

# The Gorman Progress

"Serving Gorman For Over 110 Years"  
Gorman, Eastland County, Texas 76454

2010 Member - Texas Press Association

NUMBER THIRTY

JULY 29, 2010

## Skyler Henderson Graduates From North Texas Buckskin Brigade



Skyler Henderson has recently graduated from The North Texas Buckskin Brigade which was held on the Stasney's Cook Ranch outside of Albany, Texas on July 18-22. The Texas Brigades Camps is a wildlife education and leadership development program. Each camp is 5 days long and teaches life skills, public speaking, wildlife management, and leadership skills. There are 7 different Texas Brigade camps, 2 Bobwhite Brigades, 2 Buckskin Brigades, 2 Feathered Forces, and a Bass Brigade. The Texas Brigades is a non profit organization who depends on volunteers from various government agencies and businesses. To attend the camp you must be 13-17 and interested in wildlife management. After submitting an application it goes through a process; and only a chosen few students are accepted to attend the camp. Along with anatomy and botany you will learn population dynamics, habitat management, biology and a whole lot more. There are also lessons on firearm safety, photography, journalism, leadership and communication.

To be able to attend camp again next year I have tasks I must accomplish. I am giving PowerPoint Presentations and would love to give one to anyone or group. I would like to give a special thanks to Mr. Boles, Ms. Porter, Mrs. Hampton, My Parents Mark & Jeanette Simmons, American State Bank, Gorman Pharmacy, Nathans Barber Shop, Dr. Dan's office, and The Upper Leon Soil and Water Conservation District for helping me with my application and sponsoring me for this camp. To contact me, my number is 254-734-6453

To contact Texas brigades (800) TEX-WILD or (210) 826-2904 -- www.texasbrigades.org

## Gorman Middle and High School Registration August 3rd, 4th, and 5th

Gorman Middle School and High School students need to finalize their schedule for the 2010-2011 school year. Registration will be held on August 3rd and August 4th in the gym foyer. The times are as follows:

August 3rd	9:00-10:30	8th grade
	10:30-12:00	7th grade
	12:00-1:30	Seniors
August 4th	1:30-4:00	Juniors
	9:00-10:30	6th grade
	1:00-2:30	Sophomores
	2:30-4:00	Freshmen

If you are unable to register at the appointed time, please call the high school office, 254-734-2614, and make other arrangements. All new student registration will be August 5th from 9:00-11:00 or 1:00 -3:00 in the high school office.

### SPECIAL INVITATION

All area ladies are invited to join the Dorcas Class for Coffee at a Midsummer

### "Get-Together"

TUESDAY, AUGUST 10

from 10:00 - 11:00AM

(We'll join Josie and her staff at the Dairy Queen for lunch following the Coffee)

Fellowship Hall - Gorman Church of Christ

Formal classes will resume on September 14, 2010 and will begin with a study of 1&2 Samuel.

All ladies are cordially welcome!

## SPAGHETTI LUNCH

Everyone is invited to the annual Spaghetti Lunch hosted by De Leon Study Club. It will be on Saturday, August 7th, during the hours of 11:00 a.m. Until 2:00 p.m. The Lunch will be served at the De Leon Senior Citizens Center, 113 North Loop where the Melon Patch Tour begins and ends. The meal will consist of spaghetti/meat sauce, salad, garlic toast, and the cake flavor of your choice. Ticket prices are \$6.00 for adults and \$3.00 for children, twelve and under.

Make plans now to enjoy a delicious spaghetti lunch on August 7th. This is also a great opportunity to visit with friends, family or former classmates. Take out orders will be available.

## Carbon Community Center

The next Carbon 5th Saturday Musical will be held this coming July 31st. Music and dinner will be offered for \$5 beginning at 5:30pm. On the menu will be sandwiches, chips, homemade desserts with coffee, tea and water available. Musicians and singers wishing to perform are requested to contact Brenda or TJ Cummings at 254-488-0177 in order to be scheduled.

## Another Big Weekend For Dan Keeping

11 year-old Daniel Keeping competed in the Texas Youth Bull Riding State Finals on July 23rd, 24th and 25th. The top ten finishers in each division from across the state traveled to Saginaw to the North Texas High School Rodeo Arena to compete for top honors.

Their previous point totals had been cleared and it was simple format of the top combined scores for the weekend wins. The long go rounds were held Friday and Saturday evenings and the competitors with the top ten scores after those go rounds went on to the final go round on Sunday.

Daniel won Friday nights go round by one point over another North Texas cowboy. On Saturday night, Daniel's first steer stopped bucking after four seconds and he was given the option for a re-ride. Daniel too, the re-ride, but drew a weak bucking steer that gave him a low score, leaving him five and one half points out of first.

On Sunday, the ten best riders faced the ten best bucking steers of the finals. Dan rode his hard bucking little steer for all he could and won the go round, but only scored four points higher than the boy in first place. This left Dan to take the Reserve Champion Buckle for the state finals.



Dan is shown above with his Championship Buckle and Saddle and Trophy for Top Money Winner, also shown with Reserve Champion Buckle for the State Finals.

On Saturday afternoon, before the second go round, the TYBRA handed out the Regional Year End Awards. In the North Region, Dan took home the Championship Buckle and Saddle in the Junior Steer Riding Division and the Top Money Winner Trophy for his division. Including the State Finals, Daniel rode every animal he attempted, including re-rides, for the 2010 TYBRA

season. No other rider matched that record in any division in the North Region this year.

Daniel will compete at the Youth Bull Riding World Finals on August 4th, 5th and 6th with the short go round on the 7th. The competition

will be held at the Will Rogers Coliseum in Fort Worth and is sponsored by Championship Bull Riding. This competition will have over 330 competitors from across the nation and is considered the biggest youth bull-riding event in the nation.

The fun continues at Firstfruits Christian Fellowship this Saturday, July 31st, with the CIA Summer Event WII Tournament. This good-natured tournament is open to kids 6-12 year olds. As always, with food, fun and games this will be a summer event to remember. The action starts at 4:00 pm this Saturday. So bring your best game or just come to watch. Either way FCF is the place to be this Saturday. For more info call 734-3203. We will see you there.

*You Are Invited To Help Us Celebrate*  
*Betty Little's*  
*80th Birthday*  
*Sunday, August 1st from 2 to 4 p.m.*  
*At the Little's Lake Leon Cabin*  
*Off of Staff Road*  
*No Gifts Please*

*Vacation Bible School*  
*Gorman United Methodist Church*  
*August 10, 11, 12*  
*6-8pm*  
*Ages: 4-12*  
*For additional information, please contact 734-2547 (leave message) or gormanumc@gmail.com*



"The Gorman Peanut Queens - Petite Queen - Markee Simmons, Little Miss Queen - Sara Woodall, Pre-Teen Queen - Kayce Dodd, Jr. Miss Queen - Jacquelynn Rainey and Queen - Brittany Henderson participated in the Comanche Rodeo Parade this last Saturday and received 'Best Out of Town Entry'."

## ITEMS OF INTEREST

Oakland Cemetery Association is accepting donations for the Care of the Cemetery. Donations can be sent to Oakland Cemetery Association, P. O. Box 532, Gorman, Tx 76454 or to American State Bank, Gorman, Texas 76454

4-H - Meets Second Monday of Each Month at 6:00 p.m. at the First United Methodist Church Fellowship Hall - Amy Wood - 734-2973.

VET Science 4-H Project - 4th Tuesday each Month. Techology Center / Gorman Community Center. Contact Lee or Amy Wood at 254-734-2973.

Gorman Masonic Lodge No. 716 A.F. & A.M. Regular stated meetings are 2nd Tuesday of each month at 7:30 p.m. Members are urged to attend. Visitors are always welcome. Cecil Funderburgh, Master - Kenneth Good, Secretary.

SANDRA CAGLE WILL BE IN GORMAN AT THE CITY OFFICE TO RENEW AUTO LICENSE PLATES. HER NEXT VISIT IS WEDNESDAY, AUGUST 11th FROM 9 TIL NOON.

The Order of the Eastern Star holds its regular stated meetings on the First Monday of each month at 7:30 p.m. Gorman Senior Citizens meet every Wednesday at 11:30 in the Gorman Senior Center. Bring Covered Dish or \$3.00 Per Plate.

Oaklawn Cemetery Association is accepting donations for the Care of the Cemetery. Donations can be sent to Oaklawn Cemetery Association, 7726 CR 362, Desdemona, Tx 76445 or to American State Bank, Gorman, Texas 76454

**Food Bank**  
New Hours - 10 to 11 a.m.  
Second Thursday

**Boy Scouts**  
Meeting Weekly  
Mondays - 6:00 p.m.  
Methodist Church

## Tim D. Kirk

Tim D. Kirk, age 61, of Eagle Rock, Missouri, passed away Friday, July 23, 2010, in St. John's Regional Health Center, Springfield, Missouri.

He was born January 3, 1949, in Gorman, Texas, the son of Homer H. and Rena Mae (Smith) Kirk. On September 26, 1981, in Dallas, Texas, he was united in marriage to Kathleen J. "Kathy" Clifford, who survives. Also surviving are a daughter, Angela Skurka of Chicago, Illinois; two grandchildren, Riley and Payton; one brother, Jim Kirk of Texas; two sisters, Brenda Newton and Linda Woodriddle both of Texas; his mother and father-in-law, Betty and Ralph Clifford of Cassville, Missouri and his companion and buddy, "Gulle".

Preceding him in death were his parents.

Tim received his education in Missouri and continued on to college at St. Mary's College in St. Louis, Missouri, where he graduated. He enjoyed building and was a "handy man". Tim was a commercial real estate owner and investor, serving on the board of the Dallas Boys and Girls Club and was the head of the construction committee for many years. In October, 2006, he and Kathy made their home on Table Rock Lake, where he was an avid nature lover. Some of his other enjoyments were reading, watching movies and traveling with Kathy around the world. Tim and Kathy served on the building committee for the St. Edward's Parish Center and were very instrumental in the completion of this center.

Funeral services were held at 7:00 P.M., Monday, July 26, 2010, in Fohn Funeral Home, Cassville, Missouri. Reverend Paul Wahlerth conducted the services. Graveside services will be held at 10:00 A.M., Thursday, July 29, 2010, in Oakland Cemetery, Gorman, Texas, under the direction of Fohn Funeral Home, Cassville. Reverend Tony Ball will conduct the services.



## Pig Tales From Hogtown

The music and dancing were great last Friday evening, as usual! Thanks to the musicians and all who came to dance or just listen to the music. Our 2 dances each month draw people from Granbury, Breckenridge, Brownwood, Goldthwaite and many other places. We certainly appreciate their support. Of course, the bands are the greatest! Johnny Johnson and the Memory-Makers are here on the 2nd Friday of each month and Gene Williams and Wheels are here on the 4th Friday of each month. Come and join the fun!

Saturday, August 7th in the next "Breakfast at the DAC" - Bring your friends and family who came to town for the Peach and Melon Festival. It will be great start to Golden Saturday.

The Desdemona Homecoming is being held on August 14th at the old schoolhouse. The evening before, Aug. 13th, the annual reunion dinner for all ex-students to be held at the DAC. The invitation, also, includes the entire community and anyone who likes a good fish dinner. There will be fish with all the fixin's and chicken. The cost is by donation. Show up at 4 p.m. For visiting with the dinner to follow.

Please not that our usual 2nd Friday dance will not be held on the 13th because of the reunion dinner. The dance will be held the following Friday, August 20th. The 4th Friday dance will be held on the 27th as scheduled.

See you in Desdemona!

Carol Pell

## Band.....Ten-Hut

To all Gorman Panther Band members grades 8-12 (as well as any 7th or 8th graders interested in trying out for the Panther marching band)! Summer band begins on Tuesday, August 2, 2010 at 6:00 PM. The theme of our show this year is "Большая Красная Полоса" which is Russian meaning "The Big Red Band." We will be playing the following songs: "The Hunt for Red October," "Russian Sailors Dance," and "The Russian Easter Overture." A full schedule of Summer Band will be forthcoming. See all of you there!

## ALC Summer Lunch Program

The Summer Lunch Program is in full swing. We would like to say a big thank you to all of you that have contributed toward the SLP. Your contributions and donations are greatly appreciated. May you be richly blessed and rewarded.

## "On The Wilder Side"

I'm going to let you in on a little secret. At times, my office is absolutely unbearably filled with clutter and I'm not even sure what it all is. There are misplaced books on the shelves, unorganized notepads filled with random thoughts and notes, a cup by my computer that's been there for who knows how long, and a desk that looks like the entire Roman army rampaged through it not leaving a single stone uncovered or pen uncapped. In short, my office is cluttered.

But to tell you the truth, I hate clutter and I loathe disorganization. My problem is that I don't allocate a piece of time at the end of every day to clean and reorganize. Instead I have to spend an hour or two monthly pulling my hair out trying to figure out where this book belongs or where I keep that folder... Ahhhh! It's just too much!

So, with that being said, what about you? Is there clutter in your life? Have you just been so busy that you haven't taken out any time each day so that you can examine the clutter in your spiritual life?

Paul, in 1 Cor 11:28 says, "let a man examine himself" and again in v. 31 he says "For if we would judge ourselves, we would not be judged." I hope you allocate a special time in every day to remove that cup of sin that's been there for who knows how long, to reprioritize your priorities, and to clean out the clutter in your "holy temple". I promise you that the longer you put it off, the harder it will be to clean!

Jason Wilder

Gorman Church of Christ

## Mark Your Calendars For Our "Back To School VBS" August 14

Gorman Church of Christ Meeting Times  
 Sunday Morning Bible Class - 10:00  
 Sunday Morning Worship - 10:45  
 Sunday Evening Worship - 6:00  
 Wednesday Evening Class - 7:00

GARAGE SALE: FBC YOUTH GARAGE SALE - Saturday, July 31st 8:00 A.M. at First Baptist Church, 218 Ross Street, Gorman, TX

GARAGE SALE: Saturday, July 31st from 7 a.m. to 1 p.m. at 500 Graham Street in Moran - Country Gospel Church. Make Plans to Attend. 1tc

GARAGE SALE: 715 N. Ector in Gorman. Starts at 8 a.m. til whenever. Friday and Saturday, July 29th and 30th. 1tp

Riley Gardner Memorial Represented By:  
 JONELL TORREZ - 254-734-2535

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254-893-6666 DE LEON, TX  
 NEW LISTING: 2-1 Frame, window A/C, 50 x 125 lot. Only \$14,900  
 Rising Star, operating laundromat, washers, dryers, folding tables and seating. Great investment opportunity. \$27,500.

NEW - 56.01 Acres: Erath Co. N. De Leon, paved frontage, good small acreage recreational place, heavy brush cover, deer, wild turkey and hogs! Over 1/2 mile of creek frontage. \$2,995 per acre, smaller tracts of 15A or more, \$3,495 per acre.

NEW - 14.12a Lake Proctor, secluded, join lake property, elec., well, wooded, lots wildlife. \$67,070.00

S/E Gorman: 45 A, sandy land, few Pecan trees, 7 water wells, irrigation reservoir, close to pavement. \$2,200.00

S/E Gorman: 60 A, good sandy soil, some coastal, good fences, elec., nice pond site. \$2,800.00

100 A west De Leon FM587, 3 - 1 1/2 - 2 brick, 1444 sq. ft., C/HA, fireplace, carpeted, some remodeling, 3 ponds, 30a crop land, 35a coastal, some native, fenced, 2 steel corrals, 2 wells, shop building. Nice setup. Mineral Rights. \$2,950.00 A.

179 A. south of Gorman: Part wooded, part old fields, deer & hogs, 2 nice ponds, sandy soil, elec., water well, metal building. \$2,350.00 acre.

SELLERS SAYS MAKE OFFER!!  
 NEW LISTING: 322A. Oak & Elm Trees, 2 creeks, great water shed project! 40 A. Coastal, owner reports 300 round bales/year, 55 A. Cultivable soils, 6 ponds, water well, 1200' metal Bldg with slab floor, elec. Deer, turkey, and other wildlife. \$2,300 A.  
 We NEED Your Listings. The Market Is Good. Call Us.  
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 SELLING GORMAN - DELEON AREAS OVER 50 YEARS

## USDA Announces Conservation Reserve Program General Sign-up

WASHINGTON, D.C. - July 26, 2010 - Agriculture Secretary Tom Vilsack today announced that a general sign-up for the Conservation Reserve Program (CRP) will begin on August 2, 2010 and continue through August 27, 2010. During the sign-up period, farmers and ranchers may offer eligible land for CRP's competitive general sign-up at their county Farm Service Agency (FSA) office. The 2008 Farm Bill authorized USDA to maintain CRP enrollment up to 32 million acres. Jim Miller, Agriculture Under Secretary for Farm and Foreign Agriculture Services, made the announcement on behalf of Secretary Vilsack during a conference call with reporters.

"America's farmers and ranchers play an important role in improving our environment, and for nearly 25 years, CRP has helped this nation build sound conservation practices that preserve the soil, clean our water, and restore habitat for wildlife," said Miller. "Today's announcement will help us create a greener and healthier America, and I encourage all interested farmers and ranchers to contact their local FSA office to learn more how to take advantage of this opportunity."

To help ensure that interested farmers and ranchers are aware of the sign-up period, USDA has signed partnership agreements with several conservation and wildlife organizations, which will play an active role in USDA's 2010 CRP outreach efforts. Additionally, Secretary Vilsack has recorded two public service announcements, which are available to the press and public at www.fsa.usda.gov/psa.

CRP is a voluntary program that assists farmers, ranchers and other agricultural producers to use their environmentally sensitive land for conservation benefits. Producers enrolling in CRP plant long-term, resource-conserving covers in exchange for rental payments, cost-share, and technical assistance. CRP protects millions of acres of America's topsoil from erosion and is designed to improve the nation's natural resources base. Participants voluntarily remove environmentally sensitive land from agricultural production by entering into long-term contracts for 10 to 15 years. In exchange, participants receive annual rental payments and a payment of up to 50 percent of the cost of establishing conservation practices.

By reducing water runoff and sedimentation, CRP also protects groundwater and helps improve the condition of lakes, rivers, ponds and streams. Acreage enrolled in the CRP is planted to resource-conserving vegetative covers, making the program a major contributor to wildlife population increases in many parts of the country. As a result, CRP has provided significant opportunities for hunting and fishing on private lands.

Land currently not enrolled in CRP may be offered in this sign-up provided all eligibility requirements are met. Additionally, current CRP participants with contracts expiring this fall covering about 4.5 million acres may make new contract offers. Contracts awarded under this sign-up are scheduled to become effective Oct. 1, 2010.

FSA implements CRP on behalf of Commodity Credit Corporation. FSA will evaluate and rank eligible CRP offers using an Environmental Benefits Index (EBI) for environmental benefits to be gained from enrolling the land in CRP. The EBI consists of five environmental factors (wildlife, water, soil, air and enduring benefits) and cost. Decisions on the EBI cutoff will be made after the sign-up ends and after analyzing the EBI data of all the offers.

Those who would have met previous sign-up EBI thresholds are not guaranteed a contract under this sign-up. In addition to the general sign-up, CRP's continuous sign-up program will be ongoing. Continuous acres represent the most environmentally desirable and sensitive land. For more information, visit http://www.fsa.usda.gov/crp.

USDA is an equal opportunity provider, employer and lender. To file a complaint of discrimination, write: USDA, Director, Office of Civil Rights, 1400 Independence Ave., SW, Washington, D.C. 20250-9410 or call (800) 795-3272 (voice), or (202) 720-6382 (TDD).

## Classifieds

AUCTION: Saturday, July 31st from 2 p.m. to 8 p.m. at 500 Graham Street in Moran - Country Gospel Church. Make Plans to Attend. 1tc

Texas Nurse Connection, Ltd - RN' LVN'S CNA's - NEEDED FOR ALL SHIFTS - (325) 670-0090 - Texasnurseconnection.com 3-7-29C.

PAUL WILLIAMS ROOFING CARBON, TEXAS FREE ESTIMATES 254-639-2330

FOR SALE!! - Sleeper Sofa and matching side chair - \$250 Call 734-2906 and come see it in our living room. Armoire/Entertainment Center \$75 - Cardio Glide Exerciser \$50. 1TC

BARN SHEDS CARPORTS 50% OFF we finance, free delivery MORGAN PORTABLE BUILDINGS in Eastland. FACTORY CLEARANCE SALE. Call J.A. (254) 498-5579. FNC

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IMMEDIATE OPENING: Homestead Nursing & Rehabilitation of Gorman. Due to our recent growth and upscale on pay wages we our now accepting applications for C.N.A's all shifts available. For additional information, contact the facility at 254-734-2202. EEOC FNC

Are you missing a pony? Call and describe to City Office 734-2317.

Repo D/Wide - 4 Bdrm. 2001 Model, Completely Refurbished. New Paint, Carpet. Financing Available. \$0 Down Of You Own Land. 817-279-8505 RBI-35823 5-7-29 C.

IMMEDIATE OPENING: Homestead Nursing & Rehabilitation of Gorman has an opening for Weekend R.N.. For additional information, contact the facility at 254-734-2202. EEOC FNC

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"EDGE OF GORMAN - 1.3 AC, m/l. Maintenance free Brick 3 BR, 1 3/4 bath, open LR-DR, kitchen area w/bk. bar, utility, CH/A fenced yard, SACP w/stg. & barn. 06

HUNTING & GRAZING - 257.53 AC. Mostly mesquite, food plots for deer, grazing or hay, tanks, good fences on 2 sides, Nash Creek, rolling terrain A18

CHARM, WARMTH, COMFORT - This 2 BR, 1 bath brick has all of this & more. Large inviting living room, kitchen/dining combo, CH/A, utility w/extras, DACP & cov. porch overlooking the oversized back yard with it's beautiful pecan trees. Call us to make your appointment today! 08

PRODUCTIVE - 160 AC, m/l, N. of Gorman. Coastal, good soil, 2 tanks, water well s & frontage on 2 county roads. A13

STOP & TAKE A LOOK - 2005 DWMH - quiet neighborhood & large trees on half an acre. Comfortable living with spacious LR, 4 BR, 2 baths, a front deck & Nice stg. Bldg. OWNER AGENT 02

INVESTORS - INVESTORS - INVESTORS - Lots of possibilities - 2 story office building & old cafe. C19

**The Gorman Progress**  
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 Phone 254-734-2410 or 254-734-2411 FAX - 254-734-2799  
 Email: jake@txol.net or gprogress@txbusiness.com  
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Business Directory

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There is a country music song out right now that goes "rain makes corn". Well, the other thing lots of rain can make is pecan scab. County wide rain has fallen in large amounts. High temperatures and humidity increase the chances of a scab outbreak.

Symptoms of scab can be found on the leaves, stems and shucks. Foliage systems will occur on the lower leaflet surface between and along the veins. The spots are initially olive green and will turn dark brown as they age. Infections may become severe along the midrib of the leaf and the leaf tip will begin to die, curl and turn a chocolate brown. With high humidity and frequent rain events the disease can spread throughout the trees. This disease can also infect stem growth. This will result in elongated twig cankers and are usually a secondary infection. If the infection is severe it can kill growth beyond the infection.

Shucks are susceptible from the time they form until a few weeks before harvest. Early infection is visible as small, dark-brown to black lesions on the shucks. These lesions will continue to develop on the shuck and become depressed and the center of the lesion will begin to form a crusty appearance. As the scab spreads over the shuck it will affect the movement of nutrients through the nut. If shucks are infected in May or early June we will usually see premature drop. Pecans that are infected with scab this time of year will result in poorly filled pecans and/or create shucks that will not open properly.

Controlling pecan scab is very important on susceptible varieties. Plant spacing becomes critical for air movement. Trees that are spaced close together will not have the air movement slowing water evaporation from the leaf surface and creates an environment for the disease that makes it difficult to control. Thinning trees and improving air circulation is a critical part of disease management. Keeping orchards clean is another step in disease management. Scab can survive over winter on old leaves, shucks and stems.

The third step in scab disease control is to provide a fungicide protectant. If you have varieties that are susceptible to scab you should already have protectant on your trees and/or planning to spray before the next showers move in. Both protectant and systemic fungicides should be applied at intervals short enough to insure that foliage has fungicide protection when environmental conditions favor infection.

For more information or if you have questions, please contact Texas AgriLife Extension Service, Eastland County Extension Agent, Heath Begeman at 254/629-1093.

## Sewing Camp

Looking for something fun and creative for your youngster to do the latter part of summer? Sign them up for Sewing Camp!! August 13th and 14th at the Hillside Village Apartment/Housing in Cisco. Not only will they have a great time, but they will learn a lifelong skill. At the Sewing Camp they will make projects that will help them build the fundamental skills necessary for sewing. Sewing camp offers them a fun and safe environment, where they can learn and be creative during those hot summer days. Several projects will be sewn during the day. You must be 9 years of age and there will be no exceptions!!!! Cost for Sewing Camp is \$15.00 per person.

Please register for Sewing Camp by Monday, August 9th by calling the Eastland County Extension Office at 254/629-2222. Supplies will be purchased for those calling in by the registration date. Those not registering ahead of time may not have supplies to make all the crafts. General supplies to bring to sewing camp every day:

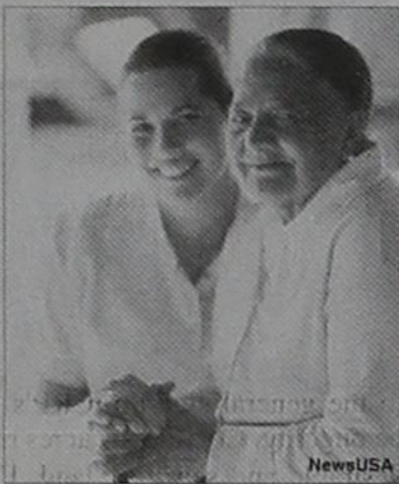
- \* Scissors, pins and pin cushion, thread
- \* Sewing machine with extra needles - be sure you know how to thread your own machine. If you do not have a sewing machine, call the Extension Office at 629-2222.
- \* Sack lunch and extra drinks/snacks if you wish.

## SAFETY

# Steady Steps to Prevent Seniors' Slips and Falls

NewsUSA

(NU) - Slips and falls are a common cause of injury in the United States, and the risk increases with age. According to the Centers for Disease Control and Prevention (CDC), falls are the most common cause of injury deaths, nonfatal injuries and hospital admissions for trauma in seniors. But slips and falls are not inevitable - most can be prevented.



Nursing homes should have a plan in place to prevent slips and falls.

Many falls occur in nursing homes and hospitals. In fact, slips and falls are the leading cause of injury in long-term care facilities. If your loved one is in an assisted living facility or nursing home, ask the management about its fall-prevention plan - it should have one. You can also evaluate the facility when you visit. Here are some things to look out for:

- **Slippery floors.** All floors should be level and offer noticeable traction, as canes and walkers require high slip-resistance. Make sure that there are no loose tiles or thick carpets that could cause seniors to trip. And ask how the floors are cleaned - soap scum can make floors even more slippery.

clearly. Frosted bulbs or lamp shades may help reduce glare. Surface-level changes and obstructions should be clearly marked, whether by color-contrast or light strips. Look for night-lights in residents' rooms, as they improve visibility at night.

- **Bright lighting.** As seniors age, they need more light to see

- **Individual fall-prevention plans.** Not all seniors share the same risk. For example, a senior who suffers from dizziness or who is visually impaired is more likely to fall than one who is not. Ask about the particular ways in which the staff will help your loved one avoid falls, such as arranging exercise to increase or retain mobility and training residents in fall prevention.

For more information, visit [www.pakit.com](http://www.pakit.com) or [www.jbiglobal.com](http://www.jbiglobal.com). JBI trades on the OTC under the stock symbol: JBII.

## Cooking Classes

Texas AgriLife Extension Service is hosting a four-part series of cooking classes entitled "Cooking Well with Diabetes". The classes will be held at 5:30 p.m. on August 5th, August 12th, August 19th and August 26th at the Eastland County Courthouse Conference Room at the Eastland County Courthouse Conference Room.

The series will include cooking demonstrations as well as discussions of research findings on diabetes. A diabetic lifestyle requires very close attention and care to the way that meals are cooked. Diabetic cooking with various ingredients that are high in fats and sugars will ultimately lead to the destabilization of the delicate balance of blood glucose that is essential to maintain a healthy diabetic lifestyle. Various options are available to patients with diabetes to enjoy delicious food while preserving a desired level of blood glucose. Implement a healthy diabetic cooking plan in order to achieve an optimal level of health without the many complications associated with diabetes. Come to the "Cooking Well with Diabetes" classes and learn how healthy diabetic cooking habits may offset the chances of developing high risk complications associated with diabetes such as heart disease, high blood pressure, and high cholesterol while naturally maintaining desired blood sugar levels.

Cost is \$10.00 per person for all the classes. For more information on cooking with diabetes or on the "Cooking Well with Diabetes" series, contact Hale Mitchell, Eastland County Extension Agent at 254/629-2222.



# Hamilton Band Plans Barbecue Cook-Off

Hamilton Band Boosters will host their annual Lone Star Barbecue Society-sanctioned barbecue cook-off Aug. 20 and 21 in Hamilton at the Jayson Harris Pavilion. This event is the band's largest fundraiser of the year.

Teams from all around Texas are expected to attend. Membership in the society is not necessary, everyone is welcome to compete. Categories for the cook-off will be 1/2 chicken, pork spare ribs, brisket and jack pot beans and Dutch oven desserts. The entry fee for meat categories will be \$50 and a cooked brisket. There is an additional \$10 fee for jackpot beans and Dutch oven desserts. Due to limits on electricity and water, those conveniences are available on a first-come basis or may be reserved with a \$10 pre-payment.

First, second and third place winners will receive cash and trophies. Fourth through tenth place winners will receive ribbons.

The meat will be used for the fundraising barbecue meal to be held Saturday, Aug. 21. For entry forms or more information, call Mark Blackwell at 254-784-0617 or 254-386-3989 or download a form at [www.lonestarbarbecue.com](http://www.lonestarbarbecue.com).

## 2010 Property Tax Rates in Eastland County

This notice concerns 2010 property tax rates for Eastland County. It presents information about three tax rates. Last year's tax rate is the actual rate the taxing unit used to determine property taxes last year. This year's effective tax rate would impose the same total taxes as last year if you compare properties taxed in both years. This year's rollback tax rate is the highest tax rate the taxing unit can set before taxpayers can start tax rollback procedures. In each case these rates are found by dividing the total amount of taxes by the tax base (the total value of taxable property) with adjustments as required by state law. The rates are given per \$100 of property value.

Last year's tax rate:	General Fund
Last year's operating taxes	\$ 4,769,694
Last year's debt taxes	\$ 0
Last year's total taxes	\$ 4,769,694
Last year's tax base	\$ 867,217,242
Last year's total tax rate	\$ .55 /\$100
<b>This year's effective tax rate:</b>	
Last year's adjusted taxes (after subtracting taxes on lost property)	\$ 4,768,447
(Divide)/ This year's adjusted tax base	\$ 870,732,309
(Equals)= (after subtracting value of new property)	\$ .54763 /\$100
(Equals)= This year's effective tax rate for each fund	\$ .54763 /\$100
<b>This year's rollback tax rate:</b>	
Last year's adjusted operating taxes (after subtracting taxes on lost property and adjusting for any transferred function, tax increment financing, and/or enhanced indigent health care expenditures)	\$ 4,768,447
(Divide)/ This year's adjusted tax base	\$ 870,732,309
(Equals)= This year's effective rate	\$ .54763 /\$100
(Times)x 1.08 = this year's maximum operating rate	\$ .59144 /\$100
(Plus)+ This year's debt rate	\$ 0 /\$100
(Equals)= This year's total rollback rate for each fund	\$ .59144 /\$100
This year's total rollback rate	\$ .59144 /\$100

### Statement of Increase / Decrease

If Eastland County adopts a 2010 tax rate equal to the effective tax rate of \$ .54763 per \$ 100 of value, taxes would increase compared to 2009 taxes by \$ 446,021 .

### Schedule A- Unencumbered Fund Balances

The following estimated balances will be left in the unit's property tax accounts at the end of the fiscal year. These balances are not encumbered by a corresponding debt obligation.

Type of Property Tax Fund	Balance
Maintenance & Operation	\$ 1,032,204
Bond	-0-

This notice contains a summary of actual effective and rollback tax rates' calculations. You can inspect a copy of the full calculations at:

Eastland County Auditors Office  
Eastland County Courthouse  
Second Floor Suite 205  
Eastland, Texas

Name of person preparing this notice: Steve Thomas, RPA  
Title : Chief Appraiser  
Eastland CAD  
Date Prepared : July 26, 2010

## AUTOMOTIVE TRENDS

### Back to School:

# Prepare Your Teen for the Road

By Trisha Hessinger  
For NewsUSA



An inspection can help you avoid purchasing a car with mechanical problems.

(NU) - As the summer comes to an end, teens prepare to get back to the classroom - and the road. If your young driver is ready to buy their first used vehicle, you'll need to do your research. Firestone Complete Auto Care offers some tips that will not only help you in the process of buying a good used vehicle, but will also help keep that vehicle running newer, longer.

### After purchasing your used vehicle:

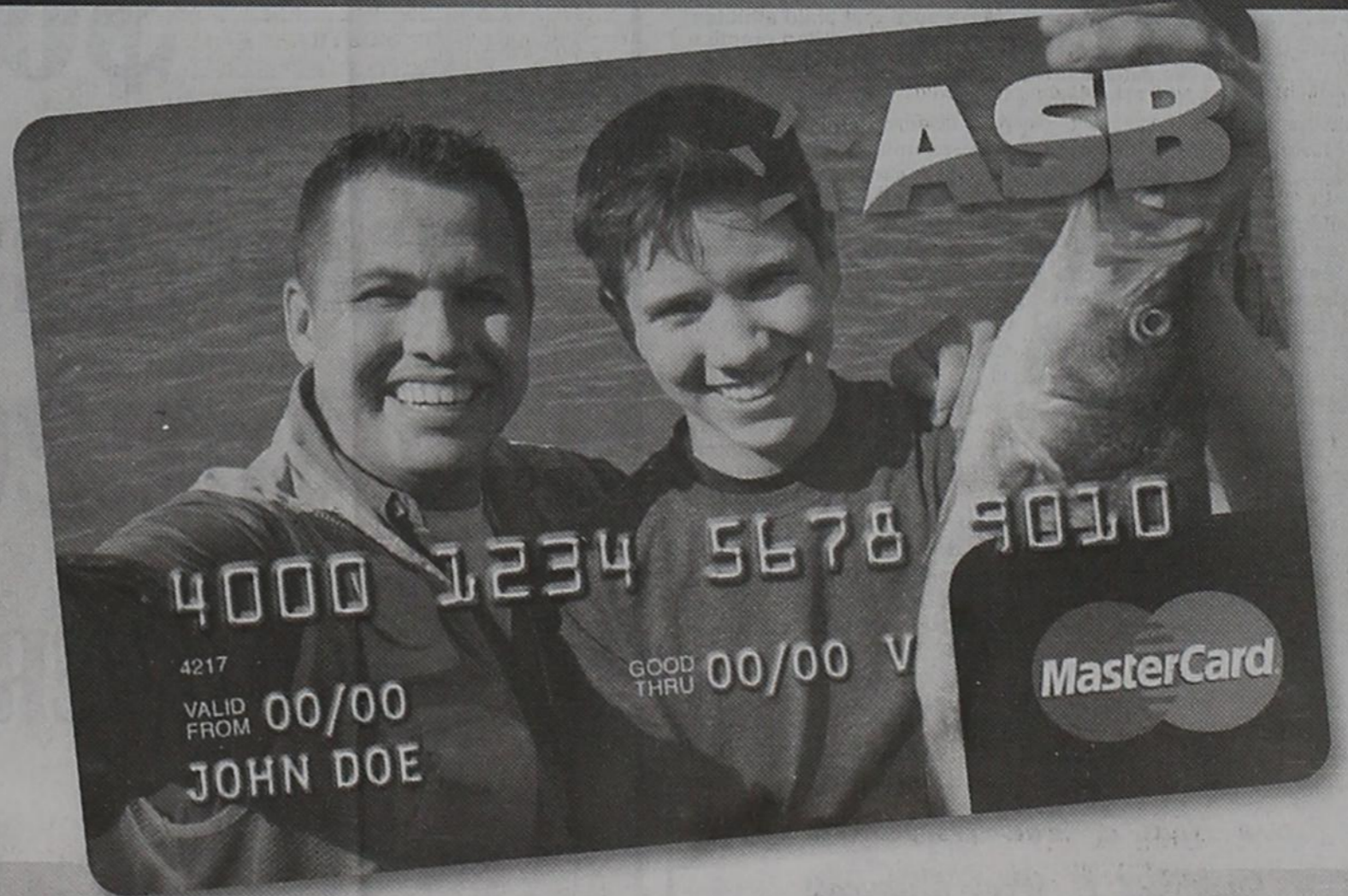
- **Change the engine oil.** Early on, your teen should get in the habit of changing the oil according to the vehicle owner's manual, usually every three months or 3,000 miles. Prolonged driving without an oil change may cause severe engine damage, which can be very costly to repair.
- **Maintain your tires.** Teach your teen to check the tire inflation pressure every month. Tires should be properly balanced and rotated according to the maintenance schedule. The alignment should be checked at least once a year. Properly maintained tires are safer and longer lasting, and can increase gas mileage up to 3 percent.
- **Check the vehicle's fluid levels.** Have your automotive technician show you and your teen how to check the transmission, power steering, windshield washer and coolant to make sure they're properly filled. Also have your automotive technician check your vehicle's brake fluid level and condition regularly.

- **Make the investment.** Many problems with vehicles aren't obvious. Have your teen take the vehicle to a trusted automotive technician for a thorough inspection. A small investment upfront could mean big savings down the road if it prevents you from buying a vehicle with serious mechanical problems.
- **Check the Internet.** Your teen can use a vehicle's Vehicle Identification Number (VIN) to search for its history online. It's a good way to check for odometer fraud and to find out if the car has ever been damaged in an accident.
- **Trust your senses.** Check for evidence of flood damage, which might include a musty smell, water stains, dried mud, mildew or mold inside the car. Check for stains on the carpet under the dashboard, which can indicate heater core or air conditioner leakage.

### When shopping for a used car:

## Guest Commentary

The perfect card for catching life's memorable moments.



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## Senior Citizens News

By Carol Ward

Our weekly dinner was enjoyed by eighteen in attendance on the 21st of July. Many have stayed home or dropped out in the this summer heat. So we will close up for the month of August. We will return on Wednesday, September 1st at the usual time. I've had many health issues lately, so need a rest.

Sure was good to see Geraldene Wright and Ima Brown. We had missed them for awhile. Geraldene was gracious to give the blessing for us all. She always has such good words. Also gives us a nice hug. Sure do appreciate the good wishes.

We enjoyed a lovely salad luncheon. Many brought different interesting salads. Wish more had been here to bring their goodies. We missed Billie Bennett's cornbread salad, as she was unable to attend. Our main salad was a frito with beans, cheese and meat. It turned out very good, first time I had used meat. My daughter does this often, plus uses any kind of chips crumbled. Also green beans and pea, corn with fritos, 2 good potato salads, a really delicious one made with sunflower seeds, broccoli and grapes by Ailene Garrett. Also a wonderful fruit salad by Geraldene Wright! We don't get this often. I remember Nancy Hendricks always brought us a fruit salad, so have missed them. Desserts were cookies and a pie. I nearly bought some ice cream, wish I had. Hope we have more desserts for our last meeting on the 28th of July.

We missed Betty Regian as she still had company after her sons funeral on the 19th. We think about you Betty, hope you are doing OK. Also miss Ruthie Porter. She has been having a bad time of it would many issues. Hope you are feeling improved by now. I talked to her once, must call again! Betty Frazier had been ill for a couple weeks. Sure was good to see her looking spiffy and well.

Sandra Cagle, our tax assessor was with us for lunch on the monthly visit to Gorman. This is good of her to be here for the people and give of her time. Always nice to see her visit with Wilburn Overstreet.

I had to visit by chiropractor after my fall. I aggravated an old hip injury. Feels some better, but will have to visit a couple more times. While in Brownwood on the 24th I visited with my two sons on the job. My son Mark and I ate lunch together at Mi Familia in Early. Its still not as good as Abuleo's in Abilene.

I forgot to mention Daisy Slaton had her granddaughter, Katie here for lunch on the 14th. She is such a pretty girl and what a help to me. She helped wash the tables and put up articles. Daisy can bring her anytime, I'll put her to work. HA! She seemed to enjoy helping. Also helps Daisy.

Hope all is well and see you soon, Carol.

### SAFETY

## Homeowners Look to DIY Projects to Secure Peace of Mind

NewsUSA

(NU) - In the midst of today's soft housing market, and during a time when saving money is top-of-mind, many homeowners are embarking on small, do-it-yourself improvement projects around the home instead of extensive overhauls or making the move to a new home.

In fact, the National Association of the Remodeling Industry reports that many of today's homeowners, apparently reacting to current market conditions, are opting to undertake a series of "partial" improvement projects as their schedules, budgets and lifestyles evolve over time.

While many of these updates are intended to make the home's interior more functional and aesthetically pleasing, homeowners can also make simple improvements to the outside of their home. For example, homeowners seeking an added sense of security can take steps to increase their awareness of what is happening outside the house - from the driveway to the doorway to the backyard patio or pool. Now, enhancing your knowledge of any movement on or around your property can also be a manageable DIY improvement project that any weekend-warrior can tackle in no time.

Created by Chamberlain, the world's largest garage door opener manufacturer and leading do-it-yourself access control innovator, the CWA2000 Wireless Motion Alert system allows homeowners to safely monitor



A new wireless motion alert system alerts homeowners to guests or potential intruders approaching their property.

the outside of their property from inside their home. Providing affordable peace-of-mind about what's happening or who is approaching their property, these motion alert sensors allow easy installation at key areas around the perimeter of the home. Equipped with one portable base station and one motion sensor, this easy-to-install system is expandable up to four sensors, so homeowners can be alerted to any unexpected deliveries, unannounced guests and even potential trespassers.

Versatile and portable, the sensors can detect movement from up to 30 feet away and then transmit that signal, using both light and sound, to a portable base station capable of receiving alerts from up to a half-mile away, also making it ideal for the lake cabin, the boat house or even the campground - offering the homeowner both peace-of-mind and protection at all times.

For more information, visit [www.chamberlain-diy.com](http://www.chamberlain-diy.com).

### SPORTS

## Sports Safety: Not Just for the Home Stretch

NewsUSA

(NU) - You know that your child should wear safety equipment for the big game. But do you practice equal vigilance at your child's practice? If you don't, you're not alone. According to Safe Kids USA, 33 percent of parents take more safety precautions for games, even though 62 percent of organized sports-related injuries happen at practice.

There's no doubt that sports benefit kids. In fact, the American Academy of Pediatrics recommends that every child participate in sports or another activity that promotes physical activity. So what can parents do to make practices safer? Here are some tips:

- **Make sure your child is healthy enough to play sports in the first place.** Children should receive sports physicals before signing up for any sport.
- **Make sure that practice facilities are safe.** For example, ask your school to make the gymnasium less slippery. Some companies are actually designing floor cleaners that increase slip-resistance. For example, Traction-Pak from PAK-IT ([www.pakit.com](http://www.pakit.com)) cleans and polishes floors while also creating a non-slip surface.

As slips and falls are a major cause of injury in schools, cleaning hallways and cafeteria, as well as gyms, with a slip-resistant floor cleaner is an easy way to improve overall safety.

- **Make sure kids wear the proper safety equipment for their sport.** Equipment should fit well and look well maintained.



Make sure that child athletes stay hydrated during practice as well as at games.

And children should wear the same equipment for practice as they do at games.

- **Don't allow your child to overtrain.** In the past, child athletes played different sports each season. Now, children face pressure to choose one sport and play it all year, leading to overuse and repetitive-motion injuries, such as pitcher's elbow. Encourage children to try different sports and, if they only want to play one, have them try different positions.
- **Keep kids fueled.** Overexertion and dehydration also pose problems on the practice field. Provide healthy snacks, and make sure that kids drink enough water. In hot weather, coaches should give children frequent breaks.

For more information, visit [www.pakit.com](http://www.pakit.com) or [www.jbiglobal.com](http://www.jbiglobal.com). JBI trades on the OTC under the stock symbol: JBI.

## Desdemona News

By Vonnie Guthery

**Desdemona Monthly Musical** was held on Saturday night at the Community Center. A large group of musicians and singers attended. We appreciate those that come each month to keep our musical going strong. We appreciate the ladies of our Community that donate food each month to our Concession Stand. Next Musical will be on Saturday, August 28th at the same location. This is a "SMOKE FREE" environment and the admission is "FREE".

**First Baptist Church** of Desdemona had very good attendance on Sunday. Terry Austin of Fort Worth was the guest speaker. His wife, Sharon attended. Charlie Johnston of Fort Worth will be the guest speaker on Sunday, August 1st. Visitors are welcome to attend to share God's message.

Preston Brown of Fort Worth, a grandson of Robert and Ima Brown will be attending Tarleton College in Stephenville this coming year. Ima has been busy getting him settled in and ready to go. His parents are Robert Alton and Jana Brown of Fort Worth. "Good Luck" To Preston.

Wanda Martin is on the road of recovery since her recent hip surgery. Friends of Desdemona sends "Get Well" wishes to Wanda.

Visitors with Humpy and Betty Duke over the past weekend were Russell and Susan Duke of Houston; Scott and Kayla Gill, Elise and Katie Duke all of Early.

"Happy Birthday" to our great granddaughters, Taiah Cogburn and Karsan Guthery, also to our great grandson, Lane Powledge, from Granny Coon and Granke.

Thought For Today -- "The world is round and the place which may seem like the end - May also be only the beginning."

**Desdemona Homecoming and School Reunion** will be held on Saturday, August 14th at the "Ole" School Building. More details later on.

Have a great day, Coon



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