successful career in true fashion. Shelby Roberts and Kate Wallace were both recognized for their active four years of FFA leadership, classroom involvement, Supervised Agricultural Experience Program, and community service by being awarded State FFA scholarships for their continuing education.

This process began early this spring with a lengthy application entailing detailed documentation of the girls' academics, activities, and accomplishments in the Ag. Science Department and Gail FFA Chapter. These applications were completed and submitted at the Area II Convention in May where both students were interviewed by a panel of 15 College Instructors, Industry Representatives, and Ag. Science Educators.

Shelby and Kate both ranked in the top 21 applicants from Area II and secured a second application review and interview process along with 230 other Texas FFA seniors at the State FFA Degree Check in June. Both of these individuals had outstanding inter-

views and were selected to receive State FFA Scholarships.

This dynamic duo received their scholarships during a special awards presentation at the 80th State FFA Convention in Lubbock this past Thursday.

Both girls went on stage and were awarded their scholarships by the following donor organizations:

Shelby Roberts: \$15,000

Houston Livestock Show and Rodeo Scholarship

Kate Wallace: \$10,000 Dick Walrath FFA Educational Scholarship

Gail FFA thanks Shelby and Kate for their years of active service in the Chapter, and is very proud of them as they have been rewarded for their efforts.

Congratulations to Shelby Roberts and Kate Wallace on such a special accomplishment!

FFA Scholarship Winners



At the 80th FFA State Convention, Kate Wallace (center) receives a \$10,000 Scholarship donated by the Dick Walrath FFA Educational Scholarship fund.



Being rewarded for her achievements while in FFA, Shelby Roberts (center) receives a \$15,000 FFA scholarship donated by Houston Livestock Show and Rodeo Scholarship.

THANK
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