

The McLean News

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VOLUME 71

McLEAN, GRAY COUNTY, TEXAS - THURSDAY, SEPTEMBER 12, 1974,

NUMBER 37

Baby Beef" Saves Food Dollar

If you'd like to eat more beef but can't afford existing prices, there may be an alternative in "baby beef."

According to a livestock meat specialist for the Texas Agricultural Extension Service, baby beef is beef produced from young animals weighing 400 to 700 pounds when they have been nursing. Baby beef was once quite popular in the supermarket, but in recent years the trend has been toward choice heavy beef," points out Woodrow Bailey.

However, the high cost of grain has caused the price of fat animals to jump. The young calves coming to pastures have sold for considerably less.

"This price differential on baby beef is 20 percent, according to the Texas A&M University System specialist, consumers could save a great deal by purchasing baby beef instead of heavy beef.

What are the basic differences in the two types of beef?"

The major factor is that baby beef is less marbled--flecked--in the lean portion of the meat," points out Bailey. "This means that baby beef steaks from baby beef do not lend themselves to grilling as well as those from heavy beef. But for all other methods of cooking, young baby beef is unsurpassed for grilling."

The specialist encourages consumers to look for baby beef in the supermarkets, as stores are beginning to carry it once again. Betty, check with a rancher in an auction owner and buy a young calf weighing 500 to 700 pounds. Then have it born slaughtered, cut and frozen for your home freezer. Often the manager of a meat processing plant will be able to obtain a calf for you.

"If you want high quality beef, you can get it--at a savings, too--by purchasing a baby beef," says Bailey.

School To Dismiss Monday for Fair

Classes of the McLean public schools will be dismissed Monday to allow students to attend the Tri-City Fair in Amarillo, it was announced this week.

The high school band will participate in the fair that morning. Parents are requested to bring their children to the school Monday and not on the day in the week.

Viola Meador is a patient at Anthony's Hospital in Amarillo where she is seriously ill.

Gov. Dolph Briscoe Make Proclamation

Governor Dolph Briscoe today signed proclamations denoting the week of September 16-21 as Voter Registration Week and designating Tuesday, November 5, 1974 as the date for the state-wide General Election.

In signing the proclamations the Governor urged all eligible Texas citizens to register to vote in order to insure maximum citizen participation in this year's important elections. He pointed out that the voters will be selecting all State officials, many members of the Texas Legislature, members of the U.S. Congress and numerous county and local officials.

"Only 30 percent of the registered voters cast their ballots in the May primaries," Governor Briscoe said. "I certainly hope that many more of our citizens will participate in the November elections and vote for the candidates of their choice. The right to vote is one of our greatest Constitutional privileges, and I urge all Texans to exercise this right on November 5."

A.C. To Have Fire Fighting Program

The Amarillo College Adult Vocational Education Department has obtained approval from the Texas Education Agency (TEA) to conduct a 325 clock hour fire fighter training program beginning Sept. 9.

This course meets the state requirement for all municipal fire fighters, said Dean Simon, director of continuing education.

The class, with enrollment limited to 12, will meet five days a week, eight hours a day for eight weeks.

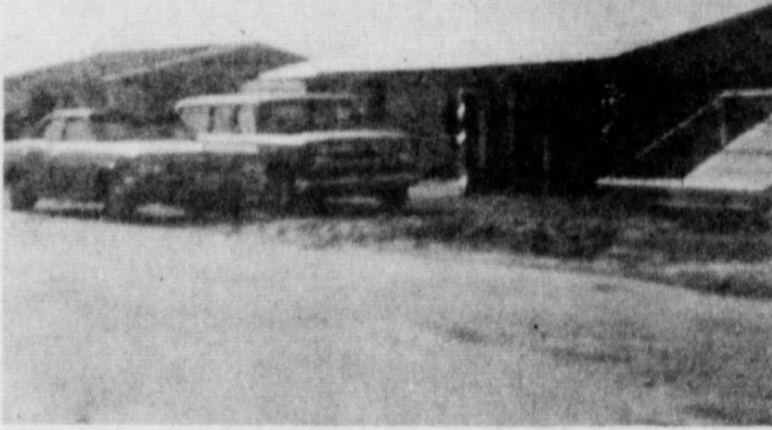
Class instruction will include training in fire department organization, use of the various fire department and fire fighting equipment, inspection practices, aircraft rescue, community relations, civil disorders, and arson detection, among others.

This will be a continuous offering said Simon. There will probably be two or three classes a year.

The course will be taught by members of the Amarillo Fire Department who have received approval from TEA. Sessions will meet at the West Campus, School of Vocational Arts, 6222 W. 9th, as well as at the fire department training facilities.

Those desiring additional information may call Fire Chief Curt Richards, at the Amarillo Fire Department.

Cheryl Smith was in Dallas over Labor Day to attend market where she ordered some new items for her gift shop. She also went to Trade Mart in Amarillo.



CONSTRUCTION is going up at El Paso Camp, east of town as five new houses are being built. A new park and recreation area is being constructed with extensive expansion also being done at the plant.

Dove Hunting Mixed Bag This Year

A last-minute check with Texas Parks and Wildlife Department biologists, wardens and information officers across the state indicates that this summer's drought will have its affect on dove hunting come Sept. 1.

The drought made its present most known in the Trans-Pecos region of farm West Texas. There, TP&WD information officer Roger McKown of El Paso describes dove hunting prospects as "excellent to non-existent."

Dove hunters in this part of the state will have to work a little harder and drive a little farther to the remaining irrigated grain and weed patches.

One of the best areas for dove concentrations seems to be from Wichita Falls to south of Paducah. Hail storm beat down maize crops and birds have been attracted to the unharvestable grain.

Recent heavy rains in the Panhandle will make hunting more difficult, according to reports received by information officer J.D. Peer in Lubbock.

Waterholes are everywhere now, said Peer, the best hunting will be near sunflower patches or in roosting areas.

Young At Heart To Meet Friday

The Young at Heart Club will meet at 7 p.m. Friday, Sept. 13 at the Casper Smith Building.

Anyone above 55 is urged to come and join in. A good time is always enjoyed.

HOSPITAL NOTES

ADMITTED
Walter Foster
Annie Mullins
Raymond Cartwright
Guy Beasley
DISMISSED
Lena Bailey

W. J. Foster Dies After Long Illness

Funeral services for Walter James Foster, 85, who died Wednesday after a long illness in the McLean Hospital, will be held at 2:30 p.m. Friday in the First United Methodist Church.

Officiating will be Rev. Herman Bell, pastor of the First Baptist Church. Burial will be in Hillcrest Cemetery by Lamb Funeral Home.

Mr. Foster, born in Eastland, moved to McLean from Eastland County in 1904.

He married Emma Beatrice Anderson in 1913 in McLean. He retired from the Texaco Oil Company in 1948 and also a retired rancher.

Mr. Foster was a member of the First Methodist Church.

His survivors include his wife; one son, James of Fort Worth; two sisters, Mrs. Minnie Moore of Waco and Mrs. Julia Shell of Waxahachie and five great-grandchildren.

School To Sell Old Ag Building

The board of trustees of McLean Independent School District decided to advertise for sale the school's old agriculture building and some of the agriculture tools no longer used.

This action was taken during Monday's regular board meeting, at which the board also took the following actions.

A new teacher was hired for mathematics and counselor. He is Jason Smith, who will move here from White Deer. He also in need of a house, if anyone knows of one empty, please call the school.

Repairs to the auditorium were discussed.

They also discussed the new Right-to-read program. McLean being one of four area schools selected for participation in the program.

A list of substitute teachers was also approved.

A wise man will make more opportunities than he finds.

Completion Date On SWPS Generating Unit Set Up

Roy Tolk, chairman and president of the Southwestern Public Service Company, announced today that the completion date for the second 350,000 kilowatt coal-fired generating unit at the company's Harrington Station, near Amarillo has been moved up from 1979 to 1978.

"The area we serve continues to grow and this means more industry and more people. In order to continue to provide our customers with the electric service they need, we found it necessary to have the second unit at Harrington Station ready a year sooner than we had first planned," Tolk said.

The first coal-fired unit at Harrington Station is now under construction and is scheduled for completion in mid-1976. It is also a 350,000 kilowatt machine and construction is on schedule.

When both units are completed and on the line, the SPS system generating capability will be increased to almost 3-million kilowatts, with the coal-fired units representing 22% of the total.

The turbine-generators for the 1978 unit will be made by Westinghouse and the boiler by Combustion Engineering, Inc., and these manufacturers have assured SPS that the equipment will be available.

Howard Gipson Is Director of Assn.

Howard Gipson, member of the McLean Independent School board, was recently elected as a director of the area Panhandle Association.

Mr. Gipson, a local business man, is currently serving his second term on the McLean School board. He is married and has three sons.



MR. AND MRS. DAVID M. SIMPSON

Mr. and Mrs. D. M. Simpson, Former Residents Have 50th Anniversary

Mr. and Mrs. David M. Simpson of 2104 37th Street observed their 50th wedding anniversary with a dinner in the home of their son-in-law and daughter, Mr. and Mrs. James G. Smyth of 1916 37th Street.

After service in World War I, Simpson and the former Miss Lottie Dorsey were married September 1, 1924, in Lela, Texas. Most of their

McLean Tigers Lose To White Deer 28-9

McLean lost their opening game Friday night to the White Deer Bucks with the final score being 28-9.

A 45 yard field goal was made by Eddie Estes to make three points for the Tigers.

The last score of the game for McLean was made by Mar Marty Duniven.

They will travel to Lefors this Friday for their second game and invite their fans to come and support them.

Rep. Cates Appointed To Committee

Texas House Speaker Price Daniel, Jr., today announced the appointments of Representative Phil Cates of Pampa to the House Committee on Calendars and Representative Jon Newton of Beeville to the House Committee on Rules.

Vacancies on the two committees were created by the death of Representative Hawkins Menefee of Houston.

Cates resigned from the House Committee on Natural Resources and Newton resigned from the House Committee on Elections in order to assume the new positions. Representative Herman Lauhoff of Houston was named to those committees.

Daniel said, "Representative Cates and Newton have performed admirably and capably in every position of responsibility they have held in the House of Representatives. I know that they will serve equally well in these new capacities."



and other BACK-to-SCHOOL SAVINGS

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59

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69

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HAMS

3 LB. CAN 5 LB. CAN

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DOWNY

KING SIZE

\$1.49

TOKAY

GRAPES

LB.

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DETERGENT

OXYDOL

KING SIZE

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CARROTS

2 FOR

29¢

LIQUID DETERGENT

JOY

22 OZ.

55

YELLOW

ONIONS

LB.

10¢

SWEET

POTATOES

LB.

19¢



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6

FOR

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89

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Fri. & Sat., Sept. 13

Market Report

...omical, high-quality ... is at seafood, dairy ... poultry counters this ... Mrs. Gwendolyn Cly ... id today.

...e protein source is the ... increasing supply of ... seafood, according to ... consumer marketing in- ... sion specialist with the ... Agricultural Extension ... ce, The Texas A&M ... iversity System.

...h is usually filleted and ... very little waste.

... dairy counters, features ... cream, cottage ... e and a variety of che- ... lices. For high nutrition ... s, a glass of milk is ... low cost--compared ... carbonated beverages. ... ces on large-size eggs ... fractional advances--if ... price difference between ... in the same grade is ... than seven cents a doz- ... buy the smaller size, ... Clyatt advised.

...yer chickens and parts ... lead the list of most ... nently featured protein ... s, and turkey hindquar- ... and drumsticks offer an ... omical change of menu. ... rther meat features include ... chuck roasts, round ... k and beef livers, ground ... , sirloin and rib steaks. ... rk specials are scattered ... e appear on quarter loin ... into chops, Boston butt ... s, semi-boneless and ... ed hams.

...esh fruit and vegetable ... s in good supply at the ... t reasonable prices in- ... ce prunes, plums, grapes, ... rines, cantaloupes, ... rmelons, cabbage, car- ... ooking greens, dry ... w onions, squash and

DOWN MEMORY LANE

10 YEARS AGO

Dry and hot weather continues in McLean, even though fall is fast approaching.

Panhandle Panthers come to McLean Friday night to meet the Tigers in their first home game of the season.

20 YEARS AGO

Sale of the Texaco Station next door to Puckett's Grocery to Bill and Wayne Moore was announced this week.

Scores of friends visited in the home of Mr. and Mrs. W. R. Cooper Saturday afternoon from 2 to 6 o'clock in observance of the 50th wedding anniversary of the couple.

A dinner honoring Mrs. J. P. Alexander on her 81st birthday was given in the home of her daughter, Mrs. Elton Johnston, Sunday, September 12.

Mr. and Mrs. Mike Murff of Amarillo are the parents of a girl born September 13. She weighed six pounds 2 ounces and has been named Allison Dianne.

30 YEARS AGO

Soe 512 pupils have been enrolled in the McLean schools with the number increasing each day since the opening.

Sid Stewart has bought the Consumers Supply Co., from Henry Boyd and is now in charge of the service station.

A ceiling price of \$1.50 per 100 for pulling cotton bolls has been set for the 23 Panhandle counties affected.

Not enough workers were secured Wednesday for the gasoline plant to be erected near McLean.

potatoes. CONSUMER WATCHWORDS: Consumer Watchwords: Sausage meats, in more than one hundred varieties, make quick and easy meals for hot summer days. Use unit pricing knowledge to figure cost per ounce--or cost per pound.

40 YEARS AGO

Miss Jewel Smith and Mt. Casey Lee were married Saturday, Sept. 15 at Wheeler, Judge Murtry performing the ceremony.

Miss Nadine Tedder and Mr. Clifton Lee were married in Pampa on August 29.

Everything will be in readiness for night playing on the local football field when the Shamrock eleven meets the locals here next week.

The commissioners court has called for bids for rock-asphalt topping of 29 miles of the McLean-Pampa road.

50 YEARS AGO

The first bale of cotton to reach the McLean market was ginned today and sold to Smith Brothers, who paid 25¢ per pound for the lint.

The first football game of the season will be played on the fair grounds on the first day of the McLean Community Fair.

The High School auditorium was packed with students and patrons for the opening exercises Monday morning.

60 YEARS AGO

The Woman's Missionary Society of the Methodist Church held a very interesting meeting on Tuesday afternoon of this week.

Eastern Star Meet Sept. 5

The McLean Order of Eastern Star Chapter No. 239 met in regular session Thursday, September 5.

Initiation ceremony was held for Judy Morris. A group of members are going to attend Friendship Night at Pampa Chapter No. 65 on September 21, at 6:30 p.m. and also Wheeler Chapter on September 14.

Garland Ramsey underwent surgery in a Amarillo Hospital Friday. Rev. and Mrs. Herman Bell were there to be with the Ramseys at that time. They were accompanied to Amarillo by Mrs. Luther Petty

Mr. and Mrs. Johnny Chilton of Hale Center visited Labor Day weekend with his parents, the Josh Chiltons.

Make Your Own Decorative Gourds

Colorful gourds add an imaginative touch to fall decorating--but they must be carefully harvested and cured to prevent decay and discoloration, one landscape horticulturist noted.

He's Everett Janne, with the Texas Agricultural Extension Service, The Texas A&M University System.

They should be picked when fully matured, but before frost, to reduce danger of spoiling during the curing process. The stem will shrivel and turn brown as they ripen.

The specialist suggested cutting the fruit from the vine with pruning shears to retain a short portion of the stem.

Bruising and scratching the gourds during harvesting causes rot and unsightly spots.

To prepare the gourds for curing, wipe each fruit with a cloth dampened in rubbing alcohol. This removes dirt and decay organisms. If the gourds are extremely dirty, you can wash them in warm water with a mild soap or detergent. Use a household disinfectant in the rinse water. Then dry each fruit with a soft cloth.

Place the clean gourds on a shallow slatted tray or open shelf in a well-ventilated porch, garage or shed, taking care that the fruit do not touch each other. Turn them daily and discard any that shrivel or develop soft spots.

After the first week of curing, the skin will become hard and tough. The gourds can then be stored in shallow wood or cardboard trays in a well-ventilated room or attic for a minimum of three weeks to complete the curing process.

The specialist advised continuing to inspect them every few days to remove any fruit which shrivel or show signs of decay. Do not store in a damp basement or in tight, unventilated containers, he cautioned.

You can look for the colors for properly-cured gourds to last three to four months. They will retain their color an additional month or two if you apply a protective coat of white shellac, floor wax or furniture wax to the dry, completely cured fruit.

4-H Club Get New Members

Margaret Horn-Reporter The McLean 4-H Club met Wednesday, September 4 in the school cafeteria for their regular meeting.

The program was brought by Richard Guggisburg, assistant county agent and Elaine Houston, county Home Demonstration agent. They spoke on the duties of the officers and what the 4-H Pledge meant. Beth Smitherman was recognized for her record book, which won 1st at district on Beef Cattle in the junior division.

New members in the club that were present were Debbie Buss, Becky Sanders, Dusty Sanders, Kim Sanders, Joy Rhine, Elaine Bentley, Billy Joe Skipper, Eddie Brooks, and Donna Willis.

Refreshments of lemonade and cookies were served by Mrs. Ken McGinty and Mrs. David Woods.

National 4-H week will be observed on the week of October 6 through the 12th.

Rural Youth Day will be Saturday, September 21, the last day of the Tri-State Fair in Amarillo and all 4-H members with cards will be admitted free.



Gifted Aliens

Our immigration laws, which set quotas for entry into the United States, also provide loopholes for special situations. One of these loopholes allows preferential visas for aliens who have "exceptional ability in the sciences or the arts."

What does this mean? Take the case of a woman golfer, born in Australia, who applied not long ago for a preferential visa.



Was her ability "exceptional"? Yes, ruled the Immigration Service, because as a professional competitor she had won many major tournaments.

Was golf an "art"? Yes, ruled the Service, because it provided entertainment for millions of spectators.

Result: the visa was granted. By similar reasoning, a preferential visa was granted to a brilliant Japanese puppeteer and a spell-binding Australian lecturer.

But the standards of excellence under this provision are high indeed.

Another case involved a Korean singer who was part of a duet. She was able to point to some favorable reviews by critics, but none that singled her out as an individual performer.

The Immigration Service decided that while she was doubtless capable as a vocalist, she was not "exceptional" enough to qualify for a preferential visa.

Furthermore, the skill itself must be one that is difficult to master. At one time or another, an Italian broommaker, a Philippine auto mechanic, and an Italian hair stylist have all been turned down on the ground that their particular skill was too easily attainable.

As a commissioner explained in the broommaker case, he was not convinced that the services of the applicant "would be substantially beneficial to the national economy, cultural interest, or welfare of the United States."

More than 35 percent of all marketed turkey meat is used in items such as turkey rolls and TV dinners, says Agriculture Commissioner John C. White.

HEARD NEWS

Mr. and Mrs. Wm. B. Ladd of Sunnyvale, Calif., are visiting his sister, Mrs.

K.S. Rippy this week. Other spending the weekend were Mr. and Mrs. Roy D. Powell of Trinidad, Colo.; Mr. and Mrs. H.C. Nelson of Dimmitt; Mr. and Mrs. D.L. Holder of Amarillo. Sunday visitors were Mr. and Mrs. J.A. Roberts of Blanchard, Okla.; Mr. and Mrs. John H. Hauck and Adrian of Yukon, Okla.; Mr. and Mrs. Bill Lankford, Kevin and Lauren of Amarillo and Mrs. A.W. Lankford.

Mr. and Mrs. Guy Clement and Todd of Pampa visited Sunday afternoon in the Ott Davis home.

Mrs. Nancy Setzler of Shamrock spent the week-end visiting her parents, the Carl Phillips.

Mr. and Mrs. Bob Bidwell were Shamrock visitors Friday.

Mr. and Mrs. A.W. Lankford visited Mr. and Mrs. W.A. Lankford and Mr. and Mrs. H.S. Rippy in Shamrock Monday.

McLean News

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Don't Sin Against the Child

Many years after Joseph's brother had sold him into slavery they were brought before him in his powerful position in Egypt. Remembering the cruel treatment when Joseph, Reuben, the oldest brother, was moved to the "Spake I not unto you, saying, Do not sin against the child...?" (Gen. 42:22). Joseph's brothers sinned against him while he was very young by planning to murder him and by selling him as a slave.

WE MAY SIN AGAINST OUR CHILDREN BY SELLING THEM INTO SLAVERY. Joseph was sold for twenty pieces of silver (Gen. 37:27-28). By our attitudes and examples, we may sell our children into slavery of materialism (1 Tim. 6:10), immorality (Gal. 5:19-21), and religious error (2 Kings 17:17).

WE MAY SIN AGAINST OUR CHILDREN BY NOT CORRECTING THEM IN LOVE. Eli "restrained not" his sons from their wickedness. (1 Sam. 3:13). Obedience and respect for authority should be taught in the home (Eph. 4-4). "Train up a child in the way he should go; and when he is old, he will not depart from it" (Prov. 22:6).

WE MAY SIN AGAINST OUR CHILDREN BY NEGLECTING THEIR SPIRITUAL NEEDS. Parents, as stewards, are responsible for teaching their children the way of God. (compare 2 Tim. 3:15). Children need to be taught to remember God and obey his commandments. (Ecc. 1, 13, 14).

WE MAY SIN AGAINST OUR CHILDREN BY SETTING THE WRONG EXAMPLE BEFORE THEM. Children tend to be much like their parents. (Ezek. 16:44). What do we want our children to be? Do we want them to be faithful Christians who live Godly, give sacrificially, and win others to the right way? If so, are we showing them how by setting the right example before them? Instead of sinning against our children, we should exert every effort to direct them in the way of righteousness. (Psalm 119:172).

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STATE CAPITAL
Highlights
AND Sidelights
by Bill Boykin
 TEXAS PRESS ASSOCIATION

AUSTIN—Rep. Bill Clayton, moving fast to roundup votes over the Labor Day weekend, staked claim last week to more than 100 votes in the House Speaker's race.

With 76 the minimum needed to win, Clayton, a 45-year-old farmer and rancher from Springlake (population about 300) in Lamb County, indeed, appeared to have the speaker's job raked up.

But Rep. Carl Parker, 40, of Port Arthur refused to concede defeat.

Rep. Fred Head of Athens set the stage for Clayton's apparent victory by withdrawing from the contest and throwing 15 votes to the West Texan.

While Parker was still checking the pledge cards, Rep. Jim Nugent of Kerrville also withdrew and announced — along with 14 others—he would back Clayton.

Then, Rep. David Finney of Fort Worth released his five remaining backers to do as they pleased.

Parker claimed the Clayton coalition — which includes staunch conservatives, staunch liberals and down-the-middle moderates — is hastily and insecurely glued together.

He said he still hopes to shake it apart by emphasizing to liberals his own voting record, particularly on House reform, minority, labor, consumer and ecology legislation.

Most legislators appeared to agree with Clayton that: "For all intents and purposes, the ballgame is over."

CRC TO MEET—The 37-member Texas Constitutional Revision Commission plans an October 4 meeting here to take a look at possible future means of getting a new state constitution.

The January-July Constitutional Convention, with the legislature sitting as delegates, ended in failure. CRC recommended a revision draft to the convention which has drawn wide praise as a sound document.

The blue ribbon commission, which conducted a 10-months' study in 1973, is now officially disbanded and must make the trip to Austin at members own expense. Many have proposed that the legislature take the CRC revision draft and other recommendations and try next year to come up with a document which can be submitted to voters.

TYC OVERHAUL ORDERED—U. S. District Judge William Wayne Justice in a 200-page opinion issued in Sherman ordered massive changes in operations of the state agency dealing with youth offenders.

Justice directed that Gatesville State School for Boys and Mountain View maximum security unit near Gatesville must be "phased

out" as quickly as possible. He cited records of cruelty to youthful inmates there.

Texas Youth Council members voted to appeal the order because it did not "take into account improvements (during) the past year."

TAX CUT TALKED—Both Governor Dolph Briscoe and Lieutenant Governor Bill Hobby have suggested sales tax rate cuts next year.

Briscoe called for elimination of the four per cent tax on utility bills.

Hobby, in a speech here, said he thinks the projected \$1.5 billion general revenue surplus will lead legislators to consider "very seriously" lowering the state sales levy in 1975.

Briscoe's proposal would take an \$80 million annual load off utility bills.

AG OPINIONS—A law prohibiting membership by licensed vocational nurses in labor unions with the right to strike is unconstitutional, Atty. Gen. John Hill held.

In other recent opinions, Hill concluded:

- A justice of the peace may not delegate to any employee exercise of his constitutional or statutory judicial powers.

- Records of State Bar Grievance Committee proceedings are not subject to mandatory public disclosure under the open records act.

- The Workmen's Compensation Second Injury Fund may be deposited in an interest-bearing account.

- Wages must be paid at least semi-monthly and within 16 days after the day earned.

- Certain medical records of county hospitals may be protected from forced disclosure.

BOOK HEARINGS ON—More than a dozen individuals and groups this week presented 484 objections to public school textbooks submitted for state adoption in 1975.

The three-day September hearings — airing objections and answers of publishers — are the first step in the annual adoption process. The State Board of Education will have the final say when it votes on the books November 9. The board will also hold a special public hearing here November 8 to hear objections to specific books and any claims of misconduct or procedural irregularities.

POPULATION BOOMING—Texas population is growing by 30,000 a year due to migrations from other states, and nearly 250,000 new baby Texans are born annually.

But the most important factor in growth and decline of cities, according to a new report by Robert I. Ryan, editor of Texas Business Review at The University of

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Texas, is not birth rates but job opportunities or lack of them. One hundred and eighty-five of the 254 counties actually lost population through migration in the last decade. The Negro population increased during the sixties at a 55 per cent higher rate than the white population.

Alanreed 4-H Elect Officers

The President Brenda Wilson called the 4-H meeting to order. She asked if there were any old or new business. We elected new offices. President- Brett Simmons, Vice President, Sam Stubbs, Secretary and Treasury- Robin Stubbs, reporter- Brenda Wilson, Council- Eddie Hines, Recreation Leader- members will take turns. Brett Simmons turned the meeting over to Mr. Guggisberg. He told us what our jobs were and our responsibilities. The Tri-state fair will be Sept. 21. Elaine Houston made some announcements about current events. Eddie Hines made a motion to adjourn the meeting. Sam Stubbs 2nd the motion.

STATE JOBS TO INCREASE—State employment will increase substantially during the next half dozen years, according to Texas Research League.

The League, a privately-supported research group, predicted non-educational employees will increase from 58,700 to between 78,000 and 95,000 by the fiscal year 1980. The average cost per employee is estimated by TRL to increase from \$9,174 (a 1972 figure) to more than \$12,000.

SHORT SNORTS

September 16-21 has been designated Voter Registration Week.

Senator Jim Wallace of Houston served as governor-for-a-day Saturday. Senator Peyton McKnight of Tyler was honored Monday at special "McKnight Day" ceremonies in Tyler.

Secretary of State Mark White Jr. certified the general election ballot—without the Socialist Workers Party candidates.

Ten employees of the State Department of Labor and Standards were dismissed. The son of AFL-CIO President Harry Hubbard was promoted to the \$16,000-a-year job of one of those sacked.

Lone Star Gas Company is asking Texas Railroad Commission to approve an 8.6 cent per thousand cubic feet rate increase.

State cigarette tax revenues declined more than a million from August 1973 to August 1974 — from \$24.7 million to \$23.7 million.

Mrs. Luther Petty returned home Friday from a three week trip having visited in the H. M. Billinsley home, Mr. and Mrs. G.O. Walker, Johnny Inez, the H.H. Billinsley, all in Amarillo and grandson, Vernon Kennedy and family of S. E. of Canyon.



Mr. and Mrs. Freddy J. Smith of Indianapolis, Indiana are the parents of a baby boy born August 31. He weighed 8 lbs., 2 ozs., and was 21 inches long. His name is Riley Zane. His mother is the former Brinda Lowe.

His grandparents are Riley Smith of McLean and Mr. and Mrs. W.W. Lowe of Antlers, Oklahoma. His great-grandmother is Mrs. Lummie Pruett of McLean.

Rev. Vergal Ray Smith and Patsy Miller were united in marriage August 30th in Yuma, Arizona.

He is the son of the Mr. and Mrs. J.N. Smith and is the minister at the Calvary Baptist Church of Mesa, Arizona.

DR. JACK L. ROSE

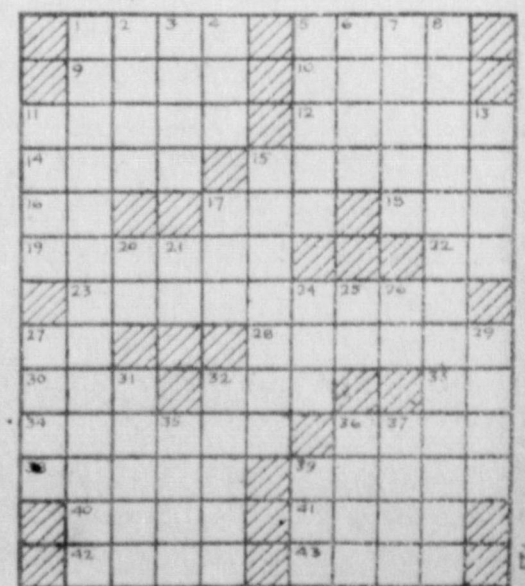
OPTOMETRIST

121 Main Shamrock
Phone 256-3203
Tues.: 9-5 Fri.: 2-5

Visiting in the Johnnie Mertel home was Mrs. Toni Patton and Wendy of Amarillo.

CROSSWORD

- | | |
|-------------------------------|---------------------------------|
| ACROSS | ANSWER |
| 1. Girl's name | 24. — |
| 2. Region | and |
| 3. Declaim | outs |
| 4. Insect | 25. Erbium (sym.) |
| 5. Arab garments | 26. Toward |
| 6. Article of value | 27. — upon a time |
| 7. Existed | 29. Three (Sp.) |
| 8. Aleutian island (poss.) | 31. Humor-ous music composition |
| 9. Deputy | 32. Sicilian volcano |
| 10. Bristlelike organs | 33. Close tightly |
| 11. Insect | 34. Manufactured |
| 12. Poverty | 35. Employed |
| 13. Mulberry | 36. Short haircut |
| 14. Cereal grain | |
| 15. A watering place | |
| 16. Estimators | |
| 17. Steamship (abbr.) | |
| 18. Ordinal number | |
| 19. King of Bashan | |
| 20. Implant deep | |
| 21. Knob | |
| 22. Island off South Jutland | |
| 23. Conjunction | |
| 24. Motives | |
| 25. Unable to speak | |
| 26. Wading bird | |
| 27. Foundations | |
| 28. Ardor | |
| 29. German river | |
| 30. Dining hall (Sp.) | |
| 31. Flower gardens | |
| DOWN | |
| 1. Communications by gestures | |



TO JUICE

300 SIZE **2 FOR 39c**

FIRESIDE SNACK

1 LB. BOX

45c



OLI

WITH BEANS

24 OZ. CAN

75c

BR MILK

1/2 GALLON

75c

24 OZ. **89c**

CAPE JELLY

18 OZ. JAR

2 FOR \$1

TINA

CHICKEN OF THE SEA

SMALL CAN

49c

TWELS

LARGE ROLL

39c

PUCKETT'S FOOD STORE

WITH THIS COUPON
1 pound Can of
Maryland Club Coffee

Cash value 1/20c

99c

Without coupon 1.24

Limit one per customer

COUPON EXPIRES 9-27-74



22 OZ.

75c



GIANT SIZE

69c

INSTANT TEA

\$1.19

3 OZ.



TEA

95c

1/2 OZ.

BABBAGE

LB.

5c

NO. WHITE

POTATOES

10 LB. BAG

69c

POTATOES

LB.

21c

WE ARE YOUR
TOP STAMP
REDEMPTION CENTER



NONE MORE VALUABLE

FOOTBALL FRIDAY NIGHT

McLEAN TIGERS

VS.

LEFORS PIRATES



McLEAN TIGERS

NO.	NAME	POS.	CLASS	WT.
10	CURTIS SIMPSON	HB	Fr.	145
11	MARTY DUNIVEN	QB	Jr.	160
22	RONNIE HEASLEY	HB	Sr.	145
35	BOBBY CROCKETT	FB	Sr.	175
44	GARY DANNER	WB	Jr.	165
62	TODD DARSEY	G	Jr.	145
64	SAM TAYLOR	C	Sr.	165
66	DONNIE BENTLEY	G	Sr.	165
71	EDDIE ESTES	T	Sr.	275
74	ROGER BOWEN	T	Sr.	200
75	KIT LONG	T	Sr.	170
87	MORSE HAYNES	E	Jr.	160
88	J. D. FISH	E	Sr.	160
89	KEITH MARTIN	E	Jr.	140

COACHES: RANDY HICKS, JOEL NELSON,
ROBERT MEARS

COLORS: BLACK & GOLD MASCOT: TIGER

At Lefors Stadium



GAME TIME
8:00 P.M.

LEFORS PIRATES

NO.	NAME	POS.	CLASS	WT.
12	BOBBY CRAIN	B	Jr.	125
15	PHIL WHITE	B	So.	140
18	O. C. AKINS	B	Jr.	120
21	GREG BECK	B	Sr.	170
22	RICHARD CAMPBELL	B	Sr.	120
23	JIM HIX	B	Sr.	170
24	ROB ROY KLEIN	B	So.	115
30	MIKE JOHNSON	B	Jr.	125
34	BARNEY SAWYER	B	Sr.	180
41	RAYMOND HENRY	B	Fr.	130
42	RICK JENNINGS	B	Sr.	155
50	LARRY FRANKS	C	Jr.	170
55	JOHNNY SEIRMAN	C	So.	165
60	LARRY JACKSON	T	Sr.	210
62	KIN SQUIERS	G	Sr.	140
64	KIRK STORY	G	So.	140
65	DAVID WINEGEART	G	So.	135
66	RANDY SQUIERS	G	So.	135
72	DONNIE AULDMAN	G	Jr.	140
73	CARL CADY	T	Sr.	200
74	MIKE WATSON	T	So.	140
75	TONEY ELDRIDGE	G	Fr.	130
77	LYNN ALLISON	T	Sr.	160
80	JOHNNY ROWE	E	Jr.	120
82	KENNY HOWARD	E	So.	135
82	DOUG COLEMAN	E	Fr.	130
83	BOBBY DUNN	E	Sr.	170
84	KEITH BAKER	E	Jr.	140
87	DARYL CAIN	E	So.	90
87	BOBBY HOWARD	E	Fr.	125

COACHES: LEONARD TOLBERT, JIM ALLEN
MASCOT: PIRATES

THE FOLLOWING TIGER BOOSTING MERCHANTS URGE YOU TO SUPPORT YOUR TEAM BY ATTENDING EACH GAME

CONSUMERS SUPPLY CO.	J. R. GLASS OIL CO. Wholesale and Retail, Phillips 66 Products	McLEAN CAFE	STEWARTS TEXACO Phone 779-2484
MANTOOTH SERVICE STATION	GIPSON SERVICE & SUPPLY Howard Gipson, Owner	CHARLES TEXACO SERVICE Phone 779-2381	JOHNNIE F. MERTEL BOOT SHOP Phone 779-2161
McLEAN HARDWARE CO. Mr. and Mrs. Jewel Meacham	BLAYLOCK'S SERVICE STATION	CITY OF McLEAN	ODIS' ELECTRIC CO.
BENTLEY'S FERTILIZER Phone 779-2209	PARSONS REXALL DRUG Mike Johnson, Owner	TEXACO INC. D. C. Lowary, Consignee	PUCKETT'S FOOD STORE
TERRY'S ELECTRIC 779-2201	WINDOM AUTO SUPPLY E. J. & Doris Windom	BOOST THE TIGERS	THE McLEAN NEWS
AMERICAN NATIONAL BANK in McLEAN, TEXAS — Member FDIC	TED SIMMONS CHEVROLET CO.	CUNNINGHAM GULF "Good Gulf Products"	TIGERS ARE BEST

ATTEND THE FOOTBALL GAME AND SUPPORT THE McLEAN TIGERS

CLASSIFIED * ADS *

CLASSIFIED

Classified Ad Information
 Classified Ad Information
 6c per word
 (Minimum Charge \$1)
 Classified \$1 per Inch
 of Thanks \$1
 Ads cash, unless customer
 has an established account with
 McLean News.

Deadline for Want Ads —
 5 p.m. Tuesday
 Phone 779-2447

FOR SALE

FOR SALE Combine run Elbon
 Seed, \$6.50 -100.
 2996. 35-3c

FOR SALE furnished hotel and
 equipment. Priced right
 quick sale, \$8,000. Bill
 etc. 29-tf

FOR SALE 4 bedroom house,
 kitchen, living room, kitchen
 and den. 1 block from
 school. Reduced. 874-2504,
 Clarendon. 36-2p

FOR SALE: 320 acre stock
 farm about 15 miles S.W.
 McLean; 100 acres in
 cultivation; balance good
 pasture. Irrigation water avail-
 able; good improvements,
 good Meador
 Estate Broker. 33-tf

FOR SALE - 1972 Kawasaki
 motorcycle, 3,000 actual miles.
 5, 779-8805. 37-tf

FOR SALE 11 X 12 rug for sale.
 J.R. Glass, 779-2158.
 37-1p

FOR SALE MAVERICK Jeans. Girls
 sizes 4-6x - 7 to 17 and
 boys 3-15 at Jewel Box
 Clarendon. 37-1c

PAMPA CHRYSLER DODGE
 has large selection of trucks,
 pickups, Chryslers, Dodges,
 Plymouths, Ramchargers; 4
 wheel drive pickups, large
 selection of good used cars
 and trucks. Pampa Chrysler
 Dodge, 811 W. Wilks, Pam-
 pa, Texas, 665-5766.
 26-tfc

SPECIAL Standard ball point
 pen refills, 5 cents each.
 McLean News.

APPLES for sale, 16 miles
 north of McLean. Charlie
 Webb, 779-2917. 36-2c

WANTED

WANTED Hay baling and
 swathng. 779-3134. 37-1c

HOUSE PAINTING done by
 hour or contract. Free esti-
 mates. Clean and neat, see
 Rev. B.G. Hill at 414 N. Gray
 or call 779-2271 after 4 p.m.
 29-1p

LOST & FOUND

FOUND Hereford Bull. No
 brand. Slit on left ear. 779-
 3134. 37-1c

LOST male bird dog. Brown
 and white livered color. 5
 years old. Reward. Call
 Leroy Blaylock. 37-1p

FOR RENT

FOR RENT three room furnish-
 ed apartment with private en-
 trance, Bill Moore, 779-2602,
 35-tfc

PUBLIC SERVICES

LOST bright carpet colors...
 restore them with Blue Lustre.
 Rent electric shampooer \$1.
 McLean Hardware. 37-1c

FURNITURE of all kinds re-
 paired and upholstered. D. L.
 Jones, Rt. 1, McLean, 779-
 2992. 14-tfc

ERID your home of termites,
 roaches, carpet beetles. Free
 inspection. Work guaranteed.
 Mrs. G. W. Humphries, 779-
 2743. 4-tfc

GARAGE SALE - Clothes, many
 little girls clothes and other
 miscellaneous. 505 East 6th.
 Saturday and Sunday.
 37-1c

CARD OF THANKS

CARD OF THANKS
 The family of Annie Laura
 Bates wish to express our love
 and gratitude to all those,
 who have in so many kind
 ways shown sympathy during
 the illness and loss of our
 beloved Mother and Grand-
 mother.
 Arley D. & Shirley Bentley
 and Family
 W. A. & Lois Bentley and
 Family
 Melvin and Johnnie Baker

Visitors in the home of Mr.
 and Mrs. J.N. Smith last
 week were Mr. and Mrs. Ver-
 gal Smith of Mesa, Arizona,
 Mr. and Mrs. Bob Horton of
 Carrollton, Mr. and Mrs.
 Don Smith of Amarillo, Mr.
 and Mrs. Ronnie Smith and
 boys, Mr. and Mrs. H.V.
 Ballard and Marilyn of Pam-
 pa.



An Irish tramp approached a pro-
 sperous looking individual one
 day, soliciting alms. When he saw
 the man put his hand in his pocket
 the tramp cried out, "May the
 blessing of God follow you all your
 life." But when the wealthy one
 pulled out only his handkerchief,
 the tramp immediately added, "...
 "and niver overtake ye."



The very small boy came home
 dejectedly from his first day at
 school.
 "Ain't goin' tomorrow," he sput-
 tered.
 "Why not, dear," his mother
 asked.
 "Well, I can't read, and I can't
 write, and the teacher won't let
 me talk, so what's the use?"

LI'L MITCH



Mr. Rumplemeyer . . . I plumb
 forgot to tell you . . . I have no
 money

BIRTHDAYS

- SEPTEMBER 13
 NONE
- SEPTEMBER 14
 Clifford Allison
 Alice West Jackson
 Clifford McPherson
 Nocona McCurley
 Kimberly Hill
- SEPTEMBER 15
 Jim Stevens
 Mrs. Jerry Smith
- SEPTEMBER 16
 Tommie Dee Hill
 Daniel Gary Dalton
 Tony Bryan Smitherman
- SEPTEMBER 17
 Mrs. J. R. Glass
 Clinton McPherson
 Johnny Mann
- SEPTEMBER 18

Political Announcements

Political announcements
 appearing in this column are
 subject to the action of the
 Democratic run-off June 1,
 1974. All announcement fees
 must be paid in advance.

FOR COUNTY COMMISSION-
 ER Precinct 4
 Ted Simmons
 FOR REPRESENTATIVE FOR
 13th DISTRICT
 Phil Cates
 FOR CONGRESSMAN FOR
 13th DISTRICT
 Jack Hightower

Farm-facts

A Weekly Report Of Agri-Business News

Compiled From Sources
 Of The Texas Department of Agriculture
 John C. White, Commissioner

Hay Front Better . . . Pastures Growing . . . Cotton
 Farmers Recall 1971

THERE'S GOOD news on the hay front, including
 rains that might have delayed harvest of some crops. The
 rains will help hay meadows. The U.S. Department of
 Agriculture reports that imports of baler twine is up, and
 domestic production of sisal and of plastic twines has
 increased. Additionally, more jumbo balers are being used
 to harvest hay, and they require less twine per ton of hay.
 Further, early tests on the use of aluminum in baling wire
 are encouraging, and more tests will be made. Plans for the
 tests were made at a meeting in the offices of the Texas
 Department of Agriculture which has been concerned for
 some time about the shortage of baling wire and twine.
 Field tests of aluminum wire showed that it could be used
 in baling machines, but the wire broke at places where ties
 were made when the bale was handled. On the bad-news
 side, the price of baling twine is high, around \$25 per roll,
 compared to around \$9 in 1973, according to USDA.
 Meanwhile, rains have improved pasture grasses over much
 of Texas and cattle have a good chance to go into winter in
 good condition.

BETTER PASTURES can be expected to mean that
 there will be fewer cattle on expensive feeds. The cost of
 production for farmers and ranchers has risen faster than
 the output of crops, curtailed in Texas by drought. There
 has been a dramatic rise in export orders for grain (corn and
 sorghums) and soybeans, according to a recent issue of the
 New York Times, and that probably means even higher
 prices of production for farmers as well as higher prices for
 consumers. Foreign buyers are trying to fill their needs
 before prices of grains and soybeans go higher, apparently.
 These sales are sparking debate over export controls and
 requests from the Federal government for exporters to cut
 their purchases. The reduced production now expected
 from crops will have a direct effect on the Nation's balance
 of payments, and it is having a direct effect on Texas
 farmers' decisions on whether or not to keep that beef cow
 through the winter or sell her before she has to be fed.

TWENTY-FIVE counties in the Lubbock area of West
 Texas grow more cotton than any other similar area in the
 world, probably. Last year was one of its best years, but
 this year farmers there are recalling 1971, not one of the
 better years, when only 1,280,000 bales were harvested.
 During August 1971, a total of 4.15 inches of rain fell on a
 promising crop of cotton. More rain and cold weather came
 in September of that year. Light frosts came September 19
 in the north edge of the cotton area. Cotton yields went
 down to 264 pounds an acre. Before August 24 this year,
 there had been a total of 4.40 inches of rain, and the
 farmers who were plagued with drought before the rains
 started are remembering all too vividly the 1971
 circumstances. Howell's "Cotton Letter," printed in
 Lubbock, summed up the situation this way, however:
 "There has been nothing in modern times to compare with
 those conditions (in 1971). And there certainly is no reason
 to believe the stage is set for a repeat performance this
 year."

Lady Bryant	Letitia Ma
J. J. Railsback	Letitia McPherson
Ronnie McIlroy	SEPTEMBER 19
Peggy June Van Huss	NONE

WANTED TO BUY

MAIZE

McLean Cattle Co.

3 Miles South on Hedley Hwy.
 Phone 779-2405 McLean, Texas

Beautiful Flowers

"Do-it-yourself"
 or let us create a

terrarium plants velvet ribbon
 air fern burlap ribbon
 rope hangers thank you notes
 hanging pots

Many new containers
 Dried flowers and grasses
 Dried magnolia leaf

'Flowers for All Occasions'

LAMB FLOWER SHOP

1009 N. Main Phone 779-2611

LEFORS COMMUNITY FEDERAL CREDIT UNION
 Each Member Acc. Insured To \$20,000. NCUA
 By National Credit Union Administration
 Savings & Loans-Serving Lefors & McLean Communities
 Phone 835-2773 - Box 224 - Lefors, Texas

Accent on Health

Despite the rich bounty provided to us by the land, Texans and Americans in general are described as nutritional illiterates.

Nutrition is a relatively new science. For this reason there is room for misunderstanding, and even intentional misrepresentation. Although much malnutrition is the result of poverty, a full pocket doesn't mean a nourished body, says the State Health Department.

The focus on the high price of meat has made Texans more aware of their eating habits. But one group of individuals--the food faddists-- are willing to pay through the nose (and sometimes through their health) for items no better than those offered in supermarkets.

Like hula-hoops and Nehru jackets, fads come and go. But for some the memory may linger on, since food fads can affect health and the quality of living for a long time.

A big fad at the moment is the weight reduction kick, which is tied in by food faddists with better health and some particular foodstuff which they say can cure all the ills of the believers. Some reducing diets, when followed too long, can lead to permanent health problems.

Nutritionists say there is no one particular cure-all food, and they have scientific proof. Faddists, on the other hand, push hundreds of contradictory food systems, including the current "organic" food theory.

Many diet or nutrition advocates are opportunists whose major motivations are economic. Some of these persons appear to be sincere, albeit misguided and close-minded in their nutritional beliefs.

A look at some highly-publicized diets give you an idea of the perplexing situations greeting those interested in dieting--either for weight loss or other health reasons.

The drinking man's diet,

Zen diet, grapefruit and egg diet, vegetarian diet, cereal diet, low-protein, high-protein, low carbohydrate diet--are all a part of the present-day food craze, says the Health Department. Some, such as the Zen macrobiotic diet, can result in malnutrition.

And, there are the vitamin and food supplement faddists who push all types of supplement concoctions off on the willing indulger. Vitamin E and Vitamin C, both essential to the body, are among the vitamins being pushed at present.

Dr. Linus Pauling advocated great amounts of Vitamin C to prevent the common cold. Research has failed to substantiate his claim.

The State Health Department says you can get all the required nutrients, including Vitamins C and E, through a wise selection of foods. Selecting foods properly will also ensure efficient utilization of the food dollar--something that can shrink rapidly in today's supermarkets. Supplements generally are expensive and unnecessary, unless prescribed by a physician.

The Nutrition Program of the State Health Department says the basic food groups still are the best guide for the average person who needs strength and vitality to meet each day's challenges. These are divided into the milk group, meat and protein group, fruits and vegetables group, and the bread and cereal group. While giving you sufficient energy, these basic food groups also supply the trace elements of minerals which your body needs.

If these basic food groups remain unchallenged scientifically, why do people succumb to faddism?

Nutritional quackery appeals to desperate people who want to believe in the impossible and the incredible. In the case of weight-reducers, they want to believe in something simple and easy, in a cure-all calling for no effort on their part.

News From ALANREED

By Mrs. P. M. Gibson
 Leroy Luttrell of Chamberlain Community visited in Alanreed on Monday with several friends.

Mr. and Mrs. William Bradley, Donnie Suzy visited in Leiors with Mr. Bradleys brother Gene last weekend. The Gene Bradleys have a new son, named Chris Eugene Claudia Cooke, Mildred Baxter and Polly Kent were visitors in the A. N. Hardmar home last week.

C. P. Hamilton was in Mangum, Okla. over the weekend where he tended to business and also visited several friends, and visited with his sister.

Mr. and Mrs. Joe Leonard was in Clarendon last Saturday afternoon, while there they visited with friends and attended to some business.

Mrs. Bill Tidwell visited with her parents last Friday, the Dick Dragoos. Also visited the Dragoos was their daughter Shirley Ambrister and family.

Mrs. Dan Keller was in Amarillo on business last week. While there she purchased turkeys for the upcoming Thanksgiving dinner.

The Alanreed School is planning an all day trip to the Tri-State Fair in Amarillo.

Mrs. Lawrence Hauck, Alanreed school teacher, said that the school children will have their pictures taken on Wednesday, the 18th between 2 and 4 p.m. For further information you should call 779-3163.

Mrs. Dan Keller was in Pampa on Saturday where she tended to some business and did some shopping.

Visiting with friends in the Alanreed area last Saturday afternoon and evening were Mrs. Mildred Baxter of Calif.

Mr. and Mrs. Delmar Hall and children of Amarillo, nephew of Mrs. Joe Leonard were Sunday visites in the Joe

Leonard home. Visiting at the Alanreed Baptist Church last Sunday morning were Mr. and Mrs. Clovis Bible, former residents and Mr. and Mrs. Gary Bible, who live on the Taylor Ranch.

Visiting with the M. B. Trouts last weekend was their granddaughter, Donna McFall of Pampa. Mr. and Mrs. Joe Leonard visited with the Clovis Bible family at Clarendon during the middle of the week. Lucy Goldston, Barbara Hambright and Lucille Keller went to Amarillo shopping Wednesday, Sept. 4. The P. M. Gibsons made a business trip to Pampa Friday, Sept. 6 for medical attention. Mr. and Mrs. Hartley Davis are getting a new roof put on their house. Their son and son-in-law and grandchildren helped. Buddy Hill of Gentry, Ark. visited friends and relatives over the weekend. He is working at Guymon, Okla. Mr. and Mrs. Albert Hines and son Eddy made a weekend trip to Oklahoma, where they moved from. Mr. and Mrs. Dale Burch of White Deer visited the J.A. Hills on Sunday, after spending Saturday night with Mr. and Mrs. Shorty Burr. Mr. and Mrs. J.A. Hill were in Amarillo last week where they visited the Harold Dean Crow family and attended the opening of their daughter's new book store. Mrs. J.A. Hill was shopping in Pampa last Saturday.

Traditional calorie counting is too slow, too limiting for their appetites. People with illnesses want a miracle to help them. An Ohio State nutritionist writes, "Compares to the exotic nutritional advice, which borders on the occult or is rendered with spiritual fervor, normal everyday nutritional education lacks pizzazz. That is why the voices of the home economists--the dietitian--the nutritionist food technologist--are not heard when they contradict the often untrue and sensational health claims being made by those who so avidly degrade the American food supply."

Significant progress has been made in the science of diet and its relationship to health, but science advances by slow, difficult steps which are much too slow for impatient, desperate people who want immediate solutions. But when the fads have run their course, the accepted, scientifically proven four food groups still stand tall as the one way to receive proper nutrition from the foods you eat and drink, says the State Health Department. A place to look for reliable information about nutrition and health is your local physician or your local health department. You may go also to a home economics teacher, or the county extension agent. They too will be able to give you sound advice and information.

Wooden Boats Need Loving Care

As most boat owners know, wooden boats require more upkeep than modern fiber glass and aluminum boats.

Texas Parks and Wildlife Department officials remind owners of wooden boats that there are several conditions which can render their boat unseaworthy and dangerous.

These include dry rot, worm damage, fatigue, or flexing, rusted or corroded fastenings along chine or in transom, split or cracked planking or soft spot or dark color along frames and keel inside hull.

Boat owners can test for rot by probing with an awl or ice pick, and they can also sound for "dull" spots which indicate unsound wood by tapping with a hammer.

Owners of plywood boats should look for delamination of the wood layers in addition to the conditions mentioned above.

Wooden boats should be cleaned and painted periodically with anti-fouling paint, especially in waters where marine growth quickly accumulates.

Department officials remind boaters that frequent maintenance helps prevent disastrous hull failure.

Bob Black has returned to his home in Seminole, after a visit with his mother, Mrs. Helen Black.

SCHOOL MENU

MONDAY 16
 No School
 TUESDAY 17
 Hot Dogs
 French Fries
 Apple - Carrot Salad
 Gingerbread w/ Whipped topping.

WEDNESDAY 18
 BBQ Hash
 Blackeyed Peas
 Tossed Salad
 Cornbread
 Orange Whip

THURSDAY 19
 Beef Tacos
 Pinto Beans
 Tossed Salad
 Sappillas w/ honey

FRIDAY 20
 Ham
 Scalloped Potatoes
 Broccoli
 Yeast Biscuits
 Pumpkin pie w/ whipped topping

Mesdames Judy Rollison June Stewart and daughter A. C. Wood, Bill Pettit, Homer Abbott, Luther Pettit and Mary Bell attended a leadership meeting of the Womens Missionary Union First Baptist Church in Wellington Tuesday.

Mr. and Mrs. Clyde Al Windom and son Wade Al of Richardson, Mr. and Mrs. Eddy Jay Windom of Dallas, Patrick W. Windom and Mecke of San Antonio visited in the E. J. Windom, home over Labor Day weekend.

WANTED!

CHILDREN WHO NEED HOT WATER

One Call Does It...

WE SELL... WE SERVICE... WE INSTALL... WE FINANCE... WE GUARANTEE...

ELECTRIC Water Heaters

Modern Electric Water Heating

100% SATISFACTION GUARANTEE

WE SELL 'EM - Call Us!

ASTRO-DESTINY

- ARIES**
Mar. 21 - Apr. 19
Present your ideas to higher-ups. They will be ready, and willing to act. It could be profitable.
- TAURUS**
Apr. 20 - May 20
Be wary of financial advice received from co-workers. Treat them tactfully, but make your decision.
- GEMINI**
May 21 - June 20
Friend Cupid is a busy fellow this week. Romance, even weddings are possibilities this week.
- CANCER**
June 21 - July 22
Your business and social life can conflict. It's up to you to decide which is more important.
- LEO**
July 23 - Aug. 22
Negligence this week can have serious consequences. Your future could be in trouble - take credit where it is due.
- VIRGO**
Aug. 23 - Sept. 22
Friends are like flowers. Both must be nourished in order for them to bloom.
- LIBRA**
Sept. 23 - Oct. 22
Tackle the hard tasks in front of you. You can accomplish much at this time.
- SCORPIO**
Oct. 23 - Nov. 21
One person alone can not solve the ills of society. You must allow associates to assist you.
- SAGITTARIUS**
Nov. 22 - Dec. 21
Mundane things take first place this week. Cleaning house, running errands and shopping all must be accomplished.
- CAPRICORN**
Dec. 22 - Jan. 19
Put your best foot forward. There are important persons watching. You will be the one.
- AQUARIUS**
Jan. 20 - Feb. 18
Don't be surprised if you impulsively buy unneeded items this week. You will and won't know why.
- PISCES**
Feb. 19 - Mar. 20
You'll become anxious over a business problem. A friend will help resolve it, so don't worry.